

Published in final edited form as:

*Nature*. 2007 July 26; 448(7152): 484–487. doi:10.1038/nature05970.

## IL-21 initiates an alternative pathway to induce proinflammatory T<sub>H</sub>17 cells

Thomas Korn<sup>#1</sup>, Estelle Bettelli<sup>#1</sup>, Wenda Gao<sup>#2</sup>, Amit Awasthi<sup>3</sup>, Anneli Jäger<sup>1</sup>, Terry B. Strom<sup>2</sup>, Mohamed Oukka<sup>3</sup>, and Vijay K. Kuchroo<sup>1</sup>

<sup>1</sup>Center for Neurologic Diseases, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts 02115, USA.

<sup>2</sup>Transplant Research Center, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, Massachusetts 02115, USA.

<sup>3</sup>Center for Neurologic Diseases, Brigham and Women's Hospital, Harvard Medical School, 65 Landsdowne Street, Cambridge, Massachusetts 02139, USA.

# These authors contributed equally to this work.

### Abstract

On activation, naive T cells differentiate into effector T-cell subsets with specific cytokine phenotypes and specialized effector functions<sup>1</sup>. Recently a subset of T cells, distinct from T helper (T<sub>H</sub>)1 and T<sub>H</sub>2 cells, producing interleukin (IL)-17 (T<sub>H</sub>17) was defined and seems to have a crucial role in mediating autoimmunity and inducing tissue inflammation<sup>2–5</sup>. We and others have shown that transforming growth factor (TGF)- and IL-6 together induce the differentiation of T<sub>H</sub>17 cells, in which IL-6 has a pivotal function in dictating whether T cells differentiate into Foxp3<sup>+</sup> regulatory T cells (T<sub>reg</sub> cells) or T<sub>H</sub>17 cells<sup>6–9</sup>. Whereas TGF- induces Foxp3 and generates T<sub>reg</sub> cells, IL-6 inhibits the generation of T<sub>reg</sub> cells and induces the production of IL-17, suggesting a reciprocal developmental pathway for T<sub>H</sub>17 and T<sub>reg</sub> cells. Here we show that IL-6-deficient (*Il6*<sup>-/-</sup>) mice do not develop a T<sub>H</sub>17 response and their peripheral repertoire is dominated by Foxp3<sup>+</sup> T<sub>reg</sub> cells. However, deletion of T<sub>reg</sub> cells leads to the reappearance of T<sub>H</sub>17 cells in *Il6*<sup>-/-</sup> mice, suggesting an additional pathway by which T<sub>H</sub>17 cells might be generated *in vivo*. We show that an IL-2 cytokine family member, IL-21, cooperates with TGF- to induce T<sub>H</sub>17 cells in naive *Il6*<sup>-/-</sup> T cells and that IL-21-receptor-deficient T cells are defective in generating a T<sub>H</sub>17 response.

We previously proposed a reciprocal relationship between T<sub>H</sub>17 and T<sub>reg</sub> cells and suggested that IL-6 is pivotal in determining whether an immune response is dominated by T<sub>H</sub>17 or T<sub>reg</sub> cells<sup>9,10</sup>. We predicted that *Il6*<sup>-/-</sup> mice would not develop a T<sub>H</sub>17 response and should have high numbers of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> T<sub>reg</sub> cells in the peripheral repertoire. Thus, we crossed *Il6*<sup>-/-</sup> mice with *Foxp3gfp* 'knock-in' (*Foxp3gfp.KI*) mice<sup>9,11</sup> and analysed the presence of T<sub>reg</sub> versus T<sub>H</sub>17 cells in *Il6*<sup>-/-</sup> × *Foxp3gfp.KI* mice after immunization with the encephalitogenic myelin oligodendrocyte glycoprotein 35–55

© 2007 Nature Publishing Group

Correspondence and requests for materials should be addressed to M.O. (moukka@rics.bwh.harvard.edu) or V.K.K. (vkuchroo@rics.bwh.harvard.edu).

**Full Methods** and any associated references are available in the online version of the paper at [www.nature.com/nature](http://www.nature.com/nature).

**Supplementary Information** is linked to the online version of the paper at [www.nature.com/nature](http://www.nature.com/nature).

**Author Information** Reprints and permissions information is available at [www.nature.com/reprints](http://www.nature.com/reprints).

The authors declare no competing financial interests.

(MOG<sub>35-55</sub>) peptide emulsified in complete Freund's adjuvant (CFA). We and others have shown previously that *Il6*<sup>-/-</sup> mice are resistant to the development of experimental autoimmune encephalomyelitis (EAE)<sup>9,12-15</sup>. However, the cellular or molecular basis for this resistance was unclear although some studies suggested that *Il6*<sup>-/-</sup> mice might have a defect in T-cell priming<sup>12,13,16</sup>. On immunization, *Il6*<sup>-/-</sup> × *Foxp3gfp*.KI mice mounted an attenuated T-cell response with a defect in the generation of T<sub>H</sub>17 cells (Fig. 1a). We found that *Il6*<sup>-/-</sup> × *Foxp3gfp*.KI mice had a significantly elevated fraction of Foxp3<sup>+</sup> T<sub>reg</sub> cells in the draining lymph nodes (Fig. 1b). Thus, the 'impaired priming' of antigen-specific T-cell responses reported in *Il6*<sup>-/-</sup> mice could simply be due to the expansion of T<sub>reg</sub> cells at the expense of effector T cells in an environment that is devoid of IL-6. We therefore used MOG<sub>35-55</sub>/IA<sup>b</sup> (MHC class II) tetramers to analyse the frequency of antigen-specific (tetramer<sup>+</sup>) effector T cells (Foxp3/GFP<sup>-</sup>) and T<sub>reg</sub> cells (Foxp3/GFP<sup>+</sup>). In contrast with wild-type mice, *Il6*<sup>-/-</sup> mice had more MOG-specific T<sub>reg</sub> cells than effector T cells and the ratio of antigen-specific T<sub>reg</sub> to effector T cells was reversed (Fig. 1c, d). Thus, the lack of IL-6 favoured the generation or expansion of antigen-specific T<sub>reg</sub> cells and inhibited the development of effector T-cell responses. These data are consistent with our hypothesis that IL-6 is crucial in dictating the balance between effector T cells and T<sub>reg</sub> cells.

The deletion of T<sub>reg</sub> cells from the peripheral repertoire of *Il6*<sup>-/-</sup> mice should therefore result in T-cell priming and induction of autoimmunity dominated by interferon (IFN)- $\gamma$ -producing T<sub>H</sub>1 cells but not T<sub>H</sub>17 cells. We depleted T<sub>reg</sub> cells in *Il6*<sup>-/-</sup> mice by using a monoclonal antibody against CD25 (which led to more than 50% depletion of Foxp3<sup>+</sup> T<sub>reg</sub> cells; Supplementary Fig. 1) and then immunized with MOG<sub>35-55</sub>/CFA. As predicted and in contrast with untreated *Il6*<sup>-/-</sup> mice, T<sub>reg</sub>-depleted *Il6*<sup>-/-</sup> mice became susceptible to EAE (Fig. 2a, b and Table 1). However, cytokine analysis by enzyme-linked immunosorbent assay (ELISA) and intracellular cytokine staining of CD4<sup>+</sup> T cells from T<sub>reg</sub>-depleted *Il6*<sup>-/-</sup> mice yielded a reappearance of T<sub>H</sub>17 cells (Fig. 2c, d). IL-17 production in T<sub>reg</sub>-depleted *Il6*<sup>-/-</sup> mice reached almost wild-type levels, suggesting that T<sub>H</sub>17 cells can be generated *in vivo* in the absence of IL-6. After confirming that *Il6*<sup>-/-</sup> mice did not produce residual amounts of IL-6 (Supplementary Fig. 2), we reasoned that there might be an alternative pathway that induces T<sub>H</sub>17 cells in the absence of IL-6.

Our previous studies suggested a reciprocal relationship between T<sub>reg</sub> and T<sub>H</sub>17 cells<sup>9</sup>. Using this logic, we screened several cytokines to identify possible candidates that could substitute for IL-6. We first tested those cytokines that were able to suppress the TGF- $\beta$ -mediated induction of Foxp3 in sorted naive Foxp3/GFP<sup>-</sup> T cells derived from *Foxp3gfp*.KI mice. As well as IL-6, the IL-12 family member IL-27 and the IL-2 family member IL-21 were most efficient in inhibiting TGF- $\beta$ -driven Foxp3 induction (Fig. 3a, b, and Supplementary Fig. 3). Our analysis confirmed previous results<sup>17,18</sup> showing that IL-27 did not induce the differentiation of T<sub>H</sub>17 cells when combined with TGF- $\beta$ . In contrast, IL-21 in combination with TGF- $\beta$  not only suppressed Foxp3 expression but also induced IL-17 production from naive T cells, although not as strongly as TGF- $\beta$  plus IL-6 (Fig. 3b, c). Retinoic acid receptor-related orphan receptor (ROR)- $\gamma$  has been shown to be a transcription factor involved in the differentiation of T<sub>H</sub>17 cells<sup>19</sup>, and TGF- $\beta$  plus IL-21 also induced ROR- $\gamma$  expression in differentiating T<sub>H</sub>17 cells (Fig. 3d). Thus, IL-21 could substitute for IL-6 in the induction of ROR- $\gamma$  and IL-17, indicating that in addition to IL-6, IL-21 might cooperate with TGF- $\beta$  to drive the differentiation of T<sub>H</sub>17 cells.

To test whether IL-21 was responsible for the induction of IL-17 from naive T cells that do not produce IL-6, we compared the differentiation of naive wild-type and *Il6*<sup>-/-</sup> T cells *in vitro* in the presence of TGF- $\beta$  plus IL-21 or TGF- $\beta$  plus IL-6. TGF- $\beta$  plus IL-21 was sufficient to drive *Il6*<sup>-/-</sup> T cells into the T<sub>H</sub>17 pathway, although less efficiently than for wild-type T cells (Fig. 4a). Thus, in an IL-6-deficient environment, TGF- $\beta$  plus IL-21 could

act independently of IL-6 to induce T<sub>H</sub>17 cells. However, the frequency of T<sub>H</sub>17 cells induced by TGF- $\beta$  plus IL-21 was consistently lower than that of the induction of T<sub>H</sub>17 cells driven by TGF- $\beta$  plus IL-6.

Next we evaluated whether IL-21 was involved in the induction of T<sub>H</sub>17 differentiation under 'standard' differentiation conditions of IL-6 plus TGF- $\beta$  and whether the two cytokines (IL-6 and IL-21) cooperated to induce T<sub>H</sub>17 cells. T cells activated in the presence of IL-6 alone or in combination with TGF- $\beta$  expressed IL-21 (Fig. 4b). Furthermore, of all CD4<sup>+</sup> T-cell subsets, T<sub>H</sub>17 cells were the highest producers of IL-21 (Fig. 4b). This suggested that there might be an amplification loop in which IL-21 produced by T<sub>H</sub>17 cells participates in enhancing further differentiation of T<sub>H</sub>17 cells. We therefore compared the induction of T<sub>H</sub>17 cells by TGF- $\beta$  plus IL-6 in wild-type and *Il21r*<sup>-/-</sup> T cells<sup>20</sup>. When IL-6 and TGF- $\beta$  were used to drive the differentiation of T<sub>H</sub>17 cells, the frequency of T<sub>H</sub>17 cells induced in *Il21r*<sup>-/-</sup> CD4<sup>+</sup> T cells was half that of wild-type T cells (Fig. 4c), suggesting that IL-21 might normally contribute to T<sub>H</sub>17 differentiation mediated by TGF- $\beta$  plus IL-6. If these *in vitro* data were accurate, the T<sub>H</sub>17 response in *Il21r*<sup>-/-</sup> mice should be deficient. We found that the fraction of CD4<sup>+</sup>CD44<sup>+</sup>IL-17<sup>+</sup> T cells was significantly reduced in *Il21r*<sup>-/-</sup> mice in comparison with wild-type controls (data not shown), and this difference was also observed when CD44<sup>hi</sup> T cells were activated *in vitro* (Fig. 4d, e). Notably, the addition of recombinant IL-23 could not compensate for the defective T<sub>H</sub>17 response observed in CD44<sup>+</sup>*Il21r*<sup>-/-</sup> T cells (Fig. 4d, e). On immunization, *Il21r*<sup>-/-</sup> mice showed no appreciable defect in T-cell proliferation but a marked decrease in their ability to generate a T<sub>H</sub>17 response, whereas the production of IFN- $\gamma$  seemed to be increased (Fig. 4f). These data suggest that IL-21 produced by differentiated T<sub>H</sub>17 cells must have a function in amplifying T<sub>H</sub>17 differentiation such that in the absence of IL-21 signalling, the T<sub>H</sub>17 response is compromised. Whereas IL-6 is predominantly produced by cells of the innate immune system, IL-21 is produced mainly by the adaptive immune system, and activated T cells are the main source of IL-21 (Supplementary Fig. 4). We therefore speculate that TGF- $\beta$  and IL-6 together initiate the differentiation of T<sub>H</sub>17 cells, which in turn can produce IL-21 and thus further amplify the T<sub>H</sub>17 differentiation process. However, in the absence of IL-6, TGF- $\beta$  together with IL-21 can drive T<sub>H</sub>17 differentiation on their own. IL-6 and IL-21 cooperate in T<sub>H</sub>17 differentiation, which is further supported by the observation that *in vivo* neutralization of IL-21 in T<sub>reg</sub>-depleted *Il6*<sup>-/-</sup> mice essentially abrogated the generation of T<sub>H</sub>17 cells (Supplementary Fig. 5). This suggests that IL-6 and IL-21 independently and together must cooperate with TGF- $\beta$  to induce T<sub>H</sub>17 differentiation.

In summary, together with TGF- $\beta$ , IL-21 constitutes an additional pathway for the generation of pathogenic T<sub>H</sub>17 cells. The induction of IL-17 in naive T cells by a combination of TGF- $\beta$  and IL-21 also suppresses Foxp3 expression, suggesting that similarly to IL-6, IL-21 is able to regulate the reciprocal developmental pathway of generation of T<sub>reg</sub> and T<sub>H</sub>17 cells. The importance of the *Idd3* genetic locus, which controls susceptibility to both EAE and type 1 diabetes and regulates the function of T<sub>reg</sub> cells<sup>21</sup>, might in part be due to the presence of *Il21* in addition to *Il2* in the *Idd3* interval. IL-21 binds to the IL-21 receptor, which consists of a unique IL-21 receptor subunit and the common cytokine receptor  $\gamma$ -chain shared by other cytokine receptors including the receptors for IL-2, IL-4, IL-7, IL-9 and IL-15 (ref. 22). In contrast to these cytokines, binding of IL-21 to its receptor preferentially activates the downstream signalling molecules STAT1 and STAT3 (ref. 23). Because STAT3 is an important signalling molecule in T<sub>H</sub>17 differentiation<sup>24</sup>, it is likely that IL-21-induced activation of STAT3, like IL-6-induced activation of STAT3, cooperates with TGF- $\beta$  signalling to induce the transcription factor ROR- $\gamma$  and drive T<sub>H</sub>17 differentiation.

Because differentiated T<sub>H</sub>17 cells may be the most robust producers of IL-21, we propose that the ability of T<sub>H</sub>17 cells to produce IL-21 further amplifies the T<sub>H</sub>17 response. This reverberating pathway is similar to the mechanism in which IL-4 produced by T<sub>H</sub>2 cells promotes T<sub>H</sub>2 differentiation<sup>25,26</sup>. However, T<sub>H</sub>17 responses also seem to be tightly counter-regulated in that IL-27, an IL-12 family member produced by cells of the innate immune system, and IL-25, an IL-17 family member produced by the innate immune system and activated T cells, can dampen and eventually shut off T<sub>H</sub>17 responses<sup>17,18,27</sup>. We suggest that enhanced autoimmunity observed in mice injected with exogenous IL-21 (ref. 28) might be partly due to increased differentiation of T<sub>H</sub>17 cells and suppression of T<sub>reg</sub> generation *in vivo*. Targeting IL-21 in autoimmune diseases may therefore readjust the balance between pathogenic T<sub>H</sub>17 and Foxp3<sup>+</sup> T<sub>reg</sub> cells, which is believed to be defective in human autoimmune diseases.

### ***In vitro* T-cell proliferation and measurement of cytokines**

Proliferation was determined by incorporation of [<sup>3</sup>H]thymidine. Cytokines were measured by ELISA, cytometric bead array (BD Biosciences) or fluorescent bead assay (Luminex). Intracellular cytokine staining and isolation of mRNA for determination of cytokine expression by real-time polymerase chain reaction (PCR) were performed after stimulation with 12-*O*-tetradecanoylphorbol-13-acetate/ionomycin (see Methods).

### **T-cell differentiation *in vitro***

Naive CD4<sup>+</sup> T cells (CD4<sup>+</sup>CD62L<sup>hi</sup> or CD4<sup>+</sup>CD62L<sup>hi</sup>Foxp3/GFP<sup>-</sup>) were purified by fluorescence-activated cell sorting and stimulated for three days with plate-bound antibody against CD3 (145-2C11, 4 μg ml<sup>-1</sup>) plus soluble antibody against CD28 (PV-1, 2 μg ml<sup>-1</sup>) or by soluble anti-CD3 (2 μg ml<sup>-1</sup>) plus irradiated syngeneic splenocytes as antigen-presenting cells and recombinant cytokines: human TGF-β1 (3 ng ml<sup>-1</sup>), mouse IL-6 (30 ng ml<sup>-1</sup>), mouse IL-21 (100 ng ml<sup>-1</sup>) or mouse IL-27 (25 ng ml<sup>-1</sup>; all from R&D Systems). Blocking of IL-21 activity *in vitro* was performed by the addition of a goat anti-mouse IL-21 antibody (25 μg ml<sup>-1</sup>; R&D Systems) or by IL-21R-Ig (100 μg ml<sup>-1</sup>). Polarization of T cells into T<sub>H</sub>1, T<sub>H</sub>2 or T<sub>H</sub>17 cells was performed by solid-phase anti-CD3 (4 μg ml<sup>-1</sup>) and soluble anti-CD28 (2 μg ml<sup>-1</sup>) in the presence of recombinant mouse IL-12 (10 ng ml<sup>-1</sup>; R&D Systems) plus anti-IL-4 (11B.11; 10 μg ml<sup>-1</sup>) for T<sub>H</sub>1, mouse IL-4 (10 ng ml<sup>-1</sup>; R&D Systems) plus anti-IL-12 (C17.8; 10 μg ml<sup>-1</sup>) for T<sub>H</sub>2, and TGF-β1 plus IL-6 for T<sub>H</sub>17. Monoclonal antibodies against mouse CD3, mouse CD28, mouse IL-4 and mouse IL-12 were purified from the supernatants of hybridomas obtained from the American Type Culture Collection (ATCC).

## **METHODS**

### **Induction of EAE**

EAE was induced by subcutaneous immunization of mice with 100 μl of an emulsion containing 100 μg of MOG<sub>35-55</sub> peptide (MEVGWYRSPFSRVVHLYRNGK) and 250 μg of *M. tuberculosis* H37 Ra (Difco) in incomplete Freund's adjuvant oil plus an intraperitoneal injection of 200 ng of pertussis toxin (List Biological Laboratories) on days 0 and 2. For T<sub>reg</sub> depletion, animals were injected intraperitoneally with 500 μg of monoclonal antibody against CD25 (PC61) on days -5 and -3 before immunization. Clinical signs of EAE were assessed as reported<sup>11</sup>. Linear regression analysis of individual EAE scores was performed for the acute disease phase (until the mean maximum score was reached in each group) and the chronic disease phase (over the complete disease course). Animals were kept in a conventional, pathogen-free facility at the Harvard Institutes of Medicine, and all

experiments were performed in accordance with the guidelines prescribed by the standing committee of animals at Harvard Medical School, Boston, Massachusetts.

### Generation of IL-21 receptor-Ig (IL-21R-Ig)

The complementary DNA fragment encoding the extracellular domain (amino acids 20–236) of mouse IL-21R (GenBank accession number NM\_021887) was amplified by PCR from a mouse splenocyte cDNA library. A second cDNA fragment encoding the Fc portion of human IgG4 was cloned by PCR from a human cDNA library from peripheral blood mononuclear cells. The two cDNA fragments were joined in frame by overlapping PCR and subsequently cloned into the mammalian expression vector pSecTag/FRT/V5-His-TOPO (Invitrogen). The ligated construct (1.0 µg) was co-transfected with pOG44 (10.0 µg; Invitrogen) into the Flp-In CHO cell line (Invitrogen), using GeneJammer transfection reagent (Stratagene), in accordance with the manufacturer's instructions. Transfectants were selected in 800 µg ml<sup>-1</sup> hygromycin B, and maintained in UltraCHO (BioWhittaker). IL-21R-Ig was purified from the culture supernatant by passage through a Protein G–Sephrose column. Bound protein was eluted with 100 mM glycine-HCl pH 3.0 and immediately neutralized with 1.25 M Tris-HCl pH 8.8. The eluted protein was concentrated with an UltraFree-4 centrifugal device (Millipore), and the concentration was determined spectrophotometrically. The reagent was tested *in vitro* for its ability to neutralize the activity of IL-21-mediated T<sub>H</sub>17 differentiation.

### Preparation of mononuclear cells from the central nervous system

After perfusion through the left cardiac ventricle with cold PBS, forebrain and cerebellum were dissected and spinal cords were flushed out with PBS by hydrostatic pressure followed by digestion with collagenase D (2.5 mg ml<sup>-1</sup>; Roche Diagnostics) and DNase I (1 mg ml<sup>-1</sup>; Sigma) at 37 °C for 45 min. Mononuclear cells were isolated by passing the tissue through a cell strainer (70 µm mesh) and Percoll gradient (70%–37%) centrifugation. Mononuclear cells were removed from the interphase, washed and resuspended in culture medium for further analysis.

### *In vitro* T-cell proliferation

Draining lymph-node cells or splenocytes were cultured in DMEM/10% FCS supplemented with 50 µM 2-mercaptoethanol, 1 mM sodium pyruvate, non-essential amino acids, L-glutamine and 100 U ml<sup>-1</sup> penicillin/100 µg ml<sup>-1</sup> streptomycin. For antigen-specific recall cultures, 2.5 × 10<sup>6</sup> lymph-node cells or 5 × 10<sup>6</sup> ml<sup>-1</sup> splenocytes were cultured for three days in the presence of MOG<sub>35–55</sub> or OVA<sub>323–339</sub>. During the last 16 h, cells were pulsed with 1 µCi of [<sup>3</sup>H]thymidine (PerkinElmer). [<sup>3</sup>H]Thymidine incorporation in triplicate wells was measured with a  $\beta$ -counter (1450 MicroBeta Trilux; PerkinElmer).

### Measurement of cytokines

Cell culture supernatants were collected after 48 h and the secreted cytokines were determined by ELISA (antibodies for IL-17 from BD Biosciences), by cytometric bead array (BD Biosciences) or by fluorescent bead assay (Luminex) for the indicated cytokines, in accordance with the manufacturers' instructions. For quantitative PCR, RNA was extracted from FACS-sorted cells by using RNeasy columns (Qiagen) after 48 h of stimulation *in vitro*. cDNA was transcribed as recommended (Applied Biosystems) and used as a template for quantitative PCR. Primer/probe mixtures for mouse ROR- $\gamma$  and mouse IL-21 were obtained from Applied Biosystems. The Taqman analysis was performed on the AB 7500 Fast System (Applied Biosystems). Gene expression was normalized to the expression of  $\beta$ -actin.

## Staining with MOG<sub>35–55</sub>/IA<sup>b</sup> tetramers and intracellular cytokine staining

MOG<sub>35–55</sub>/IA<sup>b</sup> tetramers were generated as reported<sup>11</sup>. The procedure for staining *ex vivo* with MOG<sub>35–55</sub>/IA<sup>b</sup> tetramers has been described in detail previously<sup>29</sup>. In brief, single-cell suspensions were incubated at a density of 10<sup>7</sup> cells ml<sup>-1</sup> with the IA<sup>b</sup> multimers (30 µg ml<sup>-1</sup>) in DMEM supplemented with 5 µM IL-2 and 2% FCS (pH 8.0) at room temperature for 2.5 h. After being washed, cells were stained with 7-AAD (Molecular Probes) and CD4 (RM4-5; BD Biosciences). The percentage of tetramer<sup>+</sup> cells was determined in the CD4<sup>+</sup> gate of live (7-AAD<sup>-</sup>) cells. To control for non-specific binding, IA<sup>s</sup> control tetramers were used<sup>29</sup>. For intracellular cytokine staining, cells were stimulated for 4 h in culture medium containing 12-O-tetradecanoylphorbol-13-acetate (50 ng ml<sup>-1</sup>; Sigma), ionomycin (1 µg ml<sup>-1</sup>; Sigma), and monensin (GolgiStop, 1 µl ml<sup>-1</sup>; BD Biosciences) at 37 °C under 10% CO<sub>2</sub>. After staining of surface markers, cells were fixed and permeabilized (Cytofix/Cytoperm and Perm/Wash buffer, BD Biosciences) followed by staining with monoclonal antibodies against mouse IL-17 and IFN- (BD Biosciences) and fluorocytometric analysis (FACSCalibur).

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

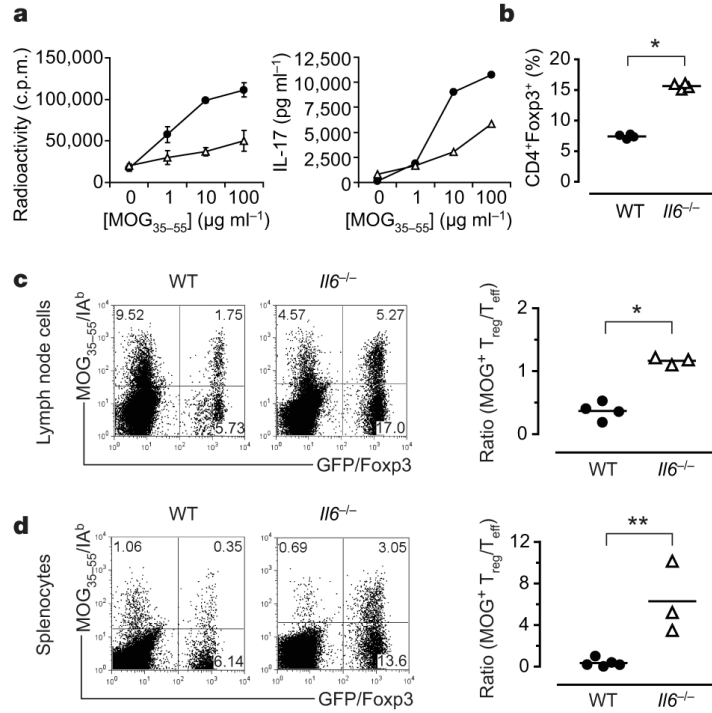
## Acknowledgments

We thank M. Collins for providing *IL21r<sup>-/-</sup>* mice, and D. Kozoriz, S. Tente, R. Chandwaskar and D. Lee for cell sorting and technical assistance. This work was supported by grants from the National Multiple Sclerosis Society, the National Institutes of Health, the Juvenile Diabetes Research Foundation Center for Immunological Tolerance at Harvard, and the Deutsche Forschungsgemeinschaft. V.K.K. is the recipient of the Javits Neuroscience Investigator Award from the National Institutes of Health.

## References

1. Abbas AK, Murphy KM, Sher A. Functional diversity of helper T lymphocytes. *Nature*. 1996; 383:787–793. [PubMed: 8893001]
2. Cua DJ, et al. Interleukin-23 rather than interleukin-12 is the critical cytokine for autoimmune inflammation of the brain. *Nature*. 2003; 421:744–748. [PubMed: 12610626]
3. Langrish CL, et al. IL-23 drives a pathogenic T cell population that induces autoimmune inflammation. *J. Exp. Med.* 2005; 201:233–240. [PubMed: 15657292]
4. Weaver CT, Hatton RD, Mangan PR, Harrington LE. IL-17 family cytokines and the expanding diversity of effector T cell lineages. *Annu. Rev. Immunol.* 2007; 25:821–852. [PubMed: 17201677]
5. Steinman L. A brief history of T<sub>H</sub>17, the first major revision in the T<sub>H</sub>1/T<sub>H</sub>2 hypothesis of T cell-mediated tissue damage. *Nature Med.* 2007; 13:139–145. [PubMed: 17290272]
6. Veldhoen M, Hocking RJ, Atkins CJ, Locksley RM, Stockinger B. TGF $\beta$  in the context of an inflammatory cytokine milieu supports de novo differentiation of IL-17-producing T cells. *Immunity*. 2006; 24:179–189. [PubMed: 16473830]
7. Veldhoen M, Hocking RJ, Flavell RA, Stockinger B. Signals mediated by transforming growth factor- $\beta$  initiate autoimmune encephalomyelitis, but chronic inflammation is needed to sustain disease. *Nature Immunol.* 2006; 7:1151–1156. [PubMed: 16998492]
8. Mangan PR, et al. Transforming growth factor- $\beta$  induces development of the T<sub>H</sub>17 lineage. *Nature*. 2006; 441:231–234. [PubMed: 16648837]
9. Bettelli E, et al. Reciprocal developmental pathways for the generation of pathogenic effector T<sub>H</sub>17 and regulatory T cells. *Nature*. 2006; 441:235–238. [PubMed: 16648838]
10. Bettelli E, Oukka M, Kuchroo VK. T<sub>H</sub>17 cells in the circle of immunity and autoimmunity. *Nature Immunol.* 2007; 8:345–350. [PubMed: 17375096]
11. Korn T, et al. Myelin-specific regulatory T cells accumulate in the CNS but fail to control autoimmune inflammation. *Nature Med.* 2007; 13:423–431. [PubMed: 17384649]

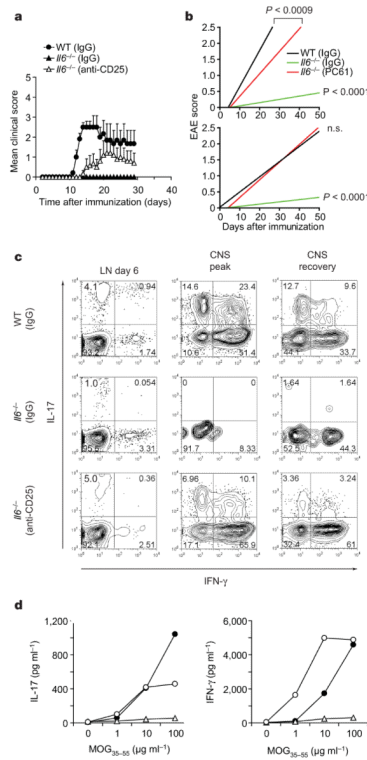
12. Samoilova EB, Horton JL, Hilliard B, Liu TS, Chen Y. IL-6-deficient mice are resistant to experimental autoimmune encephalomyelitis: roles of IL-6 in the activation and differentiation of autoreactive T cells. *J. Immunol.* 1998; 161:6480–6486. [PubMed: 9862671]
13. Okuda Y, et al. IL-6-deficient mice are resistant to the induction of experimental autoimmune encephalomyelitis provoked by myelin oligodendrocyte glycoprotein. *Int. Immunol.* 1998; 10:703–708. [PubMed: 9645618]
14. Mendel I, Katz A, Kozak N, Ben-Nun A, Revel M. Interleukin-6 functions in autoimmune encephalomyelitis: a study in gene-targeted mice. *Eur. J. Immunol.* 1998; 28:1727–1737. [PubMed: 9603480]
15. Eugster HP, Frei K, Kopf M, Lassmann H, Fontana A. IL-6-deficient mice resist myelin oligodendrocyte glycoprotein-induced autoimmune encephalomyelitis. *Eur. J. Immunol.* 1998; 28:2178–2187. [PubMed: 9692887]
16. Okuda Y, et al. IL-6 plays a crucial role in the induction phase of myelin oligodendrocyte glycoprotein 35–55 induced experimental autoimmune encephalomyelitis. *J. Neuroimmunol.* 1999; 101:188–196. [PubMed: 10580801]
17. Batten M, et al. Interleukin 27 limits autoimmune encephalomyelitis by suppressing the development of interleukin 17-producing T cells. *Nature Immunol.* 2006; 7:929–936. [PubMed: 16906167]
18. Stumhofer JS, et al. Interleukin 27 negatively regulates the development of interleukin 17-producing T helper cells during chronic inflammation of the central nervous system. *Nature Immunol.* 2006; 7:937–945. [PubMed: 16906166]
19. Ivanov II, et al. The orphan nuclear receptor ROR  $\gamma$  t directs the differentiation program of proinflammatory IL-17<sup>+</sup> T helper cells. *Cell.* 2006; 126:1121–1133. [PubMed: 16990136]
20. Kasaian MT, et al. IL-21 limits NK cell responses and promotes antigen-specific T cell activation: a mediator of the transition from innate to adaptive immunity. *Immunity.* 2002; 16:559–569. [PubMed: 11970879]
21. Yamanouchi J, et al. Interleukin-2 gene variation impairs regulatory T cell function and causes autoimmunity. *Nature Genet.* 2007; 39:329–337. [PubMed: 17277778]
22. Leonard WJ, Spolski R. Interleukin-21: a modulator of lymphoid proliferation, apoptosis and differentiation. *Nature Rev. Immunol.* 2005; 5:688–698. [PubMed: 16138102]
23. Zeng R, et al. The molecular basis of IL-21-mediated proliferation. *Blood.* 2007; 109:4135–4142. [PubMed: 17234735]
24. Yang XO, et al. STAT3 regulates cytokine-mediated generation of inflammatory helper T cells. *J. Biol. Chem.* 2007; 282:9358–9363. [PubMed: 17277312]
25. Murphy E, et al. Reversibility of T helper 1 and 2 populations is lost after long-term stimulation. *J. Exp. Med.* 1996; 183:901–913. [PubMed: 8642294]
26. Nakamura T, Kamogawa Y, Bottomly K, Flavell RA. Polarization of IL-4- and IFN- $\gamma$ -producing CD4<sup>+</sup> T cells following activation of naive CD4<sup>+</sup> T cells. *J. Immunol.* 1997; 158:1085–1094. [PubMed: 9013946]
27. Kleinschek MA, et al. IL-25 regulates Th17 function in autoimmune inflammation. *J. Exp. Med.* 2007; 204:161–170. [PubMed: 17200411]
28. Vollmer TL, et al. Differential effects of IL-21 during initiation and progression of autoimmunity against neuroantigen. *J. Immunol.* 2005; 174:2696–2701. [PubMed: 15728477]
29. Reddy J, et al. Detection of autoreactive myelin proteolipid protein 139–151-specific T cells by using MHC II (IAs) tetramers. *J. Immunol.* 2003; 170:870–877. [PubMed: 12517952]
30. Bettelli E, et al. Myelin oligodendrocyte glycoprotein-specific T cell receptor transgenic mice develop spontaneous autoimmune optic neuritis. *J. Exp. Med.* 2003; 197:1073–1081. [PubMed: 12732654]



**Figure 1. In the absence of IL-6, antigen-specific Foxp3<sup>1</sup> T<sub>reg</sub> cells expand at the expense of effector T cells (T<sub>eff</sub> cells) *in vivo***

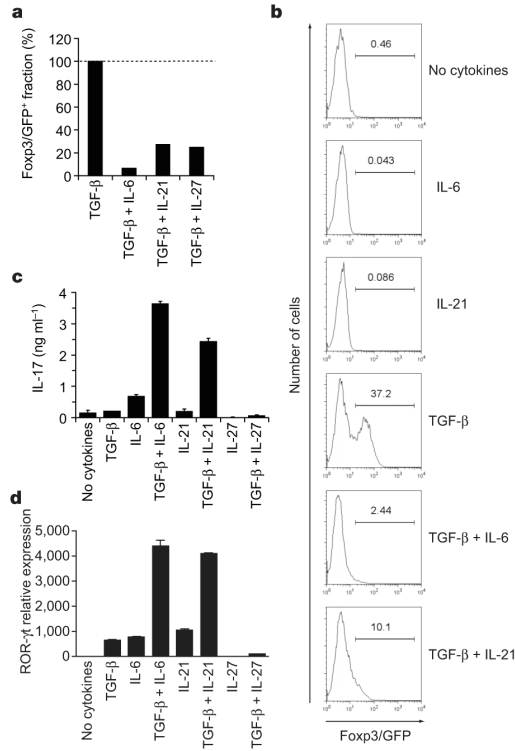
*Foxp3gfp.KI* (filled circles) or *Il6*<sup>-/-</sup> × *Foxp3gfp.KI* (*Il6*<sup>-/-</sup>; open triangles) mice were immunized with MOG<sub>35-55</sub>/CFA. **a**, Draining lymph-node cells were tested for MOG-specific proliferation and IL-17 production (means ± s.d. for triplicate determinations). **b**, The fraction of Foxp3/GFP<sup>+</sup> T cells was determined *ex vivo* by flow cytometry (asterisk,  $P < 6 \times 10^{-7}$ ; *t*-test). WT, wild type. **c**, **d**, Lymphnode cells (**c**) and splenocytes (**d**) from MOG<sub>35-55</sub>/CFA-immunized WT and *Il6*<sup>-/-</sup> mice were cultured for four days in the presence of MOG<sub>35-55</sub> and stained with a MOG<sub>35-55</sub>/IA<sup>b</sup> tetramer. The ratios of antigen-specific T<sub>reg</sub> cells (MOG tetramer<sup>+</sup>CD4<sup>+</sup>Foxp3<sup>+</sup>) to T<sub>eff</sub> (MOG tetramer<sup>+</sup>CD4<sup>+</sup>Foxp3<sup>-</sup>) cells are presented (asterisk,  $P < 0.0003$ ; two asterisks,  $P < 0.05$ ; *t*-test).



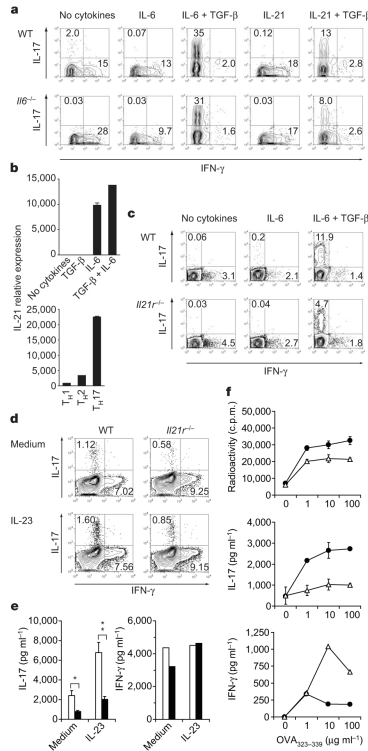


**Figure 2. Depletion of T<sub>reg</sub> cells in *Il6*<sup>-/-</sup> mice restores the development of T<sub>H</sub>17 cells and susceptibility to EAE**

*Il6*<sup>-/-</sup> × *Foxp3gfp*.KI mice were treated with antibody against CD25 to deplete T<sub>reg</sub> cells or with a control immunoglobulin (rat IgG1) and then immunized with MOG<sub>35-55</sub>/CFA. **a**, **b**, Clinical EAE scores (means and s.e.m.) (**a**) and linear regression analysis in acute (**b**, top) and chronic (**b**, bottom) stages of the disease for wild-type (WT), control *Il6*<sup>-/-</sup> and T<sub>reg</sub>-depleted *Il6*<sup>-/-</sup> mice (n.s., not significant). **c**, Lymph-node (LN) cells and mononuclear cells from the central nervous system (CNS) were recovered on days 6, 14–17 (peak disease) and 29 (recovery) and stained for CD4 and intracellular IL-17 and IFN- $\gamma$ . The numbers in the quadrants show percentages. **d**, Splenocytes (day 10) were stimulated with MOG<sub>35-55</sub> *in vitro*. Culture supernatants were collected after 48 h, and IL-17 and IFN- $\gamma$  concentrations were determined. Filled circles, WT (IgG); open triangles, *Il6*<sup>-/-</sup> (IgG); open circles, *Il6*<sup>-/-</sup> (anti-CD25).



**Figure 3. Inhibition of induction of T<sub>reg</sub> cells and generation of T<sub>H</sub>17 cells by IL-21**  
 CD4<sup>+</sup>CD62L<sup>hi</sup>Fopx3/GFP<sup>-</sup> T cells from *Fopx3gfp.KI* mice were stimulated with anti-CD3 and anti-CD28 for three days in the presence of the indicated cytokines. **a**, The expression of Fopx3/GFP was measured and the fraction of Fopx3<sup>+</sup> cells induced by TGF-β was normalized to 100%. **b**, Individual histograms showing Fopx3/GFP expression. The numbers above the histogram regions (horizontal lines) represent the percentages of Fopx3/GFP<sup>+</sup> cells. **c**, IL-17 production in these cultures after 48 h as measured by ELISA. **d**, ROR-γt expression as determined by quantitative RT-PCR in naive 2D2 (ref. 30) T cells activated for 48 h with anti-CD3 in the presence of irradiated syngeneic antigen-presenting cells and the indicated cytokines. ROR-γt expression is shown as mean and s.e.m. for duplicate determinations, relative to -actin.



**Figure 4. IL-21-driven TH17 differentiation is independent of IL-6**  
 Naive (a, b), total (c) or CD44<sup>+</sup>CD4<sup>+</sup> T cells (d, e) were cultured with anti-CD3 plus corresponding irradiated antigen-presenting cells (a, c) or anti-CD3 plus anti-CD28 (b, d, e) and the indicated cytokines. a, c, Percentages of IL-17<sup>+</sup> and IFN-<sup>+</sup> cells in T cells from wild-type (WT) or *Il6*<sup>-/-</sup> mice (a) and WT or *Il21r*<sup>-/-</sup> mice (c) after four days of culture. b, IL-21 mRNA was determined by quantitative RT-PCR (means and s.e.m. for duplicate determinations). d, e, CD4<sup>+</sup>CD44<sup>+</sup> T cells from WT or *Il21r*<sup>-/-</sup> mice were stimulated with or without recombinant IL-23 for 48 h. IL-17 and IFN- production were determined by intracellular cytokine staining (d) and ELISA (e; open columns, WT; filled columns, *Il21r*<sup>-/-</sup>) (asterisk,  $P < 0.0005$ ; two asterisks,  $P < 0.003$ ;  $t$ -test). f, WT (filled circles) and *Il21r*<sup>-/-</sup> (open triangles) mice were immunized with ovalbumin 323–339 peptide (OVA<sub>323-339</sub>)/CFA. Draining lymph-node cells were assayed for antigen-specific proliferation and cytokine production (means and s.d. for triplicate cultures).

**Table 1**EAE in wild-type and *Il6*<sup>-/-</sup> mice

Group	Incidence	Mean day of onset (mean±s.d.)	Mean maximum score (mean±s.d.)
Wild type (IgG)	11 of 13 (85%)	12.4±1.0 <sup>*</sup>	2.5±0.7 <sup>‡</sup>
<i>Il6</i> <sup>-/-</sup> (IgG)	2 of 7 (29%)	16.5±3.5 <sup>‡</sup>	1.0±0 <sup>§</sup>
<i>Il6</i> <sup>-/-</sup> (anti-CD25)	6 of 11 (55%)	14.5±1.9 <sup>*‡</sup>	2.9±0.5 <sup>‡§</sup>

Mice treated with rat IgG1 (control) or monoclonal antibody against CD25 (PC61) were immunized with MOG<sub>35-55</sub> peptide emulsified in complete Freund's adjuvant. The animals were monitored for EAE development. Statistical analysis was performed by comparing groups using one-way analysis of variance.

\*  $P < 0.008$ .

<sup>‡</sup> Not significant.

<sup>‡</sup> Not significant (mean maximum score of wild-type (IgG) versus *Il6*<sup>-/-</sup> (anti-CD25)).

<sup>§</sup>  $P < 0.002$  (mean maximum score of *Il6*<sup>-/-</sup> (IgG) versus *Il6*<sup>-/-</sup> (anti-CD25)).