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Applications of Pharmacometrics in the Clinical Development and Pharmacotherapy of Anti-Infectives

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Abstract

With the increased emergence of anti-infective resistance in recent years, much focus has recently been drawn to the development of new anti-infectives and the optimization of treatment regimens and combination therapies for established antimicrobials. In this context, the field of pharmacometrics using quantitative numerical modeling and simulation techniques has in recent years emerged as an invaluable tool in the pharmaceutical industry, academia and regulatory agencies to facilitate the integration of preclinical and clinical development data and to provide a scientifically based framework for rationale dosage regimen design and treatment optimization. This review highlights the usefulness of pharmacometric analyses in anti-infective drug development and applied pharmacotherapy with select examples.

Keywords

Modeling; simulation; pharmacokinetics; pharmacodynamics; anti-infectives; pharmacometrics; drug development

> The increased emergence of multidrug resistant (MDR) microbial strains in recent years and the resulting complications in the clinical care for infected patients is a strong reminder for the urgent need to develop new anti-infective agents. As the battle against drug-resistant microorganisms rages on in clinical centers around the globe, the development of novel single agent and combination therapies against microbial infections has challenged research scientists in the pharmaceutical industry and academia as well as clinicians and other healthcare providers to seek a multi-disciplinary approach; one that encompasses microbiology, clinical expertise, and drug development sciences. Pharmacometrics has in this context arisen as a formidable tool to bridge and link between key concepts in these disciplines and to provide a rationale, scientific framework throughout the drug development continuum as well as in clinical applications [1,2]. There are case studies which suggest that basing optimization of treatment on pharmacometric assessments improves the riskmanagement of MDR pathogens in the clinical realm by minimizing the failures and mistakes associated with inappropriate or careless use of antibiotic therapies [3,4].

Pharmacometrics is the scientific discipline that uses mathematical models based on biology, pharmacology, physiology, and disease for quantifying the interactions between drugs and patients (Figure 1). Data and information from various sources are bridged together and quantitatively related to each other. Computer-based modeling and simulation

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of pharmacokinetic (PK) and pharmacodynamic (PD) data (denoted as PK/PD M&S) usually forms the basis for a pharmacometric analysis, but is frequently supplemented by models characterizing important other aspects of drug efficacy and/or safety in a given situation, such as disease progression, adherence to therapy or bacterial growth and infection [5]. PD measures used in pharmacometrics are frequently biomarkers, but can also be surrogate endpoints or clinical endpoints.

Pharmacometrics is aimed at establishing models that provide guidance and decision support in drug development such as trials design, efficacy comparisons, dosage regimen optimization and endpoint analysis, but also in supporting regulatory decisions and improving clinical care in specific patient populations [6,7]. Its purpose is thereby to reduce cost and shorten development time by optimizing the clinical assessment of efficacy and safety.

An increased application of pharmacometric methodologies in drug development and applied pharmacotherapy has in the last decade been strongly promoted by industry, academia and especially regulatory agencies, with specific emphasis from the U.S. Food and Drug Administration [8,9]. Pharmacometrics has been extensively used in the development and application of novel antibiotics [10–12]. In addition, increasing emphasis is more recently being placed on dose selection of approved antibiotics already in clinical use, with heavy reliance on quantitative benefit-risk evaluations [13].

This review aims to provide an overview on the usefulness and utility of pharmacometrics and in specific modeling and simulation approaches (M&S) in anti-infective drug development and clinical application (Table 1), and will highlight these in examples on the application of M&S approaches in three specific areas:

- **1.** The determination of PK/PD indices and susceptibility breakpoints indicative of antimicrobial activity in clinical populations.
- **2.** The development of optimal dosing regimens for effective and safe anti-microbial therapy in both general and specialized population groups, such as pediatric patients.
- **3.** The optimization of key attributes of study design in clinical development and postmarketing evaluations.

Prerequisites for the Application of Modeling and Simulation in Antiinfective Drug Development and Pharmacotherapy

One of the major prerequisites for the application of M&S in clinical drug development and applied pharmacotherapy is the availability of a mathematical framework that captures the dose-exposure relationship for the antibiotic in relevant tissues of interest (i.e. the plasma and tissue pharmacokinetics), the growth characteristics of the pathogen and its relevant subpopulations in the *in vivo* environment (microbiology), and the dynamic interplay between pathogen and antibiotic exposure with regard to pathogen survival, death, latency and resistance (pharmacodynamics). Relevant PK and PD parameters may be derived from a variety of sources, including preclinical and clinical pharmacokinetic studies, studies assessing tissue concentration-time courses with techniques such as imaging or microdialysis, in vitro MIC data, in vitro time-kill curves, disease pathology, and microbiologic characteristics of the pathogen/infective agent itself [14,15]. These data can be combined with knowledge about the between- and within-subject variability in relevant PK parameters as well as microbiologic differences among different pathogen strains. Since between-subject variability is oftentimes a major complicating factor in drug development and pharmacotherapy, the potential impact of M&S approaches is usually the higher the

larger the between-subject variability is. The resulting models help identify optimal drug concentrations necessary to achieve at the target site to be efficacious in overcoming an infection (i.e. bacterial eradication) and minimizing bacterial resistance, and the corresponding dosing regimens that provide a high likelihood of therapeutic success in a specific target population [10,16]. Once this basic framework has been established, additional factors including human physiological, biochemical, and genetic variability and differences to preclinical species that complicate the translation of preclinical results to the clinic and of data from controlled clinical studies to clinical practice may be considered and implemented in the modeling framework.

The determination of PK/PD indices and susceptibility breakpoints indicative of anti-microbial activity in clinical populations

Susceptibility breakpoints, or critical antimicrobial concentrations, are valuable parameters in assessing the degree of drug susceptibility and/or resistance to an antimicrobial pharmacotherapy. Breakpoints refer to antibiotic concentrations or exposures that separate bacterial strains where there is a high likelihood of treatment success from those bacteria where treatment is more likely to fail. Historically, pharmacokinetic exposure parameters such as the area-under-the-plasma-concentration-time-curve (AUC) or the maximum or peak concentration (Cmax) have been the gold standard for monitoring drug action under the assumption that plasma concentration are indicative of target site concentrations and that a defined and fixed target site exposure is necessary for drug action. For antimicrobial pharmacotherapy, however, target site exposure is not sufficient to predict efficacy since the susceptibility of the microorganism to the target site concentration is variable among different microorganisms and strains and may change over time in the event of for example resistance development. Susceptibility of a microorganism to an antibiotic is frequently described by its minimum inhibitory concentration (MIC), an *in vitro* parameter that quantifies growth inhibition to a static antibiotic concentration. Combination of the pharmacodynamic parameter MIC with pharmacokinetic exposure parameters such as AUC or Cmax allows defining PK/PD indices that are hybrid parameters that integrate PK and PD information related to target exposure and microbial sensitivity, and can be used to derive PK/PD breakpoints. Dependent on the predominant mechanism of action of the antibiotic, the following three PK/PD indices (as shown in Figure 2) have been found useful in characterizing in vivo)

- **i.** T > MIC: Time T of exposure of microorganisms to plasma concentrations exceeding their MIC.
- **ii.** Cmax/MIC: Ratio of peak plasma concentration to MIC.
- **iii.** AUC/MIC: Ratio of area under plasma concentration curve to MIC.

These indices are frequently used to classify the pattern of killing activity for antimicrobials, concentration-dependent vs. time-dependent. Antibiotics for which T > MIC best describes their antimicrobial activity follow time-dependent killing with minimal persistent effects that requires a maximum duration of exposure above MIC for maximum activity. Antibiotics for which Cmax/MIC best describes their antimicrobial activity follow concentrationdependent killing with prolonged persistent effects that require a maximum peak antibiotic concentration for maximum activity. Antibiotics for which AUC/MIC best describes their antimicrobial activity exhibit both time-dependent and concentration-dependent killing with moderately persistent effects that require a combination of high concentration and long duration above MIC for maximum activity. The AUC in these indices is calculated at pharmacokinetic steady state over 24 hours $(AUCss,0.24)$ and is usually derived from Bayesian parameter estimates from population PK analysis approaches.

As indicated in these relationships, the MIC is consistently used as a denominator or 'normalization factor'. The integration of drug exposure (PK) and the actual drug activity based on microbial sensitivity (PD) allows to develop generalized breakpoints with which multiple drugs can be evaluated for efficacy related to both their PK and PD parameters [18– 20]. The efficacy is the desired clinical effect that a particular drug is producing and is the combined effect of PK and PD and other, for example patient-related, factors. The term 'efficacy' cannot be interchanged for PD. Thus, breakpoints are often used as a valuable tool in drug development and applied pharmacotherapy to optimize dosing regimens of an antibiotic for the treatment of a specific pathogen and to minimize the increase of resistant strains with optimal dosing.

It should be stressed, however, that many antibiotics are bound to variable degree to proteins in plasma and tissue, and that only the free, unbound concentration at the target site is pharmacologically active and exerts the antimicrobial activity [21]. Since MIC is frequently determined with no or limited binding proteins present, it usually represents an unbound concentration [21]. Thus, PK/PD indices also need to be based in free drug exposures rather than total concentrations to avoid any bias introduced by considering protein binding only in the PD parameter MIC, but not the PK parameters AUC and Cmax. Consequently, fT>MIC, ^fCmax/MIC, and fAUC/MIC based on free drug concentrations are now usually applied as appropriate PK/PD indices [18–20,22].

PK/PD indices assessed in M&S studies can be used to assess and compare the likelihood of achieving effective target exposure for different antibiotics and thus prioritize compounds for the treatment of specific infections. Noreddin *et al.* used this approach by applying simulation studies to determine the probability of target attainment in serum and epithelial lining fluid (ELF) defined as a $fAUC_{0-24}/MIC_{90}$ ratio of 30, with bacterial eradication as efficacy endpoint, for standard clinical regimens of azithromycin, clarithromycin, and telithromycin against S. pneumonia strains with different susceptibility [23].

Another example for establishing PK/PD indices by M&S is the case of isoniazid which displays a multimodal elimination pattern in the population based on single nucleotide polymorphisms (SNPs) in the gene encoding for N-acetyl transferase-2 (NAT2). Since the allelic frequency of these genetic variants differs among different ethnic groups, these groups differ in the number of "slow" and "fast" acetylators based on NAT2 phenotype. Thus, standard recommended doses would obviously result in different bactericidal activities among different populations. In vitro models showed that AUC_{0-24}/MIC is associated with both microbial death and emergence of resistance for isoniazid [24]. Based on this approach, M&S was used to predict the bactericidal effects of different doses of drug in various ethnic populations, accounting for the multimodal elimination of isoniazid. The model allowed to predict the dose with highest early bactericidal activity (EBA) and this dose was used in subsequent clinical studies [24].

Based on predefined susceptibility breakpoints, microorganisms are classified as susceptible, intermediate and resistant. The identification of susceptibility breakpoints is being performed using standard tests implemented by the Clinical Laboratory Standards Institute (CLSI) by examining MIC distributions across different strains of a bacterial species. MIC values are measured using Mueller-Hinton broth, as recommended by CLSI guidelines [17,18]. While these test methodologies achieve a precise estimate of breakpoints in vitro, the major challenge lies in the ability for clinical translation. Since target site exposure and microbial susceptibility will vary among different individuals with different infection sites and different pathogen populations, susceptibility breakpoints are inherently variable in a clinical population [19]. Thus, in vitro derived breakpoints have to be interpreted as point estimates in a breakpoint distribution with a confidence interval that presents itself in the

clinic [25]. M&S approaches using clinical data may contribute to derive and increase the exactness or confidence in the derived breakpoints.

Multiple studies have indicated inconsistencies between the probability of PD target attainment (PTA) and susceptibility as per CLSI defined breakpoints. DeRyke et al. demonstrated that CLSI susceptibility breakpoints $(\%S_{\text{CLSI}})$ overestimated probability for achieving bactericidal exposure for antibiotics such as ciprofloxacin, levofloxacin and piperacillin-tazobactam against gram negative bacteria such as P.aeruginosa, A. baumannii, E. coli and Klebsiella spp [25]. To overcome this limitation, the authors used Monte-Carlo simulations based on published PK data and their between-subject variability to define PD derived breakpoints (%S_{PD}). This %S_{PD} accounts for between-subject variability in human pharmacokinetics as well as exposure differences resulting from different dosing regimens. In this approach, %S_{PD} was defined as the highest MIC at which at least 90% of the population achieve the targeted bactericidal exposure, and bactericidal exposure was defined as fT>MIC (time of free concentration above MIC) of 40% for carbapenems, 50% for cephalosporins and the piperacillin component of the piperacillin-tazobactam combination, and 125 for the AUC/MIC ratio of fluoroquinolones. The analysis indicated that although there was a general lack of agreement between PTA and %S_{PD} or %S_{CLSI}, only %S_{CLSI} overestimated the ability of the investigated dosing regimens to achieve bactericidal exposures. In contrast, $\%$ S_{PD} often underestimated PTA, a deviation clinically far less concerning than overestimation. The underestimation of PTA using $%Sp_D$ leads to an overestimation of dose in a particular subject (which is preferable), but the general overestimation of doses for a population can lead to an increase in bacterial resistance. Based on the performed simulations, the authors suggest pathogen AND dosing regimen specific breakpoints as a more appropriate way to classify bacteria as susceptible [25].

Development of Optimal Dosing Regimens

One of the top priorities in antibiotic pharmacotherapy is to optimize the duration of therapy with proper dosing regimens that are effective and safe, and minimize the occurrence of bacterial resistance. However, these goals are often requiring opposing measures and can often not be achieved simultaneously. The concept of clinical utility can help in optimizing these goals. Clinical utility allows to quantify and optimize "trade-offs" between multiple factors such as efficacy, safety, microbiology, and usage of drugs [26]. Pharmacometrics allows the integration of clinical utility with M&S, where "trade-offs" can be derived and explored mathematically.

The clinical efficacy (i.e. bacterial eradication) of drugs such as garenoxacin, telithromycin and doripenem is more than 90%. With such high efficacy it is challenging to design dosing regimens on the basis of efficacy and safety at varying doses. Population based pharmacokinetic M&S using Monte Carlo simulations helped in deciding on a dosage regimen by taking into account the between-subject variability in PK parameters and varying MIC distributions by various clinical isolates. This approach helped in determining the optimal dose for garenoxacin (400 mg) on the basis of (i) selecting AUC_{0-24}/MIC as an appropriate PK/PD index derived from in vivo efficacy data, (ii) performing Monte Carlo Simulations using population PK parameters, MIC distributions and mutant prevention concentration (MPC), (iii) determining a recommended dose based on probability of target attainment, and (iv) validation of the recommended dose based on PK/PD data acquired from phase III studies for respiratory tract infection [27].

Design of dosing regimens is especially challenging for patients who are critically ill with severe bacterial infections, and who have renal failure and are on continuous venovenous hemodiafiltration (CVVHDF). In the event of renal failure, dosing regimen needs of individual patients can be adjusted by assessing the impact of kidney dysfunction on the

disposition of drugs [28]. For example the PK and PD properties of biapenem change when a patient is on CVVHDF. Ikawa et al. performed PK M&S to determine PD exposure of T>MIC_{4μg/mL} and suggested that for T>MIC_{4μg/mL} for 30% of the dosing interval biapenem dosage should be 300 mg BID or 600 mg BID for dialysate flow rates of 1.4 L/h or 2.8 – 5.6 L/h, respectively [29]. As the dialysate flow rate increased, $T > MIC_{4\mu\alpha/mL}$ decreased. The 600 mg BID dose was the optimum to reach $T > MIC_{4\mu\text{g/mL}}$ of 30% for both dialysate flow rates of 2.8 L/h and 5.6 L/h. These simulations illustrate that low doses or increased dosing intervals should not be recommended for patients who are on CVVHDF or a similar renal replacement technique.

Since critically ill patients often have altered drug distribution and elimination, they may experience inadequate dosing with antibiotics and may thus be at a much higher risk of infections with antibiotic resistant organisms [30]. For doripenem, a carbapenem, T>MIC for 35% of the dosing interval has been the recommendation in patients with normal kidney function [31]. Since doripenem is primarily excreted in unchanged form into the urine, PKbased Monte Carlo simulations were performed to develop dosing recommendations for patients with renal impairment. For mild-stage 2 chronic kidney disease (CKD) patients with a creatinine clearance (CL_{Cr}) >60 mL/min, 500 mg should be infused over 1 h every 8 h for bacteria with MIC $1 \mu g/mL$; however, in the more severe stage 3 CKD patients with CL_{Cr} \sim 30–50 mL/min, an infusion of 250 mg of doripenem over 1 h every 8h for bacteria with MIC $2 \mu g/mL$ is recommended. For patients with severe renal impairment with a CL_{Cr} of 10–29 mL/min, 250 mg was recommended to be infused over longer durations, 4h instead of 1h, every 12 h for MIC $2 \mu g/mL$ (Figure 3). This is consistent with the time-dependent (t>MIC) killing pattern of carbapenems. Dosing strategies like this can only be achieved from PK/PD M&S where the creatinine clearance builds the parameter framework for achieving set exposure levels, as PK studies in critically ill patients would be extremely difficult to perform [31].

In order to be efficacious, an antibiotic needs to reach the site of infection in therapeutically effective concentrations. In patients with severe lung infections, the concentration of antibiotics in ELF is an essential measure to decide on an optimal dosage regimen [32]. It has been reported recently that methicillin-resistant S . aureus (MRSA) is the likely culprit in causing more than 25% of all ventilator-associated pneumonias in intensive care unit patients [33]. A population PK model with Monte Carlo simulations was employed to determine the range of ELF exposure relative to that in plasma. It was determined that vancomycin penetrates ELF at approximately 50% of plasma concentrations [34]. Under the assumption that the PK/PD in ELF is similar to the AUC/MIC of $\,$ 400 used in plasma, the M&S exercise showed that target attainment is expected to be suboptimal for MRSA with MICs in excess of 1 mg/L under current dosing regimens [34]. A similar approach was used for PD profiling of cefditoren and telavancin against penicillin-susceptible and penicillinintermediate S. pneumonia [35] and methicillin-resistant S. aureus, respectively [36].

The MIC value for an antibiotic varies depending on which organism it acts upon. Carbapenems require higher MIC to be effective against *P. aeruginosa* as compared to other bacteria. The antibacterial efficacy of four commonly used dosage regimen for doripenem was determined using an integrated PK/PD M&S approach based on *in vitro* time-kill data and human PK data. The simulations indicated time-dependent antimicrobial activity of doripenem, in which the 250 mg TID regimen had a higher bactericidal effect than did 500 mg BID [37].

While dosage regimens for most antibiotics can be derived by PK/PD-based M&S as outlined in the presented examples, the therapeutic concentration obtained from those recommendations may be insufficient to safeguard optimum clinical efficacy and bacterial

clearance from the site of infection, especially if they are based on studies in healthy individuals rather than patients. Hence, it is of utmost importance to take into account the disposition (PK) and target site accessibility of antibiotics in diseased individuals having abnormal physiological conditions such as renal dysfunction. Along these lines, it is often preferred to use in these PK/PD M&S evaluations drug resistant bacteria that constitute a worst case scenario. An example for such an approach is the dose optimization of norvancomycin against methicillin-resistant rather than non-resistant Staphylococcus isolates for patients with different physiological and pathological conditions in the Chinese population. The optimized norvancomycin dosing recommendations were 800–1000 mg BID for patients with normal renal function, 800 mg QD or BID for patients with mild renal dysfunction ($CL_{Cr} > 50$ to 85 mL/min), 800 mg QD to 2.5 days for patients with modest renal dysfunction (CL_{Cr} >10 to 50 mL/min), and 600 mg over 5–11 days or 800 mg over 6–13 days for patients with severe renal dysfunction ($CL_{Cr} > 5$ to 10 mL/min) [38].

Optimization of Clinical Studies and Clinical Applications

Over the last decade, it has become obvious in many examples that fine tuning of phase $II/$ III clinical trials as well as post-marketing studies a priori is essential to reduce cost and optimize study performance and outcomes. PK/PD based M&S has played a major role in this process by integrating observations and data obtained from preclinical studies in animals and phase I studies in healthy volunteers as well as phase IIa studies in patients. The factors taken into consideration for mathematical modeling are often (a) MIC distribution patterns in clinical isolates, (b) the range of individual PK parameters in the target patient population, (c) identified PD targets from efficacy studies in animals, and (d) the degree of protein binding. The combination of microbiological, preclinical and clinical PK and PD data in mathematical models is essential in designing target antibiotic exposures. M&S with such data is not only beneficial for single drug therapy but also for the evaluation of multiple concurrently used antibiotics and their potential additive or synergistic effects [20].

There is a sustained need for monitoring the PK/PD of antibiotics even after their approval and marketing. Rifampin is widely used for treatment of tuberculosis since several decades, but there is only limited data on rifampin concentrations in the lungs. Using an M&S based simulation study, Goutelle et al. found that the existing dosage regimen (600 mg/day) for rifampin is suboptimal in most patients [39]. This could be a potential contributing factor for the increasing number of tuberculosis infections with multi drug-resistant and extremely drug-resistant strains. The authors suggest considering higher doses (1200 mg/day) of rifampin for an increase in pulmonary concentrations, thereby keeping in mind the toxicity and tolerability of such high doses in patients [39].

M&S may also be useful in developing strategies to minimize the effect of drug-drug interactions. Voriconazole and fluconazole are two widely used antifungal drugs with similar mechanism of action, but a strong drug-drug interaction when immediately switching between the two agents. Fluconazole is the most commonly used antifungal agent but unlike voriconazole it does not have anti-aspergillosis coverage sometimes necessitating a clinical switch. Fluconazole is a CYP2C19 inhibitor and its presence inhibits voriconazole metabolism causing substantial voriconazole-related adverse effects. Physiologically based PK modeling was used to determine the time lag required between the two therapies to avoid potential toxicity, but also minimize the time period without effective antifungal exposure which is essential in the event of serious fungal infections. The PK simulations demonstrated that a time lag of at least 24 hours is required to switch from fluconazole to voriconazole in order to avoid relevant interactions [40].

The use of M&S is not only restricted to optimizing dosing regimen and efficacy of treatment, but can also be used for building up clinical treatment guidelines. Goldie et al.

constructed a population model of HIV infection to answer lifetime cost, life expectancy, quality-adjusted life expectancy, and quality-adjusted life years in patients receiving highly active antiretroviral therapy (HAART) and Pneumocystis carinii pneumonia (PCP) prophylaxis [41]. The simulation exercises were performed to compare different criteria of CD4 cell counts for discontinuing primary PCP prophylaxis in patients with CD4 cell count increases receiving HAART and second-line PCP prophylaxis (such as dapsone, atovaquone, and aerosolized pentamidine) due to intolerance to trimethoprimsulfamethoxazole. The outcome of the exercise showed that treatment is cost-effective when PCP prophylaxis is discontinued with CD4 count >300/μL, and that in patients intolerant to trimethoprim-sulfamethoxazole dapsone therapy is more cost-effective than atovaquone [41].

Expert Commentary and Five-year view

The application of pharmacometric analyses using PK/PD based M&S approaches has in the recent decade developed into one of the most essential tools for interpreting and integrating large and diverse pools of preclinical and clinical data and translating them into an informative knowledgebase [5]. It is expedient not only for industry professionals to promote internal decision making at critical drug development steps, but is also increasingly utilized by regulatory authorities for compiling and analyzing data for approval and labeling. A recent survey shows that during the last decade, the drug approval and labeling decisions of more than 60% of submissions for New Drug Applications (NDA) to the US FDA were influenced by pharmacometric analyses. For 30% of the submissions during this period, FDA reviewers performed independent pharmacometric analysis [13]. For example, among anti-infectives, an appropriate dosing regimen of micafungin for the treatment of esophageal candidiasis was selected based on an exposure-response analysis by FDA personnel. The FDA reviewers utilized the phase II and III study data to model the relationship between dose and effectiveness, which led them to recommend approval of the 150 mg over the 100 mg micafungin dose due to similar maximum efficacy, but a 15% lower rate of relapse [9].

Another prime example for use of M&S in regulatory decision making is the pharmacometrics-based dose selection of levofloxacin for postexposure treatment of inhalational anthrax in children. The available data from two PK studies on 47 adults at different doses (500 mg/kg and 750 mg/kg) and 90 pediatric patients who received a dose of 7 mg/kg were used to develop an integrated population PK model. The model was then utilized to derive dosing recommendations for pediatric patients that match adult exposure after a 500 mg/kg dose with regard to AUC, and maximum and minimum concentration during multiple dosing at steady state. Based solely on this M&S approach, a dose regimen of 8 mg/kg BID for children \leq 50 kg and \geq 6 months of age and 500 mg QD for children weighing 50 kg was recommended and included in the labeling information [42].

The US FDA and the European Medicines Agency (EMA) both acknowledge the impact of M&S on regulatory approvals, but assess the investigational plans and scientific information differently. FDA seems to prefer to conduct pharmacometric reviews including independent data analyses for all the submitted applications irrespective of whether the sponsor submitted an analysis or not. In contrast, EMA seems to consider a pharmacometric assessment only if it is included in the submission by the sponsor. EMA might ask for additional pharmacometric analyses, but these should be conducted by the sponsor. European regulatory bodies are especially encouraging and emphasizing the use of M&S for drugs in pediatrics and for anti-infectives [43–45]. Irrespective of these different philosophies in the review process, the emphasis and demand of M&S based pharmacometric analyses in drug approval will likely further increase the application of M&S throughout the drug development process [8,46,47].

More recently, physiologically based PK and PK/PD modeling (PBPK) is gaining more widespread application, predominantly because of improvements in the associated M&S methodologies and the availability of more robust and user-friendly software tools [48–50]. It is predicted that the use of PBPK will increase over the next years for identifying the effects of intrinsic and extrinsic factors modifying drug efficacy and safety in patients. PBPK will play a significant role in predicting and deciphering drug-drug interactions and will be the basis for M&S in special population such as pediatric patients or in critically-ill patients [50].

Evidently, pharmacometric analyses have proven their merits in myriad ways during the entire process of drug development. However, there is always room for improvements for more accurate and precise estimates resulting in more confident predictions. This fine-tuning can likely be accomplished by a more prospective integration of M&S approaches in each individual development phase, including goal-oriented and intelligent sample and data collection that specifically addresses and supports pharmacometric analyses. Some of the questions that need to be addressed relate to the transfer of knowledge from controlled studies to clinical practice: PK parameter estimates are generally derived from healthy subjects. How can we assure that PK/PD predictions are accurate in patients with variable physiologic function and variable sites and types of infection? How can we account for patients with multiple disease conditions? How will their confounding illnesses or polypharmacy affect drug exposure for the considered anti-infective? How will variability in the strains of microorganisms and their response to the survival stress elicited by the antiinfective such as latency and resistance development affect treatment outcome? A more systematic and intensive assessment of antibiotic concentrations at the site of action such as ELF over the time course of therapy might help to provide some of the needed answers. Techniques such as microdialysis have been proven of substantial value in assessing active drug concentrations in target tissues not as easily accessible as ELF [51,52].

In summary, more complex M&S models will likely be established in the future that integrate all therapeutic considerations when treating microbial infections. Using precise estimates of PK and PD parameters as well as their distributions in populations of patients and microorganisms, including their potential interdependencies, will help in facilitating more realistic and thus also even more clinically meaningful predictions for the *in silico* evaluation and development of optimal antibiotic dosing regimens, including combination therapies. To combat the growing bacterial resistance, we need to rapidly increase the available number of effective antibiotics in our armamentarium by relatively fast, safe, smart and inexpensive clinical development programs. We believe that M&S based pharmacometric approaches hold great promise in facilitating this process and thus may serve as a key technology for the development of future generations of anti-infectives.

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Key Issues

- **•** With respect to anti-infective drug development and applied pharmacotherapy, M&S has been shown as beneficial at multiple levels including the identification of PK/PD indices and susceptibility breakpoints, selection of dosage regimen, resistance development suppression and optimization of clinical trial designs.
- **•** The identification of covariates altering PK/PD parameters helps in fine tuning the design of clinical trials in healthy volunteers, patients with physiological impairments, and special populations.
- The scope of M&S is not only restricted to clinical outcomes, but can also be implemented in setting up clinical guidelines and developing health care policies.
- **•** The regulatory bodies (FDA and EMA) encourage the use of pharmacometric approaches especially for anti-infectives to promote internal decision making, to optimize trial designs and to integrate and analyze data for drug approval and labeling.

Figure 1.

Illustration of interplay of pharmacology, microbiology, physiology, disease and their association with pharmacometric evaluations in the clinical development and application of anti-infectives.

Figure 2.

Illustration of the PK/PD indices at steady state during multiple dosing: (i) T>MIC: Time above MIC (ii) Cmax/MIC (iii) AUC/MIC. Cmax: Maximum Plasma Concentration, $AUC_{ss\ 0-24}$: Area under the curve at steady state plasma concentration, MIC: Minimum Inhibitory Concentration

Table 1

Examples of the application of pharmacometrics analyses for anti-infectives. Examples of the application of pharmacometrics analyses for anti-infectives.

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 NIH-PA Author ManuscriptNIH-PA Author Manuscript NIH-PA Author Manuscript NIH-PA Author Manuscript BAL bronchoalveolar lavage fluid; BID twice daily; CL clearance; CLCR creatinine clearance; CSF cerebrospinal fluid; ELF epithelial lining fluid; N/A not available; PD pharmacodynamic; PTA pharmacodynamic target attainment BAL bronchoalveolar lavage fluid; BID twice daily; CLCR creatinine clararay; CLCR creatinine (SR ender the PLCR creating thing fluid; BLF epithelial lining fluid; BLF epithelial lining fluid; BLF epithelial lining fluid; N every 8 hours every 8 hours