T-Cell Costimulatory Blockade in Organ Transplantation

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Before it became possible to derive T-cell lines and clones, initial experimentation on the activation requirements of T lymphocytes was performed on transformed cell lines, such as Jurkat. These studies, although technically correct, proved misleading as most transformed T cells can be activated by stimulation of the clonotypic T-cell receptor (TCR) alone. In contrast, once it became possible to study nontransformed T cells, it quickly became clear that TCR stimulation by itself is insufficient for optimal activation of naïve T cells, but in fact, induces a state of anergy. It then became clear that functional activation of T cells requires not only recognition of major histocompatibility complex (MHC) and peptide by the TCR, but also requires ligation of costimulatory receptors expressed on the cell surface.

Costimulatory molecules can be divided based on structural similarities, expression patterns, and functional outcome of stimulation. Costimulatory molecules are structurally categorized into immunoglobulin (Ig) superfamily, tumor necrosis factor receptor (TNFR) family, and the T-cell Ig and mucin (TIM) family. This review will focus on costimulatory receptor structure and signaling and review experimental, preclinical, and clinical data regarding their efficacy in transplantation.

CD28/CTLA-4

CD28 is both the first identified and the prototypical costimulatory receptor expressed by T cells (June et al. 1987; Lindsten et al. 1989). Costimulation via CD28 is critical for activation of naïve T lymphocytes and avoidance of anergy (Jenkins et al. 1987a,b; DeSilva et al. 1991; Harding et al. 1992). CD28 is expressed as a homodimer and binds the ligands CD80 (B7-1) and CD86 (B7-2) (June et al. 1994). In mice, CD28 is constitutively expressed by all T cells and by a small subset of myeloid-derived cells. In humans, CD28 is similarly restricted to T cells; all CD4 T cells constitutively express CD28, but expression is absent on a subset of CD8 memory T cells (Lenschow et al. 1996).

CD28 is a type I transmembrane receptor with a single immunoglobulin domain in the extracellular portion and a relatively short cy-

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toplasmic tail (Fig. 1). The cytoplasmic region (41 aa in human and 38 aa in mouse) has no intrinsic enzymatic activity, but contains several protein interaction motifs (Rudd and Schneider 2003). There are four tyrosines that can be phosphorylated, presumably by the src-family kinases LCK and FYN. When phosphorylated, these tyrosines can act as a binding site for proteins containing src-homology (SH)2 domains. There are also two PxxP motifs that mediate interactions with SH3 domains. Furthermore, there is a single YMNM motif allowing for interaction with the p85 subunit of PI3K as well as the Grb2/GADS adaptors. These initial phosphorylation and adaptor binding events lead to changes in downstream signal transduction and eventually changes in gene expression. Whether these proximal events mediate pathways distinct from the TCR or amplify TCR signals remains controversial. What is clear is that coligation of TCR/CD3 and CD28 leads directly to up-regulation of genes involved in T-cell activation including IL-2 and the IL-2 receptor α (CD25)

genes. CD28 costimulation also results in transactivation of the antiapoptotic factors BCL2 and BCL-XL (Boise et al. 1995).

CTLA-4 also binds CD80/CD86 but differs in expression pattern, signaling, and functional outcome (Linsley et al. 1991; Krummel and Allison 1995). CTLA-4 is expressed as a homodimer on activated but not naïve T cells and constitutively on Foxp3⁺ regulatory T cells. There are multiple splice variants of CTLA-4 that have been correlated with susceptibility to autoimmune disease (Ueda et al. 2003). The extracellular portion of CTLA-4 is highly homologous to that of CD28 but has a higher binding affinity for CD80/CD86. The higher affinity has been exploited to generate a fusion protein (CTLA-4Ig) that interferes with CD28 activation and can alter in vivo immune responses (see below). The intracellular regions differ substantially resulting in alternate function. The CTLA-4 cytoplasmic tail contains a YxxM motif that binds PI3K but also the PP2A and SHP-2 phosphatases. Given the binding



Figure 1. Costimulatory molecules and proximal signaling components. Immunoglobulin superfamily (*top*) and TNF superfamily receptors (*bottom*) expressed on T cells are shown on the *left*. Ligands are depicted in the antigen-presenting cell (APC) on the *right*. Dotted lines represent receptor–ligand pairs. Signaling motifs within the cytoplasmic tails are indicated in blue rectangles. Black circles represent phosphorylatable tyrosines. Proteins that interact directly with the cytoplasmic tails of costimulatory molecules are shown. Details of the signal transduction proteins are described in the text.

of negative regulators, it is not surprising that CTLA-4 ligation sends a "negative" signal involving phosphatase-mediated inactivation of a number of proximal signaling pathways.

Until very recently, the major mechanism of CTLA-4-mediated function was believed to be cell intrinsic owing to increased affinity to CD80/CD86 and intracellular signal dampening, but there is a growing realization that CTLA-4 also functions in a cell-extrinsic manner (Walker and Sansom 2011; Corse and Allison 2012; Wang et al. 2012). Interestingly, a majority of CTLA-4 expressed in Tregs is localized to membranes of intracellular compartments rather than the cell surface (Leung et al. 1995; Valk et al. 2006). CTLA-4 is cycled to the surface of these cells following a TCR stimulation energy-dependent process likely involving TRIM (TCR interacting molecule) and the clatherin adaptor AP2 (Shiratori et al. 1997; Valk et al. 2006). Following binding of CTLA-4 to B7 expressed on antigen-presenting cells, CTLA-4 internalizes and via continued interaction with CD80/CD86, removes those critical molecules from antigen-presenting cells through a process termed trans-endocytosis or trogocytosis (Qureshi et al. 2011). Thus, CTLA-4 can negatively regulate an immune response through cell intrinsic signal dampening and cell-extrinsic alteration of antigen-presenting cells.

Immunosuppressive agents to block the pathway by targeting the CD28 "positive" signal have been in development for more than two decades. Among the first approaches used, and one which turned out to be successful as well, was to use the extracellular portion of CTLA-4 to generate a fusion protein with the Fc portion of IgG1, called CTLA-4Ig (Linsley et al. 1992). Administration of CTLA-4Ig prolongs allograft and xenograft survival in rodent models of islet, heart, and kidney transplantation and can induce tolerance under some conditions (Lenschow et al. 1992; Turka et al. 1992; Lin et al. 1993; Pearson et al. 1994; Azuma et al. 1996). CTLA-4Ig has been used more effectively in combination with additional agents and is a cornerstone for most regimens of costimulation blockade in rodents (see below). Interestingly, depending on the details of the timing of administration and degree of mismatch, CTLA-4Ig administration can accelerate rejection, likely owing to the effects on regulatory T cells (Charbonnier et al. 2012; Riella et al. 2012).

ICOS

Inducible T-cell costimulator (ICOS; CD278) is an Ig superfamily member expressed as a disulfide-linked homodimer (Hutloff et al. 1999; Simpson et al. 2010). ICOS transcription is regulated by calcineurin-dependent signals downstream from TCR and CD28 (Tan et al. 2006). Original descriptions had expression limited to activated T lymphocytes, but ICOS has subsequently been detected on NK, NKT, and T regulatory cells.

ICOS activity is initiated by interaction with its ligand ICOSL (also known as B7RP-1, B7h, CD275) leading to increased survival and proliferation with reduced IL-2 production when compared with CD28 costimulation. The intracellular region of ICOS contains an SH2 binding YMFM motif that recruits both the p85 and p50α regulatory isoforms of PI3K (Fos et al. 2008). The p50 α isoform imparts a stronger signal and greater downstream AKT activity when compared with CD28-mediated activation via p85. ICOS/ICOSL may be sufficient for AKT phosphorylation-independent TCR cross-linking (Fos et al. 2008). ICOS/ICOSL also activates the MAPK pathway with resulting phosphorylation of ERK and p38, but interestingly not JNK (Parry et al. 2003).

ICOS expression is critical for T-cell differentiation of Th1, Th2, and Th17 cells and their effector function (Gonzalo et al. 2001; Rottman et al. 2001; Banquet et al. 2009). There is conflicting data as to whether ICOS predominantly regulates Th1 versus Th2 responses. ICOS is critical for T-cell-dependent B-cell activation and function. ICOS-deficient mice display defective germinal center formation and immunoglobulin isotype switching (McAdam et al. 2001). These defects result from reduced T_{FH} and Th17 generation and a reduction in CD40 L/CD154 expression on T cells (McAdam et al. 2001; Bauquet et al. 2009). Allograft survival of MHC-mismatched hearts is prolonged from \sim 7 to 21 days in both ICOS^{-/-} recipient mice and in the setting of anti-ICOS antibody treatment (Ozkaynak et al. 2001). Interestingly, the combination of anti-ICOS plus cyclosporine was synergistic leading to >100 day survival without histological evidence of chronic rejection (Ozkaynak et al. 2001).

PD1

The programmed death 1 (PD1/CD279) receptor is a type 1 transmembrane protein with a single extracellular immunoglobulin domain that confers specificity to its ligands PDL1 and PDL2. PD1 is constitutively expressed on NK, NK-T, a subpopulation of dendritic cells (DCs), and activated monocytes. PD1 is not expressed on naïve T or B cells, but is up-regulated following activation, and is maintained by continuous TCR stimulation. High levels of PD1 are found on "exhausted" CD8 T cells during chronic infection (Barber et al. 2006). Transcription of PD1 is in part regulated by NFATc1; calcineurin inhibitor (CNI) treatment decreases PD1 levels (Oestreich et al. 2008). PD1 is expressed constitutively on Treg and TFH subsets of CD4⁺ T cells.

The intracellular region of PD1 contains immunoreceptor tyrosine-based inhibitory and switch motifs (ITIM and ITSM). Phosphorylation of these motifs leads to recruitment of SHP1 and SHP2 phosphatases. SHP1 and SHP2 dephosphorylate a number of key signaling molecules including CD3, ZAP70, and PI3K (Parry et al. 2005), thus inhibiting activating signals and costimulation. Signaling through PD1 can alter differentiation of T cells through decreasing GATA3, Tbet, and eomesodermin expression. PD1 ligation decreases TCR-mediated generation of effector cytokines such as IFN- γ , TNF- α , and IL-2. Interestingly, blockade of PD1/PDL1 has been exploited to reverse T-cell exhaustion in mouse models of chronic infection and cancer (Iwai et al. 2002; Barber et al. 2006).

Experimental manipulation of the PD1/ PDL1 axis has shown that this inhibitory pathway is critical for allograft tolerance and rejection. In general, limiting PD1/PDL1 accelerates rejection. For example, PD1 KO or PDL1 KO recipients overcome costimulation blockade (CD154 + CTLA-4Ig)-induced tolerance and reject BALB/c vascularized heart allografts within 1–2 weeks (Wang et al. 2007). Conversely, blockade with a PDL1 fusion protein (PDL1-Ig) in combination with cyclosporine or rapamycin significantly prolongs fully MHC-mismatched cardiac allograft survival (Ozkaynak et al. 2002).

CD40/CD40L (CD154)

CD40 and its ligand CD154 (CD40L/CD40 ligand) are costimulatory molecules critical for B-T interactions required for generation of high affinity, isotype switched antibodies (Elgueta et al. 2009). CD40 is a type II transmembrane protein that is a member of the TNFR superfamily. The extracellular region contains a β -sheet, α -helix loop, β -sheet sequence that allows for trimerization of the receptor. CD40 is expressed on antigen-presenting cells including dendritic cells, monocytes, and importantly on B lymphocytes. CD40 expression has also been shown on multiple nonhematopoietic cell types including fibroblasts, epithelial, and endothelial cells. CD154 is expressed primarily on activated T cells, but has been detected on activated B cells and platelets as well as monocytes, NK cells, mast cells, and basophils. Thrombosis as a result of CD154 expressed on platelets has limited its applicability as a therapeutic target (see below).

CD40 signaling depends on interaction of its cytoplasmic tail with TNFR-associated factors (TRAFs). There are six members of the TRAF family, designated TRAF1 through TRAF6. TRAF1, TRAF2, and TRAF 3 are recruited to CD40 via a PxQxT motif (Pullen et al. 1999); TRAF6 is recruited to the more membrane proximal QxPxEx sequence (Bishop et al. 2007). Activation of CD40 and recruitment of TRAFs leads to activation of the NF- κ B, p38, Jnk, and Akt pathways. The specific pathways regulated by different TRAF proteins is beyond the scope of this review and can be found in detail elsewhere (Elgueta et al. 2009).

CD40/CD40L interactions have roles in both T-cell- and B-cell-mediated immunity through direct effects on lymphocytes and via generation and stabilization of the germinal center response (Foy et al. 1993, 1994; Van den Eertwegh et al. 1993). CD40 expressing DCs and B cells can activate T cells in lymph nodes during a normal immune response generating germinal centers. CD40/CD40L interactions are critical for maturation and survival of DCs via activation of the NF- κ B pathway and up-regulation of the antiapoptotic factor Bcl-xL (Ouaaz et al. 2002). Survival and proliferation of B cells and activation of antigen-specific T cells also depend on CD40/CD40L interaction.

Interest in the CD40/CD40L pathway is second only to CD28/B7 in transplantation (reviewed in Quezada et al. 2004). A single dose of anti-CD40L (MR1 clone) is sufficient to induce long-term survival of fully mismatched cardiac allografts in a majority of mice (Hancock et al. 1996). Anti-CD40 treatment is synergistic with donor-specific transfusion (DST) of splenocytes resulting in long-term survival in 100% of recipients (Hancock et al. 1996). Combining MR1 with CTLA-4Ig leads to long-term acceptance of heart or skin Balb/c to C3H allografts (Larsen et al. 1996). Conversely, CD40/ CD28 double knockout mice reject DBA/2 to C57BL/6 skin with only slightly delayed kinetics (Demirci et al. 2004).

OX40

OX40 (CD134; TNFRSF4) is a 50 kDa type 1 transmembrane protein that is a member of the TNFR superfamily. OX40 is expressed on most CD4 and CD8 T lymphocytes including naïve, Th1, Th2, Th17, and Treg. It is not expressed on resting memory T cells but can be rapidly reexpressed following TCR stimulation. Expression on natural Tregs begins during development in the thymus and is constitutive. OX40 is also expressed by NK and NKT cells. OX40L, the only known ligand for OX40, is expressed as a trimer cell surface of APCs including B cells.

The OX40 cytoplasmic tail contains a single QEE motif that acts as a TRAF-binding site (Ye et al. 1999; Croft 2010). Ligation by OX40L leads trimerizes OX40 recruiting TRAF2, TRAF3, and TRAF5, which activate the canonical and noncannonical NF-κB pathways (Arch and Thompson 1998). NF- κ B activity results in up-regulation of a number of prosurvival and proliferative factors such as AKT, Bcl-2, Bcl-xL, and surviving (Song et al. 2004, 2005).

OX40 functions to promote immune responses through increased survival and proliferation of effector T cells. $OX40^{-/-}$ and $OX40L^{-/-}$ mice have intact CD8⁺ but diminished CD4⁺ effector responses to in vivo challenge (Chen et al. 1999; Kopf et al. 1999). The role of OX40 in Tregs has been more controversial. Genetic deletion of OX40 has no effect on Treg development or function (Vu et al. 2007). Conversely, ligation of OX40 and TCR on Tregs decreases Foxp3 transcription, per cell Foxp3 protein levels, and suppressive activity in vitro and in vivo (Vu et al. 2007).

Blockade of this pathway alone has little effect on allograft outcomes. In contrast, OX40/ OX40L interactions play a nonredundant role in the absence of CD28 and CD40. As mentioned above, CD28^{-/-}CD40^{-/-} mice reject DBA/2 skin. In these double knockouts or in the setting of CTLA-4Ig/anti-CD40L treatment, addition of OX40 blockade (but not anti-ICOS anti-4-1BB) induced long-term skin survival (Demirci et al. 2004).

4-1BB

4-1BB (CD137, tnfrsf9) is a transmembrane protein expressed on lymphocytes monocytes, dendritic cells, and B cells. Similar to many other costimulatory molecules discussed here, 4-1BB is not expressed on naïve T cells but rather on activated effector (Pollok et al. 1993; Dawicki and Watts 2004). The level of expression on Tregs is even higher and when combined with the absence of CD40L may allow for separation of human Foxp3⁺ Tregs from Foxp3⁻ effectors (Schoenbrunn et al. 2012). The ligand for 4-1BB, 4-1BBL, is expressed on APCs including mature DCs, macrophages, and activated B cells (Pollok et al. 1994).

Similar to other TNF superfamily receptors, ligand binding leads to trimerization and recruitment of adaptors. In this case, it is TRAF1 and TRAF2 that transduce signals leading to activation of the NF- κ B and MAPK pathways. The cytoplasmic tail of murine 4-1BB also has a CxCP sequence that mediates binding of the src-family kinase LCK (Kim et al. 1993). The relevance of the 4-1BB–LCK association remains unclear.

Depending on the experimental system, 4-1BB has been shown to have a role in CD4⁺ and/or CD8⁺ T-cell responses. Specifically, 4-1BB-deficient mice have an intact CD4 response and impaired CD8 expansion and secondary responses in response to acute infection or vaccination (Tan et al. 1999, 2000). In contrast, the predominant effect of 4-1BBL deficiency in the setting of chronic infection is on the CD4 response (Fuse et al. 2007). 4-1BB-deficient mice reject allogeneic skin transplants with normal kinetics; mice deficient in both 4-1BB and CD28 show slightly delayed rejection (De-Benedette et al. 1999). Similarly, CD8⁺ T-cellmediated rejection of intestinal allografts is accelerated by treatment with 4-1BB agonistic antibody and delayed by 4-1BB/4-1BB blockade (Wang et al. 2003). Furthermore, antibodymediated blockade leads to prolongation of fully MHC-mismatched heterotopic cardiac allografts and decreases allograft vasculopathy in a B6 into bm12 model (Cho et al. 2004; Saiki et al. 2008). Taken together, 4-1BB likely has a role in both CD4- and CD8-mediated aspects of transplant rejection.

MOVING INTO THE CLINIC-FROM LARGE ANIMALS TO MAN

Nonhuman Primate Studies

It is difficult to overestimate the excitement with which scientists and clinicians greeted the results from the initial mouse and rat studies of costimulatory blockade in transplantation. The findings that indefinite graft survival and tolerance could be induced by short-term administration of CTLA-4Ig and/or anti-CD154 mAb held the promise that tolerance might really be within reach, and led to the initiation of nonhuman primate studies of both agents.

CTLA-4lg

The earliest reports using CTLA-4Ig in nonhuman primates were in islet allografts and renal allografts. In the islet allograft system, Levisetti et al. (1997) conducted a study in which five cynomologous monkeys were rendered diabetic with streptozotocin, transplanted with 12,000-20,000 islet equivalents, and treated with humanized CTLA-4Ig (hCTLA-4Ig) at a dose of 12.5 mg/kg daily on days 1-7 followed by 12.5 mg twice a day on days 8-14. Although three of the five animals rapidly rejected their grafts (day 6), two of the five animals achieved prolonged graft survival, with insulin independence 30 days in one, and 50 days in another. Of note in this study, CTLA-4Ig prevented alloantibody formation in all monkeys, even those that rapidly rejected their grafts. Contemporaneous with that report, Kirk et al. (1997) performed renal allografts in rhesus monkeys. Two animals were treated with CTLA-4Ig. One received a dose of 10 mg/kg daily for 5 days and rejected its graft on day 20. The other was dosed every other day for 12 days and rejected its graft on day 30.

Anti-CD154

Although these results with CTLA-4Ig were certainly disappointing, as noted above, studies in mice had revealed that antibodies to CD154 (at that time termed CD40L) were similarly effective as CTLA-4Ig for the induction of long-term graft survival, and that the two together had additive if not synergistic effects. Not surprisingly then, experiments using anti-CD154 mAb, either alone or in combination with CTLA-4Ig in nonhuman primates, were under way as well. It was first observed that a short course of anti-CD154 mAb alone was more effective than CTLA-4Ig alone and that the two together prolonged allograft survival up to 9 months, but did not lead to indefinite drug-free survival (Kirk et al. 1997, 1999).

Subsequently, Kirk and colleagues, rather than attempting to induce long-term graft survival with very short courses of one or both agents, treated animals with longer courses of drug, focusing on anti-CD154 as this seemed the more promising of the two. Using hu5C8, a humanized anti-CD154 mAb, they tested a clinically applicable protocol in which drug was given six times during the first 4 weeks, and at monthly intervals thereafter. Remarkably, eight of nine animals had long-term rejection-free survival, including periods exceeding 500 days. In five of these animals, drug had been discontinued for as long as a year. A second critical aspect of this study was that the addition of conventional immunosuppressive drugs (MMF, steroids, and/or tacrolimus) antagonized the salutary effects of anti-CD154, provoking rejection and graft loss. This finding paralleled similar results in mice, in which it was shown that a key mechanism by which costimulatory blockade worked in transplantation was through the deletion of alloreactive cells, and that calcineurin inhibitors prevented tolerance induction by blocking deletion (Li et al. 1999; Wells et al. 1999).

Other notable findings of Kirk et al. were that anti-CD154 did not act by global T-cell depletion and did not prevent donor-specific antibody formation. In retrospect, this latter point is interesting in light of accumulating reports of tolerant renal and liver transplant recipients who have donor-specific antibody but excellent stable graft function.

Into Man with Anti-CD40L

Unfortunately, efforts to translate anti-CD154 into humans revealed unacceptable toxicity of the drug. This manifested as elevated incidences of thromboembolic events in early clinical trials of two anti-CD154 mAbs, hu5c8, and toralizumab (IDEC 131). It was subsequently shown that activated platelets express CD154 (Henn et al. 1998) and that hu5C8 induced platelet expression of adhesion molecules and chemokines, providing a mechanistic explanation for the side effects observed in humans, and demonstrating that this was actually an "on-target" effect.

Back to CTLA-4lg

In the wake of the problems with anti-CD154, the community refocused its interests on CTLA-4Ig, with the notion that rather than being used to induce tolerance, perhaps CTLA-4Ig could be used as part of an improved (either because of enhanced efficacy or reduced toxicity) immunosuppressive regimen. Consistent with this, a phase I study of CTLA-4Ig in 43 patients with psoriasis showed that the drug was safe, and compared with historical controls, induced improvement in disease activity, although this effect was transient and reverted after the drug was discontinued (Abrams et al. 1999). Building on this experience, CTLA-4Ig was developed for use in rheumatoid arthritis (Kremer et al. 2003), and is currently an approved drug for this indication under the generic name abatacept.

The relatively disappointing results with CTLA-4Ig in nonhuman primate transplantation studies led to a reevaluation of its binding interactions. These experiments revealed that although CTLA-4Ig does have a higher affinity for CD80 and CD86 than did CD28, it is markedly less effective in blocking CD86-mediated costimulation than CD80, perhaps because of a relatively lower avidity for CD86 (Larsen et al. 2005). By performing mutagenesis and screening, a higher avidity "version" of CTLA-4Ig with two amino acid substitutions was created, and was termed LEA29Y or belatacept (Larsen et al. 2005). The first set of studies of belatacept showed a synergistic effect with the anti-CD25 mAb basiliximab, with five of six recipients having stable creatinines for >100 days, and no rejection episodes occurring during the period of belatacept administration (which was given biweekly through day 70). These encouraging results paved the way for the development of belatacept for renal transplantation. As will be discussed in detail in another article of this monograph, belatacept gained FDA approval via registration trials designed to show its noninferiority to calcineurin ihibitors.

As noted above, in murine systems costimulatory blockade is able to induce transplant tolerance via deletion of alloreactive cells. Concomitant with this, and perhaps owing to the suppression of inflammation and an effector immune response, Foxp3⁺ regulatory T cells accumulate (owing to expansion of preexisting nTregs and/or induction of adaptive Tregs). Moreover, Tregs are required for maintenance of tolerance in mice. In humans, costimulatory blockade does not induce tolerance per se, but there is evidence to suggest that it may promote Tregs. This may appear surprising, as data from murine systems shows that Tregs require CD28 for development and maintenance (Zhang et al. 2013), and that CTLA-4Ig may cause a loss of Tregs from blood and lymphoid tissues (Salomon et al. 2000; Bour-Jordan and Bluestone 2009; Yang et al. 2009). Nonetheless, Bluestone et al. (2008) in a series of 8-10 patients, have reported that a basiliximab/belatacept regimen does not have a long-term effect on circulating Foxp3⁺ Tregs, perhaps because CD86 is not fully saturated at these doses, and thus allows for CD28 costimulation. Furthermore, in one small series of patients, a belatacept regimen that did not contain anti-CD25 therapy also augmented Treg percentages in the peripheral blood of transplant recipients (Bestard et al. 2011).

Additional insight may be gained by findings in a related clinical setting, bone marrow transplantation. Beginning more than a decade ago, Guinan and colleagues performed a series of clinical studies in which patients undergoing MHC-mismatched myeloablative bone marrow transplants for hematologic malignancies received donor bone marrow that had been "anergized" against recipient alloantigens by brief culture with irradiated recipient APCs plus CTLA-4Ig before infusion. These studies (Guinan et al. 1999) revealed that the procedure was safe and did not result in either engraftment failure or increased susceptibility to infections. Moreover, graft versus host disease was less than what would have been predicted based on historical controls. Most importantly, they found that in vitro culture with CTLA-4Ig promoted the accumulation of donor-specific Foxp3⁺ Tregs, while not affecting responses to thirdparty antigens or pathogens (Davies et al. 2008, 2009).

Based on this data, this group is currently initiating studies to exploit this approach in solid organ transplantation. Here, using onehaplotype mismatched live-donor renal transplants, the plan is to produce/expand recipient antidonor antigen-specific Tregs by culture of unfractionated recipient T cells with irradiated donor APCs plus belatacept, followed by magnetic bead separation of Tregs (identified as CD25^{hi}CD127^{lo}). These cells could then be used for infusion posttransplantation. Particularly attractive is a clinical protocol involving induction thymoglobulin and maintenance rapamycin, as this would "create space" and use an immunosuppressive milieu that would promote the expansion of cells postinfusion once the thymoglobulin is cleared.

What's Next?

Selective CD28 Blockade

Although still unproven, in theory, agents that bind to B7 molecules may have undesired counteracting effects by preventing them from engaging negative signaling molecules on T cells such as CTLA-4 and PD-1. Although this concern remains hypothetical, in part because of the continued uncertainty regarding the mechanism of action of CTLA-4 and whether or not negative signaling is part of how it functions to inhibit immune responses, it has nonetheless been the impetus to develop agents that would selectively bind to and block CD28 itself, rather than its ligands.

Most anti-CD28 Abs are stimulatory, but a few monovalent fusion antibodies have been developed that, most likely because they are incapable of cross-linking CD28, are blocking and inhibitory. These were initially used successfully in mouse and rat transplant experiments, and more recently have been applied to nonhuman primate renal and cardiac transplantation (Poirier et al. 2010). In this setting, long-term survival of both renal and cardiac allografts was achieved by the combination of a selective anti-CD28 inhibitor in combination with either tacrolimus or cyclosporine. Notably, this regimen also inhibited alloantibody production and cardiac allograft vasculopathy.

Further studies in primates and mice suggest that Tregs and negative signaling via CTLA-4 may be an important component of long-term engraftment (Poirier et al. 2010; Zhang et al. 2011). It cannot necessarily be concluded, however, that these features are owing to "sparing" of a B7:CTLA-4 interaction, as long-term engraftment induced by a brief course of CTLA-4Ig similarly depends on Tregs and CTLA-4 (Tran et al. 1997). More likely is the fact that the establishment of an allograft in a noninflammatory environment promotes the development of regulatory T cells. However, the synergy of CD28-blockade with calcineurin inhibitors (CNIs) is particularly noteworthy because, as discussed above, CNIs antagonize the effects of anti-CD154 in nonhuman primate transplantation (Kirk et al. 1997, 1999).

Agents that selectively block CD28 may still have the theoretical drawback of blocking regulatory T-cell pathways because, as noted above, CD28 is needed for optimal development and survival of Tregs. However, very early clinical data suggests that belatacept as currently dosed may not block the maintenance or expansion of Tregs, and thus it is possible that a CD28-specific inhibitor might be developed that would show the same pharmacodynamic feature. Perhaps the biggest barrier to the application of selective anti-CD28 mAbs in human transplant trials is the catastrophic immune activation that occurred in the trial of the superagonist anti-CD28 Ab TGN1412 (Suntharalingam et al. 2006). Although there is no evidence that anti-CD28 blocking agents would have a similar effect, caution is likely to be the byword in this area, and extensive preclinical testing that takes into account species-specific differences in the types of T cells that express CD28 will be required (Eastwood et al. 2010; Hunig 2012).

Activating Inhibition

With the discovery that T cells express "coinhibitory" as well as costimulatory receptors, agents that were capable of activating these negative-regulatory pathways became an obvious approach to blocking immune responses. The best such candidate molecules to target at present would appear to be CTLA-4 and PD-1. Unfortunately, application of this concept is hindered by the absence of reagents that "turnon" these inhibitory pathways; all reagents available at present are blocking antibodies, which thus lead to immunoenhancement. Nonetheless, recent studies showing that blockade of CTLA-4 or PD-1 can be a therapeutically useful maneuver in cancer immunotherapy (Hodi et al. 2010; Topalian et al. 2012) provide evidence for the importance of these pathways in humans and support the notion that activating negativeregulatory molecules might be an effective way to turn off pathogenic immune responses.

CD154:CD40

Despite the problems noted above associated with the anti-CD154 mAb hu5c8, interest in blocking this pathway has continued owing to its impressive efficacy in preclinical studies. One idea has been to develop anti-CD154-targeted agents that will not induce thromboembolic events. A number of companies are currently working on this area, although preclinical data are not yet available. An alternative approach is to block CD40, and a number of such Abs have been studied in nonhuman primate models. The anti-CD40 mAb 4D11 can induce relatively long-term renal allograft survival in cynomolgus monkeys, although animals eventually rejected even when given continued maintenance treatment (Aoyagi et al. 2009). Another anti-CD40 mAb, 3A8, was shown to be effective in rhesus islet transplantation, and the combination of 3A8 and anti-CD25 mAb plus sirolimus induced long-term survival (Badell et al. 2012). Similar results were seen with the anti-CD40 mAb 2C10 (Lowe et al. 2012). Notably, in each of the anti-CD40 studies, no thromboembolic complications were observed. Based on the promise of these studies, it seems likely that we will see clinical development of one or more of these agents.

LFA-3 (CD58)

The precise role of the CD58–CD2 interaction in human T-cell activation remains poorly understood. In part this stems from the fact that in mice, CD48, rather than CD58, is the CD2 ligand. Nonetheless, ample evidence for the importance of this pathway in humans led to the development of alefacept, an LFA-3/Fc fusion protein that would bind to, and block, CD2. Alefacept is currently FDA approved for the treatment of psoriasis and until 2011 was marketed by Astellas under the trade name Amevive.

Astellas has recently decided to discontinue marketing of the drug for business reasons, and thus the future of agents that target CD58 are uncertain. This is unfortunate, as alefacept was recently shown to selectively target memory T cells and, in combination with CTLA-4Ig plus sirolimus, lead to long-term renal allograft survival in rhesus macaques (Weaver et al. 2009).

CONCLUSIONS

More than two decades ago, it seemed to many that blocking T-cell costimulation held the promise to achieve transplantation tolerance. Although that has yet to come to fruition, the concept of costimulatory blockade has been translated into clinical practice in both autoimmunity and transplantation. For the near to medium term future, it is likely the use of these agents will be in the context of strategies to minimize immunosuppression and immunosuppressive side effects, with tolerance studies being appropriately restricted to carefully monitored clinical trials.

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