

SHORT REPORT

Comprehensive sequence analysis of the *NR5A1* gene encoding steroidogenic factor 1 in a large group of infertile males

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The steroidogenic factor 1 (SF1) protein, encoded by the *NR5A1* gene, plays a central role in gonadal development and steroidogenesis. Mutations in *NR5A1* were first described in patients with primary adrenal insufficiency and 46,XY disorders of sexual development and later also in men with hypospadias, bilateral anorchia and micropenis and women with primary ovarian insufficiency. Recently, heterozygous missense mutations were found in 4% of infertile men with unexplained reduced sperm counts living in France, but all mutation carriers were of non-Caucasian ancestry. Therefore, we performed a comprehensive *NR5A1* sequence analysis in 488 well-characterised predominantly Caucasian patients with azo- or severe oligozoospermia. Two-hundred-thirty-seven men with normal semen parameters were sequenced as controls. In addition to several synonymous variants of unclear pathogenicity, three heterozygous missense mutations predicted to be damaging to SF1 protein function were identified. The andrological phenotype in infertile but otherwise healthy mutation carriers seems variable. In conclusion, mutations altering SF1 protein function and causing spermatogenic failure are also found in men of German origin, but the prevalence seems markedly lower than in other populations.

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INTRODUCTION

About 10–15% of couples have problems conceiving and in half of cases a male (co-)factor can be found upon clinical workup. Male infertility is mostly caused by spermatogenic failure, clinically noted as oligo- or azoospermia, and a substantial genetic contribution can be assumed from familial studies and from animal—mostly mouse knockout—models.^{1–3} Overall, a large percentage of human male infertility is estimated to be caused by mutations in genes involved in germ cell production and function.⁴ However, with the current routine workup of the infertile male comprising karyotype analysis and Y-chromosomal AZF deletion screening,⁵ a genetic cause can only be elucidated in about 5% of unselected and 20% of azoospermic patients.^{6–8}

Although many efforts have been undertaken to identify new causative genes for human male infertility, no candidate gene has been recognised to be administrable in patient care so far.^{9–11} In contrast, Bashamboo *et al.*¹² found mutations in the *NR5A1* gene (MIM 184757) encoding steroidogenic factor 1 (SF1) protein in a substantial fraction of 4% of infertile men ($N=315$) with unexplained reduced sperm counts and sperm concentrations below 1 million/ml. All of these were missense mutations leading to reduced protein function *in vitro*.¹²

The SF1 protein has a central role in gonadal development and steroidogenesis, and both male and female *Nr5a1* null mice exhibit adrenal agenesis, have female internal genitalia, and gonadal

agenesis.¹³ Mutations in *NR5A1* were first described in patients with primary adrenal insufficiency and 46,XY disorders of sexual development and recently also in women with primary ovarian insufficiency and boys with hypospadias, bilateral anorchia and/or micropenis broadening the phenotypic spectrum.¹⁴

As all mutations in otherwise healthy infertile men were found in subjects of non-Caucasian ancestry and the spermatogenic phenotype in carriers remains elusive, we performed comprehensive *NR5A1* mutation screening in a large group of well-characterised infertile men predominantly of German origin.

MATERIALS AND METHODS

Study population

Four-hundred-eighty-eight patients who attended the Department of Clinical Andrology, Centre of Reproductive Medicine and Andrology, University Clinic Münster, a tertiary-referral centre for infertility were retrospectively selected using the Androbase database.¹⁵ Only patients with severe oligozoospermia (sperm concentration <5 million/ml, $N=218$) or non-obstructive azoospermia ($N=270$) were included. Definite causes for male infertility (karyotype anomalies, Y-chromosomal AZF deletions, oncologic disease and/or chemo-/radiotherapy) were excluded. To explore an association of *NR5A1* mutations with disturbances of testicular descent, patients with a history of cryptorchidism were part of the study group ($N=110$ of the oligozoospermic and $N=76$ of the azoospermic men). As controls, 237 men without cryptorchidism and with normozoospermia (≥ 39 million total sperm, $\geq 32\%$ progressive motility and $\geq 4\%$ normal morphology) according to the

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current World Health Organisation reference ranges¹⁶ were selected. Men were predominantly of Caucasian ethnicity and German origin (90%) according to self report. Ejaculates were obtained by masturbation and all semen parameters were determined in accordance with WHO guidelines.¹⁶ Semen analyses were under constant internal and external quality control.

Ethics statement

All participants gave informed written consent for evaluation of their clinical data and genetic analysis of their donated DNA samples, according to protocols approved by the Ethics Committee of the Medical Faculty in Münster.

Mutation analysis

Genomic DNA was extracted from EDTA-preserved blood using the standard techniques. All DNA probes were whole-genome amplified by using the Illustra GenomiPhi V2 DNA Amplification Kit (GE Healthcare Life Sciences, Chalfont St Giles, UK), according to the manufacturer's description. PCR was carried out in a volume of 20 µl with ~200 ng DNA and specific primers for all exons of NR5A1 (exons 1–7; NM_004959.4) as described in Supplementary Table 1. Exon 4 was divided into two overlapping PCR formats. For sequencing, the PCR products were treated with ExoSAP-IT (USB Corporation, Cleveland, OH, USA). The sequencing reaction was carried out using the BigDye Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems, Carlsbad, CA, USA) and analysed on a 3730 DNA Analyser (Applied Biosystems). Mutations were confirmed by sequencing the corresponding exon again in both directions with the original DNA sample of the patient. PolyPhen2 (<http://genetics.bwh.harvard.edu/pph2/>) and two splice site prediction programmes (GeneSplicer, http://www.cbcb.umd.edu/software/GeneSplicer/gene_spl.shtml and Human Splicing Finder, <http://www.umd.be/HSE/>) were used for *in silico* analyses.

RESULTS

In total, ten different NR5A1 mutations were identified in 26 of the 488 patients and in seven of the 237 controls (Table 1). Five of these mutations were novel and the others were previously described and present in dbSNP (<http://www.ncbi.nlm.nih.gov/projects/SNP/>) with very low minor allele frequencies except one common polymorphism.

Table 1 Identified NR5A1 mutations (missense in bold)

Mutation	Amino-acid change		dbSNP (MAF) ^b	Number of patients/ controls
	Domain ^a			
c.225 G>C	p.Thr75Thr	DBD	rs138805488 (0.017)	-/1
c.375 G>A	p.Pro125Pro	Hinge-region	rs1110062 (0.076)	2/1
c.437 G>C	p.Gly146Ala	Hinge-region	rs1110061 (0.272)	16/5
c.493 G>C	p.Gly165Arg	Hinge-region		1/-
c.630 G>A	p.Pro210Pro	Hinge-region		2/-
c.720 G>A	p.Val240Val	Hinge-region		1/-
c.769 G>A	p.Asp257Asn	LBD	rs141502483 (<0.001)	1/-
c.968 T>C	p.Ile323Thr	LBD		1/-
c.1266 C>T	p.Cys422Cys	LBD	rs140408680 (<0.001)	1/-
c.1320 G>A	p.Lys440Lys	LBD		1/-

^aDBD: DNA-binding-domain, LBD: Ligand-binding-domain.
^bMAF: minor allele frequency.

The previously described missense mutation c.437G>C (p.Gly146Ala, rs1110061) was present in 16 patients (14 hetero-, 2 homozygous) and 5 controls (four hetero-, one homozygous). Neither allele frequencies (χ^2 -test $P=0.41$) nor genotype distribution ($P=0.62$) differed significantly between patients and controls. Moreover, this polymorphism was exclusively found in patients without a history of cryptorchidism (Table 2).

Synonymous mutations were analysed for possible effects on splicing, but the *in silico* predictions did not hint to strong effects for any one of the variants. These mutations were, however, more prevalent in patients than controls (1.0 vs 0.4%).

The remaining three private missense mutations were found in one infertile man each. All of these lead to substitutions of highly conserved amino acids and are predicted to be damaging to SF1 protein function (Figure 1). Clinical details of the carriers are described in Table 3 and the testicular histology of two of the patients is presented in Figure 2. No testicular biopsy was available for the patient carrying the mutation p.Ile323Thr.

The overall prevalence of NR5A1 mutations not found in controls was 1.6% (8/488) in our patient group and comparable between men with severe oligozoospermia (4/218, 1.8%) and azoospermia (4/270, 1.5%, Table 2). Missense mutations (excluding c.437G>C) were exclusively found in patients with a frequency of 0.6% (3/488). The highest sperm concentration found in a mutation carrier was 0.3 million/ml and if only patients with sperm concentrations below 1 million/ml were taken into account (66 patients had sperm concentrations between 1 and 5 million/ml), probably pathogenic NR5A1 mutations were found in 0.7% (3/422). None of these percentages changed significantly when only Caucasian patients were analysed.

DISCUSSION

Missense mutations in NR5A1 have recently been described as a novel cause for male infertility.¹² In our comprehensive mutation screen of 488 well-characterised patients, we identified only three missense mutations likely causative for the phenotypes of azoo-, crypto- and severe oligozoospermia according to the *in silico* analyses. Compared with the mutations found in the study by Bashamboo *et al.*,¹² which

Table 2 Mutation frequencies in different subject groups

Phenotype	Subjects	Subjects with non-synonymous mutations ^a	Subjects with c.437G>C (p.Gly146Ala)		Subjects with synonymous mutations ^b
			GC	CC	
Azoospermia	270	1 (0.4%)	8 (3.0%)	2 (0.7%)	3 (1.1%)
Subgroup with cryptorchidism	76	—	—	—	2 (2.6%)
Severe oligozoospermia	218	2 (0.9%)	6 (2.8%)	—	2 (0.9%)
Subgroup with cryptorchidism	110	1 (0.9%)	—	—	—
All patients (azoo-/oligozoospermic)	488	3 (0.6%)	14 (2.9%)	2 (0.4%)	5 (1.0%)
Subgroup with cryptorchidism	186	1 (0.5%)	—	—	—
Normozoospermia	237	—	4 (1.7%)	1 (0.4%)	1 (0.4%)

^aExcluding the common mutation c.437G>C.

^bThe mutation c.375G>A found in two patients and one control was excluded.

	Gly165Arg 160 170	Asp257Asn 250 260	Ile323Thr 320 330	accession number
	R	N	T	
Human	GPPAGPLGDF G APALPMAVPG...CLQEPTKS R DQPAAFLLCR...RQVQHKGEGS I LLVTGQEV E L			NM_004959.4
Chimpanzee	GPPAGPLGDF G APALPMAVPG...CLQEPTKS R DQPAAFLLCR...RQVQHKGEGS I LLVTGQEV E L			ENSPTRT00000039501
Orangutan	GPPAGPLGDF G APALPMAVPG...CLQEPTKS R DQPAAFLLCR...RQVQHKGEGS I LLVTGQEV E L			ENSPPYT00000022867
Rat	GPPSGPLGDF G APSLPMAVPG...CLQEPAKS R DQPAPFLLCR...RQVQYKEDS I LLVTGQEV E L			ENSRNOT00000017651
Mouse	GPPSGPLGDF G APSLPMAVPG...CLQEPAKS R DQPAPFLLCR...RQVQYKEDS I LLVTGQEV E L			ENSMUST00000112883
Chicken	NPAALTPADY G TPSLAMTVPG...CLQEQQKGRH E KLSTFGLMCK...RQLQHKGEGS V LLVTGQEV D L			ENSGALT00000001616
Frog	NPAPMTPVEY G PPPLGMTMPN...CLQEQQKGRH E KLNMFLMCK...RQMHSKENS I LLVTGQEV E IV			ENSXETT00000025024
Zebrafish	TQHHGYPPDF N YNPASVTPPG...SLREQARGKH D RLNTFSIMCK...RQVAYGRDGS I CLITGQQIEA			ENSDART00000057123
PolyPhen2	probably damaging (0.97)	possibly damaging (0.77)	probably damaging (0.96)	

Figure 1 Alignment of amino-acid sequences of *NR5A1* for the three missense mutations showing high conservation.

Table 3 Description of heterozygous non-synonymous mutations and carrier phenotype^a

Mutation	Case	Hormones ^b	Semen analysis, histology
c.493G>C p.Gly165Arg Hinge-region	1 34 years, Pakistan, no cryptorchidism	FSH: 6.4 U/l; LH: 6.8 U/l; Testosterone: 19.8 nmol/l	Azoospermia, complete bilateral meiotic arrest
c.769G>A P.Asp257Asn ligand-binding domain	2 36 years, Germany, bilateral cryptorchidism, orchidopexy as child	FSH: 62.0 U/l; LH: 15.8 U/l; Testosterone: 15.1 nmol/l	Cryptozoospermia (few spermatozoa after centrifugation), mixed atrophy with predominantly Sertoli-cell-only tubules
c.968T>C p.Ile323Thr ligand-binding domain	3 31 years, Germany, no cryptorchidism	FSH: 24.5 U/l; LH: 10.0 U/l; Testosterone: 15.0 nmol/l	Severe oligozoospermia, sperm concentration repeatedly below 0.3 million/ml, histology not available

Abbreviations: FSH, follicle stimulating hormone; LH, leutinizing hormone.

^aPatient descriptions include age at consultation, ancestry as self reported, history of cryptorchidism, results of hormone/semen analysis and testicular histology if available (see also Figure 2).

^bNormal ranges for hormones were 1–7 U/l for FSH, 2–10 U/l for LH and > 12 nmol/l for Testosterone.

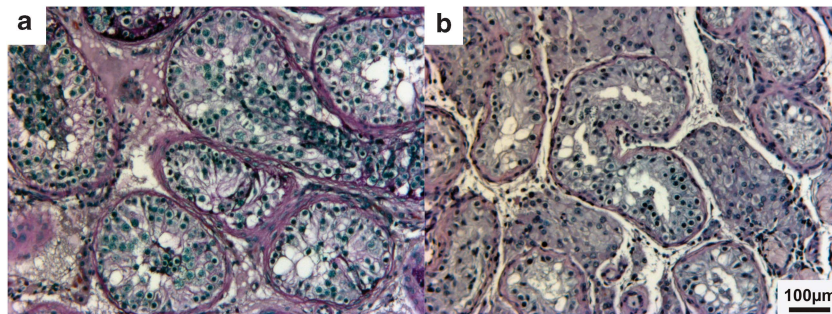


Figure 2 Representative testicular histology of patients with *NR5A1* missense mutations. (a) Case 1 carrying p.Gly165Arg showing meiotic arrest with spermatocytes as the most advanced germ cells and (b) case 2 carrying P.Asp257Asn exhibiting mixed atrophy with predominantly Sertoli-cell-only tubules.

were all located in the hinge region (amino acids 95–225) or the N-terminal portion of the ligand-binding domain, one of the mutation described herein was found in the hinge region (P.Gly165Arg, case 1) and two mutations (P.Asp257Asn, cases 2, and P.Ile323Thr, case 3) in the ligand-binding domain of SF1 protein. Concerning the mutation p.Gly165Arg, the possibility cannot be ruled out that a mutation in another gene either caused or contributed to the phenotype of complete meiotic arrest in the carrier. Although synonymous mutations were found more often in patients than controls, their pathogenicity currently remains unclear and these might well be rare benign variants.

Overall, the mutation frequency in Caucasian men was around or below 1% depending on subgroups analysed, which was markedly

lower than the 4% reported by Bashamboo *et al.*¹² In the French study, men of mixed ancestry were analysed and because all seven mutation carriers were of non-Caucasian extraction (three Congolese, one Tunisian, Sri Lankan, French–Vietnamese and Egyptian each), the different populations under investigation likely explain the differences in carrier frequencies. Indeed we, too, found one mutation in one of the few men of non-Caucasian ancestry, namely of Pakistani origin.

As only three probably causative *NR5A1* mutations were identified, no genotype–phenotype correlation could be derived, but mutations were limited to infertile patients with azoo- or severe oligozoospermia. Two of these patients had not only highly elevated FSH serum levels but also borderline or increased LH levels in the presence of

normal serum Testosterone hinting to a compensated Leydig cell insufficiency. Bashamboo *et al.*¹² described a double NR5A1 mutation (c.368G>C, P.Gly123Ala and c.386C>T, P.Pro129Leu) in one man with sperm concentrations of 12 and 6 million/ml measured 2 years apart. Since sperm counts are well known to vary extensively also intra-individually and differences up to 50% are the norm rather than the exception,¹⁷ the assumption that sperm counts were declining in this man should be regarded with caution. All other mutation carriers in the French study had sperm concentration below 0.8 million/ml. However, sperm concentrations above 1 million/ml seem compatible with this specific NR5A1 mutation and setting a screening threshold for patients seems difficult at present. However, with a threshold of 1 million/ml, all mutations reported herein and 6 out of 7 from Bashamboo *et al.*¹² would have been found in infertile patients.

One relatively small study found the polymorphism c.437G>C (P.Gly146Ala) significantly more frequently in 72 Japanese boys with cryptorchidism (29.2% C-allele frequency) compared with controls (18.8%, $P=0.015$).¹⁸ While carriers of p.Gly146Ala had varying spermatogenic phenotypes in our study, the polymorphism was exclusively found in patients without a history of cryptorchidism. We could, therefore, not confirm an association of NR5A1 P.Gly146Ala with cryptorchidism in our larger study group.

By analysing NR5A1 in a large group of almost 500 infertile males, we provide further evidence that mutations altering SF1 protein function may cause spermatogenic failure, broadening the phenotypic spectrum of NR5A1 mutations. In addition to the original study by Bashamboo *et al.*¹², we show that this association is present also in German/Caucasian men, albeit at lower frequency. No andrological phenotype distinguishes mutation carriers in infertile but otherwise healthy men. Therefore, only screening of all men with low sperm concentrations seems currently possible to gather more data on the frequency and effects of NR5A1 mutations in infertile males. At present, it is also not possible to predict the phenotypes caused by NR5A1 mutations in offspring, for example, conceived by intracytoplasmic sperm injection, but this will be the clinically most relevant task for the future.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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