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# Cell-cell interaction between vocal fold fibroblasts and bone marrow mesenchymal stromal cells in three-dimensional hyaluronan hydrogel

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# Abstract

Mesenchymal stromal cells (MSCs) are multipotential adult cells present in all tissues. Paracrine effects and differentiating ability make MSCs an ideal cell source for tissue regeneration. However, little is known about how interactions between implanted MSCs and native cells influence cellular growth, proliferation, and behaviour. By using an in vitro three-dimensional (3D) co-culture assay of normal or scarred human vocal fold fibroblasts (VFFs) and bone marrowderived MSCs (BM-MSCs) in a uniquely suited hyaluronan hydrogel (HyStem-VF), we investigated cell morphology, survival rate, proliferation and protein and gene expression of VFFs and BM-MSCs. BM-MSCs inhibited cell proliferation of both normal and scarred VFFs without changes in VFF morphology or viability. BM-MSCs demonstrated decreased proliferation and survival rate after 7 days of co-culture with VFFs. Interactions between BM-MSCs and VFFs led to a significant increase in protein secretion of collagen I and hepatocyte growth factor (HGF) and a decrease of vascular endothelial growth factor (VEGF), monocyte chemotactic protein-1 (MCP-1) and interleukin-6 (IL-6). In particular, BM-MSCs significantly upregulated matrix metalloproteinase 1 (MMPI) and HGF gene expression for scarred VFFs compared to normal VFFs, indicating the potential for increases in extracellular matrix remodelling and tissue regeneration. Application of BM-MSCs-hydrogels may play a significant role in tissue regeneration, providing a therapeutic approach for vocal fold scarring.

# Keywords

BM-MSCs; VFFs; three-dimensional co-culture; cell regulation; hydrogel

# 1. Introduction

Wound healing is a complex, dynamic process of restoring cellular and tissue structure. It consists of inflammatory, proliferative and remodelling phases with well-organized interactions among various types of cells and cytokines, including platelets, macrophages, mesenchymal stromal cells (MSCs), resident cells (fibroblasts and epithelial cells), released

#### Conflict of interest

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platelet-derived growth factor (PDGF), interleukin-6 (IL-6), monocyte chemotactic protein-1 (MCP-1), transforming growth factor (TGF), vascular endothelial growth factor (VEGF) and hepatocyte growth factor (HGF) (Hollinger *et al.*, 2008). This intricate process is susceptible to interruption or failure, leading to the formation of non-healing chronic wounds and scar. Specific to vocal folds, scarring causes abnormal tissue structure and function resulting in vocal hoarseness and fatigue, significantly decreasing one's quality of life (Ma and Yiu, 2001). To date, a number of regenerative medicine strategies have been investigated for the prophylaxis and treatment of vocal fold scarring. These include the application of synthetic extracellular matrix (ECM) hyaluronan hydrogel (Duflo *et al.*, 2006b; Thibeault *et al.*, 2010), cell implantation (Halum *et al.*, 2007) and utilization of biomaterials and cells concurrently (Ohno *et al.*, 2011). Further *in vitro* investigation is necessary to provide support for future *in vivo* regenerative medicine based therapies for vocal fold tissue fibrosis.

Because wound healing and tissue regeneration involves interaction and regulation between cells, it is essential to understand how communication between different cell types can affect regenerative outcomes. Vocal fold fibroblasts (VFFs), the main cellular component of vocal fold lamina propria, plays a vital role in the maintenance, development and repair of the ECM of vocal fold lamina propria (Gray et al., 2000). MSCs are multipotential adult stromal cells present in all tissues, which can be activated upon entering wounds or other damaged tissue, producing a broad range of bioactive molecules that have roles in immunomodulation, anti-apoptosis, angiogenesis, support of the growth and differentiation of local stem and progenitor cells, anti-scarring and chemoattraction (Caplan, 2010). Since 1995, bone marrow-derived MSCs (BM-MSCs) have been used in Phase I/II clinical trials in other parts of the body to treat scarring and tissue deficits (Langston, 2005; Mazo et al., 2012). Moreover, attention has been directed at the potential of BM-MSCs therapy for the prevention and treatment of vocal fold scar (Hong et al., 2011; Svensson et al., 2011). To date there is a paucity of data defining interactions between BM-MSCs and native tissue cells, specifically in a biomaterial environment. Investigations regarding in vitro stromal cell communication and therapeutics for vocal fold scar require complex multicellular structures - multiple cell types and a three-dimensional (3D) ECM. For this investigation, we developed an in vitro 3D co-culture assay using VFFs, BM-MSCs and hyaluronan hydrogel HyStem-VF. HyStem-VF has been shown previously to be biocompatible with human VFFs (Chen and Thibeault, 2010a) to regulate human VFFs function, enhance ECM remodelling (Chen and Thibeault, 2010b) and improve tissue regeneration and vocal fold scarring (Duflo et al., 2006b). The purpose of this investigation was to elucidate in vitro cooperative aspects of VFFs and BM-MSCs in HyStem-VF and to characterize cellular behaviour parameters, including cell morphology, proliferation, viability and profiling of various bioactive proteins and genes. Our hypothesis was that in 3D, BM-MSCs and VFFs regulate each other's proliferation rates without a significant effect on cell morphology and viability. We further hypothesize that through paracrine effects BM-MSCs regulate VFFs ECM production to promote tissue regeneration, providing *in vitro* support for our long-term goal - employing BM-MSCs in combination with hydrogels as an injectable therapeutic for vocal fold scarring.

# 2. Materials and methods

#### 2.1. Human vocal fold fibroblasts and BM-MSCs

BM-MSCs were derived from bone marrow of healthy donors, based on protocols approved by the University of Wisconsin Health Science Institutional Review Board (IRB) after obtaining informed consent from the donors (Hanson *et al.*, 2010). VFFs were isolated from normal and scarred vocal folds of human donors (Chen and Thibeault, 2008; Jette *et al.*, 2013), based on protocols approved by the University of Wisconsin Health Science IRB. BM-MSCs and VFFs were expanded using Dulbecco's modified Eagle's medium (DMEM) containing 10% fetal bovine serum (FBS). Passages 4–8 of these primary cells were used for all experiments.

#### 2.2. Hyaluronan-gelatin hydrogel

HyStem–VF is an injectable chemically modified hyaluronan-gelatin hydrogel (Biotime Inc., Alameda, CA, USA), which was obtained by mixing 1 ml 1.4% w/v thiol-modified semi-synthetic glycosaminolycan analogous (Glycosil) with 75 μl 1.0% w/v thiol-modified gelatin (Gelin-S) and crosslinking this mixture with 8.2% w/v Extralink (PEGDA), as previous described (Shu *et al.*, 2003). The final concentration of HyStem–VF was 1.2% Glycosil, 0.06% Gelin-S and 0.8% PEGDA. All components were dissolved in sterile water in a cell culture hood to ensure sterility. At room temperature, HyStem–VF casts in about 5 min.

#### 2.3. 3D co-culture of VFFs and BM-MSCs

In co-culture, primary normal or scarred VFFs were seeded at  $1\times10^5$  cells/well in a sixwell plate [tissue culture polystyrene (TCP)] in DMEM–10% FBS medium. After incubation at 37 °C for 4 h, a transwell insert with 500 µl mixture of BM-MSCs and HyStem–VF ( $2\times10^6$  cells/ml) was plated into the well with VFFs (Figure 1). All cells and hydrogel were covered by medium and co-cultures were maintained for 7 days. 3D co-culture allows cells to maintain contact distance without physical contact. Cell concentration was calculated to maintain constant cell–cell distance; a cell concentration of  $1\times10^6$ /ml in 3D is equivalent to a plating density of  $1\times10^4$  cells/cm² (Semino *et al.*, 2003). As controls, monocultures of VFFs on TCP or BM-MSCs in 3D HyStem–VF were established using the same methods as noted above. All experiments were performed in triplicate.

#### 2.4. Immunostaining and confocal microscopy

After 1 week of co-culture, VFFs and BM-MSCs were separately fixed in 4% paraformaldehyde for 30 min. After washing, the cells were permeabilized three times with  $1\times$  PBS with 0.1% Triton X-100 for 5 min. Following blocking (in 5% normal goat serum), the cells were incubated with 1:200 mouse anti-human-prolyl 4-hydroxylase antibody for 90 min (hPH; Millipore, Billerica, MA, USA) and detected with 1:100 Alexa488-conjugated goat anti-mouse secondary antibody (Molecular Probes, Eugene, OR, USA) for 60 min at room temperature. Nuclei were labelled with DAPI (mounting medium with DAPI, Vector Laboratories, Burlingame, CA, USA). Cell morphological features were examined and the

images were captured using an inverted confocal microscope (Nikon A1R, Melville, NY, USA).

#### 2.5. Cell viability assay

Cell viability of BM-MSCs and VFFs was separately semi-quantified using a Live/Dead Viability/Cytotoxicity Assay (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instructions. This assay is based on the simultaneous determination of live and dead cells with two-colour fluorescence probes (calcein acetoxymethyl ester–calcein AM and ethidium homodimer 1-EthD-1) that measures recognized parameters of cell viability–intracellular esterase activity and plasma membrane integrity. This assay has been used to quantify apoptotic cell death and cell-mediated cytotoxicity (Lichtenfels *et al.*, 1994). After 7 days of co-culture, VFFs and BM-MSCs incubated separately with staining solution (2 µM calcein AM and 4 µM EthD-1 in PBS) at room temperature for 30 min. Following incubation, cells were imaged using a Nikon E600 fluorescence microscopy-equipped (Nikon Instruments, Melville, NY, USA) Olympus DP71 CCD (Olympus America, San Jose, CA, USA) at ×10 magnification, using green and red filters. The percentage of live and dead cells was determined using MetaMorph software for each condition in quadruplicate. A minimum of 100 cells were counted for each image.

# 2.6. Cell proliferation assay

VFFs were seeded at  $1\times10^4$  cells/well in 24-well plates and grown for 4 h prior to adding the insert with BM-MSCs and HyStem–VF ( $1\times10^5$  cells/well in 200  $\mu$ l HyStem–VF). After 1, 4 and 7 days of co-culture, cell numbers of VFFs and BM-MSCs were separately monitored in quadruplicate, using CellTiter-Glo Luminescent Cell Viability Assay (Promega, Madison, WI, USA). Briefly, 200  $\mu$ l medium was gently removed from each well and 200  $\mu$ l CellTiter-Glo reagent was added into each well with VFFs or BM-MSCs. After 10 min of incubation at room temperature, the luminescent output was read on a Flex Station III plate-reader (Molecular Devices, Sunnyvale, CA, USA). The luminescent signal reflects the ATP level and is proportional to the number of viable cells (Chen and Thibeault, 2010a; Crouch *et al.*, 1993).

### 2.7. Gene expression analysis

Total RNA was separately extracted from VFFs and BM-MSCs after 24 h of co-culture, using an RNeasy Mini Kit (Qiagen, Valencia, CA, USA) and reverse-transcribed using a QuantiTect Reverse Transcription Kit (Qiagen). mRNA from the cDNA sample was applied with specific primer pairs (Table 1) for matrix metalloproteinase 1 (*MMP1*), tissue inhibitor of metalloproteinase 3 (*TIMP3*), collagen I  $\alpha$ -2 (*Col1*), collagen III  $\alpha$ -1 (*Col3*), *IL*-6, *VEGF*, *HGF* and the housekeeping gene  $\beta$ -actin (internal control). Reactions were performed using SYBR-Green PCR Master Mix (Roche, Basel, Switzerland) in the Light Cycler System (Roche) with a standard curve method, as described previously (Chen and Thibeault, 2010a). Results are calculated by each target gene mRNA (ng/ $\mu$ l) normalized to the housekeeping gene  $\beta$ -actin mRNA (ng/ $\mu$ l).

#### 2.8. Secreted cytokines and proteins

After 48 h of co-culture, conditioned media were collected for all conditions. Secreted cytokines and proteins, which included MCP-1, IL-6, VEGF, HGF, TGF $\beta$ 1, HGF, collagen I and collagen III, were analysed by enzyme-linked immunosorbent assay (ELISA; Invitrogen; except for collagen I, MD Bioproducts, St. Paul, MN, USA; and collagen III, My Biosource, San Diego, CA, USA), according to manufacturers' instructions.

#### 2.9. Statistical analyses

Values of cellular ATP, cell survival rate, protein and gene expression were expressed as mean  $\pm$  standard deviation (SD). Analysis of variance (ANOVA) with Fisher's protected least significant difference tests was performed to examine: (a) effect of co-culture on cell proliferation at different time points: (b) effect of co-culture on cell survival rate; (c) effect of co-culture on protein expression of cytokines and collagens; and (d) effect of co-culture on gene expression of cytokines, collagens and growth factors. Prior to all analyses, data were rank-transformed. p 0.05 was considered significant. All analyses were performed using SAS statistical software (SAS Institute, Cary, NC, USA).

#### 3. Results

# 3.1. Morphological features of co-cultured VFFs and BM-MSCs

Representative photographs for each type of cell under different culture conditions are presented in Figure 2. After 1 week of culture with and without BM-MSCs, normal and scarred VFFs maintained their typical spindle shape (Figure 2A–D). BM-MSCs in 3D HyStem–VF demonstrated rounded morphological features (Figure 2E); after co-culture with VFFs (normal and scarred) BM-MSCs sustained this rounded morphology (Figure 2F, G). After a 2 week culture period, VFFs and BM-MSCs (including controls and co-cultured cells) maintained similar morphological features as described for 1 week (data not shown).

#### 3.2. Effect of co-culture on cell proliferation

In order to investigate the effect of co-culture on cell proliferation, total ATP values, which are proportional to the number of viable cells, were investigated separately for VFFs and hydrogel-encapsulated BM-MSCs (Figure 3). After 1 week of culture, scarred VFFs growth was slower than normal VFFs (p<0.001), proliferation rates for both normal and scarred VFFs were significantly suppressed by BM-MSCs compared to their monoculture controls (p<0.001; Figure 3A). In contrast, proliferation of BM-MSCs on days 1 and 4 was not significantly affected by either VFFs (Figure 3B). On day 7, proliferation of BM-MSCs was significantly inhibited by both normal and scarred VFFs compared to control (p<0.001 and p<0.05, respectively).

#### 3.3. Effect of co-culture on cell survival rate

After 1 week of co-culture, cellular live/dead indicator dyes (calcein AM and EthD-1) were directly added to each kind of cell from different conditions and after 30 min images were captured and analysed (Figure 4). For day 7, normal and scarred VFFs with or without co-cultured BM-MSCs demonstrated few dead (red) cells among many live (green) cells

(Figure 4A–D, H). There was no significant differences in VFFs survival rate between monoculture and co-culture (p>0.05). For BM-MSCs monoculture there was a significant increase in the number of dead cells compared to monocultured VFFs (Figure 4E; p<0.0001). Co-culture with both normal and scarred VFFs (Figure 4F, G) significantly reduced BM-MSCs survival percentage from 80.5% to 64.0–65.4%, respectively (Figure 4H; p<0.01).

#### 3.4. Effect of co-culture on the gene expression of VFFs and BM-MSCs

In order to examine the effect of co-culture on gene expression of VFFs and BM-MSCs, mRNA transcript expression was measured independently for VFFs and BM-MSCs, using real-time PCR. Investigated genes included wound healing-related VEGF and HGF ECM regulation-related collagen type I a-2 (Col1), collagen type III a-1 (Col3), MMP1 and TIMP3, and an inflammatory cytokine, IL-6. After 24 h, monocultured scarred VFFs demonstrated significantly higher expression of Col1, Col3, MMP1 and TIMP3 compared to monocultured normal VFFs (p < 0.05, p < 0.01, p < 0.01 and p < 0.05, respectively), and coculture with BM-MSCs caused further increases in expression of Col1, MMP1 and TIMP3 compared to scarred VFFs monoculture (p < 0.05, p < 0.01 and p < 0.05, respectively; Figure 5A and Table 2). In particular, MMP1 expression from scarred VFFs increased 4.19 times in the presence of BM-MSCs. We also observed that significantly lower levels of VEGF and HGF genes were expressed in monocultured scarred VFFs compared to monocultured normal VFFs (both p < 0.05), and BM-MSCs significantly upregulated their expression levels for both VFFs compared to their monoculture (p < 0.05 and p < 0.01, respectively). IL-6 gene expression from monocultured scarred VFFs was significantly higher than normal VFFs (p<0.01) and BM-MSCs significantly decreased IL-6 gene expression in scarred VFFs (p < 0.05).

In addition to the effect of BM-MSCs on VFFs, VFFs influenced BM-MSCs gene expression (Figure 5B and Table 2). After 24 h, *Col1* gene expression from BM-MSCs was significantly upregulated by the presence of normal VFFs (p<0.01) and *Col3* and *MMP1* genes were also significantly increased by co-culture with scarred VFFs compared with monoculture BM-MSCs (both p<0.01). *HGF* transcript level was significantly upregulated when co-cultured with both VFFs (both p<0.01). Finally, *VEGF* and *IL*-6 gene expressions of BM-MSCs were downregulated by both types of VFFs (p<0.01 and <0.05) and *TIMP3* expression was significantly decreased by normal VFFs (p<0.05).

# 3.5. Collagens, cytokines and growth factors released from co-cultured VFFs and BM-MSCs

To examine protein levels of collagens, inflammatory cytokines and growth factors secreted from VFFs and BM-MSCs, ELISA assays were performed on conditioned media from 48 h monocultures and co-cultures (Figure 6 and Table 3). Monocultured scarred VFFs produced significantly lower TGF $\beta$ 1 and HGF and higher IL-6 than normal VFFs (p<0.05, p<0.01 and p<0.05, respectively). Both types of VFFs have similar levels of collagens (I and III), MCP-1 and VEGF. However, monocultured BM-MSCs secreted more collagen I, MCP-1, TGF $\beta$ 1, VEGF and IL-6 and less HGF than monocultured VFFs (p<0.05 and p<0.01, respectively). Interestingly, monocultured BM-MSCs produced significantly greater protein

levels for all markers assayed except collagen III. After 48 h for VFFs (scarred and normal) BM-MSCs co-culture, protein levels of collagen I and HGF significantly increased compared to monocultured BM-MSCs (p<0.05 and p<0.01, respectively). Co-culture of VFFs and BM-MSCs did not result in significant changes in collagen III and MCP-1 levels (p>0.05). BM-MSCs incubated with normal VFFs caused significant increases in TGF $\beta$ 1 (p<0.05) but co-culture with scarred VFFs resulted in significantly less TGF $\beta$ 1 release (p<0.05). Co-culture of normal VFFs and BM-MSCs significantly decreased the production of VEGF and IL-6 compared to monocultured BM-MSCs (p<0.05 and p<0.01, respectively), but co-culture of scarred VFFs and BM-MSCs did not cause significant changes in VEGF and IL-6 production (Table 3).

#### 4. Discussion

Vocal fold scar remains one of the most perplexing, frustrating and resistant conditions to treat among all conditions affecting voice (Hirano, 1995; Benninger et al., 1996; Hansen and Thibeault, 2006). Treatment outcomes for patients with vocal fold scarring remain grim despite remediative efforts that have been undertaken to date (see reviews, Benninger et al., 1996; Bless and Welham, 2010; Hansen and Thibeault, 2006). HyStem-VF, a HA-based hydrogel, has been extensively studied and shown to have the ideal biomechanical properties for the vocal fold (Chen and Thibeault, 2010a; Oian et al., 2012; Serban et al., 2008) and improves vocal fold wound healing in several animal models (Duflo et al., 2006a; Thibeault et al., 2010). Seeding this injectable hydrogel with cells such as BM-MSCs that may be able regenerate the lost/fibrotic ECM of the vocal fold directly or through paracrine effects is a treatment strategy that requires in vitro validation prior to moving to in vivo trials. The goal of this investigation was to provide insight as to how BM-MSCs embedded in 3D hydrogel would interact with native VFFs - normal and scarred VFFs, cells that would interact with BM-MSCs once injected in HyStem-VF. We were particularly interested in determining differential regulation on cell proliferation and collagen synthesis as well as cytokine production as indicators of wound healing and tissue regeneration.

Increasing the percentage of live and proliferating cells post-implantation is critical to the success of the cell transplantation and tissue regeneration. As cell proliferation was assessed as a means to normalize cytokine production, we measured significant decreases in proliferation for all cells when co-cultured vs monocultured, with overall proliferation increasing over a 7 day period. Concomitantly, there was significant increase in the number of dead BM-MSCs when co-cultured vs monocultured. The literature supports the attenuation of proliferation in cardiac fibroblasts treated with BM-MSCs conditioned media (Ohnishi et al., 2007a) and of ferret vocal fold scar fibroblasts co-cultured with adiposederived stromal cells (Kumai et al., 2010). Conversely, decreased viability of MSCs has been measured when BM-MSCs were co-cultured with gingival fibroblasts (Proksch et al., 2012). Given that all cell types demonstrated decreased proliferation, there appears to be cross-talk in 3D co-culture between BM-MSCs and VFFs. Normal and scar fibroblasts decreased the viability of BM-MSCs through unknown mechanisms that may be associated to the fact that BM-MSCs and tissue-resident fibroblasts display similar morphology, surface markers, gene profile and differentiation ability (Haniffa et al., 2009; Hanson et al., 2010) and have some functional overlap (François et al., 2006). Further, fibroblasts from various tissue sites have

been shown to inhibit mitogen- and allo-antigen-stimulated T cell proliferation (Donnelly *et al.*, 1993; Korn, 1981; Sarkhosh *et al.*, 2003; Shimabukuro *et al.*, 1992) and IFN $\gamma$  production (Le and Vilcek, 1987) in exactly the same vein as more recent reports using MSCs (Krampera *et al.*, 2003). Indeed VFFs, characterized as a type of MSCs, may be attenuating proliferation in a manner similar to BM-MSCs. Further investigation is warranted.

BM-MSCs may exert paracrine antifibrotic effects, at least in part, through inhibition of collagen synthesis. Ohnishi et al. (2007a) reported that BM-MSCs conditioned medium significantly attenuated inhibited collagen I and III expression in cardiac fibroblasts. Adipose-derived stromal cells significantly decreased collagen production in scar fibroblasts (Kumai et al., 2010). Previous studies have shown that in scarred fibroblasts, mRNAs for type I procollagen (Kopp et al., 2005), type I collagen (Song et al., 2011) and type XI collagen (Jette et al., 2013) are intrinsically elevated. Therefore, there has been considerable interest in agents that can inhibit or modulate collagen synthesis in fibrotic diseases. Here, we found that in scarred VFFs gene expression levels of collagen I and III were higher than with normal VFFs. This data matches pathophysiological features of vocal fold scar with excess collagen synthesis and deposition (Hirano et al., 2009). However, we did not observe significantly higher collagen protein levels from scarred VFFs medium. Our use of 48 h conditioned media for collagen protein assays may have been too short a time period to measure protein changes. Moreover, we also demonstrated that scarred VFFs produced and secreted higher IL-6 transcript levels than normal VFFs. Excessive secretion of IL-6 is thought to contribute to the pathogenesis of many diseases, such as asthma (Doganci et al., 2005), idiopathic pulmonary fibrosis (Saito et al., 2008) and rheumatoid arthritis (Nishimoto, 2006). IL-6 may have direct role in mediating tissue damage and in patients an elevated level of IL-6 correlates with disease activity (Linker-Israeli et al., 1991). Therefore, inhibitors of IL-6 production or IL-6 receptor-mediated signal transduction may be a potential treatment of fibrosis. Our findings that co-cultured BM-MSCs significantly downregulated IL-6 expression in scarred VFFs suggests that use of BM-MSCs may be an alternative fibrosis treatment approach via modulation of IL-6.

When VFFs were co-cultured with BM-MSCs, HGF protein levels were significantly increased, particularly for BM-MSCs VFFs conditions. HGF is thought to have strong antifibrotic activity through its stimulation of hyaluronic acid (HA) and suppression of collagen I production (Hirano *et al.*, 2003, 2004; Matsumoto and Nakamura, 1997). Using real-time PCR, we were able to show more conclusively that a high level of HGF protein mainly results from the influence of BM-MSCs on VFFs. As previous studies have shown, adipose-derived stromal cells could potentially ameliorate vocal fold scar by acting as long-term, intrinsic sources of HGF (Kumai *et al.*, 2010). Further, BM-MSCs increased HGF may play a role in regeneration, as increases in HGF have caused tissue regeneration in the liver, kidney and lung (Matsumoto and Nakamura, 1997; Ueki *et al.*, 1999; Xue *et al.*, 2003). Interestingly, we measured higher production of HGF and VEGF by normal VFFs than that produced by scarred VFFs. The lower HGF and VEGF in scarred VFFs may be part of the molecular mechanism of scar formation (Kumai *et al.*, 2010) and is consistent with lower HGF levels measured in vocal fold scarring, and injections of HGF has been shown to improve tissue structure and function in various animal vocal fold scar models.

Besides HGF, other paracrine factors released by BM-MSCs may alter the ECM, resulting in favourable remodelling. A number of molecules expressed in BM-MSCs involved in biogenesis of ECM, such as collagens, MMPs and TIMPs, suggest that transplanted MSCs can inhibit fibrosis (Ohnishi *et al.*, 2007b). Xu *et al.* (2005) evaluated the effects of grafting BM-MSCs on ECM in infarcted rat hearts, and showed that BM-MSCs transplantation significantly attenuated the increased cardiac expression of collagens I and III, TIMP-1 and TGFβ observed in infarcted control hearts. Here, we found that co-cultured BM-MSCs upregulated *MMP1*, *TIMP3* and *VEGF* gene expression for both types of VFFs, without evidence of increasing *IL*-6 expression for VFFs/BM-MSCs co-culture. In particular, co-cultured BM-MSCs significantly up-regulated *MMP1* expression in scarred VFFs, leading to an enhanced *MMP1:TIMP3* ratio. This suggests that co-culture-induced *MMP1*, *TIMP3* and *VEGF* gene expression may potentially enhance ECM regulation, remodelling and *angiogenesis without increasing inflammation, whereby promoting normal wound-healing processes* (Chen and Thibeault, 2010b; Wolfram *et al.*, 2009).

A limitation of our study warrants discussion. Transwell inserts were used to physically separate our cell types in co-culture. Where our gene expression results are from individual cell types, protein expression results are from both cell types in co-culture, whereby it is not possible to determine the specific cell contribution to total ELISA levels, as the ECM markers and cytokines may be produced by both cell types. We utilized monoculture controls as a mechanism to understand collective protein production.

#### 5. Conclusion

We developed an *in vitro* fibroblast and hydrogel-embedded BM-MSCs co-culture assay suitable for investigating the complex interactions among different cells and implanted biomaterials. This system has contributed to a better understanding of the molecular biology mechanisms related to the cell–cell interactions within a hyaluronan biomaterial environment. Our findings provide quantitative evidence to support the hypothesis that fibroblasts and hydrogel-embedded BM-MSCs are capable of modulating cellular behaviour via cytokines and growth factor production, thereby providing an *in vitro* regenerative milieu for vocal fold scarring.

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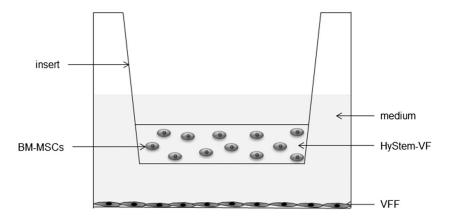
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**Figure 1.** Schematic of 3D co-culture

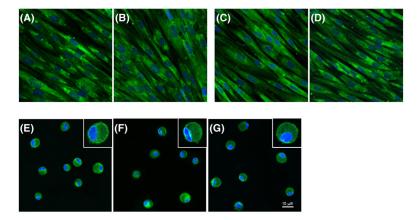


Figure 2. Cell morphology after 1 week of culture: (A) monoculture normal VFFs; (B) normal VFFs after co-culture with BM-MSCs; (C) monoculture scarred VFFs; (D) scarred VFFs after co-culture with BM-MSCs; (E) monoculture BM-MSCs in 3D HyStem–VF; (F) BM-MSCs in 3D HyStem–VF co-culture with normal VFFs; (G) BM-MSCs in 3D HyStem–VF co-culture with scarred VFFs. Cells were stained with p4h (green) and nuclei were counterstained with DAPI (blue). Scale bar =  $10 \mu m$ 

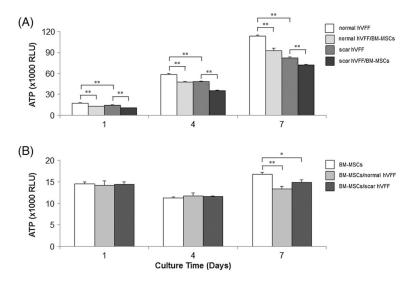


Figure 3. Effect of co-culture on cell proliferation. VFFs were seeded at 10 000 cells/well and grown for 4 h prior to co-culture with BM-MSCs (100 000 cells/well in 3D HA). On days 1, 4 and 7, viable cell numbers of VFFs and BM-MSCs were separately evaluated by ATP amount (RLU) in quadruplicate. Data shown represent mean  $\pm$  SD of a single representative experiment. (A) ATP levels of VFFs (normal and scarred VFFs) in monoculture and BM-MSCs co-culture conditions; (B) ATP levels of BM-MSCs in monoculture and co-culture conditions. \*p<0.05; \*\*p<0.01

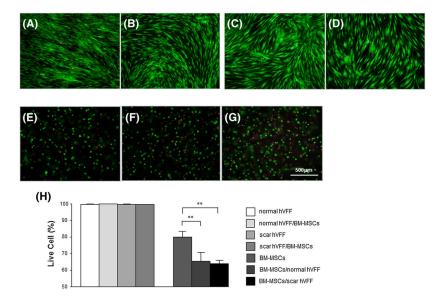


Figure 4. Effect of 3D co-culture on cell viability. After 1 week of monoculture and co-culture, live/dead microscopy images of VFFs and BM-MSCs in HyStem–VF were taken: (A) monocultured normal VFFs; (B) co-cultured normal VFFs; (C) monocultured scarred VFFs; (D) co-cultured scarred VFFs; (E) monocultured BM-MSCs in HyStem–VF; (F) normal VFFs co-cultured BM-MSCs in HyStem–VF; (G) scarred VFFs co-cultured BM-MSCs in HyStem–VF. Green, viable cells; red, dead cells. Scale bar =  $500 \, \mu m$ . (H) Live cells (%) were analysed by Metamorph software. \*p < 0.05; \*\*p < 0.01

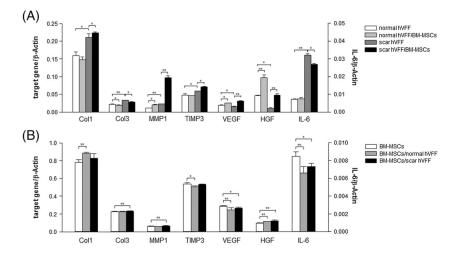


Figure 5. Effect of co-culture on gene expression. After 24 h of monoculture and co-culture, gene expression was separately assayed for VFFs and BM-MSCs. Data are expressed as mRNA expression for collagen I (*Col1*), III (*Col3*), *MMP-1*, *TIMP3*, *VEGF*, *HGF* and *IL-6* genes (ng/µl) relative to  $\beta$ -Actin (ng/µl). Values are expressed as mean  $\pm$  SD of triplicate assays. \*p <0.05; \*\*p <0.01. (A) mRNA levels of monoculture normal and scarred VFFs, and BM-MSC co-cultured normal and scarred VFFs; (B) mRNA levels of monocultured BM-MSCs, and VFFs (normal and scarred) co-cultured BM-MSCs

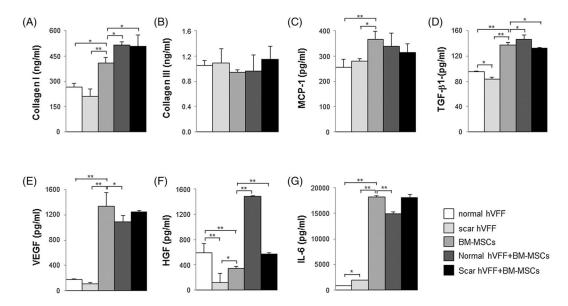


Figure 6. Effect of co-culture on secreted proteins, growth factors and cytokines. After 48 h of monoculture and co-culture, conditioned media were collected and tested by ELISA for: (A) collagens I; (B) collagen III; (C) MCP-1; (D) TGF $\beta$ I; (E) VEGF; (F) HGF; and (G) IL-6. \*p <0.05; \*\*p<0.01

Table 1

Primer sequences and products of RT–PCR

Gene	GeneBank no.	Forward primer	Reverse primer	Size (bp)
Collagen I-a2	NM_000089	5'-AACAAATAAGCCATCACGCCTGCC-3'	5'-TGAAACAGACTGGGCCAATGTCCA-3'	101
Collagen III-a1	NM_000090	5'-CCATTGCTGGGATTGGAGGTGAAA-3'	5'-TTCAGGTCTCTGCAGTTTCTAGCGG-3'	187
MMP1	NM_002421	5'-TGCAACTCTGACGTTGATCCCAGA-3'	5'-ACTGCACATGTGTTCTTGAGCTGC-3'	122
TIMP3	NM_000362	5'-TGATGCAGCACACAATTCCC-3'	5'-AAGCTCTGTTATTCTGGCCTGGGT-3'	102
VEGF	NM_003376	5'-ACACATTGTTGGAAGAAGCAGCCC-3'	5'-AGGAAGGTCAACCACTCACACACA-3'	179
HGF	NM_000601	5'-GGCCCACTTGTTTGTGAGCAACAT-3'	5′-TGGTGGGGTGCTTCAGACACACTTA-3′	84
β-Actin	NM_001101	5'-ACGTTGCTATCCAGGCTGTGCTAT-3'	5'-CTCGGTGAGGATCTTCATGAGGTAGT-3'	188

Table 2

Summary of relative changes in gene expression levels for VFFs and BM-MSCs during monoculture and after co-culture

	Collagen I	Collagen I Collagen III MMP1 TIMP3 VEGF HGF IL-6	MMP1	TIMP3	VEGF	HGF	IT-6
Monocultured normal VFFs control							
Monocultured scarred VFFs	*	*	*	*	*	*	*
Monocultured normal VFFs control							
Co-cultured normal VFFs with BM-MSCs	I	*	*	I	*	*	
Monocultured scarred VFFs control							
Co-cultured scarred VFFs with BM-MSCs	*	*	**	*	**	**	*
Monocultured BM-MSCs control							
Co-cultured BM-MSCs with normal VFFs	***	I		*	*	*	*
Co-cultured BM-MSCs with scarred VFFs		**	**		*	**	*

▲. Upregulation▼. downregulation

-, no significant change

p < 0.05 \*\* p < 0.01.

Table 3

Summary of relative changes in collagen, growth factors and inflammatory cytokine production for VFFs and BM-MSCs in the presence conditional media during monoculture and co-culture

	Collagen I	Collagen I Collagen III MCP-1 TGF\$\beta\$ VEGF HGF IL-6	MCP-1	$TGF$ $m{eta}$ 1	VEGF	HGF	II-6
Monocultured normal VFFs control							
Monocultured scarred VFFs	I	I	I	*		**	*
Monocultured BM-MSCs	*		**	**	**	*	*
Monocultured scarred VFFs control							
Monocultured BM-MSCs	**	I	*	*	**	*	**
Monocultured BM-MSCs control							
Co-cultured normal VFFs + BM-MSCs	*	1		*	*	**	*
Co-cultured scarred VFFs + BM-MSCs	*			*		**	

▲, upregulation▼, downregulation

-, no significant change

p < 0.05 p < 0.05 p < 0.01.