

Inflammatory Factors of the Tumor Microenvironment Induce Plasticity in Nontransformed Breast Epithelial Cells: EMT, Invasion, and Collapse of Normally Organized Breast Textures<sup>1,2</sup>

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# Abstract

Nontransformed breast epithelial cells that are adjacent to tumor cells are constantly exposed to tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) and interleukin-1 $\beta$  (IL-1 $\beta$ ), two inflammatory cytokines identified as having pro-tumoral causative roles. We show that continuous stimulation of nontransformed breast epithelial cells by TNF $\alpha$  + IL-1 $\beta$  for 2 to 3 weeks induced their spreading and epithelial-to-mesenchymal transition (EMT). The mechanistic bases for this slow induction of EMT by TNF $\alpha$  + IL-1 $\beta$  are: 1) it took 2 to 3 weeks for the cytokines to induce the expression of the EMT activators Zeb1 and Snail; 2) although Twist has amplified the EMT-inducing activities of Zeb1 + Snail, its expression was reduced by TNF $\alpha$  + IL-1 $\beta$ ; however, the lack of Twist was compensated by prolonged stimulation with TNF $\alpha$  + IL-1 $\beta$  that has potentiated the EMT-inducing activities of Zeb1 + Snail. Stimulation by TNF $\alpha$  + IL-1 $\beta$ has induced the following dissemination-related properties in the nontransformed cells: 1) up-regulation of functional matrix metalloproteinases; 2) induction of migratory and invasive capabilities; 3) disruption of the normal phenotype of organized three-dimensional acini structures typically formed only by nontransformed breast cells and spreading of nontransformed cells out of such acini. Our findings suggest that TNF $\alpha$  + IL-1 $\beta$  induce dissemination of nontransformed breast epithelial cells and their reseeding at the primary tumor site; if, then, such detached cells are exposed to transforming events, they may form secondary malignant focus and lead to disease recurrence. Thus, our study reveals novel pathways through which the inflammatory microenvironment may contribute to relapsed disease in breast cancer.

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Abbreviations: 3D, three-dimensional; CM, conditioned medium; EMT, epithelial-to-mesenchymal transition; IL-1 $\beta$ , interleukin-1 $\beta$ ; MMPs, matrix metalloproteinases; qPCR, quantitative real-time polymerase chain reaction; rh, recombinant human; TNF $\alpha$ , tumor necrosis factor– $\alpha$ 

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### Introduction

Breast cancer evolves out of multifactorial and dynamic processes, which are greatly influenced by the tumor microenvironment. Dominated by inflammatory traits, the tumor milieu in breast cancer is enriched with inflammatory cytokines that very often fail to induce immune protective mechanisms but rather skew the balance toward tumor-promoting events. Thus, multifaceted activities exerted by inflammatory cytokines on stroma cells, leukocytes, and the tumor cells themselves lead to increased angiogenesis, tumor growth and progression, and eventually aggravate disease course [1–4].

In this context, major tumor-promoting roles were recently attributed to the cytokines tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) and interleukin-1β (IL-1β). These two cytokines are minimally expressed by normal breast epithelial cells; however, both TNF $\alpha$  and IL-1 $\beta$  are expressed by breast tumor cells in the majority of breast cancer patients, with pronounced expression of both cytokines in >80% of patients who have experienced relapse [5–16]. In murine breast model systems,  $TNF\alpha$ induces many cancer-promoting functions, and inhibiting TNFa expression leads to reduced breast malignancy [17-26]. Thus, in contrast to previous studies suggesting that local administration of TNF $\alpha$  directly into tumors may kill cancer cells, many researchers now consider  $TNF\alpha$ a factor whose chronic expression at the tumor microenvironment leads to a more aggressive tumor phenotype, including in breast cancer [26-29]. Similarly, IL-1β, shown to upregulate a variety of processes that contribute to higher angiogenesis, tumor growth, and progression in breast cancer, is considered a strong and causative pro-malignancy factor whose expression is associated with advanced disease [5-9,16,30-37].

Within the large diversity of the tumor-promoting functions exerted by TNF $\alpha$  and IL-1 $\beta$ , their ability to induce cell remodeling in breast cancer cells was recently discovered. Several publications, including from our group, indicate that TNF $\alpha$  and IL-1 $\beta$  increase tumor cell spreading, epithelial-to-mesenchymal transition (EMT), and invasiveness of breast tumor cells [16,38–43]. EMT is a process in which the tumor cells lose epithelial markers that are required for cell-to-cell adhesion, such as E-cadherin, and acquire mesenchymal properties that promote tumor cell motility and invasiveness, like vimentin [44–48]. In breast cancer, EMT was strongly linked to tumor aggressiveness and metastasis [49–52]; thus by inducing EMT, TNF $\alpha$  and IL-1 $\beta$  manifest yet another level by which the inflammatory microenvironment can promote disease course.

TNF $\alpha$  and IL-1 $\beta$ , both expressed simultaneously in the majority of breast cancer patients with relapsed disease [16], may affect not only cancer cells and cells of the tumor microenvironment but also breast epithelial cells that are present in proximity to the tumor cells and are yet nontransformed. Recent findings have provided sporadic evidence to the ability of TNF $\alpha$  to affect cell morphology and possibly EMT in nontransformed breast epithelial cells [53–55]; however, these studies were performed mainly when TNF $\alpha$  was combined with the strong EMT inducer transforming growth factor– $\beta$ , they did not address the important and most clinically relevant aspect of combined TNF $\alpha$  + IL-1 $\beta$  activities, and they did not provide profound systematic analysis of the mechanisms involved in cell remodeling induced by the cytokines in breast epithelial nontransformed cells.

In the present study, we have addressed these issues and provided in-depth understanding of the effects of TNF $\alpha$ , IL-1 $\beta$ , and both cytokines together on cell plasticity, EMT, and dissemination of nontransformed breast epithelial cells. Briefly, in response to TNF $\alpha$  + IL-1 $\beta$  stimulation, nontransformed breast epithelial cells acquired high spreading capabilities and underwent EMT. Mechanistic analysis indicated that induction of EMT required prolonged stimulation of the cells by TNF $\alpha$  + IL-1 $\beta$  and this was because of complex regulatory processes of the EMT activators Zeb1, Snail, and Twist. When analyzing the functional implications of cell remodeling and EMT induced by TNF $\alpha$  + IL-1 $\beta$  stimulation, we found that the two cytokines together have induced high release of matrix metalloproteinases (MMPs) by the cells, migration, invasion, distortion of three-dimensional (3D) acini structures that are typically formed only by nontransformed breast epithelial cells [56,57], and spreading of the nontransformed cells out of such ordered acini structures.

Overall, the findings of this study suggest that nontransformed breast epithelial cells located in TNF $\alpha$  + IL-1 $\beta$ -enriched tumors respond to the two cytokines by increased EMT, migration, and invasion. As a result of these processes, nontransformed breast epithelial cells may detach and migrate out of normally organized breast structures that may have still remained in proximity to the tumor, disseminate, and reseed at the primary tumor site. Such cells may be then exposed to transforming events prevalent at the inflammatory microenvironment of breast tumors, such as nitric oxide (NO) that induces mutagenesis [58–60]. Such a process may consecutively lead to formation of a new tumor focus adjacent to the primary focus, where the tumor was initiated. These events may stand on the basis of cases of breast cancer recurrence, which have been highly correlated with elevated expression of TNF $\alpha$  + IL-1 $\beta$  [16] and thus have major clinical implications.

### **Materials and Methods**

## Cells

The nontransformed human breast epithelial MCF-10A cells [61,62] (kindly provided by Prof. Berger, Chaim Sheba Medical Center, Tel-Hashomer, Israel) were maintained in Dulbecco's modified Eagle's medium-F12 medium, supplemented with 5% horse serum, 10 µg/ml insulin, 2 ng/ml epidermal growth factor, 100 U/ml penicillin, 100 µg/ml streptomycin (all purchased from Biological Industries, Beit Haemek, Israel), 100 ng/ml cholera toxin (Sigma-Aldrich, St Louis, MO), and 0.5 µg/ml hydrocortisone (Sigma). The nontransformed human mammary epithelial HB2 cells (a clonal derivative of the nontumorigenic mammary epithelial cell line, MTSV1-7 [63,64]; kindly provided by Prof. Tsarfaty, Tel Aviv University, Tel Aviv, Israel) were maintained in Dulbecco's modified Eagle's medium supplemented with 10% fetal calf serum, 10 µg/ml insulin, and 0.5 µg/ml hydrocortisone (Biological Industries). In some of the experiments (see details below), the cells were transferred to serum-free medium before the actual tests were performed: MCF-10A cells were transferred to LPM medium (Biological Industries), and HB2 cells were transferred to their corresponding serum-free medium.

# Stimulation by Cytokines

In all parts of this study, the cells were stimulated by recombinant human (rh) TNF $\alpha$  at 50 ng/ml (Cat. No. 300-01A; PeproTech, Rocky Hill, NJ), rhIL-1 $\beta$  at 500 pg/ml (Cat. No. 200-01B; PeproTech), or both cytokines together (termed TNF $\alpha$  + IL-1 $\beta$ ; concentrations as above). These cytokine concentrations were selected on the basis of dose-response analyses that were performed in our laboratory, using induction of inflammatory chemokines by breast tumor cells as readouts of TNF $\alpha$ - and IL-1 $\beta$ -induced effects (data not shown). On the basis of these analyses, we chose TNF $\alpha$  and IL-1 $\beta$  doses that gave prominent impact on chemokine release but were not at the highest end of the concentration range. So far, published reports on TNF $\alpha$  and IL-1 $\beta$  levels in breast tumors in patients presented the data as "cytokine concentration per tissue weight" [5,6] (at the low range of dose spectrum), thus we cannot conclude whether the concentrations used in our study are within the amounts existing in tumors (as we used them in "cytokine concentration per volume" values). Nevertheless, it is important to mention that the concentrations of TNF $\alpha$  and IL-1 $\beta$  that we used are relatively low, are not inducing death or necrosis of the cells (high TNF $\alpha$  doses of ~1-4 mg, which are used for loco-regional treatments, cause necrosis [65]), and are within the conventional scale used by other investigators. Control nonstimulated cells were exposed to the solubilizer of the cytokines (0.1% BSA).

In experiments analyzing chemokine induction by ELISA, the cells were stimulated by the cytokines for 24 hours only, in serum-free medium, allowing processes of chemokine production and accumulation in conditioned media (CM) to take place. In cell remodeling and EMT-related studies, the cells were stimulated with the cytokines for 3 to 4 weeks in growth medium containing serum. Fresh cytokines were replenished every 3 to 4 days (after removal of previous cytokine-containing medium). Twenty-four to 48 hours before the cell remodeling and EMT-related assays (e.g., flow cytometry, MMP production, invasion, and migration), the growth medium was replaced by serum-free medium containing the cytokines (unless otherwise indicated). Control cells were grown under similar conditions, albeit in the absence of cytokines (they were replaced by their solubilizer). In specific cases that are mentioned in the text and figure legends, a short stimulation of 3 days was also included in the cell remodeling analyses.

## Enzyme-Linked Immunosorbent Assays

To determine the release of CXCL8 and CCL2 by TNF $\alpha$ - and IL-1β-stimulated cells, the nontransformed breast epithelial cells were stimulated by the cytokines for 24 hours, as described above. Then, ELISA analyses were performed, and CXCL8 and CCL2 levels in CM were determined using standard curves with rhCXCL8 or rhCCL2 (Cat. No. 200-08 and No. 300-04, respectively; PeproTech), at the linear range of absorbance. The following antibodies were used (all from PeproTech): for CXCL8-coating polyclonal antibodies (Cat. No. 500-P28), detecting biotinylated rabbit polyclonal antibodies (Cat. No. 500-P28Bt); for CCL2-coating monoclonal antibodies (Cat. No. 500-M71), detecting biotinylated rabbit polyclonal antibodies (Cat. No. 500-P34Bt). After the addition of streptavidin-HRP (Jackson ImmunoResearch Laboratories, West Grove, PA), the substrate TMB/E solution (Chemicon, Temecula, CA) was added. The reaction was stopped by the addition of 0.18 M H<sub>2</sub>SO<sub>4</sub> and was measured at 450 nm.

## Determination of Cell Morphology

Cells were stimulated by the cytokines for up to 3 weeks, as described above (except that the growth medium was not exchanged to serum-free medium). During this time course, cell morphology was determined by microscopy at 1-week intervals (see figures; Eclipse Ti; Nikon, Melville, NY), and the cells were photographed (NIS-Elements version 4.0). Magnification of  $\times 10$  to  $\times 20$  was used, as indicated in the figure legends.

## Formation of 3D Acini Structures

MCF-10A and HB2 cells were infected to express mCherry (with pQC-mCherry retroviral vector), and formation of 3D acini structures was performed as previously described [56,57]. Briefly, eight-well

chamber slides (Nunc, Rochester, NY) were coated with 40 to 50 µl of ice-cold liquid Matrigel (Cat. No. 356234; BD Biosciences, Bedford, MA) that has solidified for 15 minutes at 37°C. Later,  $5 \times 10^3$  MCF-10A cells or  $2.4 \times 10^3$  HB2 cells were seeded in each well of the chamber, in 400 µl of 2% Matrigel-containing medium. Because acini have not been previously described in HB2 cells, we have verified that these cells indeed formed the hollow structures that are typical of acini [56,57]. To this end, fluorescence z-stack images were captured with a confocal laser scanning microscope, using two-photon laser for optical imaging (LSM 510; Carl Zeiss, Jena, Germany). Three-dimensional surface renderings were generated from the z-stack confocal images, using ImageJ software.

In this study, 3D acini structures were formed under two cytokinestimulatory conditions in which the cells were exposed to the cytokines for 3 weeks (without exchange to serum-free medium) under the following stimulatory setups: 1) Formation of acini by cells that have been already stimulated by TNF $\alpha$  + IL-1 $\beta$ : Cells were stimulated by the cytokines (concentrations as above) for 3 weeks, in 2D standard cultures. Control nonstimulated cells (exposed to the solubilizer of the cytokines) and the cytokine-stimulated cells were seeded on top of Matrigel-coated wells to allow for acini structures to be formed. Pictures of the cells were taken 7 days after seeding, by laser scanning confocal microscope (CLSM510, Zeiss). 2) Stimulation of pre-formed acini by TNFa + IL-1ß: Nonstimulated cells were seeded on top of Matrigel-coated wells and were allowed to grow for 6 days, until 3D structures were starting to form. Then, the cells were either stimulated by TNF $\alpha$  + IL-1 $\beta$  (concentrations as above) or not (control cells, stimulated by the solubilizer of the cytokines) for additional 2 weeks. At that point, pictures of the structures were taken by laser scanning confocal microscope (CLSM510, Zeiss).

## Flow Cytometry

Cells were stimulated by the cytokines for up to 3 to 4 weeks in serum-containing growth medium. At specific time points (see figures), the cells were analyzed by flow cytometry. Before this analysis, the cells were incubated overnight in serum-free medium in the presence of the cytokines (or their solubilizer), and then the expression of E-cadherin and vimentin was determined as previously described [16]. Briefly, E-cadherin surface expression was determined by mouse IgG1 antibodies against human E-cadherin (Cat. No. SC-21791; Santa Cruz Biotechnology, Santa Cruz, CA). Determination of vimentin expression was performed in methanol-permeabilized cells using mouse IgG1 antibodies against human vimentin (Cat. No. SC-6260; Santa Cruz Biotechnology). Baseline staining was obtained by nonrelevant isotype control IgG1 antibodies (Cat. No. 400101; BioLegend, San Diego, CA). Then, the cells were stained by fluorescein isothiocyanate-conjugated goat anti-mouse IgG1 (Cat. No. 115-095-003; Jackson ImmunoResearch Laboratories). Staining was determined by flow cytometry with a Becton Dickinson FACSort (Mountain View, CA) and the win MDI software.

Vimentin expression score was calculated as (mean fluorescence) × (percentage of positive cells). The score obtained for control nonstimulated cells was given the value of 1, and the value for TNF $\alpha$  + IL-1 $\beta$ -stimulated cells was calculated relative to the control cells.

# shRNAs for Zeb1 and Snail and Overexpression of Zeb1, Snail, and Twist

Down-regulation of Zeb1 and Snail expression was performed by infection with Zeb1 short hairpin RNA (shRNA; Cat. No. RHS4529-NM\_030751;

Open Biosystems, Huntsville, AL; kindly provided by Prof. Rotter, Weizmann Institute of Science, Rehovot, Israel) or with Snail shRNA (Cat. No. SHCLNG-NM\_005985; Sigma-Aldrich; kindly provided by Prof. Reich, The Hebrew University of Jerusalem, Jerusalem, Israel). For both targets, several different shRNAs were assayed and the most effective ones were chosen for use throughout the study. Following infection, selection was performed with 6 µg/ml puromycin (A.G. Scientific, San Diego, CA). Then, the cell population was used as a whole to prevent bias toward specific cell clones. Control cells were infected with control shRNA vectors carrying similar antibiotic resistance. Down-regulation of Zeb1 and Snail was verified by quantitative real-time polymerase chain reaction (qPCR) analyses, using the primers and conditions indicated below in the qPCR Analyses section.

To induce overexpression of Zeb1, Zeb1 cDNA (Cat. No. MHS4426-98361372; Open Biosystems) was obtained and was then amplified by using the following sequences of primer pairs: HA tag and the Age1 restriction site were added to the forward primer 5'-CACACAACCGGTATGTACCCTTACGACGTTCCTGAT-TACGCTAGCCTCATGGCGGATGGCCCCAGGTGTAA-3', and the *Bam*H1 restriction site was added to the reverse primer 5'-GTGTGTGGGATCCCGATTAGGCTTCATTTGTCTTTCA-3'. The reaction conditions were given as follows: 94°C for 3 minutes, and then two cycles of 94°C for 30 seconds, 60°C for 30 seconds, and 72°C for 4 minutes. Annealing was performed at 68°C for 30 seconds, followed by 30 amplification cycles of 72°C for 10 minutes. The amplified Zeb1 fragment was inserted to the pQCXIN vector (neomycin resistant).

To induce overexpression of Snail and of Twist1 (to be hereby termed Twist), total RNA was isolated from human HB2 cell line. Full-length cDNA was amplified by reverse transcriptase-PCR. The sequences of the primer pairs used for Snail fragment amplification were given as follows: Myc tag and the Age1 restriction site were added to the forward primer 5'-TCTCTCACCGGTATGGAACAAAAAC-TCATCTCAGAAGAGGATCTGATGCCGCGCTCTTTCCTCG-TCAGGAA-3', and the BamH1 restriction site was added to the reverse primer 5'-AAATCTGGATCCTCAGCGGGGACATCCT-GAGCAG-3'. The sequences of the primers used for Twist fragment amplification were given as follows: HA tag and the Age1 restriction site were added to the forward primer 5'-AGAGAGACCGGTAT-GGGATCCTACCCTTACGACGTTCCTGATTAC-3', and the BamH1 restriction site was added to the reverse primer 5'-AGGA-GAGGATCCCTAGTGGGACGCGGACATGGA-3'. The reaction conditions were given as follows: 94°C for 3 minutes, and then two cycles of 94°C for 30 seconds, 60°C for 30 seconds, and 72°C for 4 minutes. Annealing was performed at 68°C for 30 seconds, followed by 40 amplification cycles of 72°C for 10 minutes. The amplified Snail fragment was inserted to the pQCXIH vector (hygromycin resistant), and the Twist fragment was inserted into the pQCXIP vector (puromycin resistant).

Following the above, the cloned sequences of Zeb1, Snail, and Twist were verified by GenBank sequences. Then, the cells were infected with the relevant vectors or with control vectors, and following selection (500  $\mu$ g/ml neomycin, 200  $\mu$ g/ml hygromycin, or 6  $\mu$ g/ml puromycin, as appropriate), in each infection type, the cell population was used as a whole to prevent bias toward specific cell clones. The overexpression of Zeb1, Snail, and Twist was verified by qPCR, using the primers and conditions described below in the qPCR Analyses section.

#### qPCR Analyses

qPCR analyses of Zeb1, Snail, and Twist were performed in two conditions: 1) following stimulation by the cytokines; in this case, the cells were stimulated for 3 days or 3 weeks in serumcontaining growth medium, which was replaced by serum-free medium at the last 48 hours of stimulation; 2) following down-regulation or overexpression of Zeb1, Snail, or Twist (in different combinations, as appropriate; see Results section).

Total RNA was isolated from the cells using the EZ-RNA kit (Biological Industries), and first-strand cDNA was produced using the M-MLV reverse transcriptase (Ambion, Austin, TX). Quantification of cDNA targets by qPCR was performed using Rotor Gene 6000 (Corbett Life Science, Sydney, Australia) and the Rotor Gene 6000 series software. Transcripts were detected using SYBR Green I (Thermo Fisher Scientific, Waltham, MA) according to the manufacturer's instructions. The primers were given as follows: Zeb1: forward 5'-TGCAGCTGACTGTGAAGGTGT-3', reverse 5'-CTTGCCC-TTCCTTTCTGTCATC-3'; Snail: forward 5'-CTAATCCAGAGT-TTACCTTCCAGCA-3', reverse 5'-AGTCCCAGATGAGCATT-GGC-3'; Twist: forward 5'-GGCCGGAGACCTAGATGTCA-3', reverse 5'-CCACGCCCTGTTTCTTTGAATT-3'; rS9 (normalizing gene): forward 5'-TTACATCCTGGGCCTGAAGAT-3', reverse 5'-GGGATGTTCACCACCTGCTT-3'. PCR amplification was performed over 40 cycles (95°C for 15 seconds, 59°C for 20 seconds, 72°C for 15 seconds). Dissociation curves for each primer set indicated a single product, and "no template" controls were negative after 40 cycles. Quantification was performed by standard curves on the linear range of quantification.

### Gelatin Substrate Zymography

The cells were stimulated for 3 weeks by the cytokines and then were plated onto 24-well plates in serum-containing growth medium. After an overnight incubation in serum-free medium in the presence of the cytokines, CM were collected for determination of MMP activities. In parallel, cells in each treatment were counted for further per-cellbasis quantitation of MMP secretion (see below). CM were centrifuged and then were separated on sodium dodecyl sulfate-polyacrylamide gel electrophoresis containing 0.1% gelatin substrate. After electrophoresis, gels were washed in 50 mM Tris HCl, pH 7.5, containing 2.5% Triton X-100. The gels were then washed three times in 50 mM Tris HCl buffer, pH 7.4, followed by incubation in buffer consisting of 50 mM Tris HCl, pH 7.4, 0.02%  $NaN_3,$  and 10 mM CaCl<sub>2</sub> for 48 hours at 37°C. After three washes in double-distilled H<sub>2</sub>O, the gels were stained with 0.1% Coomassie blue and destained in 20% methanol and 10% acetic acid. Then, clear bands of protein degradation, indicating the presence of enzymatically active MMPs, were visualized.

## Invasion Assays

The invasion potential of the cells was determined in transwell migration chambers with 8-µm pore size, polycarbonate membrane plates (Cat. No. 3422; Costar, Cambridge, MA), as previously described [16]. Briefly, the membranes located in the upper wells were pre-coated with Matrigel (as above) for 1 hour at 37°C, then blocking was performed for 1 hour with 0.1% heat-inactivated BSA. Cells that have been either stimulated by the cytokines or nonstimulated (exposed to the solubilizer of the cytokines) for 3 weeks in serum-containing medium were suspended in serum-free medium and were

added to the upper wells of the chamber on top of the membrane, in the presence or absence of cytokine stimulation, as appropriate. Following 2 hours of incubation in 37°C, the upper wells were put on the lower wells of the chamber, containing medium supplemented with 10% serum. Both the upper and lower wells of the chamber included cytokines, thus preventing formation of a cytokine gradient in the course of the assay. Following incubation for 8 hours at 37°C, the nonmigrated cells on the upper surface of the membrane were completely removed by wiping with a cotton swab. Next, the filters were fixed and were stained with Hemacolor for microscopy (Cat. No. 1.11661; Merck, Darmstadt, Germany). The invaded cells were photographed (Olympus DP70 Digital Camera; Olympus America Inc, Center Valley, PA) and then counted in high power fields by light microscopy (Eclipse TE2000-S; Nikon).

## Wound Healing Assays

The nontransformed cells, stimulated for 3 weeks by the cytokines or nonstimulated (exposed to the solubilizer of the cytokines) in serum-containing growth medium, were seeded in six-well tissue culture plates and have reached confluence in the presence of the cytokines. A wound was incised in the central area of the confluent culture using a plastic tip, followed by careful two washing steps of the detached cells and addition of fresh serum-free medium. Closure of the denuded area was monitored using an inverted microscope (Eclipse TS-100; Nikon) fitted with a digital camera (DX-FI1; Nikon). The wounded area was followed and documented at the time of the scratching and following 20 hours. Of note, in separate analyses, cell counts indicated that TNF $\alpha$  and IL-1 $\beta$  did not induce growth of the nontransformed breast epithelial cells.

#### Statistical Analyses

Statistical analyses were done using Student's t tests. Values of P < .05 were considered statistically significant. In each type of experimental analysis, the results are of a representative experiment of at least three independent repeats, showing similar results (in rare cases, when more appropriate, the results were presented as average of several experiments). In each representative experiment, data are presented as means  $\pm$  SD of technical repeats within the experiment (when appropriate). When required, adjustment for multiplicity of comparisons was done using the Benjamini-Hochberg procedure. Using this procedure, all the significant results that are presented in the manuscript remained statistically significant after correcting for their multiplicity.

## Results

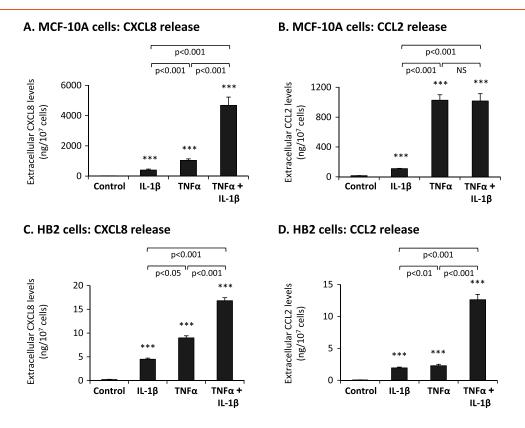
## Continuous Stimulation by TNF $\alpha$ + IL-1 $\beta$ Leads to Cell Remodeling and EMT in Nontransformed Breast Epithelial Cells

Primary tumors in breast cancer are enriched with both TNF $\alpha$ and IL-1 $\beta$  [5–16], which may affect adjacent nontransformed cells in a cooperative manner. Before determining the impact of the two cytokines on cell remodeling and EMT properties in the nontransformed cells, we asked to what extent these cells respond to TNF $\alpha$  and IL-1 $\beta$ , and if the two cytokines can act in concert, as may be expected by their joint expression in the majority of breast cancer patients [16].

As proxies for responsiveness to TNFa and IL-1β, we used induction of the inflammatory chemokines CXCL8 and CCL2. In the immune context, TNF $\alpha$  and IL-1 $\beta$  are powerful inducers of inflammatory chemokines, as is the case in tumor cells, including breast cancer cells [26,66-72]. In many malignancies, including breast cancer, CXCL8 and CCL2 are well identified as potent tumor-promoting factors [73-78], and thus their induction provides a relevant readout for responsiveness of the nontransformed breast epithelial cells to TNF $\alpha$  and IL-1 $\beta$ . The results presented in Figure 1 indicate that nontransformed MCF-10A and HB2 breast epithelial cells indeed responded to TNFa and IL-1ß stimuli by significant elevations in CXCL8 and CCL2. Moreover, cooperativity was observed between TNF $\alpha$  and IL-1 $\beta$  in inducing CXCL8 in both cell types and also in CCL2 induction in HB2 cells (Figure 1). Of note, MCF-10A cells responded to TNF $\alpha$  and IL-1 $\beta$  stimulation more potently than HB2, and this may be due to intrinsic differences in the expression levels of receptors for the cytokines or of the downstream signaling pathways that evolved.

To follow on the above findings, we determined the joint impact of TNF $\alpha$  and IL-1 $\beta$  together (namely, TNF $\alpha$  + IL-1 $\beta$ ) and of each cytokine alone on induction of spreading and invasion-related properties in the nontransformed cells. First, we performed kinetics analyses in which we followed the morphology of stimulated and nonstimulated cells for 3 weeks. We found that IL-1 $\beta$ , but much more strongly TNF $\alpha$ and TNF $\alpha$  + IL-1 $\beta$ , induced cell remodeling and morphology changes in both MCF-10A cells (Figure 2*A*) and HB2 cells (Figure 2*B*). However, in contrast to tumor cells in which it took 1 to 3 days for such a process to develop (e.g., in our studies of MCF-7 cells [16] and in other investigations [38,42,43]), in the nontransformed cells 2 to 3 weeks of stimulation were necessary for induction of cell remodeling, visualized by cell spreading and formation of cellular protrusions (Figure 2).

In view of the above results and of the ability of TNF $\alpha$  and IL-1 $\beta$ to induce EMT in breast tumor cells, we performed a detailed analysis of the ability of the two cytokines to induce EMT in the two nontransformed breast epithelial cells, MCF-10A and HB2, analyzing each cytokine alone and both of them together. To determine the impact of the cytokines on EMT, we began by using the following two most typical EMT markers: 1) reduction in cell surface expression of E-cadherin, indicative of loss of cell-to-cell contacts and 2) up-regulation of vimentin expression, manifesting acquisition of a mesenchymal phenotype by the cells [44-48]. After 3 weeks of stimulation, both MCF-10A cells and HB2 cells manifested reduced expression levels of E-cadherin, particularly following stimulation by TNF $\alpha$  and TNF $\alpha$  + IL-1 $\beta$  (Figure 3, A and B). In parallel, vimentin expression was elevated in the two cell lines following TNF $\alpha$  and TNF $\alpha$  + IL-1 $\beta$  stimulations, whereas IL-1 $\beta$  alone was a weak/noninducer of vimentin expression (Figure 3, C and D). Of interest, following TNF $\alpha$  + IL-1 $\beta$  exposure a certain part of the cell population of MCF-10A cells has gained increased expression of vimentin per cell (indicated by increased mean fluorescence values), whereas in HB2 cells a new subpopulation has emerged, which was characterized with particularly high expression levels of vimentin (indicated in Figure 3D by an arrow). In view of its separable and very definitive phenotype, this high vimentin-expressing subpopulation of HB2 cells had a clear advantage in analyzing EMT processes in a quantitative manner and thus was used along the study as a proxy for measuring EMT events. Using this high vimentinexpressing subpopulation of HB2 cells, we found that stimulation of the nontransformed cells by TNF $\alpha$  + IL-1 $\beta$  for 3 days indeed



**Figure 1.** Nontransformed breast epithelial cells respond to TNF $\alpha$  and IL-1 $\beta$  by increased release of the pro-malignancy chemokines CXCL8 and CCL2. MCF-10A cells (A, B) and HB2 cells (C, D) were stimulated by TNF $\alpha$  (50 ng/ml), IL-1 $\beta$  (500 pg/ml), or both cytokines together (TNF $\alpha$  + IL-1 $\beta$ ; concentrations as above) for 24 hours, in serum-free medium. Cytokine concentrations for stimulation were selected on the basis of previous titration analyses (see Materials and Methods section for details; data not shown). Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). The expression levels of CXCL8 (A, C) and CCL2 (B, D) were determined in cell supernatants by ELISA, in the linear range of absorbance. \*\*\*P < .001 for cytokine-stimulated cells compared to nonstimulated cells. In all panels, a representative experiment of n = 3 is presented.

was not sufficient for induction of EMT in these cells, but rather 2 to 3 weeks were required (data not shown), as was also indicated by the morphology observations presented in Figure 2*B*.

Thus, the above results indicate that TNF $\alpha$  was a more prominent inducer of cell remodeling and EMT-related characteristics in nontransformed cells than IL-1 $\beta$ . Furthermore, highly potent activities were also induced by the combination of TNF $\alpha$  + IL-1 $\beta$ , which recapitulates the high co-expression of the two cytokines together in the majority of breast cancer patients, particularly in >80% patients with recurrent disease [16]. In view of the high clinical relevance of the combined TNF $\alpha$  + IL-1 $\beta$  stimulation, and due to the advantage expressed by the joint stimulation in induction of CXCL8 and CCL2 compared to stimulation by each cytokine alone (Figure 1), further analyses focused on the combined stimulation of the cells by TNF $\alpha$  + IL-1 $\beta$  together.

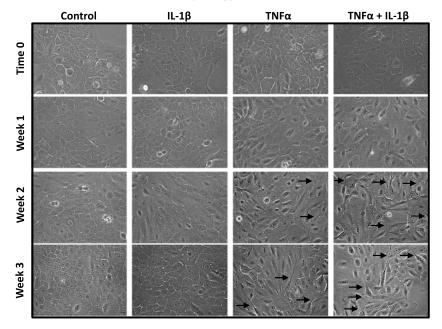
Specifically, we asked whether nontransformed epithelial breast cells that were stimulated by the cytokines will be able to form multicellular organized structures that are typical of normal breast cells. To investigate this issue, we employed the commonly used model of 3D acini structures, formed in nonadherent conditions on Matrigel by nontransformed breast epithelial cells but not by malignant cells [56,57]. Formation of 3D acini structures has been well described for the MCF-10A cells [56,57], and we have followed published protocols to establish such acini of MCF-10A cells in our current study. Using acini structures as platform to decipher perturbations of normal textures, we investigated the ability of nontransformed cells that have been stimulated for 3 weeks by TNF $\alpha$  + IL-1 $\beta$  and have undergone EMT to form acini. To this end, MCF-10A cells were stimulated for 3 weeks by the cytokines and then were allowed to form acini on Matrigel, in comparison to nonstimulated cells. We found that the control nonstimulated cells have established multicellular organized structures, whereas the cytokine-stimulated cells did not form such structures in the majority of cases (Figure 4A). Moreover, the cytokinestimulated cells—which have been already exposed to  $TNF\alpha$  + IL-1 $\beta$ for 3 weeks-have gained very potent spreading abilities and degraded the matrix when they were plated on Matrigel to form acini. Therefore, the acini formation process in this type of experiment could not be followed for more than 6 days because the process of acini establishment has began (instead of 2 to 3 weeks that are usually required), and this is why the control nonstimulated cells did not form yet the hollow structures typical of acini [56,57], although as indicated, they already made organized multicellular structures (Figure 4A).

In parallel to MCF-10A cells, we have established acini with HB2 cells. Because this is the first demonstration of acini formation by HB2 cells, we show in Figure W1 that these cells indeed formed hollow structures as they should (Figure W1). After the method was set, we have tested the ability of cytokine-stimulated HB2 cells to form acini. The findings with HB2 cells (Figure 4*B*) were similar to those obtained with MCF-10A cells (Figure 4*A*): Instead of adhering to each other and forming cell-to-cell contacts required for acini

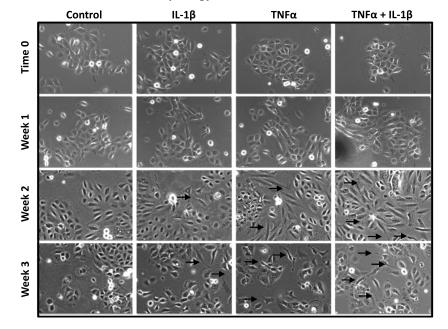
formation, the cells have detached from each other and have formed cellular protrusions, characteristic of cells undergoing EMT (as was shown in Figure 2*B*). Note that as with MCF-10A cells, the control nonstimulated cells did not have enough time (only 6 days) to form hollow acini structures, but they already established multicellular textures, as expected (Figure 4*B*).

Taken together, the above results indicate that TNF $\alpha$  + IL-1 $\beta$  stimulation has induced cell plasticity, spreading and EMT in the non-transformed breast epithelial cells. This has been visualized by extensive formation of cell protrusions, down-regulation of the epithelial marker E-cadherin, elevation in expression of the mesenchymal marker vimentin, and inability to form acini.

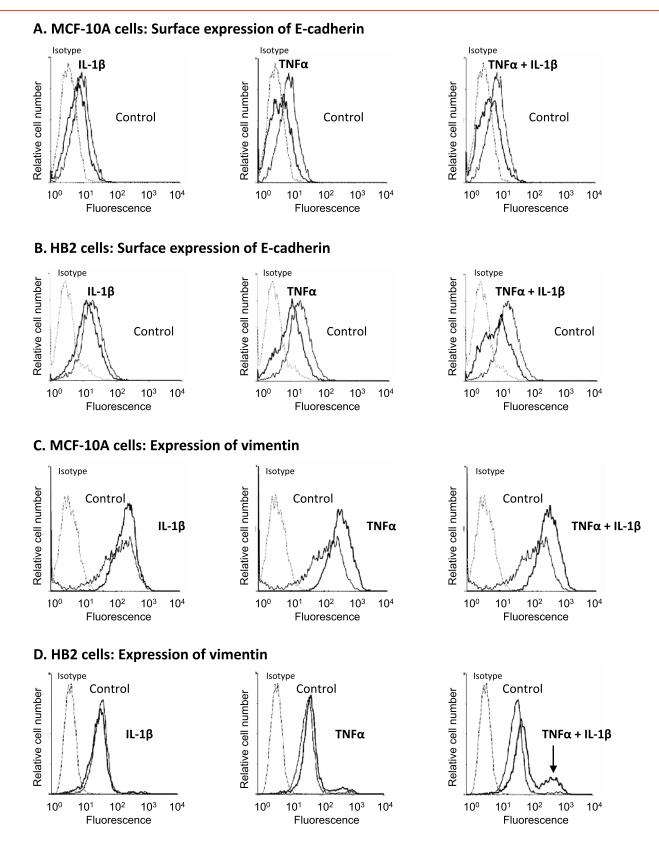
#### A. MCF-10A cells: Kinetics of morphology



#### B. HB2 cells: Kinetics of morphology



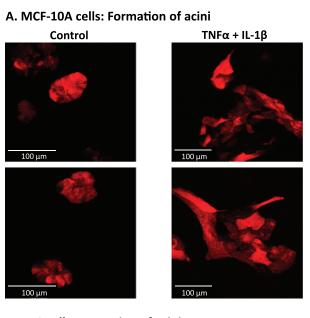
**Figure 2.** Prolonged stimulation by TNF $\alpha$  and IL-1 $\beta$  induces morphologic changes, spreading, and formation of cellular protrusions in nontransformed breast epithelial cells. MCF-10A cells (A) and HB2 cells (B) were stimulated by TNF $\alpha$ , IL-1 $\beta$ , or TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1). Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). Cell images were taken immediately after cell culturing (time 0) and then after 1, 2, and 3 weeks of stimulation, at ×10 to ×20 magnification (×10 magnification was used only for HB2 cells, in which case photographs were adjusted to ×20 magnification digitally). Arrows point to some of the cells in which cellular protrusions and spreading have been observed. In all panels, the images are representatives of many pictures taken in n = 3 experiments.



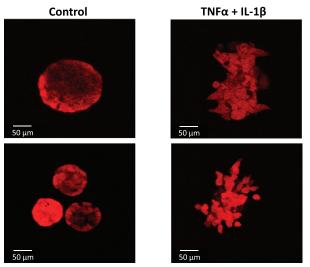
**Figure 3.** Continuous stimulation by TNF $\alpha$  and IL-1 $\beta$  leads to reduced surface expression of E-cadherin and increased expression of vimentin in nontransformed breast epithelial cells. MCF-10A cells (A, C) and HB2 cells (B, D) were stimulated by TNF $\alpha$ , IL-1 $\beta$ , or TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 3 weeks. Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). Surface expression of E-cadherin was determined in intact cells (A, B), while intracellular expression of vimentin was determined in permeabilized cells (C, D), using flow cytometry. Isotype, nonrelevant isotype control. The arrow points out the new subpopulation of cells with high expression of vimentin that has appeared following TNF $\alpha$  + IL-1 $\beta$  stimulation in HB2 cells. In all panels, a representative experiment of at least n = 3 is presented.

## The Need for Continuous and Prolonged Stimulation by $TNF\alpha + IL-1\beta$ for Induction of EMT in Breast Nontransformed Cells Is due to Imbalance in the Activation Profiles of EMT Inducers

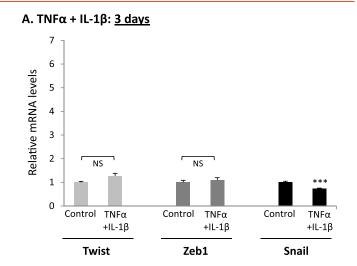
As indicated above, the fact that full-blown EMT was induced in nontransformed breast epithelial cells only after 2 to 3 weeks of stimulation by TNF $\alpha$  + IL-1 $\beta$  contrasted the rapid kinetics of the same process induced by the cytokines (each alone) in malignant breast cells that took 1 to 3 days to develop [16,38,42,43]. Furthermore, using the

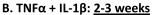


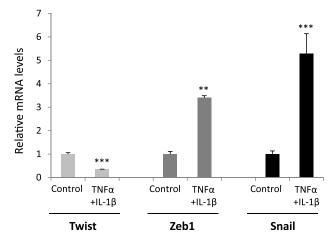
#### B. HB2 cells: Formation of acini



**Figure 4.** Nontransformed breast epithelial cells stimulated by TNF $\alpha$  + IL-1 $\beta$  are incapable of forming organized acini structures. MCF-10A cells (A) and HB2 cells (B) were stimulated by TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 3 weeks. Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). Then, the cells were plated onto nonadherent conditions on Matrigel to allow for acini formation. After 7 days, pictures of the structures were taken by confocal microscopy. In all panels, the images are representatives of many pictures taken in n = 3 experiments. See text (Results section) for explanation on the acini structures formed by the control nonstimulated cells.







**Figure 5.** Continuous stimulation by TNF $\alpha$  + IL-1 $\beta$  induces upregulation in Zeb1 and Snail expression and downregulates Twist expression in nontransformed breast epithelial cells. HB2 cells were stimulated by TNF $\alpha$ , IL-1 $\beta$ , or TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 3 days (A) or for 2 to 3 weeks (B). Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). At each time point, the expression of Zeb1, Snail, and Twist was determined by qPCR. \*\*P < .01, \*\*\*P < .001; NS, not significant for cytokine-stimulated cells compared to nonstimulated cells. Nonstimulated cells were given the value of 1. In all panels, a representative experiment of n = 3 is presented.

subpopulation of high vimentin-expressing HB2 cells as proxy for EMT, we found that EMT induction by the cytokines required persistent presence of TNF $\alpha$  + IL-1 $\beta$  (Figure W2). This was indicated by the fact that when the stimulation by TNF $\alpha$  + IL-1 $\beta$  was removed, the EMT phenotype has been gradually extinguished (Figure W2).

To provide mechanistic insights into the regulatory events dictating the slow EMT process in the nontransformed cells, we focused on Zeb1, Snail, and Twist, known as key inducers of EMT in breast tumor cells [46–52,79–89]. Time-dependent analyses of HB2 cells, using the high vimentin-expressing subpopulation as indicator of EMT, have shown that following 3 days of stimulation by TNF $\alpha$  + IL-1 $\beta$ —which is a time point that is insufficient for induction of EMT in these cells (Figure 2*B*)—none of these three EMT activators was induced (Figure 5*A*). Here, it is important to indicate that in breast tumor cells, in which EMT was induced already after 1 to 3 days [16,38,42,43], we found that Zeb1 and Snail were elevated in much more rapid kinetics and were increased within 3 days of stimuli (data not shown). In contrast to the 3-day stimulation process that did not promote any of the EMT inducers, a totally different pattern was revealed after 2 to 3 weeks of stimulation by  $TNF\alpha + IL-1\beta$ , which are the conditions leading to EMT in these cells: Zeb1 and Snail were eventually upregulated, and in parallel, down-regulation in the expression of Twist was detected (Figure 5*B*).

These results suggested that the delayed activation of Zeb1 and Snail and down-regulation of Twist stand on the basis of the slow activation process of EMT that was induced by TNF $\alpha$  + IL-1 $\beta$  in the nontransformed cells. To see if this was the case, first we analyzed the regulation of the EMT process in these cells by Zeb1 and Snail. As a result of Zeb1 or Snail down-regulation by shRNAs (Figure W3), the TNF $\alpha$  + IL-1 $\beta$ -induced EMT process was blocked even when 4 weeks of cytokine stimulation were introduced (Figure 6, A-D for Zeb1 and Figure 6, E-H for Snail). This was indicated by the inability of TNF $\alpha$  + IL-1 $\beta$  to induce up-regulation of the high vimentin-expressing subpopulation in cells experiencing Zeb1 or Snail down-regulation (due to expression of shRNAs). Furthermore, we found that overexpression of Zeb1 + Snail in the cells (Figure W4A) has potently induced the EMT process, as indicated by elevation in vimentin expression (Figure 7A). These findings indicated that Zeb1 and Snail were EMT inducers in the nontransformed breast epithelial cells, they were essential for TNF $\alpha$  + IL-1 $\beta$ -induced EMT in these cells, and thus their delayed induction following cytokine stimulation prevented earlier activation of the EMT process (Figure 5B).

In parallel to Zeb1 and Snail, we analyzed the roles played by Twist in EMT induction in the nontransformed cells in response to TNF $\alpha$  + IL-1 $\beta$ . Because prolonged stimulation of the cells by TNF $\alpha$  + IL-1 $\beta$  has led to down-regulation of Twist expression (Figure 5*B*), we decided to learn more on the roles of Twist in EMT induction in the nontransformed cells by inducing its overexpression in these cells and determining its impact on EMT, using vimentin expression as readout. The results of Figure 7*B* indicate that the overexpression of Twist in the cells (Figure W4*B*) has not induced EMT. However, the roles of Twist in EMT induction were revealed when it was combined with Zeb1 and Snail. The addition of Twist to Zeb1 + Snail overexpression has amplified the EMT process that now exceeded the levels obtained by Zeb1 + Snail by themselves (Figure 7*A*).

The reduction in Twist expression by the prolonged stimulation with TNF $\alpha$  + IL-1 $\beta$  has led us to ask if the two cytokines may compensate for the lack of Twist expression. Indeed, we found that TNF $\alpha$  + IL-1 $\beta$  stimulation has amplified the ability of Zeb1 + Snail to induce EMT (Figure 7, *C*–*E*), as was previously noticed for Twist when it was combined with Zeb1 + Snail (Figure 7*A*). To potentiate the activities of Zeb1 + Snail, 2 to 3 weeks of stimulation by TNF $\alpha$  + IL-1 $\beta$  were required, indicating that while the cytokines have downregulated Twist expression, they have recapitulated its missing activities in a process requiring prolonged stimulation.

Taken together, the findings obtained in this part of the study indicate that to induce EMT,  $TNF\alpha + IL-1\beta$  had to stimulate the cells for prolonged durations of 2 to 3 weeks and that the delayed EMT process was due to the following two reasons: 1) It took 2 to 3 weeks for the cytokines to induce the expression of Zeb1 and Snail, which were required for  $TNF\alpha + IL-1\beta$ -induced EMT processes in these cells (Figures 5, 6, and 7*A*); 2) 2 to 3 weeks of stimulation were required for the cytokines to take over the missing activities of Twist and to further amplify the EMT-inducing activities of Zeb1 + Snail (Figure 7, A and C-E).

# Stimulation of Nontransformed Breast Epithelial Cells by $TNF\alpha + IL-1\beta$ Leads to Dissemination-Related Functions and to Cell Spreading Out of Organized Acini Structures

To follow on the cell remodeling and EMT processes induced by TNF $\alpha$  + IL-1 $\beta$  in the nontransformed cells (Figures 2–4), we have determined the functional implications of cytokine stimulation. Here, we focused on activities that may lead to dissemination of the nontransformed cells at the primary tumor site, turning these cells later to potential targets for transformation and formation of a new tumor focus.

The results of Figure 8A indicate that TNF $\alpha$  + IL-1 $\beta$  stimulation of the nontransformed cells has given rise to pronounced induction of active MMP2 and MMP9, in levels similar to those induced by TNFα alone, and much more pronounced than the levels induced by IL-1 $\beta$  alone. Furthermore, nontransformed cells stimulated by the cytokines have gained potent invasive properties, as indicated by invasion assays performed through Matrigel-coated membranes in response to serum-containing medium in transwells. The invasion assays emphasized once again the functional benefit of the combined stimulation by the two cytokines together compared to each alone (Figure 8, B and C; note that none of the stimulations affected significantly the basal migration phenotype of the cells, determined in response to serum-free medium; Figure W5). IL-1β was a weak inducer of invasion (Figure 8, B and C), agreeing well with its lower ability to induce spreading and EMT in these cells (Figures 2-4). Although TNFa has induced invasion more efficiently than IL-1β, the greatest impact on invasion was revealed upon combined stimulation by TNF $\alpha$  + IL-1 $\beta$ , being in line with the most effective ability of these two cytokines to act together and lead to preferential induction of CXCL8 and CCL2 (Figure 1). This combined stimulation has also promoted considerably the migratory properties of the nontransformed cells, as indicated by wound closure assays of motility (Figure 8D; note that cytokine stimulation did not induce the growth of the cells; data not shown).

The above findings provide evidence to the eminent power of the combined stimulation by TNF $\alpha$  + IL-1 $\beta$  in inducing disseminationrelated properties in the nontransformed breast epithelial cells. The question that followed was whether cytokine stimulation would disrupt those structures that are normally established in the breast by nontransformed cells. To answer this question, we used again the acini structures, as they represent the organized cellular texture established by normal breast epithelial cells, and their perturbation is often used to investigate mechanisms involved in tumor initiation and progression [56,57]. Specifically, we asked how the cytokines will affect the organization of acini that have been already formed. Thus, acini were allowed to start forming for 1 week without cytokine stimulation, and then the structures were grown for additional 2 weeks with or without TNF $\alpha$  + IL-1 $\beta$  stimulation. The findings of Figure 9 indicate that the control nonstimulated cells have established organized multicellular hollow acini structures as expected, while the stimulation by the cytokines has led to total disruption of the well-ordered acini structures: In the majority of the acini that were stimulated by TNF $\alpha$  + IL-1 $\beta$ , the nontransformed cells have spread out of the acini, demonstrating an unorganized distribution of cells and collapse of the previously organized acini structure (Figure 9).

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## A-D. EMT after Zeb down-regulation

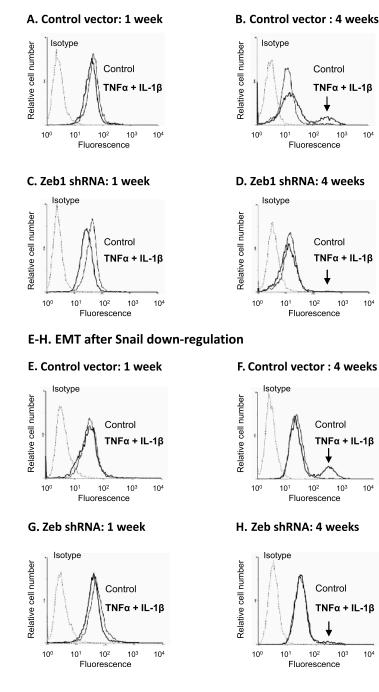
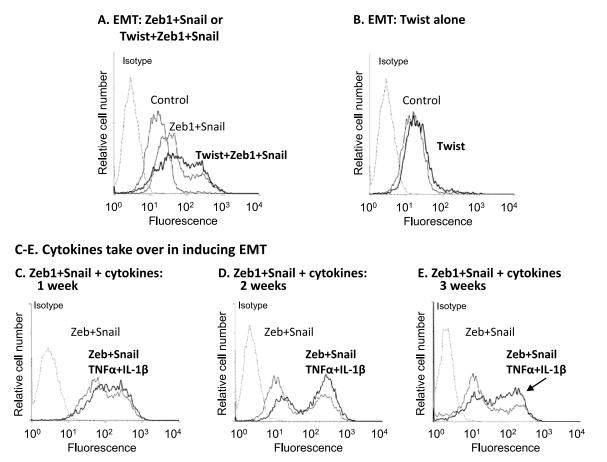


Figure 6. Zeb1 and Snail are essential for EMT induction in nontransformed breast epithelial cells stimulated by TNF $\alpha$  + IL-1 $\beta$ . HB2 cells were infected to express shRNA to Zeb1, shRNA to Snail, or control shRNA vector (down-regulation of Zeb1 and Snail expression was verified by qPCR, as shown in Figure W3). The cells were either stimulated by TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 1 or 4 weeks or nonstimulated by the cytokines (exposed to the solubilizer of the cytokines) for the same time course. Following downregulation of these factors and cytokine stimulation, the expression of vimentin was determined by flow cytometry in permeabilized cells, as proxy for cells undergoing EMT. Isotype, nonrelevant isotype control. (A-D) The impact of Zeb1 down-regulation on EMT. (A, C) Cells grown with or without cytokine stimulation for 1 week. (B, D) Cells grown with or without cytokine stimulation for 4 weeks. (A, B) Cells infected with control vector. (C, D) Cells infected with shRNA for Zeb1. (E–H) The impact of Snail down-regulation on EMT. (E, G) Cells grown with or without cytokine stimulation for 1 week. (F, H) Cells grown with or without cytokine stimulation for 4 weeks. (E, F) Cells infected with control vector. (G, H) Cells infected with shRNA for Snail. The arrows point out the new subpopulation of cells with high expression of vimentin that has appeared following cytokine stimulation in control HB2 cells and has disappeared upon down-regulation of Zeb1 and Snail. In all panels, a representative experiment of at least n = 3 is presented.

#### A-B. Induction of EMT



**Figure 7.** The EMT-inducing activities of Zeb1 and Snail on nontransformed breast epithelial cells are potentiated by Twist or alternatively by prolonged stimulation with TNF $\alpha$  + IL-1 $\beta$ . HB2 cells were infected to overexpress Zeb1 + Snail or Twist + Zeb1 + Snail (A) or Twist alone (B) (the increased expression of these EMT inducers following infection was verified by qPCR, as shown in Figure W4). Control, cells infected with control vector. Following expression of these factors, the expression of vimentin was determined by flow cytometry in permeabilized cells, as proxy for cells undergoing EMT. Isotype, nonrelevant isotype control. In all panels, a representative experiment of n = 3 is presented. (C–E) HB2 cells were infected to overexpress Zeb1 + Snail (termed "Zeb + Snail"; the expression of these EMT inducers following infection was verified by the cytokines (exposed to the solubilizer of the cytokines) or stimulated for 1 week (C), 2 weeks (D), or 3 weeks (E) by TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1; termed "Zeb + Snail, TNF $\alpha$  + IL-1 $\beta$ "). At each time point, the expression of vimentin was determined by flow cytometry in permeabilized cells, as proxy for cells undergoing EMT. Isotype, nonrelevant isotype control. In all panels, a representative experiment of n = 3 is presented.

Overall, the results presented in this part of the study indicate that TNF $\alpha$  + IL-1 $\beta$ , which have been shown to be highly expressed in the breast tumor microenvironment [5–16], induced in nontransformed breast epithelial cell processes of motility and invasion, leading to cell migration out of normally organized breast textures of acini. The outcome of such events may be dissemination of the yet nontransformed epithelial cells at the tumor site, and if these cells are then exposed to transforming events, they may be the "cornerstone" of new tumor focus that will be formed in close proximity to the primary tumor site.

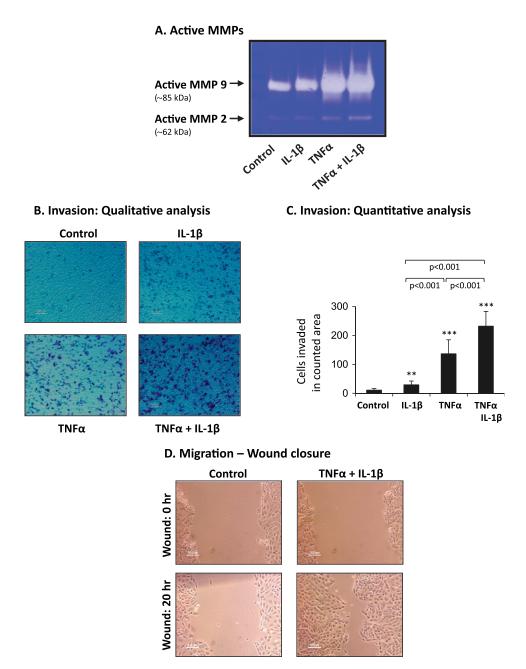
## Discussion

The tumor microenvironment of breast tumors is enriched with inflammatory mediators, including the cytokines TNF $\alpha$  and IL-1 $\beta$  that are highly released by the cancer cells [5–16]. The two cytokines are expressed together in tumors of most patients with recurrent disease [16] and have been shown to have causative pro-tumoral activities. TNF $\alpha$  and IL-1 $\beta$  promote breast malignancy by many different func-

tions that are exerted on leukocytes and stroma cells and on the tumor cells themselves [16–26,30–37]. Between others, the two cytokines were found to induce EMT in breast tumor cells and causatively contributed to increased disease course [16,38–43].

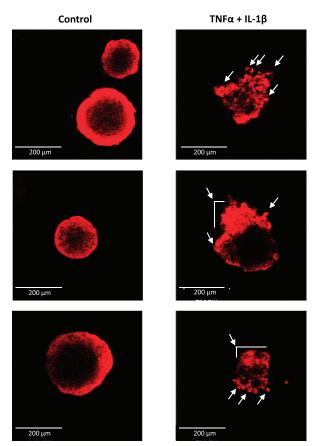
The novel findings obtained in this study demonstrate the strong impact of joint TNF $\alpha$  + IL-1 $\beta$  stimulation on cell remodeling and plasticity of nontransformed breast epithelial cells; it provides mechanistic understanding of the events mediating these activities of the two cytokines and illustrates the functional implications and the clinical relevance of these findings. Our results show that in response to the two cytokines together, these nontransformed cells have spread considerably, underwent EMT, and exhibited the important functional readouts of MMP production, increased motility, and invasiveness. Of major importance are the findings showing that the stimulation of the nontransformed cells by TNF $\alpha$  + IL-1 $\beta$  has led to spreading of cells out of the organized structures that are typical of normal breast cells (acini). Thus, it is possible that nontransformed cells that have remained in the breast tissue in proximity to tumor cells would disseminate at the primary tumor site and may be the target of transformation thereafter.

Here, it is interesting to indicate that in contrast to breast tumor cells in which the cytokines induced EMT rapidly following 1 to 3 stimulation days [16,38,42,43], in the nontransformed cells the process was characterized by much slower kinetics, and only after 2 to 3 weeks of stimulation by  $TNF\alpha$  + IL-1 $\beta$  cell remodeling and EMT were induced (Figures 2 and 5). In our investigation,



**Figure 8.** TNF $\alpha$  + IL-1 $\beta$  induce high MMP levels and increased invasive and migratory phenotype in nontransformed breast epithelial cells. HB2 cells were stimulated by TNF $\alpha$ , IL-1 $\beta$ , or TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 3 weeks. Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). (A) Release of functional MMPs. CM were collected, and the presence of active MMPs was determined by zymography. A representative experiment of n = 3 is presented. (B, C) Invasion through Matrigel, determined after 8 hours in response to serum-containing medium, in transwells. Of note, the constitutive level of basal migration (no serum included) was not affected by cytokine stimulation (Figure W5). In cytokine-stimulated groups, TNF $\alpha$  and/or IL-1 $\beta$  were present throughout the time of assay in the upper wells to enable constant stimulation and also in the bottom wells of the chamber to prevent cytokine gradients. (B) Representative images of cells that have invaded, in control and cytokine-stimulated groups. In all panels, the images are representatives of many pictures taken in n = 3 experiments. (C) Quantitative analysis of the number of cells that have invaded in each of the groups. \*\*P < .01, \*\*\*P < .001 for cytokine-stimulated cells compared to nonstimulated cells. In all panels, a representative experiment of n = 3 is presented. (D) Migration in wound closure assays. Following plating, the cells reached full confluence and a scratch was performed. Images of the cells were taken at the time of scratching (wound: 0 hour) and after 20 hours (wound: 20 hours). TNF $\alpha$  + IL-1 $\beta$  were present throughout the time of assay, and in parallel analyses were not found to induce cell growth (data not shown). In all panels, the images are representatives of many pictures taken in n = 3 experiments.

#### Stimulation by cytokines of pre-formed acini



**Figure 9.** TNF $\alpha$  + IL-1 $\beta$  stimulation of nontransformed breast epithelial cells ruins pre-formed acini structures and is accompanied by cell spreading out of acini. HB2 cells were plated onto nonadherent conditions on Matrigel to allow for acini formation. After 6 days, when acini have formed, the cells were stimulated for 2 weeks by TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1). Control, cells not stimulated by the cytokines (exposed to the solubilizer of the cytokines). Pictures of structures were taken by confocal microscopy. The arrows point to cells that have spread out of pre-formed acini, as a result of cytokine stimulation. In all panels, the images are representatives of many pictures taken in n = 3 experiments. See text (Results section) for explanation on the acini structures formed by the control nonstimulated cells.

we provided mechanistic explanation to the delayed EMT kinetics and to nonconventional regulatory events that took place in the nontransformed breast epithelial cells following stimulation by TNFa + IL-1 $\beta$ . We demonstrated that the delayed induction of EMT was the direct result of imbalance in the regulation of Zeb1, Snail, and Twist, indicated by 1) delayed activation of Zeb1 and Snail induced by TNF $\alpha$  + IL-1 $\beta$  stimulation and 2) induction of cooperativity between TNF $\alpha$  + IL-1 $\beta$  and Zeb1 + Snail that took time to develop. These results add another layer of complexity to the regulation of EMT processes that have been already revealed in breast tumor cells. Indeed, in breast cancer cells, these three regulators were found to have cardinal involvement in inducing EMT, invasiveness, and metastasis, and the majority of studies of breast cancer patients provide evidence to correlations between high expression levels of Zeb1, Snail, and/or Twist with EMT and with aggressive tumor phenotype [46-52,79-89]. However, in parallel, complex interactions between

these three regulators were revealed in several studies, suggesting that the equilibrium between them may dictate the extent of EMT, invasiveness, and disease course [46–48,90,91].

The TNF $\alpha$  + IL-1 $\beta$ -induced processes of EMT and plasticity in nontransformed breast epithelial cells may have high relevance to what may be happening in breast tumors. In patients' tumors, nontransformed epithelial cells that are still present in the tissue are constantly exposed to TNF $\alpha$  + IL-1 $\beta$  [5–16], expressed together at high levels in >80% of the patients with relapsed disease [16]. One of the characteristics of such patients is local recurrence of tumor growth in the breast. With the improvement of diagnostic measures, nowadays it is known that recurrent ipsilateral breast tumors may be due to one of two scenarios: 1) true local recurrence-regrowth of malignant cells that were not killed by radiotherapy or not removed by surgery; 2) new primary tumors-cases that have developed de novo at the primary tumor site. In new primary tumors, the cancer cells may exhibit different markers and genetic setup compared to the original primary tumor [92-95]. Such a phenomenon can take place if nontransformed cells that were present at the initial tumor focus have migrated away from the primary site and have been exposed later to transforming events, for example, the mutagenizing factor nitric oxide that is prevalent at the inflammatory microenvironment of breast tumors [58-60].

On the basis of our results, we suggest that such a possibility may evolve when TNF $\alpha$  and IL-1 $\beta$  are expressed at high levels at the tumor site and induce EMT, MMP production, and invasion out of ordered breast structures in nontransformed breast epithelial cells. As a result, the nontransformed cells may acquire high migratory and invasive properties, may disseminate in the tissue, and seed themselves in proximal sites. If then, following the TNF $\alpha$  + IL-1 $\beta$ -induced dissemination of the nontransformed cells and their reseeding in the vicinity to the primary tumor site, they would be exposed to mutagenizing agents, they may undergo malignant transformation. Under such circumstances, a new tumor focus will develop in proximity to the primary focus, carrying genetic properties and markers that are different from the first tumor (as has been described in breast cancer; [92–95]). The continuous need for TNF $\alpha$  + IL-1 $\beta$  stimulation to induce invasive properties and consequently dissemination of the nontransformed cells may be one of the reasons of long duration until recurrence occurs in some of the patients.

In this way, a devastating interaction would exist between high TNF $\alpha$  and IL-1 $\beta$  levels, plasticity and EMT-related processes taking place in breast epithelial cells that have not been transformed as yet, disease recurrence and relapse. Such mechanisms may act in parallel to processes taking place in breast tumor cells, in which EMT events were suggested to promote tumor recurrence [96,97]. Most importantly, our study suggests that it is the inflammatory microenvironment that can promote plasticity, EMT, spreading, and invasion of nontransformed cells. Eventually, by acting in such a manner, the inflammatory microenvironment would dictate not only the elevated growth of primary tumors and their metastatic dissemination to remote organs but also whether the patients will develop secondary tumors and will succumb to disease recurrence.

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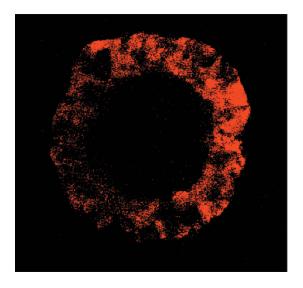
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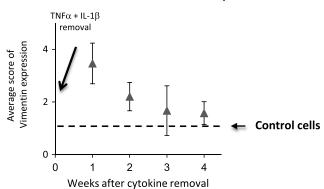
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## HB2 acini: Hollow 3D structure

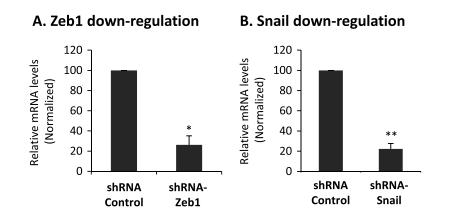


**Figure W1.** Acini structure formed by HB2 cells. Nonstimulated HB2 cells were plated in nonadherent conditions on Matrigel to allow for acini formation. After 2 weeks, acini structures were pictured by confocal microscopy, using two-photon laser for optical imaging, showing the hollow structure of the acini.

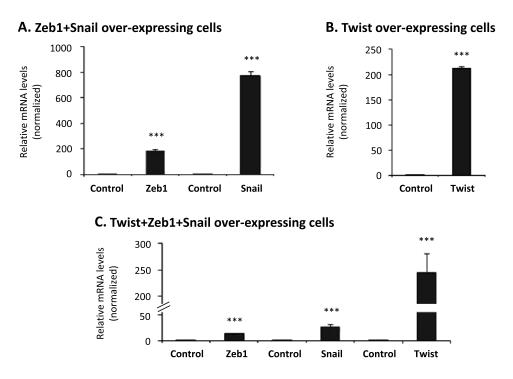


Reversibility of EMT: After TNF $\alpha$  + IL-1 $\beta$  removal

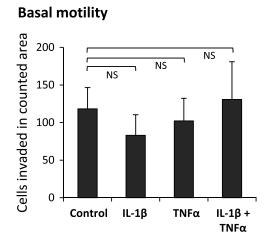
**Figure W2.** The EMT process, induced in nontransformed breast epithelial cells by TNF $\alpha$  + IL-1 $\beta$ , is reversible. HB2 cells were stimulated by TNF $\alpha$  + IL-1 $\beta$  (TNF $\alpha$ , 50 ng/ml; IL-1 $\beta$ , 500 pg/ml) for 4 weeks. Then, the cytokines were removed, and the cells were grown for additional 4 weeks without the cytokines. Vimentin expression was determined as proxy for EMT processes, once a week along this time course by flow cytometry in permeabilized cells. The results are expressed by arbitrary units of vimentin expression, calculated as described in Materials and Methods section. At each time point, vimentin expression in control nonstimulated cells (exposed to the solubilizer of the cytokines) was given the value of 1 and is presented as dashed line. The results are of  $X \pm$  SD of n = 3.



**Figure W3.** Validation of Zeb1 and Snail down-regulation following expression of shRNA to Zeb1 and Snail. HB2 cells were infected with shRNA to Zeb1, shRNA to Snail, or control shRNA vector. A week after selection, the expression of (A) Zeb1 or (B) Snail was validated by qPCR. The results were normalized to the values obtained by the *rS9* gene. \*P < .05, \*\*P < .01 for cells infected with shRNAs to Zeb1/Snail compared to cells infected by control vector. In both panels, a representative experiment of n = 3 is presented.



**Figure W4.** Validation of overexpression of EMT regulators. HB2 cells were infected to overexpress (A) Zeb1 + Snail, (B) Twist, or (C) Twist + Zeb1 + Snail. Control, cells infected with control vector. A week following selection, the overexpression of Zeb1, Snail, or Twist, as appropriate, was validated by qPCR. The results were normalized to the values obtained by the *rS9* gene. \*\*\*P < .001 for cells infected to overexpress the EMT inducers compared to cells infected with control vector. In all panels, a representative experiment of n = 3 is presented.



**Figure W5.** The constitutive level of basal invasion of nontransformed breast epithelial cells is not modified by cytokine stimulation. HB2 cells were stimulated by TNF $\alpha$ , IL-1 $\beta$ , or TNF $\alpha$  + IL-1 $\beta$  (concentrations as in Figure 1) for 3 weeks. These cells were tested in the serum-induced invasion assays shown in Figure 8, *B* and *C*, and in parallel, their spontaneous basal invasion toward serum-free medium was determined following 8 hours of cytokine stimulation. In cytokine-stimulated groups, TNF $\alpha$  and/or IL-1 $\beta$  were present throughout the time of assay in the upper wells to enable constant stimulation and also in the bottom wells of the chambers to prevent cytokine gradients. The results are of  $X \pm$  SD of n = 3.