

# Genetics of the First Seven Proprotein Convertase Enzymes in Health and Disease

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**Abstract:** Members of the subtilisin/kexin like proprotein convertase (PCSK) protease family cleave and convert immature pro-proteins into their biologically active forms. By cleaving for example prohormones, cytokines and cell membrane proteins, PCSKs participate in maintaining the homeostasis in a healthy human body. Conversely, erratic enzymatic function is thought to contribute to the pathogenesis of a wide variety of diseases, including obesity and hypercholesterolemia. The first characterized seven PCSK enzymes (PCSK1-2, FURIN, PCSK4-7) process their substrates at a motif made up of paired basic amino acid residues. This feature results in a variable degree of biochemical redundancy *in vitro*, and consequently, shared substrate molecules between the different PCSK enzymes. This redundancy has confounded our understanding of the specific biological functions of PCSKs. The physiological roles of these enzymes have been best illustrated by the phenotypes of genetically engineered mice and patients that carry mutations in the PCSK genes. Recent developments in genome-wide methodology have generated a large amount of novel information on the genetics of the first seven proprotein convertases. In this review we summarize the reported genetic alterations and their associated phenotypes.

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## INTRODUCTION

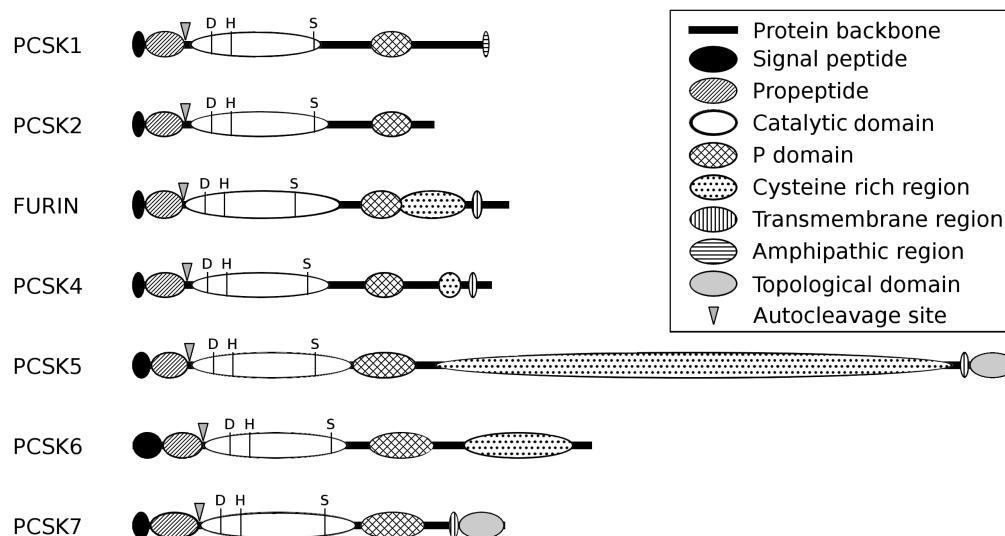
Many secreted proteins, enzymes and receptors are initially synthesized in cells as inactive precursors that need to be proteolytically processed into biologically active forms. Recently, much research has focused on understanding the biology of an enzyme class that is responsible for this evolutionarily conserved endoproteolysis, namely proprotein convertases (PCSK, proprotein convertase subtilisin/kexin). PCSK enzymes belong to the serine endoprotease superfamily, and they catalyze the hydrolytic cleavage of a wide variety of substrate molecules that range from secreted growth factors (e.g. proVEGF, proTGF $\beta$ 1) to extracellular pathogens (e.g. viral envelopes and bacterial toxins) [1-3].

The initially identified seven PCSKs (PCSK1 (ENSG00000175426), PCSK2 (ENSG00000125851), FURIN (ENSG00000140564), PCSK4 (ENSG00000115257), PCSK5 (ENSG00000099139), PCSK6 (ENSG00000140479), PCSK7 (ENSG00000160613)) form a group of partly compensatory and structurally conserved subtilisin/kexin-like serine proteases that function primarily in the secretory pathway, endosomes and on the cell surface (Fig. 1) [2, 4]. Before becoming enzymatically capable of cleaving their target molecules PCSK enzymes need to be activated through a series of autoproteolytic events, which are partially dependent on the

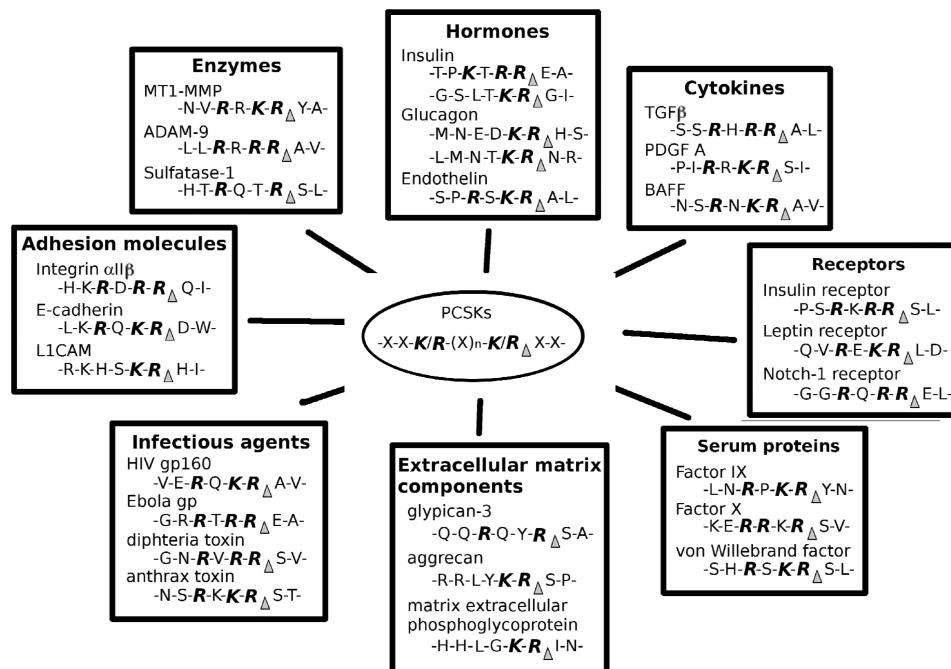
pH and calcium concentration of their environment. The PCSK substrate molecules contain a consensus sequence, which is needed for both substrate recognition and cleavage. The first seven PCSK enzymes act on a stretch of basic amino acids lysine and/or arginine: (K/R)-(X)n-(K/R) $\downarrow$ , with n being 0, 2, 4 or 6 and X any amino acid (Fig. 2). The more recently characterized PCSKs MBTPS1 (ENSG00000140943) and PCSK9 (ENSG00000169174) do not cleave substrates at basic amino acids. In contrast, MBTPS1 exerts its function on the consensus motif (R/K)-X-(hydrophobic)-X $\downarrow$ , and PCSK9 only has autocatalytic cleavage activity in its prosegment sequence VFAQ<sub>152</sub> $\downarrow$ . In addition to the target sequences, also some of the flanking amino acids in substrates as well as secondary and tertiary structures serve as important determinants for the proteolytic function of PCSKs [5-8].

*In vitro* experiments have demonstrated that the archetype PCSKs possess closely related, or even redundant biochemical properties and they often share substrate molecules. In contrast, the phenotypes of genetically targeted animals argue for substrate specificity. FURIN [9], PCSK5 [10, 11] and PCSK6 [12] are essential for normal mammalian development, whereas the phenotypes of PCSK1 [13], PCSK2 [14] and PCSK4 [15] deficient mice are more restricted ranging from infertility to defects in the neuro-endocrine system (Table 1). Notably, the biological role of PCSK7 in mammals remained long ill-defined [16, 17], but a recent study showed that PCSK7 deficient mice have an anxiolytic and novelty seeking phenotype that can be partially reversed by a dopamine D2/D4 antagonist [18]. Genetic inactivation has

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**Fig. (1). Schematic structure of the first seven members of proprotein convertase enzymes.** PCSK enzymes possess a highly conserved domain structure, encompassing the N-terminal signal peptide, the inhibitory propeptide (IPR009020), the catalytic peptidase S8/S53 domain (IPR000209) and the P domain (IPR002884). The C-terminus of the PCSK enzymes can contain FURIN-like cysteine rich regions (IPR006212), transmembrane or amphipathic regions, or a topological domain. Triangles represent the autocleavage sites and the three conservative amino acids of the catalytic triad are depicted with the letters D (Aspartate-active site, IPR023827), H (Histidin-active site, IPR022398) and S (Serine-active site, IPR023828). The backbones of the proteins are represented by a black line and the lengths of the individual PCSKs and their domains are shown in proportion to the number of amino acids. (IPR, InterPro database, <http://www.ebi.ac.uk/interpro>).



**Fig. (2). Examples of the target molecules of proprotein convertases.** The first seven members of the proprotein convertase enzyme family cleave their substrates at the consensus amino acid sequence of (K/R)-(X)<sub>n</sub>-(K/R)<sub>Δ</sub>, where n is 0, 2, 4 or 6 and X any amino acid. Selected example target molecules and reported cleavage sites are shown.

also demonstrated a specific function for the more recently identified PCSK family members MBTPS1 [19] and PCSK9 [20, 21] in cholesterol and lipid metabolism.

Biochemical studies on the first seven members of the PCSK family have offered many important insights into the

biological function of these genes. However, due to a significant degree of overlap in biochemical properties and common substrate molecules genetic approaches have been instrumental for fully understanding the biological significance of the conventional PCSKs. The genetics of PCSK enzymes has been increasingly implicated in a multitude of

**Table 1.** Phenotypes of Germ-line PCSK Knock-out Mice

Germ-line KO	Phenotype	Reference
<b>PCSK1</b>	Severe postnatal growth retardation Multiple defects in processing hormone precursors Hyperproinsulinemia, but normal glucagon processing	[13, 75]
<b>PCSK2</b>	Normal embryonic development, but grow at a slightly reduced rate Reduced adiposity Chronic fasting hypoglycemia, enhanced glucose tolerance Impaired maturation of multiple regulatory peptides or precursor proteins	[17, 86, 88, 153-160]
<b>FURIN</b>	Deficient embryos die between embryonic day 10.5 and 11.5 Failure of ventral closure and axial rotation Cardiovascular defects Absence of chorioallantoic fusion	[9]
<b>PCSK4</b>	Impaired fertility	[15]
<b>PCSK5</b>	Lethal at birth due to multiple craniofacial and patterning abnormalities	[10, 11]
<b>PCSK6</b>	Complex craniofacial malformations Heterotaxia, combined with pulmonary isomerism	[12]
<b>PCSK7</b>	Anxiolytic and novelty seeking phenotype	[18, 17]

human phenotypes (Table 2). Recent improvements in genome-wide association study (GWAS) arrays and large sample collections have overcome several of the limiting factors of earlier candidate gene approaches that were often tested on small sample sets. We here review the published literature regarding the genetics of the first seven PCSK enzymes in human traits.

## PCSK1

PCSK1 and PCSK2 are two closely related members of the proprotein convertase enzyme family and they share several functional similarities. Both of them are most actively transcribed in endocrine and neuroendocrine cells. However, recent studies suggest they may also be active in immune cells [22-26]. These proteases localize to the secretory granules, and their activity is regulated by endogenous inhibitors, namely proSAAS for PCSK1 [27] and 7B2 for PCSK2 [28, 29]. The key function of these enzymes is to coordinately process multiple hormone precursors. PCSK1 and PCSK2 targets include proinsulin [30], proopiomelanocortin [31], prorenin [32], proenkephalin [33], prosomatostatin [34], progastrin [35], proglucagon [36] and proghrelin [37].

Because of several important substrates, it is perhaps not surprising that PCSK1 has been linked to many human diseases and endocrinological phenotypes. These include hypogonadism [38-40], adrenal hyperplasias [41], gastrointestinal carcinoids [42], pituitary adenomas [43, 44], hyper- and hypothyroidism [45] and cancers [46-48]. PCSK1 is also abundantly expressed in the hypothalamus [49, 50], the brain center that controls appetite and satiety [51]. Moreover, it is associated with fasting glucose levels [52] and many of its

substrates also participate in the regulation of feeding and food processing [53-55].

Along with the cholesterol metabolism regulating convertase PCSK9 [56], PCSK1 is the only proprotein convertase that is known to be mutated in humans [40, 57, 58]. These individuals suffer from a profound endocrinological syndrome characterized by monogenic obesity, hypoadrenalinism, a dysregulation of glucose homeostasis and elevated levels of different circulating prohormones.

In addition to monogenic obesity caused by a defective PCSK1 protein, also polygenic obesity and its connection with polymorphisms in PCSK1 have been investigated. Statistical evidence strongly links three common nonsynonymous SNP variants (rs6232 (N221D) in exon 6, rs6235 (S690T) and rs6234 (Q665E) in exon 14) to common obesity [59]. The N222D substitution is located in the catalytic domain of PCSK1 and reduces its activity, while the S690T and Q665E polymorphisms are located in the C-terminal region of the protein and together they show a high linkage disequilibrium ( $r^2 > 0.96$ ). This region defines the enzymatic and physical properties of the protein (half-life time, pH optimum,  $\text{Ca}^{2+}$  requirement, inhibitor susceptibility [60]), but amino acid changes do not impair the function of the enzyme [58, 61]. A novel, less common SNP variant rs1799904 (R80Q) has been reported to hamper the maturation and activity of PCSK1 [61]. Several other studies have also provided evidence for the association of PCSK1 with obesity-related traits [62-72]. A significant associations between PCSK1 variants and the age of natural menopause has also been reported [73]. However, PCSK1 variants did not significantly associate with the serum level of anti-Mullerian hormone, a marker for ovarian reserve in females [74].

**Table 2. Human Traits / Diseases Showing Association with Polymorphisms in Traditional PCSK Genes in Large Genetic Studies**

Gene	Disease / Trait	Reference
PCSK1	Fasting glucose-related traits	[52]
	Body mass index	[71]
	Proinsulin levels	[64]
	Age at natural menopause	[73]
	Proinsulin conversion, glucose homeostasis	[67]
	Body mass index and overweight in men	[70]
	Obesity	[59, 72]
PCSK2	Dialysis-related mortality	[99]
	Age at onset of menarche	[101]
	Fibrinogen level	[102]
	Total antioxidant level	[96]
	Amyotrophic lateral sclerosis	[103]
	Maximum common carotid intimal medial thickness	[100]
	Chronic kidney disease	[98]
FURIN	Blood pressure	[115]
	Hypertension	[114]
	HPV infection outcome	[111]
PCSK4	no large genetic association studies reported	
PCSK5	Age at onset of amyotrophic lateral sclerosis	[126]
	Total ventricular volume	[125]
	Height	[130]
	Behavioral skills in children that have undergone cardiac surgery	[124]
	HDL levels	[128]
PCSK6	Handedness in dyslexia	[131]
	Blood pressure	[137]
PCSK7	Cardiovascular-related traits	[152]
	Iron homeostasis	[148]

Despite the findings in human studies, the PCSK1 null mouse is not obese [13], although it does show defects in synthesizing mature insulin [75]. The most prominent phenotype of PCSK1 deficient mice is a severe growth defect, which might indicate that PCSK1 can process the growth hormone releasing hormone (GHRH) precursor [76]. However, when researchers aimed at gaining insight into the human PCSK1-related obesity phenotype by mutating the highly conserved codon at position 222 (N222D), an overweight mouse phenotype with impaired proinsulin processing, hyperphagia and increased metabolic efficiency was reported [77]. The activity of the homozygous N222D mutant PCSK1 is about 45 % of activity of the wild type en-

zyme. Although the amount of the enzyme is the same in the tissue extracts from wild type and PCSK1<sup>N222D/N222D</sup> animals, the ratio of the isoforms is different, suggesting a defect in the autocatalytic cleavage process, which thus may also have importance for human obesity. The level of the hypothalamic alpha-melanocyte-stimulating hormone ( $\alpha$ MSH) was also reduced in those animals. This too may contribute to the obesity phenotype [77].

### PCSK2

The expression pattern of PCSK2 significantly overlaps with that of PCSK1 and these enzymes often act in concert to process common substrate proteins [78-80]. Knocking out

both PCSK1 and PCSK2 in mice is lethal, further supporting the complementary roles for these two enzymes, which cannot be compensated for by other PCSKs [79]. However, the proteolytic functions of PCSK1 and 2 are different, which may result in to distinct products from the same precursor. For example, proglucagon is cleaved into glucagon-like peptide-1 by PCSK1, but PCSK2 processes the same molecule into glucagon [81]. The expression level differences of these convertases are thought to determine which enzyme plays the primary role in the cleavage of a given substrate [82-84]. A unique feature of PCSK2 is that it requires the 7B2 protein for its maturation [85]. The inactive form of PCSK2 binds to 7B2 in the endoplasmatic reticulum and this facilitates the transport of the protein complex to the Golgi apparatus. 7B2 is needed for the activation of proPCSK2, but it also has an inhibitory effect on PCSK2 function [28, 29].

PCSK2 knockout mice appear normal at birth. However, these animals exhibit retarded growth, chronic fasting hypoglycemia and defects in the processing of various neuroendocrine precursor [86-90]. PCSK2 participates together with PCSK1 in insulin maturation [30, 91]. Consequently, PCSK2 knockout mice exhibit increased levels of proinsulin [86].

In humans, different genetic variants of PCSK2 have been shown to associate with type 2 diabetes and related traits in several studies [92-95]. Other human traits that show genetic association with PCSK2 variants include total antioxidant level (SNP rs6044834 [96]), prevalence of myocardial infarction (SNP rs6080699 [97]), chronic kidney disease (SNP rs6080699 [98]), dialysis survival (SNP rs4814615 [99]) maximum common carotid intimal medial thickness (SNP rs4814615 [100]), age of menarche (SNP rs852069 [101]) and fibrinogen levels (rs6044777 [102]). Also, an association between the incidence of amyotrophic lateral sclerosis and SNP rs6080539, which is close to the PCSK2 gene, was reported in US veterans [103]. At present, the molecular mechanisms behind these associations remain to be described.

## FURIN

The FURIN gene was discovered more than 25 years ago at the upstream region of FES (feline sarcoma oncogene) [104]. Subsequent biochemical analyses have demonstrated that FURIN is ubiquitously expressed and that it possesses a plethora of target proteins that regulate a wide variety of biological functions ranging from mammalian development to the activation of prohormones and infective agents. FURIN is often considered as a prototypic proprotein convertase, and a significant degree of functional redundancy with other PCSKs, especially with PCSK5 and PCSK7 is evident in *in vitro* experiments [105]. However, analyses of FURIN germ-line knockout mice have revealed a non-redundant function in mammalian development: FURIN deficient mouse embryos show defective ventral closure and axial rotation and die during the second week of embryonic development [9]. These data support the existence of FURIN specific substrate molecules or alternatively, a lack of expression of other compensatory PCSK enzymes during mammalian embryogenesis.

Because FURIN is essential for mammalian development it is not surprising that FURIN null human subjects have not

been described in the literature. In contrast, the expression of FURIN has been reported to be upregulated in many human diseases. Elevated FURIN levels promote for example the metastatic activity of human head and neck cancer, atherosclerosis and the course of pseudomonas infection in cystic fibrosis [106-108]. FURIN expression is enhanced *in trans* by growth factors such as TGF $\beta$ 1 [109] and IL12 [110], but a recent study demonstrated that a polymorphism (rs4932178) in the FURIN promoter also directly affects its mRNA levels [111]. This common SNP associates directly with the course of an HBV infection, and may have importance in predicting the disease outcome. Moreover, another study, which investigated genetic alterations in the TGF $\beta$ 1 pathway genes in colorectal cancer, found a weak, but significant association between the heterozygosity of this SNP and worse disease outcome [112].

FURIN can directly regulate the renin-angiotensin system and factors that maintain the sodium-electrolyte balance [113]. This led a group of Chinese investigators to consider FURIN as a candidate gene in a Kazakh ethnic group with a high prevalence of hypertension [114]. Sequencing of all exons and the promoter region led to a conclusion that rs2071410 moderately associates with the hypertension phenotype. Importantly, the role of FURIN genetics as a risk factor for hypertensive phenotype was recently confirmed by two recent large-scale genetic association studies. First, using a genome-wide association approach to study more than 200 000 subjects of European descent, The International Consortium for Blood Pressure Genome-Wide Association Studies identified a SNP (rs2521501) in the FURIN-FES loci that was associated with an elevation in both the systolic and diastolic blood pressure [115]. Another multi-center study that genotyped ca. 50 000 SNPs in 2100 candidate genes reported two additional polymorphisms in the FURIN gene region, rs2071410 and rs6227, to associate with the diastolic and systolic blood pressure, respectively [116]. Taken together, FURIN clearly emerges as a promising candidate gene for hypertension in three independent studies.

## PCSK4

PCSK4 expression is restricted to testicular [117-119] and ovarian cells [120]. Only a few natural substrates for PCSK4 have been identified so far [121] but the lack of functional PCSK4 results in impaired *in vivo* and *in vitro* fertility in male mice [15, 119, 122]. To our knowledge, probably due to its restricted expression profile and biological function, there are no GWAS or other types of genetic studies in humans reporting diseases or other conditions or traits associated with PCSK4 polymorphisms.

## PCSK5

The PCSK5 gene encodes two distinct splice variants, PCSK5a and PCSK5b. The gene is expressed ubiquitously but the protein isoforms are sorted distinctly in the cell [123]. The shorter PCSK5a is secreted while the longer canonical PCSK5b is a membrane protein localized to the post-Golgi network. Knocking-out PCSK5 in mice is lethal at birth due to multiple craniofacial and patterning abnormalities [10, 11] demonstrating that this gene is essential for mammalian development.

Polymorphisms in the PCSK5 gene region have been associated with various human traits and phenotypes. In addition to sporadic association findings with various apparently non-related traits, the possible neurological role of this gene is emphasized in several genetic association studies. A suggestive genome-wide association ( $p=1.11e-6$ ) was found for the intronic PCSK5 SNP rs2261722 with attentiveness and other neurobehavioral skills (Child Behavior Checklist for ages 1.5 to 5 years, CBCL/1.5-5) in children who underwent cardiac surgery before six months of age [124]. This converges with the observation that the intergenic PCSK5 SNP rs10512049 is associated with Alzheimer's disease related total ventricular volume (genome-wide borderline  $p$  value of 3.48e-6) [125]. Also, a recent meta-analysis of GWA studies linked PCSK5 to another neurodegenerative disorder, amyotrophic lateral sclerosis (ALS). When several sample collections were studied together, it was found that two PCSK5 SNPs (rs7047865 and rs1258095) associated with the age of ALS onset [126].

Anorectal atresia is a birth defect that causes morbidity and requires surgical operations. A recent study found SNPs in the PCSK5 region that nominally associated with this malformation [127]. This finding may be explained by the observation that PCSK5 coordinately regulates caudal Hox paralogs via growth differentiation factor 11 (GDF11) to control anteroposterior patterning and anorectal development [11]. Using a multi-stage analysis with linkage and association design Iatan *et al.* (2009) showed that SNPs in the PCSK5 also influence the levels of high-density lipoprotein cholesterol (HDL-C) [128]. The mechanism behind this might be explained by PCSK5 mediated inactivation of endothelial lipase [129], which is a natural modulator of HDL particles.

Interestingly also, a SNP in the PCSK5 region was among the DNA sequence variants most strongly associated with human height [130]. This study also underlined that pin-pointing significant associations with genomic variants in polygenic traits may require an extensive study protocol with enormous sample collections. Using more than 180000 samples and 2.8 million genome-wide SNPs in a highly heritable polygenic trait, the researchers managed to explain up to 20% of the heritable variation of this trait. So although the SNP rs11144688 in the PCSK5 region has a significant effect, it explains only a minor fraction of height variability in the population.

## PCSK6

The PCSK6 gene encodes several transcripts which are ubiquitously expressed. In mice PCSK6 regulates the function of TGF $\beta$  family cytokines during central nervous system patterning and left-right axis formation [12]. Consequently, approximately one-quarter of PCSK6 deficient mouse embryos die prenatally. In humans the SNP rs11855415 in the PCSK6 region is the marker most significantly associated with direction of handedness in individuals with dyslexia [131]. It reaches the genome-wide significance level with a  $p$ -value of 1.99e-8. PCSK6 is known to process for example the NODAL proprotein [12] which has a role in antero-posterior and left-right axes specification. This role of PCSK6 in embryo patterning might explain also the genetic

association with cerebral asymmetry and handedness. However, a very recent study showed that rather than dictating the direction of handedness PCSK6 contributes to mechanisms underlying the establishment of normal brain lateralization and thus the degree of handedness [132].

Osteoarthritis (OA) is the most common joint disorder where the loss of bone and cartilage tissue causes joint pain, tenderness, stiffness, locking, and sometimes effusion. Previous functional investigations have implicated that PCSK6 contributes to the pathogenesis of OA by activating aggrecanases leading to aggrecan breakdown [133, 134]. A recent study using a candidate gene approach proved also that the rs900414 SNP in the PCSK6 gene region consistently associated with the severity of pain in OA [135]. A possible functional explanation for this association comes from the location of the associated SNP. It is located in the intron between exons 22 and 23 and could, in theory, be involved in variable splicing of the gene. Exon 23 encodes a hydrophobic cluster that retards PCSK6 secretion and thus a transcript with exon 23 encodes an intracellular PCSK6 isoform, while the variant lacking exon 23 encodes a secreted version of the protein. [136]. Hence, the altered ratios of these enzyme isoforms might contribute to enzyme function through an altered cellular distribution of the protein.

A small study using Chinese individuals linked PCSK6 also to hypertension. A SNP rs1871977 and a consequent 5 marker haplotype associated statistically significantly with high diastolic blood pressure [137]. Also, two previous segregation analyses have found evidence for increased linkage to blood pressure in the genomic region next to the PCSK6 gene [138, 139].

## PCSK7

PCSK7 is a ubiquitously expressed gene [140, 141] and the majority of the protein is concentrated to the trans-Golgi network [142] from where it cycles to the plasma membrane [143]. Interestingly, a translocation breakpoint in the 3' untranslated region of the gene has been observed, and a resulting fusion protein with the IGH gene product is repeatedly detected in patients with lymphomas [144]. Until recently the biological function of PCSK7 in mammals was largely unknown. Scattered observations in the literature first proposed that PCSK7 deficient mice undergo normal development and adults have little phenotypic abnormalities, but Besnard and colleagues demonstrated in 2012 that a PCSK7 deficiency contributes to behavioral patterns in mice [16-18]. However, a recent study using a *Xenopus* model system demonstrated that the lack of PCSK7 function results in fundamental defects in brain and eye development suggesting a critical role for this enzyme in the embryogenesis of at least lower vertebrates [145].

A series of *in vitro* experiments has demonstrated that PCSK7 operates often redundantly with other conventional PCSKs. To date, biochemical and genetic approaches have led to the identification of only a few specific substrates. PCSK7 is non-replaceable in rescuing an unstable MHC I in antigen presenting cells [146] and it mediates the proteolysis of proEGF presumably in an indirect manner [147]. Also, polymorphisms in the human PCSK7 have been associated with two phenotypes in recent GWA studies. Oexle *et al.*

(2011) showed a strong ( $p=1.1e-27$ ) novel association of SNP rs236918 in PCSK7 intron 9 with the level of soluble transferrin receptor (sTfR) in a meta-analysis of five genome-wide association studies [148]. Mechanistically, two distinct functions for PCSK7 in iron metabolism have been suggested. Firstly, the expression of hepcidin, which is the principal iron regulatory hormone, is downregulated by soluble haemojuvelin (sHJV). Release of sHJV from cellular haemojuvelin requires FURIN or another proprotein convertase [149, 150]. Secondly, PCSK7 can function to release sTfR from membrane-bound TfR. This latter mechanism attained some support from a very recent study showing the capacity of PCSK7 to directly shed human TfR1 at an unusual target site KTECER $\downarrow$  [151]. This plausible physiological mechanism combined with the strong genetic association makes PCSK7 an actual functional candidate for therapeutics that regulate human iron homeostasis.

Another published GWA study linked PCSK7 to cardiovascular events. Middelberg *et al.* (2011) searched for genes that simultaneously associate with more than one cardiovascular-related biochemical trait [152]. They found that the PCSK7 SNP rs508487 is associated with levels of triglycerides and low-density lipoproteins LDL (borderline multivariate association of  $p=2.7e-5$ ). However, the authors did not speculate on the functional relevance of the finding and thus it remains to be clarified whether it is true causation or just results from a physical linkage with other genetic factors.

## CONCLUSIONS

Genetic association studies have undergone a fundamental change in design and implementation during the last 10–15 years. Large sample collections and hypothesis-free selection of study markers have uncovered numerous important features of several previously unthinkable phenotypes. Also, members of the proprotein convertase gene family have now been convincingly associated with various human traits. For example, the roles of PCSK1 and PCSK2 in common obesity and related traits, FURIN in hypertension, PCSK6 in osteoarthritis and PCSK7 in iron homeostasis have now been well documented by independent study groups. Dissecting these genetic associations further serves three major aims. It can help to reveal the biological grounds for any phenotype, decode the specific functions and substrates for individual PCSKs and finally offer new candidates for drug development [3]. In the future, expanding the investigations also to the regulatory regions of the PCSK genes located even on different chromosomes will shed more light on the phenotypic associations. These studies are continuously facilitated by developments in more powerful and accurate genome-wide technologies, such as large scale sequencing,

## CONFLICT OF INTEREST

The author(s) confirm that this article content has no conflicts of interest.

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## ABBREVIATIONS

GWA	=	Genome wide association
PCSK	=	Proprotein convertase subtilisin/kexin
SNP	=	Single nucleotide polymorphisms

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