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Immunomodulatory cytokines as therapeutic agents for melanoma

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Abstract

Melanoma is the most aggressive form of skin cancer whose worldwide incidence is rising faster than any other cancer. Few treatment options are available to patients with metastatic disease, and standard chemotherapeutic agents are generally ineffective. Cytokines such as IFN-a or IL-2 can promote immune recognition of melanoma, occasionally inducing dramatic and durable clinical responses. Here, we discuss several immunomodulatory agents, the safety of which are being evaluated in clinical trials. Challenges include an incomplete understanding of signaling pathways, appropriate clinical dose and route, and systemic immunosuppression in advanced melanoma patients. We consider how targeted cytokine therapy will integrate into the clinical arena, as well as the low likelihood of success of single cytokine therapies. Evidence supports a synergy between cytokine immunotherapy and other therapeutic approaches in melanoma, and strengthening this area of research will improve our understanding of how to use cytokine therapy better.

Keywords

aldesleukin; cytokine; denenicokin; iboctadekin; IFN-a; IL-2; IL-12; IL-18; IL-21; immunotherapy; melanoma

Malignant melanoma

Melanoma is the most aggressive form of skin cancer and represents a significant health problem. The worldwide incidence of malignant melanoma is rising faster than any other cancer, and in the USA alone, over 68,000 new cases of melanoma were diagnosed in the year 2009 [1]. While thin primary melanomas are highly curable with surgery, the prognosis for patients with advanced disease is poor. Over 70% of patients with primary melanomas thicker than 4 mm or metastasis to the regional lymph nodes die of disseminated disease within 5 years of diagnosis [2]. The median survival of patients with metastatic disease is on the order of 10 months even with aggressive therapy [3]. Few treatment options are available to patients with metastatic disease, and standard chemotherapeutic agents are generally ineffective. Several lines of evidence suggest that melanoma represents an immunologically reactive tumor. Spontaneous regressions of malignant melanoma lesions have been observed

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and histologic evaluations have revealed that this process is mediated by activated lymphocytes [3,4]. Indeed, infiltration of T cells within melanoma tumors can be associated with a better prognosis [5]. Consequently, melanoma represents a form of cancer that may be relevant for studying the mechanisms in which the immune system regulates the development and outgrowth of malignant lesions. Other evidence also supports the concept that melanoma is a tumor that may be amenable to immune-based therapy. For example, melanoma incidence is increased in patients who are immunosuppressed [6] and circulating, tumor antigen-specific T cells are detectable in patients with melanoma [7]. Finally, in those melanoma patients who respond to immune-based therapies, vitiligo and autoimmune phenomena are often observed [8,9]. However, it is presumed that various mechanisms of immune evasion limit the ability of these T cells to mount effective and durable antitumor immune responses [10,11].

Role of cytokines in melanoma therapy

Cytokines are hormones produced endogenously in the body that serve to regulate immune function. These soluble factors can act in a somewhat paradoxical fashion to protect the host against disease or to contribute to inflammatory processes that exacerbate disease. Over the past several decades, recombinant forms of these cytokine mediators have been synthesized in a purified form and explored as a means of treating a variety of malignancies including melanoma. In theory, immunotherapy with cytokines is an advantageous approach for treatment of melanoma, because it has the potential to activate host immune cells with specificity for malignant cells, while sparing normal cells. This is in contrast to radiationbased or chemotherapeutic regimens that target actively dividing cells or exert a broad cytotoxic effect. Historically, clinical responses to cytokine immunotherapy have produced striking results in a subset of patients with melanoma for over three decades. Nonetheless, the cellular mechanisms that differentiate responding patients from nonresponders are poorly not understood. Experience has taught us that single-agent administration of any one cytokine is unlikely the best approach for all patients with melanoma, or with any other malignancy, for that matter. Important information has also been reported with regard to dosing, schedule and potential for maximizing the therapeutic potential of cytokines when used safely and responsibly in combination with other agents [12,13]. In particular, melanoma is a solid tumor in which targeted therapy is gaining momentum. Therefore, it may be desirable to explore how targeted agents may be combined with cytokines to achieve the maximum clinical benefit. A renewed interest in cytokine therapy is clearly emerging in the clinical oncology community [14]. In fact, a US National Cancer Institute-sponsored Immunotherapy Agent Workshop identified cytokines, including IL-12, IL-15 and various other immune response modifiers, as agents with high potential for use in treating cancer [15]. This article is focused on providing an overview of cytokine therapy in the treatment of melanoma. As such, in the subsequent sections we have chosen to highlight cytokines that have been actively tested and have shown promise in Phase I/II trials. The role of US FDAapproved cytokines including IFN-a and IL-2 as therapeutic agents for melanoma will be discussed. In addition, data will be presented on selected cytokines in earlier phases of evaluation (IL-12, IL-15, IL-18 and IL-21) that have produced promising results in clinical trials.

IFN-α

IFN- α is a cytokine that is produced endogenously in response to viral infection or dsRNA. The gene family encoding type I interferons (IFNs) consists of 13 IFN- α members, and a single member each of IFN- β , IFN- κ , IFN- ω and IFN- ϵ [16,17,201]. The discovery of this cytokine first stemmed from early experiments in 1957 conducted by Isaacs and Lindenmann investigating why cells were resistant to viral infection if previously infected by another virus [18,19]. The potential for IFN as an antitumor agent was soon realized

based on its growth inhibitory and immunomodulatory properties [20,21]. This cytokine was later purified to homogeneity in solution [22] and produced in recombinant form following the cloning of the first *IFN* gene [23]. A majority of clinical studies in melanoma to date have utilized the IFN- α 2 isoform, although clinical experience with other IFN family members including IFN- β has been noted in hepatitis B, multiple sclerosis and cancer [24–26].

The receptor for IFN-a is expressed on most cells, including stromal components, immune effector cells and on malignant melanoma cells (Figures 1 & 2; Table 1) [27]. This receptor is comprised of two transmembrane proteins (IFNAR1 and 2) which associate with the Janus family of kinases, Jak1 and tyrosine kinase 2 (Tyk2). Upon binding to its receptor, IFN-a initiates phosphorylation of Jak1 and Tyk2, which induce tyrosine phosphorylation upon the cytoplasmic tail of each receptor chain (IFNAR1 and 2). These phosphotyrosine residues provide a docking site for signal transducer and activator of transcription (STAT) proteins that can reside within the cytoplasm in their nonphosphorylated form [28–30]. Once the STAT proteins are phosphorylated, they can dimerize with other STATs, translocate to the nucleus and initiate transcription of IFN-responsive genes [31]. IFNs can also induce other post-translational modifications of STAT proteins, including arginine methylation, acetylation or ubiquitination that also regulate their biological function. The role for these additional post-translational modifications in mediating the biological response and antitumor effects of IFN-a remains an active area of research, and is reviewed in detail in [32,33]. IFN- α can also signal in a manner that is independent of or diverges from the Jak– STAT pathway. For example, IFN-a has been shown to activate the PI3K signaling pathway in a STAT1-independent manner [34,35]. A member of the CRK family of adaptor proteins, CRKL, can interact with Tyk2 and is phosphorylated following IFN-a stimulation. This can initiate a series of downstream events leading to RAP1 activation and subsequent MAPK pathway and STAT5 activation [36-39].

IFN- α can act directly upon melanoma cells to inhibit cellular growth, angiogenesis and promote apoptosis [40–43]. However, a number of studies have provided data indicating that the immunomodulatory effects of this cytokine are most important for mediating its antitumor effects [44,45]. Central to the antitumor activity of IFN- α is its ability to promote NK cell-mediated cytotoxicity and proliferation [46]. This cytokine also stimulates the proliferation, generation and activation of existing memory CD8⁺ cytotoxic T lymphocytes (CTLs) [44,46]. IFN- α has also been shown to modify the expression of surface molecules on tumor cells that increase their overall immunogenicity. For example, IFN- α upregulates tumor cell expression of MHC class I and II antigens, ICAM-1 and L-selectin [47,48]. Recent data also suggest that IFN- α may promote antitumor activity via inducing the expression of chemokines that allow for tumor antigen-specific T cells to migrate into tumors [49]. Clinical evidence has suggested that patients who develop autoimmune sequelae following IFN- α therapy are less likely to experience disease recurrence [8]. Together, these data support a role for modulation of immunity as a primary mechanism by which IFN- α might work in a subset of patients.

IFN- α in its recombinant form has been utilized in patients with melanoma since the 1980s [50]. This cytokine was initially used as a therapy for patients who presented with metastatic disease. In early Phase I and II clinical trials, high-dose regimens were used regularly and doses across individual trials were variable ranging from 3 to 100 MU/m². These differences in dosing and the inherent variability of patients produced response rates ranging from 5 to 30% [51]. Complete and durable responses were usually encountered at higher dose levels, although even low-dose IFN- α can produce clinical responses in some patients. In addition, the route of administration has not emerged as a critical factor for clinical responses, as complete responses have been reported following either intravenous or intramuscular

administration in sequential trials conducted at the same institution [50]. Indeed, more recent reviews of trials employing IFN-a confirm that this cytokine has activity in melanoma patients with metastatic disease [52]. Recent studies by Eggermont suggest that patients with ulcerated tumors demonstrate significantly greater benefit from adjuvant IFN-a compared with patients with nonulcerated tumors [53].

More controversial is the use of IFN- α as an adjuvant therapy following surgical resection of high-risk lesions. A number of studies indicate that IFN-a, regardless of the dose or formulation (PEGylated or not) has demonstrated a consistent disease-free survival benefit for patients with clinically lymph node-negative melanoma in clinical trials [54]. Long-term follow-up of patients treated with adjuvant high-dose IFN-a has shown no improvement in overall survival [55]. Combined with the toxicity profile associated with its administration, and recent data regarding a remarkable deterioration in quality-of-life scores of patients receiving adjuvant IFN-a, enthusiasm for use of IFN-a in the adjuvant setting is waning [56]. Nonetheless, this cytokine remains the only FDA-approved therapeutic option for patients following resection of high-risk lesions, and its use will probably continue in patients who have few other options and are tolerant of the toxicity profile. Recent studies have suggested that careful dose adjustment based on molecular markers of IFN-a activity may represent a means by which this cytokine can be administered more effectively on a patient-by-patient basis [13]. In addition, a greater understanding of the genetic, molecular or other biomarkers that differentiate responders from nonresponders could allow for great strides to be made in selecting patients most likely to benefit from this somewhat controversial regimen.

IL-2

IL-2 is a 15-kDa glycoprotein that functions as a growth factor for T cells and NK cells (Figure 1 & Table 1) [57–59]. This cytokine is a member of the common γ -chain (γ c) cytokines (which includes IL-2, IL-4, IL-7, II-9, IL-15 and IL-21). Upon binding to its receptor (IL-2 receptor [IL-2R]), IL-2 activates Jak1 and 3, which in turn, associate with the cytoplasmic domains of the IL-2Rβ and IL-2Rγc subunits (Figure 2). IL-2Rβ subsequently undergoes tyrosine phosphorylation, thereby creating docking sites for several intracellular proteins. IL-2 activates multiple signaling pathways in immune effectors upon binding to its receptor, including the Ras-MAPK pathway, the Jak-signal transducer and activator of transcription (STAT) pathway, and the PI3K pathway [60–62]. Although the precise functional role of each of these signaling pathways in mediating the antitumor effects of IL-2 remains under investigation, IL-2 induced activation of the Ras-MAPK pathway is known to promote cell survival and proliferation [63]. Similarly, STAT5 plays a crucial role in normal immune function [64-66]. STAT5 is required for IL-2 induced cell-cycle progression in T cells and for NK cell-mediated proliferation and cytolytic activity [67–69]. Both STAT5a and STAT5b are required for antigen-induced T-cell recruitment into tumor tissue [70]. STAT5 is known to mediate antiapoptotic signals, and inhibition of STAT5a/ STAT5b promotes the apoptosis of IL-2-responsive primary and tumor-derived lymphoid cells [64,71,72].

Previous studies have suggested that the clinical response to IL-2 immunotherapy is mediated through the expansion and activation of cytotoxic lymphocytes within host tissues [73], although the precise signaling pathways responsible for mediating these effects are not known. Finally, the fact that IL-2 administration can produce such profound antitumor activity in select patients is somewhat contrary to what is known regarding certain cellular targets of this cytokine. For example, IL-2 can serve as a factor that promotes the survival and proliferation of CD4⁺CD25⁺Foxp3⁺ Tregs, which can suppress T-cell function and antitumor immune responses [74]. In addition, prolonged stimulation of T cells with IL-2 can promote activation-induced cell death, which can serve to limit the duration and

Recombinant IL-2 (aldesleukin) is used as a therapeutic option for patients with metastatic malignant melanoma who have good performance status. It can induce complete or partial responses in approximately 10-20% of patients, where approximately a third of these individuals will experience a durable complete response [76]. The exact mechanism of action of IL-2 is not known. For instance, it is unknown whether clinical responses are a result of mechanisms set in motion during treatment, or a result of ongoing immunological events following completion of treatment. It is thought that the immune system plays a principal role in mediating the anti-tumor activity of IL-2. In support of this notion is the observation that autoimmune sequelae are frequently reported in patients who respond to IL-2 therapy [77-79]. Although approved by the FDA in this setting, toxicity involving multiple organ systems can occur following the administration of high-dose IL-2, and therefore patients must be carefully selected [80,81]. Aldesleukin received FDA approval in 1992 based on data derived from 255 patients with renal cell carcinoma (RCC) who were enrolled in seven separate Phase II clinical trials [82,83]. In these studies, patients received 600,000 or 720,000 IU/kg of recombinant IL-2 by 15-min infusion every 8 h during two 5day courses at 8-12-week intervals. Objective responses were observed in 37 (15%) of the 255 RCC patients, including 17 durable complete responses (7%) and 20 partial responses (8%) [84]. Successful examples of treatment in melanoma include a high-dose bolus of IL-2 via intravenous infusion, for up to 14 cycles over a 28-week period. In this study of 26 patients with metastatic disease, four experienced complete response, up to 41 months or greater [85].

A majority of available data suggests that bolus intravenous administration of high-dose IL-2 is the most effective approach to dosing this cytokine as a single-agent immunotherapy. However, the appropriate dose and schedule of IL-2 administration remains under investigation. Numerous studies have also evaluated lower doses of aldesleukin administered sub cutaneously alone, or in combination with IFN-α [86–88]. These nonrandomized Phase II trials produced similar response rates and survival, but the responses appeared to be less durable than those seen with high-dose aldesleukin alone. A Phase III study of high-dose aldesleukin versus low-dose sub cutaneous aldesleukin plus IFN-α2b published by the Cytokine Working Group (CWG) further demonstrated that patients receiving high-dose aldesleukin had both a greater overall response rate and more durable complete responses [80]. Finally, data from the National Cancer Institute randomized three-arm study of high-dose intravenous bolus aldesleukin indicated a superior response rate in patients receiving high-dose aldesleukin and subcutaneous moderate-dose aldesleukin indicated a superior response rate in patients receiving high-dose aldesleukin as compared with both the moderate- and low-dose arms [73].

A greater understanding of immunological parameters and systemic toxicity following IL-2 administration could potentially guide our efforts to identify and test rational combination approaches with this cytokine. Ideally, this cytokine could be safely administered and used in combination with other immune-based therapies. Administration of IL-2 has accompanied adoptive T-cell therapy with the goal of promoting survival and proliferation of transplanted autologous T cells [89]. Historically, this approach has produced dramatic clinical responses in some patients and has highlighted the promise for immune-based therapy in melanoma. IL-2 has also been explored in combination with gp100 (a melanocyte-specific antigen) [90] in the context of three Phase II CWG trials, but has not reported activity that was superior to high-dose IL-2 alone [91]. More recently, the CWG has also evaluated how IL-2 may be used in combination with GM-CSF following lymphodepleting chemotherapy with

Nicholas and Lesinski

cyclophosphamide. This combination displayed an acceptable toxicity profile, but unfortunately, produced no remarkable difference in antitumor activity compared with standard high-dose IL-2 alone [92]. Similarly, recent Phase III studies from the Eastern Cooperative Oncology Group have tested IL-2 in combination with conventional chemotherapy, and have reported no effects on overall survival [93]. In contrast with the results from the CWG, an abstract presented at the American Society of Clinical Oncology (ASCO) annual meeting in 2009 reported the results of a two-arm Phase III trial in which patients with stage IV or locally advanced stage III melanoma received either high-dose IL-2 alone or gp100 peptide followed by high-dose IL-2. A total of 86 patients receiving gp100 peptide followed by high-dose IL-2 saw a 12.4% improvement in response rate compared with high-dose IL-2 alone [94]. Other trials have tested IL-2 combined with ipilimumab (anti-CTLA4 antibody) or IL-2 and gp100 peptide. Studies from the National Cancer Institute presented at the ASCO 2010 annual meeting reported a 10% improvement in complete response rate in patients receiving IL-2 and ipilimumab (compared with patients receiving ipilimumab and gp100 peptide) [95]. These early-phase clinical studies are challenging based on the expected toxicity profile of high-dose IL-2 alone. However, they will provide critical information regarding which combinations may be suited for more stringent Phase II studies, focused on efficacy in melanoma. Finally, a recent publication demonstrated that high levels of VEGF and fibronectin in the circulation correlate with poor response to IL-2 therapy, and poor survival overall, in patients with melanoma [96].

IL-12

IL-12 is a cytokine that remains of clinical interest due to its powerful immunomodulatory effects as a single agent, and as an immunostimulatory adjuvant. IL-12 was discovered by two independent groups, almost concurrently in 1989-1990 [14,97,98]. This cytokine is a 70-kDa, heterodimeric molecule composed of p35 and p40 subunits that are covalently linked via di sulfide bonds. The IL-12 receptor consists of two subunits, IL-12R β 1 and β 2, which associate with Jak2 and Tyk2 (Figure 2). Upon binding its receptor, IL-12 induces signal transduction via phosphorylation of STAT proteins including STAT1, STAT3, STAT4 and STAT5 [99]. However, signaling mediated via the STAT4 transcription factor is responsible for a majority of the downstream effects of this cytokine [100]. STAT4 is typically bound to the cytoplasmic region of IL-12R β 2 and translocates to the nucleus upon receptor ligation [101]. IL-12 production is mediated by monocytes, macrophages, dendritic cells and other antigen-presenting cells. Indeed, proliferation of both T and NK cells is enhanced in response to IL-12, and contributes to its robust immunomodulatory activity. One important property of IL-12 is its ability to induce production of IFN- γ from immune effector cells. This propensity for promoting IFN- γ production is a means by which IL-12 facilitates cellular interactions that bridge innate and adaptive immune responses [101–103]. Specifically, IL-12-induced IFN- γ production promotes Th1-mediated cytotoxic immune responses and upregulates various extracellular molecules that aid in antigen presentation (e.g., MHC class I and II molecules) or cellular motility (e.g., ICAM-1). Importantly, IL-12 has been shown to induce the production of various anti-angiogenic chemokines in an IFN- γ -dependent manner, including IP-10 and MIG. These downstream effector molecules are thought to be one of the major means by which IL-12 exerts its antitumor activity (Figure 1 & Table 1) [104,105].

Clinical studies in patients with malignant melanoma have been conducted using recombinant IL-12 primarily as either a single agent or as a vaccine adjuvant administered in combination with various immunogenic melanoma peptides. A more limited number of studies have explored the use of IL-12 in combination with other cytokines or immunomodulators such as IFN-a, IL-2 or melanoma antigen vaccines [51,106–110]. Early trials examining the systemic administration of IL-12 produced disappointing results due to

Nicholas and Lesinski

severe concerns with systemic toxicity [104,108]. An early Phase I study conducted in patients with cancer of multiple histologies (including melanoma) indicated that intravenous administration of 500 ng/kg of rhIL-12 was the maximum tolerated dose [111] and induced both a partial and a complete response in two separate patients on this trial. Subsequent Phase II studies using intravenous administration of rhIL-12 at this dose produced remarkable toxicity and, unfortunately, fatal toxicity [108]. These results reduced enthusiasm for single-agent IL-12 in the setting of melanoma and other solid tumors for a prolonged period of time. Upon further investigation, it was later revealed that this unexpected toxicity was probably due to a slight difference in the scheduling of IL-12 administration in the Phase II study. Namely, a single injection of rhIL-12 that was included in the Phase I study, but not in the schedule of administration in the Phase II study had a profound abrogating effect on IL-12-induced production of IFN- γ and toxicity [112].

As greater experience was gained throughout the medical oncology community in administering immunomodulatory therapies, it became clear that biologics usually possess a remarkably different dosing profile compared with standard cytotoxic agents. Arguably, our understanding of how biologic therapies are most appropriately dosed is in its infancy. In addition to the use of recombinant IL-12 protein, intratumoral administration of a plasmid encoding IL-12 has been demonstrated in a human trial to be effective in melanoma. Nine patients were assigned to one of three doses of plasmid DNA; two of nine experienced stable disease and one experienced complete remission [113]. Later trials using IL-12 via subcutaneous injection represent interesting examples of this, as this cytokine was well tolerated via this route of administration. Although limited efficacy was noted, subcutaneous administration of rhIL-12 appeared to increase the frequency in which memory or cytolytic CD8⁺ T cells infiltrated biopsied metastatic melanoma lesions [104,108]. One of the most interesting aspects of subcutaneous IL-12 administration lies in its ability to serve as an adjuvant for T-cell responses to melanoma vaccines. A series of clinical studies employing subcutaneous administration of IL-12 demonstrate that it has been well tolerated and has enhanced antigen-specific immune responses that were induced in response to vaccination with peptides that encode antigenic epitopes present on melanoma cells [109,110].

Despite these encouraging immunomodulatory properties of IL-12, clinical responses with this agent either alone or in combination with other immune-based therapies have been limited. These data are not entirely surprising due to a number of factors that could limit host responses to IL-12 administration. First, the immune-suppressive microenvironment in patients with advanced melanoma; second, individual polymorphisms that influence IFN- γ production or angiogenesis; and third, the fact that many patients have been heavily pretreated, which could alter the quality and magnitude of immune response. This cytokine may still hold promise in the context of combination regimens; however, a major roadblock to its continued evaluation is its limited supply. Indeed, the development of IL-12 has been halted and is only currently available in limited quantities through the National Cancer Institute for a small focused series of clinical trials.

IL-15

IL-15 is another promising cytokine that may have utility for treatment in melanoma owing to its powerful immunomodulatory properties. As such, in 1997, the National Cancer Institute released a ranked list of biological agents that showed the greatest promise in immunotherapy against cancer. IL-15 was ranked highest in this list (which included vaccine adjuvants, inhibitors of immunosuppressive pathways, as well as IL-12) [15]. IL-15 belongs to the common γc family of cytokines, which includes IL-2, IL-7 and IL-21. The IL-15 cytokine utilizes the same α and β receptor chains that are shared by IL-2, but signals through its own unique γc receptor (Figure 2) [15]. IL-15 is produced by DCs, macrophages and stromal cells. It serves as a T-cell growth factor, and acts on CD4⁺ T cells, CD8⁺ T

cells, memory cells and NK cells (Figure 1) [114]. In contrast to IL-2, IL-15 prevents activation-induced cell death [15], and IL-15 is required for survival of CD8⁺ memory T cells [115]. Early experiments in mice have revealed that IL-15 serves to attract T lymphocytes to the injection site, and also mediates inflammatory cell infiltrate in arthritis models [116]. IL-15 was tested in early experiments and found to be effective at expanding patient tumor-infiltrating T lymphocytes (TILs) *in vitro* [117].

Although IL-15 has shown promise as a cancer therapy and vaccine adjuvant, no human trials have been completed to date. The first Phase I trial in refractory metastatic malignant melanoma opened in 2009, and although it was scheduled to close in January 2011, is still actively recruiting participants. This trial will determine the safety, toxicity and MTD of intravenous administration of this agent in 12 treatments, ranging from 0.3 to 25 μ g/kg/day [301].

IL-18

IL-18 is one of 11 members of the IL-1 cytokine superfamily. This cytokine has attracted attention as an immunostimulatory molecule, as it promotes production of IFN- γ and activation of NK cells and CTLs (Figure 1 & Table 1). Endogenous IL-18 is translated as a 24-kDa inactive precursor protein and is later cleaved to an active 18-kDa moiety in the cytoplasm by a complex known as the inflammasome, through the activity of IL-1 β -converting enzyme/caspase-1 [118,119]. This cytokine activates multiple signaling cascades, including both the MyD88–IR AK–NF κ B pathway and the TR AF6-p38–MAPK pathway (Figur e 2) [119–121]. IL-18 modulates immune cell responses in part through its induction of IFN- γ . Downstream modulation of IL-18-induced gene expression can occur via dual mechanisms. First, it can activate the NF- κ B and MAPK signal transduction pathways. Second, IL-18 directly promotes occupation of the AP-1-binding site in the IFN- γ promoter [122]. These proteins are part of a larger feedback loop, as it is known that NF- κ B and IFN- γ , themselves, can (directly or indirectly) regulate IL-18 expression [123,124].

IL-18-binding protein (IL-18BP) is a soluble protein and a potent inhibitor of IL-18. Interestingly, expression of IL-18BP is constitutive, but increases in response to IFN- γ [121,125], thereby creating a mechanism of negative-feedback control. In addition to increased expression of IFN- γ , IL-18 appears to upregulate VCAM and ICAM in fibroblasts and endothelial cells [123].

IL-18 exerts its effects on cells of both the innate and adaptive immune system. This cytokine is expressed by macrophages, dendritic cells and keratinocytes [119]. It was originally identified as a protein that stimulated the production of IFN- γ in B and T lymphocytes, NK cells and macrophages [121,126–128]. However, the expression of the IL-18 receptor (IL-18R) has also been identified on endothelial and epithelial cells, fibroblasts and melanocytes [129]. One feature that makes IL-18 an attractive agent for cancer immunotherapy is its ability to augment the cytolytic potential of NK cells and CTLs [119,130,131]. In cooperation with IL-12, IL-18 does promote IFN- γ production in Th1type CD4⁺ T cells [132,133] and NK cells [134]. Finally, expression of the IL-18R is also present on Tregs, and IL-18 is known to inhibit proliferation and function of Tregs [119,130]. Together, these immunomodulatory effects suggest that IL-18 may have unique potential for treatment of malignant melanoma. Despite these potentially advantageous properties, overexpression of IL-18 from tumor cells has also been demonstrated in a diverse set of cancers including esophageal, head and neck, breast, prostate and pancreatic cancer, as well as metastatic lung cancer [129,135,136]. Furthermore, in the setting of ovarian cancer, intratumoral and serum IL-18 expression was also correlated with disease progression [129,137]. Similarly, IL-18 produced endogenously by murine B16F10 melanoma cells has

been shown to promote immune escape [138]. To our knowledge, the possibility that human melanoma cells may also produce IL-18 has not been explored in detail.

As a result of several clinical trials (summarized in Table 2), there is emerging clinical evidence that IL-18 remains an attractive immunotherapeutic cytokine with potential antitumor activity in melanoma. The first Phase I trial using recombinant IL-18 (SB-485232 [iboctadekin]; GlaxoSmithKline) as a single agent was performed in patients with refractory solid tumors or recurring lymphoma. Biological observations of patients in this trial included transient neutropenia, lymphopenia and thrombo cytopenia, and elevated serum levels of IFN- γ and IL-18BP. In this trial, a maximum tolerated dose was not reached. Of interest, at 14 days following the first dose, anti-IL-18 antibodies were detected in the serum in ten out of 26 patients, but there were no differences in toxicity or biological effects noted in these patients. Of the nine melanoma patients treated on this protocol, one patient with meta-static disease, who received 100 µg/kg intravenously, responded with 69% regression of target lesions [121,139]. A subsequent Phase I trial in melanoma and RCC patients was then conducted with the objective of testing alternative dosing schedules of rhIL-18. Of those patients who completed at least 12 cycles of treatment, 70% experienced stable disease and one patient with melanoma experienced a complete clinical response when evaluated at 15 months after completion of treatment. The treatment was again well tolerated, and a maximum tolerated dose was not reached [140]. Finally, a Phase II study examined the efficacy of IL-18 in 64 metastatic melanoma patients. IL-18 was well tolerated, while one patient achieved a partial response and four patients experienced stable disease for 6 months. Despite these data, the study was closed following completion of stage 1 owing to limited efficacy by the RECIST criteria [141,142]. In light of the fact that there is some variability in the clinical response to IL-18 treatment in melanoma patients with metastatic disease, the use of IL-18 in future combination therapy regimens warrants further investigation.

IL-21

IL-21 belongs to the common γc receptor (CD132) family of cytokines, which includes IL-2, IL-4, IL-7, IL-9 and IL-15 [143,144]. IL-21 is expressed by activated CD4⁺ T cells and NKT cells [143,145]. It binds to a heterodimeric receptor present on various innate and adaptive immune cells, including NK and NKT cells, dendritic cells, macrophages, B lymphocytes, helper and CTLs [143,144–147]. IL-21 binds the heterodimeric IL-21 $\alpha/\gamma c$ receptor and promotes the autophosphorylation of Jak1 and Jak3 (Figure 2). These signal transduction events result in the phosphorylation and activation of the transcription factors STAT1, STAT3, and to a lesser extent, STAT4 and STAT5 [61,143]. Interestingly, expression of IL-21 is mediated by STAT3, implying a positive feedback loop is operative in regulating the effects of this cytokine [148].

IL-21 exerts a wide range of biological effects on several cell types and has been shown to elicit antitumor activity in preclinical models of melanoma (also see Figure 1 & Table 1) [149]. It promotes proliferation and antibody iso-type switching in B lymphocytes, which have been preactivated through CD40 ligands [150], but induces apoptosis in naive B cells and in those that have been activated through Toll-like receptor (TLR)4 or TLR9 ligands [151]. Consistent with its proliferative effects on CD40-activated B cells, IL-21 promotes differentiation of mature antibody-producing plasma cells [152]. By contrast, IL-21 inhibits proliferation and promotes differentiation of NK cells and CTLs, as evidenced by increased expression of IFN- γ , perforin and granzyme B, and inhibits proliferation of Treg lymphocytes [146,153,154]. Unlike IL-2, IL-21 renders CD4⁺ T cells resistant to Treg suppression and does not enhance proliferation of Treg cells [155]. Rather, IL-21 is sufficient to increase the response of activated CTLs, but suppress the differentiation of maive T cells into CTLs [156]. In combination with CD25-mediated depletion of Treg lymphocytes, IL-21 has been shown to enrich the production of antigen-specific CTLs *in*

vitro [157]. IL-21 has also been shown to activate a unique subset of NKT cells, resulting in expression of additional IL-21, among other cytokines [145,146]. Similar to other interleukins, the actions of IL-21 are complex. In addition to the features previously mentioned, IL-21 is sufficient to induce the differentiation of naive T helper cells into Th17 cells [158]. As the role of Th17 cells in cancer is not yet completely understood, this should also be considered when determining the use of IL-21 in human patients.

A number of Phase I studies (summarized in Table 2) have been completed using rhIL-21 (Denenicokin; Novo Nordisk A/S and ZymoGenetics) in patients with melanoma. In an initial Phase I trial, the MTD was determined to be 30 µg/kg, based on evidence of thrombocytopenia/neutropenia and elevated liver enzymes in patients receiving three intravenous doses per week for 6 weeks [159]. Overall, 29 patients were treated on this trial. One patient experienced a complete response at 3 months following treatment; while nine patients had stable disease. In a subsequent Phase I trial in 43 total patients with disease of multiple organ sites, a MTD of $30 \,\mu$ g/kg was achieved when IL-21 was administered in two 5-day cycles over the course of 20 days. Of the 24 patients with meta-static malignant melanoma, one subject (whom had received no prior therapies) had a complete response, while there were 11 melanoma patients with stable disease [160]. To investigate an alternative method of delivery, a Phase I trial has been conducted in Europe in which patients with metastatic melanoma received subcutaneous IL-21, and has determined the MTD of subcutaneous delivery to be approximately 200 µg/kg. Of 13 melanoma patients, one experienced a partial response and six experienced stable disease after 8 or 16 weeks of treatment [161]. Several additional Phase II multicenter trials, testing intravenous administration of the cytokine to patients with metastatic melanoma, are either ongoing or were recently closed [162,163]. Other reports of the effects of IL-21 in ongoing trials have been recently presented at ASCO, showing modest benefit in patients with meta-static disease undergoing intravenous treatment with IL-21. In this study, one patient with complete response at week 8 experienced progressive disease at week 11 [164]. Although these results are preliminary, data from these studies will provide important insights into the role for IL-21 as a treatment for malignant melanoma. Indeed, IL-21 has unique potential as an agent for use in combination therapeutic regimens. For example, IL-21 may be useful as a cytokine that can promote T-cell expansion ex vivo [165], a property that could be advantageous for adoptive therapy approaches. Finally, other preclinical data have shown that IL-21 may also be a useful immunomodulator to promote antibody-mediated tumor regression [166].

Barriers to effective cytokine therapy

In melanoma patients, numerous factors are operative that limit the efficacy of immunotherapeutic cytokines. The molecular targets that influence the clinical response to cytokine therapy have not been entirely defined, and the genetic or other host factors that differentiate responders and treatment failures are largely unknown. Therapy with select cytokines has been limited historically by frequent and often severe toxicity. Thus, further research is needed to identify factors that could spare putative 'non-responders' unnecessary treatment and toxicity or to identify immunomodulatory cytokines with a favorable toxicity profile. Interestingly, prior reports have suggested that various autoimmune sequelae are more prominent in patients that respond to cytokine immunotherapy [8,9]. The true prognostic potential of these and other parameters are being actively investigated in the context of multiple clinical trials involving cytokines in melanoma patients and will provide important information for gaining the maximum clinical benefit.

On a fundamental level, it is also apparent that there is room for improvement in identifying the most effective and individualized dosing schedules of cytokines. As with many

biological therapies, higher doses do not necessarily translate into increased biological effects or clinical efficacy. For example, alternative dosing strategies have been investigated for melanoma patients receiving adjuvant IFN- α therapy and demonstrated that lower doses of IFN- α elicit an equivalent magnitude of downstream signal transduction compared with standard doses [13]. In principle, this approach could preserve patient compliance, reduce toxicity and potentially increase the likelihood of delivering a clinically effective, yet nontoxic dose of cytokine.

Multiple layers of immunosuppression have also been documented in patients with advanced melanoma and other cancers. For example, cellular mediators of suppression including Tregs, M2 macrophages and myeloid-derived suppressor cells are elevated in melanoma patients compared with healthy donors [74,167,168]. Soluble mediators of immunosuppression are also operative in the systemic circulation and in the local tumor microenvironment (Figure 3). These suppressive factors are numerous and include immuno modulatory cytokines (IL-10, IL-6, TGF-B, M-CSF and G-CSF), metabolic factors (arginase I, indoleamine 2,3-dioxygenase), components of oxidative stress (nitric oxide and free radicals), and other proteins involved in immune modulation and support of tumor growth (COX-2 and VEGF) [10,169–173]. As the biology of cytokine therapy is complex, it is important to note that even cytokines effective in activating cytotoxic immune cells can also support the development of suppressive cells. For example, IL-21 has been shown to induce differentiation of Th17 cells, whose role in cancer is still controversial [158]. Further complicating matters is the observation that melanoma cells can display reduced expression of cell surface molecules necessary for effective antigen presentation, including HLA proteins or other costimulatory molecules [11]. Thus, it could be argued that targeting mediators of immunosuppression is a necessary strategy for augmenting the antitumor activity of cytokines and other immunotherapeutic approaches.

Conclusion

There remains a great need for a further understanding of the mechanism by which cytokines elicit antitumor responses in patients with melanoma. Administration of these agents represents one of the few therapeutic approaches that can induce complete and durable responses in patients with advanced melanoma. Owing to this tremendous but unpredictable potential, it could be argued that there is opportunity for great advances to be made through clinical trials that test novel combinations of cytokines with various immunestimulating agents or those that target the multiple soluble or cellular sources of immunosuppression in patients with melanoma. For example, it would be of particular interest to combine melanoma-specific peptides and agents that target Tregs with IL-2, IL-15 or IL-18. Tyrosine kinase inhibitors such as sunitinib that target myeloid-derived suppressor cells may also have promise in combination with multiple immunostimulatory cytokines as evidenced in cancers such as RCC [174]. Finally, cytokines that promote T-cell survival, such as IL-15, may be of interest in combination with adoptive transfer of melanoma antigen-specific T cells. Certainly, combination approaches will be challenging from a standpoint of appropriately attributing toxicity and response. This is particularly true with cytokines such as IL-2 and IFN- α that are thought to be most effective at high doses. However, a greater understanding of effective dosing and scheduling of cytokine administration is an area that could have an important and beneficial impact.

Future perspective

It is unlikely that therapy with high doses of single-agent cytokines will provide future advances for a majority of patients with melanoma. However, the full potential of cytokines as components of combination therapy has yet to be harnessed, provided they can be

administered without excessive toxicity. Quite conceivably, cytokines will continue to play a viable role for a number of years as effective agents to be administered together with vaccines, small molecule inhibitors, monoclonal antibodies or other agents that reverse immunosuppression within the tumor-bearing host.

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Executive summary

Use of immunomodulatory agents in the treatment of melanoma

- Melanoma is the most deadly skin cancer; the worldwide incidence of melanoma is increasing faster than any other malignancy.
- The 5-year survival rate of patients with metastatic disease is <30%, due, largely, to the ineffectiveness of traditional radiation and chemotherapy.
- Immunomodulatory proteins, known as cytokines, can stimulate the host's normal immune system to attack tumors.
- Immunomodulatory therapy such as IFN-α and IL-2 have shown efficacy as single agents in a limited number of melanoma patients.
- This suggests that other immunomodulators may be useful, as single agents, adjuvant or combinatorial therapies, in melanoma.

Mechanism of immunomodulatory agents against melanoma

- Cytokines stimulate NK, dendritic and cytotoxic T cells to destroy melanoma, in part through the secretion of cytolytic proteins such as perforin and granzyme B.
- Cytokines such as IFN-α, IL-2, -12, -18 and -21 stimulate NK cells to secrete secondary immunomodulatory proteins (e.g., IFN-γ), thereby amplifying activation of the immune system.
- A select subset of cytokines (IL-21 and IL-18) promotes the differentiation of antibody-producing plasma cells and suppresses the proliferation of inhibitory regulatory T lymphocytes.

Barriers to effective immunomodulatory therapy

- Advanced melanoma patients demonstrate systemic immunosuppression, which may inhibit the effective utilization of exogenous cytokines for antitumor immune responses.
- Cell populations such as regulatory T lymphocytes and myeloid-derived suppressor cells can also infiltrate tumors and inhibit the activity of cytotoxic T cells and NK cells, thereby creating a protumorigenic environment.

Conclusion

• As single agents, immunomodulatory cytokines have shown efficacy in the treatment of a subgroup of patients with malignant and metastatic melanoma. However, the role for these cytokines as components of combination therapy regimens holds great promise.

Nicholas and Lesinski



Figure 1.

Cytokine influence on immune, stromal and malignant cells present within the tumor microenvironment.



Figure 2. Representative signal transduction pathways of immunomodulatory cytokines The numbers refer to the specific STAT and Jak molecules that are activated in that particular pathway.

IL-2R: IL-2 receptor; STAT: Signal transducer and activator of transcription; Tyk2: Tyrosine kinase 2.



Figure 3. Effect of cytokines on immune cells in the tumor environment

While cytotoxic immune cells can be present in the tumor environment, tumor and surrounding stroma also have the capability of secreting immunomodulatory cytokines that can support immunosuppressive cells such as regulatory T lymphocytes and myeloid-derived suppressor cells. These cells inactivate NK and cytotoxic T cells, subsequently establishing a protumorigenic environment.

ArgI: Arginase I; IDO: Indoleamine 2,3-dioxygenase.

Table 1

Immunomodulatory cytokines, their target cells and subsequent effects.

Cytokine	Target cells/receptor expression	Immunomodulatory effects	Ref.
IFN-a	Most somatic cells	Promotes proliferation and activation of NK and cytotoxic T cells	[44,46]
IL-2	T lymphocytes, NK cells	Promotes proliferation and activation of cytotoxic T cells; survival of Tregs	[73,74]
IL-12	T lymphocytes, NK cells	Promotes proliferation and activation of NK and cytotoxic T cells; secretion of IFN- γ	[101,103]
IL-15	Cytotoxic and memory T lymphocytes, NK cells	Promotes survival of CD4 ⁺ , CD8 ⁺ and memory T lymphocytes and NK cells	[114]
IL-18	B, T lymph; NK cells, MΦ, fibroblasts, melanocytes, endothelial, epithelial cells	Promotes proliferation and activation of NK and cytotoxic T cells; secretion of IFN-γ; inhibits proliferation of Tregs	[119,126,127,130]
IL-21	NK, NKT, DC, MΦ, B lymphocytes, T helper and cytotoxic T lymphocytes	Promotes proliferation of activated B cells, activated NK and NKT cells, and cytotoxic T lymphocytes, and differentiation of plasma cells	[150,152]

DC: Dendritic cell; MΦ: Macrophage.

Nicholas and Lesinski

Table 2

Current and completed Phase I and II trials in IL-12, IL-18 and IL-21 immunomodulatory therapy.

Patient population	Trade name/sponsor	Phase	Trial status	Route	DTD	Ref.
IL-12						
Renal cancer, melanoma and colon cancer	rhIL-12	I	Completed	iv.	500 ng/kg	[111]
Various metastatic (including melanoma)	rhIL-12 and IFN-α2b	I	Completed	iv.	Not reached	[107]
Metastatic melanoma	rhIL-12 (Hoffman-LaRoche)	I	Completed	sc.	I	[175]
Metastatic melanoma	rhIL-12	I	Completed	sc.	I	[176]
Melanoma	rhIL-12 and IFN-α2b	Ι	Completed	sc.	500 ng/kg	[106]
Melanoma	rhIL-12 and Melan-A peptide	Ι	Completed	sc., iv.	Not reached	[109]
Melanoma	rhIL-12 and Melan-A-pulsed peripheral blood cells	Π	Completed	sc.	Not reached	[110]
IL-18						
Advanced stage melanoma, renal cancer and lymphoma	Iboctadekin/SB-485232 (GlaxoSmithKline)	I	Completed	iv.	Not reached	[139]
Advanced stage melanoma and renal cancer	Iboctadekin/SB-485232 (GlaxoSmithKline)	I	Completed	iv.	Not reached	[140]
Metastatic melanoma	Iboctadekin/SB-485232 (GlaxoSmithKline)	Π	Completed	iv.	Not reached	[142]
IL-21						
Metastatic melanoma	rhIL-21 (denenicokin; Novo Nordisk/ ZymoGenetics)	I	Completed	iv.	30 μg/kg	[159]
Metastatic melanoma	rhIL-21 (denenicokin; Novo Nordisk/ ZymoGenetics)	I	Completed	iv.	30 μg/kg	[160]
Metastatic melanoma	rhIL-21 (denenicokin; Novo Nordisk/ ZymoGenetics)	I	Completed	sc.	200 μg/kg	[161]
Metastatic or recurrent melanoma	rhIL-21	Π	Ongoing	iv.	I	[162]
Metastatic or recurrent melanoma	rhIL-21 vs dacarbazine	Π	Ongoing	Ι	I	[302]
Metastatic malignant melanoma	rhIL-21	Π	Completed	Ι	I	[303]
Metastatic malignant melanoma	rhIL-21	Π	Closed	Ι	I	[304]

Immunotherapy. Author manuscript; available in PMC 2013 August 05.

iv : Intravenous; MTD: Maximum tolerated dose; rhIL-12: Recombinant human IL-12; rhIL-21: Recombinant human IL-21; sc.: Subcutaneous.