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Prostate Cancer Metastases Alter Bone Mineral and Matrix Composition Independent of Effects on Bone Architecture in Mice A Quantitative Study Using microCT and Raman Spectroscopy

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Abstract

Prostate cancer is the most common primary tumor and the second leading cause of cancer-related deaths in men in the United States. Prostate cancer bone metastases are characterized by abnormal bone remodeling processes and result in a variety of skeletal morbidities. Prevention of skeletal complications is a crucial element in prostate cancer management. This study investigated prostate cancer-induced alterations in the molecular composition and morphological structure of metastasis-bearing bones in a mouse model of prostate cancer using Raman spectroscopy and micro-computed tomography (microCT). LNCaP C4-2B prostate cancer cells were injected into the right tibiae of 5-week old male SCID mice. Upon sacrifice at 8 weeks post tumor inoculation,

DISCLOSURES

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two out of the ten tumor-bearing tibiae showed only osteoblastic lesions in the radiographs, 4 osteolytic lesions only and 4 mixed with osteoblastic and osteolytic lesions.. Carbonate substitution was significantly increased while there was a marked reduction in the level of collagen mineralization, mineral crystallinity, and carbonate:matrix ratio in the cortex of the intact tumor-bearing tibiae compared to contralateral controls. MicroCT analysis revealed a significant reduction in bone volume/total volume, trabecular number and trabecular thickness, as well as significant increase in bone surface/volume ratio in tibiae with osteolytic lesions, suggesting active bone remodeling and bone loss. None of the changes in bone architecture from microCT. This study indicates that LNCaP C4-2B prostate cancer metastases alter bone tissue composition independent of changes in architecture, and altered bone quality may be an important contributor to fracture risk in these patients. Raman spectroscopy may provide a new avenue of investigation into interactions between tumor and bone microenvironment.

Keywords

Prostate cancer bone metastasis; bone quality; Raman spectroscopy; Osteolysis; Prostate cancer cells LNCaP C4-2B

INTRODUCTION

Prostate cancer is the most common primary tumor and the second leading cause of cancerrelated deaths in men in the United States [1]. More than 80% of patients who die from advanced prostate cancer have bone metastases that cause a variety of morbidities such as bone pain, pathological fracture, hypercalcemia, and spinal cord compression [2]. Such skeletal-related events significantly impact a patient's chance of survival and quality of life. Therefore, prevention of skeletal complications is a crucial element in cancer management.

Given the clinical significance of bone metastasis, research efforts have focused on understanding the mechanisms of metastasis progression and developing therapeutic interventions using animal models of human cancer and metastasis. Assessment of tumor development and bone degeneration is important to characterize the interaction between tumor cells and the bone microenvironment as well as to evaluate the response of tissue to treatments. A variety of imaging techniques such as magnetic resonance imaging (MRI) [3], micro-positron emission tomography (PET) [4, 5], micro-computed tomography (microCT) [6], and optical imaging including bioluminescence and fluorescence imaging [7-11] have been developed to investigate cancer growth and metastasis in small animals for such purposes. Although each modality has its own specific advantages, most of the methods focus on monitoring the development and progression of tumor with limited or no information on cancer-associated changes in bone properties. Although microCT can measure the density and microarchitecture of bone tissue, it cannot examine the compositional quality of bone tissue, which may be a major determinant of bone strength and fracture risk. Hence, detailed characterization of cancer-associated alteration in bone composition, if they exist, is important to advance the understanding in tumor-bone interactions.

Vibrational spectroscopies (infrared and Raman) are ideal tools to characterize such biochemical changes because they are sensitive to molecular structure and composition in the tissue. Raman spectroscopy (RS) has additional advantages owing to its ability to analyze intact samples nondestructively and in a hydrated state. RS has previously been used in orthopedic research to assess predicted fracture risk by detecting alterations in the bone's material properties with aging or disease [12] Bone compositional properties derived from Raman spectral parameters have been correlated with tissue-level mechanical properties [13, 14]. The decreased elastic deformation capability of aged bones associates with increasing collagen mineralization, crystallinity and carbonate substitution [15]. Fractured and unfractured osteoporotic bones showed differences in tissue composition detected by RS [16]. Specifically, iliac crest cortical bone from women with osteoporotic fractures had greater carbonate substitution in mineral structure than that from women without fractures [16]. These findings suggest that RS measurements of bone matrix composition could be important predictors of fracture risk and skeletal metabolism in other conditions including metastatic bone disease.

While numerous studies have addressed lytic and blastic architectural effects of bone metastases [17, 18] it is currently unknown whether prostate cancer metastases to bone induce changes in the composition of the bone matrix. Based on the broad spectrum of interactions known to occur between cancer and bone cells in the tumor-bone microenvironment, the present study hypothesized that Raman spectroscopy can detect cancer-induced changes in the composition of metastatic bone. Furthermore, this study sought to determine whether metastatic effects on bone composition were independent of metastatic effects on bone architecture. A mouse model of prostate cancer was used to produce mixed osteoblastic and osteolytic lesions that mimic human prostate cancer bone metastases. Bone composition and architecture from the tumor-bearing tibiae and the contralateral controls were quantitatively characterized using RS and microCT, respectively.

MATERIALS AND METHODS

Animal study

All procedures were performed in compliance with Vanderbilt University Institutional Animal Care and Use Committee and National Institutes of Health guidelines. The LNCaP C4-2B prostate cancer cells (100,000 cells in 10 µl) were injected into the right tibiae of 5week-old male, severe combined immunodeficiency (SCID) mice (Harlan Sprague Dawley, n = 10, while the left tibiae were injected with phosphate buffered saline (PBS) as contralateral control (n = 10). Another parallel control group of SCID mice received vehicle injection in the right tibiae and no treatment in the left side (n = 10). The injection procedure was performed under anesthesia using previously reported methods.[19, 20] Briefly, the hind limbs were treated with depilatory cream for hair removal. After disinfection with Betadine and alcohol wipes at the knee area, a 27-gauge needle was inserted ~3 mm into the proximal end of the tibiae by twisting through the cortical bone in a drilling motion, and the cancer cells or PBS were then injected. The procedure was performed on 5-week-old mice with an open growth plate to reduce the osseous blockage during injection. After tumor induction, animals were treated with one dose of analgesic Buprenex subcutaneously at 2.5mg/kg body weight, and were monitored daily for discomfort and pain in the first 3 days after injection. All mice were sacrificed at 8 weeks post tumor induction when bone lesions were evident on the radiographs. All the tumorous, contralateral and control tibiae were harvested, cleaned of excess soft tissue, and stored in 70% alcohol at a 4 °C before microCT and Raman measurements.

Digital radiographs were acquired weekly in vivo from the tumor-bearing mice starting 4 weeks after injection to monitor lesion development. With an exposure energy of 35 kVp for 8 seconds, plane radiographs were acquired while the mice were lying in a prone position under anesthesia using a XR-60 digital radiography system (Faxitron). All radiographs were evaluated in a blinded fashion. The number and area of osteolytic and osteoblastic bone metastases were calculated on radiographs using MetaMorph, a computerized image analysis system (Molecular Devices, Inc.) [21, 22].

MicroCT

The types of tumor-induced lesions (osteolytic, osteoblastic, or both) present in tibial metaphysis and the effect of the tumor on mineralization, cortical and trabecular architecture were determined using micro computed tomography. Cross-sectional images of the proximal tibia were acquired *ex vivo* using a µCT40 (Scanco Medical, Brüttisellen Switzerland). The region of interest including the metaphysis and mid-diaphysis of tibia was identified from a 'scout' scan of each bone prior to image acquisition. The region was scanned at an isotropic voxel size of 12 µm with X-ray source settings at 70 kVp and 145mA, 250 projections per 180°, and an integration time of 300 ms. Bone was segmented from soft tissue using a threshold of 411 mg HA/ccm, Sigma 0.2 and Support of 1. The cortical bone volume and mean cortical thickness were quantified from the mid-diaphysis using Scanco evaluation software. Trabecular bone volume and architecture in the proximal metaphysis were calculated as previously described [23], including bone volume fraction (BV/TV), trabecular number (Tb.N), and trabecular thickness (Tb.Th). Bone tissue mineral density (TMD) and bone surface to volume ratio (BS/BV) were also determined from the tumor-bearing tibiae and the contralateral tibiae without tumor.

Raman spectroscopy measurement

Following microCT analysis, Raman measurements of the periosteal surface of intact host cortical bone at the tibial metaphysis were carried out using a confocal Raman microscope (Renishaw, Ramascope Mark III), which couples a Raman spectrometer to a confocal microscope, a CCD detector, and a diode laser emitting at 785 nm. The intact tibiae were mounted on a microscope slide using mold polymer clay, with the surface of the proximal metaphysis leveled horizontally. The 785 nm laser light was focused to the metaphysis of tibiae through the Leica 50X N Plan (NA = 0.75) lens with a laser power of 30mw on sample and laser spot size ~3–4 μ m in diameter. Three spectra were collected from the host cortical bone of proximal tibia metaphysis (schemed in Figure 1). Each spectrum consisted of three accumulations with an exposure time of 10 seconds, a binning of 3 and spectral resolution of 3 cm⁻¹.

Custom scripts written in Matlab were used to correct the baseline of each spectrum and to calculate the compositional properties. Peak intensities of Raman signatures from mineral and collagen were determined, including phosphate v1 (960 cm⁻¹), carbonate (1070 cm⁻¹), proline (856 cm⁻¹), hydroxyproline (876 cm⁻¹) and amide 1 (1665 cm⁻¹) [14, 24].

Statistical analysis

Statistical analysis was performed using SigmaPlot 12 software (Systat Software, Chicago, IL, USA). The statistical significance of tumor-associated changes in microCT and Raman spectral measures was tested using paired Student's *t*-tests on the tumor-bearing tibiae and the contralateral controls, and using One-way ANOVA for comparing the tumor group and all the control groups. The significance level was set at p < 0.05.

RESULTS

Raman spectra vary between tumor and non-tumor bearing bones

Representative digital radiographs from a tumor-bearing tibia and the contralateral nontumor bearing control are shown in Figure 1.A–B. Raman spectra were collected from the cortical bone of proximal tibia metaphysis as indicated by the red dots on Figure 1.D. Mean Raman spectra from the tumor and non-tumor tibiae were overlaid to demonstrate the variation in major bone components (Figure 1.C). Raman signatures from bone mineral and organic matrix including phosphate, carbonate, proline, hydroxyproline and collagen amide 1 are labeled on the graph. Variations in the intensities of multiple Raman bands indicate

differences in the content and organization of the assigned molecules. Since proline is one of the major amino acids in collagen, its peak height has been used to calculate the abundance of collagen, representing the same molecular composition as the collagen amide 1 band.

Cancer induces bone compositional changes

Raman spectral parameters of mineral and matrix composition were compared between tumor bearing tibiae and the contralateral control of each animal to assess tumor effects on host cortical bone composition. Figure 2 shows the compositional properties of tumor bearing tibiae in ratio to the contralateral controls. Tumor-associated percent changes in all the Raman measures were illustrated in Table 1. The degree of collagen mineralization, calculated by taking the peak height ratio of phosphate v1/proline or phosphate v1/amide 1, reduced 41.2% (\pm 13.6%) and 46.8% (\pm 22.0%) with tumor, respectively (p < 0.01). Hydroxyapatite crystallinity was determined by the reciprocal of full width at half maximum (FWHM) of phosphate v1, and demonstrated a significant decrease in the cortex of tumorbearing bone by an average of 3.9% (\pm 4.1%) (p < 0.01). The type B carbonate substitution level (carbonate/phosphate v1) was 10.6% (\pm 7.3%) greater in tumor-bearing bones (p < 0.01), suggesting higher mineral carbonation rate. The presence of prostate tumors also decreased the carbonate:matrix ratio by 36.3% (\pm 13.1%) when calculated as carbonate/proline (p < 0.01) and 43.1% (\pm 22.1%) when calculated as carbonate/amide 1 (p < 0.01, Table 1).

Bone lesions present in all the tibiae inspected by radiographs

The intra-tibial injection of LNCaP C4-2B cancer cells has previously been reported to yield mixed lesions [25] making this model consistent with clinical observation of prostate cancer metastasis to bone. In the current study, the radiographs indicated that two out of the ten tumor-bearing tibiae had primarily osteoblastic lesions, 4 primarily had osteolytic lesions and 4 had a mix of osteoblastic and osteolytic lesions, consistent with literature reports. Representative images are shown in Figure 1.B1-3. Further inspection of inspection of the lesions by microCT revealed that three out of the ten tibiae showed primarily local osteoblatic lesions at the metaphysis (P1) where the Raman spectra were collected, while 7 tibiae demonstrated osteolytic lesions at P1. The osteolytic lesion area was calculated for all bones with either mixed osteoblastic-osteolytic or only osteolytic activity in the whole tibiae. The compositional changes detected by RS in these tumor-bearing tibiae did not correlate with whole bone osteolytic lesion area, suggesting that the observed changes in host bone composition may not be related to total osteoclastic activity. However, the osteolytic area at P1 demonstrated a non-statistically significant negative association with carbonate:matrix ratio (p = 0.10) and mineral crystallinity (p = 0.12) with the current sample size.

Bone loss is detected by microCT in the osteolytic tumor-bearing bones

The architectural properties of tibial metaphysis were evaluated using microCT (Figure 3). The seven tumor-bearing tibiae that showed predominant osteolytic lesions at P1 (metaphysis) in the radiograph were analyzed to quantitatively confirm the expected loss of bone volume. A marked decrease was observed in bone volume fraction (Figure 3.A, p < 0.05), trabecular number (Figure 3.B, p < 0.05) and trabecular thickness (Figure 3.C, p < 0.05), confirming bone loss and architectural destruction. Bone surface/volume ratio (BS/ BV) in Figure 3.D demonstrated a significant increase with the presence of tumor, consistent with thinning of the bony structures. The mean volumetric tissue mineral density (TMD) of the mineralized tissue was quantified for the trabecular and cortical regions. No significant changes in TMD were observed between non- tumor bearing bone and tumor bearing bones with either the mixed lesions or the osteolytic lesions alone (Table 1), indicating that RS is more sensitive than microCT in detecting cancer-induced changes in mineral phase.

Observed structural changes are independent of damage caused by tibial injection

Intratibial injections cause physical damage to the epiphysis, growth plate, and trabecular bone, and result in partial marrow ablation, which alter bone remodeling in the absence of tumor cells. Hence the injection procedure alone could be responsible for the observed changes in bone composition. To address this question, the contralateral control (C) in tumor-bearing mice were compared with the vehicle injection control (V.C) and noninjection control (N.C.) tibiae in the control group. Mean values for the spectral parameters that differentiate the tumor-bearing tibiae with the contralateral tibiae were calculated and compared across all the four groups (Figure 4). The tumor-bearing bones showed significant difference in bone mineral and matrix composition, consistent with the outcome from paired comparison. No significant differences in bone composition were observed between the injection controls in tumor-bearing or non-tumor bearing mice, suggesting the observed structural changes with tumor are caused by tumor presence in the bone and are independent of the damage caused by injection. Furthermore, similarity of RS between the injection control bones of mice bearing tumors in contralateral leg, and those not injected in the contralateral leg, suggests that tumor-derived systemic factors/effects do not alter bone matrix properties. A paired t-test of compositional properties between PBS-injected and non-injected tibiae from the non-tumor-bearing mice demonstrated a significant decrease in collagen mineralization (phosphate v1/proline), mineral crystallinity, as well as carbonate/ matrix ratio (carbonate/proline) in the injection control tibiae (Figure 5), consistent with the known effects of intra-tibial injection through the growth plate on bone remodeling and development.

DISCUSSION

In this study, we examined whether the physicochemical and compositional properties of preexisting host cortical bone change with the presence of prostate tumor, which could provide a new measure to understand bone-tumor interactions. Therefore, Raman spectroscopic analysis was conducted to characterize prostate cancer-induced variations in molecular structure and composition of metastatic bones. A significant reduction in the level of collagen mineralization, mineral crystallinity and carbonate:matrix ratio, as well as an increase in carbonation were observed in the cortex of tumor-bearing tibiae. The compositional changes were accompanied by the expected architectural deterioration in bone structure and morphological bone degeneration, observed by microCT and radiography.

Prostate cancer bone metastases are characterized by substantial localized osteolysis and the replacement of lamellar structure with woven bone [26]. Both bone resorption and formation processes are markedly enhanced as shown by elevated serum and urinary biomarkers of bone turnover [27]. The microCT analysis in this study revealed bone structural changes that agreed with previous studies reporting the effects of prostate tumors on bone [28–30]. There were however, no differences in microCT-derived TMD between the tumor-bearing and non-tumor-bearing bones also as reported in prostate cancer investigations [28–30]. In contrast, bone composition such as the degree of collagen mineralization detected by RS showed consistent changes with the presence of tumor regardless of the lesion type in this study, indicating that RS is a more sensitive method to probe the biochemical properties of bone tissue than microCT.

The mineral in bone is calcium phosphate in an apatite structure, with $\sim 5-8$ wt% of carbonate content [31, 32]. The major species of carbonation is in the form of type B carbonate substitution, where PO₄³⁻ is substituted by CO₃²⁻. Carbonate substitution rate, calculated by the peak height (or area) ratio of carbonate:phosphate v1, is an important spectral parameter associated with tissue maturity and age. Carbonation level increases

Resorption of bone mineral occurs through the acidification of the extracelluar compartment within the osteoclast-bone interface. This osteoclast-mediated process involves release of protons for acidification and possibly exchange of HCO_3^-/Cl^- to maintain the cytoplasmic pH homeostasis [41]. The enhanced activation of osteoclasts in bone metastases likely elevates the abundance of protons and HCO_3^- in bone microenvironment, which favors the carbonation reaction throughout bone matrix as fluid flows through the cannilicular system in the cortex. In addition, the acidic pH in the extracellular fluid of tumor [42–44] might cause an acid-base imbalance in the bone microenvironment, resulting in increased carbonate content in tumor-bearing bones.

Similar to the carbonation parameter (carbonate-to-phosphate), the carbonate-to-matrix ratio also provides valuable information about the tissue's material properties, and varies with disease [45], menopausal status [46], fracture history [16, 47], and therapeutic treatment [46, 48, 49]. In the present study this spectral parameter showed strong correlation with the degree of collagen mineralization (p < 0.001, $R^2 = 1.00$), indicating a strong relationship with the remodeling activity in the tissue. This result is in agreement with a previous report by Isaksson et al. where carbonate-to-amide 1 (or phosphate) ratio showed a significant negative correlation with histomorphometric parameters related to bone remodeling and turnover rate [45]. In bones with prostate cancer cells, carbonate-to-phosphate ratio significantly increased while carbonate-to-matrix ratio diminished, suggesting that decreased carbonate-to-matrix value arises from elevated bone turnover rate instead of a synergetic change with mineralization.

Mineral crystallinity has been correlated with mineral crystal size and the stoichiometric perfection of crystal structure [50]. As carbonate level increases, more carbonate ions occupy the stoichiometric phosphate locations, which results in a reduction in the crystallinity or perfection of the hydroxyapatite crystals. Significant negative correlations have been shown between carbonate content and crystallinity [37, 51]. This is consistent with reduced mineral crystallinity and increased carbonation in tumor-bearing bones from the current study.

The osseous prostate cancer model in the present study yields mixed osteoblastic/osteolytic lesions, which commonly occur in prostate cancer patients. RS-derived bone compositional properties demonstrated consistent variations in the tumor-bearing tibiae despite the lesion types present in the region of the bone where RS measurements were collected, indicating that the tumor, rather than lytic or blastic processes, induced compositional changes in the host cortical bone. Future studies on solely osteolytic or osteoblastic animal models will help illustrate the effect of other tumors and distinctive types of lesions.

In conclusion, the interaction between tumor and the bone microenvironment leads to increased bone turnover, which results in marked changes in the material properties of bone tissue. These alterations are independent of the lesion area from radiographs or the architecture changes from microCT analysis, suggesting that RS could provide additional information in the assessment of metastatic bone disease at the molecular level. Although the present study investigated bone samples ex vivo, it found that RS can be capable of

characterizing tumor-bearing bone and provides impetus for future RS technique development to detect subsurface bone metastasis in vivo. Spatially Offset Raman Spectroscopy (SORS) is one such method that can make deep tissue RS measurement by spatially separating the illumination source and the detection elements [52]. Raman signatures of buried bone have been non-invasively detected through several millimeters of soft tissue from cadavers and tibiae of small animals using SORS[53–55]. It is expected that the development of SORS method will allow for non-invasive in vivo detection of cancerassociated changes in bone composition that could contribute to fracture risk independent of reduced bone volume and architectural degradation.

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Highlights

- 1. Increased carbonate substitution in hydroxyapatite mineral structure with tumor
- 2. Decreased collagen mineralization, mineral crystallinity, carbonate:matrix ratio with tumor
- **3.** Significant changes in bone architecture but not tissue bone mineral density with tumor
- **4.** Prostate cancer induced compositional changes are independent of the architecture alterations.



Figure 1.

Osteoblastic and osteolytic lesions are show in representative radiographs from a PBSinjected, non-tumor-bearing contralateral control (A) and a prostate tumor-bearing tibia (B), and a representative cross sectional microCT image from the tibial metaphysis. A mixture of osteolytic lesions (yellow arrow heads) and osteoblastic lesions (red arrows) are easily distinguishable in both the radiograph and microCT images which were used to characterize the predominance of these lesion types in each specimen. C) Mean Raman spectra from the tumor-bearing tibiae (dashed line) and the contralateral controls (solid line). Selective Raman bands were marked with biochemical assignments. D) Illustration of Raman spectra collection spots (red dots) on the cortex of mouse tibia.

Figure 2.

Raman-derived parameters of bone compositions in tumor bearing tibiae in ratio to the values from the contralateral controls. Dashed line marks the relative level of all the control spectral components, or 100%. Compositional properties shown include the level of collagen mineralization calculated by phosphate v1/amide 1 (A) and phosphate v1/proline (B), carbonate substitution in hydroxyapatite by carbonate/phosphate v1 (C), mineral crystallinity by 1/FWHM of phosphate v1 (D), and carbonate:matrix ratio by carbonate/ proline (E). All spectral parameters in Figure 2.A–E demonstrate statistically significant difference with the contralateral controls (**p<0.01, *p < 0.05).

Figure 3.

Comparison of bone architecture from microCT analysis between the contralateral control and the tumor-bearing tibiae with osteolytic lesions (n=7). The bone volume fraction (BV/TV) (A), trabecular number (B), trabecular thickness (C) and bone surface/volume (D) were compared. Statistical significant difference was observed for Figure 3.A–D. Asterisk sign (*) represents p<0.05.

Figure 4.

Raman-derived bone compositions in tumor-bearing tibiae (T) compared with contralateral control (C), vehicle injection control (V.C), and non-injection control (N.C). The level of collagen mineralization (A), carbonate substitution in hydroxyapatite (B), mineral crystallinity (C), and carbonate:matrix ratio (D) from tumor group are significantly different with all the control groups. Double asterisk (**) and asterisk signs (*) represent p <0.01 and p < 0.05, respectively.

Figure 5.

Bone compositional properties of injection controls from non-tumor bearing mice in ratio to the values from the contralateral non-injection controls. Dashed line marks the relative level of each spectral parameter from the contralateral controls, or 100%. Compositional properties shown include the level of collagen mineralization calculated by phosphate v1/ proline (A), mineral crystallinity by 1/FWHM of phosphate v1 (B), and carbonate:matrix ratio by carbonate/proline (C). All spectral parameters in Figure 5.A–C demonstrate statistically significant difference with the contralateral non-injection controls (**p<0.01; *p < 0.05).

Table 1

Summary of cancer-induced changes in bone composition and architecture. Changes in Raman spectral parameters were universal in all the mice (n = 10). The microCT measures were calculated from the mice with osteolytic lesions only (n = 7).

Raman Measure	% change, Mean (SD)	microCT Measure	% change, Mean (SD)
Phosphate/amide 1	-46.8 (22.0) **	BV/TV	-30.4 (32.1)*
Phosphate/proline	-41.2 (13.6) **	Trabecular Number	-12.1 (18.3)*
Carbonate/phosphate	10.6 (7.3) **	Trabecular Thickness	-8.9 (11.3)*
Carbonate/proline	-36.3 (13.1)**	BS/BV	15.8 (12.0)*
Mineral crystallinity	-3.9 (4.1)***	TMD	0.1 (5.4)

p < 0.05;

** p < 0.01