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Dietary Vitamin D Deficiency in Rats from Middle- to Old-age Leads to Elevated Tyrosine Nitration and Proteomics Changes in Levels of Key Proteins in Brain: Implications for Low Vitamin Ddependent Age-Related Cognitive Decline

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Abstract

In addition to the well-known effects of vitamin D (VitD) in maintaining bone health, there is increasing appreciation that this vitamin may serve important roles in other organs and tissues, including the brain. Given that VitD deficiency is especially widespread among the elderly, it is important to understand how the range of serum VitD levels that mimic those found in humans (from low to high) affects the brain during aging from middle-age to old-age. To address this issue, twenty-seven male F344 rats were split into three groups and fed isocaloric diets containing low (100 IU/kg food), control (1000 IU/kg food), or high (10000 IU/kg food) VitD beginning at middle-age (12 months) and continued for a period of 4–5 months. We compared the effects of these dietary VitD manipulations on oxidative and nitrosative stress measures in posterior brain cortices. The low VitD group showed global elevation of 3-nitrotyrosine (3-NT) compared to control and high VitD treated groups. Further investigation showed that this elevation may involve dysregulation of the nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B) pathway and NF-kB mediated transcription of inducible nitric oxide synthase (iNOS) as indicated by translocation of NF- κ B to the nucleus and elevation of iNOS levels. Proteomic techniques were used to provide insights into potential mechanisms underlying these effects. Several brain proteins were found at significantly elevated levels in low VitD group compared to the control and high VitD groups. Three of these proteins, 6-phosphofructokinase, triosephosphate isomerase, and pyruvate kinase, are involved directly in glycolysis. Two others, peroxiredoxin-3 and DJ-1/ PARK7, have peroxidase activity and are found in mitochondria. Peptidyl-prolyl cis-trans isomerase A (PPIA or cyclophilin A) has been shown to have multiple roles including protein folding, regulation of protein kinases and phosphatases, immunoregulation, cell signaling, and

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redox status. Together, these results suggest that dietary VitD deficiency contributes to significant nitrosative stress in brain and may promote cognitive decline in middle-aged and elderly adults.

Keywords

Vitamin D; nitrosative stress; 3-nitrotyrosine; proteomics; metabolism; cognitive decline

Introduction

The steroid hormone Vitamin D (VitD) can be produced by the body or obtained through the diet. VitD is synthesized in the skin from the cholesterol precursor, 7-dehydrocholesterol and is converted to cholecalciferol (VitD3) upon exposure to sunlight [1]. VitD3 can also be obtained through several dietary sources and is transported in the blood via vitamin D-binding protein. In the liver, VitD3 is converted to calcidiol, 25-hydroxy vitamin D (25-OH VitD) followed by further conversion to calcitriol, 1 α , 25-dihydroxy vitamin D (1 α , 25-(OH)₂VitD) primarily in the kidneys where it helps to regulate calcium homeostasis[2, 3]. VitD also plays roles in autoimmunity [4], mental health [3, 5–8], and inhibition of tumor growth through reductions in proliferation and angiogenesis[9–12].

VitD deficiency has long been associated with osteoporosis, brittle bones, and muscle weakness, but recently low levels of VitD have been linked to increased overall mortality [13, 14]. VitD status is typically assessed using serum concentration of 25-OH VitD because it is longer lived than the biologically active 1α , 25-(OH)₂VitD [13, 15,16].

VitD deficiency is highly prevalent in Europe and North America[1, 17] with the elderly particularly at risk [11,13,18–20]. Current estimates suggest that as many as 40–100% of the elderly populations in these areas are VitD deficient [21]. Poor diet and lower exposure to UV-B from the sun limits VitD synthesis in the skin and an age-related decrease in the VitD synthesis machinery may contribute to the observed lower VitD levels [15].

The elderly represent those at greatest risk of age-related cognitive decline and neurodegenerative disorders [22]. Recent retrospective studies on elderly human subjects provide correlative evidence that those with VitD deficiency have a much higher incidence of cognitive impairment than those with normal VitD levels [23, 24]. Thus, it appears that VitD deficiency may accelerate cognitive decline in aging [25]. A recent meta-analysis also shows that patients with Alzheimer disease (AD) typically have lower serum concentrations of VitD [26]. AD is associated with defects in amyloid- β (A β) processing and an upregulation of inflammatory cytokines and nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B)[8]. Interestingly, 1α ,25(OH)₂VitD helped to reverse soluble A β and inflammatory issues [8]. In addition to these actions, VitD is neuroprotective against Ca²⁺-mediated excitotoxicity, reduces biomarkers of brain aging associated with Ca²⁺ dyshomeostasis [3, 5], and helps to regulate glutathione levels, a primary antioxidant in the brain, by modulating γ -glutamyltranspeptidase activity [27]. VitD also prevents onset of autoimmune demyelination in animal models of multiple sclerosis [28, 29].

Here, we manipulated serum VitD status by dietary supplementation with low, moderate/ control or high levels of VitD in order to identify changes in the VitD-dependent proteome in the brains of rats from middle- to old-age. Prior studies have shown that cognitively impaired subjects have significant levels of mitochondrial dysfunction and oxidative protein damage. In particular, nitration of protein resident tyrosine residues is a common marker observed in brain of cognitively impaired subjects [30–34]. Therefore, we tested the hypothesis that manipulating serum VitD levels would alter protein nitration and key protein markers of mitochondrial function. Our results identify several possible targets of VitD

action that may mechanistically link circulating VitD levels with risk for age-related cognitive decline.

Methods and Materials

Chemicals

Criterion precast polyacrylamide gels, tris-glycine-SDS (TGS) and MES electrophoresis running buffers, ReadyStrip[™] IPG strips, mineral oil, Precision Plus Protein[™] All Blue Standards, SYPRO Ruby[®] Protein Stain, nitrocellulose membranes, dithiothreitol (DTT), iodoacetamide (IA), Biolytes, and urea were purchased from Bio-RAD (Hercules, CA, USA). Chemicals, proteases, protease inhibitors, and antibodies used in this study were purchased from Sigma-Aldrich (St. Louis, MO, USA) unless otherwise noted.

Animals

All animal studies were approved by the University of Kentucky Institutional Animal Care and Use Committee and followed NIH Guidelines for the Care and Use of Laboratory Animals. Middle-aged (12 month old) male F344 rats, a standard model for studies of brain aging, were obtained from the National Institutes on Aging rodent colony. Four-to fivemonth dietary manipulation of VitD was carried out using cholecalciferol (VitD3) added to an isocaloric diet in the following amounts (based on pilot studies intended to mimic the range of human levels): control VitD = 1000 IU/kg food, low VitD = 100 IU/kg food, and high VitD = 10,000 IU/kg food with nine animals in each group (Table 1). Animals were weighed and food intake measured 2–3 times per week. Serum 25-OH VitD levels were monitored as a measure of circulating VitD. Dietary manipulation of VitD resulted in different serum levels of VitD. Upon conclusion of the long-term treatment, animals were euthanatized and samples isolated from the right posterior cortical area. Samples were then stored at -80° C until needed for oxidative stress and expression proteomics determinations [35, 36].

Sample preparation

Protein estimation was performed using the bicinchoninic acid (BCA, Pierce) assay. Homogenized cortex samples were diluted according to initial protein estimation results 20 ug sample in 140 uL of media-I buffer [0.32 M sucrose, 0.6 mM MgCl₂, and 0.125 M Tris pH 8.0 with protease inhibitors, 4 μ g/ml leupeptin, 4 μ g/ml pepstatin A, and 5 μ g/ml aprotinin].

Slot blot assay

The slot-blot method was used to determine levels of protein 3-nitrotyrosine (3-NT) in brain as previously described [37, 38]. For 3-NT determination, samples were solubilized in Laemmli buffer. Protein (250 ng) from each sample was loaded onto a nitrocellulose membrane in respective wells in a slot-blot apparatus (Bio-Rad) under vacuum. Membranes were blocked in 3% bovine serum albumin (BSA) in PBS with 0.2% (v/v) Tween-20 for 1.5 h and then incubated in primary antibody (anti-nitrotyrosine produced in rabbit, Sigma-Aldrich) for 2 h, washed three times in PBS with 0.2% (v/v) Tween-20 and then incubated for 1 h with secondary antibody (goat anti-rabbit secondary linked to alkaline phosphatase). Membranes were developed with 5-bromo-4-chloro-3-indolyl-phosphate (BCIP) dipotassium and nitro blue tetrazolium (NBT) chloride in alkaline phosphatase activity (ALP) buffer, dried, and scanned for analysis. Image analysis was performed using Scion Image (Scion Corporation, Frederick, MD). A negative control for nitration was performed by reducing nitrotyrosine to aminotyrosine according to the method of Miyagi and Crabb *et al.* [39] as follows. One replicate membrane was treated with 10 mM sodium dithionite in 50 mM pyridine-acetate buffer (pH=5.0) for 1h at room temperature, rinsed thoroughly with nanopure water, and developed as above. No staining of the membrane was observed (data not shown), indicating that the anti-3NT antibody was specific for this specific posttranslational modification.

Proteomics [35]

Isoelectric focusing (IEF)

Aliquots (containing 150ug of protein) of the homogenized cortical samples prepared above were precipitated using cold 100% trichloroacetic acid (TCA) to obtain a concentration of 15% (v/v) TCA in solution and incubated on ice for 15 minutes. Samples were centrifuged at 14,000 rpm for 10 min at 4 °C. The resulting pellets were resuspended and rinsed four times in a cold ethanol: ethyl acetate (1:1 v/v) mixture. After allowing the final pellets to dry completely at room temperature, the pellets were rehydrated for 2 h in rehydration buffer [8 M urea, 2 M thiourea, 50 mM DTT, 2.0% (w/v) CHAPS, 0.2% Biolytes, Bromophenol Blue] then sonicated for 10 s at 20% power. Each entire sample was added to an 11 cm pH 3–10 ReadyStrip[™] IPG strip in a lane of the IEF tray. After 45 min of run time, 2 mLof mineral oil were added to each lane to prevent evaporation. Strips were actively rehydrated at 20 °C for 18 h at 50 V, focused at a constant temperature of 20 °C beginning at 300 V for 2 h, 500 V for 2 h, 1000 V for 2 h, 8000 V for 8 h, and finishing at 8000 V for 10 h rapidly. IPG strips were stored at −80 °C until needed for the second dimension of analysis.

Two-dimensional polyacrylamide gel electrophoresis (2D-PAGE)

IEF strips were allowed to come to room temperature (~30 min) and equilibrated for 10 min in the dark in 4 mL equilibration buffer A [50 mM Tris-HCl, pH 6.8, 6 M urea, 1% (w/v) SDS, 30% v/v glycerol, 0.5% DTT] and then re-equilibrated for 10 min in the dark in equilibration buffer B [50 mM Tris-HCl, pH 6.8, 6 M urea, 1% (w/v) SDS, 30% v/v glycerol, 4.5% IA]. All strips were rinsed in TGS running buffer to remove residual equilibration buffers before being placed onto Criterion precast linear gradient (8–16%) Tris-HCl polyacrylamide gels. Precision Plus Protein[™] All Blue Standards and samples were run at a constant voltage of 200 V for 65 min.

SYPRO Ruby[®] staining

Following 2D-PAGE, gels were incubated in 50 mL fixing solution [7% (v/v) acetic acid, 10% (v/v) methanol] for 20 min at room temperature. SYPRO Ruby[®] Protein Gel Stain (50–55 mL) was added to gels and allowed to stain overnight at room temperature on a gently rocking platform. The stain was then removed and gels were rinsed with deionized (DI) water and stored in 50 mL DI water in the refrigerator until scanning. Gels were scanned into Adobe Photoshop 6.0 with a Molecular Dynamics STORM phosphoimager ($\lambda_{ex}/\lambda_{em}$: 470/618 nm) and stored in DI water at 4 °C.

Image analysis: differential expression

Spot intensities from SYPRO Ruby[®]-stained 2D-gel images of cortex samples were quantified according to total spot density using PDQuest software (Bio-RAD, Hercules, CA, USA). Intensities were normalized to total gel densities. Only low or high VitD samples with normalized spot densities that were significantly increased or decreased by at least 1.4-fold from control were considered for mass spectrometry (MS) analysis. This is a conservative cut-off criterion, but does greatly minimize false positives.

In-gel trypsin digestion

Protein spots identified as significantly altered in VitD deficient rat brain relative to normal VitD controls were excised from 2D-gels with new, sterilized micropipette tips and transferred to Eppendorf microcentrifuge tubes. Gel plugs were then washed with 0.1 M ammonium bicarbonate (NH_4HCO_3) at room temperature for 15 min, followed by incubation with 100% acetonitrile at room temperature for 15 min. Solvent was removed, and gel plugs were dried in their respective tubes in a biosafety cabinet at room temperature. Gel plugs were incubated for 45 min in 20 µl of 20 mM DTT in 0.1 M NH₄HCO₃ at 56 °C. The DTT solution was then removed and replaced with 20 μ l of 55 mM IA in 0.1 M NH₄HCO₃ and incubated with gentle agitation at room temperature in the dark for 30 min. Excess IA solution was removed, and the gel plugs were incubated for 15 min with 200 μ l of 50 mM NH₄HCO₃ at room temperature. 200 μ L of 100% acetonitrile was added to this solution in each tube and incubated for 15 min at room temperature. All solvent was removed, and gel plugs were allowed to dry for 30 min at room temperature in a biosafety cabinet. Gel plugs were rehydrated with 20 ng/ μ L of modified trypsin (Promega, Madison, WI, USA) in 50 mM NH₄HCO₃ in a shaking incubator overnight at 37 °C. Enough trypsin solution was added in order to completely submerge the gel plugs (approximately 10uL).

Mass spectrometry

Salts and other contaminants were removed from tryptic digest solutions using C18 ZipTips (Sigma-Aldrich, St. Louis, MO, USA), reconstituted to a volume of approximately 15 μ l in a 50:50 DI water: acetonitrile solution containing 0.1% formic acid. Tryptic peptides were analyzed with an automated Nanomate electrospray ionization (ESI) [Advion Biosciences, Ithaca, NY, USA] Orbitrap XL MS (ThermoScientific, Waltham, MA, USA) platform. The Orbitrap MS was operated in a data-dependent mode whereby the eight most intense parent ions measured in the Fourier Transform (FT) at 60,000 resolution were selected for ion trap fragmentation with the following conditions: injection time 50 ms, 35% collision energy, MS/MS spectra were measured in the FT at 7500 resolution, and dynamic exclusion was set for 120 s. Each sample was acquired for a total of approximately 2.5 min. MS/MS spectra were searched against the International Protein Index (IPI) database using SEQUEST and the following parameters: two trypsin miscleavages, fixed carbamidomethyl modification, variable Methionine oxidation, parent tolerance 10 ppm, and fragment tolerance of 25 mmu or 0.01 Da. Results were filtered with the following criteria: Xcorr>1.5, 2.0, 2.5, 3.0 for +1, +2, +3, and +4 charge states, respectively, Delta CN>0.1, and P-value (protein and peptide) <0.01. IPI accession numbers were cross-correlated with SwissProt accession numbers for final protein identification [36].

One-dimensional polyacrylamide gel electrophoresis

Sample homogenates were incubated in sample buffer (0.5 M Tris (pH 6.8), 40% glycerol, 8% sodium dodecyl sulfate (SDS), 20% β -mercaptoethanol, and 0.01% bromophenol) for 5 min in a water bath at 95°C and loaded onto precast Criterion TGX (4–15%) or Criterion XT (12% Bis-Tris) Precast Gels as appropriate for the molecular weight of the protein of interest. Precision Plus ProteinTM All Blue Standards and samples were run at 80 V for 15 min, increasing the voltage to 120 V and run for 90 min in TGS or MES running buffer as appropriate for the gel.

Western Blotting

In-gel proteins were transferred to a nitrocellulose membrane (0.45 μ m) using a Trans-Blot[®] TurboTM Blotting system at 25 V for 30 min (BioRAD, Hercules, CA, USA). After transfer, membranes were incubated in blocking solution [3% BSA in phosphate buffer (PBS) solution with 0.2% (v/v) Tween 20] at room temperature for 1.5 h. Membranes were then

incubated with rabbit anti-inducible nitric oxide synthase (iNOS) antibody (Calbiochem/ Millipore, Billerica, MA) or rabbit anti-NF- κ B antibody (Enzo, Farmingdale, NY) for 2 h on a gentle rocking platform, followed by three rinses for 5 min each with PBS solution with 0.2% (v/v) Tween 20. Blots were then incubated for 1 h with ECL anti-rabbit IgG, horseradish peroxidase-linked whole antibody. The resulting blots were rinsed three times for 5, 10, and 10 min each in PBS solution with 0.2% (v/v) Tween 20 and signals were detected using ClarityTM Western ECL Substrate (BioRAD) and the ChemiDocTM MP Imaging System (BioRAD). Blots were stripped using Re-blot Plus Strong Solution (Millipore, Billerica, MA, USA) according to package instructions and re-probed with mouse anti-actin antibody (Sigma-Aldrich, St. Louis, MO) or mouse anti-histone H2B antibody (Chemicon, Temecula, CA) for normalization. Analysis was performed using the ImageLab software (BioRAD).

Validation

Proteomics results were validated by IEF and 2D-PAGE as described above followed by Western blot [36] for peroxiredoxin 3 (PrxIII) and 1D-gel electrophoresis followed by Western blot for peptidyl-prolyl cis-trans isomerase A (PPIA or cyclophilin A). PrxIII blots were probed for PrxIII as described above using rabbit polyclonal to PrxIII primary antibody (Abcam, Cambridge, MA, USA), mouse anti-actin primary antibody and anti-rabbit whole molecule IgG alkaline phosphatase or anti-mouse whole molecule IgG alkaline phosphatase secondary antibody respectively. The resulting blots were developed colorimetrically with a solution of BCIP combined with NBT in ALP buffer [0.1 M Tris, 0.1 M NaCl, 5 mM MgCl₂ \cdot 6 H₂O (pH 9.5)]. Developed blots were allowed to dry overnight at room temperature and scanned into Adobe Photoshop 6.0 using a Canon CanoScan 8800F scanner. The resulting images were analyzed using Image Quant software. PPIA blots were probed for PPIA by incubation with anti-cyclophilin A rabbit antiserum (Upstate/Millipore, Billerica, MA, USA,) primary antibody and ECL anti-rabbit IgG, horseradish peroxidase-linked whole antibody and developed chemiluminescently as described above. PPIA blots were stripped and re-probed for the actin. Analysis was performed using the ImageLab software (BioRAD).

Statistical analysis

All data are presented as mean±SD or mean±SEM, and statistical analyses were performed using a two-tailed Student's *t*-test or ANOVA where indicated, with p<0.05 considered significant for spot comparison. A Mann–Whitney U statistical analysis was performed to determine the significance of differential expression fold-change values, where a p<0.05 was considered significant. Significance was also confirmed using a Student's *t*-test. Only spots that were significant by both tests were further evaluated. Protein and peptide identifications obtained with the SEQUEST search algorithm with a p< 0.01 were considered as statistically significant. To further validate PD-Quest analysis, identities of protein spots were verified matching calculated molecular weight (MW) and isoelectric point (pI) values from MS results and SwissProt database information to spot locations on the gels (Table 2 and Figure 1).

Results

Vitamin D deficiency leads to increased nitrosative protein damage in brain

Tyrosine nitration is a common indicator/biomarker of the aging brain and of age-related neurodegenerative disorders [30, 34], both of which typically are accompanied by different extents of cognitive deficit. Here, we tested for indicators of oxidative and nitrosative stress in brain tissue samples from rats in which we manipulated serum VitD levels from middle-age to old-age. Significantly increased global 3-NT (Figure 2) in the brains of rats on a low

VitD diet compared to rats on control or high VitD diets was observed. 3-NT measures of brain samples from rats fed high VitD diets were similar to the control group. No significant differences were observed for the other oxidative stress parameters measured.

Vitamin D deficiency elevation of peroxidases, glycolytic enzymes, and PPIA

In order to determine changes, possible causes, consequences, or mechanisms for the elevated nitrosative stress, expression proteomics experiments [35] were performed on brain of rats fed a low VitD, control, or high VitD diet to determine which proteins were altered. PDQuest analysis was performed on all groups as well. Only spots that were found to be statistically different in relative intensity by statistical tests were further evaluated. Compared to control, the high VitD group was similar to control in terms of protein levels for easily discernible protein spots. In contrast, a number of protein spots with significant differences in intensity were found between the control and low VitD groups. Table 3 shows the PDQuest software generated I.D. numbers (SSP) of these protein spots. Spot intensities between control and low VitD groups were used to calculate fold changes reflecting significant increases in protein amounts. These proteins were identified by MS/MS and database interrogation as 6-phosphofructokinase (6-PFK) type C, PPIA, triosephosphate isomerase (TPI), PrxIII, DJ-1/PARK7, and pyruvate kinase (PK) isozymes M1/M2 (Table 3).

To validate protein identity from proteomics, 2D and 1D Western blots were performed, selecting PrxIII and PPIA as representative proteins. 2D Western blots showed a 1.5-fold increase in PrxIII levels confirming the 1.5-fold increase suggested by 2D-PAGE. Further, the position of the PrxIII spot appears at approximately 26 kDa and 7.2 pI on 2D Western blot (Figure 3). 1D Western blot showed a 2.24-fold increase in PPIA levels, further validating the 2.49-fold increase seen in the proteomics results (Figure 4). These validation results provide confidence in the proteomics identification of other proteins reported in this study.

Vitamin D deficiency leads to NF-kB activation and increased iNOS levels in brain

Preliminary results of this study coupled with previous studies in our laboratory and existing literature led us to propose a model to connect the observed increases in nitrosative protein damage and expression proteomics results showing elevated levels of the above mentioned peroxidases, glycolytic enzymes, and PPIA to VitD deficiency (Figure 5). Based on this proposed model, we examined the hypothesis that VitD deficiency would lead to increased NF- κ B activation and iNOS levels, resulting in the observed increase in protein tyrosine nitration seen in the low-VitD group compared to control.

NF- κ B is a redox-sensitive nuclear transcription factor that can be activated by oxidizing agents such as H₂O₂ [40]. Hypoxic activation of NF- κ B and gene transcription has been found to require mitochondrial ROS [41]. Among downstream products of NF- κ B pathway activation are tumor necrosis factor- α (TNF α) and iNOS [41–43]. Using 1D Western blotting, we investigated whether NF- κ B activation of iNOS expression may be a plausible reason for the nitration of tyrosine residues through overproduction of NO[•] [44–48] seen in these samples.

Under normal conditions, NF- κ B exists in an inactive form bound to inhibitor of kB- α (IkB- α). Upon activation of a Toll-like receptor by a variety of substrates including lipopolysaccharide (LPS) and TNF α [49], phosphorylation of IkB- α occurs through IkB kinase (IKK) allowing IkB- α proteasomal degradation and NF- κ B activation. NF- κ B is tranlocated to the nucleus leading to bursts of iNOS activation, subsequent NO[•] elevation [42, 47], and further transcriptional activation of the *TNF* α gene[44, 50]. Pro-inflammatory

cytokines such as TNFa lead to further and rapid phosphorylation of IkBs [51]. Overproduction of NO⁻ as a consequence of iNOS activation results in protein nitration events and further stimulation of IKK [42, 52]. 1a, 25-(OH)2 VitD has been shown to interfere with these processes through decreasing $TNF\alpha$ levels and $TNF\alpha$ -induced inflammatory cytokines [53–55], down-regulating Toll-like receptors [56], up-regulating IkB- α , decreasing IkB- α phosphorylation, and decreasing translocation of NF- κ B[49], thereby reducing many downstream consequences. Further decrease of NF-kB action may occur through the suppression of NF- κ B-directed expression by the VitD responsive element [57]. Thus, VitD can inhibit protein nitration in the brain via its suppressive effects on the NF- κ B pathway. VitD deprivation may exacerbate NF- κ B-directed nitrosative damage and subsequent neurodegenerative consequences. As an estimate of NF-κB activity, subcellular fractionation was done on control and low VitD brain samples. NF-kB levels were found to be significantly decreased in the cytosolic fraction and significantly increased in the nuclear fraction of the low VitD group compared to control (Figure 6) indicating NF-KB translocation to the nucleus. Our analysis further revealed a significant increase in iNOS levels in the low VitD samples compared to control (Figure 7). These NF-KB and iNOS results provide evidence to support the proposed mechanism of protein nitration due to VitD deficiency. TNFα is one of several initiators of the NF-κB activation cascade. 1D Western blot analysis of these samples for $TNF\alpha$ showed a trend toward increase (data not shown) in the low VitD group compared to control consistent with NF-kB activation and iNOS elevation. Figure 8 depicts a suggested mechanism for the protein nitration regulatory effects of VitD in brain.

Discussion

We have previously shown that tyrosine nitration occurs early in neurodegenerative processes, i.e., in mild cognitive impairment (MCI), arguably the earliest form of AD [31]. Nitration of tyrosine occurs from the reaction NO⁻ with the O_2^{--} through the reactive intermediate ONOO⁻ in the presence of CO₂ [32, 58] leading to tyrosine nitration by NO₂⁻ radical. Nitrosative stress measures on these cortical samples showed approximately a 25% elevation of 3-NT globally in brain protein in the low VitD group versus the control and high VitD-treated groups.

Glycolytic enzymes targeted by low VitD

The brain proteins identified by proteomics in the present study to be at increased levels (Table 2) fall primarily in the following functional categories: glycolysis, mitochondrial peroxidase activity, and protein folding. Three of these proteins, 6-PFK, TPI, and PK, are enzymes involved in the production of ATP in the cell during glycolysis in response to the need for energy. PK catalyzes the conversion of phosphoenolpyruvate (PEP) to pyruvate transferring a phosphate group from PEP to ADP to produce ATP. Pyruvate, NADH, and H⁺ from glycolysis continue onto the tricarboxylic acid (TCA) cycle for further ATP production. PK has been identified by redox proteomics as oxidatively modified in brain regions, such as cortex and hippocampus, during brain aging [22, 59] and neurodegeneration resulting in reduced enzymatic activity [60]. 6-PFK catalyzes a key regulatory step, the conversion of fructose-6-phosphate to fructose-1,6-bisphosphate at the expense of ATP, committing the path of glucose through glycolysis. This rate-limiting glycolytic enzyme was found by Tang and colleagues to be upregulated in several biological systems as part of the oxidative stress response including the response to H2O2 induced oxidative stress [61]. TPI catalyzes the interconversion of the trioses, glyceraldehyde-3-phosphate (G3P) and dihydroxyacetone phosphate (DHAP). Significant increases of TPI have been found by our group using proteomic analysis in the Alzheimer's disease hippocampus [62]. Further studies identified TPI as significantly nitrated in the inferior parietal lobe (IPL) in early AD

brain [63] and in both AD hippocampus and IPL [64]. Dysfunction of this enzyme leads to the buildup of a toxic species, methylglyoxal, leading to neurodegenerative consequences [65, 66]. Thus, metabolic effects in brain are evident from the effect of a low-VitD diet.

Other identified targets of VitD deficiency (DJ-1, PPIA, PRXIII)

Mutations of the *DJ-1* gene are believed to be one possibility that leads to Parkinson disease (PD) [67]. DJ-1 is thought to be involved in cell cycle regulation, gene transcription, spermatogenesis, and the cellular stress response [68] among other functions. Evidence exists that DJ-1, in response to oxidative stress, may have roles as an anti-oxidant [69, 70] and a redox sensitive chaperone [71, 72]. Accordingly, elevation of DJ-1 in brain could be a consequent cell-stress response to elevated protein nitration.

PPIases regulate activity of target proteins to which they bind by catalyzing the cis-trans isomerization of proline of these target proteins [73, 74], typically a rate limiting step in protein folding. PPIA, or cyclophilin A, is also known to play a variety of roles from immunoregulation to cellular signaling and proliferation, but more recently has been identified as a potential marker of inflammation in a variety of disease states [75–79] and may play a regulatory role in the NF-κB pathway in some cell types [80, 81]. In addition, PPIA treatment was shown to reduce reactive oxygen species (ROS) and alleviate some forms of Aβ-induced neurotoxicity in PC12 cell culture while maintaining activities of certain key anti-oxidant enzymes including SOD [82]. PPIA binds Prxs and activates their peroxidase activity acting as an immediate electron donor [83]. PPIA may also indirectly stimulate PrxIII, a downstream consequence of tumor necrosis factor- α (TNF α) [84].

PrxIII is a mitochondria resident, thioredoxin-dependent peroxide reductase that acts to scavenge as much as 90% of H_2O_2 in mitochondria, with GPx 1 and 4 and PrxV thought to account for the rest [85–90]. Rhee and colleagues elegantly showed that peroxiredoxin overexpression inhibited NF-κB [85], and overexpression of PrxIII has been shown to protect against H_2O_2 .dependent apoptosis in cancer cells [91]. Further, PrxIII was shown to be essential in maintaining normal mitochondrial homeostasis [92]. Dysfunctional PrxIII leads to increased ROS and subsequent DNA damage and apoptosis linked to loss of peroxidase activity in mitochondria [93]. Prxs have been shown to detoxify peroxynitrite, thereby decreasing biomolecule damage caused by more reactive products of ONOO⁻ and protecting human cells in culture from iNOS-related cell death [94].

Tyrosine nitration can and does have functional consequences on the affected proteins [33, 58, 95]. Steric hindrance by the NO₂ group in the 3-position of tyrosine may prevent phosphorylation at the 4-position thereby causing dysregulation of activation/deactivation processes in the affected proteins [33, 45, 95–98]. Such considerations have implications for cognitive dysfunction following low dietary vitamin D.

Consequences of low dietary VitD

Based on this experimental evidence, the biochemical consequences of low dietary VitD include increased 3-NT in the brain as well as increases in certain proteins with peroxidase activity. A likely link between these two pathways is O_2^{--} (Figure 5). The high O_2 usage in energy metabolism coupled with age-related decreases in the efficiency of these reactions results in the production and leakage of O_2^{--} from the electron transport chain. MnSOD in the mitochondria react with O_2^{--} producing H_2O_2 . NO⁻ reacts with O_2^{--} by radical-radical recombination producing the potentially more reactive species, ONOO⁻, that leads to the nitration of tyrosine [32, 99–101] residues, hindering protein activity regulation by sterically blocking the phosphorylation site. The findings of this study are consistent with current literature hypothesizing that oxidative damage during the aging process leads to

mitochondrial dysfunction [59, 61]. Increased glycolytic enzymes could be a compensatory mechanism reflecting changes in energy production, changes in mitochondrial redox status, and oxidative stress [61] reminiscent of the Warburg effect in cancer [102–105].

Collectively, these results reflect a change in mitochondrial redox potential, glucose metabolism, and structural changes in proteins. Data from the current study are consistent with recent findings that VitD: a) increases SOD activity, b) decreases levels of endogenous oxidants, c) attenuates H_2O_2 induced changes, d) decreases release of inflammatory cytokines, and e) may have natural anti-oxidant and anti-inflammatory properties [106, 107]. In contrast, VitD deficiency contributes to inflammation through increased production of inflammatory cytokines, effects that are attenuated by 1,25(OH)₂VitD supplementation [6, 13, 108, 109].

More recently, VitD has been shown to play potential roles in CNS homeostasis [110]. The VitD receptor (VDR) is expressed in microglia, and 1 α -hydroxylase, the enzyme that converts 25-OH VitD to 1 α , 25-(OH)₂ VitD, is present in activated but not resting microglia [28, 111–113]. In activated microglia, 1 α ,25(OH)₂VitD suppresses the production of NO^o and the inflammatory mediators, TNF α and interleukin-6 (IL-6), in a dose-dependent manner suggesting direct anti-inflammatory roles for VitD in the brain [110]. Local conversion of VitD to the active 1 α ,25(OH)₂VitD in the brain may be a direct neuroprotective response to CNS inflammation followed by inhibition of NF- κ B related iNOS induction [112]. NF- κ B leads to mitochondrial dysfunction inhibition of MnSOD through nitration via activation of iNOS, an effect that is absent in iNOS knockout animal models [46].

Our data are consistent with existing evidence that sufficient VitD is known to be antiinflammatory and to suppress the NF- κ B cellular stress response pathway [49, 57, 114– 116]. Hydrogen peroxide (H₂O₂) has been shown to modulate NF- κ B activity thereby helping to regulate NF- κ B-dependent processes including inflammation [40, 117–119]. During inflammatory events in the CNS, iNOS generates excessive amounts of NO[•] This increased activity of iNOS and resulting overproduction of NO[•] may occur in brief bursts. In rat models with experimental allergic encephalomyelitis (EAE), Garcion and colleagues showed that 1α ,25(OH)₂VitD inhibited the iNOS increases [120]. VitD restriction led to slight worsening of clinical symptoms [121]. Nitration of protein resident tyrosine residues also occurs during brain aging leading to mitochondrial dysfunction and neurodegeneration [45, 96, 122].

Conclusions

This study is the first to demonstrate that a chronic low-VitD diet and consequential low levels of VitD in the bloodstream result in significant increases in tyrosine nitration in brain proteins, alterations in glucose metabolism and mitochondrial changes in brain of elderly rats, an animal model of brain in older human subjects (Fig. 8). A shift from the TCA cycle to glycolysis may be indicative of metabolic dysfunction. Further, ATP generated from glycolysis is important for maintaining a proper resting membrane potential in neurons (n., via NA⁺/K⁺ATPase), which is, in turn, important for neurotransmission. The results of this study are consistent with the notion that nitration of brain proteins occurs via NF- κ B activation of iNOS. These results provide biochemical evidence to support the conclusions, consistent with other studies, that suggest that higher serum VitD levels may have direct and indirect anti-oxidant properties and be beneficial to modulate damaging effects of brain aging. Based on evidence from the present study and the literature as noted above, it is our opinion that current daily VitD intake in the general adult population is too low and should be increased.

The present study used brain tissue from animals as part of a larger study examining the effects of serum VitD status and brain aging. A component of these larger studies examined learning and memory and a preliminary report indicated that low VitD animals displayed poorer performance, but that performance improved with high VitD (Latimer CS, et al., personal communication, 2011). Hence, these data support the present findings and conclusions.

As people age, their lifestyles become more sedentary, physically and mentally. Perhaps due to limited access, physical or financial limitations, or lack of motivation, nutritional status often declines. Concurrently, time spent outside decreases. Less sun exposure further decreases circulating VitD levels. Our studies, together with those of others, indicate that higher VitD may be beneficial for older individuals and, thus, it would appear that further studies are warranted to determine whether VitD supplementation can offset some of the changes associated with unhealthy brain aging. Further studies to address this issue are ongoing in our laboratory.

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Abbreviations

3-NT	3-nitrotyrosine
BCIP	5-bromo-4-chloro-3-indolyl-phosphate
6-PFK	6-phosphofructokinase
ALP	alkaline phosphatase activity buffer
Αβ	amyloid beta peptide
BCA	bicinchoninic acid
BSA	bovine serum albumin
JNK	c-jun N-terminal kinase
VitD3	cholecalciferol
25-OH VitD, calcidiol	25-hydroxy vitamin D
1α	25-(OH) ₂ VitD, calcitriol, 1α , 25-dihydroxy vitamin D
DI	deionized
DHAP	dihydroxyacetone phosphate
DTT	dithiothreitol
ESI	electrospray ionization
VitD2	ergocalciferol
FT	Fourier Transform
F1	6BP, fructose-1, 6-bisphosphate
F6P	fructose-6-phosphate
GPx	glutathione peroxidase

G3P	glyceraldehyde-3-phosphate
GAPDH	glyceraldehyde 3-phosphate dehydrogenase
IPL	inferior parietal lobule
iNOS	inducible nitric oxide synthase
ICAD	International Conference on Alzheimer's Disease
IPI	International Protein Index
IA	iodoacetamide
IEF	Isoelectric focusing
pI	isoelectric point
MnSOD	manganese superoxide dismutase
MS	mass-spectrometry
MCI	mild cognitive impairment
MW	molecular weight
NBT	nitro blue tetrazolium
NF-ĸB	nuclear factor kappa-light-chain-enhancer of activated B cells
PD	Parkinson disease
PPIA	peptidyl-prolylcis-trans isomerase A
PrxIII	peroxiredoxin 3
ONOO-	peroxynitrite
PEP	phosphoenolpyruvate
РК	pyruvate kinase
ROS	reactive oxygen species
SSP	software generated I.D. numbers
TCA cycle	tricarboxylic acid cycle
TCA	trichloroacetic acid
TPI	triosephosphate isomerase
TGS	tris-glycine-SDS
TNFa	tumor necrosis factor-a
2D-PAGE	Two-dimensional polyacrylamide gel electrophoresis
VitD	vitamin D
VDR	vitamin D receptor

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Highlights

- VitD deficiency and cognitive decline are highly prevalent in the elderly
- Low VitD during brain aging leads to elevated 3-NT, glycolytic enzymes, peroxidases
- Results correlate with VitD involvement in VDR-RXR and NF-KB signaling
- VitD supplementation may help protect against cognitive decline in adults.



Figure 1.

Representative 2D gels used for proteomics identification of differentially expressed proteins. Brain samples of rats fed a control-, low- or high-VitD diet from middle-age to old-age were separated by IEF using IPG strips pH 3–10 followed by SDS-PAGE using 8–16% Tris-HCl gels. Separated proteins were visualized with SYPRO Ruby protein gel stain. Acquired images were analyzed using PDQuest software and spots showing different intensities were chosen for further analysis. The figure indicates a comparison of the PrxIII spot as a representative of those found with significant expression differences in low vs. control VitD groups as identified by PDQuest analysis. Below are expansions of the spot images showing clearly that the PrxIII level is elevated in brain of rats on a chronic low VitD diet.



Figure 2.

Slot-blot analysis of 3-NT levels in rat brain homogenates. Slot blot analyses were performed using brain samples of rats fed a control, low VitD or high VitD diet from middle-age to old-age (n=9). Data show a significant increase in 3-NT levels in rat brains between control and low VitD diet (*p<0.01). No difference was observed in high VitD diet when compared to control. High VitD diet decreases 3-NT levels when compared to low VitD diet (**p<0.05).



Figure 3.

Validation of expression proteomics results for PrxIII by 2D Western blot analysis. Depicted are representative blots showing a 1.5-fold increase of PrxIII in brain samples of rats fed the low-VitD diet from middle-age to old-age compared to those fed the control diet. Circled spots are PrxIII from control VitD brain samples shown on the left and low VitD brain samples on the right.

Figure 4a



Figure 4b



PPIA

Actin

Figure 4.

Validation of expression proteomics results by 1D Western blot analysis of PPIA levels. 1D Western blot analysis was used to determine PPIA levels of brain samples of rats fed a control and low VitD diet from middle-age to old-age (n=9). (a)Analysis using a specific antibody against PPIA showed a 2.24-fold increase in PPIA levels in brain of the low VitD

group compared to control (*p-value<0.01). This result confirms the increase in PPIA levels found by expression proteomics. (b) Representative lanes from 1D Western blot showing probes for PPIA and the actin loading control.



Figure 5.

Potential mechanism for the biochemical consequences of VitD deficiency. Circled areas indicate data collected in this study. Increased tyrosine nitration was found by slot-blot analysis, increased iNOS levels were found by 1D Western blot analysis, and elevation of glycolytic enzymes and peroxidases was found by expression proteomics using brain samples of rats fed a control- and low-VitD diet from middle-age to old-age. Items in large type are the most potentially damaging agents in this diagram.



Treatment Groups, Nuclear and Cytosolic Fraction



Figure 6.

Effect of VitD deficiency on NF- κ B subcellular localization in rat brain. 1D Western blots were used to determine the NF- κ B (p65) levels in the cytosolic and nuclear fractions of brain samples of rats fed a control and low VitD diet from middle-age to old-age (n=9). The NF- κ B (p65) subunit is common in the NF- κ B signaling pathway. NF- κ B (p65) levels in the cytosolic fraction were normalized to β -actin, while NF- κ B (p65) levels in the nuclear fraction were normalized to histone H2B. (a) A decrease in NF- κ B (p65) in the cytosolic fraction (*p<0.05) and increase in the nuclear fraction (**p<0.05) in brain samples from the low VitD group compared to control is observed indicative of NF- κ B activation and translocation. (b) Representative bands from 1D western blot are shown here side by side for comparison. Nuclear and cytosolic fractions were alternated across all gels. Blots were probed for NF- κ B (p65), stripped, probed for β -actin, then stripped and probed for histone H2B.

Figure 7a



Figure 7b

Low Control

iNOS



Actin



Figure 7.

Effect of VitD deficiency on iNOS levels in rat brain. 1D Western blot was performed to compare iNOS levels between brain samples of rats fed a control and low VitD diet from middle-age to old-age (n=9). iNOS signals were normalized to β -actin. (a) iNOS levels were found to be significantly higher in brain samples from the low VitD group compared to control (*p<0.01). (b) Representative lanes from 1D Western blot.



Figure 8.

Proposed mechanism for the protein nitration regulatory effects of VitD in brain based on recent literature and results from the current study. Results obtained from this study are marked with dark green arrows. The deficient serum levels of VitD in the low VitD group led in brain to decreased NF- κ B in the cytosolic fraction, increased NF- κ B in the nuclear fraction, iNOS elevation, increased protein tyrosine nitration, and elevations in mitochondrial and regulatory proteins.

Table 1

VitD Dietary Manipulation [*p < 0.0001 (one-way ANOVA)]

	Control	Low	High
Weight at 12 months	480g	485g	475g
Weight at 18 months	538g	565g	548g
Daily Food Intake	16.5 g/day	16.4 g/day	15.9 g/day
Daily intake of Cholecalciferol	16.5 IU/day	1.64 IU/day	159 IU/day
*Serum levels of 25(OH)VitD	12.7 ng/mL	5.8 ng/mL	31.7 ng/mL

Table 2

Brain protein identifications based on MS/MS results and in-gel spot locations

SSP	Protein Identification	Score	Coverage	Unique Peptides	MW [kDa]	Calc pI
5201	Triosephosphate isomerase	67.5	48.6	10	26.8	7.24
8103	Pyruvate kinase isozymes M1/M2	241	50.8	21	57.8	<i>7.06</i>
6701	6-phosphofructokinase type C	69.2	19.5	11	85.7	7.28
3207	Peroxiredoxin 3	155	33.8	9	28.3	7.55
4201	DJ-1/PARK7	61.7	58.2	11	20.0	6.77
8104	Peptidyl-prolyl cis-trans isomerase A	56.2	28.7	L	17.9	8.16

Table 3

VitD 2D-Gel Comparison PDQuest Data: spot matching Low VitD (L) vs. Control (C), Levels.

<u>SSP</u>	Fold Change	Direction of change L vs C	p-value L vs C
6701	1.41	Increased	0.0114
8104	2.49	Increased	0.0130
5201	60.3	Increased	0.0291
3207	1.53	Increased	0.0347
8103	1.48	Increased	0.0373
4201	1.53	Increased	0.0473