

EPIDEMIOLOGICALLY RELEVANT ANTIMICROBIAL RESISTANCE PHENOTYPES IN PATHOGENS ISOLATED FROM CRITICALLY ILL PATIENTS IN A BRAZILIAN UNIVERSITARY HOSPITAL

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ABSTRACT

Antimicrobial resistance is a threat to public health worldwide and is associated with higher mortality and morbidity. Despite the extensive knowledge about this problem, drug resistance has continued to emerge, especially in intensive care units (ICUs). The objective of this study was to evaluate the frequencies of epidemiologically relevant resistance phenotypes in pathogens isolated from ventilator-associated pneumonia (VAP), bloodstream infections (BSI) and urinary tract infections (UTI) in patients admitted in the adult intensive care unit (AICU) of the Clinical Hospital of Federal University of Uberlândia, during an one year period. Additionally, at the period of the study, the antibiotic consumption in AICU was verified. Coagulase-negative staphylococci and *S. aureus* were the main agents of BSI (43.9%), with 60.0% of oxacilin-resistance for both microorganisms, *Klebsiella-Enterobacter* group predominated in UTI (23.4%), with resistance to third generation cephalosporins in 58.0% of the isolates; and, *Pseudomonas aeruginosa* in VAP (42.0%), with 72.0% of resistance to imipenem. Cephalosporins (49.6%), vancomycin (37.4%) and carbapenems (26.6%) were the most prescribed antibiotics in the unit. The comparison of the results with a publication of the NNIS program evidenced a worse situation in the studied hospital, mainly between Gram-negative, that had surpassed the percentile 90% elaborated by that system. Based on these results a reconsideration on the empirical use of antibiotics and on prevention and control of nosocomial infections practices is recommended.

Key word: Nosocomial infection, epidemiology, multiresistant microorganisms

INTRODUCTION

Antimicrobial resistance is a threat to public health in nations around the globe and is associated with higher mortality, morbidity and higher costs (9,19). Despite the extensive knowledge about the forces that drive antimicrobial-drug resistance (failures of hospital hygiene, selective pressures created by overuse of antibiotics, and mobile genetic elements that can encode bacterial resistance mechanisms), drug resistance has continued to emerge, especially in intensive care units (ICUs) (6,11,20), due to base illness (generally associated to a immunodeficiency) (1) and massive antibiotic use in these units, with a close correlation between

the antimicrobials consumption and the emergence of bacterial resistance (7).

The mostly frequent microorganisms involved in nosocomial infections are oxacilin-resistant *Staphylococcus aureus*, oxacilin-resistant coagulase-negative staphylococci, vancomycin-resistant *Enterococcus* spp, third generation cephalosporins-resistant *E. coli*, *Enterobacter* spp and *Klebsiella pneumoniae*. Another important microorganism associated to nosocomial infection is *Pseudomonas aeruginosa* which have some phenotypes resistant to third generation cephalosporins, imipenem and fluoroquinolons (5).

In order to fight against these resistance cases, well-designed antimicrobial surveillance programs are essential to

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provide informations about microbial occurrence in different geographical regions and antimicrobial resistance patterns in nosocomial and community-acquired infections. The “Intensive Care Antimicrobial Resistance Epidemiology” (ICARE) (3) and the “European Prevalence of Infection in Intensive Care” (EPIC) (5) programs, designed to research the antibiotic resistance problem at ICU units in USA and Europe, respectively, should be considered. Other programs, as the “European Antimicrobial Resistance Surveillance System” (EARSS), extends the monitoring to critical and non-critical units (2).

In Brazil, despite the lack of information about this issue, the “Agência Nacional de Vigilância Sanitária” (ANVISA) launched the “Sistema Nacional de Informação para o Controle de Infecções em Serviços de Saúde” (SINAIS), aiming investigation and improvement of the actions in preventing and controlling nosocomial infections, and promotes the knowledge of infections rates, etiological agents and activity of the Controlling Committee of Nosocomial Infection of each participant hospital (17).

Additionally to these governmental programs, there are others, sponsored by pharmaceutical industries, as SENTRY (18) and the “Meropenem Yearly Susceptibility Test Information Collection” (MYSTIC) dedicated mainly to the analysis of the prescription and respective resistance to carbapenems, that also provide important data about bacterial resistance to antibiotics (14).

The objective of this study was to investigate the etiology and to determine the frequency of epidemiologically relevant resistance phenotypes of microorganisms recovered from patients with ventilator-associated pneumonia (VAP), bloodstream infections (BSI) and urinary tract infections (UTI) in the adult intensive care unit of Clinical Hospital of Federal University of Uberlândia, a clinical-surgical unit, comparing these data to those published by the “US Centers for Prevention and Disease Control” according to NNIS methodology. The antibiotic consumption in the unit during the study period was monitored.

MATERIALS AND METHODS

Institution

The Clinical Hospital of Federal University of Uberlândia (UFU) is a tertiary level hospital with 500 beds, 15 of them destined to adult Intensive Care Unit (AICU), a clinical-surgical unit.

Study Design

A prospective surveillance was performed in AICU from February/2006 to February/2007 looking for epidemiologically relevant resistant phenotypes among microorganisms isolated from ventilator-associated pneumonia (VAP), bloodstream infections (BSI) and urinary tract infections (UTI) in patients in

use of vesical catheters. Additionally, antimicrobials consumption was monitored once a month at the study period. This study was approved by Ethics Committee of UFU (number 02406).

Specimen collection

Tracheal aspirate of patients that had presented clinical and radiological indications of pneumonia 48 hours after the use of mechanical ventilation for diagnosis of VAP was collected (8). Patients in use of vesical catheter with fever and absence of other infection focus 48 hours after the insertion of the catheter had their urine collected for diagnosis of UTI (symptomatic infection), and those who were in use of the urinary catheter for at least 7 days without any clinical symptoms of infection also had their urine collected for diagnosis of UTI (asymptomatic infection) (8). Hemocultures were performed in blood specimens obtained from peripheral puncture.

MICROBIOLOGICAL TECHNIQUES

The following phenotypes had been considered in this study: oxacilin-resistant *Staphylococcus aureus* (ORSA), oxacilin-resistant coagulase-negative staphylococci, β -lactamics-resistant and aminoglycosides-resistant *Enterococcus* spp, third generation cephalosporins-resistant and fluoroquinolons-resistant *Escherichia coli*, third generation cephalosporins-resistant *Klebsiellae* and other *Enterobacteriaceae*, ceftazidime, imipenem and fluoroquinolons-resistant *Pseudomonas aeruginosa* and carbapenem-resistant *Acinetobacter* spp.

Hemoculture

Hemocultures were performed inoculating 5-10 mL of blood into a flask of the automatic commercial system Bactec/Alert® (Vitek System). Positive cultures were further sub-cultured in human Müeller-Hinton Agar (Isifar LTDA, Brazil) supplemented with 5% of human blood and incubated for 24-48 hours at $35 \pm 2^\circ\text{C}$ in the hospital's microbiology laboratory.

Tracheal aspirate

Quantitative technique was used by plating on MacConkey Agar (BD, USA), Manitol Salt Agar (Isifar LTDA, Brazil), Müeller-Hinton Agar (Isifar LTDA, Brazil) supplemented with 5% of human blood and Pseudomonas Agar (Merck RGaA, Germany), incubated for 24-48 hours at $35 \pm 2^\circ\text{C}$. The cultures were considered positive when the colonies counts were $\geq 10^6$ CFU/mL (8).

Urine

Quantitative technique was by plating on Müeller-Hinton Agar (Isifar LTDA, Brazil) supplemented with 5% of human blood, MacConkey Agar (BD, USA), Cled Agar (OXOID, England) and Sabouraud Agar (Merck, Germany), incubated

for 24-48 hours at $35 \pm 2^\circ\text{C}$. The cultures were considered positive when the colonies counts were $\geq 10^4$ CFU/mL [8].

Microorganisms identification

The colonies were characterized as *Staphylococcus* through Gram staining and catalase test. *Staphylococcus aureus* identification was made by manitol salt agar fermentation and coagulase tests. *Enterococcus* spp were characterized by growth in trypticase soy broth (TSB) (Isolar, Brazil) supplemented with NaCl 6.5%, bile esculin (Laborclin, Brazil) and by PYR tests (BD, USA) (12).

Differentiation of Gram-negative microorganisms in *Enterobacteriaceae* family and non-fermenter bacilli was made through oxidation-fermentation (OF) and oxidase tests. The genus and species identification were made according to the following tests, carried out with kits produced by Newprov, Brazil:

- *Enterobacteriaceae* family: glucose and lactose fermentation, indol production, motility, citrate use, urea hydrolysis, sulfidric gas production, fenilalanine desaminase, lisine and ornitine descarboxilase, metil red reaction and Voges-Proskauer test.
- Non-fermenter Gram-negative bacilli: nitrate reduction, gluconate use, pigment production, lisine descarboxilase activity, urease activity, indol production, acetamide and esculin hydrolysis.

Antimicrobial susceptibility test

The test of diffusion in agar was applied according to recommendations of "Clinical and Laboratory Standards

Institute (CLSI)" (4), using Müller-Hinton Agar (Isolar LTDA, Brazil) and antibiotic disks (OXOID, England). The susceptibility of *Staphylococcus aureus* and coagulase-negative staphylococci to oxacilin was analyzed using disks of cefoxitine (30 µg). *Enterococcus* spp were tested for susceptibility to ampicillin (10 µg) and gentamicin (120 µg); *Enterobacteriaceae* family and *Klebsiellae-Enterobacter* group were tested for susceptibility to ceftriaxone (30 µg); *E. coli* group was tested for susceptibility to ciprofloxacin (5 µg) and ceftriaxone (30 µg); *P. aeruginosa* was tested for susceptibility to ciprofloxacin (5 µg), ceftazidime (30 µg) and imipenem (10 µg) and *Acinetobacter* spp were tested for susceptibility to imipenem (10 µg). Standard samples of *Staphylococcus aureus* (ATCC 25923), *Escherichia coli* (ATCC 25922), *Klebsiella pneumoniae* (ATCC 13883) and *Pseudomonas aeruginosa* (ATCC 27853) were used as controls.

Statistical analysis

Results were submitted to χ^2 - test, using the "Cálculos Estatísticos" (Version 1.8) statistical package.

RESULTS

The results corresponding to etiological agents and resistance phenotypes isolated from BSI, UTI and VAP of the AICU inpatients are listed in Tables 1 and 2. The main etiological agents of BSI at UTI were coagulase-negative staphylococci (24.6%), followed by *S. aureus* (19.3%), *Klebsiellae* and *P. aeruginosa* (23.4%). *P. aeruginosa* was also the main etiological agent of VAP (42.0%). The presence of candiduria (14.3%) and candidemia (8.8%) was considerable, contrasting with the few

Table 1. Microorganisms isolated from blood, urine and tracheal aspirates in patients of AICU from February/2006 to February/2007.

Microorganism	Blood n = 57 (%)	Urine n = 77 (%)	Tracheal Aspirate n = 50 (%)
GRAM-POSITIVE COCCI	28 (49.1)	11 (14.3)	21 (42.0)
<i>Staphylococcus aureus</i>	11 (19.3)	4 (5.2)	15 (30.0)
coagulase-negative <i>Staphylococcus</i>	14 (24.6)	5 (6.5)	6 (12.0)
<i>Enterococcus</i> spp	3 (5.7)	2 (2.6)	0
GRAM-NEGATIVE BACILLI	24 (42.1)	55 (71.4)	29 (58.0)
• <u>Fermenters</u>	14 (24.6)	37 (48.0)	7 (14.0)
<i>Escherichia coli</i>	1 (1.7)	14 (18.2)	1 (2.0)
<i>Klebsiellae-Enterobacter</i> group	9 (15.8)	18 (23.4)	6 (12.0)
Others <i>Enterobacteriaceae</i>	4 (7.0)	5 (6.5)	0
• <u>Non-Fermenters</u>	10 (17.5)	18 (23.4)	22 (44.0)
<i>Pseudomonas aeruginosa</i>	7 (12.3)	18 (23.4)	21 (42.0)
<i>Acinetobacter</i> spp	3 (5.3)	0	1 (2.0)
FUNGI			
<i>Candida</i> spp	5 (8.8)	11 (14.3)	0

Table 2. Antibiotic resistance phenotypes in blood, urine and tracheal aspirates isolates in patients of AICU from February/2006 to February/2007

Microorganism / Antimicrobial resistance	Blood n=52		Urine n=66		Tracheal Aspirate n=50		TOTAL n=168	
	n*	Phenotype (%)**	n*	Phenotype (%)**	n*	Phenotype (%)**	n*	Phenotype (%)**
<i>Staphylococcus aureus</i> / Oxacilin	11	7 (63.7)	4	4 (100)	15	7 (46.7)	30	18 (60.0)
coagulase-negative <i>Staphylococcus</i> spp / Oxacilin	14	8 (57.1)	5	4 (80.0)	6	3 (50.0)	25	15 (60.0)
<i>Enterococcus</i> spp / aminoglycosides	3	1 (33.3)	2	1 (50.0)	0	0	5	2 (40.0)
<i>Enterococcus</i> spp / β -lactamics	3	0	2	0	0	0	5	0
<i>Escherichia coli</i> / 3 rd g. cephalosporin	1	0	14	3 (21.4)	1	0	16	3 (18.7)
<i>Escherichia coli</i> / fluoroquinolons	1	0	14	5 (35.7)	1	0	16	5 (31.2)
<i>Klebsiellae-Enterobacter</i> group / 3 rd g. cephalosporin	9	4 (44.4)	18	10 (55.5)	6	5 (83.3)	33	19 (57.6)
Others <i>Enterobacteriaceae</i> / 3 rd g. cephalosporin	4	2 (50.0)	5	1 (20.0)	0	0	9	3 (33.3)
<i>Pseudomonas aeruginosa</i> / imipenem	7	5 (71.4)	18	13 (72.2)	21	15 (71.4)	46	33 (71.7)
<i>Pseudomonas aeruginosa</i> / fluoroquinolons	7	6 (85.7)	18	15 (83.3)	21	14 (66.7)	46	35 (76.1)
<i>Pseudomonas aeruginosa</i> / 3 rd g. cephalosporin	7	6 (85.7)	18	15 (83.3)	21	12 (57.1)	46	33 (71.7)
<i>Acinetobacter</i> spp / imipenem	3	1 (33.3)	0	0	1	0	4	1 (25.0)

* Number of total isolates/ ** Resistance phenotypes.

isolates of *Enterococcus* spp recovered in only three cases (5.7%) of BSI and in two cases (2.6%) of UTI.

The frequency of epidemiologically relevant resistance phenotypes like oxacilin-resistant *S. aureus*, oxacilin-resistant coagulase-negative staphylococci, third generation cephalosporins-resistant *Klebsiellae* and ceftazidime, fluoroquinolons and imipenem-resistant *P. aeruginosa* were superior to 50% (Table 2). The resistance to oxacilin was verified in approximately 64.0% and 47.0% of *S. aureus* samples isolated from blood and tracheal aspirate, respectively. *Klebsiellae* presented resistance to third generation cephalosporins in 55.5% and 83.0% of the isolates from urine and tracheal aspirate, respectively. The presence of fluoroquinolons-resistant *P. aeruginosa* (76.1%) and imipenem-resistant *P. aeruginosa* (72.0%) was also very high in the unit (Table 2).

Table 3 shows the antibiotic consumption in the unit during the period of study, evidencing that cephalosporins (49.6%), glycopeptides (vancomycin) (37.4%) and carbapenems (26.6%) were the most prescribed antibiotics. It was observed that 80.3% of the patients were using some kind of antimicrobial, and 75.0% of them used two or more antimicrobials (Table 3). In Tables 4, 5 and 6 the results found in this study are compared to other results published in literature by national and international surveillance programs.

DISCUSSION

The extreme antibiotic use results in the emergence of resistant and multiresistant microorganisms, especially in hospital

Table 3. Prevalence of antibiotic use in AICU from February/2006 to February/2007

	Internal patients n=173 (%)
Patients in antimicrobial use:	139 (80.3)
Prophylatic:	19 (13.7)
Therapeutic:	120 (86.3)
Patients using 2 or more antimicrobials:	90 (75.0)
Antibiotic class	
Vancomycin	52 (37.4)
Penicillin	10 (7.2)
Cephalosporins	69 (49.6)
Carbapenems	37 (26.6)
Aminoglycosides	6 (4.3)
Fluoroquinolons	20 (14.4)
Clindamycin	21 (15.1)
Fluconazole	17 (12.2)
Others	34 (24.4)

environment (13). This problem is even more serious in intensive care units, where oxacilin-resistant *S. aureus*, third generation cephalosporins-resistant, *Klebsiella* spp, *Enterobacter* spp and *Escherichia coli*, beyond carbapenems, ceftazidime and fluoroquinolons-resistant *P. aeruginosa* are isolated (5).

Due to the great importance of antibiotic-resistant microorganisms, the monitoring of their frequency, through

Table 4. Frequencies of antibiotic-resistant/susceptible phenotypes isolated in AICU (UFU) and SARI program.

MICROORGANISM		AICU	SARI	p
<i>Staphylococcus aureus</i>	Oxacilin-resistant	18	486	<0.001
	Oxacilin-susceptible	12	2030	
coagulase-negative <i>Staphylococcus</i> spp	Oxacilin-resistant	15	-	-
	Oxacilin-susceptible	10	-	
<i>Escherichia coli</i>	3 rd g. cephalosporin -resistant	03	24	<0.001
	3 rd g. cephalosporin -susceptible	13	2369	
<i>Escherichia coli</i>	Fluoroquinolons -resistant	05	180	0.012
	Fluoroquinolons -susceptible	11	1717	
<i>Klebsiellae-Enterobacter</i> group	3 rd g. cephalosporin - resistant	19	69	<0.001
	3 rd g. cephalosporin -susceptible	14	1030	
<i>Pseudomonas aeruginosa</i>	Ceftazidime - resistant	33	229	<0.001
	Ceftazidime - susceptible	13	1265	
<i>Pseudomonas aeruginosa</i>	Fluoroquinolons -resistant	35	269	<0.001
	Fluoroquinolons -susceptible	11	1227	
<i>Pseudomonas aeruginosa</i>	Imipenem-resistant	33	339	<0.001
	Imipenem -susceptible	13	995	

Table 5. Frequencies of antibiotic-resistant/susceptible phenotypes isolated in AICU (UFU) and ICARE program.

MICROORGANISM		AICU	ICARE	p
<i>Staphylococcus aureus</i>	Oxacilin-resistant	18	12108	0.551
	Oxacilin-susceptible	12	10781	
coagulase-negative <i>Staphylococcus</i> spp	Oxacilin-resistant	15	10381	0.085
	Oxacilin-susceptible	10	3172	
<i>Escherichia coli</i>	3 rd g. cephalosporin -resistant	03	156	<0.001
	3 rd g. cephalosporin -susceptible	13	11855	
<i>Escherichia coli</i>	Fluoroquinolons -resistant	05	860	0.001
	Fluoroquinolons -susceptible	11	10916	
<i>Klebsiellae-Enterobacter</i> group	3 rd g. cephalosporin - resistant	19	467	<0.001
	3 rd g. cephalosporin -susceptible	14	7062	
<i>Pseudomonas aeruginosa</i>	Ceftazidime - resistant	33	1780	<0.001
	Ceftazidime - susceptible	13	11025	
<i>Pseudomonas aeruginosa</i>	Fluoroquinolons -resistant	35	4689	<0.001
	Fluoroquinolons -susceptible	11	8784	
<i>Pseudomonas aeruginosa</i>	Imipenem-resistant	33	2289	<0.001
	Imipenem -susceptible	13	9697	

surveillance programs such as ICARE in the United States (3), EPIC in Europe (5) and SARI (Germany) (15), is highly recommended. Additionally, programs developed by pharmaceutical industries such as SENTRY (18) and MYSTIC can provide relevant informations about antibiotic resistance (14).

In the present study, coagulase-negative staphylococci predominated as etiological agent of bloodstream infections

(24.6% of the cases), followed by *S. aureus* (19.3%). *P. aeruginosa* was the main etiological agent of ventilator-associated pneumonia (42.0%), while the main etiological agent of urinary tract infection was the *Klebsiella-Enterobacter* group, responsible for 23.4% of the cases. In general, these results are similar to those report in other studies (3, 5).

This research indicated a high resistance rate, especially among the Gram-negative bacilli. *P. aeruginosa* presented

Table 6. Frequencies of antibiotic-resistant/susceptible phenotypes isolated in AICU (UFU) and SENTRY program.

MICROORGANISM		AICU	SENTRY	p
<i>Staphylococcus aureus</i>	Oxacilin-resistant	18	144	0.129
	Oxacilin-susceptible	12	185	
coagulase-negative <i>Staphylococcus</i> spp	Oxacilin-resistant	15	117	0.059
	Oxacilin-susceptible	10	30	
<i>Escherichia coli</i>	3 rd g. cephalosporin -resistant	03	07	0.075
	3 rd g. cephalosporin -susceptible	13	151	
<i>Escherichia coli</i>	Fluoroquinolons -resistant	05	23	0.169
	Fluoroquinolons -susceptible	11	135	
<i>Klebsielleae-Enterobacter</i> group	3 rd g. cephalosporin - resistant	19	50	0.028
	3 rd g. cephalosporin -susceptible	14	93	
<i>Pseudomonas aeruginosa</i>	Ceftazidime - resistant	33	108	<0.001
	Ceftazidime - susceptible	13	139	
<i>Pseudomonas aeruginosa</i>	Fluoroquinolons -resistant	35	124	0.002
	Fluoroquinolons -susceptible	11	123	
<i>Pseudomonas aeruginosa</i>	Imipenem-resistant	33	93	<0.001
	Imipenem -susceptible	13	154	

resistance above 70.0% to third generation cephalosporins, imipenem and fluoroquinolons, while ICARE published resistance rates to *P. aeruginosa* of 35.0% to fluoroquinolons, 19.0% to imipenem and 14.0% to third generation cephalosporins (3) and SARI reported resistance of 18.0% to fluoroquinolons, 25.4% to imipenem and 15.3% to third generation cephalosporins-resistance (15). SARI program also found 9.5% of fluoroquinolons-resistant *E. coli* and 6.3% of third generation cephalosporins-resistant *Klebsiella-Enterobacter* group (15), versus 31.2% and 57.6%, respectively, in Uberlândia. The differences between the results of this study and these international ones were statistically significant ($p < 0.05$).

The frequencies of antibiotic resistant microorganisms detected in our study were higher than that observed in other Brazilian hospitals. The SENTRY program reported resistance to third generation cephalosporins in 43.7% of *P. aeruginosa* samples, contrasting with the results of this study where 71.7% of third generation cephalosporins-resistant *P. aeruginosa* were detected. The frequency of fluoroquinolons-resistant *P. aeruginosa* (76.1%) and imipenem-resistant *P. aeruginosa* (71.7%) found in this research was also higher than the presented by SENTRY program (50.1% and 37.8% respectively) (18). The comparison of the results showed a statistical significance. However, this observation was not the same for all microorganisms evaluated. For example, the higher rate of third generation cephalosporins-resistant *E. coli* (18.7%) when compared to that published by SENTRY (4.4%) (18), was not statistically significant.

In the Gram-positive group, only a low number of *Enterococcus* spp were isolated in this study. Their resistance

to aminoglycosides was lower than in other studies (3,15,18). The frequency of oxacilin-resistant *S. aureus* was not statistically significant when compared to American hospitals data, ($p=0.551$) (3), and SENTRY program ($p=0.129$) (18), but it was statistically significant when compared to SARI program ($p < 0.01$) (15). The same observation applies to oxacilin-resistant coagulase-negative staphylococci.

Compared to percentiles distribution elaborated by NNIS (25%, 50%, 75% and 90%), the frequency of oxacilin-resistant *S. aureus* in our study (60.0%) was higher than the average rate in North American critical units, where 75% of the evaluated units presented lower resistance rate than the observed in our unit. However, the occurrence of 60.0% oxacilin-resistant coagulase-negative staphylococci, figured in the percentile 25%, corresponding to the interval named “first quartile” (25%), means that such resistance rate was observed in only a quarter of the American critical units evaluated. In the group of Gram-negative bacilli, all microorganisms presented resistance frequencies above percentile 90%, what means that the resistance rate of this group in our unit was higher than the presented in 90% of North American critical units (3).

The evaluation of antibiotic consumption showed the cephalosporins (49.6%), glycopeptides (37.4%) and carbapenems (26.6%) as the most prescribed groups of antibiotics in the AICU, with the majority of patients (80.3%) in use of some kind of antimicrobial, during the period of study. Thus, the pressure force of antibiotics, added to other risk factors as invasive procedures and disease seriousness, makes intensive care units one of the most favorable places to emergency of resistant microorganisms (15). Additionally, the

difficulties for implementation of measures to prevent and control nosocomial infections in developing countries (16), especially hands hygiene (10), must be considered. These measures are important for the reduction of horizontal dissemination of these microorganisms.

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RESUMO

Fenótipos de resistência antimicrobiana epidemiologicamente importantes de patógenos isolados de pacientes críticos de um hospital universitário brasileiro

A resistência aos antimicrobianos é uma ameaça a saúde pública mundial e está associada a uma maior mortalidade e morbidade. Apesar dos vastos conhecimentos sobre este problema, a resistência aos antibióticos continua a emergir, especialmente em unidades de terapia intensiva (UTI). O objetivo deste estudo foi avaliar a frequência de fenótipos de resistência epidemiologicamente importantes em patógenos isolados de pneumonia associada à ventilação mecânica (PAV), infecções de corrente sanguínea (ICS) e de infecções de trato urinário (UTI) nos pacientes atendidos na unidade de terapia intensiva de adultos (UTIA) do Hospital de Clínicas da Universidade Federal de Uberlândia, durante o período de um ano. Adicionalmente, no período do estudo, foi analisado o consumo de antibióticos na UTIA. *Staphylococcus* spp coagulase negativo e *S. aureus* foram os principais agentes de ICS (43,9%), com 60,0% de resistência à oxacilina em ambos os microrganismos. O grupo *Klebsiella-Enterobacter* predominou nas ITU (23,4%), com resistência às cefalosporinas de terceira geração em 58,0% dos isolados; e, *Pseudomonas aeruginosa* nas PAV (42,0%), com 72,0% de resistência ao imipenem. As cefalosporinas (49,6%), vancomicina (37,4%) e os carbapenêmicos (26,6%) foram os antibióticos mais prescritos na unidade. A comparação dos resultados com publicações do programa NNIS evidenciou uma pior situação no hospital estudado, especialmente entre os Gram-negativos, que ultrapassaram o percentil 90% elaborado por este programa. De acordo com os resultados apresentados neste estudo, uma revisão do uso empírico de antibióticos e da prevenção e controle de infecções hospitalares é recomendada.

Palavras-chave: Infecção hospitalar, epidemiologia, microrganismos multirresistentes

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