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A population-based case-control study pen on social factors and risk of testicular germ cell tumours

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ABSTRACT

Objectives: Incidence rates for testicular cancer have risen over the last few decades. Findings of an association between the risk of testicular cancer and social factors are controversial. The association of testicular cancer and different indicators of social factors were examined in this study.

Design: Case-control study.

Setting: Population-based multicentre study in four German regions (city states Bremen and Hamburg, the Saarland region and the city of Essen).

Participants: The study included 797 control participants and 266 participants newly diagnosed with testicular cancer of which 167 cases were classified as seminoma and 99 as non-seminoma. The age of study participants ranged from 15 to 69 years.

Methods: Social position was classified by educational attainment level, posteducational training, occupational sectors according to Erikson-Goldthorpe-Portocarrero (EGP) and the socioeconomic status (SES) on the basis of the International SocioEconomic Index of occupational status (ISEI). ORs and corresponding 95% CIs (95% CIs) were calculated for the whole study sample and for seminoma and nonseminoma separately.

Results: Testicular cancer risk was modestly increased among participants with an apprenticeship (OR=1.7 (95% CI 1.0 to 2.8)) or a university degree (OR=1.6 (95% CI 0.9 to 2.8)) relative to those whose education was limited to school. Analysis of occupational sectors revealed an excess risk for farmers and farm-related occupations. No clear trend was observed for the analyses according to the ISEI-

Conclusions: Social factors based on occupational measures were not a risk factor for testicular cancer in this study. The elevated risk in farmers and farmrelated occupations warrants further research including analysis of occupational exposures.

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INTRODUCTION

The population affected most by testicular cancer are men between 15 and 40 years of

ARTICLE SUMMARY

Strengths and limitations of this study

- Occupational social factors were measured on the basis of a detailed lifetime history of occupations. This population-based study allows examination of the full spectrum of social differences in the general population.
- The basis for the classification of social position is relatively valid because job histories usually are reported with good accuracy and the information was obtained by in-person interviews.
- The differential response of cases (76%) and controls (57%) may bias the effect estimates if possible selection effects differ between both groups. Also periods of unemployment and illness cannot be ranked by the scales utilised in this study.

age. For men older than 40 years of age the risk of testicular cancer decreases continuously.1 2 The age distribution of testicular cancer is in sharp contrast to other neoplasms for which incidence rises with increasing age. Established risk factors for testicular cancer include a family history of testicular cancer and a history of an undescended testis.³ Exposure to endocrine disrupting chemicals in an occupational context or in utero, has been suggested as a factor in cancer development. The incidence rates of testicular cancer have risen continuously in Western Europe and other industrialised countries, which may be due to changed environmental and life circumstances in these countries. In particular, in Germany the average number of testicular cancer per vear in the 1980s and 1990s were 3196 and The 3836. respectively. corresponding age-standardised incidence rates were 7.7 and 8.9/100 000.6 However, study results on the association of social factors and testicular cancer have been conflicting. Excess risks for higher levels of education or occupations

related to higher social class, like administrators and managers and other professionals were observed in some studies. The other studies did not observe an association between social status and testicular cancer 11-17 or even observed an inverse association. In one study the association of testicular cancer and socioeconomic status (SES) differed by histological type. In register-based study in Finland observed a decrease of testicular cancer incidence rates among participants of higher social classes and an increase of incidence rates in the lower social classes between 1971 and 1995, leading to a levelling off of the social gradient.

In this study, in addition to educational attainment at school and level of professional training as defined in a previous study²² further social factors based on job histories were considered. In detail, SES based on the International SocioEconomic Index (ISEI)²³ and social class based on the Erikson-Goldthorpe-Portocarrero (EGP)²⁴ classification was explored. The ISEI of occupation, which is a vertical grouping approach, as well as the EGP classification of occupations which adopts a class schema, claim that employment relations are basic social characteristics of a Western society.

STUDY SUBJECTS AND METHODS

All participants were registered residents of the city states Bremen and Hamburg, the Saarland region and the city of Essen. Study participants randomly drawn from registration offices had to live in the study regions between July 1995 and December 1997. Incident cases, diagnosed between July 1995 and December 1997, were reported by an active registration system through hospitals and pathologists. In Hamburg, cases were also identified through the state cancer registry. Eligible cases had to have a new diagnosis of tumour of the testis (ICD-10: C62.0–C62.9; ICD-O: M9060–M9102).

A total of 353 eligible cases and 2014 potential controls were contacted for this study. Among cases, 54 persons were not reached, 29 persons refused participation. One case was excluded due to insufficient German language skills. Participation was denied by 552 control subjects, 32 were excluded due to insufficient language skills, 512 had moved away, had died or were never reached.

Copies of pathology reports and histological material were obtained from hospitals. Pathology reports were reviewed centrally and compared with histological material when available by a reference pathologist to determine the histological type of tumour. Tumours were classified as seminomas (N=167, 62.8%), including seminoma not other specified (ICD-O, M9061: n=160), anaplastic seminoma (M9062: n=4) or non-seminomas (N=99, 37.2%), including embryonal carcinoma (M9070: n=26), yolk sac tumour (M9071: n=1), malignant teratoma not other specified (M9080: n=2), teratocarcinoma (M9081: n=15), malignant teratoma, intermediate (M9083: n=5), mixed germ cell tumour (M9085: n=49) and choriocarcinoma

(M9100: n=1) according to Parkin et al.25 More detailed descriptions and demographic characteristics of the participants were published elsewhere. 22 26-28 Cases and controls had to be between 15 and 69 years of age. A n: m-group-matching the 5-year age strata and study region was chosen. To obtain sufficient power in this study, a matching ratio of 1:4 was realised for the age group 35-69, while for the age strata 15-34 a matching ratio of 1:2 was considered to be sufficient since most cases were expected in this age group. Owing to the overlap of the age distribution of seminoma and non-seminoma cases, the majority of controls matched to both seminoma and non-seminoma cases. Thus, for the analyses by the histological subgroup, 725 controls were matched by age and region to the seminoma cases while 682 controls were matched by age and region to the non-seminoma cases. Inclusion criteria were fulfilled by 266 cases and 918 controls. Cases and controls were recruited in parallel. For this purpose, controls were selected prospectively according to the expected case distribution. This left 121 controls for which no matching case interview was obtained.

Participants were interviewed face-to-face (N=984, 92.3%) or by telephone (N=82, 7.7%). Almost all interviews were performed with an index person (N=978, 91.7%). For deceased participants or participants too ill to answer the questions, a next-of-kin interview was solicited. The interview entailed questions about familial characteristics, family history of cancer and other diseases, medical conditions since childhood, chemical and physical exposures and an occupational biography for every job held 6 months or longer.

For each employment period, the job title and industry and a brief summary of the job tasks were assessed. Each job was assigned a five-digit *International Standard Code of Occupations* (ISCO)²⁹ and a five-digit industry code (NACE).³⁰

Assessment of social factors

Measures of social factors in this study were level of educational attainment at school, level of professional training, occupational sector based on EGP and social status based on ISEI.

Job title codes (ISCO) were linked to the *ISEI* of *Occupational Status*. ²³ The ISEI assigns values between 10 and 90 to job titles with respect to education and income. Judges, lawyers and physicians achieve the highest values, while unskilled labourers in agriculture and housekeepers the lowest values. In this scale, a continuous hierarchicy approaches the distinctions of work-related tasks and social patterns disappear in favour of a single parameter. The ISEI score ranks occupations by level of education as well as income. ²³ ISEI scores were defined for the maximum score ever achieved and the longest held and the last job, respectively. ISEI scores were grouped into five categories employing the best possible equal distribution of controls.

For the present analyses, ISCO codes were classified by occupational sector according to EGP. The EGP typology is based on occupational group, required training, selfsupport/independence, social mobility and leadership. Within a category it assumes social homogeneity in terms of the market situation (sources and levels of income, degree of economic security and chances of economic advancement) and in terms of the work situation (autonomy in performing work-tasks and roles) (24). Each reported job was classified into one of the following 10 occupational categories: (I) higher service (includes mostly professionals, large enterprise employers and higher managers (>10 subordinates)); (II) lower service (includes mostly associate professionals, lower managers (1-10 subordinates), higher sales); (III) routine clericals/sales (includes non-manual administration and sales workers); (IV) small employers (includes small entrepreneurs (1–10 subordinates); (V) selfemployed (own account workers, no employees, artists); (VI) manual foremen (manual workers with supervisory status (>1 subordinate)); (VII) skilled manual (mostly craft workers, some skilled service, skilled machine operators, also gardeners); (VIII) semi-unskilled manual (mostly machine operators, elementary sales services and state work creation scheme); (IX) farm workers (employed farm workers, irrespective of skill level; also family farm workers); (X) farmers/farm managers (selfemployed and supervisory farm workers, irrespective of skill level). Categories were collapsed into five groups (I and II; III-V; VI and VII; VII; IX and X) for analysis.

Occupational histories excluded jobs starting within 1 year before diagnosis in cases or before the first mailing to controls. The highest category served as the reference for the analysis of first job, last job, longest held job, job ranked highest and job ranked lowest. Participants who had never worked were excluded, except for the ever/never analysis of EGP. All participants who did not belong to the group under consideration were used as the reference group in the ever/never analysis.

Educational level was classified by years of schooling into four levels according to the German school system (≤9 years (no school degree, Sonderschulabschluss, Hauptschulabschluss), 10 years (mittlere Reife), 12 years (Fachabitur) and 13 years (Abitur)). In addition, the highest professional level attained after school (none, apprenticeship, university or college degree, others) was analysed.

Statistical analysis

OR and 95% CIs (95% CI) were calculated stratified for the 5-year age strata and study centres. All analyses were carried out for the whole study group and stratified by histological subgroups. Controls were excluded from the subgroup analyses if no matching case was available in an age-group×study region stratum. ORs and corresponding CIs were estimated by conditional logistic regression using the procedure PHREG. The level of statistical significance was defined as p<0.05 (2-sided). The study was designed as an exploratory study as the

risk factors of testicular cancer are largely unknown. The study was powered to detect an OR of 1.8 for any risk factor with a prevalence of 20%, and an OR of 2.0 for any risk factor with a prevalence of 10%. The study was not powered to confirm any risk for seminoma and non-seminoma cases separately. All analyses were carried out using SAS 8.2. ORs were not reported if a given category included less than three cases.

RESULTS

The proportion of medically confirmed cryptorchidism was higher in cases (9.9%) than in controls (3.6%). Overall, non-seminoma cases were on average 5 years younger than seminoma cases and controls (non-seminoma: 30 (21–41); seminoma: 35 (28–49); controls: 35 (26–58) (median (10th –90th rcentile))).

The distribution of number of occupations for cases and controls is shown in table 1. Seven cases (6 non-seminoma cases; 1 seminoma case) and 20 controls were still attending school or were students with no job history at the time of diagnosis (case) or first mailing (controls). Job histories of non-seminoma cases lasted 13 (4–25) years, of seminoma cases 19 (8–32) and of controls 18 (6–41) years (median (10th–90th centile)). Except for the non-seminoma cases the number of occupational periods did not differ substantially between cases and controls.

The distribution of cases and controls by educational level and professional degree is shown in table 2. Participants with professional degrees (ie, apprenticeship, technical colleges, study at university and university for applied sciences) were at a higher risk as compared to participants without professional training in the

Table 1 Frequency of economically active periods for cases and controls for whole study sample and for seminoma and non-seminoma

Study group/ number of job periods	Number of cases	Per cent	Number of controls	Per cent
Complete study	266	100.0	797	100.0
sample				
0	7	2.6	20	2.5
1–2	79	29.7	213	26.7
3–4	112	42.1	321	40.3
5+	68	25.6	243	30.5
Seminoma	167	100.0	725	100.0
0	1	0.6	13	1.8
1–2	42	25.2	192	26.5
3–4	72	43.1	299	41.2
5+	52	31.1	221	30.5
Non-seminoma	99	100.0	682	100.0
0	6	6.1	20	2.9
1–2	37	37.4	193	28.3
3–4	40	40.4	274	40.2
5+	16	16.2	195	28.6

Table 2 Distribution of cases and controls by educational level and professional degrees and corresponding ORs with 95% Cls

	Cases		Controls		
	N	Per cent	N	Per cent	OR (95% CI)
Complete study sample	269	100.0	797	100.0	
Years at school					
≤9	89	33.1	304	38.1	1.0*
10	61	22.7	192	24.1	0.9 (0.6 to 1.3)
12	25	9.3	78	9.8	0.9 (0.5 to 1.5)
13	9	34.9	222	27.9	1.1 (0.8 to 1.6)
Unknown	0	0.0	1	0.1	– `
Professional training					
None	22	8.3	95	11.9	1.0*
Apprenticeship	163	61.3	485	60.9	1.7 (1.0 to 2.8)
University degree	62	23.3	154	19.3	1.6 (0.9 to 2.8)
Other	19	7.1	63	7.9	1.0 (0.4 to 2.3)
Seminoma	170	100.0	725	100.0	, ,
Years at school					
≤9	57	35.3	267	36.8	1.0*
10	39	22.9	180	24.8	0.9 (0.6 to 1.4)
12	17	10.0	75	10.3	0.9 (0.5 to 1.7)
13	54	31.8	202	27.9	1.0 (0.7 to 1.7)
Unknown	0	0.0	1	0.1	_ ` ′
Professional training					
None	10	7.1	88	12.1	1.0*
Apprenticeship	110	65.3	446	61.5	2.5 (1.3 to 5.1)
University degree	40	23.5	142	19.6	2.1 (1.0 to 4.6)
Other	7	4.1	49	6.8	2.3 (0.7 to 7.2)
Non-seminoma	99	100.0	682	100.0	,
Years at school					
≤9	29	29.3	225	33.2	1.0*
10	22	22.2	172	25.4	0.8 (0.4 to 1.5)
12	8	8.1	73	10.8	0.8 (0.3 to 1.9)
13	40	40.4	206	30.4	1.1 (0.6 to 1.9)
Unknown	0	0.0	1	0.1	_
Professional training					
None	12	12.1	80	11.7	1.0*
Apprenticeship	53	53.5	400	58.7	0.9 (0.5 to 1.9)
University degree	22	22.2	140	20.5	1.1 (0.5 to 2.5)
Other	12	12.1	62	9.1	0.5 (0.2 to 1.4)
*Reference.		,	<u> </u>		0.0 (0.2 10 111)

whole study group and in the seminoma subgroup but not in the non-seminoma subgroup. No risk was observed for being employed before the age of 18 (OR=1.0; 95% CI 0.7 to 1.3) (data not shown).

No difference in the average ISEI score was observed between cases and controls (cases: mean score 42.5, median score 39; controls: mean score 42.4, median score 39). Risk estimates by ISEI scores are presented in table 3. Analyses of the maximum ISEI score reached during lifetime showed no increased risks, neither for the complete study sample, nor for the seminoma and non-seminoma study samples. Similarly, the analyses by ISEI of the job held the longest and the last job held revealed no associations with testicular cancer.

ORs by EGP categories are shown in table 4. An increased risk for testicular cancer was observed for ever

holding an agriculture-related job (OR=1.9 95% CI 1.0 to 3.8). For seminoma cases the effect was of the same strength (OR=2.1 95% CI 1.0 to 4.5), while for non-seminoma cases the OR estimate was smaller and statistically non-significant (OR=1.6 95% CI 0.5 to 4.8). For all other classes no increased risk was observed. This pattern is seen for almost all analyses presented in table 4. Compared to participants in the highest EGP category, increased risks were observed for category IX–X for the first, the last and the occupation with the highest EGP category ever.

DISCUSSION

Different methods of assigning social position may produce different results in terms of trends in health

 Table 3
 Distribution of achieved maximum International SocioEconomic Index (ISEI) score and of ISEI scores for the longest and last held job for whole study population and for histological subgroups with corresponding ORs

	Cases	uy population and for i	Controls	. 3			
ISEI Score	N	Per cent	N	Per cent	OR (95% CI)		
Complete study samp	ole						
Maximum ISEI score							
(16–37)	5	22.0	156	19.6	1.1 (0.7 to 1.7)		
(37–44)	47	18.1	172	21.6	0.8 (0.5 to 1.3)		
(44–55)	51	19.7	151	19.0	1.0 (0.6 to 1.5)		
(55–66)	51	19.7	151	19.0	0.9 (0.6 to 1.5)		
(66–88)	53	20.5	147	18.4	1*		
Missing	7		20				
Last held job					(
(16–37)	95	36.7	266	34.2	0.9 (0.6 to 1.4)		
(37–44)	35	13.5	131	16.8	0.8 (0.5 to 1.3)		
(44–55)	38	14.7	145	18.6	0.7 (0.4 to 1.1)		
(55–66)	44 47	17.0 18.1	117 119	15.0	0.9 (0.5 to 1.5) 1*		
(66–88) Missing	7	10.1	20	15.3	ı		
Longest held job	,		20				
(16–37)	102	39.4	277	34.9	0.9 (0.6 to 1.4)		
(37–44)	40	15.4	150	18.8	0.8 (0.4 to 1.3)		
(44–55)	33	12.7	144	18.1	0.6 (0.3 to 1.0)		
(55–66)	43	16.6	106	13.3	1.0 (0.6 to 1.6)		
(66–88)	41	15.8	100	12.6	1*		
Missing	7		20	2.4			
Seminoma							
Maximum ISEI score							
(16–37)	34	20.5	141	19.9	1.2 (0.7 to 2.2)		
(37–44)	32	19.3	159	22.3	0.9 (0.5 to 1.5)		
(44–55)	32	19.3	137	19.2	0.9 (0.5 to 1.6)		
(55–66)	32	19.3	141	19.8	0.9 (0.5 to 1.6)		
(66–88)	36	21.7	134	18.8	1*		
Missing	1		13				
Last held job					()		
(16–37)	56	33.7	241	33.8	0.9 (0.5 to 1.5)		
(37–44)	24	14.5	123	17.3	0.8 (0.5 to 1.5)		
(44–55)	25	15.1	133	18.7	0.7 (0.4 to 1.3)		
(55–66) (66–88)	29 32	17.5 19.3	109 107	15.3 15.0	0.9 (0.5 to 1.6) 1*		
Longest held job	32	19.5	107	15.0	1		
(16–37)	61	36.7	259	35.9	0.8 (0.5 to 1.4)		
(37–44)	29	17.5	133	18.3	0.8 (0.5 to 1.5)		
(44–55)	21	12.7	128	17.7	0.5 (0.3 to 1.0)		
(55–66)	25	15.1	101	13.9	0.8 (0.4 to 1.5)		
(66–88)	30	18.1	91	12.6	1*		
Missing	1		13				
Non-seminoma							
Maximum ISEI score							
(16–37)	22	23.7	128	19.5	0.9 (0.4 to 1.9)		
(37–44)	16	17.2	148	22.3	0.7 (0.3 to 1.5)		
(44–55)	19	20.4	129	19.5	0.9 (0.5 to 1.9)		
(55–66)	19	20.4	133	20.1	1.0 (0.5 to 1.9)		
(66–88)	17	18.3	124	18.7	1*		
Missing	6						
Last held job							
(16–37)	37	39.8	223	33.8	0.9 (0.4 to 1.7)		
(37–44)	12	14.0	110	16.6	0.7 (0.3 to 1.6)		
(44–55)	14	14.0	126	19.0	0.7 (0.3 to 1.5)		
(55–66)	15	16.1	103	15.5	0.9 (0.4 to 2.0)		
					Continued		

	Cases		Controls			
ISEI Score	N	Per cent	N	Per cent	OR (95% CI	
(66–88)	15	16.1	100	15.1	1*	
Longest held job						
(16–37)	40	40.4	230	33.9	1.1 (0.5 to 2.2	
(37–44)	12	12.1	130	19.1	0.7 (0.3 to 1.7	
(44–55)	12	12.1	128	18.8	0.6 (0.3 to 1.5	
(55–66)	18	18.2	91	13.3	1.4 (0.6 to 3.3	
(66–88)	11	11.1	83	12.2	1* `	
Missing	6	6.1	19	2.8		

and inequality.³¹ ³² Four indicators of social position were analysed in this study. School education was not associated with testicular cancer risk. The elevated risk observed for professional training against no training was restricted to the seminoma subgroup. Overall, our data provide no evidence that the examined social dimensions are associated with testicular cancer. This result is in line with other studies.¹¹ ¹⁷

Elevated risks for EGP categories other than agriculture were not observed in this study. An excess risk in agriculture and related occupations have been observed in several previous studies. It has been suggested that the observed risks in agriculture and related-occupations could be associated with specific exposures such as pesticides, If ertilisers Infections which were not in the scope of this analysis. The absence of increased risks for non-agricultural occupational sectors based on the EGP corroborates previous studies. In Infection 1981 and 2001 a

Social status based on ISEI was no risk factor for testicular cancer in this study. If a social gradient for testicular cancer in Germany existed in the past and exposures were associated with this gradient, this gradient may have been attenuated by an increase in exposures that do not differ by social position or for which the social gradient declined over time. The rising trends of testicular cancer in industrialised countries might be an indirect indication for such an increase of exposures that are (or have become) independent of social position.

This study has some limitations. First, the study suffered from only modest response among controls (cases 76%, controls 57%). In particular, in the study region of Hamburg participation was lower among controls with lower education which might have resulted in an overestimation of the risk in the lower social status groups. Hence, it is possible that a participation bias might have biased the effect estimates. However, a sensitivity analysis excluding Hamburg revealed similar findings.

Second, some non-differential misclassification of social status is likely to have occurred. As the assessment of social status is not based on a dichotomous variable, the direction of bias due to non-differential

misclassification cannot be predicted. However, our classification is based on occupational titles which are known to be reported with good validity. Moreover, the fact that different indicators of social position give similar results increases confidence in our findings.

Third, periods of unemployment and illness cannot be ranked by both scales utilised in this study. Non-consideration of such periods may lead to an underestimation of any social difference.³⁹

The strength of this study is to measure occupational social factors on the basis of a complete history of occupations. This information was obtained by in-person interviews. The population-based design of this study allows full examination of social differences. Study participants were not aware of this study hypothesis, and occupational biography is an unprejudiced variable, so reporting bias is unlikely to occur. Different possible confounding variables were considered by adjusting for posteducational degree or medically confirmed undescended testis and job frequency but the results remained stable in all analyses.

CONCLUSION

The absence of an effect was not specific to the ISEI score, as another occupational scaling method, the EGP typology, showed no associations with testicular cancer, except for farming and farm-related jobs. Different social indicators may mean different things with regard to correlates of social position. Our data indicate that a simple social gradient of testicular cancer risk—if it had existed in the past—may no longer exist. Rather, our findings support the hypothesis that social inequalities in testicular cancer are not related to occupation-based social position. More information is needed on the specific social correlates (eg, work characteristics, living areas). It should be noted that education and occupation are not only indicators of access to material properties, but are also related to psychosocial properties.

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Table 4 Distribution of study participants and corresponding ORs with 95% CI by occupational sectors according to Erikson, Goldthorpe and Portocarrero for complete study group and histological subgroups

	Complete study sample			Seminoma					Non-seminoma						
		Cases		Controls			Cases		Controls			Cases		Controls	
Category*	N	Per cent	N	Per cent	OR (95% CI)	N	Per cent	N	Per cent	OR (95% CI)	N	Per cent	N	Per cent	OR (95% CI)
First held jo	ob														
I–II	25	9.5	69	8.9	1	15	8.9	63	8.8	1	10	10.8	60	9.1	1
III–V	40	15.3	140	18.0	0.9 (0.5 to 1.5)	24	14.2	126	17.7	0.9 (0.4 to 1.8)	16	17.2	126	19.1	0.8 (0.3 to 1.9)
VI–VII	132	49.6	404	52.0	1.1 (0.8 to 1.5)	88	52.7	372	52.2	1.2 (0.8 to 1.7)	44	47.3	335	50.8	0.9 (0.4 to 1.9)
VIII	55	21.4	148	19.0	1.1 (0.8 to 1.4)	33	20.1	138	19.4	1.1 (0.8 to 1.6)	22	23.7	128	19.4	1.0 (0.6 to 1.5)
IX–X	7	2.7	16	2.1	1.6 (0.5 to 4.6)	6	3.6	13	1.8	2.1 (0.6 to 6.7)	1	1.1	11	1.7	_
Last held jo	b														
I–II	70	26.7	172	22.1	1	45	26.6	155	21.8	1	25	26.9	150	22.7	1
III–V	533	20.2	192	24.7	0.7 (0.4 to 1.0)	34	20.1	180	25.3	0.7 (0.4 to 1.2)	19	20.4	162	24.5	0.6 (0.3 to 1.1)
VI–VII	81	30.5	243	31.3	0.9 (0.6 to 1.3)	54	32.3	223	31.3	1.0 (0.6 to 1.6)	27	29.0	205	31.1	0.7 (0.4 to 1.3)
VIII	50	19.8	165	21.2	0.9 (0.7 to 1.1)	29	18.3	151	21.2	0.9 (0.7 to 1.2)	21	22.6	138	20.9	0.9 (0.6 to 1.2)
IX–X	5	1.9	5	0.6	3.0 (0.8 to 11.7)	4	2.4	3	0.4	4.3 (0.9 to 20.8)	1	1.1	5	0.8	_
Longest he	ld job														
I–II	54	20.6	145	18.7	1	37	21.9	133	18.7	1	17	18.3	125	18.9	1
III–V	46	17.6	166	21.4	0.8 (0.5 to 1.2)	27	16.0	154	21.6	0.7 (0.4 to 1.2)	19	20.4	139	21.1	0.8 (0.4 to 1.6)
VI–VII	100	38.6	287	36.9	1.1 (0.8 to 1.6)	69	41.3	261	36.7	1.2 (0.8 to 2.0)	31	33.3	242	36.7	0.8 (0.4 to 1.5)
VIII	54	23.9	171	22.0	0.9 (0.6 to 1.3)	30	18.0	156	21.9	0.0 (0.5 to 1.2)	24	25.8	146	22.1	1.0 (0.7 to 1.4)
IX–X	5	1.9	8	1.0	1.3 (0.4 to 4.1)	3	1.8	8	1.1	1.0 (0.2 to 4.1)	2	2.2	8	1.2	_
Ever held jo	ob														
I–II	86	32.0	231	29.0	1.1 (0.8 to 1.5)	58	34.1	211	29.1	1.1 (0.7 to 1.5)	28	28.3	201	29.5	1.2 (0.7 to 1.9)
III–V	92	34.2	308	38.6	0.7 (0.5 to 1.0)	58	34.1	286	39.4	0.6 (0.4 to 0.9)	34	34.3	268	39.3	0.9 (0.5 to 1.4)
VI–VII	164	61.7	494	62.0	1.2 (0.9 to 1.6)	108	64.7	453	62.5	1.2 (0.8 to 1.7)	56	56.6	413	60.6	1.1 (0.7 to 1.7)
VIII	128	48.1	392	49.2	1.0 (0.7 to 1.3)	84	50.3	362	49.9	1.0 (0.7 to 1.4)	44	44.4	333	48.8	1.0 (0.6 to 1.5)
IX–X	16	6.0	30	3.8	1.9 (1.0 to 3.8)	12	7.2	23	3.2	2.1 (1.0 to 4.5)	4	4.0	22	3.2	1.6 (0.5 to 4.8)

^{*}Categories were assigned as follows: I=higher service (includes mostly professionals, large enterprise employers and higher managers (>10 subordinates)); II=lower service (includes mostly associate professionals, lower managers (1–10 subordinates), higher sales); III=routine clerical/sales (includes routine clerical and sales workers); IV=small employers (includes small entrepreneurs (1–10 subordinates); V=independent (own account workers, no employees, artists); VI=manual foremen (manual workers with supervisory status (>1 subordinate)); VII=skilled manual (mostly craft workers, some skilled service, skilled machine operators, also gardeners); VIII=semi-unskilled manual (mostly machine operators, elementary sales services and state work creation scheme); IX=farmers/farm managers (self-employed and supervisory farm workers, irrespective of skill level); X=farm and forestry workers (employed farm workers, irrespective of skill level); also family farm workers).

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