

Fluorodeoxyglucose-Positron-Emission Tomography/Computed Tomography Imaging for Adrenal Masses in Patients with Lung Cancer: Review and Diagnostic Algorithm

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Abstract

Background and Purpose: Positron-emission tomography/computed tomography (PET/CT) with fluorine-18 fluorodeoxyglucose (FDG) is used as first-line staging for patients with newly diagnosed non-small cell lung cancer (NSCLC). Our purpose was to review the accuracy of FDG-PET/CT to predict adrenal gland metastasis, explain the causes for false-positive PET, and provide a diagnostic algorithm.

Patients and Methods: Two patients with incidentally discovered lung masses were found to have hypermetabolic adrenal activity by FDG-PET/CT with maximal standard uptake value (SUV) of 4.5 and 6.5. A MEDLINE search was performed on the topic of FDG-PET/CT, adrenal gland metastasis, and NSCLC. Literature was reviewed with regard to diagnosis, accuracy, outcomes, and alternative imaging or diagnostic strategies.

Results: Both patients underwent transabdominal laparoscopic adrenalectomy and were found to have nodular hyperplasia without evidence of adrenal tumor. A total of seven articles containing 343 patients were identified as having pertinent oncologic information for NSCLC patients with adrenal lesions. Sensitivity and specificity of PET/CT for distant metastasis was 94% and 85%, respectively, but only 13% (44/343) of these patients had histologically confirmed adrenal diagnoses. Based on this, a diagnostic algorithm was created to aid in decision making.

Conclusions: Although PET/CT has high sensitivity and specificity for adrenal metastasis in the setting of NSCLC, adrenal biopsy or other secondary imaging should be considered to confirm the finding. Adrenalectomy *in lieu* of biopsy may have both diagnostic and therapeutic benefit in cases where the adrenal mass is ≥ 10 mm with high PET maximum SUV (≥ 3.1) and SUV ratios (> 2.5), where washout CT or chemical shift MRI is positive, or where percutaneous biopsy is deemed too difficult or unsafe.

Introduction

THE 2013 NATIONAL COMPREHENSIVE CARE NETWORK (NCCN) guidelines recommend integrated positron-emission tomography/computed tomography (PET/CT) with the glucose analogue fluorine-18 fluorodeoxyglucose (FDG) as first-line staging of patients with almost all stages of lymphoma, mesothelioma, head and neck tumors, cervical, esophageal, and lung cancers.^{1–4} These recommendations have evolved because of FDG-PET/CT's ability to integrate both anatomic and functional assessments of potential metastasis, improving not only staging accuracy but also surveillance and restaging accuracy for a variety of cancer types.⁵ When one considers that more than 200,000 new cases of non-small cell lung cancer (NSCLC) alone are diagnosed in the United States annually and up to 20% of

these patients have adrenal gland lesions, minimally invasive urologists will increasingly be called on to evaluate and potentially operate on patients with suspicious PET/CT adrenal findings.^{2–4}

This review examines two cases of NSCLC with positive adrenal PET/CT, summarizes the existing literature, explains the possible causes for false-positive PET findings, and provides a treatment algorithm that may be helpful in PET/CT interpretation and in decision making.

PET Adrenal Case Reports

Patient #1

A 63-year-old Caucasian man with a 120-pack year smoking history and previous five-vessel coronary artery bypass grafting with stent placement was being evaluated for in-stent

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stenosis. Routine chest radiography revealed a 1.4 cm left upper lobe lung mass, suspicious for malignancy. FDG-PET/CT revealed a 1.2×1.4×1.4 cm hypermetabolic lung nodule with maximal standard uptake value (SUV_{max}) of 14.70. The left adrenal gland was found to be without masses, but hypermetabolic PET activity was present with a SUV_{max} of 4.46 (Fig. 1A), suspicious for occult metastatic disease. Because the patient was considered high risk for thoracotomy due to his previous bypass graft, he was referred to the urology department for an adrenalectomy.

A left-sided transabdominal laparoscopic adrenalectomy was performed without complications. Pathologic examination of the adrenal gland revealed adrenal hyperplasia with focal incidental pigmented adrenal nodules without adenoma or carcinoma. The patient later underwent left lobectomy and received a diagnosis of moderately differentiated adenocarcinoma of the lung.

Patient #2

A 60-year-old man with a 140-pack year smoking history was found by chest radiography and subsequent chest CT to have a 5-cm lobulated right chest mass with several subcentimeter mediastinal nodules. Fine needle aspiration (FNA) of the lymph nodes by bronchoscopy showed poorly differentiated NSCLC. FDG-PET/CT scan was performed and, in addition to the hypermetabolic right lobe mass (SUV_{max} = 15.7), the left adrenal gland was noted to contain a metabolically active 1.2 cm nodule with SUV_{max} of 6.5 (Fig. 1B). Attenuation correction CT demonstrated a relative washout value of ~40%.

As in Patient #1, the patient was considered a borderline surgical candidate (stage IIIA) because of the possibility of distant metastasis and was referred to the urology department. Pathologic examination of the left adrenal after an unremarkable transabdominal laparoscopic adrenalectomy

revealed nodular cortical hyperplasia without tumor. The patient subsequently elected for radiotherapy and systemic chemotherapy for his lung cancer.

Literature Review Methods and Results

Relevant studies were searched from electronic databases including Cochrane Central Register of Controlled Trials (The Cochrane Library), MEDLINE, and EMBASE. Reference lists were also made from thoracic textbooks and review articles. Search terms included all forms and abbreviations of lung carcinoma, non-small cell lung carcinoma, bronchogenic and adenocarcinoma of the lung, adrenal mass, adrenal nodule, PET, and PET/CT. Of the 104 articles identified, 24 contained clinical information dealing with metastasis to the adrenal gland while 80 used PET nonspecifically or specifically to other organs (thorax, mediastinum, brain, liver, etc). Of these 24 studies, 8 were identified to contain reportable pertinent oncologic information, including at least 50% of the study population with NSCLC and concomitant adrenal lesions evaluated by FDG-PET/CT⁶⁻¹² or FDG-PET.¹³ The FDG-PET only study was excluded because PET-only literature is considered obsolete compared with PET/CT.

All seven studies were retrospective in nature (Table 1) with independent PET review performed by "blinded" nuclear medicine physicians. No prospective clinical trials or cohort studies were identified nor were any FDG-PET protocols before 1995. A total of 343 patients were identified, with the majority of these patients having pathologically confirmed NSCLC. A number of studies excluded small (<1 cm) indeterminate masses, questionable lesions with insufficient follow-up, or metabolically active adrenal glands that did not contain an adrenal mass. Mean adrenal nodule size was 2.2 cm (range 0.4 cm–10.4 cm) with three studies including adrenal lesions smaller than 1 cm or hypermetabolic adrenal glands.^{8,9,11} More than 85% of the adrenal diagnoses were

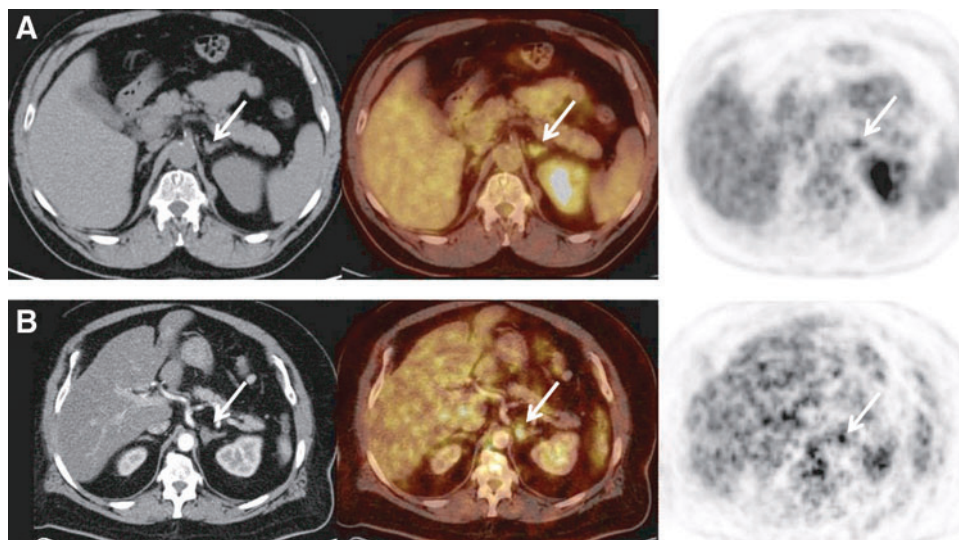


FIG. 1. Axial computed tomography (CT), coregistered, and positron emission tomography (PET) images of adrenal lesions (arrows). **(A)** Axial images for Patient #1 include unenhanced CT (left) demonstrating no discrete adrenal nodule and PET (right). Coregistered images (middle) show increased FDG uptake with standard uptake value (SUV_{max}) of 4.46. **(B)** Axial images of Patient #2 include enhanced CT (left) demonstrating 1.2 cm adrenal nodule and PET (right). Coregistered images (middle) show increased FDG uptake with SUV_{max} of 6.5. This patient also had attenuation correction CT demonstrating a relative washout value of 40% (not shown).

TABLE 1. RESULTS OF FLUORINE-18 FLUORODEOXYGLUCOSE POSITRON-EMISSION TOMOGRAPHY/COMPUTED TOMOGRAPHY STUDIES IN PATIENTS WITH HISTOLOGICALLY CONFIRMED NON-SMALL CELL LUNG CANCER AND ADRENAL LESIONS

Study	# NSCLC/patients (%)	Mean size in cm (range)	Histologic diagnosis ^a	Sensitivity	Specificity	Miscellaneous
Erasmus 1997 ⁶	24/27 (89%)	3.0 (1.0–9.0)	11	100%	80%	PET/CT accurate in 23/23 true-positives; 2 false+ patients had FDG uptake of 3.0 and 3.7
Gupta 2001 ⁷	27/30 (90%)	NR	7	94.4%	91.6%	PET/CT accurate in 17/18 true-positives, 11/12 true-negatives; 1 false-negative + adrenal schwannoma
Sung 2008 ⁸	39/42 (87%)	1.6 (0.5–10.4)	9	80%	89%	PET/CT accurate in 28/35 true-positives and 23/26 true-negatives
Brady 2009 ⁹	NR/76 ^b	2.2 ± 1.4 ^c	12	97%	86%	92 excluded masses; PET/CT using strict SUV _{max} and ratio criteria accurate in 22/37 true-positives and 58/58 true-negatives
Okada 2009 ¹⁰	23/30 (77%)	2.0 ± 0.85 ^c	0	89%	94%	PET/CT using strict SUV _{max} and ratio criteria accurate in accurate in 18/19 true-positives and 16/16 true-negatives
Lu 2010 ¹¹	NR/87	1.8 (0.4–5.8)	3	97%	94%	PET/CT accurate in 74/77 true-positives and 31/33 true-negatives
Cho 2011 ¹²	43/51 (84%)	2.8 (1.0–7.2)	2	97%	81%	PET/CT accurate in 43/45 true-positives and 13/16 true-negatives using strict SUV _{max} and ratio criteria
Total	NC/343	2.2 (0.4–10.4)	44	94%	85%	Limitations: Many studies exclude indeterminate masses or questionable lesions with insufficient follow-up

^aNonhistologic adrenal mass determination made by CT change in nodule at ≥ 6 follow-up (malignancy = nodule growth; benign = stable or reduced nodule size).

^bSome patients had “suspected” lung cancer.

^cMean lesion size ± standard deviation.

NSCLC = non-small cell lung cancer; PET/CT = positron-emission tomography/computed tomography; FDG = fluorine-18 fluorodeoxyglucose; NR = not reported; SUV = standard uptake value; NC = not calculable because of missing variables.

made by serial CT imaging follow-up and not by tissue diagnosis. In total, the average weighted sensitivity of FDG-PET/CT for adrenal metastasis in the setting of NSCLC was 94% with specificity of 85%. SUV_{max} and ratio criteria were included in studies published after 2008 and are further reviewed below.

Discussion

What is PET scanning?

PET scanning has been heavily used in oncologic imaging since the 1990s. While there are a number of PET radionuclides, 18F-FDG is the only one used in clinical oncologic practice. Based on the principle that malignant cells have increased glucose utilization, PET can detect malignancy in organs that do not yet show morphologic change—an obvious advantage over traditional anatomic imaging. One of PET’s largest limitations, lack of spatial imaging and localization, was overcome in 2001 with the clinical introduction of the first hybrid PET/CT scanner. Twelve years later, PET/CT’s ability to localize potential metastasis has led to increased utilization in the staging, restaging, recurrence, and therapeutic setting for a variety of solid organ malignancies, making it one of the fastest growing imaging modalities in the United States.^{5,14–16}

Despite its advantages, PET/CT is most limited by its false-positive rate, because nonspecific FDG-labeled glucose uptake is known to occur in the setting of inflammation or infection.^{15,17,18} For example, a retrospective review of more than 1000 cancer patients determined that 25% of PET/CT positive lesions were benign, and more than 75% of this was because of inflammation.¹⁷ Because these “false-positives” have clinical implications for our patients, a brief review of FDG uptake mechanisms is appropriate to better understand why false-positives occur and how radiologists may limit them.

How does PET work and what can cause a false-positive adrenal PET/CT?

PET scan functional information is obtained by measuring the biodistribution of radiolabeled drugs or other ligands.^{19–21} FDG, the most common radiolabeled ligand, accumulates within highly metabolically active cells and may indicate a malignancy (primary or metastasis), inflammation, infection, or other hypermetabolic processes. Malignant cells upregulate hexokinase activity, increasing their utilization of both normal glucose and radiolabeled FDG. When FDG-labeled and nonlabeled glucose enter cells via the glucose transporter, they are phosphorylated to form glucose-6-phosphate and FDG-6-phosphate. FDG-6-phosphate lacks the ability to be further metabolized via glycolysis and therefore accumulates within the cell, resulting in positive PET findings.^{19,21,22} Accumulation of FDG-6-phosphate within cells on PET scan is typically identified by visual inspection and is quantified using the SUV, calculated based on tissue tracer activity, injected radiotracer dose, and the patient’s weight.²¹ Maximum FDG uptake can also be compared with surrounding normal organs, usually the liver, termed lesion SUV_{max}/liver SUV_{max} or the SUV “ratio.”

FDG uptake typically depends on organ-specific glucose metabolism, ranging from high (brain) to moderate (liver,

spleen, adrenal, gut) to low (myocardium). In addition to infection, tissues affected by autoimmune or granulomatous disease may also demonstrate increased FDG uptake, because activated granulocytes, lymphocytes, and macrophages all need high glucose turnover. For instances other than carcinoma or metastasis, intense FDG uptake of the adrenal has been reported to occur in the setting of benign hyperplasia, believed because of rapid glucose turnover from endocrine hyperfunction. Two such case reports include symmetric bilateral adrenal uptake in a patient with severe Cushing’s syndrome²³ and an unilateral uptake in a patient with sub-clinical Cushing’s syndrome.²⁴ Thus, in addition to malignancy, infection, and autoimmune diseases, hyperfunctioning adenomas should also be in the differential in patients with increased adrenal FDG uptake.

How common are adrenal masses?

The adrenal gland poses a unique challenge in imaging, because incidental findings are common. The incidental adrenal mass or “incidentaloma” is defined as a 1-cm adrenal mass that is discovered by imaging for indications unrelated to adrenal gland—not if imaging was performed for cancer staging purposes or in patients with a cancer history (our cases). The frequency of these masses has been determined to be approximately 5% by autopsy study and 4% by abdominal CT imaging, with increasing incidence with age.²⁵

The consensus by most radiologists is that small adrenal lesions with ≤10 Hounsfield units (HU) on noncontrast phases can be considered benign “lipid-rich” adrenal cortical adenomas and need no further imaging. Based on an NIH guidelines panel in 2002, all patients with an incidentaloma should have a functional work-up, including 1-mg dexamethasone suppression test and measurement of plasma-free metanephrines.²⁶ If hypertensive, patients should also have serum potassium and plasma aldosterone concentration/plasma renin activity ratio.²⁶ Masses that do not fit this criteria, however, could represent other diagnoses, such as lipid-poor adenomas (an estimated 30% of all adenomas²⁷), pheochromocytomas, primary adrenocortical carcinomas, or metastasis.²⁸ For patients with primary solid organ malignancies, the prevalence of adrenal metastasis by postmortem autopsy ranges from 10% to 27% while CT estimates range from 25% to 75%, depending on the type and size of the primary tumor.^{25,29,30} Overall, given the high prevalence of ad-

renal adenomas in the general population, an adrenal mass discovered even in an oncology patient is most likely benign. Larger, more complex, and/or hypermetabolic masses within an adrenal gland, however, should prompt further imaging as well as functional work-up.

Lung cancer and adrenal metastasis

The American Cancer Society estimates that approximately 230,000 new cases (respectively) of breast, prostate, and lung cancer will be diagnosed this year. Of these, lung cancer leads all causes of cancer-related mortality with 5-year survival rates varying depending on the stage at diagnosis, from 49% to 16% to 2% for patients with local, regional, and distant stage, respectively.³¹ Because of the large discrepancy in staged-based survival and the superiority of PET/CT compared with CT alone, the 2013 NCCN guidelines now recommend all patients with a new diagnosis of lung cancer undergo integrated FDG-PET/CT as first-line cancer staging.¹ Although whole-body PET/CT improves staging accuracy, incidental findings of FDG-avid lesions unrelated to the NSCLC can mimic distant metastases and lead to misinterpretation that can affect oncologic treatments. Because of this, a brief review of NSCLC metastasis is appropriate.

Of the patients who develop NSCLC, ~20% to 50% will present with extrapulmonary metastasis to brain, bone, liver, and/or adrenal.³² The majority of these metastatic lesions are not amenable to curative treatment with an overall median patient survival time of 7 to 11 months.³³ Specific involvement of the adrenal gland has been reported to range from 18% to 42% in three large NSCLC necropsy series,³⁴⁻³⁶ but the incidence of a solitary, potentially curable NSCLC metastasis to the adrenal gland is much less, around 2% to 4%.^{37,38} When one considers that a considerable portion of the general population has adrenal adenomas, the importance of histopathologic confirmation of suspected adrenal masses before lung resection is critical.

What further imaging work-up should be performed in the setting of NSCLC and an adrenal mass?

Any adrenal mass found on a preoperative PET/CT scan in a patient with NSCLC should undergo further evaluation. This can include diagnostic imaging using adrenal washout CT or chemical-shift magnetic resonance imaging (MRI) or

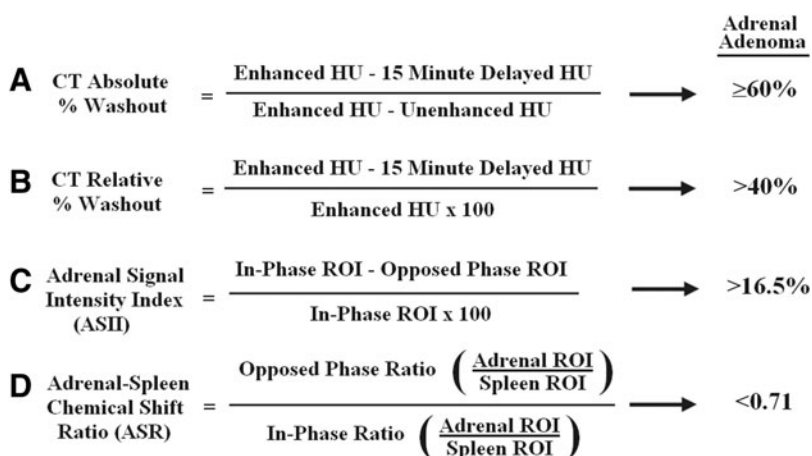


FIG. 2. Calculation formulas and generally accepted values for adrenal adenoma using absolute (A) and relative (B) percentage washout by computed tomography (CT) or chemical shift adrenal signal intensity index (ASII) (C) or adrenal-to-spleen ratio (ASR) (D) magnetic resonance imaging. HU = Hounsfield unit; ROI = region of interest.

tissue sampling via biopsy or adrenalectomy. Although not the focus of this review, further imaging, both adrenal washout CT and chemical-shift MRI, is commonly used to further characterize the adrenal in the setting of a potential metastasis. Adenomas and metastases both enhance rapidly after injection of iodinated contrast or gadolinium, but contrast material typically washes out more rapidly in adenomas than metastases, allowing for washout value calculations.³⁹ For CT, absolute percentage washout values (noncontrast compared with delayed) $\geq 60\%$ or relative percentage washout values (enhanced compared with delayed) $>40\%$ are considered diagnostic for adrenal adenoma (Fig. 2), with reported sensitivity of 83% to 93% and specificity of 93% to 98%.^{40,41} Limitations of this technique include an additional patient visit to radiology, exposure to further multiphasic scanning, radiation, and intravenous contrast as well as the potential of under- or overstaging by improper adrenal characterization.

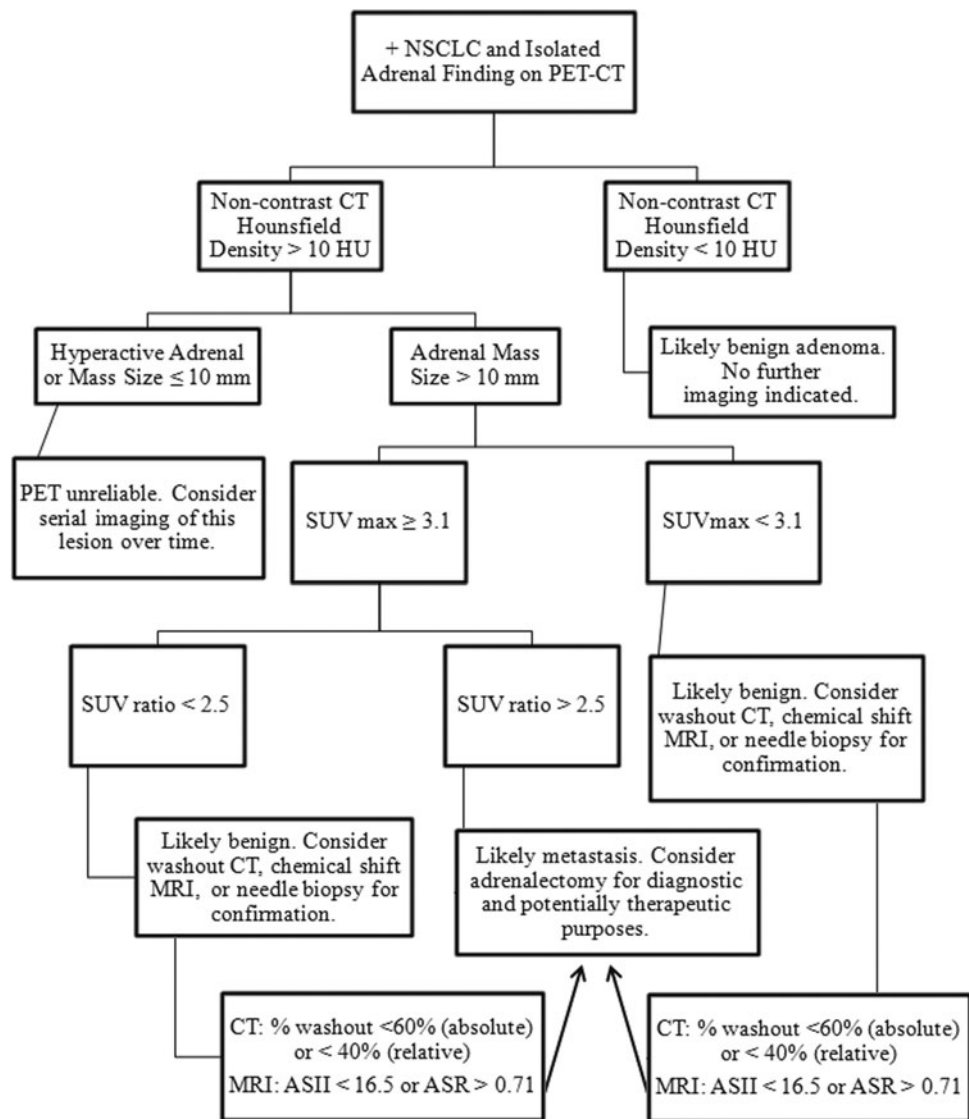
Finally, the majority of the adrenal washout literature is centered on the common incidental adrenal tumors. In circumstances where timely diagnosis and treatment are important, adrenalectomy or tissue biopsy may be of more value. Readers who wish to further review recommendations on incidental

adrenal masses are encouraged to review the “White Paper” recently published by the American College of Radiology.⁴²

MRI using in-phase and opposed-phase images, known as “chemical-shift MRI,” is an alternative modality to CT for adrenal mass characterization. Based on the presumption that benign adrenal masses contain more intracytoplasmic lipid than malignant, quantitative analysis can be made solely using different adrenal phases over large regions of interest, known as Adrenal Signal Intensity Index or ASII. Despite reports of sensitivity as high as 97% and specificity of 93% with ASII techniques (16.5% threshold value, Fig. 2), this MRI technique can be limited in adenomas that are lipid-poor.⁴³ More modern quantitative techniques compare adrenal to signal intensities of the spleen, known as Adrenal-Spleen Chemical Shift Ratio (ASR), adding slightly more specificity using 0.71 threshold (Fig. 2).⁴³ Better studies in this area are needed because, like PET/CT, many of these series lack pathologic data,^{43–45} have limited follow-up,^{43–45} or include patients with portal hypertension that can affect iron content and confound subsequent ASR values within the spleen.⁴⁵

Percutaneous needle biopsy or FNA of the adrenal can be technically challenging because of the close proximity of the

FIG. 3. Systematic algorithm to determine adrenal status in patients with non-small cell lung cancer (NSCLC) based on positron emission tomography/computed tomography (PET/CT) Hounsfield unit (HU) mean attenuation, standard uptake value (SUV)_{max}, and SUV_{ratio} thresholds. Other imaging modalities such as washout CT and chemical shift magnetic resonance imaging (MRI) are not a part of the National Comprehensive Care Network guideline staging recommendations but are common clinical radiology practice. All patients should have an endocrine functional work-up of the mass in addition to imaging. Supportive literature is found within the text. ASII = Adrenal Signal Intensity Index; ASR = Adrenal-Spleen Chemical Shift Ratio.



adrenal to the great vessels in the abdomen. Two of the larger series in this area report that about 25% of adrenal sampling cases are not feasible because of anatomic constraints while nondiagnostic biopsies, usually FNA, occur in 8% to 37% of the tissues retrieved.^{35,46} These nondiagnostic FNA concerns were recently addressed in a study of more than 200 adrenal core biopsies.⁴⁷ In this selected population of cancer patients, adrenal biopsies positive for metastatic carcinoma were almost always accurate (positive predictive value of 96%). “Benign” biopsies, however, had a negative predictive value of 58%, which led the authors to conclude that a negative large core biopsy may not always rule out malignancy.

Feliciotti and associates⁴⁸ and others⁴⁹ have suggested that diagnostic laparoscopy has potential benefits over biopsy alone because it allows the exploration of the entire peritoneal cavity with examination of suspected nodules as well as therapeutic opportunity for resection during the same procedure. Indeed, local resection of a solitary adrenal metastasis has produced a number of long-term survivors in three large trials over the last 30 years.^{50–52} In these settings, the adrenal metastasis was usually solitary, and the lung lesions were usually at a curable stage I or II. The recent 2013 NCCN panel gave adrenal “metastatectomy” a category 2B rating, stating that “based on the lower level of evidence...the intervention is appropriate.”¹ Obviously, a noninvasive, reliable test such as PET-FDG could aid in the preoperative management of patients with a diagnosis of NSCLC by potentially alleviating unnecessary biopsy or abdominal exploration.

How accurate is PET/CT for adrenal NSCLC metastasis?

Pooled results of studies evaluating accuracy of FDG-PET, presented in Table 1, demonstrate high sensitivity and specificity. All seven studies contained cases of adrenal metastasis secondary to NSCLC with 6/7 studies specifying the total number of patients with NSCLC (the lowest was 77%¹⁰). Two studies^{9,11} did not report a specific number of NSCLC cases but focused studies on “lung cancer patients” only. All studies reported interpretation of imaging by board certified radiologists, but all the studies admit to excluding a number of adrenal masses that were either indeterminate over time or lost to radiologic follow-up (selection bias). The more recent studies^{9,10,12} evaluated adrenal findings with quantitative analysis of SUV_{max} and SUV_{ratio} as well as attenuation in HU. Each of these studies report increased lesion predictability by including SUV_{max} and SUV_{ratio}.

In 2009, Brady and colleagues⁹ proposed a diagnostic algorithm for adrenal nodules in patients with known or suspected lung cancer. In this study, 187 adrenal nodules were evaluated by diameter, mean attenuation in HU, SUV_{max}, and SUV_{ratio} (nodule SUV_{max}/liver SUV_{max}). CT attenuation criteria <10 HU was used to exclude benign, lipid-rich adenomas. In lesions with attenuation greater than 10 HU, PET SUV_{max} greater than 3.1 and SUV_{ratios} greater than 2.5 were further used as cutoffs to identify malignant lesions in their population, maintaining high sensitivity (97.3%) but increasing their sensitivity by more than 30%.⁹ Similarly, both Okada and coworkers¹⁰ and Cho and associates¹² reported an increased PET/CT accuracy by using strict SUV_{max} and SUV_{ratio} criteria.

Using these studies, we propose a systematic approach algorithm (Fig. 3) based on HU mean attenuation, SUV_{max}

and SUV_{ratio} thresholds. It is important to note that this algorithm represents pooled studies with false positive and negative rates around 10% to 15%. In addition, all the authors noted that standardization of radiology protocols is extremely important to limit test variability, because SUV itself is a semi-quantitative measure.

Would this algorithm have changed our patients' care?

Applying this algorithm to our cases, patient #1 (hyperactive adrenal without discrete mass) would have been recommended to have serial imaging of the lesion over time because of the unreliability of a PET scan in masses <10 mm. In patient #2 (12-mm discrete hyperactive mass with SUV_{max}=6.5), the calculated SUV_{ratio} was 2.2. Based on the algorithm, this patient would have been recommended to undergo further characterization (washout CT was performed and mass was indeterminate) or needle biopsy. Interestingly, both of these cases were presented at a multidisciplinary tumor board. Based on the high chance of a nondiagnostic adrenal biopsy and high suspicion of early metastatic detection in Patient #1, the decision was made to proceed with adrenalectomy. The opinion of our interventional radiologist for Patient #2 was that the mass was not amenable to biopsy, and adrenalectomy was recommended—reinforcing the fact that treatment decisions are inevitably tailored to each patient’s unique anatomy and circumstance with independent judgment coming from the primary provider and other members of the healthcare team.

Conclusion

FDG-PET/CT is a powerful tool in the field of oncology, improving the clinician’s ability to stage a variety of cancer types. For the urologist who is asked to provide tissue diagnosis for patients with NSCLC and adrenal lesions, the literature clearly states that PET/CT testing can be highly sensitive and specific in selected cases. In addition to a good multidisciplinary team, the use of PET/CT with HU, SUV_{max}, and SUV_{ratio}, washout CT, and/or chemical shift MRI can aid in assessing potential cancer risk and in surgical decision making.

Disclosure Statement

No competing financial interests exist.

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Abbreviations Used

ASII = adrenal signal intensity index
 ASR = adrenal-spleen chemical shift ratio
 FDG = fluorine-18 fluorodeoxyglucose
 FNA = fine needle aspiration
 HU = Hounsfield unit
 MRI = magnetic resonance imaging
 NCCN = National Comprehensive Care Network
 NSCLC = non-small cell lung cancer
 PET/CT = positron-emission tomography/computed tomography
 SUV = standard uptake value
 SUV_{max} = maximal standard uptake value
 SUV_{ratio} = standard uptake value ratio