

New Syndrome of Paraganglioma and Somatostatinoma Associated With Polycythemia

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Published online ahead of print at www.jco.org on March 18, 2013.

Supported by the Intramural Research Program of the National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development, and National Institute of Neurological Disorders and Stroke.

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Authors' disclosures of potential conflicts of interest and author contributions are found at the end of this article.

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0732-183X/13/3113w-1690w/\$20.00

DOI: 10.1200/JCO.2012.47.1912

A B S T R A C T

Purpose

The occurrence of \geq two distinct types of tumors, one of them paraganglioma (PGL), is unusual in an individual patient, except in hereditary cancer syndromes.

Patients and Methods

Four unrelated patients were investigated, with thorough clinical evaluation. Plasma and tissue catecholamines and metanephrines were measured by high-performance liquid chromatography. Anatomic and functional imaging were performed for tumor visualization. Germline and tumor tissue DNA were analyzed for hypoxia-inducible factor 2 alpha (*HIF2A*) mutations. The prolyl hydroxylation and stability of the mutant HIF2 α protein, transcriptional activity of mutant *HIF2A*, and expression of hypoxia-related genes were also investigated. Immunohistochemical staining for HIF1/2 α was performed on formalin-fixed, paraffin-embedded tumor tissue.

Results

Patients were found to have polycythemia, multiple PGLs, and duodenal somatostatinomas by imaging or biochemistry with somatic gain-of-function *HIF2A* mutations. Each patient carried an identical unique mutation in both types of tumors but not in germline DNA. The *HIF2A* mutations in these patients were clustered adjacent to an oxygen-sensing proline residue, affecting HIF2 α interaction with the prolyl hydroxylase domain 2-containing protein, decreasing the hydroxylation of HIF2 α , and reducing HIF2 α affinity for the von Hippel-Lindau protein and its degradation. An increase in the half-life of HIF2 α was associated with upregulation of the hypoxia-related genes *EPO*, *VEGFA*, *GLUT1*, and *END1* in tumors.

Conclusion

Our findings indicate the existence of a new syndrome with multiple PGLs and somatostatinomas associated with polycythemia. This new syndrome results from somatic gain-of-function *HIF2A* mutations, which cause an upregulation of hypoxia-related genes, including *EPO* and genes important in cancer biology.

J Clin Oncol 31:1690-1698. © 2013 by American Society of Clinical Oncology

INTRODUCTION

Paraganglioma (PGL) and somatostatinoma are tumors arising from distinct types of neuroendocrine cells. PGLs arise from chromaffin or chromaffin-like cells that develop during embryogenesis from neural crest cells.¹ As these neuroendocrine cells migrate, they populate the adrenal medulla and extra-adrenal paraganglia associated with paraxial sympathetic nerve fibers and branches of the vagus and glossopharyngeal nerves in the head and neck, including the carotid body.¹ In contrast, somatostatinomas develop from enteric endocrine cells currently believed to arise from the endoderm.² Despite their different origins, neuroendocrine cells of the paraganglia

and GI tract share the ability to secrete specific peptides or amines, as do C cells of the thyroid and neuroendocrine cells found in the lungs, pituitary gland, brain, and other tissues.^{1,3} Neuroendocrine tumors (NETs) are distinguished by their location, the cell or tissue type from which they arise, and their specific hormonal secretion.

The occurrence of \geq two distinct types of NETs in an individual patient is unusual, except in patients with hereditary syndromes such as von Hippel-Lindau (VHL) disease, neurofibromatosis 1 (NF1), mutations in the succinate dehydrogenase (*SDH*) subunits, and multiple endocrine neoplasia (MEN) types 1 and 2.^{4,5} In this study, we investigated the clinical and genetic characteristics of four female patients who presented to the National Institutes of

Health (NIH) and Tufts Medical Center with PGL, somatostatinoma, and polycythemia.

PATIENTS AND METHODS

Laboratory Analyses

Mutation analysis, hydroxylation assays, real-time polymerase chain reaction (PCR), and chromatin immunoprecipitation were performed as previously described.⁶

High-Performance Liquid Chromatography

Plasma and tissue catecholamines and metanephrines were measured by liquid chromatography with electrochemical detection.⁷

Immunohistochemistry

Immunohistochemical staining was performed on formalin-fixed, paraffin-embedded tissue. After deparaffinization and heat-induced antigen retrieval using 1 mmol/L ethylenediaminetetraacetic acid, we used a commercially available somatostatin rabbit polyclonal antibody (Cell Marque; DAKO, Carpinteria, CA) for the diagnosis of somatostatinoma, a rabbit polyclonal antibody for hypoxia-inducible factor 1 alpha (HIF1 α ; Sigma-Aldrich, St Louis, MO), and a mouse monoclonal antibody for HIF2 α (Abcam, Cambridge, MA). Primary antibodies were detected using a peroxidase-labeled polymer conjugated to immunoglobulins (DAKO) with 3,3'-diaminobenzidine as a chromogen.

Quantitative Real-Time PCR

Total RNA was extracted from microdissected tumor specimens and normal adrenomedullary tissue. mRNA was reverse transcribed to cDNA and examined by real-time PCR on the Eco Real-Time PCR System (Illumina, San Diego, CA). Erythropoietin (*EPO*) (HP200740; OriGene, Rockville, MD) and *GAPDH* (QT01192646; Qiagen, Hilden, Germany) primer sets were used.

Patient Evaluation

Patients were evaluated under a protocol approved by the Eunice Kennedy Shriver National Institute of Child Health and Human Development Institutional Review Board. All patients provided written informed consent. Anatomic imaging; positron emission tomography (PET) studies using ¹⁸F-fluorodopamine, ¹⁸F-fluorodopa, and [¹⁸F]fluorodeoxyglucose ([¹⁸F]FDG); and ¹²³I-metaiodobenzylguanidine (¹²³I-MIBG) scintigraphy were performed.⁸ In two patients, computed tomography (CT) scans with negative contrast were used to better detect duodenal tumors.

Case Series

Patient 1. A 31-year-old white woman from Serbia had presented with polycythemia since birth (Table 1), managed with phlebotomies. At age 14 years, she was found to have a tumor in the left para-aortic region and hepatosplenomegaly. The patient started to experience headaches, diaphoresis, night sweats, fatigue, heat intolerance, nausea and vomiting, and blurred vision. At age 23 years, she presented with blood pressure of 180/100 mmHg. Abdominal magnetic resonance imaging revealed multiple tumors. The patient underwent surgical resection, with histopathology consistent with PGLs. After resection, her hemoglobin (Hgb), hematocrit (Hct), and EPO levels decreased (Table 1). One year later, follow-up abdominal CT imaging showed a 1-cm lesion around the left renal vein and another close to the inferior vena cava, with both enlarging during the next year. Blood tests revealed elevated Hgb, chromogranin A, and norepinephrine (NE) levels. An echocardiogram showed an ascending aorta aneurysm. Two years later, whole-body magnetic resonance imaging and ¹²³I-MIBG scintigraphy showed multiple abdominal tumors, hepatosplenomegaly, aneurysm of the ascending aorta, pericardial cyst, and mitral valve prolapse. Laboratory evidence indicated recurrence of polycythemia (Table 1). At age 29 years, the patient was referred to NIH (admission findings listed in Table 1).

Imaging studies confirmed multiple abdominal masses and also showed multiple duodenal lesions. The patient underwent surgery. Histopathology confirmed duodenal somatostatinomas, multiple extra-adrenal PGLs, and cholecystitis (Table 1). After surgery, her Hct and Hgb levels normalized, most

likely as a result of blood loss during surgery, but her serum EPO levels remained high, most likely resulting from remaining tumors, which were detected on follow-up imaging 1 year later (Table 1).

Patient 2. A 46-year-old white woman of Irish origin had presented from birth with pink cheeks. At age 7 years, she was diagnosed with polycythemia. Her only available blood test results at ages 15 and 19 years are listed in Table 1. From ages 26 to 27 years, the patient reported transient episodes of palpitations, nausea, headache, and anxiety. At age 35 years, she presented to the hospital with dark urine and jaundice. An ultrasound showed dilation of the common bile and pancreatic ducts and a 4-cm cystic mass in the retroperitoneum, posterior to the pancreas. A CT scan of the abdomen and pelvis demonstrated the left retroperitoneal mass, lymphadenopathy, biliary and pancreatic ductal dilation, and possible ampullary or duodenal intraluminal masses. She underwent a Whipple resection; histopathology confirmed abdominal extra-adrenal PGL, two duodenal somatostatinomas, and cholecystitis (Table 1). Metanephrine and somatostatin levels were not measured before surgery.

After surgery, her EPO levels were high, with normal Hct, Hgb, RBC, WBC, and platelet counts. Plasma (Table) and urine metanephrine levels were elevated postoperatively. ¹²³I-MIBG scintigraphy showed uptake in the left parasagittal midabdomen and two foci in the para-aortic regions of the central upper and lower abdomen, confirmed by CT. At age 36 years, the patient was referred to NIH for evaluation. ¹⁸F-fluorodopamine PET/CT revealed a mass in the upper abdomen to the left of the midline, with a smaller focus located medially. Two additional left para-aortic lesions were found in the mid to lower abdomen, with another small focus in or adjacent to the liver. The patient received ¹³¹I-MIBG therapy and, 1 year later, underwent resection of a 4.3-cm para-aortic PGL and several para-aortic lymph nodes. Two of eight lymph nodes contained microscopic foci of paraganglionic tissue in the periphery, interpreted as either hyperplastic paraganglionic tissue contiguous with the lymph nodes or metastatic tumors.

Since surgery, she has had only mildly elevated urine normetanephrine (NMN) levels. The most recent abdominal CT showed a stable 1.1-cm para-aortic mass and slightly enlarged retroperitoneal lymph nodes, unchanged over 6 years. ¹⁸F-fluorodopamine and ¹⁸F-fluorodopa PET/CT showed seven foci of radiotracer uptake (Figs 1A and 1B). Somatostatin levels have remained in the high to normal range since surgery (Table 1). She has not required phlebotomies since her first surgery; in fact, she developed anemia associated with iron and vitamin B₁₂ deficiency as a result of the Whipple resection. With vitamin B₁₂ and iron replacement, she has maintained normal Hgb and Hct levels.

Patient 3. A 22-year-old white woman had presented with polycythemia since birth. The earliest available blood tests are summarized in Table 1. At age 15 years, she experienced episodes of severe headache, tachycardia, shakiness, and shortness of breath. At age 18 years, she developed episodes of shakiness, tachycardia, decreased exercise tolerance, dizziness, and exercise-associated nausea. She was found to have blood pressure of 180/130 mmHg and was referred to NIH for evaluation (admission findings listed in Table 1). A CT scan of the chest, abdomen, and pelvis demonstrated a left renal cystic lesion, partially necrotic right adrenal mass, and mass inferior to the aortic bifurcation. ¹²³I-MIBG scintigraphy showed radiotracer uptake in the right adrenal gland area and another focus around the organ of Zuckerkandl. The patient underwent surgical resection of the tumors, and histopathology confirmed multiple PGLs. EPO and somatostatin levels before surgery were retrospectively measured at NIH in 2012 (Table 1). Follow-up 2 years later revealed para-aortic and aortocaval foci on [¹⁸F]FDG PET/CT and high levels of NE, NMN, and EPO (Table 1). Histopathology after surgical resection again confirmed multiple PGLs. After surgery, her EPO level decreased (Table 1). Because of high plasma somatostatin levels, a follow-up CT scan using water in place of conventional enteric contrast material was performed to increase the detection sensitivity for a duodenal mass. This technique revealed a 1-cm mass extending into the lumen of the distal second portion of duodenum, a small mass in the second portion of duodenum, a small paraduodenal/parapancreatic node near the head of pancreas (Figs 1C and 1D), and cholecystolithiasis. The histopathology and immunohistochemistry of the duodenal tumors were

Table 1. Demographics and Laboratory and Imaging Findings of Index Patients

Demographic/Finding	Patient 1					Patient 2						
	Before Surgery (age 23 years)	After Surgery (age 23 years)	Age 26 Years* (Serbian Female)	Age 27 Years* (Serbian Female)	NIH (age 29 years)	After Surgery at NIH (age 29 years)	Recent Follow-Up (age 31 years)*	Age 15 Years†	After First Surgery (age 35 years)	NIH (age 36 years)	Recent Follow-Up at Tufts Medical Center (age 44 years)	Recent Follow-Up at NIH (age 44 years)
Origin			Serbian Female	Serbian Female						Irish Female		
Sex			Female	Female						Female		
Blood count and EPO‡												
RBC, per L (3.93 to 5.22 × 10 ¹²)	7.06 × 10 ¹²	8.9 × 10 ¹²	7.9 × 10 ¹²	8.4 × 10 ¹²	7.78 × 10 ¹²	5.8 × 10 ¹²	8.52 × 10 ¹²	6.77 × 10 ¹²	5.06 × 10 ¹²	4.94 × 10 ¹²	5.27 × 10 ¹²	4.74 × 10 ¹²
Hct, % (34.1 to 44.9)	76.0	60.0	43.0	48.0	50.5	39.5	50.4	60.0 (at age 19 years)	30.5	32.6	37.6	33.0
Hgb, g/dL (11.2 to 15.7)	20.1	18.6	13.0	14.5	14.7	11.3	14.1	15.9	8.9	9.2	10.9	9.3
WBC, per L (3.98 to 10.04 × 10 ⁹)	1.12 × 10 ⁹	7.7 × 10 ⁹	5.8 × 10 ⁹	6.0 × 10 ⁹	7.19 × 10 ⁹	12.5 × 10 ⁹	9.58 × 10 ⁹	6.2 × 10 ⁹	4.18 × 10 ⁹	3.54 × 10 ⁹	4.1 × 10 ⁹	2.54 × 10 ⁹
Platelets, per L (173 to 369 × 10 ⁹)	234 × 10 ⁹	200 × 10 ⁹	466 × 10 ⁹	410 × 10 ⁹	194 × 10 ⁹	1036 × 10 ⁹	485 × 10 ⁹	227 × 10 ⁹	510 × 10 ⁹	214 × 10 ⁹	184 × 10 ⁹	140 × 10 ⁹
EPO, mIU/mL (3.7 to 31.5)	420.0	60.0	60.0	150.0	150.0	241.0	173.0	182.2	182.2	165.0§	165.0§	159.0
MNs, catecholamines, CgA, and somatostatin (plasma)¶												
NMN, pg/mL (18 to 112)				4,834	4,834		688		4,720	515		81
MN, pg/mL (12 to 61)				121	121		56			22		22
NE, pg/mL (80 to 498)				10,951	10,951		519		1,068	775		283
EPI, pg/mL (4 to 83)				100	100		8		9	9		10
DA, pg/mL (3 to 46)				28	28		11		6	6		6
Methoxytyramine, pg/mL (< 14)							< 10					< 10
CgA, ng/mL (≤ 225)				1,640	1,640		149		5.6 to 39)¶	18§¶	3.2 (1.9 to 15)¶¶	116
Somatostatin, pg/mL (10 to 25)				109§	109§		17¶				26 (10 to 30)¶¶	7¶¶
Catecholamines in PGL tissue												
DHPG, pg/mg			1,055							NA		
NE, pg/mg			1,901,736							NA		
DOPA, pg/mg			UDL							NA		
EPI, pg/mg			107,800							NA		
DA, pg/mg			17,019							NA		
DOPAC, pg/mg			UDL							NA		
Functional imaging (PET/CT)												
¹⁸ F-fluorodopamine			++	++	++		ND			++		++
¹⁸ F-fluorodopa			ND	ND	ND		ND			ND		++
[¹⁸ F]FDG			+	+	+		+			+		ND
Galbladder disease												

(continued on following page)

Abbreviations: CgA, chromogranin A; CT, computed tomography; DA, dopamine; DHPG, 3,4-dihydroxyphenylglycol; DOPA, 3,4-dihydroxyphenylalanine; DOPAC, 3,4-dihydroxyphenylacetic acid; EPI, epinephrine; EPO, erythropoietin; FDG, fluorodeoxyglucose; Hct, hematocrit; Hgb, hemoglobin; MN, metanephrine; MNs, metanephrines (metanephrine or normetanephrine); NA, not available; ND, not done; NE, norepinephrine; NIH, National Institutes of Health; NMN, normetanephrine; PET, positron emission tomography; PGL, paraganglioma; UDL, under detection limit.

*Results of patient 1 were obtained while she was treated by regular phlebotomies.

†Patient presented with pink cheeks from birth.

‡Ranges indicate normal reference limits of various biochemical tests.

§Values were measured retrospectively at NIH in 2012.

¶Levels of CgA could be biased because patient receives proton-pump inhibiting medication.

¶¶Somatostatin levels are after resection of somatostatinoma.

Table 1. Demographics and Laboratory and Imaging Findings of Index Patients (continued)

Demographic/Finding	Patient 3										Patient 4				
	Age 1 Year	Age 14 Years	Age 18 Years	Before Surgery at NIH (age 18 years)	After Surgery at NIH (age 18 years)	Before Second Surgery (age 21 years)	After Second Surgery (age 21 years)	Recent Follow-Up (age 22 years)	Before First Surgery (age 17 years)	January 2004 (age 17 years)	Admission to NIH (age 20 years)	Before Surgery at NIH (age 20 years)	After Surgery at NIH (age 20 years)	Follow-Up Outside of NIH (age 21 years)	Recent Follow-Up at NIH (age 25 years)
	Year	Years	Years	Years	Years	Years	Years	Years	Years	Years	Years	Years	Years	Years	Years
Origin	American (white)										Chinese				
Sex	Female										Female				
Blood count and EPO [†]	8.64 × 10 ¹²	7.66 × 10 ¹²	6.29 × 10 ¹²	7.85 × 10 ¹²	7.14 × 10 ¹²	7.3 × 10 ¹²	6.92 × 10 ¹²	7.37 × 10 ¹²	9.02 × 10 ¹²	10.26 × 10 ¹²	10.48 × 10 ¹²	10.4 × 10 ¹²	8.66 × 10 ¹²	9.68 × 10 ¹²	8.89 × 10 ¹²
RBC, per L (3.93 to 5.22 × 10 ¹²)															
Hct, % (34.1 to 44.9)	63.2	56.5	62.3	59.3	54.5	55.4	55.3	54.9	49.1	56.9	59.6	59.4	49.8	55.0	47.7
Hgb, g/dL (11.2 to 15.7)	20.3	18.5	20	18.8	16.6	17.6	17.0	17.7	14.9	17.2	17.3	17.1	14.8	16.0	14.9
WBC, per L (3.98 to 10.04 × 10 ⁹)	9.9 × 10 ⁹	10.6 × 10 ⁹	15.2 × 10 ⁹	8.13 × 10 ⁹	5.86 × 10 ⁹	13.8 × 10 ⁹	11.17 × 10 ⁹	11.76 × 10 ⁹	8.37 × 10 ⁹	7.2 × 10 ⁹	9.23 × 10 ⁹	8.92 × 10 ⁹	4.55 × 10 ⁹	6.5 × 10 ⁹	8.95 × 10 ⁹
Platelets, per L (173 to 369 × 10 ⁹)	163 × 10 ⁹	292 × 10 ⁹	267 × 10 ⁹	249 × 10 ⁹	226 × 10 ⁹	211 × 10 ⁹	215 × 10 ⁹	188 × 10 ⁹	220 × 10 ⁹	200 × 10 ⁹	164 × 10 ⁹	120 × 10 ⁹	240 × 10 ⁹	190 × 10 ⁹	184 × 10 ⁹
EPO, mIU/mL (3.7 to 31.5)	155.0 (3.8 to 20.5)	86.2	34.88	230.0	43.6	32.0	154.0	90.28							136.0
MNs, catecholamines, CgA, and somatostatin (plasma) ^{††}															
NMN, pg/mL (18 to 112)	858			267	28	27					291	324	83		220
MN, pg/mL (12 to 61)	9			23	<5	<5					32	50	<52		14
NE, pg/mL (80 to 498)	1,760			506	193	281					738	1,168	207		526
EPI, pg/mL (4 to 83)	7			<11	6	<5					30	23	24		5
DA, pg/mL (3 to 46)	20			<12	7	5					10		11		9
Methoxytyramine, pg/mL (<14)						<10									<10
CgA, ng/mL (≤225)	320			150	106	90					105	270			12
Somatostatin, pg/mL (10 to 25)	505					25					405				
Catecholamines in PGL tissue															
DHPG, pg/mg	UDL			UDL							UDL				
NE, pg/mg	2,586,655			2,586,655							2,409,948				
DOPA, pg/mg	2,185			2,185							5,160				
EPI, pg/mg	35,715			35,715							37,173				
DA, pg/mg	4,186			4,186							11,946				
DOPAC, pg/mg	UDL			UDL							UDL				
Functional imaging (PET/CT)															
¹⁸ F-fluorodopamine	++			ND							++				++
¹⁸ F-fluorodopa	++			ND							++				++
[¹⁸ F]FDG	+			+							+				+
Gallbladder disease				Cholecystolithiasis							Cholecystolithiasis				

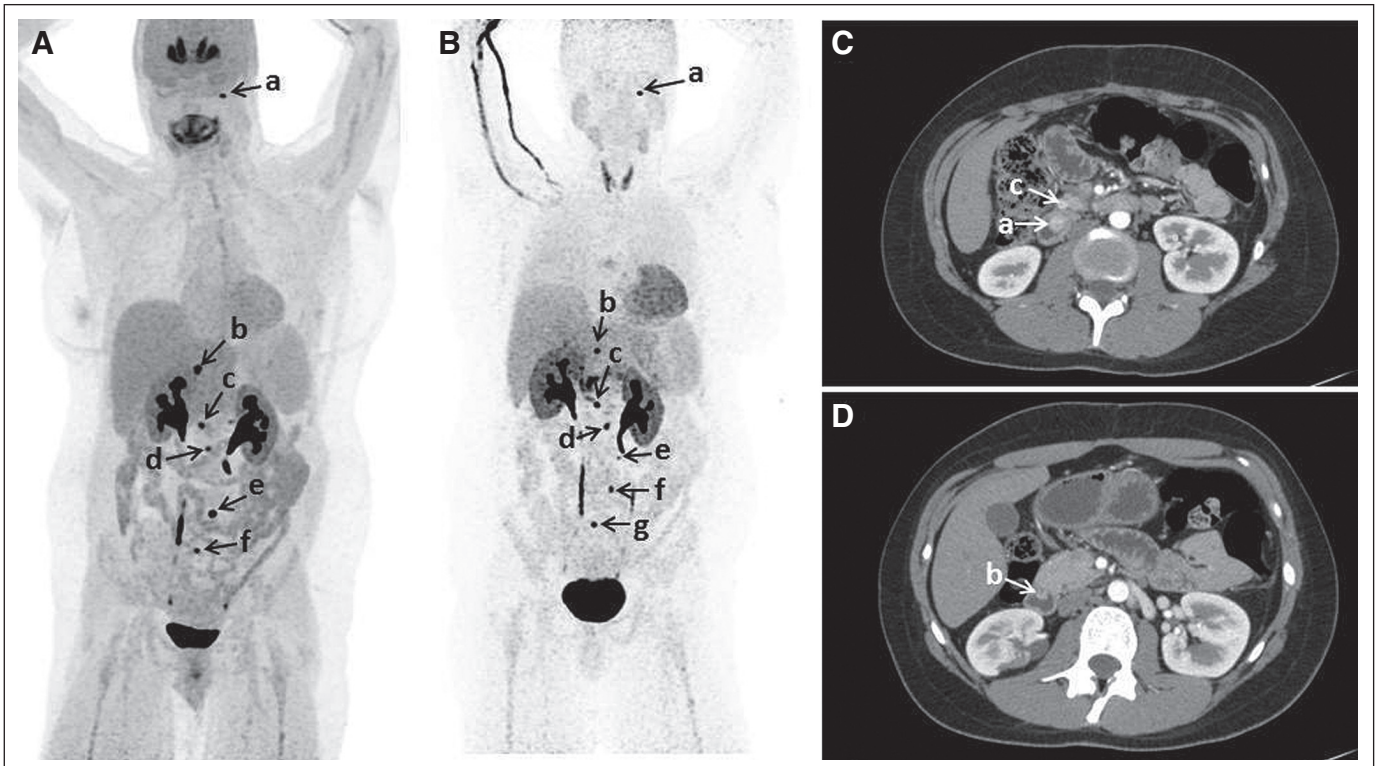


Fig 1. Functional and anatomic imaging. (A) ^{18}F -fluorodopa positron emission tomography (PET)/computed tomography (CT) in patient 2 showing (a) small focus at base of skull consistent with glomus jugulare tumor, (b) focus at medial edge of liver, (c) aortocaval node at L1/L2 vertebral disc level, (d) another aortocaval focus at L2/L3 vertebral disc level, (e) left periaortic focus at L4/L5 disc level, and (f) right presacral focus in upper pelvis. (B) ^{18}F -fluorodopamine PET/CT in patient 2 also showed (a) focus at base of skull, (b) focus at medial edge of liver or in adjacent node, (c) aortocaval node at L1/L2 disc level, (d) another aortocaval focus at L2/L3 vertebral disc level, (e) left periaortic focus at L3/L4 disc level (not seen on ^{18}F -fluorodopa PET/CT), (f) probable common iliac node at L4/5 disc level, and (g) presacral focus on right in upper pelvis. (C, D) Early arterial phase of axial CT of abdomen performed with negative enteric contrast in patient 3 showed (a) mass protruding into lumen in distal second portion of duodenum, near junction with third portion, (b) paraduodenal/parapancreatic node, and (c) another small mass in second portion of duodenum.

consistent with somatostatinoma. The latest laboratory findings did not show increased metanephrines, catecholamines, or EPO level (Table 1).

Patient 4. A 22-year-old woman of Chinese origin presented with ruddy complexion and red lips at age 4 and was diagnosed with polycythemia at age 5 years. At age 15 years, she experienced exercise-associated nausea. At age 17 years, she presented with malignant hypertension (200/140 mmHg). A CT scan revealed two paraspinal masses below the left renal hilum. ^{123}I -MIBG scintigraphy showed four foci in the left paravertebral area. The patient had elevated urine NE (exact value not available); her blood count is shown in Table 1. The patient underwent surgery; histopathology confirmed multiple PGLs. After surgery, urine NE decreased to within normal limits. At age 20 years, the patient underwent a cholecystectomy because of cholelithiasis, and elevated urine NMN and NE were noted. The patient started to experience recurrent hypertensive episodes, was found to have elevated urine NE and NMN levels, and was referred to NIH for evaluation (admission findings listed in Table 1). Anatomic and functional imaging revealed two nodules in the left para-aortic area and in the right retroperitoneum at the level of the right kidney and a lesion in the liver, compatible with a hemangioma. The patient underwent surgical resection of the tumors; histopathology confirmed extra-adrenal PGLs. At age 21 years, follow-up [^{18}F]FDG PET/CT revealed a hypermetabolic nodule near the left adrenal gland. The patient underwent another surgery to remove two small PGLs in this region. Since the second surgery, she has required infrequent phlebotomies. On a recent follow-up CT (at age 25 years), two abdominal lesions were found, and possible atypical lesions in the distal duodenum and near the pancreas could not be excluded. The CT study of the duodenum was limited because of subdistended bowel. ^{18}F -fluorodopa PET/CT showed two abnormal areas of uptake in the upper abdomen, a small focus in the right caval region, and another small focus in the upper outer quadrant of the left breast. ^{18}F -fluorodopamine PET/CT confirmed the two

small foci in the upper abdomen and revealed two foci in the right caval region. Laboratory findings show persistently elevated NMN, NE, and EPO levels (Table 1).

Tissue Analysis

Genetic testing in all the patients revealed *HIF2A* somatic mutations in the tumors, clustered adjacent to an oxygen-sensing proline residue (Table 2). These mutations reduced HIF2 α hydroxylation by prolyl hydroxylase and binding to the VHL protein, resulting in proteins four- to six-fold more stable than wild-type *HIF2A* (Table 2) that could be readily detected in the patients' tumors (Fig 2A). Mimicking hypoxic conditions, expression of genes downstream of *HIF2A*, including *EPO*, *VEGFA*, *GLUT1*, and *EDN1*, was increased in the PGLs and somatostatinomas compared with normal human adrenomedullary tissue (Table 2). EPO mRNA expression was substantially higher in somatostatinomas and PGLs with somatic *HIF2A* mutations than in other PGLs (Fig 2B).

DISCUSSION

The four patients described here developed two distinct NETs—PGL and duodenal somatostatinoma (histologically confirmed in patients 1 to 3)—associated with polycythemia. PGLs are rare catecholamine-producing tumors derived from chromaffin cells of the extra-adrenal paraganglia.¹³ Those arising from the adrenal medulla are called pheochromocytomas. Approximately one third of these tumors have thus far been shown to be hereditary, including those associated with *VHL*, *NF1*, *RET* proto-oncogene, and *SDHB/C/D* subunit mutations and, recently, those associated with mutations in *SDHA*, *SDHAF2*,

Table 2. Somatic Mutations, *HIF2α* Transcriptional Activity, Stability, Binding Efficacy, and *HIF2α* Downstream Gene Expression in Tumor Tissue of Index Patients

Characteristic	Patient 1		Patient 2		Patient 3		Patient 4
	PGL	Somatostatinoma	PGL	Somatostatinoma	PGL	Somatostatinoma	PGL
Somatic mutation in <i>HIF2A</i>	c.1588G>A p.A530T		c.1595A>G p.Y532C		c.1589C>T p.A530V		c.1586T>C p.L529P
Protein half-life compared with wild-type protein, minutes (wild type, 14.4)*	57.6		40.1		79.8		40.2
Affinity to VHL protein†	Decreased		Decreased		Decreased		Decreased
Pro531 hydroxylation‡	Decreased		Decreased		Decreased		Decreased
Transcription activity§	Intact binding efficiency to HRE domain in genomic DNA		Intact binding efficiency to HRE domain in genomic DNA		Intact binding efficiency to HRE domain in genomic DNA		Intact binding efficiency to HRE domain in genomic DNA
Somatic mutation in <i>HIF2A</i> downstream gene expression in tumor tissue, mRNA							
<i>EPO</i>	Increased	Increased	Increased	Increased	Increased	Increased	Increased
<i>VEGF</i>	Increased	Increased	Increased	Increased	Increased	Increased	Increased
<i>EDN1</i>	Increased	Increased	Increased	Increased	Increased	Increased	Increased
<i>GLUT1</i>	Increased	Increased	Increased	Increased	Increased	Increased	Increased

Abbreviations: DMT1, divalent metal transporter 1; EDN1, endothelin 1; EPO, erythropoietin; GLUT1, glucose transporter 1; *HIF2α*, hypoxia-inducible factor 2α; HRE, hypoxia-responsive element; MALDI-TOF, matrix-assisted laser desorption/ionization time-of-flight mass spectrometer; PGL, paraganglioma; VEGF, vascular endothelial growth factor; VHL, von Hippel-Lindau.

*Protein half-life was calculated by cycloheximide assay.^{9,10}

†Affinity to VHL protein was measured by immunoprecipitation and peptide binding assay.⁶

‡Pro531 hydroxylation was determined by measuring peptide mass through MALDI-TOF.¹¹

§Transcription activity of *HIF2α* was determined by its affinity to HRE in *DMT1* gene promoter via chromatin immunoprecipitation assay.¹²

||Hypoxia-related gene expression was measured by quantitative polymerase chain reaction.¹¹

TMEM127, *MAX*, *PHD2/EGLN1*, and *HIF2α*.^{4,6} Some of these genes (*VHL* and *SDHB/C/D*) are involved in *HIFα* regulation.

Somatostatinomas, rare NETs of the GI tract, were first described in the pancreas and duodenum in 1977.¹⁴ Somatostatinomas account for < 1% of NETs of the GI tract,¹⁵ with an annual incidence of one case per 40 million people.¹⁶ They are occasionally found in patients with VHL or MEN type 1 or 2.¹⁷

An association of somatostatinoma and PGL has been described rarely in patients with NF1.^{18,19} In our patients, a diagnosis of NF1 was ruled out based on clinical grounds, as was a diagnosis of VHL or MEN because of the lack of *VHL* or *RET* mutation. Although somatostatinomas may be asymptomatic, patients can develop a somatostatinoma syndrome characterized by diabetes mellitus, steatorrhea, and cholelithiasis, as in patients treated with somatostatin analogs.²⁰ Interestingly, all four patients presented with gallbladder disease, uncommon in this age group and most likely resulting from chronic somatostatin elevation.

Paraganglia and the enteric endocrine system were postulated to arise from a shared neural crest progenitor.²¹ Although this hypothesis seemed to be disproven by subsequent embryologic studies,^{2,22} differentiation of both enteroendocrine and neural crest cells is regulated in a similar manner.²³ Moreover, there is a close relationship between the development of neural enteric ganglionic cells and enteroendocrine cells.²⁴ Thus, at present, although PGL and somatostatinoma seem to have different origins, they share many common features and signaling and developmental pathways. In discussing the embryology of enteroendocrine cells, Fontaine and Le Douarin²² stated that the possibility of ectodermal cells contributing to the endoderm could not be ruled out, because the endoderm is formed by cells migrating from the upper germ layer through Hensen's node and the primitive streak. This could explain the identical somatic mutations in PGLs and somatostatinomas.

The occurrence of PGL with tumor-induced polycythemia has been reported in only a few patients.^{25,26} The first co-occurrence of PGL, duodenal somatostatinoma, and polycythemia was described in a patient with a clinical diagnosis of VHL.²⁷ In that report, a woman diagnosed with polycythemia at age 9 was found at age 22 years to have multiple PGLs, with increased EPO levels. After tumor removal, the catecholamine, but not the EPO, level normalized. At age 29 years, she was diagnosed with a retinal hemangioblastoma, suggesting VHL type 2A, although genetic testing was not performed. The patient also had a duodenal somatostatinoma.

The patients described in our report did not have a family history of NETs or polycythemia, suggesting either a de novo germline or somatic tumor mutation. The mutations most likely occurred during an early developmental stage, because they seem to be distributed in distinct and distant tumors. Patients 1 and 3 were included in our recent report describing gain-of-function (secondary to a gain in stability) *HIF2α* tumor mutations as a novel mechanism linking PGL and polycythemia, with or without somatostatinomas.⁶ Subsequently, the other two patients' tumors were identified to have *HIF2α* mutations. In patient 3, multiple PGLs and multiple somatostatinomas were found; in patient 4, multiple PGLs and elevated plasma somatostatin levels were found, but histopathologic confirmation of somatostatinoma was not performed, because the patient refused an upper GI endoscopy. Recently, the somatostatin level in patient 4 normalized, possibly as a result of treatment with a nonselective combined α- and β-adrenergic antagonist (ie, labetalol), which has been shown to inhibit the release of somatostatin and other neurohormones.^{28,29} Furthermore, in some patients, especially those with duodenal somatostatinomas, somatostatin levels may fluctuate, becoming normal or only marginally elevated.³⁰ In this patient, release of somatostatin from PGLs was ruled out by tumor immunostaining. The normalization of metanephrine and catecholamine levels in patient 2 most

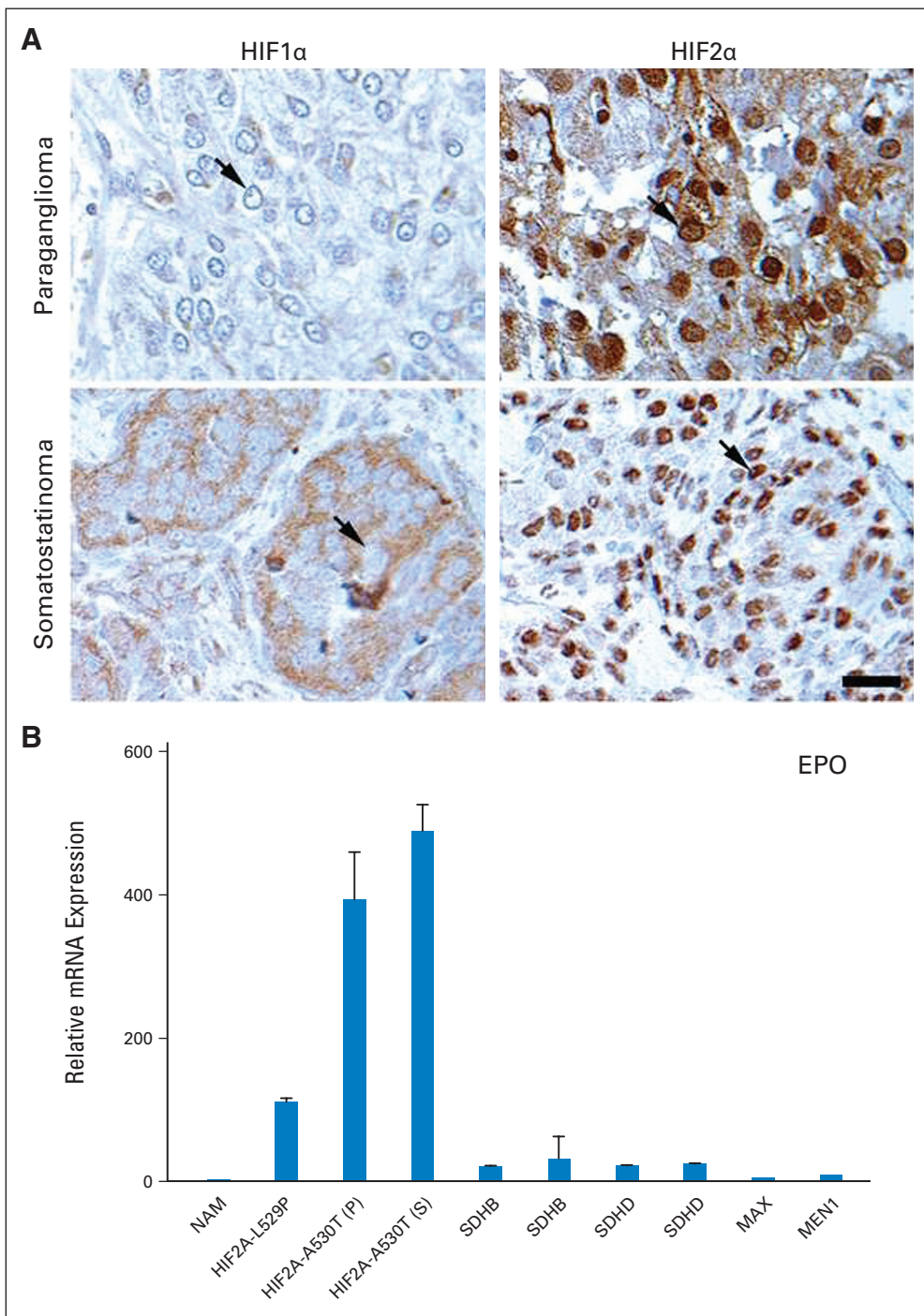


Fig 2. Tumor tissue immunostaining for hypoxia-inducible factor 2 alpha (HIF2 α) expression and *EPO* mRNA expression in tumor tissue obtained from patients. (A) Immunohistochemical staining for HIFs in tumor sections (top row, paraganglioma [PGL]; bottom row, somatostatinoma) obtained from patient 1, showing nuclear staining (black arrows) for HIF2 α (right column) in contrast to HIF1 α (left column; scale, 100 μ m; magnification, 80 \times). (B) Comparison of *EPO* mRNA expression assessed by quantitative polymerase chain reaction in PGLs (indicated by P) obtained from patients 1 and 4 and in somatostatinoma obtained from patient 1 (indicated by S) with expression in PGLs from patients with germline *SDHB*, *SDHD*, *MAX*, and *RET* mutations, patients with multiple endocrine neoplasia type 1 (MEN1), and patients with normal adrenal medulla (NAM). Bars indicate SE.

probably reflects her reduced tumor burden after the second surgery and ^{131}I -MIBG treatment.³¹

All of the gain-of-function *HIF2 α* mutations described in our patients resulted in HIF2 α stabilization, by affecting the hydroxylation of proline 531 and in turn the binding of VHL (Table 2). Prolyl hydroxylation of HIF α is a crucial step for its recognition by the VHL protein and its subsequent proteasomal degradation.³² Thus, disruption of prolyl hydroxylation results in reduced HIF2 α degradation but intact transcriptional activity, leading to the activation of downstream hypoxia-related genes. HIF2 α is a physiologic regulator of *EPO* tran-

scription; its overexpression is associated with increased *EPO* production.³³ The clinical presentations of these patients are consistent with dysregulation of HIF2 α signaling. First, the PGLs were found to have a typical noradrenergic biochemical phenotype, reflecting the involvement of HIF2 α in NE biosynthesis in sympathoadrenal cells.^{34,35} Second, the presence of increased tumor mRNA for *EPO*, *GLUT1*, *EDN1*, and *VEGFA* and strong positive immunohistochemical staining, indicative of high HIF2 α expression in the tumors (Fig 2), suggest that the clinical phenotypes, including increased erythropoiesis (development of polycythemia), glucose uptake (positive [^{18}F]FDG PET), and

increased angiogenesis, may derive from a common denominator of HIF2 α upregulation.

HIF2 α is considered the key regulator of erythropoiesis. This association has recently been demonstrated in four patients with activating germline *HIF2A* mutations who developed polycythemia at a young age.³⁶ Although none of these patients had NETs or other malignancies, hypoxia-dependent or -independent HIF stabilization occurs in many tumors and is proposed to promote proliferation, survival, invasion, and metastasis.^{33,37,38} HIF2 α stabilization as a result of *PHD2* and *VHL* mutations has also been associated with PGL-related EPO production.^{39,40} However, none of our patients were found to have somatic *PHD2* mutations in their tumors.

Figure 3 summarizes the current view of the pathogenesis of various inherited PGLs, which all result in HIF2 α stabilization with or without concurrent polycythemia and somatostatinoma. In contrast to all other currently known hereditary PGLs, however, this new

syndrome is caused by somatic gain-of-function *HIF2A* mutations. In our patients, the association between HIF2 α and EPO production is supported by the decreased EPO levels after removal of the PGLs, except in patient 2, whose EPO level may have remained elevated because of chronic anemia after her Whipple resection, although other sources and mechanisms of EPO production may also have been involved.⁴³ It would be of interest to investigate whether other tumors, particularly other neuroendocrine tumors, including gastroenteropancreatic ones, have somatic gain-of-function *HIF2A* mutations. Further study is needed to elucidate how this mutation precisely contributes to tumorigenesis and to determine whether some patients with polycythemia should be screened for the presence of NETs or, conversely, whether patients with multiple seemingly sporadic PGLs with or without polycythemia should be screened for the presence of somatostatinomas. Whether this syndrome exists only in women is also unclear at the present time.

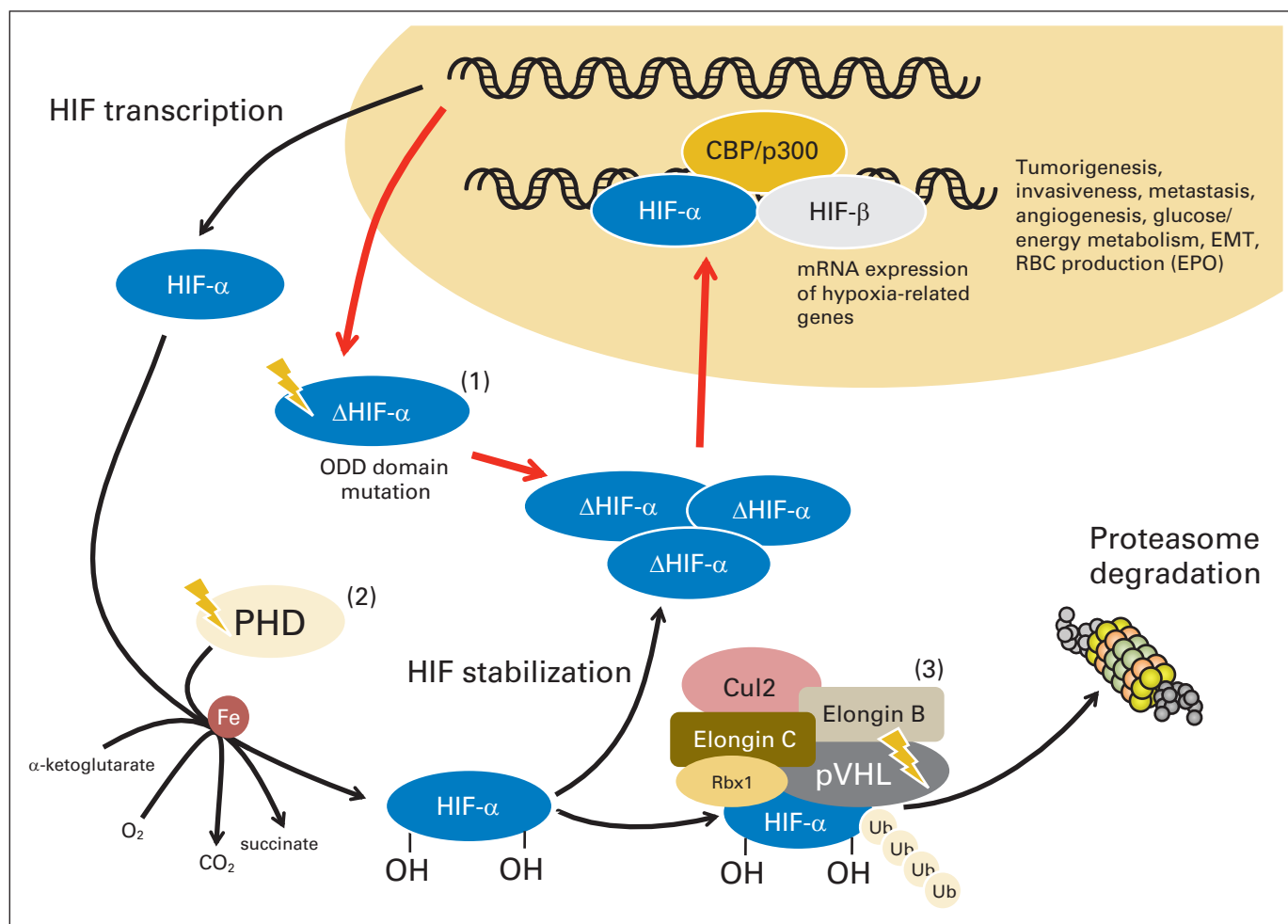


Fig 3. Summary of pathways affecting hypoxia-inducible factor (HIF) turnover involved in development of various paragangliomas (PGLs), some associated with either somatostatinoma or polycythemia. (1) Somatic gain-of-function *HIF2A* mutations have been described in this report to be associated with multiple PGLs, somatostatinoma, and polycythemia. These mutations affect prolyl hydroxylation and pVHL (Von Hippel-Lindau protein) protein binding and reduce HIF2 α degradation but not transcriptional activity.⁶ pVHL is part of an E3 ubiquitin ligase complex that targets HIF α for proteasomal degradation.⁴¹ Interaction of pVHL with HIF α is determined by hydroxylation status of HIF α proline residues. This hydroxylation is oxygen (O_2) dependent and catalyzed by family of prolyl hydroxylases (PHD1-3). HIF α stabilization can occur as a result of mutations in either *PHD* or *VHL*. (2) Germline mutations in *PHD2* have been associated with congenital polycythemia and extra-adrenal PGLs.³⁰ (3) *VHL* mutations prevent pVHL from binding hydroxylated HIF α and targeting it for proteasomal degradation. As a result of either *PHD* or *VHL* mutation, HIF α accumulates in cytoplasm, translocates to nucleus, forms heterodimers with HIF β , and activates transcription of target genes. In pVHL-defective PGLs, there is evidence of increased HIF activity.⁴² CBP, cAMP-response element-binding protein; CO_2 , carbon dioxide; cul2, cullin 2; EMT, epithelial-mesenchymal transition; EPO, erythropoietin; ODD, oxygen-dependent degradation; OH, hydroxyl group; p300, histone acetyltransferase p300; Rbx1, ring-box 1 protein; Ub, ubiquitin.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

The author(s) indicated no potential conflicts of interest.

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Manuscript writing: All authors

Final approval of manuscript: All authors

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Acknowledgment

We thank Constantine A. Stratakis, MD, D(med)Sci, and Vera Popovic, MD, PhD, for referring patient 1 and collecting her materials and data; Peter Darwin, MD, and Steve Wank, MD, for evaluating patient 3; Alexander Ling, MD, and Clara C. Chen, MD, for reviewing the imaging studies; Electron Kebebew, MD, for performing the surgeries at the National Institutes of Health; and Karen T. Adams, MS, CRNP, Victoria Martucci, BA, Joey Matro, MD, and Thanh-Truc Huynh, BS, for technical help and assistance with the patients.