Identification of Concurrent Bacterial Infection in Adult Patients with Dengue

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Abstract. We aim to construct a diagnostic model for bacterial coinfection in dengue patients (Dengue Dual Infection Score [DDIS]); 2,065 adult dengue patients (mean age = 41.9 ± 17.2 years, 58.4% male, 83 patients with bacterial coinfection) seen at a university hospital from January of 2005 to February of 2010 were studied. The DDIS was created by assigning one point to each of five risk factors for bacterial coinfection: pulse rate \geq 90 beats/minute, total white cell count $\geq 6 \times 10^9$ /L, hematocrit < 40%, serum sodium < 135 mmol/L, and serum urea ≥ 5 mmol/L. The DDIS identified bacterial coinfection (derivation set area under the curve $= 0.793, 95\%$ confidence interval $= 0.732 - 0.854$; validation set area under the curve = 0.761 , 95% confidence interval = $0.637-0.886$). A DDIS of ≥ 4 had a specificity of 94.4%, whereas a DDIS $of \geq 1$ had a sensitivity of 94.4% for bacterial coinfection. The DDIS can help to select dengue patients for early bacterial cultures and empirical antibiotics.

INTRODUCTION

Dengue is the most common human arboviral disease, with an estimated 390 million infections per year.¹ Globally, it is responsible for nearly 500,000 hospitalizations, and 3.6 billion people remain at risk. $2-4$ The usual form of dengue infection is dengue fever, which is self-limiting and characterized by fever, myalgia, arthralgia, retro-orbital headache, and petechial rash. Dengue hemorrhagic fever and dengue shock syndrome, marked by capillary leakage, are the most serious manifestations of dengue infection, with mortality rates as high as $10-20\%$ ^{2,5}

The clinical course of a viral infection can be adversely affected by bacterial coinfection. $6-8$ However, bacterial coinfection can be easily overlooked in dengue-endemic or -epidemic settings. A simple clinical rule for the identification of concurrent bacterial infection in dengue patients would be pivotal for triggering timely antibiotic therapy within the usual context of supportive management.

We, therefore, aimed to create a risk score for the identification of bacterial coinfection in adult dengue patients (dengue dual infection). Covariates used for the risk score were deliberately kept simple so that this instrument can be readily and cheaply deployed in the emergency department and lower income countries with constrained diagnostic resources.

METHODS

Study population and definitions. The study took place in a 1,000-bed academic medical center in Singapore, which like neighboring Southeast Asian countries, is endemic for dengue. We analyzed the case records for all patients age > 16 years who had positive laboratory confirmation of dengue infection from January 1, 2005 to February 28, 2010. Patients were seen at either the emergency department or the outpatient clinic, and they were not necessarily admitted. Investigation of possible bacterial coinfection was clinically determined by the attending physicians. We did not exclude patients who had taken antibiotics before hospital attendance, because both

clinically and microbiologically diagnosed cases of bacterial coinfection were considered. About 70% of the cohort was randomly chosen for risk score derivation, with the remainder for validation. Our Ethical Review Board waived the need for informed consent (DSRB E/2009/337).

Confirmatory assays for dengue could include antidengue immunoglobulin M (IgM) antibody (enzyme-linked immunosorbent assay [ELISA]), dengue non-structural protein 1 (NS1) antigen, or molecular testing of dengue RNA by polymerase chain reaction (PCR). Like others, we used the IgM assay as one of our confirmatory tests for dengue. $9-15$ The likelihood of cross-reactivity was low, because other flaviviruses (yellow fever, Japanese encephalitis, tick-borne encephalitis, and West Nile fever) are not endemic in our setting. Also, IgM antibodies are specific, even in Japanese encephalitis and yellow fever vaccinees.¹⁶ The dengue NS1 antigen was detected using commercially available assays.¹⁷ Molecular testing involved amplification of dengue RNA by real-time reverse transcriptase nested PCR.¹⁸

Bacterial coinfection was defined as any clinical diagnosis of bacterial infection (e.g., pneumonia) or any bacteremia or bacteruria from cultures taken within 48 hours of admission. Cases with diagnosis of pneumonia were all verified by a consultant pulmonologist (K.C.S.), who based the assessment on the recorded clinical presentation and radiology. Blood and urine cultures were done conventionally, with the former supplemented by an automated BacT/Alert System (bioMerieux SA, Craponne, France). We chose a 48-hour threshold to increase the likelihood that bacterial infection truly existed at the point of presentation, while allowing a reasonable time window for clinicians to have done microbiological testing. Patients with contaminated blood or urinary cultures (e.g., positive for skin flora, such as coagulase-negative staphylococci) were not considered to have bacterial coinfection. Laboratory test information was also available for patients who were not admitted (for instance, patients who had blood tests and chest radiographs done at the emergency department and were discharged thereafter). Hospital length of stay was counted as 0 days if patients were only managed as outpatients.

Fourteen candidate variables that could be reliably measured and readily available at the point of presentation were selected for the diagnostic model. These covariates included demographics (age and sex), vital signs (temperature, systolic blood pressure, pulse rate, and respiratory rate recorded at presentation), and basic laboratory tests (total leukocyte count,

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neutrophil percentage, hematocrit, platelet count, sodium, potassium, urea, and creatinine recorded within 24 hours of presentation). Symptoms, including days of fever, were not used for the diagnostic model, because assessment can be subjective; we could not ensure that all the patients were specifically probed for all the symptoms. Comorbidities were not included in the diagnostic model, because their presence or absence may not be firmly established initially. Inflammatory markers (C-reactive protein, erythrocyte sedimentation rate, and procalcitonin) were not routinely checked in our hospital.

Statistical analysis. Univariate comparisons of proportions, means, and medians were done using Fisher exact, Student t, and Wilcoxon rank sum tests, respectively. Using the derivation cohort, a univariate screen of 14 candidate variables was first performed with bacterial coinfection as the dependent variable. To maintain a familywise α =0.05 after multiple comparisons, a threshold P value of 0.003 was computed using Bonferroni adjustment. Age, pulse rate, respiratory rate, total leukocyte count, neutrophil percentage, hematocrit, platelet count, sodium, urea, and creatinine met this threshold. Creatinine was excluded because of collinearity with urea $(r = 0.72, P < 0.001).$

Using logistic regression, the remaining nine variables were analyzed. Five variables (pulse rate, total leukocyte count, hematocrit, sodium, and urea) with multivariate P values < 0.10 were retained in the final diagnostic model. These five variables were each dichotomized by maximizing the area under individual receiver operating characteristic (ROC) curves. Using logistic regression, standardized coefficients for the dichotomized variables were computed, and each variable was then weighted equally for the final risk score (Dengue Dual Infection Score [DDIS]). The DDIS was a summation of the five variables (each scored as 0 or 1) and could range from 0 to 5. Logistic regression models were calibrated using the Hosmer–Lemeshow χ^2 test. Model discrimination was tested in both the derivation and validation sets using ROC curves. We also used a separate method of internal validation, where our derived model was repeatedly fit in 1,000 bootstrap samples (bootstrap resampling) using all patients with complete data. The mean area under the curve (AUC) for 1,000 bootstrap models then represented the estimated model performance for future samples.

RESULTS

Patient characteristics. In total, 2,065 patients age > 16 years were studied (Table 1). Patients presented after a median of 4 days of self-reported fever (interquartile range = 2–5 days); 65 (3.15%) of 2,065 patients had taken antibiotics before hospital attendance, and 110 (5.67%) patients were on β -blockers (mean heart rate did not differ by β -blocker use; $P = 0.86$). The patient numbers and percentages analyzed by year were 796 (38.5% in 2005), 227 (11.0% in 2006), 515 (24.9% in 2007), 203 (9.8% in 2008), 287 (13.9% in 2009), 37 (1.8% in January and February of 2010), reflecting outbreaks in 2005 and 2007^{19-21} ; 1,775 patients were tested for dengue IgM antibodies, and 1,589 (89.5%) patients were positive. Eight hundred patients were tested for dengue NS1 antigen, and one hundred forty-three (17.9%) patients were positive; 1,236 patients were tested for dengue RNA, and 662 (53.6%) patients were positive. Of 662 positive PCR results, the following serotypes were recorded: type $1 = 217$ (32.8%), type $2 = 320$ (48.3%),

TABLE 1

*Cohort A: Cohort of patients with complete data for the DDIS, including both the derivation and validation sets. †Cohort B: Cohort of patients with complete data for the DDIS used for the derivation set.

type $3 = 109$ (16.5%), type $4 = 13$ (1.9%), types 1 and 2 simultaneously present $= 1 (0.2\%)$, and types 1 and 3 simultaneously present = $2(0.3\%)$.

Of 2,065 patients, 83 (4.0%) patients had 110 instances of bacterial coinfection marked by positive blood culture (25/110; 22.7%), positive urine culture (43/110; 39.1%), or physician-diagnosed bacterial pneumonia (42/110; 38.2%). Among 68 positive blood and urine cultures, 47 (69.1%) cultures grew gram-negative bacteria, and 21 cultures grew gram-positive bacteria (Table 2). Cases with pneumonia were diagnosed when radiological features were present in an appropriate clinical context (fever, cough, phlegm, and dyspnea) and treated with antibiotics. No other infections apart from pneumonia were diagnosed on clinical/radiological grounds alone. Patients with bacterial coinfections had worse outcomes compared with patients without bacterial coinfections, and they were more likely to have diabetes mellitus, hypertension, hyperlipidemia, chronic renal failure, and cancer (Table 3).

Derivation and validation of diagnostic model. Using the derivation cohort and a univariate screen, logistic regression analysis was performed on complete data for 1,157 patients (52 patients with concurrent bacterial infection) (Table 4). Five variables (pulse rate, total leukocyte count, hematocrit, sodium, and urea) were dichotomized and used to construct the DDIS (Table 5). Logistic regression model calibration was satisfactory (Hosmer–Lemeshow $P > 0.05$). Using the derivation set, the AUC was 0.793 (95% confidence interval [95% CI] = 0.732–0.854) (Figure 1). Using the validation set, the AUC was slightly reduced to 0.761 (95% CI = 0.637–0.886) (Figure 2). Using bootstrap resampling on all patients with complete data $(N = 1,835)$, the resulting mean AUC of 0.779 (95% CI = 0.696–0.860) was only marginally lower than the AUC for model derivation. Overall, among 1,835 patients in the entire

	Sources of infection		
Positive blood cultures			
Methicillin-sensitive	Infective endocarditis	2	
Staphylococcus aureus	Infected arteriovenous fistula	1	
	Infected vascular catheter	1	
	Primary bacteremia	1	
Methicillin-resistant	Infective endocarditis	1	
Staphylococcus aureus	Primary bacteremia	2	
Streptococcus agalactiae	Primary bacteremia	1	
Group A Streptococcus	Lower limb cellulitis	1	
Aeromonas maltophilia	Cholangitis	1	
Escherichia coli	Urinary tract	3	
	Cholecystitis	3	
Klebsiella pneumoniae	Cholangitis	\overline{c}	
	Urinary tract	1	
	Primary bacteremia	1	
Kluyvera cryocrescens	Primary bacteremia	1	
Salmonella enteritidis	Primary bacteremia	1	
Salmonella typhi	Primary bacteremia	\overline{c}	
Total		25	
Positive urinary cultures			
Enterococcus faecalis	Urinary tract	11	
Escherichia coli	Urinary tract	20	
Klebsiella pneumoniae	Urinary tract	7	
Pseudomonas aeruginosa	Urinary tract	3	
Pantoea species	Urinary tract	1	
Citrobacter koseri	Urinary tract	1	
Total		43	

TABLE 2 Microbiological isolates

cohort with complete data for the DDIS, 57.60% scored 0 or 1, 36.13% scored 2 or 3, and 6.27% scored 4 or 5.

DISCUSSION

Our results showed that a small but clinically significant proportion of dengue-infected patients who presented to the hospital also had bacterial coinfection. We developed and validated a DDIS, which had an AUC of 0.793 in the derivation cohort and 0.761 in the validation cohort. Only about 5% of patients with DDIS < 1 had bacterial coinfection, whereas nearly 95% of patients with DDIS \geq 4 had bacterial coinfections. It is, thus, possible to identify patients who are unlikely to need empirical antibiotics and select patients who will benefit most from early therapy.

Dengue dual infections, which are shown by our patient cohort and others, are associated with high mortality and morbidity compared with dengue without concurrent bacterial infections.22 In a prior series of 100 patients with dengue hemorrhagic fever or dengue shock syndrome, 7 (7%) patients had concurrent bacteremia.²² In contrast, among all our patients with laboratory-confirmed dengue, 25 (1.2%) patients had concurrent bacteremia, and 83 (4.0%) patients had bacterial coinfection, which agrees more closely with the 3.6% bacterial infection rate among 606 adult dengue patients in another study. 14 Like others have shown, the majority of bacteremia isolates were gram-negative.²² Primary gram-negative bacteremia was postulated to be caused by the breakdown of the intestinal mucosal barrier in severe dengue infections.²² We additionally observed a broad range of other infections, such as cellulitis and cholecystitis (with potential secondary infection), that have been highlighted in case reports.^{23,24} However, we cannot exclude the possibility that bacterial infection may also increase susceptibility to dengue infection.

TABLE 3 Comorbid conditions and clinical outcomes for dengue patients

Comorbid conditions and clinical outcomes	Patients with bacterial infections $(N = 83)$	Patients without bacterial infections $(N = 1,982)$	P value
Comorbid conditions $(\%)$			
Stroke	0/83(0.0)	7/1,982(0.4)	1.000
Dementia	1/83(1.2)	7/1,982(0.4)	0.280
Diabetes mellitus	21/83 (25.3)	188/1,982 (9.5)	$< 0.001*$
Hypertension	30/83 (36.1)	297/1,982 (15.0)	$< 0.001*$
Hyperlipidemia	9/83(10.8)	105/1,982(5.3)	$0.044*$
Coronary artery	6/83(7.2)	95/1,982 (4.8)	0.295
disease			
Chronic heart failure	0/83(0.0)	19/1,982 (1.0)	1.000
Asthma	1/83(1.2)	83/1,982 (4.2)	0.265
Chronic obstructive	2/83(2.4)	10/1,982(0.5)	0.081
lung disease			
Bronchiectasis	0/83(0.0)	1/1,982(0.1)	1.000
Chronic renal failure	4/83(4.8)	30/1,982(1.5)	$0.045*$
Cancer	3/83(3.6)	18/1,982 (0.9)	$0.049*$
Arthritis	1/83(1.2)	10/1,982(0.5)	0.364
Admitted to ICU $(\%)$	6/83(7.2)	8/1,982(0.4)	$< 0.001*$
Hospital mortality (%)	16/83 (19.3)	32/1,982(1.6)	$< 0.001*$
Hospital LOS (days)	$8.7 + 7.5$	3.9 ± 3.8	$< 0.001*$
Required platelet	3/83(3.6)	55/1,982 (2.8)	0.650
transfusion $(\%)$			
Required blood	3/83(3.6)	29/1,982 (1.4)	0.120
transfusion $(\%)$			
$ICU = intaneive gare unit: LOS = length of stov$			

ICU = intensive care unit; LOS = length of stay. $*P < 0.05$.

We identified several clinical risk factors for dengue dual infection. These variables were clinically relevant and easily and reliably measured at the point of presentation (or shortly thereafter). We showed that the pulse rate was significantly higher in dengue with bacterial coinfections, congruent with the finding of relative bradycardia in isolated dengue fever.^{25,26} We also showed that total leukocyte count was significantly higher in dengue with bacterial coinfections. Similarly, other studies have shown higher leukocyte levels in febrile illnesses that were not caused by dengue infection, although levels were similar between dengue fever and dengue hemorrhagic fever.^{10,27} Other risk factors, like hematocrit, sodium, and urea, have not been well-studied.

Although several comorbidities proved to be significantly more prevalent in patients with bacterial coinfection, we did not include these comorbidities in our diagnostic model for two reasons. First, we had decided a priori to only use objective and reliable risk factors in the diagnostic model. The presence of comorbidities may not always be accurate or available from the clinical history, and hence, they were omitted. Second, age was correlated with both increased comorbidity and bacterial coinfection. The point biserial correlation coefficients were 0.28, 0.41, 0.29, 0.07, and 0.13 (P values \leq 0.002) when analyses of age by diabetes mellitus, hypertension, hyperlipidemia, chronic renal failure, and cancer were done. Therefore, each of the comorbidities (when added to the logistic derivation model) became non-significant, and they did not affect the significance levels or coefficient sizes of the other risk factors.

Interestingly, on the univariate screen, we found no difference in initial temperature for patients with and without bacterial coinfection, showing that fever was not a reliable sign for bacterial infection.28 Thrombocytopenia at presentation was also less pronounced in patients with bacterial coinfection. Because platelet counts in dengue fall progressively until a nadir at days 5 and 6 of illness, $29,30$ this finding can be

Risk factor and group	\boldsymbol{N}	Univariate result	Univariate P value	Multivariate OR*	Multivariate P value
Age (years)					
	63	53.3 ± 21.3	< 0.001	$1.010(0.991 - 1.030)$	0.292
\overline{c}	1,415	41.3 ± 16.8			
Male (%; reference level: male)					
2	63 1,415	30(47.6) 846 (59.9)	0.054		
Temperature at ED ($°C$)					
	59	37.4 ± 1.2			
\mathfrak{D}	1,264	37.4 ± 1.0	0.810		
Systolic blood pressure at ED (mmHg)					
	60	125 ± 26	0.048		
\overline{c}	1,330	120 ± 19			
Pulse rate at ED (beats/minute)					
	60	98 ± 21	< 0.001	$1.026(1.008-1.044)$	$0.004\dagger$
\mathfrak{D} Respiratory rate at ED (breaths/minute)	1,315	86 ± 16			
	52	20 ± 4			
\overline{c}	1,178	18 ± 2	< 0.001	$1.069(0.974 - 1.173)$	0.162
Total white cell count within 24 hours of admission $(10^9/L)$					
1	63	8.0 ± 6.2		$1.062(0.995-1.134)$	
\overline{c}	1,409	4.1 ± 3.2	< 0.001		$0.070\dagger$
Neutrophil percentage within 24 hours of admission $(\%)$					
	63	69 ± 21	< 0.001	$1.014(0.995-1.033)$	0.150
\overline{c}	1,410	55 ± 19			
Hematocrit within 24 hours of admission $(\%)$				$0.923(0.880 - 0.970)$	$0.001\dagger$
1 \mathfrak{D}	63 1,408	37.1 ± 7.0 41.8 ± 5.6	< 0.001		
Platelets within 24 hours of admission $(10^9/L)$					
	63	112 ± 69		$0.998(0.993 - 1.003)$	0.410
\mathfrak{D}	1,408	82 ± 60	< 0.001		
Sodium within 24 hours of admission (mmol/L)					
1	63	134 ± 7	< 0.001	$0.946(0.894 - 1.001)$	$0.056\dagger$
	1,330	136 ± 4			
Potassium within 24 hours of admission (mmol/L)					
\overline{c}	62	3.8 ± 0.8	0.608		
Urea within 24 hours of admission (mmol/L)	1,323	3.8 ± 0.6			
1	63	9.7 ± 13.4	< 0.001	$1.038(0.998 - 1.080)$	$0.063\dagger$
\mathfrak{D}	1,329	4.7 ± 4.3			
Creatinine within 24 hours of admission $(\mu \text{mol/L})$					
1	62	156 ± 245	< 0.001		
$\mathfrak{2}$	1,322	85 ± 72			

TABLE 4 Univariate screen and multivariate analysis of risk factors for bacterial infection in dengue patients within the derivation cohort

Hosmer–Lemeshow $\chi^2 = 6.92$, $P = 0.5455$. ED = emergency department; group 1 = patients with bacterial infections; group 2 = patients without bacterial infections; OR = odds ratio (95% CI).
*Logistic regression analysis †Risk factors chosen for DDIS.

explained by patients with more severe illness presenting earlier. In our study, patients with bacterial coinfection presented after a median of 2 days of self-reported fever, whereas patients without bacterial coinfection presented after a median of 4 days of self-reported fever (P value < 0.001).

Strengths of the study include large sample size and use of multivariable analysis for relatively uncommon events, such as dengue dual infection. Prior studies were relatively smaller, $22,24$ which would preclude such an investigation. All diagnoses of

dengue infection were laboratory-confirmed. The small reduction in the AUC between the derivation and validation cohorts suggests that the DDIS score is generalizable. Furthermore, risk-scoring using routinely available clinical and laboratory parameters allows for broad application in most healthcare settings.

There are several limitations. Our study was done in a single center, but we had a varied multiracial patient population that would improve the generalizability of our results.

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TABLE 5
Logistic regression of dichotomized risk factors for bacterial infection in dengue patients within the derivation cohort

Hosmer–Lemeshow χ^2 = 5.40, P = 0.6113. ED = emergency department; OR = odds ratio (95% CI).

*Logistic regression analysis based on complete data for $N = 1,299$ patients ($N = 60$ patients with concurrent bacterial infection).

LR+: Likelihood ratio positive = Sensitivity / $(1 -$ Specificity)

LR-: Likelihood ratio negative = $(1 -$ Sensitivity) / Specificity

ROC: Receiver Operating Characteristic

FIGURE 1. Using DDIS for the identification of bacterial infection $(N = 1,299)$ patients in the derivation set with complete data and 60 patients with bacterial infection).

Our study was retrospective, but such data have been used to develop other important risk scores, like the CURB-65 index for pneumonia.³¹ We studied adult patients, and the results may not be applicable to children. Not all patients had bacterial cultures done, but we used a combination of clinical and microbiological criteria to detect bacterial infection, which can exist in the absence of positive cultures. 32 It is unlikely that many bacterial infections were missed, because patients not diagnosed with bacterial coinfections had good clinical outcomes. For this reason, it is also unlikely that many delayed bacterial infections developed in the hospital from dengue-induced neutropenia or nosocomial infections. The ideal study would be to prospectively perform serial multiple site cultures for all suspected dengue patients, but such research would be exceedingly difficult. We did not use convalescent sera to detect additional dengue cases, but such testing is rarely done. We also did not restrict our analyses to

only NS1 antigen- and PCR-confirmed cases, because our target patient population included all dengue patients who presented to hospital, regardless of day of dengue illness. Finally, our study design did not allow us to determine if fatalities in coinfected patients could have been avoided through earlier recognition, because we did not have information on other aspects of patient care, such as compliance to sepsis bundles. However, this limitation did not affect the primary aim of the study, which was to determine early indicators of bacterial coinfection.

Although the overall proportion of patients with coinfection may be low, the absolute numbers can be high during periods of epidemics or in areas of high endemicity. The DDIS can be readily built into a protocol to alert the attending physician if a patient suspected of dengue might have a high risk of bacterial coinfection, which increases the chances of early antibiotic therapy. Nonetheless, prospective validation

LR+: Likelihood ratio positive = Sensitivity / $(1 -$ Specificity)

LR-: Likelihood ratio negative = $(1 -$ Sensitivity) / Specificity

ROC: Receiver Operating Characteristic

FIGURE 2. Using DDIS for the identification of bacterial infection ($N = 536$ patients in the validation set with complete data and 18 patients with bacterial infection).

in other cohorts will be needed before we can be more confident of its wider application. With the advent of newer inflammatory markers, their addition to the risk score can be done to see if a beneficial net reclassification of cases exists.

In conclusion, we developed and validated a risk score for the identification of bacterial coinfection in dengue patients. The DDIS is simple and easy to use in most clinical settings, including resource-limited settings.

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