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## Propagation of Dynamic Nuclear Polarization across the Xenon Cluster Boundaries: Elucidation of the Spin-Diffusion Bottleneck

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### Abstract

Earlier dynamic nuclear polarization (DNP) experiments with frozen xenon/1-propanol/trityl mixtures have demonstrated spontaneous formation of pure xenon clusters above 120 K, enabling spectrally-resolved real-time measurements of  $^{129}\text{Xe}$  nuclear magnetization in the clusters and in the surrounding radical-rich matrix. A spin-diffusion bottleneck was postulated to explain the peculiar time evolution of  $^{129}\text{Xe}$  signals in the clusters as well as the apparent discontinuity of  $^{129}\text{Xe}$  polarization across the cluster boundaries. A self-contained *ab initio* model of nuclear spin diffusion in heterogeneous systems is developed here, incorporating the intrinsic  $T_1$  relaxation towards the temperature-dependent equilibrium along with the spin-diffusion coefficients based on the measured NMR line widths and the known atomic densities in each compartment. This simple model provides the physical basis for the observed spin-diffusion bottleneck and is in a good quantitative agreement with the earlier measurements. A simultaneous fit of the model to the time-dependent NMR data at two different DNP frequencies provides excellent estimates of the cluster size, the intrinsic sample temperature, and  $^{129}\text{Xe}$   $T_1$  constants. The model was also applied to the NMR data acquired during relaxation towards thermal equilibrium after microwaves were turned off to estimate  $T_1$  relaxation time constants inside and outside the clusters. Fitting the model to data during and after DNP provides estimates of cluster size that are in complete agreement.

### Keywords

Hyperpolarization; MRI; chemical shift; dipolar broadening; nuclear spin diffusion; solid-state diffusion; partial differential equations

## 1. Introduction

Dynamic Nuclear Polarization (DNP) is a method used to dramatically enhance nuclear spin polarization by transferring spin alignment from the sparse unpaired electrons to the adjacent nuclei using resonant microwave irradiation [1]. Initial reports [2, 3] on the DNP of  $^{129}\text{Xe}$  raised expectations that this method of achieving nuclear hyperpolarization can compete with the more traditional optical pumping technology [4, 5], especially in the context of high-volume noble-gas hyperpolarization for human-lung imaging [6, 7]. However, the physics of nuclear spin interactions [8, 9, 10] in heterogeneous solid mixtures

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of a gaseous ingredient (such as xenon), a radical (such as commonly used trityl [11]) and a glassing agent (e. g. 1-propanol, necessary to prevent crystallization [12]) is still not fully understood. As a result, recently reported polarization values for  $^{129}\text{Xe}$  DNP [2, 13] are still below 25% and lag significantly behind those in both optically-pumped xenon [5] and  $^{13}\text{C}$  dissolution DNP [11].

Our recent low-temperature  $^{129}\text{Xe}$  NMR measurements on solid xenon/1-propanol/trityl mixtures (3mg (3.0 mol) Finland-acid radical, dissolved in 97 mg (1.6 mmol) 1-propanol with 2.4 mmol of liquid xenon (BOC, natural abundance, 99.997) during DNP [13] and  $T_1$  return to thermal equilibrium present a remarkably simple experimentally -accessible physical system for studying DNP phenomena at the microscopic scale. Starting with a homogeneous low-temperature glassy matrix, containing both  $^{129}\text{Xe}$  atoms and unpaired electrons, a simple warming up of the sample to  $\sim 125$  K for several hours leads to spontaneous formation of pure xenon clusters embedded in xenon-depleted, but otherwise uniform, xenon/1-propanol/trityl host matrix, as shown in Fig. 1A. Volume-averaged polarization of xenon can be separately monitored in Xe clusters and in the glassy matrix, due to the very distinct local chemical shifts and NMR line widths of  $^{129}\text{Xe}$  in each environment (Fig. 1B,C). Since DNP directly involves only the nuclear spins in the vicinity of unpaired electrons, more distant nuclei in the glassy matrix must be hyperpolarized by nuclear spin diffusion, a flip-flop nuclear magnetization transfer among stationary atoms [14]. Nuclear spin diffusion is also responsible for propagating DNP into pure-xenon clusters, where no free electrons are available.

We summarize our earlier measurements [13] of the real-time volume-averaged  $^{129}\text{Xe}$  polarization  $\langle P(t) \rangle$  at two different DNP frequencies,  $+$  (filled circles) and  $-$  (open circles) for pure-xenon clusters in Fig. 2. In the surrounding matrix,  $\langle P(t) \rangle$  is well-described by a simple mono-exponential saturation towards steady-state values  $P_1^\pm \simeq \pm 4\%$  with the time constant of about an hour. The measurements begin at  $t = 0$ , when all  $^{129}\text{Xe}$  polarization is destroyed by hard radio-frequency (rf) pulses. DNP at  $-$  tends to populate the excited state of the nuclear Zeeman system, producing negative polarization (where we assign the positive sign to thermal-equilibrium polarization). At the early time points, the cores of the clusters are decoupled from the radical-rich matrix, and they polarize via a  $T_1$  process towards their positive thermal equilibrium. At later times along the  $-$  curve, negative DNP propagates across the cluster boundaries towards the cores, eventually resulting in the overall negative  $\langle P(t) \rangle$  values. This peculiar crossover from positive to negative polarization during DNP at  $-$ , highlighted in the insets Fig. 2D,E, along with an order of magnitude suppression of  $^{129}\text{Xe}$  polarization in the clusters, was earlier explained by a hypothetical spin-diffusion bottleneck [13]. It was defined as a discontinuity in polarization across the cluster boundary that is proportional to the magnetization flux across it, analogous to the temperature drop across a thin styrofoam cup containing hot coffee. However, the physical basis of this postulated bottleneck was not derived quantitatively. Additionally, it was assumed that polarization outside the cluster is homogenous. As a result, the fit to the data included an empirical bottleneck constant, which was strongly coupled to the unknown cluster radius. Both parameters could only be estimated qualitatively, with error bars exceeding the estimated values.

Here we develop an *ab initio* analytical model of nuclear spin diffusion and  $T_1$  spin relaxation in heterogeneous DNP mixtures. Our model assumes non-uniform local  $^{129}\text{Xe}$  polarization  $P(r, t)$  in the clusters and in the glassy matrix, and incorporates spin-diffusion constants independently derived from the measured NMR line widths and the known atomic densities in each compartment. The discontinuity in polarization gradient across the cluster boundary is derived analytically by conserving the magnetization flux. The model reproduces the experimentally observed bottleneck behavior as a sharp but continuous drop

of  $^{129}\text{Xe}$  polarization across a thin layer of the glassy matrix surrounding the clusters. After eliminating the empirical bottleneck constant from our model, the fit to the experimental data yields a good quantitative estimate of the cluster size, while other fit parameters agree with the earlier empirical model. We also modified the model to reproduce the NMR data acquired during relaxation towards thermal equilibrium following DNP. Fitting the model to the data under this condition gives good estimates of  $T_1$  relaxation times inside and outside of the clusters, thermal polarization, intrinsic sample temperature during relaxation and the cluster size. The model suggests significantly different  $T_1$  estimates inside and outside the cluster, which is in agreement with observed data. Furthermore, The cluster size estimated by fitting the model to both DNP and relaxation data is consistent.

## 2. Analytical Model

To model  $^{129}\text{Xe}$  polarization, we assume spherical pure-xenon clusters of radius  $R_1$ , uniformly distributed in the surrounding xenon/1-propanol/trityl glassy matrix. The cluster-containing matrix regions are approximated by spherical shells (Fig. 1D), whose outer radius  $R_2$  is calculated in the Appendix A to be  $1.49 R_1$  from the known cluster-to-matrix volume ratio. Local  $^{129}\text{Xe}$  polarization  $P(r, t)$  at a distance  $r = \sqrt{x^2 + y^2 + z^2}$  from the center of the cluster is modeled inside the cluster by combining the effects of spin-diffusion and those of  $T_1$  relaxation:

$$\frac{\partial P(r, t)}{\partial t} = D_{s1} \nabla^2 P(r, t) + \frac{P_0 - P(r, t)}{T_1}, \quad 0 < r < R_1. \quad (1)$$

Outside the cluster, in the matrix region  $R_1 < r < R_2$ , an additional effect of DNP is taken into account:

$$\frac{\partial P(r, t)}{\partial t} = D_{s2} \nabla^2 P(r, t) + \frac{P_{DNP}^\pm - P(r, t)}{\tau_0}, \quad R_1 < r < R_2. \quad (2)$$

Here,  $D_{s1} \approx 7.3 \times 10^{-14} \text{ cm}^2/\text{s} = 4.4 \times 10^{-4} \mu\text{m}^2/\text{min}$  and  $D_{s2} \approx 5.68 \times 10^{-6} \mu\text{m}^2/\text{min}$  are the  $^{129}\text{Xe}$  nuclear spin-diffusion coefficients for natural-abundance pure xenon [15, 16] and for the glass matrix as calculated in Appendix A. The second term on the right-hand side of Eq. (1) describes  $T_1$  relaxation towards the thermal polarization  $P_0$  at the intrinsic sample temperature  $T$ :

$$P_0 = \tanh \left( \frac{hf}{2k_B T} \right), \quad (3)$$

where  $h$  and  $k_B$  are the Planck and Boltzmann constants respectively and  $f = 58.88 \text{ MHz}$  is the  $^{129}\text{Xe}$  NMR frequency at 5 T.

Similarly,  $P_{DNP}^\pm$  in Eq. (2) describes the equilibrium local polarization far away from the clusters at  $\pm$  DNP frequencies and  $\tau_0$  defines the intrinsic DNP time constant in the glassy matrix.

In the earlier work [13], the polarization in the glassy matrix was assumed spatially uniform and equal to the measured volume-averaged polarization:

$$P(r, t) = \langle P(t) \rangle = P_1^\pm (1 - e^{-t/\tau}), \quad R_1 < r < R_2, \quad (4)$$

with the measured saturation polarizations  $P_1^+ = 4.1\%$  and  $P_1^- = -3.54\%$  at the DNP frequencies  $\omega^+$  and  $\omega^-$ , respectively. The measured DNP time constant for the volume-averaged polarization was  $\tau = 54$  min.

The measurements [13] began with the initial condition:

$$P(r, 0) = 0. \quad (5)$$

The outer boundary condition in our model is based on the assumption that polarization profiles at all times are symmetric with respect to the boundaries separating neighboring cluster-containing regions, that is

$$\frac{\partial P(R_2, t)}{\partial r} = 0. \quad (6)$$

The boundary condition at the cluster-matrix interface is derived by equating the nuclear magnetization flux due to spin diffusion on either side of  $R_1$ , which can be written in terms of an infinitely small positive  $\varepsilon$ :

$$D_{s1} \frac{\partial M(R_1 - \varepsilon, t)}{\partial r} = D_{s2} \frac{\partial M(R_1 + \varepsilon, t)}{\partial r}, \quad (7)$$

where  $^{129}\text{Xe}$  nuclear magnetization  $M(r, t) = \mu n(r) P(r, t)$  is the product of the magnetic moment  $\mu$ , the atom density  $n(r)$ , and the local polarization  $P(r, t)$  of  $^{129}\text{Xe}$  atoms. In terms of polarization, this evaluates to:

$$n_1 D_{s1} \frac{\partial P(R_1 - \varepsilon, t)}{\partial r} = n_2 D_{s2} \frac{\partial P(R_1 + \varepsilon, t)}{\partial r}, \quad (8)$$

where  $n_1$  and  $n_2$  refer to  $^{129}\text{Xe}$  atom densities in the cluster and glassy matrix regions respectively.

In contrast, the simplest model in the earlier work [13] assumed Eq. (4) with continuous boundary conditions:

$$P(R_1 - \varepsilon, t) = P_1^\pm (1 - e^{-t/\tau}), \quad (9)$$

see Appendix B for details. In the same work, the boundary condition was modified to include the empirical bottleneck constant  $\kappa$ :

$$\frac{\partial P(R_1 - \varepsilon, t)}{\partial r} = \kappa (P_1^\pm (1 - e^{-t/\tau}) - P(R_1 - \varepsilon, t)). \quad (10)$$

That modified model is treated in detail in Appendix C.

Using the assumed spherical symmetry of each cluster,  $P(r, t)$  can be substituted with the new variable  $u(r, t)$ :

$$P(r, t) = P_0 - r^{-1} u(r, t). \quad (11)$$

Eqs. (1) and (2) then simplify to:

$$0 < r < R_1: \quad u_t = D_{s1} u_{rr} - \frac{u}{T_1} \quad (12)$$

$$R_1 < r < R_2: u_t = D_{s2} u_{rr} - \frac{u + (P_{DNP}^{\pm} - P_0) r}{\tau_0}, \quad (13)$$

where subscript notation is used for  $t$  and  $r$  derivatives. An additional boundary condition on  $u(0, t)$  is obtained by requiring that  $P(r, t)$  remains finite at  $r = 0$ :

$$u(0, t) = 0. \quad (14)$$

The system of differential equations (12) and (13) under the conditions based on Eqs. (5), (6), (8), and (14) is solved using a finite-differences method on a  $(N+1) \times (N+1)$  grid representing the  $(r, t)$  plane with  $t = t_{tot}/N$  and  $r = R_2/N$  grid spacing, where  $t_{tot} = 1050$  min in this analysis. We define vector  $\mathbf{u}^{(n)} = \{u(m, r, n, t)\}_{m=0,1,\dots,N}$  that obeys the recursion relations:

$$\mathbf{u}_m^{(0)} = m \Delta r P_0 \quad (15)$$

$$\mathbf{u}^{(n)} = \mathbf{A}^{-1} \mathbf{f}^{(n)}(\mathbf{u}^{(n-1)}), \quad n=1, 2, \dots, N, \quad (16)$$

where the elements of the matrix  $\mathbf{A}_{(N+1) \times (N+1)}$  and the vector function  $\mathbf{f}^{(n)}(\mathbf{u})$  are given in Appendix D.

For any combination of  $P_{DNP}^+$ ,  $P_{DNP}^-$  and  $\tau_0$  parameter values, the volume-averaged polarization of  $^{129}\text{Xe}$  in the glassy-matrix is obtained by substituting Eq. (11) into the solution of Eqs. (15)-(16), and numerically integrating the resulting  $P(r, t)$ :

$$\langle P(t) \rangle = \left( \frac{4}{3} \pi (R_2^3 - R_1^3) \right)^{-1} \int_{R_1}^{R_2} P(r, t) 4\pi r^2 dr. \quad (17)$$

This result is numerically fitted to the functional form of Eq. (4), and the corresponding values of  $P_1^+$ ,  $P_1^-$ , and  $\tau_0$  are estimated. In an iterative procedure, the original values of  $P_{DNP}^+$ ,  $P_{DNP}^-$ , and  $\tau_0$  are then corrected by the corresponding ratios between the experimentally measured and the newly estimated values of  $P_1^+$ ,  $P_1^-$ , and  $\tau_0$ , until the required corrections are below the actual values by at least 5 orders of magnitude. This iterative procedure converges rapidly, requiring fewer than five iterations.

Volume-averaged  $^{129}\text{Xe}$  polarization  $\langle P(t) \rangle$  in the clusters is then obtained by numerically integrating the resulting  $P(r, t)$  as well:

$$\langle P(t) \rangle = \left( \frac{4}{3} \pi R_1^3 \right)^{-1} \int_0^{R_1} P(r, t) 4\pi r^2 dr \quad (18)$$

The convergence of the finite-differences solution was confirmed by comparing the resulting  $\langle P(t) \rangle$  curves for  $N = 150, 370, 750, 1200, 1800$  and  $2700$ .

In applying the model to relaxation data, Eqs. 1 and 19 may be used:

$$\frac{\partial P(r, t)}{\partial t} = D_{s2} \nabla^2 P(r, t) + \frac{P_0 - P(r, t)}{T_{1\text{-shell}}}, \quad R_1 < r < R_2. \quad (19)$$

where  $P_0$  and  $T_{1\text{-shell}}$  are thermal polarization and relaxation time constants of the homogeneously mixed part of the sample. The initial condition defined in Eq. 5 was replaced by final time point of the local polarization  $P(r, t)$  estimate derived from fitting the model to the DNP data at  $+$  microwave frequency. We set the initial polarization in the relaxation phase to be the measured polarization at the end of the spin-up phase. Furthermore, the iterative method to derive  $P_{DNP}^{\pm}$  in Eq. 2 was eliminated since  $P_0$  is known from the measured temperature at  $T = 1.43 \text{ K}$  using Eq. 3. The measured and modeled polarization  $\langle P(t) \rangle$  inside and outside the cluster are illustrated in Fig. 4.

### 3. Results and Discussion

Fig. 2C,E shows the results of fitting the self-contained model with the boundary conditions defined by Eq. (6) and (8) (solid lines) to the experimental  $\langle P(t) \rangle$  data at  $+$  and  $-$  DNP frequencies (filled and open circles), treating them as a single data set. Note that similar to the previously published bottleneck model [13] of Eq. (10) (Fig. 2B,D), this calculation reproduces the reversal from positive to negative cluster-averaged polarization under  $-$  DNP (Fig. 2E, open circles), a result of the immediate bulk relaxation towards the positive thermal polarization and the delayed propagation of negative DNP from the boundary inward. The long-term polarization creep away from zero in the experimental data is peculiar to the clusters, and is not observed in the measured xenon/1-propanol/trityl glassy matrix data. This effect cannot be reproduced by any of our models, and can be attributed to the distribution of cluster sizes as well as due to possible variability of  $T_1$  inside the clusters. To avoid the associated bias in our fit parameters, the domain of the fit was limited to the first 1050 min of DNP. Fig. 3C shows the radial dependence of the calculated polarization across the cluster at time  $t=1024 \text{ min}$ . In contrast to the bottleneck model of Fig. 3B, the polarization is continuous at the cluster boundary but exhibits an overall behavior similar to the bottleneck model. However, the earlier simplest model, based on spatially uniform polarization in the glassy matrix and the continuous boundary condition of Eq. (9) (Figs. 2A and 3A) cannot reproduce the sign change of cluster-averaged polarization under DNP at  $-$ , and leads to unphysically large cluster-size estimates, given in Table 1. The overheating of the sample during DNP is verified by the fit of the model to the relaxation data, which suggest lower sample temperature (Table 2.)

Thermal polarization  $P_0$ , extracted by fitting the current *ab initio* model to the experimental data, is similar to that of the bottleneck model (see Table 1). Either value can be used to estimate the internal sample temperature during DNP according to Eq. 3. The inferred values, also listed in Table 1, imply a significant overheating of the sample by the microwave irradiation. This finding, based entirely on the prediction of our numerical models, has led to several modifications of the DNP system with the goal to reduce overheating (such as eliminating thermal barriers to cooling, lowering microwave power, and pelletizing the sample), and resulted in the increase of maximum  $^{129}\text{Xe}$  polarization from 5.1% to 21% [13].

The cluster size obtained by fitting the current *ab initio* model ( $R_1 = 1.31 \pm 0.05 \mu\text{m}$ ) is in good agreement with the rough estimate ( $0.7 \mu\text{m}$ ) based on the known pure-xenon atomic-diffusion values [17] expected during the thermal cycling of the sample. In contrast, fitting the bottleneck model to the DNP experimental data yields a much less precise result ( $R_1 = 1.27 \pm 1.05 \mu\text{m}$ ). The large confidence interval in fitting the earlier model is due to the

strong statistical coupling between the expected values of the empirical bottleneck constant and the cluster radius  $R_1$ .

Fig. 4 shows the extra-cluster volume average polarization (open circles) measured during the relaxation and the results of the *ab initio* model (dashed line). The inset in the same figure shows this data (filled circles) and the fitting of the *ab initio* model (solid line) for pure xenon clusters. The initial increase observed in polarization may be attributed to a transient state caused by the interplay of significant polarization gradient across the cluster boundaries and  $T_1$  relaxation before reaching a steady state. This behavior is also predicted by the model as demonstrated in the inset in Fig. 4.

The free parameters derived from the fit are listed in Table 2. Thermal polarization  $P_0$  was derived by measuring the temperature (1.43 K) and using Eq. 3. The substantial difference in the predicted  $T_1$  relaxation times (Table 2) inside and outside the cluster is consistent with observation and may be attributed to the coupling between  $^{129}\text{Xe}$  species and the neighboring protons in the xenon/1-propanol/radical mixture. Lastly, the model applied to both DNP and relaxation datasets predict cluster sizes that are consistent (Table 2).

## 4. Conclusion

We have demonstrated a self-contained analytical model that describes recent measurements of  $^{129}\text{Xe}$  polarization during and after DNP of heterogeneous xenon/1-propanol/ trityl mixtures containing pure-xenon clusters. Our *ab initio* model incorporates the effects of DNP, nuclear spin diffusion, and  $T_1$  relaxation, and quantitatively explains the earlier postulated spin-diffusion bottleneck at the cluster-matrix boundary [13] in terms of a sharp drop in  $^{129}\text{Xe}$  polarization in the thin layer of the fairly “spin-insulating” glassy matrix surrounding each cluster. Fitting this model to the experimental data during and after DNP provides a very accurate estimate of the size of spontaneously-formed pure-xenon clusters, in contrast to the previous empirical model. Developing these analytical methods in parallel to the experimental polarization techniques offers new insights into DNP of heterogeneous solid-state systems at the microscopic scale.

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## Appendix A

The ratio of the outer radius of the glassy matrix shell to that of the cluster (Fig. 1D) is obtained as:

$$\frac{R_2}{R_1} = \sqrt[3]{(1+s) \left( 1 + \frac{M_{1-prop} \rho_{Xe}}{m M_{Xe} \rho_{1-prop}} \right)} \quad (20)$$

by solving the following system of volumetric equations:

$$\left\{ \begin{array}{l} S = \frac{\nu_{Xe-matr}}{\nu_{Xe-cluster}} = 0.5, \\ \frac{4}{3} \pi (R_2^3 - R_1^3) = \frac{\nu_{Xe-matr} M_{Xe}}{\rho_{Xe}} + \frac{\nu_{1-prop} M_{1-prop}}{\rho_{1-prop}}, \\ \frac{4}{3} \pi R_1^3 = \frac{\nu_{Xe-cluster} M_{Xe}}{\rho_{Xe}}, \\ m = \frac{\nu_{Xe-cluster} + \nu_{Xe-matr}}{\nu_{1-prop}} = 1.5, \end{array} \right.$$

Here  $s$  is the ratio of the numbers of xenon atoms outside and inside the clusters, measured from the ratio of the areas under the broad and narrow NMR peaks at thermal equilibrium [13], and  $m$  is the ratio of the nominal xenon and 1-propanol concentrations in the sample before the clusters were formed.  $M_{Xe} = 130.1$  g/mol and  $M_{1-prop} = 60.1$  g/mol are the molecular weights, whereas  $\rho_{Xe} = 3.78$  g/cm<sup>3</sup> and  $\rho_{1-prop} \sim 0.95$  g/cm<sup>3</sup> are the densities of pure xenon [18] and 1-propanol respectively at 1.4 K. The density of 1-propanol was estimated by extrapolating from the values measured above 150 K [19]. The density of the glassy matrix was assumed to be volume-weighted average of the densities of the pure compounds, neglecting possible volumetric corrections as well as the  $\sim 1\%$  contribution of the trityl radical.

The spin-diffusion coefficient  $D_{s2} = 5.68 \times 10^{-6}$   $\mu\text{m}^2/\text{min}$  in the glassy matrix is found by scaling the known  $D_{s1}$  value for pure xenon based on [8]

$$D_s \sim S^{-1/2} \sum_j r_{ij}^{-4} (1 - 3\cos^2 \theta_{ij})^2, \quad (21)$$

where the square root of the second moment of the NMR line  $S^{1/2}$  is parameterized by the measured linewidths [13] (0.7 KHz and 7 KHz respectively for the narrow and broad peaks) and the summation over the neighboring  $^{129}\text{Xe}$  atoms scales with the 4/3 power of the corresponding number densities:  $(n_1/n_2)^{4/3} = 7.74$ . As a result, the  $^{129}\text{Xe}$  spin-diffusion coefficient in the glassy matrix is a factor of 77.4 lower than that in the pure xenon clusters.

## Appendix B

For comparison purposes, we provide an analytical solution for the simplest early model defined by Eqs. (1), (4), (5), and (9). Separating  $r$  and  $t$  in Eq. (12) yields the general solution:

$$u(r, t) = \sum_k e^{-(D_s k^2 + \frac{1}{T_1})t} (\alpha_k \sin kr + \beta_k \cos kr), \quad (22)$$

where  $k \in \mathbb{C}$  distinguishes individual modes and the amplitudes  $\alpha_k, \beta_k$  are determined from the initial and boundary conditions. Substituting Eq. (22) into Eq. (14) gives  $\beta_k = 0$ . Substituting into Eq. (9) and equating time-dependent exponents determines  $k$  for  $k = k_0 = -i(D_s T_1)^{-1/2}$  and  $k = k_n = (T_1^{-1} - 1)^{1/2} (D_s T_1)^{-1/2}$ . The remaining  $k_n$  are found by requiring the corresponding modes to vanish at the  $r = R_1$  boundary:  $\sin k_n R_1 = 0$ . This defines harmonics  $k_n = n/R_1$ , which can be used to decompose the residual difference between Eq. (5) and the  $k_0, k_n$  modes at  $t = 0$  into a Fourier series in  $k_n$ :

$$u(r, t) = \alpha_0 \sinh ik_0 r + \alpha_\tau e^{-\frac{t}{\tau}} \sin k_\tau r + \sum_{n=1}^{\infty} \alpha_n e^{-(k_n^2 D_s + \frac{1}{T_1})t} \sin \frac{\pi n}{R_1} r, \quad (23)$$

where

$$\alpha_0 = \frac{R_1(P_0 - P_1^\pm)}{\sinh ik_0 R_1}, \quad \alpha_\tau = \frac{R_1 P_1^\pm}{\sin k_\tau R_1} \quad \text{and} \quad (24)$$

$$\alpha_n = \frac{\int_0^{R_1} (P_0 r - \alpha_0 \sinh ik_0 r - \alpha_\tau \sin k_\tau r) \sin \frac{\pi n}{R_1} r \, dr}{\int_0^{R_1} \sin^2 \frac{\pi n}{R_1} r \, dr}. \quad (25)$$



Obtaining  $P(r, t)$  from Eqs. (11) and (23) and volume-averaging using Eq. (18) leads to further simplification:

$$\langle P(t) \rangle = P_0 + \frac{3}{\rho} \left( (P_0 - P_1^\pm) \left( \frac{1}{\rho} - \coth \rho \right) + e^{-\frac{t}{\tau}} P_1^\pm \omega \left( \cot \frac{\rho}{\omega} - \frac{\omega}{\rho} \right) \right) + \sum_{n=1}^{\infty} \frac{6}{\rho^2(1+\zeta_n)} \left( \frac{T_1}{\tau} \frac{P_1^\pm}{(\zeta_n - \frac{1}{\omega^2})} - \frac{P_0}{\zeta_n} \right) e^{-\frac{t(1+\zeta_n)}{T_1}}, \quad (26)$$

with  $\rho = R_1(D_s T_1)^{-\frac{1}{2}}$ ,  $\omega = \left( \frac{T_1}{\tau} - 1 \right)^{-\frac{1}{2}}$ , and  $\zeta_n = 2n^2 - 2$ . The sum in Eq. (26) converges rapidly (even at  $t = 0$  the residuals drop off as  $n^{-3}$ ), and in practice keeping the first 100 terms in the sum gives a very adequate precision.

## Appendix C

Following the general finite-differences method described in Eqs. (15-16), the matrices  $\mathbf{A}$  and  $\mathbf{f}^{(n)}$  that were used to solve the earlier bottleneck model of Eqs. (1), (4), (5), and (10) are:

$$A_{ij} = \begin{cases} 1, & i=0, j=0, \\ -T_1 D_s / (2\Delta r^2), & |i-j|=1, 0 < i < N \\ \frac{1}{2} + \frac{T_1}{\Delta t} + \frac{T_1 D_s}{\Delta r^2}, & i=j, 0 < i < N \\ (1 - \kappa R) / 2 + R / \Delta r, & i=N, j=N-1 \\ (1 - \kappa R) / 2 - R / \Delta r, & i=N, j=N \\ 0, & otherwise \end{cases}$$

and the components of the vector function  $\mathbf{f}^{(n)}(\mathbf{u})$  are:

$$f_i^{(n)}(\mathbf{u}) = \begin{cases} 0, & i=0 \\ \frac{T_1 D_s}{2\Delta r^2} (u_{i-1} + u_{i+1}) + \left( -\frac{1}{2} + T_1 / \Delta t - T_1 D_s / \Delta r^2 \right) u_i, & 0 < i < N \\ \kappa R^2 (P_1^\pm (1 - e^{-\frac{n\Delta t}{\tau}}) - P_0), & i=N \end{cases}$$

The  $(N+1) \times (N+1)$  grid is defined on the cluster region  $r < R_1$  only.

## Appendix D

Elements of the matrices  $\mathbf{A}$  for recursion introduced in Eq. 16 are:

$$A_{ij} = \begin{cases} 1, & i=0, j=0, \\ -T_1 D_{s1} \Delta r^{-2}, & |i-j|=1, 0 < i < M \\ 1+2T_1 \left( \frac{1}{\Delta t} + \frac{D_{s1}}{\Delta r^2} \right), & i=j, 0 < i < M \\ r_{nD}(\alpha+\beta), & i=M, j=i-2 \\ -r_{nD}(\alpha+\gamma-\beta+\delta), & i=M, j=i-1 \\ r_{nD}(\gamma-\delta+\varepsilon+\zeta), & i=M, j=i \\ -\varepsilon-\eta+\zeta-\lambda, & i=M, j=i+1 \\ \eta-\lambda, & i=M, j=i+2 \\ -\tau_0 D_{s2} \Delta r^{-2}, & |i-j|=1, M < i < N \\ 1+2\tau_0 \left( \frac{1}{\Delta t} + \frac{D_{s2}}{\Delta r^2} \right), & i=j, M < i < N \\ \xi+\sigma, & i=N, j=i-2 \\ -\xi-\varphi+\sigma-\psi, & i=N, j=i-1 \\ \varphi-\psi, & i=N, j=i \\ 0, & otherwise \end{cases}$$

where  $r_{nD} = n_1 D_{s1}/(n_2 D_{s2})$ , and  $M = NR_1/R_2$  is the radial index of the cluster boundary  $r = R_1$  on the grid. The symbols  $\alpha, \beta, \gamma, \delta, \varepsilon, \zeta, \eta, \lambda, \xi, \sigma, \varphi, \psi, \dots$  are defined in Table 3. The components of the vector function  $\mathbf{f}^{(n)}(\mathbf{u})$  are:

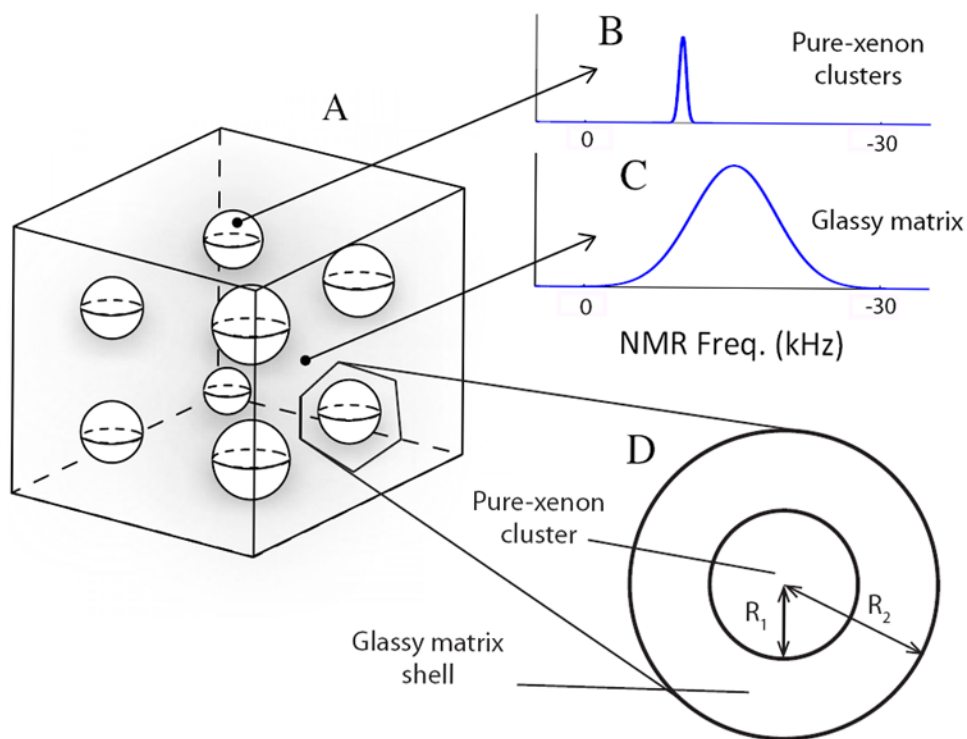
$$f_i^{(n)}(\mathbf{u}) = \begin{cases} \frac{T_1 D_{s1}}{\Delta r^2} (u_{i-1} + u_{i+1}) + \\ \quad \left( -1 + 2T_1 \left( \frac{1}{\Delta t} - \frac{D_{s1}}{\Delta r^2} \right) \right) u_i, & 0 < i < M \\ -(P_{DNP}^\pm - P_0) (i\Delta r) + \frac{\tau_0 D_{s2}}{\Delta r^2} (u_{i-1} + u_{i+1}) + \\ \quad \left( -1 + 2\tau_0 \left( \frac{1}{\Delta t} - \frac{D_{s2}}{\Delta r^2} \right) \right) u_i, & M < i < N \\ 0, & otherwise \end{cases}$$

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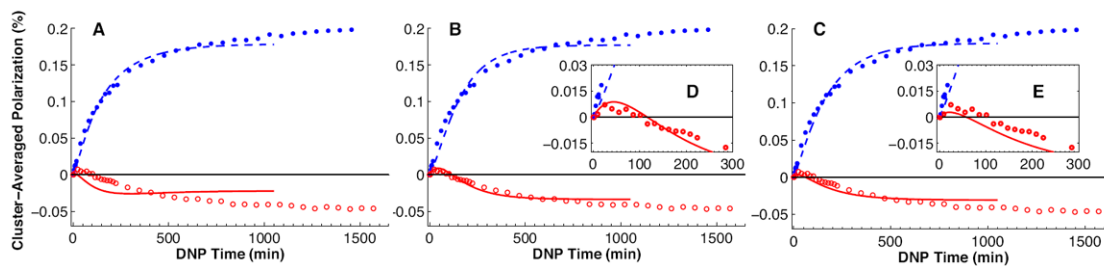
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Theory of nuclear spin diffusion in heterogeneous media is derived.  
Model provides the physical basis for the spin-diffusion bottleneck observed earlier.  
The predictions fit the experimental data from a sample of clustered Xe-129 mixture.  
Model finds accurate estimates of the xenon cluster size, internal temperature and T1.  
This analysis lead to DNP system improvements that resulted in much higher  $^{129}\text{Xe}$  polarization.



**Figure 1.**

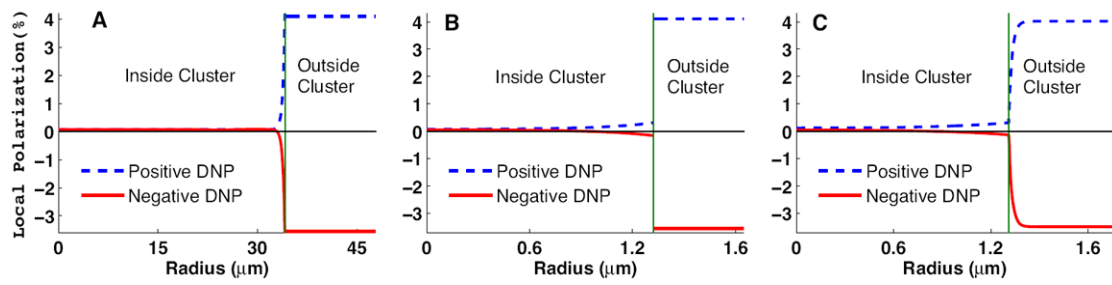
**A:** Sketch of pure-xenon clusters spontaneously formed in the glassy matrix of solid xenon/1-propanol/trityl mixture upon warming up to  $\sim 125$  K. **B:** The narrow peak in  $^{129}\text{Xe}$  NMR spectra corresponds to pure xenon clusters. **C:** The broad  $^{129}\text{Xe}$  peak corresponds to solid xenon/1-propanol/trityl mixture. **D:** Region of the glassy matrix containing the cluster is modeled by two concentric spheres of radii  $R_2$  and  $R_1$  respectively.



**Figure 2.**

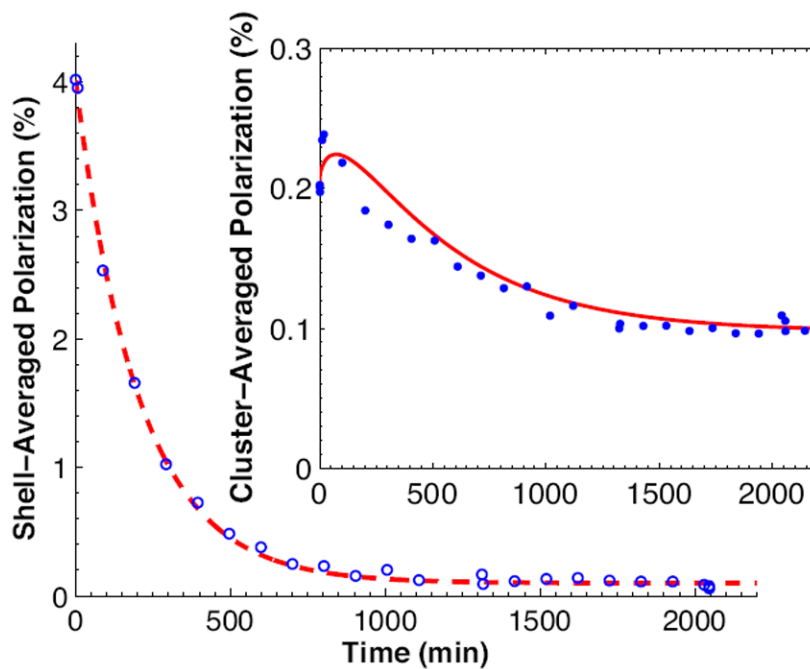
Experimentally measured volume-averaged  $^{129}\text{Xe}$  polarization in pure-xenon clusters as a function of time for positive and negative DNP (filled and open circles).<sup>\*</sup> Simultaneous fitting of the model using the earlier simplest (A, Eq. (9)),<sup>\*</sup> earlier bottleneck (B, Eq. (10)),<sup>\*</sup> and the current *ab initio* (C, Eqs. (6) and (8)) boundary conditions. Note the poor quality of the fit to the experimental data in A. The insets D and E show a closeup view of the cluster-average polarization within minutes after initiating DNP. Note the peculiar behavior of polarization for  $0 < t < 300$  min under negative DNP and the quality of the fit using the earlier bottleneck and the current *ab initio* boundary conditions.

<sup>\*</sup> Reproduced with permission from Ref. [13].



**Figure 3.**

Modeled polarization profiles across the spherical cluster  $P(r, t)$  at time  $t=1024$  min, using the best-fit parameters of Table 1. **A:** Earlier simplest model with the boundary condition of Eq. (9). **B:** Earlier bottleneck model with the boundary condition of Eq. (10). **C:** Current *ab initio* model with the boundary conditions of Eqs. (6) and (8).



**Figure 4.** Experimentally measured volume-average  $^{129}\text{Xe}$  polarization in the well-mixed shell (open circles) during  $T_1$  relaxation after microwaves were turned off. The fitting of the *ab initio* model to the data (dashed line) is in complete agreement with the data. The inset shows the measured data (filled circles) and the fitting of the model (solid line) for pure xenon clusters. Note the peculiar behavior at the beginning of relaxation which is predicted by the model.



**Table 1**

Free parameters intra-cluster  $T_1$ ,  $R_1$ ,  $\gamma$ , and  $P_0$  used in fitting the models described in the text to the experimental data of Fig. 2. Also included is the intrinsic sample temperature  $T$ , derived from  $P_0$  using Eq. 3. Best-fit values for the three boundary conditions are listed in columns 2–4, along with the corresponding errors estimated from the fits.

	Model		
	Simplest*	Bottleneck*	Ab initio
	Boundary Condition		
Best-fit parameters from DNP data:	Eq. (9)	Eq. (10)	Eqs. (6), (8)
$T_1$ , relaxation time (min)	$207 \pm 39$	$145 \pm 25$	$167 \pm 12$
$R_1$ , cluster radius ( $\mu\text{m}$ )	$34 \pm 2$	$1.05 \pm 0.1$	$1.21 \pm 0.04$
$\gamma$ , bottleneck const. ( $\mu\text{m}^{-1}$ )		$0.2 \pm 0.18$	N/A
$P_0$ , thermal polarization (%)	$0.073 \pm 0.005$	$0.069 \pm 0.0044$	$0.069 \pm 0.003$
$T$ , sample temperature (K)	$1.93 \pm 0.14$	$2.03 \pm 0.13$	$2.04 \pm 0.09$

\* Listed with permission from Ref. [13].

**Table 2**

Free parameters intra and extra-cluster  $T_1$  relaxation times and cluster size  $R_1$  from from the *ab initio* model described in the text to the experimental data of Fig. 4. Sample temperature was measured at 1.43 K and was assumed to be constant. Eq. 3.

Best-fit parameters from relaxation data		
$T_1$ relaxation time (min)		$R_1$ , cluster radius ( $\mu\text{m}$ )
extra-cluster	intra-cluster	
$214 \pm 12$	$391 \pm 60$	$0.97 \pm 0.18$

**Table 3**

Summary of the parameters used to simplify elements of the Matrix **A** in Appendix D.

Symbol	Value	Symbol	Value
	$(-3r^2 + 2rR_1)^{-1}$		$(3r^2 + 2rR_1)^{-1}$
	$\frac{1}{4}(-3\Delta rR_1 + R_1^2)^{-1}$		$\frac{1}{4}(3\Delta rR_1 + R_1^2)^{-1}$
	$3(-r^2 + 2rR_1)^{-1}$		$(-3r^2 + 2rR_2)^{-1}$
	$\frac{3}{4}(-\Delta rR_1 + R_1^2)^{-1}$		$\frac{1}{4}(-3\Delta rR_2 + R_2^2)^{-1}$
	$3(r^2 + 2rR_1)^{-1}$		$3(-r^2 + 2rR_2)^{-1}$
	$\frac{3}{4}(\Delta rR_1 + R_1^2)^{-1}$		$\frac{3}{4}(-\Delta rR_2 + R_2^2)^{-1}$