

Large pancreatic mass in a young woman

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A 26-year-old woman presented with several months' history of abdominal discomfort, postprandial bloating and nausea. The patient was otherwise well and had no significant medical or family history.

A computed tomography scan revealed a heterogeneous cystic and solid mass 14 cm in size in the right upper quadrant. There was no vascular involvement or lymphadenopathy, or biliary or pancreatic duct dilation (Figure 1A). Subsequent endoscopic ultrasound revealed a homogenous solid mass occupying most of the pancreas parenchyma (Figure 1B). Fine-needle aspiration revealed abundant tumour cells, characterized by granular cytoplasm and round to oval nuclei with finely textured chromatin and an indistinct nucleolus (Figure 1C); in

areas, the tumour cells surrounded delicate hyalinized fibrovascular cores (Figures 1C and 1D). The tumour cells showed strong nuclear immunoreactivity for beta-catenin (Figure 1E).

DISCUSSION

Solid pseudopapillary neoplasms (SPNs) are the rarest of the four subtypes of pancreatic cystic neoplasms, representing 1% to 3% of all pancreatic tumours and 10% to 15% of all pancreatic cystic neoplasms. This neoplasm was first reported in 1959, was subsequently classified by the WHO as a solid pseudopapillary tumour in 1996 and is now classified as SPN (1).

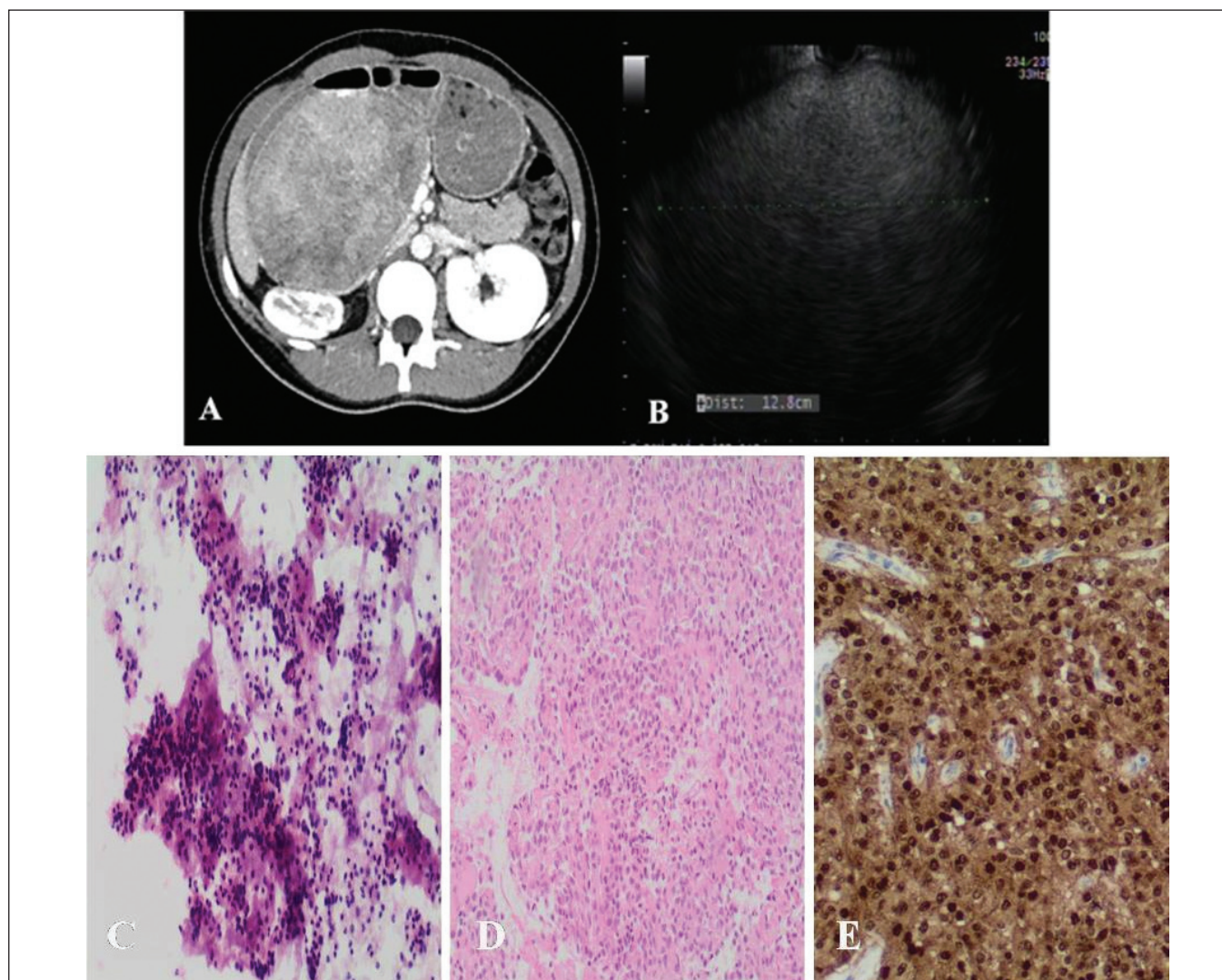


Figure 1) **A** Abdominal computed tomography scan demonstrating a mass 14 cm in size in the right upper quadrant. **B** Endoscopic ultrasound image demonstrating a homogenous solid mass 12.8 cm in size. **C** Cellular specimen, composed of neoplastic cells with round to oval nuclei and finely granular chromatin (hematoxylin-eosin stain, original magnification $\times 200$). **D** Tumour cells surround delicate hyalinized fibrovascular stalks (cell block, hematoxylin-eosin stain, original magnification $\times 200$) **E** The tumour cells show strong nuclear immunoreactivity for beta-catenin (cell block, original magnification $\times 100$)

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SPNs can be located in the tail, head or body of the pancreas. Affected patients are predominantly women of reproductive age who present with nonspecific symptoms: most commonly abdominal pain, nontender epigastric mass, nausea and vomiting. However, a significant proportion (15%) of patients are completely asymptomatic, thus making the clinical diagnosis challenging. While SPNs are typically benign lesions, they do have low-grade malignant potential. The recommended treatment is surgical resection, with a five-year survival rate >95% (2).

The endoscopic ultrasound appearance of SPNs is nondiagnostic, ranging from well-demarcated, solid-appearing masses, to mixed solid and cystic, and purely cystic lesions. Characteristic cytomorphological features include marked cellularity with pseudopapillary fragments composed of fibrovascular cores lined with discohesive neoplastic

cells. Immunohistochemically, the majority are reactive for vimentin, alpha-1 antitrypsin and alpha-1-antichymotrypsin. An alteration in the adenomatous polyposis coli/beta-catenin pathway has been demonstrated, resulting in nuclear accumulation of beta-catenin in SPNs (3).

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