

# New treatments for autosomal dominant polycystic kidney disease

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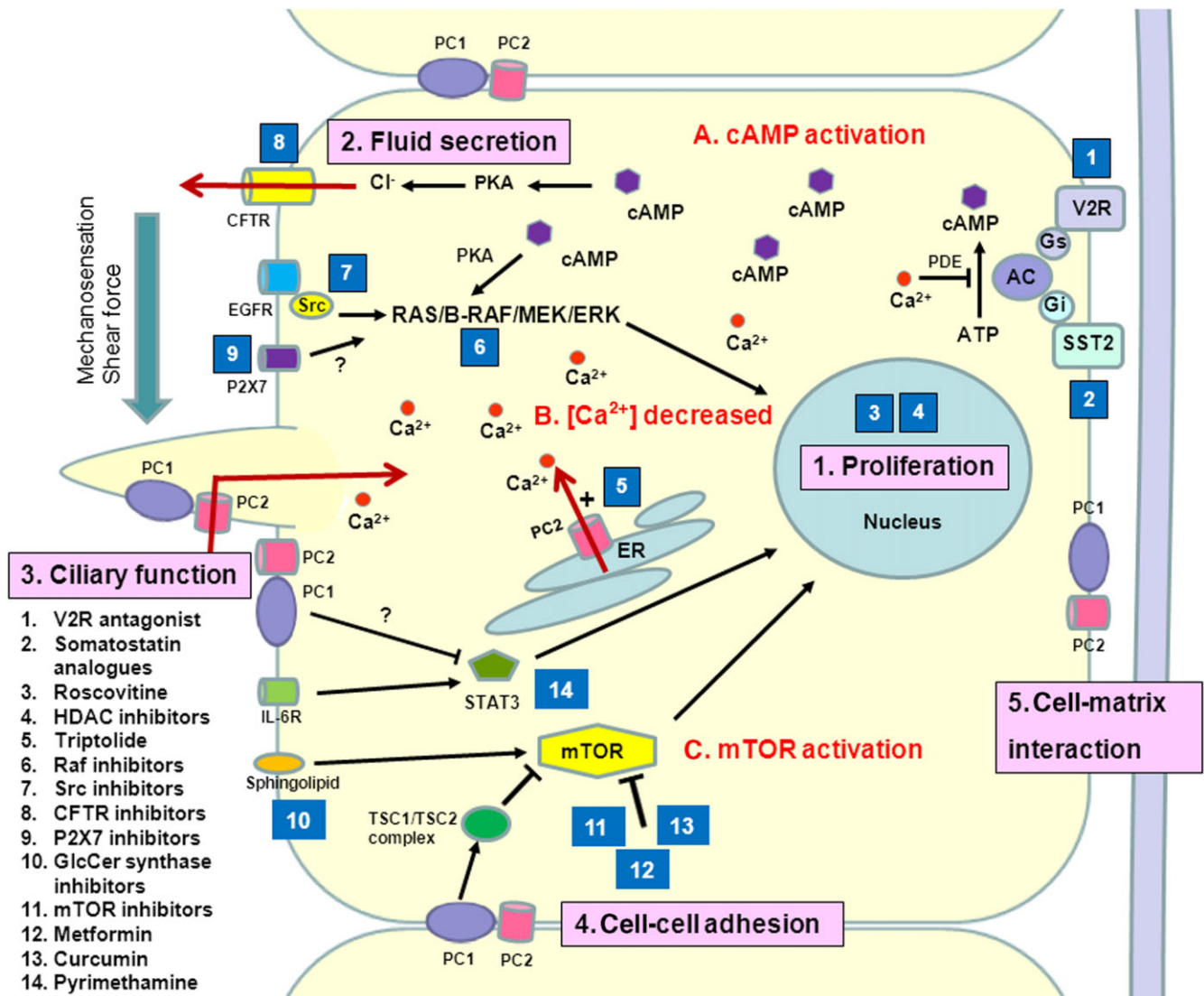
Autosomal dominant polycystic kidney disease (ADPKD) is the most common inherited kidney disease and results from mutations in *PKD1* or *PKD2*. Cyst initiation and expansion arise from a combination of abnormal cell proliferation, fluid secretion and extracellular matrix defects and results in kidney enlargement and interstitial fibrosis. Since its first description over 200 years ago, ADPKD has been considered an untreatable condition and its management is limited to blood pressure reduction and symptomatic treatment of disease complications. Results of the recently reported TEMPO 3/4 trial thus represent a paradigm shift in demonstrating for the first time that cystic disease and loss of renal function can be slowed in humans. In this paper, we review the major therapeutic strategies currently being explored in ADPKD including a range of novel approaches in preclinical models. It is anticipated that the clinical management of ADPKD will undergo a revolution in the next decade with the translation of new treatments into routine clinical use.

## Introduction

Autosomal dominant polycystic kidney disease (ADPKD) is the most common inherited kidney disease known. It is caused by mutations in *PKD1* (85%) or *PKD2* (15%) [1]. The prevalence of ADPKD is 1:400 to 1:1000 and thus it affects approximately 12.5 million people worldwide [2]. Unlike most other chronic kidney disease (CKD), polycystic kidneys enlarge over time and total kidney volume (TKV) as measured by magnetic resonance imaging (MRI) can exceed 1500 ml compared with 300–400 ml in healthy controls [3]. Cyst initiation and expansion arise from abnormal cell proliferation, fluid secretion and extracellular matrix defects and results in kidney enlargement and interstitial fibrosis [4–8]. By the age of 60 years, half of all ADPKD patients require dialysis or transplantation. There are currently no effective treatments to slow disease progression [9]. On average, PKD2 patients develop end-stage renal disease (ESRD) at a median age approximately 20 years later than PKD1 [10]. An important extrarenal manifestation of ADPKD is polycystic liver disease (PLD), distinct from ADPLD which occurs in patients with *PRKCSH*

and *SEC63* mutations [11, 12]. PLD is characterized by multiple liver cysts that originate from the biliary epithelium. It can be detected in almost 80% of ADPKD patients by age 60 years [13]. In severe cases, it may require surgical treatment (cyst fenestration, liver resection or transplantation) [14]. Other systemic features include intracranial aneurysm rupture, cardiac valve defects and the development of cysts in many other organs [15].

Careful radiological imaging follow-up studies have shown that TKV increases by 4 to 10% per year in ADPKD patients. Glomerular filtration rate (GFR), however, remains stable in the early stages despite cyst expansion [3]. A long lag time (up to 6 to 8 years) has been observed between changes in overall kidney structure (TKV) and function (GFR) [16–18]. Therefore a long follow-up period would be needed to see a beneficial effect on GFR. It has been proposed that TKV is a strong predictor of future GFR decline in ADPKD patients [18]. In one study, baseline height-adjusted TKV (> 600 cm<sup>3</sup>) predicted the risk of developing stage 3 CKD within 8 years [18]. On the basis of this observation, several clinical trials have used TKV as a primary endpoint or surrogate marker of disease activity



**Figure 1**

Schematic illustration of the key mechanisms of ADPKD pathogenesis and targets of potential treatments. Polycystin-1 and polycystin-2 expressed in different subcellular locations and regulate (1) proliferation, (2) fluid secretion, (3) ciliary function, (4) cell-cell adhesion and (5) cell-matrix interaction of renal epithelial cells. Dysfunction of polycystin-1 or polycystin-2 results to aberrant signalling pathways including: (A) activation of cAMP, (B) decreased intracellular calcium concentrations and (C) activation of mTOR. These changes lead to transformation of normal cells to a ‘cystic phenotype’ and promote cyst formation. The targets of candidate drugs are depicted as blue boxes. Abbreviations: CFTR, cystic fibrosis transmembrane regulator; ER, endoplasmic reticulum; ERK, extracellular-signal regulated kinase; GlcCer, glucosylceramide; HDAC, histone deacetylase; IL-6R, interleukin-6 receptor; MEK, mitogen-activated protein kinase; mTOR, the mammalian target of rapamycin; PC, polycystin; PDE, phosphodiesterase; PKA, protein kinase A; SR, somatostatin receptor; TSC, tuberous sclerosis; V2R, vasopressin V2 receptor

in the presence of mildly impaired eGFR (70–90 ml min<sup>-1</sup>) [19, 20].

The identification of *PKD1* and *PKD2* and the discovery of the likely functions of the ADPKD proteins, polycystin-1 (PC-1) and polycystin-2 (PC-2), have revealed new therapeutic targets especially in aberrant downstream signalling pathways (Figure 1) [4]. Nonetheless, the subcellular distribution of both proteins is complex and their functions not fully elucidated. Both proteins have been local-

ized to primary cilia, cell–cell junctions, focal adhesions and the endoplasmic reticulum [21]. PC-1 interacts with PC2 (and probably other proteins) to form a physiological complex which regulates cell proliferation, cell adhesion and Ca<sup>2+</sup> signalling [22]. PC-2 is a non-selective calcium channel which belongs to the transient receptor potential (TRP) superfamily [8]. In primary cilia, the polycystin complex functions as a flow-dependent mechanosensor which regulates Ca<sup>2+</sup> influx and cAMP levels [23]. The

changes in Ca<sup>2+</sup> homeostasis are complex with decreases in steady-state calcium, defects in cilia-based Ca<sup>2+</sup> influx, store-operated currents and increased leak currents all being reported in polycystin deficient or null cells. This is likely to result in increased cAMP due to the activation of Ca<sup>2+</sup> inhibitable adenylate cyclases (V, VI) and the suppression of Ca<sup>2+</sup> activated phosphodiesterases (PDE1). Abnormalities in a number of other intracellular signalling pathways not regulated by Ca<sup>2+</sup> or cAMP have also been reported. These include Ras/Raf/ERK, mammalian target of rapamycin (mTOR), cystic fibrosis transduction regulator (CFTR), ATP and AMP-kinase (AMPK). These changes could underlie the increases in cell proliferation and fluid secretion observed in ADPKD [4]. Other mechanisms of cyst initiation that have been proposed include abnormalities in planar cell polarity, differentiation, cell adhesion, cilia mechanosensation and centrosome number [24, 25].

The major treatment strategies attempted in ADPKD have focused on retarding disease progression and reducing cardiovascular risk. To modify disease, the major approaches have been to inhibit cystic cell proliferation and fluid secretion [26–29]. It is worth noting that liver cysts which arise by proliferation of cholangiocytes and dilation of biliary ductules may require different treatments [30]. However, a range of other novel treatment strategies designed to modify disease progression that target ciliary function, membrane glycosphingolipids and extracellular matrix are also currently under investigation [31–33]. Blood pressure control especially through inhibition of the renin-angiotensin-aldosterone system is the main approach to target cardiovascular risk but could be disease-modifying for ADPKD, e.g. the HALT study [20, 34].

In this paper, we review the results of recent clinical trials and the most promising preclinical compounds in development.

## Clinical trials in ADPKD

### Somatostatin analogs

Somatostatin, a somatotropin release-inhibiting factor, mediates its inhibitory effects through binding to at least five high affinity G-protein-coupled membrane receptors (sstr1–5) [35]. It is known to inhibit the action of all known gastrointestinal tract hormones by reducing intracellular cAMP and Ca<sup>2+</sup> concentrations with activation of protein phosphatases [35]. Long acting somatostatin analogues have been developed and are in routine clinical use in the treatment of acromegaly and gastroenteropancreatic neuroendocrine tumours [35].

Octreotide, a long acting somatostatin analogue, has been shown to inhibit hepatic and renal cyst growth by inhibiting cAMP signalling in the PCK rat model [13]. A trial with lanreotide reported a 3% decrease in total liver volume (TLV) and a 1.5% decrease in TKV following 6 months treatment compared with baseline [36] (Table 1). Another study showed that patients treated with long acting repeatable depot® octreotide (OctLAR) for 1 year had a 5% reduction in TLV compared with baseline while TKV remained unchanged [30]. Subjective benefits on quality of life such as pain and physical activity were also significantly improved.

In a follow-up paper from the octreotide cohort [37], the beneficial effect was sustained into the second year

**Table 1**

Selected drugs tested in clinical trials for ADPKD

Drugs	Key mechanism	Dose (patients)	Effects	Main side effects	References
<b>Sirolimus</b>	mTOR inhibition	2 mg day <sup>-1</sup> , 18 months (CKD stage 1–2)	TKV and eGFR: no change	Oral mucositis (82%), diarrhoea (61%), acne (59%), peripheral oedema (16%), amenorrhoea, ovarian cysts	[19, 98]
<b>Everolimus</b>	mTOR inhibition	5 mg day <sup>-1</sup> , 24 months (CKD stage 2–3)	TKV and eGFR: no change	Oral ulcer (43%), leukopenia (18%), acne (14%), peripheral oedema (21%)	[44]
<b>Octreotide</b>	Somatostatin inhibition; cAMP↓	40 mg month <sup>-1</sup> , 1–2 years (CKD stage 1–4)	TLV: decreased, TKV: progression slowed, eGFR: no change	Diarrhoea (61%), tachyphylaxis (2nd year)	[30, 37]
<b>Lanreotide</b>	Somatostatin inhibition; cAMP↓	120 mg month <sup>-1</sup> , 6 months (CKD stage 1–4)	TLV: decreased, TKV: decreased, eGFR: no change	Diarrhoea (70%), injection-site nodules (48%)	[36]
<b>Tolvaptan</b>	Vasopressin V2 receptor inhibition; cAMP ↓	60–120 mg day <sup>-1</sup> , 36 months (CKD stage 1–2)	TKV and eGFR: progression slowed; fewer ADPKD-specific events (kidney pain, haematuria, and UTI)	Thirst (55%), Polyuria (38%), [Na] > 150 mmol l <sup>-1</sup> (4%), ALT > 2.5 × UNL (5%), hyperuricaemia and gout (2.9%)	[54]

ALT, alanine aminotransferase; CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; mTOR, the mammalian target of rapamycin; TKV, total kidney volume; TLV, total liver volume; UNL, upper normal limit; UTI, urinary tract infection.

when octreotide was maintained. However, there was no further decline in TLV and TKV after 1 year, suggesting the probability of tachyphylaxis due to downregulation or desensitization of somatostatin receptors [37]. The rate of eGFR decline was unchanged by octeotide treatment in this study.

Somatostatin analogues remain attractive long term treatments for ADPKD in view of the convenience of monthly pulse injection and their tolerable side effects (diarrhoea and increased fasting plasma glucose concentration) [37]. Overall, it appears that somatostatin analogues are more effective in reducing liver cyst volume than kidney cyst volume. A clinical trial on the long term effects of somatostatin on renal disease progression using TKV as a primary outcome measure is ongoing (NCT00309283, <http://clinicaltrials.gov>). Whether more potent somatostatin analogues or a combination of a somatostatin analogue with other growth inhibitors could enhance efficacy warrants further investigation. Pasireotide, a more potent somatostatin analogue with broader receptor specificity, is more effective than octreotide in reducing the growth of liver and kidney cysts in rodent models but has not yet been tested in humans [38]. Another ongoing study is comparing combination therapy with octreotide and everolimus with octreotide monotherapy in PLD (NCT01157858) [39].

### *mTOR inhibitors*

mTOR is a serine/threonine kinase which is a member of the PI3K-related kinase superfamily. Its major functions are to promote cell hypertrophy, cell division and cell survival [40]. Previous studies found that the mTOR pathway is upregulated in ADPKD, possibly due to loss of tonic inhibition on mTOR from a tuberlin-polycystin-1 complex [41]. In preclinical studies, mTOR inhibitors (sirolimus, everolimus) were found to inhibit cell proliferation and cyst growth in several rodent models of ADPKD [41–43]. However, two clinical trials using different mTOR inhibitors in ADPKD patients published simultaneously in 2010 (Table 1), reported no significant benefits of either drug on TKV or GFR [19, 44]. In early-stage ADPKD patients ( $n = 100$ , eGFR  $>70 \text{ ml min}^{-1} 1.73 \text{ m}^{-2}$ ), 18 months of sirolimus (target dose  $2 \text{ mg day}^{-1}$ ) with achieved steady-state blood concentrations from  $4.1\text{--}4.9 \mu\text{g l}^{-1}$ , had no impact on TKV or eGFR compared with the control group [19]. In later stage ADPKD patients ( $n = 433$ , eGFR  $20\text{--}89 \text{ ml min}^{-1} 1.73 \text{ m}^{-2}$ ), 2 years of everolimus ( $2.5 \text{ mg}$  twice daily) with a mean trough concentration of  $5.3 \mu\text{g l}^{-1}$  significantly reduced the annual increase in TKV by 35% in the first year, but the effect was not sustained at the end of the second year [44]. In addition, there was an overall increase in eGFR decline ( $-5.42 \text{ ml min}^{-1}$ ) in the treated group compared with the placebo group ( $-3.22 \text{ ml min}^{-1}$ ,  $P = 0.004$ ) during the first year of study.

A third study ( $n = 55$ , eGFR  $40\text{--}80 \text{ ml min}^{-1} 1.73 \text{ m}^{-2}$ ) has shown that a higher rapamycin dose (trough concentra-

tion  $\sim 6\text{--}8 \mu\text{g l}^{-1}$ ) and selection of *PKD1* patients was associated with therapeutic benefit with respect to changes in TKV and eGFR [45]. Consistent with these data, a recent study in *Pkd1* mice has clearly demonstrated dose-dependent effects of sirolimus on mTOR signalling, suggesting that conventional doses in man (blood concentrations  $\sim 3 \mu\text{g l}^{-1}$ ) are ineffective in slowing cystogenesis [46]. A novel approach to improve direct drug delivery to renal epithelial cells by exploiting folate-conjugated rapamycin has been shown to slow progression in the *bpk* mouse model [47]. A strategy of combining low dose mTOR inhibitors with non-mTOR based treatments is another approach that could maximize efficacy while minimizing their many potential side effects [39].

### *Vasopressin V2 receptor antagonists*

Tolvaptan is an orally active small molecule vasopressin V2 receptor antagonist which is effective in the treatment of hypervolaemic or euvoalaemic hyponatraemia and congestive heart failure [48]. The rationale for its use in ADPKD comes from work showing that arginine vasopressin is a major stimulus for cAMP production in the collecting ducts [4]. Preclinical experiments demonstrated that vasopressin V2 receptor antagonists (OPC-31260 and tolvaptan) consistently inhibited cystogenesis by reducing renal cAMP levels in *pcy* mice, PCK rats and *Pkd2*<sup>W525/-</sup> mice [49–51]. These encouraging findings have translated to clinical trials under the Tolvaptan Efficacy and Safety in Management of PKD and Outcomes (TEMPO) programme [52]. In the tolvaptan phase 2 open label study (TEMPO 2/4) in 63 ADPKD patients, 3 years of tolvaptan treatment ameliorated cyst growth (annual  $\Delta\text{TKV}$ :  $+1.7\%$  for tolvaptan vs.  $+5.8\%$  for control,  $P < 0.001$ ) and more importantly, improved the annual decline of GFR compared with a historical cohort (annual eGFR declined:  $-0.71$  vs.  $-2.1 \text{ ml min}^{-1} 1.73 \text{ m}^{-2}$ ,  $P = 0.01$ ) [53]. Common adverse effects in these patients included thirst, polyuria, hyperuricaemia and increased creatinine concentrations which accounted for a drop-out rate of 9.5% [53]. The Tolvaptan phase 3 study (TEMPO 3/4), a 3 year multicentre randomized placebo controlled trial ( $n = 1445$ ), has just reported in 2012. Its results demonstrated that tolvaptan ( $60\text{--}120 \text{ mg day}^{-1}$ , twice daily) slowed the rate of TKV increase by almost 50% compared with placebo ( $2.8\%$  vs.  $5.5\%$  per year,  $P < 0.001$ ) (Table 1). The decline of kidney function was also ameliorated by one-fourth in the tolvaptan group compared with the placebo group (annual eGFR declined:  $-2.72$  vs.  $-3.70 \text{ ml min}^{-1} 1.73 \text{ m}^{-2}$ ,  $P < 0.001$ ) [54]. Aquaresis-related adverse events led to the discontinuation of tolvaptan in approximately 8% of participants, mostly within the first month. The results are encouraging as this is the first drug proven to have both structural and functional benefits in ADPKD. However, the efficacy, tolerability and adverse effects of long term use will need to be carefully evaluated in non-selected patients in routine clinical practice. An alternative approach to

reducing vasopressin-stimulated cAMP production may be simply to increase daily fluid intake ( $3 \text{ l day}^{-1}$ ). A pilot study has shown that plasma arginine vasopressin concentrations can be suppressed and urine osmolality decreased to under  $300 \text{ mOsm l}^{-1}$  by increased water intake [55].

### Angiotensin converting enzyme inhibitors and angiotensin receptor blockers

Blood pressure control remains important in ADPKD to prevent the development of complications such as left ventricular hypertrophy, ischaemic heart disease and stroke [56]. Unlike other forms of CKD, the effect of rigorous blood pressure control and the potential benefit of ACE inhibition on the progression of ADPKD have remained areas of controversy for many years but are being evaluated in the ongoing HALT PKD study (NCT00283686) with a large, well-characterized cohort [34]. HALT will compare rigorous ( $\leq 110/75 \text{ mmHg}$ ) vs. standard ( $\leq 130/80 \text{ mmHg}$ ) BP control by using combination therapy (lisinopril and telmisartan) vs. monotherapy (lisinopril) in both early stage and late stage ADPKD patients [20].

## Preclinical studies and early clinical trials

### Src inhibitors

The Src family of non-receptor tyrosine kinases have been shown to be involved in the pathogenesis of numerous human cancers and may contribute to cell proliferation in ADPKD [57]. Bosutinib (SKI-606), a Src/Abl tyrosine kinase inhibitor, was found to suppress kidney cyst formation in the *bpk* and PCK rodent models by inhibiting EGF receptor activation and downstream B-Raf/ERK signalling [58]. In addition, SKI-606 reduced cell proliferation and extracellular matrix adhesion *in vitro* in ADPKD cyst lining cells and retarded cystic phenotype of *Pkd1*<sup>+/-</sup> mice *in vivo* [32]. A phase 2 trial (NCT01233869) is being conducted to test the safety and efficacy of Src inhibition in ADPKD patients. Table 2 summarizes the drug candidates tested in preclinical studies.

### Triptolide

Triptolide is a natural compound derived from the traditional Chinese medicine *Tripterygium wilfordii* [59]. It has been used for treating rheumatoid arthritis and systemic lupus erythematosus due to its potent anti-inflammatory effects [60]. It was found to restore cytosolic  $\text{Ca}^{2+}$  release in *Pkd1* null cells by acting as a PC2 agonist [61]. *In vivo* studies have shown its consistent effects on cystogenesis in several *Pkd1* mouse models [61–63]. However, triptolide has a narrow therapeutic window and toxic side effects such as infertility and immunosuppression have largely limited its clinical use [60]. The potential application of triptolide in ADPKD is being examined in an ongoing clinical trial (NCT00801268).

### Sorafenib

Sorafenib is a small molecule non-selective Raf inhibitor that decreases ERK activity and inhibits the proliferation of various human cancer cell lines [64]. Sorafenib could be an effective treatment in ADPKD since B-Raf plays a central role in cAMP-dependent activation of ERK in cystic epithelia [65–67]. Surprisingly, paradoxical activation of Raf/MEK/ERK signalling and increased liver cysts were observed in *Pkd2* deficient mice treated with sorafenib [14], possibly due to compensatory activation of Raf-1. In the same study, when sorafenib was given in combination with octreotide, the paradoxical increase of a liver cyst growth could be rescued through simultaneous blockade of the cAMP/PKA pathway [14]. Another group however reported increased renal and liver fibrosis in the Han:SPRD rat model with a different small molecule inhibitor (PLX5568); there was attenuation of cyst enlargement without an improvement in kidney function [68].

### Roscovitin

R-roscovitin is a cyclin dependent kinase (CDK) inhibitor that has been shown to inhibit cell cycle progression, proliferation and apoptosis in the *jck* and *cpk* mouse models of PKD [69]. A recent study using S-CR8, a more potent second-generation analog of roscovitin, has confirmed its effectiveness in an orthologous *Pkd1* mice model [26]. S-CR8 is approximately 80-fold more potent than R-roscovitin and suppressed both kidney and liver cyst formation [26].

### HDAC inhibitors

Histone acetylation provides epigenetic control on gene expression through the post-translational modification of protein transcription complexes associated with active chromatin [70]. Histone deacetylases (HDACs) inhibitors induce cell cycle arrest and apoptosis in tumour cells and have been developed as a new class of anti-cancer agents currently in clinical trials [70]. Trichostatin A (TSA), a pan-HDAC inhibitor, was identified from a chemical library screen, to suppress pronephric cyst formation in a *pkd2* zebrafish model [71]. Consistent with this, selective knock-down of HDAC1 or administration of a class I HDAC inhibitor, valproic acid (VPA), had identical effects as TSA [71]. These effects have been confirmed in both *Pkd1* and *Pkd2* mutant mice [71–73].

### CFTR inhibitors

The CFTR channel is thought to play a major role in the increased chloride and fluid secretion into cyst lumen in ADPKD. An attenuated cystic phenotype has been observed in patients who carry both CFTR and PKD mutations [74]. The rapid development of CFTR inhibitors by high through-put screening has led to the discovery of many small-molecule inhibitors targeted at different domains of the CFTR protein [75]. Tetrazolo-172 and

**Table 2**  
Selected compounds as potential therapies for ADPKD in preclinical studies

Compounds	Classification	Key mechanism (target/pathway)	Animal models	Main effects	Ongoing clinical trials	References
<b>Bosutinib (SKI-606)</b>	Src kinase inhibitors	Src tyrosine kinase/EGFR	BPK mice, PCK rat, <i>Pkd1</i> <sup>-/-</sup> mice	Reduce renal cyst number and volume; decrease BUN	Yes	[32, 58]
<b>Triptolide</b>	Diterpenoids	PC2 (agonist)	<i>Pkd1</i> cKO mice	Reduce renal cyst number and BUN	Yes	[61–63]
<b>Statins</b>	HMG-CoA reductase inhibitors	Farnesyl pyrophosphate	Han: SPRD rat	Reduce renal cystic index and BUN	Yes	[99–101]
<b>Sorafenib, Plix5568</b>	Raf inhibitors	B-Raf/MEK/ERK	<i>Pkd2</i> cKO mice, Han:SPRD rat	Paradoxically increase liver cysts and augment renal and liver fibrosis	No	[14, 68]
<b>R-roscovitine, 5-CR8</b>	Cyclin-dependent kinase inhibitors	Cyclin-dependent kinases	cpk mice, jck mice, <i>Pkd1</i> cKO mice	Reduce renal and hepatic cystic indexes; decrease BUN	No	[26, 69]
<b>TSA, VPA</b>	HDAC inhibitors	Modify chromatin and gene expression (epigenetic control)	<i>Pkd1</i> & <i>Pkd2</i> cKO mice, <i>pkd2</i> zebrafish morphants	Reduce renal cystic index and BUN	No	[71, 72]
<b>Tetrazolo-CFTR(inh)-172, Ph-GlyH-101</b>	CFTR inhibitors	CFTR chloride secretion	<i>Pkd1</i> cKO mice	Decrease renal cyst number and BUN	No	[28]
<b>Metformin</b>	Biguanides	mTOR/CFTR (AMPK agonist)	<i>Pkd1</i> cKO mice	Decrease renal cystic index	No	[79]
<b>Genz-123346</b>	Glucosylceramide inhibitors	Akt/mTOR	pcy mice, jck mice, <i>Pkd1</i> cKO mice	Decrease renal cystic volume, fibrosis, and BUN	No	[31]
<b>Pioglitazone, Rosiglitazone</b>	Thiazolidinediones	PPAR-γ receptor/ CFTR	PCK rat, Han: SPRD rat	Decrease liver and renal cystic index	No	[68, 82]
<b>Curcumin</b>	Curcuminoids	mTOR, WNT, STAT3	<i>Pkd1</i> cKO mice	Reduce renal cystic index and BUN	No	[24]
<b>Ginkgolide B</b>	Terpenoids	Unknown	<i>Pkd1</i> cKO mice	Reduce renal cystic index but not hepatic cystic index	No	[88]
<b>R-568</b>	Calcimimetics	CaSR/intracellular Ca <sup>2+</sup>	Han: SPRD rat	Reduce renal cystic index, fibrosis and BUN	No	[90]
<b>A-438079</b>	P2X7 receptor antagonists	Purinergic pathway/ ERK	<i>pkd2</i> zebrafish morphants	Reduce pronephric cyst formation	No	[94]
<b>Pyrimethamine, S31-201</b>	Dihydrofolate reductase inhibitors	STAT3	<i>Pkd1</i> cKO mice	Reduce renal cystic index and creatinine	No	[95]
<b>Leflunomide</b>	Pyrimidine synthesis inhibitors	STAT6	<i>Bpk</i> mice	Reduce renal cystic kidney and BUN	No	[97]

BUN, blood urea nitrogen; CaSR, Calcium-sensing receptor; CFTR, cystic fibrosis transmembrane conductance regulator; cKO, conditional knockout; HMG-CoA, 3-hydroxy-3-methylglutaryl-coenzyme A; PPAR-γ, Peroxisome proliferator-activated receptor γ; STAT, signal transducer and activator of transcription; TSA, Trichostatin A; VPA, Valproic acid.

Phenyl-GlyH-101 represent the thiazolidinone and glycine hydrazide classes of CFTR inhibitors respectively. Both classes of compounds were found to inhibit cyst formation and enlargement in MDCK cyst models and in *Pkd1* mice [28]. More potent and stable CFTR inhibitors are being developed and have been tested in embryonic kidney explant PKD models [76]. Nevertheless, their efficacy and safety in human ADPKD requires future clinical trials.

KCa3.1 channels mediate K<sup>+</sup> efflux and maintain a negative intracellular membrane potential which indirectly enhances apical Cl<sup>-</sup> secretion by the CFTR [77]. A specific KCa3.1 channel inhibitor, TRAM-34, has been shown to inhibit Cl<sup>-</sup> secretion and cyst formation by MDCK cells [77]. This suggests that KCa3.1 channel inhibitors could be alternative or complimentary to CFTR inhibitors as anti-secretory drugs. However, animal studies and clinical trials to support its use for ADPKD treatment are still lacking.

### Metformin

Metformin, a biguanide derivate, is a safe and well-tolerated drug in general clinical use for the treatment of hyperglycemia in type 2 diabetic mellitus [78]. Its therapeutic potential in other conditions such as polycystic ovary disease and the prevention or treatment of cancer has also been studied [78]. Recently, metformin was also shown to inhibit renal cystogenesis by activating AMPK and suppressing mTOR and CFTR in *Pkd1* mice [79]. However, the effective dosage in mice was 300 mg kg<sup>-1</sup> day<sup>-1</sup>, ~15 times higher than that used in treating type 2 diabetes mellitus in humans. It may exert anti-cancer effects via AMPK-mediated mTOR complex 1 inhibition [40]. Further studies could consider combining metformin with mTOR or mTOR kinase inhibitors (TOR-KIs) for synergistic effects. The potential risk of metformin to cause lactic acidosis in advanced CKD will limit its use to early stage ADPKD. The use of metformin in ADPKD patients has not been investigated in clinical trials.

### Glucosylceramide inhibitors

Sphingolipids are 'bioactive lipids' that are not only components of cell membranes but also play signalling roles in the regulation of cell proliferation, apoptosis, adhesion, and inflammation [80]. Alterations of glycosphingolipid metabolism with elevated glucosylceramide (GlcCer) in cystic epithelial cells may have a major role in driving cyst growth [31]. A seminal study has shown that Genz-123346, a GlcCer synthase inhibitor, blocked cell cycle progression and proliferation through inhibition of the Akt-mTOR pathway in mouse models for ADPKD and nephronophthisis [31]. A more recent study identified another glycosphingolipid, ganglioside GM3, as a potential therapeutic target [81]. Crossing *jck* mice with mice carrying a mutation in the GM3 synthase (*St3gal5*) gene led to a milder cystic phenotype [81].

### Thiazolidinediones

Agonists of peroxisome proliferator activated receptor-gamma (PPAR $\gamma$ ) receptors have been shown to have modest anti-cystogenic properties in PKD animal models [82–85]. Pioglitazone feeding inhibits renal and hepatic bile duct cyst growth possibly through reducing CFTR expression in the PCK rat [82]. In another study, rosiglitazone delayed the onset of renal failure but was associated with cardiac enlargement due to excessive renal sodium reabsorption in the Han:SPRD rat [85]. Nevertheless, the efficacy of these drugs has not yet been tested in ADPKD patients and their potential side effects (cardiac failure, fluid retention) could be major safety concerns [86].

### Curcumin

Curcumin (diferuloylmethane) is a yellow spice derived from the rhizome of the plant *Curcuma longa* [24, 87]. It is a polyphenol natural product which is known to modulate several pathways (mTOR, WNT, STAT3) altered in ADPKD [24]. A recent study showed that curcumin reduced cystogenesis and postponed renal failure in *Pkd1* mice [24]. In MDCK cells, curcumin could inhibit forskolin-promoted cyst formation [87]. The involvement of multiple pathways, rather than a single pathway, may be an advantage in terms of efficacy. However, clinical trials have not yet been done to support its clinical use. The bioavailability of oral curcumin in the renal epithelium also needs further investigation.

### Ginkgolide B

A recent study proposed that ginkgolide B, a natural compound isolated from the leaves of *Ginkgo biloba*, inhibits renal cyst development in *Pkd1* knockout mice [88]. The exact mechanism of ginkgolide B on cyst formation and progression remains unclear and requires confirmation.

### Calcimimetics

Calcimimetics are allosteric modulators of the calcium-sensing receptor developed to treat secondary hyperparathyroidism. Calcium sensing receptors are expressed in all nephron segments except the glomerulus. The major site for plasma membrane localization however differs between the apical membrane in the proximal tubule and the basolateral membrane in the thick ascending limb and the distal convoluted tubule [89]. Interestingly, the calcimimetic R-568 was found to halt late-stage progression of renal cysts in the Han:SPRD rat through a direct modulation of intracellular calcium [90] and the effect was stronger than with calcium supplementation alone. However, R-568 had no significant effects on cyst formation in two other models, the *Pkd2*<sup>WS25/-</sup> mouse and the PCK rat [91]. Whether calcimimetics have additional effects on cyst progression other than correction of secondary hyperparathyroidism warrants further investigation.

### Purinergic receptor inhibitors

Activation of purinergic receptors by ATP has been hypothesized to modulate fluid secretion, cell proliferation, apoptosis and ciliary function in ADPKD [92,93]. Blockade of the P2X7 receptor by morpholino knockdown or a selective inhibitor (A438079) reduced cyst formation in a *pkd2* zebrafish model [94], suggesting that P2X7 antagonists could have therapeutic potential in ADPKD.

### Pyrimethamine

The Janus kinase/signal transducer and activator of transcription (JAK/STAT) pathway plays an important role in kidney development and mediates tubular cell proliferation after ischaemic injury [95, 96]. A chemical library screen for STAT3 inhibitors identified a number of compounds including pyrimethamine, an antiparasitic drug in clinical use. Further testing showed that pyrimethamine could effectively inhibit cyst growth in *Pkd1* mice [95]. A STAT3 specific inhibitor (S3I-201) confirmed these beneficial effects [95]. How PC1 regulates STAT3 activity is still not completely understood [96].

### Leflunomide

In addition to STAT3, overexpression of STAT6 in cyst-lining epithelium has been found in two mouse models of ADPKD [97]. Leflunomide, an FDA-approved disease modifying anti-rheumatic drug, significantly reduced cystic disease and preserved kidney function in *bpk* mice through suppression of the IL4/IL13/STAT6 pathway [97]. Specific STAT6 inhibitors could prove more effective in future studies.

## Concluding remarks and future directions

The identification of *PKD1* and *PKD2* has stimulated rapid progress in the study of the molecular mechanisms underlying ADPKD pathogenesis and the development of mechanism-based therapeutics. Translation of preclinical data to clinical practice is fast becoming a reality with the recent results of the TEMPO 3/4 study. Indeed, these results represent a paradigm shift in the management of ADPKD patients. Nonetheless, it is anticipated that further drug development will be needed as it is unlikely that a single agent, even if safe and well tolerated, will work in all patients. Careful risk stratification (genotyping, phenotyping, imaging, biomarkers) will also be necessary to identify the patients who need treatment, what agents to use and when to initiate treatment. Since the majority of patients are asymptomatic, any treatments approved for clinical use will need to have an excellent safety record and tolerability in view of their likely life long duration. In this respect, combination therapies may be advantageous by maximizing efficacy while minimizing side effects. It will be crucial

to address important clinical issues such as the duration of treatment, the effect of pulse therapies and the consequence of stopping treatment on subsequent disease progression. Finally, effective drugs to treat cystic liver disease will be needed for the proportion of patients with significant PLD.

## Competing Interest

All authors have completed the Unified Competing Interest form at [http://www.icmje.org/coi\\_disclosure.pdf](http://www.icmje.org/coi_disclosure.pdf) (available on request from the corresponding author) and declare ACMO has participated in the TEMPO 3/4 trial as a centre investigator, has served on advisory boards for Otsuka and as a consultant for Pfizer as a member of the external data monitoring committee for the Bosunitib study.

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