CB1 Cannabinoid Receptors Couple to Focal Adhesion Kinase to Control Insulin Release*

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Background: Endocannabinoids can affect pancreatic β cell physiology.

Results: Anandamide and 2-arachidonoylglycerol binding to CB₁ receptors induces focal adhesion kinase phosphorylation, which is a prerequisite of insulin release.

Conclusion: Focal adhesion kinase activation downstream from CB₁ receptors couples cytoskeletal reorganization to insulin release.

Significance: Identifies the molecular blueprint of 2-arachidonoylglycerol signaling in the endocrine pancreas, and outlines a kinase activation cascade linking endocannabinoid signals to insulin release.

Endocannabinoid signaling has been implicated in modulating insulin release from β cells of the endocrine pancreas. β Cells express CB_1 cannabinoid receptors (CB_1Rs), and the enzymatic **machinery regulating anandamide and 2-arachidonoylglycerol bioavailability. However, the molecular cascade coupling agonist-induced cannabinoid receptor activation to insulin release remains unknown. By combining molecular pharmacology and genetic tools in INS-1E cells and** *in vivo***, we show that** CB_1R **activation by endocannabinoids (anandamide and 2-arachidonoylglycerol) or synthetic agonists acutely or after prolonged** exposure induces insulin hypersecretion. In doing so, CB₁Rs **recruit Akt/PKB and extracellular signal-regulated kinases 1/2 to phosphorylate focal adhesion kinase (FAK). FAK activation induces the formation of focal adhesion plaques, multimolecular platforms for second-phase insulin release. Inhibition of endocannabinoid synthesis or FAK activity precluded insulin** release. We conclude that FAK downstream from CB₁Rs medi**ates endocannabinoid-induced insulin release by allowing cytoskeletal reorganization that is required for the exocytosis of secretory vesicles. These findings suggest a mechanistic link between increased circulating and tissue endocannabinoid levels and hyperinsulinemia in type 2 diabetes.**

Pancreatic β cells exhibit a remarkable ability to tune their secretory functions in response to altered tissue insulin demands. Glucose, nutrients (amino acids and lipids), neurohormonal signals, and lipid mediators (*i.e.* free fatty acids, diacylglycerol, phosphatidic acid) all efficaciously modulate insulin secretion (1, 2).

Recently, the presence of a functional endocannabinoid $(eCB)^5$ system (that is, the enzymatic machinery to biosynthesize and degrade 2-arachidonoylglycerol (2-AG) and anandamide (AEA), as well as cannabinoid receptors) was identified in the endocrine pancreas $(3-6)$. This endocannabinoid system is suggested to regulate insulin secretion (7, 8). However, our knowledge of the organization and function of eCB signaling during insulin release is limited. The consensus view on the molecular architecture of 2-AG and AEA signaling is that *sn*-1 diacylglycerol lipases ($DAGL\alpha/\beta$) generate, whereas monoacylglycerol lipase (MGL), and perhaps the serine hydrolase ABHD6, degrade 2-AG. Details of AEA synthesis are more ambiguous with *N*-acyl phosphatidylethanolamine phospholipase D (NAPE-PLD) and fatty acid amide hydrolase (FAAH)

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⁵ The abbreviations used are: eCB, endocannabinoid; FAAH, fatty acid amide hydrolase; ABHD6, α/β-hydrolase domain containing 6; ACEA, N-(2-chloroethyl)-5*Z*,8*Z*,11*Z*,14*Z*-eicosatetraenamide; AEA, anandamide; Akt, protein kinase B; AM 251, *N*-(piperidin-1-yl)-5-(4-iodophenyl)-1-(2,4-dichlorophenyl)-4-methyl-1H-pyrazole-3-carbox-amide; CB₁R, type 1 cannabinoid $receptor$; DAGL α/β , sn-1-diacylglycerol lipases α and β ; ERK1/2, extracellular signal-regulated kinase 1/2; FA, focal adhesion; FAK, focal adhesion kinase; FAKi14, FAK inhibitor 14; GPR55, orphan G protein-coupled receptor 55; JWH133, (6a*R*,10a*R*)-3-(1,1-dimethylbutyl)-6a,7,10,10a-tetra-hydro-6,6,9-trimethyl-6*H*-dibenzo[*b*,*d*]pyran; JZL 184, 4-[*bis*(1,3-benzodioxol-5-yl) hydroxymethyl]-1-piperidine-carboxylic acid 4-nitrophenyl ester; KRBH, Krebs-Ringer bicarbonate HEPES buffer; O-2050, (6a*R*,10a*R*)-1-hydroxy-3-(1 methanesulfonylamino-4-hexyn-6-yl)-6a,7,10,10a-tetrahydro-6,6,9-trimethyl-6*H*dibenzo [*b*,*d*]pyran; OMDM 188, *N*-formyl-L-isoleucine-(1*S*)-1-[[(2*S*,3*S*)-3-hexyl-4 *oxo*-2-oxetanyl]methyl]dodecyl ester; MGL, monoacylglycerol lipase; NAPE-PLD/ N-PLD, *N*-acyl phosphatidylethanolamine-specific phospholipase D; PB, sodium phosphate buffer; ANOVA, analysis of variance; TRPV1, vanilloid type 1 channels; 2-AG, 2-arachidonoylglycerol.

being implicated in AEA biosynthesis and breakdown, respectively (9, 10). Both 2-AG and AEA act on $CB₁$ and $CB₂$ cannabinoid receptors (CB_1R/CB_2R) (11, 12). AEA also activates transient receptor potential vanilloid type 1 channels (TRPV1) and G protein-coupled receptor 55 (GPR55) (13–18). Although convincing data suggest that mouse, rat, and human pancreatic β cells express CB₁Rs (4, 6, 19), the signaling pathway linking agonist-induced CB_1R activation to regulated insulin secretion (3, 5, 20, 21) (but see Ref. 6), beyond the activation of primary kinases, remains unexplored.

The "storage-limited model" of insulin release (22) recognizes two pools of insulin granules that undergo temporally distinct waves of exocytosis. Its first, the Ca^{2+} transient-dependent phase involves the rapid fusion of the readily releasable pool of granules at the plasma membrane. Its second phase requires the replenishment of released vesicles through the trafficking of reserve insulin granules to positions adjacent to the cell membrane. This replenishment, however, is impeded by the dense web of filamentous actin (F-actin) present in the subplasmalemmal compartment under non-stimulated conditions. Therefore, stimulus-dependent cytoskeletal remodeling is needed to eliminate the F-actin barrier. However, instead of merely disrupting or degrading the pre-existing F-actin barrier (23), actin polymerization in stress fibers is stabilized at focal adhesion (FA) plaques containing *e.g.* paxilin, talin, and vinculin and serving to route insulin granules toward the plasma membrane (24). This mechanism rests on focal adhesion kinase (FAK) whose activity regulates FA remodeling and turnover (25, 26), and tension signaling (27), facilitating glucose-stimulated insulin secretion (28). This concept is consistent with biphasic insulin release because second phase transport of insulin granules requires F-actin as a motive force (29, 30).

It is appealing to link cannabinoid receptor activation to the second phase of insulin secretion because CB_1Rs can activate FAK (31). Moreover, both CB_1R and GPR55 in neurons or malignant cells (32–34) can influence Rho family GTPases, which by interacting with FAK (35), furnish a cellular microenvironment facilitating secretory vesicle exocytosis. However, the contribution of FAK signaling downstream from cannabinoid receptors to regulated insulin secretion from pancreatic β cells remains unknown. Here, we hypothesized that agonist activation of cannabinoid receptors can orchestrate a signaling cascade via Akt (or alternatively via extracellular signal-regulated kinases (ERK1/2)) and FAK to trigger F-actin polymerization and FA plaque formation to facilitate second phase insulin release. We have also explored the ligand and receptor specificity and temporal dynamics of eCB-induced insulin release by combining molecular pharmacology and mouse genetics in INS-1E cells and in primary mouse pancreatic islets. Our data suggest that eCBs coordinately activate ERK1/2/Akt and FAK downstream from CB_1R to render the cytoskeleton permissive for insulin secretion.

EXPERIMENTAL PROCEDURES

INS-1E Cells and Culture Conditions—INS-1E cells (36) were cultured at 37 °C in RPMI 1640 medium containing glucose (11 m_M), HEPES (10 m_M), heat-inactivated fetal bovine serum (FBS; 5%), sodium pyruvate (1 mm), β -mercaptoethanol (50 μ m), penicillin (50 μ g/ml), and streptomycin (100 μ g/ml; all from Sigma). Cells were routinely subcultured in 24-well plates up to passage 120 and allowed to reach ${\sim}80\%$ confluence. For immunocytochemistry, INS-1E cells were plated on 12-mm coverslips coated with D-polyornithine (0.001%). The effect of the following drugs on insulin release, alone or in combination, was assessed: ACEA (100 nm), AEA (100 nm-10 µm), AM 251 (100 nм), capsazepine (10 μ м), FAKi14 (1 μ м), JWH133 (100 nм), JZL 184 (200 nM), O-2050 (100 nM; all from Tocris), and OMDM 188 (100 nM) (37). Insulin release was tested after either 30 min or 24 h of drug exposure. Cytoskeletal reorganization was tested after 30 min of stimulation unless otherwise stated.

Isolation of Pancreatic Islets—Islets from 6-week-old male wild-type and $CB_1R^{-/-}$ mice (38) were obtained after perfusion of the pancreas with Hanks' balanced salt solution (Invitrogen) containing collagenase (type I, 0.33 mg/ml; Sigma) and HEPES (200 mM), followed by purification on Histopaque 1077 gradients (Sigma) (39). After repeated washes in Hanks' balanced salt solution containing 10% FBS, isolated islets were maintained in RPMI 1640 medium supplemented as above in humidified atmosphere (5% $CO₂$) at 37 °C overnight.

RNA Isolation and Gene Expression Analysis—Total RNA was isolated from INS-1E cells, rat spleen, cortex, and cerebellum (as tissue-specific positive controls) (38, 40, 41) using the RNeasy Mini Kit (Qiagen) followed by DNase digestion, and verifying RNA integrity on 2% agarose gels (500 ng of RNA). cDNA was prepared by reverse transcription with random primers using the high-capacity cDNA Reverse Transcription Kit (Applied Biosystems) and PCR amplified (30 cycles) by ratspecific primer pairs (Table 1). PCR products were resolved on 2% agarose gels and imaged on a ChemiDoc XRS^+ system (Bio-Rad).

Cyto- and Histochemistry—Mice were transcardially perfused with ice-cold phosphate buffer (PB, pH 7.4) followed by 4% paraformaldehyde in PB (2 ml/min flow speed). Pancreata were rapidly dissected and postfixed in 4% paraformaldehyde overnight. After equilibrating in 30% sucrose for 48–72 h, tissues were cryosectioned at a thickness of $14 \mu m$ and thawmounted onto SuperFrost⁺ glass slides. INS-1E cells were rinsed in 0.1 M PB and immersion fixed in 4% ice-cold paraformaldehyde for 20 min. After rinsing in 0.1 M PB, specimens were exposed to a blocking solution composed of 0.1 M PB, 10% normal donkey serum, 5% bovine serum albumin (BSA), and 0.3% Triton X-100 for 3 h followed by overnight incubation with select combinations of primary antibodies (Table 2). Secondary antibodies were applied in 0.1 M PB supplemented with 2% BSA (2 h, 20–22 °C). Alexa Fluor 488-phalloidin and Alexa Fluor 546-phalloidin (1:1,000, 1 h; Invitrogen) were applied simultaneously with secondary antibodies (1:300, Jackson). Antibody specificities were demonstrated using pancreas and/or brain tissues from $CB_1R^{-/-}$ (38), MGL^{-/-} (42), and DAGL $\alpha^{-/-}$ (43) mice ($n \ge 2$ /genotype, 4–8 weeks of age) and corresponding wild-type littermates ($n \geq 2$ /genotype) (44). Brain sections were favored because detailed neuroanatomical maps exist on the molecular architecture of the eCB system in this organ (45, 46). Primary antibody (Table 2) binding was revealed by carbocyanine 2-, 3-, or 5-conjugated secondary

TABLE 1

List of PCR primers

PCR were performed with primer pairs amplifying short fragments for each gene. Primer pairs were custom-designed to efficiently anneal to homologous nucleotide sequences from rat.

TABLE 2

List of markers used for immunofluorescence labeling and Western blotting

Panel of antibodies applied to study the molecular composition and cell-type specificity of endocannabinoid signaling in INS-1E cells, native β cells and adult mouse brains. Antibodies have been previously characterized (44, 62).

antibodies (1:300, Jackson). Nuclei were routinely counterstained by Hoechst 33,342 (1:20,000; Sigma).

INS-1E cells, pancreas, and brain sections were inspected on a Zeiss LSM700 laser-scanning microscope equipped with a \times 40 water immersion objective using \times 1.0–2.5 optical zoom and differential interference contrast when required (Fig. 2). Comparison of null and wild-type tissues was performed when keeping threshold and intensity settings identical. Images were acquired in the ZEN2010 software package. Cytoskeletal remodeling, defined as the CB_1R -dependent formation of stress fibers and FA plaques, was quantified at \times 40 primary magnification in *n* = 30 – 80 INS-1E cells/condition. Data from triplicate experiments were statistically analyzed (see below). Multi-panel images were assembled in CorelDraw X5 (Corel Corp.).

Measurement of Monoacylglycerol Lipase-like Activity by 4-Nitrophenylacetate—INS-1E cells were treated with increasing concentrations of JZL 184 or vehicle for 24 h. Then, cells were washed, scraped, and sonicated in 50 mm sodium phosphate buffer (pH 8.0) containing 0.3 $\text{\tiny{M}}$ sucrose (~40 s) at 4 °C. Samples were then centrifuged at $100,000 \times g$ at $4 °C$ for 50 min. Pellets containing the cell membrane fraction were collected, re-suspended in 10 mm Tris-HCl (pH 7.4), and stored at -80 °C until use. MGL-like activity was assayed in a 96-well plate format (microtiter plates, 200 μ l total volume) as described (47). Samples (4 μ g of protein/well in 150 μ l of Tris-HCl (pH 7.4) also containing 0.1% fatty acid-free BSA (Sigma)) were aliquoted and mixed with JZL 184 (200 or 500 nm) or vehicle, the latter used as controls. 4-Nitrophenylacetate (Sigma), as substrate, was dissolved in 250 mm Tris-HCl (pH 7.4) and added to each well. MGL-like activity was determined by measuring the rate of 4-nitrophenylacetate hydrolysis at 10-min intervals in a colorimetric assay on an Infinite M1000 PRO microplate reader (Tecan) tuned at 405 nm at 37 °C. Samples containing buffer only were used as blanks.

Liquid Chromatography-Atmospheric Pressure Chemical Ionization-Mass Spectrometry—INS-1E cells were treated with JZL 184 (200 nM) for 30 min or 24 h (Fig. 2*F*). Cell-free supernatants were separated and flash-frozen in liquid $N₂$. Cells were scraped in 2 ml of ice-cold methanol and kept at -20 °C until processing for liquid chromatography-atmospheric pressure chemical ionization-mass spectrometry. Extraction, purification, and quantification of 2-AG and AEA followed published protocols (5, 48). After lipid extraction and pre-purification on silica gel columns, endocannabinoid levels from 2– 4 independent samples/condition were analyzed by isotope dilution using liquid chromatography-atmospheric pressure chemical ionization-mass spectrometry (Shimadzu LCMS-2020).

Cell Viability and Proliferation Assays—To assess cell viability, INS-1E cells were stimulated with AEA (10 μ M) or vehicle for 24 h. Cell Titer Blue Reagent (Promega), diluted 1:10 in the culture medium, was added during the last 3 h of the incubation period. Media were then transferred onto 96-well plates and their $\lambda = 570/590$ nm absorbance ratio measured on an Infinite M1000 PRO microplate reader (Tecan). The absorbance of the

culture medium (background) was subtracted. INS-1E cell proliferation was determined 24 h after exposure to AEA (10 μ M), ACEA (100 nm), or JZL 184 (200 nm) with/without the presence of O-2050 (100 nM). Cell proliferation was determined by measuring the rate of bromodeoxyuridine (BrdU) incorporation with a colorimetric Cell Proliferation ELISA (Roche Applied Science).

Insulin Secretion from INS-1E Cells and Pancreatic Islets— INS-1E cells were washed with phosphate-buffered saline (PBS, 0.1 M, pH 7.4) and equilibrated in a modified Krebs-Ringer bicarbonate HEPES buffer containing NaCl (135 mM), KCl (3.6 mm), CaCl₂ (1.5 mm), MgCl₂ (0.5 mm), NaH₂PO₄ (1.5 m_M), NaHCO₃ (5 m_M), HEPES (10 m_M, pH 7.4), and BSA (0.1%) for 1 h (hereafter referred to as "KRBH"). Next, the cells were incubated in KRBH containing AEA (100 nm-10 μ m), ACEA (100 nm) , or JWH133 (100 nm) in the presence of low (2.5 mm) or high (15 mm) glucose at 37 °C for 30 min. Ca^{2+} -free conditions were established by using KRBH lacking CaCl₂. O-2050, capsazepine, or FAKi14 application preceded agonist exposure by 10 min. For 24 h stimulation, AEA (10 μ M), JZL 184 (200 nM), or OMDM 188 (100 nm) was added to standard culture media for 23 h, followed by equilibration in KRBH for 1 h and glucose challenge in the continued presence of either or both drugs for 30 min.

 $CB_1R^{-/-}$ and wild-type pancreatic islets were plated in 24-well plates (10 islets/well) and incubated in KRBH for 1 h. Next, islets were incubated in KRBH supplemented with either 2.75 or 16.5 mm glucose to which ACEA (100 nm) or vehicle had been added at 37 °C for 30 min.

KRBH buffers from basal conditions and after stimulation were recovered to determine secreted insulin levels. The amount of insulin in the incubation buffers was measured by a rat/mouse Insulin ELISA Kit (Millipore) as per the manufacturer's recommendations. Insulin concentrations were normalized to the total protein content of INS-1E samples or to the number of stimulated islets.

Protein Measurement—Protein concentrations were determined by the Bradford method (Bio-Rad) with optical density of the total protein content measured at 595 nm. Protein concentrations were calculated against BSA standards.

Analysis of G-actin and F-actin Contents—INS-1E cells were preincubated in KRBH for 1 h followed by exposure to AEA (10 μ M) or vehicle for 15 min. After treatment, cells were washed with ice-cold PBS. G-actin and F-actin fractions were obtained (49) by keeping INS-1E cells in actin stabilization buffer (PIPES (pH 6.9, 0.1 m), glycerol (30%), DMSO (5%), $MgSO₄$ (1 mm), EGTA (1 mm), Triton X-100 (1%), ATP (1 mm), and protease inhibitors (Roche Applied Science)) on ice for 10 min. Cells were then scraped and centrifuged at $16,000 \times g$ at $4 °C$ for 75 min. The supernatant containing G-actin was recovered, and the pellet containing F-actin was solubilized with actin depolymerization buffer consisting of PIPES (pH 6.9, 0.1 M), MgSO₄ (1 mm), CaCl₂ (10 mm), and cytochalasin D (5 μ m). Aliquots were separated on 12% SDS-PAGE, blotted with HRP-conjugated anti- β -actin antibody (Promega), and signals were detected by the enhanced chemiluminescence (ECL) method (Pierce). Optical densitometry was performed in Image J to calculate the F/G-actin ratio.

Western Blotting—INS-1E cells were washed, scraped, and extracted using a radioimmunoprecipitation assay buffer (44) containing: Tris (pH 7.4, 50 mM), NaCl (150 mM), NaF (10 mM), EDTA (pH 8.0, 5 mm), Triton X-100 (1%), Na_3VO_4 (1 mm), PMSF (1 mm), pepstatin A (5 μ g/ μ l), leupeptin (10 μ g/ μ l), and aprotinine $(2 \mu g/\mu l)$. Protein lysates were centrifuged at 12,000 \times g at 4 °C for 10 min. Samples were denatured in Laemmli buffer and boiled at 95 °C for 5 min. Proteins were probed by loading 20 - μ g aliquots (8–10% gels) under denaturing conditions on SDS-PAGE, followed by wet transfer onto PVDF membranes (Millipore). Primary antibodies were listed in Table 2. β -Actin was used as loading control. After exposure to HRPconjugated secondary antibodies (Bio-Rad, 1:10,000, 2 h), target proteins were visualized by the ECL method. ImageJ 1.45 with appropriate plug-ins was deployed to perform quantitative densitometry.

Statistics—Phosphoprotein levels were normalized to those of the respective non-phosphorylated ("total") proteins. Experiments were performed in triplicate unless stated otherwise. Data were expressed as mean \pm S.D. $p < 0.05$ was considered statistically significant. Data were analyzed using one-way ANOVA followed by pairwise comparisons when appropriate. Student's *t* test (independent group design) was used to statistically analyze data on immunofluorescence intensities. Correlation coefficients were calculated by Pearson's test.

RESULTS

Molecular Organization of Endocannabinoid Signaling Networks in INS-1E Cells-For rat β cell-derived INS-1E cells to serve as adequate tools to study the relationship of eCB signals and insulin release, they must recapitulate signaling arrangements seen *in vivo* (4). Particularly, because the complexity of eCB signals in whole islets (50) may be vastly different from that seen in functionally segregated cell types. Therefore, we first profiled the presence of relevant mRNAs by PCR, and validated our results against reference tissues (38, 41, 46).

We found CB₁R, TRPV1, and CB₂R (Fig. 1A) but not GPR55 mRNA in INS-1E cells. The mRNAs for metabolic enzyme components of 2-AG signaling ($\text{DAGL}\alpha$, $\text{DAGL}\beta$, MGL; Fig. 1A₁) were also expressed. Western blotting confirmed the presence of CB_1R , DAGL α , MGL, and ABHD6, the "prototypic" 2-AG signaling cassette, as well as of TRPV1 receptors (Fig. 1*B*).

In INS-1E cells, both CB_1R and $\text{DAGL}\alpha$ were abundant at the plasmalemma, and also filled most of the cytoplasm and processes (Fig. 1, C and $C₁$). MGL immunoreactivity appeared punctate in both the perisomatic compartment and processes (Fig. $1C_2$). Given our primary focus on 2-AG signaling, we also verified the specificity of CB_1R , DAGL α , and MGL immunosignals in pancreas and/or nervous tissues from respective null mice (Fig. 1, $D-G_i$).

We suggest that AEA signaling might also operate in INS-1E cells because both mRNA (Fig. 1*H*) and protein (Fig. 1*I*) of the enzymes NAPE-PLD and FAAH, partaking in AEA biosynthesis and degradation, respectively (9, 52), were detected.

CB1R Activation Promotes DAGL- *Expression in INS-1E Cells*—Presence of the molecular constituents required for both 2-AG and AEA signaling prompted us to test whether agonist stimulation of cannabinoid receptors modulates the

FIGURE 1. **Molecular determinants of endocannabinoid signaling in INS-1E cells.** *A* and *A1*, reverse transcription PCR products (*arrowheads*) of select receptor (*A*) and enzyme components of 2-AG (*A1*) signaling. Brain and spleen samples served as positive controls. Samples without reverse transcriptase (*RT*) were used as negative controls. Note that INS-1E cells did not express GPR55 receptor mRNA at detectable levels (*open arrowhead*). *B,* Western analysis of antibodies used to reveal minimal requirements of 2-AG signaling. C – $C_{2\prime}$ CB₁R, MGL, and DAGL α localization in INS-1E cells combining fluorescence and differential interference contrast (*DIC*) microscopy. *D–G1*, histochemical controls demonstrating the specificity of rabbit anti-CB1R (*D* and *D1*), guinea pig anti-CB₁R (E and E₁), anti-MGL (F and F₁), and guinea pig anti-DAGL α (G and G₁) in the pancreas (D and D₁), hippocampus (E and F₁), or cerebellum (G and G₁) of adult wild-type and respective null mice (38, 42, 43). The lack of residual immunolabeling in knock-out tissues unequivocally supports the specificity of the antibodies used. Hoechst 33,342 was used as nuclear counterstain. mRNA (*H*) and protein (*I*) detection for NAPE-PLD (*N-PLD*) and fatty acid amide hydrolase (*FAAH*), involved in anandamide metabolism (4, 9), in INS-1E cells. *Arrows*in *B* and *I* point to immunoreactive protein bands at the calculated molecular weight of each target. *Abbreviations: mol*, molecular layer of the cerebellum; *PC*, Purkinje cell layer; *pyr*, pyramidal layer of the CA1 hippocampal subfield. *Scale bars* 100 μ m (D_1), 15 μ m (C–C₂), and 10 μ m (E_1 and F_1).

"2-AG signaling cassette" (that is, metabolic enzymes and receptors). In testing cell- or tissue-specific eCB signal specificity we focused on 2-AG because the enzymes required for its metabolism have been more unequivocally identified (10, 53). We exploited direct and indirect stimulus protocols: first, in pharmacological protocols we applied exogenous AEA for 30 min or 24 h, whose $(\sim 12$ h) half-life is compatible with prolonged stimulation *in vitro* (54). Second, we inhibited MGL activity by JZL 184 (55) for 30 min or 24 h to increase endogenous 2-monoacylglycerol (*i.e.* 2-AG) availability.

If cannabinoid receptor activation cell autonomously regulates 2-AG metabolism in INS-1E cells then stimulation by an eCB could modify the coordinated expression of synthetic and degrading enzymes. AEA (10 μ M) exposure of INS-1E cells sig-

FIGURE 2. **Cannabinoid receptor stimulation induces the molecular rearrangement of 2-AG metabolism and signaling in INS-1E cells.** *A–C*, INS-1E cells were stimulated with anandamide (AEA, 10 μ m) for 2 or 24 h. Subsequently, the integrated immunofluorescence intensity (mean intensity/surface area excluding nuclei) for MGL (A), CB₁R (*B*), and DAGL α (*C*) in cell cohorts was determined. *D* and D_{2} , representative photomicrographs upon AEA exposure acquired by differential interference contrast (*DIC*)-laser scanning microscopy using uniform parameters of image acquisition. *E,* JZL 184 (200 and 500 nM) inhibited 4-nitrophenylacetate hydrolysis in INS-1E cell extracts, suggesting partial MGL inhibition *in vitro* (47). *F*, JZL 184 (200 nM) rapidly increased (30 min) and maintained (24 h) 2-AG partitioning in the culture supernatant of INS-1E cells, as determined by mass spectrometry. Equal volumes of lipid extracts were processed. *G–I,* experiments as in *A–C* in the presence of JZL 184 (200 nM) for 24 h *in vitro*. Integrated immunofluorescence intensity of MGL, CB1R, and DAGL at the single cell level was assayed using the ZEN2010 software package.*J*, cell viability assay after exposure of INS-1E cells to AEA (10 μ M, 24 h) or vehicle. *K*, cell proliferation measured by BrdU incorporation in INS-1E cells after AEA (10 μ M), JZL 184 (200 nM), or ACEA (100 nM) treatment alone or in combination with O-2050 (100 nm). Data were expressed as mean \pm S.D., $n \ge 10$ cells/group were analyzed in triplicate experiments. Scale bar = 10 μ m (D). $**$, p < 0.01; $*$, p < 0.05 (one-way ANOVA).

nificantly decreased MGL availability after 2 and 24 h ($p < 0.05$; Fig. 2, *A* and *D*), as measured by quantitative immunocytochemistry. Simultaneous detection of CB_1Rs revealed the removal of this receptor from the cell surface and accumulation in the perinuclear cytoplasm (Fig. $2D₁$). This coincided with decreased CB₁R content (Fig. 2*B*) suggesting intracellular degradation (56). In contrast, the DAGL α protein, which is present at greater levels than $DAGL\beta$ in the endocrine pancreas (57), significantly increased (Fig. 2, C and D_2).

Next, we inhibited MGL (by JZL 184, 200 nm) to increase 2-AG availability (55), and to test whether the above molecular rearrangements were selective to AEA. First, we confirmed that JZL 184 rapidly inhibited MGL-like enzyme activity (Fig. 2*E*), defined as the significantly reduced hydrolysis of 4-nitrophenylacetate in JZL 184-exposed INS-1E cells. Subsequently, we measured 2-AG and AEA concentrations in supernatants and cell pellets of INS-1E cells exposed to JZL 184 for 30 min or 24 h. We found a substantial JZL184-induced increase in *extracellular* 2-AG content that persisted up to 24 h ("supernatant," 30 min: 1.70 ± 0.99 (control) *versus* 7.20 ± 4.63 (JZL 184) pmol/ ml; 24 h, 1.22 0.38 (control) *versus* 4.74 2.89 (JZL 184) pmol/ml). In contrast, intracellular ("pellet") 2-AG content did

not change (Fig. 2*F*). Likewise, AEA content, whether *extracellular* (supernatant, 30 min, 0.12 ± 0.06 (control) *versus* 0.83 ± 0.96 (JZL 184) pmol/ml; 24 h, 0.73 \pm 0.46 (control) *versus* 0.59 \pm 0.76 (JZL 184) pmol/ml) or intracellular remained unchanged. These data are significant because they highlight that signal-competent, *extracellular* 2-AG (58) becomes selectively elevated upon pharmacological manipulation of MGL activity.

Upon 1 h of JZL 184 application, MGL levels in INS-1E cells significantly decreased, followed by full recovery by 24 h (Fig. 2*G*). CB₁R levels remained reduced after 1 and 24 h of JZL 184 treatment (Fig. 2H). Likewise, the increased $\mathrm{DAGL}\alpha$ level upon JZL 184 exposure recapitulated AEA effects (Fig. 2*I*). These data suggest that both "direct" and "indirect" CB_1R agonism might drive 2-AG synthesis to maintain the efficacy of eCB signaling even if CB_1Rs are desensitized or degraded.

 CB_1R activity can induce apoptosis in pancreatic β cells (57). Therefore, we tested whether AEA affected INS-1E cell survival. AEA did not decrease INS-1E cell viability (Fig. 2*J*). Instead, AEA and JZL 184 induced cell proliferation by 1.62 \pm 0.06- and 1.35 \pm 0.05-fold, respectively. This effect was CB₁R independent because it was not blocked by O-2050, a CB_1R antagonist (1.55 \pm 0.06 (AEA + O-2050) and 1.25 \pm 0.08 (JZL

FIGURE 3. CB₁R activation induces insulin secretion from INS-1E cells. A, AEA increased basal (2.5 mm glucose) and glucose (15 mm)-induced insulin release after 30 min. *B,* temporal dynamics of insulin release (within 10 –30 min) evoked by AEA (10 μM) in glucose-free medium. *C*, O-2050 (100 nM) but not capsazepine (10 μ M) pre-treatment (10 min) occluded AEA-induced insulin release irrespective of the glucose concentration. *D,*JWH133 (100 nM) also failed to affect insulin release. E, ACEA, a CB₁R agonist, recapitulated the effect of AEA on insulin secretion. O-2050 attenuated the ACEA response. *F,* similarly, AM 251, a CB_1R inverse agonist, rendered AEA ineffective to induce insulin release from INS-1E cells. Data in *A* and *C–F* were normalized to control in low glucose, and expressed as mean \pm S.D. fold values from triplicate experiments. **, $p < 0.01$; *, $p < 0.05$ versus control (pairwise comparisons after one-way ANOVA); *n.s*., non-significant.

184 + O-2050), fold) and ACEA, a selective CB_1R agonist, failed to induce INS-1E cell proliferation (Fig. 2*K*).

Agonist-induced CB1R Activation Drives Insulin Release from INS-1E Cells—Endocannabinoid signals have been suggested to regulate insulin secretion (5, 6, 59). However, the precise molecular mechanism of eCB action, including receptor identity and signal transduction sequence, on insulin secretion remains uncertain. AEA rapidly increased basal insulin secretion (2.1 \pm 0.25-fold, $p = 0.002$ (100 nm); 1.34 \pm 0.18-fold, $p =$ 0.038 (10 μ M), 30 min; Fig. 3A). Moreover, AEA (\geq 1 μ M) acutely augmented glucose-induced insulin release (reaching 3.19 ± 0.44 -fold, $p = 0.008$; (10 μ M); Fig. 3*A*). The effect of AEA

FIGURE 4. **AEA-stimulated acute insulin release from INS-1E cells persists in Ca2**-**-free extracellular medium.** AEA (30 min), but not glucose-induced, insulin secretion from INS-1E cells persisted in Ca^{2+} -free extracellular medium, suggesting AEA-induced Ca²⁺ release from intracellular stores (5). Data were normalized to control in low glucose, and expressed as mean \pm S.D.; fold-values from triplicate experiments are shown. **, $p < 0.01$ (one-way ANOVA).

(10 μ M) on basal insulin secretion under glucose-free conditions was time-dependent, reaching quasi-saturation by 30 min (Fig. 3*B*). Therefore, we used 30-min stimuli throughout. AEA is a pleiotropic ligand, being an agonist at CB_1R , CB_2R , and TRPV1 and other receptors and channels (60). Therefore, we first dissected receptor requirements of AEA-induced insulin release. O-2050, a silent CB₁R antagonist ($F_{(1,12)} = 20.43$, $p <$ 0.001), but not capsazepine, a TRPV1 antagonist, reduced AEA-induced basal insulin release (1.64 \pm 0.2 (AEA) *versus* 1.17 ± 0.18 (AEA + O-2050); $p = 0.04$). Likewise, O-2050, but not capsazepine, blocked the augmentation of glucose-induced insulin secretion of AEA (3.33 \pm 0.29 (AEA) *versus* 2.11 \pm 0.08 $(AEA + O-2050); p = 0.014; Fig. 3C. We confirmed these data$ by showing that O-2050 ($F_{(1,8)} = 52.31$, $p < 0.001$) also inhibited insulin release evoked or modulated by ACEA ($F_{(1,8)}$ = 185.39, $p < 0.01$), a high-efficacy CB₁R agonist (5.39 \pm 0.50 $(ACEA)$ *versus* 3.21 \pm 0.82-fold (ACEA + O-2050), $p = 0.017$; Fig. 3*E*). Although being statistically ineffective on its own (*p* 0.2), AM 251, a CB_1R inverse agonist, also decreased AEA-induced insulin hypersecretion under both basal and glucose stimulatory conditions $(F_{(1,12)} = 13.73, p < 0.001;$ Fig. 3*F*), corroborating earlier findings with SR141716 (7). These data, together with the inability of JWH133 (a CB_2R agonist) to affect insulin release (Fig. $3D$), suggest that $CB₁Rs$ drives the AEAinduced insulin secretion from INS-1E cells and augments the immediacy of insulin release upon stimulation with high glucose.

Vesicular insulin exocytosis is ubiquitously dependent on intracellular Ca^{2+} signals (22). Therefore, we tested the reliance of CB_1R -dependent insulin secretion from INS-1E cells on extracellular (bath-applied) Ca^{2+} . Both basal and glucose-stimulated insulin secretion were inhibited in Ca^{2+} -free extracellular medium. In contrast, the ability of AEA to significantly augment glucose-induced insulin release remained unaffected (Fig. 4). Because cytoplasmic Ca²⁺ underpins insulin secretion (61), our data suggest that intracellular Ca^{2+} mobilization is a candidate mechanism to couple CB_1R activation to insulin release (5, 59).

FIGURE 5.**Prolonged AEA stimulation and JZL 184-induced 2-AG signaling trigger insulin release** *in vitro***.***A*, AEA exposurefor 24-h induced insulin release upon stimulation with low (2.5 mM) and high (15 mM) glucose. *B,* the effect of JZL 184 (24 h) alone or in combination with O-2050 on insulin release from INS-1E cells. C, OMDM 188, a DAGL α inhibitor (37), alone (24 h) occluded insulin release under conditions of high glucose. OMDM 188 also significantly reduced JZL 184-induced insulin release. Data were normalized to control in low glucose, and expressed as mean \pm S.D. fold-values from triplicate experiments. **, *p* < 0.01; *, *p* 0.05 *versus* control (pairwise comparisons after one-way ANOVA); *n.s*., non-significant.

Prolonged Endocannabinoid Exposure Maintains the Readiness of CB1R-dependent Insulin Release—Receptor recycling and desensitization, dampening of signal transduction efficacy or metabolic checkpoints of ligand availability can modify the impact of prolonged endocannabinoid exposure on insulin release. Therefore, we first tested whether AEA exposure for 24 h followed by 30 min stimulation with low or high glucose in the presence of AEA could increase insulin release. We showed that AEA significantly augmented both basal (1.41 \pm 0.12-fold of control; $p < 0.05$) and high glucose-induced insulin release $(2.4 \pm 0.25$ -fold of control; $p < 0.05$; Fig. 5*A*) even if present for 24 h prior to probing insulin release. Second, we addressed whether modifying endogenous 2-monoacylglycerol availability by MGL inhibition affected insulin secretion. JZL 184 treatment for 24 h significantly increased both basal and glucosestimulated insulin release $(F_{(1,8)} = 22.94, p \le 0.001)$, which was antagonized, particularly at 2.5 mm glucose concentrations, by O-2050 (overall effect: $F_{(1,8)} = 5.39$, $p = 0.034$; Fig. 5*B*). Besides inhibiting MGL, JZL 184 dose dependently can affect "off targets." Therefore, we used OMDM 188, a DAGL inhibitor (37), to test 2-AG involvement. OMDM 188 application for 24 h alone did not affect basal insulin release (Fig. 5*C*). In contrast, OMDM 188 alone (24 h) occluded insulin secretion brought about by high glucose (overall effect: $F_{(1,8)} = 57.77$, $p < 0.001$), suggesting that DAGL activity is required for insulin release. Moreover, OMDM 188 also counteracted the effect of JZL 184 on glucose-induced insulin release $(F_{(1,8)} = 13.06, p = 0.002;$ Fig. 5*C*), with combined treatment decreasing insulin secretion to the level observed in low glucose. These data suggest that high glucose increases 2-AG synthesis in β cells to tonically drive insulin release, which agrees with a previous finding in rat RIN-m5F cells (5).

2-AG Signaling Networks in and CB₁R-dependent Insulin *Release from Pancreatic Islets*—We affirmed the physiological relevance of the above findings by histochemical profiling of the distribution and cell type-specificity of DAGL, MGL, and ABHD6 in relationship to CB_1R localization and cell type diversity in the adult mouse pancreas. First, we confirmed (4) that mouse insulin⁺ (β) cells expressed CB₁Rs, which often appeared membrane-bound (Fig. 6*A*). In contrast, glucagon (α) cells remained mostly unlabeled (Fig. 6, A_1 and A_2). Both insulin⁺ and glucagon⁺ cells expressed $\overline{\text{DAGL}}\alpha$ (Fig. 6, *B* and

 B_2). Unexpectedly, MGL concentrated in glucagon⁺ cells with only low to moderate MGL immunoreactivity seen in glucagon⁻ cells, including β cells (Fig. 6*C*). Instead, ABHD6 appeared as a major 2-AG-degrading enzyme in glucagon cells (Fig. $6D$) including β cells (Fig. $6D_1$) and pancreatic polypeptide⁺ F cells (62) (Fig. 6D₂). In contrast, somatostatin⁺ δ cells (62) appeared as ABHD6⁻ (Fig. 6D₃). MGL is highly upregulated in malignant cells (63). Therefore, immortalized INS-1E cells might favor MGL expression. Taken together, these data suggest that both autocrine and paracrine 2-AG signaling can occur in β cells via CB₁Rs. In fact, genetic disruption of CB₁R expression prevented ACEA-stimulated insulin secretion from native pancreatic islets ($p < 0.05$; Fig. 6*E*).

CB1R Activation Induces Akt and ERK1/2 Phosphorylation in INS-1E Cells—Akt and/or ERK1/2 activation and phosphorylation are key consequences of CB_1R activation in many signaling contexts (64, 65). In INS-1E cells, AEA (10 μ m) induced rapid Akt phosphorylation, peaking at 5 min (Fig. 7*A*). Escalating AEA concentrations revealed dose-dependent ERK1/2 phosphorylation (Fig. 7*B*). Similarly, ACEA (100 nM) increased ERK1/2 phosphorylation (Fig. 7*C*). O-2050 blocked both ACEA- and AEA-induced ERK1/2 phosphorylation, supporting CB_1R involvement (Fig. 7, C and C_1). The magnitude of CB_1R -dependent ERK1/2 phosphorylation was largely equivalent to that seen in the presence of high glucose (Fig. $7C₁$). Thus, we hypothesized that simultaneous Akt/ERK1/2 activation downstream from CB_1R activation can coordinately interact with and activate FAK, which, by inducing cytoskeletal remodeling (Fig. 7*D*), might modulate Ca^{2+} -dependent insulin secretion (66).

CB1R Activation in INS-1E Cells Promotes Cytoskeletal Remodeling—Cytoskeletal remodeling is a prerequisite of the trafficking and release of insulin granules (29). Here, returning to INS-1E cells, we first assessed CB_1R -mediated actin polymerization in stress fibers, and FA plaque formation. Stimulation by AEA for 30 min (76 \pm 18% (AEA) *versus* 13 \pm 9% (control); $p < 0.01$ (post hoc; Fig. 8, *A* and *B*) and 24 h (41 \pm 12% (AEA) *versus* $17 \pm 5\%$ (control); $p < 0.05$; Fig. 8*C*), as well as by JZL 184 for 24 h (63 \pm 12% (JZL 184) *versus* 13 \pm 9% (control); $p < 0.01$ (post hoc); Fig. 8*B*) led to stress fiber formation. O-2050 significantly reduced the abundance of stress fiber-bearing cells (21 \pm 17% (AEA + O-2050) or 22 \pm 18% (JZL 184 +

FIGURE 6. CB₁R, DAGL α , MGL, and ABHD6 distribution in the endocrine pancreas of mouse. A and A_{2} , CB₁R immunoreactivity was seen in insulin + β cells, but not glucagon $^+$ α cells, in pancreatic islets. Arrows point to membrane-associated CB₁Rs. *B* and B_{z} , both insulin $^+$ (*β*) and glucagon $^+$ (α) cells harbored DAGL α immunoreactivity. Arrows in B_1 , inset, denote DAGL in glucagon $^+$ α cells. ${\cal C}$ and D , generally, MGL and ABHD6 immunoreactivity was moderate in pancreatic islets of adult mice. C, MGL preferentially localized to glucagon ⁺ a cells (*arrows*). Inset depicts the co-existence of cytoplasmic MGL and insulin immunoeac-
tivities (*arrow*). D, ABHD6 was found in both glucagon ⁺ *D₁'*) and pancreatic polypeptide ⁺ F-cells (*D₂*) but not somatostatin ⁺ δ cells (*D₃*) harbored ABHD6 immunosignal. *E,* pancreatic islets isolated from CB₁R^{-/-} and
wild-type mice were challenged with ACEA wild-type mice were challenged with ACEA (30 min) to release insulin. Note that ACEA failed to augment glucose-induced insulin release in CB₁R^{-/} 33,342 was used as nuclear counterstain. n.s., non-significant. Scale bars = 60 μ m (A₂ and B₂), 18 μ m (C, D, and D₃), 9 μ m (C/inset, D₁', and D₂). Data in E were normalized to control in low glucose, and expressed as mean \pm S.D. fold-values. *, $p < 0.05$ versus control (pairwise comparisons after one-way ANOVA are shown).

O-2050); $F_{(1,21)} = 15.26$, $p = 0.002$; Fig. 8*B*), confirming CB₁R involvement in both AEA and JZL 184-induced cytoskeletal remodeling.

Exposure to high glucose served as positive control (64 \pm 10%, $F_{(1,21)} = 13.86, p = 0.002$; Fig. 8, *A* and *B*). However, glucoseinduced stress fiber formation was not affected by O-2050 (Fig. 8*E*), suggesting a non-eCB-mediated mechanism of glucose action.

Coincident with F-actin remodeling, we observed the glucose-induced formation of vinculin^{$+$} FA plaques at the tips of actin filaments (61 \pm 10% (glucose) *versus* 10 \pm 9% (control); $p < 0.01$; Fig. 8, *A* and *A₁*). AEA (57 \pm 12%; $p < 0.05$) or JZL 184 (51 \pm 15%; p < 0.05) increased the amount of FA plaques (Fig. 8*F*) in an O-2050-sensitive manner ($14 \pm 4\%$ (AEA + O-2050) and $14 \pm 5\%$ (JZL 184 + O-2050), both $p < 0.01$ *versus* drugs alone; Fig. 8*F*). Inhibition of 2-AG biosynthesis upon OMDM 188 application (24 h) led to heterogeneous cell morphologies, largely without an effect on cytoskeletal integrity, and a robust increase in CB₁R content (Fig. 8D). Cumulatively, these data show that CB_1R signaling can alter cytoskeletal dynamics, including the formation of FA plaques, and that endogenous 2-AG participates in this phenomenon.

Focal Adhesion Kinase Activity Links Endocannabinoid Signaling to Insulin Release—AEA (15 min) did not impair actin polymerization and/or stability *per se*, as indicated by the unaltered G/F-actin ratio in AEA-exposed INS-1E (Fig. 9*A*). Thus, and considering the formation of vinculin⁺ FA plaques upon $CB₁R$ activation, we hypothesized that FAK, a tyrosine kinase, might be poised to mediate the interaction between integrins and actin cytoskeleton in response to CB_1R activation (31). FAK, also activated by growth factors (27) and glucose (26), participates in the multimolecular complex making up focal contact sites (FA plaques) to transduce extracellular signals to *i.e.* initiate the exocytosis of insulin granules (26). Therefore, FA plaque formation upon CB1R stimulation (Fig. 7*D*) is well suited to link cytoskeletal remodeling to insulin release. FAK phosphorylation (>10-fold increase *versus* control) occurred within 30 min of AEA stimulation (Fig. 9*B*), was O-2050 sensitive, and mimicked the effect of high glucose (Fig. 9*B*). This FAK phosphorylation predominantly occurred at the tips of processes protruding from INS-1E cells, which provided adhesion points as judged by them being vinculin⁺ (Fig. 9, *C* and C_1 [']). The AEA-induced concentration of vinculin⁺/phospho-FAK⁺ FA plaques served to anchor the stress fibers (Fig. 9*C1*). The over-

FIGURE 7. CB₁R activation induces Akt and ERK1/2 phosphorylation in **INS-1E cells.** A , treatment of INS-1E cells with AEA (10 μ m) for the periods indicated induced Akt kinase phosphorylation (*p-Akt*), as revealed by immunoblotting (*IB*). *B,* dose-response relationship of ERK1/2 phosphorylation in INS-1E cells exposed to escalating AEA concentrations (10 min). *C*, likewise, ACEA (100 nM, 10 min) induced ERK1/2 phosphorylation, which was O-2050 (100 nm) sensitive. C_1 , AEA-induced (10 μ m) ERK1/2 phosphorylation was also inhibited by O-2050, reinforcing CB_1R involvement. Note the largely equivalent ERK1/2 responses in the presence of high glucose concentrations used as positive control. Integrated optical intensities of the immunoreactive bands were determined and normalized to the mean intensity of total levels with control being 1.0. Representative blots are shown. Data were expressed as mean \pm S.D. from triplicate experiments. *D*, scheme of the proposed signaling cascade including experimental read-outs. Note that FAK is poised to link phosphoinositide 3-kinase (PI3K)-Akt/ERK1/2 activation with cytoskeletal remodeling permissive for insulin release.

all phospho-FAK immunoreactivity of AEA-treated INS-1E cells markedly increased (Fig. $9C₁$), recapitulating the results of our Western analysis on total FAK levels upon AEA exposure (Fig. 9*B*). O-2050 reduced phospho-FAK immunoreactivity, the density of vinculin⁺ FA plaques and their association with stress fibers (Fig. 9, C_2 and C_2 [']).

Next, we asked whether pharmacological inhibition of FAK activity impacts AEA-induced cytoskeletal remodeling of INS-1E cells. Pre-treatment with FAKi14, a small molecule inhibitor that prevents FAK autophosphorylation at Tyr-397 (67), significantly reduced the number of FA plaque-bearing INS-1E cells $(F_{(1,12)} = 24.89, p < 0.001;$ Fig. 9, *D* and D_2). This effect was particularly notable upon AEA treatment in 15 mm glucose (27 \pm 13% (AEA + FAKi14) *versus* 77 \pm 5% (AEA), *p* =

0.004; Fig. 9, *D* and *D*₂). FAKi14 also antagonized stress fiber assembly $(F_{(1,12)} = 131.75, p < 0.001,$ Fig. 9 D_3), reinforcing that the formation of FA plaques is central to anchoring actin polymers. In particular, FAKi14 was efficacious to reduce the number of stress fiber-bearing cells in high glucose (53 \pm 4% (AEA) *versus* $13 \pm 3\%$ (AEA + FAKi14); $p < 0.001$).

If FAK activity drives eCB-induced insulin release then its inhibition must result in the loss of secreted insulin upon CB_1R stimulation. Indeed, FAK inhibition counteracted AEA-induced insulin hypersecretion under basal and glucose-stimulated conditions $(F_{(1,12)} = 78.25, p < 0.001$; low glucose: 1.27 \pm 0.09 (AEA) *versus* 0.75 ± 0.14 (AEA + FAKi14); high glucose: 3.02 ± 0.36 (AEA) *versus* 1.27 ± 0.25 (AEA + FAKi14); both $p < 0.01$; Fig. 9*E*). Regression analysis showed that the formation of FA plaques ($R^2 = 0.92$; Fig. 9*F*) and stress fibers ($R^2 =$ 0.90, Fig. 9*F₁*) correlated with glucose-stimulated, but less so with basal, insulin release. Cumulatively, we show that agonist stimulated the CB_1Rs signal through Akt/ERK1/2/FAK to induce cytoskeletal remodeling, including FA plaque formation, underscoring eCB-stimulated second phase insulin release.

DISCUSSION

Our report identifies CB_1R -mediated signaling events facilitating insulin release from INS-1E cells, immortalized rat β cells, and native mouse β cells. These findings highlight FAK activation as a key step in eCB-induced insulin release. Moreover, and although INS-1E and native pancreatic β cells reportedly express a variety of (endo-) cannabinoid-sensing receptors (3, 16, 59), eCB-stimulated insulin release appears to rely, in a large part, on CB_1Rs .

Impaired energy balance is considered to be the main cause for obesity and type 2 diabetes (68, 69). For energy balance to be kept within a physiologically neutral range, the tight regulatory interplay of major centers, including the nervous system, gastrointestinal tract, pancreas, adipose tissue, liver, and skeletal muscles has evolved to continuously monitor nutrient and energy status at the periphery. Integration of vital peripheral information requires long-range communication among various organ systems. eCB signaling at CB_1Rs has recently emerged as a particularly efficacious signaling network to control central aspects of food intake and energy homeostasis (68). Similarly, eCB signaling in insulin-sensitive peripheral tissues impacts glucose utilization and lipid homeostasis (70, 71). Despite mounting interest (3, 4, 6, 59, 68), the molecular link between eCB signaling and insulin release from the endocrine pancreas remain poorly understood.

Here, by using INS-1E cells and pancreatic islets from $CB_1R^{-/-}$ mice, we demonstrated the upstream role of eCB signals to regulated insulin secretion. We show that INS-1E cells, like native β cells, can co-express CB₁Rs, CB₂Rs, and TRPV1 to sense and integrate eCB signals. Yet data from direct (AEA, ACEA) and indirect (JZL 184) agonist pharmacology and $CB_1R^{-/-}$ mice cumulatively demonstrate that CB_1R activation dominates eCB-stimulated insulin secretion in a dose- and time-dependent manner. eCB action is relatively fast, and promotes adaptive and long-lasting reorganization of eCB metabolism with opposing changes in MGL and $\text{DAGL}\alpha$ levels in β cells. Decreased CB_1R levels suggest rapid receptor recycling

FIGURE 8. CB₁R activation induces cytoskeletal remodeling. A, exposure to glucose (15 mm) or AEA (10 µm, 10 min) induced stress fiber and FA plaque formation in INS-1E cells. O-2050 reversed AEA-induced cytoskeletal modifications. *A1*, FA plaques localized at the plus ends of polymerized F-actin, providing cytoskeletal anchor points. *B,* quantitative assessment of the percentage of INS-1E cells with stress fibers upon treatment with AEA (30 min) or JZL 184 (24 h) stimuli alone or in combination with O-2050 (100 nm as 10 min pre-treatment). *C*, INS-1E cells were exposed to AEA (10 μ m) for 24 h to verify that the induction of insulin release by both endocannabinoids upon prolonged activation (see also Fig. 5, *A* and *B*) involves stress fiber formation.*D*, OMDM 188, a DAGL inhibitor (24 h), increased CB₁R immunoreactivity in INS-1E cells. *E*, high glucose (15 mm for 10 min) induced stress fibers in INS-1E cells, as revealed by staining for F-actin (phalloidin). This effect was not reversed by O-2050, a CB1R antagonist. *F*, quantitative assessment of the percentage of INS-1E cells with FA plaques from experiments as above. High glucose (15 mm) was used as positive control. Data were expressed as mean \pm S.D.; $n = 30 - 80$ cells/condition were analyzed in triplicate experiments. **, $p < 0.01$; *, $p < 0.05$ (pairwise comparisons following one-way ANOVA). *Scale bars* = 20 μ m (*F*), 10 μ m (*A*, *C*, and *E*), and 3 μ m (*A₁*).

and degradation. The rapid loss of MGL also suggests protein degradation, which reportedly involves CB_1R -dependent activation of breast cancer-associated protein 1 (BRCA1) (72, 73), an E3 ubiquitin ligase. In contrast, increased $\text{DAGL}\alpha$ expression suggests compensatory eCB synthesis in response to disrupted second messenger signaling upon CB_1R desensitization. This notion is supported by increased CB_1R content in INS-1E cells treated with the DAGL inhibitor OMDM 188, which may compensate for decreased 2-AG availability by potentially conferring receptor hypersensitivity.

Both immortalized INS-1E cells and native mouse β cells express the metabolic enzymes and receptors sufficient for autocrine 2-AG signaling. Nevertheless, differences in experimental designs (*e.g.* α cells can contribute to 2-AG production/ degradation in isolated pancreatic islets) have limited our abil-

ity to determine whether autocrine or paracrine eCB signals regulate insulin secretion. They might also explain differences between AEA and JZL 184-stimulated insulin release from $INS-1E$ cells reported here and largely non- CB_1R -mediated inhibition of insulin secretion reported elsewhere (6, 59). Inconsistencies as to the cellular sites of CB_1R expression in pancreatic islets exist in the literature (4, 6), primarily due to the lack of appropriate genetic controls. We find mouse β cells endowed with CB₁Rs, confirming data reported by Starowicz *et al.* (4) using immunoperoxidase methods in rat and mouse pancreas. Notably, α cells do not harbor detectable CB_1R levels *in vivo*, suggesting that glucagon secretion might either be insensitive to endocannabinoid signals or modulated via non- CB_1R mediated mechanisms. To maintain glucose utilization and homeostasis, however, eCB actions on glucagon levels in blood

FIGURE 9. CB₁R-mediated insulin release requires focal adhesion kinase activity. A, comparative assessment of G- and F-actin concentrations upon AEA challenge. Optical density of G- and F-actin was measured, and expressed as the "G/F-actin ratio." *B*, treatment of INS-1E cells with AEA (10 μ M) for 30 min induced FAK kinase phosphorylation (*p-FAK*). Fold-changes were normalized to the phosphorylation level in control, and relative to actin. A representative Western blot is shown. *C*–C₂, immunofluorescence detection of increased FAK phosphorylation in INS-1E cells exposed to AEA (30 min). Open rectangles denote the positions of *insets*. Hoechst 33,432 nuclear localization signal was color-coded in *yellow*. *C*-*C1*, *insets* demonstrate the accumulation of *p-*FAK at vinculin focal adhesion points, which also anchor actin filaments (stress fibers, *solid arrowheads*) upon AEA application. O-2050 prevented stress fiber assembly (*open* arrowheads). *D*–*D*₃, FAK inhibitor 14 (FAKi14; 1 µм, 10 min), a small molecule inhibitor of FAK (67), prevented AEA or high glucose-induced vinculin⁺ FA plaque (*C2*), and stress fiber assembly (*C3*). *E*, media were collected and insulin concentrations determined by ELISA. FAKi14 abrogated AEA-induced insulin secretion. *Scale bars* = 10 μ m (*B–B₂* and *C*) and 3 μ m (*B'-B₂'*, and *C₁*). Data were expressed as mean \pm S.D.; *n* = 80 cells/group; **, *p* < 0.01; *, *p* < 0.05 (pairwise comparisons after one-way ANOVA). *F* and *F1*, correlation analysis revealed a positive relationship between the number of INS1-E cells containing FA plaques (F) or stress fibers (F_1) and the amount of insulin secreted (ng/ μ g protein). Note that particularly close correlation was seen in the presence of high glucose. Pearson's correlation co-efficient are shown (*dashed lines*: linear regression plots).

might be indirect because eCB-driven insulin release from β cells could *per se* serve to prime glucagon secretion. α Cells, lining the outer border of pancreatic islets, appear to express both MGL and ABHD6 at levels exceeding those of β cells. This raises the possibility that α cells can restrict the spatial spread of eCBs, and isolate the endocrine pancreas from surrounding tissues. This hypothesis is supported by pronounced ABHD6-like immunoreactivity in pancreatic polypeptide-containing F cells. Unexpectedly, we detected marked ABHD6-like immunosignals in β cells. Although the robustness of immunoreactivity

cannot be taken indicative of enzyme activity, our histochemical results suggest that MGL and ABHD6 might cooperate in terminating eCB signaling in the endocrine pancreas, including β cells. Moreover, our molecular identification of the coexistence of the biosynthesis and degradation machinery for 2-AG (and probably also AEA) highlights that both autocrine and (juxta-)paracrine eCB signaling must be considered in specific cellular contexts when assessing the functionality and influences of these signaling networks in the pancreas (4, 70). The notion that DAGL inactivation occludes insulin release, particularly when glucose concentrations are high, suggest the unexpectedly broad metabolic significance of these enzymes, perhaps beyond regulating 2-AG signaling at CB_1Rs .

AEA in glucose-free conditions induced insulin release (Fig. 3*B*). This finding supports that glucose and AEA action are additive on insulin release, corroborating earlier reports (6, 59). CB_1R agonists significantly increased insulin release from INS-1E and β cells, by a mechanism involving intracellular $Ca²⁺$ mobilization. These data in conjunction with high glucose-induced AEA and 2-AG synthesis (5) suggest a tight feed forward coupling between eCB production and signaling and glucose availability. eCBs can rapidly mobilize intracellular Ca^{2+} through inositol 1,4,5-trisphosphate signaling (74, 75) or by inositol 1,3,4-phosphate receptors on the endoplasmic reticulum (8). Such rapid Ca^{2+} transients, as seen in insulinomas cells upon AEA stimulation (8), are compatible with a role in first phase insulin release.

A rise of intracellular Ca^{2+} being a prerequisite of insulin release is also compatible with FAK and FAK-related kinase (76, 77) activation and cytoskeletal rearrangements during the second phase of insulin secretion, particularly because vesicle docking during exocytosis is reliant on the Ca^{2+} -driven assembly of the SNARE machinery. Exocytosis involves a series of highly coordinated and sequential steps. Among these, FAK interacts with integrins, vinculin, paxillin, talin, and α -actinin to link FA plaques to filamentous actin. FAK in neurons is a key effector of CB_1R -induced cytoarchitectural reorganization (31). FAK is an appealing target because it can suppress Rho GTPase activity, thereby promoting FA turnover (35). Considering that CB_1Rs can modulate the activity of RhoA (and other small GTPases) (34, 76), FAK is poised to orchestrate cystoskeletal remodeling, particularly FA plaque assembly, required for insulin release. CB_1R activation establishes maximal FAK activity upon cooperative signaling with cell surface tyrosine kinase receptors and the sequential phosphorylation of Tyr-397 and Tyr-576/577 FAK residues (76). Here, we showed FAK phosphorylation at Tyr-397, which is considered a permissive step for the recruitment of Src-family kinases, whose second-phase phosphorylation of an additional five Tyr residues in the activation loop of the kinase, confers maximal FAK activity (76). Because CB_1R -dependent Tyr-397 phosphorylation persists for >1 h, requires integrin activation, and exhibits adhesion dependence (76), and is abated by FAKi14 (67), we conclude that FAK activation is an essential transducer and integrator of eCB and integrin signaling in pancreatic β cells.

In response to diverse microenvironmental stimuli, ERK1/2, Akt, and FAK were shown to be bidirectionally activated with a putative ERK1/2 and FAK interaction involved in glucose-dependent insulin secretion (25, 66, 78– 80). FAK-induced dynamic cytoskeletal remodeling enables trafficking of insulin granules (25, 66). Stress-fiber formation in INS-1E cells observed upon CB_1R stimulation was reminiscent of that seen in FAK^{$-/-$} cells, particularly keratinocytes (27). Yet this phenocopy is unlikely to confer loss-of-function. Instead, our data show functionally permissive "structural gain-of-function" assuming increased temporal dynamics (28) but not overt cellular rigidity (*i.e.* tension signaling) (27). In fact, FAK activity is also crucial for adequate insulin signaling in peripheral tissues because its down-regulation leads to hyperglycemia, hyperinsulinemia, and insulin resistance (81– 83).

Two of the clinicopathological implications of our findings, *i.e.* that (i) DAGL activity is a minimal requirement for insulin secretion and (ii) prolonged exposure to heightened eCB concentrations drives insulin release, outline a link between increased circulating eCB levels (5), elevated tissue 2-AG and AEA content, and up-regulated DAGL α in β cells (4) and insulin hypersecretion in obesity (51, 84). The mechanism we identified suggests that acute CB_1R activation may be critical for the adaptation of pancreatic β cells to insulin resistance. Our findings provide a molecular backbone to develop tissue selective CB_1R antagonists, which, given their insulin re-sensitizing effects (71), can offer the rescue of insulin secretion to maintain adequate to tissue demands.

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