

Helicobacter pylori Genotypes Associated with Gastric Histo-Pathological Damages in a Moroccan Population

Samia Alaoui Boukhris^{1,6}, Afaf Amarti^{2,7}, Karima El Rhazi³, Mounia El Khadir^{1,6}, Dafr-Allah Benajah^{4,7}, Sidi Adil Ibrahim^{4,7}, Chakib Nejjari³, Mustapha Mahmoud^{5,7}, Abdellah Souleimani⁶, Bahia Bennani^{1,6,7*}

1 Laboratoire de Microbiologie et Biologie Moléculaire, Equipe micro-organismes et facteurs oncogènes, Faculté de médecine et de Pharmacie de Fès (FMPF), Université Sidi Mohammed Ben Abdellah (USMBA), Fès, Maroc, **2** Service d'Anatomie pathologique CHU Hassan II, Fès, Maroc, **3** Laboratoire d'Epidémiologie et de recherche clinique, FMPF, USMBA, Fès, Maroc, **4** Service d'Hépatogastro-entérologie CHU Hassan II de Fès, Equipe Maladies de l'appareil digestif (FMPF), Fès, Maroc, **5** Service de Bactériologie CHU Hassan II, Fès, Maroc, **6** Laboratoire de Biotechnologie, Faculté des sciences Dhar el Mehraz, USMBA, Fès, Maroc, **7** Laboratoire de Biologie des cancers, FMPF, USMBA, Fès, Maroc

Abstract

H. pylori persistent infection induces chronic gastritis and is associated with peptic ulcer disease and gastric carcinoma development. The severity of these diseases is related to human's genetic diversity, *H. pylori* genetic variability and environmental factors. To identify the prevalence of histo-pathological damages caused by *H. pylori* infection in Moroccan population, and to determine their association to *H. pylori* genotypes, a prospective study has been conducted during 3 years on patients attending the gastroenterology department of Hassan II University Hospital (CHU) of Fez, Morocco. A total of 801 Moroccan adults' patients were recruited; *H. pylori* was diagnosed and genotyped by PCR in biopsy specimens and histological exam was performed. We found a high rate of glandular atrophy. Chronic inflammation, neutrophil activity and glandular atrophy showed statistically significant association with *H. pylori* infection. However, intestinal metaplasia was inversely associated to this infection and no association was observed with gastric cancer cases. A statistically significant association was found between intestinal metaplasia and *vacAs1* and *vac Am1* genotypes in patients aged 50 years and more but not in younger. This last genotype is also associated to gastric cancer. In this study, gastric cancer showed no significant association with *H. pylori*. Further studies are warranted to determine the role of other etiological agents such as Epstein-Barr virus, human papillomavirus and possibly environmental and dietetic factors in the occurrence of this pathology.

Citation: Alaoui Boukhris S, Amarti A, El Rhazi K, El Khadir M, Benajah D-A, et al. (2013) *Helicobacter pylori* Genotypes Associated with Gastric Histo-Pathological Damages in a Moroccan Population. PLoS ONE 8(12): e82646. doi:10.1371/journal.pone.0082646

Editor: Yoshio Yamaoka, Veterans Affairs Medical Center (111D), United States of America

Received: May 7, 2013; **Accepted:** October 25, 2013; **Published:** December 9, 2013

Copyright: © 2013 Alaoui Boukhris et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: Financial support for this work was provided by the Faculty of Medicine of Fez and Hassan II University Hospital of Fez. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing interests: The authors have declared that no competing interests exist.

* Email: bahia_bc@yahoo.fr

Introduction

Helicobacter pylori (*H. pylori*) infection affects almost half of the world's population. The persistent infection induces chronic inflammation of the gastric mucosa and peptic ulcers. *H. pylori* is also a major risk factor for gastric cancer [1,2]. The severity of the disease is related to human genetic diversity, environmental factors and *H. pylori* genetic variability [3]. *VacA* gene encodes a vacuolating cytotoxin which is excreted by *H. pylori* and leads to epithelial cells damages. This gene is present in all strains, and comprises variable regions (s, m and i). The s region (encoding the signal peptide) exists as s1 or s2 allele. The m region (middle) occurs as m1 or m2 allele. The mosaic combination of s and m allelic types determines the level of cytotoxin produced which has been associated to pathogenicity of the bacterium [4]. The *cagA* gene (cytotoxin-

associated gene) is considered a marker of the pathogenicity island gene (*cag PAI*) presence. Infection with *H. pylori cagA*⁺ strains has been associated with an increased risk of atrophic gastritis and gastric cancer development [4]. In Morocco, there is no published data regarding the occurrence of histo-pathological damages and their correlation with *H. pylori* genotypes. The aim of this study is to determine the prevalence of different histopathological lesions, especially the premalignant ones, in infected patients and their correlation to *H. pylori* infection and also with *vacA* genotypes and *cagA* status.

Materials and Methods

Sample collection

Between May 2009 and January 2013, we recruited all the patients aged 15 years and more, attending the Gastroenterology Department of Hassan II University Hospital of Fez and undergoing endoscopy for diagnosis of abdominal pain or discomfort. All patients aged below 15 years or who were on medications (antibiotics, proton pump inhibitors) for the last 3 months, as well as pregnant or nursing women were excluded from this study. Consenting patients had a personal interview before endoscopy. Parental consent was obtained on the behalf of the participants under the age of 18. In the case of illiterate or semi-literate patients, the written consent was read to them by the interviewer.

In each participant, six biopsies samples were taken from the antrum and the middle body and used for molecular diagnosis of *H. pylori* and also for histo-pathological exam. Four gastric biopsies (2 fundic and 2 antral) from each subject were fixed in buffered formalin (10%) and stained with hematoxyline-eosin and Giemsa. Histopathological evaluation of samples from both settings was performed according to the Modified Sydney system [5] by at least two experimented pathologists. Gastric cancer cases have been classified as adenocarcinoma, signet ring cell carcinoma (SRCC), undifferentiated carcinoma and Malt lymphoma. Presence or absence of *H. pylori* on gastric biopsies was performed on histological slides and scored in a semi quantitative approach from 1+ to 3+ depending on the amount of germs in glandular crypts.

***H. pylori* molecular diagnosis and genotyping**

H. pylori DNA extraction was done on two gastric antral biopsies as previously described [6]. Diagnosis of *H. pylori* was done by PCR using *glmM* primers [7]; all positives specimens were subjected to PCR using genotype specific primers. *cag A* status and *vacA* genotypes were determined by multiplex PCR using primers and conditions previously described to amplify *cag A* and the signal (s) and middle (m) regions of *vac A* [8,9]. PCR using a second primer pair was done to determine *cag A* status as previously described [10] and *cag PAI* empty site PCR was used to confirm this status [11]. Separately, both positive and negative controls were included. The PCR products were resolved in 2% agarose gel, stained with ethidium bromide and visualized under an UV source. The strains were considered *cagA* positive when at least one of the *cagA* reactions was positive and *cagA PAI* PCR was negative.

Statistical analysis

Statistical analysis was performed using SPSS software (Statistical Product and Services Solutions, version 17, SPSS Inc, Chicago, Il, USA) to analyze data. In univariate analysis, potential explicative factor for gastric damages was determined; and association between gastric lesions and genotypes was tested independently in two groups, defined according to age group (patients aged less than 50 years were grouped in age group1 and those within 50 years and older in age group 2). All Chi² test results with P-values less than 0.05 were considered statistically significant.

Table 1. *H. pylori* status associated to risk factors.

		<i>H. pylori</i>		p value	Total n (%)
		Positive n (%)	Negative n (%)		
Gender	Men	240/424 (56.6)	184/424 (43.4)	0.06	424/801 (52.9)
	Women	238/377 (63.1)	139/377 (36.9)		377/801 (47.1)
Age	<50	253/378 (66.9)	125/378 (33.1)	0.00007	378/801 (47.2)
	>50	225/423 (53.2)	198/423 (46.8)		423/801 (52.8)
Area	Urban	309/509 (60.7)	200/509 (39.3)	0.5	509/780 (65.3)
	Rural	158/271 (58.3)	113/271 (41.7)		271/780 (34.7)
Tobacco smoking	Yes	130/204 (63.7)	74/204 (36.3)	0.19	204/780 (26.2)
	No	337/576 (58.5)	239/576 (41.5)		576/780 (73.8)
Alcohol	Yes	37/69 (53.6)	32/69 (46.4)	0.26	69/780 (8.8)
	No	430/711(60.5)	281/711(39.5)		711/780 (91.2)
Total		478/801 (59.7)	323/801 (40.3)		

doi: 10.1371/journal.pone.0082646.t001

This prospective study was approved by the Ethical Committee of the University Hospital of Fez.

Results

Studied population

A total of 801 Moroccan adult patients were recruited in this prospective study (424 men [52.93%], and 337 women [47.07%]), aged between 15 and 99 years with mean age of 49.2 years (Standard Deviation [SD] 16.3 years). The percentage of patients with persistent exposure to smoking (active or passive) was 26.10% (202/774) whilst an 8.9% reported consumption of alcohol. Approximately two-thirds of recruited patients (n=509/780; 65.3%) were from urban areas.

Molecular diagnosis showed that 63.13% of women were *H. pylori* infected versus 56.6% of men (p=0.06). This infection was significantly higher in patients aged 50 years and less (66.93%) than in older ones (53.19%) (p=0.00007). No association was found between *H. pylori* infection and area, tobacco smoking or alcohol consumption (Table 1).

CagA status and *vacA* s and m regions genotypes were determined for all positive specimens. As reported in table 2, 59.6% of cases were *cagA* positives and *vacA* single allele (s or m) (31.27%) is the most predominant profile followed by *vacA* s2m2 (29.28%) subtype. The *vacA* s2m1 subtype has been observed in 4 cases. When considering each genotype separately, s2 and m2 were the most predominant genotypes and were detected in 51.74% and 64.23% cases, respectively.

The histological exam carried out on 791 specimens, showed a high prevalence of chronic inflammation (CI) (91.51%,

Table 3. Gastric damages and risk factors.

		CI	NA	GA	IM	GC	Total
Age	<50 y	340/372(91.4)	278/372(74.7)	293/372(78.8)	38/372(10.2)	17/372(4.6)	378/801(47.2)
	>50 y	384/419(91.6)	307/419(73.3)	351/419(83.8)	78/419(18.6)	32/419(7.6)	423/801(52.8)
	p value	0.5	0.34	0.04	0.0005	0.04	
Gender	Male	389/418(93.1)	310/418(74.2)	339/418(81.1)	79/418(18.9)	30/418(7.2)	424/801(52.9)
	Female	335/373(89.8)	275/373(73.7)	305/373(81.8)	37/373(9.9)	19/373(5.1)	377/801(47.1)
	p value	0.06	0.47	0.44	0.0002	0.14	
Smoking	Yes	189/200(94.5)	159/200(79.5)	157/200(78.5)	31/200(15.5)	16/200(8)	204/780(26.2)
	No	514/570(90.2)	411/570(72.1)	471/570(82.6)	81/570(14.2)	32/570(5.6)	576/780(73.8)
	p value	0.03	0.02	0.1	0.36	0.15	
Alcohol	Yes	64/68(94.1)	49/68(72.1)	52/68(76.5)	12/68(17.6)	5/68(7.4)	69/780(8.8)
	No	639/702(91)	521/702(74.2)	576/702(82.1)	100/702(14.2)	43/702(6.1)	711/780(91.2)
	p value	0.27	0.39	0.16	0.27	0.42	
Living area	Rural	247/265(93.2)	198/265(74.7)	230/265(86.8)	47/265(17.7)	22/265(8.3)	271/780(34.7)
	Urban	456/505(90.3)	372/505(73.7)	398/505(78.8)	65/505(12.9)	26/505(5.1)	590/780(65.3)
	p value	0.10	0.41	0.003	0.04	0.06	
<i>H. pylori</i>*	Positive	440/473 (93)	375/473(79.3)	399/473(84.4)	50 /473(10.6)	25/473(5.3)	478/801(59.7)
	Negative	284/318(89.3)	210/318 (66)	245 /318(77)	66 /318(20.8)	24/318(7.5)	323/801(40.3)
	p value	0.04	0.00002	0.006	0.00006	0.12	

* *H. pylori* PCR result

doi: 10.1371/journal.pone.0082646.t003

Table 2. *H. pylori* genotypes description.

Genotype	Subtype	n (%)
Vac A	s1m1	81/478(16.9)
	s1m2	33/478(6.9)
	s2m1	4/478(0.8)
	s2m2	118/478(24.7)
	Single s/m	126/478 (26.4)
	Multiple	41/478(8.6)
	Not genotyped	75/478(15.7)
	s1	166/344 (48.3)
	s2	178/344 (51.7)
	m1	98/274 (35.8)
Cag A	Positive	248/416(59.6)
	Negative	168/416(40.4)

doi: 10.1371/journal.pone.0082646.t002

n=724/791), glandular atrophy (GA) (81.42%, n=644/791) and neutrophil activity (NA) (73.9%, n=585/791). Lesions known as pre-neoplastic such intestinal metaplasia (IM) and dysplasia were detected in 14.66% (116/791) and 1.52% (12/791) cases respectively. However, gastric cancer (GC) was diagnosed in 6.19% (49/ 791) cases with predominance of a signet ring cell carcinoma (SRCC) (41.67%, n=20/48), followed by adenocarcinoma (37.5%, n=18/48)) and finally by MALT lymphoma (20.38%, n=10/48). *H. pylori* was detected in 63.7% cases using histopathology.

Gastric lesions and associated risk factors

Tissue damages were correlated with age, gender, area, tobacco smoking, alcohol consumption and *H. pylori* infection. The results showed that all lesions types were predominant in patients aged more than 50 years old with significant association in GA, IM and GC cases (p<0.05). Statistically significant association was also found between gender and IM with predominance in men (18.9% vs 9.9% in women) (p=0.0002). The same tendency was observed in gastric cancer, but the association did not reach statistical significance (Table 3).

Tobacco smoking was statistically significantly associated with CI and NA. However, no association was observed between alcohol consumption and histological damages. Histological pattern was associated with the area of residence. Patients from rural areas had a higher rate of GA (p=0.003) and/or IM (p=0.04) compared to those from urban areas. The same trend was observed in GC cases but the analysis had weak statistical significance (p=0.06) (Table 3).

On the basis of PCR results, the association of *H. pylori* infection and tissue damages was verified. As reported in Table 1, *H. pylori* was positively associated to CI, NA and GA and negatively associated with IM. *H. pylori* infection was detected most frequently in patients with SRCC than ADK and Malt lymphoma with rates of 60%, 55.6% and 20% respectively.

***H. pylori* genotypes and gastric damages**

After adjustment for age, we found a statistically significant association between *H. pylori* infection and CI, GA, NA in patients aged less than 50 years. An association was also found between *H. pylori* and severe lesions (GA and metaplasia) in individuals aged 50 years or more (Table 4).

Table 4. *H. pylori* Genotypes associated to gastric damages in age groups 1 and 2.

		<50 ans			>50 ans		
		Chronic inflammation			Chronic inflammation		
		Yes	No	p	Yes	No	p
PCR	Positive	69.1 (235/340)	43.8 (14/32)	0.003	53.4 (205/384)	54.3 (19/35)	0.9
Cag A	Positive	65 (132/203)	50 (6/12)	0.29	54.4 (98/180)	58.82 (10/17)	0.72
VacAs	s1	52.3 (92/176)	22.2 (2/9)	0.07	43.2 (60/139)	62.5 (10/16)	0.1
	s2	47.7 (84/176)	77.8 (7/9)		56.8 (79/139)	37.5 (6/16)	
VacAm	m1	40.1 (57/142)	14.3 (1/7)	0.17	30.9 (34/110)	41.7 (5/12)	0.44
	m2	59.9(85/142)	85.7 (6/7)		69.1 (76/110)	58.3(7/12)	
		Neutrophil activity			Neutrophil activity		
		Yes	No	p	Yes	No	p
PCR	Positive	71.6 (199/278)	53.2 (50/94)	0.001	57.3 (176/307)	42.9 (48/112)	0.008
Cag A	Positive	68.4 (119/174)	46.3 (19/41)	0.008	55.8 (86/154)	51.2 (22/43)	0.58
VacAs	s1	54.6 (83/152)	33.3 (11/33)	0.02	46 (58/126)	41.4 (12/29)	0.64
	s2	45.4 (69/152)	66.7(22/33)		54(68/126)	58.6 (17/29)	
VacAm	m1	41.2 (54/131)	22.2 (4/18)	0.12	29.2 (28/96)	42.3 (11/26)	0.202
	m2	58.8 (77/131)	77.8 (14/18)		70.8 (68/96)	57.7 (15/26)	
		Glandular atrophy			Glandular atrophy		
		Yes	No	p	Yes	No	p
PCR	Positive	68.6 (201/293)	60.8 (48/79)	0.18	56.4 (198/351)	38.8 (26/68)	0.006
Cag A	Positive	63.7 (109/171)	65.9 (29/44)	0.78	53.1 (93/175)	68.2 (15/22)	0.181
VacAs	s1	49.3 (74/150)	57.1 (20/35)	0.4	44.6 (62/139)	50 (8/16)	0.68
	s2	50.7 (76/150)	42.9 (15/35)		55.4 (77/139)	50 (8/16)	
VacAm	m1	40.7 (50/123)	30.8 (8/26)	0.34	29.3 (32/109)	53.8 (7/13)	0.073
	m2	59.3 (73/123)	69.2 (18/26)		70.6 (77/109)	46.2 (6/13)	
		Intestinal metaplasia			Intestinal metaplasia		
		Yes	No	p	Yes	No	p
PCR	Positive	55.3 (21/38)	68.3 (228/334)	0.1	37.2 (29/78)	57.2 (195/341)	0.001
Cag A	Positive	70 (14/20)	63.6 (124/195)	0.56	50 (14/28)	55.6 (94/169)	0.57
VacAs	s1	42.9 (6/14)	51.5 (88/171)	0.53	70 (14/20)	41.5 (56/135)	0.016
	s2	57.1 (8/14)	48.5 (83/171)		30 (6/20)	58.5 (79/135)	
VacAm	m1	46.2 (6/13)	38.2 (52/136)	0.57	53.3 (8/15)	29 (31/107)	0.058
	m2	53.8 (7/13)	61.8 (84/136)		46.7 (7/15)	71 (76/107)	
		Cancer			Cancer		
		Yes	No	p	Yes	No	p
PCR	Positive	64.7 (11/17)	67 (238/355)	0.8	43.8 (14/32)	54.3 (210/387)	0.2
Cag A	Positive	54.5 (6/11)	64.7 (132/204)	0.49	83.3 (10/12)	53 (98/185)	0.04
VacAs	s1	50 (4/8)	50.8 (90/177)	0.96	66.67 (8/12)	43.4 (62/143)	0.11
	s2	50 (4/8)	49.2 (87/177)		33.33 (4/12)	56.6 (81/143)	
VacAm	m1	42.86 (3/7)	38.7 (55/142)	0.82	60 (6/10)	29.5 (33/112)	0.04
	m2	57.14 (4/7)	61.3 (87/142)		40 (4/10)	70.5 (79/112)	

Values were expressed % (n).

doi: 10.1371/journal.pone.0082646.t004

Most patients with positive *H. pylori* (93%) also had chronic inflammation (p=0.04). When stratified by age, 69.12 % of patients with this lesion were *H. pylori* positives in age group 1 (p=0.003). However, no statistically significant association was observed in the age group 2. *VacA* and *cagA* genotypes showed no association to this histological profile.

In patients with NA, *H. pylori* was detected in 64.1% cases (p=0.00003) with 71.6% cases in age group 1 and 57.3% in age group 2. Those associations were significant with p value of 0.001 and 0.008, respectively. This histological profile

showed a significant association with *cagA*+ and also with *vac A s1* genotype in age group 1. However, no association was found between NA and *H. pylori* genotypes in age group 2. In patients with GA, *H. pylori* was detected in 62% cases (p=0.005) with rate of 68.6% in age group 1 and 56.4% in age group 2, the latter being statistically significant (p=0.006). Nevertheless, no association was found between GA and the various *H. pylori* genotypes.

For severe lesions, *H. pylori* was detected in 43.1% (p=0.00007) of IM cases and in 51.02% of GC cases (p=0.19). The

negative association between *H. pylori* and IM was statistically significant in age group 2 with a rate of 37.2% (29/78) ($p=0.001$). In this age group and for the same lesion, a statistically significant association was found with *vac A*s1 genotype (vs s2) ($p=0.016$) and with *vac A* m1 genotype (vs m2) ($p=0.058$).

In cancer cases, a statistically significant association was detected with *cagA* + ($p=0.04$) and *vac A* m1 genotype (vs m2) ($p=0.04$) in age group 2. In this age group, two third of cancer cases *H.pylori* infected were *vac A*s1 but the association did not reach statistical significant value ($p=0.1$) (Table 4). When studying association of *H. pylori* genotypes with GC types, *vacA* s1 and m1 subtypes were more predominant in SRCC type with 63.6% and 71.4% respectively, versus 42.9% and 42.9% in adenocarcinoma cases, respectively. However, *H. pylori cagA* positive strains were predominant in both types (63.6% in SRCC and 66.7% in adenocarcinoma cases).

Discussion

In this prospective study, 801 gastric biopsies samples were analyzed by histopathology and PCR. This last technique has been described in several studies as more sensitive and convenient reproducible method than histopathology [12]. For this reason, the results of *H. pylori* molecular diagnosis were used to study different associations. The interest of histopathology is the fact that it offers the possibility to detect epithelial gastric damages, to classify them in different categories and to assess their severity. Moreover it is the only way to detect high risk lesions or in some cases the presence of associated invasive carcinoma [12-15].

H. pylori induces chronic gastritis in virtually all infected patients. This gastritis leads to more severe gastric pathologies, notably, peptic ulcer disease, atrophic gastritis and gastric cancer [16]. The progress of disease seems to depend on bacterial genotypes, host and environmental factors. Some studies have reported a significant correlation between *H. pylori* genotypes and gastric histological damages [17-19]; whilst others reported a variability of genotypes distribution according to nationalities or geographical area [20]. To our knowledge, this is the first study conducted in North Africa and in Morocco on the association of *H. pylori* genotypes with gastric histological profiles. We decided a priori to divide our studied population in two groups according to their age for several reasons. Firstly, *H. pylori* is contracted in childhood; and secondly, a loss of glands, resulting in multifocal atrophic gastritis can lead to the development of intestinal metaplasia and dysplasia and are linked to prolonged infection and consequently to patients' age.

In our study, *H. pylori* was statistically significantly associated with CI, NA and GA but negatively with IM. These results (except the negative association with IM) confirm those obtained by Kalebi et al. reporting causal association of *H. pylori* with CI, NA and GA [21]. The natural history of gastric lesions begins with *H. pylori* infection leading to chronic gastritis that can progress to more severe lesions even in the absence of bacteria [22,23]. This hypothesis could explain, in part, the failure of *H. pylori* detection in severe lesions and also

the negative association of this infection with IM. It's also of interest to note that in our GC series, *H. pylori* has been detected with lower rates (57.5%) than those reported in Brazil (93%), USA (84.4%), neighboring North African country "Libya" (63.2%) and also than the mean rate reported in developed countries (61.5%) [1,24-26]. However, the number of cancer cases in this series is too low to confirm these results. The implication or causal association of virus with gastric carcinogenesis is plausible factor to explain the failure on *H. pylori* detection in some GC cases in our series. In effect, several studies have reported the implication of Epstein-Barr virus (EBV) in nearly 10% of gastric cancer cases [27-31] and Human papillomavirus (HPV) in other cases, particularly in India [32]. Therefore, the implication of those micro-organisms must be verified.

It has been well established that gastritis is the first lesion observed after *H. pylori* infection. This data can explain the statistically significant association of *H. pylori* with CI and NA (regardless of genotype) in the age group 1. Such association is lost in severe lesions (GA, IM and GC). Remarkably, *H. pylori* infection was significantly associated to those severe lesions in age group 2 (positively with GA and negatively with IM). It was hypothesized that patients exposed to long time infection with more virulent genotypes was at risk to develop atrophic gastritis and eventually gastric cancer via metaplasia. In spite of discrepancy on this subject, most studies report an association of *vacA* s1, *vacA* m1 and *cagA*+ genotypes with greater gastric epithelial damages and especially with GC [17,18,22,33-35]. This can be confirmed by the results obtained with the age group 2 in our study. A significant association between *vac A*m1 ($p=0.04$) and also *cag A* ($p=0.04$) was obtained in GC cases. However, *vacAs*1 was predominant (66.67%) in patients with GC, but with no significant association, which can be due to the low number of *H. pylori* positives cases in this group. *Vac A*m1 and *cag A* genotypes were also predominant in SRCC which is a severe form of GC. Nevertheless, *vacAs*2m2 strains have been detected in 16% ($n=4/25$) of GC *H.pylori* positives cases. Those results let suppose that there are additional factors associated (virulence genes and environmental factors) to severe gastric epithelial damages and specially to GC. This hypothesis is strengthened by the low rate of GC comparatively to the very high rate of GA, which is considered as precancerous lesions [36].

In our series, high rate of glandular atrophy was observed when compared to that obtained in other African countries such as Kenya, Nigeria, Tunisia [21,37,38]. This raises a question about the factors implicated in this process. It's known that *H. pylori* infection is generally contracted at early age. This acquisition in childhood associated [39] to the lower socioeconomic status, which prevents early diagnosis of infection, permits the persistence of this bacteria conducting to GA development. In our context, the rate of infection observed in adults aged <50 years (regardless of lesion), leads us to suppose that there is a high prevalence of infection in childhood. The persistence of this bacteria associated to environmental factors (or may be nutritional habits) leads to atrophy development. The environmental implication can be supported by the significant association of this lesion and also

metaplasia with living area as observed in our studies (predominant in rural area). In other hand, and in spite of no significant association between *H. pylori* genotype and GA or IM in age group 1, the rate of less virulent genotypes in those lesions (s2 and m2 versus s1 and m1) was remarkable. This data can also support environmental implication or also, other genetic factors. To verify this hypothesis, a study on the prevalence of *H. pylori* infection in children, the implication of some nutritional and virulence factors are conducted in our region by our team.

This is the first large sampling prospective study aiming to determine the histopathological profile of *H. pylori* in infected patients and its correlation to *vacA* genotypes and *cagA* status in Moroccan patients. It's also the first study to explore these associations according to the age. In spite of some limitations (Only biopsies from the antrum were used for genotyping analysis in each patient, some discordance between PCR and histological exam results (that must be explained)), this study showed significant association between *cagA*⁺ and NA in age group <50 years and with GC later in life (in age group > 50 years). Similarly, significant association was obtained between metaplasia and *H. pylori vacA s1* and *vacA m1* genotypes in

age group 2. This last genotype is also associated to GC. This study let suppose that the occurrence of GC in our region is relatively high with no significant association with *H. pylori*. However, the role of other etiological agents such as EBV and HPV and possibly environmental and dietetic factors must be explored.

Acknowledgements

We would like to thank the staffs of the endoscopy unit and anatomo-pathology department for their help on specimen collection and preparation. We also thank Dr. Vanessa Garcia Larsen for the revision of this manuscript.

Author Contributions

Conceived and designed the experiments: BB AA DAB SAI CN MM AS. Performed the experiments: SAB AA MEK DAB. Analyzed the data: SAB KER BB. Contributed reagents/materials/analysis tools: BB SAI. Wrote the manuscript: SAB AA BB.

References

- Parsonnet JFG, Vandersteen DP, Chang Y, Vogelmann JH, Orentreich N et al. (1991) *Helicobacter pylori* infection and the risk of gastric carcinoma. *N Engl J Med* 325(16): 1127-1131. doi:10.1056/NEJM199110173251603. PubMed: 1891020.
- Kusters JG, van Vliet AH, Kuipers EJ (2006) Pathogenesis of *Helicobacter pylori* infection. *Clin Microbiol Rev* 19(3): 449-490. doi: 10.1128/CMR.00054-05. PubMed: 16847081.
- De Korwin JD, Lehours P (2010) *Helicobacter pylori*: notions fondamentales, épidémiologie, méthodes de diagnostic. *Encyc Méd Chir*: 1-16.
- Atherton JC, Cao P, Peek RM Jr, Tummuru MK, Blaser MJ et al. (1995) Mosaicism in vacuolating cytotoxin alleles of *Helicobacter pylori*: association of specific *vacA* types with cytotoxin production and peptic ulceration. *J Biol Chem* 270(30): 17771-17777. doi:10.1074/jbc.270.30.17771. PubMed: 7629077.
- Dixon MF, Genta RM, Yardley JH, Correa P (1996) Classification and grading of gastritis. The updated Sydney System. International Workshop on the Histopathology of Gastritis, Houston 1994. *Am J Surg Pathol* 20(10):1161-81
- Boukhris SA, Bennajah D, El Rhazi K, Ibrahim SA, Nejari C et al. (2012) Prevalence and distribution of *Helicobacter pylori cagA* and *vacA* genotypes in the Moroccan population with gastric disease. *Eur J Clin Microbiol Infect Dis* 31: 1775–1781. doi:10.1007/s10096-011-1501-x. PubMed: 22160824.
- Lage AP, Godfroid E, Fauconnier A, Burette A, Butzler JP et al. (1995) Diagnosis of *Helicobacter pylori* infection by PCR: Comparison with other invasive techniques and detection of *cagA* gene in gastric biopsy specimens. *J Clin Microbiol* 33(10): 2752–2756. PubMed: 8567918.
- Chattopadhyay S, Patra R, Ramamurthy T, Chowdhury A, Santra A et al. (2004) Multiplex PCR assay for rapid detection and genotyping of *Helicobacter pylori* directly from biopsy specimens. *J Clin Microbiol* 42(6): 2821–2824. PubMed: 15184482.
- Bolek BK, Salih BA, Sander E (2007) Genotyping of *Helicobacter pylori* strains from gastric biopsies by multiplex polymerase chain reaction. How advantageous is it? *Diagn Microbiol Infect Dis* 58(1): 67-70. doi: 10.1016/j.diagmicrobio.2006.12.001. PubMed: 17300903.
- Ortiz-Princz D, Guariglia-Oropeza V, Avila M, Correnti M, Perrone M et al. (2010) *Helicobacter pylori cagA* and *vacA* genotypes in Cuban and Venezuelan populations. *Mem Inst Oswaldo Cruz* 105(3): 331-335. doi: 10.1590/S0074-02762010000300016. PubMed: 20512250.
- Chung C, Olivares A, Torres E, Yilmaz O, Cohen H et al. (2010) Diversity of *VacA* intermediate region among *Helicobacter pylori* strains from several regions of the world. *J Clin Microbiol* 48(3): 690-696. doi: 10.1128/JCM.01815-09. PubMed: 20053862.
- de Martel C, Plummer M, van Doorn LJ, Vivas J, Lopez G et al. (2010) Comparison of polymerase chain reaction and histopathology for the detection of *Helicobacter pylori* in gastric biopsies. *Int J Cancer* 126(8): 1992-1996. PubMed: 19795444.
- Kisa O, Albay A, Mas MR, Celasun B, Doganci L (2002) The evaluation of diagnostic methods for the detection of *Helicobacter pylori* in gastric biopsy specimens. *Diagn Microbiol Infect Dis* 43(4): 251-255. doi: 10.1016/S0732-8893(02)00409-1. PubMed: 12151183.
- Lunet N, Peleteiro B, Carrilho C, Figueiredo C, Azevedo A (2009) Sensitivity is not an intrinsic property of a diagnostic test: empirical evidence from histological diagnosis of *Helicobacter pylori* infection. *BMC Gastroenterol* 9: 98. doi:10.1186/1471-230X-9-98. PubMed: 20034390.
- Shukla SK, Prasad KN, Tripathi A, Ghoshal UC, Krishnani N et al. (2011) Quantitation of *Helicobacter pylori ureC* gene and its comparison with different diagnostic techniques and gastric histopathology. *J Microbiol Methods* 86(2): 231-237. doi:10.1016/j.mimet.2011.05.012. PubMed: 21624400.
- IARC (1994) Monographs on the evaluation of carcinogenic risks to humans. liver flukes and *Helicobacter pylori*. schistosomes Lyon, France. p. 61.
- Nogueira C, Figueiredo C, Carneiro F, Gomes AT, Barreira R et al. (2001) *Helicobacter pylori* genotypes may determine gastric histopathology. *Am J Pathol* 158(2): 647-654. doi:10.1016/S0002-9440(10)64006-0. PubMed: 11159201.
- Soltermann A, Koetzer S, Eigenmann F, Komminoth P (2007) Correlation of *Helicobacter pylori* virulence genotypes *vacA* and *cagA* with histological parameters of gastritis and patient's age. *Mod Pathol* 20(8): 878-883. doi:10.1038/modpathol.3800832. PubMed: 17541440.
- Scholte GH, van Doorn LJ, Cats A, Bloemena E, Lindeman J et al. (2002) Genotyping of *H. pylori* in paraffin-embedded gastric biopsy specimens: relation to histological parameters and effects on therapy. *A m J Gastroenterol* 97(7): 1687-1695.
- Khedmat H, Karami A, Safiri Z, Amini M, Bakhtiari A et al. (2012) *Helicobacter pylori* genotypes can predict gastric tissue histopathology: a longitudinal study of Iranian patients. *J Infect Public Health* 5(2): 153-158. doi:10.1016/j.jiph.2011.10.009. PubMed: 22541262.
- Kalebi A, Rana F, Mwanda W, Lule G, Hale M (2007) Histopathological profile of gastritis in adult patients seen at a referral hospital in Kenya. *World J Gastroenterol* 13(30): 4117-4121. PubMed: 17696233.
- Plummer M, van Doorn LJ, Franceschi S, Kleter B, Canzian F et al. (2007) *Helicobacter pylori* cytotoxin-associated genotype and gastric precancerous lesions. *J Natl Cancer Inst* 99(17): 1328-1334. doi: 10.1093/jnci/djm120. PubMed: 17728213.

23. Zhang C, Yamada N, Wu YL, Wen M, Matsuhisa T et al. (2005) *Helicobacter pylori* infection, glandular atrophy and intestinal metaplasia in superficial gastritis, gastric erosion, erosive gastritis, gastric ulcer and early gastric cancer. *World J Gastroenterol* 11(6): 791-796. PubMed: 15682469.
24. Lima VP, Silva-Fernandes IJ, Alves MK, Rabenhorst SH (2011) Prevalence of *Helicobacter pylori* genotypes (*vacA*, *cagA*, *cagE* and *virB11*) in gastric cancer in Brazilian's patients: an association with histopathological parameters. *Cancer Epidemiol* 35(5): 32-37. doi: 10.1016/j.canep.2011.02.017. PubMed: 21470935.
25. Parkin DM (2006) The global health burden of infection-associated cancers in the year 2002. *Int J Cancer* 118(12): 3030-3044. doi: 10.1002/ijc.21731. PubMed: 16404738.
26. Elzouki AN, Buhjab S, Alkialani A, Habel S, Sasco AJ (2012) Gastric cancer and *Helicobacter pylori* infection in the eastern Libya: a descriptive epidemiological study. *Arab. J Gastroenterol* 13(2): 85-88.
27. Fukayama M (2010) Epstein-Barr virus and gastric carcinoma. *Pathol Int* 60 (5): 337-350. doi:10.1111/j.1440-1827.2010.02533.x. PubMed: 20518883.
28. Fukayama M (2012) Epstein-Barr virus and gastric carcinoma. *Nihon Rinsho* 70(10): 1715-1719.
29. Luo B, Wang Y, Wang XF, Liang H, Yan LP et al. (2005) Expression of Epstein-Barr virus genes in EBV-associated gastric carcinomas. *World J Gastroenterol* 11(5): 629-633. PubMed: 15655811.
30. Luo B, Wang Y, Wang XF, Gao Y, Huang BH et al. (2006) Correlation of Epstein-Barr virus and its encoded proteins with *Helicobacter pylori* and expression of *c-met* and *c-myc* in gastric carcinoma. *World J Gastroenterol* 12(12): 1842-1848. PubMed: 16609989.
31. Shukla SK, Prasad KN, Tripathi A, Singh A, Saxena A et al. (2011) Epstein-Barr virus DNA load and its association with *Helicobacter pylori* infection in gastroduodenal diseases. *Braz J Infect Dis* 15(6): 583-590. doi:10.1016/S1413-8670(11)70255-0. PubMed: 22218519.
32. Shukla S, Bharti AC, Mahata S, Hussain S, Kumar R et al. (2009) Infection of human papillomaviruses in cancers of different human organ sites. *Indian J Med Res* 130(3): 222-233. PubMed: 19901431.
33. Blaser MJ, Perez-Perez GI, Kleanthous H, Cover TL, Peek RM et al. (1995) Infection with *Helicobacter pylori* strains possessing *cagA* is associated with an increased risk of developing adenocarcinoma of the stomach. *Cancer Res* 55: 2111-2115. PubMed: 7743510.
34. Audibert C, Burucoa C, Janvier B, Fauchère JL (2001) Implication of the structure of the *Helicobacter pylori* *cag* pathogenicity island in induction of interleukin-8 secretion. *Infect Immun* 69(3): 1625-1629. doi: 10.1128/IAI.69.3.1625-1629.2001. PubMed: 11179336.
35. Kuipers EJ, Pérez-Pérez GI, Meuwissen SG, Blaser MJ (1995) *Helicobacter pylori* and atrophic gastritis: importance of the *cagA* status. *J Natl Cancer Inst* 87(23): 1777-1780. doi:10.1093/jnci/87.23.1777. PubMed: 7473834.
36. MacDonald WC, Owen DA (1991) Chronic atrophic gastritis, intestinal metaplasia of the stomach and partial gastrectomy. In: *GI Eastwood. Premalignant conditions of the gastrointestinal tract*. Elsevier: New York. p. 145.
37. Badmos KB, Ojo OS, Olasode OS, Arigbabu AO (2009) Gastroduodenitis and *Helicobacter pylori* in Nigerians: histopathological assessment of endoscopic biopsies. *Niger Postgrad Med J* 16: 264-267. PubMed: 20037622.
38. Jmaa R, Aissaoui B, Golli L, Jmaa A, Al QJ et al. (2010) The particularity of *Helicobacter pylori* chronic gastritis in the west centre of Tunisia. *Tunis Med* 88: 147-151. PubMed: 20415185.
39. Mitchell HM, Hu P, Chi Y, Chen MH, Li YY et al. (1998) A low rate of reinfection following effective therapy against *Helicobacter pylori* in a developing nation (China). *Gastroenterology* 114(2): 256-261. doi: 10.1016/S0016-5085(98)70475-5. PubMed: 9453484.