

# Multivoxel $^1\text{H}$ MR spectroscopy is superior to contrast-enhanced MRI for response assessment after anti-angiogenic treatment of orthotopic human glioma xenografts and provides handles for metabolic targeting

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**Background.** Anti-angiogenic treatment of glioblastoma characteristically results in therapy resistance and tumor progression via diffuse infiltration. Monitoring tumor progression in these patients is thwarted because therapy results in tumor invisibility in contrast-enhanced (CE) MRI. To address this problem, we examined whether tumor progression could be monitored by metabolic mapping using  $^1\text{H}$  MR spectroscopic imaging (MRSI).

**Methods.** We treated groups of BALB/c nu/nu mice carrying different orthotopic diffuse-infiltrative glioblastoma xenografts with bevacizumab (anti-vascular endothelial growth factor [VEGF] antibody,  $n = 13$ ), cabozantinib (combined VEGF receptor 2/c-Met tyrosine kinase inhibitor,  $n = 11$ ), or placebo ( $n = 15$ ) and compared CE-MRI with MRS-derived metabolic maps before, during, and after treatment. Metabolic maps and CE-MRIs were subsequently correlated to histology and immunohistochemistry.

**Results.** In vivo imaging of choline/N-acetyl aspartate ratios via multivoxel MRS is better able to evaluate response to therapy than CE-MRI. Lactate imaging revealed that diffuse infiltrative areas in glioblastoma xenografts did not present with excessive glycolysis. In contrast, glycolysis was observed in hypoxic areas in angiogenesis-dependent

compact regions of glioma only, especially after anti-angiogenic treatment.

**Conclusion.** Our data present MRSI as a powerful and feasible approach that is superior to CE-MRI and may provide handles for optimizing treatment of glioma. Furthermore, we show that glycolysis is more prominent in hypoxic areas than in areas of diffuse infiltrative growth. The Warburg hypothesis of persisting glycolysis in tumors under normoxic conditions may thus not be valid for diffuse glioma.

**Keywords:** anti-angiogenic therapy, glioma, magnetic resonance spectroscopic imaging, tumor metabolism, Warburg effect.

**G**lioblastoma is a highly aggressive primary brain tumor with dismal prognosis. Current therapy consists of surgery to the maximum feasible extent, followed by local irradiation and chemotherapy with temozolomide. These treatments are, however, palliative rather than curative: almost without exception, glioblastomas eventually recur with fatal outcome, and median survival is currently still only 14.6 months.<sup>1</sup>

Glioblastomas characteristically contain areas of necrosis, surrounded by regions of active angiogenesis.<sup>2</sup> The lack of curative treatment options results from the presence of additional tumor zones in which cells infiltrate in a spiderlike pattern over considerable distances in the brain, often using white matter tracts or blood vessels as a scaffold and preventing radical surgery and radiotherapy. Diffuse infiltrative tumor growth does not strictly rely on neovascularization, as incorporated preexistent

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vasculature in these areas suffices to comply to the tumors' metabolic demands.<sup>3</sup> As the blood–brain barrier in these incorporated vessels is mostly intact, regions of diffuse tumor growth go largely unnoticed on contrast-enhanced (CE) MRI scans, which might result in an underestimation of tumor burden.<sup>4–8</sup> Also, the blood–brain barrier in diffuse infiltrative tumor areas complicates treatment with intravenously administered therapies.<sup>9</sup>

In the absence of curative treatment options, the presence of angiogenic areas in glioblastomas has made these tumors candidates for anti-angiogenic therapy.<sup>10–12</sup> Bevacizumab, a neutralizing antibody of vascular endothelial growth factor (VEGF) A, induces a radiological response in the majority of patients and may considerably improve quality of life.<sup>5,13,14</sup> Bevacizumab was FDA approved for treatment of recurrent glioma in 2009.

In the past years we have generated a number of orthotopic human glioma xenograft models by direct implantation of surgically obtained glioblastoma specimens in nude mice.<sup>15</sup> Unlike most cultured glioma cell lines that develop to circumscribed and angiogenic tumors upon intracerebral implantation (eg, U87<sup>16</sup>), our xenograft models have retained the capacity to grow via diffuse infiltration, sometimes concomitantly with local angiogenesis. It is increasingly recognized that these models that recapitulate the heterogeneous phenotypes of clinical glioma, including intact blood–brain barrier in diffuse areas, are of high value for preclinical investigations of antiglioma therapies.<sup>17</sup> We previously reported that treatment of diffuse glioma xenograft models with angiogenesis inhibitors (bevacizumab, vandetanib, sunitinib, and combinations thereof) affects compactly growing, angiogenesis-dependent regions in glioma but does not have an impact on the diffuse infiltrative phenotype.<sup>4,7,9</sup> These treatments did not improve overall survival in our models.

Whereas the perinecrotic angiogenic areas in clinical glioblastoma can be readily visualized in CE-MRI scans, this visibility drops rapidly when VEGF-targeted therapies are applied.<sup>5,18</sup> In our orthotopic glioma models, this effect is also observed, and it is well established that this does not represent an antitumor effect but is rather due to vascular normalization and (partial) restoration of the blood–brain barrier,<sup>4,7,9,19</sup> making it difficult to evaluate response to therapy via routine CE-MRI. We argued that noninvasive *in vivo* measurement of tumor metabolic characteristics is a better method to detect diffuse infiltrative glioma, as tumor metabolism does not depend on the status of the blood–brain barrier.

Here, we investigated whether metabolic mapping via multivoxel *in vivo* <sup>1</sup>H MR spectroscopic imaging (MRSI) is more appropriate to detect glioma progression under anti-angiogenic therapies and we examined the effects of these therapies on tumor metabolism.

## Materials and Methods

### Animals

Athymic female Baggb albino (BALB)/c nu/nu mice (18–25 g, age 6–8 wk) were kept under specified pathogen free

conditions and received food and water *ad libitum*. The local Animal Experimental Committee of the Radboud University Nijmegen Medical Centre (RUNMC) approved all experiments. E98 or E473 glioblastoma cells were injected orthotopically as described previously (~300 000 tumor cells per mouse).<sup>15</sup> Animals were closely monitored and subjected to MRS and MRI followed by sacrifice when evident signs of tumor burden (eg, >15% weight loss in 2 d, severe neurological abnormalities) were observed. In some cases, tumor-bearing animals were subjected to longitudinal measurements (T<sub>2</sub>-weighted imaging and MRSI). Brains were harvested and formalin fixed and paraffin embedded for further analysis.

### Therapy

Animals carrying E98 tumors were randomly divided into 3 groups. Treatment was started when signs of tumor growth became apparent, evidenced by the presence of edema in T<sub>2</sub>-weighted MRI (characteristically at day 13 post-implantation, not shown). Bevacizumab (Avastin, Genentech) was administered twice a week at a dose of 5 mg/kg in 100 μL phosphate buffered saline (PBS) via *i.p.* injection (*n* = 13). XL184 (cabozantinib, a combined VEGF receptor 2/c-Met tyrosine kinase inhibitor; Exelixis) was given by oral gavage by daily dosing at 100 mg/kg (*n* = 11). Placebo-treated mice (oral administration of PBS) were used as the control group (*n* = 15). Previous studies already showed that *i.p.* injection of PBS did not affect tumor growth, allowing us to use this control group for both treatment regimens. Treatment of mice carrying E473 human glioma xenografts, which grow in a highly diffuse fashion, has been described before.<sup>7</sup> E473-carrying mice, both controls and bevacizumab treated, were also subjected to the MRSI protocol to be described here (*n* = 4 or 5).

### MRI and MR Spectroscopy

Animals (*n* = 4 for each group) were anesthetized using 1%–2% isoflurane in a 70%/30% N<sub>2</sub>O/O<sub>2</sub> mixture and placed in a prone position in an MR cradle. Breathing was monitored throughout the MR experiment, and the animals' core temperature was maintained at 37.5°C using a continuous flow of warm air (SA Instruments).

MR investigations were performed on a 7T animal MR system (ClinScan, Bruker BioSpin) equipped with a clinical user interface (syngo MR, Siemens). All used MR sequences were adopted from their clinical counterparts and received minor modifications to allow for optimal usage of the available gradient and radiofrequency power without compromising compatibility with the clinical (postprocessing) platform. After acquisition, data were fitted in LCModel software, and choline (Cho), N-acetyl aspartate (NAA), and lactate (having <sup>1</sup>H resonances at 3.5 and 3.19 ppm; 2.01, 2.49, and 2.67 ppm; and 1.31 ppm, respectively) in 0.85-mm<sup>3</sup> voxels were quantified. Cho/NAA ratios were projected as 2D heat

maps superimposed on T<sub>2</sub>-weighted MR maps. Similarly, absolute lactate levels were depicted in heat maps. Further details on these analyses can be found in the Supplementary data. Cho/NAA ratios in sets of 4 independent voxels, chosen in CE or non-CE areas (as identified on hematoxylin and eosin [H&E] staining of corresponding sections), as well as in normal brain, were compared using a Mann–Whitney *U*-test.

CE-MRI was performed as described previously.<sup>4</sup> In short, after acquiring MRS data, T<sub>1</sub>-weighted images were acquired, followed by an intravenous bolus injection of 0.2 mL of gadolinium–diethylenetriamine pentaacetic acid (Gd-DTPA; 20 mMol/L; Magnevist, Schering). Additional sets of T<sub>1</sub>-weighted images were acquired 2 min after injection.

### Immunohistochemistry

Immunohistochemical stainings were performed as described before<sup>7</sup> with antibodies against glucose transporter 1 (GLUT1; a constitutive marker for normal brain capillary endothelial cells and for hypoxic tumor cells; Neomarkers), monocarboxylate transporter 1 (MCT1; a lactate importer, expressed near and in glycolytic cells) and MCT4 (a lactate exporter, expressed by glycolytic cells; both MCTs from Santa Cruz Biotech), and hypoxia-inducible factor 1- $\alpha$  (HIF1 $\alpha$ ; clone 54, BD Biosciences Pharmingen). Anti-carbonic anhydrase (CA)–IX (M75) antibody was a generous gift from Dr E. Oosterwijk (RUNMC). For HIF1 $\alpha$  staining, the signal was additionally amplified using catalyzed reporter deposition.<sup>20</sup> In some cases, tumor-bearing animals were injected with pimonidazole prior to sacrifice, after which the accumulated pimonidazole in hypoxic tumor areas was visualized using a specific rabbit antiserum (Hydroxyprobe Omni kit), a generous gift of Ing H. Peters (RUNMC).<sup>21</sup>

## Results

### Detectability of Glioma by MRSI

The poor visibility in CE-MRI of diffuse infiltrative areas in clinical and preclinical models of glioblastoma, a phenotype that is characteristically present in untreated tumors and is increased upon treatment with angiogenesis inhibitors,<sup>4,9,22</sup> led us to investigate whether the metabolic profile of tumor cells in these areas allows visualization via multivoxel MRSI. NAA is a metabolite that is synthesized by neurons in abundant amounts, whereas Cho compounds are precursors of cell membrane components that increase in cells after malignant transformation.<sup>23</sup> Both NAA and Cho-containing compounds (total choline, tCho) can be detected by chemical shift imaging in <sup>1</sup>H MRSI. Increased tCho and decreased NAA tissue levels are hallmarks of brain tumor growth, and tCho over NAA ratios (Cho/NAA) are increased in gliomas, discriminating tumor from normal brain tissue with a specificity of 86% and a sensitivity of 90%.<sup>24–26</sup> E98 xenografts present with the heterogeneous phenotypes that

are also present in clinical gliomas and respond similarly to anti-angiogenic treatment with respect to loss of MRI visualization.<sup>4,7,9</sup> Compared with normal mouse brain (Fig. 1A), E98 xenografts present with highly elevated tCho/NAA, both in compactly growing (Fig. 1B) and diffuse infiltrative E98 areas (Fig. 1C). Panels D–F in Fig. 1 show spectra corresponding to the respective encircled voxels in panels A–C. Voxels with elevated ratios colocalize with tumor, as established by Gd-DTPA-enhanced T<sub>1</sub>-weighted MRI (see the post/pre subtraction image in Fig. 1G) and H&E staining of corresponding brain sections (Fig. 1I and J). Note that the diffuse tumor in panel J is hardly detectable on CE-MRI (panel H) but results in elevated Cho/NAA ratios (panels C–F).

### MRSI of Glioma Under Anti-angiogenic Treatment

To investigate whether the tCho/NAA ratios could be utilized for detection of diffuse infiltrative glioma under anti-angiogenic treatment, we treated E98- and E473-bearing mice with bevacizumab. Treated animals were sequentially subjected to MRSI and CE-MRI. Whereas Gd-DTPA-enhanced imaging showed a greatly diminished signal compared with that in nontreated E98 mice (Fig. 2B, compare with Fig. 1G), MRS mapping of the tCho/NAA ratio revealed extensive presence of tumor (Fig. 2A and D). Comparison with corresponding H&E-stained brain sections (Fig. 2C) showed that despite the relatively low resolution, the tumor was far better delineated by <sup>1</sup>H MRS than by CE-MRI.

To exclude that these findings were somehow specific to E98 xenografts, we performed similar experiments with the E473 xenograft model. E473 tumors grow in a diffuse infiltrative manner without evidence of an angiogenic response.<sup>15</sup> We previously showed that the apparent absence of angiogenesis coincides with a lack of response to bevacizumab.<sup>7</sup> Similar to the results obtained with E98 tumors, CE-MRI was not able to delineate tumor in E473 xenografts (Fig. 2F),<sup>7</sup> whereas MRSI revealed extensive tumor involvement (Fig. 2E) consistent with histology (Fig. 2G). The ratio of tCho/NAA in the CE area in Fig. 2B was  $2.9 \pm 0.84$  (mean  $\pm$  SD of 4 voxels in the red boxed area in inset) and did not differ from tCho/NAA ratios outside the CE area ( $2.64 \pm 0.83$ ; mean  $\pm$  SD of 4 voxels in green boxed area;  $P = .69$ ). These numbers were significantly higher than tCho/NAA ratios in voxels outside the tumor area and in nonneoplastic mouse brain ( $0.45 \pm 0.38$  and  $0.49 \pm 0.12$ , respectively;  $P = .03$  for both comparisons; see Fig. 2H).

In our experience, tyrosine kinase inhibitors of VEGF receptor 2 can be more effective in normalizing tumor blood vessels in glioma xenografts than can bevacizumab.<sup>4,7</sup> We have previously published that cabozantinib, a tyrosine kinase inhibitor with specificity for VEGF receptor 2, Met, and Ret, fully reduces blood vessel leakage in E98 xenografts, resulting in tumors that are invisible in CE-MRI (Fig. 2J).<sup>27</sup> In agreement with the E98 and E473 data, MRSI heat maps of tCho/NAA were indicative of extensive tumor presence (Fig. 2I, compare with H&E staining in Fig. 2K).

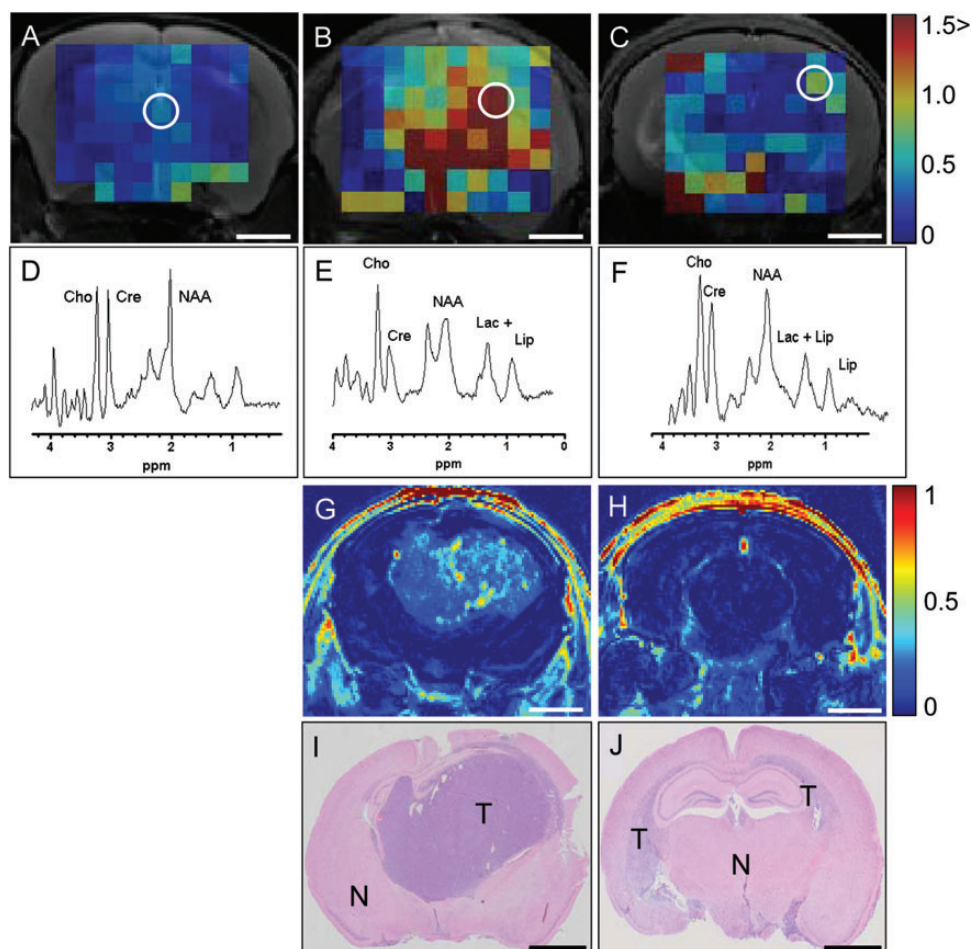


Fig. 1. MRSI visualizes the diffuse infiltrative E98 tumor component better than CE-MRI. Representative *in vivo* tCho/NAA (scaled 0–1.5) MRSI metabolic maps of (A) 1 non-tumor-bearing control brain and (B and C) 2 untreated brains infiltrated with E98 xenografts. E98 tumors characteristically display compact, angiogenic growth as well as diffuse infiltrative growth, the ratio of these being variable. For clarity, a tumor with profound compact growth and relatively small areas of infiltrative growth (B, E, G, I) and one with the converse ratio (C, F, H, J) are shown. Panels D–F show spectra ( $T_E = 24$  ms) of the respective white encircled voxels in panels A–C. Cho, creatine (Cre), NAA, lipid, and lactate peaks are indicated. Panels G and H show contrast enhanced (Gd-DTPA) MRI delta map ( $S_{\text{post}} - S_{\text{pre}}/S_{\text{pre}}$ ) of corresponding slices of the tumor-bearing animals. Note that contrast agent entered the brain in panels G and H, indicated by the high signal intensity in the skull and skin. Panels I and J show matched endpoint H&E histology. Size bars correspond to 2 mm. Abbreviations: T, tumor; N, normal.

### *Glycolysis in E98 Xenografts Is Limited to Focal Areas of Hypoxia*

Inhibition of angiogenesis has been shown to result in hypoxia and an increase of glycolysis in glioma.<sup>28</sup> Based on the observed lack of hypoxia in diffuse areas of glioma, also after anti-angiogenic treatment,<sup>7,29</sup> we evaluated the extent of glycolysis during development of E98 xenografts by directly measuring tissue lactate levels in treated and nontreated E98 xenografts. In addition to MRSI at short echo time ( $T_E$ ; 24 ms), we acquired data at  $T_E = 144$  ms, allowing quantification of tissue lactate concentrations (representative examples shown in Fig. 3N). At this long echo time, the lactate peak at 1.3 ppm shows a characteristic inversion due to the strong J-coupling of the lactate  $\text{CH}_3$  and CH proton spins. Furthermore, at long echo times, the contribution

of overlapping lipids (as is present at  $T_E = 24$  ms) is minimized by their short  $T_2$  relaxation time.

Lactate levels were low in control-treated E98-bearing mice (Fig. 3B and E, compare with panels A, C, D, and F, which show elevated Cho/NAA levels in tumor-containing voxels; note that this is the same mouse presented in Fig. 1). Bevacizumab treatment clearly induced glycolysis, as reflected by gradually increasing lactate levels at D13, D20, and D26, representing days 0, 7, and 13 after start of treatment (Fig. 3H, J, L, mean concentration at D26:  $9.9 \pm 2.2$  mM in compact tumor areas, as established by corresponding histology [ $n = 76$  voxels] vs 2.6 mM in control mice [ $n = 495$  voxels],  $P < .0001$ ). In the tumor periphery, however, large areas of highly elevated Cho/NAA ratios were detected (Fig. 3I and K), with relatively low lactate (Fig. 3J and L). Tumor heterogeneity with respect to lactate production

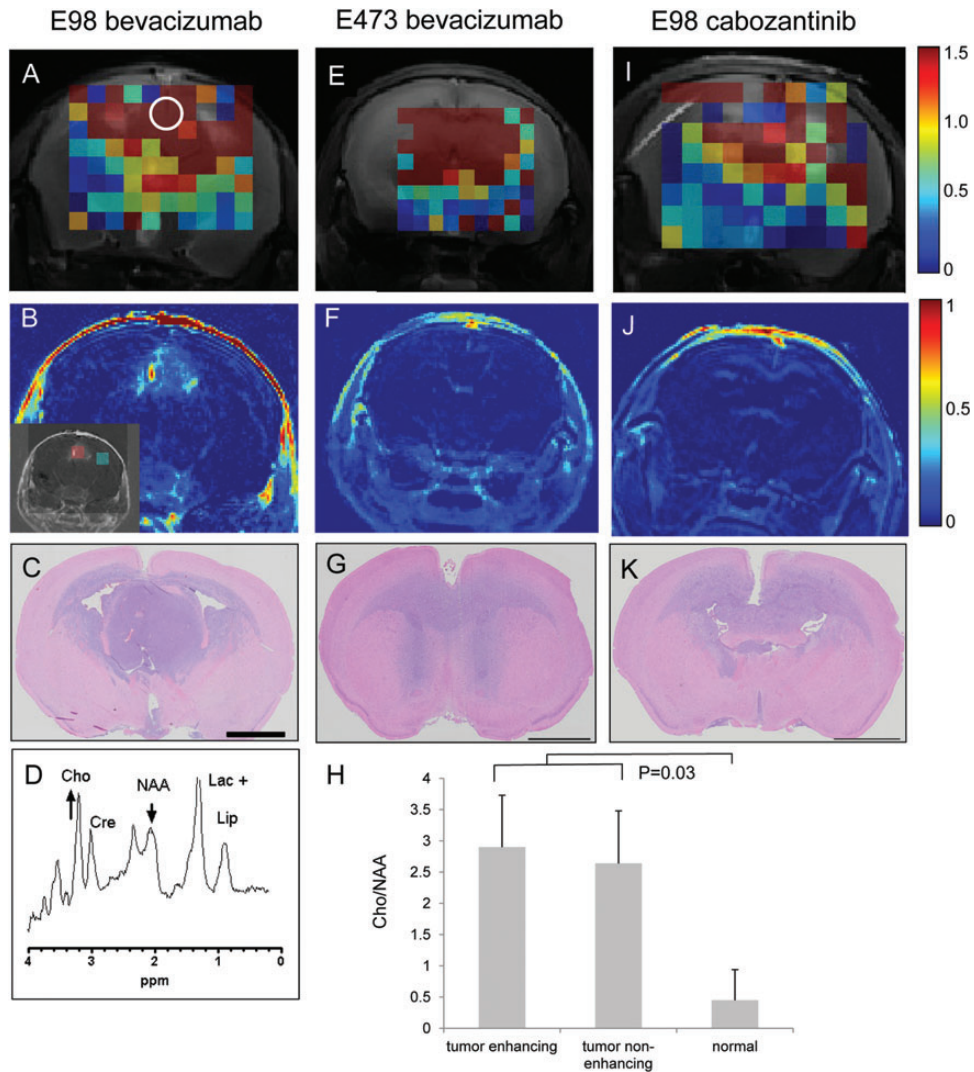


Fig. 2. MRSI visualization of bevacizumab-treated E98 xenografts. Cho/NAA (scaled 0–1.5) MRSI metabolic map of representative mouse brains with (A and I) E98 tumor or (E) E473 tumor after treatment with (A, E) bevacizumab and (I) cabozantinib. The short echo time (24 ms) spectrum of the white encircled voxel in panel A is depicted in D. Note that the MRSI correlates better with histology (H&E staining in C, G, K) than contrast enhanced (Gd-DTPA) MRI; see delta map ( $S_{\text{post}} - S_{\text{pre}}$ )/ $S_{\text{pre}}$  in B, F, and J. The inset in panel B shows a red and a green area (corresponding to enhancing and non-enhancing tumor) in which Cho/NAA ratios were quantified. These data, together with Cho/NAA ratios from nonneoplastic brain, are presented in H. Size bars in C–K correspond to 2 mm. Note that only the central part of the brain is included in the metabolic maps, as the boundaries between brain and other tissues severely compromise the quality of spectra collected from these regions.

stresses the importance of performing multivoxel instead of single voxel MRSI. Importantly, after cabozantinib treatment, a number of mice showed only diffuse infiltrative growth with no detectable hypoxia markers.<sup>27</sup> Whereas tumor was readily detected by tCho/NAA mapping (Fig. 3N), lactate levels were even lower than after bevacizumab treatment in these mice (Fig. 3O, compare with 3P).

The diffuse infiltrative tumor that remains after anti-angiogenic therapy takes advantage of the high cerebral vascular density for its blood supply. As these areas are well perfused (as indicated by the absence of hypoxia), lactate may be rapidly drained from the tumor, resulting

in underestimation of lactate levels. In this scenario, glycolytic cells should express MCTs to facilitate efficient lactate secretion, and CA-IX to prevent intracellular acidosis.<sup>30</sup> GLUT1 and MCT4 were absent in diffusely growing tumor cells (Fig. 4A, arrows point to diffuse infiltrative cells), and this was also true for MCT1, HIF1 $\alpha$ , and CA-IX (data not shown). Similar results were previously obtained with diffuse E473 xenografts.<sup>7</sup> This contrasted with the situation in compact tumor regions where significant areas stained positive for GLUT1 and MCT4 proteins in a pattern that was reminiscent of central hypoxia (arrowheads in Fig. 4A). Hypoxia was far more pronounced in compact areas in response to

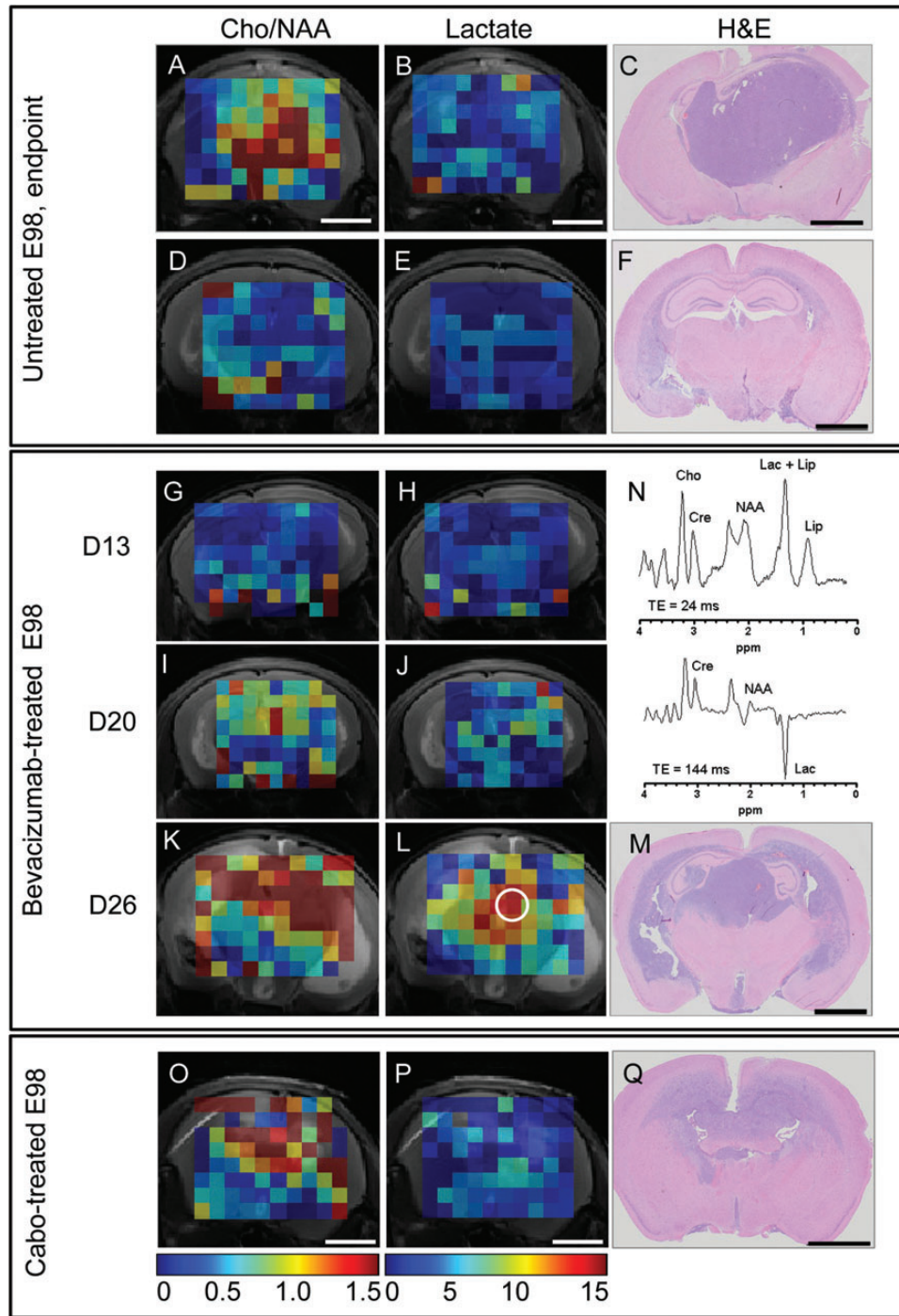


Fig. 3. Bevacizumab treatment results in a highly localized increase in lactate production in E98 xenografts. Panels A and D show maps of Cho/NAA metabolite ratios (range 0–1.5, values obtained using  $T_E = 24$  ms); in panels B and E, absolute lactate concentrations are depicted (range 0–15 mM, values obtained using  $T_E = 144$  ms). C and F represent H&E stained corresponding coronal sections (same animals as shown in Fig. 1). (A–F) untreated; (G–M) bevacizumab-treated. Panels G–H, I–J, and K–L represent MRS maps at days 13, 20, and 26 post tumor implantation, which corresponds to days 0, 7, and 13 of bevacizumab treatment. Note in panels J and L that lactate levels gradually increase after treatment with bevacizumab, but predominantly in compact tumor areas. Panel N shows a representative short (24 ms) and long (144 ms) echo time MR spectrum of a selected voxel of the bevacizumab-treated animal (day 26, white encircled voxel in panel L). Panels O–Q represent mouse brains with E98 xenografts after treatment with cabozantinib. Note that only low levels of lactate are observed (P), whereas high Cho/NAA ratios are detected throughout the tumor (O). All metabolite values were obtained using LCModel and plotted regardless of the Cramér–Rao lower bound value of the fits. Voxels in which one of the metabolites could not be fitted by LCModel are omitted. Size bars correspond to 2 mm.

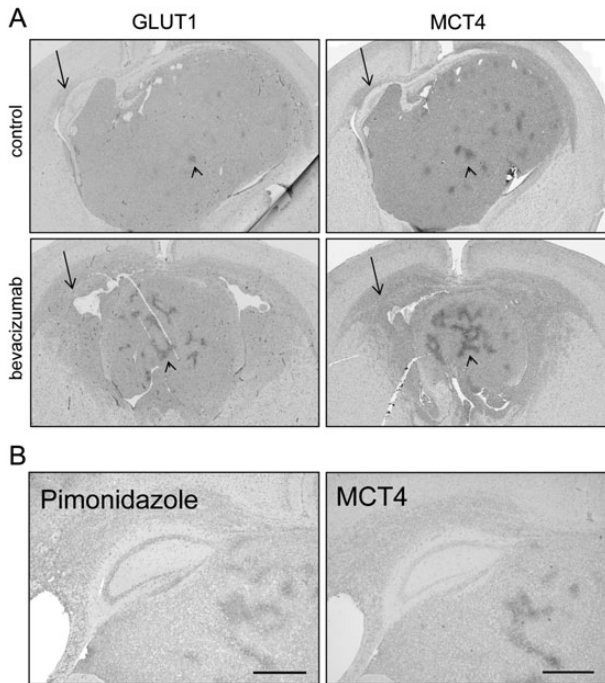


Fig. 4. Hypoxia levels in E98 xenografts upon treatment. Representative immunohistochemistry of the hypoxia markers GLUT1 and MCT4 in (A) untreated and bevacizumab-treated tumor-bearing animals. (B) MCT4 expression correlates well with pimonidazole accumulation and further demonstrates that hypoxia is limited to foci in central compact tumor areas only. Size bars: 1 mm.

bevacizumab treatment (lower panels in Fig. 4A), and this is in agreement with previous data.<sup>7</sup>

To further prove that excessive glycolysis in our models was confined to areas of hypoxia, we injected mice just before sacrifice with pimonidazole, accumulation of which is the gold standard for hypoxia,<sup>31</sup> and stained serial sections of treated E98 xenografts for GLUT1, MCT4, and pimonidazole. As shown in Fig. 4B, MCT4 especially had a strong colocalization with pimonidazole, and this staining pattern largely colocalized with GLUT1 (data not shown).

In conclusion, comparison of the lactate map in Fig. 3L with histological analysis in Fig. 3M and immunohistochemical data from Fig. 4 strongly suggests that elevated lactate levels concentrate in areas of hypoxia. The absence of glycolysis-related proteins in diffuse tumor areas, together with the absence of elevated lactate levels, suggests that tumor cells in these areas do not excessively depend on glycolysis for their growth.

## Discussion

The lack of reliable modalities to visualize the diffuse infiltrative component of glioblastoma, especially after treatment with anti-angiogenic compounds, is a serious problem in neuro-oncology. The necessity for novel

imaging modalities is emphasized by the recent finding from randomized clinical trials that despite dramatic radiological responses upon bevacizumab treatment, overall survival of glioblastoma patients was not improved.<sup>32,33</sup>

CE-MRI is the common standard in routine examinations of brain tumors, but it is not able to delineate the entire tumor volume, and detectability is even more decreased upon VEGF inhibition, a phenomenon that was confirmed in multiple orthotopic glioma xenograft models after treatment with different anti-angiogenic compounds.<sup>4,7</sup> Recently, new guidelines for response assessment of high-grade gliomas were proposed by the Revised Assessment in Neuro-Oncology consortium, in which  $T_2$ -weighted and fluid-attenuated inversion recovery (FLAIR) imaging is used to detect invasive non-enhancing tumor areas.<sup>34</sup>  $T_2$ -FLAIR imaging visualizes tumors to some extent but has a number of limitations as well. Again, therapy may complicate  $T_2$ -based tumor detection<sup>18</sup> due to vessel normalization and resulting edema reduction. We routinely performed  $T_2$ -weighted imaging of the mice in the current study and indeed found that  $T_2$ -weighted imaging in general was a less reliable measure of tumor volume (not shown).

Thus, novel diagnostic modalities that properly visualize tumor extent and provide patients with realistic information on therapeutic effects and prognosis are urgently needed. In recent years, specific physiological and metabolic MR methods have been implemented to assess response to brain tumor treatment, such as imaging relative cerebral blood volume, water diffusion in tissue (diffusion weighted imaging), and MRSI of metabolites.<sup>26,35–39</sup> The potential of these approaches to reliably detect tumor load and spread and thus to circumvent the registration of mainly pseudoresponses in anti-angiogenic treatments is currently a topic of intense research. As proper validation of this potential may be difficult in patients, studies of orthotopically growing human brain tumors in animals is important for validation.

We show here in 2 independent orthotopic glioma xenograft models, both displaying the characteristic diffuse infiltrative growth of glioma, that  $^1\text{H}$  MRSI of tCho/NAA ratios identifies the presence of infiltrative tumor tissue better than CE-MRI. This metabolism-based visualization is not hampered by vessel-normalizing effects (ie, functional restoration of blood–brain barrier) of anti-angiogenic compounds. With increasing accessibility of high-field MR equipment and robust spectroscopic imaging acquisition software also in the clinic,<sup>40,41</sup> inclusion of  $^1\text{H}$  MRSI-based visualization of glioblastoma growth becomes feasible and an attractive and promising modality. Of importance, this technology may also yield further information on the metabolic status of tumors that could aid in tumor classification.<sup>42</sup>

Whereas bevacizumab treatment resulted in increased hypoxia in E98 xenografts, corroborating a previous report,<sup>28</sup> our multivoxel analysis revealed that lactate levels were increased in areas of hypoxia only. Cabozantinib treatment resulted in predominantly diffuse infiltrative tumors, often without any sign of hypoxia, and this was corroborated by the absence of

significantly elevated levels of lactate. The combined findings suggest that anti-angiogenic treatment induces glycolysis only in compactly growing areas in which a rapid shutdown of blood supply may result in local hypoxic conditions. Possibly, the local shutdown of blood supply and the resulting poor washout in glycolytic areas contributes to even higher accumulation of lactate. Also in E473 glioma xenografts, no glycolysis markers could be detected, even after treatment with bevacizumab.<sup>7</sup> Our finding of limited glycolysis in glioma is therefore not a one-model artifact. Furthermore, since glycolysis markers cannot be found in diffuse infiltrating tumor cells in clinical samples,<sup>43</sup> these findings seem to have clinical relevance. Recent studies in glioma patients and in mice carrying orthotopic patient-derived glioma xenografts revealed that in glioma, mitochondrial oxidative phosphorylation predominates over glycolysis.<sup>44,45</sup> This is in line with our findings and does not conform to the Warburg hypothesis that tumor cells depend more on glycolysis than on mitochondrial oxidative phosphorylation.<sup>46</sup> It is likely that the potential for extensive vessel co-option by glioma cells, a result of the dense vascular bed in the brain, equips the diffusely infiltrating glioma cells with sufficient oxygen and nutrients to allow mitochondrial metabolism to proceed. Only in highly proliferative tumor areas that outgrow the local blood supply may hypoxia develop, resulting in a shift of the glycolysis/oxidative phosphorylation equilibrium toward glycolysis. In a previous report, a symbiotic relationship was suggested between hypoxic and normoxic tumor areas.<sup>47</sup> In this paper it is suggested that lactate, produced by hypoxic cells, is taken up by normoxic cells via MCT1. As we did not find increased MCT1 expression in diffuse infiltrative tumor cells in our models, it is not clear to what extent this phenomenon applies to our xenografts.

Glycolysis is gaining interest as a therapeutic target—for instance, with inhibitors like dichloroacetate.<sup>48</sup> This pyruvate dehydrogenase kinase inhibitor has been proposed as a potential adjuvant treatment to bevacizumab.<sup>28</sup> Indeed, cells that shifted their metabolism to glycolysis as a result of bevacizumab treatment would be forced to turn to mitochondrial oxidative phosphorylation and this would result in cell death in the absence of oxygen.<sup>49–53</sup> Our data show that the effects of glycolysis inhibition on E98 tumor growth would be limited to hypoxic tumor areas, leaving the larger volume of diffuse infiltrative tumor unaffected.

Yet, the highly heterogeneous nature of clinical glioblastoma makes it worthwhile to generate <sup>1</sup>H MRS-based maps of Cho/NAA and lactate. Patients in whom a significant fraction of the tumor is glycolytic (as determined by the total voxel volume with elevated lactate/total voxel volume with elevated Cho/NAA) may indeed significantly benefit from therapy with dichloroacetic acid. In this way MRSI can help in selecting patients who are eligible for antiglycolytic treatment.

Besides pruning of newly formed vessels, bevacizumab treatment has been proposed to normalize tumor blood vessels and improve tumor perfusion and

oxygenation, thereby increasing susceptibility to radio- and chemotherapy.<sup>54</sup> In our study, treatment with bevacizumab increased the hypoxic tumor cell fraction in compact E98 areas, an effect that was also seen previously with vandetanib.<sup>9</sup> This is in agreement with a model in which bevacizumab rapidly decreases blood flow to compact growing tumor areas, rather than improving perfusion. We propose that anti-angiogenic treatment of tumor areas that have undergone the angiogenic switch<sup>55</sup> will result in consolidation of vasculature in these areas. Continuing tumor expansion in the absence of novel vascularization (initially via vascular co-option<sup>3</sup>) will result in increased hypoxia. On the other hand, in earlier-stage tumors in which the angiogenic switch did not yet occur, treatment would prevent development of these areas, resulting in diffuse tumor growth exclusively.

In conclusion, we have shown that MRSI is superior to CE-MRI for a reliable noninvasive evaluation of therapeutic effects in the anti-angiogenic treatment of gliomas and yields additional information about tumor metabolism that may be exploited for individualized treatment. We further showed that infiltrating glioma cells in our models did not display the glycolytic phenotype that has been suggested to be a hallmark of tumors (ie, the Warburg effect).

## Supplementary Material

Supplementary material is available online at *Neuro-Oncology* (<http://neuro-oncology.oxfordjournals.org/>).

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