

Revisiting the Role of the Urban Environment in Substance Use: The Case of Analgesic Overdose Fatalities

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Rates of fatal overdoses caused by analgesic opioids have increased dramatically in the United States, particularly over the past 5 years.¹⁻³ The prevalence of nonmedical analgesic drug abuse is second only to that of marijuana abuse, and currently the number of fatal overdoses attributed to opioid analgesics, such as oxycodone, hydrocodone, and codeine, is greater than the number attributed to heroin and cocaine combined.⁴

Urban areas have long been associated with elevated risks of substance abuse and subsequent mortality from unintentional drug poisoning. From 1997 to 2002, the number of overdose deaths involving opioid analgesics increased 97% in urban areas during a time when the rate of overdose from all drugs increased 27%.⁵ From a public health burden standpoint, understanding the determinants of analgesic overdose mortality in large urban areas is critical to help stem the tide of mortality from analgesics, as all available data suggest that analgesic overdose mortality in these areas will continue to increase in the coming years.⁶

Extant epidemiological research in the area has predominantly been concerned with the role of individual characteristics in explaining the prevalence of analgesic overdose throughout the United States.^{5,7-12} Analgesic opiate overdose decedents have been reported to be primarily White, male, and adult (ranging in age from 25 to 54 years) and to exhibit a high prevalence of concurrent psychotherapeutic drug use.^{5,7-10} However, several organizing frameworks in the field (principally rooted in ecosocial theory) suggest that environments operate jointly with individual factors to influence the risk of substance use.¹³⁻¹⁵

In addition to individual characteristics such as psychiatric morbidity, genetic vulnerability, gender, and age,¹⁶⁻²⁰ these frameworks suggest that interconnected components of influence shape drug use. These components include social policies and regulations that affect the

Objectives. We examined whether neighborhood social characteristics (income distribution and family fragmentation) and physical characteristics (clean sidewalks and dilapidated housing) were associated with the risk of fatalities caused by analgesic overdose.

Methods. In a case-control study, we compared 447 unintentional analgesic opioid overdose fatalities (cases) with 3436 unintentional nonoverdose fatalities and 2530 heroin overdose fatalities (controls) occurring in 59 New York City neighborhoods between 2000 and 2006.

Results. Analgesic overdose fatalities were less likely than nonoverdose unintentional fatalities to have occurred in higher-income neighborhoods (odds ratio [OR] = 0.82; 95% confidence interval [CI] = 0.70, 0.96) and more likely to have occurred in fragmented neighborhoods (OR = 1.35; 95% CI = 1.05, 1.72). They were more likely than heroin overdose fatalities to have occurred in higher-income (OR = 1.31; 95% CI = 1.12, 1.54) and less fragmented (OR = 0.71; 95% CI = 0.55, 0.92) neighborhoods.

Conclusions. Analgesic overdose fatalities exhibit spatial patterns that are distinct from those of heroin and nonoverdose unintentional fatalities. Whereas analgesic fatalities typically occur in lower-income, more fragmented neighborhoods than nonoverdose fatalities, they tend to occur in higher-income, less unequal, and less fragmented neighborhoods than heroin fatalities. (*Am J Public Health.* 2013;103:2252-2260. doi:10.2105/AJPH.2013.301347)

allocation of social and health resources²¹⁻²⁶; social and physical features of the neighborhood environment that structure the availability of drugs, influence norms around use, and generate sources of stress that contribute to drug use^{13,14,27-37}; and interpersonal characteristics, such as social support and social networks, that mediate the relationship between the neighborhood environment and drug use.^{28,31,38-42} Despite this conceptual orientation, few studies have attempted to provide an understanding of the contextual factors that may explain the geographic distribution of analgesic overdose in an urban environment.

Of particular interest in the urban context are the features of neighborhoods that can shape drug overdose. Established conceptual frameworks suggest 2 such features: primary determinants of infrastructure, employment, education, and health care resources, including residential segregation, income distribution,

and neighborhood deprivation, and secondary determinants that are consequences of these fundamental conditions and may mediate their impact on drug use, including the quality of the built environment, social norms around drug use, and family fragmentation.¹⁵ Drawing on this framework, we examined 3 features of the neighborhood environment that have been previously linked with drug overdose: income distribution, quality of the built environment, and family fragmentation.^{35,37,43,44}

First, neighborhood income distribution has been consistently linked to drug abuse or overdose fatalities.^{27,35,44,45} For example, research has shown that in New York City neighborhoods with more unequal income distributions, drug overdoses are more likely than other causes to lead to unintentional deaths.^{35,44} The erosion of social capital and greater mistrust of authority found in more unequal neighborhoods may lead to a greater reluctance to seek medical help in cases of

overdose.⁴⁶ Furthermore, underinvestment in health and social resources could contribute to longer response times on the part of paramedics and limited access to substance abuse treatment. It is plausible that these same processes may drive a higher risk for analgesic opiate overdose in more unequal neighborhoods.

Second, studies have shown a positive association between poor quality of the built environment (dilapidated buildings, vandalism of public property, and littering) and risk of drug overdose.^{43,44,46} Deterioration of the built environment has been linked with higher levels of distress.⁴⁷ In turn, people with higher levels of distress may be more vulnerable to drug abuse and overdose than people low in distress.^{48,49} Moreover, reduced social capital reflected in a vandalized and littered built environment may discourage neighborhood residents from interacting with each other and from developing relationships that would enable them to intervene to prevent the development of drug distribution networks in the neighborhood.⁵⁰

Third, family fragmentation (e.g., a high prevalence of divorced, separated, or single-parent families) represents a social mechanism through which neighborhoods may influence analgesic overdose. Disruption of the neighborhood social fabric may manifest in personal forms of disorganization within adult relationships.^{51,52} Studies of crime have shown that family disruption influences the collective ability of local residents to promote adult and youth conformity to local norms and laws.^{53–55} A high prevalence of fragmented families in a neighborhood reduces the neighborhood's ability to monitor young people and respond to delinquency and crime.⁵⁶ Such disorganization may have direct consequences in terms of access to and consumption of analgesics, given that the formation of drug-selling and drug-consuming networks may be more likely in neighborhoods where residents do not monitor delinquent activity consistently.⁵⁷

Furthermore, disrupted families may be less likely to exert informal control over the abuse of analgesics by other family members.⁵⁷ Given that consumption of analgesics occurs most frequently at home,⁵⁸ the absence of a family support and control net is particularly problematic.

This study had 2 aims. First, we examined the roles that the 3 features of the neighborhood social and physical environment just described—income distribution, the quality of the built environment, and family fragmentation—play in the risk of unintentional death from analgesic overdose in New York City. Second, we examined whether analgesic opiate overdoses in New York City are driven by distinct neighborhood factors than heroin overdose, the historically most prevalent form of illicit opiate overdose in urban areas.^{59,60}

METHODS

Demographic and mortality data were obtained from the Office of the Chief Medical Examiner of New York City (OCME), which is responsible for determining the cause of death for all individuals believed to have died from nonnatural causes in New York City. Through a manual review of OCME medical files, we identified all cases of non-overdose-related fatal accidents (classified under *International Classification of Diseases, 10th Revision [ICD-10]*⁶¹ codes V01–X39, X45–X59, and Y85–Y86) and unintentional poisoning deaths (*ICD-10* codes X40–X44 and T40.0–T40.2) involving adults aged 15 to 64 years in New York City during the period 2000 through 2006. Because of our focus on this short time period, it is likely that factors such as the OCME's classification of cases and toxicology remained consistent over the study period.

Trained abstractors used a standardized protocol and data collection forms developed by the OCME to collect data on cause of death, circumstances of death, and toxicology from the OCME files. OCME investigators used the decedent's medical history, the circumstances and environment of the death, autopsy findings, and laboratory data to attribute cause of death for each case reviewed. Hence, classification of cause of death differed from the simple presence or absence of a drug in a toxicological screen. Deaths involving positive screens for an analgesic will not necessarily be classified as analgesic-induced deaths. The OCME's attributions of drugs as a cause of death are not mutually exclusive: an overdose death may be attributed to more than one drug. We included only cases in

which unintentional poisoning by drugs was listed as the primary cause of death.

OCME files also included information on decedents' age, gender, race/ethnicity, and place of residence. Information derived from medical examiner databases has shown high sensitivity, specificity, and positive predictive value with respect to identifying external causes of death.^{62–64} Further details on collection of data on overdoses have been provided by Galea et al.⁶⁵

We conducted a pair of case-control analyses. In the first analysis, unintentional deaths in which poisoning caused by analgesic opioids was cited as a cause of death were identified as cases, and deaths from other nonoverdose unintentional causes were considered controls. Analgesic opioids included codeine, fentanyl, hydromorphone, hydrocodone, meperidine, morphine, orphenadrine, oxycodone, and propoxyphene. Nonoverdose unintentional deaths included those caused by firearms, drownings, falls, stabbings, poisonings, and other accidents.

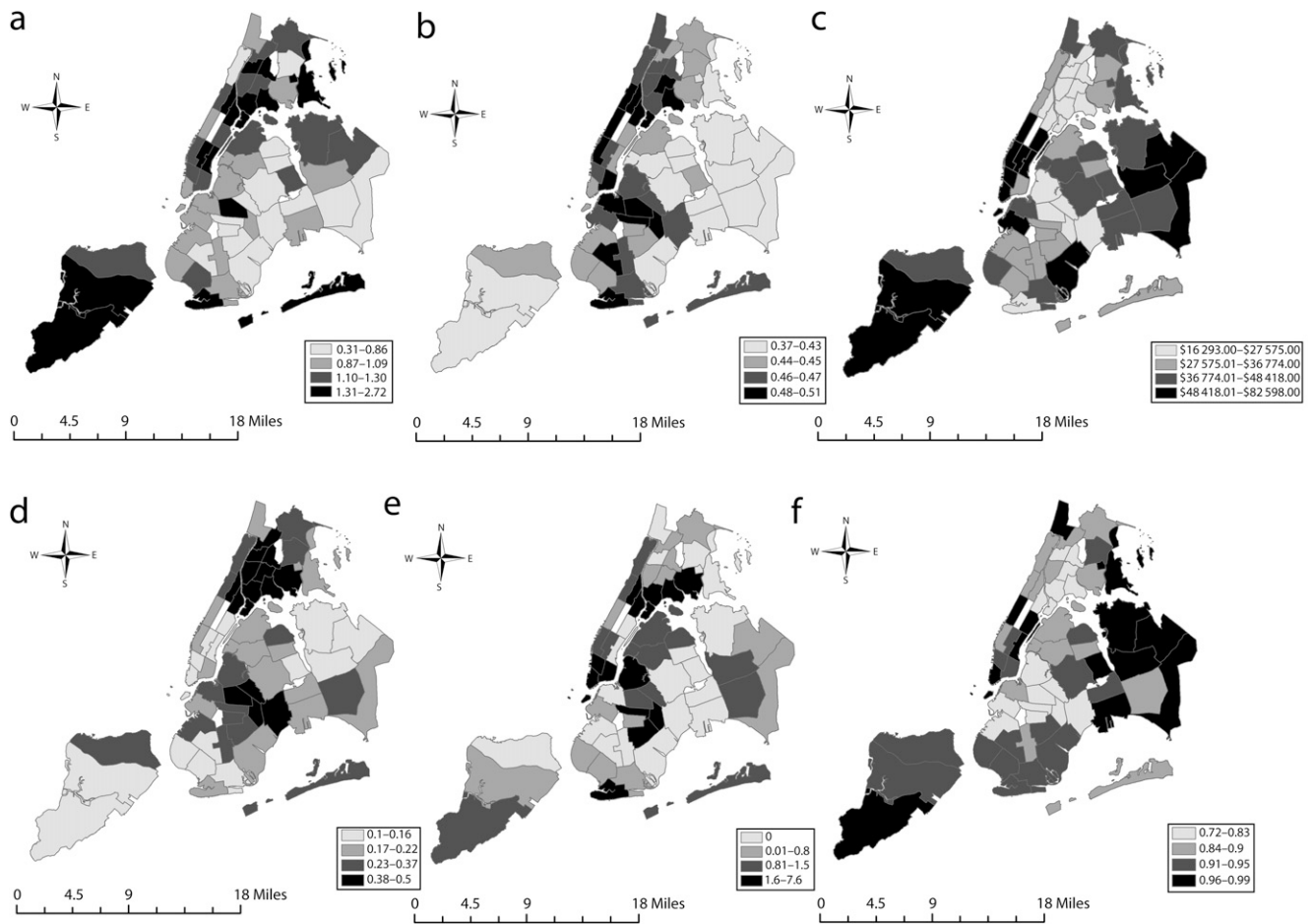
In the second analysis, we compared deaths in which poisoning from analgesic opioids was cited as a cause of death and heroin poisoning was not cited as an additional cause with deaths in which poisoning from heroin was cited as a cause of death but analgesic opioid poisoning was not cited as an additional cause. Hence, overlapping cases of analgesic and heroin poisoning (representing 38.4% of analgesic overdose cases and 6.3% of heroin overdose controls) were excluded from this analysis.

Geocoding and Neighborhood Identifiers

We geocoded data on participants' site of injury into community district neighborhood designations. New York City is divided into 59 community districts (hereafter "neighborhoods") that represent meaningful neighborhoods within the city; they include, for example, the neighborhoods of Central Harlem (community district 10 in Manhattan) and Bedford Stuyvesant (community district 3 in Brooklyn).

Neighborhood-Level Measures

We measured income distribution as absolute income (median income) and income inequality (according to the Gini coefficient). The



Note. There are a total of 59 community districts. Analgesic-induced overdose deaths are per 100 000.

FIGURE 1—Distribution by community district of (a) analgesic-induced overdose deaths (2000–2006), (b) income inequality (2000), (c) median household income (2000), (d) family disruption (2000), (e) proportion of houses in dilapidated condition (1999), and (f) proportion of sidewalks rated acceptably clean (2000): New York City.

Gini coefficient reflected the extent of inequality based on the income distribution within each of the city's 59 neighborhoods.^{35,36,66}

We obtained data on household incomes in each of the 5 New York City boroughs from Summary File 3 of the 2000 census.⁶⁷ We included 25 household income categories, and we used the direct method (see Galea et al.³⁶ for further details) to calculate the Gini coefficient for each neighborhood and each year. A Gini coefficient of 0 represents total equality, whereas a coefficient of 1 represents maximum inequality. Data were collected at the census tract level and aggregated up to the neighborhood level, weighted by the proportion of overlap between each census tract and neighborhood. A New York City neighborhood

contains approximately 31.7 census tracts, although tracts may cross neighborhood boundaries.

We assessed quality of the built environment in 2 ways: as the proportion of dilapidated housing structures in a neighborhood, to reflect physical deterioration of the built environment,^{43,44} and as the proportion of acceptably clean sidewalks, to reflect the level of social order or disorder.⁶⁸ Data on dilapidated housing structures were derived from the 1999 New York City Housing and Vacancy Survey. An average of 15 550 housing structures were appraised in the survey and considered in our analyses.⁶⁹ Data on sidewalk cleanliness in 2000 were obtained from the New York City mayor's management report.⁷⁰

The proportion of sidewalks in the neighborhood that met an acceptable standard of cleanliness was based on a 7-point picture-based rating scale designed to reflect public perceptions of acceptable cleanliness levels; values represent the annual neighborhood average of twice-monthly ratings of a citywide street sample.⁷⁰

We defined family fragmentation according to the proportion of individuals divorced or separated in each neighborhood and the proportion of children younger than 18 years living in single-parent households, as measured in the 2000 census. The 2 measures were highly correlated ($r=0.80$) and were combined into a single index via a principal components factor analysis.

TABLE 1—Demographic Data on Analgesic-Induced Deaths and Nonoverdose Unintentional Deaths: New York City, 2000–2006

Individual or Neighborhood Characteristic	Analgesic Deaths, ^a No. (%) or Mean ±SD	Unintentional Deaths, ^b No. (%) or Mean ±SD	<i>P</i>
Age, y			<.001
15–24	35 (7.8)	595 (17.3)	
25–34	74 (16.6)	636 (18.5)	
35–44	161 (36.0)	698 (20.3)	
45–54	144 (32.2)	777 (22.6)	
55–64	33 (7.4)	728 (21.1)	
Gender			.003
Male	314 (70.2)	2634 (76.7)	
Female	133 (29.8)	802 (23.3)	
Race/ethnicity			<.001
White	272 (61.8)	1183 (37.6)	
Black	65 (14.8)	1019 (32.4)	
Hispanic	103 (23.4)	943 (39.0)	
Median neighborhood income, \$	39 820 ±39 977	40 259 ±15 802	.8
Income inequality ^c	0.5 ±0.03	0.5 ±0.03	.3
Black residents, %	22.0 ±21.0	26.0 ±26.0	.003
Opiate use, %	10.3 ±9.0	9.1 ±8.7	.01
Other drug use, %	8.5 ±7.4	9.0 ±7.4	.3
Acceptably clean sidewalks, %	89.0 ±7.0	88.0 ±7.0	.5
Dilapidated housing structures, %	0.9 ±1.4	0.9 ±1.4	.9
Fragmented families, % ^d	25.0 ±13.0	25.0 ±12.0	.8

Note. As a result of missing data, counts for age distribution and race/ethnicity do not necessarily sum to the total counts.

^a447 deaths in 58 neighborhoods.

^b3436 in 59 neighborhoods.

^cAccording to the Gini coefficient (0 = perfectly equitable income distribution, 1 = complete inequality).

^dPercentage of individuals divorced and separated and percentage of children living in single-parent households.

Covariates

We derived data on racial/ethnic composition, represented as the proportion of Black residents in a given neighborhood, from the 2000 census. We used the proportion of accidental nonoverdose decedents who had positive toxicological screens for opiates to represent the level of opiate drug use in the neighborhood.^{35,36,68,71}

At the individual level, we controlled for decedents' age, gender, and race/ethnicity. These data were recorded in the OMCE files.

Statistical Analysis

Only cases without missing address of injury were retained in the analysis: 447 of 477 cases and 3436 of 3871 controls were retained for the analgesic versus accidents analysis, and 276 of 294 cases and 2530 of 2725 controls were retained for the analgesic versus heroin

analysis. Cases in which address of injury data were missing were not appreciably different from the retained cases in terms of demographic variables. We used listwise deletion to address missing covariate data.

First, we identified the spatial distribution of analgesic opiate overdose deaths in 2000 through 2006 across New York City neighborhoods. Overdose deaths were calculated as age-adjusted rates of analgesic overdose per 100 000 residents per neighborhood over the study period. Maps were created with ArcMap 10.0.⁷² Rates (classified in quartiles) were smoothed via an empirical Bayes technique to improve stability in areas with large populations and very few cases.⁷³ We used a spatial weights matrix created from the nearest-neighbors algorithm (via the 4-neighbor specification) to calculate Moran's *I* statistic for empirical Bayes rates.⁷³ Statistical significance

for Moran's *I* was estimated with a permutation procedure, and pseudo-significance values are reported.⁷⁴ To provide a descriptive overview of spatial patterns of mortality and neighborhood characteristics, we also constructed maps of the neighborhood-level measures of interest and estimated the spatial correlations between these measures and analgesic overdose death rates. We used GeoDa 1.2.0 in estimating all spatial statistics.⁷⁵

Second, we assessed bivariate relationships between individual covariates and neighborhood-level indicators separately in the 2 case–control analyses. Analgesic overdose fatalities were placed on the y-axis, and each neighborhood-level indicator was placed on the x-axis. We conducted χ^2 and *t* tests to assess statistical significance.

Finally, we constructed separate multilevel logistic hierarchical models to determine the relationship between neighborhood-level indicators and likelihood of death from analgesic overdose relative to likelihood of death from a control condition. Statistical analyses were conducted with HLM 7 (Scientific Software International, Lincolnwood, IL). All odds ratios (ORs) and 95% confidence intervals (CIs) were based on population average model estimates^{76,77} to enable us to make population-level inferences about the relationships between neighborhood characteristics and the odds of analgesic-induced overdose deaths. In these models, all neighborhood-level variables were standardized to a mean of 0 and a standard deviation of 1.

We constructed the models in a similar manner for each analysis. We initially assessed the relationship of each neighborhood-level variable with the odds of death from analgesic overdose in a separate model, controlling only for the individual-level covariates. We then added indicators of income distribution, racial/ethnic composition, and neighborhood drug use to address neighborhood-level structural sources of confounding. Measures of the quality of the built environment and family fragmentation were included in separate models to avoid multicollinearity issues.

RESULTS

Risk of death from analgesic opiate overdose was concentrated in certain neighborhoods

TABLE 2—Demographic Data on Analgesic-Induced Deaths and Heroin-Induced Deaths: New York City, 2000–2006

Individual or Neighborhood Characteristic	Analgesic Deaths, ^a No. (%) or Mean ±SD	Heroin Deaths, ^b No. (%) or Mean ±SD	P
Age, y			.44
15–24	26 (9.4)	171 (6.7)	
25–34	48 (17.4)	487 (19.3)	
35–44	95 (34.4)	920 (36.4)	
45–54	84 (30.4)	771 (30.5)	
55–64	23 (8.3)	180 (7.1)	
Gender			<.001
Male	190 (68.8)	2045 (80.8)	
Female	86 (31.2)	485 (19.2)	
Race/ethnicity			<.001
White	180 (66.7)	1082 (43.3)	
Black	40 (14.8)	563 (22.5)	
Hispanic	50 (18.5)	857 (34.2)	
Median neighborhood income, \$	43 039 ±17 106	35 694 ±15 934	<.001
Income inequality ^c	0.5 ±0.03	0.5 ±0.03	<.001
Black residents, %	20.0 ±22.0	25.0 ±23.0	.001
Opiate use, %	9.9 ±9.0	11.0 ±9.3	.05
Other drug use, %	8.0 ±6.5	9.2 ±7.5	.01
Acceptably clean sidewalks, %	90.0 ±7.0	86.0 ±7.0	<.001
Dilapidated housing structures, %	0.9 ±1.3	1.2 ±1.6	.002
Fragmented families, % ^d	23.0 ±11.0	29.0 ±12.0	<.001

Note. As a result of missing data, counts for age distribution and race/ethnicity do not necessarily sum to the total counts.

^a276 deaths in 56 neighborhoods.

^b2530 deaths in 59 neighborhoods.

^cAccording to the Gini coefficient (0 = perfectly equitable income distribution, 1 = complete inequality).

^dPercentage of individuals divorced and separated and percentage of children living in single-parent households.

of New York City. The Moran's *I* statistic was 0.15 ($P < .05$), indicating moderate spatial clustering of analgesic overdose fatalities. Figure 1 presents a series of maps depicting the spatial distributions of analgesic overdose fatalities, median incomes, income inequality, family disruption, percentages of dilapidated housing structures, and percentages of acceptably clean sidewalks. The highest rates of analgesic fatalities occurred in neighborhoods in northern Manhattan (East Harlem), Queens (Rockaway–Broadway Channel), and the Bronx (Throgs Neck–Co-op City, Belmont–East Tremont, Hunts Point–Longwood); these neighborhoods are characterized by low median incomes, low-quality built environments, and high levels of family fragmentation.

The spatial correlations between income inequality and analgesic overdose ($I = 0.17$; $P = .02$), family fragmentation and analgesic

overdose ($I = 0.14$; $P = .04$), and housing dilapidation and analgesic overdose ($I = 0.18$; $P = .02$) were moderate and significant. We did not find a spatial correlation between median income or sidewalk cleanliness and analgesic overdose fatalities.

Table 1 presents data on the demographic characteristics of analgesic overdose decedents relative to those of individuals whose unintentional deaths were not attributed to drug overdose. Analgesic overdose decedents were older and more likely to be White and female, and overdose fatalities were more likely to occur in neighborhoods with low concentrations of Black residents and high rates of opiate use.

Table 2 compares the demographic variables associated with nonoverlapping cases of analgesic and heroin overdose deaths. Analgesic overdose decedents were more likely to

be White and female than heroin decedents, and analgesic overdose deaths were concentrated in neighborhoods with lower concentrations of Black residents, higher median incomes, higher proportions of clean sidewalks, and lower concentrations of dilapidated housing structures and family fragmentation.

Few differences emerged between analgesic overdoses and nonoverdose unintentional injuries with respect to neighborhood characteristics associated with the odds of death (Table 3). Controlling only for individual decedent characteristics, a higher median income was associated with lower odds of dying from an analgesic overdose than from a nonoverdose unintentional injury (OR = 0.83; 95% CI = 0.71, 0.97), whereas a higher level of family fragmentation was associated with a higher risk of death from analgesic overdose (OR = 1.30; 95% CI = 1.13, 1.50). The association between median income and analgesic overdose decreased in magnitude and became nonsignificant once we controlled for family fragmentation (Table 3, model 4). Income inequality and dilapidated housing were marginally and positively associated with analgesic overdose, whereas sidewalk cleanliness was marginally and negatively associated with overdose. However, these associations became null once we controlled for confounders (models 1–3).

Analgesic opiate and heroin overdose fatalities occurred in distinct types of neighborhoods (Table 4). After control for individual decedent characteristics, higher median incomes (OR = 1.40; 95% CI = 1.20, 1.65) and higher concentrations of clean sidewalks (OR = 1.48; 95% CI = 1.22, 1.79) were associated with higher odds of dying from an analgesic versus a heroin overdose. By contrast, higher levels of income inequality (OR = 0.74; 95% CI = 0.61, 0.91) and family fragmentation (OR = 0.65; 95% CI = 0.55, 0.78) were associated with lower odds of dying from an analgesic versus a heroin overdose. Income inequality and concentration of clean sidewalks became marginally significant once we adjusted for confounders (models 1 and 2). Median income became nonsignificant once we adjusted for family fragmentation.

TABLE 3—Hierarchical Logistic Models of the Relationships Between Neighborhood Characteristics and the Odds of Analgesic-Induced Deaths vs Nonoverdose Unintentional Deaths: New York City, 2000–2006

	Crude OR (95% CI)	Model 1 OR (95% CI)	Model 2 OR (95% CI)	Model 3 OR (95% CI)	Model 4 OR (95% CI)
Median income	0.83 (0.71, 0.97)	0.82 (0.70, 0.96)	0.78 (0.65, 0.94)	0.81 (0.69, 0.95)	0.96 (0.80, 1.16)
Income inequality ^a	1.14 (0.99, 1.33)	0.99 (0.86, 1.15)	1.02 (0.88, 1.17)	1.00 (0.87, 1.16)	0.97 (0.84, 1.12)
Acceptably clean sidewalks	0.86 (0.74, 1.01)	...	1.09 (0.90, 1.32)
Dilapidated housing structures	1.08 (0.99, 1.18)	0.94 (0.84, 1.07)	...
Family fragmentation ^b	1.30 (1.13, 1.50)	1.35 (1.05, 1.72)

Note. CI = confidence interval; OR = odds ratio. All models controlled for decedents' age, gender, and race/ethnicity; percentage of Black residents; and percentage of opiate use.

^aAccording to the Gini coefficient (0 = perfectly equitable income distribution, 1 = complete inequality).

^bPercentage of individuals divorced and separated and percentage of children living in single-parent households.

DISCUSSION

Two key conclusions emerge from this study. First, neighborhood economic disadvantage is associated with higher odds of analgesic overdose fatalities than nonoverdose unintentional fatalities.^{13,27} Neighborhood level of family fragmentation partially explained this association. Second, analgesic overdose fatalities occur in different neighborhoods than the neighborhoods where heroin overdose fatalities occur. Whereas analgesic overdose fatalities tend to occur in lower-income, more fragmented neighborhoods than nonoverdose unintentional fatalities, they typically occur in higher-income, less unequal, and less fragmented neighborhoods than heroin overdose fatalities.

The relationship observed between neighborhood income and analgesic drug overdose is consistent with the findings of previous studies on illicit drug overdose.^{35,78,79} Lower-income neighborhoods may shape the risk of drug overdose through a variety of

mechanisms, including disproportionate exposure of residents to psychosocial stress, eroded social trust and social capital, and limited access to health and social services.

The particular role of family disruption as a mechanism through which lower-income neighborhoods shape the risk of analgesic overdose^{53–55} may be attributable to several factors. Neighborhoods where fragmented families are common may have lower levels of collective social control and oversight of delinquent activity, and thus a larger pool of one's peers are involved in delinquent activities such as use of recreational analgesic opiates.⁵⁷ Larger drug-using networks are a documented risk factor for drug use.⁴⁰ Limited collective oversight may also provide the opportunity for the diversion and trafficking of analgesics obtained from legitimate prescription users.⁸⁰ Finally, socially disrupted contexts may inhibit residents from intervening or calling for help when witnessing an overdose.^{15,44}

Analgesic overdose fatalities occurred in different neighborhoods than overdose

fatalities caused by heroin, the main type of illicit opiate. The concentration of analgesic overdoses in higher-income, less fragmented neighborhoods may be attributable to several factors. First, higher-income neighborhoods offer a formal supply of analgesics, through pharmacies and physicians, that is not present in highly disadvantaged, primarily minority neighborhoods where heroin may be the drug of choice. Indeed, several studies, including one conducted in New York City, have shown that pharmacies in disadvantaged, non-White neighborhoods do not have sufficient analgesic supplies to meet legitimate demand.^{81–83}

Second, a certain level of family cohesion may facilitate the informal diffusion of analgesics through friend and kinship networks. Several studies indicate that a key source of illicit analgesics is diversion of prescriptions legitimately filled by parents, relatives, friends, or acquaintances.^{84–89}

Third, neighborhoods with higher concentrations of legitimate analgesic users may have more favorable social norms supporting the use

TABLE 4—Hierarchical Logistic Models of the Relationships Between Neighborhood Characteristics and the Odds of Analgesic-Induced Deaths vs Heroin-Induced Deaths: New York City, 2000–2006

	Crude OR (95% CI)	Model 1 OR (95% CI)	Model 2 OR (95% CI)	Model 3 OR (95% CI)	Model 4 OR (95% CI)
Median income	1.40 (1.20, 1.65)	1.31 (1.12, 1.54)	1.20 (0.98, 1.47)	1.31 (1.11, 1.54)	1.11 (0.89, 1.39)
Income inequality ^a	0.74 (0.61, 0.91)	0.83 (0.68, 1.01)	0.86 (0.70, 1.04)	0.83 (0.67, 1.02)	0.86 (0.70, 1.04)
Acceptably clean sidewalks	1.48 (1.22, 1.79)	...	1.18 (0.94, 1.49)
Dilapidated housing structures	0.86 (0.70, 1.06)	0.99 (0.81, 1.23)	...
Family fragmentation ^b	0.65 (0.55, 0.78)	0.71 (0.55, 0.92)

Note. CI = confidence interval; OR = odds ratio. All models controlled for decedents' age, gender, and race/ethnicity; percentage of Black residents; and percentage of opiate use.

^aAccording to the Gini coefficient (0 = perfectly equitable income distribution, 1 = complete inequality).

^bPercentage of individuals divorced and separated and percentage of children living in single-parent households.

of analgesics. A key motivation for nonmedical analgesic drug use (rather than use of illicit drugs) seems to be the belief that such drugs are less stigmatizing, less dangerous, and less affected by legal consequences than illicit drugs.^{41,84}

Fourth, price may shape drug-specific patterns of demand across neighborhoods⁹⁰: the lower price of heroin relative to analgesics may create an economic disincentive to consume analgesics in lower-income neighborhoods. Future studies need to examine whether increased access to legal sources of analgesics, weak ties among potential providers (i.e., the elderly and patients with pain) and nonmedical consumers of analgesic opiates, and social norms supportive of nonmedical analgesic drug use contribute to the specific contextual risk of analgesic rather than illicit drug overdose.

Limitations

This study was limited by the nature of our data. First, we used mortality data from OCME files that enumerate all unintentional deaths in New York City. The OCME applies uniform guidelines to its reporting of cases to ensure that causes of death are consistently determined.⁹¹ This indicates that the mortality data we used were a valid representation of the causes of death in New York City. We also believe that our data represent a complete count of unintentional mortality cases, given the expectation that all unexpected deaths are reported to the OCME. At the same time, our mortality data did not include information on decedents' socioeconomic or marital status; residual cross-level confounding according to individual socioeconomic characteristics could thus explain some of the associations observed between neighborhood characteristics and type of death.

Second, we used large geographic areas designated as community districts as proxies for neighborhoods, which may have led to the exclusion of smaller-area heterogeneity in neighborhood characteristics. Given this modifiable areal unit problem, findings may have differed had we chosen a different type of neighborhood boundary.⁹²

Third, we used proportion of accidental nonoverdose deaths with positive opiate toxicology findings to represent opiate use in a given neighborhood. It is possible that the

factors contributing to mortality differed from those contributing to drug use. However, the lack of variation in the risk of accidental nonoverdose death across neighborhoods allays the concern that such a difference in contributing factors led to bias.

Finally, comparisons between analgesic and heroin overdose fatalities excluded overlapping cases that involved both types of drugs. Had we included such fatalities within the analgesic case definition, we would have found greater similarity between the neighborhoods inhabited by analgesic and heroin overdose decedents.

Conclusions

Notwithstanding the limitations just described, our study indicates that neighborhood family fragmentation may be a key mechanism that facilitates the concentration of analgesic opiate fatalities in lower-income neighborhoods. The distinct geographic patterns of analgesic versus heroin fatalities suggest that analgesic overdose may be shaped by different neighborhood factors than illicit drug overdose.

The occurrence of analgesic overdose fatalities in higher-income, less fragmented neighborhoods than heroin overdose fatalities points to several mechanisms of influence, including pharmacy and physician sources of access to analgesics, the role of kinship and friend networks in diffusing diverted analgesics, and social norms supportive of nonmedical analgesic use. Given the increasing rates of analgesic overdose fatalities¹⁻³ and the systematic distribution of overdose risk across urban neighborhoods,⁵⁸ there is a critical need for research identifying the particular neighborhood mechanisms that may distinguish the risk of analgesic overdose from that of illicit drug overdose. ■

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Contributors

M. Cerdá designed the analysis, conducted the literature review, and wrote the article. Y. Ransome collaborated on the design of the analysis, implemented the analysis, and provided input on the article. K. M. Keyes and K. C. Koenen collaborated on the analysis plan and literature review and substantially edited all sections of the article. K. Tardiff and D. Vlahov collaborated on the design and implementation of the study and edited all sections of the article. S. Galea collaborated on the design and implementation of the study, as well as on the design of the analysis, and substantially edited all sections of the article.

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Human Participant Protection

This study was approved by the institutional review boards of the New York Academy of Medicine and the University of Michigan. Informed consent was not needed because we used mortality records.

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