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In vivo diffusion tensor imaging of the mouse retina: A noninvasive visualization of tissue organizations

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Abstract

Diffusion tensor MRI (DTI) is a method to noninvasively assess cellular organization and integrity in vivo. In the present study, in vivo DTI was performed to demonstrate its capability of reflecting the photoreceptor cell alignment in adult C57BL/6 wildtype (WT) mice. Age-matched retinal degeneration 1 (*rd1*) mice were employed as the negative control, i.e., loss of photoreceptor cell layer. In WT mice, DTI estimated cell alignment suggests that the MR-detected outer retina layer comprises cells aligning perpendicular to the retinal surface, consistent with the known organization of photoreceptor cells. The MR-detected outer retina layer exhibited lower apparent diffusion coefficient (ADC) and higher fractional anisotropy (FA) than the other two MR-detected retina layers ($p < 0.05$ for all comparisons). In *rd1* mice, the remaining MR-detected retina layer exhibits different cell alignment, ADC, or FA from that of MR-detected outer retina layer in WT mice ($p < 0.05$ for all comparisons), reflecting the degeneration of photoreceptor cells in *rd1* mouse retina. Overall, our finding suggests that in vivo DTI assessment of mouse retina with normal physiology or degenerative pathology is feasible.

Keywords

retina; diffusion tensor MRI; apparent diffusion coefficient; cell alignment; fractional anisotropy

INTRODUCTION

To accommodate the visual function, the retina has developed a unique cellular organization. It contains multiple types of neuronal and glial cells organized in ten layers of morphologically distinct substructures (see Fig. 2C) (1). This organization is necessary to carry out visual function to accept, preprocess, and transmit light stimuli. Disruption of the retinal cell organization is a common pathology in eye diseases.

Noninvasive ocular imaging plays a crucial role in diagnosing retinal diseases. Optical imaging, such as optical coherence tomography (OCT) (2), sensitively detects pathological

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changes of retinal anatomy in high resolution. Unfortunately, optical imaging methods are not sensitive to molecular or sub-cellular changes underlying the pathogenesis of retinal diseases. Magnetic resonance imaging (MRI) is one of the most widely used imaging modalities to diagnose human central nervous system disorders (3–5). The utility of MRI deeply roots in its rich tissue contrast that is sensitive to alterations in cellular integrity and activity, resulting in visible image changes that may occur early before the evidence of clinical symptoms (6–8). However, the application of in vivo MRI in visual system is uncommon because of its relatively limited image resolution (typically hundreds of μm) for revealing ocular anatomy.

MRI could provide noninvasive measures of retinal cellular and vascular pathology in vivo (9,10). Previous studies have shown that manganese enhanced MRI detected neuron cell ion homeostasis alteration in oxygen induced retinopathy (11) and blood-oxygen-level-dependent MRI revealed reduced retinal neuron cell activity in retinal degeneration (12). The recent work of Shen et al. and our group have demonstrated that diffusion weighted MRI (DWI) detected substantially different directional water diffusivity in MR-detected retina layers correlating with local cell organization (13,14). These findings motivated the present diffusion tensor MRI (DTI) measurements to assess its feasibility to evaluate the cellular structure of retinal photoreceptor cell layer in vivo.

DTI measures the anisotropic diffusion of water molecules in neuronal tissues (15). The derived eigenvalues of diffusion tensor (λ_1 , λ_2 , and λ_3), apparent diffusion coefficient (ADC), fractional anisotropy (FA), and cell alignment are magnetic field independent indices for noninvasive assessment of cell integrity and organization in central nervous system diseases (7). In this study, in vivo DTI was performed at $47 \times 47 \times 400 \mu\text{m}^3$ resolution to assess retinal cell alignment and water diffusion in adult C57BL/6 wildtype (WT) and retinal degeneration 1 (*rd1*) mice.

MATERIALS AND METHODS

Experimental Protocol

Two to four months old male WT ($n = 6$) and *rd1* mice ($n = 5$) were examined. Mice were anesthetized with an intraperitoneal injection of a ketamine (87mg/kg) /xylazine (13mg/kg) cocktail. A pneumatic pillow and a rectal temperature probe were employed to detect mouse respiratory motion and temperature (SA Instruments, NY). A subcutaneous catheter was implanted to allow continuous infusion of the aforementioned ketamine/xylazine cocktail at $\sim 2.6 \text{ ml/kg/hr}$ to achieve a sustained anesthesia during MRI. A single-turn radio-frequency solenoid coil (inner diameter = 1 cm) was positioned on top of the left eye for MRI. During the period of image acquisition, the body temperature of the mouse was maintained at 37°C and the respiratory rate was monitored using a MR compatible small animal heating and monitoring system (SA Instruments, NY). Infusion rate of ketamine/xylazine cocktail for individual mouse was adjusted to maintain the respiratory rate between 150 and 210 min^{-1} throughout the experiment. All procedures in this study conformed to the guidelines set forth by Animal Studies Committee of Washington University in St. Louis.

MR Imaging

MR experiments were performed on an 11.74 T horizontal Varian *UNITY-INOVA* spectrometer (Varian Associates, Palo Alto, CA) equipped with an 8-cm inner diameter gradient and shim insert (maximum gradient strength = 120 Gauss/cm). Scout images were acquired using a standard multi-slice spin echo sequence. A transverse slice that bisects the eye through the optic nerve was located from scout images using a 3D planning program written in Matlab (The Mathworks Inc., Natick, MA). T_1 -weighted images were acquired

using a standard spin-echo sequence with the following parameters: TR 400 ms, TE 18 ms, slice thickness 400 μm , field of view (FOV) $12 \times 12 \text{ mm}^2$, in-plane resolution $47 \times 47 \mu\text{m}^2$, data matrix 256×256 zero filled to 512×512 , number of averages 8, and acquisition time 14 min. DTI was performed using a standard spin-echo sequence incorporating a pair of diffusion sensitizing gradients. Acquisition parameters were: TR 2000 ms, TE 35 ms, Δ 15 ms, δ 5 ms; b-value 0 and 955 s/mm^2 , slice thickness 400 μm , FOV $12 \times 12 \text{ mm}^2$, in-plane resolution $47 \times 47 \mu\text{m}^2$, data matrix 256×256 zero filled to 512×512 , number of averages 2, 90° and 180° rf pulse width 4000 ms, and acquisition time ~ 2 hours. Diffusion sensitizing gradients were applied in six directions, i.e. $[1 \ 0 \ 1]$, $[1 \ 0 \ -1]$, $[0 \ 1 \ 1]$, $[0 \ 1 \ -1]$, $[1 \ 1 \ 0]$, $[1 \ -1 \ 0]$ (13). To minimize the effect of background magnetic field gradient on diffusion measurement, a pair of diffusion-weighted images with positive or negative diffusion sensitizing gradients was acquired in each direction. The geometric mean of each pair of diffusion weighted images was used to derive diffusion tensor parameters (13). Repeated diffusion weighted images were processed and compared to assess the effect of global eye motions. Specifically, the averaged images were compared with each individual measured image to evaluate if any voxel shift in retina is present. Any measurement with significant voxel shift beyond registration was discarded.

Data Analysis

Segmentation of the retina layers was performed using both non-diffusion weighted (b-value = 0) and diffusion weighted images (Fig. 1). First, regions on the non-diffusion weighted image exhibiting signal intensity below three standard deviation of the noise, such as the background, lens nucleus, and sclera, were automatically identified and excluded from data analysis. Second, the retina/choroid complex was automatically identified by the hyper-intense layer in diffusion weighted images, i.e., region exhibit signal intensity $> \text{mean} + 3 \times \text{SD}$ of the vitreous signal. Third, the choroid was identified by the hyper-intensity on T_1 -weighted images due to its shorter T_1 (13). Finally, the MR-detected retina layers were segmented based on their signal intensity differences using previously described method (13). To reduce vitreous partial volume effect, retinal pixels immediately adjacent to the vitreous were excluded from data analysis. Because of the reduced thickness and lack of layer contrast at the peripheral retina, quantitative analysis of the retina was performed in two central retinal regions that located between 250 and 800 μm away from the optic nerve head at each side.

ADC, eigenvalues (i.e. λ_1 , λ_2 and λ_3) of diffusion tensor, and FA were calculated as previously reported (16). The primary eigenvector of the diffusion tensor is considered as the direction of cell alignment in each image voxel (17).

Histology

Upon the completion of MRI, mice were perfusion-fixed with 4% paraformaldehyde. Eyes were enucleated, placed in 4% paraformaldehyde overnight, embedded with paraffin, and sectioned at five- μm thick. Sections were stained with hematoxylin and eosin (H&E) to identify the retinal cell layers and cell organizations. Picrosirius red staining was used to highlight the cell organization in ONL and lens cortex.

Statistical Analysis

All statistical analyses were performed using SAS software (SAS Institute, Cary, NC). Data were expressed as mean \pm SD. For comparisons between two experimental groups, the significance of the difference between the means was calculated. One-way analysis of variance (ANOVA) was used to test the difference of ADC or FA among the MR-detected retina layers of *rd1* and WT mice. Two-way ANOVA was used to test the differences of λ_{1-3} among the MR-detected retina layers of *rd1* and WT mice. When overall significance

of $p < 0.05$ was attained by ANOVA, comparisons between means were performed using the Freeman-Tukey test. In all cases, a $p < 0.05$ was taken to indicate statistically significant difference.

RESULTS

The layered organization of retinal cells may be partially resolved by MRI. The retina/choroid complex was clearly identified by the hyper-intensity on diffusion weighted images (Fig. 1A). The reduced thickness of retina/choroid complex in *rd1* mice is visually apparent. On non-diffusion weighted images, four and two MR-detected layers were observed within the retina/choroid complex of WT and *rd1* mice, respectively (Fig. 1B). The outer-most layer exhibiting hyper-intensity on T_1 -weighted images was identified as the choroid (Fig. 1C). From vitreous side, the MR-detected inner, middle, and outer retina layers in WT mice were tentatively assigned to nerve fiber layer/ganglion cell layer/inner plexiform layer (NFL/GCL/IPL), inner nuclear layer/outer plexiform layer (INL/OPL), and outer nuclear layer/inner segments/outer segments (ONL/IS/OS) as previously reported (Fig. 1D) (13). Photoreceptor cell degeneration (i.e., the layer comprising ONL/IS/OS) in *rd1* mice makes the separation of the remaining INL/OPL from the bright choroid difficult (Fig. 1D). The MR-detected dark retina layer in *rd1* mice was tentatively assigned to NFL/GCL/IPL.

The retinal cell alignment was estimated by DTI determined primary eigenvector of diffusion tensor. In WT mice, the cells in MR-detected outer retina layer were aligned nearly perpendicular to the retinal surface (the angle between cell alignment and retinal surface = $64 \pm 3^\circ$), consistent with histology revealed photoreceptor cell organization in ONL/IS/OS (Fig. 2). In *rd1* mice, the single MR-detected retina layer was lacking of cells aligned perpendicular to the retinal surface agreeing with histology revealed degeneration of photoreceptor cells (Fig. 3). The accuracy of DTI measured cell alignment was demonstrated by the detected similar lens fiber cell alignment in all mice reflecting the unchanged lens cell structure.

Figure 4 shows λ_{1-3} and ADC (i.e., the mean of λ_{1-3}) in MR-detected retina layers of WT and *rd1* mice. In WT mice, comparable λ_1 was observed among all layers. However, λ_3 of MR-detected outer layer was ~50% lower than that of MR-detected inner and middle layers. Consequently, the lowest ADC was observed in the MR-detected outer layer. In *rd1* mice, λ_{1-3} and ADC of the single MR-detected retina layer were all higher than those of corresponding MR-detected inner layer in WT mice.

The FA of each MR-detected retina layer was quantified to evaluate diffusion anisotropy (Fig. 5). In WT mice, the FA of MR-detected outer layer was ~50% higher than that of MR-detected inner and middle layers. In *rd1* mice, the FA of MR-detected retina layer was ~30% lower than that of corresponding MR-detected inner layer in WT mice.

DISCUSSION

DTI measured retinal cell alignment of the MR-detected outer layer in WT mice agreed with histology revealed alignment of photoreceptor cells in ONL/IS/OS. Both the MR-detected inner layer in WT mice and the remaining layer in *rd1* mice lacked cells aligning perpendicular to the retinal surface reflecting the absence of photoreceptor cells. DTI measured cell alignment in the MR-detected middle layer of WT mice appeared to be not well-organized that might due to the partial volume effect from the adjacent MR-detected inner and outer layers. Overall, the DTI detected cell alignment supported the assignment of MR-detected outer layer to ONL/IS/OS despite the difficulty to accurately measure MR-detected layer thickness at the employed image resolution ($47 \times 47 \mu\text{m}^2$).

Layer-specific ADC and FA were observed in the mouse retina. In WT mice, the lowest ADC was observed in the MR-detected outer layer because it exhibited lower λ_3 ($p < 0.05$) than the other two layers. The MR-detected outer layer also exhibited the highest FA ($p < 0.05$ compared to the other two layers) reflecting highly anisotropic diffusion of water molecule. In *rd1* mice, the remaining MR-detected layer exhibited higher ADC but lower FA than the corresponding MR-detected inner layer of WT mice ($p < 0.05$ for all comparisons), which might be attributed to photoreceptor cell degeneration induced retinal remodeling including retinal vascular leakage and retinal edema (18,19).

This study has several limitations. First, in vivo retinal DTI requires prolonged acquisition time that is susceptible to motional artifacts. Thus, the minimization of imaging time is crucial in retinal MRI (20). The current finding showed that photoreceptor cells in the central retina, i.e., adjacent to the optic nerve head, exhibits a well-organized spatial distribution that is parallel to the optic nerve axis. Thus, it is likely that a full tensor analysis is not necessary when central retina pathology is of interest. In our previous study, three diffusion sensitizing gradients were applied in the directions parallel to (\parallel), in-plane perpendicular to (\perp), and out-of-plane perpendicular to (\odot) the optic nerve axis (13). At the central retina, the determined ADC_{\parallel} and ADC (mean of ADC_{\parallel} , \perp , and \odot) in ONL/IS/OS were comparable to the DTI measured λ_1 and ADC, respectively ($p > 0.05$ for all comparisons using unpaired t-test). The results suggested DWI measured ADC might be sufficient to investigate central retinal pathology that can reduce imaging time by ~50%. Second, the single MR-detected retina layer in *rd1* mice was tentatively assigned to NFL/GCL/IPL based on the assumption that the bright INL/OPL has merged with the bright choroid after photoreceptor cell degeneration. This assignment did not take into account that the progressive remodeling of the residual *rd1* retina (e.g., retinal vascular leakage, neuron cell degeneration, and choroidal capillary loss) (18,19,21) may alter the MR signal contrast among retinal layers. However, this limitation does not affect the current result where photoreceptor cell layer exhibited distinct ADC, FA, and cell alignment as compared to those of other retinal cell layers in both WT and *rd1* mice as adequately revealed by the current experimental setting. Finally, the Gibbs ring artifact at the posterior vitreous, i.e., pseudo signal intensity layers due to abrupt signal change, was apparent on the T1-weighted image (Fig. 1C). However, this artifact was not obvious on either non-diffusion weighted or diffusion weighted images (Fig. 1 A&B). It did not affect the identification of MR-detected retina layers on these images and does not substantially change the derived retinal ADC and FA.

The reliability of DTI measurement was demonstrated by the determined cell organization in the lens cortex. The lens cortex comprises of elongated lens fiber cells extending from anterior to posterior suture (22). Individual lens fiber cell was further organized into concentric layers aligned parallel to the lens surface. Agreeing with the anatomical organizations of lens fiber cells, DTI results showed the lens fiber cells aligned in the direction parallel to the lens surface extending from the anterior to posterior suture. This in vivo DTI measured lens fiber cell organization was also in agreement with that measured by in vitro DTI on fixed lens tissues (23,24).

In conclusion, DTI were performed to assess retinal water diffusion in WT and *rd1* mice in vivo. The DTI revealed cell alignment supported the assignment of MR-detected outer layer to ONL/IS/OS in WT mice. The observed layer-specific ADC and FA in WT and *rd1* mice suggested DTI could provide a non-invasive measure of photoreceptor cell degeneration in the mouse retina. Further incorporation of the noninvasively measured ADC and FA with thickness (e.g., OCT) and visual function (e.g., electroretinography) measurements will provide novel opportunity to investigate the pathomechanism of retinal diseases.

Acknowledgments

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LIST OF ABBREVIATIONS

ADC	apparent diffusion coefficient
ANOVA	analysis of variance
DTI	diffusion tensor MRI
FA	fractional diffusion anisotropy
H&E	hematoxylin and eosin
<i>rdl</i>	retinal degeneration 1
SD	standard deviation
$\lambda_{1,2,3}$	the primary, secondary, and tertiary eigenvalues of diffusion tensor

Retina layers (starting from the vitreous side)

NFL	nerve fiber layer
GCL	ganglion cell layer
IPL	inner plexiform layer
INL	inner nuclear layer
OPL	outer plexiform layer
ONL	outer nuclear layer
IS	photoreceptor cell inner segments
OS	photoreceptor cell outer segments

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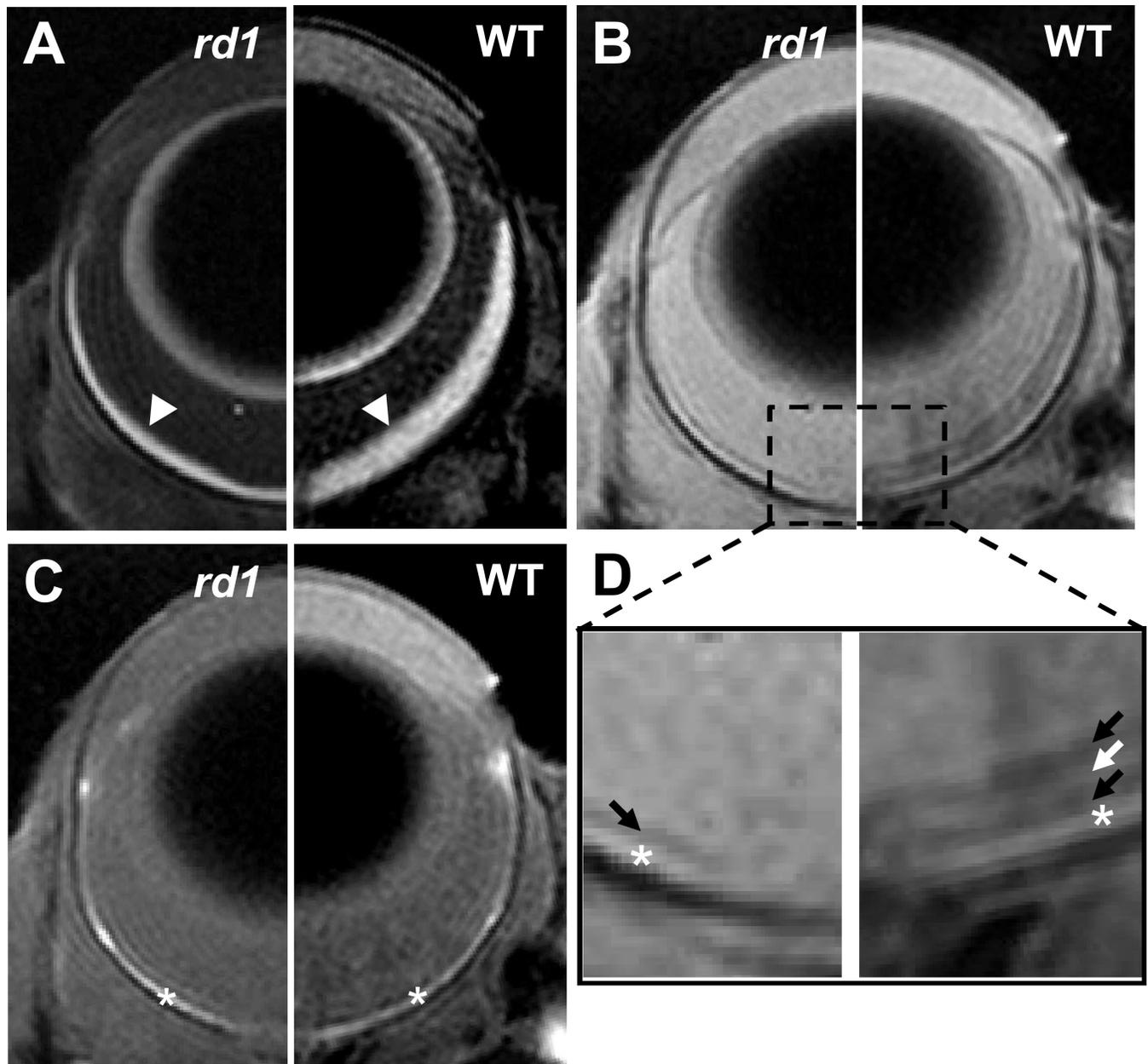


Figure 1. Diffusion weighted (A), non-diffusion weighted (B), and T_1 -weighted images of the eyes of an *rd1* (left side) and a WT (right side) mice. The zoom-in view of non-diffusion weighted image (D) shows a dark retinal layer in the *rd1* mouse eye and three retinal layers exhibiting dark-bright-dark signal intensity in the WT mouse eye. Arrow heads indicate retina/choroid complex; arrows indicate MR-detected retina layers; * indicates the choroid.

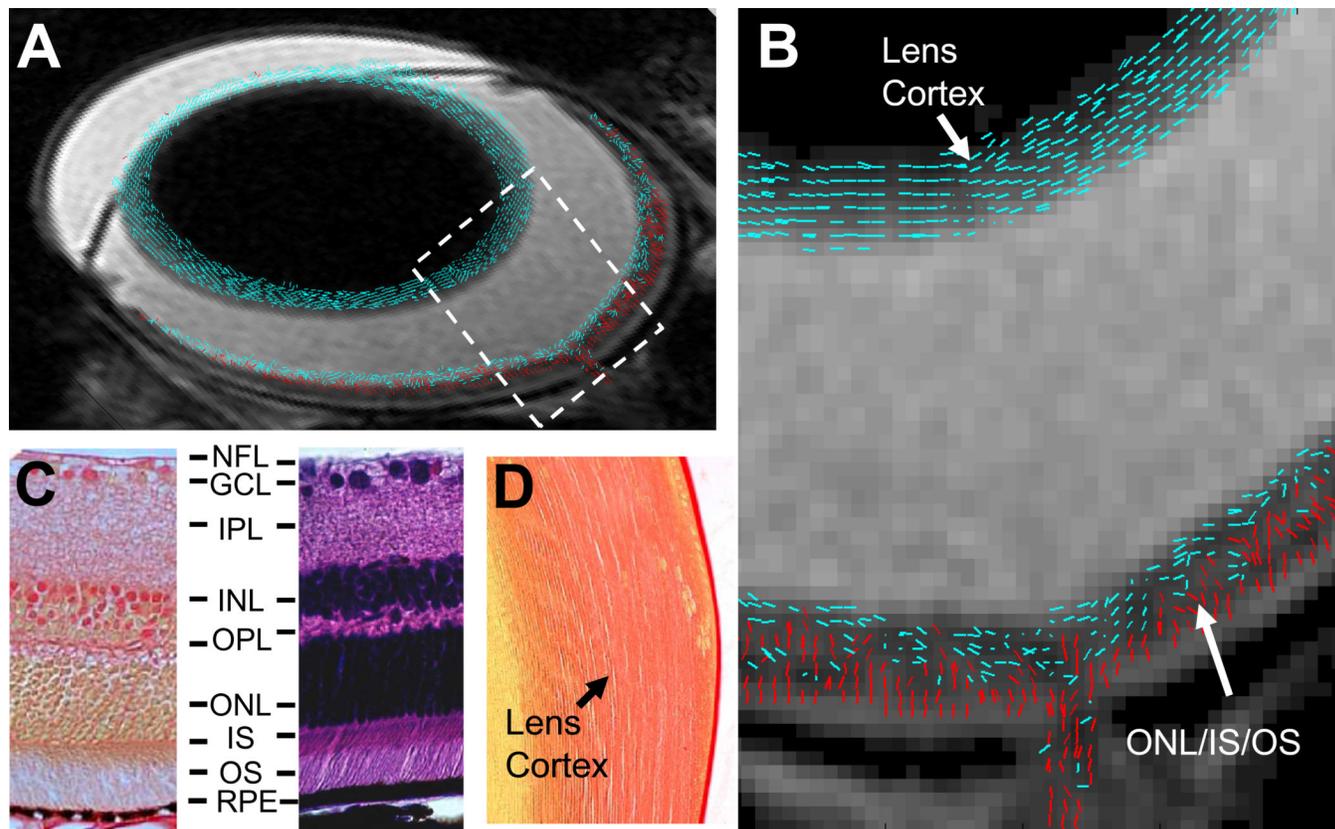


Figure 2.

A composite (A) and the expanded bird's-eye view (B) images show DTI revealed cell alignment in a WT mouse eye. Cell alignments were color coded to differentiate cells aligned more parallel to ($< 45^\circ$, blue) or perpendicular to ($> 45^\circ$, red) the retina or lens surface. A picrosirius red (C, left) and an H&E (C, right) stained retina sections of a WT mouse show that photoreceptor nuclei in ONL and inner and outer segments in IS/OS are aligned nearly perpendicular to the retinal surface. A picrosirius red stained lens section of the WT mouse shows fiber cells in the lens cortex are aligned parallel to the lens surface (D). RPE, retinal pigment epithelium.

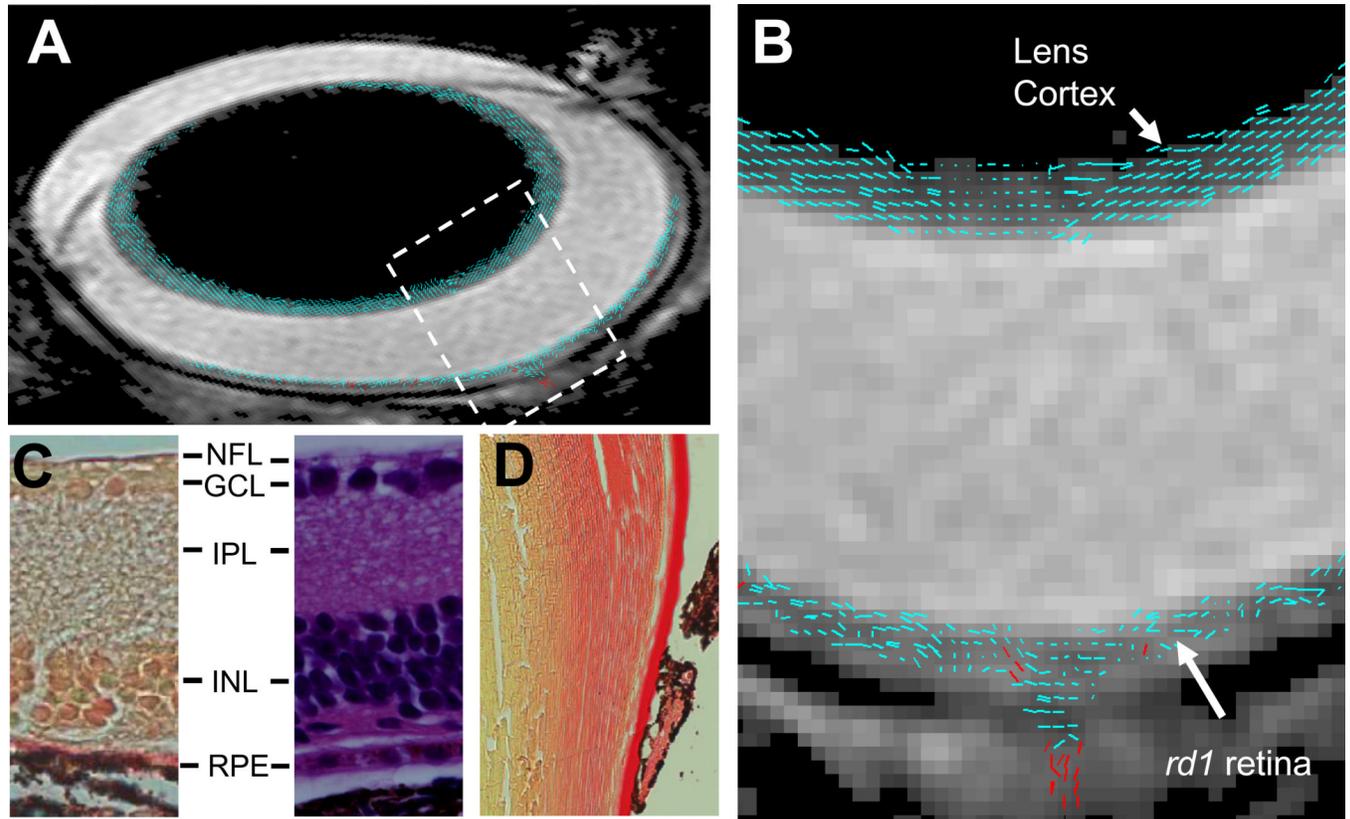


Figure 3.

A composite (A) and the expanded bird's-eye view (B) images show DTI revealed cell alignment in an *rd1* mouse eye. Cell alignments were color coded to differentiate cells aligned more parallel to ($< 45^\circ$, blue) or perpendicular to ($> 45^\circ$, red) the retina or lens surface. A picrosirous red (C, left) and an H&E (C, right) stained retina sections of an *rd1* mouse show the lack of photoreceptor cells. A picrosirous red stained lens section of the *rd1* mouse shows fiber cells in the lens cortex are aligned parallel to the lens surface (D). RPE, retinal pigment epithelium.

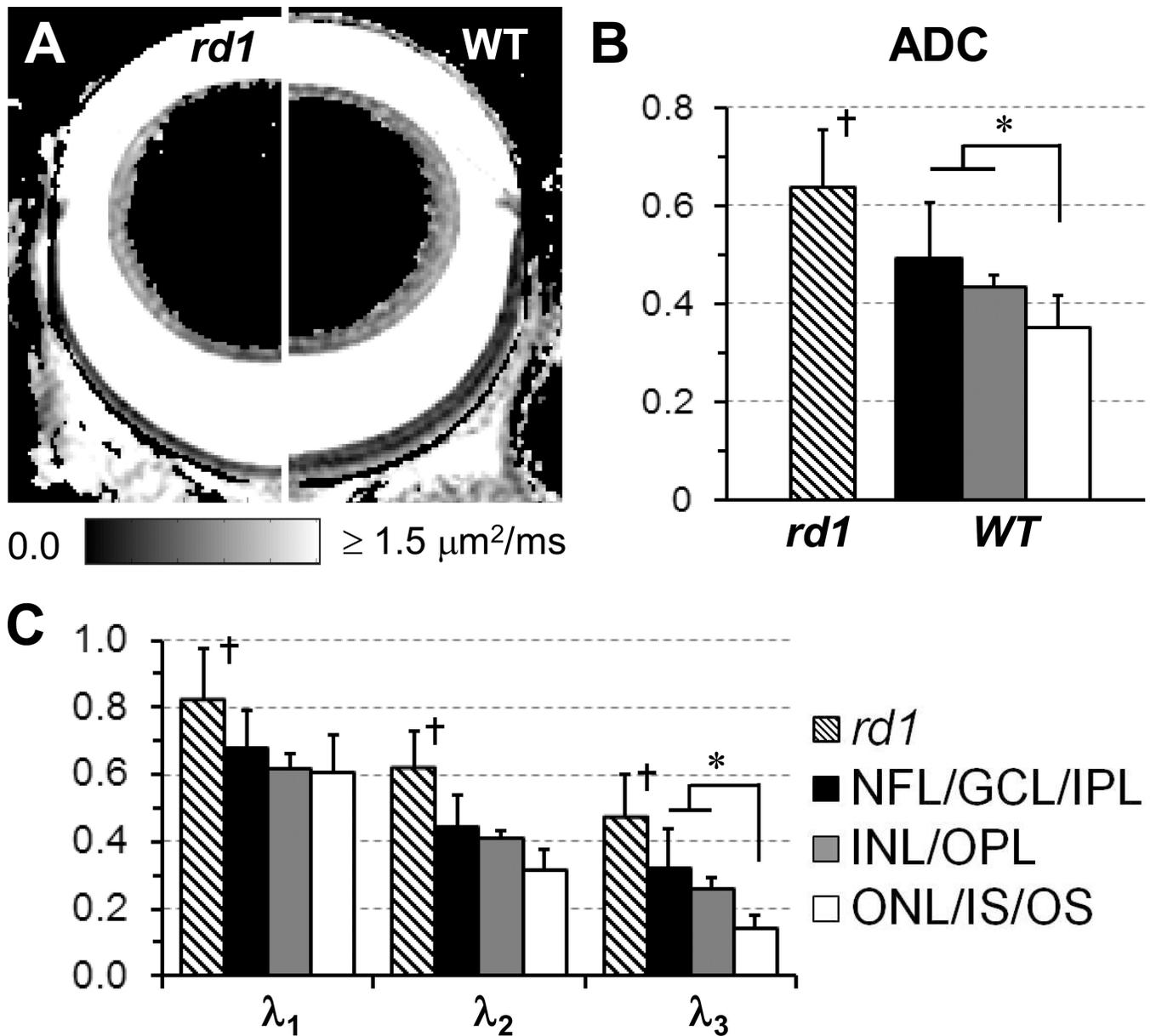


Figure 4. DTI determined ADC maps of the eyes of an *rd1* (left side) and a WT (right side) mice (A). ADC (B) and λ_{1-3} (C) of the MR-detected retina layers in *rd1* and WT mice were quantified. The unit of ADC and λ_{1-3} is $\mu\text{m}^2/\text{ms}$. *, $p < 0.05$; †, $p < 0.05$ compared to MR-detected middle and outer layers of WT mice.

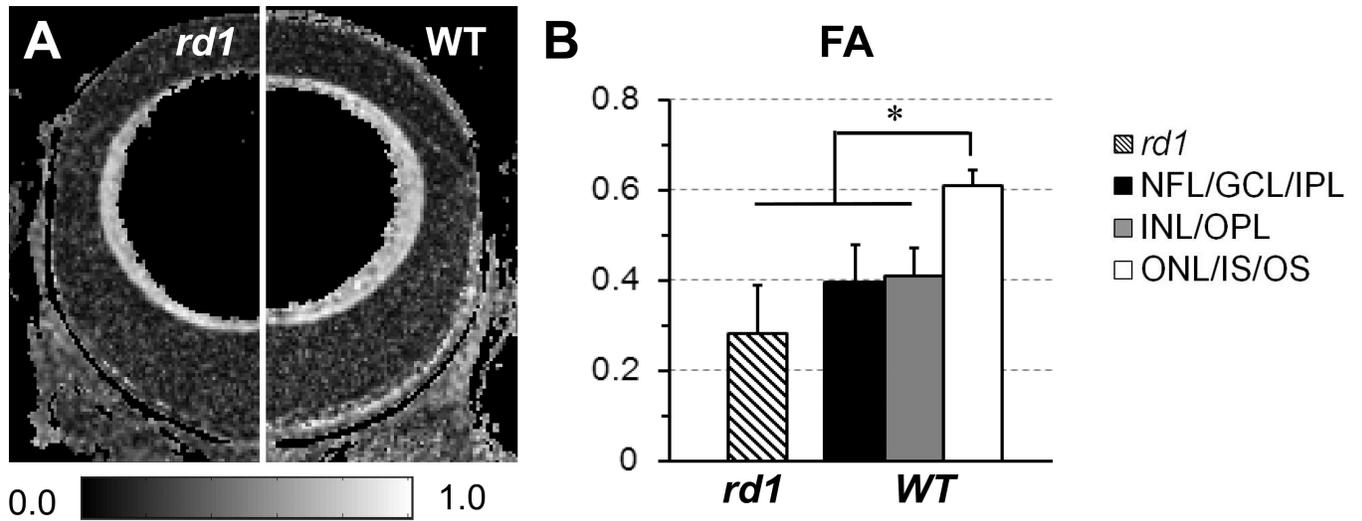


Figure 5. DTI determined FA maps of the eyes of an *rd1* (left side) and a WT (right side) mice (A). FA of the MR-detected retina layers in *rd1* and WT mice were quantified (B). *, $p < 0.05$.