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# The Cooperative Roles of Inflammation and Oxidative Stress in the Pathogenesis of Hypertension

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# Abstract

Significance: Innate and adaptive immunity play fundamental roles in the development of hypertension and its complications. As effectors of the cell-mediated immune response, myeloid cells and T lymphocytes protect the host organism from infection by attacking foreign intruders with bursts of reactive oxygen species (ROS). Recent Advances: While these ROS may help to preserve the vascular tone and thereby protect against circulatory collapse in the face of overwhelming infection, aberrant elaboration of ROS triggered by immune cells in the absence of a hemodynamic insult can lead to pathologic increases in blood pressure. Conversely, misdirected oxidative stress in cardiovascular control organs, including the vasculature, the kidney, and the nervous system potentiates inflammatory responses, augmenting blood pressure elevation and inciting target organ damage. Critical Issues: Inflammation and oxidative stress thereby act as cooperative and synergistic partners in the pathogenesis of hypertension. Future Directions: Pharmacologic interventions for hypertensive patients will need to exploit this robust bidirectional relationship between ROS generation and immune activation in cardiovascular control organs to maximize therapeutic benefit, while limiting off-target side effects. Antioxid. Redox Signal. 20, 102–120.

## Introduction

A GENTS OF INNATE and adaptive immunity interact with<br>reactive oxygen species (ROS) in a complex, bidirectional relationship to regulate the hypertensive response and the ensuing end-organ injury. Studies conducted more than 30 years ago hinted at a role for adaptive immunity in hypertension. However, the contributions of inflammatory cells and mediators to the pathogenesis of cardiovascular disease received more attention following the recognition that oxidized low-density lipoprotein (LDL) could act as a specific antigen to stimulate an adaptive immune response that accelerates atherogenesis (15, 165). Population studies in humans then demonstrated links between elevated markers of inflammation and the risk of developing hypertension (156), unleashing a wave of newer studies that have dissected the links between inflammation, hypertension, and target organ damage with increasing precision.

Inflammatory cells are potent sources of ROS. Recently, researchers have started to explore the pathways through which, cells participating in the innate and adaptive immune responses potentiate blood pressure elevation and end-organ injury by driving the elaboration of ROS in cardiovascular control organs, including the vasculature, the kidney, and the nervous system. Other studies have characterized a converse relationship wherein ROS generated within these cardiovascular control organs can promote activation of circulating immune cells, resulting in a dangerous positive feedback system (Fig. 1) that exaggerates hypertensive responses following an initial injury signal. In the case of hypertension, uncovering the relationships between inflammation, ROS, and blood pressure elevation has posed a challenge due to the critical role of the kidney in regulating sodium excretion and, therefore, intravascular volume. Thus, inflammatory responses or oxidative stress localized to the kidney can conceivably be the cause or the result of perturbations in blood pressure. The following review will survey some of the data implicating immune responses in the pathogenesis of hypertension and explore how inflammatory mediators and oxidative stress coordinately potentiate this epidemic disease.

## Inflammatory Responses Mediate Hypertension

## Epidemiologic studies

A series of epidemiologic studies have observed associations between levels of inflammatory mediators and

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FIG. 1. Oxidative stress and inflammatory responses act synergistically in the pathogenesis of hypertension. Innate and adaptive immune responses potentiate blood pressure elevation and the ensuing end-organ injury by driving reactive oxygen species (ROS) generation in cardiovascular control organs, including the vasculature, the kidney, and the nervous system. Conversely, superoxide generated within these cardiovascular control organs can promote activation of circulating immune cells that exaggerates hypertensive responses following an initial injury signal.

hypertension in humans (133). Patients with modest elevations in blood pressure or prehypertension have elevated circulating levels of tumor necrosis factor-alpha (TNF-a), C reactive protein (CRP), and leukocytes compared to normotensive controls (24). Circulating levels of CRP and the inflammatory cytokine interleukin-6 (IL-6) have both correlated positively with blood pressure in cross-sectional studies (20, 195). In some populations, higher CRP levels or leukocyte counts have even predicted the onset of hypertension several years into the future (129, 156, 174). Hypertensive patients exhibit elevated levels of adhesion molecules that facilitate the exit of these mononuclear cells from blood vessels into target tissues through a rolling process known as diapedesis (20, 167). Chemokines, the mediators that recruit mononuclear cells via concentration gradients into target organs, are also upregulated in human hypertension (167). Thus, the cells that execute immune responses as well as the mediators that can organize their entry into cardiovascular control organs are present in excess in patients with hypertension, but these association studies cannot discriminate whether blood pressure elevation is caused by these mediators or whether hypertension conversely induces adaptive immune responses through hemodynamic injury.

## Early animal studies pointing to immunity's role in hypertension

Before the era of transgenic models, early experiments hinted that immune responses may contribute to blood pressure elevation and its attendant complications. Although these studies did not emphasize the roles of individual immune cell populations in mediating hypertension, the experimental designs suggested that activated T lymphocytes were critical to blood pressure elevation. For example, adoptive transfer of lymph node cells from a rat made hypertensive by

renal infarction recapitulated the hypertensive response in the recipient (130). Conversely, mice lacking a thymus, the organ in which T cells mature through selective processes, were protected from blood pressure elevation in a model of spontaneous hypertension (172), and athymic mice were similarly unable to sustain chronic blood pressure elevation in a mineralocorticoid-induced hypertension model (171). Moreover, proliferative responses of lymphocytes correlated with blood pressure in genetically hypertensive rats, and thymectomy in these animals reduced blood pressure (7). These studies were prescient in postulating that perivascular mononuclear cell clusters may impact vascular function, but predated the recognition that T cells and other immune cell populations could influence the course of cardiovascular disease via the generation of ROS.

#### Adaptive immunity in atherogenesis

Heightened interest in the contribution of inflammatory responses to cardiovascular disease emerged with the recognition that macrophages carrying pathogenic lipid are present in atherosclerotic plaques. While macrophages represent a key component of innate immunity, Hansson and colleagues further demonstrated that oxidized LDL could act as a neoantigen inducing a specific adaptive immune response that required functional T cells for full disease progression (15, 165). As in atherosclerosis, the vasculature involved in mounting increased systemic vascular resistance during chronic hypertension undergoes remodeling, and mononuclear cell infiltrates surround large vessels in target organs damaged by blood pressure elevation, particularly in severe hypertension (58, 113). Thus, the actions of innate and adaptive immune responses in the setting of hypertension began to receive more intense scrutiny as had occurred in the study of atherogenesis.

# Recent evidence implicating immune responses in the pathogenesis of hypertension

Against this historical backdrop, a wealth of experimental evidence has emerged over the past 10 years demonstrating a critical role for immunity in the pathogenesis of hypertension. First, broad pharmacologic blockade of proinflammatory signaling pathways has the capacity to limit end-organ damage in hypertension and even mitigate blood pressure elevation in some models. For example, the nuclear factor- $\kappa$ B  $(NF-KB)$  signaling pathway propagates gene transcription for a host of key inflammatory mediators, and inhibition of this pathway reduces blood pressure, cardiac hypertrophy, and renal disease in high-renin hypertension (124). Accordingly, suppression of the immune system through a variety of approaches limits  $NF-\kappa B$  translocation to the nucleus in several cell lineages and thereby limits end-organ damage in diverse models of hypertension (62, 125). These studies raised questions as to which immune cell lineages and which downstream mediators were responsible for translating the inflammatory stimulus into blood pressure elevation and/or end-organ injury.

The definitive approach for exploring the functions of immune cell lineages in cardiovascular disease as in traditional immune-mediated diseases has been through adoptive transfer of these cells into immune-deficient recipients. This strategy has established that adaptive immunity plays a critical role in experimental hypertension and raises the specter of a putative neo-antigen that potentiates hypertension through a precise autoimmune mechanism just as in atherosclerosis. Mice lacking functional lymphocytes have a muted blood pressure response to hypertensive stimuli, which is restored by transfer of T, but not B lymphocytes (58). CD8 rather than  $CD4^+$  T cells appear to be the prohypertensive T cell subpopulation (175). These T cells may promote hypertension by potentiating vascular dysfunction (58) and/ or sodium retention in the kidney (30), both of which involve local generation of oxidative stress as discussed below. By contrast, T regulatory cells, an immunosuppressive T cell lineage identified most specifically by Foxp3 expression, can protect from blood pressure elevation and target organ damage induced by angiotensin II (6, 85). Moreover, although angiotensin II can directly enhance lymphocyte proliferation in certain contexts (65, 127), recent studies have uncovered potentially immunosuppressive effects of type 1 angiotensin  $(AT<sub>1</sub>)$  receptors on mononuclear cells in the setting of hypertension (31, 200). Thus, whether hypertensive stimuli such as angiotensin II activate the immune system through direct stimulation of  $AT_1$  receptors on inflammatory cells remain controversial. Alternative mechanisms through which hypertensive stimuli may trigger immune activation include signals from the central nervous system (CNS) and/or the endothelium (62, 107).

The involvement of an adaptive immune response in propagating hypertension and its associated complications would suggest that innate immune defenses, including professional antigen-presenting cells (APCs) have detected and processed neo-antigens that promote the targeted clonal expansion of lymphocytes. Although, Rodriguez-Iturbe and colleagues have put forth heat shock protein-70 (HSP70) as one possible antigen (132), definitive studies cataloguing the antigens triggering immune-mediated hypertension are still forthcoming. Nevertheless, myeloid APCs may regulate blood pressure responses through alternative mechanisms unrelated to their classical APC functions. Mice depleted of monocytes, which are circulating myeloid precursors to dendritic cells and macrophages, have a blunted chronic hypertensive response to angiotensin II, and adoptive transfer of monocytes restores the blood pressure elevation in these animals (191). In turn, mice that are unable to develop splenic dendritic cells, by far the most potent APC lineage, also have blunted hypertensive responses to angiotensin II, and yet transfer of wild-type bone marrow-derived cells into these animals does not restore the hypertensive response (54). Macrophages, another critical APC population, also have the capacity to influence salt-sensitive hypertension by elaborating the vascular endothelial growth factor-C to drive lymphangiogenesis (101). These new lymphatics, in turn, regulate the nonosmotic storage of sodium. Thus, cells of the innate immune system may influence blood pressure independently of their responsibilities as APCs, and below we will discuss the possible role of ROS in this regard.

To facilitate the recruitment of cells of the innate and adaptive immune systems into cardiovascular control organs where they can influence the hypertensive response, chemokines establish gradients attracting these cells from the circulation. Adhesion models in the vasculature supplying these organs then bind to the inflammatory cells, leading to their transmigration into the tissue parenchyma. An analogous process permits entry of inflammatory cells into target organs where they can potentiate tissue damage instigated by blood pressure elevation. Thus, the accumulation of T lymphocytes in the vasculature and the kidneys of hypertensive animals (58, 125) is accompanied by local upregulation of the prototypical T cell chemokine CCL5 (58, 200). Interestingly, genetic deletion of CCL5 led to an enhanced hypertensive response at a single time point (188), but the role of CCL5 in maintaining chronic blood pressure elevation is not well established. CCL2/MCP-1 is a protypical monocyte/macrophage chemokine, and is upregulated in the kidneys during progressive damage of diverse etiologies (114). Accordingly, blockade or deletion of the receptor for CCL2 limits monocyte infiltration into the kidney and vasculature in hypertension and ameliorates progressive renal and vascular damage through a blood pressure-independent mechanism (45, 70, 93). Hypertension similarly upregulates adhesion molecules, including the intercellular adhesion molecule-1 (ICAM-1) and vascular cell adhesion molecule-1 (VCAM-1) in the renal and systemic vasculature, but a role for these molecules in regulating blood pressure is not clear (62, 113, 125). Thus, despite their paramount roles in recruiting T lymphocytes and macrophages into cardiovascular control organs, chemokines and adhesion molecules appear to regulate tissue injury responses during hypertension rather than the degree of blood pressure elevation.

Once immune cells are recruited into cardiovascular control organs and/or organs targeted for damage by hypertension, these cells can engage in direct cytotoxic activities that we will discuss below or elaborate cytokines to shape the local inflammatory response. Among these cytokines, TNF-a has been the most widely studied for its role in hypertension. Pharmacologic blockade of TNF slows the progression of target organ damage and even limits blood pressure elevation in some hypertension models (44, 46, 125, 183). Similarly, TNF-deficient mice have a muted chronic hypertensive response to angiotensin II (58, 164). However, the 2 receptors for TNF, TNFR1, and TNFR2, may have opposing effects on blood pressure regulation (22), such that, the mechanisms through which local TNF influences blood pressure are challenging to reconcile with the global TNF knockout studies (8, 157, 158).

The data implicating other inflammatory cytokines in the pathogenesis of hypertension are less robust. Interferon- $\gamma$  $(IFN-\gamma)$ , produced by activated T lymphocytes, is upregulated in the kidneys of hypertensive animals (29), but in our hands, genetic knockout studies did not confirm a role for IFN in mediating blood pressure elevation (unpublished observations, SDC). IL-1 produced by proinflammatory macrophages stimulates vasoconstriction in some vascular beds (25) and triggers generation of endothelin, another hormone that regulates both vascular function and renal sodium handling (13). Nevertheless, definitive in vivo data confirming a direct role for endogenous IL-1 in potentiating hypertension have not emerged. By contrast, activation of the IL-1 receptor leads to generation of IL-6, and deficiency of IL-6 does indeed prevent a full chronic hypertensive response to angiotensin II (87). Thus, IL-6 appears to contribute to blood pressure elevation possibly by facilitating sodium reabsorption in the renal collecting duct (91). Altogether, cells of the innate and adaptive immune systems, the chemokines that recruit them to cardiovascular control organs, and the inflammatory cytokines

these immune cells produce can have profound effects on the degree of blood pressure elevation and/or the severity of target organ damage in the setting of hypertension. As discussed below, these components of the immune system can also regulate levels of oxidative stress, which may, in turn, impact blood pressure and the progression of end-organ disease.

#### Inflammatory Cells Generate Oxidative Stress

The notion that inflammatory cells would potentiate disease by generating excessive oxidative stress is intuitively appealing because several immune cell lineages have evolved precisely to protect the body from foreign invaders by attacking them with bursts of ROS. Within the innate immune system, neutrophils and macrophages are prototypical cell lineages, which control infection by generating local oxidative stress. Phagocytosis of microorganisms by a neutrophil leads to the phosphorylation of the cytosolic components of NADPH oxidase, p47<sup>phox</sup>, and p67<sup>phox</sup>. These components then combine with other NADPH oxidase components, including the cytochrome complex gp91<sup>phox</sup> and p22<sup>phox</sup> to form the active oxidase complex that donates an electron to oxygen to form superoxide. This superoxide can be further converted to hypochlorous acid in anticipation of the classic respiratory burst through which neutrophils destroy invading microbes by activating proteases such as cathepsin G (147, 155). The normal function of NADPH oxidase in the neutrophil and its capacity to generate ROS is thus paramount to its efficacy in eliminating pathogens. Accordingly, mutations in components of the NADPH oxidase in humans lead to chronic granulomatous disease, a syndrome in which children are overwhelmed by infections due to bacterial and fungal organisms, especially the catalase-producing bacterium Staphylcoccus aureus and Aspergillus fungal species (76, 105). In addition to their role in presenting processed antigens to adaptive immune cells, macrophages act cooperatively with neutrophils to similarly phagocytose and destroy pathogens, especially intracellular organisms, through the generation of ROS (32, 161). Accordingly, defects in NADPH oxidase function selectively within the macrophage raise the susceptibility to severe mycobacterial infections (14). Given that cells of the innate immune system protect the host from infection by elaborating ROS, inappropriate or nonspecific activation of these innate defenses in response to a hypertensive stimulus could potentiate blood pressure elevation and/or worsen target organ damage via misdirected oxidative stress.

One added complexity coloring the potential contribution of innate immune responses to oxidative stress in hypertension is that proinflammatory, or classically activated, M1 macrophages produce inducible nitric oxide synthase (iNOS) (123). In turn, iNOS increases the local availability of NO and thereby alters the level of oxidative stress at the same time as the M1 macrophage is directly mediating tissue damage or vascular dysfunction. Depending on factors at the site of production, NO can permit vasodilation when generated via endothelial nitric oxide synthase (eNOS) (9), facilitate sodium excretion when produced by kidney epithelial cells (166), or aggravate oxidative damage when the NOS isoforms, uncoupled from the cofactor tetrahydrobiopterin (BH4), increase generation of reactive nitrogen intermediates (51). Inversely, BH<sub>4</sub> limits the production of superoxide by eNOS, thereby blunting the formation of peroxynitrite (ONOO<sup>-</sup>) from NO and superoxide (192). Whether iNOS undergoes coupling is not clear, but, overall, iNOS in macrophages appears to promote tissue damage as blockade of NO generation in autoimmune models is protective (68). Given this level of sophistication, it is not surprising that macrophages appear to have variable effects on the pathogenesis of hypertension and its complications, depending on the context and experimental approach (31, 84, 93). Indeed, pioneering researchers who confronted the field of oxidative stress predicted that nitric oxide might serve dual purposes within the inflammatory response given its cytotoxic, but also vasodilatory effects (121).

Within the adaptive immune response, T lymphocytes in particular have the capacity to enhance levels of oxidative stress via their natural function of eliminating host cells that have become infected by invading organisms (Fig. 2). Like neutrophils and macrophages, activated T cells express NADPH oxidase to generate ROS within their milieu.



FIG. 2. T lymphocytes mediate cytotoxic injury through the generation of ROS.  $CD4^+$  and  $CD8^+$  T cells express NADPH oxidase to generate superoxide anions in their milieu. The NADPH oxidase activity also stimulates production of the tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), which can mediate proinflammatory signals in neighboring cells.  $CD8<sup>+</sup>$  cytotoxic T cells insert perforin pores in target cell membranes. Granzyme A and other proteases from the attacking CD8<sup>+</sup> T cells enter the target cell via the perforin pore and induce oxidative damage in the target cell mitochondria. Mitochondrial image by Gretchen Deahl of Allegheny, Health, Education & Research Foundation, 2008. Reprinted with permission.

Conversely, these ROS impact the differentiation and function of the T cell (71). In addition, once activated, the  $CD8<sup>+</sup>$  cytotoxic T cell binds to a target cell, inserts a pore called perforin into the target cell's membrane through which it exocytoses proteases called granzymes that kill the target cell (61). One such protease, granzyme A, damages the target cell's mitochondria by generating ROS within the cell's cytoplasm (104). Accordingly, this cytotoxic effect can be blocked by a superoxide scavenger. Although the perforin mechanism constitutes the dominant form of  $CDS<sup>+</sup>$  T cell-mediated cytotoxicity, the Fas ligand is upregulated in the activated CD8 <sup>+</sup> T cell by superoxide and mediates apoptosis in the target cell by binding to Fas in the target cell membrane and thereby triggering activation of caspases 3 and 8 (40, 168). TNF-related apoptosis-inducing ligand (TRAIL) from the cytotoxic T cell similarly induces apoptosis in the target cell acting via caspases 8 and 10 (2) and figures prominently in the pathogenesis of vascular inflammation (152). Nevertheless, the  $CD8^+$ T cell typically exhibits exquisite control over the extent of locally generated oxidative stress as the cytotoxic T cell is capable of lysing several target cells without injuring itself in the process.

Both  $CD8<sup>+</sup>$  and  $CD4<sup>+</sup>$  T lymphocytes also guide the adaptive immune response by secreting a cohort of cytokines that trigger increased levels of oxidative stress (Fig. 2). For example, TNF- $\alpha$  and IFN- $\gamma$ , both produced by T cells and macrophages, impair the stability of mRNA for eNOS (196) and cooperatively promote oxidative stress by enhancing expression of the NADPH oxidase subunit gp91<sup>phox</sup> (116). Conversely, activation of NADPH oxidase within T cells also stimulates production of TNF- $\alpha$  (65). Thus, the adaptive immune system provides protection for the host organism by elaborating ROS to destroy cells infected by foreign pathogens. Accordingly, if a neo-antigen uncovered in the setting of hypertension misdirects this adaptive immune response against renal, vascular, and/or neuronal tissues, the result will be potent elevations of local oxidative stress within these cardiovascular control organs, inciting further blood pressure elevation and end-organ damage. Below, we will review some of the evidence indicating that immune responses potentiate oxidative stress, and conversely, that ROS exaggerate inflammatory responses in the setting of hypertension.

Ironically, while the elaboration of ROS by immune cells clearly serves a useful cytotoxic function to rid the host of foreign invaders, the actions of inflammatory responses to trigger ROS generation may also have evolved as a protective mechanism to raise blood pressure and thereby prevent circulatory collapse during severe infection. Septic shock is the prototypical clinical catastrophe in which the organism is overwhelmed by systemic bacterial infection. During septic shock, lipopolysaccharide, also known as endotoxin, from the bacterial cell wall induces synthesis of nitric oxide, leading to intractable hypotension (120). Accordingly, NOS inhibitors can reverse this sepsis-induced hypotension (134). Thus, endogenous effects of immune cells to potentiate oxidative stress should similarly raise blood pressure in this clinical context and thereby guard against circulatory embarrassment. Nevertheless, when inflammation triggers ROS generation in the absence of such a hemodynamic threat, the result may be a pathologic elevation in blood pressure.

# Inflammatory Cells Drive ROS Generation in Cardiovascular Control Organs

### The vasculature

CRP in vascular inflammation. In hypertension, inflammatory responses generate oxidative stress in the vascular wall leading to endothelial dysfunction and remodeling. These pathologies may influence the degree of blood pressure elevation, but also constitute target organ damage resulting from hypertension. For example, as the classical marker of inflammation, CRP reduces nitric oxide generation in endothelial cells. The mechanism underlying this effect is inhibition of eNOS mRNA stability, protein expression, and activity in vascular endothelial cells, leading in turn to decreased angiogenesis (184, 187). These effects of CRP on eNOS result in vasoconstriction and induction of the potent vasoactive peptide endothelin 1, adhesion molecules ICAM-1 and VCAM-1, and proinflammatory cytokine IL-6 (186). Moreover, in a vascular injury model, CRP increased ROS generation and expression of the type  $1$  (AT<sub>1</sub>) receptor for angiotensin II, another potent vasoconstrictor peptide (189). In human patients with hypertension and metabolic syndrome, CRP levels correlate with the level of oxidative stress in inflammatory cells (198). Thus, in addition to being a critical marker of inflammation, CRP might also participate in the pathogenesis of vascular oxidative.

Mononuclear cells generate ROS in the vascular wall. Once recruited to the vascular wall, myeloid cells and T lymphocytes can influence vascular damage and function by directly generating ROS or, perhaps, more importantly, by altering the local cytokine milieu. As detailed above, myeloid cells and T cells express activated NADPH oxidase (71) through which they can exert direct oxidative injury. The hypertensive hormone angiotensin II further stimulates NADPH expression in monocytes (59). Accordingly, the protection from experimental hypertension afforded by selective depletion of circulating monocytes results in attenuated generation of superoxide in the vascular wall (191). In the setting of angiotensin II-induced hypertension, T cells also express higher levels of the NADPH oxidase subunits p47<sup>phox</sup>,  $p22^{phox}$ , and Nox2 (58). Conversely, adoptive transfer of T cells lacking NADPH oxidase leads to blunted superoxide generation in the aorta and a muted hypertensive response during chronic angiotensin II infusion (58). Indeed, the generation of maximal oxidative stress in the vascular wall during hypertension requires vascular infiltration of both macrophages and T lymphocytes (58, 81). In addition, ROS produced by macrophages infiltrating the vessel wall permeate the extracellular matrix and activate matrix metalloproteinases (MMPs) to direct vascular remodeling (141), such that, the effects of macrophages on vascular responses versus disease may depend on the layer of the vascular wall in which these inflammatory cells localize (173). In sum, myeloid cells and T lymphocytes invade the vascular wall, accentuate local oxidative stress, and potentiate the blood pressure response to hypertensive stimuli.

Although mononuclear cells produce superoxide, their secretion of inflammatory cytokines likely has an even more profound impact to augment vascular oxidative stress. The role of cytokines in regulating vascular ROS has therefore received considerable attention. In vitro, TNF-a stimulates

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hypertrophy of cardiac myocytes that is blocked by antioxidants (126). In vascular endothelial cells, TNF destabilizes mRNA for eNOS leading to decreased eNOS expression (196) and reducing NO bioavailability (80). TNF also potentiates assembly of NADPH oxidase in these cells (197). In vivo, the protection from hypertension afforded by TNF- $\alpha$  blockade is associated with reduced generation of superoxide in the vascular wall (58) and reduced vascular stiffness (3), suggesting that TNF drives endothelial dysfunction and, in turn, blood pressure elevation through its effects on vascular oxidative stress. Accordingly, TNF blockade restores endothelialdependent vasodilation in humans (102). TNF also induces expression of ICAM-1 in endothelial cells through a ROSdependent mechanism (4). TNF activates NADPH oxidase directly in vascular smooth muscle cells (VSMCs) (35). TNF and IL-1 drive superoxide generation from human fibroblasts (112) and vascular endothelial cells, leading in the latter to upregulation of VCAM-1 (106). Although not considered inflammatory cells per se, platelets contain stores of IL-1 poised to act on the vascular endothelium to which the platelets adhere following vascular injury (95), yielding another potential source of IL-1-induced oxidative stress. The transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1) stimulates ROS generation in VSMCs and release of hydrogen peroxide from human fibroblasts (159, 176). Thus, cytokines produced by infiltrating mononuclear cells or cells intrinsic to several layers of the vessel wall augment local levels of oxidative stress, in turn promoting recruitment of additional inflammatory cells via expression of adhesion molecules in the vascular endothelium.

Vascular inflammation induced by aldosterone promotes oxidative stress. Aldosterone has nongenomic effects to promote vascular inflammation that could explain some of the benefits of mineralocorticoid antagonists (MRAs) in slowing the progression of target organ damage in human clinical trials (100, 135, 143). While MRAs may provide some protection due to lowering of blood pressure, recent studies suggest that aldosterone provokes vascular dysfunction by accentuating oxidative stress in the vasculature (89, 100). Aldosterone enhances expression of NADPH oxidase subunit p22<sup>phox</sup> in mononuclear cells, and T cells mediate aldosteroneinduced superoxide generation in the vessel wall (17, 58). Among the cytokines secreted by T cells is IL-6, which raises blood pressure (87) and may impart some of aldosterone's proinflammatory effects on the vasculature (100). By contrast, adoptive transfer of T regulatory cells, which suppresses inflammation, limits superoxide generation and mononuclear cell accumulation in the vasculature and kidney during aldosterone infusion, such that, the effects of aldosterone to modulate oxidative stress in the vasculature through T cell activation depend on the subpopulation of T cells (78).

Aldosterone also regulates ROS generation via non-T celldependent mechanisms. Aldosterone upregulates c-Src in VSMCs leading to generation of oxidative stress and induction of inflammation via the mitogen-activated protein (MAP) kinase pathway (16). In addition, mineralocorticoids can inhibit the glucose-6-phosphate dehydrogenase (G6PD) activity (28, 94). As G6PD is a primary source of NADPH, G6PD inhibition causes ROS accumulation, but also uncoupling of eNOS resulting in further ROS generation in endothelial cells (88). Accordingly, infusion of the proinflammatory hormone aldosterone in vivo impairs the G6PD activity and reduces NO bioavailability leading to increased oxidative stress in the vessel wall and endothelial cell dysfunction (89). Inversely, MRA administration or G6PD overexpression during aldosterone infusion restores vascular reactivity. As will be discussed below, the oxidative stress induced by proinflammatory signals due to  $NF-\kappa B$  translocation, T cell activation, TNF, aldosterone, and other inflammatory mediators can then exaggerate the immunologic response in the vessel well, resulting in a vicious cycle in which inflammation begets oxidative stress and vice versa with progressive deterioration in vascular function (Fig. 1).

Autoantibodies elevate placental ROS levels in preeclampsia. While the literature supports a more transparent contribution of cell-mediated immunity than humoral immunity to the pathogenesis of hypertension, B cells may play a prominent role in blood pressure elevation related to preeclampsia (Fig. 3). Thus, although the adoptive transfer of B lymphocytes does not restore the chronic hypertensive response in Rag1-deficient animals (58), B cell production of autoantibodies to the  $AT_1$  receptor predicts the onset of preeclampsia in humans (38, 39). Regarding a possible mechanism, these autoantibodies stimulate intracellular calcium signaling that leads to cardiomyocyte contraction (177) and can reduce uterine blood flow by facilitating the production of NAPDH oxidase in trophoblast cells (185). Accordingly, preeclamptic animals manifest elevated levels of placental ROS, and scavenging these ROS with tempol reduces both maternal hypertension and ischemic damage to the fetus (66). The importance of B cells to the pathogenesis of pre-eclampsia does not preclude an important contribution of T lymphocytes in this setting. B cells can function, although weakly, as APCs to facilitate T cell activation. This interaction also leads to T celldependent B cell activation (131). Moreover, T lymphocytes from human patients with pre-eclampsia show heightened levels of activation (115). Finally, in human patients with preeclampsia, circulating mononuclear cells have compromised uptake of L-arginine that could result in a lack of NO bioavailability (109). Elevated levels of myeloperoxidase in the placentas of pre-eclamptic women may consume local NO, and thereby, further contribute to pathologic NO deficiency (49). Available data therefore indicate that preventing maladaptive oxidative stress induced by autoantibodies in preeclamptic individuals may limit blood pressure elevation and target organ damage through effects on the vasculature.

#### The kidney

Inflammatory signals promote generation of oxidative stress within the kidney leading to distortions in renal sodium handling that result in blood pressure elevation. The impact of ROS on renal blood flow and sodium reabsorption provides a key link between oxidative stress in the kidney and the development of hypertension (27, 193), and there are several inflammatory signals that drive renal generation of ROS. Dahl salt-sensitive (SS) rats on a high salt diet have robust infiltration of T cells into the kidney. These T cells have enhanced expression of the  $p67^{phox}$ , gp91 $^{phox}$ , and  $p47^{phox}$ NADPH subunits, and suppression of renal T cell accumulation by a calcineurin inhibitor blunts ROS excretion and lowers blood pressure (36). Furthermore, tubulointerstitial damage associated with mononuclear cell infiltration in the



FIG. 3. Fundamental role of B lymphocytes in the pathogenesis of pre-eclampsia. In pre-eclamptic patients, activated B cells differentiate into plasma cells that secrete autoantibodies specific for the type 1 angiotensin receptor  $(AT<sub>1</sub> AutoAb)$ . These antibodies stimulate production of NADPH oxidase in the trophoblast cells of the placenta. In addition, B lymphocytes acting as antigen-presenting cells (APCs) present processed antigen in the context of a class II major histocompatibility complex (MHC II) to the T cell receptor (TCR), activating the T cell. Activated T cells display heightened NADPH oxidase activity. Conversely, CD4<sup>+</sup> T cells also potentiate B lymphocyte activation through the same MHC II  $\leftrightarrow$  TCR interaction in a process termed T cell-dependent B cell activation. Superoxide  $(O_2^-)$  accumulating in the placenta causes vascular endothelial dysfunction resulting in decreased uterine blood flow and placental ischemia.

kidney causes local downregulation of eNOS in genetic and pharmacologic models of hypertension with subsequent increases in salt sensitivity (74, 75). In the T cells and macrophages infiltrating the kidney,  $NF-\kappa B$  activation triggers transcription of TNF-a. Intrinsic kidney epithelial cells similarly have the capacity to elaborate this cytokine (1, 103). Accordingly, one mechanism linking mononuclear cell infiltration,  $NF-\kappa B$  activation, and eNOS suppression in the kidney may be enhanced local TNF production. Indeed, recent evidence has emerged that TNF suppresses eNOS expression and NO levels in the thick ascending limb via a Rho kinasedependent pathway (142). Inversely, blocking activation of this proinflammatory  $NF-\kappa B$  signaling pathway in spontaneously hypertensive rats (SHR) attenuates mitochondrial oxidative stress in the kidney (43). Thus, mononuclear cells invade the kidney in hypertension, activate proinflammatory signaling pathways, and augment ROS generation both directly and via eNOS suppression.

Studies using mycophenolate mofetil (MMF) to suppress lymphocyte proliferation similarly illustrate a role for immune cells to promote renal oxidative stress. For example, suppression of immune cell infiltration into the kidney with MMF during hypertension prevents the salt sensitivity that results following nitric oxide suppression, consistent with a role for inflammatory cells to drive sodium retention by promoting oxidative stress in the kidney (139). Similarly, MMF reduces the number of superoxide-secreting cells in the kidney and urinary excretion of the oxidative stress marker malondialdehyde (MDA) during angiotensin II infusion, also resulting in subsequent protection from salt senstivity (144). In human patients with hypertension associated with immune activation, blood pressures correlate with urinary levels of MDA (63). Finally, treatment of genetically hypertensive rats with MMF suppresses blood pressure elevation, activation of  $NF-\kappa B$  in the kidney, and renal parameters of oxidative stress (145, 178). Off-target effects of MMF to block ROS generation in the endothelium rather than via effects on inflammatory cells cannot be completely excluded (82). Barring that criticism, these models indicate that lymphocytes in the kidney promote ROS generation and thereby potentiate blood pressure elevation.

Mouse models of autoimmunity present a novel approach to illustrate how activation of immune responses drives renal oxidative stress in the pathogenesis of hypertension. NZBWF1 mice develop a syndrome mimicking human systemic lupus erythematosus with robust hypertension and marked ROS generation in the vasculature and kidney (149, 183). Antioxidant therapy with tempol and apocynin abrogates renal oxidative stress in this model, lowers blood pressure, and ameliorates renal damage as evidenced by reduced

albuminuria (108). Blockade of TNF-a affords similar reductions in blood pressure, renal NADPH oxidase activity, renal macrophage accumulation, and proteinuria (183). Thus, aberrant activation of immune responses promotes ROS generation in the kidney culminating in renal damage and hypertension. These experiments support the possibility that essential hypertension accrues, in part, from misdirected immune responses against neo-antigens uncovered during an initial hypertensive insult (132).

Studies with immunodeficient mice also support the notion that T lymphocytes drive blood pressure elevation through their effects on kidney function. First, T cell deficiency in the  $Rag1^{-/-}$  mice mentioned above protects them from mineralocorticoid-induced hypertension, a model in which renal sodium retention drives blood pressure elevation (58). Second, scid mice lacking functional T and B lymphocytes have an exaggerated pressure natriuresis resulting in a blunted increase in blood pressure during chronic angiotensin II infusion (30). We have also found that anesthetized scid mice have preserved blood pressure responses to acute angiotensin II infusion (unpublished observations, SDC), suggesting that T cells do not potentiate vascular dysfunction in these experiments. Consistent with a role for T cells to incite renal generation of ROS, scid mice have enhanced eNOS expression levels in the kidney leading to augmented urinary excretion of NO and suppressed renal generation of the oxidative stress marker, 8-isoprostane (30). In addition to direct effects of NO to promote sodium excretion, upregulation of cyclooxygenase 2 (COX-2) in the scid kidneys culminating in enhanced synthesis of the prostaglandins  $PGE_2$  and  $PGI_2$  may have also contributed to the enhanced scid natriuresis in this model (56, 64, 150, 151). In sum, T cells augment oxidative stress in the kidney resulting in pathologic sodium retention and saltsensitive hypertension.

Oxidative stress induced by macrophages in the kidney contributes to hypertensive renal damage. For example, deficiency of CCR2, the receptor for the macrophage chemokine CCL2, attenuates macrophage accumulation in the kidney, blunts renal expressions of nitrotyrosine and  $gp91^{phox}$ , and reduces proteinuria following chronic angiotensin II (93). Nevertheless, these effects of CCR2 on ROS generation in the kidney do not regulate the chronic hypertensive response (70, 93). Thus, oxidative stress accruing from the presence of macrophages in the kidney accentuates target organ damage through a blood pressure-independent mechanism.

#### The CNS

Nuclei within the CNS that regulate cardiovascular responses contribute to hypertension *via* the elaboration of ROS. Lying outside the blood–brain barrier, the circumventricular organs (CVO) in the brain transmit neuroendocrine signals between the systemic circulation and cardiovascular control centers in the brain stem and hypothalamus, including the paraventricular nucleus (PVN) (33, 37). Neurons in these CNS nuclei express NADPH oxidase, and reducing superoxide levels in these nuclei with a targeted approach attenuates the blood pressure response to hypertensive stimuli (202). Recent evidence suggests that activation of inflammatory responses in the PVN contributes to local ROS generation that drives centrally mediated blood pressure elevation. Specifically, targeted blockade of the NF- $\kappa$ B signaling pathway via infusion of pyrrolidine dithiocarbamate into the intracerebral ventricle, infusion of an NF- $\kappa$ B decoy oligodeoxynucleotide directly into the PVN, or PVN injection with adenovirus carrying a mutated  $I<sub>K</sub>B$  blunts generation of superoxide and peroxynitrite within the PVN. Moreover, each of these forms of  $NF-\kappa B$  blockade in the PVN prevents blood pressure elevation in response to systemic angiotensin II infusion (18, 77). Similarly, targeted activation of  $NF-\kappa B$  in the mediobasal hypothalamus raises blood pressure significantly in obesityrelated hypertension, whereas suppression of the  $NF-\kappa B$ activity in the mediobasal hypothalamus via a dominant negative strategy lowers blood pressure (137). In vitro experiments localize key  $NF-\kappa B$  activation sites within the hypothalamus to the proopiomelanocortin (POMC) neurons (137). POMC neurons, which project to the PVN, appear to regulate blood pressure through effects on sympathetic outflow (55, 83). These studies point to a role for cooperative actions of oxidative stress and inflammation in sustaining the hypertension seen in the metabolic syndrome.

By contrast, mediators that temper inflammation within the PVN may conversely protect against neurogenic hypertension by relieving oxidative stress within PVN neurons. The macrophage migration inhibitory factor (MIF) limits ROS generation in PVN neurons via thiol protein oxidoreductase and blunts the chronotropic effects of these neurons (169). Normotensive, but not SHR increase MIF expression in the PVN in response to angiotensin II, and injection of MIF into the PVN of SHRs lowers blood pressure (90). MIF in the PVN thus protects from hypertension by alleviating oxidative stress and thereby slowing the heart rate.

## Oxidative Stress Provokes Inflammation in Hypertension

The literature summarized above highlights a clear role for inflammatory cells and mediators to augment blood pressure elevation and target organ damage by promoting ROS generation in the vasculature, the kidney, and the nervous system. However, robust evidence has also emerged placing oxidative stress upstream of inflammatory responses in the pathogenesis of hypertension. Below, we review the experiments illustrating how elevated ROS levels in cardiovascular control organs elicit targeted immune responses that potentiate chronic systemic hypertension and its complications.

#### The vasculature

ROS activate inflammatory signaling pathways. ROS influence inflammatory responses within the vasculature at the level of gene transcription by regulating several intracellular signaling pathways that are central to immunity, including  $Nrf2$  and  $NF-\kappa B$ . Within the vascular wall, Nox4 limits the level of oxidative stress by promoting eNOS expression and NO generation (154). Accordingly, Nox4 deficiency permits ROS accumulation in the vessel wall leading to blunted activation of the antioxidant Nrf2 pathway and heightened vascular inflammation during angiotensin II-induced hypertension (154). Mitochondrial ROS have also been found to modulate activation of Nrf2 in other cell lineages (69). Similarly, oxidative stress in the cytoplasm of vascular endothelial cells facilitates the translocation of  $NF-\kappa B$  to the nucleus, where it drives transcription of a broad array of inflammatory mediators (190). The activation of  $NF-<sub>k</sub>B$  by ROS occurs, in

part, through the redox factor-1 (Ref-1), a redox modulator whose N-terminal contains a redox regulatory domain and a nuclear localization sequence domain. Through these 2 domains, Ref-1 senses rising levels of oxidative stress and activates key inflammatory signaling cascades, including  $NF-\kappa B$ and AP-1 (48, 96). In the vascular wall, this NF- $\kappa$ B activation leads to mononuclear cell accumulation via upregulation of adhesion molecules and chemokines culminating in severe target organ damage in hypertension (41, 62, 122, 190).

A third transcription factor linking oxidative stress to vascular inflammation in hypertension is Ets-1. Ets-1 deficiency or knockdown limits induction of the NADPH oxidase subunit  $p47^{phox}$  and vascular superoxide generation in angiotensin II-dependent hypertension (128). Accordingly, Ets-1<sup> $-/-$ </sup> animals have blunted vascular ROS levels associated with reduced expression of the macrophage chemokine CCL2 and attenuation of macrophage and T cell accumulation in the vessel wall (199). Ets-1 deficiency prevents angiotensin II-induced cardiac hypertrophy, but blood pressure elevation is preserved in these animals (199). Angiotensin II therefore promotes ROS generation in the vasculature through the Ets-1 signaling pathway, causing augmented vascular inflammation and target organ damage through blood pressureindependent mechanisms.

Finally, the p38 MAP kinase pathway provides a further link between ROS generation and vascular inflammation. Disruption of this pathway via deletion of its downstream target MAP kinase-activated protein kinase 2 (Mk2) blocks superoxide generation in the vasculature and delays the blood pressure increase induced by in vivo angiotensin II infusion (42). Analogous in vitro studies with VSMCs illustrate Mk2 is required for delivery of  $p47^{phox}$  to the cell membrane and, in turn, full NADPH oxidase activity. Further, the local induction of oxidative stress through MAP kinase and Mk2 potentiates vascular inflammation, evidenced by upregulation of ICAM-1 and CCL2. In sum, ROS trigger activation in the vasculature of several key proinflammatory signaling pathways, including Nrf2, NF-kB, Ets-1, and Mk2. Activation of these pathways culminates in the expression of chemokines and adhesion molecules that recruit inflammatory cells into the vascular wall, resulting in augmented blood pressure elevation and/or target organ damage.

Oxidative stress in the vascular endothelium initiates an inflammatory cascade. The vascular endothelium first senses changes in blood pressure as shear stress and responds by triggering adaptive remodeling of the vascular wall. Following changes in shear stress, endothelial cells generate ROS that serve as mechanotransducers, activating proinflammatory pathways to an extent commensurate with the mechanical stress that confronts the cell (110, 117, 180). The ROS derive from NADPH oxidase, NOS, xanthine oxidase, and the mitrochondrial electron transport chain in intrinsic vascular cells (52, 119, 138, 140), infiltrating mononuclear cells (141), and platelets adherent to an activated vascular endothelium (26, 53). The dominant source of ROS in circulating mononuclear cells is NADPH oxidase. These ROS directly regulate vascular remodeling and dysfunction (19, 140). In addition, however, ROS activate the NF- $\kappa$ B pathway in endothelial cells (118) and augment expression of the chemokine CCL2 in vascular smooth muscle (23), leading to further recruitment of inflammatory cells into the vessel wall and local cytokine production (67, 190). Conversely, NO inhibits recruitment of inflammatory cells into the vascular wall (10). To facilitate infiltration of immune cells into sites of vascular injury, ROS drive activation of phosphoinositide 3-kinase- $\gamma$  resulting in upregulation of VCAM-1 (182).

Oxidative stress further provokes local inflammation by increasing endothelial permeability and thus allowing infiltration of proinflammatory neo-antigens that can incite circulating elements of the innate and adaptive immune responses (12, 162). Among the infiltrating mononuclear cells, macrophages play a paramount role in guiding vascular remodeling (5, 34). Blocking NADPH oxidase limits infiltration of macrophages into the vascular wall and prevents angiotensin II-induced vascular remodeling (97). Similarly, in the same model, NADPH oxidase-deficient mice have blunted accumulation of T lymphocytes in the perivascular space and are protected from blood pressure elevation (58). Indeed, NAPDH in T cells is required for full T lymphocyte activation marked by CD69 expression as well as T cell production of the proinflammatory cytokine TNF-a (58), which in turn can directly mediate blood pressure elevation and/or target organ damage as discussed above. In addition, oxidative stress enhances T cell proliferation and amplifies production of IFN- $\gamma$ and IL-2 in activated T cells (58, 60, 181). Thus, ROS produced in the vasculature recruit macrophages and T cells to invade the vessel wall and activate these mononuclear cells to potentiate injury signals in hypertension.

Another inflammatory cytokine produced by immune cells or the injured vasculature is IL-1. IL-1 further stimulates  $NF-\kappa B$  and production of other inflammatory mediators *via* a myeloid differentiation protein (Myd88)-signaling pathway (111). Elegant transplant studies have established that Myd88 from intrinsic vascular cells is critical for local cytokine and chemokine production, whereas signals via Myd88 in vascular cells and in the infiltrating macrophages facilitate adaptive vascular remodeling (173). Moreover, Myd88 signals are required for maximal generation of ROS in the vascular wall (173). The altered vascular flow model therefore represents another context in which ROS are both a promoter and a product of local inflammatory responses. In sum, changes in flow through the vessel provoke oxidative stress in the endothelium, which in turn produces inflammatory mediators and recruits mononuclear cells to drive vascular remodeling.

Cyclophilin A links oxidative stress to vascular inflammation. A novel mechanism through which oxidative stress promotes inflammation in the vascular wall involves the chaperone protein cyclophilin A (CypA). ROS stimulate secretion of CypA from VSMCs (73, 92). In turn, CypA drives vascular remodeling, recruitment of mononuclear cells, and upregulation of adhesion molecules in the vascular endothelium to facilitate transmigration of inflammatory cells through the vascular wall (73, 79, 170). Accordingly, Apoedeficient mice lacking CypA were protected from abdominal aortic aneurysm (AAA) induced by chronic infusion of angiotensin II, despite levels of blood pressure elevation similar to controls (153). Bone marrow transplant studies further illustrated that vascular CypA recruits  $CD45<sup>+</sup>$  inflammatory cells into the vessel wall. Through its chaperone function, CypA also drives activation of MMPs, also key mediators of vascular injury in the AAA model. Thus, oxidative stress

induced by angiotensin II in the vasculature increases local CypA expression, which drives invasion of inflammatory cells into the vessel wall and activation of MMPs where they exaggerate vascular injury (153).

#### The kidney

In his seminal descriptions of vascular damage induced by malignant hypertension, Harry Goldblatt hypothesized that arteriolar necrosis in the kidney occurred due to a ''hypothetical toxic substance or substances in the blood which result from the renal insufficiency'' (50). In retrospect, some of these toxic substances were certainly ROS. Moreover, several of the injured renal vessels shown in Goldblatt's panels were surrounded by inflammatory cell infiltrates. Within the kidney, generation of oxidative stress by hypertensive stimuli provokes a local inflammatory response that can worsen renal damage and blood pressure elevation (Table 1). For example, salt loading augments the NADPH oxidase activity and suppresses eNOS in the kidney leading to increased renal expression of CCL5 and enhanced  $NF-\kappa B$ activation within the proximal tubule of the nephron, all of which is reversible with tempol therapy (47, 86, 148). Inhibition of NO generation causes hypertensive scarring in the kidney glomerulus known as glomerulosclerosis, detected functionally by the loss of albumin in the urine (9). Elegant servo-control experiments indicate that the oxidative stress and renal macrophage infiltration seen with NO inhibition does not depend on blood pressure elevation (136). Moreover, cytokines induced by ROS such as TNF- $\alpha$ are directly toxic to the kidney glomerulus (11). Thus, some of the glomerular damage resulting from oxidant stressinduced hypertension occurs secondarily through upregulated local inflammatory responses.

By contrast, interventions that limit renal oxidative stress ameliorate blood pressure elevation and/or inflammatory kidney damage in models of hypertension. For example, antioxidant therapy in Dahl salt sensitive and SHRs limits renal expression of chemokines and accumulation of macrophages in the kidney and in turn lowers blood pressure (146, 179). Infusion of bradykinin into these hypertensive rats suppresses the renal NADPH oxidase activity and superoxide generation. This control of oxidative stress in turn reduces proteinuria, renal macrophage infiltration, and structural damage to the kidney glomeruli and tubules (21). Induction of heme oxygenase during deoxycorticosterone acetate (DOCA)-salt hypertension promotes ROS scavenging in the kidney and accordingly reduces 8-isoprostane excretion, blunts accumulation of mononuclear cells in the kidney, and attenuates renal structural damage (72). Angiotensin converting enzyme 2 (ACE2) counteracts the oxidative damage in the kidney caused by angiotensin II, normalizing renal levels of oxidative stress, blunting T cell accumulation in the kidney, and ameliorating renal fibrosis (201). Control of ROS generation in the kidney therefore provides renoprotection in part by preventing downstream escalation of immune responses.

## The CNS

Generation of oxidative stress in key regions of the CNS can influence systemic inflammation to alter blood pressure responses and aggravate target organ damage. As discussed above, the CVO transfer systemic afferent signals to cardiovascular control nuclei in the brain stem and hypothalamus. Preventing degradation of ROS in the CVO via conditional deletion of extracellular superoxide dismutase (ecSOD) yields a robust blood pressure increase and augments ROS generation even in the systemic vasculature following

Model	Oxidant/antioxidant effect or intervention	Inflammatory effects in kidney	Reference
Salt-loaded rats	Renal NADPH oxidase induction/eNOS suppression	Proteinuria; $TGF-\beta$ induction; $NF-\kappa B$ activation; macrophage infiltration; CCL5 induction in proximal tubule	45, 84, 146
L-NAME-infused rats	eNOS inhibition	Glomerulosclerosis; albuminuria; macrophage infiltration	8, 134
Dahl salt-sensitive rats	Vitamins C and E	Attenuation of macrophages in glomeruli and interstitium; reduced TNF- $\alpha$ and MCP-1 expression; blunted damage to glomeruli/interstitium; reduced BP and proteinuria	175
Spontaneously hypertensive rats	Antioxidant-rich diet	Reduction in infiltration of T cells, macrophages, and Ang II-producing cells; blunted BP elevation	144
	Bradykinin Infusion (reduces NADPH oxidase activity)	Reduction in macrophage infiltration, TGF- $\beta$ expression, and proteinuria	20
DOCA-salt	HO-1 induction (scavenges ROS)	Reduced glomerulosclerosis, albuminuria, mononuclear cell infiltration; lowered levels of NF- $\kappa$ B, AP-1, TGF- $\beta$ , and fibronectin	70

Table 1. Oxidative Stress Potentiates Inflammatory Responses in the Kidney

Although immune responses clearly induce renal oxidative stress, the converse effects of superoxide to stimulate inflammation in the kidney are evident in the experiments summarized here.

eNOS, endothelial nitric oxide synthase; NF- $\kappa$ B, nuclear factor- $\kappa$ B; ROS, reactive oxygen species; TNF, tumor necrosis factor; TGF- $\beta$ transforming growth factor- $\beta$ ; DOCA, deoxycorticosterone acetate.

administration of angiotensin II at a dose that does not alter blood pressure in normal animals (98). This enhanced oxidative stress in the CNS and in the vasculature is associated with increased expression of activation markers on circulating T lymphocytes. However, whether the exaggerated T cell activation accrues from the blood pressure elevation in these CNS ecSOD knockout mice or directly from the effects of ROS accumulation in the CVO or the periphery is unclear. Blocking the hypertensive response of wild-type animals to a higher dose of angiotensin II with hydralazine prevents circulating T cell activation, pointing to an important effect of blood pressure to stimulate cell-mediated immune responses (107).

ROS in the CNS also elevate blood pressure by stimulating the proinflammatory  $NF-<sub>k</sub>B$  signaling pathway within key CNS nuclei. For example, systemic infusion of angiotensin II raises  $gp91^{phox}$  levels in the PVN of the hypothalamus leading to enhanced phosphorylation of NF- $\kappa$ B regulator IKK $\beta$  and subunit p50, respectively (77) (Fig. 4). As in other cell lineages, translocation of  $NF-\kappa B$  to the nucleus in cells of the PVN triggers increased generation of the proinflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 (77). Production of TNF within the PVN is associated with enhanced sympathetic nerve activation, providing a link between central inflammation and



FIG. 4. Feed-forward induction of oxidative stress and nuclear factor- $\kappa$ B (NF- $\kappa$ B) activation in the paraventricular nucleus (PVN) during angiotensin II-dependent hypertension. Systemic angiotensin II infusion modeling activation of the renin-angiotensin system raises blood pressure and induces subunits of the NADPH oxidase complex in cells of the PVN within the hypothalamus. Superoxide generation within the PVN triggers phosphorylation of regulators and subunits of the NF- $\kappa$ B signaling complex. Free to translocate from the cytoplasm to the nucleus of the cell,  $NF-\kappa B$  induces transcription of inflammatory cytokines, including TNF- $\alpha$  and interleukin-1 $\beta$  (IL-1 $\beta$ ) that drive sympathetic outflow from the central nervous system and further elevate blood pressure, sustaining a prohypertensive, proinflammatory cycle.

blood pressure elevation (57). Moreover, injection of IL-1 $\beta$ directly into the PVN raises blood pressure (99, 160), and blockade of cytokine production in the PVN with minocycline attenuates angiotensin II-induced hypertension (160). Antioxidant therapy with tempol introduced directly into the cerebrospinal fluid reverses  $NF-\kappa B$  activation and inflammatory cytokine production within the PVN, in turn, blunting sympathetic outflow and abrogating the hypertensive response to angiotensin II (77). These studies illustrate that the induction of the proinflammatory  $NF-\kappa B$  signaling pathway in the PVN and its actions to raise blood pressure depends on local ROS generation.

ACE2 in the CNS has protective effects to limit local oxidative stress just as in other cardiovascular control organs. Accordingly, following angiotensin II infusion, ACE2 deficiency augments ROS generation in the PVN and in the rostral ventrolateral medulla, whereas ACE2 gene therapy into the PVN ameliorates this oxidative stress (194). Moreover, these actions of ACE2 to suppress ROS in the CNS protect against local inflammation as overexpression of ACE2 in the PVN reduces levels of TNF, IL-1 $\beta$ , and IL-6 and in turn attenuates angiotensin II-induced hypertension (163).

#### Conclusion

Inflammatory responses heighten oxidative stress, and, conversely, ROS generation potentiates immune activation cooperatively in the pathogenesis of hypertension. Separating these 2 phenomena as we have done is instructive for clarifying inflammatory cascades and signaling pathways. However, in the intact organism, the interactions between oxidative stress and inflammation are in all likelihood constitutively bidirectional (Fig. 1). Pharmacologic interventions to lower blood pressure commonly improve markers of both inflammation and oxidative stress in the organ undergoing analysis such that study designs typically do not reveal whether ROS lay upstream of immune responses or vice versa. Experiments that carefully discriminate the effects of oxidative stress versus those of immunity point to a feedforward mechanism in which one begets the other (i.e., Fig. 4). As we have discussed, oxidative stress induces CypA in the vasculature leading to vascular inflammation, but CypA deficiency limits ROS generation in the vessel wall. ROS activate the Myd88 inflammatory signaling pathway in immune cells and the vasculature, which in turn propagates additional oxidative stress. ROS generation in the PVN activates  $NF-\kappa B$ leading to inflammatory cytokine production; blocking  $NF-\kappa B$  translocation in the PVN reduces oxidative stress and lowers blood pressure. The robust interactions between ROS generation and immune activation would suggest that interventions targeting one may also limit the other. This paradigm holds promise for potent therapeutics that may nevertheless have unintended off-target consequences. Therefore, future research will need to define with greater precision the interrelationships during hypertension between oxidative stress and inflammation in specific cell lineages within cardiovascular control organs and within specialized subtypes of myeloid and lymphoid inflammatory cells. For example, although T lymphocytes in general enhance ROS generation in the vasculature and the kidney, T regulatory cells, which tend to suppress inflammation, can limit oxidative stress and blunt the chronic hypertensive response to angiotensin II (6). The human organism utilizes this rare, but potent population of T regulatory cells to exercise exquisite control over immune responses. Our analogous interventions to contain pathologic oxidative stress and inflammation in hypertensive patients, while preserving important protective functions of ROS in immune cells, will similarly require daunting precision.

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