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# Stress Hormone Leads to Memory Deficits and Altered Tau Phosphorylation in a Model of Alzheimer's Disease

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# Abstract

Several studies have linked stress with Alzheimer's disease (AD) vulnerability; however, the mechanism remains to be fully elucidated. In the current paper, we investigated the role of glucocortitcoids on the AD-like phenotype. We administered the glucocorticoid dexamethasone to Tg2576 mice for 4 weeks and then investigated its effect on memory, amyloid- $\beta$  and tau levels, and metabolism. At the end of the treatment period, we observed that mice receiving dexamethasone had a significant impairment in the fear conditioning paradigm compared with controls. Dexamethasone-treated animals showed a significant increase in the amount of brain soluble  $A\beta_{40}$  levels, but no alteration in the steady state levels of its precursor protein, A $\beta$ PP, or in the major protease enzymes involved in its metabolism (i.e., ADAM-10, BACE-1, or  $\gamma$ -secretase complex). While total tau protein levels were unaltered between the two groups, we found that dexamethasone significantly reduced tau phosphorylation at specific sites that were mediated by decreases in glycogen synthase kinase-3 $\beta$  protein level and activity. Finally, we observed a direct correlation between memory impairments and tau phosphorylation levels. Our study highlights the significant role that glucocorticoids play in exacerbating AD-like cognitive impairments via alteration of tau protein phosphorylation state.

## **Keywords**

Alzheimer's disease; transgenic animal model; stress; glucocorticoid

# INTRODUCTION

In its sporadic form, Alzheimer's disease (AD) is considered a chronic neurodegenerative disorder with dementia resulting from the combination of both genetic and environmental risk factors. Psychosocial stress has been suggested to be one important environmental factor that can influence AD age of onset and/or development [1]. Several clinical studies have linked dysregulation of stress hormone levels, such as glucocorticoids, with AD vulnerability. Plasma cortisol levels are increased in subjects with mild cognitive impairment and in AD patients, and conditions in which there is dysfunction of the hypothalamus-pituitary-adrenal axis are associated with a higher risk of AD [2-4]. Glucocorticoids are known to alter neuronal plasticity, impair learning and memory, and produce atrophy in several areas of the brain, but the precise mechanism by which they

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contribute to AD remains to be fully elucidated [5–7]. Some studies have demonstrated that glucocorticoids promote amyloid- $\beta$  (A $\beta$ ) deposition and impairments in learning and memory in rodent models of AD, but few have directly investigated how glucocorticoids modulate endogenous tau protein in the presence of pathologic A $\beta$  peptides [8–11]. AD rodent models that contain the tau<sub>P301L</sub> mutation form hyperphosphorylated tau species and develop neurofibrillary tangles (NFTs) upon glucocorticoid administration, but limit understanding of the role of endogenous tau in this context as mutations in tau have not been described in AD patients. To better understand the role of endogenous tau in the context of AD, we treated Tg2576 mice, which express the A $\beta$ PP<sub>K670L/M671L</sub> mutation and endogenous mouse tau, with a chronic course of dexamethasone. We observed that dexamethasone treatment resulted in memory impairment as well as an elevation in A $\beta$  peptides in the brains of Tg2576 animals compared to controls. Surprisingly, we also found hypophosphorylation of certain tau species mediated by changes in glycogen synthase kinase  $3\beta$  (GSK3 $\beta$ ) activity.

# MATERIALS AND METHOD

#### Animals

Studies were approved by the Institutional Animal Care and Usage Committee of the Temple University School of Medicine, in accordance with NIH guidelines. Female Tg2576 mice (mice expressing the human  $A\beta PP_{K670L/M671L}$  Swedish mutation transgene) aged 10–12 months were intraperitoneally either given phosphate-buffered saline as control, or dexamethasone (Dex; Sigma-Aldrich) at a dose of 5 mg/kg for 28 d (n = 5 control, n = 6 Dex). On days 29 and 30, learning and memory was assessed using the fear conditioning paradigm as previously described [12]. On day 31, mice were sacrificed and their brains were removed. Cortices were dissected from one brain hemisection and stored at  $-80^{\circ}$  C while the other hemisection was paraformaldehyde-fixed overnight, processed and paraffinembedded, and used for immunohistochemistry or immunofluorescence assays.

#### **Biochemical analyses**

Mouse brain cortical homogenates were sequentially extracted first in radioimmunoprecipitation assay buffer (RIPA) containing EDTA-free protease inhibitor (Roche) and phosphatase inhibitor (Thermo Fisher) for the A $\beta$  soluble fractions and then in formic acid (FA) for the A $\beta$  insoluble fractions as previously described [12, 13]. A $\beta_{1-40}$  and A $\beta_{1-42}$ levels were assayed by a sensitive sandwich enzyme-linked immunosorbent assay (ELISA) kit (Wako Chemicals, USA) in accordance to the manufacturer's protocols.

#### Immunoblotting

Mouse cortical homogenate RIPA samples were electrophoretically separated using 10% Bis-Tris gels or 3% to 8% Tris-acetate gel (Bio-Rad), according to the molecular weight of the target molecule, and then transferred onto nitrocellulose membranes (Bio-Rad). Membranes were blocked with Odyssey blocking buffer and incubated with primary antibodies overnight at 4°C. After 3 washing cycles, membranes were incubated with IRDye secondary antibodies (LI-COR) at 22°C for 1 h. Signals were developed with Odyssey Infrared Imaging Systems (LI-COR). Actin was always used as an internal loading control. Antibodies and dilutions were as follows: anti-A $\beta$ PP N-terminal raised against amino acids 66–81 for total A $\beta$ PP (22C11; 1 : 1500; Chemicon International), BACE-1 (1 : 200; IBL), ADAM-10 (1 : 500 dilution; Chemicon International), PS1 (1 : 200; Cell Signaling), nicastrin (1 : 200; Cell Signaling), Pen2 (1 : 200; Cell Signaling), actin (1 : 1,000; Santa Cruz), Tau 1 (1 : 200, Millipore), AT8 (1 : 200; Pierce), AT180 (1 : 200; Pierce), AT270 (1 :

200; Pierce), ser396 (1 : 200; Pierce), GSK3 (1 : 200; Santa Cruz), pGSK3 (1 : 200; Santa Cruz), cdk5 (1 : 200; Santa Cruz), p35/p25 (1 : 200; Santa Cruz).

#### Immunohistochemistry

Immunohistochemistry analysis was performed as previously described [13]. Briefly, brain sections were deparaffinized, hydrated, and after blocking with 2% serum, incubated with primary antibody against 4G8 (1 : 200; Cell Sciences), tau 1 (1 : 100; Pierce), AT8 (1 : 100; Pierce), or ser396 (1 : 100; Pierce) overnight at 4°C. Formic acid was used to retrieve antigen for slides using 4G8, and citric acid was used to retrieve antigen for tau 1, AT8 and ser396. After 3 washings, sections were incubated with appropriate secondary antibody and finally developed using the avidin-biotin complex method (Vector Laboratories) with 3,3-diaminobenzidine as chromogen.

#### Immunofluorescence

Immunofluorescence was performed on 6-µm paraffin sections of brain tissue as previously described [14]. Briefly, sections were first blocked in buffer containing 2% BSA, and 0.1% Triton X-100 in TBS for 1 h at room temperature. Using the same buffer, sections were incubated overnight at 4°C with the primary antibody anti-synaptophysin (SYP-38, 1 : 250; Sigma-Aldrich). Sections were then rinsed and incubated for 1 h with secondary Alexa Fluor–conjugated antibodies (1 : 1000; Invitrogen) at room temperature. Finally, sections were mounted onto slides using a 9 : 1 glycerine/PBS mounting medium and examined under Olympus BX60 fluorescent microscope. Fluorescence emission was collected at 425–475 nm for 4',6-diamidino-2-phenylindole and 555–655 nm for Alexa546. Immunofluorescence was assessed at similar brain coronal levels.

#### GSK3β kinase activity

GSK3 $\beta$  kinase activity was carried out as previously described [15, 16]. Briefly, cortical brain lysate was extracted as described above using RIPA with pro-tease and phosphatase inhibitor. The samples were centrifuged at 12,000 g at 4°C for 20 min and the supernatant (400 µg protein) were incubated with 8 µg anti-GSK3 $\beta$  antibody (Santa Cruz) at 4°C for 2 h. Protein A agarose beads (Invitrogen) were added and then incubated for another hour. The immunoprecipitates were then washed three times with lysate buffer (Tris-HCl pH 7.4, 50 MgCl<sub>2</sub>, 5 mM EDTA, protease inhibitor and phosphatase inhibitor) and once with HBS buffer (10 mM HEPES pH 7.4, 150 mM NaCl). The kinase activity of the immunoprecipitates GSK3 $\beta$  was determined by using GSK3 $\beta$  substrate phosphor-glycogen synthase peptide 2 (Upstate). Beads were incubated with 5 µg phosphor-glycogen synthase peptide 2 (Upstate) in HBS (20 µl) containing 15 mM MgCl<sub>2</sub>, 5 µCi [ $\gamma$ 32P] ATP (0.5 mM), and 1 mM dithiothretol. After 30 min incubation at 30°C, the reaction was stopped and its products were determined by liquid scintillation counter.

#### Data analysis

Data are expressed as mean  $\pm$  standard error of the mean and were analyzed and reported using GraphPad Prism. Student's *t*-tests were used to test for significant differences in means between control and dexamethasone-treated animals in experiments shown in Figs. 1–4. Correlation was assessed using the Pearson correlation coefficient for the experiment reported in Fig. 5. For all statistical tests, p < 0.05 was used as the threshold for significance.

# RESULTS

#### Dexamethasone impairs cued recall in the fear conditioning paradigm

We administered dexamethasone intraperitoneally (5 mg/kg) to Tg2576 mice aged 10–12 months daily for 28 days. At the end of this period, we observed that compared with controls the active treatment caused a significant deficit in cued recall but did not significantly alter contextual recall in the fear conditioning paradigm (Fig. 1A). However, no difference was noted in the conditioning phase of this test (data not shown).

Because glucocorticoids are known to modulate a variety of substrates implicated in learning and memory, we assayed for the cellular response element binding protein (CREB), its phosphorylated form (pCREB), the post synaptic density protein 95 (PSD95), and synaptophysin (SYP). As shown in Fig. 1B–D, we found that dexamethasone treatment did not alter the steady-state levels of any of these proteins. These results suggest that the impairment in the cued recall of dexamethasone-treated Tg2576 mice is not due to dysregulation of these molecular targets which are involved networks of cognition.

#### Dexamethasone elevates soluble Aβ<sub>40</sub> peptides

Previously studies have shown that behavioral stress or dexamethasone treatment elevates A $\beta$  species in the brains of AD transgenic animals [8–11]. To investigate how A $\beta$  species are modulated in this condition, we assayed homogenized tissue RIPA fractions, which contain soluble amyloid species, and FA fractions, which contain detergent-insoluble amyloid species. In confirmation of earlier work, we found that dexamethasone-treated Tg2576 mice displayed higher levels of brain RIPA soluble  $A\beta_{40}$  than control, however no differences were found in levels of FA A $\beta_{40}$ , RIPA A $\beta_{42}$ , or FA A $\beta_{42}$  between groups (Fig. 2A). Brain immunostaining for A $\beta$  using the 4G8 antibody revealed similar levels of A $\beta$  for both control as well as dexamethasone-treated animals (supplementary Figure 1A; available online: http://www.j-alz.com/issues/31/vol31-1.html#supplementarydata03). To explore the potential mechanism responsible for the change in A $\beta$ , we assessed the processing of A $\beta$ PP. We found that, under our experimental condition, dexamethasone did not induce any significant changes in the steady-state levels of A $\beta$ PP,  $\alpha$ -secretase (ADAM-10),  $\beta$ -secretase (BACE-1), or the four components of the  $\gamma$ -secretase complex (presenilin 1, PS1; presenilin enhancer 2, PEN2; anterior pharynx defective 1, APH-1; nicastrin, NCT) (Fig. 2). We also assayed for levels of several proteins implicated in the clearance of A<sup>β</sup> including apolipoprotein E, as well as insulin degrading enzyme and neprilysin, putative Aβ-degrading enzymes, and found that their levels did not significantly differ between dexamethasonetreated animals and controls (supplementary Figure 1B, C).

#### Dexamethasone decreases tau phosphorylation

While a large body of literature indicates that  $A\beta$  peptides may be initiators in the learning and memory deficits seen in AD, significant work and clinical data have suggested that tau pathology also figures prominently in cognitive deficits. To that end, we investigated total tau as well as several AD-relevant phosphorylated tau epitopes in the two groups of mice. Dexamethasone did not alter total tau, recognized by Tau 1, or the tau phosphorylated at ser202/thr205, recognized by the AT8 antibody, or at thr181, recognized by the AT270 antibody, in the brains of Tg2576 mice significantly from control. By contrast, we found significantly decreased levels of tau phosphorylated at the thr231/ser235, recognized by the AT180, and at ser396 in dexamethasone-treated animals compared to controls (Fig. 3A, B). Supporting this observation, compared with control mice, immunohistochemistry analysis also revealed decreased staining in the soma of cortical neurons for AT180 and ser396 in dexamethasone-treated animals, while no differences were observed for Tau 1 staining (Fig. 3C).

#### Dexamethasone treatment alters GSK3ß level and activity

To elucidate the molecular basis underlying the dexamethasone-mediated tau hypophosphorylation, we assayed levels and activities of two major tau kinases which have been shown to be involved in tau phosphorylation (and dysregulated in the brains of AD patients), glycogen synthase kinase 3 (GSK3) and cyclin-dependent kinase 5 (cdk5). Compared with control mice, dexamethasone did not alter steady state levels of cdk5, its normal coactivator p35, or the truncated coactivator p25 (Figs. 4A, 3B).

By contrast, while we observed no significant change in levels of GSK3 $\alpha$ , a significant decrease in levels of GSK3 $\beta$  was detected in the dexamethasone-treated animals compared with controls. GSK3 activity is modulated by its phosphorylation, with phosphorylation on the serine 21 residue of GSK3 $\alpha$  (p GSK3 $\alpha$ ) or the serine 9 residue of GSK3 $\beta$  (p GSK3 $\beta$ ) inhibiting their kinase activity, respectively. In our study we found that steady state levels of both phosphorylated forms were not significantly different between the two groups (Fig. 4B). However, analysis of the ratios of phosphorylated GSK3 $\alpha$  to total GSK3 $\alpha$  and phosphorylated GSK3 $\beta$  to total GSK3 $\beta$  revealed that dexamethasone treatment significantly increased the phosphorylated fraction of GSK3 $\beta$  without influencing the phosphorylated fraction of GSK3 $\beta$  (Fig. 4C). This result would suggest that the activity of this kinase was reduced by the dexamethasone treatment. To confirm this hypothesis, we directly measured GSK3 $\beta$  kinase activity from brain homogenates of dexamethasone-treated and control mice. As shown in Fig. 4D, we found that GSK3 $\beta$  activity was significantly diminished in the dexamethasone-treated animals.

#### Deficits in cued recall are associated with tau hypophosphorylation

Tau stabilizes axonal microtubules, with its phosphorylation status modulating microtubule affinity. Because proper microtubule functioning is critical for cellular cargo trafficking from neuronal cell body to synapse, we investigated whether the phosphorylation status of tau correlated with memory impairments in the cued recall of the fear conditioning paradigm. We found that there was a significant correlation between levels of AT180 and ser396 phosphoepitopes and freezing times in the cued recall phase of fear conditioning (Fig. 5C, D), with lower levels of those phosphoepitopes correlating with decreased freezing time. By contrast, we found no correlation between the AT8 or AT270 phosphotau epitopes and freezing times in cued recall (Fig. 5A, B). Additionally, we did not find a significant relationship between soluble A $\beta_{40}$  levels and cued recall (p > 0.49, r = 0.0053,  $R^2 = 2.87 \times 10^{-5}$ ).

# DISCUSSION

In the current study, we show that chronic administration of dexamethasone to Tg2576 mice results in cued recall deficits in the fear conditioning task, an elevation of soluble  $A\beta_{40}$ , but a significant decrease in the levels of the thr231/ser235 and ser396 phosphorylated tau epitopes, secondary to a reduction in GSK3 $\beta$  levels and activity. Additionally, we show that performance in the fear conditioning behavioral paradigm directly correlates with the degree of phosphorylation of these specific tau epitopes. Taken together, our results represent the first description of an association between stress, lower phosphorylated tau species, and memory impairment in a transgenic mouse model of AD.

An emerging body of work has described the interaction between stress and AD. Stress, pharmacologically through corticosteroid administration, or, behaviorally through various stress paradigms, increases A $\beta$  pathology in A $\beta$ PP transgenic models of AD [8–11]. In transgenic AD models that express the human mutant tau<sub>P301L</sub>, stress also results in the accumulation of NFTs [8, 17]. While our work describes an elevation in A $\beta$  in response to

elevated glucocorticoids that is consistent with previous studies, our findings that dexamethasone decreases certain tau phosphorylated AD-relevant sites runs counter to expected findings. This discrepancy may be due to the wide variety of different stressors, age of treatment, treatment paradigms and lengths of treatment in those reports, and the complexity and time course of glucocorticoid action. For example, Lee and colleagues have reported that restraint stress for 2 h/day for 16 days results in higher levels of ser199, thr231, and ser296 phosphorylated tau but not the ser202 tau phosphoepitope in the Tg2576 mice at  $\sim$ 15 months of age [11]. On the other hand, Jeong and colleagues have reported that transgenic mice expressing the  $A\beta PP_{V7171}$  London mutation displayed memory impairment and increased tau phosphorylation at the ser202/thr205 site after 8 months of immobilization and isolation stress, starting at 3 months, for 6 h/day for 4 d/week [9]. Furthermore, in the PS19 mouse model of tauopathy that expresses only tau<sub>P301L</sub>, only 30 days of chronic restrain/isolation stress, but not subcutaneous pellets of slow-release corticosterone or dexamethasone (5 mg/kg), increases phosphorylation of tau species and pathologic tau inclusions [17]. These inconsistencies in tau/phosphorylated tau indicate a complex interplay between tau metabolism and stress, and hint that different behavioral stress paradigms may modulate tau phosphorylation differently.

In association with a decrease in tau phosphorylation, we found that dexamethasone decreased GSK3 $\beta$  level and activity. GSK3 $\beta$  is a major kinase that phosphorylates tau and has been shown to be dysregulated in the brains of AD patients, but no work to date has directly examined the role of GSK3 $\beta$  *in vivo* in the glucocorticoid stress paradigm in Tg2576 mice [18]. Published literature has described conflicting reports of the relationship between glucocorticoids and GSK3 $\beta$  function. In some contexts, glucocorticoids activate GSK3 $\beta$ , releasing it from serine 9 phosphorylation; in others, glucocorticoids induce serine 9-mediated degradation of GSK3 $\beta$  [19–23]. Our work supports the latter body of work in this particular AD-like model and disease context. Of note is our observation that while GSK3 $\beta$  was significantly altered in dexamethasone-treated groups, there was no significant difference in cdk5 or its p35 and p25 co-activators, implying that dexamethasone selectively alters the GSK3 $\beta$  pathway. This finding may also explain why only certain phosphorylated tau epitopes were decreased upon dexamethasone treatment. Future work investigating the exact mechanism of the glucocorticoid-mediated down-regulation of GSK3 $\beta$  level/function would be particularly instructive in this regard.

Though still far from settled, the totality of the work on  $A\beta$  and tau in AD seems to currently suggest that tau pathology occurs downstream of the changes caused by  $A\beta$  peptides [24, 25]. To that end,  $A\beta$  is thought to be the principle molecular player in the impairments of learning and memory. However, since corticosteroids are known to alter neuronal plasticity, impair learning and memory, we first explored some of the molecular mechanism by which dexamethasone could have modulated the memory impairments in our experimental setting. To this end, no changes in the levels of transcription factors involved in memory formation such as c-Fos, CREB, p-CREB, PSD-95, and synaptophysin were observed, ruling out a role for these factors.

Interestingly, our work implies that the degree of phosphorylation of two tau epitopes correlates with impairments in learning and memory. Thus we found that the levels of those tau species correlated with not only the learning and memory impairments in dexamethasone-treated animals but also recall of control animals, albeit with modest correlation coefficients. Current evidence suggests that there is a hierarchy of tau phosphorylation as it relates to pathologic NFT progression, with certain phosphorylated tau epitopes corresponding with early pre-NFT pathology, intermediate intraneuronal NFT pathology, or late-stage extraneuronal NFT pathology. Ser202/205 and thr 231 epitopes, which were not correlated with memory impairments in our study, have been associated

with late and intermediate stage NFTs, respectively, while thr231/ser235 and ser396 epitopes, which did correlate with memory impairments, have been correspondingly observed with early and late NFTs [31]. Taking this into account, our findings are not easily explained by the present understanding of how phosphorylated tau epitopes are thought to contribute to tau pathology in AD.

Recent work has shown that tau, aside from being a protein important in cytoskeletal stability, may have other functions, which include intracellular signaling and protein interaction [26, 27]. The possibility that phosphorylation of tau imparts a cognition-relevant functional modification aside from alteration of micro-tubule affinity in the AD context is an interesting supposition.

Human brain biopsies suggest that some degree of tau phosphorylation is homeostatic, and phosphorylation of some residues on tau has been implicated in protecting it from aggregating into neurofibrillary tangles [28, 29]. Phosphorylation of tau at the thr231 and ser396 sites has also been observed during brain development, where those phosphoepitopes are associated with immature neurons in loci of neurogenesis [30]. Because glucocorticoids are well known to alter axonal functioning and dendritic spine morphology, it is possible that they may interfere with the balance between the pool of total tau and phosphorylated tau such that microtubule formation, a highly dynamic process that is critical in proper neuronal development and functional network integration, is altered [32].

Another interesting finding is that dexamethasone in our paradigm modulated cued recall, which is thought to involve the amygdala, while sparing contextual recall, which is more hippocampal-based. While degeneration of both limbic structures are known to occur in AD, little is known whether and how stress may selectively confer cognitive insults in AD and other related dementias, and further studies must carried out to investigate this relationship [33].

One limitation of our study is the use of dexamethasone to simulate a stress phenotype. The dominant stress hormones in humans and rodents are cortisol and corticosterone, respectively, which physiologically act on mineralocorticoid receptors in addition to glucocorticoid receptors. While dexamethasone is much more selective for glucocorticoid receptors and produces responses in the hypothalamus-pituitary-adrenal axis, it is the substrate for p-glycoprotein in the epithelium of the blood-brain barrier, which diminishes dexamethasone's brain penetration [34, 35]. Therefore, it is unclear how dexamethasone administration regulates the endogenous steroids in the AD brain, which may be involved in modulating AD pathology.

In summary, our work reveals a novel consequence of chronic glucocorticoid administration in an AD mouse model involving the modulation of GSK3&BETA activity and phosphorylation status of tau, which is associated with impairments in memory. Future work exploring a role for tau distinct from its accepted cytoskeletal function is critical to better understand whether and how tau contributes to cognition in the AD context as well as in other neurologic conditions.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Fig. 1.

Dexamethasone effects on behavior and memory related proteins. A) Context and cued recall freezing responses in the fear conditioning behavioral paradigm of Tg2576 mice treated with either saline (n = 5 open bars) or 5 mg/kg dexamethasone (n = 6, closed bars) for 28 d (p < 0.02). B) Representative western blots for pCREB, CREB, cFOS, PSD95, or synaptophysin (SYP) in brain homogenates from Tg2576 mice receiving dexamethasone (Dex) or PBS (control). C) Representative immunofluorescence staining of synaptophysin (SYP) in brain sections from Tg2576 mice receiving dexamethasone (Dex) or PBS (control). C) Representative immunofluorescence staining of synaptophysin (SYP) in brain sections from Tg2576 mice receiving dexamethasone (Dex) or PBS (control). D) Densitometric analyses of the immunoreactivities to the antibodies shown in panel B (control: open bars; dexamethasone: closed bars).



#### Fig. 2.

Dexamethasone elevates RIPA-soluble  $A\beta_{40}$  peptides. A) Dexamethasone treatment (n = 6, closed bars) elevates RIPA soluble  $A\beta_{40}$  without altering RIPA soluble  $A\beta_{42}$ , FA soluble  $A\beta_{40}$  or FA insoluble  $A\beta_{42}$  in the brains of Tg2576 mice compared to controls (n = 5, open bars) (\*p < 0.004). B) Representative western blots for A $\beta$ PP, ADAM-10, BACE-1, PS1, PEN-2, APH-1, and NCT in brain homogenates from Tg2576 mice treated with either PBS (control) (n = 5 open bars) or 5 mg/kg dexamethasone (Dex) (n = 6, closed bars). C) Densitometric analyses of the immunoreactivities to the antibodies shown in panel B (control: open bars; dexamethasone: closed bars).



#### Fig. 3.

Dexamethasone decreases tau phosphorylation. A) Representative western blots for total tau (Tau 1), phosphorylated tau at ser202/thr205 (AT8), at thr181 (AT270), at thr231/ser235 (AT180), and at ser 396 in brain homogenates from Tg2576 mice treated with either PBS (control) (n = 5 open bars) or 5 mg/kg dexamethasone (Dex) (n = 6, closed bars). B) Ratios for the densitometric analyses of the immunoreactivities to the antibodies shown in B (control: open bars; dexamethasone: closed bars) (\*p < 0.001 for AT180, and p < 0.02 for ser396). C) Immunohistochemistry of brain sections from Tg2576 mice treated with either PBS (control) or dexamethasone (Dex) reveals similar tau 1 but diminished AT180 and ser396 immunostaining in Dex-treated mice.



#### Fig. 4.

Dexamethasone treatment alters GSK3 $\beta$  level and activity. A) Representative western blots for GSK3 $\alpha$ , GSK3 $\beta$ , p-GSK3 $\alpha$ , p-GSK3 $\beta$ , cdk5, p35, and p25 in brain homogenates from Tg2576 mice treated with PBS (control) (n = 5 open bars) or Dexamethasone (Dex) (n = 6closed bars). B) Densitometric analyses of the immunoreactivities to the antibodies shown in A (control: open bars; dexamethasone: closed bars) (p < 0.004). C) Ratios between total and phosphorylated forms of GSK-3 proteins (control: open bars; dexamethasone: closed bars) (p < 0.004). D) GSK3 $\beta$  activity in brain homogenates from Tg2576 mice treated with PBS (control) (n = 5 open bars) or Dexamethasone (Dex) (n = 6 closed bars) (p < 0.005).



#### Fig. 5.

Deficits in cued recall correlate with tau hypophosphorylation. Percentage freezing time in the cued recall phase of fear conditioning as show in Fig. 1 did not correlated with levels of A) AT8 or B) AT270 but did correlate with levels of AT180 and Ser396. Open circles represent control animals (n = 5) and closed black circles represent dexamethasone-treated animals (n = 6).