

# Triene prostaglandins: Prostacyclin and thromboxane biosynthesis and unique biological properties

(5,8,11,14,17-eicosapentaenoic acid/endoperoxides)

PHILIP NEEDLEMAN\*, AMIRAM RAZ\*, MARK S. MINKES\*, JAMES A. FERRENDELLI\*, AND HOWARD SPRECHER†

\*Departments of Pharmacology and Surgery, Washington University School of Medicine, St. Louis, Missouri 63110; and †Department of Physiological Chemistry, Ohio State University, Columbus, Ohio 43210

Communicated by Oliver H. Lowry, November 6, 1978

**ABSTRACT** Platelets enzymatically convert prostaglandin  $H_3$  ( $PGH_3$ ) into thromboxane  $A_3$ . Both  $PGH_2$  and thromboxane  $A_2$  aggregate human platelet-rich plasma. In contrast,  $PGH_3$  and thromboxane  $A_3$  do not.  $PGH_3$  and thromboxane  $A_3$  increase platelet cyclic AMP in platelet-rich plasma and thereby: (i) inhibit aggregation by other agonists, (ii) block the ADP-induced release reaction, and (iii) suppress platelet phospholipase- $A_2$  activity or events leading to its activation.  $PGI_3$  ( $\Delta^{17}$ -prostacyclin; synthesized from  $PGH_3$  by blood vessel enzyme) and  $PGI_2$  (prostacyclin) exert similar effects. Both compounds are potent coronary relaxants that also inhibit aggregation in human platelet-rich plasma and increase platelet adenylate cyclase activity. Radioactive eicosapentaenoate and arachidonate are readily and comparably acylated into platelet phospholipids. In addition, stimulation of prelabeled platelets with thrombin releases comparable amounts of eicosapentaenoate and arachidonate, respectively. Although eicosapentaenoic acid is a relatively poor substrate for platelet cyclooxygenase, it appears to have a high binding affinity and thereby inhibits arachidonic acid conversion by platelet cyclooxygenase and lipoxigenase. It is therefore possible that the triene prostaglandins are potential antithrombotic agents because their precursor fatty acids, as well as their transformation products,  $PGH_3$ , thromboxane  $A_3$ , and  $PGI_3$ , are capable of interfering with aggregation of platelets in platelet-rich plasma.

We previously demonstrated (1) that the fatty acid 5,8,11,14,17-eicosapentaenoic acid (C20:5) was converted by sheep seminal vesicle cyclooxygenase into a labile contractile substance that was a mixture of prostaglandin (PG) endoperoxides  $PGG_3$  and  $PGH_3$  (1). The 3-series endoperoxides were then enzymatically converted by platelet microsomes into a potent labile vasoconstrictor that was presumed to be thromboxane  $A_3$  (1, 2). In addition, application of purified  $PGH_2$  (produced from arachidonic acid) or  $PGH_3$  to isolated spiral strips of bovine coronary artery caused a transient relaxation, whereas  $PGH_1$  (produced by 8,11,14-eicosatrienoic acid) contracted the coronary strip (3). The primary product generated by bovine coronary arteries or by isolated perfused rabbit hearts from [ $^{14}C$ ]arachidonic acid was 6-keto- $PGF_{1\alpha}$  (4-6), the stable end product formed from prostacyclin ( $PGI_2$ ) (7) whereas [ $^{14}C$ ]eicosatrienoic acid was only converted to  $PGE_1$  (4, 8). These results indicated that the  $\Delta^5$  double bond of PG endoperoxides is required for prostacyclin synthesis. Thus,  $PGH_2$  is the precursor of  $PGI_2$  and its stable aqueous end product 6-keto- $PGF_{1\alpha}$ , and  $PGH_3$  which is an active coronary relaxant was presumably converted to  $PGI_3$  and ultimately degraded to its presumed end product  $\Delta^{17}$ -6-keto- $PGF_{1\alpha}$ . However, no direct chemical or biological proof of this latter pathway has been reported.

Comparative study of the actions of metabolites of arachi-

donate and eicosapentaenoate on platelets in platelet-rich plasma (PRP) produced unexpected results. Arachidonate,  $PGH_2$ , and thromboxane  $A_2$  were potent aggregators of human platelets but, in sharp contrast, the eicosapentaenoic acid,  $PGH_3$ , or thromboxane  $A_3$  did not cause platelet aggregation (1, 2). Recently, this latter observation was given potential physiological perspective by the finding that Eskimos who have a bleeding tendency have elevated eicosapentaenoate and depressed arachidonate levels in their blood lipid fraction (9). It was suggested that endogenous  $PGI_3$  synthesis from eicosapentaenoate by vasculature contributed to the bleeding tendency (9). However, no direct evidence of  $PGI_3$  synthesis was presented, such as isolation and chromatographic identification of products or abolition of the synthesis of the antithrombotic substance with a prostacyclin synthetase inhibitor such as 15-hydroperoxyarachidonic acid. In addition, there is no evidence to indicate if the Eskimos' bleeding disorder is due to a coagulation defect or to a platelet defect.

In the current investigation we document, biologically and chemically, the synthesis of  $PGI_3$  and its inactive metabolite  $\Delta^{17}$ -6-keto- $PGF_{1\alpha}$  and of thromboxane  $A_3$  and its metabolite thromboxane  $B_3$ . Furthermore, we analyze the unique actions of the triene PGs on human PRP and demonstrate an intrinsic platelet mechanism whereby  $PGH_3$  or thromboxane  $A_3$  inhibits aggregation by pro-aggregatory molecules.

## MATERIALS AND METHODS

**Materials.** 5,8,11,14,17-[1- $^{14}C$ ]Eicosapentaenoic acid (20:5), 7.2 Ci/mol, was prepared by total organic synthesis (10). [ $^{14}C$ ]  $PGH_3$  was enzymatically synthesized (7-min incubation) and purified as described (1, 11). 15-Hydroperoxyarachidonic acid, an *in vitro* prostacyclin synthetase inhibitor (12), was synthesized with soybean lipoxigenase (13). Bovine aorta microsomes (BAM) were used as the source of prostacyclin synthetase and were prepared from freshly dissected vessels as described (5). Aspirin-treated platelet microsomes (APM) were employed as the source of thromboxane synthetase and prepared as previously described (1).

**Vascular Smooth Muscle Bioassay.** The bovine coronary artery and rabbit thoracic aorta assay tissues were hung in a vertical superfusion cascade and continuously bathed with Krebs-Henseleit solution (95%  $O_2$ /5%  $CO_2$ ) at 10 ml/min as described (14-16).

**Platelet Aggregation.** Citrated human PRP or washed platelets were prepared as described (17).

**Prostacyclin and Thromboxane Generation.** The endoperoxide ( $PGH_2$  or  $PGH_3$ ) in acetone was dried in a stream of  $N_2$  and resuspended in 25  $\mu$ l of phosphate buffer (50 mM, pH

The publication costs of this article were defrayed in part by page charge payment. This article must therefore be hereby marked "advertisement" in accordance with 18 U. S. C. §1734 solely to indicate this fact.

7.4). Twenty microliters (80  $\mu$ g of protein) of BAM was added to the endoperoxides and incubated for 1 min at room temperature.

Twenty-five microliters (200  $\mu$ g of protein) of APM was added to endoperoxide dissolved in phosphate buffer and incubated at 0°C for 2 min. The thromboxane synthetase inhibitor imidazole (18) was preincubated (5 mM) with the APM (or intact platelets) for 5 min.

**Platelet Radiochemical Experiments.** The  $^{14}$ C-labeled endoperoxide ( $[^{14}\text{C}]\text{PGH}_2$  at 100,000 cpm or  $[^{14}\text{C}]\text{PGH}_3$  at 60,000 cpm) was incubated with washed platelets (0.4 ml) at 37°C for 15 min, acidified to pH 3.5 with 2M formic acid, and extracted twice with 2 vol of ethyl acetate. The extract was dried and applied together with unlabeled PG standards (kindly supplied by The Upjohn Company) to silica gel plates. The solvent system was benzene/dioxane/acetic acid, 60:30:3 (vol/vol).

**$^{14}\text{C}$ Prostacyclin Generation.** The  $^{14}\text{C}$ -labeled endoperoxides were dissolved in 25  $\mu$ l of phosphate buffer and incubated with 25  $\mu$ l of BAM at 37°C for 5 min. Acidification and extraction were carried out as described above. The solvent system (system A-9) was the organic phase from ethyl acetate/acetic acid/2,2,4-trimethylpentane/water, 110:20:50:100 (vol/vol).

**Platelet Phospholipid Labeling Technique.** Human blood was withdrawn into a syringe containing 1/13th vol of 77 mM EDTA and centrifuged for 10 min at 120  $\times$  g; the supernate was centrifuged at 4000 rpm for 6 min. The platelets were resuspended in 0.67 vol of albumin phosphate (33 mM, pH 6.5) containing 1 mg of glucose, 6.6 mg of NaCl, and 5 mg of fatty acid-poor bovine serum albumin per ml.  $[^{14}\text{C}]$ Arachidonic acid (5  $\mu$ g,  $1.67 \times 10^6$  cpm) or  $[^{14}\text{C}]$ eicosapentaenoic acid (25  $\mu$ g,  $1.6 \times 10^6$  cpm) was dissolved in 100  $\mu$ l of Tris buffer (100 mM, pH 9.0) and added to the platelet suspension which was incubated for 30 min at 37°C. The labeled platelets were centrifuged at

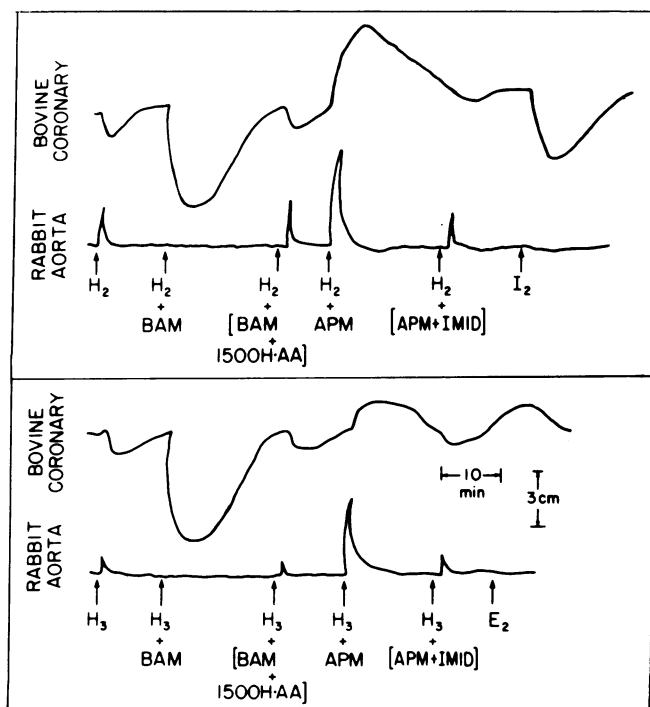


FIG. 1. Responsiveness of isolated blood vessels to various diene and triene PGs. H<sub>2</sub>, PGH<sub>2</sub>, 250 ng; BAM, bovine aorta microsomes, 20  $\mu$ l of 4 mg of protein/ml; 15 OOH-AA, 15-hydroperoxyarachidonic acid, 3  $\mu$ g; APM, aspirin-treated platelet microsomes, 25  $\mu$ l of 8 mg of protein/ml; IMID, imidazole, 5 mM; I<sub>2</sub>, PGI<sub>2</sub> (prostacyclin), 100 ng; H<sub>3</sub>, PGH<sub>3</sub>, 250 ng; E<sub>2</sub>, PGE<sub>2</sub>, 500 ng.

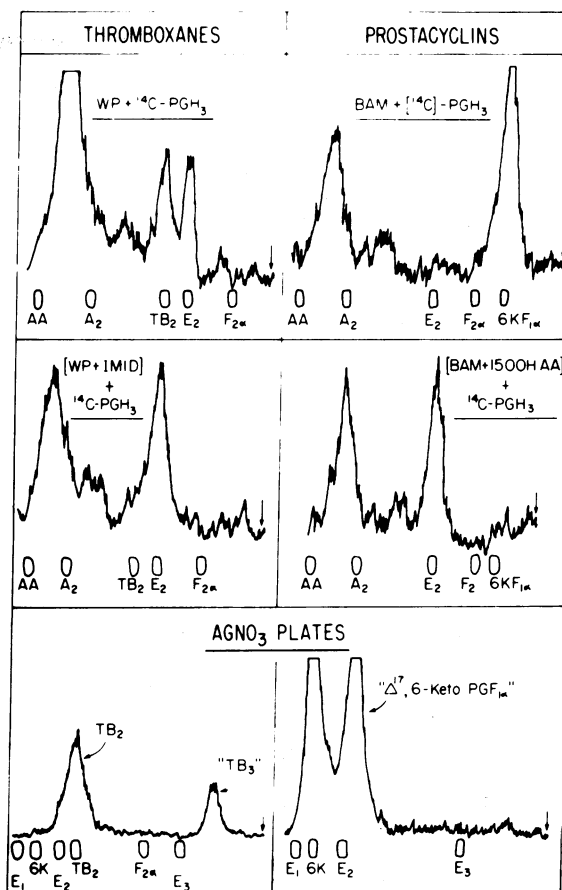


FIG. 2. Radiochromatograms of PG products obtained from PGH<sub>3</sub>. (Left) Washed platelet (WP) incubations separated in benzene/dioxane/acetic acid, 60:30:3 (vol/vol). The radioactive peaks corresponding to thromboxane B<sub>2</sub> and thromboxane B<sub>3</sub> were rechromatographed on AgNO<sub>3</sub> plates in chloroform/methanol, 80:20 (vol/vol). (Right) Prostacyclin products. Unlabeled standards, shown at the bottom of each chromatogram, include: AA, arachidonic acid; A<sub>2</sub>, PGA<sub>2</sub>; TB<sub>2</sub>, thromboxane B<sub>2</sub>; E<sub>2</sub>, PGE<sub>2</sub>; F<sub>2α</sub>, PGF<sub>2α</sub>; E<sub>1</sub>, PGE<sub>1</sub>; E<sub>2</sub>, PGE<sub>2</sub>; D<sub>2</sub>, PGD<sub>2</sub>; 6KF<sub>1α</sub>, or 6K, 6-keto-PGF<sub>1α</sub>.

2000 rpm for 5 min and resuspended in calcium-free Krebs-Henseleit medium (pH 7.4).

**Platelet Cyclic Nucleotide and ADP.** Platelet cyclic AMP levels (at 60 sec) were determined by radioimmunoassay as described (19). The concentration of ADP released from aggregated platelets was measured enzymatically as described (17).

## RESULTS

**Biological and Radiochemical Characterization of PGI<sub>3</sub> and Thromboxane A<sub>3</sub>.** Application of endoperoxide PGH<sub>2</sub> or PGH<sub>3</sub> resulted in a modest coronary relaxation and an aorta contraction (Fig. 1; ref. 3). Both endoperoxides were readily converted by BAM to a powerful coronary relaxant with the concomitant loss of any intact endoperoxide as evidenced by the loss of the aorta constrictor. The enzymatically generated labile coronary relaxant is presumably PGI<sub>3</sub> because its synthesis is blocked by the prostacyclin synthetase inhibitor 15-hydroperoxyarachidonic acid. PGH<sub>1</sub>, which lacks the  $\Delta_5$  double bond necessary for the prostacyclin ring structure, is not converted by BAM to a coronary relaxant (3, 4, 8). Similarly, when the endoperoxides PGH<sub>2</sub> and PGH<sub>3</sub> were incubated with platelet microsomes, potent labile constrictor substances were generated. This enzymatic generation was blocked by imidazole, a thromboxane synthetase inhibitor.

Incubation of  $[^{14}\text{C}]\text{PGH}_3$  with washed platelets generated a radioactive peak that comigrated with thromboxane B<sub>2</sub> in the

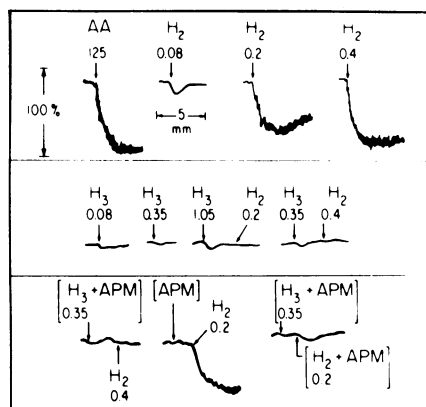


FIG. 3. Comparison of effects of diene and triene endoperoxide products (abbreviations as in Fig. 2; numbers are  $\mu\text{g}$ ) on aggregation of human PRP.

benzene/dioxane/acetic acid solvent (Fig. 2 left). Pretreatment of the washed platelets with imidazole blocked the formation of a thromboxane-like peak and led to the appearance of PGE<sub>2</sub>. The thromboxane B<sub>2</sub> or B<sub>3</sub> chromatography zone generated by the incubation of washed platelets with [<sup>14</sup>C]PGH<sub>2</sub> or [<sup>14</sup>C]PGH<sub>3</sub>, respectively, was extracted with chloroform/methanol, 2:1 (vol/vol) and each extract was applied to a AgNO<sub>3</sub>-coated silica gel G plate; a clear separation of thromboxane B<sub>2</sub> from thromboxane B<sub>3</sub> was obtained (Fig. 2 bottom left). Radiochemical evidence of PGI<sub>3</sub> was obtained from the incubation

of [<sup>14</sup>C]PGH<sub>3</sub> with BAM which led to the formation of a product that comigrated with 6-keto-PGF<sub>1 $\alpha$</sub>  (Fig. 2 right). 15-Hydroperoxyarachidonic acid blocked formation of the triene product (Fig. 2 middle right). 6-Keto-PGF<sub>1 $\alpha$</sub>  was separable from the  $\Delta^{17}$ -6-keto-PGF<sub>1 $\alpha$</sub>  (the presumed PGI<sub>3</sub> degradation product) on AgNO<sub>3</sub> plates (Fig. 2 bottom right).

The striking difference between the triene and diene products became apparent from studies of platelet function. Addition of arachidonate or PGH<sub>2</sub> (Fig. 3 top) or thromboxane A<sub>2</sub> (1) to human PRP resulted in a rapid irreversible aggregation and ADP-release reaction. In sharp contrast, neither PGH<sub>3</sub> nor thromboxane A<sub>3</sub> (i.e., PGH<sub>3</sub> plus APM) caused aggregation of PRP (Fig. 3 middle). Furthermore, pretreatment of PRP with either PGH<sub>3</sub> or thromboxane A<sub>3</sub> actually inhibited subsequent aggregation by other agonists including PGH<sub>2</sub> (Fig. 3 middle), thromboxane A<sub>2</sub> (Fig. 3 bottom), ADP, and collagen (not shown).

**Effect of PGH<sub>3</sub> on Cyclic AMP Levels in PRP.** Substances that increase platelet cyclic AMP levels inhibit platelet aggregation (20–23). Both PGH<sub>3</sub> (350 ng) and thromboxane A<sub>3</sub> increased cyclic AMP mean ( $\pm$ SEM) concentration ( $28 \pm 4$  and  $22 \pm 3$  pmol of cyclic AMP per 400  $\mu\text{l}$  of PRP, respectively); PGH<sub>2</sub> (200 ng) and thromboxane A<sub>2</sub> caused little or no change compared to control PRP ( $8 \pm 5$ ;  $n = 4$ ). However, these data do not preclude the possibility that the increase in cyclic AMP induced by PGH<sub>3</sub> and thromboxane A<sub>3</sub> might be due to conversion to PGD<sub>3</sub> or PGE<sub>3</sub>. PGI<sub>3</sub> (i.e., PGH<sub>3</sub> plus BAM increased cyclic AMP to  $73 \pm 6$ ), PGI<sub>2</sub> (i.e., PGH<sub>2</sub> plus BAM increased cyclic AMP to  $53 \pm 1$ ), and PGH<sub>1</sub> (300 ng increased cyclic AMP

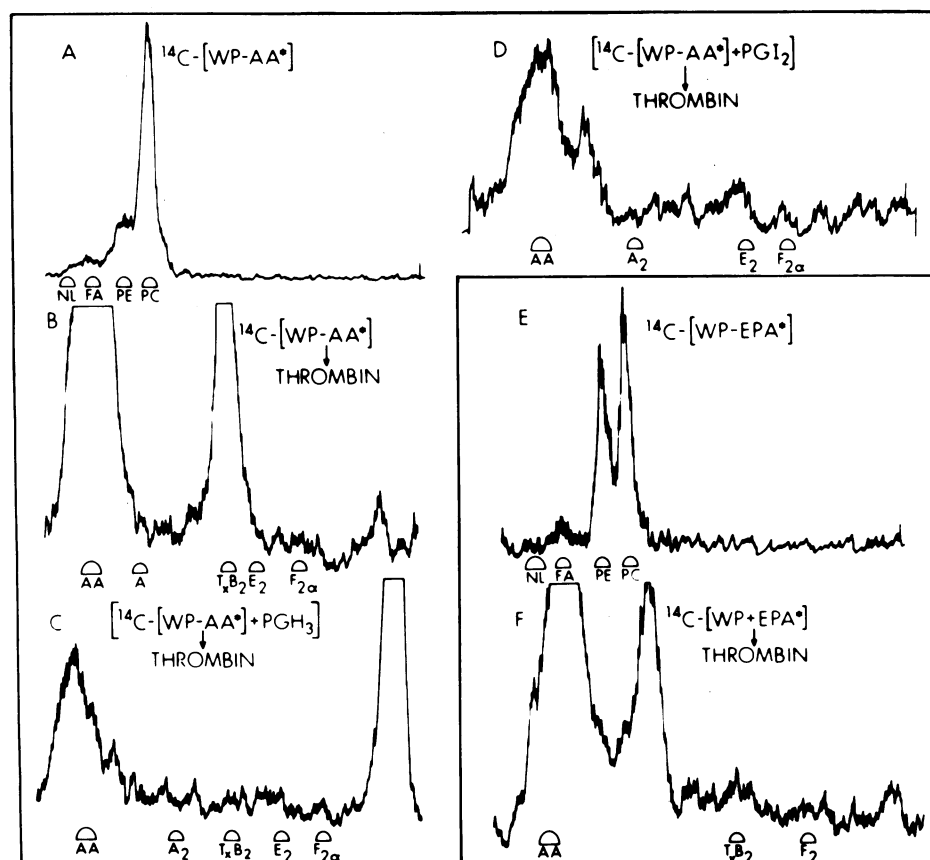


FIG. 4. Radiochromatograms obtained from prelabeled human washed platelets (WP). (A and E) Lipid extract of platelets prelabeled with [<sup>14</sup>C]arachidonic acid (<sup>14</sup>C-[WP-AA\*]) or with [<sup>14</sup>C]eicosapentaenoic acid (<sup>14</sup>C-[WP-EPA\*]). The labeled lipids were extracted with 20 vol of chloroform/methanol, 2:1 (vol/vol), and separated with a solvent system of chloroform/methanol/NH<sub>4</sub>OH, 65:35:5 (vol/vol). Abbreviations: NL, neutral lipids; FA, fatty acid; PE, phosphatidylethanolamine; PC, phosphatidylcholine. (B, C, and D) Arachidonate-prelabeled platelets stimulated with thrombin (1 unit) in control platelets (B), PGH<sub>3</sub> pretreated (450 ng) platelets (C), or PGI<sub>2</sub>-pretreated (100 ng) platelets (D). (E) Eicosapentaenoic acid-prelabeled platelets treated with thrombin.

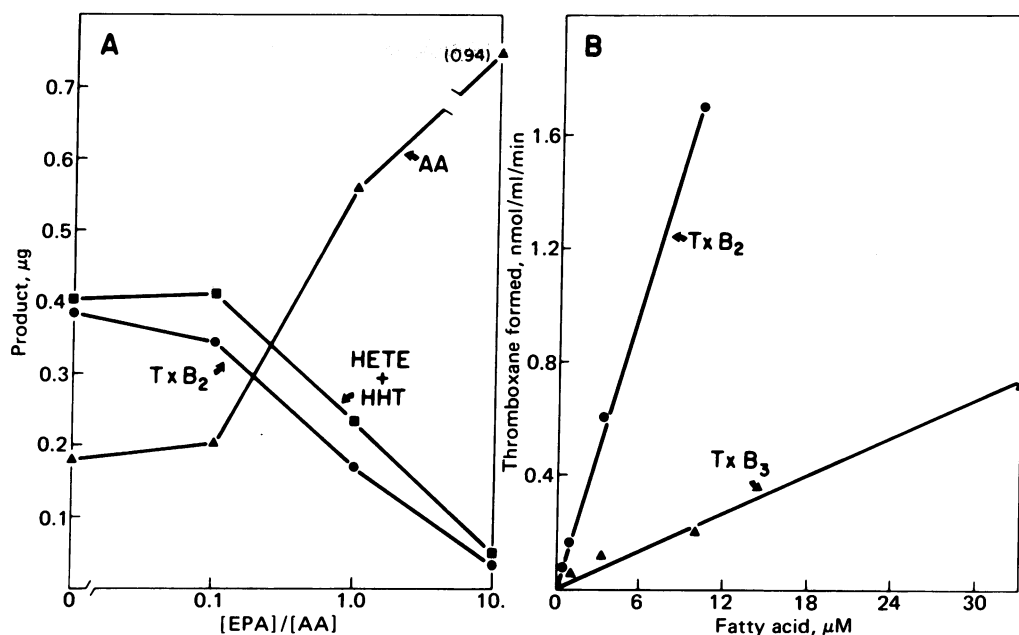


FIG. 5. Eicosapentaenoate competition with arachidonate (AA) for platelet cyclooxygenase (A). Conversion of [<sup>14</sup>C]arachidonate (1 µg, 300,000 cpm) to products (scraped from thin-layer plates and assayed) by washed platelets (0.4 ml at 37°C mixed at 1100 rpm for 5 min) in the presence of varying amounts of unlabeled eicosapentaenoate (i.e., 0, 0.1, 1.0, and 10 µg). (B) Conversions of [<sup>14</sup>C]arachidonate (●) incubated for 5 min with washed platelets and of [<sup>14</sup>C]eicosapentaenoate (▲). HETE, 12-hydroxyeicosatetraenoic acid; HHT, hydroxyheptadecatrienoic acid; Tx, thromboxane.

to 18 ± 3) all increase platelet cyclic AMP and inhibit platelet aggregation. PGH<sub>1</sub> has been demonstrated to increase cyclic AMP levels in PRP (11, 23).

**Effect of PGH<sub>3</sub> on ADP Release Reaction and Thromboxane Synthesis.** Preincubation of PGH<sub>3</sub> with PRP prevented aggregation and suppressed the ADP release induced by exogenous arachidonic acid. Addition of 50 µg of arachidonate to PRP caused complete aggregation and release of 8 µM ADP, and high concentrations of arachidonate caused no further ADP release (data not shown). As evidence that the platelets were not lysed by the arachidonate, subsequent lysis with Triton caused aggregation. In contrast, a 50% decrease in formation of contractile activity was induced by thrombin (10 units) in PRP preincubated with PGH<sub>3</sub> (0.4–0.7 µM), PGI<sub>2</sub> (0.3–0.6 µM), or dibutylryl cyclic AMP (5 mM).

Both [<sup>14</sup>C]eicosapentaenoate and [<sup>14</sup>C]arachidonate were readily and similarly acylated into phospholipids when incubated with human platelets (Fig. 4 A and E). In addition, decylation by thrombin or an ionophore (A-23187) of separately prelabeled platelets released comparable amounts of [<sup>14</sup>C]arachidonate or [<sup>14</sup>C]eicosapentaenoate, respectively (Fig. 4 B and F). Pretreatment of the arachidonate-labeled platelets with PGH<sub>3</sub> (Fig. 4C), PGI<sub>2</sub> (Fig. 4D), or PGH<sub>1</sub> (100 ng) markedly decreased the release of fatty acid and abolished the thromboxane formation. There was no increase in fatty acid release over basal levels when thrombin was added to labeled platelets treated with PGH<sub>3</sub> or PGI<sub>2</sub> (Fig. 4 C and D).

**Competition of Eicosapentaenoate with Arachidonate for Platelet Cyclooxygenase.** Unlabeled eicosapentaenoic acid and [<sup>14</sup>C]arachidonate were mixed in varying ratios and the reaction was initiated by the addition of washed platelets. The eicosapentaenoate effectively competed with arachidonate such that a 1:1 mixture of the fatty acids resulted in a 50% inhibition of formation of thromboxane B<sub>2</sub> and 12-hydroxyeicosatetraenoic and hydroxyheptadecatrienoic acids and block of arachidonic destruction (Fig. 5A). On the other hand, the eicosapentaenoate was a much poorer substrate for platelet cyclooxygenase, being converted only one-eighth as efficiently as arachidonate to thromboxane (Fig. 5B).

the release of a total of 20 µM ADP. Pretreatment of PRP with PGH<sub>3</sub> (100 ng) inhibited aggregation and ADP release.

Thromboxane A<sub>2</sub> formation was monitored directly by measuring the rabbit aorta contractile activity generated in PRP by exogenous arachidonate or by thrombin. Thrombin was used to liberate endogenous fatty acid from platelet phospholipids. PGH<sub>3</sub> (0.1–2 µM), PGI<sub>2</sub> (0.1–2 µM), PGH<sub>1</sub> (up to 5 µM), and dibutylryl cyclic AMP (up to 5 mM) did not alter the contractile activity formed by exogenous arachidonate (0.7 mM) in PRP (data not shown). However, very low levels of PGH<sub>3</sub> (0.3–0.5 µM) or PGI<sub>2</sub> (0.1 µM) inhibited arachidonate-induced PRP

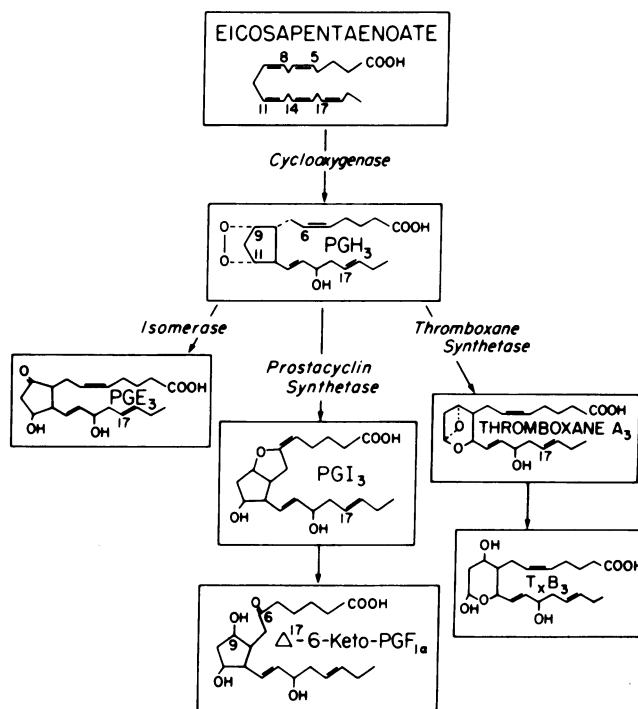


FIG. 6. Eicosapentaenoic acid metabolic pathway.

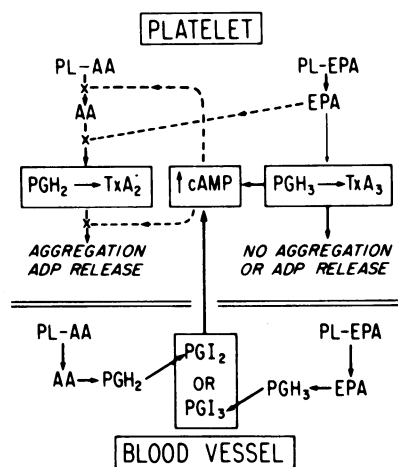


FIG. 7. PG metabolic pathways and sites of inhibition of the eicosapentaenoic acid (EPA) products on platelet aggregation. Tx, thromboxane; cAMP, cyclic AMP; AA, arachidonate; PL, phospholipid.

## DISCUSSION

The synthetic pathway for the synthesis of the triene products is shown in Fig. 6. As a result of the additional  $\Delta^{17}$ -unsaturation (the only structural difference between  $\text{PGH}_3$  and  $\text{PGH}_2$ ) present in  $\text{PGH}_3$  or thromboxane  $\text{A}_3$ , platelet adenylate cyclase is stimulated and PRP aggregation and release are inhibited (Fig. 3). Conceivably,  $\text{PGD}_3$  formation might also increase platelet cyclic AMP levels. On the other hand,  $\text{PGI}_2$  and  $\text{PGI}_3$  appear to exert similar effects both on vascular smooth muscle and on platelets.

$\text{PGH}_3$ ,  $\text{PGH}_1$ , and  $\text{PGI}_2$ , which increase platelet cyclic AMP, do not appear to alter platelet cyclooxygenase activity as evidenced by their inability to depress thromboxane  $\text{A}_2$  formation from exogenous arachidonate. On the other hand, at concentrations that block PRP aggregation,  $\text{PGH}_3$ ,  $\text{PGH}_1$ , and  $\text{PGI}_2$  also interfere with the liberation (presumably by phospholipase activation) of fatty acids from platelet phospholipids as evidenced by their blockade of thrombin-induced fatty acid release and formation of rabbit aorta contractile activity in PRP (Fig. 4 C and D). The finding that compounds that increase cyclic AMP in PRP also inhibit lipase activity agrees with results in washed platelets (17, 24). Such agents thus would be anticipated to interfere with thrombin-induced platelet aggregation. This effect differs from that of aspirin on platelets because aspirin does not block thrombin-induced aggregation (25).

Platelet aggregation might be suppressed by vascular synthesis of  $\text{PGI}_3$  (9). Dietary manipulations to increase the lipid content of eicosapentaenoic acid seems achievable because Greenland Eskimos have high levels of eicosapentaenoic acid and low levels of arachidonate in their serum lipids (9). However, the platelet lipids of the Eskimos have not been studied. We have in fact demonstrated that prostacyclin synthetase in isolated vascular segments will convert  $\text{PGH}_3$  into  $\text{PGI}_3$ . It has been hypothesized that the balance between the formation of thromboxane  $\text{A}_2$  by the platelets and prostacyclin ( $\text{PGI}_2$ ) by the vascular walls regulates platelet aggregation and hemostatic plug formation *in vivo* (26). The present results indicate that vascular synthesis of  $\text{PGI}_3$  is not obligatory to suppress platelet aggregation. Thus, if platelet phospholipids were rich in eicosapentaenoic acid instead of arachidonate, then agonists such as collagen, thrombin, or ADP which stimulate platelet phospholipase  $\text{A}_2$  would be expected to release eicosapentaenoic acid and to initiate intrinsic  $\text{PGH}_3$  and thromboxane  $\text{A}_3$  synthesis. We have observed that the platelet cyclooxygenase is inefficient in converting eicosapentaenoic acid compared to arachidonate (Fig. 5B). However, the eicosapentaenoate effectively competes

with arachidonate for platelet cyclooxygenase and lipoxygenase and thereby suppresses  $\text{PGH}_2$  and thromboxane  $\text{A}_2$  formation (Fig. 5A). In addition, any  $\text{PGH}_3$  and thromboxane  $\text{A}_3$  formed would increase platelet cyclic AMP concentration and thereby endogenously inhibit aggregation by pro-aggregatory molecules and concomitantly inhibit platelet phospholipase activity. A schematic illustration of the sites for triene inhibition of platelet arachidonate metabolism and aggregation is shown in Fig. 7. Such mechanisms, possibly in concert with vascular  $\text{PGI}_3$  production, could be expected to decrease platelet aggregation. Dietary manipulation of tissue fatty acids is possible. The acylation process seems to be nonselective because numerous unsaturated fatty acids can readily be incorporated into the phospholipid pool available for PG biosynthesis (27). In light of the demonstration that eicosapentaenoate can be incorporated into platelet phospholipids, a partial substitution of eicosapentaenoate for arachidonate in platelets might be useful in decreasing thrombotic tendencies and myocardial infarction.

The authors are grateful for the excellent technical assistance provided by Angela Wyche and Sue Bronson. This work was supported by National Institutes of Health Grants HL-20787, SCOR-HL-17646, and AM20387 and Contract HV-72945 to H.S. and Grant NS-09667 to J.A.F.

1. Needleman, P., Minkes, M. & Raz, A. (1976) *Science* **193**, 163-165.
2. Raz, A., Minkes, M. S. & Needleman, P. (1977) *Biochim. Biophys. Acta* **488**, 305-311.
3. Needleman, P., Kulkarni, P. S. & Raz, A. (1977) *Science* **195**, 409-412.
4. Isakson, P. C., Raz, A., Denny, S. E., Pure, E. & Needleman, P. (1977) *Proc. Natl. Acad. Sci. USA* **74**, 101-105.
5. Raz, A., Isakson, P. C., Minkes, M. S. & Needleman, P. (1977) *J. Biol. Chem.* **252**, 1123-1126.
6. Dusting, G. J., Moncada, S. & Vane, J. R. (1977) *Prostaglandins* **13**, 3-16.
7. Johnson, R. A., Morton, D. R., Kinner, J. H., Gorman, R. R., McGuire, J. C., Sun, F. F., Whittaker, N., Bunting, S., Salmon, J., Moncada, S. & Vane, J. R. (1976) *Prostaglandins* **12**, 915-928.
8. Needleman, P., Bronson, S. D., Wyche, A., Sivakoff, M. & Nicolaou, K. C. (1978) *J. Clin. Invest.* **61**, 839-849.
9. Dyerberg, J., Bang, H. O., Stoffensen, E., Moncada, S. & Vane, J. R. (1978) *Lancet* **i**, 117-119.
10. Sprecher, H. (1971) *Lipids* **6**, 889-894.
11. Gorman, R. R., Sun, F. F., Miller, O. V. & Johnson, R. A. (1977) *Prostaglandins* **13**, 11043-1056.
12. Moncada, S., Gryglewski, R. J., Bunting, S. & Vane, J. R. (1976) *Prostaglandin* **12**, 715-738.
13. Funk, M. O., Isaac, R. & Porter, N. A. (1976) *Lipids* **11**, 113-117.
14. Ferreria, S. H. & Vane, J. R. (1967) *Nature (London)* **216**, 868-873.
15. Vane, J. R. (1971) *Nature (London) New Biol.* **231**, 232-236.
16. Kulkarni, P. S., Roberts, R. & Needleman, P. (1976) *Prostaglandins* **12**, 337-353.
17. Minkes, M., Stanford, N., Chi, M., Roth, G. J., Raz, A., Needleman, P. & Majerus, P. W. (1977) *J. Clin. Invest.* **59**, 449-454.
18. Needleman, P., Raz, A., Ferrendelli, J. A. & Minkes, M. (1977) *Proc. Natl. Acad. Sci. USA* **74**, 1716-1719.
19. Steiner, A. L., Parker, C. W. & Kipnis, D. M. (1972) *J. Biol. Chem.* **247**, 1106-1113.
20. Vargaftig, B. B. & Chignard, M. (1975) *Agents Actions* **5**, 137-144.
21. Salzman, E. W. & Weisenberger, H. (1972) *Adv. Cyclic Nucleotide Res.* **1**, 231-241.
22. Haslam, R. J. (1973) *Ser. Haematol.* **6**, 333-350.
23. Miller, O. V. & Gorman, R. R. (1976) *J. Cyclic Nucleotide Res.* **2**, 79-87.
24. Lapetina, E. G., Schmitges, C. J., Chandrabose, K. & Cuatrecasas, P. (1977) *Biochem. Biophys. Res. Commun.* **76**, 828-835.
25. Zucker, M. B. & Peterson, J. (1970) *J. Lab. Clin. Med.* **76**, 66-75.
26. Moncada, S. & Vane, J. R. (1978) *Br. Med. Bull.* **34**, 129-138.
27. Hseuh, W., Isakson, P. C. & Needleman, P. (1977) *Prostaglandins* **13**, 1073-1091.