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## The *HTR3A* polymorphism c. -42C>T is Associated with Amygdala Responsiveness in Patients with Irritable Bowel Syndrome

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### Abstract

**Background & Aims**—5-HT<sub>3</sub> receptor (5-HT<sub>3</sub>R) antagonists are effective in treating patients with irritable bowel syndrome (IBS) and have anxiolytic effects. Their therapeutic effects are related, in part, to reducing amygdala engagement during expected visceral pain. A single nucleotide polymorphism (SNP) in *HTR3A*, c.-42C>T;(C178T; rs1062613), is associated with altered reactivity of the amygdala during emotional face processing in healthy subjects (controls). We evaluated the influence of this SNP on amygdala reactivity to emotional faces and non-emotional stimuli in female patients with IBS and controls.

**Methods**—We measured brain responses during an affect-matching paradigm in 54 women (26 with IBS, 29 controls) using functional magnetic resonance imaging. We examined associations

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between *HTR3A* c.-42C>T genotype (C/C vs. T carrier) and responses in amygdala and other regions of brain that expressed high levels of 5-HT<sub>3R</sub>.

**Results**—The C/C genotype was associated with greater anxiety symptoms in patients with IBS and controls and increased activation of the amygdala under emotional and non-emotional conditions. Among patients with IBS, the C/C genotype was associated with greater symptom ratings; a subset of IBS patients with the C/C genotype had increased amygdala responses to non-emotional stimuli, compared to other subjects with C/C genotype.

**Conclusions**—Regardless of diagnosis, the C/C genotype of the c.-42C>T polymorphism in *HTR3A*, compared to T carrier status, is associated with increased anxiety and amygdala responsiveness during emotional and non-emotional tasks. This polymorphism was associated with severity of IBS symptoms. Although this genotype is not sufficient for diagnosis of IBS, it is associated with severity of symptoms.

### Keywords

serotonin; genetics; emotion; fMRI; digestive disorders

## INTRODUCTION

Preclinical and clinical evidence supports an important role of the serotonin (5-HT) signaling system in the modulation of the brain gut axis, and alterations in this signaling system may play a role in functional gastrointestinal disorders such as IBS<sup>1</sup>, psychiatric disorders (anxiety, depression, eating disorders<sup>2</sup>) and pregnancy-related nausea<sup>3</sup>. 5-HT<sub>3R</sub> antagonists are one of the most effective treatments for patients with diarrhea predominant IBS (IBS-D)<sup>4-6</sup> and have also shown effectiveness in comorbid chronic pain disorders, including functional dyspepsia and fibromyalgia<sup>7</sup>. Several clinical studies reported beneficial effects of 5-HT<sub>3R</sub> antagonists in the treatment of anxiety<sup>8</sup>, which is highly comorbid with IBS, eating disorders and fibromyalgia<sup>9</sup>. Animal studies support the concept that 5-HT<sub>3R</sub> antagonists have anxiolytic effects by attenuating the response of emotional arousal circuits in the brain<sup>10-12</sup>. Even though the precise mechanism(s) underlying the effectiveness of the most widely tested 5-HT<sub>3R</sub> antagonists (Alosetron, Cilansetron) in treating IBS-D symptoms remain incompletely understood, evidence supports both peripheral and central mechanisms of action<sup>4</sup>. For example, symptom improvement during Alosetron treatment was associated with a reduction in amygdala activity during anticipation of abdominal pain<sup>13</sup>, consistent with a possible role of increased activity of amygdala-related emotional arousal circuits in the pathophysiology of IBS<sup>14</sup>.

5-HT<sub>3Rs</sub> are widely distributed in the central (CNS) and peripheral nervous system, including the enteric nervous system<sup>15, 16</sup>. Within the CNS, 5-HT<sub>3Rs</sub> are found in amygdala, hippocampus, cingulate cortex, striatum, entorhinal frontal cortex as well as brainstem and the superficial layers of the spinal cord<sup>17-19</sup>. 5-HT<sub>3Rs</sub> are unique, representing the only ligand gated cation channel amongst 5-HT receptors, which are primarily expressed presynaptically<sup>20, 21</sup>. The presynaptic expression of 5-HT<sub>3Rs</sub> on nerve endings is consistent with their physiological role in the release of neurotransmitters such as dopamine, cholecystokinin, glutamate, acetylcholine and GABA<sup>22</sup>. Consequently, both excitatory and inhibitory effects of 5-HT<sub>3R</sub> activation have been reported, which may be mediated by activation of excitatory and inhibitory interneurons respectively<sup>23</sup>. For example, 5-HT<sub>3R</sub> activation on GABAergic interneurons innervating the amygdala, exert an inhibitory influence on amygdala activity, while those on excitatory glutamergic interneurons have the opposite effect<sup>23</sup> (see Figure 1).

There is considerable molecular diversity within the 5-HT<sub>3</sub>R family resulting from variable composition of 5 different subunits (5-HT<sub>3A-E</sub>), with differential expression of subunits in different regions of the nervous system<sup>23</sup>. Several polymorphisms of the 5-HT<sub>3A</sub>R, 5-HT<sub>3B</sub>R, 5-HT<sub>3C</sub>R and 5-HT<sub>3E</sub>R encoding genes (*HTR3A*, *B*, *C* and *E*) have been reported to be associated with gastrointestinal disorders (including IBS)<sup>24</sup>, pregnancy-related nausea<sup>3</sup>, and several psychiatric conditions (including anxiety, depression and eating disorders)<sup>2, 25, 26</sup>. For example, the novel *HTR3E* 3'-UTR variant c.\*76G>A has been shown to be associated with a diagnosis of IBS-D in female patients in two independent samples, suggesting a possible role of this variant in intestinal fluid handling<sup>24</sup>.

The relatively common variant c.-42C>T (minor allele frequency 0.15–0.23) within the 5' untranslated region of the *HTR3A* gene is associated with increased 5-HT<sub>3A</sub> subunit expression *in vitro*<sup>24, 26</sup>. The less common T allele, versus the C allele is associated with reduced amygdala and prefrontal cortical activation during a face recognition task and may be associated with the personality trait of lower harm avoidance in women<sup>27, 28</sup>. These findings are consistent with T allele-related increased expression of 5-HT<sub>3</sub>Rs on inhibitory GABAergic interneurons, resulting in greater inhibition of the amygdala.

We aimed to examine, in female IBS patients and HCs, the impact of *HTR3A* c.-42C>T on responses in 5-HT<sub>3</sub>R-rich brain regions during an affect matching paradigm known to reliably activate the amygdala<sup>29</sup>. Based on the evidence summarized above, and the concept of increased engagement of amygdala-related emotional arousal circuits in IBS pathophysiology<sup>14</sup>, our main hypothesis was that subjects carrying the C/C genotype of the *HTR3A* single nucleotide polymorphism c.-42C>T would show greater responses of the amygdala, and possibly greater IBS severity.

## METHODS

### Subjects

A sample of 26 female IBS patients and 29 female healthy controls (demographics are presented in Table 1) participated in fMRI studies of emotional reactivity and provided saliva samples for DNA analyses. Subjects were recruited through the UCLA Digestive Disease Clinic and from community advertisements. The diagnosis of IBS was confirmed using Rome II criteria during a clinical examination by a gastroenterologist or nurse practitioner experienced in functional GI disorders<sup>30</sup>. 19% of IBS patients rated their usual symptoms as moderate (cannot be ignored but does not affect your lifestyle), 62 % as severe (affects your lifestyle), and 19 % as very severe (markedly affects your lifestyle). Control subjects received medical exams to confirm absence of functional pain disorders. All subjects were free of current or past psychiatric illness, substance abuse disorder and major medical or neurological conditions. No subjects took medications for 30 days prior to scanning. The UCLA institutional review board approved all studies; informed consent was obtained from all subjects.

### Genotyping

DNA was extracted at the UCLA Biological Samples Processing Core (BSPC). Samples for DNA isolation were collected using the Oragene™ DNA Self-Collection Kit (DNA Genotek Inc., Ottawa, Canada). DNA obtained using this kit is comparable in quality and quantity to DNA extracted from blood<sup>31</sup>. SNP genotyping was performed with the KASPar® assay system (KBiosciences Ltd, Hoddesdon, UK) as recommended by the manufacturer. The used primers for *HTR3A* c.-42C>T were: rs1062613\_ALC: 5'-GAAGGTGACCAAGTTCATGCTGCCTCCGAGTGCTCAGGG-3'; rs1062613\_ALT: 5'-GAAGGTGGAGTCAACGGATTGTGCCTCCGAGTGCTCAGGA-3'; and

rs1062613\_C1: 5'-AGGTTGGCAGAGGGCAGGCAA-3'. An initial 15 min cycle at 94 °C was followed by 20 cycles consisting of 10 sec at 94 °C, 5 sec at 57 °C and 10 sec at 72 °C; 23 cycles consisting of 10 sec at 94 °C, 20 sec at 57 °C and 40 sec at 72 °C; and a cooldown at 10 °C. After the thermal cycling, results were analyzed using the fluorescence plate reader Taqman 7500 system (Applied Biosystems, Foster City, CA).

## Study Design

Prior to scanning, IBS patients rated: (1) overall severity of their gastrointestinal symptoms, (2) severity of abdominal pain and (3) severity of bloating on a numerical rating scale of 0 (no symptoms) to 20 (the most intense symptoms imaginable). All subjects completed the Hospital Anxiety and Depression scale, a measure of current anxiety symptoms validated for non-psychiatric samples<sup>32</sup>.

Subjects completed two runs of an emotional reactivity task (adapted from<sup>29</sup>) consisting of two conditions: Match Emotion (ME) and Match Forms (MF). During the ME condition, subjects viewed a target face<sup>33</sup> depicting an angry or fearful expression and were asked to select one of two other faces that expressed the same emotion. In the ME task, subjects tend to Match the Emotional faces based on perceptual characteristics, such as a furrowed brow<sup>29</sup>. The MF condition is a neutral control task in which subjects perform a similar perceptual decision (Match Forms), but no emotional stimuli are presented. During the MF condition, subjects viewed a circular shaped target (approximately the same size as a human face) and were asked to select one of two other shapes that best matched the target. Traditionally, the difference in activity during the emotional condition compared to neutral condition (ME-MF) has been considered a measure of emotional reactivity<sup>29</sup>.

Stimuli were presented in randomized sequences, counter-balanced across runs. Each condition was presented as a block of 6 images, with each image presented for 3 sec, for a total block length of 18 sec. In each run, 4 blocks of ME and 4 blocks of MFs were randomly presented. Subjects completed two runs, thus a total of 48 images were presented in the ME condition and 48 in the MF condition. An instruction cue was presented for 3 sec prior to each block and a rest period of 6 sec followed each block. Subjects were presented with additional facial stimuli as part of an emotional modulation task; however, the current study involves the results of the emotional reactivity task only.

## fMRI Procedures

fMRI was performed using a 3.0T MRI scanner (Siemens Trio; Siemens, Erlangen, Germany). A high resolution structural image was acquired from each subject with a magnetization-prepared rapid acquisition gradient-echo (MP-RAGE) sequence, repetition time (TR) = 2300 ms, echo time (TE) = 2.85 ms, 256 slices, 160\*240 matrix, 1<sup>3</sup> mm voxel size. Functional blood oxygen-level dependent (BOLD) images were acquired (TR = 3000 ms, TE = 28 ms, flip angle = 90°, 38 slices, slice thickness = 3 mm) while subjects completed two runs of the emotional reactivity task. Stimuli were presented via MRI-compatible goggles using Superlab 4.0 software (Cedrus Corp, San Pedro, CA). Subjects responded using an MRI-compatible button box by pressing one of two buttons with the right hand.

## Data Analysis

The first two volumes were discarded to allow for stabilization of the magnetic field. The remaining functional images were slice-time and motion corrected, spatially normalized to the MNI template, and spatially smoothed with a 8 mm<sup>3</sup> Gaussian kernel using SPM5 (Wellcome Department of Cognitive Neurology, London, UK). While the amygdala was the primary region of interest (ROI), additional ROIs were chosen a priori and consisted of brain

areas previously associated with 5-HT<sub>3</sub> receptor distribution<sup>17–19</sup>. ROIs for the amygdala, caudate, hippocampus, insula, anterior cingulate (ACC) and medial prefrontal cortex (mPFC) were created using the Wake Forest University PickAtlas toolbox in SPM5<sup>34–37</sup>. Functional data were analyzed using the general linear model within SPM5. For each individual subject, fixed effect analyses were performed comparing (1) ME versus an implicit baseline; (2) MF versus an implicit baseline; and (3) ME versus MF (ME-MF). Parameter estimates for ME-MF were considered a measure of emotional reactivity<sup>29</sup>. We included analyses of brain responses during ME and MF conditions (considered individually) to provide additional information on potential group differences in the specificity of brain responsiveness. Random effect analyses were performed to examine genotype and diagnosis effects with age of the subject entered as a covariate. Small volume correction (SVC) for ROIs was applied using SPM5 familywise error (FWE) algorithm and a volume-corrected probability value of <0.05 was considered significant. A priori power analyses conducted in G\*Power 3.1.2 ([www.psych.uni-duesseldorf.de/aap/projects/gpower/](http://www.psych.uni-duesseldorf.de/aap/projects/gpower/)) indicated that 10 subjects per group were required to provide adequate power (1-Beta=.80) to detect an effect size difference (d=1.20, z=2.4) in brain activity commonly seen in our research studies, using a one-sample t-test.

The association of genotype with diagnosis was analyzed by chi square and risk assessment tests; genetic impact on anxiety and symptom ratings was analyzed by analysis of variance (ANOVA) using PASW 17 (Chicago, IL).

## RESULTS

### Clinical characteristics

**HTR3A polymorphism**—Fifteen of 29 HCs and 16 of 26 IBS patients were homozygous for the C allele, nine HCs and seven patients carried the heterozygous C/T genotype, and five HCs and three patients carried the homozygous T/T genotype. The c.-42C>T SNP had been previously found to be associated with IBS-D in a UK sample applying a minor allele dominant model<sup>24</sup>. Thus, subjects carrying a T allele (C/T or T/T) were combined into a single group (“T carriers”) for analyses.

A *HTR3A* genotype (C/C, T carrier) × Diagnosis (HC, IBS) ANOVA revealed a significant interaction of diagnosis and T carrier status on anxiety symptoms, with IBS patients reporting higher anxiety ratings, and T carriers (IBS and HCs combined) reporting lower anxiety ratings (F(1,51)=4.20, p=.046; F(1,51)=4.37, p=.042, respectively). Among IBS patients, T carriers had significantly lower overall symptom severity and abdominal discomfort (bloating) ratings (t(24)=2.102, p=.046, t(24)=2.654, p=.014, respectively). However, T carriers with IBS did not differ in abdominal pain ratings (p>.05). Means and standard errors are displayed in Table 1. Chi-square tests and risk estimates indicated no significant association between T carrier status and IBS diagnosis (p’s>.05).

### Emotional reactivity (ME-MF) at the whole brain level

Activity during ME relative to MF (ME-MF; with age entered as a covariate) was first examined at the whole brain level to determine if regions differentially activated in response to emotional faces compared to neutral visual stimuli were similar to previous studies of emotional reactivity. Areas that were significantly activated (p<.05, FWE, extent ≥ 30 voxels) across all subjects included right amygdala, bilateral visual cortex (BA 17/18/19), bilateral fusiform gyrus (BA 37), bilateral thalamus, bilateral dorsolateral and ventrolateral PFC (BA 8/9/45/46/47), bilateral BA 7, and right BA 22/41 (Table 2). Areas that were significantly deactivated (p<.05, FWE, extent ≥ 30 voxels) during ME relative to MF included bilateral mPFC (BA 24/32), bilateral insula, bilateral posterior cingulate cortex

(BA 23/31), and left BA39 (Table 2). These results are consistent with previous studies using a similar emotional reactivity paradigm<sup>29, 38</sup>.

### **HTR3A effects on brain responses in specific regions**

An ROI analysis was conducted to examine diagnosis and *HTR3A* genotype effects on activity of the amygdala during a neutral visual control task (MF) and during an emotional task (ME) as well as effects on emotional reactivity (ME – MF). We hypothesized greater amygdala responses in C/C genotype subjects. In addition, we performed exploratory analyses of potential diagnosis and *HTR3A* genotype effects on activity of other 5-HT<sub>3</sub>R-rich brain regions.

**MF**—During MF, IBS subjects relative to HCs had significantly greater activity in the left amygdala while C/C genotype subjects (IBS and HCs combined) had greater activity in bilateral amygdala (Figure 2) relative to T carriers (Table 2;  $p < .05$ , SVC). No significant interactions in amygdala responses were found. Exploratory analyses demonstrated significantly greater activity in the left caudate and hippocampus in IBS subjects relative to HCs and greater activity in the right hippocampus in C/C genotype subjects (IBS and HCs combined) relative to T carriers (Table 2;  $p < .05$ , SVC); however, only the left hippocampus remained formally significant with Bonferroni correction for multiple comparisons.

**ME**—During ME, C/C genotype subjects (IBS and HCs combined) had greater activity in the right amygdala (Figure 2; Table 2;  $p < .05$ , SVC). No significant diagnosis effects or interactions in amygdala responses were found. Exploratory analyses demonstrated significantly greater activity in the left caudate and hippocampus of IBS subjects relative to HCs (Figure 2; Table 2;  $p < .05$ , SVC), however only the left hippocampus remained formally significant with Bonferroni correction for multiple comparisons.

**ME – MF**—Although group differences existed in amygdala responses during ME and MF considered individually (see above), no significant group differences or interactions in amygdala emotional reactivity were found. Exploratory analyses demonstrated that HCs relative to IBS patients had greater differential activity in the right insula during ME relative to MF condition (Table 2;  $p < .05$ , SVC). Also, T carriers relative to C/C genotype subjects (IBS and HCs combined) had greater differential activity in the left caudate and right hippocampus (Table 2;  $p < .05$ , SVC). However, none of these results remained formally significant with Bonferroni correction for multiple comparisons.

Parameter estimates for emotional reactivity (ME-MF) of the right amygdala were extracted for each subject using the Marsbar toolbox<sup>39</sup>. As shown in Figure 3, right amygdala reactivity estimates varied greatly among IBS patients with C/C genotype. Bartlett's test for homogeneity of variances demonstrated significant differences in variance ( $\chi^2(3) = 9.62$ ,  $p = .022$ ) such that IBS patients with C/C genotype had significantly more variance than IBS T carriers and HCs with C/C genotype ( $\chi^2(1) = 5.22$ ,  $p = .022$ ;  $\chi^2(1) = 6.58$ ,  $p = .01$ , respectively). The greater variance appeared to be due to a subgroup of IBS patients with C/C genotype with unusually low differential activity during ME relative to MF. Therefore, additional analyses were performed to determine if this subgroup had higher amygdala responses during MF and/or lower amygdala responses during ME compared to other subjects with C/C genotype.

**C/C genotype median split**—An ROI analysis using a median split was performed, comparing IBS patients with C/C genotype and below median reactivity (IBS L;  $n = 8$ ) with: (1) IBS patients with C/C genotype and above median reactivity (IBS H;  $n = 8$ ) and (2) HC with C/C genotype ( $n = 15$ ). Among subjects with C/C genotype, IBS subjects with low

differential activity had significantly greater activity in the right amygdala during MF compared to both IBS and HCs with above median reactivity (Table 2). No significant differences were found during ME. Also, no significant differences between IBS patients with C/C genotype and above median reactivity and HC with C/C genotype were found.

## DISCUSSION

We used a validated emotional reactivity paradigm to identify differences between IBS patients and HCs in emotional arousal-related brain responses. When contrasting the brain's response to the negative emotional faces with the response to neutral geometric forms (ME-MF), consistent activations in amygdala, thalamus, lateral prefrontal and parietal cortices, and deactivations in mPFC, insula and posterior cingulate cortex were seen. C/C genotype, regardless of diagnosis, was associated with significantly greater anxiety and greater amygdala responses to emotional facial as well as neutral visual stimuli when brain responses during each condition were examined individually (ME-baseline, and MF-baseline). In patients, the C/C genotype was associated with higher IBS symptom ratings, and a subset of IBS patients with C/C genotype had even greater amygdala responses during the neutral stimulus (e.g. subjects with usually low differential activity during ME relative to MF), compared to other subjects with C/C genotype (e.g. IBS/HC with a normal pattern of responses). Thus, even though the CC genotype conferred altered amygdala responsiveness and associated anxiety ratings across both IBS and HCs, there was also an interaction of this genotype with IBS diagnosis.

C/C genotype across groups showed greater amygdala responses to both emotional and non-emotional stimuli, when compared to T carriers. This indiscriminate pattern of response suggests a generalized hyper-responsiveness of the amygdala in C/C genotype subjects. Indiscriminate or generalized increased amygdala responsiveness to emotional facial stimuli following acute experimental stress has been recently reported<sup>40</sup>. The authors suggested that a shift of amygdala function occurred toward heightened sensitivity with lower levels of specificity, consistent with a state of hypervigilance under stress. Our findings suggest that the C/C genotype predisposes individuals to such indiscriminate hypervigilance. Consistent with this interpretation, Iidaka et al<sup>28</sup> showed increased amygdala and PFC responses to pictures of neutral faces (relative to pictures of houses) in HCs with C/C genotype compared to C/T genotype subjects. Despite a difference in paradigms, the current results are similar in that subjects with C/C genotype appear to be hyper-responsive to facial stimuli compared to T carriers. However, in the current study, subjects with C/C genotype were not specifically hyper-responsive to facial stimuli, since they showed heightened amygdala responses when processing both emotional faces and non-emotional geometric forms. In other words, they showed a generalized amygdala hyper-responsiveness regardless of the emotional content of the images. Both HCs and IBS with the C/C genotype may have increased sustained or tonic activation of the amygdala, consistent with their greater anxiety symptoms relative to T carrier subjects.

Further analyses revealed a subgroup of IBS patients with C/C genotype had unusually low differential amygdala activity during ME relative to MF (Figure 3). These subjects failed to discriminate between emotional and neutral stimuli due to heightened amygdala responses during the non-emotional condition. These findings suggest an interaction between IBS diagnosis and C/C genotype. It remains to be determined if the unusual response pattern of the amygdala to neutral and emotional stimuli represents an endophenotype<sup>41</sup> which is associated with the *HTR3A* SNP, or perhaps is related to increased stress perceived by some IBS patients during the experiment.

The T allele is related to an increase of *HTR3A* expression compared with the C allele<sup>24, 26</sup>. Greater presynaptic expression of *HTR3A* on inhibitory GABAergic input to the amygdala is expected to result in greater GABAergic inhibition of the amygdala during serotonergic stimulation<sup>42, 43</sup>. Increased inhibitory GABAergic function in the amygdala via benzodiazepines<sup>44</sup>, micro-infusion of GABA<sub>A</sub> receptor agonists<sup>45</sup> or neuron-rich grafts<sup>46</sup> has been associated with decreased anxiety. These results suggest T carriers have enhanced amygdala 5-HT<sub>3A</sub> expression and GABAergic function associated with decreased anxiety. Both preclinical and clinical evidence supports a role for 5-HT<sub>3</sub>Rs in anxiety. For example, results from rodent studies have led to the consensus that 5-HT<sub>3</sub>R antagonists have anxiolytic effects by blocking limbic hyperactivity response<sup>10-12</sup>. Clinical studies reported on beneficial effects of 5-HT<sub>3</sub>R antagonists in the treatment of anxiety<sup>47</sup>, emotion-potentiated startle response<sup>48</sup>. 5-HT<sub>3</sub> receptor knockout mice have demonstrated sex differences in 5-HT<sub>3</sub> regulation of depression- and anxiety-related behaviours<sup>49</sup>. Future studies will be required to determine if sex differences exist in the association between C/C genotype and generalized amygdala responsiveness, anxiety, and IBS severity.

### Limitations

IBS patient recruitment included all bowel habit types, and no relationship between bowel habit and genotype/amygdala response patterns was found in this relatively small sample (data not shown). Future studies with larger sample size for each bowel habit subtype, are needed to adequately examine the specificity of the relationship between *HTR3A* c.-42C>T polymorphism and amygdala responsiveness in terms of bowel habit.

### Summary and Future Directions

Using a validated emotional reactivity paradigm, unrelated to the gastrointestinal system, we found significant correlations of the *HTR3A* c.-42C>T polymorphism with amygdala responsiveness, anxiety and IBS symptom severity in a relatively small sample. The study supports the important role of 5-HT<sub>3</sub>Rs in the modulation of emotional arousal circuits which have previously been shown to be related to 5-HT<sub>3</sub>R antagonist (Alosetron) mediated IBS symptom improvement<sup>13</sup>. These findings suggest that while this gene polymorphism is not essential for a diagnosis of IBS, it influences symptom severity via greater engagement of amygdala-related emotional arousal circuits. This is consistent with previous reports showing an important role of anxiety in symptom severity in IBS<sup>50</sup> and in functional dyspepsia<sup>51</sup>.

The differential responsiveness of the amygdala based on genotype could underlie differences in responsiveness of individual IBS patients to 5-HT<sub>3</sub>R antagonists, as well as other centrally directed therapies. For example, only about 40% of patients were identified as responders in clinical trials with the 5-HT<sub>3</sub>R antagonist alosetron<sup>6</sup>. Alosetron's effectiveness in reducing symptoms in non constipated IBS patients has been associated with reduced amygdala responsiveness during non-aversive and aversive conditions<sup>13</sup>. The current study demonstrates an effect of *HTR3A* c.-42C>T polymorphism on amygdala reactivity to emotional and non-emotional stimuli. Additional research is needed to examine the relationship between emotional reactivity and visceral pain reactivity, and to directly examine the relationship between *HTR3A* c.-42C>T polymorphism, amygdala reactivity, and response to 5-HT<sub>3</sub>R antagonists. Patients with C/C genotype appear to have upregulated amygdala activity, thus they may be more resistant to treatment by 5-HT<sub>3</sub>R antagonists<sup>52</sup>. In general, subtyping of IBS patients based on gene variants of central receptors modulating emotional arousal may improve the outcome of future clinical trials.



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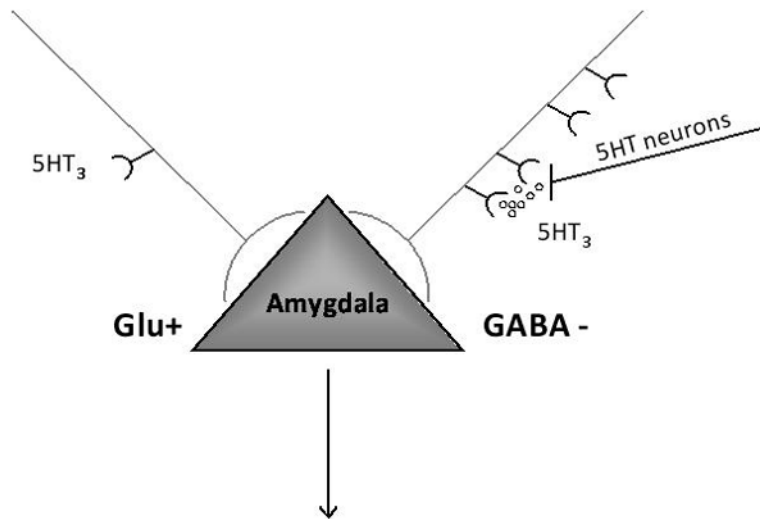
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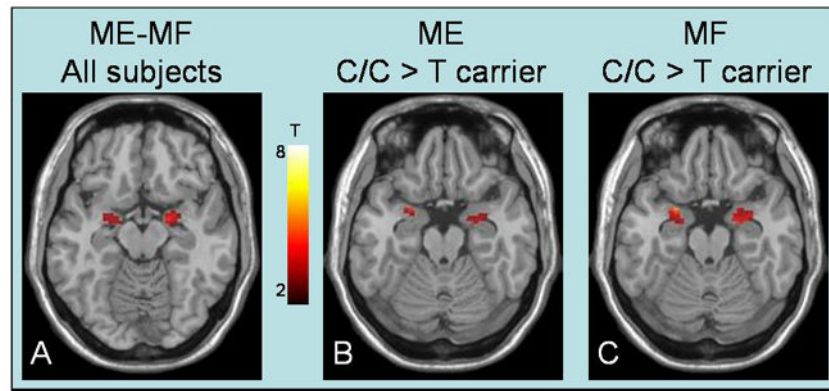
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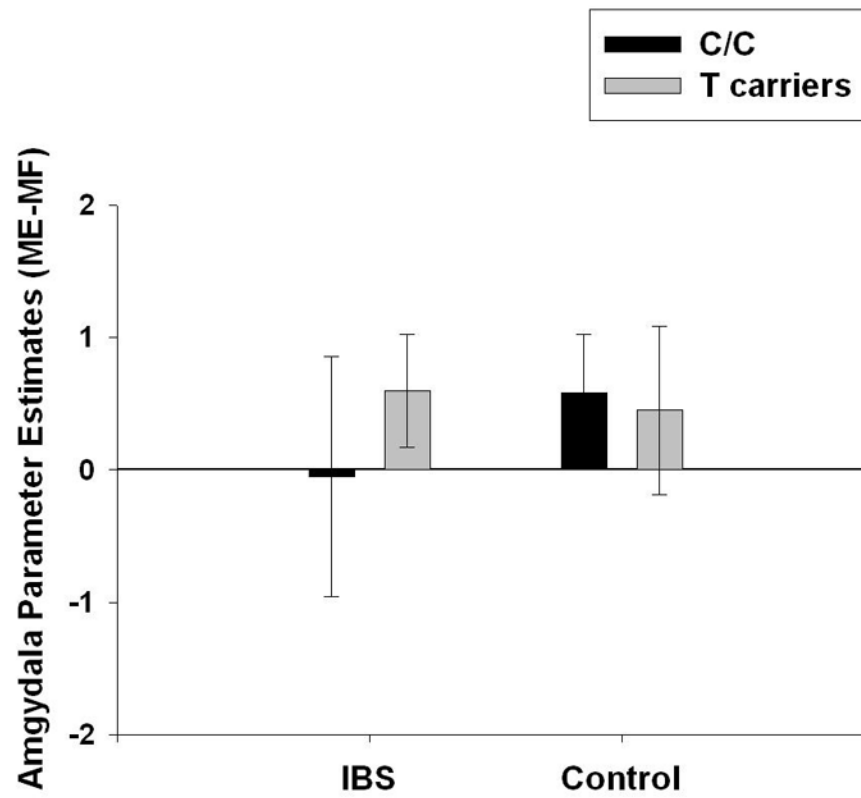
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**Figure 1.** 5-HT<sub>3</sub>R activation on GABAergic interneurons innervating the amygdala exerts an inhibitory influence on amygdala activity, while those on excitatory glutaminergic interneurons will exert an excitatory influence.



**Figure 2.** The emotional reactivity paradigm activated the amygdala (A). C/C genotype subjects, regardless of diagnosis, displayed increased amygdala responsiveness during the Match Emotions condition (B) and during the Match Forms condition (C).



**Figure 3.** Mean and standard deviation for right amygdala emotional reactivity (defined as  $\text{Beta}_{\text{ME-MF}}$ ) is plotted for healthy controls and IBS patients by *HTR3A* c.-42C>T genotype (C/C vs. T carrier). A subset of IBS subjects with C/C genotype had an unusual pattern of amygdala response.

**Table 1**

		<b>C/C</b>	<b>T carrier</b>
N:	Control	15	14
	IBS	16	10
Age:	Control	27.2(3.1)	39.93(3.7)
	IBS	32.06(2.5)	31.00(3.6)
Anxiety:	Control	4.5(0.5)	2.6(0.8)
	IBS	5.8(0.9)	4.5(0.9)
Bowel Habit:	IBS	6 IBS-C, 8 IBS-D, 2 IBS-A	2 IBS-C, 3 IBS-D, 5 IBS-A
Overall Symptom Severity:	IBS	13.3(1.2)	9.6(1.0)
Bloating Severity:	IBS	13.1(1.1)	7.7(1.9)
Abdominal Pain Severity:	IBS	11.3(1.5)	9.0(1.2)

IBS-C = constipation predominate; IBS-D = diarrhea predominate; IBS-A = alternating bowel habit

Table 2

	Hemisphere	Region	Cluster Size	P	T	X(mm)	Y(mm)	Z(mm)
<b>Whole Brain</b>								
<u>ME-MF:</u>								
All subjects	bilateral	BA 17/18/19/37	11576	<.001	18.87	22	-92	-10
	bilateral	thalamus	919	<.001	16.49	-18	-92	-6
	right	amyg	59	<.001	10.62	20	-30	-2
	right	BA 45/46/47	2747	<.001	10.39	-20	-30	-2
	left	BA 9/45/47	2020	<.001	7.90	20	-6	-14
	left	BA 7	240	<.001	10.45	50	20	22
	right	BA 22/41	351	<.001	10.40	-40	8	28
	right	BA 7	171	<.001	7.35	-26	-58	44
	bilateral	BA 8	182	.003	7.23	54	-42	6
				.006	7.16	34	-58	42
					6.27	-4	16	50
					5.99	4	18	50
<u>MF-ME:</u>								
All subjects	bilateral	BA 24/32	2145	<.001	11.79	-6	34	-4
	right	insula	1171	<.001	9.54	6	34	-4
	left	insula	742	<.001	7.38	42	-18	18
	left	BA 39	175	<.001	7.58	-44	-22	6
	left	BA 23	136	<.001	7.57	-42	-72	36
	right	BA 31	369	<.001	7.54	-8	-56	14
					7.35	4	-28	44
<b>ROI Analyses</b>								
<u>MF - baseline:</u>								
IBS>HC	left	amyg	104	0.043	2.90	-22	-10	-12
	left	caud	65	0.023	3.74	-26	-40	4
	left	hippo	156	0.005	3.85	-26	-40	2
	left	amyg	81	0.032	3.03	-26	-4	-26
	right	amyg	72	0.012	3.46	30	-6	-22
	right	hippo	67	0.031	3.13	30	-8	-22
<u>C/C&gt;T carrier</u>								



	Hemisphere	Region	Cluster Size	p	T	X(mm)	Y(mm)	Z(mm)
<u>ME - baseline:</u>								
IBS>HC	left	caud	59	0.015	3.94	-26	-40	4
	left	hippo	69	0.005	3.95	-26	-38	2
C/C>T carrier	right	amyg	59	0.03	3.12	30	-6	-20
<u>ME-ME:</u>								
HC>IBS	right	insula	1257	.015	4.28	42	-4	16
T carrier>C/C	left	caud	142	.022	3.83	-8	2	18
	left	hippo	61	.046	3.05	-26	-24	-12
	right	hippo	161	.014	3.52	32	-22	-14
<b>C/C Genotype Median Split</b>								
<u>ME - baseline:</u>								
IBS L > IBS H	right	amyg	135	0.006	4.04	26	-2	-20
IBS L > HC	right	amyg	138	0.013	3.69	26	-2	-20