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Clinical Definition of Acquired Resistance to Epidermal Growth Factor Receptor Tyrosine Kinase Inhibitors in Non–Small-Cell Lung Cancer

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See accompanying editorial on page 191

A B S T R A C T

Ten percent of North American patients with non-small-cell lung cancer have tumors with somatic mutations in the gene for the epidermal growth factor receptor (EGFR). Approximately 70% of patients whose lung cancers harbor somatic mutations in exons encoding the tyrosine kinase domain of EGFR experience significant tumor regressions when treated with the EGFR tyrosine kinase inhibitors (TKIs) gefitinib or erlotinib. However, the overwhelming majority of these patients inevitably acquire resistance to either drug. Currently, the clinical definition of such secondary or acquired resistance is not clear. We propose the following criteria be used to define more precisely acquired resistance to EGFR TKIs. All patients should have the following criteria: previous treatment with a single-agent EGFR TKI (eg, gefitinib or erlotinib); either or both of the following: a tumor that harbors an EGFR mutation known to be associated with drug sensitivity or objective clinical benefit from treatment with an EGFR TKI; systemic progression of disease (Response Evaluation Criteria in Solid Tumors [RECIST] or WHO) while on continuous treatment with gefitinib or erlotinib within the last 30 days; and no intervening systemic therapy between cessation of gefitinib or erlotinib and initiation of new therapy. The relatively simple definition proposed here will lead to a more uniform approach to investigating the problem of acquired resistance to EGFR TKIs in this unique patient population. These guidelines should minimize reporting of false-positive and false-negative activity in these clinical trials and would facilitate the identification of agents that truly overcome acquired resistance to gefitinib and erlotinib.

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INTRODUCTION

Approximately 70% of patients whose lung cancers harbor somatic mutations in exons encoding the tyrosine kinase domain of the epidermal growth factor receptor (EGFR) will experience significant tumor regressions when treated with the EGFR tyrosine kinase inhibitors (TKIs) gefitinib or erlotinib.1-3 However, the overwhelming majority of these patients inevitably develop acquired resistance to either drug. Currently, the clinical definition of such secondary or acquired resistance is not clear. On treatment failure, many patients with acquired resistance have been found to have second site EGFR mutations, MET amplification, or both,4-6 and this has led to a number of trials of novel agents targeting these aberrations. However, these trials have not routinely mandated genotyping of a patient's tumor on study entry and have used different inclusion/ exclusion criteria, especially with respect to the duration of time a patient must be treated with an

EGFR TKI before enrollment and/or the duration of time a patient should be off the EGFR TKI before starting therapy. A clear and consistent definition of acquired resistance (Table 1) will help create standard entry criteria for the studies of such patients in clinical trials. In turn, this definition should help facilitate clearer interpretation of results from such trials. Similar kinds of definitions have been published for chronic myelogenous leukemias⁷ and gastrointestinal stromal tumors,⁸ which are treated with the TKI imatinib and display a similar oncogene-addiction phenomenon.⁹

PROPOSED CRITERIA FOR ACQUIRED RESISTANCE TO EGFR TKI

We propose that the following criteria be used to define more precisely the clinical state of acquired resistance. These criteria are based on the published literature. All patients should have the following:

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1. Previously received treatment with a single-agent EGFR TKI (eg, gefitinib or erlotinib)	
2. Either of the following:	
A. A tumor that harbors an EGFR mutation known to be associate drug sensitivity (ie, G719X, exon 19 deletion, L858R, L861Q)	d with
B. Objective clinical benefit from treatment with an EGFR TKI as defined by either:	
 Documented partial or complete response (RECIST or WHO), ii. Significant and durable (≥ 6 months) clinical benefit (stable di as defined by RECIST or WHO) after initiation of gefitinib or erlotinib 	
 Systemic progression of disease (RECIST or WHO) while on conti treatment with gefitinib or erlotinib within the last 30 days 	nuous
 No intervening systemic therapy between cessation of gefitinib or erlotinib and initiation of new therapy 	

- Previously received treatment with a single-agent EGFR TKI (eg, gefitinib or erlotinib). (The therapeutic contribution of an EGFR TKI is difficult to assess if it was combined with other targeted or chemotherapeutic agents.)
- Either or both of the following: a tumor that harbors an *EGFR* mutation known to be associated with drug sensitivity (ie, G719X, exon 19 deletion, L858R, L861Q) or objective clinical benefit from treatment with an EGFR TKI as defined by either documented partial or complete response (Response Evaluation Criteria in Solid Tumors [RECIST] or WHO) or significant and durable (≥ 6 months) clinical benefit (stable disease as defined by RECIST or WHO) after initiation of gefitinib or erlotinib. (Patients with only symptomatic improvement while on EGFR TKI but no corresponding evidence of radiographic stability of disease should not be routinely considered as having acquired resistance. Recovery from toxicity of prior therapies and/or biologically indolent, potentially slow-growing disease may be present in a meaningful proportion of patients.)

These criteria are based on multiple studies demonstrating that lung tumors with specific kinase domain mutations of EGFR comprise a distinct molecular subset of lung cancers with increased sensitivity to gefitinib or erlotinib.¹⁰⁻¹² Approximately 70% of patients whose tumors harbor drug-sensitizing EGFR mutations respond radiographically to EGFR TKIs, compared with less than 5% of North American patients with non-small-cell lung cancer with wild-type EGFR.^{1,3} The 6-month progression-free landmark was chosen based on data showing that only 26 of 86 patients (30%; 95% CI, 21% to 41%) with a drug-sensitive EGFR mutation have duration of response or stable disease less than 6 months (Table 2). Moreover, this figure is certainly overestimated as a result of the number of patients with EGFR mutations censored for progression before 6 months (n = 21). In addition, by using a 6-month progression-free landmark, only 30 of 132 patients (23%; 95% CI, 16% to 31%) without a mutation have a progressionfree period exceeding 6 months.³ Given that many patients currently do not have their tumor EGFR mutation status determined before starting an EGFR TKI, the clinical definition of time to progression longer than 6 months will identify a population of patients in whom 60 of 91 patients (66%; 95% CI, 55% to 76%) have an EGFR-sensitizing

PFS Time and EGFR Status	Patients		
	No./Total No.	%	
PFS < 3 months			
EGFR mutation positive	8/86	9	
EGFR mutation negative	74/132	56	
PFS >3 months			
EGFR mutation positive	77/86	90	
EGFR mutation negative	58/132	44	
PFS < 6 months			
EGFR mutation positive	26/86	30	
EGFR mutation negative	102/132	77	
PFS > 6 months			
EGFR mutation positive	60/86	70	
EGFR mutation negative	30/132	23	

Abbreviations: *EGFR*, epidermal growth factor receptor; PFS, progressionfree survival.

mutation and 30 of 91 patients (33%; 95% CI, 23% to 44%) whose tumors harbor wild-type *EGFR*. This recommendation is also supported by recent data from the landmark IPASS (Iressa Pan-Asia Study) in which approximately 70% of patients with *EGFR* mutations had PFS exceeding 6 months, whereas only 8% without demonstrable mutation had PFS exceeding 6 months.¹³ The use of a 3-month progression-free landmark is less reliable in identifying patients whose tumors are most likely to harbor an *EGFR* mutation and whose subsequent progression is related to development of secondary resistance. The false-positive rate of a 3-month cutoff jumps to 44% (95% CI, 36% to 52%), compared with a false-positive rate of only 23% (95% CI, 16% to 31%) with the recommended 6-month landmark. Approximately 1% of patients have *EGFR* mutations known to be associated with resistance or of unknown biologic behavior at present.³ Following are additional criteria for acquired resistance to EGFR TKIs:

- Systemic progression of disease (RECIST or WHO) while on continuous treatment with gefitinib or erlotinib within the last 30 days.
- No intervening systemic therapy between cessation of gefitinib or erlotinib and initiation of new therapy.

These criteria are proposed based on data showing that patients with EGFR-mutant tumors can display a disease flare within 3 weeks after stopping gefitinib or erlotinib.¹⁴ It is not known why such rapid progression occurs, but these observations suggest that continued EGFR inhibition retards cancer growth even when these cancers display slow disease progression. On reintroduction of an EGFR TKI after a drug holiday, tumor growth rates may slow, and tumors may regress in size (Fig 1A). Tumors may also display a decrease in metabolic activity as assessed by fluorodeoxyglucose avidity (Fig 1B). In clinical trials, such findings could be mistaken for therapeutic benefit. Therefore, we recommend minimizing the washout period between EGFR TKI discontinuation and initiation of the experimental agent or regimen. Whenever possible, this washout period should be no greater than 2 weeks (> five half-lives for both gefitinib and erlotinib); this criterion may not apply to patients in whom systemic toxicities attributable to EGFR TKI therapy have not adequately resolved. Patients off EGFR TKI treatment for more than 2 weeks should not be included. In

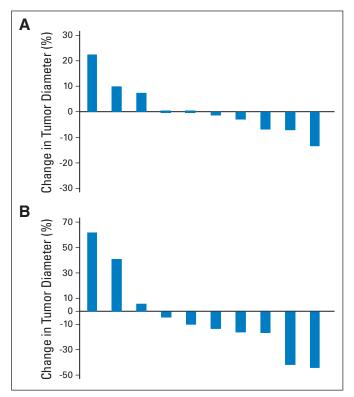


Fig 1. Individual patient changes in the percentage of (A) tumor diameter by Response Evaluation Criteria in Solid Tumors (RECIST) or (B) fluorodeoxyglucose positron emission tomography maximum standardized uptake value 3 weeks after reintroduction of erlotinib or gefitinib in patients with previous response to gefittinib or erlotinib who had previously discontinued erlotinib or gefittinib.

addition, baseline radiographic imaging should be obtained as close as possible to commencing the experimental therapy. Optimally, the scan should be performed 1 day before or on the day of starting treatment. These measures will ensure that any responses are truly a result of the newly instituted treatment agent or regimen and not a result of re-treatment effect that might have been accomplished with gefitinib or erlotinib alone.

Notably, special attention should be paid to patients whose disease progresses only in the CNS. Autopsy reports have shown that CNS metastases may remain free of mutations associated with secondary resistance, despite the development of such mutations in systemic sites of disease.^{15,16} This is likely a result of poor drug penetration in the CNS because sites of CNS progression in patients whose disease has been sensitive to therapy with an EGFR TKI may still have tumors that remain sensitive to treatment with the agent if adequate concentrations of drug can be delivered into the CNS.¹⁶ Therefore, patients who experience CNS-only relapse should not be considered as having systemic acquired resistance to EGFR TKI therapy. These patients could be considered for clinical trials of alternative dosing strategies of an EGFR TKI (unpublished data). These patients should be distinguished from those in which documented durable regression of brain metastases occurs followed by progression in the same lesions. Although the mechanism of progression may differ, it is reasonable to consider such patients as having acquired resistance because indeed the cause of such is unknown in many patients.

Finally, a number of trials are now being considered in which the EGFR TKI is continued despite disease progression and in which a

targeted or cytotoxic agent is added to the EGFR TKI. For these trials, we recommend that patients initially receive the EGFR TKI alone for a 2- to 3-week period and that radiographic imaging be obtained before and at the end of this period. The latter imaging studies could be then used to eliminate reresponders, whereas patients with stable or progressive disease would proceed to receive the drug combination. This type of design would additionally allow evaluation of toxicity from the combination of EGFR TKI plus the second agent(s), as well as characterize any drug-drug interactions.

CONCLUSION

Use of the relatively simple, largely clinical, criteria proposed here to define this clinical situation will lead to a more uniform approach to investigating the problem of acquired resistance to EGFR TKIs in this unique patient population. These guidelines could help provide safe-guards to minimize reporting of false-positive and false-negative activity signals in these clinical trials and would facilitate the identification of agents that truly overcome acquired resistance. Ideally, routine genotyping of tumors before study entry would largely overcome the uncertainties in clinical trial interpretation generated by the unique biology of *EGFR*-mutant lung cancers.

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