

# Pyroglutamate-Modified Amyloid Beta Peptides: Emerging Targets for Alzheimer's Disease Immunotherapy

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**Abstract:** Extracellular and intraneuronal accumulation of amyloid-beta (A $\beta$ ) peptide aggregates in the brain has been hypothesized to play an important role in the neuropathology of Alzheimer's Disease (AD). The main A $\beta$  variants detected in the human brain are A $\beta$ 1-40 and A $\beta$ 1-42, however a significant proportion of AD brain A $\beta$  consists also of N-terminal truncated species. Pyroglutamate-modified A $\beta$  peptides have been demonstrated to be the predominant components among all N-terminal truncated A $\beta$  species in AD brains and represent highly desirable and abundant therapeutic targets. The current review describes the properties and localization of two pyroglutamate-modified A $\beta$  peptides, A $\beta$ N3(pE) and A $\beta$ N11(pE), in the brain. The role of glutaminyl cyclase (QC) in the formation of these peptides is also addressed. In addition, two potential therapeutic strategies, the inhibition of QC and immunotherapy approaches, and clinical trials aimed to target these important pathological A $\beta$  species are reviewed.

**Keywords:** Alzheimer's disease, amyloid-beta, glutaminyl cyclase, immunotherapy, N-terminal truncated amyloid beta, pyroglutamate-modified amyloid-beta.

## INTRODUCTION

Extracellular and intraneuronal accumulation of amyloid-beta (A $\beta$ ) peptide aggregates in the brain has been hypothesized to play an important role in the neuropathology of Alzheimer's Disease (AD) [1-7]. A $\beta$  is generated from the amyloid precursor protein (APP) by the sequential proteolysis by the  $\beta$ -secretase activity (cysteine proteases and  $\beta$ -site APP-cleaving enzyme (BACE)) and by  $\gamma$ -secretase (a multimeric protein complex composed of presenilin, nicastrin, Aph-1 and Pen-2), and is secreted from cells of neuronal origin *via* major regulated as well as minor constitutive secretory pathway [8-10]. A $\beta$  is a normal product of cell metabolism and is present in the plasma and in cerebrospinal fluid (CSF) in healthy individuals. However, abnormal and excessive accumulation of A $\beta$  in the brain leads to the formation of toxic A $\beta$  aggregates that induce synaptic dysfunction and neuronal loss [2,3].

The main A $\beta$  variants detected in the human brain are A $\beta$ 1-40 and A $\beta$ 1-42, however a significant proportion of AD brain A $\beta$  consists also of N-terminal truncated species (A $\beta$ n-40/42 where n=2 to 11) [1, 11-22]. Most of N-truncated A $\beta$  peptides have been considered to be the degradation products of full-length A $\beta$ ; however, the overexpression of BACE in cultured cells led to the conclusion that A $\beta$ 11-40/42 may be generated intracellularly directly from APP by BACE proteolysis at an alternative site, between Tyr<sup>10</sup> and Glu<sup>11</sup>, depending on enzyme's precise localization within the cell, being the endoplasmic reticulum the preferred site of

full-length A $\beta$  production whereas truncated A $\beta$  is formed in trans-Golgi network [8,23-25].

Previous reports demonstrated that amyloid aggregates in AD brain and in brain of cognitively normal elderly subjects have different composition and that the toxic effect of these aggregates is correlated with the predominance of the N-terminal truncated species over the full length A $\beta$  [25-27]. Pyroglutamate-modified A $\beta$  peptides have been demonstrated to be the predominant components among all N-terminal truncated A $\beta$  species in AD brain [28-31]. A $\beta$ N3(pE), A $\beta$  peptide bearing amino-terminal pyroglutamate at position 3, has been shown to be a major N-truncated/modified constituent of intracellular, extracellular and vascular A $\beta$  deposits in AD brain tissue [14,15,17,28,32-35]. Importantly, it has been demonstrated that A $\beta$ N3(pE) progressively accumulates in the brain at the earliest stages of AD even before the appearance of clinical symptoms suggesting that this peptide is a potential seeding specie and may play an important role in the formation of pathological amyloid aggregates [14,36].

Previous studies have also demonstrated that shortened/modified A $\beta$  forms are significantly more resistant to degradation, aggregate more rapidly *in vitro* and exhibit similar or, in some cases, increased toxicity in neuronal cultures compared to the full-length peptides [37-44]. In addition, 12-weeks-old wild type mice (C57BL/6 strain) displayed impaired spatial working memory and delayed memory acquisition in Y-maze and Morris water maze tests after intracerebroventricular injection of aggregated A $\beta$ N3(pE) [41].

Thus, the N-terminally truncated/modified A $\beta$  peptides represent highly desirable and abundant therapeutic targets [30, 35].

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## PYROGLUTAMATE-MODIFIED A $\beta$ PEPTIDES

Although previous studies pointed to the modifications in the NH<sub>2</sub> terminus of A $\beta$  peptides isolated from the AD brain, making them resistant to Edman degradation [45, 46], it was in 1992 when Mori and collaborators demonstrated for the first time the presence of A $\beta$ N3(pE) in brain samples from patients that had neuropathologically typical AD [11]. Soon after, other groups detected two N-truncated/pyroglutamate-modified peptides, A $\beta$ N3(pE) and A $\beta$ N11(pE), in amyloid plaques in AD brain [13-15, 31, 47, 48]. In these studies, both peptides were shown to form the central core of amyloid aggregates pointing to the hypothesis that their deposition in AD brain may have preceded that of the full length A $\beta$  peptide [14, 15]. This is not surprising because A $\beta$ N3(pE) as well as A $\beta$ N11(pE) are expected to be more hydrophobic owing to the loss of three charges in A $\beta$ N3(pE) and 6 charges in A $\beta$ N11(pE), and are also expected to have longer life than full length A $\beta$  since common aminopeptidases would not digest them and pyroglutamate-specific aminopeptidases are required.

Diffuse amyloid plaques, one of the earliest forms of amyloid deposition, have also been shown to contain A $\beta$ N3(pE) peptide [49]. In addition, analysis of water-soluble amyloid peptides, that are thought to precede amyloid plaques in AD brain, revealed that A $\beta$ N3(pE) is the most abundant form among A $\beta$  species [17]. Interestingly, A $\beta$ N11(pE) was the main peptide detected in cotton wool plaques, a round lesion that lacks a central amyloid core, in individuals affected by early-onset familial AD associated with mutations in the presenilin 1 [21]. A $\beta$ N3(pE) was present in these samples in less amounts [21].

A $\beta$ N3(pE) was also detected in vascular amyloid deposits although in relatively minor quantities. Thus, Kuo and collaborators have demonstrated that neuritic plaques from individuals with AD had about 51% of A $\beta$ N3(pE) while vascular amyloid from these individuals contained an average of 11% of A $\beta$ N3(pE) [50].

Recently, peri-synaptic discrete and granular A $\beta$ N3(pE) aggregates that co-localized with the presynaptic protein synaptophysin were detected in the postmortem brain samples from individuals with early stages of AD suggesting that they may contribute to early cognitive dysfunction [51]. Importantly, intraneuronal A $\beta$ N3(pE) oligomers were shown to represent an important pathological intermediate appearing at a time point when behavioral deficits occur [52]. Finally, De Kimpe and collaborators demonstrated that in postmortem human brain tissue, aggregated A $\beta$ N3(pE) is predominantly found in the lysosomes of both neurons and glial cells and that intracellular A $\beta$ N3(pE) amount increases with age [53].

Studies on biophysical properties of pyroglutamate-modified A $\beta$  peptides demonstrated that they form  $\beta$ -sheet structure more readily than the corresponding full-length peptides suggesting them to be potential seeding species of aggregate formation [38, 40, 54]. Sedimentation experiments showed that the pyroglutamate-containing A $\beta$  peptides have greater aggregation propensities than the corresponding full-length peptides [38]. A detailed kinetic and structural study

of full length A $\beta$ 1-42 and two pyroglutamate species, A $\beta$ N3(pE) and A $\beta$ N11(pE), performed by two complementary and independent techniques, circular dichroism and Thioflavine T fluorescence spectroscopy, together with electron microscopy revealed that A $\beta$ N3(pE) shows substantially faster aggregation kinetics compared with full length peptide [42]. Interestingly, transmission electron microscopy analysis revealed that A $\beta$ N3(pE) has an inhibitory effect on full length A $\beta$ 1-42 fibrillogenesis, probably maintaining the peptides in oligomeric/prefibrillar conformation, that has been demonstrated to be more toxic for the cells and for the progression of AD pathogenesis [7, 42, 55]. Recently, Sun and collaborators performed structural analysis of A $\beta$ N3(pE) using high-resolution NMR spectroscopy and demonstrated decreased helical propensity in pyroglutamate-modified peptide compared with A $\beta$ 40 under exactly same conditions, in agreement with the observation of increased tendency to form  $\beta$ -sheet structures under physiological conditions [44].

Studies on cytotoxic properties of pyroglutamate-modified A $\beta$  peptides revealed that A $\beta$ N3(pE) induced significantly more cell loss than other A $\beta$  species in rat cultured hippocampal neurons and cortical astrocytes [39]. Authors have demonstrated that A $\beta$ N3(pE) peptides were heavily distributed on plasma membrane and within the cytoplasm of treated cells [39]. In addition, A $\beta$ N3(pE) was shown to cause DNA fragmentation in cultured neurons but not in cortical astrocytes. In contrast, no LDH release, which indicates membrane damage and lysis of damaged cells, was observed in cultured neurons while LDH amount increased by 32-40% after treatment of astrocytes with A $\beta$ N3(pE) [39]. These results suggest that the pyroglutamate-modified peptides may share similar degenerative mechanisms, apoptosis in neurons and necrosis in astrocytes, with full length A $\beta$  [39]. The highly pathogenic effect of A $\beta$ N3(pE) was supported also by the finding that its early aggregates alter the membrane permeability probably by forming membrane pores [26]. In addition, A $\beta$ N3(pE) was shown to induce a redox-sensitive neuronal apoptosis involving caspase activation and an arachidonic acid-dependent pro-inflammatory pathway in primary neuronal cultures [41]. Recently, our group demonstrated that A $\beta$ N3(pE) oligomers induce phosphatidylserine externalization and membrane damage in differentiated SH-SY5Y cells [56]. Moreover, A $\beta$ N3(pE) was shown to inhibit long term potentiation in mouse hippocampal slices [54]. Finally, De Kimpe and collaborators showed that A $\beta$ N3(pE) oligomers cause lysosomal membrane permeabilization leading to impaired lysosomal function and aberrant exposure of cellular components to lysosomal enzymes [53].

In a recent study, Nussbaum and collaborators demonstrated that A $\beta$ N3(pE) may form low molecular weight hybrid oligomers with the full length A $\beta$  peptide and cause an accelerated misfolding and oligomerization of A $\beta$ 1-42 leading to toxic structures that propagate by a prion-like mechanism [43]. These mixed oligomers as well as 100% A $\beta$ N3(pE) but not 100% A $\beta$ 1-42 oligomers potently inhibited long-term potentiation of mouse hippocampal neurons in slice cultures and significantly reduced cell viability as assessed in primary wild-type neuron cultures by

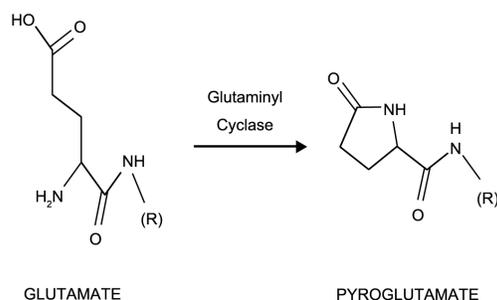
XTT assay, although in the latter experiments 100% A $\beta$ N3(pE) was less toxic compared with hybrid oligomers [43].

Importantly, in Tg2576 mice, the most frequently used APP transgenic mouse model during first decade of AD immunotherapy studies, as well as in other commonly used Tg mice, pyroglutamate-modified A $\beta$  peptides were not detected at all or detected in old animals at levels far lower than in human AD brain [27, 57, 58]. Schilling and collaborators detected A $\beta$ N3(pE) in Tg2576 mice brain at 12 months of age but this A $\beta$  specie still represented only 0.1-0.5% of total A $\beta$  [59]. A few Tg mouse strains (APP/PS1KI, TBA2.1, TBA2.2, TBA42) were developed to produce A $\beta$ N3(pE) peptide, and the presence of intraneuronal pool as well as extracellular aggregates containing A $\beta$ N3(pE) have been shown to correlate with the development of early synaptic and behavioral deficits as well as with microgliosis, astrocytosis, hippocampal atrophy and neuronal loss in these mice [34, 60-67].

## POSSIBLE TREATMENT STRATEGIES

### Glutaminyl Cyclase Inhibition

Conversion of N-terminal glutamate (Glu<sup>1</sup>) residue to pyroglutamate (Fig. 1) is catalysed by the glutaminyl cyclase (QC), an enzyme highly abundant in mammalian brain [68].



**Fig. (1).** Glutaminyl cyclase (QC) converts N-aminoterminial glutamate residue to pyroglutamate.

QC has a key function in the posttranslational processing of several hormones, converting amino-terminal glutamine into pyroGlu [69]. It has been demonstrated that *in vitro* amino-terminal glutamate (Glu<sup>1</sup>) is also converted to pyroGlu by incubation at pH 6.0 in the presence of QC [68]. If QC was boiled before addition, formation of the pyroGlu peptides was negligible; no conversion of glutamate to pyroGlu was detected at basic pH values in contrast to well known glutamine (Gln) modification by QC that occurs at an optimum pH 8.0 [68]. Importantly, both A $\beta$  and QC, have been found to be localized within the acidic secretory vesicles [10, 69]. Interestingly, while co-transfection of APP and QC led to pyroGlu formation in HEK293 cells, the addition of recombinant QC to the same cell culture medium generated only minor amounts of A $\beta$ N3(pE) suggesting that conversion of Glu<sup>1</sup> to pyroGlu, at least in this case, is favored intracellularly [70]. Importantly, trans-Golgi network, a mildly acidic (pH 5.9-6.5) organelle, was reported to be a predominant cellular compartment for truncated A $\beta$ 11-40/42 production and, in agreement with above

mentioned studies, may be also the site of Glu1 conversion into pyroglutamate, resulting in A $\beta$ N11(pE) [23, 68, 69]. Formation of A $\beta$ N3(pE) *in vivo/in situ* was observed after microinjection of A $\beta$ 1-40 and A $\beta$ 3-40 into the rat cortex, and the generation of A $\beta$ N3(pE) was significantly inhibited by intracortical microinjection of a QC inhibitor [71]. Finally, it has been demonstrated that 5XFAD/hQC bigenic mice, obtained by crossing 5XFAD mice with Tg mice expressing human QC under the control of the Thy1 promoter, showed significant elevation in A $\beta$ N3(pE) levels and a significant motor and working memory impairment compared with 5XFAD mice [66]. Importantly, QC knock-out rescues the behavioral impairments in 5XFAD mice clearly demonstrating that QC is crucial for modulating A $\beta$ N3(pE) levels [66].

Importantly, glutaminyl cyclase mRNA and protein levels were upregulated in brain samples from individuals with AD compared with samples from normal aging individuals, correlating with significantly larger amount of A $\beta$ N3(pE) in AD brain detected by ELISA analysis as well as by immunohistochemistry [59, 72]. In the latter study authors demonstrated that disturbed Ca<sup>2+</sup> homeostasis results in upregulation of QC in differentiated neuroblastoma cells, suggesting that disruption of Ca<sup>2+</sup> homeostasis, one of the early pathogenic factors observed in AD, may contribute to the formation of pyroglutamate-modified A $\beta$  peptides [72]. Recently, higher levels of glutaminyl cyclase mRNA and protein in peripheral blood from AD patients compared with age-matched controls were found, and a correlation between glutaminyl cyclase expression and the severity of dementia was observed [73].

Interestingly, different types of A $\beta$ N3(pE) aggregates, focal and diffuse deposits, were identified in defined layers of the AD hippocampus [74]. The focal/cored A $\beta$ N3(pE) aggregates were found to be associated with the somata of QC-expressing interneurons or neuronal debris suggesting that A $\beta$ N3(pE) is produced and deposited intracellularly [74]. In contrast, diffuse A $\beta$ N3(pE) aggregates were not associated with QC-expressing neurons, and authors hypothesize that QC and/or A $\beta$ /A $\beta$ N3(pE) may be transported from entorhinal cortex projection neurons and released at hippocampal terminal zones forming extracellular deposits; however, diffuse A $\beta$ N3(pE) deposits could also be localized within neurites of QC-rich neurons arising from entorhinal cortex [74]. These observations indicate that QC may convert Glu<sup>1</sup> to pyroglutamate in AD both intra- and extracellularly in contrast to results obtained previously in transfected cells [70].

One of the possible treatment strategies for AD targeting pyroglutamate-modified A $\beta$  may be, thus, the inhibition of QC, preventing the conversion of glutamate residue to pyroglutamate and the formation of A $\beta$ N3(pE) and A $\beta$ N11(pE). Cynis and collaborators demonstrated that the QC-specific inhibitor P150/03 decreases cyclization of glutamate at the N-terminus and formation of A $\beta$ N3(pE) in cultured mammalian cells [75]. To further confirm the specific effect of QC inhibitor, authors generated transgenic *Drosophila* flies with neuron-specific expression of A $\beta$ 1-42 or A $\beta$ N3(pE) [59]. A four-week treatment of A $\beta$ N3(pE)-transgenic flies with a QC inhibitor PBD150 led to a

significant decrease of A $\beta$ N3(pE) while total A $\beta$  was not affected in flies expressing A $\beta$ 1-42, suggesting that PBD150 specifically reduces A $\beta$ N3(pE) [59]. Subsequently, QC inhibitor was applied orally to 4-, 6- and 10-month-old APP-Tg mice for 6 to 10 months to study effects of glutamate-pyroglutamate conversion on the concentrations of A $\beta$ N3(pE) as well as other A $\beta$  species [59]. In all three trials, a dose dependent decrease of cortical plaque formation, plaque-associated inflammation and total A $\beta$  and A $\beta$ N3(pE) concentrations in the insoluble A $\beta$  pool as well as improved memory were observed [59].

Currently, PQ912, a glutaminy cyclase inhibitor discovered by Probiobdrug and shown to be safe and well tolerated in a Phase I clinical trial, is in further clinical development for the treatment of AD ([www.probiobdrug.de](http://www.probiobdrug.de)).

### Immunotherapy

Immunotherapy approaches, both active immunization with A $\beta$  peptide or passive transfer of anti-A $\beta$  antibodies, have been demonstrated to decrease amyloid deposits and associated neuronal and inflammatory pathologies and reverse A $\beta$ -related cognitive deficits in several amyloid precursor protein transgenic (APP/Tg) mouse as well as canine and primates models of AD [76-84]. The majority of these studies used mainly A $\beta$ 1-40 or A $\beta$ 1-42 as an immunogen for active immunization, which induced antibodies specific for amino-terminal part (EFRH epitope) of A $\beta$ . However, pyroglutamate-modified forms of the A $\beta$  lack this critical B-cell epitope. Nowadays, a number of clinical studies investigating the effectiveness of anti-A $\beta$  immunotherapy in AD patients are underway. Full length A $\beta$  peptide as well as a number of immunogens based on the N-terminal immunodominant epitope are being tested in different elegant strategies. However, these immunization strategies would induce antibodies recognizing the full length A $\beta$  but not necessarily N-truncated modified species. Interestingly, a detailed analysis of the neuropathology and A $\beta$  spectrum in a Bapineuzumab (a humanized antibody raised against the N-terminus of A $\beta$  1-42) immunotherapy recipient revealed the presence of various A $\beta$  peptides, including A $\beta$ N3(pE) [85]. In this patient, bapineuzumab immunotherapy neither resulted in detectable clearance of amyloid aggregates nor prevented further cognitive impairment despite promising results with the same antibody in transgenic mice [86, 87]. One of the possible explanations of the failure of bapineuzumab to reduce amyloid aggregates in this case may be the presence of N-truncated/pyroglutamate-modified A $\beta$ . As we discussed above, N-truncation and glutamate to pyroglutamate modification at position 3 or 11 of A $\beta$  may lead to altered secondary and tertiary structures and prevent the recognition by a given antibody. Thus, there is an urgent need to design novel immunotherapy strategies directed against N-truncated/pyroglutamate-modified A $\beta$  peptides and consider them for vaccine development for AD.

In 2003, Sergeant and collaborators, after a thorough characterization of A $\beta$  aggregates in human brain, concluded that truncated A $\beta$  species are early, pathological and abundant antigens and proposed that they could be an ideal target for vaccination [36]. In recent years, a couple of laboratories started to include pyroglutamate-modified A $\beta$  in

their research agenda. Our group performed first studies on immunogenicity of A $\beta$ N3(pE) and A $\beta$ N11(pE) in rabbits and demonstrated that while A $\beta$ N3(pE) peptide induces antibodies specifically binding to A $\beta$ N3(pE), anti-A $\beta$ N11(pE) antibodies recognize two pyroglutamate species, A $\beta$ N3(pE) and A $\beta$ N11(pE), and full-length A $\beta$  as well [56, 88]. The latter results suggest that A $\beta$ N3(pE), A $\beta$ N11(pE) and full-length A $\beta$  may share a common B cell epitope, and are important for designing immunogens capable of inducing antibodies targeting three main pathological species of the A $\beta$  peptide present in human brain. This should significantly enhance the efficacy of immunotherapy in the CNS of AD patients, because only approximately 0.1% of the antibody in the blood gains entry into the brain. We also performed epitope mapping of anti-A $\beta$ N3(pE) and anti-A $\beta$ N11(pE) antibodies and demonstrated the presence of one immunodominant epitope at the N-terminal part of A $\beta$ N3(pE) and two major B cell epitopes in A $\beta$ N11(pE) (one at the N-terminal part (aa 11-15) and another at the central part (aa 20-24) of the peptide) [56, 88]. Studies on immunogenic properties of identified epitopes/mimotopes are underway.

Wirhth and collaborators generated a monoclonal antibody 9D5 selectively binding to low molecular weight A $\beta$ N3(pE) oligomers and demonstrated that this antibody inhibits aggregation and toxicity of A $\beta$ N3(pE) *in vitro* and shows a specific staining profile in AD and 5XFAD Tg mice brain [35, 89]. In addition, passive immunization with 9D5 in 5XFAD mice significantly reduced intracellular A $\beta$ N3(pE) oligomers, general plaque load in hippocampus and cortex as well as behavioral deficits [35]. Authors proposed that intraneuronal A $\beta$ N3(pE) oligomers represent an important early pathological step and that targeting these toxic aggregates may also have an impact on other pathological A $\beta$  species [35, 52].

Lemere and collaborators evaluated in AD-tg mice another monoclonal antibody specifically binding to A $\beta$ N3(pE) in passive immunization protocols and demonstrated that it is able to lower total A $\beta$  deposition in a prevention trial [90]. Moreover, weekly anti-A $\beta$ N3(pE) antibody administration for 7 weeks reduced plaque burden in the absence of microhemorrhages in a therapeutic trial in 23-month-old, plaque bearing Tg mice [90]. This study confirmed that selective removal of A $\beta$ N3(pE) aggregates may lower deposition of multiple A $\beta$  species in the brain [90].

Recently, a plaque-specific anti-A $\beta$ N3(pE) monoclonal antibody mE8 was developed and used for passive immunization in both prevention and therapeutic studies in AD-Tg mice [91]. Interestingly, this antibody reduced existing plaques when applied weekly for 3 months to 23-month-old mice while the well-known 3D6 anti-A $\beta$  monoclonal antibody, the murine equivalent of bapineuzumab used in clinical trials, had no effect in the same immunization protocol [91]. However, behavioral studies were not performed at the end of mE8 immunization to conclude if this antibody would be a suitable immunotherapeutic for AD in future. Quite different results were obtained with mE8 in a prevention study in 5.5-month-old AD-Tg mice, an age before the initiation of robust A $\beta$  deposition. In this study, treatment with 3D6 antibody resulted in a significant decrease of hippocampal A $\beta$  as compared with the control

IgG; in contrast, the plaque-specific anti-A $\beta$ N3(pE) monoclonal antibody mE8 did not show significant reduction in A $\beta$ , suggesting that the mechanism of action of these antibodies is different [91]. Different results observed by Lemere and DeMattos groups [90, 91] in therapeutic studies using anti-A $\beta$ N3(pE) antibodies may be explained, in part, by the fact that they recognize different amyloid aggregates, and, probably, the effective passive immunization protocol should include more than one anti-A $\beta$  antibody. Importantly, anti-A $\beta$ N3(pE) antibodies did not exacerbate microhemorrhage yet were able to significantly remove existing plaques, while the 3D6 antibody induced an increase in microhemorrhage and did not remove plaques [91]. These results clearly demonstrated that amyloid plaques can be removed without this important adverse event if suitable immunotherapy approach is applied.

To the best of our knowledge, there is only one clinical trial evaluating active immunotherapy approach targeting pyroglutamate-modified A $\beta$ . Affiris AG developed a new immunogen AFFITOPE AD-03 based on mimotopes and started in 2010 a phase I trial to assess its tolerability and safety after repeated subcutaneous administration with or without an adjuvant (alum) in patients with mild to moderate AD (<http://www.clinicaltrials.gov>). In December 2011, authors reported that AFFITOPE AD-03 passed successfully phase I clinical testing. This announcement is very promising although alum as an adjuvant is not the most suitable choice for AD patients because its' known neurotoxic effect [92].

Solanezumab, a monoclonal humanized anti-A $\beta$  central region antibody is currently being tested in clinical trials in passive immunization protocols in patients with mild to moderate AD [93-96]. This antibody was well tolerated after single or multiple weekly doses up to 400mg and no evidence of meningoencephalitis, microhemorrhage or vasogenic edema was present in patients, but no changes in cognitive scores occurred [93, 95]. However, the first comprehensive analysis of two Phase III clinical trials performed mainly in the Americas, Western Europe, Australia and Japan demonstrated that monthly administration of solanezumab during 18 months had although small but real beneficial cognitive effect (<http://www.alzforum.org/new/detail.asp?id=3288>). Since this antibody binds to a central region of A $\beta$ , it may recognize N-truncated species too. However, N-truncation/modification of the molecule may change exposed epitopes, and antibodies raised against pyroglutamate-modified A $\beta$  species are highly warranted. Ideally, a panel of anti-A $\beta$  antibodies should be evaluated for developing effective immunotherapy approach for AD.

## CONCLUSION

The main A $\beta$  variants detected in the human brain are A $\beta$ 1-40 and A $\beta$ 1-42, however a significant proportion of AD brain A $\beta$  consists also of N-terminal truncated species. Pyroglutamate-modified A $\beta$  peptides have been demonstrated to be the predominant components among all N-terminal truncated A $\beta$  species. Importantly, it has been demonstrated that these peptides progressively accumulate in the brain at the earliest stages of AD even before the appearance of clinical symptoms, pointing to the hypothesis that they are

potential seeding species and may play an important role in the formation of pathological amyloid aggregates. For this reason, N-terminal truncated/pyroglutamate-modified A $\beta$  peptides represent highly desirable and abundant therapeutic targets.

One of the possible treatment strategies for AD targeting pyroglutamate-modified A $\beta$  may be the inhibition of QC, preventing the conversion of glutamate residue to pyroglutamate and the formation of A $\beta$ N3(pE) and A $\beta$ N11(pE). Although a glutaminyl cyclase inhibitor discovered by Probiobio and shown to be safe and well tolerated in a Phase I clinical trial, is now in further clinical development for the treatment of AD, this strategy has a drawback of inhibiting an enzyme with a key function in the posttranslational processing of several hormones, converting amino-terminal glutamine into pyroGlu. Thus, alternative approaches targeting pyroglutamate-modified A $\beta$  are warranted.

The majority of concluded and ongoing immunotherapy studies for AD used mainly the full length A $\beta$ 1-40 or A $\beta$ 1-42 as an immunogen for active immunization, inducing antibodies specific for amino-terminal part (EFRH epitope) of the A $\beta$ . However, pyroglutamate-modified forms of the A $\beta$  lack this critical B-cell epitope and consequently, would not be targeted in these studies. Thus, there is an urgent need to design novel immunotherapy strategies directed against N-truncated/pyroglutamate-modified A $\beta$  peptides and consider them for vaccine development for AD. Few laboratories are currently evaluating new therapeutic and preventive immunization protocols using anti-A $\beta$ N3(pE) antibodies. Also, research on antigenic and immunogenic properties of both pyroglutamate-modified/N-truncated A $\beta$  peptides is underway. These studies may provide promising diagnostic and therapeutic tools, targeting all pathological amyloid species involved in AD in the future.

## CONFLICT OF INTEREST

The authors confirm that this article content has no potential conflicts of interest.

## ACKNOWLEDGEMENTS

RPG is a recipient of a doctoral scholarship from CONACyT and Doctorado en Ciencias Bioquímicas, UNAM, MEXICO. This work was, in part, funded by CONACyT, MEXICO (177269) to G.G.

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