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## **DELETION OF THE β2-ADRENERGIC RECEPTOR PREVENTS THE DEVELOPMENT OF CARDIOMYOPATHY IN MICE**

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### **Abstract**

**Aims—**Beta adrenergic receptor ( -AR) subtypes act through diverse signaling cascades to modulate cardiac function and remodeling. Previous in vitro studies suggest that 1-AR signaling is cardiotoxic whereas 2-AR signaling is cardioprotective, and may be the case during ischemia/ reperfusion in vivo. The objective of this study was to assess whether 2-ARs also played a cardioprotective role in the pathogenesis of non-ischemic forms of cardiomyopathy.

**Methods and Results—**To dissect the role of 1 vs 2-ARs in modulating MLP (Muscle LIM Protein) cardiomyopathy, we crossbred MLP−/− with  $1-/-$  or  $2-/-$  mice. Deletion of the 2-AR improved survival, cardiac function, exercise capacity and myocyte shortening; in contrast haploinsufficency of the 1-AR reduced survival. Pathologic changes in  $Ca^{2+}$  handling were reversed in the absence of 2-ARs: peak Ca<sup>2+</sup> and SR Ca<sup>2+</sup> were decreased in MLP−/− and 1+/ − /MLP−/− but restored in 2−/−MLP−/−. These changes were associated with reversal of alterations in troponin I and phospholamban phosphorylation. Gi inhibition increased peak and baseline Ca<sup>2+</sup>, recapitulating changes observed in the 2–/−/MLP−/−. The L-type Ca<sup>2+</sup> blocker verapamil significantly decreased cardiac function in 2−/−MLP−/− vs WT. We next tested if the protective effects of 2-AR ablation were unique to the MLP model using TAC-induced heart failure. Similar to MLP, 2−/− mice demonstrated delayed progression of heart failure with restoration of myocyte shortening and peak  $Ca^{2+}$  and  $Ca^{2+}$  release.

**Conclusion—**Deletion of 2-ARs prevents the development of MLP−/− cardiomyopathy via positive modulation of  $Ca^{2+}$  due to removal of inhibitory Gi signaling and increased phosphorylation of troponin I and phospholamban. Similar effects were seen after TAC. Unlike previous models where 2-ARs were found to be cardioprotective, in these two models, 2-AR signaling appears to be deleterious, potentially through negative regulation of  $Ca^{2+}$  dynamics.

#### **Keywords**

Adrenergic receptors; cardiomyopathy; excitation-contraction coupling; signal transduction

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### **1. Introduction**

Beta adrenergic receptors ( -ARs) play a major role in the regulation of cardiac function. Their activation provides positive inotropic, chronotropic and lusitropic effects, however, - ARs also play an important role in cardiac remodeling, and thus in the pathogenesis of dilated cardiomyopathy and heart failure. The continuous interaction between the underlying myocardial contractile dysfunction and the compensatory neurohumoral mechanisms activated by that dysfunction results in activation of -AR signaling pathways that contribute to the progression of disease [1]. Of the two main -AR subtypes in the heart ( 1 and 2),

1-AR signaling is coupled to the stimulatory guanylyl nucleotide binding protein, Gs, leading to activation of adenylyl cyclase, increases in cAMP, activation of PKA and subsequent phosphorylation of key regulators of excitation-contraction coupling. 1-AR signaling has also been linked to cardiotoxic and pro-apoptotic signaling [2, 3]. In contrast,

2-ARs not only signal through Gs but also through the inhibitory G protein, Gi, which attenuates the positive inotropic and chronotropic effects of 1-stimulation and activates additional signaling pathways involved in cardioprotection [4]. Thus, some have proposed that the 1-AR is the "cardiotoxic subtype" whereas the 2-AR is the "cardioprotective subtype." However, much of this data has been derived from *in vitro* studies in isolated cardiomyocytes, often with non-physiologic overexpression of the specific -AR subtype being studied. Whether these in vitro studies will translate into in vivo models of heart failure is still unclear, although there is some *in vivo* data suggesting that the 2-AR is cardioprotective [5–8]. Still, the precise role of each -AR subtype in the pathogenesis of cardiomyopathy and heart failure remains to be determined. These studies are crucial to designing the best therapeutic approach to -AR modulation, as some have suggested that a combination of a 1-AR antagonist and a 2-AR agonist would result in a more favorable modulation of the -AR system than the use of a non-subtype specific -blocker alone [5].

One of the best described *in vivo* models of a genetic, non-ischemic cardiomyopathy is the Muscle LIM Protein (MLP) knockout mouse. MLP or cysteine-rich protein 3, contains two zinc finger LIM domains each followed by a glycine rich domain and it is known to interact with the titin-binding proteins -actinin and T-cap at the Z-disc and 1-spectrin and the nebulin-related protein N-RAP at costameres and intercalated discs, respectively [9]. Mice deficient in MLP exhibit chamber dilation and contractile dysfunction, characteristic of dilated cardiomyopathy and transition to failure. This model is clinically relevant, as downregulation of MLP has been observed in patients with chronic heart failure [10] and mutations in the MLP gene have been identified in patients with dilated cardiomyopathy [11, 12].

Previous studies have shown that MLP cardiomyopathy can be altered by changing components of the -AR signaling system or its downstream effectors, although the exact mechanisms have yet to be worked out. Overexpression of the 2-AR did not rescue MLP cardiomyopathy, whereas overexpression of the GRK2 inhibitor, ARKct, did [13]. Ablation of phospholamban (PLB), an inhibitor of the sarcoplasmic reticulum  $Ca^{2+}$  ATPase (SERCA), also rescued MLP mice, suggesting that defects in SR  $Ca^{2+}$  cycling play a pivotal role in progression towards heart failure in this model [14]. Although alterations in  $Ca^{2+}$ transients were described associated with this rescue, the mechanisms were largely undefined. In the present study, we assessed the role of 1 vs 2-AR signaling in modulating MLP cardiomyopathy and heart failure. Contrary to expectations based on other models, we found that deletion of the 2-AR rescued and deletion of the 1-AR worsened MLP cardiomyopathy, suggesting that 2-AR signaling was playing a deleterious role and 1-AR signaling a cardioprotective role. We further determined a mechanism by which 2-AR deletion restores myocyte shortening in MLP mice, through improving  $Ca^{2+}$  availability. To further assess if the cardioprotection provided by ablation of the 2-AR was unique to the

MLP model we assessed the effects of 2-AR deletion in a model of transverse aortic constriction (TAC)-induced heart failure and confirmed that absence of 2-ARs also attenuated the progression of heart failure and restored  $Ca^{2+}$  dynamics.

### **2. Materials and Methods**

A more detailed version of materials and methods is included in Supplementary Methods.

### **2.1 Generation of β-AR/MLP knockouts**

Crosses were carried out between homozygous 1−/− and 2−/− mice (FVB background) generated by our lab [15, 16] and homozygous MLP−/− mice (FVB/Sv129), kindly provided by Dr. Ken Chien. WT littermate controls were used to ensure comparability between the different lines. 2−/−MLP−/− were generated by crossing MLP−/− with 2−/− mice which produced F1 heterozygous MLP+/ $-$  and 2+/ $-$ ; these were then crossed to generate F2 double knockouts. The same approach was used to generate 1 −/−MLP−/−, however due to the near total in utero mortality of the homozygous double knockouts, only 1+/−/MLP−/− were used for further studies. Mice were genotyped by PCR to confirm 1-AR, 2-AR and MLP disruptions. All procedures were approved by the Stanford Administrative Panel on Laboratory Animal Care.

### **2.2 Transverse aortic constriction-induced heart failure**

Heart failure was induced by TAC as previously reported [17]. TAC was performed in C57BL/6J and 2−/− in C57BL/6J background as we have previously described [18]. Echocardiography was performed before surgery and 1, 2 and 4 weeks after TAC. Shamoperated controls consisted of age-matched mice that underwent an identical surgical procedure including isolation of the aortic arch, but without banding.

### **2.3 Echocardiography**

Images were acquired with a GE Vivid 7 ultrasound system (GE health care, Milwaukee, WI) equipped with a 10 MHz transducer. Baseline measurements included left ventricular internal dimension at end-diastole (LVIDd) and left ventricular internal dimension in systole (LVIDs). Left ventricular fractional shortening (%FS) was calculated.

### **2.4 Incremental treadmill exercise**

Baseline metabolic measurements during exercise were performed utilizing a Simplex II metabolic rodent treadmill (Columbus Instruments, Columbus, OH) as previously described [19].

### **2.5 Isolation of left ventricular myocytes**

Adult ventricular myocytes were isolated from 6 mo old mice based on previously published protocols [20, 21] with modifications. Experiments were performed with freshly isolated myocytes resuspended in a HEPES-buffered solution (in mM 1 CaCl<sub>2</sub>, 137 NaCl, 5.4 KCl, 15 dextrose, 1.3 MgSO4, 1.2 NaH2PO4, 20 HEPES, pH 7.4).

#### **2.6 Myocyte shortening and relengthening**

Cell contraction properties of myocytes were evaluated with a video-based sarcomere spacing acquisition system (SarcLen, IonOptix, Milton, MA) as previously described [22, 23]. Changes in sarcomere length were recorded and analyzed using IonWizard software (IonOptix, Milton, MA).

### **2.7 Ca2+ transient measurements**

A separate set of myocytes was loaded with 0.5 µM fura 2-acetoxymethyl ester (Molecular Probes, Eugene, Oregon) for 15 min. Cells were excited at 340 and 380 nm, continuously alternated, at rates as high as 250 pairs/sec using a HyperSwitch system (IonOptix, Milton, MA). Background-corrected fura 2 ratios were collected at 510 nm. This ratio is independent of cell geometry and excitation light intensity, and reflects the intracellular  $Ca^{2+}$ concentration [24, 25].

### **2.8 Sarcoplasmic reticulum Ca2+ measurements**

Caffeine 10 mM was used to induce  $Ca^{2+}$  release from the SR; maximum fluorescence was used as a measure of SR Ca<sup>2+</sup>, as previously described [26]

### **2.9 Gi protein inhibition**

1.5 µg/ml Pertussis Toxin (PTX) (Enzo Life Sciences, Plymouth Meeting, PA) was administered to freshly isolated WT myocytes for 3 h to inhibit Gi as previously described [27].  $Ca^{2+}$  transient measurements were then performed after PTX treatment.

### **2.10 Immunoblotting**

Mouse hearts were homogenized; proteins were quantified and probed against SERCA2 ATPase, PLB (PLB), phospho-CaM Kinase II Thr286, calsequestrin (CSQ) (Affinity BioReagents, Rockford, IL), phospho-PLB Ser16 (Millipore, Billerica, MA), phospho-PLB Thr17 (Badrilla, Leeds, United Kingdom),  $\text{Na}^+\text{/ Ca}^{2+}$  exchanger-1 (NCX) (Abcam) CaMKII, troponin (TnI), phosho-TnI Ser23–24 (Cell Signaling Technology, Danvers, MA) and ryanodine receptor (RyR), phospho RyR Ser2809 and phospho RyR Ser2815 (a kind gift of Dr. Andrew Marks, Columbia University).

#### **2.11 Statistical analysis**

Data are expressed as mean  $\pm$  SEM. Unpaired t tests were used for comparisons between 2 groups, and ANOVA with Fisher's test was used for differences among >2 groups. A single average value of multiple cells for each heart was used to compare the data between groups; 3–4 mice were used in each cell experiment. Significance was attained with a  $p<0.05$ .

### **3. Results**

### **3.1 β-AR subtypes have opposing effects on survival and in vivo cardiac function in MLP cardiomyopathy**

Ablation of the 1 vs. the 2-AR had dramatically opposite effects on both early and late survival of MLP−/− mice. At 2 weeks, 2−/−/MLP−/− have a 91% survival vs 74% in MLP −/− (Figure 1A). The deletion of one 1-AR allele ( 1+/−/MLP−/−) reduced survival to 62%, whereas deletion of both alleles ( 1−/−/MLP−/−) resulted in near total embryonic lethality (3% survival). Analysis of mice at serial embryonic stages showed that this lethality occurred between embryonic day 10 and embryonic day 15. This effect of -AR deletion on MLP myopathy persisted as the mice aged. At 6 mos, survival of  $2-/-MLP-/-$  (90%) was still better than MLP−/− (63%) and survival of  $1+/-MLP-/-$  was worse (40%). Thus, the well-described late phase of MLP cardiomyopathy was totally reversed by deletion of the 2-AR.

At 6 mos, MLP−/− and 1+/−/MLP−/− mice developed marked cardiomegaly, whereas 2−/ −/MLP−/− did not (Figure 1B). Both absolute heart weight and HW/BW ratio was increased in MLP−/− and 1+/−/MLP−/− mice, but not in 2−/−/MLP−/− mice. Although there was an increase in body weight in 2−/−/MLP−/−, these mice were not in heart failure, therefore the

increase in body weight was not related to edema (Table 1). LV function, assessed by echocardiography, was preserved in  $2-/-MLP-/-$  mice (FS 41.2±2%) compared to WT (50.2±1.8%, p=n.s.) and was significantly higher than MLP−/− (20.5±1.4%, p<0.05) and 1+/−/MLP−/− (FS 20.5±1.5%, p<0.05) (Figure 2 A, B). LVEDD and LVESD were increased in MLP−/− and 1+/−/MLP−/− compared to WT, but not in 2−/−/MLP−/−/ mice (Table 1). In addition, MLP−/− and 1+/−/MLP−/− had decreased exercise capacity whereas 2−/−/MLP−/− mice had normal exercise capacity (Figure 2 C).

It has been previously reported that -AR density is reduced by 54% in the MLP−/− compared with WT hearts and is associated with marked attenuation of isoproterenolstimulated adenylyl cyclase activity, indicating severe impairment of -AR coupling [13]. The expression level of 1-AR was decreased in MLP and 2−/−MLP−/− mice compared to WT, and was actually similar to the level of expression in  $1+/-/MLP-/-$  mice. Importantly, there was no difference in expression of the 1-AR in 2−/−/MLP−/− compared to MLP−/− mice (Supplementary Figure 1). These data suggest that the improvement in ventricular function in the 2−/− MLP−/− mice was not simply due to increasing 1-AR expression. The lack of further decrease in 1-AR expression in the 1+/−/MLP−/− compared with the MLP−/− suggests that heart failure-induced downregulation may have a lower limit beyond which further downregulation may not occur, a process which requires future evaluation.

#### **3.2 Deletion of β2-ARs restores in vitro myocyte shortening in MLP**−**/**− **cardiomyopathy**

To determine if these opposing roles observed *in vivo* were myocyte-specific, shortening parameters were characterized in isolated adult myocytes from each genotype. Intrasarcomeric shortening was decreased in MLP−/− (3.1±0.4%) and 1+/−/MLP−/−  $(2.3\pm0.5\%)$  vs WT (5.9±0.5%) but was preserved in 2−/−/MLP−/− (5.3±0.2%), n=4, p<0.05 (Figure 3A). These changes were observed both in the contraction and relaxation phases. MLP−/− and 1+/−/MLP−/− showed marked decreases in velocity of contraction (−54.3% and −70.1% respectively) and velocity of relaxation (−63.7% and −80.8% respectively) vs WT, whereas  $2-/-/MLP-/-$  (Figure 3B, C) showed only a slight nonsignificant decrease in these velocities (−13.2% and −24.2%).

### **3.3 Deletion of β2-ARs improves Ca2+ transients in MLP cardiomyopathy**

To assess the hypothesis that alterations in  $Ca^{2+}$  regulation could be one mechanism for the preserved function associated with deletion of the  $2-AR$ ,  $Ca^{2+}$  transients were measured in isolated myocytes from each genotype. Peak  $Ca^{2+}$  was significantly decreased in MLP−/− (1.5±0.08) and 1+/−/MLP−/− (1.40±0.03) compared to WT (1.68±0.05), whereas peak  $Ca^{2+}$  was restored to normal in  $2-/-MLP-/- (1.69\pm0.03)$  (Figure 4 A, B). There was no difference in Ca<sup>2+</sup> release rates between any of the genotypes. However, baseline Ca<sup>2+</sup> was significantly increased in 2−/−/MLP−/− (1.32±0.05) compared to MLP−/− (1.17±0.04), 1+/−/MLP−/− (1.08±0.03) and WT (1.10±0.05). n=4, p<0.05 (Figure 4C). These beneficial  $Ca^{2+}$  effects were not limited to the cytosol: when caffeine was used to induce  $Ca^{2+}$  release, sarcoplasmic reticulum Ca<sup>2+</sup> was found to be decreased in MLP–/– (0.33±0.01) and 1+/−/ MLP−/− (0.36±0.07) but again restored to normal (0.58±0.06) in 2−/−/MLP−/−  $(0.51\pm0.04)$ , n=3, p<0.05 (Figure 4D).

To further assess the role of  $Ca^{2+}$  in the restoration of cardiac function observed in the 2–/ − /MLP−/− mice, the L-type Ca2+ channel blocker verapamil (5 mg/kg/d ip) was administered chronically. Eight days after verapamil there was a significant decreased in baseline Ca<sup>2+</sup> in 2–/– /MLP–/– compared to non-treated myocytes (1.08±0.05 vs 1.32 $\pm$ 0.05 respectively) (Figure 4E) as well as peak Ca<sup>2+</sup> (1.41 $\pm$ 0.06 vs 1.69 $\pm$ 0.03). This decrease in Ca<sup>2+</sup> was associated with a significant reduction in cardiac function only in 2−/ −/MLP−/− mice. After 4 days, verapamil reduced FS in 2−/−/MLP−/− by 19% vs 3%

increase in WT, and after 8 days, verapamil reduced FS in 2−/−/MLP−/− by 22% vs 7% in WT (Figure 4F).

### **3.4 β2-ARs regulate proteins involved in excitation-contraction coupling in MLP**−**/**− **cardiomyopathy**

To further understand the mechanism for altered  $Ca^{2+}$  regulation in the cardioprotection mediated by the absence of the 2-AR, the expression and phosphorylation of key proteins involved in the modulation of excitation-contraction coupling were studied. PLB phosphorylation at Ser 16 was increased 1.9 fold in 2−/−/MLP−/− compared to MLP−/− or WT mice (Figure 5A). In addition SERCA expression was increased 2 fold in 2−/−/MLP−/ − compared to MLP−/− or WT mice (Figure 5B). Also MLP−/− mice exhibit a significant decrease in TnI phosphorylation (42% less than WT), however absence of the 2-AR restores TnI phosphorylation to WT levels (Figure 5C). RyR phosphorylation at Ser 2809 and Ser 2815 (Figure 5D) was also increased in 2−/−/MLP−/− and also in MLP−/− though the latter was not statistically significant compared to WT. In contrast to the above changes, there was no difference between genotypes in the expression of, PLB, troponin, CSQ, NCX, or CaMKII, or in phosphorylation of CaMKII at Thr286 or PLB at Thr17.

### **3.5 Gi inhibition recapitulates alterations in Ca2+ transients observed in β2**−**/**− **mice**

To determine whether absence of 2-AR-Gi signaling could be one of the mechanisms by which ablation of the 2-AR mediates alterations in  $Ca^{2+}$  handling that prevent MLP−/− cardiomyopathy, pertussis toxin (PTX) was administered to WT and MLP−/− myocytes. PTX inhibition significantly increased baseline Ca<sup>2+</sup> by 17 % both in WT and MLP–/− compared to control (Figure 6A). Peak  $Ca^{2+}$  was increased in PTX-treated WT cells by 20 % compared to control. A similar increase (18%) was observed in MLP−/− myocytes treated with PTX (Figure 6B), n=3, p<0.05. However, there was no change in the rate of  $Ca^{2+}$ release or uptake in the presence of PTX in WT or MLP−/− myocytes (Figure 6C).

### **3.6 Ablation of β2ARs delays the progression of heart failure after TAC**

Given prior reports suggesting that 2-AR signaling is cardioprotective, we next assessed whether the cardioprotective effect of 2-AR ablation we had described was unique to the MLP model or generalizable to other models of heart failure. We thus evaluated the effects of 2-AR deletion in a model of TAC-induced heart failure. In WT mice there was a significant decrease in FS compared to baseline (39%) at 1 week (30.8%), 2 weeks (28.4%) and 4 weeks (22.5%) after TAC; in contrast, in 2−/− mice, FS was preserved at 1 and 2 weeks and only decreased at week 4 (29.5%) compared to baseline (36.2%.). Furthermore, the decrease in FS at 4 weeks in the 2−/− mice was significantly less than in WT (Figure 7A). LV/BW and HW/BW ratio were significantly increased in WT after TAC but not in 2−/− mice (Table 2). 4 weeks after TAC, there was a significant increase in myocyte cross sectional area in WT but not in the  $2-/-$  mice (Supplementary Figure 2). Importantly, subendocardial interstitial fibrosis was significantly greater in WT compared to 2−/− mice (Supplementary Figure 3). Intrasarcomeric shortening was decreased in WT at 4 weeks after TAC (4.2±0.3%) compared to sham (7.2±0.6) but was preserved in 2−/− (6.5±0.8%) (Figure 7B).These changes were observed both in the contraction and relaxation phases. WT mice showed marked decreases in velocity of contraction (−54.3%) and velocity of relaxation (−69.8%) vs sham. Although 2−/− mice also showed a decrease in velocity of contraction (−26.8%) and relaxation (−41.6%) compared to sham, the decrease in velocity of contraction was significantly less than WT (Figure 7C, D). Similar to the MLP model, alterations in Ca<sup>2+</sup> handling played a role in these changes. Peak Ca<sup>2+</sup> was significantly decreased in WT after TAC (1.44 $\pm$ 0.02) compared to sham (1.7 $\pm$ 0.05), whereas it was restored to normal in  $2-/- (1.61 \pm 0.06)$  (Figure 7E). Ca<sup>2+</sup> release rate was decreased in WT vs. sham but was restored in 2−/− mice after TAC, n=4, p<0.05 (Figure 7F).

### **4. Discussion**

In contrast to several prior reports suggesting that 2-ARs are the cardioprotective and that 1-ARs are the cardiotoxic -receptor subtype [2–4], the present study shows that in a wellcharacterized genetic cardiomyopathy, the 1-AR positively modulates survival and cardiac function whereas the 2-AR has the opposite effect. To confirm that this effect was not limited to this specific genetic myopathy, we have shown that ablation of the 2-AR also has a cardioprotective effect in TAC-induced heart failure.

A proposed cardiotoxic role for 1-ARs has been previously shown both in vitro and in vivo. Studies in isolated myocytes have shown that stimulation of 1-ARs increases apoptosis via cAMP [28, 29] and CaMKII-dependent mechanisms, since its inhibition protects against apoptosis induced by excessive 1 -AR stimulation [30]; and mice with cardiac-directed overexpression of the 1-AR develop progressive heart failure [31]. In contrast, in isolated myocytes 2-AR stimulation has antiapoptotic effects against catecholamines, hypoxia and free radicals [32]. We have previously shown that preconditioning does not protect 2−/− hearts from ischemia/reperfusion injury [33]. We have also shown, both *in vivo* and *in vitro*, that deletion of the 2−/− increases cardiotoxicity of the anticancer agent doxorubicin [6, 34]. Finally, the therapeutic effects of chronic 1-AR blockade are superior when supplemented with 2-AR stimulation in rats with myocardial infarction-induced heart failure [5, 35].

Our results regarding 2-AR signaling are consistent with several studies suggesting that in chronic heart failure, 2-AR signaling can switch from being beneficial to detrimental. Studies in canine heart failure have shown that the major component of the blunted response to nonselective -AR stimulation in heart failure was caused by 2-AR activation, resulting in a pertussis toxin-sensitive, Gi-mediated inhibition of the 1-AR-induced increase in Ltype  $Ca^{2+}$  current [36]. Also, low level blockade of the 2-AR restores the decreased response to -AR stimulation associated with overexpression of NCX, again suggesting 2- AR-mediated inhibition of 1-AR signaling. [37]. Although transgenic overexpression of the 2-AR initially increases contractility [38], these mice eventually develop cardiomyopathy as they age, with the severity related to the dose of 2-AR protein [39]. Thus, overexpression of either the 1-AR or the 2-AR is capable of producing toxic effects on the heart, although this appears at a much lower level of expression of the 1-AR (5-fold) [31] compared to the 2-AR (100-fold) [39]. In addition, in hypertrophic cardiomyopathy due to a mutant myosin heavy chain, 2-AR overexpression resulted in worsening heart failure [40] and 2-AR antagonists protect against ventricular fibrillation in dogs susceptible to malignant arrhythmias [41]. Taken together, these results suggest that the differential role of -receptor subtypes in the pathogenesis of cardiomyopathy is more complex than previously appreciated. Absence of 2-ARs may be protective or deleterious depending on the context of the underlying disease. We have previously shown that although baseline cardiovascular function is not altered in 2−/− mice, peak [Ca<sup>2+</sup>]i and the rate of Ca<sup>2+</sup> release are increased, potentially due to the loss of inhibitory signaling through Gi [15, 42]. In this study we have shown in two separate models, MLP−/− cardiomyopathy and TAC-induced heart failure, that ablation of 2-AR signaling is cardioprotective. The mechanism for this cardioprotection is in part via enhancement of  $Ca^{2+}$  signaling, through removal of the normal brake imposed by 2-AR-Gi signaling. However, in heart failure models where oxidative stress plays a primary pathogenic role, such as acute doxorubicin cardiotoxicity or ischemic-reperfusion, 2-AR deletion becomes deleterious. In acute doxorubicin, we have shown that this effect is also mediated by enhancement of intracellular  $Ca^{2+}$ , however, in the case of oxidative stress, the increased  $Ca^{2+}$  is deleterious, predisposing to opening of the mitochondrial permeability transition pore [42]. Thus, the type, duration and intensity of a

cardiac stress dramatically influences whether the 2-AR subtype regulates cardiotoxic vs. cardioprotective signaling.

Previous investigators have altered components of adrenergic signaling and have also demonstrated the ability to modulate MLP−/− cardiomyopathy: overexpression of ARKct [13] or knockout of PLB [14] improved function and survival, whereas overexpression of the 2-AR did not [13]. However, the exact mechanisms by which these manipulations achieved this rescue have not been fully explored. The current study provides evidence that ablation of 2-AR signaling in MLP−/− restores myocyte inotropy and lusitropy to near normal via positive modulation of  $Ca^{2+}$  handling, increased phosphorylation of PLB and SERCA levels as well as increased phosphorylation of TnI. The functional alterations induced by deletion of the 2-AR we found *in vivo* were recapitulated at the myocyte level. Absence of 2-ARs restores intrasarcomeric shortening, which was decreased in MLP−/− and 1+/−MLP−/−, to normal. This restoration is associated with improvement in  $Ca^{2+}$ handling: 2–/−/MLP−/− myocytes achieve peak  $Ca^{2+}$  levels similar to WT, an effect that is in part due to higher baseline  $Ca^{2+}$  but also due to the restoration of SR  $Ca^{2+}$  levels. We hypothesize that the increase in baseline  $Ca^{2+}$ , although not sufficient to alter resting cardiac function in the 2−/−, may rescue the MLP myopathy due to a similar inotropic effect as seen with the use of cardiac glycosides [43]. This level of increased diastolic  $Ca^{2+}$  is not enough to cause diastolic dysfunction, as would occur when  $Ca^{2+}$  reuptake or removal is more severely impaired.

To further test this hypothesis, we administered the L-type  $Ca^{2+}$  blocker verapamil chronically at 5 mg/kg i.p. for one week, as previously reported [44]. This protocol was sufficient to decrease the high baseline Ca<sup>2+</sup> in 2–/−MLP−/− to levels similar to nontreated WT myocytes. Importantly, this decrease in  $Ca^{2+}$  was detrimental for the 2–/−MLP −/− but not WT mice, significantly deteriorating cardiac function in the 2−/−MLP−/− and thus negating the rescue effect due to the absence of 2-ARs. Although MLP−/− have a higher baseline Ca<sup>2+</sup>, their peak Ca<sup>2+</sup> and SR Ca<sup>2+</sup> content were decreased and the time to maximal Ca<sup>2+</sup> uptake was increased; these alterations are restored in the 2–/−/MLP−/−. In addition, absence of the 2-AR increases phophorylation of PLB at Ser 16, increasing SERCA expression and TnI phosphorylation. RyR phosphorylation at Ser 2809 and Ser 2815 is increased in 2−/−MLP−/−and trends higher in MLP−/−, consistent with previous findings in heart failure [45]. This alteration in RyR phosphorylation is not reversed despite the improvement in cardiac function in the double knockouts. However, no detrimental effects such as arrhythmia were seen in the 2−/−MLP−/− both at rest and with exercise stress. Although we looked for alterations in additional signaling pathways with potential crosstalk with the 2-AR (PI3K, Akt, p38, JNK and ERK), we did not find any significant differences. Additional signaling alterations could still play a role, in addition to  $Ca^{2+}$ , in the reversal of the MLP−/− cardiomyopathy.

Previous studies have shown in non-failing myocytes that 2-AR stimulation augments Ltype  $Ca^{2+}$  current in a PKA-dependent manner but fails to phosphorylate PLB, indicating that 2-AR-induced cAMP/PKA signaling is highly localized [46]. 2-AR Gi signaling limits 2-AR Gs signaling to subsarcolemmal domains, and prevents Gs-PKA phosphorylation of multiple proteins involved in excitation-contraction coupling. [32] In the absence of 2-AR signaling, this restriction may be lifted, thus explaining the observed increase in phosphorylation of key targets involved in positive inotropic and lusitropic responses.

The beneficial effects of 2-AR ablation are in part recapitulated by inhibiting 2-AR-Gi signaling, suggesting a mechanism by which 2-ARs mediate a negative inotropic effect in the context of a failing heart. Neumann et al. have shown, in preparations from patients with

idiopathic dilated cardiomyopathy, an increase in myocardial Gi-protein, compared with preparations from non-failing hearts suggesting that an increase in myocardial Gi could be causally related to heart failure [47]. Previous studies have shown a dramatic effect of 2- AR-mediated Gi stimulation on cardiac function in isolated myocytes [48]. In addition, inhibition of Gi with pertussis toxin permits PLB phosphorylation and a de novo relaxant effect following 2-AR stimulation, converting the localized 2-AR signaling to a global signaling mode similar to that of 1-ARs [46].

Our study is limited by the inability to induce long term highly specific pharmacological inhibition of 2-AR and Gi signaling in vivo to further demonstrate the role of 2-AR signaling in this model of cardiomyopathy. In addition, it is possible that extracardiac effects of the global -AR knockouts, such as hormonal and neural differences could partially contribute to the phenotypic response. However, if anything, it would be expected that 2- AR ablation would tend to increase afterload and thus worsen contractile function; we have not seen any differences in afterload in the 2−/− [15]. In the current study, we have demonstrated the effect of 2-AR deletion on MLP−/− cardiomyopathy by crossing homozygous 2−/− with homozygous MLP−/− mice, however there could be additional modifications associated with this type of genetic long-term ablation of -AR function that could contribute to the restoration of cardiac function in this model. These alterations would not be too dissimilar from humans with genetic forms of dilated cardiomyopathy.

In conclusion, we have demonstrated that deletion of the 2-AR prevents MLP cardiomyopathy, restoring myocyte shortening and improving  $Ca^{2+}$  availability. This deleterious role of the 2-AR is not limited to this one genetic model, as ablation of the 2- AR has a similar cardioprotective effect in TAC-induced heart failure, also restoring  $Ca^{2+}$ handling. Our results suggest that 2-ARs can play a deleterious role in some forms of cardiomyopathy and add to the complexity of our understanding of 2-AR signaling. Depending on the context, 2-ARs may play a cardioprotective or a cardiotoxic role. The implications of our data for the clinical use of 2-AR antagonists or agonists in human heart failure suggest a much more complex interaction between these cell signaling pathways and underlying pathologic processes.

### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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### **Highlights**

- **•** Unexpectedly, deletion of the 2-AR prevents the development of MLP cardiomyopathy.
- Deletion of 2-ARs restores abnormal  $Ca^{2+}$  signaling in MLP cardiomyopathy.
- Pathologic changes in  $Ca^{2+}$  are reversed in the absence of 2-Gi signaling.
- **•** Deletion of 2-ARs is also cardioprotective in TAC-induced heart failure.
- **•** Therefore, 2-AR signaling can play a deleterious role in some forms of cardiomyopathy.



#### **Figure 1.**

Opposite effects of 1-AR vs 2-AR ablation on survival in MLP−/− cardiomyopathy. (A) Kaplan-Meier survival curve, 2−/−/MLP−/− (n=57), MLP−/− ( n=27), 1+/−/MLP−/− (n=53), 1−/−/MLP−/− ( n=31). Nearly all 1−/−/ MLP−/− mice died in utero between embryonic days 10–15. (B) Reversal of marked MLP−/− cardiomegaly in 2−/−/MLP−/− but not in  $1+/-/MLP-/-$ .



### **Figure 2.**

Deletion of the 2-AR restores cardiac function in MLP−/− cardiomyopathy. (A) Left ventricular function was preserved in 2−/−/MLP−/− vs MLP−/− and 1+/−/MLP−/− mice, n=14 in each group; FS in WT and 2–/− mice were not significantly different (B) Representative M-mode echocardiograms of each genotype. (C) Exercise capacity is restored in 2−/−/MLP−/− but not in 1+/−/MLP−/−, n=8 mice, \*p<0.05.



#### **Figure 3.**

Deletion of 2-ARs restores myocyte shortening in MLP−/− cardiomyopathy. (A) Sarcomeric shortening; (B) velocity of contraction and (C) relaxation were all decreased in MLP and 1+/−/MLP−/− but restored to near WT levels in 2−/−MLP−/−; WT and 2−/− myocytes were not significantly different, n=4 mice, \*p<0.05 vs WT.

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### **Figure 4.**

Improved  $Ca^{2+}$  handling in MLP cardiomyopathy in the absence of 2-ARs. (A) Peak  $Ca^{2+}$ was decreased in MLP−/− and 1+/−/MLP−/− compared to WT but restored to normal in 2−/−MLP−/−. (B) Representative Ca2+ transients. (C) Baseline Ca2+ was increased in 2−/ −/MLP−/− vs MLP−/−, 1+/−/MLP−/− and WT. n=4 mice, \*p<0.05 vs WT. (D) Sarcoplasmic reticulum (SR)  $Ca^{2+}$  was restored to normal in the absence of 2-ARs. SR  $Ca^{2+}$  was decreased in MLP−/− and 1+/−/MLP−/− but restored in 2−/−/MLP−/−. n=3 mice, \*p<0.05 vs WT. (E) Verapamil reversed the higher baseline Ca<sup>2+</sup> observed in the 2−/  $-MLP-/-$ , n=3 mice, \*p<0.05 vs untreated. (F) FS was significantly decreased in 2- $/$ -MLP−/− after verapamil but not in WT, n=5, \*p<0.05 vs baseline and vs WT.

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#### **Figure 5.**

2-ARs modulate proteins involved in excitation-contraction coupling in MLP−/− cardiomyopathy. (A) Phospholamban phosphorylation at Ser 16 was increased in 2−/−/ MLP−/− compared to MLP−/− or WT mice, (B) SERCA expression levels were increased in 2−/−/MLP−/− compared to MLP−/− or WT mice, (C) Troponin I phosphorylation was decreased in MLP−/−, however absence of 2-ARs restores TnI to WT levels, n=3 mice, \*p <0.05 vs WT. (D) Western Blots of additional proteins involved in excitation-contraction coupling.





#### **Figure 6.**

Gi protein inhibition in WT and MLP−/− cells recapitulates  $Ca^{2+}$  transients observed in 2−/ –/MLP–/–. A Pertussis toxin treatment increased baseline Ca<sup>2+</sup> (A) and peakCa<sup>2+</sup> (B) in 6 month old WT and MLP –/– myocytes. (C) Representative Ca<sup>2+</sup> transients after Pertussis toxin treatment, n=3 mice, \*p<0.05 vs control.

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### **Figure 7.**

Ablation of 2-ARs both delays and attenuates the progression of heart failure after transverse aortic constriction. (A) WT mice showed a significant decrease in cardiac function 1 week after TAC with further deterioration at 2 and 4 weeks. In contrast, 2−/− showed preserved function until 4 weeks after TAC and at that time point, cardiac function is significantly higher in 2−/− compared to WT. n=10 mice, \*p<0.05 vs WT. (B) Sarcomeric shortening, (C) velocity of contraction, and (D) relaxation were all decreased in WT after TAC (n=4, \*p<0.05 vs sham). However, in 2–/−, % shortening was preserved and the decrease in velocity of contraction was significantly less than WT ( $\#p<0.05$  vs. WT). (E)

Peak Ca<sup>2+</sup> and (F) rate of Ca<sup>2+</sup> release were decreased in WT after TAC compared to sham but not in 2−/−, n=4 mice, \*p<0.05 vs WT.

#### **Table 1**

Morphometry and echocardiography of 6 month old AR-/MLP−/− mice.



BW: body weight; HW: heart weight; LW: lung weigh; LVEDD: left ventricular end-diastolic dimension; LVESD: left ventricular end-systolic dimension; LVPWD: left ventricular posterior wall in diastole; LVPWS: left ventricular posterior wall in systole; n: number of mice.

 $_{\rm p<0.05}^{*}$  vs WT.

### **Table 2**

Morphometry and echocardiography in WT and 2−/− mice after 4 weeks of TAC.



BW: body weight; HW: heart weight; LV: left ventricle; LVEDD: left ventricular end-diastolic dimension; LVESD: left ventricular end-systolic dimension; n: number of mice.

\* $p<0.05$  vs Sham,

 $^{\#}_{\rm p<0.05}$  vs WT TAC.