

Hippo signaling disruption and Akt stimulation of ovarian follicles for infertility treatment

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Primary ovarian insufficiency (POI) and polycystic ovarian syndrome are ovarian diseases causing infertility. Although there is no effective treatment for POI, therapies for polycystic ovarian syndrome include ovarian wedge resection or laser drilling to induce follicle growth. Underlying mechanisms for these disruptive procedures are unclear. Here, we explored the role of the conserved Hippo signaling pathway that serves to maintain optimal size across organs and species. We found that fragmentation of murine ovaries promoted actin polymerization and disrupted ovarian Hippo signaling, leading to increased expression of downstream growth factors, promotion of follicle growth, and the generation of mature oocytes. In addition to elucidating mechanisms underlying follicle growth elicited by ovarian damage, we further demonstrated additive follicle growth when ovarian fragmentation was combined with Akt stimulator treatments. We then extended results to treatment of infertility in POI patients via disruption of Hippo signaling by fragmenting ovaries followed by Akt stimulator treatment and autografting. We successfully promoted follicle growth, retrieved mature oocytes, and performed in vitro fertilization. Following embryo transfer, a healthy baby was delivered. The ovarian fragmentation-in vitro activation approach is not only valuable for treating infertility of POI patients but could also be useful for middle-aged infertile women, cancer patients undergoing sterilizing treatments, and other conditions of diminished ovarian reserve.

ovary | aging | YAP | CCN2 | PTEN

Between 5% and 10% of reproductive-age women are infertile due to polycystic ovarian syndrome (PCOS) (1), whereas 1% of them suffer from infertility due to primary ovarian insufficiency (POI) (2, 3). They are infertile due to aberrant follicle growth. As early as the 1930s, ovarian wedge resection (4) was used for PCOS treatment to induce follicle growth, followed by recent success based on ovarian “drilling” by diathermy or laser (5). In addition, ovarian cortices are routinely fragmented to allow better freezing and grafting for fertility preservation in cancer patients who underwent sterilizing treatment (6). Subsequent autotransplantation of ovarian fragments is associated with spontaneous follicle growth. Underlying mechanisms for these disruptive procedures to promote follicle growth are, however, unclear.

The Hippo signaling pathway is essential to maintain optimal organ size and is conserved in all metazoan animals (7–9). Hippo signaling consists of several negative growth regulators acting in a kinase cascade that ultimately phosphorylates and inactivates key Hippo signaling effectors, Yes-associated protein (YAP)/transcriptional coactivator with PDZ-binding motif (TAZ). When Hippo signaling is disrupted, decreases in YAP phosphorylation increase nuclear levels of YAP. YAP acts in concert with TEAD transcriptional factors to increase downstream CCN growth factors and baculoviral inhibitors of apoptosis repeat containing

(BIRC) apoptosis inhibitors (7). CCN proteins, in turn, stimulate cell growth, survival, and proliferation (10).

Using a murine model, we now demonstrated the promotion of follicle growth following ovarian fragmentation and allo-transplantation. Ovarian fragmentation increased actin polymerization, decreased phospho-YAP (pYAP) levels, increased nuclear localization of YAP, as well as enhanced expression of CCN growth factors and BIRC apoptosis inhibitors. Fragmentation-induced follicle growth was partially blocked by CCN2 antibodies and verteporfin, a small molecule that inhibits interactions of YAP with TEAD transcriptional factors (11).

Studies using phosphatase and tensin homolog deleted from chromosome 10 (*PTEN*) deletion mice indicated the stimulatory roles of Akt signaling in the development of primordial (12) and secondary follicles (13). Our earlier report demonstrated the ability of Akt stimulators to activate dormant primordial follicles (14). We now demonstrated additive increases in follicle growth when ovarian fragments containing secondary and smaller follicles were treated with Akt stimulators. Using this in vitro activation (IVA) method for infertility treatment of POI patients, we successfully promoted the growth of residual follicles in autografts and report a viable birth following oocyte retrieval and in vitro fertilization (IVF)–embryo transfer.

Significance

Human ovaries hold follicles containing oocytes. When follicles mature, they release eggs for fertilization. Patients with primary ovarian insufficiency develop menopausal symptoms at less than 40 y of age. They have few remaining follicles and their only chance for bearing a baby is through egg donation. Kawamura et al. demonstrated that Hippo and Akt signaling pathways regulate follicle growth. Using an in vitro activation approach, they first removed ovaries from infertile patients, followed by fragmentation to disrupt Hippo signaling and drug treatment to stimulate Akt signaling. After grafting ovarian tissues back to patients, they found rapid follicle growth in some patients and successfully retrieved mature eggs. After in vitro fertilization and embryo transfer, a live birth is now reported.

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Results

Ovarian Fragmentation Promoted Follicle Growth. We fragmented ovaries from juvenile (day 10) mice containing secondary and smaller follicles, followed by allo-transplantation under kidney capsules of adult hosts. As shown in Fig. 1A, major increases in graft sizes were evident after cutting ovaries into three pieces and grafting for 5 d compared with paired intact ovaries. Graft weights increased after cutting ovaries into 2–4 pieces or incubating fragments for up to 24 h before grafting (Fig. 1B). Histological analyses (Fig. S1A) and follicle counting of grafts (Fig. 1C and Fig. S1B) indicated a loss of total follicles following fragmentation/grafting. However, major increases in the percentage of late secondary and antral/preovulatory follicles were evident, accompanied by decreases in primordial follicles (Fig. 1C). Compared with day 10 ovaries, the grafting procedure led to decreases in absolute number of primordial, primary, and early secondary follicles (Fig. S1B). Furthermore, cutting/grafting of ovaries from older mice, including those containing early antral follicles from day 23 animals, also increased graft weights (Fig. 1D).

After grafting for 5 d, hosts received an ovulating dose of human chorionic gonadotropin (hCG). As shown in Fig. S1C, numbers of oocytes retrieved from fragmented grafts per ovary were 3.1-fold of those from intact grafts, accompanied by increased percentages of mature oocytes. Mature oocytes retrieved from fragmented grafts were fertilized and their development to early embryos was comparable to controls. After embryo transfer, healthy pups were delivered (Fig. S1D). Similar to mouse studies, fragmentation/autotransplantation of ovaries from rats also increased graft weights (Fig. S1E and F).

Ovarian Fragmentation Increased Actin Polymerization and Disrupted Hippo Signaling. Real-time RT-PCR and immunoblotting analyses (Fig. S2A and B) indicated the expression of transcripts and proteins for key Hippo signaling genes in ovaries of juvenile mice. Also, immunohistochemical staining of ovaries from adult mice (Fig. S2C) indicated the expression of MST1/2, salvador (SAV)1, large tumor suppressor 1/2 (LATS1/2), and TAZ mainly in the cytoplasm of granulosa cells, theca cells, and oocytes of follicles at all sizes but at lower levels in the corpus luteum.

Polymerization of globular actin (G-actin) to the filamentous form (F-actin) is important for cell shape maintenance and locomotion. Recent genome-wide RNAi screening demonstrated

that induction of extra F-actin formation disrupted Hippo signaling and induced overgrowth in *Drosophila* imaginal discs and human HeLa cells (15, 16). As shown in Fig. 2A, a transient increase in ratios of F-actin to G-actin was detected at 1 h after ovarian fragmentation. The Hippo signaling kinase cascade phosphorylates YAP to promote its cytoplasmic localization and degradation, thus decreasing its transcriptional actions. When Hippo signaling is disrupted, decreases in pYAP increase nuclear YAP levels (17). After ovarian fragmentation and incubation for 1 h, decreases in pYAP levels and pYAP to total YAP ratios were evident (Fig. 2B), suggesting Hippo signaling disruption. In intact ovaries from day 10 mice, immunohistochemical staining indicated that YAP was localized in the cytoplasm of granulosa cells in most follicles at primary and secondary stages (Fig. S2D). At 4 h after fragmentation, nuclear staining of YAP was found in granulosa cells of primary and secondary follicles.

Disruption of Hippo signaling leads to increased expression of downstream CCN growth factors and BIRC apoptosis inhibitors (7, 8). As shown in Fig. 2C, ovarian fragmentation and subsequent grafting increased transcript levels for several CCN growth factors (CCN2, 3, 5, and 6) and apoptosis inhibitors (BIRC1 and 7) in fragmented ovaries. Similar changes were found following continuous culture without grafting (Fig. S3A). Immunoblotting of highly expressed CCN2 demonstrated increased CCN2 proteins in fragmented ovaries (Fig. 2D). Real-time RT-PCR analyses showed fragmentation-induced increases in CCN2 transcripts in somatic cells, but not oocytes (Fig. S3B). The ability of CCN proteins to promote ovarian growth was further demonstrated by dose-dependent increases in ovarian explant weights after culturing with CCN2, 3, 5, and 6 (Fig. 2E). Analyses of follicle dynamics indicated the ability of CCN factors to promote the development of primary follicles to the late secondary stage in ovarian explants (Fig. S3C), underscoring the role of CCN proteins as ovarian growth factors.

Roles of Hippo Signaling and CCN2 in Fragmentation-Induced Follicle Growth. YAP has no transcriptional activity and its actions are dependent on downstream transcriptional factors. Recent drug library screening identified a small molecule verteporfin, capable of inhibiting YAP association with TEAD transcriptional factors and suppressing YAP-induced liver overgrowth (11). Because fragmentation-induced CCN and BIRC changes were transient, we injected day 10 mice for 3 h with verteporfin before obtaining

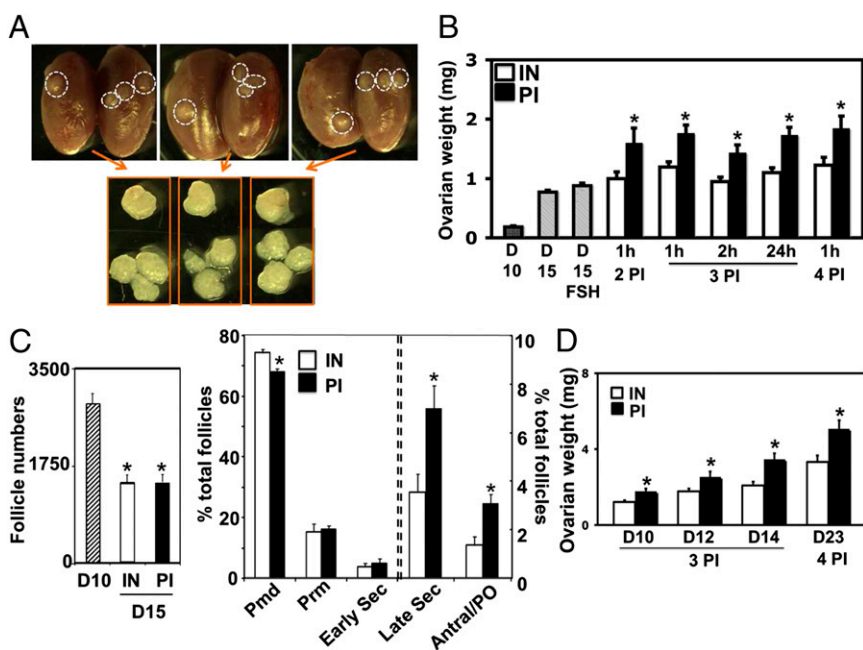


Fig. 1. Ovarian fragmentation and grafting promoted follicle growth in mice. Paired ovaries from juvenile mice were grafted into kidneys of adult ovariectomized mice (intact, IN; pieces, PI). Hosts were injected with FSH daily for 5 d before graft retrieval. (A) Morphology of paired ovarian grafts with or without fragmentation into three pieces. (A, Upper) Grafts inside kidney capsules. (A, Lower) Isolated paired grafts. (B) Weights of paired ovaries following fragmentation into 2–4 pieces from day 10 (D10) mice and incubated for 1–24 h before grafting. Ovarian weights before grafting (D10) and at 5 d after grafting with (D15 FSH) or without FSH treatment (D15) served as controls; $n = 8–22$. (C) Follicle dynamics before and after grafting of intact and fragmented (three pieces) ovaries from day 10 mice. (C, Left) Total follicle numbers. (C, Right) Follicle dynamics; $n = 5$. Pmd, primordial; Prm, primary; Sec, secondary; PO, preovulatory. (D) Weights of paired ovaries from mice at different ages following fragmentation into 3–4 pieces and grafting. Mean \pm SEM; * $P < 0.05$; $n = 8–22$.

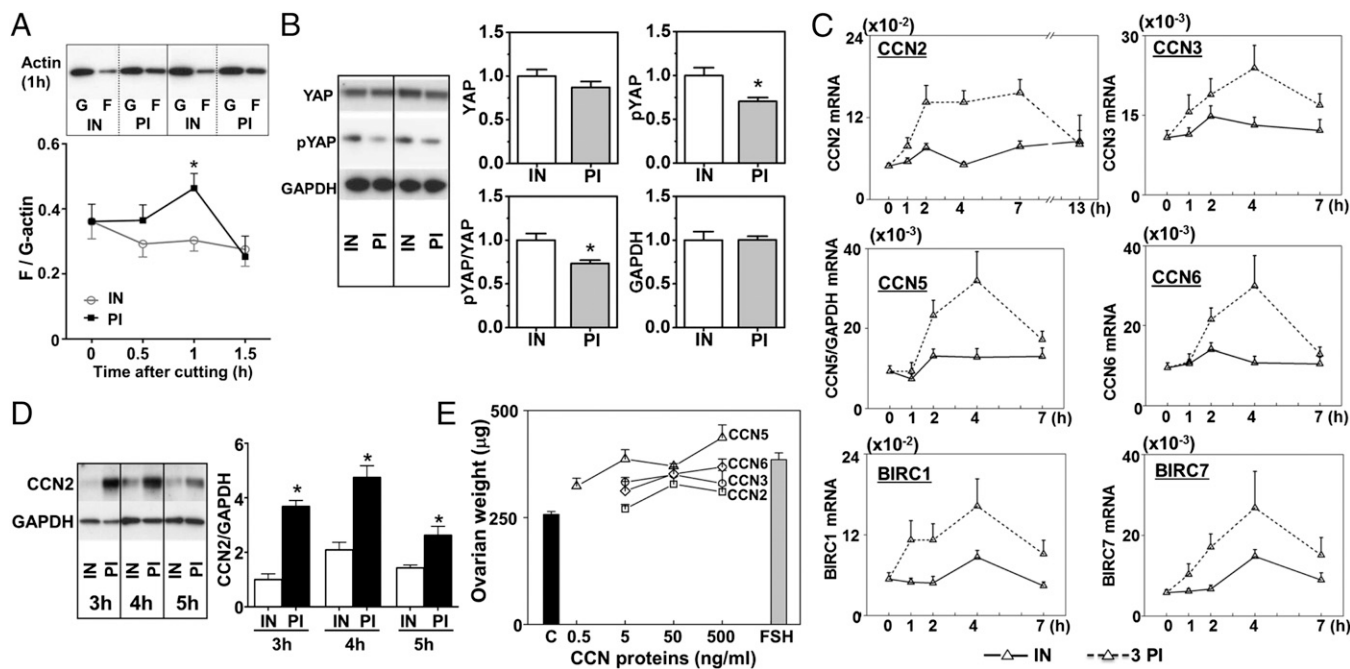


Fig. 2. Fragmentation of murine ovaries increased actin polymerization, disrupted Hippo signaling, and increased CCN growth factors and apoptosis inhibitors. (A) Ovarian fragmentation increased F-actin levels. Paired ovaries from day 10 mice were cut into three pieces or kept intact before immunoblotting analyses of F- and G-actin levels (Upper). (A, Lower) F- to G-actin ratios; $n = 6-11$. (B) Ovarian fragmentation decreased pYAP levels and pYAP to total YAP ratios. Paired ovaries with or without cutting were incubated for 1 h, followed by immunoblotting. (B, Left) Representative immunoblots. (B, Right) Ratios of different antigens; $n = 8$ pairs. (C) Ovarian fragmentation increased expression of CCN growth factors and BIRC apoptosis inhibitors. Paired ovaries with or without cutting were incubated for 1 h with subsequent grafting before analyses of transcript levels normalized by GAPDH. Intact ovaries, solid lines; pooled three pieces, dashed lines; $n = 10-15$. (D) Ovarian fragmentation increased CCN2 proteins. Paired ovaries with or without cutting were incubated for 3-5 h before immunoblotting. (D, Upper) Representative blots. (D, Lower) Quantitative analyses; $n = 3-5$. (E) Treatment with CCN2, 3, 5, and 6 increased ovarian explant weights. Explants from day 10 mice were cultured with different CCN growth factors for 4 d before weighing; $n = 5-6$. Mean \pm SEM; * $P < 0.05$. IN, intact; PI, pieces.

ovaries for fragmentation. As shown in Fig. S4A, pretreatment with verteporfin blocked fragmentation-induced increases in CCN2 transcripts without affecting those for anti-Müllerian hormone, a secondary follicle marker. In contrast to graft weight increases found between intact and fragmented ovarian pairs from vehicle-pretreated animals, no significant changes in graft weights were found between intact and fragmented pairs after pretreatment with verteporfin (Fig. S4B). Follicle counting of grafts indicated no loss of total follicles with verteporfin pretreatment (Fig. S4C). In contrast, verteporfin pretreatment prevented fragmentation-induced increases in late secondary follicles, with smaller suppression of antral/preovulatory follicles. We further incubated ovarian fragments with CCN2 antibodies for 18 h before grafting. Neutralization of endogenous CCN2 suppressed fragmentation-induced graft weight gain by 75% (Fig. S4D). These findings underscore the role of Hippo signaling in fragmentation-induced follicle growth.

Additive Effects of Hippo Signaling Disruption and Akt Stimulation on Secondary Follicle Growth. In addition to the stimulatory role of Akt signaling in primordial follicle development (12, 14), conditional deletion of the *PTEN* gene in granulosa cells of secondary follicles also promoted follicle growth (13). We isolated secondary follicles from juvenile mice and demonstrated the ability of Akt stimulating drugs (PTEN inhibitor and PI3K activator) to promote secondary follicle growth (Fig. 3A). We further tested combined effects of Akt stimulating drugs and Hippo signaling disruption on ovarian graft growth. Using ovaries obtained from day 10 mice containing secondary and smaller follicles, we found additive increases in ovarian graft weights when fragmented ovaries were incubated with Akt stimulating drugs followed by grafting (Fig. 3B). Counting of follicles indicated increases in late secondary and antral/preovulatory

follicles induced by fragmentation and Akt stimulation (Fig. 3C and Fig. S5).

We obtained human ovarian cortical cubes containing secondary and smaller follicles. RT-PCR analyses demonstrated the expression of key Hippo signaling genes (Fig. S6A), whereas immunohistochemical analyses showed the expression of SAV1, LATS1/2, YAP, and TAZ in granulosa cells, theca cells, and oocytes of primordial to secondary follicles (Fig. S6B). We then thawed cryopreserved human ovarian cortical strips (1-2 mm thickness and 1 \times 1 cm) and cut them into small cubes (1-2 mm²) before incubation. Real-time RT-PCR analyses indicated time-dependent increases in transcript levels for CCN2, 3, 5, and 6 (Fig. S6C). Higher CCN growth factor expression was found in ovarian cubes after further fragmentation from strips, suggesting fragmentation-induced disruption of Hippo signaling. We then cut human cortical strips containing secondary and smaller follicles (Fig. 3D) and incubated them with Akt stimulators before xenografting into immune-deficient mice. Within 4 wk, antral follicles were detected, demonstrating rapid follicle growth (Fig. 3E and F).

Hippo Signaling Disruption and Akt Stimulation as Infertility Treatment. In patients with POI, also known as premature ovarian failure, early exhaustion of ovarian function is evident due to genetic, immunological, iatrogenic, or other causes (2). POI is characterized by amenorrhea and elevated serum FSH before 40 y of age. Patients are infertile due to a lack of follicle growth and ovulation; oocyte donation is the only treatment option.

We obtained ovaries from POI patients for IVA based on Hippo signaling disruption and Akt stimulation, followed by autotransplantation and IVF-embryo transfer (Fig. 4A). Using laparoscopic surgery, ovaries were removed from 27 POI patients (37.3 \pm 5.8 y of age; duration of amenorrhea, 6.8 \pm 2.1 y), cut into strips (1-2 mm thickness and 1 \times 1 cm), and vitrified

POI patients have intermittent and unpredictable ovarian functions. Although 5–10% of POI patients in reported studies have a chance to conceive, only a 1.5% pregnancy rate was found in controlled trials (39). Studies of a cohort of 358 young POI patients (26.6 ± 7.9 y of age at time of diagnosis) indicated a spontaneous pregnancy rate of 4.4% during 13 y of observation (40). In our 27 older POI patients (37.3 ± 5.8 y of age), the amenorrhea duration is 6.8 ± 2.1 y with no spontaneous pregnancy. In contrast to the rare spontaneous pregnancy found in some POI patients, the present approach represents a systematic activation of residual follicles and monitoring of follicle growth. Our detection of preovulatory follicles in eight out of 27 POI patients during <1 y of observation and successful derivation of embryos from five patients suggested that the eventual success rate could be as high as 30% (8/27) after repeated autografting and optimization of follicle monitoring and oocyte retrieval. Although five patients with histological signs of residual follicles did not respond to the present treatment, we are initiating second grafting because only fragments from selective strips were grafted.

Variable local Hippo signaling could lead to protracted preovulatory follicle development after 6 mo of grafting. In addition to POI, the present approach could be useful for fertility preservation in cancer patients undergoing sterilizing treatments and other conditions of diminished ovarian reserve. Although meno-

pause occurs at 51 y of age, many middle-aged women between 40 and 45 y of age suffer from aging-associated infertility. Because their ovaries still contain secondary and smaller follicles (41), our approach should be effective. Without overcoming age- or environment-related increases in genetic defects in oocytes, the present approach provides more mature oocytes for embryonic development.

Methods

Animals, ovarian fragmentation/grafting, ovarian explant and follicle cultures, actin measurement, RT-PCR analyses, and immunostaining/blotting are provided in *SI Methods*. Also, included are patient treatments and human/animal subject approval. In addition, a movie of human grafting is included (*Movie S1*).

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