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## Increased *in vivo* Amyloid- $\beta$ 42 production, exchange, and irreversible loss in Presenilin Mutations Carriers

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### Abstract

Alzheimer's disease is hypothesized to be caused by an over-production or reduced clearance of amyloid-beta (A $\beta$ ) peptide. Autosomal Dominant Alzheimer's Disease (ADAD) caused by

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mutations in the presenilin (*PSEN*) gene have been postulated to result from increased production of A<sub>42</sub> compared to A<sub>40</sub> in the central nervous system (CNS). This has been demonstrated in rodent models of ADAD but not in human mutation carriers. We used compartmental modeling of stable isotope labeling kinetic (SILK) studies in human carriers of *PSEN* mutations and related non-carriers to evaluate the pathophysiological effects of *PSEN1* and *PSEN2* mutations on the production and turnover of A<sub>42</sub> isoforms. We compared these findings by mutation status and amount of fibrillar amyloid deposition as measured by positron emission tomography (PET) using the amyloid tracer, Pittsburgh compound B (PiB). CNS A<sub>42</sub> to A<sub>40</sub> production rates were 24% higher in mutation carriers compared to non-carriers and this was independent of fibrillar amyloid deposits quantified by PET PiB imaging. The fractional turnover rate of soluble A<sub>42</sub> relative to A<sub>40</sub> was 65% faster in mutation carriers and correlated with amyloid deposition, consistent with increased deposition of A<sub>42</sub> into plaques leading to reduced recovery of A<sub>42</sub> in cerebrospinal fluid (CSF). Reversible exchange of A<sub>42</sub> peptides with pre-existing unlabeled peptide was observed in the presence of plaques. These findings support the hypothesis that A<sub>42</sub> is overproduced in the CNS of humans with presenilin mutations that cause AD, and demonstrate that soluble A<sub>42</sub> turnover and exchange processes are altered in the presence of amyloid plaques, causing a reduction in A<sub>42</sub> concentrations in the CSF.

## Introduction

The pathogenic causes of Alzheimer's disease (AD) are not fully understood, partly due to the difficulty in demonstrating the steps that lead to dementia in humans. However, rare autosomal dominant AD (ADAD) can be predicted with nearly 100% certainty in individuals with specific mutations in the genes encoding presenilin 1 (*PSEN1*), presenilin 2 (*PSEN2*), or the amyloid precursor protein (APP)(1). Recent findings suggest that a series of pathophysiological changes occur in the brains of ADAD mutation carriers decades before clinical dementia manifests (2).

The amyloid hypothesis (3) predicts that AD is caused by increased production or decreased clearance of amyloid-beta (A<sub>β</sub>) in the brain, resulting in amyloidosis and a pathological hallmark of AD, amyloid plaques. A<sub>β</sub> is produced from the C-terminal fragment of amyloid precursor protein (APP) by cleavage of APP by β-secretase to form C99, followed by cleavage of C99 by *PSEN1* or *PSEN2*, the enzymatic components of γ-secretase (4). The principal peptide produced by γ-secretase is a 40-amino acid peptide (A<sub>40</sub>), but this enzymatic cleavage lacks specificity and peptides ranging in length from 38 to 43 amino acids are produced (5). A<sub>42</sub> has attracted considerable attention because it has greater amyloidogenic properties and is the principal component of amyloid plaques (6). In support of the amyloid hypothesis, an APP mutation that reduces A<sub>β</sub> production is associated with a strong protective effect against AD (7), whereas duplication of *APP* or mutations that are thought to increase total A<sub>β</sub> species or A<sub>42</sub> relative to A<sub>40</sub> cause dominantly inherited AD (8–10). In cell culture and in plasma from human ADAD participants, *PSEN* mutations have been reported to increase the A<sub>42</sub>:A<sub>40</sub> ratio (11–14), which is hypothesized to increase the risk of amyloidosis (15). However, others have found that neither the A<sub>42</sub>:A<sub>40</sub> ratio nor A<sub>42</sub> concentrations are increased *in vitro* (16). Furthermore, findings of reduced A<sub>42</sub> concentrations in the cerebrospinal fluid (CSF) of ADAD participants (13, 17) do not directly support the hypothesis that increased A<sub>42</sub> production is an etiological mechanism in dominantly inherited AD.

We previously used stable isotope labeling kinetics (SILK) to examine the turnover kinetics of A<sub>β</sub> in sporadic late onset AD (18). Both sporadic AD and ADAD are associated with lower CSF A<sub>42</sub> concentrations and A<sub>42</sub>:A<sub>40</sub> ratios (13, 17, 19–21). However, *PSEN* mutations in ADAD are hypothesized to cause increased A<sub>42</sub> production (4, 12, 22),

although direct evidence for increased *in vivo* production of A<sub>42</sub> in humans has not been reported.

We hypothesized that the CNS A<sub>42</sub>:A<sub>40</sub> production rate ratio is increased in *PSEN1* and *PSEN2* mutation carriers compared to non-carriers. To address this hypothesis, we performed *in vivo* SILK studies in participants with ADAD mutations and sibling non-carrier controls. A comprehensive compartmental model was developed to determine steady state metabolic kinetic parameters including fractional turnover rates and production rates of A<sub>38</sub>, A<sub>40</sub>, and A<sub>42</sub> for each participant. The A<sub>42</sub> kinetic parameters were compared to the presence of a *PSEN* mutation and insoluble amyloid deposition, which was measured by positron emission tomography (PET) imaging of Pittsburgh compound B (PiB-PET)

## Results

Stable isotope labeling kinetics (SILK) was performed in 11 individuals who carry mutations in *PSEN* associated with ADAD, and in 12 sibling control persons who do not carry *PSEN* mutations. PiB-PET imaging (23) showed virtually no detectable amyloidosis in all non-carriers and in 4 of the mutation carriers (denoted PIB<sup>-</sup>), and considerable amyloidosis in 7 mutation carriers (denoted PIB<sup>+</sup>) (Fig. 1A). A mean cortical binding potential (MCBP) score was calculated from the PET images to obtain a continuous quantitative covariate for statistical analyses.

### Differential A $\beta$ isoform kinetics by mutation and amyloid deposition

Plasma leucine enrichment approximated a constant plateau during the 9-h intravenous <sup>13</sup>C<sub>6</sub>-leucine infusion, and then rapidly decreased after the infusion was stopped (Fig. S1). The <sup>13</sup>C<sub>6</sub>-leucine isotopic enrichments of A<sub>38</sub>, A<sub>40</sub>, and A<sub>42</sub> recovered from CSF were compared between mutation carriers, with or without amyloidosis, and non-mutation carriers to address the relationship between A<sub>42</sub> isoform metabolic kinetics, mutation status, and amyloid deposition.

To compare A<sub>42</sub> isoform kinetics, ratios of labeled A<sub>42</sub> isoform enrichments in the CSF were plotted so that a ratio of one indicates the same isotopic enrichment and kinetics between A<sub>42</sub> isoforms. The A<sub>38</sub>:A<sub>40</sub> labeling ratio was approximately one from 5 to 36 hours in all participant groups (Fig. 1B, **no significant group by time interaction**), indicating similar kinetics between A<sub>38</sub> and A<sub>40</sub>. Similarly, the A<sub>42</sub>:A<sub>40</sub> and A<sub>42</sub>:A<sub>38</sub> labeling ratios were nearly constant at one over time in non-carriers. However, in mutation carriers, the A<sub>42</sub>:A<sub>40</sub> and A<sub>42</sub>:A<sub>38</sub> labeling ratios were elevated during early time points and decreased at later time points (Fig. 1B) in relation to plaque status. Repeated measures ANOVA revealed a significant group by time interaction for both the A<sub>42</sub>:A<sub>40</sub> and A<sub>42</sub>:A<sub>38</sub> labeling ratios ( $P < 0.0001$ ), with a significant linear contrast ( $P < 0.01$ ) between groups at 9 hours and at 18 hours showing an increasing magnitude of effect (non-carrier < mutation carrier PIB<sup>-</sup> < mutation carrier PIB<sup>+</sup>). The A<sub>42</sub> isoform enrichment mismatch was more pronounced in participants with amyloid deposition (PIB<sup>+</sup>), caused by an earlier and lower A<sub>42</sub> peak with a flatter terminal tail compared to A<sub>38</sub> and A<sub>40</sub> (Fig. 1C). The time to reach peak <sup>13</sup>C-labeling in each A<sub>42</sub> isoform was measured for each participant. The A<sub>38</sub>:A<sub>40</sub> peak time ratio was not different between mutation carrier and non-carrier groups ( $1.01 \pm 0.01$  vs.  $1.00 \pm 0.01$ , respectively). In contrast, A<sub>42</sub> peaked at the same time as A<sub>40</sub> in the non-carrier group (A<sub>42</sub>:A<sub>40</sub> peak time ratio =  $1.01 \pm 0.03$ ), whereas A<sub>42</sub> peaked significantly earlier than A<sub>40</sub> in the mutation group (peak time ratio =  $0.93 \pm 0.05$ ,  $p = 0.015$  mutation effect,  $p < 0.001$  for PIB MCBP score).

## A Multi-compartment model to describe A $\beta$ isoform kinetics

A comprehensive compartmental model was developed to quantify steady state A isoform kinetic parameters for each participant dataset. The model incorporated the plasma leucine, A enrichment time course profiles, and the CSF A isoform concentrations for each subject (schematically depicted in Fig. 2). The Supplementary Material shows curve fits for each A isoform time course for each participant (Figs. S3–S5). A reversible exchange compartment was necessary to fit the sigmoidal decay of many labeling curves, especially A<sub>42</sub> in PIB+ participants. The model included an irreversible loss of each soluble A isoform that was not recovered in CSF. The rate constants for transfer between compartments in the model were optimized for each participant and mean values for each parameter are summarized in Table S1. The model describes three fundamental processes that affect A kinetics: production, reversible exchange, and irreversible loss, and accounts for the effect of these processes on CSF A concentrations.

### Increased A $\beta$ <sub>42</sub> and A $\beta$ <sub>42</sub>:A $\beta$ <sub>40</sub> production with PSEN mutations regardless of amyloid deposition

The mutation carriers had an 18% higher absolute A<sub>42</sub> production rate ( $P < 0.05$  for mutation effect) and a 24% higher A<sub>42</sub>:A<sub>40</sub> production rate ratio ( $P < 0.0001$  for mutation effect) than the non-mutation carriers, whereas amyloid load as measured by PIB-PET did not have a significant effect on A<sub>42</sub> production rate (Table 2, Fig. 3A, Fig. S5). There were no differences in A<sub>38</sub> or A<sub>40</sub> absolute production rates or the A<sub>38</sub>:A<sub>40</sub> production rate ratio between carrier and non-carrier groups (Table 2).

### Exchange process required to fit A $\beta$ kinetic curves

To optimally fit the shape and peak magnitude of A isoform enrichment time courses, a compartment was required to model reversible exchange of newly synthesized labeled A peptides with a pre-existing pool of unlabeled A (Fig. 2). The exchange process was of minimal magnitude in non-mutation carriers, in which only ~10% of the flux of newly synthesized A<sub>38</sub>, A<sub>40</sub> or A<sub>42</sub> underwent exchange (Table 2). The percent of A<sub>38</sub> and A<sub>40</sub> that underwent exchange was not significantly different between mutation carriers and non-carriers. However, the exchange for A<sub>42</sub> was significantly greater in carriers compared to the non-carriers ( $51 \pm 58\%$  vs.  $6 \pm 12\%$  of flux, respectively,  $P = 0.004$  for mutation effect,  $P = 0.001$  for PIB status) (Table 2). The exchange process for A<sub>42</sub>, combined with a faster turnover rate of A<sub>42</sub> (see below), provided an excellent fit to the entire shape of the A<sub>42</sub> enrichment time course in all groups including mutation carriers with amyloid deposition (mean  $R^2$  for all participants of 0.994, 0.995, and 0.987 for A<sub>38</sub>, A<sub>40</sub> and A<sub>42</sub>, respectively).

### Higher irreversible loss of A $\beta$ <sub>42</sub> in amyloid deposition

The fractional turnover rate (FTR, pools/h) of soluble A is the rate constant for irreversible loss of soluble A to all metabolic fates; this process is kinetically distinct from reversible exchange. The physiology of the system suggests that the FTR includes irreversible losses to the CSF or bloodstream, degradation, and deposition into amyloid plaques. The A<sub>40</sub> FTR was significantly *slower* in PIB+ compared to PIB- participants ( $P = 0.024$  for PIB MCBP score) and trended towards significance for A<sub>38</sub> ( $P = 0.054$  for PIB MCBP score), but neither was affected by mutation status (Table 2, Fig. 3B). This decreased turnover rate correlated with the extent of amyloidosis measured by PET PIB. In contrast, A<sub>42</sub> FTR trended towards an *increase* in mutation carriers ( $P = 0.065$  for mutation effect) independent of amyloid load (Table 2, Fig. 3B). The A<sub>38</sub>:A<sub>40</sub> FTR ratio was not significantly different between non-carrier and mutation carrier groups, but the A<sub>42</sub>:A<sub>40</sub> FTR ratio was 65%

higher in mutation carriers ( $P < 0.002$  for both mutation status and PIB MCBP score) (Table 2, Fig. 3B).

### Decreased CSF A $\beta$ 42 concentrations only during amyloid deposition

The measured basal concentration of CSF A $\beta$  isoforms were compared by mutation status and PIB MCBP score (Table 2 and Fig. 3C). The A $\beta$  42 CSF concentration and the A $\beta$  42:A $\beta$  40 CSF concentration ratio was significantly reduced in association with amyloid deposition ( $P = 0.003$  for PIB MCBP score; not significant by mutation status), whereas there were no differences between groups for the CSF A $\beta$  38, A $\beta$  40, or A $\beta$  38:A $\beta$  40 concentration ratio (Table 2).

## Discussion

Our study of *in vivo* CNS A $\beta$  isoform kinetics in participants with *PSEN* mutations confirms the hypothesis that the production rate of A $\beta$  42 is increased relative to A $\beta$  40 in humans with *PSEN* mutations associated with ADAD, and also revealed increased exchange of soluble A $\beta$  42 and increased irreversible loss of soluble A $\beta$  42 associated with the presence of fibrillar amyloid plaques. The finding of increased A $\beta$  42 production was predicted by some *in vitro* studies (11, 12) and evidence of altered  $\gamma$ -secretase function in carriers of *PSEN1* or *PSEN2* ADAD mutations (24). Here, we directly quantify increased A $\beta$  42 production *in vivo* in humans due to mutations that cause ADAD, and confirm that such mutations increase CNS A $\beta$  42 production rates *in vivo*. The ratio of A $\beta$  42 to A $\beta$  40 production rates was greater than 15% for almost all mutation carriers (average 17.4%), whereas non-carriers were less than 15% (average 14%), suggesting tight physiological control that is disrupted in the presence of a mutation. There was a ~25% relative increase in A $\beta$  42 to A $\beta$  40 production rate in mutation carriers, which correlates with the 40% decrease in A $\beta$  production due to a mutation that is protective for the development of AD (7). Changes in the A $\beta$  42 to A $\beta$  40 production rate ratio are likely to have a large impact on the rate of A $\beta$  42 deposition into plaques because *in vitro* studies have demonstrated that even relatively small changes in the A $\beta$  42:A $\beta$  40 ratio significantly impact aggregation kinetics and morphology (15) that could promote plaque formation. The A $\beta$  42:A $\beta$  40 ratio and the total amount of A $\beta$  42 have been hypothesized to affect the age of onset of ADAD (25). Some *PSEN* mutations in cultured cells *in vitro* have been reported to decrease A $\beta$  40 production or loss of overall A $\beta$  production (16), however, our *in vivo* SILK studies did not confirm decreased A $\beta$  40 or total A $\beta$  production.

Our finding of a faster irreversible FTR of soluble A $\beta$  42 relative to A $\beta$  38 or A $\beta$  40 in the presence of *PSEN* mutations or plaques was not anticipated. This faster relative FTR was a primary factor causing the A $\beta$  42 isotopic enrichment curve to peak earlier than A $\beta$  38 or A $\beta$  40 in the presence of amyloidosis (Fig. 1). We cannot determine the physiological mechanisms that underlie this irreversible FTR, but it includes all losses of soluble A $\beta$  peptides including transport into CSF or plasma, proteolytic degradation, and deposition into amyloid plaques. The rate constant for transport to CSF is likely to be similar for all A $\beta$  isoforms since the transport of soluble A $\beta$  isoforms to CSF is driven by fluid flow (26). Therefore, the faster relative FTR of A $\beta$  42 in the presence of plaques implies a greater loss of A $\beta$  42 from the system to fates other than CSF. Although we cannot identify the specific fates of peptides permanently lost from the system, our observations are consistent with increased deposition of A $\beta$  42 into amyloid plaques (27, 28) relative to A $\beta$  38 and A $\beta$  40, which subsequently causes increased A $\beta$  42 in brain plaques (29) as shown in Video 1, and a reduction in the amount of A $\beta$  42 recovered in CSF (30). Our finding of increased irreversible FTR of A $\beta$  42 in subjects with *PSEN* mutations but no amyloid load suggests increased A $\beta$  42 deposition may be occurring in these subjects, and SILK studies of A $\beta$  42



turnover kinetics may provide a sensitive window into altered processes before amyloidosis is detectable by PET PIB.

Another unanticipated finding was a reversible exchange process whereby a portion of newly synthesized (i.e. isotopically labeled) peptides exchange with pre-existing unlabeled A<sub>42</sub>. The structure of the pre-existing unlabeled A<sub>42</sub> structures cannot be determined from this tracer study, but they could potentially consist of oligomers or aggregates (31, 32) or may reflect reversible binding of A<sub>42</sub> to the surface of amyloid plaques before structural alterations cause permanent assimilation into plaques (33, 34).

We previously reported that late onset Alzheimer's disease was associated with a slower clearance rate for A<sub>40</sub> and A<sub>42</sub> based on a monoexponential slope applied to the terminal phase (24–36 h) of the SILK enrichment time course (18). The present study utilized a compartmental model to fit the SILK enrichment time courses over the full experimental period (0–36 h) in a manner consistent with known physiological processes (35). This compartmental model confirms the previous report that the FTR is slower for A<sub>40</sub> with increased insoluble amyloid plaque deposition (Table 2). The exchange process described by our compartmental model was minimal for A<sub>38</sub> and A<sub>40</sub> in the presence or absence of amyloid plaques (Table 2), and thus the terminal tail approximates a monoexponential shape for these isoforms. The observation that the irreversible FTRs of A<sub>38</sub> and A<sub>40</sub> are negatively correlated with PIB MCBP score (Table 2) suggests that the presence of plaques substantially alters physiological processes (e.g. fluid flow perfusion through brain tissue) that retards the transfer of soluble A<sub>40</sub> peptide from the brain to CSF. An outcome of this decreased transport to the CSF may be loss of the normal physiological diurnal pattern of CSF A<sub>40</sub> concentrations (36, 37).

The present study also confirms that the terminal slope of the A<sub>42</sub> enrichment curve is slower in the presence of plaques. We observed that A<sub>42</sub> irreversible FTR was increased in the presence of *PSEN* mutations independent of plaque load. The SILK tracer technique thus reveals abnormalities in A<sub>42</sub> before plaques are detectable by PET PIB. Indeed, 3 of the 4 mutation carriers who did not have detectable amyloid plaques by PET PIB had features of A<sub>42</sub> kinetics that were more similar to mutation carriers with amyloid plaques than to non-carriers, including A<sub>42</sub>:A<sub>40</sub> FTR ratio > 1.1, and evidence of A<sub>42</sub> exchange (Fig. S2). These features strongly suggest that plaque development or some form of A<sub>42</sub> aggregation has been initiated in these individuals, but fibrillar plaque load has not reached the threshold of PET PIB detection. In contrast, only one mutation carrier who was PET PIB negative had no evidence of A<sub>42</sub> exchange. This participant also had the highest A<sub>42</sub>:A<sub>40</sub> CSF concentration ratio (0.215; Fig. S4) of all participants in our study (compare to Figs. S2 and S3; this ratio was 27% higher than the next highest concentration ratio observed in individual participants, 0.169), demonstrating that elevated A<sub>42</sub>:A<sub>40</sub> CSF concentration ratios are only observed in ADAD persons in the absence of amyloid plaques. As amyloid deposition in the caudate may be one of the earliest deposition regions, we evaluated caudate PIB as a sensitive measure of amyloid deposition. The caudate PIB and MCBP PIB were highly correlated with each other with a Pearson correlation coefficient of 0.94,  $p=5\times 10^{-11}$ ; no kinetic parameters changed significance with amyloidosis as measured by caudate PIB.

Our findings offer a context for the recent report that CSF A<sub>42</sub> concentration is elevated in ADAD individuals decades prior to predicted age for onset of clinical symptoms of dementia, and then drops below normal as plaques develop (2, 38) (see Fig. 4 for schematic of proposed process). Our finding of increased A<sub>42</sub> production in mutation carriers regardless of the amount of amyloid deposition indicates that increased A<sub>42</sub> production precedes amyloid deposition, and likely occurs decades before the onset of dementia and is possibly present throughout life. The long delay in the emergence of plaque deposits of

A<sub>42</sub> even in the presence of overproduction of A<sub>42</sub> suggests the presence of an initial slow process (e.g. initial A<sub>42</sub> nucleation event in which monomeric A<sub>42</sub> forms small aggregates) followed by a growth phase of A<sub>42</sub> polymerization (39). We therefore hypothesize that A<sub>42</sub> production rate (solid gold line, Fig. 4) remains above “normal” (solid black line) throughout life due to their *PSEN* genotype. ADAD individuals have an increased irreversible loss of soluble A<sub>42</sub> (FTR solid red line, Fig. 4) that tracks or precedes PET-detectable amyloid deposition, consistent with a faster removal of soluble A<sub>42</sub> as it is deposited into plaques. This results in a decreased recovery of A<sub>42</sub> in the CSF, accounting for the decrease in CSF A<sub>42</sub> concentration (solid blue line, Fig. 4) as plaque development proceeds (solid green line, Fig. 4). The physiological identity of the pool(s) in exchange with newly labeled soluble A<sub>42</sub> identified by SILK (dotted black lines, Fig. 4) cannot be determined in this study. If exchange occurs with micelles or oligomers, exchange may precede PET-detectable amyloid deposition (dotted line 1, Fig. 4). If exchange is with plaque surfaces, it may track or even lag behind amyloid deposition (dotted lines 2&3, Fig. 4). Future studies with greater numbers of participants or longitudinal designs will be required to resolve this question.

Although ADAD represents less than one percent of all AD cases, it has been informative for elucidating the pathophysiology of AD, and can manifest as late-onset AD indistinguishable from the more idiopathic forms (40). The findings of this study further support the amyloid hypothesis and provide quantitative estimates of life-long increases in A<sub>42</sub> production that may cause AD in humans. Further, these results indicate profound changes in A<sub>42</sub> kinetics in the presence of amyloid plaques. With increased understanding of the pathogenic causes of AD and the quantitative changes associated with AD pathology, it is hoped that better tests and directed therapeutics can be developed in the future.

## Materials and Methods

### Study Design

This study took place at the Washington University School of Medicine in St. Louis and was approved by the Human Research Protection Office. All participants completed informed written consent. Two groups of volunteers were enrolled in the study: (1) ADAD mutation carriers either with (n=7) or without (n=4) amyloid deposition; and (2) related family members at risk for carrying a mutation, but who do not carry ADAD mutations (n=12).

Binding of carbon 11-labeled Pittsburgh Compound B-positron emission tomography (<sup>11</sup>C] PIB-PET) was used to test for deposition of amyloid plaques in the brain (23). Binding potentials using the cerebellum as a reference region were determined for the prefrontal cortex, precuneus, lateral temporal cortex, and gyrus rectus. The mean cortical PIB binding potential score (PIB MCBP score) was determined by averaging these binding potentials together. A mean PIB MCBP score of 0.18 was considered evidence of amyloid deposition (PIB+), a PIB MCBP score of less than 0.18 was considered to be amyloid deposition negative (PIB–). The highest PIB MCBP score in non-carriers was 0.12.

### Participants Demographics

Twenty-three participants from 9 pedigrees (*PSEN1* Ala79Val, Leu226Arg, His163Arg, Met146Leu, Met139Ile, Gly217Arg, Ala246Glu, and *PSEN2* Asn141Ile) completed A<sub>42</sub> stable isotope labeling kinetics studies. Twelve (52%) of the participants were male. The average age of mutation carriers was  $43.2 \pm 12.7$ , and non-carriers was  $47.7 \pm 14.8$  ( $P > 0.05$ ). Eight *PSEN1* mutation carriers and 3 *PSEN2* mutation carriers were included in the analysis with sibling controls. Two mutation carriers were rated as having prodromal dementia and one with mild dementia. Eight mutation carriers were cognitively

asymptomatic, as were all non-carriers. Seven mutation carriers were PIB+, and 4 of the mutation carriers and all non-carriers were PIB-; the average PIB MCBP score was significantly different between groups,  $0.03 \pm 0.04$  vs.  $0.43 \pm 0.45$  for non-carriers and mutation carriers, respectively ( $P=0.005$ ). At least one APOE epsilon4 allele was present in 33% ( $n=4$ ) of the non-carrier group, 25% of the mutation-carrier PIB- group, and 28% of the mutation-carrier PIB+ group ( $p>0.05$ ).

### Sample collection

The SILK clinical study followed the procedure previously described (41). Briefly, intravenous and intrathecal lumbar catheters were placed between 7:30 AM and 9:00 AM, and the collection of samples was started between 8:00 AM and 9:30 AM. After initial CSF and plasma baseline samples were collected, participants were infused with a bolus of  $3 \text{ mg kg}^{-1} \text{ L-[U-}^{13}\text{C}_6\text{] leucine}$  for 10 minutes, followed by  $2 \text{ mg kg}^{-1} \text{ h}^{-1}$  for the remainder of the first 9 hours. For the 36 hours of the study, 6 mL of CSF were obtained every hour, afterwards the catheters were removed and participants remained on bed rest for 12 hours. Aliquots of CSF were frozen at  $-80^\circ\text{C}$  immediately in 1-mL polypropylene tubes after being collected. Venous blood samples (12 mL) were obtained at hourly intervals from 1–13 h, then at 17 and 36 h, and plasma stored at  $-80^\circ\text{C}$  for the determination of plasma leucine enrichment.

### Analysis of CSF samples

All procedures relating to clinical studies, sample processing, and sample analysis were performed blinded to mutation, clinical, and amyloid status. From each hour of collection, 1 mL of CSF was thawed, and A $\beta$  was immunopurified and isotopic enrichment of A $\beta$  isoforms were measured using liquid chromatography mass spectrometry similar to prior studies (18), except for dedicated measurement of A $\beta$  38, A $\beta$  40, and A $\beta$  42 C-terminal peptides.

### Measurements of A $\beta$ 38, A $\beta$ 40, and A $\beta$ 42 C-terminal peptides

A mid-domain antibody (HJ5.1, anti-A $\beta$  13-28) was covalently bound to CNBr Sepharose beads and stored in a 50% slurry of 0.02% PBS azide at  $4^\circ\text{C}$ . The immunopurification mixture was comprised of 800  $\mu\text{L}$  CSF, 20  $\mu\text{L}$  of a solution containing C12N15 A $\beta$  40, A $\beta$  42, and A $\beta$  38 for quantification by internal standard; 12.5  $\mu\text{L}$  100x protease inhibitor, 110  $\mu\text{L}$  5M guanidine, and 30  $\mu\text{L}$  antibody-bead slurry. Beads were rotated in an Eppendorf Axygen tube for 2 hours at room temperature, and rinsed with 0.5 M guanidine followed by two rinses of 25 mM ammonium bicarbonate. All liquid was removed by aspiration, and then neat formic acid was added to elute A $\beta$  from the antibody-bead complex. The formic acid supernatant was transferred to a new polypropylene tube and dried in a vacuum dryer (Labconco CentriVap). The sample was reconstituted with 25  $\mu\text{L}$  25mM ammonium bicarbonate and digested with 2.5 ng Lys-N overnight at  $37^\circ\text{C}$ . This solution was dried in the speed-vacuum and resuspended in 10% formic acid, 20% dimethyl sulfoxide. 3  $\mu\text{L}$  of this sample was injected into a NanoAcquity Ultra Performance Liquid Chromatography system, and then analyzed by a XEVO TQ-S mass spectrometer (Waters). MassLynx V4.1 was used to quantify the mass spectrometry data. For determination of plasma  $^{13}\text{C}_6$ -leucine enrichment, amino acids were recovered from plasma using cation exchange chromatography, converted to N-heptafluorobutyl n-propyl esters derivatives, and isotopic enrichment ( $m/z$  349 and 355) measured using gas chromatography-negative chemical ionization-mass spectrometry (Agilent 6890N Gas Chromatograph and Agilent 5973N Mass Selective Detector (GC-MS); Agilent, Palo Alto, CA) as described (42). The GC-MS instrument response was calibrated using gravimetric standards of known isotope enrichment.



## Compartmental model for A $\beta$ 38, A $\beta$ 40, and A $\beta$ 42 kinetics

A comprehensive steady state compartmental model that accounts for the full time course of A $\beta$  38, A $\beta$  40, and A $\beta$  42 enrichments and CSF concentrations was developed; a schematic diagram of the model is shown in Fig. 2. The model consists of a series of interconnected compartments with first order rate constants that describe the transfer of labeled species between compartments. Modeling was performed using SAAM II (Resource for Kinetic Analysis, University of Washington, Seattle). The model consists of 3 parallel arms, one for each A $\beta$  isoform. The enrichments of plasma leucine and CSF A $\beta$  peptides were measured at frequent time intervals (indicated by solid triangles). Plasma leucine is used as the tracer precursor for CSF A $\beta$  peptides because we have shown that, given a sufficiently long infusion, CSF A $\beta$  enrichments essentially match that of plasma leucine in monkeys (43). A “forcing function” was used to describe the time course of plasma  $^{13}\text{C}_6$ -leucine enrichment using a linear interpolation between measured samples.

Preliminary modeling revealed that the isotopic enrichment time course for each A $\beta$  isoform could be optimally described by a single compartment coupled with a long time delay that consisted of five sub-compartments. Based on known physiology, two of these delay compartments (representing APP and C99 peptides) were placed in front of the compartments that represent the brain “soluble” A $\beta$  peptides, as *in vivo* tracer studies in mice show that APP and C99 have relatively long half-lives (~3 h) (44) that should contribute to the overall time delay before labeled A $\beta$  is detected at the lumbar sampling site. The remaining three delay compartments were placed after the “soluble” A $\beta$  compartments, to represent perfusion of labeled peptides through brain tissue and heterogeneous CSF fluid transport processes. Given that preliminary modeling indicated that a single time delay process could be identified within the data, the turnover rates for APP, C99, and each of the 3 CSF delay compartments were set to a single adjustable parameter that affects the overall time delay.

The model takes into consideration that some of the C99 and soluble A $\beta$  peptides are metabolized to fates other than A $\beta$  peptides that appear at the CSF sampling site. The physiological nature of these other losses for soluble A $\beta$  peptides are unknown, but includes all processes that remove soluble peptides irreversibly, e.g. deposition into plaques, cellular uptake, and proteolytic degradation. A compartment in exchange with the “soluble” A $\beta$  peptide was necessary to optimally fit the sigmoid shape of the CSF A $\beta$  enrichment time courses after the peak enrichment, particularly for A $\beta$  42 in the mutation carrier PIB+ group; this exchange process was added for an isoform only if it improved the Akaike Information Criteria (AIC) of the fit as provided by SAAMII. A scaling factor was applied to each of the A $\beta$  isoform enrichments if it improved the AIC, to account for small amounts of isotopic dilution between plasma leucine and the biosynthetic precursor pool (generally < 5%) or to correct for minor calibration errors (generally <10%) in the measurement of isotope enrichments of plasma leucine or A $\beta$  peptides.

Based on the optimized kinetic parameters that describe the shape and magnitude of the CSF A $\beta$  enrichment time course, the model determines the rate constant (pools/h) for production of each A $\beta$  peptide from their common C99 precursor to accurately project the measured baseline CSF A $\beta$  peptide concentrations. The model projects the steady state masses (ng) within and the flux rates (ng/h) between all compartments for each A $\beta$  isoform.

## Statistical Analyses

Ratios of isotopic enrichments between peptides at all time points were analyzed by repeated measures ANOVA. When the time by group interaction was significant, enrichment ratios at individual time points were analyzed by ANOVA with a linear contrast to test for significant

group effects. ANOVA was performed using a mutation status main effect, adjusting for PIB MCBP score as a covariate. Variables were tested for normal distribution by Shapiro-Wilk criterion; variables that were not normally distributed were log transformed before performing ANOVA. The distribution of rate constants describing the exchange process revealed by the model was analyzed by Mann-Whitney U test as log transformation did not normalize the distribution. Statistics were performed with IBM SPSS, v. 20. A P value < 0.05 was considered to be statistically significant. Unless otherwise noted, results shown are mean  $\pm$  SD for normally distributed variables, or as median with [interquartile range] for non-normally distributed variables. Graph generations were performed in GraphPad Prism version 5.01 for Windows (GraphPad Software, San Diego, California).

## Movie Methods

A video illustrating the isotope labeling model for soluble A<sub>42</sub> and A<sub>40</sub> was created using Matplotlib (41). Compartments for soluble, exchange, and irreversible loss (plaque) are shown over the MNI152 template image included as part of the FMRIB Software Library (42). The location of the fibrillar plaque compartment in the illustration was determined by thresholding the average PiB image for PiB+ mutation carriers. The growth of the soluble, exchange, and irreversible loss compartments followed the normalized production rates for each peptide. Note that the sizes of the A<sub>42</sub> compartments are greatly exaggerated for visualization purposes.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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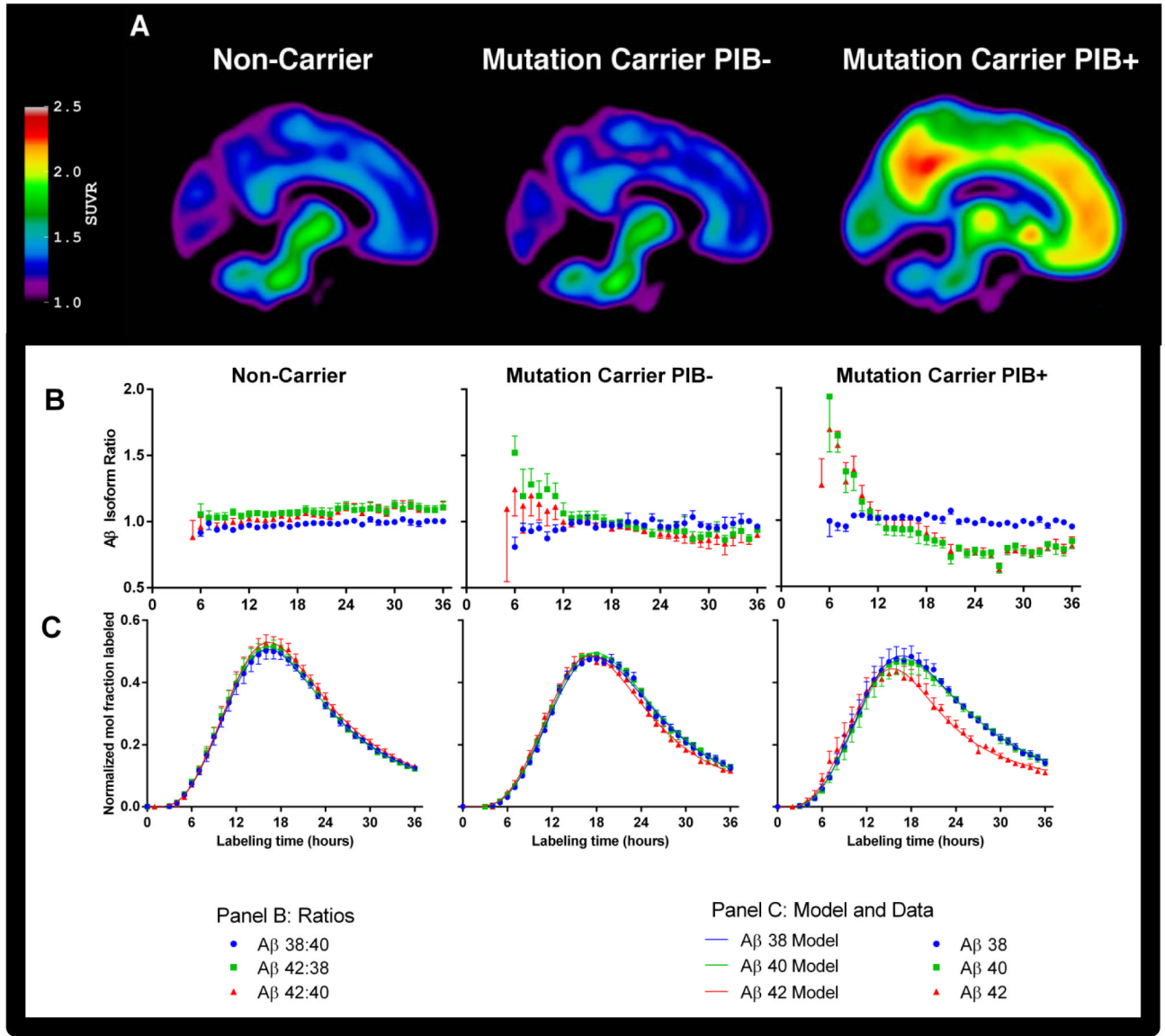
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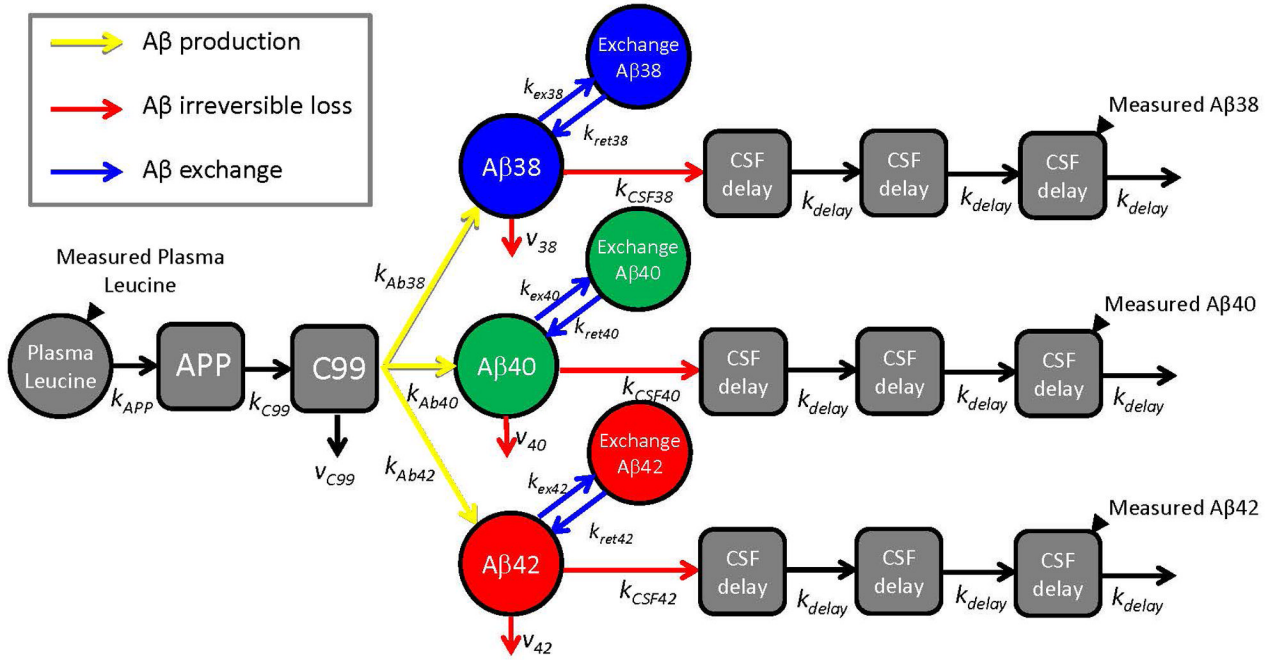
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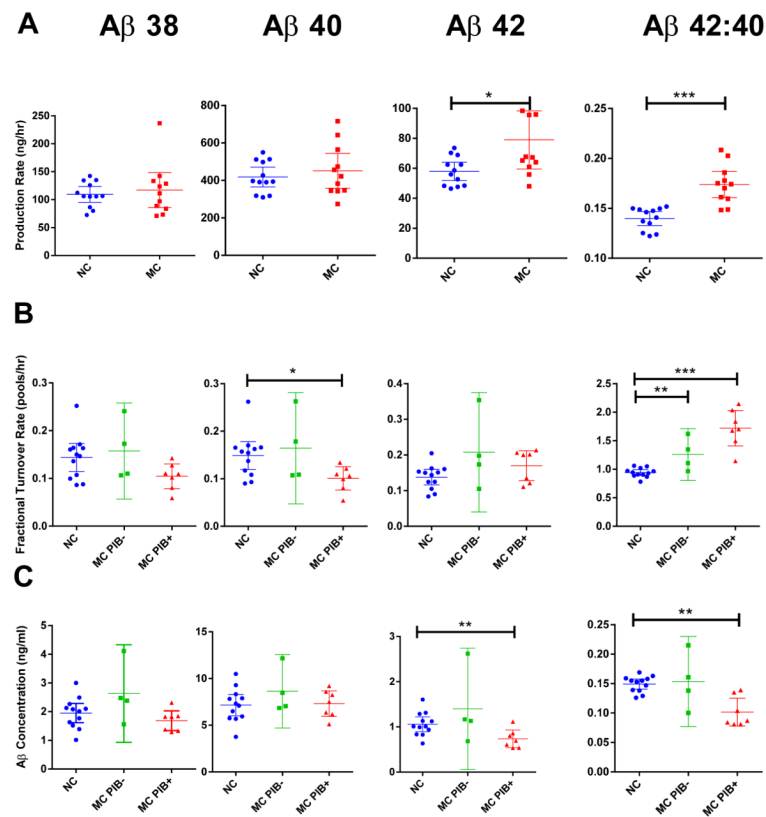




**Fig. 1. PET images and isotopic enrichment time course profiles of CSF A $\beta$  peptides**  
**(A)** Composite PET images showing [ $^{11}\text{C}$ ]Pittsburgh compound B binding in participants who are non-carriers of *PSEN* mutations (left column), and *PSEN* mutation carriers who lack (PIB $^-$ , middle column) or have (PIB $^+$ , right column) evidence of amyloidosis. **(B, C)** Average A $\beta$  isotopic kinetic time course profiles in CSF showing the A $\beta$  42:40, A $\beta$  38:40, and A $\beta$  42:38 isotopic enrichment ratios **(B, middle panel: A $\beta$  38:40, blue circles, A $\beta$  42:38 green squares, and A $\beta$  42:40 red triangles)** and as enrichment ratios normalized to plasma leucine plateau enrichments **(C, lower panel: A $\beta$  38 blue circles, A $\beta$  40 green squares, A $\beta$  42 red triangles)**. A $\beta$  38 and A $\beta$  40 present similar labeling profiles in all subject groups, whereas A $\beta$  42 kinetics deviate from A $\beta$  38 and A $\beta$  40 only in mutation carriers, as evident in the A $\beta$  42:40 and A $\beta$  42:38 ratio profiles. Data points represent the mean  $\pm$  SD for group-averaged values, and the solid lines represent the model fits to the data using the model in Fig. 2.

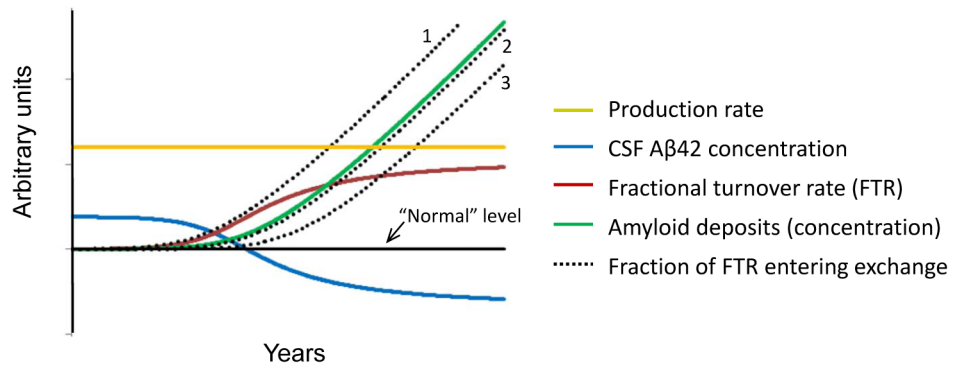


**Fig. 2. Schematic diagram of compartmental model of A $\beta$  38, A $\beta$  40, and A $\beta$  42 metabolism**  
 Solid black triangles depict sampling sites for plasma leucine and CSF A $\beta$  peptides. Production of A $\beta$  peptides is signified by yellow arrows, exchange by blue arrows, and irreversible loss by red arrows. The model incorporated the labeling time course of plasma  $^{13}C_6$ -leucine, APP production and processing to C99 peptide, and A $\beta$  38, A $\beta$  40, or A $\beta$  42 production from C99. The labeled A $\beta$  38, A $\beta$  40, and A $\beta$  42 that are sampled in CSF are presumed to be soluble within the “brain” compartment. The soluble A $\beta$  peptides may exchange with other unlabeled A $\beta$  structures, may be transported to CSF, or may be lost due to other processes (e.g. transport to blood, plaque deposition, or cellular degradation). Transport through CSF is modeled as a three compartment time delay.



**Fig. 3. A concentrations and selected kinetic parameters**

Parameters for A $\beta$  production rate (A), fractional turnover rate (FTR) (B), and baseline CSF concentrations (C) are shown for each group by mutation status and without (PIB-) or with (PIB+) evidence of amyloid deposition. Each parameter was measured for A $\beta$  38 (1<sup>st</sup> column), A $\beta$  40 (2<sup>nd</sup> column), A $\beta$  42 (3<sup>rd</sup> column) and the A $\beta$  42: A $\beta$  40 ratio (4<sup>th</sup> column), and compared by mutation status and amyloid deposition. Error bars indicate 95% confidence intervals (CI). Mutation status compared when amyloid deposition did not affect magnitude or significance. \* P<0.05, \*\* P<0.01, \*\*\* P<0.001, p-values by ANOVA based on mutation status with PIB MCBP score as a covariate. Non-carriers, blue circles; mutation carriers PIB- (MC PIB-), green squares; mutation carriers PIB+ (MC PIB+), red triangles. Each point represents one participant.

**Fig. 4.**

Potential scheme for the time course of plaque deposition in ADAD.

The solid black line signifies “normal” for each measure. The production rate of A 42 relative to A 40 (gold) remains constant throughout life before and during plaque deposition (production rate was different by mutation status but not by amyloid deposition). CSF concentration of A 42 (blue) starts elevated above normal due to overproduction, then decreases to below normal due to an increase in the fractional turnover rate (FTR; red) of A 42 relative to A 40. As the amount of amyloid plaques increases over time (green), the extent of A 42 exchange (dotted) may precede (e.g. if due to oligomer formation), follow closely, or lag behind amyloid deposition (e.g. if due to reversible interaction with amyloid plaques).

**Table 1**

Complete list of model parameters.

Parameter	Non-carriers	Mutation-carrier PIB-	Mutation-carrier PIB+
$k_{APP}$	1,171 ± 227	1,304 ± 602	1,291 ± 324
$k_{C99}$	0.666 ± 0.112	0.553 ± 0.083	0.695 ± 0.096
$k_{A\ 38}$	0.062 ± 0.010	0.055 ± 0.016	0.059 ± 0.008
$k_{A\ 40}$	0.238 ± 0.041	0.187 ± 0.023	0.247 ± 0.037
$k_{A\ 42}$	0.033 ± 0.006	0.034 ± 0.007	0.041 ± 0.006
$v_{C99}$	0.333 ± 0.056	0.276 ± 0.041	0.347 ± 0.048
$v_{38}$	0.069 ± 0.023	0.075 ± 0.027	0.054 ± 0.015
$v_{40}$	0.074 ± 0.023	0.082 ± 0.037	0.050 ± 0.013
$v_{42}$	0.064 ± 0.014	0.126 ± 0.072	0.120 ± 0.037
$k_{CSF}$	0.074 ± 0.023	0.082 ± 0.037	0.050 ± 0.013
$k_{ex38}$	0.020 ± 0.038	0.000 ± 0.000	0.000 ± 0.000
$k_{ex40}$	0.016 ± 0.032	0.009 ± 0.018	0.000 ± 0.000
$k_{ex42}$	0.010 ± 0.021	0.041 ± 0.045	0.120 ± 0.107
$k_{ret}$	0.1	0.1	0.1
$k_{delay}$	0.666 ± 0.112	0.553 ± 0.083	0.695 ± 0.096
$SF_{38}$	0.937 ± 0.066	0.885 ± 0.063	0.979 ± 0.092
$SF_{40}$	0.933 ± 0.043	0.916 ± 0.078	0.977 ± 0.130
$SF_{42}$	0.972 ± 0.102	0.879 ± 0.021	0.912 ± 0.151

aAll units are first order rate constants with units  $h^{-1}$ , except for scaling factors (SF), which are unitless, and  $k_{APP}$ , which is a zero order rate constant for APP production (ng/h). Note that  $k_{C99} = k_{delay}$ ;  $k_{A\ 38} + k_{A\ 40} + k_{A\ 42} = v_{C99}$ ; and  $k_{A\ 38} + k_{A\ 40} + k_{A\ 42} + v_{C99} = k_{delay}$ . Values are mean ± SD



Table 2

CSF A isoform concentrations and selected model kinetic parameters.

	Non-carriers (n=12)	Mutation carriers (n=11)	P-values <sup>d</sup>	
			Mutation status	PIB MCBP score
<b>Production rate, ng/h</b> (e.g. C99 pool size $\times$ $k_{A\ 42}$ )			Mutation status	PIB MCBP score
A 38	106[41]	111[50]	0.603	0.571
A 40	418 $\pm$ 83	452 $\pm$ 138	0.621	0.901
A 42	57[19]	67[35]	<b>0.038</b>	0.769
A 38:A 40 ratio	0.267[0.021]	0.252[0.052]	0.692	0.179
A 42:A 40 ratio	0.140 $\pm$ 0.011	0.174 $\pm$ 0.020	<b>9<math>\times</math>10<sup>-5</sup></b>	0.312
<b>Percentage of flux going to exchange (%)<sup>b</sup></b>			Mutation status	PIB status
A 38	9.8 $\pm$ 16.6	0 <sup>c</sup>	0.190	0.376
A 40	7.8 $\pm$ 13.9	1.2 $\pm$ 4.1	0.316	0.249
A 42	5.8 $\pm$ 11.5	50.8 $\pm$ 57.6	<b>0.004</b>	<b>0.001</b>
<b>Permanent loss of soluble A to all fates (fractional turnover rate, FTR) (pools/h)</b> (e.g. $v_{42}+k_{CSF}$ )			Mutation status	PIB MCBP score
A 38	0.144 $\pm$ 0.046	0.124 $\pm$ 0.049	0.802	0.054
A 40	0.156[0.055]	0.109[0.035]	0.990	<b>0.024</b>
A 42	0.147[0.049]	0.198[0.086]	0.065	0.548
A 38:40 ratio	0.964 $\pm$ 0.038	1.013 $\pm$ 0.047	0.157	0.115
A 42:40 ratio	0.942 $\pm$ 0.080	1.553 $\pm$ 0.382	<b>0.0016</b>	<b>0.0003</b>
<b>CSF concentration by IP-MS (ng/mL)</b>			Mutation status	PIB MCBP score
A 38	2.05[0.69]	1.82[1.00]	0.296	0.105
A 40	7.15 $\pm$ 1.80	7.79 $\pm$ 1.89	0.199	0.272
A 42	1.01[0.39]	0.80[0.52]	0.537	<b>0.007</b>
A 38:A 40 ratio	0.272 $\pm$ 0.014	0.256 $\pm$ 0.053	0.803	0.068
A 42:A 40 ratio	0.149 $\pm$ 0.013	0.121 $\pm$ 0.042	0.720	<b>0.003</b>

Parameters were determined based on the best-fit to a compartmental model of A turnover and production. Outcomes were compared by mutation status using ANOVA after adjusting for fibrillar amyloid deposition by treating PIB MCBP score as a covariate. Kinetic parameters are identified with terminology (Fig. 2).  $P < 0.05$  in bold.

<sup>a</sup>P-values by ANOVA based on mutation status with PIB MCBP score as a covariate.

<sup>b</sup>Analyzed by non-parametric Mann-Whitney U test due to non-normal distribution, based on mutation status and PIB status (rather than PIB MCBP score).

<sup>c</sup>No exchange observed in any subject.