# **Review Article**



# Neuronal Autophagy and Neurodevelopmental Disorders

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Neurodevelopmental disorders include a wide range of diseases such as autism spectrum disorders and mental retardation. Mutations in several genes that regulate neural development and synapse function have been identified in neurodevelopmental disorders. Interestingly, some affected genes and pathways in these diseases are associated with the autophagy pathway. Autophagy is a complex, bulky degradative process that involves the sequestration of cellular proteins, RNA, lipids, and cellular organelles into lysosomes. Despite recent progress in elucidating the genetics and molecular pathogenesis of these disorders, little is known about the pathogenic mechanisms and autophagy-related pathways involved in common neurodevelopmental disorders. Therefore, in this review, we focus on the current understanding of neuronal autophagy as well as recent findings on genetics and the roles of autophagy pathway in common neurodevelopmental disorders.

Key words: mTOR, autophagy, neurodevelopment, homeostasis, neurodevelopmental disorders

# INTRODUCTION

# Autophagy

Autophagy, which is a highly conserved pathway from yeast to mammals, is a major catabolic process that delivers cytosolic components to lysosomes for degradation. It is considered to be important for cellular homeostasis, especially under nutrient-deficient or stress conditions, by degrading cytosolic materials in order to either supply the components required for alternate energy metabolism pathways or remove toxic components for cell survival. However, a growing body of evidence has suggested that autophagy is constitutively activated during normal nutrient

cytoplasmic contents by invagination of the lysosomal membrane into its lumen. CMA involves the selective sequestration of proteins with a KFERQ-like motif into lysosomes via chaperones Hsc70 and LAMP-2A (*Lysosomal-Associated Membrane Protein-2A*) complex. Macroautophagy (referred to as autophagy)

conditions in a cell-type specific manner. Autophagy has been implicated in various cellular processes such as protein and

organelle quality control, development and differentiation, ageing,

and immunity. Therefore, alteration of autophagy is associated

with several cellular pathologies and diseases, including tumor

formation, infectious diseases, liver diseases, myopathy, diabetes,

and several neurodegenerative diseases [1, 2]. Autophagy can

be generally classified as microautophagy, chaperone-mediated

(CMA), or macroautophagy [2-4]. Microautophagy delivers the

is the well-characterized form of autophagy that involves the sequestration of cytosolic components into lysosomes in a

non-selective manner. Although autophagy is mostly a non-

Received August 30, 2013, Revised September 12, 2013, Accepted September 12, 2013

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specific degradative process, there are some selective forms of autophagy in terms of cargo selectivity (e.g. mitophagy for mitochondria, pexophagy for peroxisomes, nucleophagy for nucleus, reticulophagy for endoplasmic reticulum, xenophagy for pathogens, and granulophagy for stress granules) [4, 5]. Although these several forms of autophagy are important for physiology and pathology, in this review, we discuss the general form of autophagy, macroautophagy, in neurodevelopment and neurodevelopmental disorders. In this section, the current understanding of the roles of molecular components and autophagy signaling in neurodevelopment are described. A thorough understanding of the molecular mechanism by which autophagy is regulated in neurodevelopment might provide potential targets for the novel therapeutic intervention of common neurodevelopmental disorders associated with autophagy.

# Autophagy machinery and signaling pathway

Understanding of the molecular pathway of autophagy has been achieved by identifying several autophagy genes (ATG) from yeast to mammals. Autophagy requires several essential steps for lysosomal degradation: initiation (induction), nucleation (formation of isolation membrane), expansion (elongation of autophagosomes), and maturation of autophagosome. Several ATG are involved in each step of autophagy, and mutations in these genes have been found in several human diseases [2-4].

# Initiation (induction)

Autophagy can be induced in an mTOR-dependent or -independent manner by diverse input signals such as nutrients, growth factors, Ca<sup>2+</sup>, ATP, cAMP, hormone, and protein accumulation under physiological or pathological conditions [4]. Interestingly, in the induction stages of autophagy, many signals converge at the level of the mammalian target of rapamycin complex 1 (mTORC1), which consists of mTOR and several other signaling molecules (DEPTOR [DEP-domain containing mTOR interacting protein], RAPTOR [Regulatory Associated Protein of mTOR], PRAS40, and GβL), although mTOR-independent induction of autophagy by cAMP/Epac (exchange protein directly activated by cAMP 2)/Rap2 (Ras-like small GTPase)/PLC (Phospholiase C) signaling or calpain inhibition has been reported [6]. mTORC1 is known as an important regulator of cell growth, proliferation, and protein synthesis. Under nutrient conditions, PIK3C1 kinase (Class I Phosphatidyl-3-Inositol Kinase) activates mTORC1, which in turn phosphorylates ULK1 (*Uncoordinated [unc-51]* Like Kinase 1) and ATG13 of the ULK complex (consists of ULK1/2, ATG13, FIP200 [Focal Adhesion Kinase (FAK) family Interacting Protein of 200 kDa]), resulting in inhibition of autophagy. Consequently, inactivation of mTORC1 by nutrient deprivation or rapamycin treatment could activate the autophagy pathway. ULK1 phosphorylates FIP200 and ATG13 as members of the ULK complex as well as regulates trafficking of ATG9 and the proper localization of PIK3C3 (*Class III Phosphatidyl-3-Inositol Kinase*), which is another crucial autophagy-inducing complex. [2-4,7].

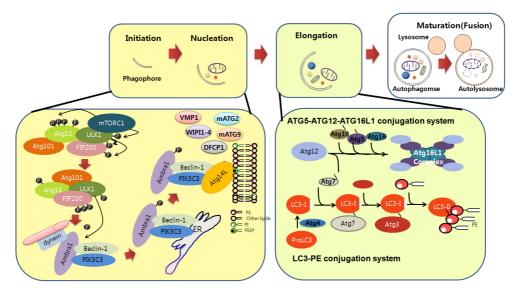
#### Nucleation

The Beclin1/PIK3C3 complex (Beclin1 [Bcl2 interacting protein 1], PIK3C3, AMBRA1, p150, UVRAG [UV Radiation Resistance-Associated Gene], and ATG14) participates in the nucleation step. In this step, phosphatidyl-inositol-3-phosphate (PI3P) induced by PIK3C3 recruits other ATG proteins at the phagophore (isolation membrane) assembly site. These ATG proteins include DFCP1 (Double FYVE- Containing Protein 1), WIPI 1-4 (WD repeat domain Phosphoinositide Interacting), mATG2, VMP1 (Vacuole Membrane Protein 1), and ATG9. Once autophagy is induced, activated ULK1 phosphorylates AMBRA1, leading to translocation of the PIK3C3 complex from the microtubule network to the endoplasmic reticulum (ER), which is considered as the most important source of autophagosome formation. Beclin1 regulates PIK3C3 kinase activity through interactions with multiple modulators. Beclin1 negatively regulates autophagy by interacting with the anti-apoptotic proteins BCL2 (B-cell Lymphoma) and BCL-XL [1]. Interaction of Beclin1 with Atg14 or with UVRAG with Bif1 via UVRAG promotes PIK3C3 kinase activity [2-4, 7].

# Elongation

The elongation step for efficient expansion of the phagophore requires two ubiquitin-like conjugation systems: the ATG12-ATG5-ATG16L1 (ATG12, ATG7, ATG10, ATG5, and ATG16L1) and LC3-PE (Microtubule-associated Light Chain *3-Phosphatidyl Ethanolamine*; consists of LC3, ATG4, ATG7, and ATG3) complexes. The ATG12-ATG5 complex involves expansion of the phagophore membrane through interactions with other PI3P-recruited proteins. Cleaved LC3 (LC3-I) by ATG4, a cysteine protease, is conjugated to PE by the concerted activities of the ATG7, ATG3 (an E2 ligase), and ATG12-ATG5-ATG16L1 complexes to form the LC3-PE (LC3-II) system (Fig. 1). The LC3-PE system also involves cargo recognition through interactions with p62/SQSTM1 (Sequestosome 1), NBR1 (Neighbor of BRCA1 gene), and NDP52 (Nuclear Dot Protein 52). LC3-PE (LC3-II) is used as a marker of autophagosomes [8]. Despite the extensive involvement of these two ubiquitin-like conjugation systems in autophagy, the presence of ATG5-, ATG7-, and LC3-





**Fig. 1.** Molecular components and signaling of autophagy. Autophagy begins with phagophore formation (isolation membrane). Initiation of phagophore formation is tightly regulated by various protein complexes. Under nutrient conditions, mTOR in the mTORC complex interacts with the ULK complex, thereby limiting its activity. mTOR is inhibited by autophagy induction condition such as starvation, thereby activating the ULK complex, which in turn activates and translocates the PIK3C3 complex from microtubules to the ER. Beclin1, together with other components of the PIK3C3 complex such as Atg14, promotes PIK3C3 kinase activity. Activated PIK3C3 kinase generates PI3P, which in turn recruits WIPI1-4, VMP1, DFCP1, mATG2, and transmembrane mATG9 to nucleate the phagophore in close proximity to the cargo. Elongation of the phagophore to the limiting membrane around the cargo is regulated by the ATG5-ATG12-ATG16L1 and LC3-PE conjugation systems. ATG12 binds to ATG5, followed by ATG16L1 binding to form the ATG5-ATG12-ATG16L1 complex. LC3-PE complex formation is initiated by cleavage of LC3 by ATG4, followed by coordinated interactions with the ATG7, ATG3 (an E2 ligase), and ATG5-ATG12-ATG16L1 complex to generate LC3-PE on the phagophore membranes. The autophagosome then directly fuses with lysosomes for final degradation.

independent autophagy pathways has been reported [9].

# Maturation (fusion with lysosomes)

After completion of autophagosome formation, autophagosomes can fuse with endosomes or lysosomes. Although it is unclear how exactly autophagosomes fuse with lysosomes, their fusion is known to require several proteins such as LAMP2, the Rubicon-UVRAG complex, SNAREs (soluble N-ethylmalemide sensitive factor attachment protein receptor), HOPS (homotypic fusion and protein sorting), Rab (Ras [rat sarcoma] like in rat brain), ESCRT (Endosormal sorting complex required for transport), and LC3 [4, 10, 11]. Once the autophagosome fuses with lysosomes, cytosolic components are degraded by hydrolases and lipases. Genetic manipulation of autophagy genes in vitro and in vivo has enabled us to elucidate the roles of autophagy in neurons.

# Neuronal autophagy

Although the autophagy pathway is important for most cells in various tissues, it must be tightly regulated in post-mitotic neurons, which are sensitive to the accumulation of toxic proteins/damaged organelles. Neuronal autophagy is important for proper development and neuronal signaling, which ensures the formation of appropriate neuronal connections and their

function. Consequently, alteration of autophagy in neurons causes a cellular traffic jam in highly polarized structures during neural development and neuronal functions. Indeed, autophagy is constitutively active in healthy neurons [12-14]. A previous study using neuron-specific  $atg5^{-/-}$  or  $atg7^{-/-}$  deficient mice in the central nervous system showed abnormal protein aggregates and eventual neurodegeneration leading to motor dysfunction, indicating that autophagy is essential for neuronal homeostasis and quality control [15-17]. In addition, autophagy plays a prominent role in clearing defective organelles in post-mitotic neurons. It has been reported that elimination of impaired mitochondria (mitophagy) depends on ubiquitination by Parkin, an E3 ubiquitin ligase [3].

Neuronal homeostasis in developing neurons might be critical for growth or refinement of their polarized structures such as axons and dendrites. Indeed, during development, proper degradation of proteins or organelles is required for structural plasticity. Recent studies have demonstrated a crucial role for autophagy-related genes in the development and maturation of axons, dendrites, and synapses. Mice with a specific deletion of *atg7* in Purkinje neurons in the cerebellum show massive accumulation of aberrant membrane-bounded organelles as well as abnormal membrane structures in dystrophic neurites in a cell-autonomous manner, indicating that autophagy regulates axon homeostasis.

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It has also been reported that autophagosomes accumulate in developing neurons during brain development [18]. Interestingly, lysosomal activity has been associated with axon pruning in vivo [19]. Recent genetic studies have found that loss of autophagy in pro-opimelanocortin (POMC) neurons perturbs axon growth in vivo, indicating a crucial role for autophagy in axon growth [20]. Furthermore, our recent study showed that autophagy regulates early axon extension via the RhoA-ROCK pathway by regulating hnRNP-Q1 in cultured cortical neurons, indicating that autophagy might serve as a fine tuning mechanism for the regulation of structural plasticity during early axon growth [21]. The PI3K-Akt-Tuberous Sclerosis Complex (TSC) signaling pathway is one of the pathways associated with autophagy during early axon growth [22, 23]. TSC1 and TSC2, which inhibit mTOR signaling, are known as important regulators of cell size and growth [24, 25]. TSC has been reported to be localized to axons in developing cultured neurons, and overexpression of Tsc1/2 or rapamycin has been shown to suppress axon growth [26]. Moreover, a murine study using Unc51.1/Ulk1(ATG1), which is required for autophagy induction, revealed that inhibition of Ulk1 suppresses neurite outgrowth [27].

Neuronal autophagy might regulate synaptic growth or function in polarized structures such as axons and dendrites. In Drosophila larvae, autophagy promotes synaptic development at neuromuscular junctions (NMJ) [28]. Specifically, mutants of atg showed shrinkage of NMJ synapses and reduction of bouton numbers. Further, autophagy was shown to regulate NMJ growth by downregulating the level of Hiw, an E3 ligase. In addition, according to a recent report, the autophagic pathway can also regulate presynaptic structure and function in dopaminergic neurons, indicating that it is involved in synaptic transmission in axon terminals [29]. Interestingly, AMPA receptors accumulate in autophagosomes in neuronal axons lacking adaptor protein AP-4, suggesting the important role of autophagy in the recycling of AMPA receptors in Purkinje neurons. Furthermore, a recent study showed that neuronal stimulation induces autophagy for AMPA receptor degradation after long-term chemical depression in hippocampal neurons, further supporting the role of autophagy in synaptic plasticity [30].

Besides synaptic function, previous studies have indicated a role for autophagy in neuronal differentiation. Genetic study based on AMBRA1 haploinsufficiency or pharmacological (wortmanin, 3-methyladenine) treatment showed disrupted neurogenesis in cultured cells derived from the olfactory bulb of mice. Treatment with 3-methyladenine also was shown to impair neurogenesis in chicken otic epitilial cells [31]. Moreover, autophagy impairment disrupts neuroblastoma differentiation into neurons as well as glioma stem/progenitor cell differentiation [32], indicating the

role of autophagy in neuronal differentiation and neurogenesis. More interestingly, a recent study showed that Sonic hedgehog (Shh), which is a well known neurodevelopment gene, promotes autophagy in hippocampal neurons, indicating a link between Shh (a neurodevelopmental gene) and autophagy pathways [33].

Acute defects in autophagy during early neurodevelopment or synaptic activity may cause impairment of neural differentiation, axon growth, or neuronal signaling, resulting in synaptic malfunction before severe neurodegeneration. Thus, manipulation of the autophagic pathway may represent an important therapeutic strategy for the promotion of neural differentiation, axonal growth, synaptic growth, or regeneration of neurites in neurodevelopmental disorders.

# Autophagy-related signaling in neurodevelopmental disorders

Neurodevelopmental disorders characterized by cognitive deficits and behavioral impairment include a multifaceted group of mental diseases. Numerous works have demonstrated a link between aberrant signaling pathways and various neurodevelopmental disorders represented by abnormal neural structures and function. However, the abnormalities affecting genes and signaling pathways associated with neural development and synaptic function are more collective effects rather than individual ones, as they overlap among various neurodevelopmental disorders. Despite complicated pathophysiological mechanisms underlying neurodevelopmental disorders, the study of autism spectrum disorders (ASDs) has provided insights into the pathways involved in autophagy-related disease pathogenesis. Here, we discuss a subset of ASDs related to mTOR-dependent or -independent signaling associated with autophagy: autism, tuberous sclerosis, and fragile X syndrome and neurofibromatosis (Fig. 2).

#### **Autism**

Mutations in PTEN (phosphatase and tensin homolog deleted on chromosome ten) are well known to be associated with autism [34]. PTEN functions as a lipid phosphatase to regulate PI3K/Akt signaling and controls TSC-mTOR, which regulates induction of autophagy. Recently, it was reported that disinhibited mTOR is implicated in mice displaying an autistic phenotype, suggesting that autophagy may be deregulated in autism [35]. Parada and colleagues reported that dysfunctional activation of the PI3K/mTOR pathway upon mutation of PTEN is associated with abnormal neuronal arborization and social interaction deficits [35]. Malformation of the neuronal structure resulting from abnormal TSC-mTOR signaling upon PTEN mutation might be associated



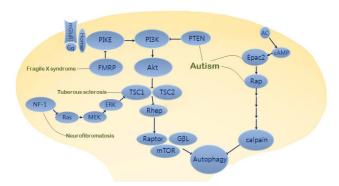


Fig. 2. Autophagy-related common pathway in neurodevelopmental disorders. Activation of PI3K-Atk signaling suppresses TSC1 and TSC2 complex leading to inactivation of Rheb (isoform of Ras superfamily) and release of mTOR from mTORC1 (mTOR complex 1). Dysfunctions of FMRP as a PIKE (PI3K enhancer) repressor in fragile X syndrome and TSC1/TSC2 as an mTOR repressor in tuberous sclerosis produce defects of neuronal development and synaptic plasticity with autistic behavioral phenotypes. In autism, mutations of PTEN (phosphatase and tensin homolog deleted on chromosome ten) also induce abnormal hyperactivity of PI3K/mTOR signaling pathway. Besides mTORdependent pathway, mTOR-independent pathway such as Epac2-Rap signaling affects neurite formation and autism phenotypes. Epac2, autism candidate gene RAPGEF4, is activated by cAMP binding and then changes an inactivated form to activated form of Rap which can regulate calpain via PLCs pathway. Neurofibromin encoded by NF1 normally leads to inactivation of Ras. However, mutations of neurofibromin in Neurofibromatosis 1 causes overactivation of Ras/ERK and PI3K signaling, leading to inactivation of TSC1/TSC2 complex and release of mTOR from Rheb suppression.

with alteration of autophagy during neural development. Conversely, pharmacological treatment with rapamycin to inhibit mTOR pathway has been shown to partially restore most autism-like symptoms, including social behaviors, as well as improve abnormal neuroanatomical structures such as neuronal hypertrophy and macrocephaly in PTEN mutant mice [36, 37].

Several autism-associated genes encompass the mTOR-independent Epac2-Rap pathway [38], consistent with a pivotal role in neural development and synaptic plasticity [39]. Epac2, a guanine nucleotide exchange factor (GEF) for Rap (Ras-like small GTPase), is a product of the RAPGEF4 gene responsible for autism [40] and is known to play a role in the inhibition of autophagy. Penzes's research group have reported that Epac2 has an important function in basal dendrite formation during development via Rap signaling, further supporting the involvement of autophagy in neurite growth and Epac2-Rap pathway [38].

# **Tuberous sclerosis**

Tuberous sclerosis, a type of ASD, is a neurocutaneous synd-

rome that causes non-malignant tumors in multiple organs. Tuberous sclerosis is caused by mutation of the TSC1 and TSC2 genes, which encode harmartin and tuberin, respectively. A heterodimeric complex consisting of TSC1 and TSC2 regulates protein synthesis in various cells including neurons [41, 42], and retains mTOR in mTORC1 [43-45]. As a protein kinase, mTOR is released from the TSC1/TSC2 complex, which acts as a negative regulator of mTOR, by upstream PI3K and Akt signaling. Patients with tuberous sclerosis generally have heterozygous mutations in either TSC1 or TSC2, as homozygous gene mutations cause embryonic death. Signal transduction via mTOR is known to be required for synaptic plasticity [46], and enhancement of mTOR activity in tuberous sclerosis is involved not only in the impairment of hippocampal mGluR-LTD (long-term depression) [47, 48], but also dendritic spine plasticity, which alters the characteristics of glutamatergic synapses [49, 50]. Mice with heterozygous mutations in TSC1 or TSC2 display cognitive dysfunction without neuroanatomical defects [51]. In contrast, brief treatment of rapamycin in TSC2+/- mice shows reversal of learning deficits along with enhancement of late-phase LTP (long-term potentiation) [52]. Besides these findings, a recent publication by Sabatini and his colleagues reported that the TSCmTOR signaling pathway is central to the regulation of neural network activity by suppressing inhibitory synapses. Alterations of the excitatory and inhibitory synaptic balance due to deregulation of TSC-mTOR signaling produce the neurological dysfunction with characteristic of tuberous sclerosis [53]. On the other hand, treatment with rapamycin, an mTOR inhibitor, has been shown to cause persistent recovery of pathological neuronal features as well as several behavioral phenotypes, including impaired social interactions in a mouse model of tuberous sclerosis [54, 55].

# Fragile X syndrome (FXS)

Fragile X syndrome, the most common known genetic disease among ASDs, is caused by mutation of FMR1, which codes for FMRP (fragile X mental retardation protein). FMRP negatively regulates the translation of numerous mRNAs at synapses and has been suggested to be important for activity-dependent synapse elimination, a key process during postnatal brain development [56-58]. In a mouse model deficient in homologous FMR1 genes, FMRP was shown to mediate the specific impairment of PI3K-Atk signal transduction by upregulating Ras activity, although MEK (extracellular signal-regulated kinase kinase)-ERK (extracellular signal-regulated kinase kinase) signaling downstream of Ras is normal [59]. Additionally, FMR1 knockout (KO) mice show elevated mTOR signaling, leading to dysregulation of the PI3K/

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Atk/mTOR pathway [60]. Based on the aforementioned role of neuronal autophagy in synaptic growth and function, evidence has suggested a direct correlation between impairment of PI3K-Atk signaling and abnormal dendritic spine morphogenesis as well as selective defects in associative learning in fragile X syndrome [61-66]. A previous study showed that human patients with fragile X syndrome display dysregulation of mTOR signaling, as observed in a FMR1 KO mouse model [67]. Furthermore, from a fundamental pathophysiological point of view, FMR1 KO mice show increased basal protein synthesis [68,69], which is consistent with the notion of FMRP as a translational repressor, suggesting the possibility of altered neuronal autophagy activity due to disruption of cellular homeostasis or cellular energy metabolism. Indeed, the molecular mechanisms linking functional loss of FMRP1 with excessive synthesis of proteins such as PIKE (PI3K enhancer) through aberrant mGluR-dependent synaptic plasticity are implicated in the enhancement of PI3K/mTOR signaling at synapses [60, 70]. These findings highlight the potential roles of mTOR inhibitors such as rapamycin as therapeutic drugs for treatment of fragile X syndrome [71].

# Neurofibromatosis type 1 (NF 1)

NF1 gene implicated in neurofibromatosis encodes neurofibromin, a GTPase activating protein, which acts as a negative regulator of Ras. Disinhibited Ras-MAPK signaling and mTOR hyperactivity have been observed in the patients with NF1 [72]. Mutations in neurofibromin generate overactivity of Ras, leading to enhanced activation of both PI3K and ERK signaling. The activation of these kinases suppresses the TSC1/TSC2 complex, which releases inhibitory activity of Rheb, leading to mTOR activation. Because of over-activation of Ras signaling caused by NF1 gene mutations, the functional suppression of Ras signaling with genetic or pharmacological approaches attenuates the impairment of synaptic plasticity and learning deficits shown in neurofibromatosis animal model [73, 74]. However, several studies using human and mouse brain analysis suggest that dysregulation of mTOR signaling in neurofibromatosis leads to increased glial cell growth as well as neuroglial progenitor proliferation [75] and gliomagenesis [76]. Interestingly, these are not the common cellular defects shown by mutations of PTEN, TSC1, or TSC2. Indeed, over-proliferation of astrocyte and glioma formation caused by functional inactivation of NF1 gene are associated with hyperactivity of mTOR signaling in a TSC-independent manner [76]. Therefore, it will be interesting to elucidate how each mTORrelated signaling affects disease progression and autophagy pathway.

#### **CONCLUSION & PERSPECTIVES**

Insight gained from the above studies has led to the following conclusions: 1) Neuronal autophagy may play important roles in structural refinement of neurite growth or regeneration, neural differentiation, synaptic growth, or synaptic plasticity. 2) Therefore, alteration of autophagy during neurodevelopment and synaptic plasticity might cause abnormal development and synaptic malfunction, leading to neurodevelopmental disorders. 3) Mutation of mTOR-related genes or alteration of mTOR signaling in common neurodevelopmental disorders seems to be associated with dysfunctional autophagy pathway, indicating the potential roles of autophagy in these disorders (Fig. 2). 4) The autophagy-associated pathway, including mTOR signaling or mTOR independent-Rap signaling, might contribute to molecular pathogenesis of common neurodevelopmental disorders. 5) The autophagy pathway might represent a potential valuable therapeutic strategy for treatment of neurodevelopmental disor-

Although previous studies have highlighted potential roles for autophagy during neurodevelopment and synaptic plasticity, further detailed mechanistic studies are needed. The involvement of autophagy-dependent mTOR signaling in neurodevelopmental disorders should be examined since mTOR pathways are associated with several autophagy-independent pathways. Further, there are many interesting questions that need to be addressed in order to elucidate the regulation of autophagy during neurodevelopment and synaptic function. Such questions include: What are the autophagy substrates in axon terminals, dendrites, and synapses? How is autophagy tightly controlled in highly polarized axons or dendrites in a context-dependent manner? How does autophagy affect neurodevelopmental disorders? Is autophagy detrimental or beneficial to these disorders? How do neurodevelopmental genes affect the autophagy pathway? Further studies aimed at identifying the modifiers or modulators of autophagy regulation in highly polarized neurons will contribute to our understanding of the autophagy pathway during development and synaptic plasticity and will further aid the development of therapeutic strategies for treatment of autophagyassociated neurodevelopmental disorders.

# **ACKNOWLEDGEMENTS**

We apologize to colleagues whose work could not be cited due to space limitations, and we thank lab members for careful reading of an earlier draft. J.A.L was supported by the Basic Science Research Program through the NRF (2010-0010824 & 2011-0022813).



K.M.L was supported by the Basic Science Research Program through the NRF funded by the Ministry of Science, ICT and Future Planning (2013R1A1A3010216) and the National Honor Scientist Program (2013-16200000, B.K.K.).

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