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## Patterns and predictors of breast cancer chemotherapy use in Kaiser Permanente Northern California, 2004-2007

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### Abstract

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**Ethical Standards** All reported work in this study complies with the current laws of the United States.

Chemotherapy regimens for early stage breast cancer have been tested by randomized clinical trials, and specified by evidence-based practice guidelines. However, little is known about the translation of trial results and guidelines to clinical practice. We extracted individual-level data on chemotherapy administration from the electronic medical records of Kaiser Permanente Northern California (KPNC), a pre-paid integrated healthcare system serving 29% of the local population. We linked data to the California Cancer Registry, incorporating socio-demographic and tumor factors, and performed multivariable logistic regression analyses on the receipt of specific chemotherapy regimens. We identified 6,004 women diagnosed with Stage I–III breast cancer at KPNC during 2004–2007; 2,669 (44.5 %) received at least one chemotherapy infusion at KPNC within 12 months of diagnosis. Factors associated with receiving chemotherapy included age <50 years [odds ratio (OR) 2.27, 95 % confidence interval (CI) 1.81–2.86], tumor >2 cm (OR 2.14, 95 % CI 1.75–2.61), involved lymph nodes (OR 11.3, 95 % CI 9.29–13.6), hormone receptor-negative (OR 6.94, 95% CI 4.89–9.86), Her2/neu-positive (OR 2.71, 95% CI 2.10–3.51), or high grade (OR 3.53, 95 % CI 2.77–4.49) tumors; comorbidities associated inversely with chemotherapy use [heart disease for anthracyclines (OR 0.24, 95 % CI 0.14–0.41), neuropathy for taxanes (OR 0.45, 95 % CI 0.22–0.89)]. Relative to high-socioeconomic status (SES) non-Hispanic Whites, we observed less anthracycline and taxane use by SES non-Hispanic Whites (OR 0.63, 95 % CI 0.49–0.82) and American Indians (OR 0.23, 95 % CI 0.06–0.93), and more anthracycline use by high-SES Asians/Pacific Islanders (OR 1.72, 95 % CI 1.02–2.90). In this equal-access healthcare system, chemotherapy use followed practice guidelines, but varied by race and socio-demographic factors. These findings may inform efforts to optimize quality in breast cancer care.

## Keywords

Breast cancer; Chemotherapy; Patterns of care; Electronic medical record; Disparities; Outcomes research; Quality of care

## Introduction

Breast cancer is the most common non-cutaneous malignancy of women in the United States (U.S.), and survivors comprise approximately 2% of the population [1]. The high incidence of breast cancer has facilitated large randomized clinical trials, generations of which have defined effective adjuvant chemotherapy regimens for Stage I–III disease [2–6]. Evidence-based practice guidelines and quality measures have translated clinical trial results into recommendations about chemotherapy agents, doses and schedules, based on patient and tumor characteristics [7, 8]. However, considerable uncertainty remains as to how research findings and guidelines are applied outside of clinical trials, the setting in which the great majority of patients are treated [9–12].

Barriers to population-based studies of chemotherapy use include lack of treatment detail and under-reporting. Population-based cancer registries such as the Surveillance, Epidemiology and End Results (SEER) program record chemotherapy as part of the first course of treatment, but details such as drug combinations, schedules and number of cycles—all of which have been demonstrated to impact cancer recurrence and survival in clinical trials [5, 6, 13, 14]—are unavailable. Moreover, administration of chemotherapy appears under-reported in registry data [15, 16]. Studies using linkage to Medicare claims are limited to adults aged 65 years or older, and based on claims data rather than actual drug administrations. To overcome these limitations, we linked chemotherapy administration data from the electronic medical records (EMR) of Kaiser Permanente Northern California (KPNC, a participant in the National Cancer Institute's Cancer Research Network) [17] with the California Cancer Registry (CCR) database; members comprise nearly one-third of the local population, and are representative in terms of race/ethnicity and socioeconomic status

(SES). To determine how evidence-based guidelines disseminate into cancer care across the population, we analyzed factors associated with adjuvant chemotherapy use in Stage I–III breast cancer patients diagnosed from 2004 to 2007.

## Methods

### Data sources and linkage

The KPNC coverage area includes 23 counties in the San Francisco Bay Area and the Central Valley of California, from Sacramento to Fresno. We used two chemotherapy administration data repositories from KPNC: the Case Management for Medical Oncology with Laboratory and Outcome Tracking (CAMMOLOT) database, initiated in 1998, and the Clinical Oncology Pharmacy System (COPS) database, initiated in 1999. KPNC pharmacy records were used to identify filled prescriptions for endocrine therapy of breast cancer, including tamoxifen and aromatase inhibitors.[18] We used KPNC data on diagnoses associated with inpatient and outpatient encounters to identify specific comorbidities present from 12 months before to one month after diagnosis, and likely to influence chemotherapy selection, including heart disease (ICD-9 codes 410.0–410.9, 428.0–428.9, 411.0–411.9, 413.0–413.9, 394.0–396.9, 424.0–424.9, 425.0–425.9), diabetes (ICD-9 codes 250.0–250.9), and neuropathy (ICD-9 codes 356.0–357.9, 250.6, 249.6, 337.0). In addition, we used a modified Charlson Comorbidity Index to measure the burden of other serious comorbidities; this weighted score includes conditions found in the original Charlson Index including liver disease, cerebrovascular disease, and acquired immune deficiency syndrome, among others [19–22].

Comprising three registries (Greater Bay Area, Los Angeles, and Greater California) within the SEER program, the CCR is a population-based registry which has collected data about all primary cancers diagnosed among California residents since 1988. Demographic and tumor information is abstracted from medical records according to standard protocols [23]. CCR data have been described [24], and include age and marital status at diagnosis, race/ethnicity, tumor size, presence of lymph node involvement, cancer stage according to the American Joint Committee on Cancer [25], tumor grade, histology, laterality, focality, expression of estrogen receptor (ER), progesterone receptor (PR) and Her2/neu (HER2), other cancer treatments including surgery and radiation, and vital status at the time of last contact or vital status record linkage. For this cohort, most clinical information is derived from the KPNC cancer registry; however, CCR data may incorporate additional reports from facilities outside KPNC. We included information on distance between a patient's address and the KPNC facility reporting her diagnosis [26], and on neighborhood (block group-level) SES, using a previously developed index that combines Census 2000 measures of education, income, occupation and housing characteristics [27].

KPNC records over 1999–2007 were extracted for linkage to CCR tumor-level data. KPNC chemotherapy infusion databases became fully implemented in 2004; therefore, we restricted analyses to 2004–2007. Infusion data were limited to 12 months following diagnosis to maximize capture of chemotherapy used in the post-surgical adjuvant setting, while minimizing capture of chemotherapy administered for cancer recurrence. Analyses were approved by the Institutional Review Boards of the state of California, the Cancer Prevention Institute of California, and KPNC Division of Research.

### Chemotherapy data extraction and coding

We extracted data on drug names, infusion dates, and number of infusions. We focused on two of the most active drug classes for breast cancer, anthracyclines and taxanes [5, 8, 13, 14, 28]; for comparison, we evaluated the older cyclophosphamide, methotrexate, and 5-

flurouracil (CMF) regimen [29, 30]. We also assessed use of the monoclonal antibody trastuzumab (Herceptin), which was FDA-approved for adjuvant treatment of Stage I–III HER2-positive breast cancer in 2006 [31, 32]. We defined cycles according to the number of drug infusions, with cycle length defined according to practice guidelines [5, 8, 13, 14, 28].

## Statistical analysis

We used exploratory multivariable logistic regression to model the association of clinical and socio-demographic factors with treatment. We included age, race/ethnicity, neighborhood SES, and ER/PR in all models because these variables were of interest a priori, and then used stepwise selection to select other significant covariates among tumor size, histology, grade, lymph node involvement, laterality, HER2 status, marital status, distance to reporting KPNC facility, diabetes, heart disease, neuropathy, modified Charlson Comorbidity Index, multiple breast tumors, endocrine therapy, and surgery type for inclusion in the final model. Because of high correlations among variables, two combined variables were modeled: receipt of endocrine therapy and ER/PR status, and race/ethnicity and neighborhood SES. To control for changes in guidelines over time, year of diagnosis was included as a continuous variable. Analyses were conducted using SAS, Version 9.3 (SAS Institute, Cary, NC).

Outcomes of multivariable analyses included receipt of (1) any chemotherapy, (2) at least four cycles (defined as infusions at least 1-week apart) of an anthracycline (doxorubicin or epirubicin), (3) at least four cycles of a taxane (docetaxel or paclitaxel), (4) at least four cycles of an anthracycline plus at least four cycles of a taxane, (5) at least four cycles of an anthracycline and taxane compared to at least six cycles of CMF. For analyses 1–4, each outcome was compared to receiving any other chemotherapy (fewer cycles of the drug/s of interest, or any other drugs), a comparison we chose to estimate the odds of receiving particular chemotherapy drugs, compared to other drugs. We selected a threshold of four cycles because it was the minimum number for all regimens recommended by practice guidelines [8]. We also examined two measures of the Quality Oncology Practice Initiative (QOPI) of the American Society of Clinical Oncology (ASCO) [7], which we chose for their feasibility with available data: receipt of at least one cycle of combination chemotherapy within 4 months of diagnosis by women age <70 years with ER/PR-negative tumors of size 1 cm (cm), and receipt of trastuzumab by women with HER2-positive tumors, compared in each analysis to eligible women who did not receive the specified regimen. We restricted the trastuzumab analysis to 2006–2007, because adjuvant trastuzumab was not FDA-approved until 2006 [31, 32].

## Results

### Patient characteristics

We identified 6,004 women who were residents of California and diagnosed with a first primary, Stage I–III breast cancer at KPNC from 2004 to 2007 (Table 1; Fig. 1). Twenty-one percent was younger than 50 years of age; 52.9 % were age 50–69, and 25.9 % were age 70. The majority (68.3 %) was non-Hispanic (NH) White, in the top two state-wide SES quintiles (64 %), and married (59.1 %). The majority had tumors <2 cm (58.2 %), without lymph node involvement (68.9 %) and Stage I (52.8 %). Most tumors expressed ER and/or PR (81.3 %); HER2 amplification or over-expression was present in 11.3 %, unknown or borderline in 23.5 %; HER2 status was based on SEER data, with missing rates as previously reported [24, 33, 34]. Diabetes was present in 11.3 %, neuropathy in 3.1 %, and heart disease in 7.2 %. KPNC recorded endocrine therapy in 85.5 % of patients with ER/PR-positive cancer; 38.9 % of all patients underwent mastectomy, 59.5 % breast conserving surgery, and 50.4 % radiation therapy. In total, 2,669 women (44.5 %) received at least one

infusion of chemotherapy at a KPNC facility. There was 96.5 % agreement between CCR and KPNC on chemotherapy records: KPNC missed 2.62 % of patients who received chemotherapy, and CCR missed 4.01 %.

### Any chemotherapy

Odds of receiving chemotherapy were greater among women who were younger [age <40, odds ratio (OR) 4.45, 95 % confidence interval (CI) 2.73–7.26], had tumors  $\geq 2$  cm (OR 2.14, 95 % CI 1.75–2.61), involved lymph nodes (OR 11.3, 95 % CI 9.29–13.6), high grade (OR 3.53, 95 % CI 2.77–4.49), ER/PR-negative (OR 6.94, 95 % CI 4.89–9.86) or HER2-positive (OR 2.71, 95 % CI 2.10–3.51) tumors, or received mastectomy (OR 1.41, 95 % CI 1.19–1.67). Chemotherapy was less used by women who were  $\geq 70$  years of age (OR 0.05, 95 % CI 0.04–0.07), unmarried (OR 0.8, 95 % CI 0.68–0.95), or had diabetes (0.71, 95 % CI 0.54–0.94), neuropathy (OR 0.53, 95 % CI 0.31–0.89), heart disease (OR 0.38, 95 % CI 0.26–0.56), or a comorbidity index  $\geq 3$  (OR 0.03, 95 % CI 0.01–0.18, Table 2).

### Anthracyclines and taxanes

Table 3 presents receipt of anthracyclines and taxanes. Use of at least four cycles of an anthracycline, compared to any other chemotherapy, was more frequent among women who were 40–49 years of age (OR 1.89, 95 % CI 1.30–2.75), high-SES Asians/Pacific Islanders (OR 1.72, 95 % CI 1.02–2.90), or had involved lymph nodes (OR 2.14, 95 % CI 1.64–2.79). Use of four or more cycles of an anthracycline was less frequent among women who were age  $\geq 70$  (OR 0.18, 95 % CI 0.12–0.25), low-SES NH White (OR 0.65, 95 % CI 0.48–0.89), had tumors <1 cm (OR 0.46, 95 % CI 0.29–0.73), positive HER2 (OR 0.58, 95 % CI 0.43–0.82), or heart disease (OR 0.24, 95 % CI 0.14–0.41).

Receipt of at least four cycles of a taxane was more common among women who were age <40 (OR 2.14, 95 % CI 1.45–3.17), had tumors  $\geq 2$  cm (OR 1.29, 95 % CI 1.03–1.63), involved lymph nodes (OR 13.5, 95 % CI 10.9–16.6), high grade (OR 1.56, 95 % CI 1.10–2.22), ER/PR-negative (OR 1.44, 95 % CI 1.13–1.84) or HER2-positive (OR 1.82, 95 % CI 1.39–2.37) tumors, multiple primary tumors (OR 2.33, 95 % CI 1.08–5.05), no or other breast surgery (OR 4.32, 95 % CI 1.67–11.2) or later year of diagnosis (OR 1.10, 95 % CI 1.01–1.21). Taxanes were less used by women who were  $\geq 70$  years of age (OR 0.24, 95 % CI 0.16–0.34), low-SES NH White (OR 0.66, 95 % CI 0.51–0.85), or had neuropathy (OR 0.45, 95 % CI 0.22–0.89).

At least four cycles of anthracycline plus taxane was more likely among women who were age <40 (OR 1.91, 95 % CI 1.30–2.81), had tumors  $\geq 2$  cm (OR 1.39, 95 % CI 1.10–1.76), involved lymph nodes (OR 12.9, 95 % CI 10.5–15.8), high grade (OR 1.71, 95 % CI 1.20–2.42), ER/PR-negative (OR 1.29, 95 % CI 1.01–1.64), HER2-positive (OR 1.37, 95 % CI 1.06–1.78), or multiple primary tumors (OR 2.54, 95 % CI 1.19–5.45). Anthracyclines plus taxanes were less likely among women who were  $\geq 70$  years of age (OR 0.25, 95 % CI 0.17–0.36), low-SES NH Whites (OR 0.63, 95 % CI 0.49–0.82), low-SES AIAN, other, or unknown ethnicity (OR 0.23, 95 % CI 0.06–0.93) had diabetes (OR 0.66, 95 % CI 0.46–0.94), or a comorbidity index of 1 (OR 0.65, 95 % CI 0.47–0.90).

Women were more likely to receive CMF, compared to an anthracycline plus taxane, if they were  $\geq 70$  years of age (OR 22.8, 95 % CI 8.45–61.4), low-SES NH White (OR 2.79, 95 % CI 1.25–6.23), had uninvolved lymph nodes (OR 27.5, 95 % CI 11.6–65.2), diabetes (OR 4.09, 95 % CI 1.59–10.5), or heart disease (OR 10.2, 95 % CI 3.64–28.6); they were less likely to receive CMF, compared to an anthracycline plus taxane, if they had a tumor  $\geq 2$  cm (OR 0.34, 95 % CI 0.17–0.69), positive HER2 (OR 0.16, 95 % CI 0.04–0.69), or a later diagnosis year (OR 0.61, 95 % CI 0.41–0.92).

### Consistency with ASCO QOPI guidelines

Women age <70 with ER/PR-negative tumors of  $\leq 1$  cm were more likely to receive combination chemotherapy within four months of diagnosis if they were 40–49 years of age (OR 2.05, 95 % CI 1.16–3.62), had involved lymph nodes (OR 2.90, 95 % CI 1.77–4.57), tumors  $\geq 2$  cm (OR 2.32, 95 % CI 1.38–3.90) or high grade (OR 4.26, 95 % CI 1.16–15.7); this was less likely if they were 60–69 years of age (OR 0.61, 95 % CI 0.38–0.98), high SES Asian or Black (OR 0.47, 95 % CI 0.23–0.97 and 0.37, 95 % CI 0.16–0.86, respectively), had neuropathy (OR 0.35, 95 % CI 0.13–0.98), or a comorbidity index of  $\geq 3$  (OR 0.05, 95 % CI 0.00–0.58). Women with HER2-positive tumors were more likely to receive trastuzumab if they were <40 years of age (OR 10.9, 95 % CI 1.51–79.3), had involved lymph nodes (OR 3.67, 95 % CI 1.66–8.12), high grade (OR 6.46, 95 % CI 1.72–24.2) or ER/PR-negative (OR 2.99, 95 % CI 1.36–6.57) tumors. Trastuzumab was less used by women who were  $\geq 70$  years of age (OR 0.03, 95 % CI 0.01–0.10) or had tumors  $<1$  cm (OR 0.17, 95 % CI 0.06–0.47) (Table 4).

### Discussion

To our knowledge, this is the first use of linked electronic drug administration records and SEER registry data for a detailed analysis of breast cancer chemotherapy; this linkage provides a more complete picture than either source alone. Leveraging high-quality EMR data available through a large, integrated health care system covering a diverse yet representative population, we observed more chemotherapy use by women with adverse prognostic factors (including young age, large tumor size, and involved lymph nodes), and less chemotherapy use by women at higher risk for drug-specific toxicities, given their comorbidities (including heart disease for anthracyclines, and neuropathy for taxanes); these patterns follow clinical trial results and practice guidelines. However, we found variations in specific drug use according to race/ethnicity and SES; compared to high-SES NH Whites, there was less receipt of highly active anthracycline- and taxane-based regimens by low-SES NH Whites and American Indian/Alaskan Natives (AIAN), and more receipt of anthracyclines by high-SES Asians/Pacific Islanders (API). High-SES Blacks and API were less likely than high-SES NH Whites to receive timely combination chemotherapy for ER/PR-negative cancer. This variability occurred despite the equal-access care setting, and warrants further study of cultural and socio-demographic influences on cancer care.

Given the coverage structure, KPNC patients are unlikely to seek out-of-network care, which reduces the chance that we missed records of chemotherapy administered at other institutions; only 2.6 % of patients were coded by CCR, but not by KPNC, as having had chemotherapy. Moreover, all KPNC patients have health insurance, reducing variability in access. This study thus offers a nearly complete picture of chemotherapy use in a large, diverse healthcare system [17, 35, 36]. Predictably, most care followed results of clinical trials, particularly those reporting that women with younger age, larger tumor size, involved lymph nodes, higher grade, positive HER2 and negative ER/PR status derive greater benefit from chemotherapy [2–5, 31, 32]. Relevant practice guidelines include those of the National Comprehensive Cancer Network and St. Gallen Consensus Conference [8, 37]; these lengthy documents incorporate nuances of decision making, including patient preferences, about which we lacked information. Thus, we focused on the ASCO QOPI measures, which establish common ground for quality care [7]. Even though QOPI guidelines were not formalized until 2010 [7], we observed high concordance (88.8–92.5%) with two QOPI measures which we could assess using available data, for women with ER/PR-negative and HER2-positive tumors. We found evidence of a switch from the older CMF regimen to newer “third generation” anthracycline and taxane-based combinations over time, consistent with emerging randomized trials and evidence summaries during this period [5, 13, 38–41]. Our finding of less anthracycline use by women with heart disease, less taxane use by

women with neuropathy, and less combination chemotherapy among women with diabetes or more comorbidities, likely reflects appropriate patient-level tailoring of care.

KPNC members are representative of the general population, allowing us to evaluate chemotherapy use by socio-demographic characteristics [42, 43]. Our findings of less chemotherapy use among unmarried women, and less anthracycline and taxane use by low-SES NH Whites and NH AIANs, may result from limited social or financial resources with which to offset the burden of chemotherapy. Prior studies have investigated breast cancer treatment across diverse populations [44–50], with recent work reporting an interplay of race and marital status [51], interactions between race and tumor subtype within clinical trials [52], and a lower probability of guideline-consistent care among patients with less insurance coverage [53]. A novel contribution of our work is its consideration of specific chemotherapy agents and combinations, which may shed light on observed patterns of care; for example, our finding of more anthracycline use among high-SES APIs compared to high-SES NH Whites might reflect differences in education, body mass index, or lifestyle, which could mitigate concerns about the cardiac side effects of this drug class. Conversely, we observed lower odds of receiving timely combination chemotherapy for ER/PR-negative cancers (an ASCO QOPI measure) among high-SES APIs and Blacks compared to high-SES NH Whites, a finding which warrants investigation of potential barriers to treatment initiation.

Although these associations control for temporal trends, tumor prognostic factors, age, and comorbidities, they cannot unravel the complexity of applying trial results and practice guidelines to the care of an individual, a therapeutic process that is enmeshed with the goals, fears, and experiences of both physician and patient. Further study of the factors that guide decisions about cancer treatment might clarify the socio-demographic use patterns that we observed.

Our study has some limitations. We extracted individual drug names and infusion patterns from KPNC administrative data, an approach validated by a recent study of the Cancer Research Network [54]; however, we did not evaluate treatment delays, deviations from standard dosing by body surface area or other parameters, use of ancillary medications (such as hematopoietic growth factors and bisphosphonates) or novel diagnostics which may be used to target chemotherapy (such as tumor genomic profiling for recurrence risk). These questions are key priorities for future research. We were particularly interested in examining racial/ethnic and SES interactions; however, our significant findings should be interpreted with caution given the number of race/ethnicity by SES combinations, small numbers in some groups, and potential for chance findings.

Many of the above questions are not amenable to investigation by currently available databases. However, KPNC has recently implemented the Beacon infusion medication module for its Epic™ (Verona, WI)-based electronic medical record that replaces the stand-alone CAMMOLOT and COPS databases. This database will facilitate future investigation of these questions as it provides substantially greater detail on infusion medication planning and administration.

We used EMRs to study patterns of chemotherapy treatment for breast cancer in a large, diverse medical care program from 2004 to 2007. We observed care patterns consistent with practice guidelines, including more chemotherapy use by women having the most to gain from it, given their adverse prognostic factors, and less chemotherapy use by women with comorbidities that increased risk for drug-specific toxicities. However, we also observed significant variability according to race and socio-demographic factors, despite the equal-

access setting. These results may inform efforts to optimize treatment for all patients, and guide future studies of quality in breast cancer care.

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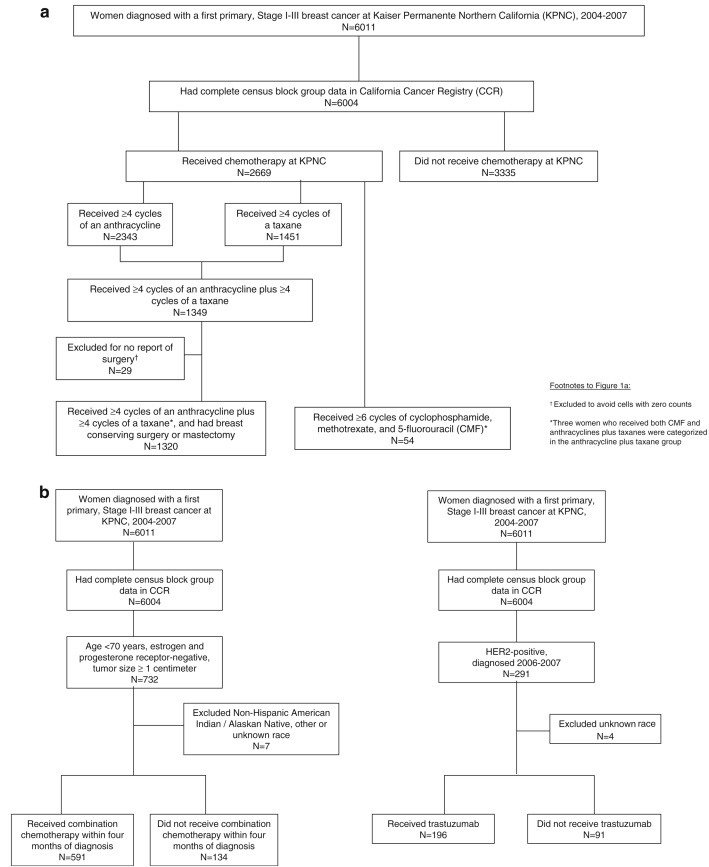
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**Fig 1.** Flow chart of case inclusion for multivariable analysis of **a** receipt of any chemotherapy, of anthracyclines plus taxanes, and of cyclophosphamide, methotrexate, and 5-fluorouracil (CMF) and **b** American Society of Clinical Oncology Quality Oncology Practice Initiative measures: receipt of combination chemotherapy within 4 months of diagnosis by women aged <70 years having estrogen and progesterone receptor-negative tumors ≥ 1 centimeter, and receipt of trastuzumab by women having HER2-positive tumors

**Table 1**  
**Patient characteristics, according to receipt of chemotherapy, Stage I-III breast cancer patients, Kaiser Permanente Northern California, 2004-2007**

	Received chemotherapy <sup>b</sup>						Total	
	Yes			No			N	Column (%)
	N	Column (%)	Row (%)	N	Column (%)	Row (%)		
Age at diagnosis (years) <sup>d</sup>								
0-39	213	8.0	86.9	32	1.0	245	13.1	4.1
40-49	763	28.6	74.4	263	7.9	1026	25.6	17.1
50-59	927	34.7	55.6	739	22.2	1666	44.4	27.7
60-69	556	20.8	36.8	955	28.6	1511	63.2	25.2
70	210	7.9	13.5	1346	40.4	1556	86.5	25.9
Race/Ethnicity <sup>d</sup>								
Non-Hispanic (NH) White	1670	62.6	40.8	2428	72.8	4098	59.2	68.3
NH Black	228	8.5	53.0	202	6.1	430	47.0	7.2
Hispanic	345	12.9	54.2	291	8.7	636	45.8	10.6
NH Asian/Pacific Islander	400	15.0	51.9	370	11.1	770	48.1	12.8
NH American Indian/Alaskan Native, other, or unknown	26	1.0	37.1	44	1.3	70	62.9	1.2
Socio-economic status, quintiles <sup>d</sup>								
Lowest quintile	122	4.6	43.3	160	4.8	282	56.7	4.7
Second quintile	325	12.2	44.9	399	12.0	724	55.1	12.1
Third quintile	499	18.7	43.5	647	19.4	1146	56.5	19.1
Fourth quintile	780	29.2	44.4	977	29.3	1757	55.6	29.3
Highest quintile	943	35.3	45.0	1152	34.5	2095	55.0	34.9
Marital status <sup>d</sup>								
Single, separated, divorced, widowed	903	33.8	37.6	1501	45.0	2404	62.4	40.0
Married	1745	65.4	49.2	1804	54.1	3549	50.8	59.1
Unknown	21	0.8	41.2	30	0.9	51	58.8	0.8
Tumor Size (cm) <sup>d</sup>								
<1	156	5.8	13.1	1034	31.0	1190	86.9	19.8

	Received chemotherapy <sup>b</sup>						Total	
	Yes			No			N	Column (%)
	N	Column (%)	Row (%)	N	Column (%)	Row (%)		
1 to <2	888	33.3	38.6	1415	42.4	61.4	2303	38.4
2 to <3	810	30.3	61.3	512	15.4	38.7	1322	22.0
3 to <4	391	14.6	71.0	160	4.8	29.0	551	9.2
4 to <5	219	8.2	77.9	62	1.9	22.1	281	4.7
5	165	6.2	74.7	56	1.7	25.3	221	3.7
Microscopic foci, diffuse, or not stated	40	1.5	29.4	96	2.9	70.6	136	2.3
Lymph node involvement <sup>d</sup>								
No nodes	1202	45.0	29.1	2935	88.0	70.9	4137	68.9
Positive nodes	1464	54.9	78.7	397	11.9	21.3	1861	31.0
Unknown	3	0.1	50.0	3	0.1	50.0	6	0.1
Stage <sup>d</sup>								
Stage I	667	25.0	21.1	2501	75.0	78.9	3168	52.8
Stage II	1451	54.4	66.5	732	21.9	33.5	2183	36.4
Stage III	551	20.6	84.4	102	3.1	15.6	653	10.9
Grade <sup>d</sup>								
Grade I (well differentiated)	267	10.0	19.8	1081	32.4	80.2	1348	22.5
Grade II (moderately well differentiated)	1028	38.5	42.0	1419	42.5	58.0	2447	40.8
Grade III (poorly or undifferentiated)	1219	45.7	69.4	537	16.1	30.6	1756	29.2
Grade and differentiation not stated	155	5.8	34.2	298	8.9	65.8	453	7.5
Histology <sup>d</sup>								
Ductal	2002	75.0	46.0	2347	70.4	54.0	4349	72.4
Lobular	510	19.1	42.0	703	21.1	58.0	1213	20.2
Both	157	5.9	35.5	285	8.5	64.5	442	7.4
Estrogen and progesterone receptors <sup>d</sup>								
Positive (either or both)	1878	70.4	38.5	2997	89.9	61.5	4875	81.2
Negative (both)	778	29.1	71.6	309	9.3	28.4	1087	18.1
Unknown (both)	13	0.5	31.0	29	0.9	69.0	42	0.7

	Received chemotherapy <sup>b</sup>				Total	
	Yes		No		N	Column (%)
	N	Column (%)	Row (%)	N		
HER2/Neu (HER2) <sup>a</sup>						
Positive	482	18.1	71.3	194	5.8	28.7
Negative	1539	57.7	39.3	2381	71.4	60.7
Unknown or borderline	648	24.3	46.0	760	22.8	54.0
Charlson Comorbidity Index <sup>b</sup>						
0	2232	83.6	48.2	2403	72.1	51.8
1	338	12.7	35.7	608	18.2	64.3
2	72	2.7	28.0	185	5.5	72.0
3	27	1.0	16.3	139	4.2	83.7
Diabetes <sup>b</sup>						
Yes	205	7.7	30.1	475	14.2	69.9
No	2464	92.3	46.3	2860	85.8	53.7
Neuropathy <sup>b</sup>						
Yes	44	1.6	23.5	143	4.3	76.5
No	2625	98.4	45.1	3192	95.7	54.9
Heart Disease <sup>b</sup>						
Yes	82	3.1	18.9	353	10.6	81.1
No	2587	96.9	46.5	2982	89.4	53.5
Modified Charlson Comorbidity Index <sup>c</sup>						
0	2403	90.0	46.1	2813	84.3	53.9
1	239	9.0	36.5	416	12.5	63.5
2	24	0.9	24.7	73	2.2	75.3
3	3	0.1	8.3	33	1.0	91.7
Multiple primary tumors diagnosed within 60 days <sup>d</sup>						
Yes	44	1.6	44.9	54	1.6	55.1
No	2625	98.4	44.4	3281	98.4	55.6
Endocrine therapy <sup>b, d</sup>						
Yes	44	1.6	44.9	54	1.6	55.1
No	2625	98.4	44.4	3281	98.4	55.6
Total						
N						
Column (%)						
Row (%)						
N						
Column (%)						
Row (%)						

	Received chemotherapy <sup>b</sup>						Total	
	Yes			No			N	Column (%)
	N	Column (%)	Row (%)	N	Column (%)	Row (%)		
Yes	1750	93.2	42.0	2419	80.7	4169	58.0	85.5
No	128	6.8	18.1	578	19.3	706	81.9	14.5
Radiation therapy <sup>d</sup>								
Yes	1137	42.6	37.6	1887	56.6	3024	62.4	50.4
No	1532	57.4	51.4	1448	43.4	2980	48.6	49.6
Surgery <sup>d</sup>								
Mastectomy	1326	49.7	56.8	1008	30.2	2334	43.2	38.9
Breast conserving surgery	1300	48.7	36.4	2271	68.1	3571	63.6	59.5
Other or no surgery	43	1.6	43.4	56	1.7	99	56.6	1.6
Anthracycline (doxorubicin, epirubicin) <sup>e</sup>								
Yes	2477	92.8	100.0			2477		41.3
No	192	7.2	5.4	3335	100.0	3527	94.6	58.7
Taxane (docetaxel, paclitaxel) <sup>e</sup>								
Yes	1659	62.2	100.0			1659		27.6
No	1010	37.8	23.2	3335	100.0	4345	76.8	72.4
Trastuzumab <sup>e</sup>								
Yes	491	18.4	100.0			491		8.2
No	2178	81.6	39.5	3335	100.0	5513	60.5	91.8
Combination chemotherapy within 4 months, among women with ER/PR-negative tumors 1 cm in size and age <70 years <sup>f</sup>								
Yes	595	92.5	100.0			595		81.3
No	48	7.5	35.0	89	100.0	137	65.0	18.7
Trastuzumab, among women diagnosed in 2006–2007 with HER2-positive tumors <sup>f</sup>								
Yes	199	88.8	100.0			199		68.4
No	25	11.2	27.2	67	100.0	92	72.8	31.6
Total	2669	100.0	44.5	3335	100.0	6004	55.5	100.0

<sup>a</sup>Data from the California Cancer Registry



<sup>b</sup>Data from Kaiser Permanente Northern California

<sup>c</sup>This modified Charlson Comorbidity Index excluded heart disease, diabetes and neuropathy, which were evaluated separately

<sup>d</sup>Limited to women with estrogen receptor and/or progesterone receptor-positive breast cancers (N = 4875)

<sup>e</sup>Among women who received chemotherapy

<sup>f</sup>Measure of the American Society of Clinical Oncology Quality Oncology Practice Initiative (ASCO QOPI)

**Table 2**  
**Multivariable analysis of receiving any chemotherapy versus no chemotherapy, Stage I–III breast cancer patients, Kaiser Permanente Northern California (KPNC), 2004–2007**  
**(N = 6004)**

	Odds ratio	95 % CI
Age (years)		
39	4.45	2.73–7.26
40–49	2.27	1.81–2.86
50–59	1.0	
60–69	0.39	0.32–0.48
70	0.05	0.04–0.07
Race, socio-economic status (SES)		
High SES Non-Hispanic (NH) White	1.0	
High SES Hispanic	1.25	0.89–1.75
High SES NH American Indian, Alaskan Native, other, or unknown (AIAN)	0.48	0.16–1.47
High SES NH Asian or Pacific Islander (API)	0.92	0.70–1.21
High SES NH Black	1.08	0.67–1.74
Low SES NH White	0.84	0.68–1.03
Low SES Hispanic	1.06	0.73–1.52
Low SES NH AIAN	0.65	0.23–1.86
Low SES API	0.98	0.64–1.48
Low SES NH Black	0.98	0.67–1.44
Marital status		
Married	1.0	
Unmarried (single, separated, divorced, widowed)	0.80	0.68–0.95
Unknown	0.51	0.22–1.23
Tumor size (cm)		
<1 cm	0.24	0.19–0.31
1 to <2	1.0	
2 to <3	2.14	1.75–2.61
3 to <4	3.02	2.26–4.05
4 to <5	4.27	2.74–6.64
5	2.89	1.77–4.72
Microscopic foci, diffuse, or unknown	0.17	0.10–0.28
Lymph node involvement		
Negative or unknown	1.0	
Positive	11.3	9.29–13.6
Grade		
Grade I (well differentiated)	1.0	
Grade II (moderately differentiated)	2.06	1.66–2.55
Grade III (poorly or undifferentiated)	3.53	2.77–4.49
Unknown	1.49	1.07–2.09

	Odds ratio	95 % CI
Estrogen, progesterone receptors (ER/PR) and endocrine therapy <sup>a</sup>		
ER/PR-positive, no endocrine therapy	1.0	
ER/PR-negative, no endocrine therapy	6.94	4.89–9.86
ER/PR-unknown, no endocrine therapy	0.20	0.06–0.75
ER/PR-positive, received endocrine therapy	2.31	1.71–3.13
HER2		
Negative	1.0	
Positive	2.71	2.10–3.51
Unknown or borderline	1.38	1.14–1.67
Diabetes		
No	1.0	
Yes	0.71	0.54–0.94
Neuropathy		
No	1.0	
Yes	0.53	0.31–0.89
Heart disease		
No	1.0	
Yes	0.38	0.26–0.56
Modified Charlson Comorbidity Index <sup>b</sup>		
0	1.0	
1	1.12	0.86–1.45
2	1.10	0.55–2.20
3	0.03	0.01–0.18
Distance to reporting KPNC facility (miles)		
<5	1.0	
5 to <10	1.05	0.87–1.27
10 to <15	0.93	0.73–1.20
15 to <20	1.31	0.99–1.74
20 to <30	0.89	0.65–1.22
30 to <40	0.57	0.33–0.97
40	1.15	0.63–2.09
Surgery type		
Breast conserving surgery	1.0	
Mastectomy	1.41	1.19–1.67
None or other	0.72	0.37–1.39
Year of diagnosis, per year	1.03	0.96–1.12

<sup>a</sup>Excluded ER/PR-negative or unknown, received endocrine therapy, given the high probability that these groups reflect errors in data collection, since endocrine therapy is not clinically indicated in this setting

<sup>b</sup>This Charlson Comorbidity Index excluded heart disease, diabetes and neuropathy, which were evaluated separately

**Table 3**  
**Multivariable analyses of anthracyclines and taxanes, Stage I–III breast cancer patients, Kaiser Permanente Northern California, 2004–2007**

	At least 4 cycles of an anthracycline (A), vs. any other chemotherapy (N = 2669)		At least 4 cycles of a taxane (T), vs. any other chemotherapy (N = 2669)		At least 4 cycles of A and at least 4 cycles of T, vs. any other chemotherapy (N = 2669)		At least 6 cycles of cyclophosphamide, methotrexate, and 5-fluorouracil (CMF), vs. at least 4 cycles of A and T <sup>a</sup> (N = 1374)	
	OR	95 % CI	OR	95 % CI	OR	95 % CI	OR	95 % CI
Age (years)								
39	1.19	0.70–2.03	2.14	1.45–3.17	1.91	1.30–2.81	0.21	0.03–1.77
40–49	1.89	1.30–2.75	1.12	0.88–1.42	1.21	0.95–1.53	0.46	0.16–1.35
50–59	1.00		1.00		1.00		1.00	
60–69	0.73	0.54–1.01	0.78	0.60–1.01	0.78	0.60–1.01	1.23	0.46–3.27
70	0.18	0.12–0.25	0.24	0.16–0.34	0.25	0.17–0.36	22.8	8.45–61.4
Race, socio-economic status (SES)								
High SES Non-Hispanic (NH) White	1.00		1.00		1.00		1.0	
High SES Hispanic	1.16	0.67–2.02	1.07	0.72–1.58	1.15	0.78–1.69	0.91 <sup>a</sup>	0.33–2.50
High SES NH AIAN <sup>b</sup> , other, unknown	Not interpretable (0)		1.84	0.35–6.48	2.25	0.41–12.4		
High SES NH API <sup>b</sup>	1.72	1.02–2.90	1.03	0.75–1.42	1.15	0.84–1.58		
High SES NH Black	1.00	0.50–2.03	1.24	0.73–2.14	0.89	0.52–1.53		
Low SES NH White	0.65	0.48–0.89	0.66	0.51–0.85	0.	0.49–0.82	2.79 <sup>a</sup>	1.25–6.23
Low SES Hispanic	0.89	0.52–1.52	0.82	0.54–1.24	0.85	0.57–1.27	0.61 <sup>a</sup>	0.18–2.05
Low SES NH AIAN <sup>b</sup> , other, unknown	0.55	0.14–2.17	0.26	0.07–1.00	0.23	0.06–0.93		
Low SES NH API <sup>b</sup>	1.46	0.70–3.08	0.83	0.51–1.34	0.89	0.55–1.44		
Low SES NH Black	0.82	0.47–1.41	0.67	0.44–1.03	0.66	0.43–1.01		
Tumor size (cm)								
<1 cm	0.46	0.29–0.73	1.12	0.75–1.70	0.97	0.64–1.46	1.00	
1 to <2	1.00		1.00		1.00			
2 to <3	1.07	0.78–1.47	1.29	1.03–1.63	1.39	1.10–1.76	0.34 <sup>a</sup>	0.17–0.69
3 to <4	1.41	0.93–2.14	1.87	1.38–2.52	2.30	1.71–3.10		
4 to <5	1.15	0.69–1.92	2.61	1.74–3.89	2.72	1.86–4.00		

	At least 4 cycles of an anthracycline (A), vs. any other chemotherapy (N = 2669)		At least 4 cycles of a taxane (T), vs. any other chemotherapy (N = 2669)		At least 4 cycles of A and at least 4 cycles of T, vs. any other chemotherapy (N = 2669)		At least 6 cycles of cyclophosphamide, methotrexate, and 5-fluorouracil (CMF), vs. at least 4 cycles of A and T <sup>a</sup> (N = 1374)	
	OR	95 % CI	OR	95 % CI	OR	95 % CI	OR	95 % CI
5	0.66	0.41-1.14	1.91	1.20-3.04	1.73	1.13-2.67		
Microscopic foci, diffuse, unknown	0.57	0.22-1.49	1.65	0.70-3.88	1.56	0.71-3.43		
Lymph node involvement								
Negative or unknown	1.00		1.00		1.00		27.5	11.6-65.2
Positive	2.14	1.64-2.79	13.5	10.9-16.6	1	10.5-15.8	1.0	
Histology								
Ductal	NA <sup>c</sup>		1.00		1.00		NA <sup>c</sup>	
Lobular			0.78	0.60-1.01	0.	0.58-0.98		
Both ductal and lobular			0.74	0.48-1.13	0.73	0.48-1.12		
Grade								
Grade I	NA <sup>c</sup>		1.00		1.00		NA <sup>c</sup>	
Grade II			1.17	0.84-1.64	1.42	1.02-1.99		
Grade III			1.56	1.10-2.22	1.71	1.20-2.42		
Unknown			0.96	0.58-1.60	1.17	0.71-1.92		
Estrogen, progesterone receptors								
Positive either or both	1.00		1.00		1.00		1.00	
Unknown both	0.54	0.13-2.21	1.39	0.34-5.69	0.88	0.21-3.77		
Negative both	1.08	0.82-1.42	1.44	1.13-1.84	1.29	1.01-1.64	0.54 <sup>a</sup>	0.25-1.16
HER2								
Negative	1.00		1.00		1.00		1.00	
Positive	0.58	0.43-0.82	1.82	1.39-2.37	1.37	1.06-1.78	0.16	0.04-0.69
Unknown or borderline	0.73	0.54-0.99	1.07	0.85-1.35	1.04	0.82-1.31	1.75	0.84-3.67
Diabetes								
No	1.00		NA <sup>c</sup>		1.00		1.00	
Yes	0.70	0.46-1.05			0.66	0.46-0.94	4.09	1.59-10.5
Heart Disease								

	At least 4 cycles of an anthracycline (A), vs. any other chemotherapy (N = 2669)		At least 4 cycles of a taxane (T), vs. any other chemotherapy (N = 2669)		At least 4 cycles of A and at least 4 cycles of T, vs. any other chemotherapy (N = 2669)		At least 6 cycles of cyclophosphamide, methotrexate, and 5-fluorouracil (CMF), vs. at least 4 cycles of A and T <sup>a</sup> (N = 1374)	
	OR	95 % CI	OR	95 % CI	OR	95 % CI	OR	95 % CI
No	1.00		NA <sup>c</sup>		NA <sup>c</sup>		1.00	
Yes	0.24	0.14–0.41					10.2	3.64–28.6
Neuropathy								
None	NA <sup>c</sup>		1.00		NA <sup>c</sup>		NA <sup>c</sup>	
Yes			0.45	0.22–0.89				
Modified Charlson Comorbidity Index <sup>d</sup>								
0	NA <sup>c</sup>		NA <sup>c</sup>		1.00		NA <sup>c</sup>	
1					0.65	0.47–0.90		
2					0.44	0.16–1.19		
3					0.55	0.04–7.09		
Multiple tumors within 60 days								
No	NA <sup>c</sup>		1.00		1.00		NA <sup>c</sup>	
Yes			2.33	1.08–5.05	2.54	1.19–5.45		
Surgery type								
Breast conserving surgery	NA <sup>c</sup>		1.00		NA <sup>c</sup>		NA <sup>c</sup>	
Mastectomy			1.02	0.84–1.25				
None or other			4.32	1.67–11.2				
Endocrine therapy								
No	NA <sup>c</sup>		1.00		NA <sup>c</sup>		NA <sup>c</sup>	
Yes								
Year of diagnosis (per year)	0.90	0.80–1.02	1.10	1.01–1.21	1.21	0.95–1.15	0.61	0.41–0.92

<sup>a</sup>Due to small sample size for this analysis, variable categories were collapsed as follows: race and SES high SES NH White, high SES non-White, low SES NH White, Low SES non-White, tumor size (<2 cm, >2 cm/microscopic foci/diffuse/unknown) and estrogen receptor status (positive/unknown, negative)

<sup>b</sup>AIAN, American Indian/Alaskan Native; API, Asian/Pacific Islander

<sup>c</sup>Not applicable, this variable was not included in the final multivariable model

This modified Charlson Comorbidity Index excludes heart disease, diabetes and neuropathy, since these variables are measured separately<sup>p</sup>

**Table 4**  
**Multivariable analysis of American Society of Clinical Oncology Quality Oncology Practice Initiative measures, Stage I–III breast cancer patients, Kaiser Permanente Northern California, 2004–2007**

	Combination chemotherapy within 4 months of diagnosis, if estrogen and progesterone receptor-negative, size 1 cm and age <70 years (N = 725)		Trastuzumab if HER2-positive, 2006–2007 <sup>a</sup> (N = 287)	
	OR	95 % CI	OR	95 % CI
Age years				
39	2.62	0.88–7.85	10.9	1.51–79.3
40–49	2.05	1.16–3.62	0.63	0.24–1.65
50–59	1.0		1.0	
60–69	0.61	0.38–0.98	0.41	0.16–1.04
70	NA <sup>b</sup>		0.03	0.01–0.10
Race, socio-economic status (SES)				
High SES NH White	1.0		1.0	
High SES Hispanic	1.09	0.41–2.87	1.32	0.34–5.13
High SES NH Asian or Pacific Islander (API)	0.47	0.23–0.97	0.79	0.27–2.31
High SES NH Black	0.37	0.16–0.86	2.54	0.45–14.5
Low SES NH White	0.63	0.35–1.11	1.47	0.53–4.09
Low SES Hispanic	0.69	0.30–1.59	0.87	0.21–3.63
Low SES API	0.54	0.20–1.48	0.49	0.12–2.05
Low SES NH Black	0.50	0.25–1.03	1.89	0.38–9.33
Tumor size (cm)				
<1	NA <sup>b</sup>		0.17	0.06–0.47
1 to <2	1.0		1.0	
2 to <3	2.32	1.38–3.90	1.27	0.52–3.10
3 to <4	1.46	0.81–2.63	2.60	0.79–8.62
4 to <5	2.18	0.86–5.51	2.55	0.30–22.0
5	1.11	0.41–3.00	2.91	0.44–19.5
Microscopic foci, diffuse, or unknown	NA <sup>b</sup>		0.24	0.01–4.05
Lymph node involvement				
Negative or unknown	1.0		1.0	
Positive	2.90	1.77–4.57	3.67	1.66–8.12
Grade				
Grade I	1.0		1.0	
Grade II	4.13	1.06–16.1	5.05	1.38–18.5
Grade III	4.26	1.16–15.7	6.46	1.72–24.2
Unknown			1.91	0.24–15.3
Estrogen, Progesterone Receptors				
Positive (either or both)	NA <sup>b</sup>		1.0	
Negative (both)			2.99	1.36–6.57



	Combination chemotherapy within 4 months of diagnosis, if estrogen and progesterone receptor-negative, size $\geq 1$ cm and age $<70$ years ( $N = 725$ )		Trastuzumab if HER2-positive, 2006–2007 <sup>a</sup> ( $N = 287$ )	
	OR	95 % CI	OR	95 % CI
Neuropathy				
No	1.0		NA <sup>b</sup>	
Yes	0.35	0.13–0.98		
Modified Charlson Comorbidity Index <sup>c</sup>				
0	1.0		NA <sup>b</sup>	
1	1.32	0.61–2.85		
2	1.35	0.13–13.9		
3	0.05	0.00–0.58		
Year of diagnosis (per year)	1.01	0.83–1.23	1.86	0.90–3.86

<sup>a</sup>This analysis was limited to the years 2006–2007, because trastuzumab was not recommended for Stage I–III breast cancer prior to that time

<sup>b</sup>Not applicable; this variable was not included in the final multivariable model

<sup>c</sup>This Charlson Comorbidity Index excluded heart disease, diabetes and neuropathy, since they are separate variables