

Mice lacking PGC-1 β in adipose tissues reveal a dissociation between mitochondrial dysfunction and insulin resistance



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ABSTRACT

Proper development and function of white adipose tissue (WAT), which are regulated by multiple transcription factors and coregulators, are crucial for glucose homeostasis. WAT is also the main target of thiazolidinediones, which are thought to exert their insulin-sensitizing effects by promoting mitochondrial biogenesis in adipocytes. Besides being expressed in WAT, the role of the coactivator PGC-1 β in this tissue has not been addressed. To study its function in WAT, we have generated mice that lack PGC-1 β in adipose tissues. Gene expression profiling analysis of WAT reveals that PGC-1 β regulates mitochondrial genes involved in oxidative metabolism. Furthermore, lack of PGC-1 β prevents the induction of mitochondrial genes by rosiglitazone in WAT without affecting the capacity of thiazolidinediones to enhance insulin sensitivity. Our findings indicate that PGC-1 β is important for basal and rosiglitazone-induced mitochondrial function in WAT, and that induction of mitochondrial oxidative capacity is not essential for the insulin-sensitizing effects of thiazolidinediones.

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1. INTRODUCTION

White adipose tissue (WAT) plays a crucial role in the regulation of glucose homeostasis and whole body energy balance. In accordance with this central regulatory role, alterations in WAT lipid-storage capacity or endocrine function, as observed in obese or lipodystrophic patients, are associated to the development of diverse metabolic disorders, including insulin resistance and type 2 diabetes [1].

WAT function depends on the differentiation of precursor cells into mature adipocytes and their ability to sense the energetic status of the organism and elicit appropriate responses, including the storage or release of fatty acids and the secretion of adipokines, thereby enabling adaptation to different physiological states. The adipogenic process is regulated by a complex network of transcription factors that coordinately control the expression of a broad set of genes involved in the acquisition of adipocyte traits and functions. The core of this regulatory network is formed by the transcription factors CCAAT/enhancer binding protein (C/EBP) β , peroxisome proliferator-activated receptor γ (PPAR γ) and C/EBP α , which act sequentially to control the adipogenic program [2]. Among these, PPAR γ is considered to be the master regulator of adipogenesis due to its unique capacity to induce adipocyte differentiation in the absence of any other adipogenic factor [3]. Noteworthy, PPAR γ is the target of thiazolidinediones (TZDs), a family of antidiabetic drugs whose insulin-sensitizing

properties depend on their capacity to promote adipogenesis and prevent lipotoxicity in insulin target tissues [4]. It has been suggested that the capacity of TZDs to ameliorate insulin resistance also depends on their ability to promote mitochondrial biogenesis and oxidative metabolism in adipocytes. In addition of producing most of the ATP required by adipocytes, adipose tissue mitochondria play a fundamental role in the synthesis of intermediate metabolites required for lipogenesis and are also crucial for the synthesis and secretion of adipokines [5,6]. Thus, by increasing mitochondrial biogenesis, TZDs would enhance fatty acid oxidation and lipogenesis in adipocytes, contributing to lipid clearance from the blood and preventing their toxic effects in insulin sensitive tissues, like muscle and liver [7]. However, the mechanisms by which TZDs induce mitochondrial biogenesis are not fully understood [8–11]. The activity of DNA-binding transcription factors is modulated in response to different metabolic signals or in a time- and tissue-specific manner by their interaction with regulatory cofactors. Some of these transcriptional cofactors modulate adipocyte differentiation and function positively (e. g. SRC-3, CBP/p300 or TRAP220) [12–14], or negatively (e.g. NCoR/SMRT or SIRT1) [15,16]. Many of these cofactors exert their activity through their interaction with PPAR γ , facilitating or repressing its transcriptional activity. By regulating adipogenesis and adipocyte function, these coregulators play important roles in whole body energy homeostasis [13,14].

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The coactivators of the PGC-1 (PPAR γ coactivator-1) family have emerged as key players in the control of energy homeostasis. PGC-1 α , the first and best-characterized member of the family, was originally identified as a PPAR γ -interacting protein in brown adipose tissue (BAT), where it regulates non-shivering adaptive thermogenesis [17]. PGC-1 α also regulates mitochondrial biogenesis and oxidative metabolism in a wide variety of tissues, including brain, skeletal muscle or heart [18]. PGC-1 β , the closest homolog to PGC-1 α , follows an expression pattern similar to PGC-1 α , with highest levels in tissues with elevated oxidative capacity [19,20]. Accordingly, PGC-1 β function has been studied mostly in tissues like BAT, skeletal muscle or heart, where it regulates mitochondrial gene expression and cell respiration [21–24]. In at least some of these tissues, PGC-1 α and PGC-1 β coactivators seem to carry redundant roles in the control of mitochondrial oxidative capacity [24,25]. In addition, both PGC-1 α and PGC-1 β carry distinct and non-redundant roles in the regulation of glucose and lipid metabolism in liver, with PGC-1 α controlling hepatic gluconeogenesis in response to fasting [26] and PGC-1 β regulating triglyceride synthesis and VLDL secretion [27,28]. The role of PGC-1 β in the regulation of lipid metabolism in liver together with the fact that PGC-1 β is expressed at moderate levels in WAT [19] suggest that PGC-1 β could play a role in adipocyte biology. However, the *in vivo* function of PGC-1 β in WAT has not yet been addressed.

To gain insights into the gene networks and processes regulated by PGC-1 β in WAT, we have generated a mouse model that lacks PGC-1 β in adipocytes. Our results indicate that PGC-1 β regulates basal and rosiglitazone-induced expression of mitochondrial genes involved in ATP production. Moreover, we show that enhanced mitochondrial activity is not essential for the insulin sensitizing effects of rosiglitazone.

2. MATERIAL AND METHODS

2.1. Animals

To generate mice with floxed *Ppargc1b* alleles, a targeting vector was constructed by subcloning a *Sac* I–*Bgl* II (8294 bp, containing exons 3, 4 and 5) and a *Bgl* II–*Sma* I (3102 bp, containing exons 6, 7 and 8) DNA fragment of a BAC genomic DNA clone carrying the murine *Ppargc1b* gene locus (Incyte Genomics, Palo Alto, USA) upstream and downstream, respectively, of a PGK-neomycin cassette flanked by two FRT sites and one LoxP site. An additional LoxP site was introduced upstream of exon 4. The linearized targeting vector (Figure 1A) was electroporated into E14TG2a embryonic stem cells, and a G418-resistant clone with the correct targeting event was injected into C57BL/6 blastocysts. Germline-transmitting mice were mated with FLP deleter mice to remove the PGK-neomycin selection cassette, generating mice with floxed exons 4 and 5 of the *Ppargc1b* gene. Mice with *Ppargc1b* floxed alleles (*Ppargc1b*^{lox/lox}) were crossed for at least 10 generations with C57BL/6J mice and maintained in the C57BL/6J genetic background. *Ppargc1b*^{lox/lox} mice were then crossed to aP2-Cre [B6.Cg-Tg(Fabp4-cre)1rev/J] mice (Jackson Laboratory, Bar Harbor, USA) to generate mice with exons 4 and 5 of the *Ppargc1b* gene deleted in adipose tissues (PGC1 β -FAT-KO mice). The deletion introduces a translation stop codon after exon 3. The efficient deletion of the region containing exons 4 and 5 flanked by the loxP sites was assessed by PCR analysis of genomic DNA isolated from different WAT depots and BAT, using primers F (5'-gaaagcctggctacatgtga-3') and R (5'-aggacagatgcccttaaggtgacata-3') (Figure 1A).

To minimize the potential defects in adaptive thermogenesis due to lack of PGC-1 β in BAT and their influence on whole body energy

homeostasis, mice were raised and housed at thermoneutrality (30 °C) throughout the study, unless otherwise specified. Food intake was measured daily over a period of 5 days in wild type (Wt) and PGC1 β -FAT-KO mice fed a chow diet. For the rosiglitazone treatment, 6-week old mice were fed a high fat (HF) diet (45% kcal fat, 35% kcal carbohydrates, 20% kcal protein) (Research Diets Inc., New Brunswick, USA) for a period of 13 weeks. On week 11 on HF diet, mice were started on treatment with 10 mg/kg rosiglitazone maleate (Selleck Chemicals, Houston, USA) or vehicle by oral gavage, twice daily, for 2 weeks.

All procedures involving animals were performed in accordance with the institutional animal care guidelines of the Vall d'Hebron-Institut de Recerca and approved by the Animal Experimentation and Ethics Committee of the institution (ID 5/07 and 12/11 CEEA).

2.2. Isolation of mature adipocytes and stromal vascular fraction (SVF)

To isolate adipocytes and SVF from WAT, inguinal white adipose depots were collected from C57BL/6J mice and digested with collagenase A (2 mg/ml) in Dulbecco's Modified Eagle's Medium (DMEM) containing 2% bovine serum albumin during 20–30 min at 37 °C. Once digested, cell suspension was filtered through a nylon 100 μ m-mesh cell strainer to remove undigested tissue and let stand for 20 min to allow flotation of adipocytes. Floating adipocytes were collected with a pipette while the remaining digestion solution was centrifuged at 500g for 10 min to collect SVF cells. Both, adipocytes and SVF were immediately processed for RNA isolation.

2.3. 3T3-L1 adipocyte culture

3T3-L1 preadipocyte culture and differentiation have been described elsewhere [29]. For PGC-1 α and PGC-1 β knockdown, adipocytes were transfected on day 6 of differentiation with 50 nM of ON-TARGETplus SMART pool siRNAs specifically targeting PGC-1 α , PGC-1 β or both simultaneously using DharmaFECT 4 reagent (Thermo Fisher Scientific, Waltham, USA). ON-TARGETplus Non-Targeting siRNA#2 was used as negative control. Transfection was carried in suspension onto collagen-coated cell culture dishes following the protocol described by Kilroy et al. [30] with minor modifications. Briefly, 3T3-L1 adipocytes that had been differentiated for 6 days were trypsinized, resuspended in differentiation medium (DMEM, 10% fetal calf serum, 100 nM insulin) and collected by centrifugation at 500g during 5 min. The pelleted adipocytes were resuspended in a small volume of differentiation media and counted. Then, a transfection mix was prepared by combining siRNAs (50 nM) and DharmaFECT 4 reagent (2.8 μ l) in a final volume of 200 μ l of OPTIMEM media. Each transfection mix was added to a well of a collagen-coated 12-well plate and incubated for 20 min at room temperature to allow the formation of siRNA complexes. Next, 4.5 \times 10⁵ adipocytes in a total volume of 800 μ l were added to the well and the mixture adipocytes:siRNA complexes were incubated for 24 h, allowing cells to get transfected while getting attached to the surface of the plate. Twenty four hours after transfection, media were replaced and cells were treated with 1 μ M of rosiglitazone or vehicle (DMSO) for 48 h before being harvested to analyze gene expression or oxygen consumption.

For the PGC-1 β overexpression studies, 3T3-L1 mature adipocytes were transduced at a multiplicity of infection (MOI) of 100 with recombinant adenoviruses containing the cDNAs encoding for the green fluorescent protein (GFP) or a Flag-tagged version of human PGC-1 β (2xFlag-PGC1 β). Forty eight hours after transduction, cell were harvested and processed for RNA or protein isolation. Adenoviruses expressing human PGC-1 β and GFP were generated as previously described [31].

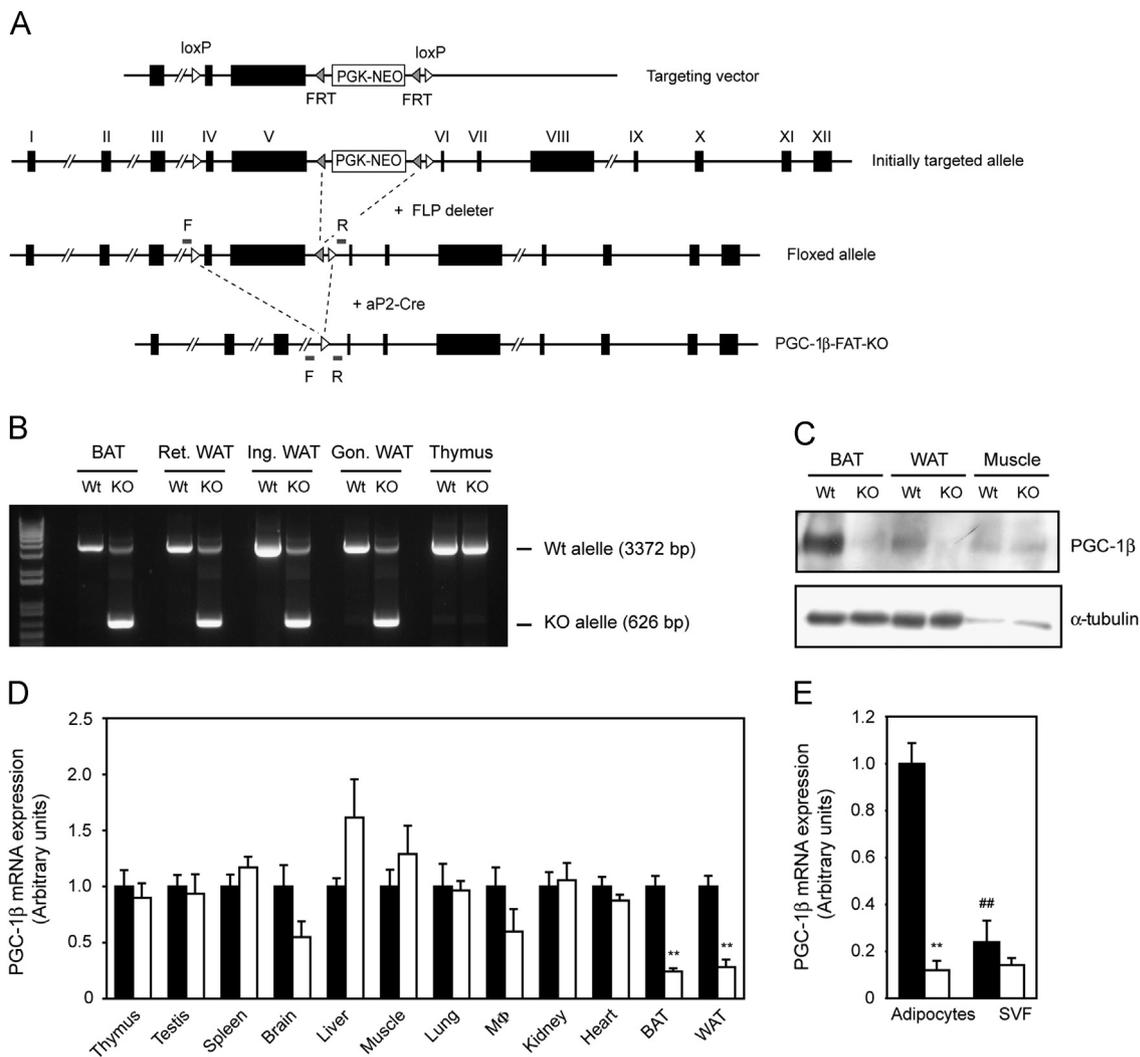


Figure 1: Generation of PGC1 β -FAT-KO mice. (A) A targeting vector, containing a PGK-NEO selection cassette flanked by flippase-specific FRT sites in intron 5, and having exons 4 and 5 of *Pparg1b* gene flanked by loxP sites, was used to generate mice with floxed *Pparg1b* alleles. To generate PGC1 β -FAT-KO mice, mice with floxed *Pparg1b* alleles were crossed to aP2-Cre mice that overexpress Cre recombinase in adipose tissues. (B) The efficiency of genomic recombination in adipose tissues of PGC1 β -FAT-KO mice was analyzed by PCR using primers F and R (see A) located upstream and downstream, respectively, of the 5' and 3' loxP sites flanking exons 4 and 5 of the *Pparg1b* gene. Amplification of the Wt allele yields a band of 3372 bp, while the recombined allele yields a shorter band of 626 bp. (Ret., retroperitoneal; Ing., inguinal; Gon., gonadal). (C) Western blot analysis of PGC1 β protein levels in interscapular BAT, retroperitoneal WAT and gastrocnemius muscle of Wt and PGC1 β -FAT-KO mice. (D) Expression of PGC-1 β mRNA was analyzed by real-time quantitative RT-PCR in several tissues of Wt (black bars) and PGC1 β -FAT-KO (open bars) mice. (E) PGC-1 β expression was assessed by quantitative RT-PCR in white adipocytes and the SVF isolated from the inguinal WAT of Wt and PGC1 β -FAT-KO mice. Results are expressed as mean \pm SEM ($n=4-7$ animals/group, **, $P \leq 0.01$).

2.4. Gene expression profiling

For gene expression profiling, RNA was isolated from retroperitoneal WAT of PGC1 β -FAT-KO mice and Wt littermates ($n=5$) using the RNeasy Lipid Tissue Kit (Qiagen, Hilden, Germany). Sense ssDNA was first synthesized from total RNA using the Ambion WT Expression Kit (Life Technologies, Paisley, UK) and then fragmented, labeled and hybridized onto Mouse Gene 1.0 ST arrays (Affymetrix, UK) following the manufacturer's instructions. The array images were processed with the Microarray Analysis Suite 5.0 software and the microarray data were analyzed using the open source software Bioconductor. Data analysis was performed by the Statistics and Bioinformatics Unit of the Vall d'Hebron-Institut de Recerca.

2.5. Gene expression

Total RNA was isolated from tissues or cultured cells by using TRIzol reagent (Life Technologies, Paisley, UK) according to the manufacturer's instructions, and 400 ng of RNA were used to synthesize cDNA with

SuperScript II reverse transcriptase (Life Technologies, Paisley, UK) and oligo(dT). Gene expression was assessed by real-time quantitative PCR using SYBR Green dye and gene-specific primers in an ABI PRISM 7500 Sequence Detection System. Relative expression was calculated according to the $2^{-\Delta\Delta CT}$ threshold method using cyclophilin as a reference gene.

2.6. Western blot

Retroperitoneal WAT protein extracts were prepared in homogenization buffer containing 50 mM Tris-HCl, 150 mM NaCl, 1% NP-40, 5 mM EGTA, 5 mM EDTA, 1 mM PMSF and protease inhibitors. 30 μ g of proteins were resolved in a 15% SDS/PAGE and transferred to a PVDF membrane. Immunodetection was performed with specific antibodies against ACO2, SDHB, NDUFB9, UCP1 (Abcam, Cambridge, UK), COXIV, CYCS and α -tubulin (Merck Millipore, USA). To detect endogenous PGC-1 β , 100 μ g of interscapular BAT, retroperitoneal WAT and gastrocnemius muscle protein extracts were resolved in a 7% SDS/PAGE,

transferred to a PVDF membrane and probed with an antibody against PGC-1 β . The antibody was generated by immunizing rabbits with a bacterially expressed protein having aminoacids 91–426 of PGC-1 β fused to GST.

2.7. Mitochondrial DNA quantification

To determine mtDNA content, total DNA was first isolated from inguinal WAT by proteinase K digestion followed by phenol/chloroform extraction and precipitation with ethanol. Relative amounts of mitochondrial DNA (mtDNA) and nuclear DNA (nDNA) were determined by quantitative real-time PCR using 2 ng of total DNA as a template and specific primers to detect COXII (mtDNA) and RIP140 (nDNA), as previously described [32].

2.8. Citrate synthase (CS) activity

Inguinal WAT was first homogenized in extraction buffer (0.25 M sucrose, 1 mM EGTA, 10 mM Hepes) using a Dounce hand homogenizer. Tissue homogenates were then centrifuged at 600g for 30 min at 4 °C to pellet nuclei and large cellular debris. After removal of the top triglyceride layer, the supernatant, containing mitochondria, was recovered and subjected to three cycles of freezing and thawing to disrupt mitochondrial integrity. CS activity was measured as described by Srere [33].

2.9. Oxygen consumption

Oxygen consumption was measured in 3T3-L1 adipocytes using a Clark-type oxygen electrode (Hansatech Instruments Ltd, Norfolk, UK). Briefly, adipocytes were first transfected with specific siRNAs to knockdown PGC-1 α , PGC-1 β or both simultaneously and treated with 1 μ M rosiglitazone or DMSO, as described in Section 2.3. Forty eight hours after transfection, cells were harvested by trypsinization in DMEM media and counted. Basal oxygen consumption of 2.5×10^5 cells was measured over a period of 5 min prior to the addition to the respiration media of 10 μ M of the CCCP uncoupler to determine maximal respiration. Background oxygen consumption, measured after the inhibition of mitochondrial respiration with 1 mM of KCN, was subtracted from basal and maximal oxygen consumption values to obtain net respiration rates.

2.10. Glucose and insulin tolerance tests

Glucose tolerance test was performed on mice fasted for 12 h. Blood glucose levels were determined at 0, 15, 30, 60, 90 and 120 min after an intraperitoneal injection of 2 g/kg of glucose. For the insulin tolerance test, animals fasted for 5 h were injected intraperitoneally with 0.9 U/kg of insulin and glucose levels were measured at 0, 15, 30, 60, 90 and 120 min post-injection. Glucose levels were measured using an ELITE glucometer (Bayer, Barcelona, Spain).

2.11. Insulin signaling

After an overnight fast, mice were given an intravenous injection of saline or insulin (5 U/kg) and 3 min later, liver, muscle and WAT depots were rapidly removed and frozen. Protein extracts from liver, gastrocnemius muscle and inguinal WAT were obtained as described above in Section 2.6 and Akt and phospho-Akt were detected by western blot using specific antibodies (Merck Millipore, USA).

2.12. Serological parameters

Blood from Wt and PGC1 β -FAT-KO mice that were fed a HF diet and treated with rosiglitazone or vehicle (see Section 2.1) was collected from the saphenous vein after a 5 h fast and then centrifuged at 3000 rpm during 5 min to obtain serum. Triglycerides and total cholesterol were

determined using commercial kits based on the Trinder colorimetric method (FAR Diagnostics, Italy). Free fatty acids were measured with the NEFA-C kit (Wako Chemicals GmbH, Germany). Insulin and leptin were determined by immunoassay using a MILLIPLEX_{MAG} magnetic bead-based assay and the Luminex MAGPIX system (Merck Millipore, USA).

2.13. Statistical analysis

All values are presented in figures and tables as mean \pm SEM. Where appropriate, unpaired Student's *t* test or analysis of the variance (ANOVA) followed by post hoc analysis using the Tukey's multiple comparison test were used. Differences were considered significant when $P \leq 0.05$.

3. RESULTS

3.1. Generation of PGC1 β -FAT-KO mice

Besides BAT, heart and skeletal muscle, PGC-1 β is expressed at moderate levels in WAT [19], [20]. Isolation of the adipocyte and stromal vascular fractions has allowed the identification of adipocytes as the major contributors to the expression of PGC-1 β mRNA in WAT (Figure 1E and [34]). Similarly, PGC-1 β mRNA levels in 3T3-L1 cells have been shown to increase dramatically during differentiation [35]. This suggests that PGC-1 β could play a role in the acquisition of mature adipocyte functions.

To gain insights into the function of PGC-1 β in white adipocytes, we generated a mouse model in which the *Ppargc1b* gene was disrupted by homologous recombination in adipose tissues (PGC1 β -FAT-KO mice) (Figure 1A). For this, mice with *Ppargc1b* floxed alleles were crossed with transgenic mice expressing the Cre recombinase under the aP2 promoter, which is strongly expressed in adipocytes. Efficient disruption of the *Ppargc1b* gene was verified by PCR to occur in interscapular BAT and different depots of WAT at similar levels, while no recombination was detected in tissues that do not express, or express very low levels of aP2, such as thymus (Figure 1B). The disruption of the *Ppargc1b* gene resulted in a substantial decrease in PGC-1 β mRNA and protein levels in WAT and BAT, but not in tissues like skeletal muscle (Figure 1C–D). The reduction in the PGC-1 β mRNA levels was more dramatic in the purified adipocyte fraction than in whole WAT of PGC1 β -FAT-KO mice (Figure 1D–E), suggesting that the remaining PGC-1 β mRNA expression in WAT was mostly due to the contribution of other non-adipocyte cell types present in SVF of WAT (Figure 1E). However, we found that PGC1 β -FAT-KO mice exhibited a noticeable, although not statistically significant, decrease in the expression of PGC-1 β mRNA in brain and peritoneal macrophages, a finding that is consistent with the recently reported expression of aP2 in these non-adipose tissues and cells [36].

Initial characterization of PGC1 β -FAT-KO mice housed at 21 °C did not reveal any gross abnormality or differences in body weight or in the mass of major organs (Supplemental Figure A.1A–B). The weight of main WAT depots was also similar between Wt and PGC1 β -FAT-KO mice, but an approximately 50% increase in the mass of interscapular BAT was observed in knockout mice (Supplemental Figure A.1C). A histological analysis of interscapular BAT revealed that brown adipocytes of PGC1 β -FAT-KO mice that had been housed at 21 °C exhibit a white adipocyte-like appearance, accumulating large amount of triglycerides in a single big vacuole (Supplemental Figure A.1D). The excessive accumulation of lipids in brown adipocytes is indicative of a poorly active BAT, which is consistent with the reduced expression of

mitochondrial genes, especially UCP1, observed in BAT of PGC1 β -FAT-KO mice (Supplemental Figure A.1E).

To focus on the role of PGC-1 β in WAT, we raised and maintained mice throughout the study at thermoneutrality (30 °C). This minimizes the influence that BAT dysfunction and alterations in adaptive thermogenesis could have on whole body energy homeostasis, and renders mouse physiology closer to that of humans [37]. Under these housing conditions, no differences in body weight were found between Wt and PGC1 β -FAT-KO male littermates when fed a standard chow diet or a HF diet (Figure 2A). Consistent with the lack of differences in body weight, adult Wt and PGC1 β -FAT-KO mice exhibited similar fat pads mass (Figure 2B) and white adipocyte size (Figure 2C). Also, when housed at thermoneutrality, brown adipocytes from Wt and PGC1 β -FAT-KO mice adopt a similar appearance, indicating that in the absence of thermogenic stimuli BAT from Wt and PGC1 β -FAT-KO behave similarly (Figure 2D). No significant differences in food intake were observed between Wt and PGC1 β -FAT-KO mice (Wt=0.195 \pm 0.022 Kcal/g. day vs PGC1 β -FAT-KO=0.179 \pm 0.013 Kcal/g. day; *n*=5–6 animals/group).

3.2. PGC-1 β regulates mitochondrial function in WAT

To identify the genes and cellular processes regulated by PGC-1 β in white adipocytes, we used DNA microarrays to compare the gene expression profiles of WAT from Wt and PGC1 β -FAT-KO mice. After filtering for non-annotated and redundant genes, we found that a total of 351 genes were differentially regulated (*P* < 0.05) in retroperitoneal WAT of PGC1 β -FAT-KO mice compared to Wt littermates. Of these, 133 genes were down-regulated and 218 up-regulated. To analyze the biological function of the differentially expressed genes, we performed a Gene Enrichment Analysis. Interestingly, Gene Ontology (GO) terms significantly over-represented among the down-regulated genes corresponded to categories exclusively related to mitochondrial substrate oxidation and ATP production, including the respiratory chain/oxidative phosphorylation (OxPhos) system and the tricarboxylic acid (TCA) cycle (Table 1). Up to

48% of all down-regulated genes fitted into oxidative pathways. Fewer GO terms with small number of genes in each category and lower statistical significance were associated with the genes up-regulated, providing no insights into pathways up-regulated in the absence of PGC-1 β (Table 1).

To confirm the extent to which PGC-1 β regulates mitochondrial oxidative pathways in white adipocytes, we first measured mRNA levels of the PGC-1 β targets identified in the gene expression profiling study by real-time quantitative PCR. In retroperitoneal WAT of mice kept at thermoneutrality, genes encoding for proteins of the five complexes of the OxPhos system and the TCA cycle were down-regulated by 20–70% in PGC1 β -FAT-KO mice (Figure 3A–B). Likewise, genes involved in fatty acid oxidation (FAO), including the nuclear receptor PPAR α , were also decreased (Figure 3C). Similar results were observed in inguinal WAT and interscapular BAT (Supplemental Figure A.2).

Western blot analysis of protein extracts from retroperitoneal WAT showed that decreased mRNA levels of PGC-1 β target genes correlated with lower protein levels (Figure 3D). Furthermore, lack of PGC-1 β resulted in a 25–30% decrease in the activity of CS in inguinal WAT (Figure 3E), a widely recognized marker of mitochondrial oxidative function [38]. Impaired mitochondrial gene expression in WAT of PGC1 β -FAT-KO mice occurred in the absence of major changes in the expression of other well-established transcriptional regulators of mitochondrial biogenesis, such as PGC-1 α , NRF-1 or NRF-2, although a slight decrease in ERR α and TFAM mRNA and a minor increase in TF1BM and TF2BM mRNA levels was observed (Figure 3F). Interestingly, reduction of mitochondrial gene expression or activity in WAT of PGC1 β -FAT-KO mice was not accompanied by a reduction in mtDNA content (Figure 3G).

3.3. PGC-1 β regulates basal and rosiglitazone-induced mitochondrial gene expression and activity in 3T3-L1 adipocytes

To verify that altered gene expression in WAT of PGC1 β -FAT-KO mice was a primary defect due to lack of PGC-1 β and not the result of an

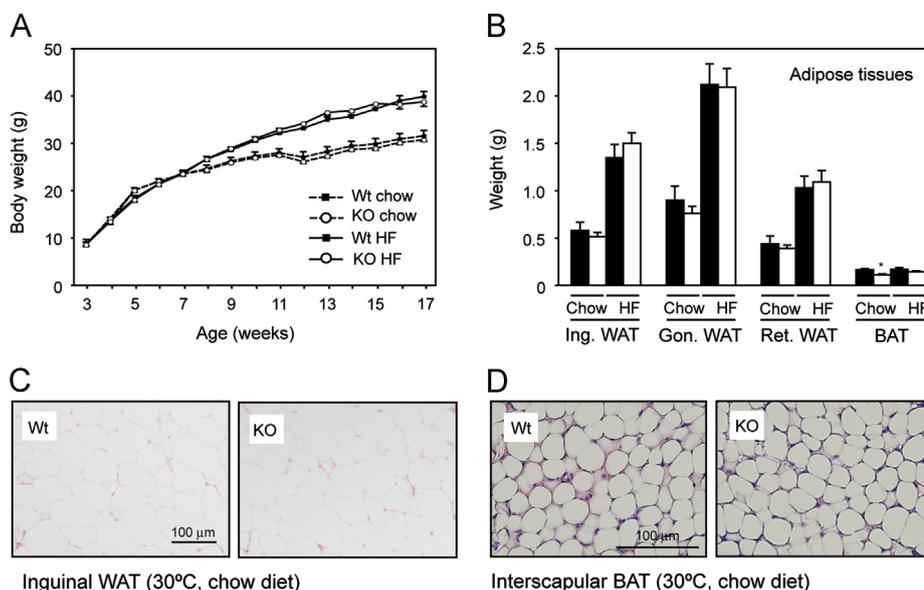


Figure 2: Body weight and adipose tissue mass of PGC1 β -FAT-KO mice at thermoneutrality. (A) Body weight of Wt (black squares) and PGC1 β -FAT-KO (open circles) male littermates fed a standard chow diet (dashed line) or a high fat diet (solid line) and housed at thermoneutrality. (B) Weight of the major adipose tissue depots from Wt (black bars) and PGC1 β -FAT-KO (white bars) fed a standard chow diet or a high fat (HF) diet (Ing.: inguinal; Gon.: gonadal; Ret.: retroperitoneal). (C) Histological sections of inguinal WAT stained with hematoxylin/eosin from mice housed at thermoneutrality and fed a chow diet. (D) Histological sections of interscapular BAT stained with hematoxylin/eosin from mice housed at thermoneutrality and fed a chow diet. Results are expressed as mean \pm SEM, *n*=7–9 animals/group, * *P* \leq 0.05.

Ontology	GO ID	Gene ontology term	# of genes	P value (< 1.0E-11)
Down-regulated genes				
CC	GO:0005739	Mitochondrion	35	1.13E28
BP	GO:0006091	Generation of precursor metabolites and energy	21	3.33E24
CC	GO:0044429	Mitochondrial part	24	6.77E24
CC	GO:0005740	Mitochondrial envelope	22	1.06E21
CC	GO:0005743	Mitochondrial inner membrane	20	1.06E20
CC	GO:0031966	Mitochondrial membrane	21	1.61E20
CC	GO:0019866	Organelle inner membrane	20	2.50E20
CC	GO:0031967	Organelle envelope	22	6.03E20
BP	GO:0045333	Cellular respiration	12	4.06E18
CC	GO:0044444	Cytoplasmic part	37	2.24E15
BP	GO:0015980	Energy derivation by oxidation of organic compounds	12	7.47E15
BP	GO:0006084	Acetyl-CoA metabolic processes	9	1.31E13
BP	GO:0022900	Electron transport chain	11	3.27E13
BP	GO:0006732	Coenzyme metabolic process	12	6.70E13
BP	GO:0006099	Tricarboxylic acid cycle	7	2.72E12
BP	GO:0046356	Acetyl-CoA catabolic process	7	2.72E12
BP	GO:0051186	Cofactor metabolic process	12	2.91E12
BP	GO:0006119	Oxidative phosphorylation	8	5.04E12
BP	GO:0009060	Aerobic respiration	7	5.06E12
MF	GO:0015078	Hydrogen ion transmembrane transporter activity	8	5.22E11
Up-regulated genes				
CC	GO:0005576	Extracellular region	10	2.77E4
BP	GO:0030513	Positive regulation of BMP signaling pathway	2	1.21E4
MF	GO:0004181	Metalloprotease activity	2	2.34E4

Table 1: Gene enrichment analysis of differentially expressed genes in WAT of PGC1 β -FAT-KO mice (CC, cellular component; BP, biological process; MF, molecular function).

adaptive process or a developmental defect, we acutely knocked down PGC-1 β expression in 3T3-L1 white adipocytes. For this, differentiated 3T3-L1 adipocytes were transfected in suspension with siRNAs specifically targeting PGC-1 β or PGC-1 α . The use of siRNA against PGC-1 β reduced PGC-1 β mRNA expression by 60–70% (Figure 4A). Consistent with the *in vivo* results, knockdown of PGC-1 β resulted in a significant decrease in the expression of the genes identified in the microarray study as targets of PGC-1 β (Figure 4B). No effect on the expression of these same genes was observed in adipocytes transfected with siRNAs targeting PGC-1 α . Furthermore, simultaneous knockdown of PGC-1 α and PGC-1 β in adipocytes had little or no effect on gene expression compared to cells in which only PGC-1 β was knocked down, suggesting that PGC-1 β plays a preponderant role in the regulation of mitochondrial genes in white adipocytes. In agreement with a direct role of PGC-1 β in the regulation of mitochondrial gene expression in white adipocytes, the adenoviral-mediated overexpression of PGC-1 β in 3T3-L1 adipocytes was sufficient to induce the overexpression of PGC-1 β target genes (Figure 4C).

We and others have found that PGC-1 β expression is increased in WAT in response to TZD treatment, suggesting that PGC-1 β could mediate the effects of TZDs on mitochondrial function in adipocytes [11,34,39]. To address this question, 3T3-L1 adipocytes were transfected with

siRNA targeting PGC-1 β , PGC-1 α or both simultaneously and then treated with rosiglitazone for 48 h. As expected, in control adipocytes, rosiglitazone increased the expression of both PGC-1 α and PGC-1 β by ~3-fold, as well as the expression of genes from the OxPhos system and the TCA cycle (Figure 4A–B). However, knockdown of PGC-1 β prevented the effect of rosiglitazone on gene expression, while knockdown of PGC-1 α had no or little effect (Figure 4B). Furthermore, only knockdown of PGC-1 β in cultured adipocytes significantly decreased cell respiratory capacity and prevented the induction in oxygen consumption elicited by rosiglitazone treatment (Figure 4D).

3.4. Effects of lack of PGC-1 β in WAT on rosiglitazone-induced expression of mitochondrial genes and insulin sensitivity *in vivo*

The promotion of mitochondrial oxidative metabolism by TZDs in WAT has been suggested as part of the mechanism by which TZDs enhance insulin sensitivity. To investigate the contribution of PGC-1 β to the TZD-induced mitochondrial function and improvement of insulin sensitivity, Wt and PGC1 β -FAT-KO mice were fed a HF diet to induce obesity and insulin resistance, and then treated with rosiglitazone. The HF diet resulted in similar body weight gain and adipose tissue accumulation in Wt and PGC1 β -FAT-KO mice (Figure 2A–B). Consistent with findings in mice fed a standard chow diet, PGC1 β -FAT-KO mice on HF diet and treated with vehicle exhibited a decrease in mitochondrial gene expression, protein levels and CS activity in WAT, compared to Wt (Figure 5A–C). Interestingly, lack of PGC-1 β prevented the rosiglitazone-induced expression of mitochondrial genes, rise of mitochondrial protein levels and the increase in CS activity, indicating that PGC-1 β mediates the effects of rosiglitazone on mitochondrial gene expression and function in WAT (Figure 5A–C). Of note, the increase in mtDNA content induced by rosiglitazone was not dependent on PGC-1 β (Figure 5D).

Rosiglitazone and other PPAR γ agonists have been shown to induce the expression of brown adipocyte-specific makers, such as UCP1, in WAT. Since PGC-1 β , together with PGC-1 α , is required for full differentiation of brown adipocytes in BAT [24], we asked if PGC-1 β could participate in the recruitment of rosiglitazone-inducible brown adipocytes in WAT. As expected, rosiglitazone treatment increased the expression of UCP1 mRNA and other brown adipocyte markers, like CIDEA or DIO2, in WAT of Wt mice (Figure 5E). However, we observed that the induction by rosiglitazone of UCP1 and CIDEA was blunted in PGC1 β -FAT-KO mice. Consistent with the mRNA expression data, the induction by rosiglitazone of UCP1 protein levels in retroperitoneal WAT was reduced in PGC1 β -FAT-KO mice (Figure 5F). These results suggest that PGC-1 β is required to achieve maximal recruitment of inducible brown adipocytes by rosiglitazone in WAT.

Impaired mitochondrial function in WAT has been linked to increased insulin resistance. To assess if glucose homeostasis was altered in PGC1 β -FAT-KO mice we first performed a GTT. For this, mice were fasted overnight to lower circulating glucose and insulin to basal levels and then glucose was administrated intraperitoneally. The clearance of glucose from blood was followed during a 2-h period. Despite the impaired mitochondrial oxidative capacity, mice lacking PGC-1 β in adipose tissues exhibited similar degrees of glucose tolerance as Wt, independently of whether they had been fed a high fat diet (Figure 6A) or a regular chow diet (data not shown). To analyze whole body insulin sensitivity, an ITT was performed in mice fasted for 5 h. As shown in Figure 6B, both Wt and PGC1 β -FAT-KO mice fed a diabetogenic diet responded to insulin administration by similarly reducing blood glucose levels, indicating a comparable degree of insulin sensitivity. Analogous results were obtained when mice were fed a regular diet (data not shown). Consistent with similar insulin sensitivity, glucose and insulin levels were similar in Wt and

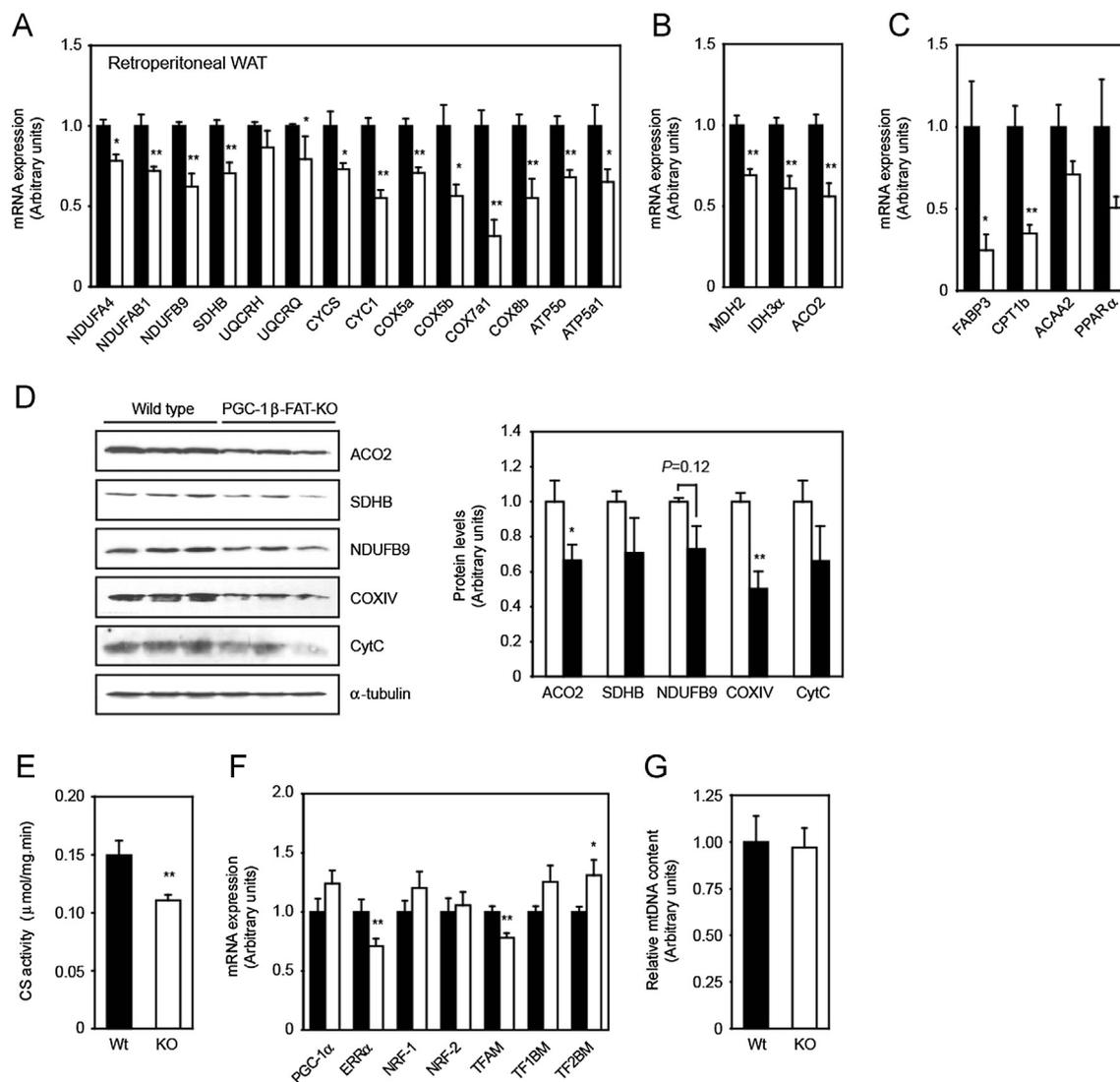


Figure 3: Decreased gene expression and mitochondrial function in WAT of PGC1β-FAT-KO mice. Expression (mRNA) levels of mitochondrial genes involved in oxidative phosphorylation (A), tricarboxylic acid cycle (B) or lipid oxidation (C) in retroperitoneal WAT of Wt (black bars) and PGC1β-FAT-KO littermates (open bars) housed at thermoneutrality and fed a regular chow diet were determined by real-time quantitative RT-PCR. Data are expressed relative to levels in Wt mice. (D) Levels of mitochondrial proteins encoded by PGC-1β target genes were determined by western blot in retroperitoneal WAT of PGC1β-FAT-KO and Wt mice. Protein expression levels normalized by α-tubulin expression were determined with the Image J software. (E) Citrate synthase activity was measured in crude extracts of inguinal WAT as an estimation of mitochondrial oxidative function. (F) mRNA levels of well-established transcriptional regulators of mitochondrial gene expression were assessed in retroperitoneal WAT by real-time quantitative RT-PCR. (G) Relative mitochondrial DNA copy number was determined by real-time quantitative PCR in inguinal WAT. Results are expressed as mean ± SEM, n=5–8 animals/group, $P \leq 0.05$ * $P \leq 0.01$.

PGC1β-FAT-KO mice (Table 2). Moreover, both Wt and PGC1β-FAT-KO mice responded similarly to rosiglitazone treatment, improving whole body glucose tolerance and insulin sensitivity to the same extent (Figure 6A–B), and similarly reducing glucose, insulin and lipid levels (Table 2). Even though whole body glucose homeostasis was not altered in PGC1β-FAT-KO mice, we further tested whether impaired mitochondrial function in white adipocytes could affect insulin signaling in different tissues. For this, mice were fasted overnight to reduced endogenous insulin signaling and then administered with an intravenous insulin bolus to activate insulin signaling in peripheral tissues. As shown in Figure 6C, insulin administration similarly stimulated the phosphorylation of Akt in inguinal WAT, liver and skeletal muscle of Wt and PGC1β-FAT-KO mice. As expected, treatment with rosiglitazone notably enhanced insulin-dependent phosphorylation of Akt in all tissues, including WAT, but no significant differences were observed between Wt and PGC1β-FAT-KO mice (Figure 6C).

4. DISCUSSION

Our results provide *in vivo* evidence that PGC-1β in WAT plays a primary role in the regulation of mitochondrial function by regulating the expression of genes involved in oxidative metabolism. These findings are in agreement with previous studies carried out in a variety of non-adipose cell lines showing that adenoviral overexpression of PGC-1β increases mitochondrial gene expression and oxidative function [40–42]. Also consistent with our results, mice devoid of PGC-1β in all tissues exhibit reduced expression of mitochondrial genes in muscle, liver, heart and BAT that results in an impairment of mitochondrial activity similar to that observed in WAT of PGC1β-FAT-KO mice [21–23]. Proper mitochondrial activity is crucial to maintain WAT function; they play roles in both adipocyte differentiation and key adipocyte metabolic processes, such as lipogenesis and fatty acid re-esterification [6,8]. However, the normal fat accretion and white adipocyte size observed in

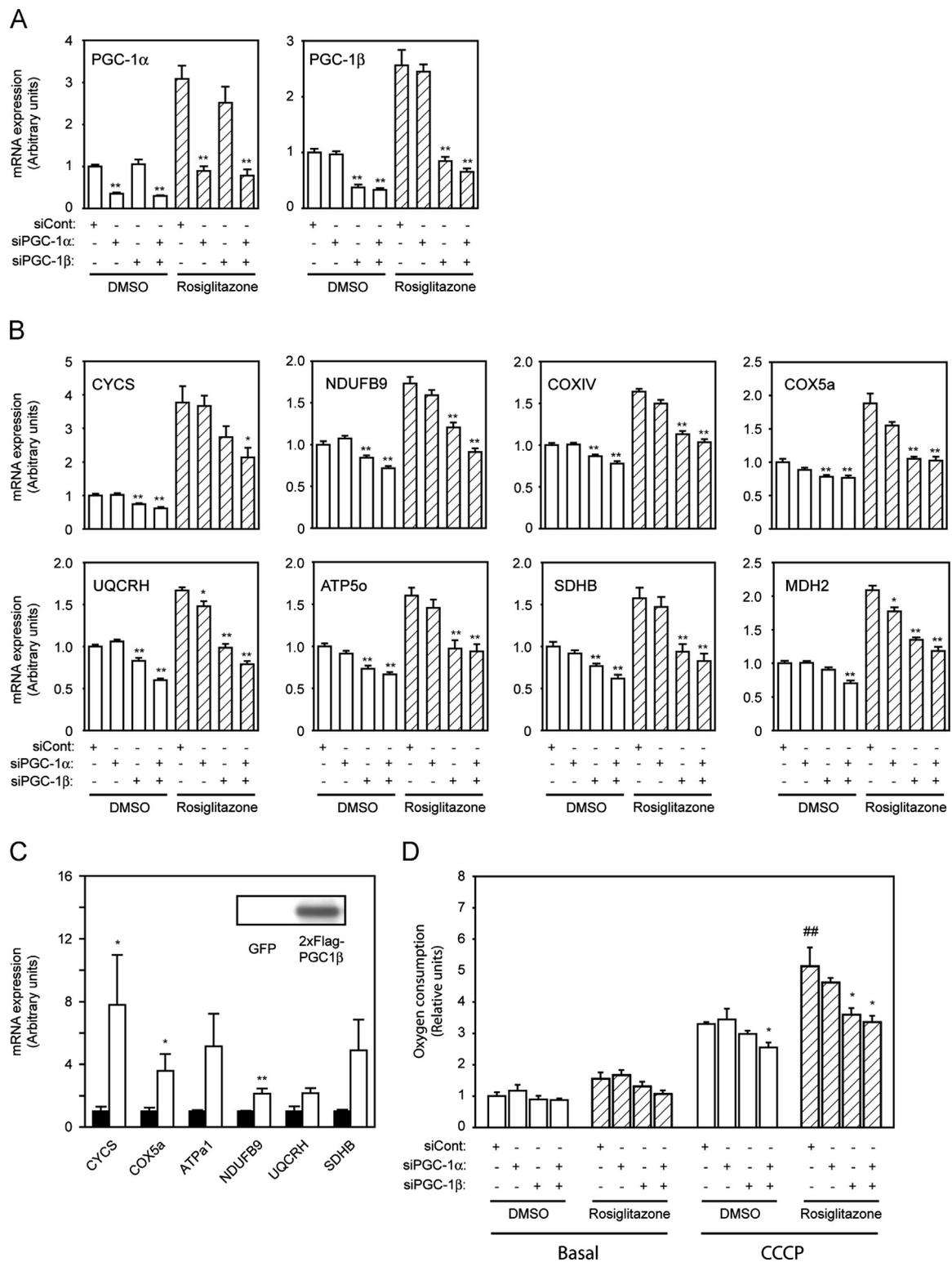


Figure 4: PGC-1β regulates basal and rosiglitazone-induced mitochondrial gene expression and cell respiration in 3T3-L1 adipocytes. 3T3-L1 adipocytes were transfected with siRNAs specifically targeting PGC-1α and/or PGC-1β and then treated with vehicle (open bars) or 1 μM rosiglitazone (hatched bars) for 48 h. Expression of PGC-1α and PGC-1β mRNA (A) and mitochondrial PGC-1β target genes mRNA levels (B) were measured by real-time quantitative RT-PCR. (C) Expression of mitochondrial genes was assessed by real-time quantitative PCR in 3T3-L1 adipocytes transfected with adenoviral vectors to overexpress GFP (black bars) or 2xFlag-PGC-1β (open bars). The box inside the graph indicates the expression level of 2xFlag-PGC-1β that was detected by western blot using an antibody to detect the Flag antigen. Results are expressed as mean ± SEM of 2–3 independent experiments with duplicates. (D) Basal and maximal (CCCP) cell respiration rates were measured in 3T3-L1 adipocytes using a Clark-type oxygen electrode. Results are expressed as mean ± SEM of 3–4 independent experiments with triplicates. * indicates statistical significance of the comparison between control adipocytes (siCont) and adipocytes in which any of the PGC-1s have been knocked down; # indicates the statistical significance of the comparison between vehicle- and rosiglitazone-treated cells, #P ≤ 0.05, **P ≤ 0.01, ###P ≤ 0.001.

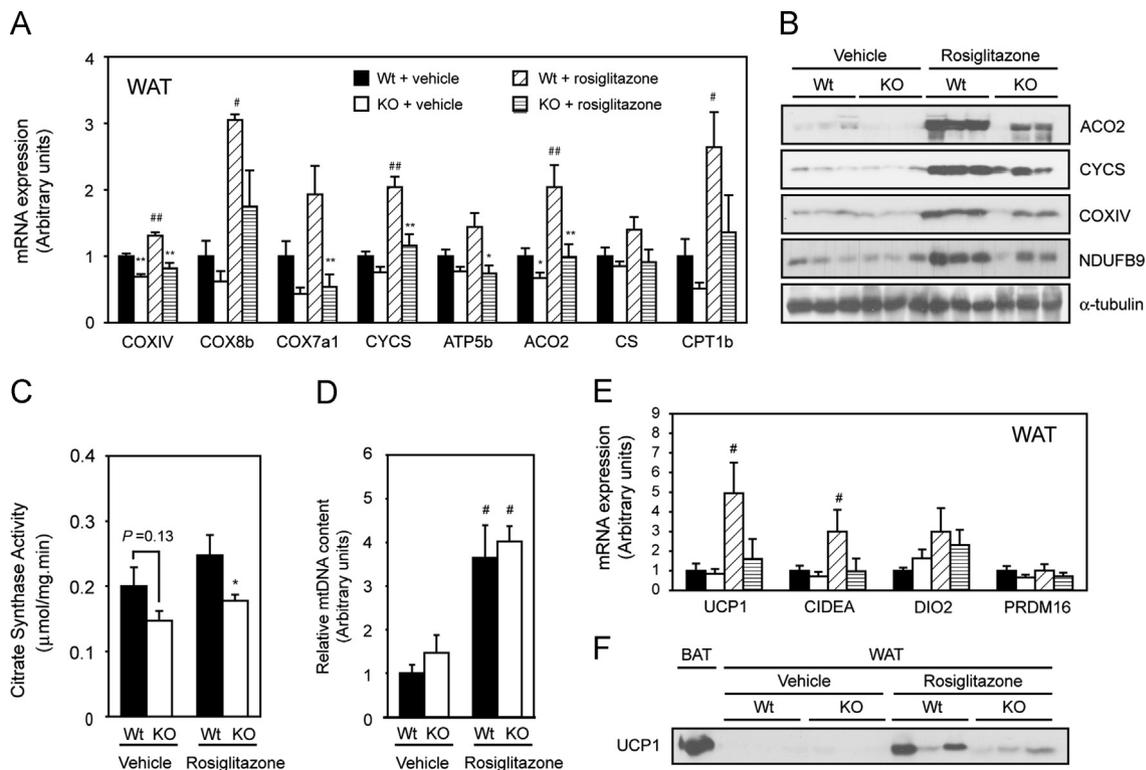


Figure 5: Rosiglitazone-induced expression of mitochondrial genes and mitochondrial function is dependent on PGC-1 β . Expression (mRNA) levels of mitochondrial genes (A), protein levels (B), citrate synthase activity (C) and relative mtDNA content (D) were analyzed in retroperitoneal WAT of Wt and PGC1 β -FAT-KO mice housed at thermoneutrality that have been subjected to vehicle or rosiglitazone (10 mg/kg) treatment for 15 days after a period of 12 weeks of feeding with a high fat diet. Mice were raised and housed at thermoneutrality (30 °C) throughout the duration of the experiment. Expression of brown adipocyte-specific genes (E) was also determined by real-time quantitative RT-PCR in retroperitoneal WAT. UCP1 protein levels (F) were detected by western blot in retroperitoneal WAT. As a positive control for UCP1 protein expression, a BAT protein extract from Wt mice housed at 21 °C was used. Results are expressed as mean \pm SEM, $n=7-9$ animals/group. * Indicates statistical significance of the comparison between Wt and PGC1 β -FAT-KO mice; # indicates the statistical significance of the comparison between vehicle- and rosiglitazone-treated groups. , # $P \leq 0.05$; , ## $P \leq 0.01$.

PGC1 β -FAT-KO mice indicate that adipogenesis and lipogenesis occur normally, despite the lack of PGC-1 β . These observations are consistent with our gene profiling study in which expression of terminal markers of adipocyte differentiation or genes encoding for proteins involved in lipid synthesis did not appear differentially regulated in WAT of PGC1 β -FAT-KO mice. The possibility that some compensatory mechanisms may have been set in WAT of PGC1 β -FAT-KO mice in order to maintain lipid and energy homeostasis cannot be ruled out. Several studies have shown that PGC-1 β and PGC-1 α carry redundant roles regarding the regulation of mitochondrial genes [21–25,43,44]. In addition, it has been shown in cultured myotubes that both PGC-1 coactivators can modulate lipid synthesis [45]. Therefore, it is possible that PGC-1 α present in adipocytes can compensate for the loss of PGC-1 β in PGC1 β -FAT-KO mice, preventing alterations in lipid metabolism and/or adipogenesis. Nevertheless, our results in mice and 3T3-L1 cells clearly show that PGC-1 α activity in adipocytes devoid of PGC-1 β does not prevent a decline in mitochondrial oxidative function, suggesting that PGC-1 β is likely to be more important for mitochondrial gene expression and function than PGC-1 α in white adipocytes. In support of this notion, we have recently shown that mice devoid of PGC-1 α specifically in adipocytes exhibit normal mitochondrial gene expression and function in WAT [11]. PGC-1 α and PGC-1 β coregulators have been suggested to modulate gene expression in distinct physiological contexts. Based on its induction by different signals, (e.g. by exercise in muscle, TZDs in WAT, fasting in liver or cold in BAT), PGC-1 α is thought to play roles in the adaptation to situations of altered energy demand [46]. Contrary, PGC-1 β , which is

not induced by classical signals that enhance mitochondrial biogenesis (e.g. exercise or cold), is thought of as a regulator of basal gene expression. However, our studies provide *in vivo* evidence that PGC-1 β is induced by TZDs and is a key mediator of the TZD-induced adaptations in WAT mitochondrial oxidative metabolism. In contrast, mice lacking PGC-1 α in WAT respond normally to rosiglitazone by increasing mitochondrial gene expression and function [11]. The mechanism by which TZDs induce *Ppargc1b* gene transcription appears to involve the binding of ligand-activated PPAR γ to functional PPRE sites located in the first intron of the gene [34]. In addition of promoting mitochondrial biogenesis in white adipocytes, TZDs are known to activate the recruitment of inducible brown adipocytes in WAT [10,39,47,48], through mechanisms that strongly depend on PGC-1 α and PRDM16 [11,49]. Our results indicate that PGC-1 β also contributes to the induction of UCP1 and other brown-fat specific markers in WAT in response to TZD treatment, even in the absence of adrenergic stimulation, since our studies have been conducted at thermoneutrality. The requirement of both PGC-1 α and PGC-1 β for the full induction of brown adipocyte-specific markers by TZDs in WAT is consistent with their complementary role in BAT differentiation [24]. Numerous studies have shown correlations between mitochondrial function and insulin sensitivity. Indeed, impaired mitochondrial gene expression and oxidative capacity in skeletal muscle and WAT has been observed in humans with insulin resistance or type 2 diabetes, as well as in rodent models for the disease [10,39,50–52]. This has led to the

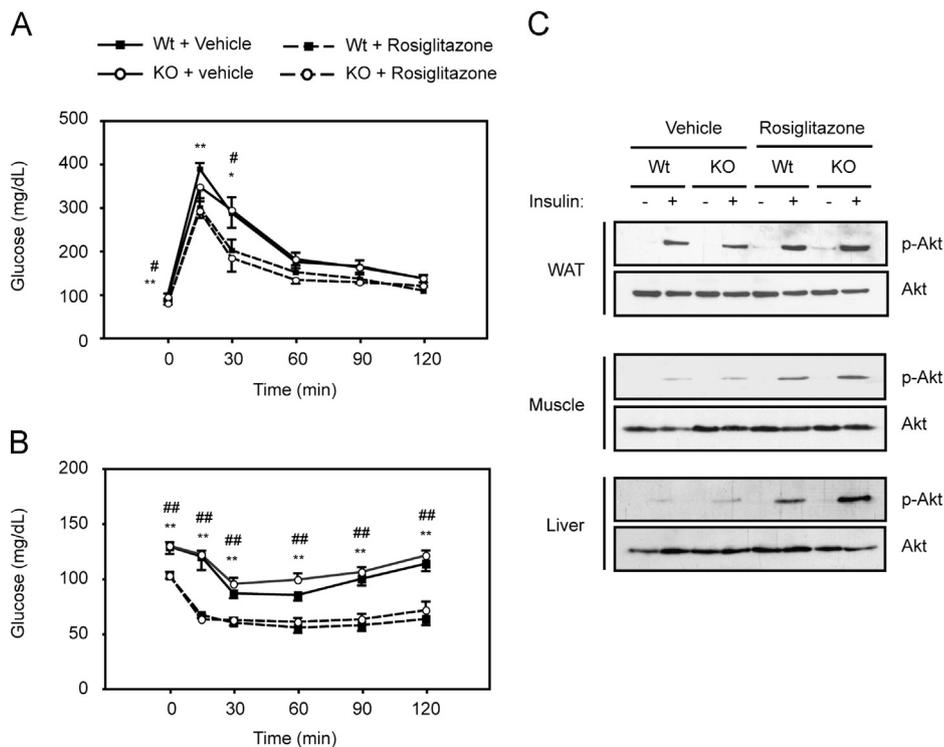


Figure 6: Glucose homeostasis is not altered in PGC1 β -FAT-KO mice. (A) Glucose tolerance tests (GTTs) were performed on 12-h fasted mice. Blood glucose levels were measured at 0, 15, 30, 60, 90 and 120 min after an intraperitoneal injection of glucose (2 g/kg). (B) Insulin tolerance tests (ITTs), performed after a 5 h-fast. Glucose levels in blood were measured at 0, 15, 30, 60, 90 and 120 min after an intraperitoneal injection of insulin (0.9 U/kg) ($n=6-9$ animals/group). (C) Total and phosphorylated Akt were detected by western blot in protein lysates of liver, inguinal WAT and gastrocnemius muscle from mice that were treated with an insulin bolus after an overnight fast. Results are expressed as mean \pm SEM, $n=5-7$ animals/group. * Indicates statistical significance of the comparison between vehicle- and rosiglitazone-treated Wt mice; # indicates the statistical significance of the comparison between vehicle- and rosiglitazone-treated PGC1 β -FAT-KO mice. *, $P \leq 0.05$; **, $P \leq 0.01$.

	Vehicle		Rosiglitazone	
	Wild type	PGC1 β -FAT-KO	Wild type	PGC1 β -FAT-KO
Glucose (mg/dl)	129.7 \pm 6.9	130.0 \pm 3.1	103.2 \pm 2.5**	103.0 \pm 3.4**
FFA (mmol/l)	0.440 \pm 0.05	0.446 \pm 0.04	0.314 \pm 0.04	0.341 \pm 0.05
Triglycerides (mg/dl)	56.1 \pm 3.7	54.7 \pm 5.3	58.1 \pm 3.8	61.5 \pm 3.8
Cholesterol (mg/dl)	200.0 \pm 3.7	188.4 \pm 6.7	162.2 \pm 8.1**	151.0 \pm 7.9**
Insulin (ng/ml)	3.34 \pm 0.36	3.38 \pm 0.33	1.88 \pm 0.20**	2.13 \pm 0.29*
Leptin (ng/ml)	15.4 \pm 3.4	17.9 \pm 2.7	13.2 \pm 2.2	16.2 \pm 2.5

Table 2: Serum metabolites and hormone levels in Wt and PGC1 β -FAT-KO mice fed a high fat diet and treated with rosiglitazone or vehicle for two weeks. Data are presented as mean \pm SEM; $P \leq 0.05$, * $P \leq 0.01$ (indicate statistical significance of the comparison between vehicle- and rosiglitazone-treated groups).

notion that decreased mitochondrial function could be an underlying cause of the development of insulin resistance. A reduction in the capacity of mitochondria to oxidize lipids has been suggested to contribute to the intracellular accumulation of lipid intermediates, such as diacylglycerols and ceramides, which suppress insulin signaling by activating novel protein kinases C (nPKC) [7]. An impaired mitochondrial function has also been proposed to compromise the endocrine and lipogenic functions of white adipocytes, and by this to contribute to the development of systemic insulin resistance [5], [6]. Our findings in PGC1 β -FAT-KO mice show that decreased oxidative capacity of adipocyte mitochondria is not sufficient for insulin resistance to develop. Although it could be claimed that, as it occurs for most mitochondrial pathologies, a critical mitochondrial dysfunction threshold has not been reached for insulin resistance to appear, it has to be noted that the 25–30% decrease in mitochondrial activity found in WAT of PGC1 β -FAT-KO mice is within the range reported in patients with insulin resistance [53],

[54]. Our findings join those by other authors using genetically-engineered mouse models with global or tissue-specific impairment of mitochondrial oxidative capacity to support the lack of a causative role of mitochondrial dysfunction in the onset of insulin resistance [43,44,55–57]. Furthermore, although the insulin sensitizing effects of TZDs and other PPAR γ agonists have been linked to their capacity to promote oxidative metabolism in WAT by efficiently increasing expression of mitochondrial genes [8,9], our results suggest that increased mitochondrial gene expression and oxidative metabolism in WAT is not required for the insulin sensitizing capacity of TZDs. Of note, rosiglitazone treatment also induced PGC-1 α expression and, consequently, a partial compensation by this coactivator cannot be excluded. Therefore, studies of adipose-specific PGC-1 α/β double knockout mice will be required to test such compensation.

In conclusion, the present study demonstrates that PGC-1 β regulates mitochondrial gene expression in WAT, and provides first *in vivo* evidence that this coactivator is important for the induction of genes involved in mitochondrial oxidative metabolism by TZDs. Furthermore, we have shown that improvement of mitochondrial oxidative capacity in WAT after treatment with rosiglitazone is not essential for the full insulin-sensitizing effects of TZDs. Notably, our results support a dissociation between mitochondrial dysfunction in WAT and the development of insulin resistance.

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CONFLICT OF INTEREST

None.

APPENDIX A. SUPPORTING INFORMATION

Supplementary data associated with this article can be found in the online version at <http://dx.doi.org/10.1016/j.molmet.2013.05.004>.

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