

# Animal models of enteroaggregative *Escherichia coli* infection

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**Abbreviations:** *E. coli*, *Escherichia coli*; EAEC, enteroaggregative *E. coli*; IL, interleukin; CXCL, chemokine C-X-C motif ligand; CCL, chemokine C-C motif ligand; CCR, chemokine receptor; PAMP, pathogen-associated molecular pattern; PRR, pattern recognition receptor; TLR, Toll-like receptor; AAF, aggregative adherence fimbria; MAPK, mitogen-activated protein kinase; EAST-1, enteroaggregative heat-stable toxin 1; ShET1, *Shigella* enterotoxin 1; Pet, plasmid-encoded toxin; Stx2, Shiga toxin 2; HUS, hemolytic uremic syndrome; SCID, severe combined immunodeficiency; ABM, agent based modeling; ODE, ordinary differential equation

Enteroaggregative *Escherichia coli* (EAEC) has been acknowledged as an emerging cause of gastroenteritis worldwide for over two decades. Epidemiologists are revealing the role of EAEC in diarrheal outbreaks as a more common occurrence than ever suggested before. EAEC induced diarrhea is most commonly associated with travelers, children and immunocompromised individuals however its afflictions are not limited to any particular demographic. Many attributes have been discovered and characterized surrounding the capability of EAEC to provoke a potent pro-inflammatory immune response, however cellular and molecular mechanisms underlying initiation, progression and outcomes are largely unknown. This limited understanding can be attributed to heterogeneity in strains and the lack of adequate animal models. This review aims to summarize current knowledge about EAEC etiology, pathogenesis and clinical manifestation. Additionally, current animal models and their limitations will be discussed along with the value of applying systems-wide approaches such as computational modeling to study host-EAEC interactions.

## Introduction

*Escherichia coli* are classified as motile, rod-shaped, non-spore forming, gram-negative *Enterobacteriaceae*. The majority of *E. coli* strains co-exist in the gastrointestinal tract as harmless commensal symbionts. Commensal *E. coli* strains colonize the gastrointestinal tract within hours of life and remain the most predominant facultative anaerobe within the colonic microflora of humans.<sup>1</sup> However, disease-causing pathogenic *E. coli* strains have the ability to induce life-threatening illnesses that often require hospitalization and can result in death.<sup>2</sup> Pathotypes

known to induce enteric disease have been categorized into six groups: enteropathogenic *E. coli* (EPEC), enterohemorrhagic *E. coli* (EHEC), enterotoxigenic *E. coli* (ETEC), diffusely adherent *E. coli* (DAEC), enteroinvasive *E. coli* (EIEC) and enteroaggregative *E. coli* (EAEC).<sup>3</sup>

Enteroaggregative *Escherichia coli* (EAEC) was first identified in the late 1980s as an enteric pathogen that causes diarrhea.<sup>4</sup> Since its discovery, scientists have been studying host response to EAEC with aims to identify pathognomonic factors implicated in lesion formation in the gut and enteric disease. Increasing attention to EAEC has given rise to improved diagnostic techniques prompting more comprehensive epidemiological studies. For instance, a meta-analysis was conducted using all published literature about EAEC infections from 1987 through 2006 and revealed EAEC as a causative agent of diarrheal illnesses among many different subpopulations in both developing and industrialized regions worldwide.<sup>5</sup> Etiological efforts have uncovered striking numbers of infectious cases identifying EAEC as the causative agent of diarrhea in travelers, children (especially malnourished populations) and immunocompromised individuals (specifically HIV-infected patients).<sup>6–8</sup> Also, EAEC has been identified as a common cause of acute diarrheal illness in children and adults in inpatient and emergency units throughout the United States.<sup>9</sup> The alarming rise in attention to EAEC led to its inclusion on the National Institutes of Health category B list of infectious organisms of potential importance as a bioterrorism weapon in 2002.<sup>10</sup> In May 2011 an outbreak of *E. coli* O104:H4 occurred in Germany where more than 4,000 people became victims to infection and 54 of these cases resulted in death; the highest frequency of deaths ever recorded for an *E. coli* outbreak.<sup>11</sup> Nucleotide analysis of the genome sequence classified *E. coli* O104:H4 within the EAEC pathotype though it was Shiga-toxin (Stx2) producing. This hybrid strain acquired the phage-borne gene encoding Stx2, a characteristic associated with EHEC strains, likely through lateral gene transfer providing clear

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evidence for enhanced virulence and detrimental effects caused by emerging heterogeneity among strains.<sup>12</sup>

Transmission of EAEC is most commonly associated with contaminated food and water. In Mexico, EAEC is the most common bacterial pathogen isolated from food.<sup>13</sup> Poor sanitation and crowded living conditions increase the propensity for EAEC to spread.<sup>14</sup> Recent research has identified food handlers, especially those working in tourist hotels, as primary carriers of EAEC. Over 65% of the isolates from these individuals are multidrug resistant thus posing a significant public health threat.<sup>15</sup> Furthermore, the prevalence of EAEC induced travelers' diarrhea throughout winter and summer seasons remains constant unlike other diarrheagenic *E. coli* strains such as ETEC, EPEC and EIEC whose rate of infection significantly decreases in lower temperatures.<sup>16</sup> Genetic predisposition has also been alluded to in EAEC susceptibility. Single-nucleotide polymorphisms (SNPs) in the IL-8 gene promoter have proven to be associated with increased incidence of EAEC-associated diarrhea, and individuals with lactoferrin SNPs have higher susceptibility to traveler's diarrhea.<sup>17,18</sup>

According to the CDC's 2011 estimates, diarrheal episodes and enteric infections caused by foodborne illness affect an estimated 47.8 million people annually in the United States alone, from which approximately 130,000 people seek hospitalization and 3,000 cases result in death (www.cdc.gov). EAEC is one of the primary, if not most common, bacterial instigator of diarrheal illness in people from industrialized and developing countries around the globe including the United States, especially children.<sup>19-24</sup> Yet despite EAEC outbreaks and many years of high-level research, the disease pathogenesis remains widely unknown. This review will highlight known pathogenicity factors, describe host responses to disease and discuss current animal models. Lastly, an emphasis on the necessity for an integrated immunoinformatics approach that combines computational immunology and animal experimentation will be discussed. This review aims to prompt future perspectives and advancements for safe, effective, preventative and therapeutic treatments toward EAEC.

### Host-EAEC Interactions at the Intestinal Epithelium

Understanding the complex interactions between host and bacterium is crucial for revealing disease pathogenesis of infectious diseases. The intestinal epithelium is constantly exposed to trillions of microorganisms and faces the challenge to peacefully coexist with harmless commensal bacteria while swiftly responding to pathogens.<sup>25</sup> The ability for a host to resist bacterial colonization or clear infection is determined by carefully arranged cellular and molecular interactions between the host and pathogen at the mucosal interface. A single layer of epithelial cells, the epithelial barrier, provides the first line of defense against pathogenic microorganisms. The epithelial barrier integrity is formed by "tight-junctions" between cells and the protective mucus-gel that coats the cells.<sup>26</sup> If an enteric pathogen passes through the mucus layers, evolutionarily conserved pathogen-associated molecular patterns (PAMPs) expressed on the microbial surfaces are recognized by pattern recognition receptors (PRRs) expressed on epithelial cell

surfaces such as toll-like receptors (TLRs). TLRs activate potent innate responses by triggering signaling pathways that regulate gene transcription, such as NF $\kappa$ B and MAPK and activate the production of a large repertoire of pro-inflammatory mediators to orchestrate the influx of leukocytes.<sup>27</sup> More specifically, secretion of IL-8 and CXCL1 by enterocytes generates a chemotactic gradient promoting the recruitment of neutrophils to facilitate clearance of bacteria through phagocytosis.<sup>28</sup> Epithelial cells also secrete CCL20 in response to enteric pathogen to enhance infiltration of cells expressing CCR6. Dendritic cells expressing CCR6 are brought to the underlying lamina propria to hasten antigen presentation and activation of the adaptive immune system.<sup>29</sup> Th17 cells are CCR6+ and implicated as primary contributors to defense against extracellular bacterial infections. In addition to the secretion of cytokines to mediate cellular trafficking, epithelial cells produce potent antimicrobial proteins such as  $\beta$ -defensins, cathelicidins and calprotectin in response to stimulation from enteric pathogens or proinflammatory cytokines for further defense against infection.<sup>28</sup> Importantly, a great amount of attention has recently shifted away from the host response and toward understanding the protective barricade created by commensal microbiota during infection.<sup>30</sup> The combined efforts of innate and adaptive immune responses with the beneficial influence of the gastrointestinal microbiome generally contribute to successful eradication of disease in healthy individuals.

Pathogenic bacteria such as EAEC have developed strategic mechanisms to conceal recognition and/or enhance survivability during interaction with its host predominantly driven by genetically encoded virulence factors. EAEC strains harbor a 60- to 65-MDa virulence plasmid (pAA) that encodes many of the known virulence factors including the aggregative adherence fimbriae (AAF), Pet toxin, the transcriptional regulator AggR and the secretory protein dispersin.<sup>31</sup> The detection of pAA by probe, also known as the CVD432 probe, was initially trusted as a common broad-spectrum analysis used to identify the prevalence of EAEC isolates, however studies using this methodology have since exposed a large variation in accurate sensitivity toward EAEC ranging between 15% and 90% in separate cases.<sup>32,33</sup> The golden standard for EAEC identification remains the highly specialized HEP-2 cell-adherence culture but, due to the assay's extensive requirements, the more common alternative is multiplex PCR though no molecular assays have been described with 100% specificity. Multiplex PCR evaluation of EAEC detects *aggR*, *aap* and *aata*, three EAEC plasmid-borne genes and proven a suitable diagnostic test.<sup>34</sup> A key virulence factor harbored by pAA is the transcriptional activator AggR which is considered the master regulator of virulence due to its capability to activate a large cluster of virulence genes in EAEC permitting adherence while also promoting the production of cytotoxins and enterotoxins.<sup>35</sup> In fact, combined DNA microarray and real-time quantitative RT-PCR data confirm that AggR activates the expression of at least 44 genes in the EAEC prototype strain 042.<sup>36</sup> To mediate protein secretion, EAEC possess a type VI secretion system (T6SS) that is chromosomally encoded on the pathogenicity island *pheU* and transcriptionally regulated by AggR. *Sci-1* and *sci-2* are two gene clusters present on *pheU* responsible for

encoding T6S machines.<sup>37</sup> Additionally, the ETT2 gene cluster has been identified in the EAEC O42 genome sequence providing evidence for T3SS mechanism prevalence as well.<sup>38</sup> These secretion systems may play a key role in EAEC virulence due to expulsion of toxic proteins and association with biofilm formation;<sup>39</sup> their roles in pathogenesis remain widely unknown. Heterogeneity among EAEC strains remains an overarching issue that complicates elucidating pathogenic mechanisms underlying infection. Many virulence factors are not consistently expressed throughout various EAEC strains and the clinical manifestation of disease ranges significantly in severity. Moreover, successful immunoregulatory responses by the host that potentiate EAEC clearance are limited in the literature. Nevertheless, numerous studies suggest that infection can be summarized in three general stages: (1) adherence and colonization, (2) increased mucus production and (3) toxin release and host response.<sup>40</sup>

**Stage I of pathogenesis.** During the first step of pathogenesis, EAEC abundantly adhere to the intestinal mucosa in a stacked brick pattern termed aggregative adherence (AA) (Fig. 1). The AA phenotype was first described using a biological co-culture of EAEC with HEp-2 cells. Biopsies from pediatric intestinal mucosa cultured with EAEC strains 17-2 and 221 portrayed the ability for EAEC to adhere to jejunal, ileal and colonic mucosa.<sup>41</sup> Another early study provided evidence that fimbria mediate EAEC adherence to HEp-2 cells.<sup>42</sup> Four AA fimbriae (AAF) have since been described. Characteristics of AAF vary between EAEC strains both in morphology and genetic code however all mediate the essential role of bacterial attachment to epithelial cells. Prototype strains EAEC17-2, 042, 55989 and C1010-00 express AAF-I, II, III and IV respectively and all four strains develop the observed AA phenotype.<sup>43,44</sup> Evidence from an in vivo intestinal cell model of EAEC infection shows that disruption between intestinal epithelial cells induced by strains 042 and JM221 is due to an AAF-dependent delocalization of tight junction proteins, claudin-1 and occludin. AafA, the major pilin protein of AAF fimbria, is directly linked to diminished transepithelial resistance.<sup>45</sup> The expression of AAF-I, -III or -IV is sufficient for the induction of polymorphonuclear cell transmigration in vitro. More pertinently, human fetal intestinal xenografts implanted into SCID mice and inoculated with EAEC 042 and mutants verify an AAF-dependent inflammatory response.<sup>46</sup> AAF are highly hydrophobic thus favoring agglutination in an aqueous environment. In order to promote the spreading of EAEC for efficient colonization EAEC secretes a low molecular weight protein known as dispersin (aap). Dispersin is a positively charged hydrophobic surface protein that maintains electrostatic interactions with the outer lipopolysaccharide layer of the bacteria preventing the positively charged AAF from clinging to bacterial membrane.<sup>47,48</sup> AAF fimbriae actually collapse in the absence of dispersin and lack functionality critical for adherence.<sup>49</sup>

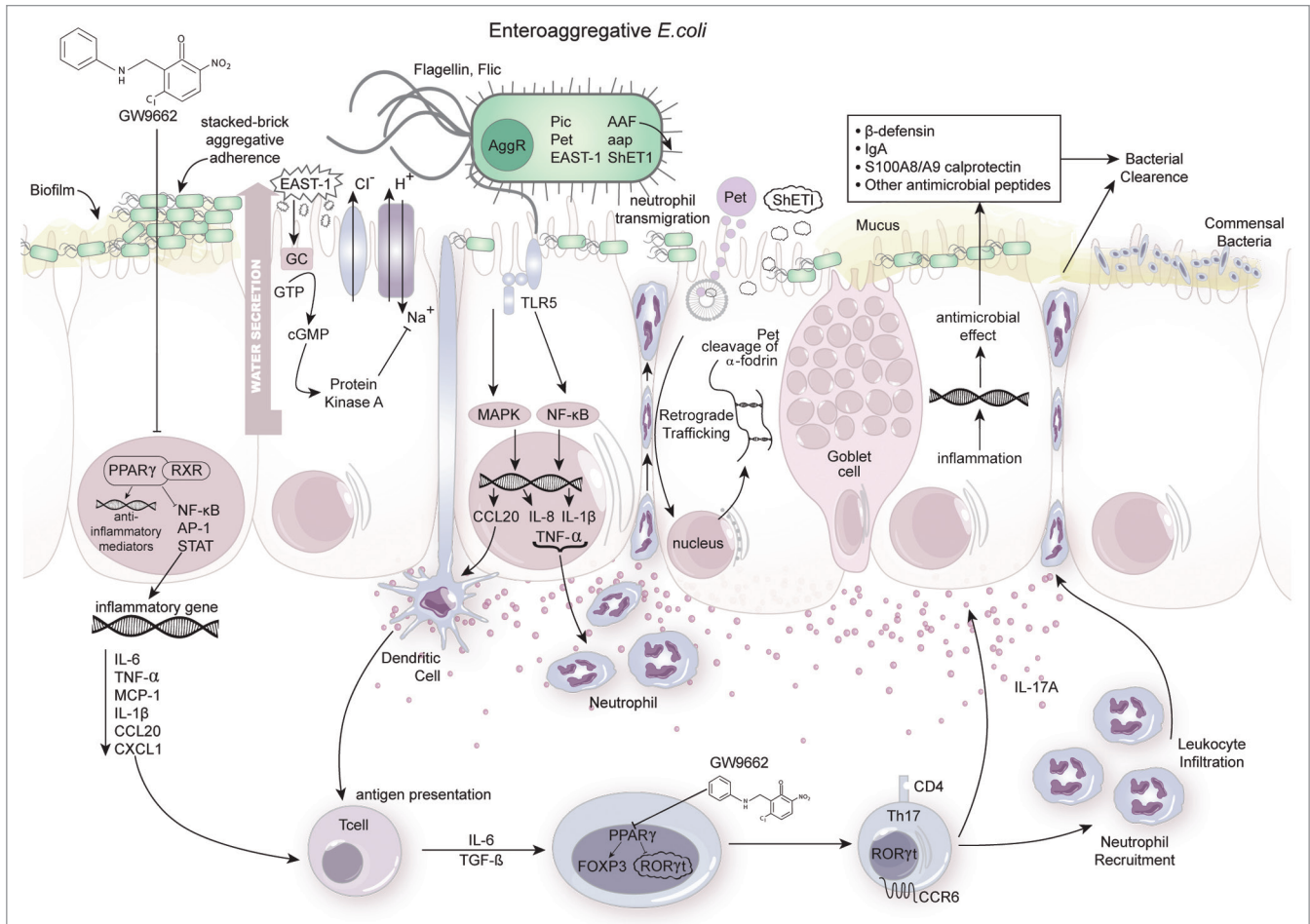
Other accessory molecules have been discovered and associated with EAEC colonization to include a serine protease autotransporter, Pic. Pic is encoded on the chromosomes of EAEC strain 042 and is suggested to mount a pivotal role in the colonization and growth of EAEC. Having hemagglutinin and mucinolytic activity, Pic is able to penetrate the intestinal mucus

layer and possibly promote EAEC growth by enhancing the use of nutrients from mucin.<sup>49,50</sup> Notably, Pic causes hypersecretion of intestinal mucus in EAEC infected rat ileal loops while also significantly increasing the number of mucus-containing goblet cells in intestinal villi.<sup>51</sup> Moreover, Pic efficiently cleaves extracellular glycoproteins on human leukocytes like CD43, a highly expressed surface marker found on almost all cells from a hematopoietic lineage. Interestingly, Pic protein is a key virulence factor in other enteropathogens including uropathogenic *E. coli* and *Shigella flexneri*, underscoring its importance in EAEC pathogenicity. Human neutrophils treated with purified Pic protein experience impaired chemotaxis and transmigration but increased activation of the neutrophil oxidative burst while activated T cells experience Pic-induced apoptosis.<sup>52</sup>

**Stage II of pathogenesis.** Once EAEC successfully adhere, epithelial cells are stimulated to produce a thick mucus layer above the enterocytes forming a biofilm (Fig. 1, first enterocyte). The presence of AAF is critical in biofilm formation though other unidentified factors including those regulated by *fs* and *AggR* gene expression are likely contributors as well.<sup>53</sup> The ability to form biofilm is closely associated with bacterial persistence and many chronic bacterial infections are linked to biofilm production.<sup>54</sup> To enhance colonization, EAEC surround themselves with biofilm and recruit cells forming micro-colonies that are interspersed within fluid-filled channels. The biofilm then protects colonies by restricting antimicrobial penetration.<sup>55</sup>

**Stage III of pathogenesis.** During the third stage of pathogenesis EAEC secretes putative enterotoxins and cytotoxins that elicit a host inflammatory response. Mucosal toxicity can occur causing morphological changes in the architecture of the mucosa characterized by microvillus vesiculation, enlarged crypt openings and increased epithelial cell extrusion.<sup>44</sup> Three primary enterotoxins have been discovered; namely EAEC heat-stable enterotoxin-1 (EAST1), plasmid-encoded enterotoxin (Pet) and *Shigella* enterotoxin 1 (ShET1). EAST1 is a 4.1 kDa toxin first detected in EAEC strain 17-2 that has now been associated with other diarrheagenic strains of *E. coli* providing evidence for its relationship to enteropathogenic induced diarrhea.<sup>56</sup> The role of EAST1 in the molecular pathogenesis remains incompletely understood, however, scientists hypothesize that the toxin promotes the initial phase of watery diarrhea seen in many patients.<sup>57</sup> EAST1 binds to the extracellular domain of guanylate cyclase (GC) on the apical membrane of enterocytes (Fig. 1, second enterocyte). EAST1 then induces high production levels of cGMP inside cells inhibiting the Na/Cl transport system. This significantly reduces the absorption of electrolytes and water from the intestine at the villus tips resulting in elevated secretion of water in crypt cells.<sup>54</sup> Pet is a serine protease autotransporter enterotoxin that generates high toxicity in human epithelial cells resulting in structural damage to the cell. After internalization via receptor-mediated endocytosis, Pet is delivered to the cytoplasm by means of retrograde trafficking (Fig. 1, fourth enterocyte). This is then accompanied by cleavage of spectrin, also known as the actin-binding protein fodrin, within microvilli cytoskeleton leading to cell elongation, rounding and ultimately the release of cells from the substratum.<sup>58-60</sup> ShET1 appears to induce intestinal secretion





**Figure 1.** Enteroaggregative *Escherichia coli* (EAEC) pathogenesis and host response at the colonic mucosa. The clinical manifestation of EAEC infection is the outcome resulting from complex host-pathogen-microbiota interactions regulated at a molecular level. EAEC attach and aggregate on colonic epithelial cells in a stacked brick pattern by means of AAF fimbria and the secreted protein encoded by aap known as dispersin. EAEC form a thick biofilm enabling protection against host or interventional antimicrobial responses. FliC surface flagella are then recognized by TLR5 receptors expressed on the apical surface of enterocytes. Bacterial-epithelial cell contact triggers a cascade of events activating NF-κB and MAPK pathways that result in the upregulation of proinflammatory cytokines IL-6, TNF-α and CCL20 responsible for recruiting dendritic cells and neutrophils to the site of infection. Small red spheres underneath the colonic epithelial layer portray the chemokine gradient indicative of inflammation. EAEC harbors the transcriptional regulator AggR responsible for the expression of virulence factors including Pic, Pet, EAST-1, aap and ShET1 portrayed in the amplified image of the bacteria. EAST-1 toxin binds to extracellular guanylate cyclase (GC) on enterocytes and stimulates overproduction of intracellular cyclicGMP (cGMP) ultimately impairing Na/Cl transport. This causes water to be secreted from the enterocyte and contributes to the watery diarrhea seen in infected individuals. ShET1 is also proposed to affect intracellular cGMP levels however much of the biochemistry surrounding this enterotoxin remains unknown. Pet enters the cell via clathrin-mediated endocytosis and is translocated into the cytosol after being transferred from the Golgi complex to the endoplasmic reticulum through retrograde trafficking. In the cytosol, Pet cleaves the actin-binding protein α-Fodrin inducing cytotoxic disruption of the cytoskeleton. Systemic administration of PPAR $\gamma$  antagonist GW9662 to malnourished EAEC infected hosts enhances an upregulation of inflammatory gene expression and potentiates a beneficial early T helper 17 (Th17) response that successfully facilitates neutrophil recruitment and antimicrobial production that clears the infection and ameliorates disease. A healthy enterocyte is depicted on the far right cohabiting peacefully with the beneficial microflora.

via cAMP and cGMP however much of the biochemistry and mechanism of action surrounding this toxin remain elusive.<sup>61</sup>

Most EAEC strains harbor genes encoding class I and class II serine protease autotransporter toxins (SPATEs). Class I SPATEs are cytotoxic to epithelial cells and include Pet, Sat, EspP and SigA while the non-cytotoxic class II category includes pic and *sepA*.<sup>62,63</sup> Sat, originally discovered in uropathogenic and diffusely adhering *E. coli*, has been described as the most commonly detected SPATE among EAEC strains. Sat, like its homolog Pet, is believed to cleave the intracellular protein spectrin and cause

cytoskeletal damage to tight junctions between intestinal epithelial cells.<sup>64</sup> Likewise, SigA, a SPATE largely associated with *Shigella flexneri* pathogenesis, is capable of inducing fodrin degradation causing catastrophic morphological changes in cells.<sup>65</sup> Interestingly, although only moderately prevalent in EAEC strains, SepA is the SPATE most strongly associated with severe diarrheal illness<sup>63</sup> though its role in EAEC pathogenesis remains largely uncharacterized.

**Shiga toxin producing EAEC strains.** *E. coli* O104:H4, reported as a causative agent of diarrhea since 2001 and the

disease causing strain in the 2011 German outbreak, is an EAEC strain that has adopted the ability to produce Shiga-toxin (Stx2),<sup>66</sup> a chromosomally encoded cytotoxic verotoxin that targets globotriaosylceramide (Gb3) receptors located on host intestinal and kidney cells. Death from infection with Stx2-producing EAEC strains is strongly linked to the development of hemolytic uremic syndrome (HUS), a life-threatening disease induced by Stx2 shortly after the onset of diarrhea. Stx2 undergoes retrograde transport to induce endothelial cell apoptosis causing significant gastrointestinal damage. Additionally, Stx2 is able to enter systemic circulation and induce glomerular occlusion as blood is filtered through the capillary arrangement in the kidney. The resulting hemolytic anemia and acute renal failure are complications that most commonly affect children and contribute to increased mortality rates.<sup>67,68</sup> The 2011 EAEC O104:H4 outbreak an unusually high proportion of adult patients (especially women) and significantly increased incidence of HUS (25% of patients).<sup>66</sup> Interestingly, death occurred in patients who had not developed HUS; these cases most commonly occurred in elderly females.<sup>69</sup>

Whole genome-phylogenesis confirmed strain O104:H4 as an EAEC strain. Acquisition of a Stx2 bacteriophage is the leading factor for hypervirulence. This phenomenon could have occurred in mammalian intestines or an environment where both human and ruminant feces were present.<sup>70</sup> Alignment of an EAEC O104:H4 isolate TY2482 against the prototype EAEC strain 55989 chromosome ultimately revealed the presence of the large conjugative plasmid pAA which resembled the AAF gene-coding cluster from strain 55989. Interestingly, pAA TY2482 encoded for AAF/I rather than the more common AAF/III. The isolate lacked the locus of enterocyte effacement (LEE; responsible for bacterial adherence), intimin adherence factor and a type III secretion system normally identified in enterohemorrhagic *E. coli* (EHEC) strains.<sup>66</sup> Since EAEC virulence factors are encoded on plasmids, bacteriophages and genetic pathogenicity islands, the traits are easily transferred to new emerging strains.<sup>71</sup>

Survivability and Shiga toxin production alone are not likely the sole causes of HUS in EAEC infected patients. EAEC O104:H4 adherence to the intestinal mucosa is mediated by AAF/I and potentially more aggressive than EHEC LEE mediated adherence. Additionally, EAEC infections induce proinflammatory responses and epithelial barrier disruption possibly enhancing systemic dissemination of shiga-toxin and HUS induction providing an explanation for the strain's hypervirulent activity. In addition to Stx2 gaining systemic accessibility, severe epithelial damage induced by the toxin could have allowed bacterial components to enter peripheral blood exaggerating inflammation systemically leading to death by sepsis in non-HUS patients. Most importantly, the genome sequence of TY2492 illuminates the ability for Shiga toxin-producing *E. coli* to produce various adhesion mechanisms portraying the ability for pathotypes to overlap and evolve into more virulent strains. Rapid responses in sequencing efforts during the EAEC O104:H4 outbreak suggest that genomic epidemiology will become a standard molecular strategy to elucidate infectious disease outbreaks.<sup>72</sup>

**Host response to colonization and virulence factors of EAEC.** Measured immune responses in infected subjects represent the result of a delicate balance between host-microbial interactions. Additionally, responses are specific and dependent on variables found among hosts and EAEC strains. For instance, genetic variability seen in both host and EAEC strains can significantly impact the susceptibility and outcome of EAEC infection. The capacity for specific EAEC strains to produce Stx2 and cause HUS-induced mortality demonstrates enhanced virulence. In other instances, host age dictates disease severity portrayed when children are more susceptible to persistent EAEC infection compared with healthy travelers. Regardless, studies have proven that bacterial-epithelial contact is a key determinant of host response to EAEC.<sup>73</sup> The EAEC bacterial surface protein flagellin (FliC) has been shown to mediate NF $\kappa$ B and p38 MAP kinase activation in epithelial cells by cellular signaling through Toll-like receptor 5 resulting in interleukin 8 (IL-8) production (Fig. 1, third enterocyte).<sup>74,75</sup> FliC is the major inducer of IL-8 release however other AggR regulated factors contribute and AAF adhesion is required for full IL-8 induction.<sup>76</sup> IL-8 is a cytokine associated with infection with EAEC and other enteric pathogens. IL-8 production is involved in recruitment of neutrophils and the transmigration of these cells into the intestinal mucosa disrupts epithelial tight junctions ultimately inducing colitis: a mechanism of action common among diarrhea-inducing pathogens. Some research suggests that the induction of IL-8 and subsequent disruption of the epithelial barrier is beneficial for EAEC pathogenicity enhancing toxic effects on the host though in vivo models are yet to validate this theory. Elevated levels of fecal IL-1 $\beta$ , another cytokine that can induce neutrophil migration,<sup>77</sup> have also been reported in adults diagnosed with EAEC induced traveler's diarrhea.<sup>78</sup> Lactoferrin, an iron-binding antimicrobial glycoprotein,<sup>79</sup> has been a target in other studies that demonstrate significantly increased levels of this protein alongside fecal leucocytes in EAEC infected patients.<sup>80</sup> Not surprisingly, CCL20, a dendritic cell recruiter, is also known to be upregulated after persistent EAEC stimulus.<sup>73</sup>

Recently, our group published in vivo data reporting for the first time the importance of T helper (Th)17 cells in host responses to EAEC and EAEC clearance.<sup>81</sup> By pharmacologically and genetically disrupting the activity of the transcription factor peroxisome proliferator-activated receptor (PPAR)  $\gamma$  in malnourished mice, we modulated mucosal inflammation that resulted in enhanced Th17 phenotypes and disease amelioration (Fig. 1, first and fifth enterocytes, underlying mucosa). PPAR  $\gamma$  regulates anti-inflammatory responses through its ability to inhibit signaling pathways such as NF $\kappa$ B, AP-1 and STAT in epithelial cells, macrophages and T and B lymphocytes.<sup>82,83</sup> Mice infected with EAEC strain JM221 that were treated with a potent PPAR  $\gamma$  antagonist, GW9662, or those that lacked functional PPAR  $\gamma$  in T-cells (PPAR  $\gamma$  fl/fl CD4-cre<sup>+</sup> mice) cleared EAEC significantly faster than untreated wild type mice. Colonic gene expression for inflammatory cytokines and chemokines, including TNF $\alpha$ , IL-6, MCP-1, CCL20, CXCL1 and IL-1 $\beta$  was significantly upregulated early during infection in PPAR  $\gamma$  deficient mice when compared with wild-type counterparts. During the

chronic phase of infection, PPAR  $\gamma$  deficiency significantly enhanced IL-6, TGF- $\beta$  and IL-17A expression in the colon suggesting the presence and importance of CD4<sup>+</sup>Th17 cells during EAEC infection. Flow cytometry validated higher percentages of Th17 cells in colonic lamina propria of PPAR  $\gamma$  deficient mice. Histopathological analysis of colons also provided consistent evidence that PPAR  $\gamma$  blockade enhanced the inflammatory response without causing collateral tissue damage at the gut mucosa. Th17 responses are known to enhance antimicrobial inflammatory responses by increasing the expression of antimicrobial peptides and effectively recruiting and activating neutrophils that contribute to destroying invading extracellular pathogens.<sup>84,85</sup> Notably, EAEC clearance was directly correlated with the upregulation of colonic calprotectin in GW9662 treated mice. The beneficial role of Th17 cells to enhance effector mucosal responses during EAEC infections is a pivotal finding and future studies should focus on how EAEC induces these responses.

EAEC appears to strategically orchestrate an inflammatory response in the host's intestinal mucosa regardless of the presence or absence of diarrhea.<sup>7,86</sup> Infiltration of innate immune cells, disruption of the epithelial barrier and increased mucus production best explain the most commonly reported symptoms including watery diarrhea, with or without blood and mucus, abdominal pain, nausea and fever.<sup>10,58</sup> However, this inflammatory response is sometimes not sufficient to facilitate pathogen clearance, thereby resulting in extended host tissue damage. New data suggests that EAEC may also induce a Th17 response and that enhancing this response in a malnourished host early during the infection process is beneficial to overcome disease. Of note, EAEC can persist subclinically facilitating a chronic inflammatory state that can impair nutrient absorption and developmental processes at the intestinal wall.<sup>87</sup> Over the past few decades, a few key animal models have been developed in order to help gain a better understanding of how EAEC modulates mucosal immune responses.

### Current Animal Models Used in Examining EAEC Infection

The first reported animal model used to study EAEC infection was published in 1988.<sup>88</sup> Specifically, a team of scientists commenced the preliminary infectious trials using ligated intestinal loops in NZB rabbits and Fischer 344 rats. EAEC infection resulted in intestinal lesions, limb paralysis and even death in some animals. These studies provided ample evidence that EAEC exhibited sufficient distinct characteristics in comparison to other diarrheagenic *E. coli* (DEC) strains to become its own discrete category. These studies also proposed EAEC virulence was likely accompanied by toxins.<sup>88</sup> Currently there is a substantial deficiency in the development of reliable and reproducible animal models that effectively portray immunological responses toward EAEC at the gut mucosa. The developing animal models can be subdivided into two general categories. The first group includes models that use young animals while the second uses adults. Known animal models used to date will be described in more detail below.

**Animal models investigating infantile and childhood EAEC induced diarrhea.** A global analysis of child mortality in 2008 estimated that infectious diseases cause the majority (68%) of deaths in children younger than 5 y of age worldwide. Moreover, diarrhea is the second leading cause of death under the infectious disease category, thus generating a demand for impactful research in this area.<sup>89</sup>

**Gnotobiotic piglets.** One approach to study the pathogenicity of EAEC in neonates uses 24-h-old germ-free piglets. This model clearly demonstrates detrimental effects caused by EAEC at the colonic mucosa and most closely resembles pathology observed in humans. Infected animals suffer from severe diarrhea and sometimes mortality. Importantly, in this model EAEC adhere to the mucosal epithelium in the described "stacked-brick" pattern verified during in vitro studies and elicit edema and lesions in the intestinal lamina propria. The gnotobiotic piglet appears to be one of the best whole-animal models reported however confines to using the model are high.<sup>90</sup> Piglet models have low scalability and are extremely labor intensive in comparison to rodent models. Also, large animal biosafety level 2 (ABSL2) facilities are not as readily available as mouse ABSL2 facilities. Lastly there is a large deficiency in the production of swine carrying targeted gene mutations (conditional knockout animals) restricting studies to "wild type" animals. More than a decade has passed since advances in a swine model of EAEC infection have been reported. Despite boundaries, swine remain an ideal model for studying human diseases, especially those affecting the gastrointestinal tract. Pigs are monogastrics and leverage the gastrointestinal, nutritional, metabolic and immunologic similarities of humans.<sup>91-93</sup>

**Neonatal and weaned C57BL/6 mouse model with or without malnutrition.** Another neonatal model was developed more recently using six-day-old C57BL/6 mice to study EAEC induced infantile diarrhea. Mice are challenged orally with a bacterial inoculum of prototype EAEC strains 042 or JM221 and remain with their dam for regulated time periods until weaning. Additionally, to comparatively analyze vulnerability to EAEC in young children, a weaned mouse model was established in parallel with an emphasis on the effects of malnutrition. In these studies, weaned C57BL/6 mice are fed either regular (20% protein) or malnourished (2% protein) diet throughout the duration of infection. Both neonatal and weaned mice experience significant developmental stunting due to infection and malnutrition intensifies this effect, especially in mice infected with strain JM221. Mild histopathological changes in the colonic epithelium including localized inflammation and goblet cell hyperplasia are noticed as early as four days post infection. Due to protein malnutrition, the infectious burden can become chronic and bacterial shedding persists for over three weeks post infection. While these models have opened the door to potentially divulge novel characteristics of EAEC induced childhood infection, the model has limited translational value. Experimental limitations include the fact that symptoms are only mild in relation to reported human infections and mice do not develop overt diarrhea. Nonetheless, these experiments were successful in portraying heterogeneity between separate EAEC strains (042 and JM221) that remain novel and beneficial to the scientific community



though research advancements using this model remain remarkably underreported.<sup>94</sup>

**Antibiotic treatment of adult mice in combination with infection.** Adult mice over the age of six weeks are treated with 5 g streptomycin for up to 48 h prior to infection and for the duration of the experiment. Some experimental designs also include treatment with sodium bicarbonate just prior to infection in order to neutralize gastric acid. This model has been successful at recapitulating *in vitro* studies demonstrating the ability for Pic, a serine protease autotransporter secreted by EAEC, to enhance EAEC growth in mouse colons by its utilization of nutrients from mucin.<sup>49</sup> Another study using this model provides insight on EAEC promoter induction *in vivo* through luminescence imaging.<sup>95</sup> Though advancements in understanding a key role of Pic in EAEC pathogenesis have resulted from using this approach, mice in this model do not develop clinical signs or histopathological abnormalities according to authors using this protocol, therefore gaining no expansion in the ability to study mechanisms of inflammation at the gut mucosa.

**Immunodeficient mice and human intestinal xenograph implantation.** Most recently, the need for an effective *in vivo* model prompted a unique investigation using severe-combined immunodeficient (SCID) mice and xenographs from fetal intestinal tissue to generate a model with intact and functional human tissue during infection. Fetal tissue was implanted into the subscapular region of SCID mice and then infected by direct intraluminal inoculation. Findings using this approach demonstrated the ability for AAF to trigger polymorphonuclear cell (PMN) migration across mucosal surfaces of the intestinal epithelial barrier.<sup>46</sup> However, the availability of fetal tissue is rare and restricted, which will significantly constrict the broad acceptability and use of this model. Also, this approach does not allow scientists to address critical interaction between innate and adaptive immunity during EAEC infection leaving a significant portion of the pathogenesis story untold.

The development of animal models as a means of studying chronic and acute EAEC infections has provided insight into novel features related to EAEC pathogenesis, however all established animal models are underused and limited in their ability to fully characterize immunological responses to EAEC at the intestinal mucosa. This is likely due to many factors and scientists studying this particular infectious disease have proposed two probable causes. First, disease severity is mild at most during *in vivo* trials likely resulting from dampened immune responses compared with human studies. Second, it is likely that EAEC pathogenesis has primarily adapted to human intestinal tissue enhancing variability in clinical manifestation that does not imitate natural disease.<sup>4,46</sup> Collectively, there is still a desperate need for a reproducible and comprehensive animal model that results in significant disease activity, weight loss and intestinal pathology.

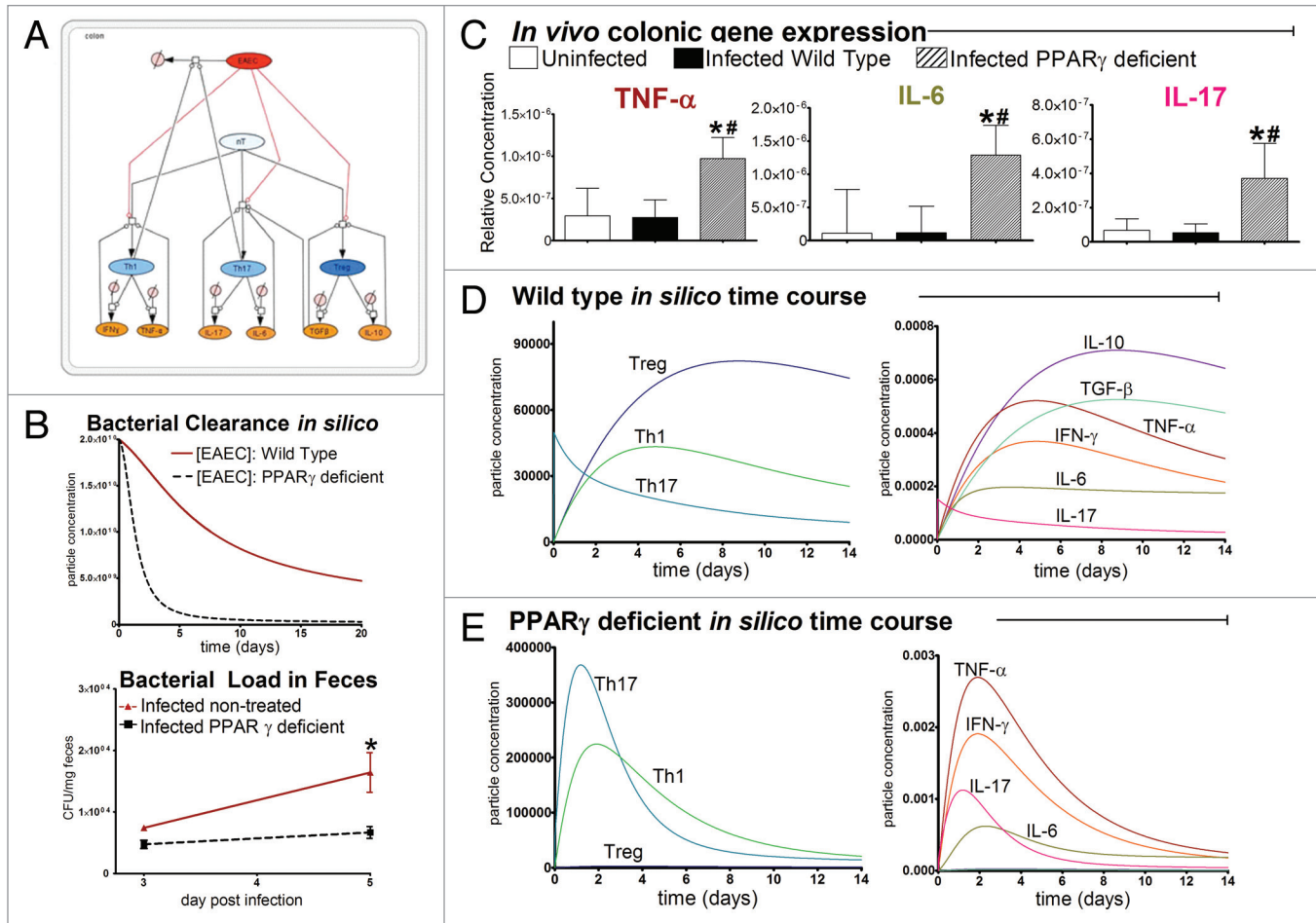
### Future Perspective in EAEC Animal Models

Systems biology is an emerging field that transcends biology, engineering and computer science and aims to elucidate mechanistic functions in complex systems through the integration of

computational work and biological research using mathematical models.<sup>96,97</sup> These models range in size, purpose and specificity to include infectious mechanisms at the cellular level, tissue level and individual level, to population-scale disease spread.<sup>96,98,99</sup> The first step in creating a model consists of a comprehensive literature search and construction of a network portraying mechanisms of interest. A specific mathematical modeling approach is selected and applied to the network allowing calibration to begin. Model refinement continues in a cyclic process to incorporate experimental validation or add additional dynamics (Fig. S1).

Two common mathematical approaches used to implicitly model the kinetics of biological processes include stochastic and deterministic modeling systems.<sup>100,101</sup> Stochastic models hold an advantage in accounting for randomness in a system and they produce results based on probability mimicking individual variation more realistically. Agent based models (ABM) are an example of a powerful stochastic modeling technique for predicting and simulating biological events. In ABM, each entity, or agent, in the system assesses its status and makes a decision based on the current environment. This constant sensing generates randomness in the data thus providing the most realistic approach for modeling systems that are nonlinear and discrete. However, stochastic models are extremely mathematically complex requiring extensive time for development, fitting and calibration, requiring mathematical expertise. This is explained by the fact that, as the name implies, ABM simulate individual agents and thus simulating the behavior of large systems with many entities as one unit is extremely computationally intense and often require high-performance computing solutions.<sup>102</sup> In contrast, deterministic models require less data, are considered more user-friendly and multiple software programs currently exist to assist the user in construction.<sup>103,104</sup> Deterministic models can be built around the law of mass action, a fundamental law that governs rates of reactions in biochemistry. This is performed by assigning rates of creation and degradation for each species. Ordinary differential equations (ODEs) then combine the set of functions assigned to each species and, through numerical integration using given data, express the rate of change of each molecule; a species' concentration over time. Since deterministic models are equation-based systems, the evaluation and execution of a simulation will be consistent each time the task is performed unless the user manually changes the rates and parameters. This minimizes the complexity and time requirement for simulations when compared with the ABM systems. Deterministic models have been vastly useful for scientists inquiring mechanisms behind infection, especially using a series of ODEs.<sup>96,97,100</sup>

The Modeling Immunity to Enteric Pathogens (MIEP) program at Virginia Tech has developed a complex network representing host interactions with EAEC at the colonic mucosa and CD4<sup>+</sup> T cell differentiation using the graphical software package, CellDesigner. Interactive annotated EAEC and CD4<sup>+</sup> T cell differentiation models developed by MIEP are deposited and archived on the team website, [www.modelingimmunity.org/models](http://www.modelingimmunity.org/models), available to download. The EAEC model is comprised of four compartments including the colonic lumen, epithelium,



**Figure 2.** Modeling immune responses to EAEC. The EAEC T cell differentiation model network created in CellDesigner using systems biology markup language (A) was linked to COPASI software for the calibration. A calibrated wild type system was created using in house data from malnourished EAEC strain JM221 infected mice (C). Asterisks (\*) indicate statistical significance compared with uninfected mice and the number symbol (#) represents statistical difference compared with infected wild type mice ( $p < 0.05$ ).<sup>81</sup> Modulating the parameters regulating T cell differentiation into separate phenotypes simulated PPAR $\gamma$  deficiency: Th1 and Th17 cell differentiation was enhanced equally while Treg differentiation was decreased in an equal magnitude. Bacterial clearance predicted in silico mimicked EAEC quantification in feces from infected mice (B). In silico simulations of a time course infection over 14 d were performed using COPASI. The wild type system (D) portrays immunodeficiency while the PPAR $\gamma$  deficient system (E) predicted enhanced effector responses.

lamina propria and mesenteric lymph node (MLN). EAEC enters the system at the lumen and immediately contacts epithelial cells causing a cascade of reactions triggering cytokine secretion, neutrophil activation and macrophage differentiation in the lamina propria. Additionally, dendritic cells sample the EAEC present in the lumen and subsequently migrate to the MLN facilitating naïve T cell differentiation activating adaptive immunity. Phagocytic macrophages and neutrophils play primary roles in expediting EAEC death in the model. Th1 and Th17 CD4<sup>+</sup> cell populations are known to possess antimicrobial properties and provide defense against extracellular bacteria.<sup>98,99</sup> Thus after T cell migration into the LP, Th1 and Th17 cells also assist in bacterial clearance. Initial steps in EAEC model calibration involved isolating parameters regulating T cell differentiation and bacterial clearance to reconstruct a smaller network (Fig. 2A; Fig. S2). A calibration database was generated using in house gene expression, flow cytometry and bacterial shedding data

from malnourished mice infected with EAEC strain JM221 (Fig. S3); parameters were estimated in COPASI. The model successfully portrays chronic bacterial burden in malnourished EAEC infected mice (Fig. 2B) and significantly reduced T cell populations, lack of effector responses and low concentrations of proinflammatory cytokines signifying immunodeficiency (Fig. 2C and D). To assess the model's ability to predict immune responses to EAEC in PPAR $\gamma$  deficient mice, we reduced the ability for naïve T (nT) cells to differentiate into Treg and enhanced Th1 and Th17 differentiation. The model successfully predicts a dominant proinflammatory Th17 effector response correlated with successful bacterial clearance by day 5 post infection (Fig. 2B, C and E). The systems biology approach to predict the modulation of PPAR $\gamma$  on CD4<sup>+</sup> T cell responses using this approach has been extensively developed and provided novel unintuitive characterizations of unforeseen mechanistic pathways.<sup>105</sup> We are confident that this new approach will deliver favorable predictive



results with new revelations surrounding innate and adaptive host responses toward EAEC.

## Conclusion

EAEC has been recognized as a causative agent of persistent diarrheal illness worldwide for over two decades. A better understanding of the cellular responses, particularly the adaptive immunity, involved in host response toward EAEC is critical for the development of treatments to ameliorate disease. The ability to validate that effector Th17 responses are induced by EAEC would have great value on targeting cellular responses and specific molecular mechanisms during therapeutic treatments in chronically ill or immunocompromised patients. To date, no such studies are presented and this is likely attributed to the lack of a reliable animal model. Limitations of animal models have hindered advancements

in novel discoveries of pathophysiology and preclinical testing for therapeutics. Thus there is still a desperate need for highly reproducible animal models that provide an outlet to examine cellular responses at the intestinal mucosa during EAEC infection. Lastly, transdisciplinary immunoinformatics approaches that combine omics data and computational modeling to compile complex and heterogeneous data regarding host responses to EAEC hold great potential in unveiling dynamic commonalities in mechanisms of infection that have otherwise been undetected.

## Disclosure of Potential Conflicts of Interest

No potential conflict of interest was disclosed.

## Supplemental Materials

Supplemental materials may be found here:

[www.landesbioscience.com/journals/gutmicrobes/article/24826](http://www.landesbioscience.com/journals/gutmicrobes/article/24826)

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