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Methionine Oxidation and Reduction in Proteins

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Abstract

Background—Cysteine and methionine are the two sulfur containing amino acids in proteins. While the roles of protein-bound cysteinyl residues as endogenous antioxidants are well appreciated, those of methionine remain largely unexplored.

Scope—We summarize the key roles of methionine residues in proteins.

Major Conclusion—Recent studies establish that cysteine and methionine have remarkably similar functions.

General Significance—Both cysteine and methionine serve as important cellular antioxidants, stabilize the structure of proteins, and can act as regulatory switches through reversible oxidation and reduction.

1. Introduction

Methionine and cysteine are the two sulfur-containing amino acids that are present in peptides and proteins. It would not be difficult for most of us to list the functions of cysteine residues in proteins. Well-known roles include antioxidant defense, catalysis, protein structure, and redox sensing and regulation [1]. In contrast, we might have difficulty listing the functions of methionine (Met) residues, other than its well-known role in protein initiation. Biochemistry texts typically treat Met as a generic hydrophobic amino acid, readily interchangeable with other residues such as leucine or valine. This concept is woefully outdated. Over the last 15 years, research from a number of laboratories supports the concept that Met in proteins shares much of the same job description as cysteine, playing important roles in oxidant defense redox sensing and regulation as well as protein structure.

The most important common characteristic of cysteine and Met residues in proteins is that both are subject to reversible oxidation and reduction, mediated either enzymatically or non-enzymatically. While cysteine forms cystine through a disulfide linkage, Met forms methionine sulfoxide (MetO) by addition of oxygen to its sulfur atom. Disulfides may be reduced back to the thiol form by various reductases, often utilizing thioredoxin [2]. MetO is reduced back to Met by the methionine sulfoxide reductases, thioredoxin-dependent enzymes that are virtually universal among aerobic organisms [3, 4]. Oxidation of Met to

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MetO introduces a chiral center at the sulfur atom so there are two epimers of MetO; R-MetO and S-MetO. While an epimerase could theoretically exist that interconverts the forms, none has been found so far. Instead, organisms have two types of methionine sulfoxide reductases (Msr). MsrA specifically reduces S-MetO, but not R-MetO. Conversely, MsrB reduces R-MetO, but not S-MetO. The existence of MsrA has been appreciated for decades, while the existence of MsrB was only reported recently [5]. To date, there is substantial experimental evidence to support the importance of MsrA, both *in vivo* and *in vitro*. Knocking out MsrA caused increased susceptibility to oxidative stress in mice [6], yeast [7], and bacteria [8–10]. Conversely, overexpressing MsrA conferred increased resistance to oxidative stress in *Drosophila* [11], *Saccharomyces* [12], *Arabidopsis* [13], PC-12 cells [14], and human T cells [12]. Interestingly, overexpression in *Drosophila* doubled the lifespan of the flies [11]. Critical functions for MsrB remain to be defined given its more recent discovery.

While cysteine is well-recognized for the ease of its oxidation, it is often not appreciated that Met can be readily oxidized to MetO [15, 16]. Indeed, the standard redox potential for the two electron reduction of dimethyl sulfoxide is +160 mV [17] while that for cystine is +220 mV [18]. Cysteine is easily oxidized when ionized to its thiolate, but is difficult to oxidize when in the thiol form [19]. Cysteine residues at the active sites of enzymes such as phosphatases, dehydrogenases, reductases, and peroxidases generally have a low pK_a which makes them readily oxidizable [19]. However, the majority of cysteine residues, including those in glutathione, have a pK_a around 8.3–8.7 and are not easily oxidized at physiological pH, unless the oxidation is catalyzed by an enzyme. In contrast, oxidation of Met residues is essentially independent of pH [20]. *In vitro*, hypochlorous acid (HOCl), a major halogenated oxidant generated by leukocytes, reacts rapidly with Met at physiological pH [20, 21], but hydrogen peroxide does not, although the rate can be accelerated by the bicarbonate/carbon dioxide present *in vivo* [22]. The relative importance *in vivo* of cysteine and Met as antioxidants has not been established and most likely varies depending on the oxidizing agent.

2. Methionine residues in proteins as antioxidants

2.1. α_2 macroglobulin

α_2 macroglobulin (A_2M) is a high molecular weight (~725 kDa), physiologically important plasma proteinase inhibitor that targets a wide variety of proteinases [23, 24]. Acting in a “venus-flytrap”-like mode that serves to entrap proteinases in a molecular cage [25], A_2M normally circulates as a homotetrameric molecule that is disulfide linked into a pair of dimers that are held in association by strong non-covalent forces. In its open conformation, target proteinases cleave an exposed “bait” region within the A_2M tetramer that triggers the structural changes that result in the irreversible entrapment of the protease. Often acting at sites of inflammation where reactive oxygen and nitrogen species are at relatively high concentration, it was initially thought that A_2M was resistant to oxidative modification [26]. However, studies by Weiss and colleagues demonstrated that the antiproteinase was sensitive to oxidative modification by activated neutrophils, HOCl or derivative chloramines (a natural byproduct of neutrophil-generated HOCl following its reaction with amines) [24, 26]. In the course of these reactions, Met residues in A_2M readily react with chlorinated oxidants, consuming the reactive species while oxidizing Met to its corresponding sulfoxide [26]. These oxidations had previously not been observed because only the activity of A_2M was monitored, and, at least initially, the oxidation of Met residues proceeds without loss of anti-proteinase activity [26]. Our detailed study of the oxidation reaction established that each subunit of A_2M consumes 8 mol of chloramine without any loss of anti-proteinase function [26]. During a second phase of oxidative modification, the A_2M is inactivated with loss of activity proceeding in a manner directly proportional to the consumption of

chlorinated oxidants. At this point, each subunit consumed 16 mol of chloramine, but only 14 Met residues were oxidized. Further studies demonstrated that a single tryptophan residue in each subunit was being oxidized by the remaining chloramine and that the decrease in total tryptophan residues (from 11 to 10) was directly proportional to loss of anti-proteinase activity in tandem with the dissociation of the tetrameric A₂M into dimers [26].

That the tryptophan became susceptible to oxidation only after conversion of more than 8 Met residues to their sulfoxides could be explained by perturbation of the normal A₂M structure by the presence of the additional sulfoxides, leading to an inactive conformation with incidental exposure of the normally buried tryptophan. However, the ability of A₂M to tolerate oxidation of 8 Met per subunit without loss of activity led to the proposal of an alternative hypothesis in which these residues functioned as antioxidants that protected the critical tryptophan residue from oxidation. Using high pressure liquid chromatography and mass spectrometry, we have determined that the oxidized Trp residue is Trp413. We then generated both recombinant wild-type and Trp413Ala and Trp413Phe site-specific mutants in order to test whether loss of Trp413 was sufficient to cause dissociation of the tetramer to the dimer. Native gel electrophoresis demonstrated that wild-type A₂M is, as expected, a tetramer, but both Trp413 mutants are almost completely dissociated to the dimer (Fig. 1). Thus, Trp413 must be intact for normal subunit-subunit interaction. We therefore proposed that the purpose of the multiple, readily oxidized Met residues in A₂M was to act as a last line of defense against reactive species that had evaded low molecular weight antioxidants and enzymatic antioxidant systems [26–28]. In other words, Met residues serve as innate antioxidants or “molecular bodyguards”, positioned to intercept reactive species to prevent damage to other residues critical to the function of the protein.

2.2. Glutamine Synthetase

To date, there are no crystal structures for native A₂M. While there is a low resolution structure of methylamine-reacted A₂M (a form of A₂M wherein the anti-proteinase undergoes conformational changes similar to those elicited by targeted proteinases) [29], this conformation is known to be very different than that of the native A₂M [30, 31], thereby complicating efforts to characterize oxidative events at the structural level. We therefore turned our focus to glutamine synthetase from *E. coli*, for which several excellent crystal structures have been determined [32–34]. Exposure of the enzyme to varying concentrations of hydrogen peroxide generated a series of preparations with an increasing content of MetO; no other covalent modifications were detected [27]. Eight of the 16 Met residues could be oxidized without loss of catalytic activity. Mapping of the oxidizable Met residues revealed that all were surface exposed; conversely, the residues that remained unoxidized were buried. More detailed examination of the topographic distribution of the oxidizable Met residues was intriguing as these residues were found to line the bay leading from the surface of the enzyme to its active site (Fig. 4 in [27]). In other words, these Met residues are mustered in a phalanx guarding the active site where they too function as macromolecular bodyguards.

2.3. Enlistment of methionines as antioxidants is widespread

In addition to glutamine synthetase and A₂M, many other proteins have likely evolved with similar placement of “guardian” Met residues. For example, mammalian 15-lipoxygenases undergo an apparently irreversible auto-inactivation during the catalytic cycle. The enzyme contains ~16 Met residues, and oxidation of a single Met near the active site correlates with inactivation [35]. However, Gan and colleagues reported that site-specific replacement of the oxidizable Met590 by a leucine residue yielded an enzyme that remained sensitive to auto-inactivation [36]. Thus, while Met590 is critical to in the regulation or catalytic activity of the lipoxygenase, it presumably functions as a guardian antioxidant for the active site.

Consistent with the proposition that Met residues can serve as endogenous antioxidants, it is interesting to note that the effective concentration of exposed Met residues is extremely high near the protein surface; greater than 1 M given certain assumptions [27]. Recognizing the ease of Met oxidation, surface-exposed Met residues may well constitute a formidable antioxidant defense mechanism, capable of protecting critical residues within the protein itself or even surrounding molecules. An elegant example of the latter comes from Stocker and colleagues who established that high density lipoproteins reduce cholesteryl ester hydroperoxides to alcohols, with the concomitant oxidation of two Met residues to the sulfoxides [37]. The apolipoprotein may also function in a catalytic manner as the oxidized apolipoprotein can be reduced by Msr [38] with the rate of repair rendered even more efficient with the myristoylated form of MsrA that is present *in vivo* [39].

Studies of changes that occur during evolution provide additional support for the importance of Met residues as endogenous antioxidants. Bender and colleagues focused on the evolution of the mitochondrial genetic code, taking note of the fact that it differs from the nuclear code in many animals [40]. In the nucleus, AUA codes for isoleucine, but it specifies Met in animals using the modified code. By analyzing a large number of species that do not use the modified mitochondrial code, they established that the average Met content in mitochondrially-encoded proteins is ~2%, which is the same as that for nuclear encoded in those organisms. However, in organisms whose mitochondrial code evolved to specify Met by AUA, the average mitochondrial Met content jumped 3-fold to ~6%. Moreover, the additional Met residues were again topographically arranged on the surface of the proteins, ideally positioned to intercept reactive oxygen species generated by mitochondrial respiration.

A direct test of the hypothesis that Met residues are *in vivo* antioxidants was performed by globally altering the Met content of proteins [41]. This can be done in microorganisms, such as *E. coli*, by culturing a Met auxotroph in medium rich in norleucine, but poor in Met [41]. Norleucine, being the carbon analogue of Met, cannot form a sulfoxide and thus, lacks the antioxidant potential of Met. When grown in the norleucine medium, 40% of the Met residues in *E. coli* were replaced by norleucine [42]. If the hypothesis that Met serves as an antioxidant hypothesis were correct, the Met-poor organisms should prove more sensitive to oxidative stress. Indeed, when left unstressed, both control and norleucine-substituted cells survived equally well in stationary phase for at least 32 hours. In contrast, when challenged by exposure to hypochlorous acid, hydrogen peroxide or ionizing radiation, the norleucine-substituted cells died more rapidly than the control cells [42]. To date, this is one of the few direct experimental tests of our operative hypothesis, so more studies are clearly needed.

3. Methionine residues and protein structure

Valley and colleagues recently established that Met residues in proteins are frequently positioned so that they establish a hydrophobic bond between their sulfur atoms and the rings of aromatic residues, including tryptophan, phenylalanine and tyrosine [43]. These hydrophobic sulfur-ring bonds are very common and contribute to the structural stability of proteins with a bond energy of 1.0–1.5 kcal/mol each -- approximately equal to that of an ionic salt bridge [43]. The aromatic amino acids are among the most susceptible to oxidation by reactive species [44], so that interaction with the Met establishes the optimal positioning needed to provide antioxidant protection. Of course, conversion of the Met to MetO will eliminate the hydrophobic bond, and it is likely to perturb the normal 3-dimensional folding of the protein. These perturbations may expose otherwise normally buried residues, explaining the association of Met oxidation with increased surface hydrophobicity of proteins [27, 45]. This effect may be substantial during aging in which progressive increases in the surface hydrophobicity of proteins correlate with an age-related increase in MetO

content [45]. Many other reports of increased MetO content in aging tissues have appeared, but the changes are rather modest and no studies have yet validated total MetO content as a marker of biological aging. Progress in developing MetO as a useful marker is severely hampered by the lack of analytical tools for detecting and quantitating MetO content of individual proteins in complex mixtures such as those found in tissue homogenates. The absence of immunochemical or chemical methods for detecting and quantitating MetO is particularly vexing [46], although efforts to circumvent this problem may be forthcoming [47].

Met oxidation has usually been considered in terms of pathological, oxidative events. For example, Johnson and Travis established that the oxidative inactivation of alpha-1 proteinase inhibitor (α_1 -antitrypsin) was due to oxidation of a critical Met, Met358 [48], and many reports implicate this oxidative inactivation as contributing to pulmonary diseases [49–51]. In an unusual example of physiologic Met oxidation, Hudson and colleagues [52] have demonstrated a key role for this event in stabilizing type IV collagen structure (a key component of basement membranes, a specialized form of extracellular matrix that subtends all endothelial and epithelial cells). In a mechanism that is conserved from flies to humans, the carboxyl-terminal Met of one type IV collagen subunit is covalently linked to a lysine of another subunit through a novel sulfilimine (S=N) bond [52]. Formation of the sulfilimine is catalyzed by a specific peroxidase, termed peroxidasin, that appears to generate the sulfilimine by formation of hypohalous acids as a reactive intermediate [53]. *Drosophila* with mutant peroxidasin fail to generate sulfilimine cross-links and display disorganized collagen IV networks with associated defects in basement membrane structure [53].

4. Regulation by oxidation and reduction of methionine residues

Like phosphorylation, Met oxidation is a reversible covalent modification. Thus, cyclic oxidation and reduction of Met residues could function as regulatory processes, including cell signaling [54, 55]. Ciorba and colleagues reported that the inactivation of a potassium channel by nitric oxide was likely due to oxidation of an essential Met residue in the channel [56]. Similarly, Sroussi *et al* presented evidence that the ability of the calcium-binding proteins to direct leukocyte migration was abolished by oxidation of specific Met residues [57]. Interestingly, consistent with the notion that Met oxidation does not invariably link to enzyme inactivation, Erickson and collaborators convincingly identified a calcium-independent pathway for activation of Ca^{2+} /calmodulin-dependent protein kinase that was mediated by oxidation of specific Met residue *in vitro* and *in vivo* [58]. In yet another example of a MetO “activation” process, oxidation of Met80, an iron ligand in cytochrome c, increases cytoplasmic translocation of the cytochrome as part of a potential defense system against nitrate stress in non-apoptotic cells [59]. Likewise, in plants, hydrogen peroxide-triggered protein phosphorylation can be regulated by oxidation of a specific Met residue in the substrate recognition site of kinases [60]. Alternatively, Met oxidation may lead to enhanced function via indirect routes. For example, the blood clotting protein, von Willebrand factor, undergoes HOCl-dependent Met oxidation that renders the protein resistant to proteolysis by the metalloprotease, ADAMTS123, thereby endowing it with increased activity [61]. Although most examples of Met oxidation are dependent on the generation of reactive oxidants, the Terman laboratory has recently identified an NADPH oxidoreductase, Mical, that specifically oxidizes a Met residue in actin that induces filament severing and decreases actin polymerization [62].

MsrA and MsrB are stereospecific reductases, but a stereospecific peroxidase is also required to complete the enzymatic requirements for a reversible covalent modification. We and others had searched for such a stereospecific methionine peroxidase, until recently without success. What we had not realized was that we already had a peroxidase in hand: It

is methionine sulfoxide reductase A, which we now recognize as a bifunctional enzyme capable of both stereospecific oxidation of Met residues to S-MetO as well as reduction back to Met [63]. The enzyme has an active site cysteine, Cys72, located in the NH₂-terminal domain of the protein. When functioning as a reductase, Cys72 reduces MetO and is itself oxidized to the sulfenic acid. The sulfenic acid is then reduced back to the thiol by “resolving” cysteine residues located close to the carboxyl-terminus of the protein. In turn, the resolving cysteines form a disulfide bond that is reduced back to free thiols by thioredoxin, for which a binding site exists in the carboxyl terminal domain of MsrA. Conversely, when functioning as a peroxidase, the Cys72 residue in MsrA is also oxidized to the sulfenic acid, but instead of transferring the oxidizing equivalents to the resolving cysteines, the sulfenic acid oxidizes a Met in a protein substrate. Either hydrogen peroxide or MetO can serve as the donor of the oxidizing equivalents [64]. Dual-function enzymes that catalyze both the forward and reverse reactions of reversible covalent modifications are well-described in the literature [65, 66]. Futile cycles are prevented by mechanisms that inactivate either the forward or reverse reactions, generally by a covalent modification of the bifunctional enzyme such as phosphorylation or by binding of a regulatory protein [66]. We have suggested that the latter mechanism is the more likely means of directing MsrA to function as a peroxidase or a reductase. To direct MsrA to function as a peroxidase, the putative regulatory protein needs only bind to the carboxyl domain of MsrA to block access to the resolving cysteines. In this fashion, dissociation of the proteins would switch MsrA to the reductase mode [63].

The finding that MsrA is a stereospecific methionine peroxidase establishes the potential of cyclic oxidation and reduction of Met residues to function as regulatory switches. However, until proteins that undergo such redox cycles *in vivo* are identified, the proposition remains hypothetical. Intriguing possibilities include reversal of the Mical oxidation of actin mentioned above [62] and in the insulin signaling pathway wherein Styskal and colleagues have reported that *MsrA* knockout mice display reduced insulin responses and are prone to develop insulin resistance [67]. Efforts to characterize MsrA function in these mice may lead to insights into Met redox cycling.

5. Conclusion

The two sulfur containing amino acids, cysteine and Met, share common functions. Increasing evidence indicates that both amino acids are important antioxidants that contribute to the structure and stability of proteins. Their relative ease of reversible oxidation and reduction imbues both amino acids with the ability to serve as regulatory switches and signals in increasingly broad venues.

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Abbreviations

A₂M	α ₂ macroglobulin
MetO	methionine sulfoxide
Msr	methionine sulfoxide reductase

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Highlights

- The roles of methionine in proteins are not well understood.
- Methionine can act as antioxidant, protein stabilizer, or regulatory switch.
- We conclude that cysteine and methionine have remarkably similar functions.

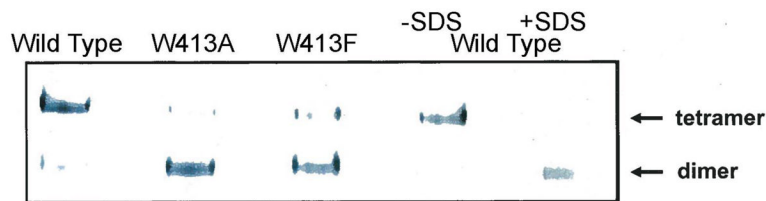


Fig. 1.

Native gel electrophoresis of wild-type and Trp413 mutant A₂M. Samples were analyzed on a single native gel. The wild-type sample in the far right lane was made 2% in SDS to dissociate tetramers to disulfide-linked dimers.

The proteins were produced as follows: Chinese hamster ovary CHO-K1 cells were purchased from ATCC (catalog CCL-61, Manassas, Virginia, USA) and grown in DMEM (Gibco-BRL 10566-016, Life Technologies, Grand Island, New York, USA) containing 10% fetal calf serum. Cells were maintained in 5% CO₂ and 5% oxygen. The human A₂M gene sequence encoding wild type (WT), Trp413Ala, Trp413Phe was cloned into pcDNA 3.1 (+) (Invitrogen V790-20, Life Technologies, Grand Island, New York, USA). CHO-K1 cells were stably transfected with the expression vectors. The stably transfected cells were selected in DMEM with 10% FBS containing 3 mg/ml Geneticin (Invitrogen 10131-027). Selected cell lines were then grown in CHO serum-free culture medium (BioWhittaker 12-029Q, Walkersville, Maryland, USA) without Geneticin. After 73 h in culture, 30 ml of medium were collected and concentrated to 1.5 ml through a centrifugal filter YM10 (EMD Millipore, Billerica, Massachusetts, USA). The concentrated samples were subjected to native gel electrophoresis on a 6% Tris-glycine gel (EC6068, Invitrogen) run at 125 volts for 130 min at room temperature. Proteins were electroblotted to a polyvinylidene difluoride membrane (LC2002, Invitrogen), incubated with rabbit anti-human A₂M as the primary antibody (DAKO A0033, DAKO, Carpinteria, California, USA) and an anti-rabbit IgG conjugated to alkaline phosphatase (475-1516, KPL, Gaithersburg, Maryland, USA) as the secondary antibody. A₂M was visualized by incubation with nitro blue tetrazolium/5-bromo-4-chloro-3-indolyl phosphate (50-81-08, KPL).