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Hemodynamic Performance of Stage-2 Univentricular Reconstruction: Glenn vs. Hemi-Fontan Templates

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Abstract

Flow structures, hemodynamics and the hydrodynamic surgical pathway resistances of the final stage functional single ventricle reconstruction, namely the total cavopulmonary connection (TCPC) anatomy, have been investigated extensively. However, the second stage surgical anatomy (i.e., bi-directional Glenn or hemi-Fontan template) has received little attention. We thus initiated a multi-faceted study, involving magnetic resonance imaging (MRI), phase contrast MRI, computational and experimental fluid dynamics methodologies, focused on the second stage of the procedure. Twenty three-dimensional computer and rapid prototype models of 2nd stage TCPC anatomies were created, including idealized parametric geometries ($n = 6$), patient-specific anatomies ($n = 7$), and their virtual surgery variant ($n = 7$). Results in patient-specific and idealized models showed that the Glenn connection template is hemodynamically more efficient with (83% $p = 0.08$ in patient-specific models and 66% in idealized models) lower power losses compared to hemi-Fontan template, respectively, due to its direct end-to-side anastomosis. Among the several secondary surgical geometrical features, stenosis at the SVC anastomosis or in pulmonary branches was found to be the most critical parameter in increasing the power loss. The pouch size and flare shape were found to be less significant. Compared to the third stage surgery the hydrodynamic resistance of the 2nd stage is considerably lower (both in idealized models and in anatomical models at MRI resting conditions) for both hemi- and Glenn templates. These results can impact the surgical design and planning of the staged TCPC reconstruction.

Keywords

CFD; Patient-specific; Fontan; Congenital; Univentricular; PIV; Hemodynamics

INTRODUCTION

The incidence of children born with a single ventricle congenital heart defect in which there is only one effective pumping chamber is about 2 per 1000 births (or about 2000 in a year in the US). Surgical repairs that separate the pulmonary and systemic circuits, placing them in

series with the univentricular pump, termed “Fontan Repairs,” are palliative, but unfortunately not curative^{30,31} and adult survivors often require a lifetime of limited intensive medical attention.^{14,36}

Since its introduction in 1971 by Fontan and Baudet,¹³ the right heart by-pass surgeries have evolved towards better timing and design of the surgical procedure. The procedure is now typically performed in three different stages, with the first operation performed in neonates and the final stage surgery done at pediatric ages. The hydrodynamic pathway designs have evolved from the original atrio-pulmonary Fontan to the total cavopulmonary connections (TCPC) and recently the extracardiac bifurcated inferior vena cava (IVC).^{32,46} Based on the several clinical, *in vivo* and *in vitro* flow studies,¹⁹ two contemporary surgical templates, namely intra-atrial lateral tunnel and extra-cardiac TCPC are now the current final-stage (S3R) surgical procedures of choice.^{1,28,48} The hemodynamic advantage of one surgical template type over the other is a critical long-asked clinical question.^{11,29} However a definite conclusion is challenged due to patient-to-patient variations in congenital heart disease, univentricle heart function,⁵⁰ preload, afterload, pulmonary, hepatic venous physiology, and respiratory pump. Recently through a large number of patient-specific *in vitro* TCPC models a statistically significant hemodynamic comparison of the intra-atrial vs. extra-cardiac TCPC templates was made possible.⁵⁵ The quality of hepatic flow distribution,⁵ anatomical features,²⁷ and *in vivo* flow structures⁴⁹ also presented significant differences between these templates.

Likewise the hemodynamic basis of surgical template preference for the second stage palliation (S2R) is obscure where either a Glenn (GL)²⁵ or a hemi-Fontan (HM)^{2,8,37} type SVC anastomosis is the current procedure of choice, Fig. 1. The decision of one template type over the other is mainly left to the surgeon’s discretion, which is primarily based on the former training and experience. Second stage template type is particularly critical as in all cases it poses constraints to the final-stage template as well. A hemi-Fontan connection should be followed by an intra-atrial (or lateral tunnel) type Fontan due to the placement of the atrial patch. Whereas Glenn type 2nd stage template allows both of the two contemporary options for the last stage surgery in which either an intra-atrial or an extra-cardiac type TCPC connection can be created. Second stage surgeries of bilateral SVC always require one Glenn anastomosis at the right SVC. Studies focusing the quantitative hemodynamics and comparative flow dynamics of these surgical templates are limited. To the authors knowledge Glenn and hemi-Fontan 2nd stage templates are compared only in a single study³ which favored the hemi-Fontan type connection for the 2nd stage, based on the CFD results of only a single hybrid idealized/anatomical model. Our recent cohort of multi-institute MRI NIH-congenital heart disease morphology database provided an opportunity to revisit the hemi-Fontan vs. Glenn hemodynamic performance comparison from a neutral perspective and more comprehensively using several patient-specific models.

In order to improve the hemodynamic efficiency of the surgical repair site a large volume of modeling studies with both idealized (earlier) and patient-specific models (more recently) have been performed.⁷ The biggest challenge in patient-specific modeling is the coexistence of secondary morphological features (like branch stenosis, vessel volume, and pouch size) which influence the fluid flow performance and preclude any conclusions on the TCPC pathway itself. Maintaining a large sample size as employed in our recent study⁵⁵ through an efficient computational pipeline⁴ may overcome this challenge. An alternative analysis approach is utilizing the recent “virtual” surgery tools^{40,41,43,47} where the influencing secondary anatomical features can be selectively removed from the 3D reconstruction and the associated changes in hemodynamics can be evaluated quantitatively.⁴⁰ The present study presents the quantitative three-dimensional fluid dynamics of 2nd stage templates in multiple patient-specific models for the first time in literature. In addition, this study

combines idealized parametric variations, multiple anatomical models and “virtual” surgeries, so that all available quantitative tools are employed for an unbiased conclusion.

Recent quantitative investigations on univentricle circulation using lumped parameter models highlighted the importance of venous inflow parameters on cardiac output.^{33,34,39} Reasons behind the chronic venous compliance remodeling (up to 400%)²⁶ and acute post-op venous blood volume shift are clarified through these models.³⁹ Governed by the Guytonian venous characteristics,^{20,21} single ventricle cardiac output is highly sensitive to the pulmonary vascular resistance (PVR),⁵¹ which is located downstream of the venous compliance. Hemodynamic influence of the TCPC surgical pathway resistance, in series to the lungs, and comparable in magnitude to the PVR (Typical values are provided in Whitehead *et al.*⁵⁴ and Pekkan *et al.*³⁹) is similar to the effect of pulmonary vascular resistance as pictured by Guyton’s isolated venous theory.^{21,22} Our recent calculations showed that the sensitivity of cardiac output to the pulmonary vascular resistance is -0.064 and -0.88 for normal and univentricle circulations, respectively.⁵² While the hydrodynamic resistance of the final stage TCPC surgery is extensively characterized in our previous studies,^{39,54} the second stage reconstructions have not been studied and their surgical pathway hydrodynamic resistance is still unknown. Its value relative to the PVR is important for understanding the physiology of second stage surgery, to optimize fluid flow and to highlight the physiological differences of S2R from S3R.

METHODOLOGY

Methodology employed in this work has been described extensively in our earlier publications and should be referred for details. The reader should refer Frakes *et al.*^{15–17} for anatomical segmentation and 3D reconstruction, Zelicourt *et al.*⁵⁶ for rapid-prototyping of the physical *in vitro* anatomical model, Frakes *et al.*,¹⁸ Soerensen *et al.*,⁴⁵ and Sundareswaran *et al.*⁴⁹ for MRI velocity acquisition, Soerensen *et al.*,⁴⁶ and Zelicourt *et al.*^{57,58} for *in vitro* tests, and Pekkan *et al.*,^{40,42} Wang *et al.*,⁵³ and Whitehead *et al.*⁵⁴ for computational fluid dynamics (CFD) modeling. Only parameters specific to the hemi- and Glenn anatomies will be presented here. Particularly the required CFD verification and validation tests for the 2nd stage anatomies are completed since the 2nd stage surgical anatomies are morphologically different than the 3rd stage TCPC (even though they bear a simpler topology, with only three branches). For CFD verification purposes secondary downstream/upstream anatomical features like distal PA bending and 3D reconstruction smoothing influencing the power loss (PL) predictions are investigated as well, and results are reported in the Appendix.

Patient-Specific Anatomies

A multi-center database of Fontan patient MRIs was established as part of an NIH funded research Grant to understand the physiology and hemodynamics the different stages of the TCPC reconstruction ($n = 220$ and $n = 70$ for S3R and S2R, respectively, as of October 2008). Informed consent was obtained and all associated studies were approved by the Institutional Review Boards of the Children’s Hospital of Philadelphia, the Children’s Healthcare of Atlanta, the University of North Carolina, and the Georgia Institute of Technology. Six S2R MRI datasets (3 from each set of hemi or Glenn reconstructions) are selected from this database, based on the following criteria: Existence of complete PC-MRI flow information, no apparent branch stenosis, relatively similar pulmonary artery cross-sectional area, similar connection volume and existence of the associated S3R MRI data set in the database (to be used in future studies). A fourth typical Glenn dataset (Database ID: CHOA013) is selected in addition to the aforescribed set of 3 to be used in the virtual surgery suite (See section “Virtual Surgeries and Computer-aided Anatomy Editing”). This

last patient features a moderate stenosis in both PA branches with a distinct bifurcating anastomosis pathway morphology.

The anatomical models are obtained from the patient MRI datasets by first enhancing the out-of-plane image resolution using an adaptive control grid interpolation technique, then segmenting the vessels of interest, and finally fitting a 3D surface onto the segmented 2D cross-sections. These reconstructed 3D models can directly be used in CFD studies, and the corresponding transparent rapid prototypes are manufactured for use in the particle image velocimetry (PIV) experiments, Fig. 2.

Virtual Surgeries and Computer-aided Anatomy Editing

For a systematic quantitative investigation of the effects of certain anatomical surgical features (like branch stenosis, pouch size or flare) a virtual anatomy editing tool is employed.^{41,43,52} In its present version, this tool allows the user to free-form deform the MRI reconstructions in the computer, thus allowing the realization of “virtual” surgery concept^{40,58} very efficiently. Any number of 3D reconstructions (heart, aorta, veins, IVC, and 2nd stage anatomy) can be assembled together to identify surgical constraints.⁵² The extent of anatomical modifications performed on the patient-specific anatomies by the user are quantified by the skeletonization and geometrical characterization tools.²⁷

Unit anatomy editing operations (changing connection shape and adding a flare) are performed in both of the 2nd stage templates (Glenn, Database ID: CHOA013 and hemi-Fontan, Database ID: CHOP036) making a total of four additional derived 3D morphologies. Whereas the effect of stenosis is studied only in the Glenn model (Database ID: CHOA013) where two RPA and one LPA stenosis are sequentially dilated in the computer (three new derived models).

PC-MRI Acquisition and Analysis

The study utilized a Siemens 1.5 Tesla whole body MRI scanner for the acquisition of patient-specific boundary conditions. Retrospectively triggered, through-plane, phase-encoded velocity mapping was performed on a plane perpendicular to the flow in the ascending aorta positioned approximately 2 mm above the aortic valve. The velocity encoding used was $\pm 150 \text{ cm s}^{-1}$. The effective repetition time was 20 ms, which yielded 30 cardiac phases, the echo time was 2.5 ms and the image matrix size was 128×256 pixels. The field of view was about 30 mm and a rectangular field of view was used. The slice thickness was 5 mm. The caval and pulmonary branch cross-sections were then semi-automatically segmented using a gradient based active contour scheme and flow was quantified throughout the cardiac cycle.

Idealized Models with Parametric Dimensions

Four idealized parametric geometries models are created using the computer aided design software ProEngineer (PTC Inc., Needham, MA, USA) to investigate the effects of the anterior–posterior offset of the SVC with respect to the PA centerline, Fig. 3. All vessel diameters are set to 13.335 mm diameter so that results obtained in this study may be related to those obtained in similar parametric studies of the 3rd stage TCPC.^{9,10,44,46} The anterior–posterior SVC offset is uniformly varied from 0 to 13.335 mm. The zero-offset model corresponds to a typical Glenn shunt, while larger offsets are representative of hemi-Fontan geometries. Finally, a clinically significant risk (1.5%²⁴) of generating an SVC pouch stenosis located at the side-to-side anastomosis region has been reported for larger SVC offset values. Accordingly, two idealized parametric models with varying degrees of pouch orifice cross-sectional diameter (6–10 mm), Fig. 3, are generated to study the effect of this constriction type on flow dynamics.

Numerics

Grid Generation—High-quality tetrahedral grids are generated using GAMBIT (Fluent Inc., Lebanon, NH) for both idealized and anatomical models. For the baseline idealized 2nd Stage model (Model GL) and for CHOP036 computational grids with different refinement levels are created for verification purposes (sections “Idealized Models” and “Anatomical Models—Flow Structures and Power Loss”). The parameters used in grid generation, are summarized in Table 1. To achieve good convergence strict mesh quality checks are performed.

CFD Solver Settings—For all models, flow fields are computed by solving the three-dimensional steady, incompressible Navier–Stokes equations using the commercial CFD solver FIDAP (Fluent Inc., Lebanon, NH) with rigid vessel walls.⁵⁴ This finite-element solver is 1st and 2nd order accurate along the streamwise and cross-stream directions, respectively. Blood is assumed incompressible and Newtonian, which is consistent with previous experimental and numerical studies ($\rho = 1060 \text{ kg m}^{-3}$, $\mu = 3.5 \times 10^{-3} \text{ Pa s}$).

Boundary Conditions—Table 2 summarizes the boundary conditions used in CFD simulations. For all models, the inlet and outlet vessels are extended by 9-diameter beyond the section of interest. For the anatomical models, simulations are performed at the resting PC-MRI flow rates, which are specified as plug-flow velocity profiles at the inflows, and mass flow split at the outflows. In the idealized models, similar plug-flow boundary conditions are used at the inlets, while pressure boundary conditions are used at the outlets. The plug-inflow velocity profile is specified such 1.6 LPM comes from the SVC (that is to say 40% 12 of a standard cardiac output value of 4 LPM^{40,45}). Outflow velocity and pressure boundary conditions are tested and found to be equivalent in earlier studies.⁵³ The convergence criterion was set to $10\text{E-}4$ (maximum residual) for all degrees-of-freedom.

Particle Image Velocimetry

Digital particle image velocimetry experiments are conducted in two of the patient-specific geometries (1 hemi and 1 Glenn) at *in vivo* cardiac output and 50–50 PA splits. These experiments are conducted using a LaVision system (LaVision GmbH, Germany), including a data acquisition software package (DaVis-Flowmaster), two 17 mJ miniYag lasers ($\lambda = 514 \text{ nm}$) and one camera. In order to increase image quality, the flow is seeded with fluorescent Rhodamine B particles (MF/RhB, size range: 2.5–5 μm , Microparticles GmbH, Berlin, Germany). Description of the *in vitro* experimental set up and measurement technique are described in earlier studies of the 3rd stage TCPC.^{57,58} The only notable modifications for the adaptation to 2nd stage anatomies are the elimination of vena cava (IVC) piping for all models and the addition of LSVC pipe for Chop⁵³. The laser sheet optical pathway mechanism is also redesigned so that it can be traversed throughout the model more efficiently.

RESULTS

Idealized Models

For the idealized geometries, a grid verification study is performed in the idealized Glenn anatomy using four different grid (computational mesh) densities (79929, 242070, 406186, and 553686 elements). Flow fields for all models are qualitatively similar. Results demonstrate a 14.8, 9.5, and 1.4% difference in power loss compared to the finest grid size model, respectively. The mesh density corresponding to the 406186 elements (resulting 1.4% difference) is maintained in all idealized models.

Hydrodynamic power loss values at different pulmonary flow splits are calculated from the CFD results for all idealized models and plotted in Figs. 4a and 4b. The hydrodynamic power loss of model GL is lower for all the hemi-Fontan models. Larger SVC offsets increase the power loss even further. The GL model power loss is 16, 26, and 62% lower compared to HM-1, HM-2, and HM-3, respectively (the three hemi-Fontan models with different degrees of SVC offset). Compared to the earlier power loss results of the idealized third stage one-diameter-offset TCPC model (~5.6 mW), 9,40 second stage power losses are considerably lower (~1.9 mW for HM-3) (~66% lower for HM-3).

Effect of anastomosis stenosis on hydrodynamic power loss is presented in Fig. 4b. Hydrodynamic power loss is significantly more sensitive to the anastomosis stenosis than to the SVC offset parameter. Larger stenosis diameters cause considerably larger power losses in the second stage cavopulmonary connection, Fig. 4b (1.9, 2.4, and 7.3 mW for HM-3, HM-5, and HM-6, respectively).

At the pulmonary branches swirling flow is observed in all models, Fig. 5. Unlike the PA swirl characteristics of the final stage TCPC, the second stage has only a single swirl structure (vortex) at each PA. A relatively minor swirling flow structure at the pouch region is also noticed. SVC anastomosis creates jet-like flow in the connection which stagnates and bifurcates at the PA lateral wall, Fig. 5.

Experimental Validation

Experimental validation of the second stage TCPC CFD model for the patient-specific anatomical models is an essential task and performed by comparing flow fields obtained from CFD and particle image velocimetry. Figures 6a and 6b show the comparison of computed vector fields with the measured velocity field using PIV in one slice of hemi (CHOP072) and Glenn (CHOP057) model, respectively. As seen, the computational scheme successfully captures the topology of flow structures through both these models. However, we acknowledge here a mismatch between velocity magnitudes in certain regions of the measurement plane and attribute this some missing flow vectors in the experimental PIV flow fields due to poor laser illumination and to the fully developed forcing at the inlets of these models in the computational scheme. Inflow velocity profiles are very difficult to control experimentally due to small vessel sizes and circular pipe connections. Hence, despite a pipe entrance length designed to ensure fully developed inflow in the experiments, the measured flow fields demonstrate otherwise, which may explain the slight discrepancy in velocity magnitude.

Anatomical Models—Flow Structures and Power Loss

Similarly to the idealized geometries, a grid verification study is performed for anatomical geometries. Three different grid sizes (133936, 232036, and 330555 elements) are generated for a hemi-Fontan model (Database ID: CHOP036). Results show a 3.4 and 1.5% difference in power loss compared to the finest grid size, respectively. The velocity magnitude is integrated over the slices shown in Fig. 7, which demonstrates a 3.2 and 1.3% difference for coarse and medium grids, respectively, compared to the finest grid computations. All simulations in the anatomical configurations are thus conducted using a mesh spacing equivalent to that of the medium grid.

For the six 2nd stage patient-specific models the calculated power loss values are tabulated in Table 2 with other major determinants of power loss (PA diameter, model size, SVC flow rate). Average power loss for the three Glenn models is 83% lower than for the three hemi-Fontan models. This difference is near significance (p -value of 0.08) considering such a low sample size and the inclusion of a bilateral model. The test used was 2-sample unpaired

Mann Whitney Nonparametric Test. The same test for the other major determinants like RPA diameter Glenn vs. RPA diameter hemi-Fontan gives a p value of 1.0.

We have visualized the pressure and flow fields in Glenn and hemi-Fontan models with alternating color streamline technique (Supplementary Material of Whitehead54) in Fig. 8 and Fig. 9, respectively. Flow fields in Glenn models are found to be more uniform and bifurcated without any recirculation to the pulmonary arteries. The only exception is CHOP057 where the RPA stream goes into the LPA branch before flowing back to the left lung. Hemi-Fontan models with large pouches feature very complex swirling flow structures at the connection and in both PA (preferably at LPA) branches, Fig. 9. Well-defined stagnation flow pressure fields, with increasing pressure values at the connection region are observed in Glenn models, Fig. 8 (This potential energy is converted to the kinetic energy in the accelerating PA flow). Pressure drop in hemi-Fontan models are larger compared to the Glenn models.

Relative Influence of Morphological Features

For the original and “virtual” anatomies, calculated three-dimensional flow streamlines are plotted in Fig. 10. The original hemi-Fontan and Glenn models used in this study are CHOP036 and CHOA013, respectively. In spite of the differences in flow streamlines, virtual modifications of the connection region produced little variation in hydrodynamic power loss for both Glenn (CHOA013 to Model-A in Fig. 10) and hemi-Fontan templates (CHOP036 to Model-G in Fig. 10). Creating a flatter PA bifurcation (larger connection size) in the Glenn model (Model-A) produced 8.6% decrease in the power loss, while pouch size reduction (Model-G) produced only 6.6% increase in average power loss in the hemi-Fontan model. Addition of a large virtual LPA flare to both hemi-Fontan (CHOP036 to Model-H in Fig. 10) and Glenn models (Model-C to Model-D in Fig. 10) produced insignificant changes in the power loss characteristics.

On the other hand, significant differences in power loss values are observed when progressively dilating the branch stenoses present in the Glenn (CHOA013). CHOA013 featured two RPA and one LPA branch stenoses, which are virtually dilated one-by-one. Proximal RPA stenosis dilation (Model-A to Model-B in Fig. 10) results in a 13% decrease in average power loss values, while distal RPA stenosis dilation (Model-B to Model-C in Fig. 10) and discrete LPA stenosis dilation (Model-D to Model-E in Fig. 10) yield an additional 34 and 70% decrease, respectively.

DISCUSSION

The present study reports a large-scale modeling attempt involving 18 different patient-specific S2R morphologies and 6 idealized models to quantify the hemodynamic differences between hemi- and Glenn type surgical pathways. This study contributes to the earlier understanding that was based on a single idealized/anatomical model.²³ Using a large number of anatomical models and the recent virtual “anatomy editing” tool the significant hemodynamic differences between the two surgical pathways and the sensitivity of hydrodynamic performance to the major anatomical features are quantified. Among the pouch shape, flare size, caval confluence, PA bifurcation, and branch diameters, the last two geometrical features are found to be most significant in influencing the hydrodynamic loss. The importance of 3D caval inlet orientation have been highlighted extensively in the earlier reports for S3R and are found to be equally important for S2R. Effect of 3D reconstruction smoothing in relatively smaller S2R models compared to the S3R on the power loss results of the S2R is also visited in the Appendix for verification purposes.

The “most optimal” S3R pathway design that can be realized is different for the hemi- and Glenn type anastomosis and requires an extensive modeling study involving pre- and post-op MRI scans of several patients. While detailed pre- and post-power loss studies with patient-specific models are underway, for the present idealized S2R models we completed the Fontan palliation in the computer and verified that the SVC offset of the hemi-Fontan template results an increased power loss at S3R as well with similar percentage. However, S3R introduces additional secondary influencing factors⁶ and therefore we strongly believe that optimization studies should be customized for each patient based on the preoperative MRI anatomy via the CFD tools.

In spite of being a temporary time-point in staged palliation, hydrodynamic performance at the 2nd stage post-op is critical for understanding the physiology of the univentricular circulation. Characteristics of the pathway hemodynamics at this stage will provide important data for lumped parameter models, single ventricle heart function and PA growth studies. Due to the unaltered inferior venous return the effect of hydrodynamic power loss on cardiac output at this stage should be relatively minor. Studies that target further improvements should focus on SVC venous return and head-neck perfusion balance. Likewise for a typical leg exercise pattern (only increasing the IVC flow rate), the S2R pathway resistance is less significant for the exercise performance compared to the lower oxygen saturation of second stage. The pathway resistance values for the S2R are found to be considerably lower compared to the typical values of the S3R. This is mostly attributable to the lower cardiac output that runs through the S2R surgical pathway (SVC return in the idealized models were kept higher in this study (1.6LPM) compared to the anatomical set (~1LPM) to be compatible with the earlier S3R onediameter offset idealized model studies). Power loss variation for different PA splits for S2R was also found to be flatter compared to the S3R characteristics. These results enable quantitative comparison of the hydrodynamic factors as a major determinant of the single ventricle physiology.

A few limitations of this *in vitro* study should be mentioned. First, this study was conducted using steady inflow conditions. Changing the inflow conditions to unsteady patient-specific ones will most likely alter the observed flow structures and associated power losses. Variation of power loss over the cardiac cycle is critical. However for the S2R stage, having a single SVC inlet, the mean flow is adequate for comparing the hydrodynamic performance at different timepoints. Factors such as the intra-thoracic pressure variations due to breathing, diaphragm and heart motion, which are known to induce significant unsteadiness into the single-ventricle venous flow, should ultimately be alleviated. For example, detailed pulmonary characteristics can be modeled giving the information at a single pulmonary split, while the present analysis methodology quantifies the pathway performance for multiple PA split conditions. In addition, this study assumes the vessel walls to be rigid. Numerical simulations with flexible walls have recently been presented by Masters *et al.*³⁵ and DeGroff and coworkers³⁸ for idealized TCPC geometries. However, relieving these assumptions in patient-specific geometries will require the development of fast 3D reconstruction algorithms that spans all CMRI phases and high-resolution CFD solvers which are ongoing and planned for future communications.

CONCLUSIONS

This study investigated the pathway hemodynamics of two contemporary second stage palliation templates (Glenn and hemi-Fontan) through multiple quantitative analysis tools (idealized models, patient-specific models, virtual surgeries and experimental fluid dynamics). Due to the lower total flow rate traversing the connection, the hydrodynamic power loss of both second stage templates is considerably lower than the final completed TCPC. Comparative and parametric analyses of the two templates demonstrate more

favorable hemodynamics and 3D fluid dynamic performance in Glenn type anastomosis than in hemi-Fontans. However, it should be kept in mind that other clinical factors and surgeons/cardiologists judgment based on the condition of individual patient are equally important for deciding the best template and achieving optimal outcome. The clinical validation of one template over the other is challenging and will ultimately require prospective testing in Fontan patients.

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APPENDIX

Effects of Secondary Morphological Features on Hydrodynamic Power Loss

The effects of secondary and peripheral anatomical features on the computed TCPC power loss values (S3R) have been well established in the earlier verification studies. This communication is an appropriate place to summarize these briefly for the S2R. These factors should influence the computed fluid dynamics of both Glenn and hemi-Fontan models more-or-less in the same magnitude thus should not influence the stated conclusions of this manuscript. The effect of the extra 3D reconstruction smoothing has studied in the Glenn model (CHOA030), Fig. A1. Calculated power loss values are -0.250 mW and -0.277 mW with our standard reconstruction protocol and with the extra surface smoothed model, respectively. The effect of PA branch length and proximal bending is studied in another Glenn model (CHOP057), Fig. A2. As expected the PA bending increased the power loss values from 0.044 mW to 0.045 mW which was negligible for this configuration. For all other models morphology of the PA branches are relatively straight with gentler radii of curvature.

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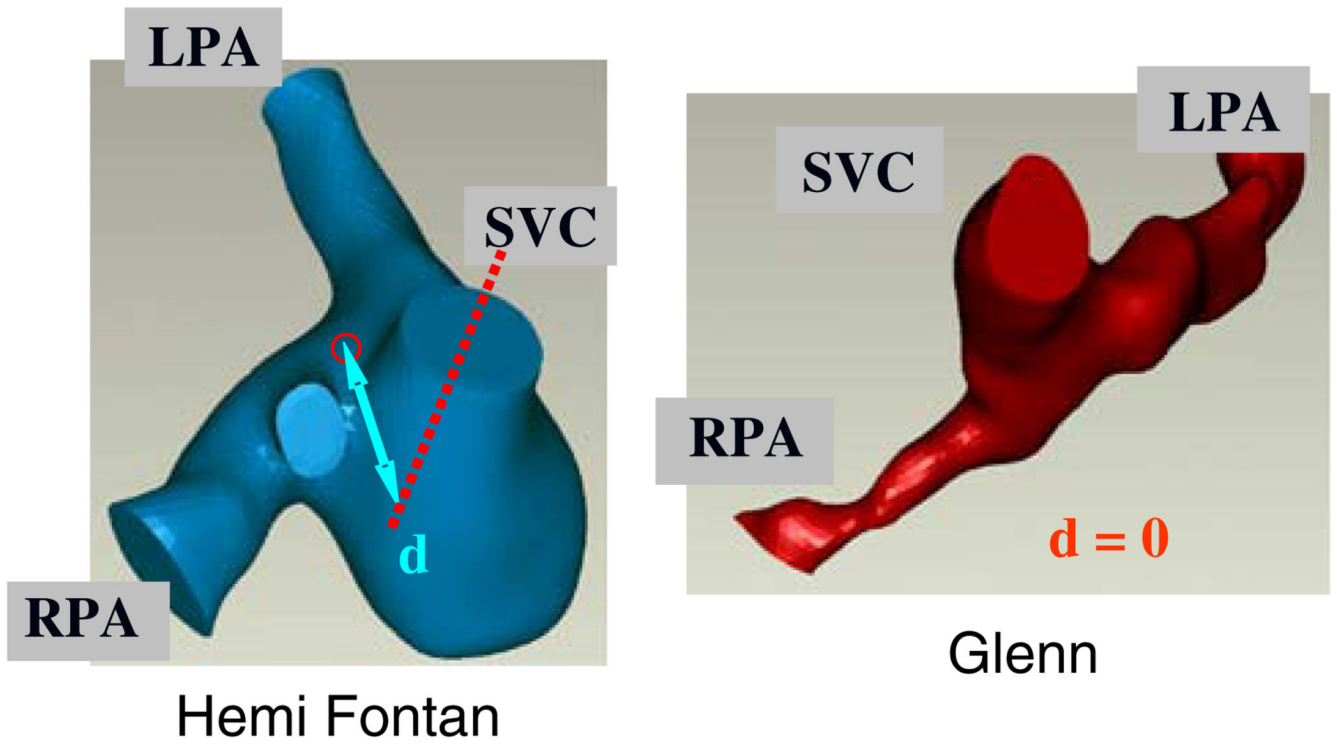


FIGURE 1.

Typical three-dimensional patient-specific reconstructions of the hemi- and Glenn type S2R pathway templates. Superior caval offset distance is represented by d . LPA: Left pulmonary artery, RPA: Right pulmonary artery, SVC: Superior vena cava.

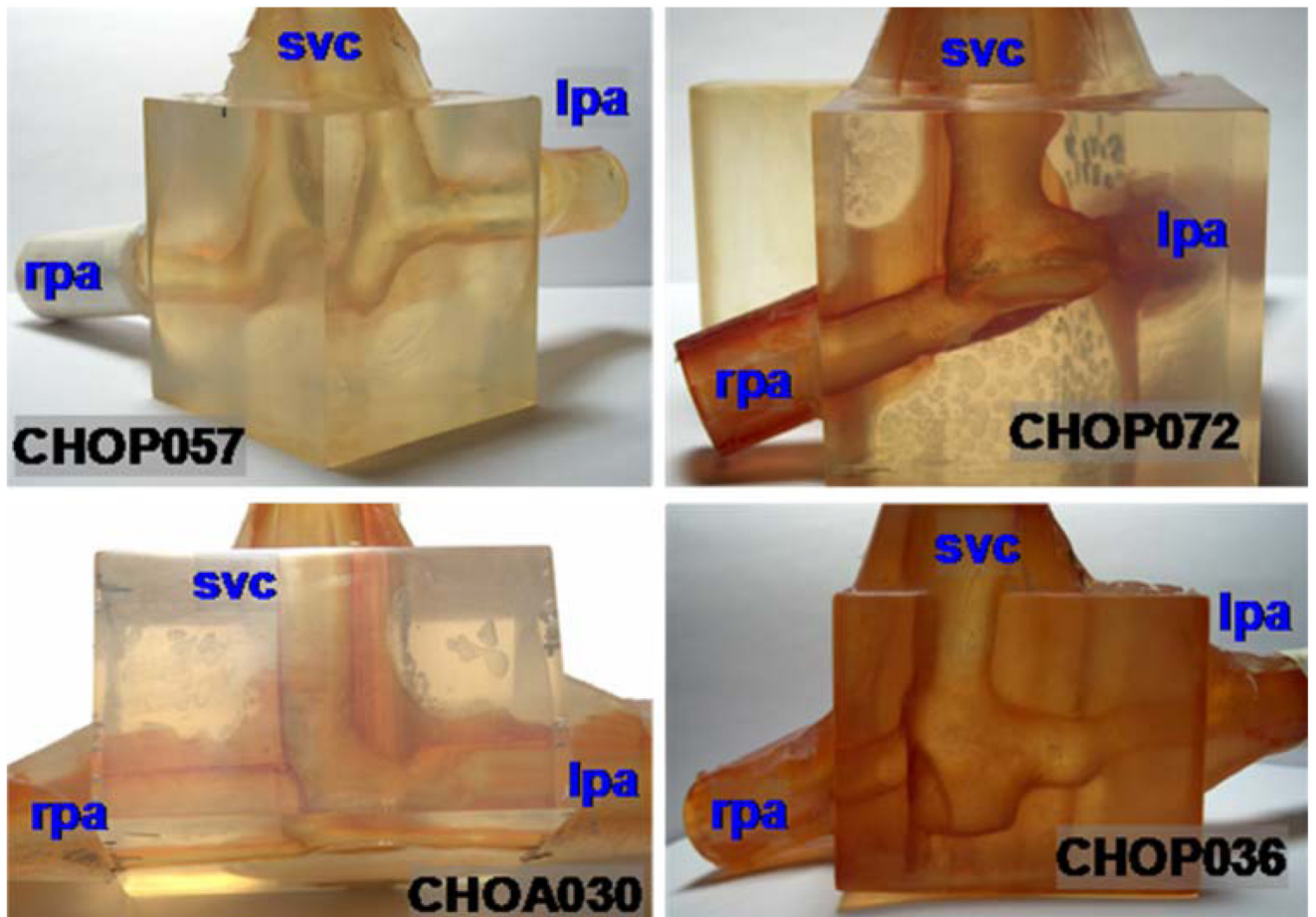
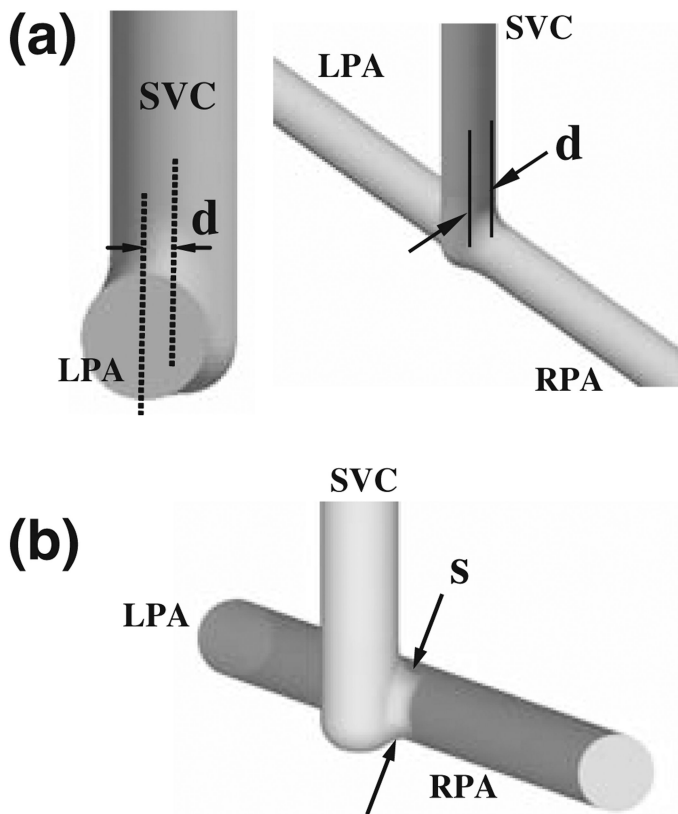


FIGURE 2.

Photographs of the stereolithographic models used in particle image velocimetry experiments. Only 4 out of the 6 s stage patient-specific models that are analyzed are shown in this figure. Left column is Glenn template and Right column is hemi-Fontan.



MODEL	d (mm)
GL	0
HM-1	6.6675
HM-2	9.5
HM-3	13.335

MODEL	s (mm)
HM-4	10
HM-5	6

FIGURE 3. Idealized 2nd stage models with the geometric dimensions and configurations studied in CFD. (a) Four models are created with varying SVC offset diameter, d as summarized in the Table. Case GL with $d=0$ mm approximate the Glenn configuration. Other three models correspond to hemi-Fontan with larger degree of SVC offset. In (b) variable SVC constriction (stenosis) is studied in two models which are created by reducing the SVC anastomosis pathway crosssectional area in HM-3. (HM-3 model feature the maximum possible superior caval anastomosis area).

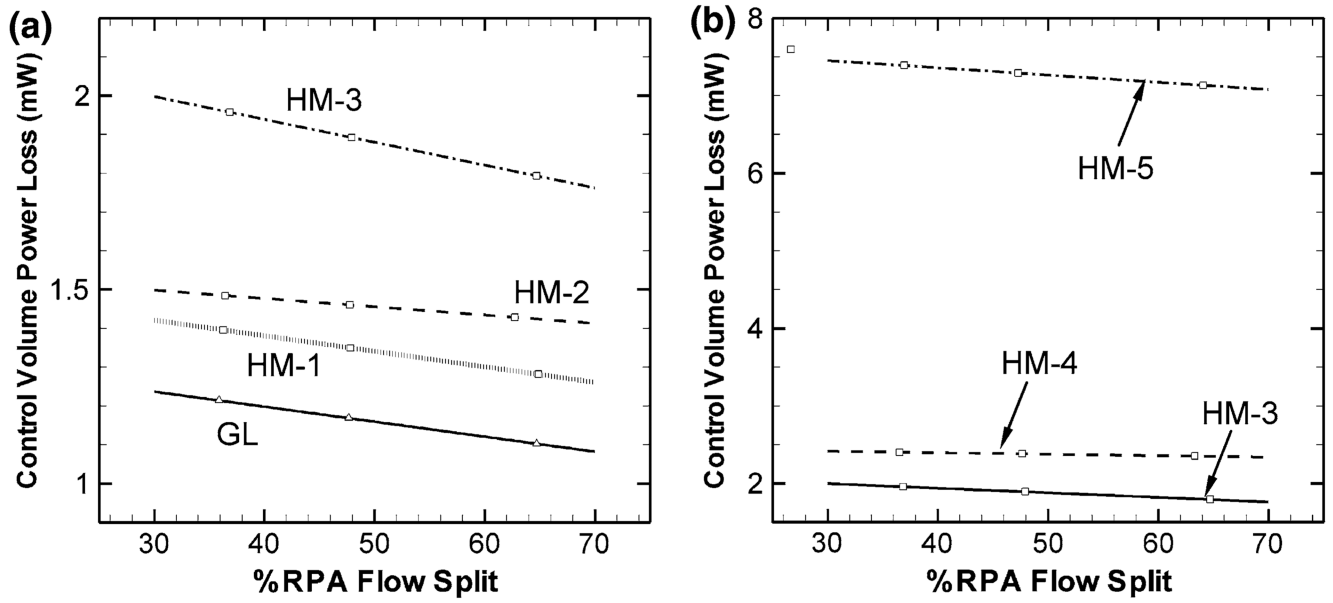


FIGURE 4. Power loss characteristics of the idealized S2R models at different right pulmonary artery splits (% RPA). Superior vena cava (SVC) flow rate is 1.6 LPM for all models. Effect of SVC offset and SVC anastomosis narrowing is compared in (a) and (b), respectively.

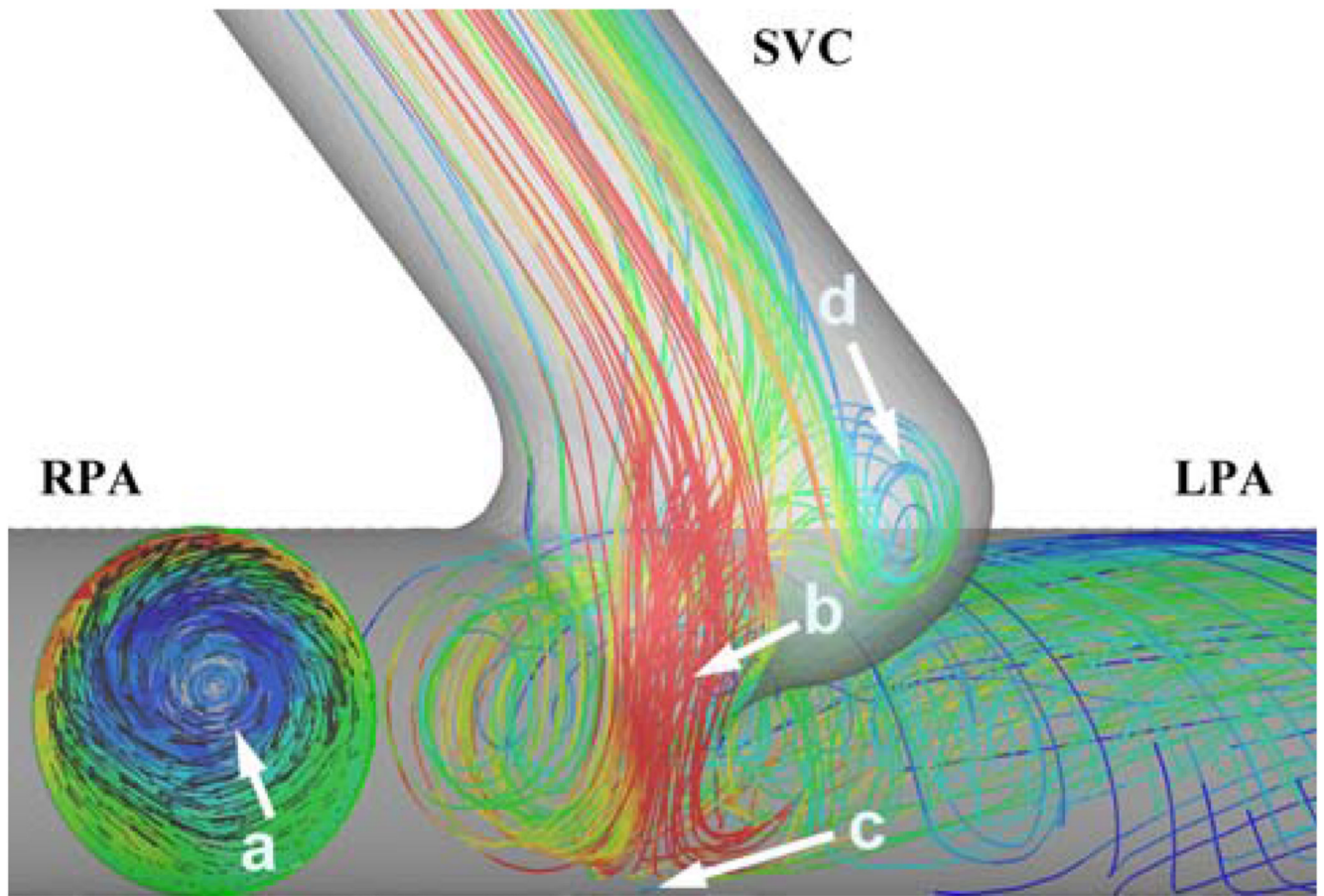


FIGURE 5.

Major flow structures in the idealized 2nd stage models. The CFD model is viewed from the inferior direction. (a) Flow swirl structure at the LPA (colors indicate through plane vorticity magnitude, red color: 89 s^{-1} red color: 247 s^{-1}). (b) SVC jet through the anastomosis. (c) Stagnation region of the SVC jet. (d) Pouch vortex. Only the streamlines going to the left lung are plotted for better clarification of the flow structures. Colors of the streamlines correspond to velocity magnitude, red: high velocity (0.5 m s^{-1}) and blue low velocity (0.03 m s^{-1}).

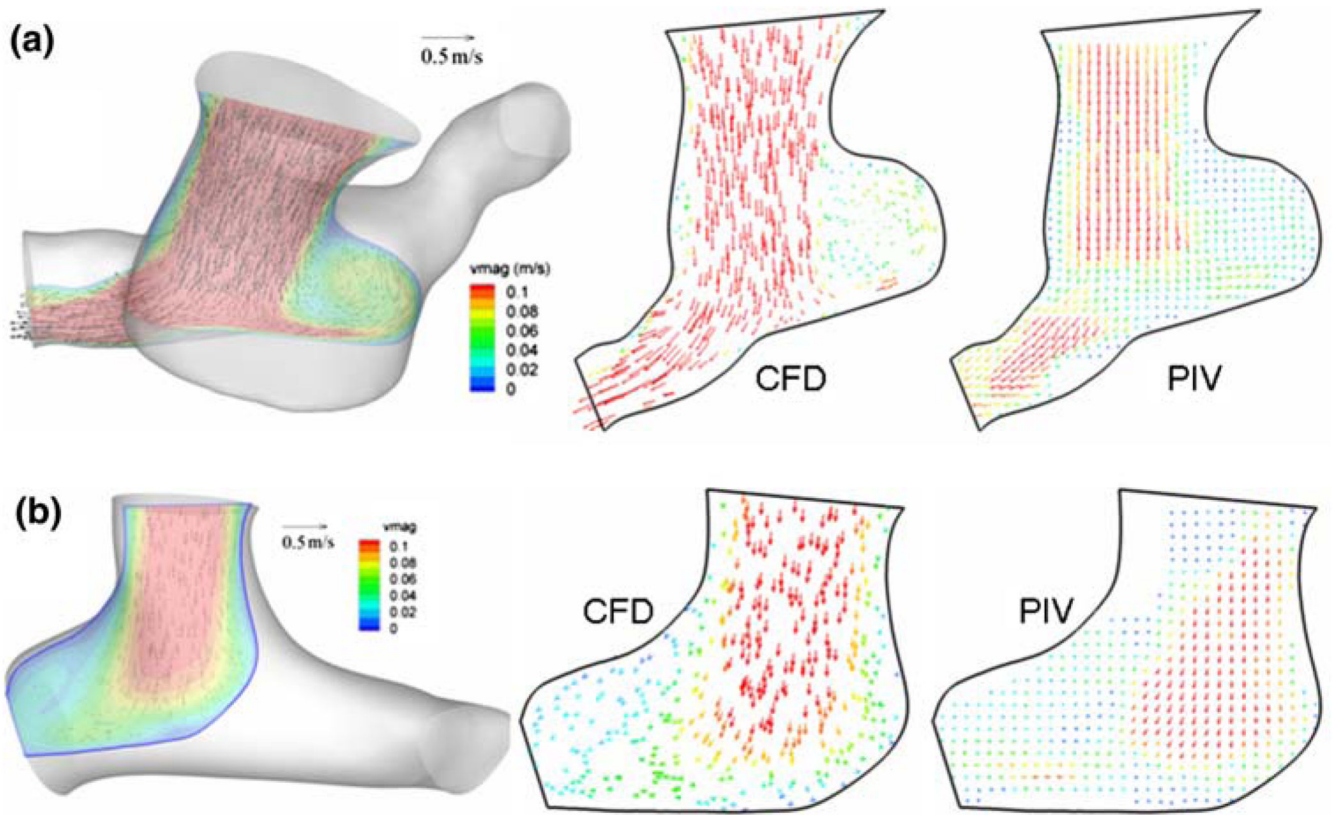


FIGURE 6. CFD and PIV flow-fields along a typical section (registered on the 3D anatomy on the left) computed from CFD and measured using particle image velocimetry (PIV), (a) for the hemi-Fontan and (b) for the Glenn model.

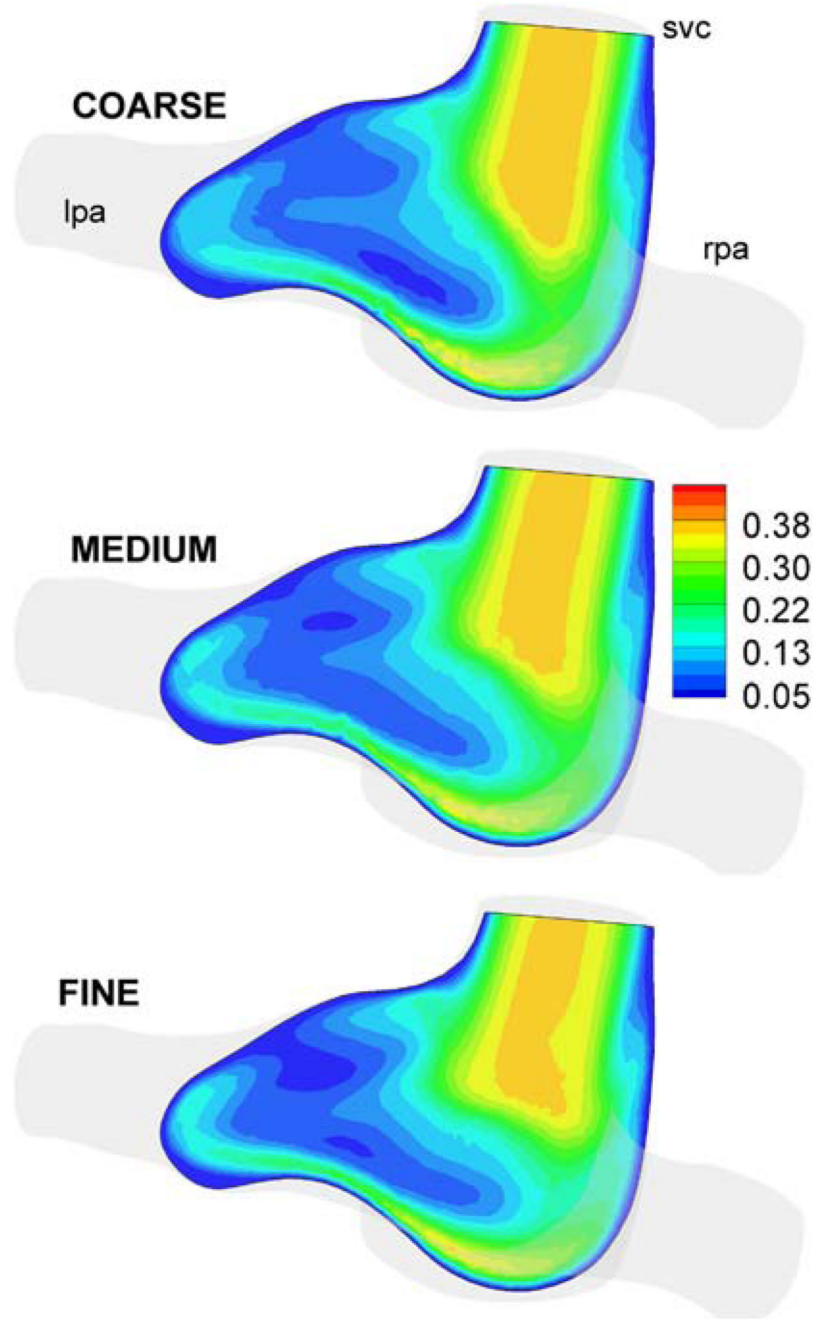
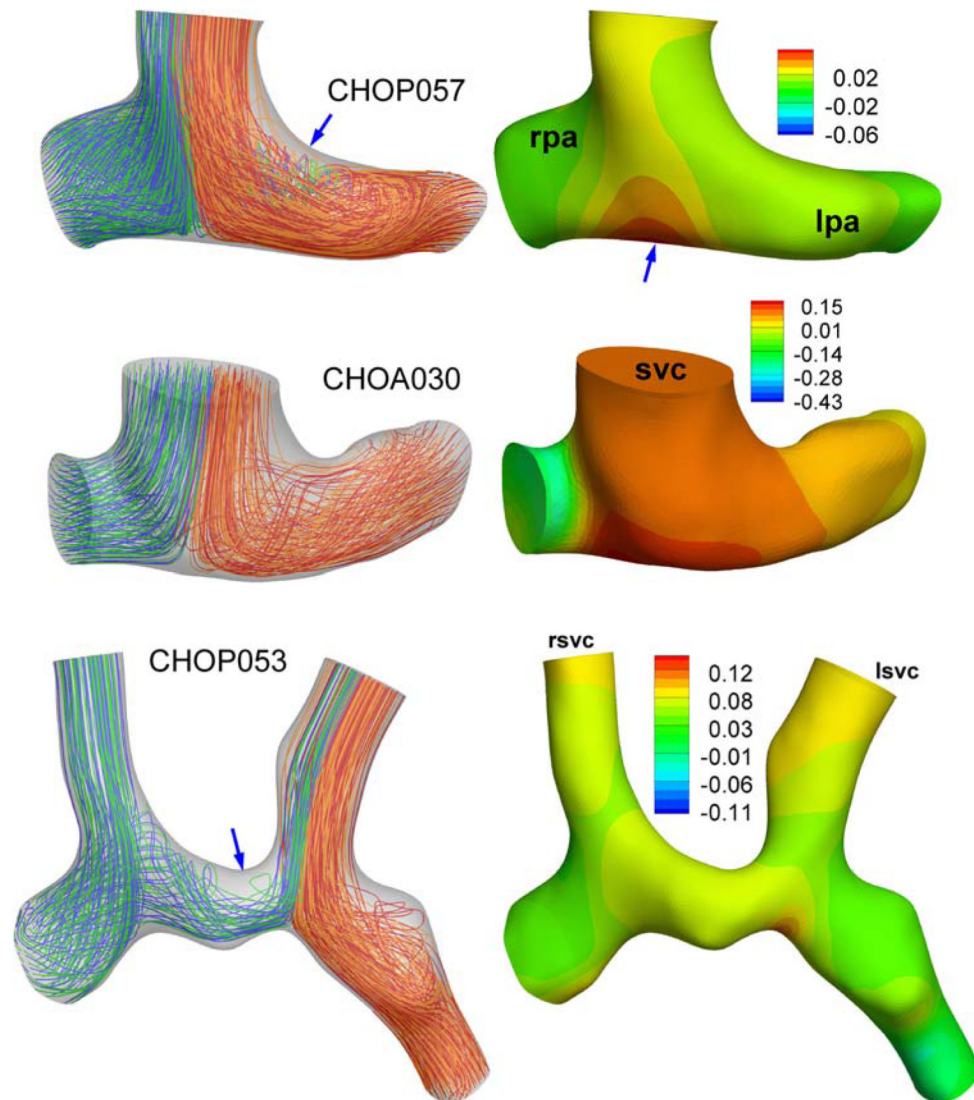


FIGURE 7. Velocity magnitude (m s^{-1}) in a typical section of the hemi-Fontan model (Database ID: CHOP036) for three different mesh refinements. COARSE: 133936, MEDIUM: 232036, and FINE: 330555 mesh sizes.

**FIGURE 8.**

Flow streamlines (*Left*) and pressure distribution (*Right*) of Glenn models. SVC: Superior vena cava, LPA: Left pulmonary artery, RPA: Right pulmonary artery. Pressures are in mmHg and measured with respect to the LPA outlet. LPA streamlines are marked with alternating colors of blue-green and RPA streamlines are marked with orange-red. Blue arrows indicate major flow structures as discussed in section “Anatomical models—Flow structures and power loss”.

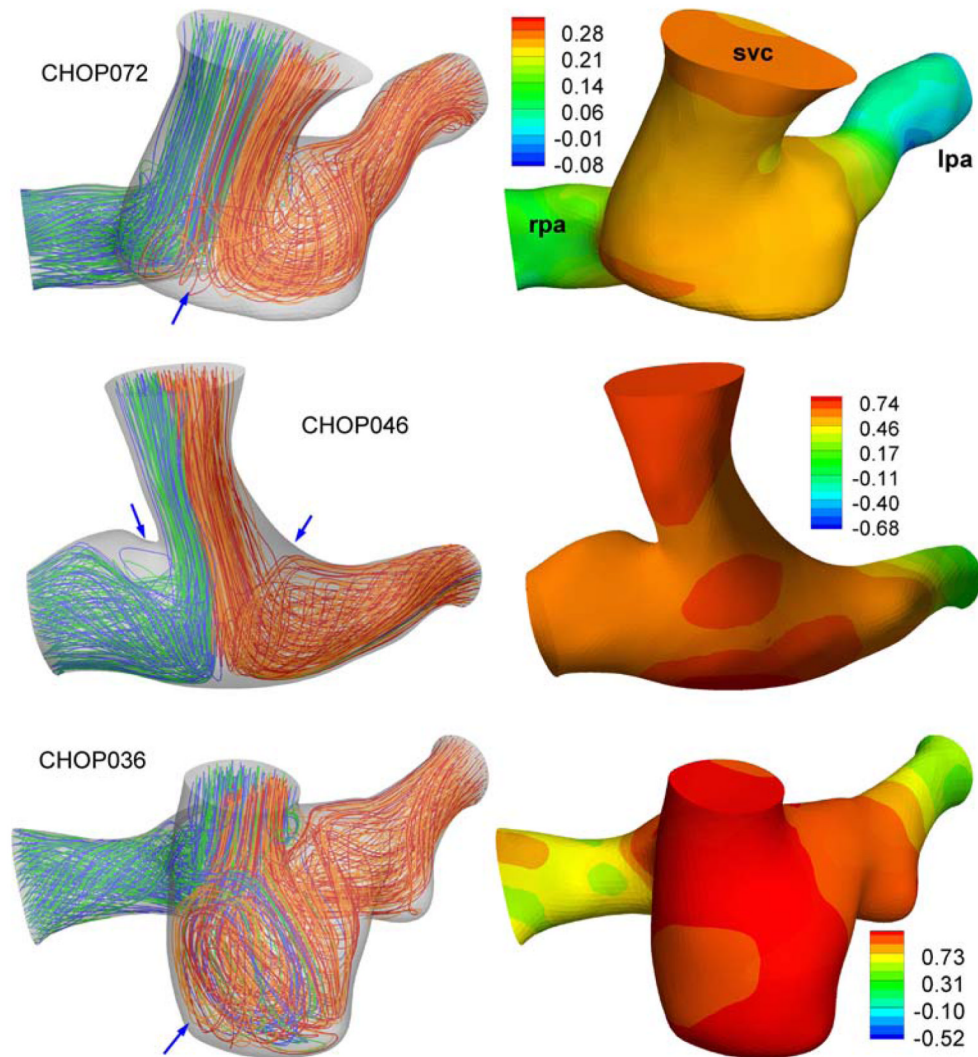


FIGURE 9.

Flow streamlines (*Left*) and pressure distribution (*Right*) of hemi-Fontan models. SVC: Superior vena cava, LPA: Left pulmonary artery, RPA: Right pulmonary artery. Pressures are in mmHg and measured with respect to the LPA outlet. LPA streamlines are marked with alternating colors of blue-green and RPA streamlines are marked with orange-red. Blue arrows indicate major flow structures as discussed in section “Anatomical models—Flow structures and power loss”.

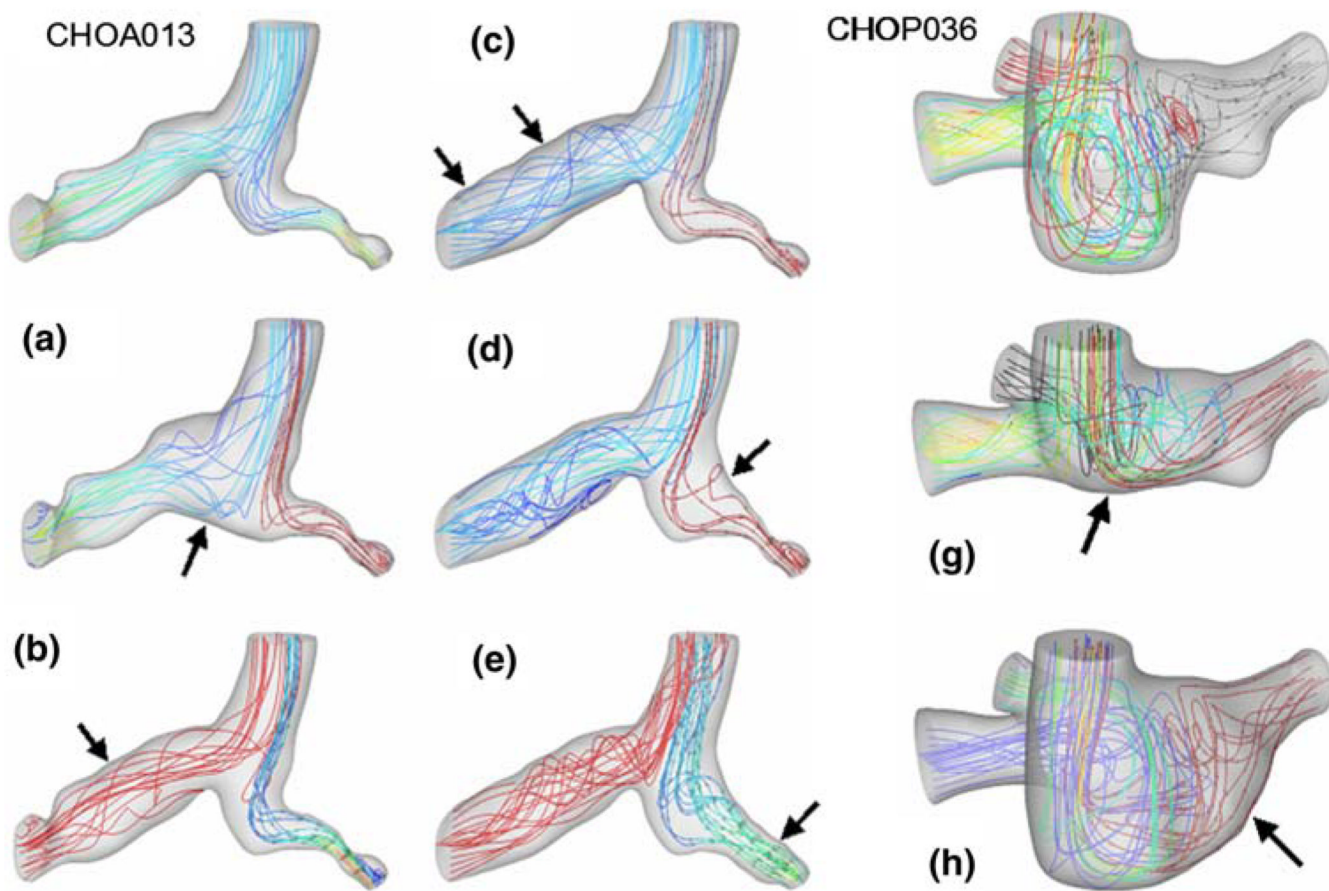


FIGURE 10.

“Virtual” surgeries exploring the effects of anatomical features selectively. *Left:* Glenn model (NIH Database ID: CHOA013) where three PA stenosis are removed (Model C, B, and E), anastomosis is enlarged with a patch (Model A) and RPA flare added (Model E) to the original anatomy. *Right:* Three virtual modifications performed on the hemi-Fontan anatomy (NIH Database ID: CHOP036) where the pouch size is reduced (Model G) and LPA flare is added (Model H) to the original anatomy.

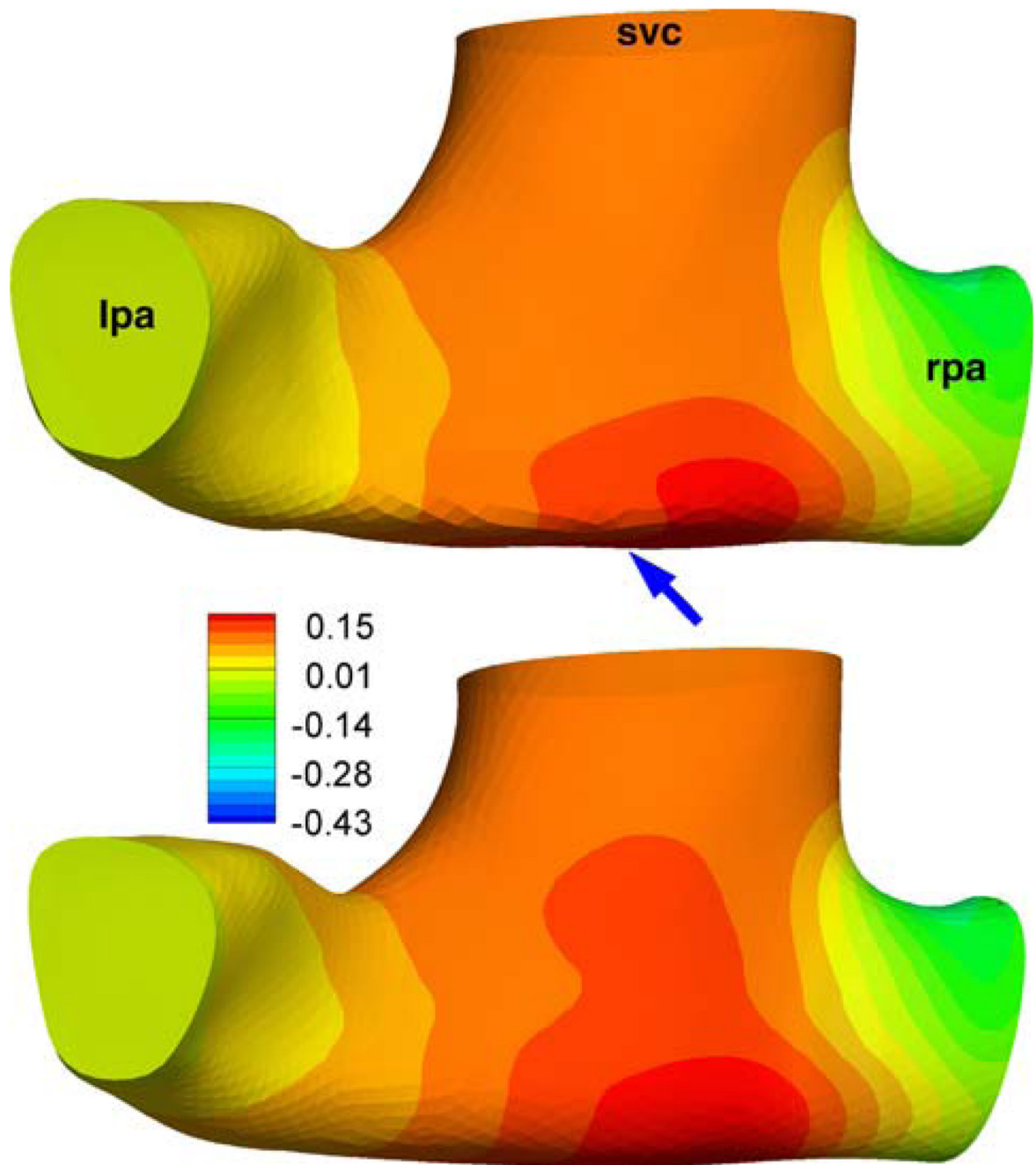


FIGURE A1.

Effect of extra smoothing on the pressure distribution (mmHg) for a Glenn model (Database ID: CHOA030). Top: is the 3D reconstruction from the standard methodology (For the coronal view please refer to Fig. 8). Bottom: Over smoothed model, see arrow. No major differences were apparent in the streamline patterns of these two models.

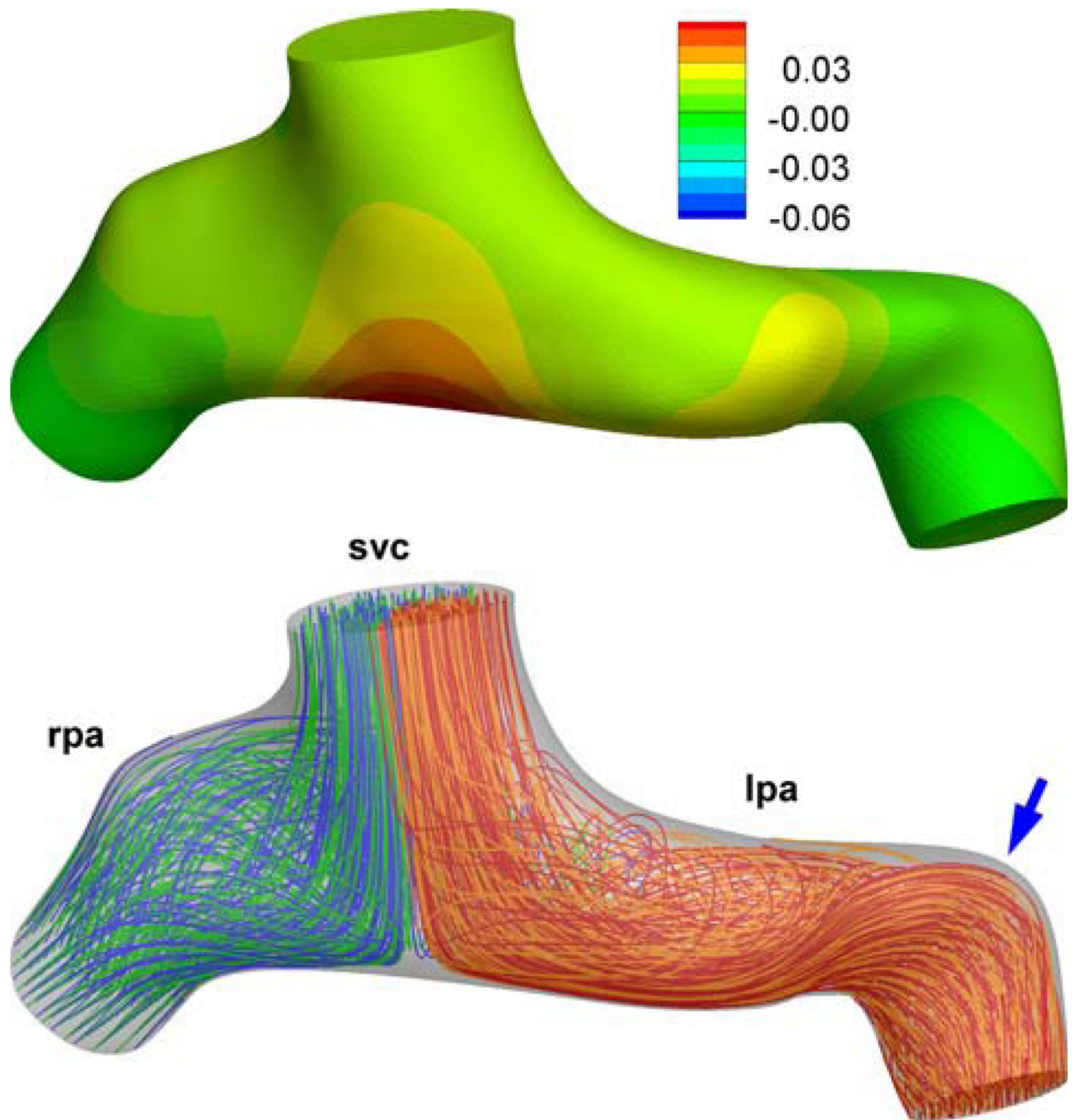


FIGURE A2. Effect of distal PA morphology (*arrow*) on the computed flow fields and pressure drop (mmHg). For the model with a straight PA please refer to Fig. 8. (Database ID:Chop057).

TABLE 1

Converged grid sizes used in the CFD simulations.

	Model	Element No.	Node No.
Idealized	GL	406186	77626
	HM-1	393313	75513
	HM-2	428760	81330
	HM-3	435632	82738
	HM-4	415339	79378
	HM-5	442727	83981
Patient-specific	CHOP053	623232	285953
	CHOA030	203466	115804
	CHOP057	534223	263390
	CHOP046	318935	175516
	CHOP072	462995	164264
	CHOP036	330555	125704

For typical mesh sizes used sensitivity studies please refer to sections “Idealized models” and “Anatomical models—Flow structures and power loss”.

TABLE 2

Hemodynamic parameters and power loss for the patient-specific anatomical models.

Model ID	SVC flow (L min ⁻¹)	%RPA flow split	Vessel diameters (mm)			Maximum Reynolds number	Connection size (10 × mm ²)	Power loss (mW)
			LPA	RPA	SVC			
Glenn	0.878	55	10.3	13.9	9.8	243 (RSVC)	441	0.136
	0.788	60	7.8	8.1	13.9	354 (RPA)	1200	0.250
	0.699	60	11.6	15.4	14.7	288 (SVC)	1260	0.044
hemi	0.849	40	6.5	10.7	12.4	475 (LPA)	769	0.622
	1.145	60	6.6	9.2	10.5	664 (SVC)	647	1.450
	0.918	60	15.0	8.4	9.6	371 (SVC)	1050	0.382

Maximum Reynolds number is based on vessel diameter and the corresponding vessel is also indicated in the Table. CHOP053 is a bilateral SVC model with 55/45 LSV/C/RSVC flow split and 12.6 mm LSV/C hydraulic diameter.