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T_1 Estimation for Aqueous Iron Oxide Nanoparticle Suspensions Using a Variable Flip Angle SWIFT Sequence

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Abstract

Purpose— T_1 quantification of contrast agents, such as super-paramagnetic iron oxide (SPIO) nanoparticles, is a challenging but important task inherent to many *in vivo* applications in magnetic resonance imaging (MRI). In this work, a sweep imaging with Fourier transformation using variable flip angles (VFA-SWIFT) method was proposed to measure T_1 of aqueous SPIO nanoparticle suspensions.

Methods— T_1 values of various iron concentrations (from 1 to 7 mM) were measured using VFA-SWIFT and three-dimensional (3D) spoiled gradient-recalled echo with variable flip angles (VFA-SPGR) sequences on a 7T MR scanner. For validation, T_1 values were also measured using a spectroscopic inversion-recovery (IR) sequence on a 7T spectrometer.

Results—VFA-SWIFT demonstrated its advantage for quantifying T_1 of highly concentrated aqueous SPIO nanoparticle suspensions, but VFA-SPGR failed at the higher end of iron concentrations. Both VFA-SWIFT and VFA-SPGR yielded linear relationships between the relaxation rate and iron concentrations, with relaxivities of 1.006 and 1.051 s⁻¹•mM⁻¹ at 7T, respectively, in excellent agreement with the spectroscopic measurement of 1.019 s⁻¹•mM⁻¹.

Conclusion—VFA-SWIFT is able to achieve accurate T_1 quantification of aqueous SPIO nanoparticle suspensions up to 7 mM.

Keywords

T_1 mapping; super-paramagnetic iron oxide (SPIO) nanoparticles; sweep imaging with Fourier transformation (SWIFT); positive contrast

Introduction

Super-paramagnetic iron oxide (SPIO) nanoparticles have been widely used as T_2 or T_2^* contrast agents in magnetic resonance imaging (MRI). Various applications including visualization of vasculature, macrophage uptake, and cell labeling have been demonstrated (1–3). Recently studies demonstrated that SPIO nanoparticles could be applied to hyperthermia treatment of cancer (4,5). However, as the SPIO concentration increases, MR signal loss and image distortions become more prominent in the regions near the SPIO nanoparticles.

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In recent years, ultra-short echo time (UTE) (6,7) and sweep imaging with Fourier transformation (SWIFT) (8,9) sequences have been designed to shorten the time interval between signal excitation and acquisition, down to several microseconds. Therefore, short T_2^* signal loss can be minimized. For example, the UTE sequence was applied to visualize short T_2^* materials (10). The T_1 estimation of low concentrations (up to 1.2 mM) of SPIO nanoparticles was conducted by using the UTE sequence (11). Springer et al. assessed T_1 values in materials and tissues (e.g. cortical bones) with extremely fast signal decay using the UTE sequence combined with a variable flip angle method (12).

Similarly, the SWIFT sequence was implemented for detection of calcifications in rat brain and SPIO-labeled stem cells grafted in the myocardium (13,14). Recently Chamberlain et al. proposed a Look-Locker saturation recovery method integrated with SWIFT to measure T_1 with an adiabatic half passage followed by a spoiler gradient to achieve saturation (15). Despite the breakdown of the linear relationship at ultra high concentrations (above 1 mg Fe/mL), they demonstrated that SWIFT could be used to measure T_1 at iron concentrations (0.3–1.5 mg Fe/mL) previously almost impossible by MRI.

With SWIFT, the signal is measured in the steady state; thus, image contrast can be optimized by properly adjusting the flip angle close to the Ernst angle, the ideal condition at which the signal intensity reaches its peak for a given T_1 (8,16). The spoiled steady state nature of the SWIFT technique provides an opportunity to derive a T_1 map through measurements conducted with variable flip angles (VFA). In many in vivo applications of SPIO nanoparticles, such as cell tracking and therapeutic response evaluation, the iron concentration is at low or medium levels. In this work we hypothesize that the VFA-SWIFT sequence is able to measure T_1 of ferrofluids, consisting of SPIO nanoparticle solutions with higher range of iron concentrations than usually encountered (from 1 to 7 mM).

When attempting to measure T_1 using VFA methods, an ambiguous solution for T_1 can sometimes result when using an inhomogeneous radiofrequency field B_1 for excitation. To overcome this difficulty, we utilize a birdcage coil that provides a better B_1 field homogeneity (i.e., more uniform spin excitation and reception) compared to a surface coil. In addition, we use a scheme of small step-size, multiple flip angles for accuracy of estimation. For the purpose of comparison, T_1 values were also quantified using the three-dimensional (3D) spoiled gradient-recalled echo at variable flip angles (VFA-SPGR) sequence. In order to verify the obtained results, relaxation data were also acquired with a spectroscopic inversion recovery (IR) sequence and resulting T_1 values are compared with those measured by VFA-SWIFT and VFA-SPGR.

Theory

For a general steady state MR scan, the signal intensity is theoretically given by (16):

$$S(\theta) = M_0 \sin\theta \frac{1 - E_1}{1 - E_1 \cos\theta} e^{-TE/T_2^*} \quad (1)$$

where $E_1 = e^{-TR/T_1}$, and M_0 and θ represent proton density and flip angle, respectively. With fixed TE and TR , T_1 can be measured through scans at multiple flip angles (16,17):

$$\frac{S(\theta)}{\sin\theta} = E_1 \frac{S(\theta)}{\tan\theta} + M_0(1 - E_1)e^{-TE/T_2^*} \quad (2)$$

The terms E_1 and $M_0(1 - E_1)e^{-TE/T_2^*}$ can be numerically solved as the slope and coordinate intercept of Eq. (2) through a linear least-squares fit, and T_1 can then be

estimated from the natural logarithm of E_I (17). However, for materials with short T_2^* values, the signal intensity, $S(\theta)$, given by Eq. (1) will decay exponentially and result in a poor signal-to-noise ratio (SNR) when TE is close to or longer than T_2^* , which could dramatically influence the accuracy of the derived T_1 using Eq. (2).

For the SWIFT sequence, the magnetic field variation resulting from the applied gradient field is generally large compared to other potential perturbations, such as magnetic field inhomogeneity and magnetic susceptibility differences, and these effects are minimal in acquired images (8) due to the simultaneous high bandwidth excitation and acquisition. Additionally, SWIFT images are minimally influenced by transverse relaxation, since the dead time between signal excitation and acquisition is usually much shorter than T_2^* values (8). Under these circumstances, a region of interest (ROI) in a SWIFT image is immune to signal loss due to T_2^* values of the scanned subject if signal pileup artifacts are included in the ROI (14). This leads to T_2^* independent signal intensity for the ROI in the following form (8):

$$S(\theta) = M_0 \sin\theta \frac{1 - E_1}{1 - E_1 \cos\theta} \quad (3)$$

Therefore, VFA-SWIFT provides a method for T_1 estimation that can ignore the influence of signal loss caused by the fast T_2^* decay and allow for quantification of ferrofluid with high iron concentrations.

Methods

Data Acquisition

Commercially available ferrofluid (EMG 509, FerroTec, Santa Clara, CA) was diluted into seven different iron concentrations: 1, 2, 3, 4, 5, 6, and 7 mM Fe, where 1 mM Fe is about 0.056 mg Fe/mL. The diluted ferrofluid was then filled into plastic vials (0.3 mL in volume). All vials together with a vial of purified water (labeled as 0) were then embedded into a rectangular container, which was filled with 1% agar gel. The MR experiment was performed on a 7 Tesla Varian Magnex small animal scanner (Agilent Technologies, Santa Clara, CA) that provides a maximum gradient strength of 440 mT/m. The phantom was vertically placed in the center of a transmit/receive birdcage coil with a diameter of 7.2 cm.

First, 3D radial SWIFT images were obtained using a hyperbolic secant pulse with the dimensionless shape factor $n = 1$ and truncation factor $\alpha = 7.6$, respectively (8,9). The pulse had a spectral width (sw) of 62.5 kHz and included 256 gaps. The length of the pulse elements and gaps were 4 and 12 μ s, respectively. The dead time between the end of each pulse element and the beginning of signal acquisition was set to 3.9 μ s, referred to as the effective TE . Complex data in the radial k-space consisted of 64,000 spokes, which covered a spherical field-of-view (FOV) of 80^3 mm³. The repetition time (TR) was equal to 6 ms, including a 1.9 ms-interval between two sequential hyperbolic secant pulses. Before actual data acquisition, 512 dummy scans were implemented to generate a steady state. Multiple flip angles, from 4° to 36° with a step size of 2° , were applied for T_1 estimation.

Next, for comparison purposes, a general steady state scan of the phantom was performed using a 3D SPGR sequence. To minimize signal loss caused by the T_2^* decay, the shortest TE achievable for the 7T scanner was selected. The scan parameters were: $TE/TR = 2.95/6$ ms, $sw = 62.5$ kHz, $FOV = 80^3$ mm³, matrix size = 256^3 , and 512 dummy scans were performed to reach a steady state. Both RF and gradient spoils were implemented to enhance the T_1

weighted contrast and eliminate any residual signal. As in the SWIFT scan, the flip angles were varied from 4° to 36° with a step size of 2° .

In order to verify the estimated T_1 values derived by the MRI-based approaches, spectroscopic data were acquired using a vertical 7T Varian NMR spectrometer (Agilent Technologies, Santa Clara, CA). An inversion-recovery (IR) pulse sequence was implemented, and the IR delays (TI) were varied from 10 ms to 690 ms with an increment of 20 ms for vials 1 to 7. Between two IR scans, a 3 s time interval was inserted after the data acquisition to allow a full recovery of the magnetization.

Furthermore, in order to estimate how T_2 influences the flip angles of SWIFT, T_2 of the highest iron concentration solution (vial 7) was measured using a Carr-Purcell Meiboom-Gill (CPMG) sequence on the 7T spectrometer, with 40 different TE values varied uniformly from 0.1 to 4 ms, and with $TR \approx 1$ s.

Data Processing

The k-space data of the SWIFT sequence were processed using signal processing and gridding code (<http://www.cmrr.umn.edu/swift/>) written in LabVIEW (National Instruments, Austin, TX) and interpolated with a Kaiser-Bessel function onto a Cartesian grid (18) utilizing compiled Matlab mex code (MathWorks, Natick, MA). Complex images were then obtained by using the Fourier transforms of the 3D k-space data in a Cartesian coordinate frame.

Least-square fits were implemented based on Eqs. (2) and (3) for every voxel of the VFA-SWIFT images to derive the T_1 map of different concentrations of aqueous SPIO nanoparticle suspensions. As a comparison, the T_1 map was also calculated using the 3D SPGR images at different flip angles. For the spectroscopic IR data, T_1 values of the vials 1 to 7 were obtained by fitting Eq. (4):

$$S(TI) = A(1 - 2e^{-TI/T_1}) \quad (4)$$

where A is a scaling factor. To minimize errors, the largest measurable T_1 for the ferrofluid was cut off at 2.5 s in this work. T_1 mapping and data fitting codes were implemented in Matlab (MathWorks, Natick, MA).

T_2 of the vial 7 was obtained using the spectroscopic CPMG data by fitting Eq. (5):

$$S(TE) = Ae^{-TE/T_2} \quad (5)$$

For SWIFT and SPGR, the average SNR of vial 7 was derived experimentally by dividing the mean signal intensity inside the vial by the noise standard deviation.

Results

Fig. 1 displays the magnitude images acquired with SWIFT (1st row) and SPGR (2nd row) sequences at flip angles of 10° (1st column), 20° (2nd column), and 30° (3rd column). Vials with different iron concentrations were labeled in Fig. 1(a), where vial 0 only contained purified water and vials 1 through 7 corresponded to iron concentrations ranging from 1 to 7 mM (see Table 1 for details). As shown for the SWIFT images, signal intensity of the water and agar gel decayed as the flip angle increased. The vials with higher concentrations of SPIO nanoparticles appeared brighter than those with lower concentrations. As can be seen in Fig. 1(a), line-broadening and off-resonance artifacts become more apparent as the

concentration increases beyond 5 mM (vials 5 through 7). In the SPGR images, signal from background agar gel was also decreased at larger flip angles, similar to that seen in the SWIFT images. However, for vials containing more than 3 mM iron (vial 3 through 7), T_2^* decay becomes strong and dominant with SPGR, resulting in significant signal loss, image distortions, and negative contrast. Conversely, the SWIFT sequence provided positive contrast for the SPIO nanoparticle solutions.

Further analyses of these imaging data are shown in Fig. 2. The plots show the normalized (with respect to its maximum value) and averaged signal intensity of vials 1, 4, and 7 (representing a low, medium, and high concentration) as a function of flip angles for the VFA-SWIFT (1st row) and VFA-SPGR (2nd row), and as a function of TI for the spectroscopic measurement (3rd row). A linear least-squares fitting was done first using Eq. (2) to estimate the slope and coordinate intercept, and then the two quantities were plugged back into Eq. (1) for SPGR and Eq. (3) for SWIFT to re-plot the signal intensity (shown as the solid line) as a function of flip angles. Along with the increment in iron concentration, the standard deviation (shown as error bars) increased accordingly. The Ernst angle for vials 1, 4, and 7 were at approximately 7° , 13° and 17° ; thus, the corresponding signal peak at the Ernst angle could be observed in Figs. 2(a–e). However, the iron concentration in vial 7 was so high that the signal was degraded significantly because of the fast T_2^* decay for the SPGR images, resulting a flatter plot than that of vials 1 and 4 and large error bars. Thus, Fig. 2(f) failed to match the fitting curve because the signal at different flip angles was contaminated by noise. As shown in Figs. 2(g–i), the spectroscopic IR data were well fitted to Eq. (4). The signal null points, which were decreased as the iron concentrations increased, were noticed at TI of 500, 170 and 90 ms for vials 1, 4, and 7, respectively.

Fig. 3 shows the estimated T_1 maps resulting from the (a) VFA-SWIFT and (b) VFA-SPGR acquisitions. According to the figure, both sequences resulted in a good T_1 estimation when concentrations were lower than 5 mM (vial 0 through 5). T_1 of ferrofluid in vials 6 and 7 could only be obtained from Fig. 3(a), but not from Fig. 3(b). This indicates that the SWIFT sequence is more suitable for measuring T_1 of ferrofluid at high concentrations, compared to the 3D SPGR sequence. As seen from the two T_1 maps, T_1 was decreased and the line-broadening and off-resonance artifacts become significant along with the increase of concentrations. Furthermore, two shaded regions can be observed at both the left and right sides of Fig. 3(b), indicating the estimated T_1 of agar gels at these regions was influenced by the magnetic field inhomogeneity.

Figs. 4(a–c) present the linear fitting of the relaxation rate R_1 to the various iron concentrations for the VFA-SWIFT, VFA-SPGR, and spectroscopic based methods. Fig. 4(a) shows that a linear relationship between R_1 and the iron concentration is valid for all concentrations up to 7 mM. According to the fit, the specific relaxivity (r_1) of the ferrofluid was $1.006 \text{ s}^{-1} \cdot \text{mM}^{-1}$ under a 7T magnetic field. Fig. 4(b) presents a similar fit as that of Fig. 4(a), but without considering the last two data points (not shown) due to the significant signal loss caused by the T_2^* effect. By using the first five data points, the resulting relaxivity was equal to $1.051 \text{ s}^{-1} \cdot \text{mM}^{-1}$. In Fig. 4(c), a nearly perfect linear fitting is shown and the relaxivity derived by the spectroscopic IR approach was equal to $1.019 \text{ s}^{-1} \cdot \text{mM}^{-1}$. The corresponding R^2 values were 0.996, 0.989 and 0.997 for Figs. 4(a–c), respectively. However, for the VFA-SPGR result in the Fig. 4(b), standard deviations of the estimated R_1 increased significantly at 5 mM compared to that at low concentrations and the corresponding SWIFT result.

Table 1 summarizes the quantitative T_1 estimates for the various iron concentrations using the VFA-SWIFT, VFA-SPGR, and spectroscopic methods. The first two columns list the vial numbers and their iron concentrations, while the estimated T_1 are given in the last three

columns. Note that the VFA-SPGR method was unable to estimate T_1 for high iron concentrations. Additionally, standard deviations of the T_1 values measured by VFA-SWIFT are slightly smaller than that measured by VFA-SPGR, especially at higher concentrations. The highest concentration at which the VFA-SPGR method can reliably measure T_1 is about 5 mM. By comparing with the spectroscopic measurements, it can be seen that both VFA-SWIFT and VFA-SPGR provide accurate estimates of T_1 when the iron concentration is in the low to medium range, but only VFA-SWIFT reliably measures T_1 at high iron concentrations.

Based on Eq. 5, the estimated T_2 of the vial 7 is about 1.04 ms by fitting data acquired at all the echo times in the CPMG measurement. For the vial 7, the averaged experimental SNR of the SWIFT images is about 3–5 times bigger than that of the SPGR images.

Discussion

In the past, T_1 estimation of highly concentrated ferrofluid has usually suffered from signal loss caused by the rapid T_2^* decay. This study presents the VFA-SWIFT method to map T_1 of aqueous suspensions containing SPIO contrast agents, along with comparisons with two other common approaches: VFA-SPGR and spectroscopic IR. Here, the SWIFT sequence was applied to scan the SPIO sample vials using multiple flip angles. Since the dead time between the signal excitation and acquisition is shortened to 3.9 μ s, signal loss caused by T_2^* decay is minimized. Consequently, the signal intensity is dependent on proton density, flip angle, T_1 , and TR values. Furthermore, the vials filled with ferrofluid displayed T_1 -weighted positive contrast, where the SNR of these vials was higher than that of the agar gel alone in the SWIFT images (Fig. 1). Since T_2^* decay has minimal influence on the SWIFT images, the theoretical model (Eq. (3)) for T_1 measurement and the experimental data agreed reasonably well (as seen in Figs. 2(a–c)). As a result, relatively small error bars were obtained for the estimated R_1 values of ferrofluid even at high concentrations (as shown in Fig. 4(a)).

Measurements obtained with VFA-SPGR and spectroscopic IR methods were compared with those measured by VFA-SWIFT. In the SPGR sequence, a minimally allowed TE of 2.95 ms was utilized, aiming to minimize T_2^* signal loss caused by high iron concentration. By using this short TE , MR signals resulting from SPIO concentrations up to 4 mM (vial 4) were still comparable to the background signal of agar gel (as shown in the 2nd row of Fig. 1). Based on the SPGR images, we were able to measure the T_1 of the first five vials (with concentrations up to 5 mM), although the standard deviations increased with concentration (as shown in the Fig. 4(b)). However, compared to the VFA-SWIFT, this method was more susceptible to T_2^* signal loss. The spectroscopic IR measurement was used as a reference in this work, and it demonstrated that VFA-SWIFT and VFA-SPGR allowed accurate estimations of T_1 for ferrofluid at iron concentrations up to 7 and 5 mM, respectively.

SWIFT has demonstrated advantages over SPGR in detecting materials with short T_2^* values. However, with the modest acquisition bandwidth (62.5 kHz) used in the present SWIFT experiments, it was not possible to entirely eliminate influences from the strong magnetic field inhomogeneity caused by SPIO nanoparticles. The 3D Fourier transform of the T_2 decay in time results in a blurring function in the image space, as line-broadening and off-resonance artifacts appeared in the area surrounding the vials of high iron concentrations (19). Additionally, with the same noise standard deviation, the relative SNR ratio of SWIFT and SPGR can be estimated by the ratio of Eqs. (3) and (1) with the consideration of the receiver duty cycles, or explicitly $e^{(TE^{SPGR} - TE^{SWIFT})/T_2} \sqrt{T_{acq}^{SWIFT}/T_{acq}^{SPGR}}$, where T_{acq} is the total acquisition time. Although both sequences had the same acquisition bandwidth, the

gaps in the SWIFT pulse introduce a 50% deduction of T_{acq} in this work. Furthermore, only half of the acquired data points (128) were used for image reconstruction in SWIFT, introducing an additional 50% deduction of T_{acq} . Hence, the theoretically estimated ratio of SNRs of SWIFT and SPGR should approximate to $e^{2.95/1.04} \sqrt{0.5 \times 0.5} \approx 8.5$, which is slightly higher than the experimental ratio.

Furthermore, with the currently used acquisition bandwidth, the flip angle will be smaller than the expected value when T_2 is extremely short due to significant decay during the pulse. With VFA-SWIFT, this effect would result in greater T_1 error as the SPIO concentration increases. However, depending on the excitation bandwidth and T_2 value, this error may be mitigated (9,20). An excitation performance could be estimated by the coefficient $e^{-1/(bw \cdot T_2)}$ (9). The largest effect will occur with vial 7, which has the shortest T_2 (1.04 ms) among all the vials. However, with the RF bandwidth used in this work (62.5 kHz), the coefficient is equal to 0.998, implying that the effect of T_2 could be ignored during the RF transmission of SWIFT in this work. Therefore, despite these potential sources of error, this study clearly demonstrates that the proposed VFA-SWIFT method is valid for iron concentrations up to 7 mM at 7T, when the flip angles are selected to be between 4° to 36° .

According to Figs. 4(a) and 4(c), T_1 changes proportionally with the iron concentration up to 7 mM. This suggests that iron quantification, from low to high concentrations, can be performed using our proposed method. This is potentially crucial for cell labeling, cell tracking, and hyperthermia treatment of cancer when using SPIO nanoparticles. In addition, due to the unique image contrast, T_1 maps of short T_2^* materials (such as cortical bone and teeth) might eventually be utilized in clinical diagnoses.

It was recently reported that the Look-Locker saturation recovery method was combined with SWIFT to measure T_1 of ferrofluid at ultra high concentrations (15). Additionally, the UTE sequence is another approach that can shorten the effective TE down to a few microseconds, allowing for T_1 measurement of short T_2^* materials (11,12). The difference between SWIFT and UTE is that in SWIFT encoding gradients are always on, whereas in 3D UTE a hard pulse is used to excite signal first and then the gradient is ramped on. Due to this difference, in the presence of short T_2^* that is comparable with the ramping time, UTE images are expected to be more blurry (19). Recently, a continuous SWIFT was designed to eliminate the T_2^* decay even more than the current version of SWIFT (21). An MR approach with zero echo time (ZTE) was achieved to measure short T_2 samples (e.g. human teeth) and yielded detailed depictions with very good delineation of the mineralized dentin and enamel layers (22). However, comparisons with UTE, ZTE, and continuous SWIFT on T_1 mapping are beyond the scope of this work.

In conclusion, a VFA-SWIFT sequence was implemented to successfully quantify T_1 of SPIO nanoparticle solutions up to 7 mM. The result was compared with the T_1 values derived by VFA-SPGR and spectroscopic IR approaches. Although the VFA-SPGR sequence failed to estimate the T_1 at high concentrations, both VFA-SWIFT and VFA-SPGR presented good linear relationships between the relaxation rate R_1 and iron concentrations, with relaxivities of approximately 1.006 and $1.051 \text{ s}^{-1} \cdot \text{mM}^{-1}$ at 7T, which is close to the spectroscopic IR result of $1.019 \text{ s}^{-1} \cdot \text{mM}^{-1}$. The proposed method in this work is potentially useful for quantification of low to high concentrations of SPIO nanoparticles for in vivo MRI applications.

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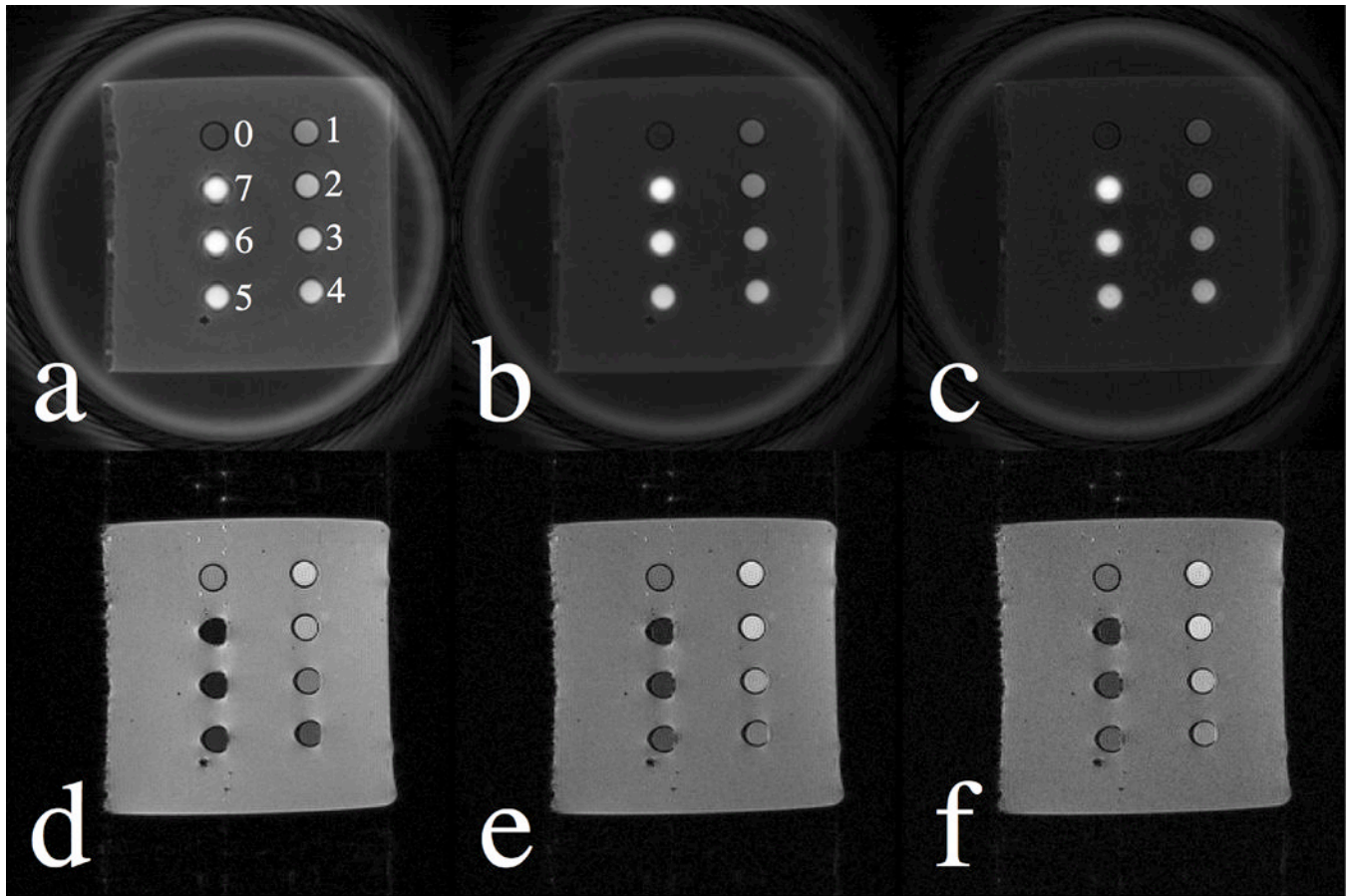


Figure 1.

SWIFT and SPGR images acquired at flip angles of 10° (1st column), 20° (2nd column), and 30° (3rd column) are illustrated in the first and second row, respectively. In Fig. 1(a), vials with purified water and different iron concentrations are labeled from 0 to 7 (see the Table 1 for details).

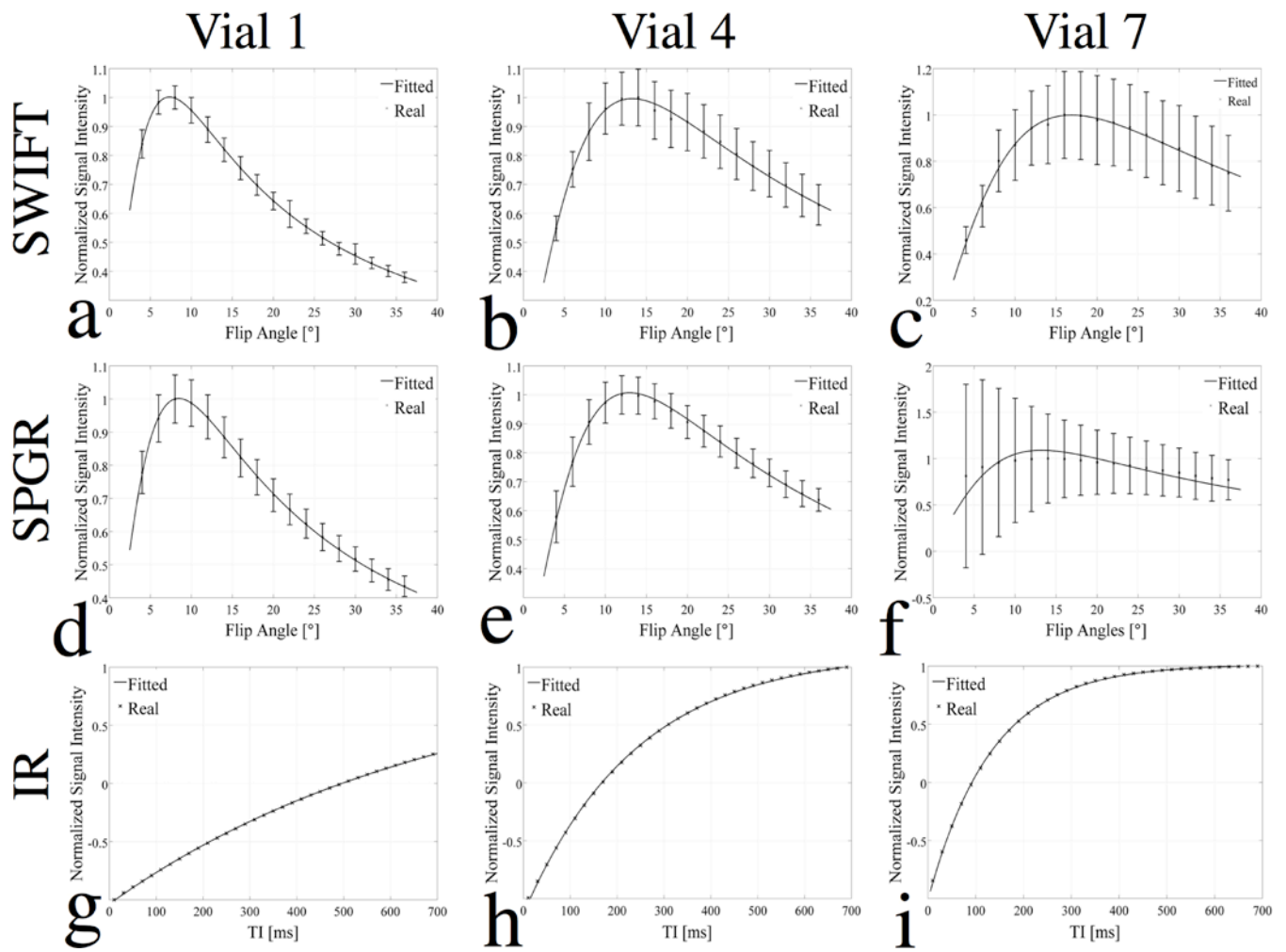


Figure 2.

Plots of normalized signal intensity (averaged within each vial) of vials 1 (1st column), 4 (2nd column) and 7 (3rd column), representing a low, medium, and high concentration, as a function of flip angles for SWIFT (1st row) and SPGR (2nd row), and of inverse recovery decays (T_I) for spectroscopic IR method (3rd row). For the SWIFT and SPGR studies, the flip angle was fitted to the normalized signal using Eqs. (1–3). For the spectroscopic IR method, T_I was fitted to the normalized signal using Eq. (4).

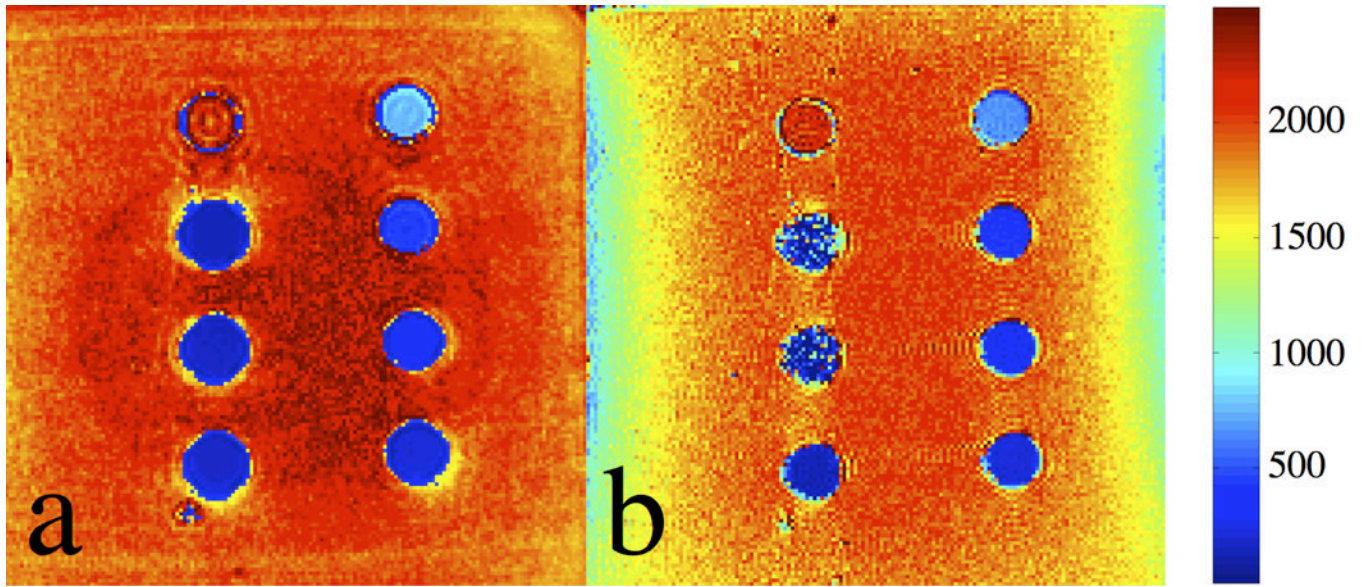


Figure 3.
 T_1 maps of the SPIO phantom estimated by using the (a) VFA-SWIFT and (b) VFA-SPGR based approaches. The unit of the color bar is in [ms].

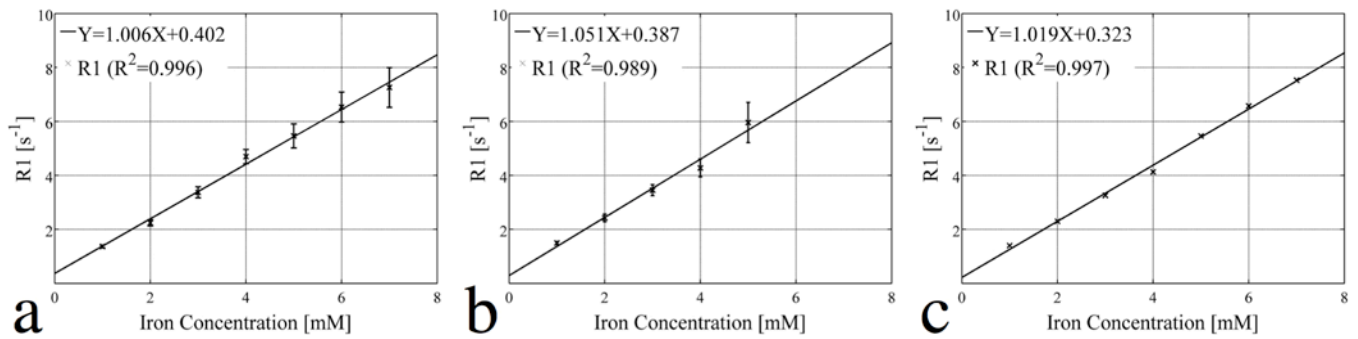


Figure 4.

Concentrations of the different vials are linearly fitted to their R_1 values estimated by the (a) VFA-SWIFT, (b) VFA-SPGR and (c) spectroscopic IR based methods. Notice that data from vials 6 and 7 were not included in the fitting due to the signal loss caused by fast T_2^* decay. The r_1 values (slope) of the fits in (a), (b) and (c) are equal to 1.006, 1.051, and 1.019 $s^{-1} \cdot mM^{-1}$. The R^2 values of the three fits are equal to 0.996, 0.989 and 0.997.

Table 1

Iron concentrations (1 mM Fe is approximately 0.056 mg Fe/mL) of the different vials are listed in the second column. The T_1 values estimated by the VFA-SWIFT, VFA-SPGR and spectroscopic IR based methods are presented in the last three columns.

Vial Numbers	Concentrations [mM]	Estimated T_1 Values [ms]		
		VFA-SWIFT	VFA-SPGR	IR
1	1	733.2 ± 29	679.9 ± 26	714.7
2	2	446.7 ± 23	412.4 ± 24	435.4
3	3	296.5 ± 18	289.6 ± 17	306.7
4	4	212.9 ± 12	233.8 ± 18	242.1
5	5	183.1 ± 15	167.8 ± 21	183.2
6	6	153.1 ± 13	–	152.2
7	7	137.8 ± 14	–	132.9