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BRL37344, a β 3-adrenergic receptor agonist, decreases nerve-evoked contractions in human detrusor smooth muscle isolated strips: Role of BK channels

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Abstract

Objectives—To investigate the mechanism by which BRL37344, a β 3-adrenergic receptor (β 3-ARs) agonist, facilitate the inhibition of nerve-evoked contractions in human detrusor smooth muscle (DSM) isolated strips and to identify the role of large-conductance Ca^{2+} -activated K^{+} (BK) channels in this process.

Methods—Human DSM specimens were obtained from open bladder surgeries on patients without preoperative history of overactive bladder (OAB) symptoms. Isometric DSM tension recordings were conducted using force-displacement transducers and thermostatically controlled tissue baths. Nerve-evoked contractions were generated by electrical field stimulation (EFS).

Results—BRL37344, a β 3-AR agonist, significantly decreased the amplitude, muscle force, and duration of the DSM contractions induced by 20 Hz EFS, in a concentration-dependent manner. This BRL37344-mediated inhibition of the amplitude and muscle force of the nerve-evoked DSM contraction was significantly reduced by iberiotoxin, a highly selective inhibitor of the BK channel, revealing a role for BK channels in the β 3-AR-induced inhibition of human DSM nerve-evoked contractions. We further used atropine, α , β -methylene-ATP, and suramin to separate the cholinergic and purinergic components of human DSM nerve-evoked contractions. We found that the β 3-AR agonist, BRL37344, inhibited both components of the EFS-induced (0.5–50 Hz) DSM contractions.

Conclusions—This study supports the concept that β 3-AR agonists inhibit nerve-evoked contractions in human DSM. We have further revealed that BK channels play a critical role in BRL37344-mediated relaxation of nerve-evoked contractions in human DSM. The study suggests that in addition to β 3-ARs, BK channels may also represent promising pharmacological targets in the treatment of urinary bladder dysfunction.

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Keywords

Urinary bladder; iberiotoxin; nerve-evoked contractions; atropine

INTRODUCTION

Overactive bladder (OAB) is a symptomatic condition characterized by urinary urgency, frequent urination, with or without urinary incontinence. The current therapeutic approaches for OAB, which rely primarily on behavioral therapies in combination with antimuscarinic drugs and a number of surgical techniques, have variable outcomes and numerous adverse effects. These drawbacks in treating OAB have led researchers to investigate alternative therapeutic approaches with novel mechanisms of action, better efficacy, and fewer unfavorable effects.

β -adrenergic receptors (β -ARs), β_3 -AR in particular, have emerged as targets for treatment of OAB as pharmacological activation of these receptors results in detrusor smooth muscle (DSM) relaxation(1, 2). β_3 -AR agonists including BRL37344 ((\pm)-(R*,R*)-[4-[2-[[2-(3-Chlorophenyl)-2-hydroxyethyl]amino]propyl]phenoxy]acetic acid sodium hydrate), mirabegron (YM178), solabegron (GW427353), and ritobegron (KUC-7483) have been demonstrated to induce relaxation of human and rodent DSM spontaneous, nerve-evoked, and pharmacologically-induced phasic contractions(2–5) [ENREF 4](#). In human DSM isolated strips, BRL37344 has been shown to inhibit carbachol-induced tone in a concentration-dependent manner ($pEC_{50}=6.25$)(6). In fact, BRL37344 caused a 22% and 47% inhibition of human DSM carbachol-induced tone when used at a concentration of 10 μ M and 100 μ M, respectively(6). Based on numerous studies demonstrating the prominent role of β_3 -ARs in human DSM relaxation both *in vitro* and *in vivo*, mirabegron has received regulatory approval as the first β_3 -AR agonist for OAB treatment in Japan, Europe, and the United States. So far, the clinical use of mirabegron for OAB has not pointed toward substantial adverse effects as compared to the antimuscarinics.

The mechanism of β -AR-induced relaxation of DSM is thought to involve activation of the large-conductance Ca^{2+} -activated K^+ (BK) channel and reduction of DSM excitability(1, 7–13). In animal species, the BK channels are one of the most important physiologically relevant K^+ channels that control DSM function(1, 2, 7, 9, 10, 14). Recent studies further demonstrated the critical role of BK channels in regulating human DSM excitability and contractility(15, 16) [ENREF 12](#). Collectively, such studies indicate a functional link between β -AR signaling and BK channels(1, 2, 9, 11–13).

However, the potential existence of such a functional link between β_3 -ARs and BK channels during nerve-evoked contractions has not been investigated. To investigate this mechanism, we used thermostatically-controlled tissue baths equipped with platinum electrodes for electrical field stimulation (EFS) to generate nerve-evoked contractions in human DSM isolated strips. The relationship between the effects of BRL37344 and iberiotoxin, a highly selective BK channel inhibitor, were examined to elucidate the underlying mechanisms involved in the β_3 -AR agonist-induced relaxation of human DSM and the role of the BK channel in this process. Having access to freshly-isolated and clinically-characterized human DSM tissues, the implications of the present study provide profound insight into the role of BK channels in the mechanism of action of β_3 -AR agonists in the treatment of OAB.

METHODS

Human DSM tissue collection

Human studies were conducted according to the reviewed and approved institutional review board protocol HR#16918 of the Medical University of South Carolina (MUSC). For these studies, DSM specimens isolated from 14 patients (11 males and 3 females, 49–76 years old) were used. Human samples were collected from patients without a preoperative history of OAB symptoms during surgeries such as radical cystectomy for bladder cancer and other open bladder surgeries for malignant or non-malignant conditions of the lower urinary tract. The human DSM specimens were stored in Ca^{2+} -free dissection solution.

Isometric DSM tension recordings

Isometric DSM tension recordings were conducted as previously described(15, 16). Briefly, mucosa-free DSM tissues from humans were dissected into strips 5–7 mm long and 2–3 mm wide. DSM strips were clipped between a stationary mount and a force-displacement transducer then placed in tissue baths filled with Ca^{2+} -containing physiological saline solution (PSS) (**Solutions and Drugs**) thermostatically controlled at 37°C and aerated with 95% O_2 and 5% CO_2 . Tissue baths were equipped with platinum electrodes for EFS. EFS pulses had 20 V amplitude, 0.75 ms width, 3 s stimulus duration, and polarity was reversed for alternating pulses. Then, DSM strips were stretched to 10 mN of initial tension and the bath solution was changed with fresh PSS every 15 min during an equilibration period of 45 to 60 min. Following the equilibration period, two different EFS protocols were generated using PHM-152I stimulator (Med Associates, Inc., Georgia, VT) and the DSM response to EFS was recorded using MyoMed software (Med Associates, Inc., Georgia, VT). Compounds were applied only to DSM strips with stable pre-compound controls following the equilibration period. In the first EFS protocol, a 20 Hz EFS frequency was applied continuously every minute to generate DSM nerve-evoked contractions. In the second EFS protocol, nerve-evoked DSM contractions were generated by applying increasing EFS frequencies (0.5, 2, 3.5, 5, 7.5, 10, 12.5, 15, 20, 30, 40, 50 Hz) every 3 min. We evaluated the BRL37344 inhibitory effects on DSM contractions induced by EFS in the absence or presence of iberiotoxin, a selective BK channel blocker; atropine, a cholinergic blocker; suramin, a purinergic receptor blocker; and α, β -methylene-ATP, a purinergic receptor agonist.

Solutions and Drugs

The Ca^{2+} -free dissection solution had the following composition (in mM): 80 monosodium glutamate, 55 NaCl, 6 KCl, 10 glucose, 10 N-2-hydroxyethylpiperazine-N'-2-ethanesulphonic acid (HEPES), 2 MgCl_2 , and pH 7.3 adjusted with NaOH. The Ca^{2+} -containing physiological saline solution was prepared daily and contained (mM): 119 NaCl, 4.7 KCl, 24 NaHCO_3 , 1.2 KH_2PO_4 , 2.5 CaCl_2 , 1.2 MgSO_4 , 11 glucose, and aerated with 95% O_2 /5% CO_2 to obtain pH 7.4. All drugs were purchased from Sigma-Aldrich Co. (St. Louis, MO), unless specified otherwise. BRL37344 was prepared daily in double-distilled water and heated at 60°C to be completely dissolved at the concentration of 10 mM as a stock solution as recommended by the manufacturer.

Data analysis and statistics

For the 20 Hz EFS-induced contractions, a 5 min period prior to the first BRL37344 application (10 nM) was taken as control (100%) and the responses to subsequent BRL37344 application (10 nM–100 μM) were normalized to that control. During cumulative addition of BRL37344, the effect of each BRL37344 concentration (10 nM–100 μM) on EFS-induced contraction amplitude, duration, and muscle force (determined by

integrating the area under the curve of the nerve-evoked contractions) was evaluated by analyzing the 5 min period prior to the following BRL37344 concentration application. For the 0.5–50 Hz EFS-induced contractions, the contraction amplitude at EFS frequency of 50 Hz prior to BRL37344 application (control conditions) was taken to be 100% and the data were normalized. MiniAnalysis software version 6.0.7 (Synptosoft, Inc., Decatur, GA) was used to analyze data of the EFS-induced contractions. GraphPad Prism 4.03 software (GraphPad Software Inc., La Jolla, CA, USA) was used for further statistical analysis. CorelDraw Graphic Suite X3 software (Corel Co., Ottawa, Canada) was used for data illustration. Results are summarized as mean \pm SEM. Frequency-response curves were compared for statistical significance using paired or unpaired Student's t-test based on *n*, the number of DSM strips isolated from different patients (*N*=number of patients). A *P*-value <0.05 was considered statistically significant.

RESULTS

BRL37344 inhibits EFS-induced contractions of human DSM strips in a concentration-dependent manner

We investigated the effects of BRL37344 on the amplitude, duration, and muscle force of EFS-induced DSM contractions generated by 20 Hz EFS (applied each min) in human DSM isolated strips. BRL37344 (10 nM–100 μ M) was very effective at inhibiting the amplitude, duration, and force of the 20 Hz EFS-induced contractions of human DSM isolated strips. BRL37344 (10 nM, 100 nM, 1 μ M, 10 μ M, and 100 μ M) reduced the amplitude of the EFS-induced contractions by 11.6 \pm 3.9%, 22.9 \pm 8.2%, 33.3 \pm 10.3%, 45.5 \pm 10.4%, and 71.9 \pm 6.1%, respectively (*n*=4, *N*=3; Fig. 1A, C). BRL37344 (10 nM, 100 nM, 1 μ M, 10 μ M, and 100 μ M) also decreased the force of the EFS-induced contractions by 7.0 \pm 5.2%, 33.2 \pm 4.9%, 46.2 \pm 9.1%, 57.7 \pm 7.9%, and 78.4 \pm 4.4%, respectively (*n*=4, *N*=3; Fig. 1A, D); and contraction duration by 3.6 \pm 5.4%, 5.9 \pm 0.4%, 15.0 \pm 1.8%, 21.3 \pm 2.6%, and 31.9 \pm 2.2%, respectively (*n*=4, *N*=3; Fig. 1A, E). These data suggest that BRL37344 effectively decreases nerve-evoked contractions in human DSM isolated strips.

BRL37344 inhibitory effect on EFS-induced contractions is reduced by iberiotoxin, a selective BK channel blocker

In this experimental series, we investigated the relationship between β 3-ARs and BK channels in nerve-evoked DSM contractions. We found that in the presence of iberiotoxin (200 nM), BRL37344 (10 nM–100 μ M) inhibitory effects on the 20 Hz EFS-induced contractions amplitude and force of human DSM isolated strips were significantly reduced (Fig. 1B, C, and D). These effects were statistically significant at lower BRL37344 concentrations (10 nM–10 μ M), and not so obvious at higher concentrations (10 μ M) at which BRL37344 may have some non-specific effects(17). The maximal antagonistic activity of iberiotoxin was observed at 1 μ M BRL37344 where the BRL37344 inhibitory effects on the EFS-induced contraction amplitude and force were reduced from 32.4 \pm 10.3% to only 2.4 \pm 0.3% and from 46.2 \pm 9.1% to 7.4 \pm 4.2%, respectively (Fig. 1C and D). These findings suggest that BK channels and β 3-ARs work in synergy to oppose nerve-evoked contractions in human DSM.

BRL37344 decreases the amplitude of the EFS-induced DSM contractions in a wide range of stimulation frequencies

Here, we investigated how the β 3-AR agonist, BRL37344, modulates DSM nerve-evoked contractions in response to a wide range of EFS frequencies in human DSM isolated strips. We first applied increasing EFS frequencies (0.5–50 Hz) as a control protocol, followed by the addition of a single concentration of BRL37344 (10 μ M). Then, a second EFS protocol was applied to evaluate BRL37344 effects on the nerve-evoked contractions. In human

DSM isolated strips, BRL37344 (10 μM) significantly decreased the amplitude of the EFS-induced contractions (Fig. 2A). At the maximum EFS frequency of 50 Hz, BRL37344 (10 μM) decreased human DSM EFS-induced contraction amplitude by $38.1 \pm 6.6\%$ ($n=8$, $N=4$; Fig. 2B). We also applied a higher concentration of BRL37344 (100 μM) which caused almost a complete inhibition of the EFS-induced DSM contractions. At the maximum EFS frequency of 50 Hz, BRL37344 (100 μM) decreased human DSM EFS-induced contraction amplitude by $85.4 \pm 2.1\%$ ($n=11$, $N=3$; data not illustrated). These data suggest that BRL37344 reduces human DSM nerve-evoked contractions induced by EFS at a wide range of stimulation frequencies.

BRL37344 attenuates both purinergic and cholinergic components of EFS-induced contractions in human DSM isolated strips

In this experimental series, we applied an experimental approach that allowed us to separate the cholinergic component from the purinergic component during EFS-induced DSM contractions. The cholinergic component of the EFS-induced DSM contractions was assessed by blocking purinergic receptors with α, β -methylene-ATP, a desensitizing agonist; and suramin, a purinergic receptor antagonist. Previous studies have shown that the combined use of these two compounds completely blocks the purinergic component of the nerve-evoked contractions in DSM (18, 19). Human DSM isolated strips were pre-incubated with suramin (10 μM) and α, β -methylene-ATP (10 μM) for 15 min prior to applying a 0.5–50 Hz EFS control protocol. Next, BRL37344 was added in the bath for 30 min followed by a second EFS protocol. The purinergic component of the EFS-induced contractions was assessed by pre-treating the DSM strips with 1 μM atropine for 15 min prior to applying a 0.5–50 Hz EFS control protocol in the presence or absence of BRL37344. In human DSM isolated strips, BRL37344 (10 μM) caused a significant decrease in the amplitude of the EFS-induced contraction in the presence of atropine at frequencies ranging from 3.5 to 50 Hz (Fig. 3A, B). At the maximal stimulation frequency of 50 Hz, BRL37344 (10 μM) caused a $35.6 \pm 9.6\%$ decrease in the amplitude of DSM EFS-induced purinergic contractions in human DSM ($n=4$, $N=3$; Fig. 3B). BRL37344 (100 μM) had a more pronounced effect compared to BRL37344 (10 μM), and reduced the EFS-induced purinergic contraction amplitude of human DSM strips by $68.6 \pm 12.1\%$ at 50 Hz-frequency ($n=4$, $N=3$; data not illustrated).

In the presence of suramin (10 μM) and α, β -methylene-ATP (10 μM), BRL37344 also significantly decreased the amplitude of the EFS-induced cholinergic contractions in human DSM isolated strips at EFS frequencies from 10 to 50 Hz (Fig. 4A and B). At the maximal frequency of 50 Hz, BRL37344 (10 μM and 100 μM) decreased the EFS-induced cholinergic contraction amplitude of human DSM strips by $26.5 \pm 9.7\%$ ($n=8$, $N=5$, $P < 0.05$; Fig. 4B) and $91.0 \pm 5.3\%$ ($n=4$, $N=3$; $P < 0.05$; data not illustrated), respectively. These data suggest that BRL37344 inhibits both the cholinergic and the purinergic components of the EFS-induced contractions in human DSM.

COMMENT

The present study demonstrates that the β_3 -AR agonist, BRL37344, effectively inhibits both the purinergic and cholinergic components of human DSM nerve-evoked contractions. This BRL37344 inhibitory effect was significantly reduced by iberiotoxin, a BK channel selective inhibitor suggesting that functional BK channels play a critical role in the β_3 -AR-mediated relaxation of human DSM nerve-evoked contractions.

In mouse, rat, guinea pig, and human DSM, it has been shown that physiological DSM nerve-evoked contractions are due to the combined action of two main excitatory neurotransmitters, acetylcholine and ATP, released from the parasympathetic nerves (18–22).

ATP activates P2X receptors while acetylcholine stimulates M2/M3 muscarinic receptors to induce DSM contractions(18–25). Acetylcholine activation of M2 muscarinic receptors causes inhibition of adenylyl cyclase activity while activation of M3 receptors triggers the phospholipase-C and inositol 1,4,5-trisphosphate pathways(26, 27). This dual muscarinic receptor action ultimately leads to DSM contraction. We found that low concentrations of BRL37344 (10 nM–1 μ M) decreased the amplitude of nerve-evoked contractions in human DSM consistent with previous studies demonstrating that BRL37344 could inhibit human DSM carbachol-induced tone(6). Our study suggests that β 3-ARs play an important role in opposing human DSM nerve-evoked contractions. Our data are also consistent with previous findings showing that KUC-7322 and GW427353, two selective β 3-AR agonists, also decreased carbachol-induced and nerve-evoked contractions in human DSM(3–5). ENREF 6. Unlike the current study, these latter studies did not address the potential involvement of BK channels in this process. Previously, we demonstrated that BRL37344 effectively inhibits spontaneous phasic contractions of rat DSM isolated strips(2). This BRL37344 inhibitory effect was further demonstrated to be antagonized by SR59230A, a α 3-AR antagonist, and H89, a protein kinase-A inhibitor(2).

Recently, our laboratory and others have demonstrated the critical role played by BK channels in regulating DSM spontaneous phasic contractions(1, 2, 10, 14–16). BK channels, which are activated by Ca^{2+} sparks released from the sarcoplasmic reticulum through the ryanodine receptors, regulate DSM function by opposing the phasic contractions induced by Ca^{2+} entry through L-type voltage-gated Ca^{2+} channels(2, 9, 10). Our group was the first to provide evidence for a functional link between β 3-ARs and BK channels in rat DSM cells(2). Furthermore, in guinea pig, isoproterenol, a non-selective β -AR agonist, increases Ca^{2+} spark activity which activates BK channels and induces relaxation of the DSM(9). Iberiotoxin shifts the concentration-response curves for the BRL37344 inhibitory effects on the spontaneous phasic contraction amplitude, muscle force integral, and muscle tone, to the right suggesting that the pharmacological blockage of BK channels opposes β 3-AR-mediated relaxation of rat DSM myogenic contractions(2). However, until now this mechanism has never been investigated in human DSM nerve-evoked contractions. Here, we reveal for the first time the role of BK channels in the β 3-AR-induced relaxation of human DSM nerve-evoked contractions. BRL37344 decreased human DSM nerve-evoked contractions in a concentration-dependent manner (Fig. 1). At concentrations ranging between 10 nM and 10 μ M, the BRL37344 inhibitory effect was significantly antagonized by iberiotoxin suggesting that functional BK channels play an important role in the β 3-AR-mediated relaxation of human DSM nerve-evoked contractions (Fig. 1B, C and D). It has been shown that at sub-micromolar concentrations, BRL37344 may also activate β 2-ARs(28). Regardless of the potential BRL37344 effect on β 2-ARs, one would anticipate that the majority of the BRL37344 effect was mediated via activation of the β 3-ARs since β 3-ARs represent ~97% of all β -AR mRNA expressed in the human bladder(29) and numerous studies have demonstrated that relaxation of human DSM strips is mediated predominantly by the β 3-ARs(17). It should be noted that β 3-ARs and BK channels are expressed not only in the DSM cells but are widely present in the body. However, because the BK channels appear to be restricted to DSM cells with no detectable expression in the DSM nerves(19), the effects of iberiotoxin most likely occur at the level of the smooth muscle cells where BRL37344 acts directly and not at the level of the bladder nerves by modulating neurotransmitter release.

Using selective inhibitors, we further separated the purinergic and cholinergic pathways both of which contribute to DSM nerve-evoked contractions. Previous studies have established that at low stimulation frequencies (< 20 Hz), the purinergic pathway plays a greater role while at high stimulation frequencies (> 20 Hz), the cholinergic component predominates(18, 19). Inhibitory effects of nonselective β -AR agonists on various non-

cholinergic stimuli have been reported in rat DSM(30). However, unlike our study on human DSM, this previous study on rat DSM used a non-selective β -AR agonist, isoproterenol, and did not apply EFS(30). A novel aspect of our study is that in the presence of atropine, which was used to block the cholinergic component of the nerve-evoked contractions, we found that β 3-AR activation decreased the amplitude of the nerve-evoked contractions in human DSM in a wide range of stimulation frequencies (Fig. 3). While at higher concentrations BRL37344 may have some non-selective antimuscarinic properties(17), BRL37344 retained its ability to inhibit the EFS-induced DSM contraction in the presence of atropine (Fig. 3) indicating that the observed BRL37344 inhibitory effects were not due to its antimuscarinic properties. In the presence of suramin and α,β -methylene-ATP, which were used to block the purinergic component, BRL37344 also significantly decreased the amplitude of the nerve-evoked contractions in human DSM (Fig. 4). Taken together, these data suggest that BRL37344 inhibits both cholinergic and purinergic contractions of human DSM.

CONCLUSION

The present study reveals that the β 3-AR agonist, BRL37344, is very effective in reducing human DSM nerve-evoked contractions. We reveal for the first time that the β 3-AR-agonist-mediated relaxation of human DSM nerve-evoked contractions is BK channel-dependent, emphasizing the critical role of BK channels in human DSM physiology. Future studies using DSM tissue from patients with OAB and detrusor overactivity are anticipated to demonstrate a similar functional relationship between β 3-ARs and the BK channel, which would provide further impetus for studying potential pharmacologic targets in this area for the treatment of OAB.

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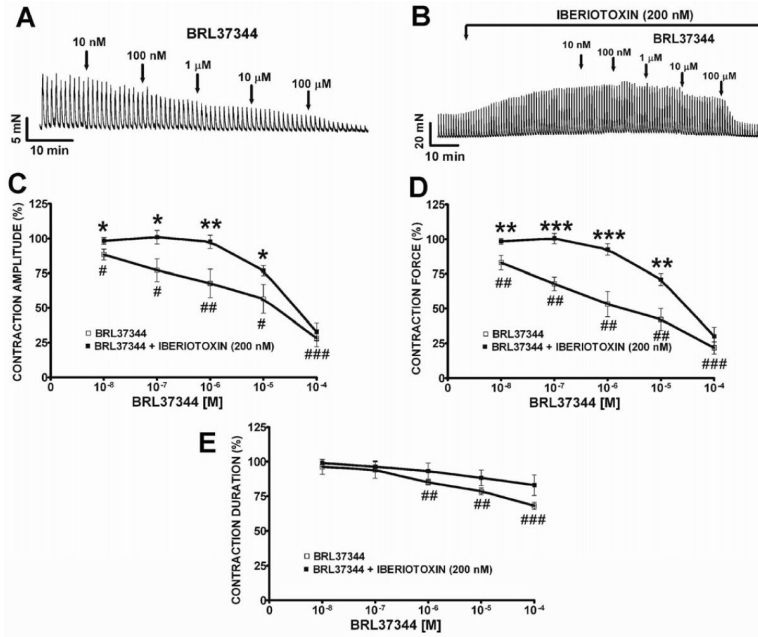


Figure 1. Iberiotoxin, a selective BK channel blocker, significantly reduced the BRL37344 inhibitory effects on 20 Hz EFS-induced contractions in human DSM isolated strips
A) An original DSM tension recording illustrating BRL37344 (10 nM-100 μM) inhibitory effects on 20 Hz EFS-induced contractions in a human DSM isolated strip. **B)** An original DSM tension recording illustrating that iberiotoxin (200 nM) increased the 20 Hz EFS-induced contractions in human DSM and that the BRL37344 (10 nM-100 μM) inhibitory effects on the EFS-induced contraction amplitude, force, and duration were significantly attenuated in the presence of iberiotoxin (200 nM). **C–E)** Cumulative concentration-response curves illustrating iberiotoxin (200 nM) antagonistic action on BRL37344 inhibitory effects on EFS-induced contraction amplitude (**C**), force (**D**), and duration (**E**), respectively (n=4, N=3; #P<0.05, ##P<0.01, ###P<0.005 vs. control; *P<0.05, **P<0.01, ***P<0.005 vs. iberiotoxin).

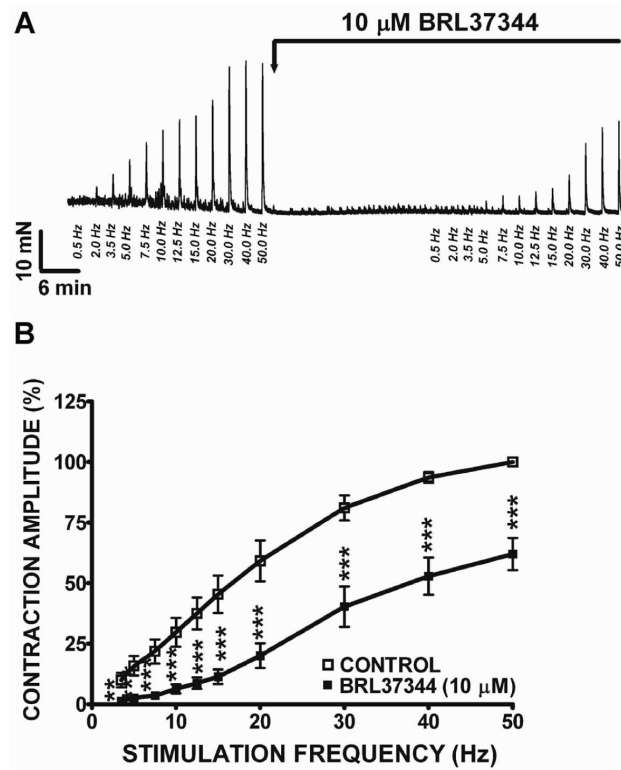


Figure 2. BRL37344 decreases the amplitude of the EFS-induced contractions in human DSM isolated strips in a wide range of stimulation frequencies

A) An original DSM tension recording illustrating the inhibitory effects of 10 μM BRL37344 on 0.5–50 Hz EFS-induced contractions of human DSM. **B)** Frequency-response curves showing 0.5–50 Hz EFS-induced contractions in response to 10 μM BRL37344 (n=8, N=4; **P<0.01, ***P<0.005).

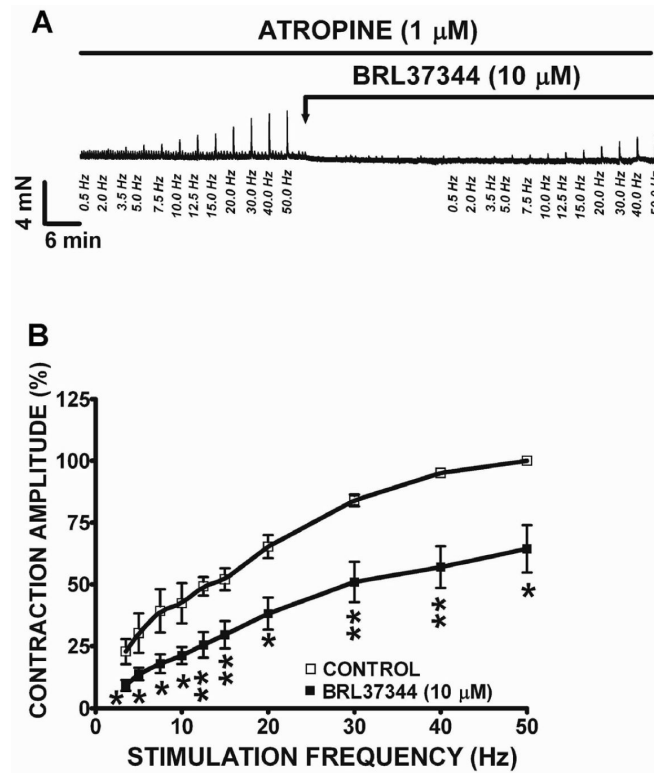


Figure 3. BRL37344 significantly inhibited the purinergic component of the 0.5–50 Hz EFS-induced contractions in human DSM isolated strips

A) An original DSM tension recording illustrating BRL37344 (10 μ M) inhibitory effects on EFS-induced contractions of human DSM isolated strips in the presence of atropine (1 μ M).

B) EFS frequency-response curves showing 10 μ M BRL37344 inhibitory effects on nerve-evoked contractions of human DSM isolated strips (n=4, N=3; *P<0.05, **P<0.01).

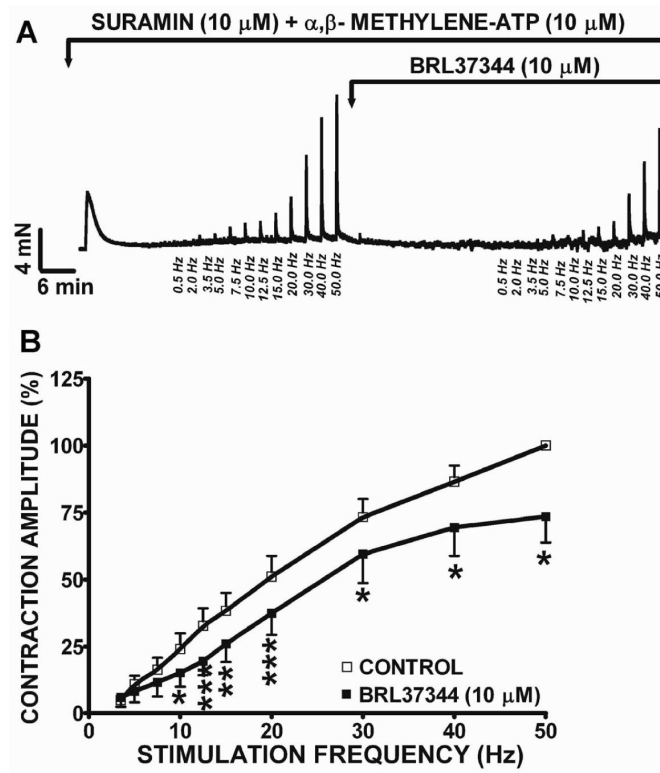


Figure 4. BRL37344 reduced the cholinergic component of the 0.5–50 Hz EFS-induced contractions of the human DSM

A) An original DSM tension recording illustrating BRL37344 (10 μ M) inhibitory effects on human DSM EFS-induced contractions in the presence of suramin (10 μ M) and α,β -methylene-ATP (10 μ M). **B)** Frequency-response curves illustrating BRL37344 (10 μ M) inhibitory effects on EFS-induced contraction amplitude of human DSM isolated strips in the presence of suramin and α,β -methylene-ATP (n=8, N=5; *P<0.05, **P<0.01, ***P<0.005).