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## Intraflagellar Transport: It's Not Just for Cilia Anymore

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### Abstract

Recently-published information on the role of IFT polypeptides in vesicle exocytosis is reviewed, describing the formation of the immune synapse in non-ciliated cells as an example. An hypothesis is detailed suggesting that all polypeptides which enter the cilium, both membrane and axonemal, do so in association, first, with cytoplasmic vesicles which exocytose adjacent to the ciliary basal body, and then with the ciliary membrane. Axonemal proteins are moved to the ciliary tip by peripheral association with the inner aspects of the ciliary membrane by canonical ciliary IFT. At the tip, some polypeptides are released for axonemal assembly, and others are budded off as part of vesicular exosomes into the environment. It is proposed that the cilium, in addition to being a sensory and motile organelle, is also a secretory organelle.

### Introduction

It has now been almost 16 years since the discovery of Intraflagellar Transport (IFT) in the biflagellate alga *Chlamydomonas* by Kozminski et al. [1]. Since that time, investigation of the basic cell and molecular biology underlying the IFT process in the cilia and flagella of various organisms has led to an expanding literature on the role of cilia in disease [2-4]. These diseases have been grouped together and called “ciliopathies,” [5] or diseases related directly to defects in the assembly and/or function of cilia. Many of these ciliopathies have been related to “primary” non-motile (9 + 0) cilia, one of which is present on most non-dividing cells in our bodies, and which are involved in sensing the environment by specialized receptors concentrated on the ciliary membrane. Some of these ciliopathies were discovered by knocking out or down IFT polypeptides, thereby causing defects in ciliogenesis, in a variety of organisms, and observing the resulting tissue pathologies. However, as will be described in more detail below, it now appears that the IFT genes may be involved in more than ciliogenesis, and that one may be misled by assuming that the pathology resulting from knocking out or down an IFT gene product is due *primarily* to a ciliary defect.

Investigation of IFT in cilia assembly and function has also stimulated new interest in the role of *motile* cilia in disease. The role of ciliary motility in fertility and sterility has been well-researched, but new insights into the role of cilia motility in conditions such as *situs*

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*inversus* are just now being obtained [6,7]. The recent interest in ciliopathies has also shown relationships of ciliary motility in brain ventricles to pathologies such as hydrocephalus [8].

It is well-known that the (9 + 2) motile cilia have similar sensory functions to the nonmotile primary cilia in addition to their mechanical function of moving cells or fluids over surfaces. *The basic biological rule of ciliary function, most simply stated, is that "all cilia, motile or not, have a sensory function."* Recent papers which ascribe sensory functions to motile cilia as being "new findings" therefore are not correct [9]; indeed, the sensory function of motile cilia was noted long ago [10] and has been studied for decades (e.g. see reviews on *Paramecium* [11] and *Chlamydomonas* [12]), and, recently, sensory proteins have been identified in other motile cilia [13-15].

Because the role of IFT in cilia assembly and, thereby, its role in a great variety of diseases, has already been adequately reviewed, it will not be the purpose of this brief article to go over this literature again. Indeed, an entire volume has recently been published, exhaustively describing the role of cilia and IFT in vertebrate pathologies [16]. Rather, we will use this opportunity to examine some recent findings on new functions for IFT and cilia and to formally detail a hypothesis on how all ciliary proteins, in the ciliary membrane and the axoneme, may be moved into and out of the cilium from the cytoplasm.

### **Are the IFT Polypeptides Involved Only in Cilia Assembly/Disassembly and Function?**

The IFT gene analyses of Jekely and Arendt [17] and Avidor-Reiss [18] suggested that the IFT polypeptides have protein-protein interaction motifs arranged similarly to those in some of the clathrin/COP1 polypeptides involved in the exocytosis process, in which Golgi-derived cytoplasmic coated vesicles fuse with the cell membrane. They speculated that the exocytotic system in early non-ciliated cells gave rise to a specialized plasma membrane domain, and, ultimately, this domain and the co-evolution of the now-classical ciliary IFT system from the COP1/clathrin exocytosis polypeptides gave rise to the development of the eukaryotic cilium. The publication of these reports helped stimulate research directed at determining if IFT polypeptides could, indeed, be found on the cytoplasmic vesicle pathway between the Golgi and vesicle fusion at the cell membrane. The first suggestion that IFT polypeptides might be involved in functions other than ciliogenesis came from studies on the immuno-localization of IFT polypeptides in vertebrate rod cells of the retina. In these cells, the IFT polypeptides were concentrated, as usual, around the basal body/centriole of the connecting cilium and in the connecting cilium itself [19]. However, IFT antibody fluorescence was also noted at the other end of the rod cell where synapses are present between the rod cell and neurons heading back to the CNS, and it is here at the presynaptic ending that synaptic vesicle exocytosis takes place. The authors of the report do not comment extensively on this synaptic localization of IFT polypeptides and may even have regarded it as an artifact. The first detailed report showing that at least one IFT polypeptide might be involved in vesicle trafficking and exocytosis indicated that IFT20 is localized at the Golgi complex, is anchored there by the Golgi polypeptide, GMSAP210, and moved between the Golgi and the cilium. Other IFT polypeptides were not found in this pathway [20,21]. Like other IFT polypeptides, IFT20 can also be found closely associated with the ciliary basal body/centriole, and, of course, the cilium itself where it is a member of the Complex B subunit of the IFT particle [22]. Since IFT20 has been shown to be on the "outside" of the Complex B IFT sub-particle [23], its association with *cytoplasmic* vesicles may be maintained even after these vesicles fuse with the cell membrane, adjacent to the ciliary basal body/centriole. A localization on the outside of the cytoplasmic vesicle would, therefore, place it on the inner surface of the cell or ciliary membrane following exocytosis. Almost certainly the other IFT polypeptides, largely localized around the basal body/centriole, join the membrane-associated IFT20 at the time of exocytosis to facilitate the exocytotic process itself and, secondly, to participate in the assembly of the intact IFT

particles. The IFT particles, now in “trains” [24] continue into the flagellum, associated with the membrane. The model that presents itself (Figure 1), therefore, is one in which IFT 20 accompanies Golgi-derived vesicles to the point of exocytosis near the basal bodies where the other IFT polypeptides are present, and where the intact IFT particle is assembled in association with the inner surface of the membrane, followed by the passage of the IFT complex through the flagellar pore recognition site at the transition region [25] and into the ciliary compartment. As described below, this vesicle trafficking pathway may also be the path that all cilia polypeptides, *both membrane and axonemal*, take if they are destined to enter the cilium.

### IFT is Associated with Exocytosis Even in Cells Without Cilia

Recently, the IFT system has been found in *non-ciliated* cells, associated with exocytosis. In this work IFT polypeptides and the kinesin-2 motor were shown to be present in T lymphocytes and to be required for T-cell interaction with antigen-presenting cells bearing specific ligands on their surface [26]. This interaction promotes the rapid redistribution of proteins and lipids on the T lymphocyte plasma membrane, which results in the transient assembly of a highly specialized membrane patch at the interface with the antigen presenting cell, known as the *immune synapse*, which acts as a signaling platform [27]. Both the centrosome and the Golgi apparatus polarize to the immune synapse, thereby assisting targeted delivery to this location of the various components required for synapse formation [28,29]. Of considerable interest from the standpoint of the evolution of the eukaryotic cilium [30] is the fact that when the immune synapse forms between *cytotoxic* T cells and target cells, a small ‘bulge’ appears above the centrosome of the T cell (Fig. 1B), as if a cilium is about to be assembled on the centriole [31]. It is to this membrane ‘bulge’ that the lytic granules are directed for polarized delivery onto the target cell.

The recent report [26], which clearly shows that T lymphocytes express a number of IFT polypeptides, as well as the IFT-dependent motor, kinesin-2, is a striking example of the function of the IFT system in the process of exocytosis. It is especially important since these cells do not have, or never will have, cilia. In these cells, IFT20 and other IFT polypeptides associate with both the centrosome and the Golgi, similar to the localization of IFT20 in ciliated cells [20]; IFT20 co-localizes, moreover, with post-Golgi membrane compartments, i.e. trans-Golgi network, recycling endosomes, early endosomes. When T lymphocytes are engaged by antigen-presenting cells bearing specific ligands, *IFT20 is recruited together with other IFT polypeptides to the immune synapse*. Importantly, *RNAi knockdown of either the kinesin which powers ciliary IFT or other IFT polypeptides was found to interfere with immune synapse formation and downstream signaling*. The defect was traced to a defective polarization of recycling endosomes to the immune synapse, a process which is crucial for targeted delivery of the T-cell receptors to the synapse [32]. Targeting of the endosomal vesicles involves the transient assembly of an IFT polypeptide complex onto the T-cell antigen receptors primed by IFT20. Interestingly, IFT polypeptides did not appear to be involved in reclaiming the membrane moieties of the immune synapse back into the cell by endocytosis, and this process occurred normally in the IFT knockdown cells. These data are some of the first to illustrate that the predicted homology between IFT polypeptides and the COPI/clathrin polypeptides involved in exocytosis [17,18] is functional, and that IFT polypeptides will probably be observed in many systems in which exocytosis is occurring, e.g. neuronal synapses and, generally, exocytosis of vesicles containing secretory proteins in addition to the targeting of signaling receptors, ion channels, and other polypeptides to specific membrane locations.

The work described above on the role of IFT polypeptides in immune synapse formation also provides a cautionary note to those researchers who, having knocked out, or down, IFT or IFT motor polypeptides, ascribe the resulting phenotype or pathology to a ciliary defect,

labeling it a “ciliopathy.” The *primary* defect in some of these observed ciliopathies may be at the level of the Golgi-secretory vesicle pathway in spite of the fact that ciliogenesis is ultimately affected. At the very least, knocking IFT gene products down or out means doing a thorough investigation of both exocytosis and ciliogenesis in the system being investigated.

Are there other cell biological processes that require IFT? Recently we published a report [33] that showed that one of the IFT polypeptides, IFT27, a small G-protein, which, when knocked down by RNAi, appeared to be lethal, unlike other IFT Complex B polypeptides whose knockout/down generally had little or no effect on the cell cycle, even though their knockdown affected, to some degree, ciliogenesis. The *lethality appeared to be associated with an inhibition of cytokinesis*. Since it is also known that cilia loss or resorption normally occurs prior to the S phase of the cell cycle, before cytokinesis, we first assumed that the lethality after IFT27 RNAi knockdown was somehow related to its effect on ciliogenesis. However, in light of the reports described above on the role of certain IFT polypeptides in exocytosis, we now believe that this lethality, following loss of the G-protein IFT27, is probably due to its direct (non-ciliary) effect on the process of vesicle fusion and exocytosis at the forming cleavage furrow. Indeed, in following the localization of IFT27 during the cell cycle in *Chlamydomonas* we find highly specific localization of IFT27 on the vesicles associated with cytokinetic furrow formation (Z. Wang et al., abstract in Mol. Biol. Cell suppl (2008) 19 M-L2 (CD-ROM), and C. Wood, Z. Wang, J. Umen, J. Rosenbaum, unpublished). This IFT27 RNAi knockdown effect on cytokinesis is, therefore, still another example of an IFT polypeptide probably having its primary effect on a process other than ciliogenesis; once again on exocytosis.

### Delivery of Axonemal Polypeptides into the Flagellar Compartment

Since certain IFT polypeptides appear to be involved in the targeted delivery of Golgi-derived vesicles and their accompanying polypeptides to specific vesicle fusion and exocytosis points on the cell surface, it is possible that these same vesicles are also carrying additional proteins, peripherally-associated with the outside of the vesicles, to the same membrane location. These proteins, unlike the integral vesicle proteins themselves, are hypothesized to be synthesized on free, rather than membrane-bound, polysomes.

In the specific case of the cilium, it is our hypothesis [34] that vesicle targeting to a point adjacent to the ciliary basal body/centriole, a place where ciliary membrane glycoprotein targeting has already been clearly observed by electron microscopy [35], may also be used for the targeting of axonemal proteins to the cilium. We suggest, therefore, that *not only ciliary membrane but also axonemal polypeptides are targeted to the cilium by association with vesicles of the Golgi-exocytosis pathway*. Probably one of the best examples of the delivery of an axonemal protein would be the targeting of the tubulin dimer to the cilium. Alpha/beta tubulin dimer is synthesized on free polysomes in the cytoplasm, and there is no clear indication, at this point, as to how this major axonemal structural protein enters the ciliary compartment. It is our contention that, following synthesis, tubulin *becomes peripherally associated with the outside of vesicles being targeted by exocytosis to the ciliary membrane*. It is already quite clear that tubulin is associated with isolated flagellar membranes [36,37], and recent work (K. Huang et al., Mol. Biol Cell 16a, 2005, abst. #1299 and K. Huang, C. Wood, and J. Rosenbaum, unpublished) shows that tubulin is also associated with vesicles purified from the cytoplasm that are destined for the cilium. A similar example of this type of targeting of soluble proteins synthesized on free polysomes to a specific membrane compartment is the recent work showing the association of actin filaments with Golgi-derived vesicles which are being targeted to the furrow being formed by exocytosis during cytokinesis. The actin attaches peripherally to the outside of the targeted endosomal vesicles and, following exocytosis, ends up in the correct position on the

inside of the furrow ready to take part in cytokinesis [38]. Likewise, tubulin attached to the outside of vesicles on their way to exocytosis adjacent to the basal body/centriole, would end up inside the cell membrane after exocytosis, close to the IFT system surrounding the centriole, and, while still associated with the membrane, would be moved into the flagellum by the now-intact IFT system. This would require that axonemal proteins have sequences that specifically target them to the outside of the vesicle surface prior to exocytosis. It is now known that axonemal dynein, which is prefabricated in the cytoplasm [39], like the radial spokes [40], is attached to an adaptor protein which is required for its transport into the flagellum [41] but it is not known if this adaptor-dynein complex is associated with cytoplasmic vesicles. It is already established that the IFT particles are not only closely associated with the inner surface of the flagellar membrane [24] but that they are also involved in the movement of integral flagellar membrane polypeptide channels up and down the length of the flagellum within the plane of the flagellar membrane bilayer [42,43]. This means of transport of axonemal polypeptides such as tubulin to the flagellar tip assembly site in association with the ciliary membrane has already been suggested by Stephens from his studies on tubulin in the cilia membranes of regenerating cilia of the sea urchin blastula [44].

### Is the Cilium a Secretory Organelle?

It has been observed by thin sectioning and electron microscopy of *Chlamydomonas* cells that vesicles (*exosomes*) pinch off from the tip of the flagellum (K. Huang et al., Mol. Biol Cell 16a, 2005, abst. #1299). These vesicles, which can be isolated and purified from the medium [45-47], are now shown to contain a subset of the polypeptides one finds in membranes obtained from isolated, intact flagella, i.e. there are both quantitative and qualitative differences between the polypeptides of isolated flagellar membranes and the flagellar membrane vesicles isolated from the medium. Although tubulin is present in both membrane preparations, there is much more in the flagellar membrane preparation. This is what one might expect if macromolecules were being delivered to the flagellar tip in association with the ciliary membrane for assembly and turnover of the axoneme at its distal end.

It is not known if a similar secretion to that observed with *Chlamydomonas* flagella occurs from primary cilia in vertebrate tissues, although there is evidence that primary cilia on neuroepithelial cells are a source of membrane containing the somatic stem cell marker, prominin-1, found in neural tube fluid [48]. It has also been shown that vesicles isolated from urine can interact with the primary cilia of kidney tubule cells, although the exact origin of the vesicles is not known [49]. It is also possible that exosomes secreted from ciliary tips could be moved to the surface of other cells where they interact to initiate signaling pathways, analogous to that proposed for the left to right cilia-dependent movement of vesicles secreted from the tips of microvilli in the mouse embryonic node prelude to the establishment of left-right symmetry in the embryo [50]. The vesicles isolated from the medium in which sexually active gametes of one mating type of *Chlamydomonas* are growing are able to cause flagellar agglutination [45-47] and promote gamete activation during mating of intact gametes and this could be one of the functions of vesicle secretion from the flagellar tips, at least in *Chlamydomonas*.

It is not known if the primary cilia found on many non-dividing vertebrate cells can signal other cells or cilia on adjacent cells by physically interacting with these adjacent cells or cilia. Certainly one of the best examples of functional interaction between flagella on different cells is in *Chlamydomonas* where physical interaction between the tips of the plus and minus gametes initiates the PKD-2 channel-dependent signaling pathway resulting in the loss of the cell walls, differentiation of mating structures on the plus and minus gamete cells, and gamete cell fusion to form the zygote [12,43]. In theory, similar interactions



resulting in the initiation of signaling pathways could take place between primary cilia on adjacent vertebrate cells, particularly during embryonic tissue differentiation.

The above suggests that the ciliary membrane is just one more membrane compartment in a pathway starting in the ER and Golgi providing channels, receptors and other signaling components to the cilium, and possibly as a source of exosomes secreted into the medium. The study of this pathway in a model genetic system is, currently, best done in the bi-flagellate alga *Chlamydomonas*, where all the compartments can be isolated, i.e. cytoplasmic vesicles, cell membranes, flagellar membranes, and vesicles pinched off from the cilium into the medium. There is little or no cellular contamination of the vesicle fraction isolated from the medium because wild type cells are surrounded by a cell wall, the flagellar membrane being the only “naked” membrane of the cell. If this is to be investigated in cells in culture or tissues by means other than, or in addition to, fluorescence microscopy, then it would be helpful to have *efficient* methods for the isolation of primary cilia and, in turn, ciliary membranes from these cells. Although methods for doing this have been published, it is technically demanding, and only small amounts of cilia are obtained [51,52].

In this brief ‘Opinions’ report we have hi-lighted some recent work on IFT and cilia, especially as related to processes other than ciliogenesis. We have also formally presented a hypothesis for the movement of polypeptides of the ciliary axoneme into the cilium as well as for the secretion of membrane vesicles from the ciliary tips into the environment. The technology and biological material for testing these hypotheses are available.

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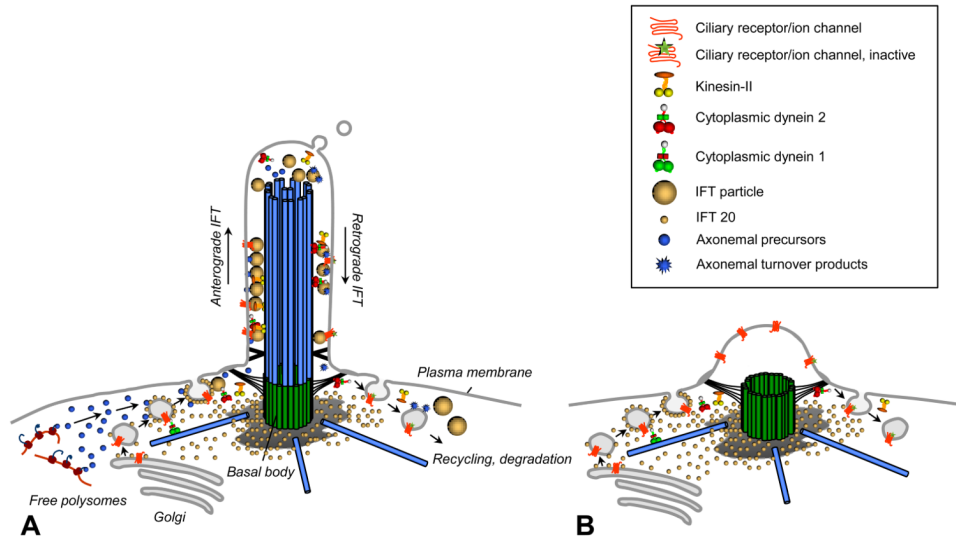
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**Figure 1.** These diagrams illustrate similarities between (A) cilia and the (B) immune synapse. IFT20 is associated with the Golgi and vesicles destined for the cilia and is also involved in formation of the immune synapse. Although the entire complement of IFT proteins has not been examined, at least IFT57, IFT88 and the IFT motor Kif3a are also involved in formation of the immune synapse [26]. The centriole, which nucleates the microtubules of the cilium also moves near the cell surface during formation of the immune synapse, positioned between Golgi and the plasma membrane, which sometimes is seen to form a bulge in this area. Figure modified after [53].