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## Prognostic and predictive impact of DNA mismatch repair in the management of colorectal cancer

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### Abstract

Colorectal cancers develop via two major pathways that include chromosomal instability and microsatellite instability. Microsatellite instability occurs due to deficient DNA mismatch repair (MMR), which can be caused by epigenetic silencing of the *MLH1* MMR gene in sporadic colorectal cancers or germline mutations in MMR genes that result in Lynch syndrome. While the molecular origin of deficient MMR differs, sporadic and Lynch syndrome tumors share similar pathological features and have a more favorable stage-adjusted prognosis compared with MMR-proficient cases. While controversy remains, there is evidence to suggest that deficient MMR may predict a lack of benefit from 5-fluorouracil-based adjuvant chemotherapy. The focus of this article is on the MMR phenotype and its prognostic and predictive implications for the management of patients with colorectal cancer.

### Keywords

adjuvant therapy; colorectal cancer; DNA mismatch repair; Lynch syndrome; microsatellite instability

### DNA mismatch repair pathway

Colorectal cancer (CRC) is the fourth most prevalent cancer and is second only to lung cancer as a cause of cancer-related mortality in the USA [101]. CRC is among the best understood malignancies at the molecular level, yet molecular markers have only recently been shown to impact patient management. The majority of CRCs show chromosomal instability (CIN), leading to aneuploidy, oncogene activation and loss of tumor suppressor genes [1]. While the majority of CRCs show CIN, approximately 15% of cancers develop via an alternative pathway of tumorigenesis, which is due to defective function of the DNA mismatch repair (MMR) system [2]. These tumors demonstrate high-frequency microsatellite instability, termed MSI-H, which occurs owing to an inability to repair single-nucleotide DNA mismatches, resulting in inactivating mutations in multiple genes, including *TGF RII*, *IGFIIR*, *BAX* and others that have coding microsatellite sequences that become

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frame shifted [3,4]. MSI-H is a hallmark of CRCs with deficient MMR and patients can be subdivided into two molecularly distinct subgroups. These include Lynch syndrome (also referred to as hereditary nonpolyposis CRC), which is characterized by germline mutations in MMR genes (*hMLH1*, *hMSH2*, *hMSH6*, and *PMS2*), and the more common sporadic CRCs where MMR deficiency is due to hypermethylation of the *hMLH1* gene promoter (Figure 1) [3]. Epigenetic inactivation of *MLH1* is frequently found in association with a specific pathway of intense DNA hypermethylation in colon cancer known as the CpG-island methylator phenotype (CIMP) [4]. Both CIMP and activating mutations in the *BRAF* gene (V600E) are strongly correlated with MSI-H owing to methylation of *MLH1*, which characterizes sporadic cancers but not Lynch syndrome cases (Figure 1). Until recently, *MLH1* was the only MMR gene shown to be epigenetically silenced. However, somatic hypermethylation of the *MSH2* gene in Lynch syndrome cases was recently reported [5], suggesting a ‘second hit’ to the initial *MSH2* germline mutation during tumorigenesis [5]. Despite their different molecular origins, both Lynch syndrome and sporadic MSI-H colon cancers share certain clinical and pathological features, which include proximal tumor site, frequent poor differentiation, diploid DNA content and increased numbers of tumor-infiltrating lymphocytes [6–10]. These features are commonly found in MSI-H cancers but are not exclusive to them. Compared with Lynch syndrome cases, sporadic MSI-H cancers demonstrate older age at diagnosis, a predilection for female gender and an association with cigarette smoking [11]. Evidence indicates that the sessile serrated adenoma may be a precursor lesion for sporadic MSI-H colon cancers [12–15]. The most compelling data linking sessile serrated adenoma to sporadic MSI-H colon cancers are common molecular features that include a high rate of activating mutations in the *BRAF* gene and CIMP-related silencing of *MLH1* [13,14].

### Identification of colon cancers with deficient MMR in clinical practice

Given the evidence that MSI-H colon cancers have a favorable prognosis and may require different treatment, as discussed in later sections, it is important to identify these tumors in clinical practice. Recognizing MSI-H CRCs requires familiarity with the distinctive clinicopathological features of these tumors. Specifically, clinicians should be alerted to the potential for MSI-H when a poorly differentiated cancer of the proximal colon is diagnosed. In contrast to sporadics, the Amsterdam criteria and the Bethesda guidelines were developed to identify Lynch syndrome patients in clinical practice, and the revised Bethesda criteria aid in the selection of patients with colon cancer for MSI testing. MSI testing is performed on paraffin-embedded tumor tissue using a PCR-based assay for the detection of instability at selected microsatellite loci [6,16]. The use of a reference panel consisting of five mono- and di-nucleotide microsatellite markers was recommended by a National Cancer Institute (NCI) consensus conference [17]. Based upon the number of unstable microsatellite markers, tumors can be grouped into MSI-H (more than two out of five demonstrating instability), MSI-L (low frequency microsatellite instability; one out of five showing instability) or microsatellite stable (MSS) cases (no unstable markers). While MSI testing requires a molecular laboratory, analysis of MMR protein expression by immunohistochemistry (IHC) is an alternative test that is widely available. IHC identifies the loss of the protein product of the affected MMR gene and results are highly concordant with MSI testing [16]. CRCs demonstrating MSI-H or loss of a MMR protein can be collectively referred to as MMR deficient (dMMR), whereas cancers that are MSS/MSI-L or have intact MMR protein expression are MMR proficient (pMMR) and arise via the CIN pathway [1]. Accordingly, the term dMMR can be used interchangeably with MSI-H. MSI-L and MSS cases are generally grouped together as they have similar clinical features and outcomes [17–22]. Since the loss of *MLH1* protein expression can be due to methylation or a germline event, IHC testing should be supplemented with *MLH1* promoter methylation analysis and/or somatic *BRAF*(V600E) mutation testing to distinguish sporadic MSI-H CRCs from Lynch

syndrome cases [23]. Detection of a *BRAF*V600E ‘hot-spot’ mutations effectively excludes Lynch syndrome as a cause of dMMR [23]. Loss of *MSH2*, *MSH6* or *PMS2* should always raise suspicion for a germline mutation indicating Lynch syndrome. It is critical that patients with suspected hereditary colon cancer be referred for genetic counseling to discuss further evaluation that includes gene sequencing to identify germline mutations as well as the evaluation/screening of family members.

Analysis of all newly diagnosed colon cancers for MMR status has been advocated by some experts and is ongoing at selected institutions. Given the approximate 15% frequency of dMMR, this approach is labor intensive and not cost-effective, yet it can identify previously unrecognized cases of Lynch syndrome in addition to sporadic cases. Predictive models exist for identifying Lynch syndrome cases [24–26]; however, no accepted models are currently available to detect sporadic dMMR cases. The association of MMR status with routine clinicopathological variables was studied in 954 stage II and III colon cancers from completed adjuvant therapy trials. A predictive model showed a low positive predictive value in distal colon cancers, suggesting that screening for MMR should perhaps be limited to proximal tumors [27].

### Prognostic impact of MMR

When MSI was first discovered in CRCs in the early 1990s, it was noted that patients with MSI-H tumors had better survival rates compared with those with MSI-L and MSS tumors [6]. MSI-H was also found to be associated with lower tumor stage at diagnosis [28] and was rare in metastatic CRCs [29,30]. An abundant amount of evidence has since accumulated demonstrating the more favorable stage-adjusted survival of colon cancers with dMMR compared with pMMR tumors. These data are largely from retrospective studies and include Phase III clinical trials of 5-fluorouracil (5-FU)-based adjuvant therapy [18,19,31–33] and a population-based study [8]. In a meta-analysis that included 32 studies stratifying survival in CRC patients by MSI status, there were 1277 dMMR CRCs and a 35% reduction in the risk of death was found for patients with dMMR versus pMMR tumors [34]. The overall survival benefit for dMMR cases was maintained when the analysis was restricted to participants in 5-FU-based adjuvant trials (hazard ratio [HR]: 0.69; 95% CI: 0.56–0.85) [34]. However, not all studies demonstrate an association between MMR status and patient survivals [35,36]. In a retrospective analysis of patients treated with 5-FU-based therapy in Phase III adjuvant studies conducted by the National Surgery Breast and Bowel Project (NSABP), no survival differences were found for patients with dMMR versus pMMR colon cancers [35]. A potential factor that may contribute to the discrepant results could be an insufficient number of dMMR tumors since they represent a relatively small subset. Furthermore, tissue availability in retrospective studies is usually incomplete and results in a nonrandom subset of the overall study population, with the potential for selection bias. Another issue is the variability in microsatellite markers used to detect MSI-H cases that may produce false-positive results, which can dilute an already modest prognostic impact [17]. In an effort to validate the prognostic (and predictive) impact of MMR status, data were pooled from stage II and III (lymph node-positive) colon cancer patients participating in the North American and European adjuvant therapy trials [37]. When restricting the analysis to patients not receiving chemotherapy (n = 515), patients with dMMR tumors demonstrated a 49% improvement in disease-free survival (DFS) compared with pMMR cases [37]. The prognostic impact of MMR status was also validated in stage II colon cancer patients (n = 1490) treated in a randomized adjuvant study known as Quick and Simple and Reliable (QUASAR) [38]. In this study, dMMR (13% of patients) was independently associated with better survival (HR: 0.31; 95% CI: 0.15–0.63; p < 0.001) in a multivariate analysis [39]. More recently, data from the Pan European Trial Adjuvant Colon Cancer (PETACC)-3 adjuvant trial demonstrated a significantly improved 5-year relapse-free

survival for MSI-H (83%) versus MSS (66%) stage II and III colon cancer patients treated with 5-FU and leucovorin (LV;  $p = 0.0077$ ) [40]. The survival benefit for MSI-H cases was observed to be greater in stage II than III patients [40]. Since all patients in this study received chemotherapy, the predictive impact of MMR status could not be determined. While the mechanism underlying the better prognosis of dMMR colon cancers is incompletely understood, evidence suggests that the enhanced host-mediated antitumor immune response observed in these tumors may contribute to their more indolent clinical behavior [41–43].

## Predictive impact of MMR

Evidence indicates that the MMR status of CRCs may predict the outcome of adjuvant chemotherapy. Whereas a majority of studies demonstrate that patients with dMMR colon cancers do not derive benefit from 5-FU-based adjuvant chemotherapy, those with pMMR tumors receive a significant survival benefit in favor of treatment [33,44–46], Ribic *et al.* reported the first large, retrospective study demonstrating that dMMR is a predictor of nonresponse to 5-FU in contrast to pMMR in patients with stage II and III colon cancers treated in adjuvant therapy trials [33]. Subsequent retrospective [37,44,46] and prospective [47] studies have since demonstrated consistent results for dMMR as a predictor of nonresponse to 5-FU. Prospective follow-up of patients receiving 5-FU-based adjuvant chemotherapy indicated that the survival benefit of 5-FU treatment was again limited to pMMR tumors [47]. However, conflicting data exist in that some retrospective studies have failed to demonstrate a predictive impact of MMR in randomized 5-FU-based adjuvant trials [35,36], and some earlier reports [48,49] suggested that patients with dMMR colon cancers may receive a greater benefit from 5-FU-based treatment compared with pMMR cases. A meta-analysis that included 454 (14%) stage II and III colon cancers with dMMR from seven studies found that dMMR is predictor of nonresponse to 5-FU compared with pMMR [50]. This result is concordant with an earlier meta-analysis reporting a similar lack of benefit in treated versus untreated dMMR colon cancers (HR: 1.24; 95% CI: 0.72–2.14), although this conclusion was not statistically significant given a modest sample size [34]. It is important to note that preclinical studies using human CRC cell lines demonstrate that 5-FU will selectively kill cells with pMMR compared with cells with dMMR [51]. Furthermore, resistance to 5-FU was overcome by restoring normal MMR function, including demethylating the *MLH1* gene [52–54]. By contrast, dMMR colon cancer cells were found to be sensitive to irinotecan [55–57] and oxaliplatin [58]. In an effort to validate the predictive impact of MMR status, Sargent *et al.* pooled data from colon cancer patients participating in 5-FU-based adjuvant studies, all with untreated control arms, conducted in North American and Europe [37]. This study demonstrated no DFS benefit (HR: 1.39; 95% CI: 0.46–4.15;  $p = 0.56$ ) from 5-FU-based treatment in dMMR stage II or III tumors compared with untreated control patients [37]. Therefore, the overall consensus has been that dMMR is a predictor of nonresponse to 5-FU in colon cancers.

Recent studies have analyzed the predictive impact of MMR status for modern 5-FU-based combination chemotherapy regimens that include irinotecan plus 5-FU and LV. In the CALGB 89803 trial, patients with dMMR stage III colon cancers showed improved 5-year DFS (HR: 0.76; 95% CI: 0.64–0.88 vs HR: 0.57; 95% CI: 0.42–0.71;  $p = 0.07$ ) when treated with irinotecan plus 5-FU and LV versus those receiving 5-FU/LV. This effect was not observed in pMMR tumors [59]. However, data from the PETACC-3 adjuvant trial failed to show any survival benefit for the addition of irinotecan to 5-FU/LV compared with 5-FU/LV alone in dMMR stage II and III colon cancer patients [40]. Although these studies are entirely contradictory for the predictive impact of MMR status, both demonstrated that the addition of irinotecan does not improve overall survival compared with 5-FU/LV and thus does not have a role in the adjuvant treatment of stage III colon cancer patients despite being

an active agent in metastatic disease. While dMMR has been shown to confer resistance to cisplatin, oxaliplatin was effective in dMMR preclinical models as it is differentially recognized by the DNA MMR system [58,60]. To date, very limited data are available concerning MMR status as a predictor of the standard 5-FU plus oxaliplatin (FOLFOX) adjuvant regimen for stage III colon cancer patients [61–64].

## Recommendations for use of MMR in clinical decision making

While the use of adjuvant chemotherapy in patients with curatively resected stage II colon cancer is not the standard-of-care and remains controversial, it is estimated that a third of all stage II patients receive adjuvant therapy in the USA. Since only a subset of patients is likely to receive any benefit, there remains a need for molecular markers for risk stratification and to guide adjuvant treatment decisions. Based upon convincing and consistent data from multiple studies, dMMR is a favorable prognostic marker in CRC patients, and a preponderance of evidence indicates that 5-FU is ineffective in dMMR colon cancers. Accordingly, we recommend that patients with dMMR stage II colon cancers not receive adjuvant chemotherapy. This recommendation will spare patients with stage II dMMR tumors from potential treatment-related toxicities and reduced quality of life during chemotherapy where no benefit is anticipated. While dMMR is associated with a favorable prognosis, pMMR alone does not designate a high-risk stage II tumor, nor does it alone provide a rationale for adjuvant chemotherapy. In an ongoing, prospective adjuvant study (Eastern Cooperative Oncology Group [ECOG] 5202) in stage II colon cancer patients, MMR status and chromosome 18q allelic imbalance are used to randomize patients into low-risk (dMMR) and high-risk (pMMR, 18q loss) groups. Since low-risk patients receive observation, this trial will provide prognostic data but not predictive data for MMR and FOLFOX. In stage III colon cancer, insufficient data exist regarding the predictive impact of MMR status for FOLFOX therapy. Until such data are available, the use of MMR status cannot be recommended to inform adjuvant treatment decisions in stage III CRC patients. Therefore, all stage III patients should be treated using the current standard-of-care irrespective of MMR status. Given the available data indicating that stage III colon cancers with dMMR do not benefit from 5-FU alone, neither this drug nor capecitabine are recommended as monotherapy. Finally, most studies have not assessed whether or not the prognostic or predictive impacts of dMMR differ among patients with CRCs due to Lynch syndrome versus sporadic cases due to hypermethylation of the *MLH1* gene.

## Conclusion

The majority of CRCs demonstrating dMMR are sporadic and develop via a pathway of tumorigenesis that is due to acquired methylation of the *MLH1* gene. These tumors are phenotypically similar to Lynch syndrome cases, yet have distinct epidemiological features that include older age at onset and a predilection for female gender. The identification of sporadic dMMR colon cancer patients in clinical practice remains challenging and strategies to improve detection are clearly needed. MMR status in colon cancers has been shown to provide valuable prognostic information and may also predict the outcome of 5-FU-based chemotherapy. In this regard, recent data serve to validate both the prognostic and predictive impact of MMR status in colon cancers for 5-FU-based adjuvant therapy. However, the predictive impacts of MMR status for the standard FOLFOX regimen is unknown and awaits further evaluation. Accordingly, the use of MMR status in decision making regarding adjuvant chemotherapy in stage III colon cancer patients is not recommended at this time. However, MMR status can inform the management of stage II colon cancer patients. Given the favorable prognosis of dMMR stage II colon cancers and the lack of benefit from 5-FU, such patients should not receive adjuvant chemotherapy. In stage II disease, MMR status informs us of whom not to treat.



## Future perspective

An increased recognition of colon cancers with dMMR is expected in the near future as strategies to screen tumors are employed and as clinicians gain familiarity with the MMR phenotype. This will enable greater utilization of MMR data for prognostication and clinical decision making. Studies to compare the clinical outcome of colon cancer patients with deficient versus proficient MMR treated with adjuvant FOLFOX are eagerly awaited. However, the ability to distinguish a prognostic versus a predictive effect of dMMR will be limited since all stage III patients should receive treatment with FOLFOX. A goal of future research is to elucidate the genetic, epigenetic and/or immunological mechanisms that may underlie the better prognosis of dMMR CRCs. CRCs with dMMR frequently demonstrate a vigorous host-mediated antitumor immune response, and further characterization of the immune infiltrate and tumor-associated antigens that contribute to this response are needed. An important objective is to exploit dMMR for therapeutic advantage. CRC cell lines with dMMR demonstrate increased sensitivity to PARP inhibition [65], and other promising approaches include the evaluation of BRAF inhibitors in CRCs with activating *BRAF* mutations and demethylating agents in tumors with *MLH1* methylation [52]. A major obstacle to testing novel treatment approaches is the low rate of dMMR in metastatic CRC patients.

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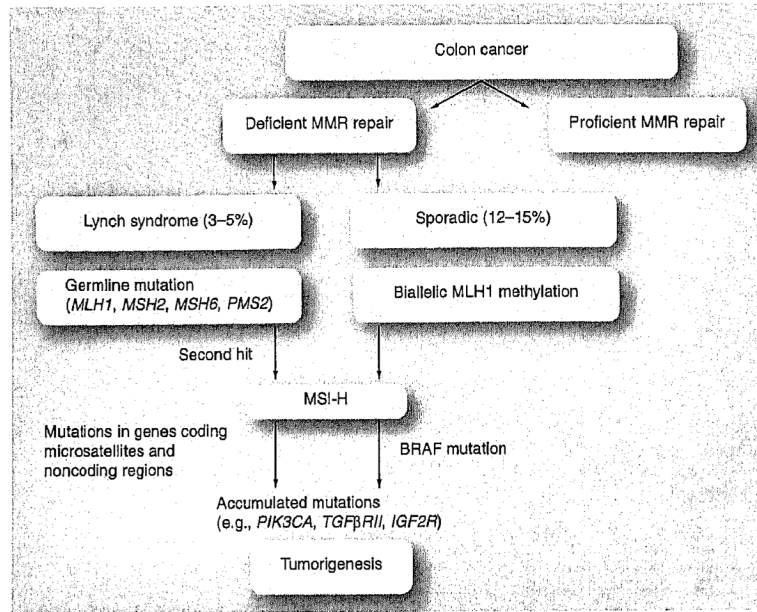
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## Executive summary

### DNA mismatch repair pathway

- Approximately 15% of cancers develop via an alternative pathway of tumorigenesis that is due to defective functioning of the DNA mismatch repair (MMR) system.
- MMR deficient tumors include those with germline mutations in MMR genes that produce Lynch syndrome and sporadic colon cancers with epigenetic inactivation of the *MLH1* gene.
- MMR-deficient colon cancers show microsatellite instability (MSI) by PCR-based assay in tumor tissue.
- Alternative testing of MMR protein expression by immunohistochemistry.
- Colon cancers with deficient MMR from Lynch syndrome or sporadic cases share the same phenotype with a propensity for shared phenotype with propensity for proximal tumor site, poor differentiation, and increased tumor-infiltrating lymphocytes.
- Better stage-adjusted prognosis is seen for MMR-deficient cancers.
- A predictor of nonresponse to 5-fluorouracil (5-FU)-based adjuvant therapy.
- The predictive role for standard 5-FU plus oxaliplatin adjuvant therapy in stage III colon cancer is unknown.
- MMR status can inform adjuvant decision making in stage II colon cancer patients.
- Clinical utility in stage III colon cancer patients awaits study of the predictive impact of the standard 5-FU plus oxaliplatin regimen.



**Figure 1. Mismatch repair-deficient pathway of colorectal tumorigenesis**  
MMR: Mismatch repair; MSI-H: High-frequency microsatellite instability.