

# Protein kinase C $\beta$ as a therapeutic target stabilizing blood–brain barrier disruption in experimental autoimmune encephalomyelitis

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Disruption of the blood–brain barrier (BBB) is a hallmark of acute inflammatory lesions in multiple sclerosis (MS) and its animal model experimental autoimmune encephalomyelitis. This disruption may precede and facilitate the infiltration of encephalitogenic T cells. The signaling events that lead to this BBB disruption are incompletely understood but appear to involve dysregulation of tight-junction proteins such as claudins. Pharmacological interventions aiming at stabilizing the BBB in MS might have therapeutic potential. Here, we show that the orally available small molecule LY-317615, a synthetic bisindolylmaleimide and inhibitor of protein kinase C $\beta$ , which is clinically under investigation for the treatment of cancer, suppresses the transmigration of activated T cells through an inflamed endothelial cell barrier, where it leads to the induction of the tight-junction molecules zona occludens-1, claudin 3, and claudin 5 and other pathways critically involved in transendothelial leukocyte migration. Treatment of mice with ongoing experimental autoimmune encephalomyelitis with LY-317615 ameliorates inflammation, demyelination, axonal damage, and clinical symptoms. Although LY-317615 dose-dependently suppresses T-cell proliferation and cytokine production independent of antigen specificity, its therapeutic effect is abrogated in a mouse model requiring pertussis toxin. This abrogation indicates that the anti-inflammatory and clinical efficacy is mainly mediated by stabilization of the BBB, thus suppressing the transmigration of encephalitogenic T cells. Collectively, our data suggest the involvement of endothelial protein kinase C $\beta$  in stabilizing the BBB in autoimmune neuroinflammation and imply a therapeutic potential of BBB-targeting agents such as LY-317615 as therapeutic approaches for MS.

EAE | enzastaurin | CNS

The central nervous system (CNS) is generally protected from insults by pathogens, toxic macromolecules, and encephalitogenic immune cells by the blood–brain barrier (BBB). Maintaining the integrity of the BBB on a cellular level requires the coordinated interaction of pericytes and endothelial and glial cells (1). On a molecular level, tight junctions (TJ) proteins form a complex network between endothelial cells to ensure BBB integrity (2). Several TJ-associated proteins with key functions have been identified including zona occludens (ZO) proteins, claudins, and occludin. In CNS diseases, particular tumors, and inflammation, the BBB is disrupted as a primary or a secondary event during disease evolution. In autoimmune inflammatory diseases of the CNS such as multiple sclerosis (MS), which is characterized by perivascular infiltrates of autoreactive, encephalitogenic T cells and subsequent demyelination and neuronal loss, BBB disruption is a hallmark of acute inflammatory lesions (3). Although the question whether BBB disruption is a primary or secondary event in lesion evolution is still a matter

of debate, there is increasing evidence from studies of human MS plaques (4) and animal models of MS, such as experimental autoimmune encephalomyelitis (EAE), that the BBB integrity is disturbed as an early event preceding the influx of pathogenic T cells (5, 6). BBB disruption in inflammatory conditions of the CNS may result in permission of CNS penetrance of both cells and macromolecules, signified by leakage of contrast agents and perivascular inflammatory infiltrates in acute CNS lesion in MS and EAE.

A coordinated cascade is necessary to allow CNS infiltration of encephalitogenic T cells (7). Interaction of activated T cells with endothelial cells via cell-adhesion molecules appears to be a prerequisite for T-cell infiltration of the CNS, and targeting of cell adhesion is clinically used for the therapy of multiple sclerosis (8). The regulation and relevance of TJ-associated proteins in autoimmune neuroinflammation are far less understood. Although claudin 3 expression is lost in acute EAE in areas of inflammatory infiltrates (9), its pathophysiological relevance remains unclear. Conversely, induced expression of claudin 1 in cerebral endothelial cells ameliorates EAE (10). The expression of claudin 5 is suppressed in autoimmune neuroinflammation, and deficiency or down-regulation of claudin 5 results in increased BBB permeability (11–13), indicating that claudin 5 may be important in stabilizing BBB in EAE. On a cellular level, BBB integrity mediated by TJ proteins is controlled by astrocytes and pericytes (14–16). The molecular pathways regulating TJ-associated proteins are poorly understood but appear to involve G proteins, serine-, threonine-, and tyrosine-kinases, proteases, cytokines, intracellular calcium levels, and PKC (17). Common to most of these pathways is the modulation of cytoskeletal elements as well as connections of TJ transmembrane molecules to the cytoskeleton (18). Inhibition of PKC $\beta$  attenuates vascular permeability in the CNS via TJ proteins (19) and leads to

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a lower permeability of tight junctions in an in vitro model of aglycemic hypoxia (20). In rat brains, PKC $\beta$  inhibition prevents the leakage of BBB induced by electromagnetic pulse (21). In addition, PKC $\beta$  is induced in endothelial cells under inflammatory conditions (22). To test the hypothesis that pharmacological interference with BBB stability might constitute a valuable therapeutic approach in autoimmune neuroinflammation, we analyzed the efficacy and mechanism of action of LY-317615, a small-molecule inhibitor of PKC $\beta$ , in EAE.

## Results

**Inhibition of PKC $\beta$  by LY-317615 Ameliorates EAE.** To evaluate whether PKC $\beta$  is a potential therapeutic target in autoimmune neuroinflammation, we treated immunized SJL mice with the proteolipid protein peptide 139–151 (PLP<sub>139–151</sub>) to develop relapsing–remitting EAE with the orally active PKC $\beta$  inhibitor LY-317615 using 50 mg·kg<sup>-1</sup>·day<sup>-1</sup>. This treatment resembles doses used in human studies, calculated according to FDA guidelines (23), and it is comparable with what has previously been used in animal models of cancer (24). To mimic a clinically relevant setting (25), once daily oral gavage of LY-317615 was initiated at the peak of disease at day 14 after immunization. Treatment with LY-317615 led to a substantial and sustained suppression of clinical disease relapse (Fig. 1A). Histopathologic analyses of the spinal cords revealed reduction of inflammatory infiltrates and increased preservation of myelin in the LY-317615–treated vs. the sham-treated group receiving vehicle only (Fig. 1B), indicating that LY-317615 suppresses clinical disease activity by suppressing CNS inflammation and demyelination. T-cell proliferation and cytokine production was unspecifically suppressed even in the absence of an antigenic stimulus in LY-317615–treated animals (Fig. S1). Subset analyses of CD4<sup>+</sup> lymph-node cells did not reveal differences between control and treatment groups (Fig. S1), and myelin-specific T-cell activation was not compromised. In fact, the proliferation index of PLP-activated lymph node cells was increased in the LY-317615 group (Fig. S1). Detailed analyses of in vitro T-cell proliferation confirmed unspecific effects on T-cell activation by various TCR stimuli associated with decreased phosphorylation of glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ), the molecular target of LY-317615 downstream of PKC $\beta$ , at relevant concentrations (Fig. S1). Of note, LY-317615 did not induce cell death in T cells (Fig. S2). Collectively, these data suggest that, whereas LY-317615 unspecifically suppressed T-cell proliferation, myelin-specific T cells appeared to be retained in the periphery.

**LY-317615 Suppresses CNS Infiltration of Myelin-Specific T Cells.** We then tested the hypothesis that myelin-specific T cells are not the therapeutic target of LY-317615 in EAE. Adoptive transfer of ex vivo activated PLP-specific T cells into LY-317615–treated recipient mice revealed a profound amelioration of clinical disease activity (Fig. 1C) and a strong suppression of inflammatory demyelination (Fig. 1D), supporting the hypothesis that LY-317615 compromises the ability of activated myelin-specific T cells to infiltrate the CNS. When LY-317615 treatment was used in a different EAE model that requires opening of the BBB using pertussis toxin, LY-317615 was ineffective with respect to both clinical disease activity (Fig. 1E) and inflammatory demyelination (Fig. S3) despite similar unspecific effects on T-cell proliferation. These data suggested that LY-317615 ameliorates neuroinflammation by suppressing the influx of encephalitogenic T cells into the CNS.

**LY-317615 Targets Endothelial Cells to Suppress T-Cell Migration.** We next tested the hypothesis that LY-317615 suppresses the transendothelial migration of T cells using an in vitro migration model. Although pretreatment of activated T cells did not alter the penetration of an endothelial cell monolayer, pretreatment of mouse-brain microvascular endothelial cells (MBMEC) was sufficient to compromise the transmigration of activated T cells (Fig. 2A), indicating that endothelial cells are the target of

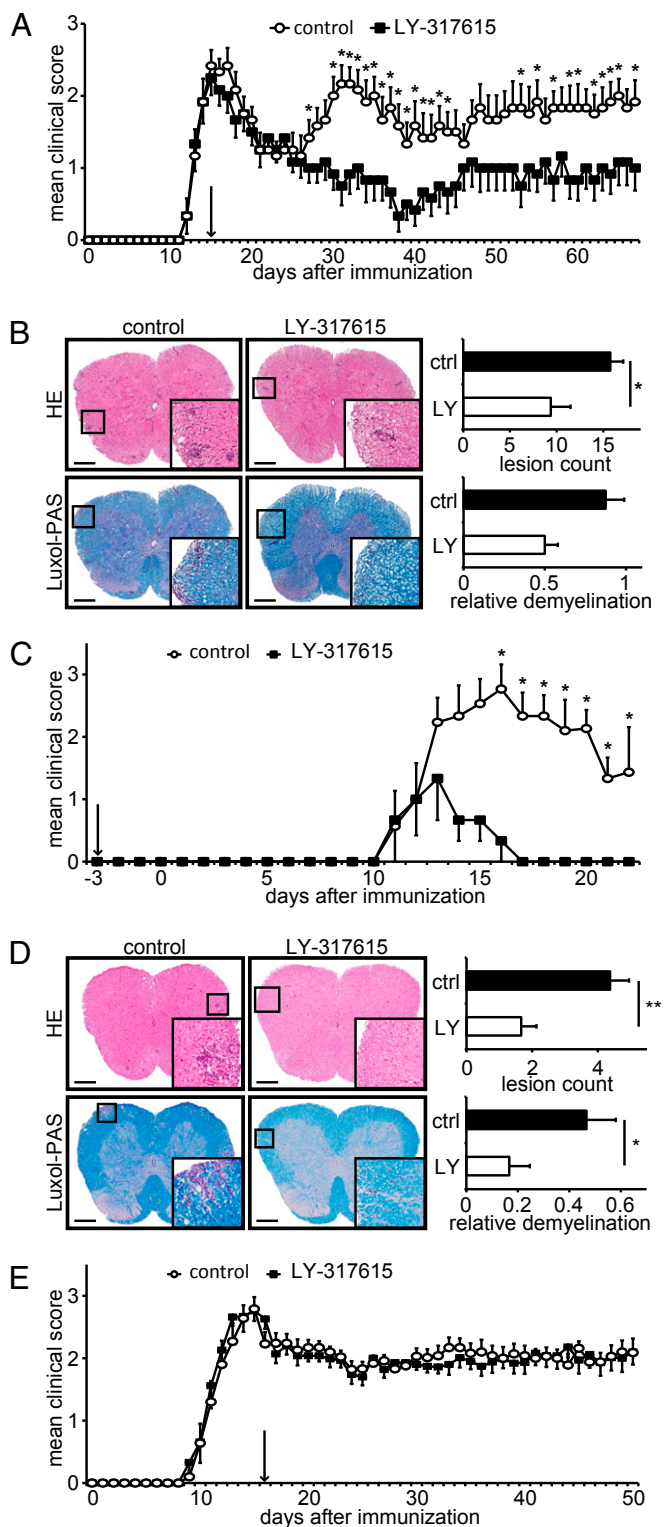
LY-317615–mediated suppression of T-cell transmigration. Treatment of MBMEC with LY-317615 did not alter secretion of the chemokines IFN induced protein 10 (IP-10) and monocyte chemoattractant protein 1 (MCP-1/CCL-2) (Fig. 2B). In contrast, mRNA expression of the TJ-associated proteins ZO-1, claudin 3, and particularly claudin 5, but not intracellular adhesion molecule (ICAM), was induced (Fig. 2C). Induction of claudin 5 protein expression was confirmed using immunofluorescent staining of MBMEC (Fig. 2D and E). This induction suggests that LY-317615–mediated suppression of transendothelial migration of activated T cells is—at least in part—mediated by up-regulation of TJ-associated proteins and stabilization of the BBB. To identify potential additional mechanisms involved in the inhibition of transendothelial leukocyte migration, gene-expression analyses of inflamed primary MBMEC treated with LY-317615 were performed in vitro. Indeed, these analyses revealed a more complex inhibition of leukocyte transendothelial migration pathways involving the suppression of additional key targets such as the Rho GTPase family member Rac1, which is induced by PKC $\beta$  (26) and has been shown to be critically involved in immunomodulatory efficacy of IFN- $\beta$  in EAE (27), or the Rap guanine nucleotide exchange factor (GEF) 3 (Rapgef3), which is critically involved in the inflammatory vascular permeability (28). In addition, there was down-regulation of the transforming growth factor (TGF)- $\beta$  pathway, which is induced during endothelial inflammation via PKC $\beta$  (29), and which is—when active in the CNS during autoimmune neuroinflammation—critical for the recruitment of encephalitogenic T cells (30, 31) (Fig. S4). Collectively, these data indicate that targeting PKC $\beta$  with LY-317615 modulates critical signaling pathways in inflamed endothelial cells to suppress transendothelial leukocyte migration.

**LY-317615 Reduces BBB Breakdown in EAE.** To investigate the effect of LY-317615 treatment on the BBB integrity in vivo, we analyzed the leakage of Evans Blue into CNS tissue after systemic injection in mice with EAE. Although in naïve animals Evans Blue was retained in the systemic circulation, in animals with EAE CNS, inflammation led to a profound leakage of Evans Blue in spinal cord tissue. This leakage was reduced in animals treated with LY-317615 (Fig. 3A). In addition, two-photon microscopy of cerebellar brain vessels after systemic injection of fluorescently labeled dextran confirmed that LY-317615 treatment suppressed BBB breakdown associated with autoimmune neuroinflammation in vivo (Fig. 3B and C). These data suggested that LY-317615 stabilizes the BBB, which is disrupted in the acute phase of EAE. This BBB-stabilizing effects of LY-317615 indeed resulted in the inhibition of transendothelial T-cell migration in vivo as demonstrated by immunohistochemical visualization of T cells in spinal-cord sections of animals with EAE. These analyses revealed that CD3<sup>+</sup> T cells were largely restricted to blood vessels (“confined”) in LY-317615–treated animals whereas, in control-treated animals, inflammatory lesions were more dispersed (“spread”) (Fig. 3D and E).

**LY-317615 Up-Regulates TJ-Associated Proteins in Vivo.** We next analyzed the mechanism involved in preventing BBB breakdown by LY-317615 treatment. LY-317615 led to an up-regulation of vessel-associated claudin 5 expression in the spinal cord (Fig. 4A and B). Notably, ultrastructural analyses revealed no profound differences in TJ morphology in LY-317615–treated animals (Fig. 4C), which is in line with previous reports demonstrating that inhibition of PKC $\beta$  does not compromise the structural integrity of TJ (22). Collectively, these data suggest that LY-317615 prevents autoimmune neuroinflammation by stabilizing the disrupted BBB via up-regulation of claudin 5, thus limiting the influx of encephalitogenic T cells.

## Discussion

Here, we show that the clinically used PKC $\beta$  inhibitor LY-317615 is effective in ameliorating disease activity in EAE, an experimental model of MS (Fig. 1A). It reduces inflammation and



**Fig. 1.** LY-317615 treatment is effective in PLP<sub>139–151</sub>-induced EAE. (A) Daily disease scores of SJL mice immunized with PLP<sub>139–151</sub>. Daily oral application of LY-317615 was initiated at the peak of disease (arrow). One representative experiment is shown out of four independent experiments with 10 mice per group, respectively. \**P* < 0.05 according to Mann–Whitney *U* test. (B) H&E-stained (Upper) and Luxol-PAS-stained (Lower) slides of spinal cords from diseased SJL mice and their statistical evaluation. Representative slides are shown, and statistics were obtained from at least five mice per group. \**P* < 0.05 according to Student *t* test. (Scale bars: 200  $\mu$ m.) (C) Daily disease scores of EAE in SJL mice, induced by adoptively transferred LN cells from

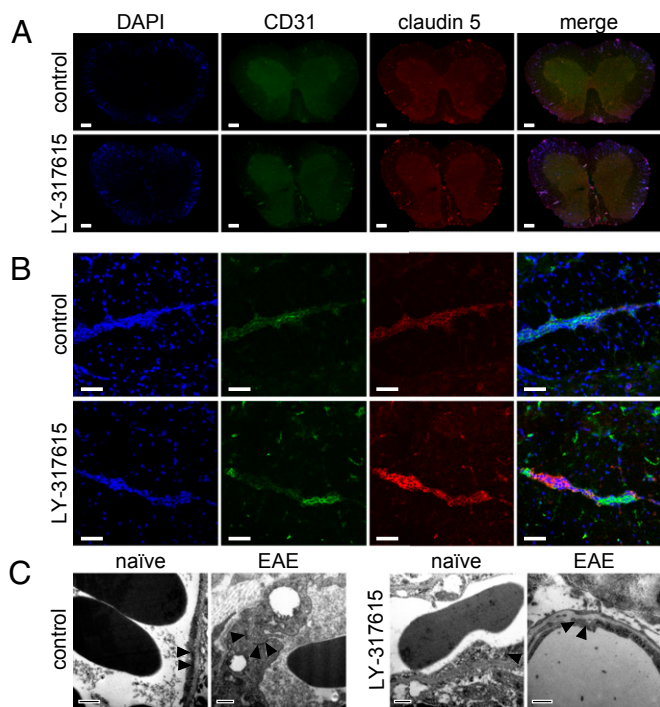
demyelination (Fig. 1B) by targeting endothelial and possibly astrocytic PKC $\beta$ , resulting in a stabilization of the BBB. Therefore, this orally active compound may constitute an interesting and novel approach to prevent and treat inflammatory activity in MS, which is different from the currently available immunomodulatory agents.

Therapeutic approaches to MS classically target the T-cell compartment based on genetic and histopathological evidence and functional studies in MS and EAE, suggesting that MS is an autoimmune disease mainly driven by encephalitogenic CD4<sup>+</sup> T cells (32). The therapeutic efficacy of drugs solely suppressing the activation and/or proliferation of CD4<sup>+</sup> T cells, however, has been limited. Broadly immunosuppressive approved agents such as mitoxantrone are only second-line agents also because their long-term safety profile does not justify implementation as first-line agents compared with more tolerable baseline therapies such as  $\beta$ -interferons or glatiramer acetate. However, also more specific anti-T-cell agents, such as depleting  $\alpha$ CD4 antibodies, have largely failed in clinical trials, with the exception of alemtuzumab, a monoclonal  $\alpha$ CD52 antibody (33). More advanced therapeutic approaches to MS target the transmigration of encephalitogenic T cells without disturbing the T-cell activation. These agents typically target T cells directly, such as natalizumab acting on VLA4 on T cells to suppress transendothelial transmigration (34).

We provide here evidence for the potential of targeting endothelial cells rather than T cells to suppress transendothelial migration of encephalitogenic T cells. Our data provide evidence that LY-317615 ameliorates EAE by directly stabilizing the BBB, as pretreatment of endothelial cells but not activated T cells in an in vitro model leads to suppression of lymphocyte transmigration (Fig. 2A) and treatment of mice with LY-317615 results in stabilization of the BBB during neuroinflammation by macroscopic (Evans Blue) and microscopic (two-photon microscopy) criteria (Fig. 3A–C). Importantly, the stabilization of BBB was associated with an increase in vessel-associated CD3<sup>+</sup> T cells in mice with EAE in contrast to more dispersed T-cell infiltrates in control-treated mice, suggesting that LY-317615 treatment results in a retention of CNS-infiltrating T cells (Fig. 3D and E). Direct proof, however, that the stabilization of the BBB is the only mechanism of action in EAE is not possible based on our data. LY-317615 results in a suppression of T-cell proliferation and cytokine production in vitro, not only after antigen-specific stimulation but also after TCR stimulation (Fig. S2), indicating that LY-317615 also targets T-cell activation directly. Interestingly, however, the frequency of myelin-specific T cells in mice immunized with PLP in the periphery after treatment with LY-317615 is increased (Fig. S1). This observation also indicates that encephalitogenic T cells are retained in the periphery due to the BBB-stabilizing effects of LY-317615. This hypothesis is further supported by the observation that LY-317615 does not affect disease activity when the BBB is artificially disrupted by pertussis toxin (Fig. 1E). Although pertussis toxin is very effective in permeabilizing an intact BBB (35) and thus allowing myelin-specific T cells to enter the CNS, other mechanisms by which pertussis toxin promotes neuroinflammation

immunized mice after 72 h of restimulation in vitro. Recipient mice were treated daily with LY-317615, starting 3 d before cell transfer (arrow). One representative experiment is shown out of three independent experiments with five mice per group, respectively. \**P* < 0.05 according to Mann–Whitney *U* test. (D) H&E-stained (Upper) and Luxol-PAS-stained (Lower) slides of spinal cords from diseased animals and their statistical evaluation. Representative slides are shown, and statistics were obtained from at least five mice per group. \**P* < 0.05 according to Student *t* test. (Scale bars: 200  $\mu$ m.) (E) Daily disease scores of EAE in C57BL/6 mice, immunized with MOG<sub>35–55</sub> and injected twice with 200 ng per mouse pertussis toxin. LY-317615 treatment started at the peak of disease (arrow). One representative experiment is shown out of two independent experiments with 10 mice per group, respectively. \**P* < 0.05 according to Mann–Whitney *U* test.





**Fig. 4.** Expression of claudin 5 in EAE tissue. (A) Fluorescent immunohistological staining for CD31 (green) and claudin 5 (red) in spinal cords from diseased SJL mice treated with control (Upper) or LY-317615 (Lower). Slides from one representative animal are shown out of five individuals. (Scale bars: 200  $\mu$ m.) (B) Confocal images of single inflamed vessels in spinal cords from diseased SJL mice treated with control (Upper) or LY-317615 (Lower), stained for CD31 (green) and claudin 5 (red). Images are representative from one out of five animals. (Scale bars: 50  $\mu$ m.) (C) Electromicroscopical pictures of spinal cords from naïve (naïve) and diseased (EAE) SJL mice treated with control vehicle (Left) or LY-317615 (Right). Tight junctions are pointed out by triangular arrows. (Scale bars: 500 nm.)

tested in first- and second-line clinical trials in several cancers, including lymphoma and glioblastoma, with a dose of 525 mg/day (44) with promising results mainly in B-cell lymphomas (45, 46). Although PKC $\beta$  has been demonstrated to facilitate intestinal sugar absorption (47) and synaptic transmission (48) and learning-related signal transduction (49), treatment of patients with glioblastoma with LY-317615 resulted in manageable side effects that included nausea, dizziness, fatigue, convulsion, diarrhea, thrombocytopenia, liver-enzyme elevations, hypernatremia, and deep-vein thrombosis (42). PKC $\beta$  is blocked by LY-317615 with high specificity by competing with ATP for the enzyme's ATP-binding site with a 50% inhibitory concentration ( $IC_{50}$ ) of 6 nmol/L. Other PKCs are inhibited off target, but at higher  $IC_{50}$  (50). The best-studied pathways affected by PKC $\beta$  are the activation of the MAPK/Erk pathway via phosphorylation of Ras (26) and the phosphorylation of AKT at Ser<sup>473</sup>, which is essential for AKT activity (51). Both AKT and PKC $\beta$  phosphorylate GSK3 $\beta$ . Detection of nonphosphorylated GSK3 $\beta$  is the most reliable marker for the pharmacological activity of LY-317615 (50). Indeed, kinase assays in mouse and human endothelial cells confirm GSK3 $\beta$  as the prime target of LY-317615, with only the protooncogene tyrosine-protein kinase Fyn—to a lesser extent—suppressed in both species (Fig. S5), indicating limited off-target effects in endothelial cells. Using GSK3 $\beta$  phosphorylation, we also demonstrate biological activity of LY-317615 at therapeutic concentrations in T cells (Fig. S1G).

Collectively, our data demonstrate that the high-affinity PKC $\beta$  inhibitor LY-317615 reduces inflammation and demyelination in an animal model of MS most likely by suppressing endothelial and astrocytic PKC $\beta$ , resulting in stabilizing the BBB via claudin

5 and subsequent suppression of T-cell infiltration. Targeting the BBB by an orally available drug may be a promising strategy for the treatment of diseases associated with an inflammatory BBB disruption such as MS.

## Materials and Methods

**Animals.** Female 8- to 12-wk-old SJL mice (Janvier) as well as C57BL/6J mice (Charles River) were used throughout the study. All animal work was performed in accordance with the German animal protection law under the permission of the local authorities in Heidelberg and Karlsruhe.

**EAE.** SJL mice were immunized s.c. with 100  $\mu$ g per mouse proteolipid protein peptide 139–151 (PLP<sub>139–151</sub>), and C57BL/6 mice were immunized with the same amount of myelin oligodendrocyte glycoprotein peptide 35–55 (MOG<sub>35–55</sub>) (both from the Peptide Synthesis Core Facility of the DKFZ), emulsified in complete Freund's Adjuvant (Difco) containing 200  $\mu$ g of *Mycobacterium tuberculosis* (Difco). C57BL/6 mice received 200 ng per mouse pertussis toxin (List Biological Laboratories Inc.) i.p. on the day of immunization and 2 d thereafter. Clinical signs of disease were scored daily according to a standard scoring system (0, no clinical signs; 1, loss of tail tone; 2, hind limb weakness; 3, complete hind limb paralysis; 4, hind limb and forelimb paralysis; and 5, moribund or dead). Mice were treated daily by oral gavage with 1.25 mg per mouse LY-317615 (kindly provided by Lilly), dissolved in 0.5% methyl cellulose. Control animals received the equal volume of methyl cellulose.

**T-Cell Proliferation and Cytokine Measurement.** Naïve mice were used for antigen-unspecific proliferation. For antigen-specific proliferation of T cells, mice were killed on day 9 after immunization with PLP<sub>139–151</sub>. Cells were isolated as described earlier (31). Briefly, lymph node cells were mechanically singulated and seeded in U-bottom 96-well plates (TPP) at  $5 \times 10^5$  cells per well in enriched RPMI. Naïve lymph node cells were stimulated with either Phytohemagglutinin (PHA) (Sigma-Aldrich) at 1  $\mu$ g/mL, phorbol 12-myristate 13-acetate (PMA) and ionomycin (both from Sigma) at 20 ng/mL / 1  $\mu$ g/mL, or antibodies to CD3 and CD28 (BD Biosciences) at 1  $\mu$ g/mL / 10  $\mu$ g/mL, and Con A (Sigma) at 2  $\mu$ g/mL. Lymph node cells from previously immunized animals were reactivated with 5–20  $\mu$ g/mL PLP<sub>139–151</sub>. For measurement of T-cell proliferation, cells were pulsed after 72 h with <sup>3</sup>H-methylthymidine (Amersham-Pharmacia Biotech) at 1  $\mu$ Ci per well for the last 18 h. Cells were harvested using a Tritium Harvester (Tomtec) and a  $\beta$ -plate reader (Wallac) with BetaWin software. For cytokine measurements, supernatants were taken up after 72 h of culture and measured by ELISA for the cytokines IL-2, IL-4, IL-6, IL-10, IL-17A, and IFN- $\gamma$  (ebioscience), according to the manufacturer's instructions.

**Transendothelial Migration Assays.** Transmigration of CD4<sup>+</sup> cells through an in vitro BBB model was assessed as described before (52, 53). In brief, MBMEC were prepared from brains of C57BL/6 mice and cultured 5 d before use on 3.0- $\mu$ m CollagenIV/fibronectin-coated Transwell Pore Polyester Membrane inserts (Corning). Purity, confluence, and cell morphology were checked regularly by microscopy. T cells from C57BL/6 mice were loaded in the upper chamber of a Transwell with or without a MBMEC monolayer. After an incubation period of 18 h, migrated cells from the lower chamber were collected and counted (membrane without MBMEC monolayer) or Calibrite beads (BD Biosciences) were added. The number of migrated cells was determined by flow cytometry and is presented as cell per bead ratio as internal calibration standard. For calibration purposes, T-cell migration was measured without MBMEC layer showing no effect of LY-317615 (Fig. S6).

**Fluorescent Immunocytochemistry.** MBMEC were seeded 1 wk after preparation on glass coverslips. After treatment with 5  $\mu$ M LY-317615 for 24 h, cells were fixed with 4% (vol/vol) PFA for 10 min at room temperature and then permeabilized with Acetone for 10 min at  $-20^{\circ}$  C and stained with rabbit anti-claudin 5 antibody (Invitrogen) according to standard protocols. Microscopy images were taken using an NiE inverted automated microscope (Nikon). Statistical analysis was done using Fiji software (54). After subtraction of background staining intensity, mean fluorescent intensity was measured.

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