

Autophagy modulates cell migration and β 1 integrin membrane recycling

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Abbreviations: ATG, autophagy-related gene; DRAM, damage-regulated autophagy modulator; EBSS, Earle balanced salt solution; GFP-LC3, green fluorescent protein-microtubule-associated protein-1 light chain 3; LAMP, lysosomal-associated membrane protein; MTOR, mechanistic target of rapamycin; PBS, phosphate buffered saline; PE, phosphatidylethanolamine; PI3KC, phosphatidylinositol 3-kinase complex; S6K1, ribosomal protein S6 kinase 1; TIRF, total internal reflection fluorescence; ULK-1, Unc-51-like kinase 1; VPS34, vacuolar protein sorting 34

Cell migration is dependent on a series of integrated cellular events including the membrane recycling of the extracellular matrix receptor integrins. In this paper, we investigate the role of autophagy in regulating cell migration. In a wound-healing assay, we observed that autophagy was reduced in cells at the leading edge than in cells located rearward. These differences in autophagy were correlated with the robustness of MTOR activity. The spatial difference in the accumulation of autophagic structures was not detected in rapamycin-treated cells, which had less migration capacity than untreated cells. In contrast, the knockdown of the autophagic protein ATG7 stimulated cell migration of HeLa cells. Accordingly, *atg3*^{-/-} and *atg5*^{-/-} MEFs have greater cell migration properties than their wild-type counterparts. Stimulation of autophagy increased the co-localization of β 1 integrin-containing vesicles with LC3-stained autophagic vacuoles. Moreover, inhibition of autophagy slowed down the lysosomal degradation of internalized β 1 integrins and promoted its membrane recycling. From these findings, we conclude that autophagy regulates cell migration, a central mechanism in cell development, angiogenesis, and tumor progression, by mitigating the cell surface expression of β 1 integrins.

Introduction

Cell migration is fundamental in embryo development, wound healing, and inflammation, and is also involved in various pathophysiological situations, including tumor progression and vascular diseases.¹ Cell migration is a highly dynamic process that coordinates a series of events involving the front-to-back cell polarization that requires the disassembly of adhesive contacts or focal adhesions at the trailing edge, and the assembly of new adhesive contacts at the leading edge.^{2,3} Basically, the turnover of adhesion contacts depends on the attachment and detachment of the cell surface receptor integrins, which are α/β heterodimers, from the extracellular matrix.^{1,3,4} The redistribution of integrins during cell migration is controlled by internalization and recycling. Clathrin-mediated endocytosis plays a crucial role in the disassembly of focal adhesion in migrating cells.^{1,5,6} Integrin trafficking during cell migration also involves macropinosytose via circular dorsal ruffles, macropinosomes, and the recycling of

endosomes and early endosomes to form new focal adhesion at the leading edge.^{1,7,8}

Macroautophagy (hereafter referred to as autophagy) is a lysosomal degradation pathway for cytoplasmic components, including organelles.^{9,10} The process starts by the formation of a double-membrane bound vacuole or autophagosome by the hierarchical intervention of Atg proteins.¹¹ The process is initiated by the ULK1 (the mammalian ortholog of the yeast Atg1) complex and the PIK3C3/VPS34 complex, which contains ATG14L and Beclin 1 (the mammalian ortholog of the yeast Atg6).¹² These complexes are located upstream of the two ubiquitin-like conjugation systems, ATG12-ATG5 and LC3 (one of the mammalian homologs of yeast Atg8)-phosphatidylethanolamine that elongate and close the autophagosomal membrane. The autophagosome merges with endocytic compartments to form an amphisome, and acquires acidic and degradative properties before fusing with lysosomes, where the final degradation of autophagic cargoes takes place. It has recently been demonstrated that the fusion

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of early endosomes with autophagosomes is required for autophagy to occur.¹³ In addition, the clathrin-dependent endocytosis machinery delivers ATG16L-containing vesicles to the assembly site of the phagophore.¹³⁻¹⁵

Autophagy plays a major role in various physiological and pathological processes involving cell migration; these include development, inflammation, cancer and metastasis.¹⁶⁻²⁰

However, little is known about the impact of autophagy on cell migration. In the present study, we show that cell

migration is associated with a low level of autophagy. This low level of autophagy is in turn correlated with high activity of the mechanistic target of rapamycin (MTOR) in migrating cells. Activation of this kinase in the MTOR complex 1 (MTORC1) is known to be a major repressor of autophagy.^{10,16,18} Treatment with rapamycin, a MTORC1 inhibitor, stimulates autophagy and reduces cell migration. In contrast, the migration of cells in which the autophagy genes (*atg3*^{-/-} MEFs and *atg5*^{-/-} MEFs) have been deleted occurs faster than that of their wild-type counterparts. We also show that the autophagic pathway merges with the endocytic route of the integrins, and reduces their membrane recycling. Thus, autophagy is a mechanism that regulates both the cell surface expression of integrins and their capacity for cell migration.

Results

MTOR is activated in HeLa-GFP-LC3 cells at the leading edge of migration

MTOR is a key regulator of autophagy.¹⁰ Several reports in the literature have shown that rapamycin, a MTORC1 inhibitor, and its analogs (rapalogs) inhibit cell motility in a panel of mouse and human cell lines.^{21,22} Since rapamycin is known to induce autophagy, we wondered whether autophagy could be involved in the modulation of cell migration. To explore the relationship between MTORC1 activity and autophagy during the cell migration process, we first observed the level of autophagy in HeLa-GFP-LC3 cells during a wound-healing assay (Fig. 1). LC3 is a protein that becomes associated with the autophagosomal membrane when autophagy is stimulated.²³ Thus, the accumulation of GFP-LC3 puncta provides an effective way of detecting autophagic structures by fluorescence microscopy.

The migration of cohesive groups of cells subsequent to wound healing makes it possible to distinguish two cells populations: the leader cells in the front row, which provide cell guidance, and the cells following behind them.²⁴ Cells located at the front of the wound had fewer LC3-positive vacuoles than cells at the rear (Fig. 1A and C). One of the downstream effectors of MTORC1 is the 70-kDa S6K1 frequently hyperactivated in cancer.²⁵ We tested the MTOR activity through the level of phosphorylation of ribosomal protein S6, a substrate of S6K1, during the wound-healing assay, using immunofluorescence to detect the phosphorylated S6. Cells at the leading edge showed a higher level of phosphorylation of S6 than cells trailing further back (Fig. 1A). When the wound-healing assay was performed in the presence of rapamycin, the differences in the degree of phosphorylation of S6, and the accumulation of GFP-LC3 puncta between cells at the leading edge and rearward cells were abolished (Fig. 1B). These findings support the conclusion that differences observed in the wound-healing assay between cells at the leading edge and cells further back are not simply an effect of the scratch itself, but are also attributable to polarization of the cell populations during migration. It should be noted that the activation of MTOR (as revealed using an anti S6-P) was not entirely homogeneous in the confluent cell monolayer before wounding. A close correlation was observed between the intensity of S6-P-staining

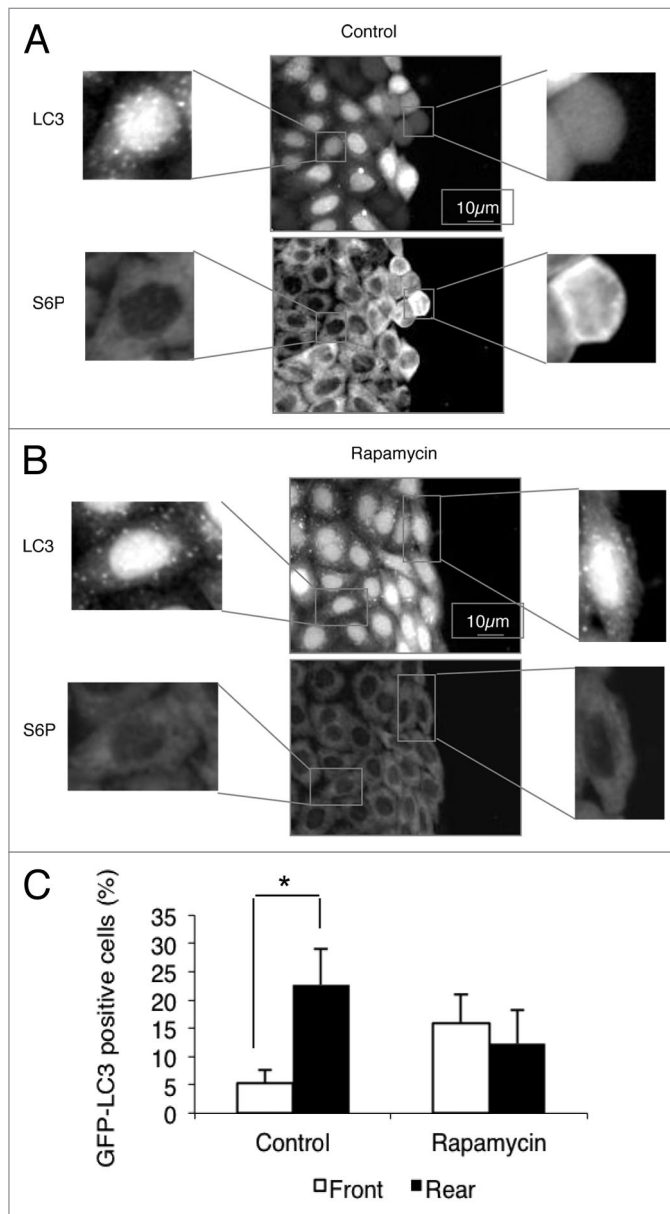


Figure 1. Activation of MTOR in HeLa cells at the leading edge is correlated with inhibition of autophagy. Wound-healing assays were performed on an HeLa-GFP-LC3 monolayer. Cells were fixed with 4% paraformaldehyde and stained with S6-P antibody (1:100). (A) Untreated cells. (B) Cells treated with 200nM rapamycin for 4 h. (C) The graph indicates the percentage of GFP-LC3 puncta-positive cells (>30 GFP-LC3 puncta per cell) at the leading edge (front) and at the rear (rear) in untreated cells (Control) and in rapamycin-treated cells (Rapamycin). Results are representative of 3 independent experiments \pm SD * P < 0.05

and the accumulation of LC3 puncta. Cells staining weakly for S6-P and which had a large number of GFP-LC3 puncta were randomly distributed in the monolayer (Fig. S1). In contrast, the S6-P staining was uniformly low, and the accumulation of GFP-LC3 puncta was homogeneously distributed in a confluent cell monolayer that had been exposed to rapamycin treatment for 4 h (Fig. S1).

Recent studies have shown that active MTORC1 is located on the surface of lysosomes.^{26,27} We therefore investigated the location of MTOR in the migrating cells. For this purpose we used HeLa cells, which express the lysosomal membrane protein GFP-CD63 in wound-healing assays.²⁸ After 4 h of migration, the localization of MTOR was determined by indirect immunofluorescence. We observed more co-localization of MTOR with lysosomes in cells at the front of the wound than in rearward cells (Fig. 2A). A similar staining pattern of active MTOR was observed when the positioning of the autophosphorylated form of MTOR was studied (Fig. 2B). Thus, the low rate of autophagy in cells at the front of the wound correlated with the localization of active MTOR on the surface of the lysosomes.

Inhibition of autophagy stimulates cell migration

In a first series of experiments to find out whether the inhibition of migration is a general response to autophagy distinct from the inhibition of MTOR, we investigated the effect of trehalose. This disaccharide has been shown to trigger autophagy

independently of the inhibition of MTOR.²⁹ Like rapamycin, trehalose slowed down the migration of GFP-LC3-HeLa cells (Fig. S2). Following on from the results reported above, we wanted to determine the role of autophagy in the regulation of cell migration. For this purpose, we used two different assays to measure cell migration to appreciate its dependency on autophagy: a wound-healing assay and a Transwell migration assay, in control cells and in cells with a defective autophagy pathway (Fig. 3), respectively. Inhibition of autophagy in HeLa-GFP-LC3 cells was obtained by knocking down ATG7, a protein involved in the synthesis of the two ubiquitin-like conjugates required for the formation of autophagosomes.³⁰ Confluent monolayers of HeLa-GFP-LC3 cells treated with control siRNA (control) or with ATG7 siRNA (siRNA ATG7) were scratched, and migration into the wound area lasted for 24 h (Fig. 3A and B). The wound area was almost completely healed by the siRNA ATG7 HeLa cells, whereas a significant gap remained in the control. In another set of experiments, we used a Transwell migration assay to investigate the role of autophagy during cell migration (Fig. 3C and D). In line with the results obtained in the wound-healing assay, knock-down of ATG7 increased the rate of cell migration into the lower chamber. As ATG7 can influence cellular events independently of its activity in the autophagic pathway,³¹ we repeated migration experiments in *atg3*^{-/-} MEFs and *atg5*^{-/-} MEFs

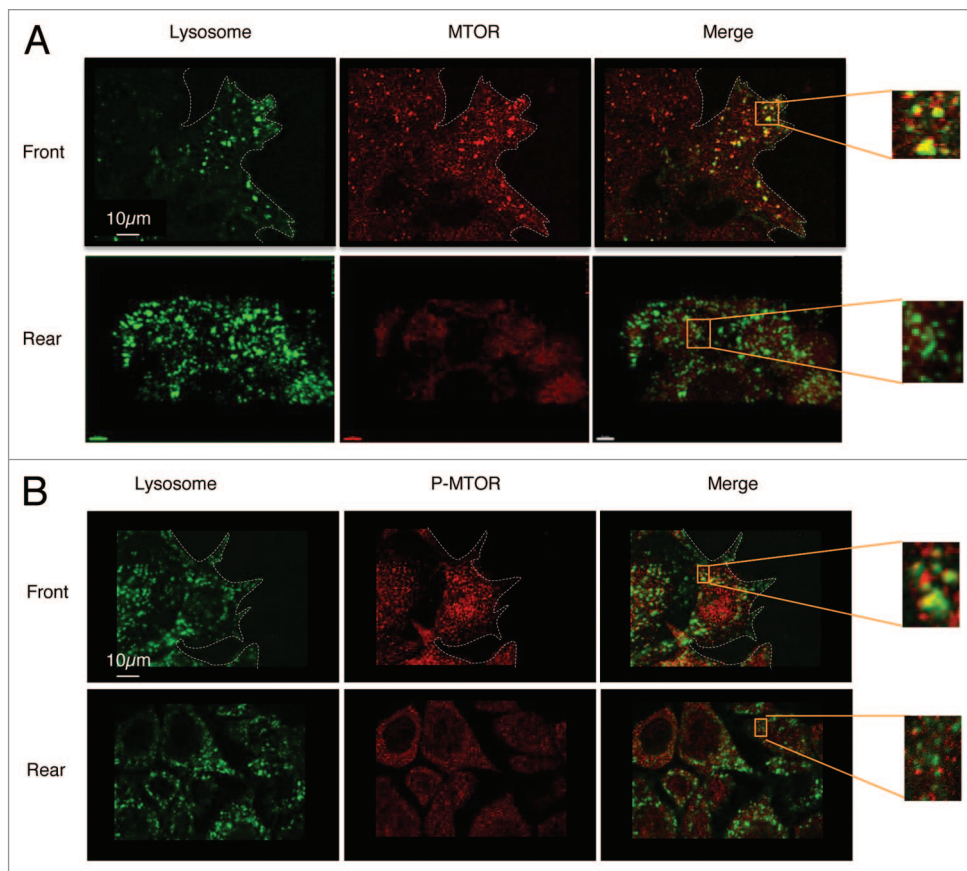


Figure 2. Co-localization of MTOR and lysosomes in migrating cells. Wound-healing assays were performed on an HeLa-GFP-CD63 monolayer. Cells were fixed with 4% paraformaldehyde. (A) Cells were stained with anti-MTOR antibody (1:200) (B) Cells were stained with anti-P-MTOR antibody (1:200).

(see Fig. S3). ATG3 and ATG5 are involved in the production of the LC3-PE (LC3-II) and ATG12-ATG5 ubiquitin-like conjugates, respectively, which contribute to the elongation and sealing of the autophagosome membrane.¹¹ In both *atg3*^{-/-} MEFs and *atg5*^{-/-} MEFs, we observed a higher rate of migration than in their wild-type counterparts. Overall, these results support the hypothesis that autophagy acts as a brake on cell migration.

The endocytic route followed by $\beta 1$ integrins is different after the induction of autophagy

Cell migration requires the formation of a membrane protrusion, which in turn requires polarization from the rear to the front of the cell membrane and the formation of focal adhesions. The turnover of these adhesion sites determines the cell's capacity for migration.²⁴ These sites of adhesion contain integrins that are transmembrane receptors of extracellular matrix molecules. It has been proposed that directional migration entails the recycling of these integrins via various loops associated with small Rab GTPases. Integrins are endocytosed and localized with early endosomes as well as multivesicular bodies, before being redirected to the plasma membrane to form new protrusions required for the guidance and the motility of cells.¹ We therefore hypothesized that the induction of autophagy, which converges with endocytic routes,³² could interfere with the trafficking of

endocytosed integrins, and redirect them to the lysosomal compartment. To investigate this, we labeled HeLa-GFP-LC3 cells with a monoclonal antibody P5D2 directed against the $\beta 1$ chain of integrin, and investigated the endocytosis of the antigen-antibody complex after various periods of incubation (60 to 120 min). HeLa-GFP-LC3 cells were cultured either in complete medium, to restrict autophagy to a low level, or in starvation medium to induce autophagy. Co-localization of $\beta 1$ integrins and GFP-LC3-positive vesicles or with lysosomes was evaluated by calculating Pearson's correlation coefficient (r). Co-localization between $\beta 1$ integrin positive vesicles and GFP-LC3-positive vesicles was weak ($r < 0.5$) after 120 min in complete medium (Fig. 4A), and $\beta 1$ integrin-positive vesicles moderately colocalized with lysosomes at all times (r around 0.6) (Fig. 4A). In contrast, greater co-localization of $\beta 1$ integrin-positive vesicles with autophagosomes was detected in starvation medium from 60 min to 90 min (Fig. 4B). However, after 120 min the number of $\beta 1$ integrin positive and GFP-LC3 vesicles had decreased significantly. In contrast after 90 min almost all $\beta 1$ integrin-positive vesicles had colocalized with lysosomes ($r = 0.9$) (Fig. 4B). From these results we concluded that stimulating autophagy induces integrin trafficking toward the lysosomes and leads to integrin degradation. In order to investigate the autophagy-dependent sequestration

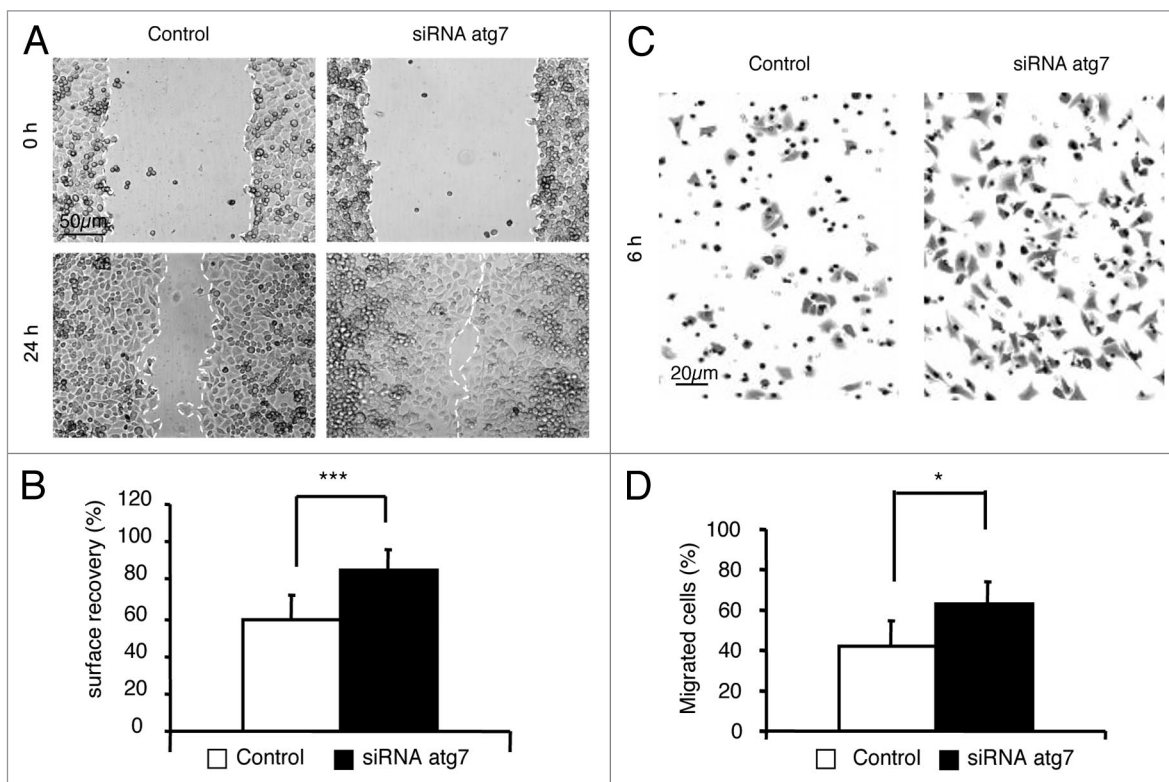


Figure 3. Inhibition of the migration of HeLa cells is dependent on the expression of Atg7. HeLa-GFP-LC3 were transfected with 200 nM scrambled siRNA (Control) or with 200 nM Atg7 siRNA for 24 h (siRNA Atg7). Experiments were performed 48 h post-transfection. (A) Cell monolayers were assayed for wound-healing migration in complete medium. Phase-contrast microscopy was performed to record the relative rate of wound closure immediately after scratching (0 h) and after migrating for 24 h (24 h). (B) The surface of the wound was evaluated using Image J software, and the percentage of the surface to have recovered was determined. Results are representative of four independent experiments \pm SD *** $P < 0.005$. (C) Cells were plated at the top of a Transwell, and allowed to migrate for 6 h. They were then rinsed, fixed with paraformaldehyde, stained with crystal violet and counted. Images show the cells on the undersurface of a filter. (D) The percentage of migrated cells was evaluated in terms of the migration after 24 h, which was taken to be 100% migration. Results are representative of four independent experiments \pm SD * $P < 0.05$

of $\beta 1$ integrin during migration, we performed wound-healing assays on HeLa-GFP-LC3 cells and tracked $\beta 1$ integrin and LC3-stained autophagic vacuoles by live fluorescence microscopy. In complete medium, fusion events between GFP-LC3 vesicles and vesicles containing $\beta 1$ integrin were barely detectable in cells at the leading edge (Fig. 5A; see also Video S1). This was a consequence of the very small number of autophagosomes detected in these cells (see Fig. 1). In contrast, in rapamycin-treated cells, fusion events were easily detectable in cells at the leading edge (Fig. 5B; see also Video S2). This result is closely correlated with the rapamycin-dependent slowdown of cell migration. Similar results were observed in starved cells (data not shown).

Induction of autophagy limits the levels of $\beta 1$ integrins

In order to demonstrate directly that autophagy interferes with the $\beta 1$ integrin endocytic/recycling pathway, we investigated the expression of integrins during starvation and its reversal when the medium was replenished with nutrients to block autophagy. We quantified autophagosomes and $\beta 1$ integrin-containing vesicles after 90 min in starvation medium, and 30 min and 60 min after adding nutrients (RPMI 10% FBS). As expected, the number of autophagosomes decreased when nutrients were added to the starvation medium (Fig. 6). Interestingly, the number of vesicles containing of $\beta 1$ integrin increased significantly under these conditions (Fig. 6). Similarly, the number of $\beta 1$ integrin containing

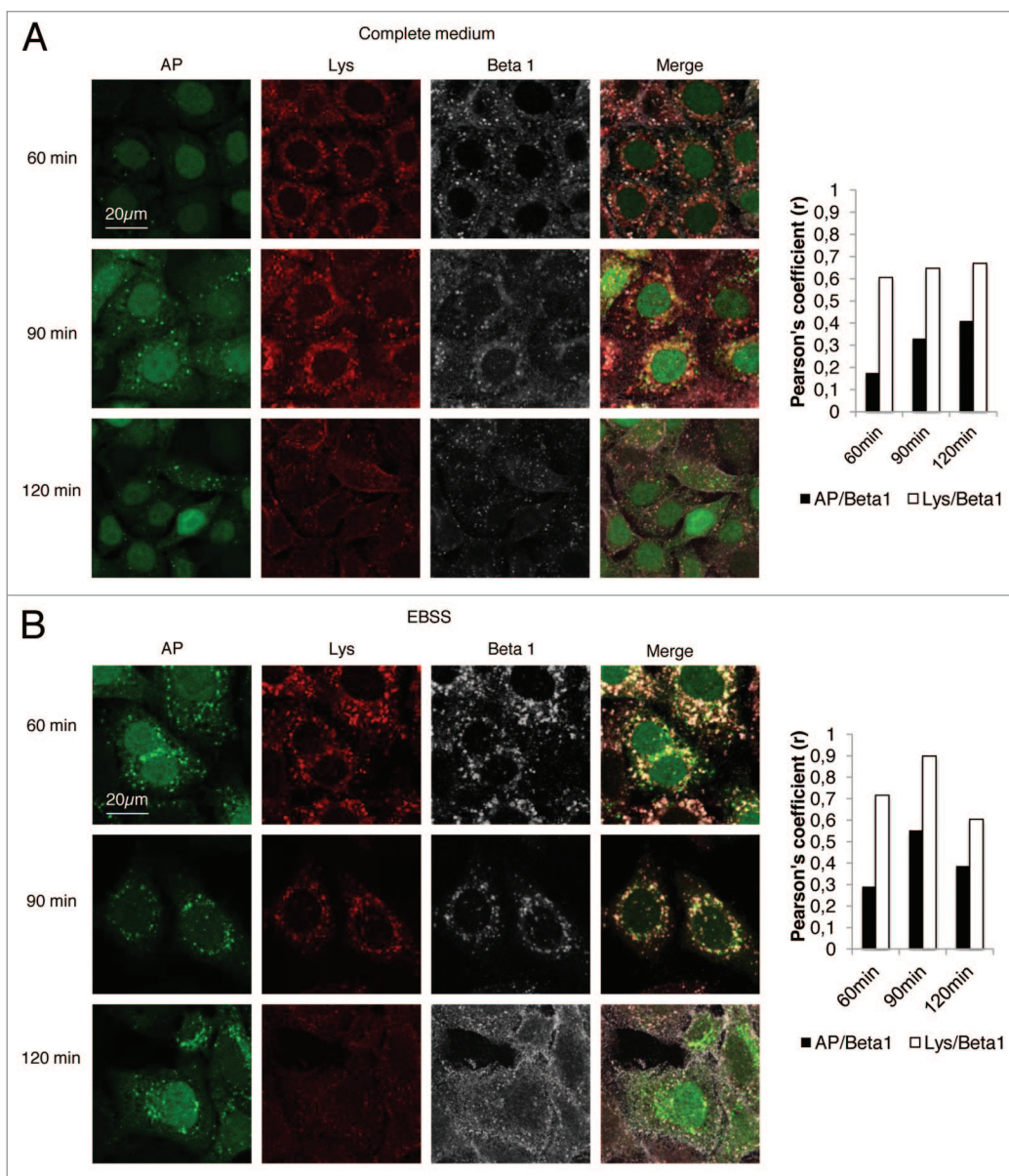


Figure 4. Co-localization of $\beta 1$ integrins with autophagosomes and with lysosomes. HeLa-GFP-LC3 cells were stained with anti- $\beta 1$ antibody (1:50) and LysoTracker (1:30000). After 60, 90, and 120 min of $\beta 1$ integrin endocytosis, the cells were fixed with 4% paraformaldehyde. Autophagosomes (AP: green), $\beta 1$ integrin (Beta 1: gray) and lysosomes (Lys: red), were observed by confocal-fluorescence microscopy. The graph indicates the Pearson's correlation coefficient (r), which is indicative of the degree of colocalization between autophagosomes and $\beta 1$ integrin vesicles, and that between lysosomes and $\beta 1$ integrin vesicles. (A) Experiments were conducted in complete medium. (B) Experiments were conducted in starvation medium.

vesicles was significantly increased in starvation medium in the presence of lysosomal cathepsin inhibitors (E64d + pepstatin A) (Fig. S4). These results indicate that starvation-induced autophagy leads to the sequestration and degradation of β 1 integrin in the lysosomes, but that this process is reversible as soon as cells are returned to conditions that inhibit autophagy.

To investigate the role of autophagy in membrane recycling of β 1 integrins we used total internal reflection fluorescence (TIRF) microscopy to visualize events occurring in proximity of the cell membrane. The re-distribution of β 1 integrins was analyzed in HeLa cells treated with the P5D2 antibody in complete and starved medium. TIRF revealed a dynamic redistribution of β 1 integrins suggesting continuous remodeling of adhesion contacts containing β 1 integrins in complete and starved media (Fig. 7A; see also Video S3 and Fig. 7B; see also Video S4). However, the quantification of β 1 integrin puncta indicated a marked reduction in the expression of these receptors at the membrane level in starved cells (Fig. 7C). This results suggested that β 1 integrins were not only re-distributed, but also degraded in starved cells.

In order to study the role of autophagy in damping the membrane recycling of β 1 integrins, we used MCF7 cells transfected with a control shRNA (MCF7 shSC20) and MCF7 transfected with a shATG7 (MCF7 shATG7). We performed a FACS analysis in MCF7 shSC20 and MCF7 shATG7 cells treated with the P5D2 antibody in complete medium and in starvation medium to determine the cell surface level of β 1 integrins (Fig. 8). In MCF7 shSC20, cell surface β 1 integrin expression had decreased in both complete medium and starvation medium after 120 min P5D2 binding. This decrease reflects the endocytosis of

β 1 integrins. After 180 min, cell surface β 1 integrin expression returned to its initial level in complete medium, indicating membrane recycling. In contrast, the cell surface pool of β 1 integrin was not replenished in starvation medium (Fig. 8, high panel). When the same experiment was conducted in starved MCF7 shATG7 cells, β 1 integrin expression decreased after 120 min, and its membrane expression had almost recovered to its initial level after 180 min in both complete and starvation media (Fig. 8, high panel). These results indicated that autophagy prevents the cell surface re-expression of β 1 integrins after endocytosis induction.

Discussion

Endocytosis and the membrane recycling of integrins contribute to the regulation of cell migration.^{1,3,8} Membrane recycling involves a short pathway, which depends on Rab4, and a long pathway, which depends on Rab11. Although lysosomal delivery is not the major route for internalized integrins, recent studies demonstrated that the lysosomal degradation of a membrane pool ubiquitinated α 5 β 1 integrin with its ligand fibronectin is an important event during cell migration.³³ In the work reported here, we show that autophagy is downregulated during cell migration. This downregulation prevents the sequestration of integrins in autophagic vacuoles and their subsequent lysosomal degradation. This degradation occurs because the autophagic pathway merges with the endocytic pathway.^{13,15,27} Thus, inhibition of autophagy would limit the sequestration and degradation of β 1 integrins during migration. From our results and

those previously reported on the role of lysosomal degradation of ubiquitinated β 1 integrin in the regulation of cell migration,³³ it can be hypothesized that bulk autophagy and selective lysosomal degradation have to be finely tuned to allow cells to migrate.

The downregulation of autophagy is associated with the robust activation of MTORC1 in migrating cells. The role of MTORC1 in controlling autophagy in migrating cells is supported by the fact that rapamycin, an established stimulator of autophagy,¹⁰ inhibits cell migration.^{21,22} Recently, Sabatini and colleagues have shown that MTORC1 association with the lysosomal membrane is required for its activation by amino acids.²⁷ We observed that MTOR is more tightly associated with lysosomes in cells at the leading edge of wound healing than in cells at the trailing edge. This could contribute to the higher MTOR activity in migrating cells, and thus to the downregulation of autophagy in

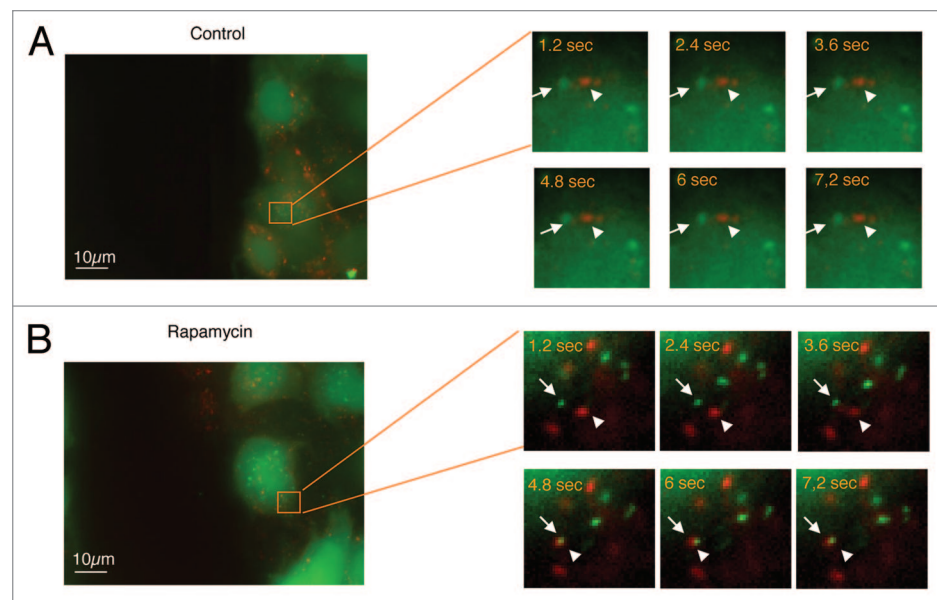


Figure 5. Convergence of the β 1 integrin endocytic pathway and the autophagic pathway in migrating cells during starvation. HeLa-GFP-LC3 cells were stained with anti- β 1 integrin antibody (P5D2 1:50) and Alexa fluor 594 anti-IgG antibody (1:2000). After the immunocomplex had been subjected to endocytosis for 30 min, the cells were washed, and a scratch was performed on the monolayer. Autophagosomes (green) and β 1 integrins (red) were observed by time-lapse videomicroscopy. Time in seconds corresponding to each frame is indicated. (A) Control cells (see also Video S1). (B) Cells treated with 200 nM rapamycin for 4 h (see also Video S2).

wound-healing assay. We also observed that lysosomes associated with MTOR are more peripherally distributed in migrating cells. It is known that migrating cells have a modified morphology, with a reshaped cytoskeleton.^{1,2,24} This could suggest that autophagy can be tightly regulated by the cell shape and the location of organelles. Interestingly, it has been reported that the peripheral location of lysosomes is important in determining the activation of lysosomal-membrane bound MTORC1.^{26,32} The role of the MTORC2 complex, which has been reported to be involved in the stimulation of cell migration^{34,35} and to control autophagy,³⁶ cannot be disregarded. However, we showed that triggering autophagy independently of MTOR inhibition by trehalose is sufficient to slow down cell migration. These findings point to autophagy as an important cellular event in regulating cell migration, whatever its upstream stimulatory pathways.

The downregulation of autophagy accelerated cell migration in two different migration assays, the wound-healing assay and the Transwell migration assay, which are in vitro models of collective cell migration and single cell migration, respectively.^{24,36} These two modes of migration co-exist in vivo during embryogenesis, development, and cancer invasion. Interestingly, at least in vitro, autophagy modulates both types of migration. This would suggest that the downregulation of autophagy in migrating cells has a common function in active migrating cells. The downregulation of autophagy impairs the degradation of the cell surface integrins that need to be recycled to the cell surface to support migration. In collective cell migration, it would be interesting to find out whether the autophagic capacities of rearward cells have any function in controlling migration related to change in cell morphology or metabolic adaptation to migration.³⁷ Interestingly, the GTPases of the Ras superfamily (Rab, Rho, Rac, Ral),^{12,36,38,39} which are involved in both collective and individual cell migration, are also known to regulate autophagy.^{12,40,41}

The role of autophagy during cell migration is an emerging field. Cell migration is observed in various different physiological and pathophysiological situations.^{1,24,39,42} Caution should be exercised before generalizing the inhibition of autophagy to every biological process where cell migration is involved. For example, autophagy has been reported to play a role in the migration of invasive breast cancer cells under hypoxic conditions^{39,43} where autophagy is probably required to maintain cell survival by

providing ATP via lysosomal degradation. A further degree of complexity is probably associated with the involvement of autophagy regulators in cell migration. Recently, p62 and DRAM, which are both autophagy regulators,^{39,44,45} have been shown to be required for the migration of glioblastoma stem cells.^{39,46}

Our study suggests that a selective form of autophagy plays a role during cell migration, and we propose a working model in which nonselective autophagy mitigates cell migration as a result of merging with the endocytic route of the $\beta 1$ integrins. It would be interesting to find out whether the unselective and selective forms of autophagy have complementary roles during cell migration.

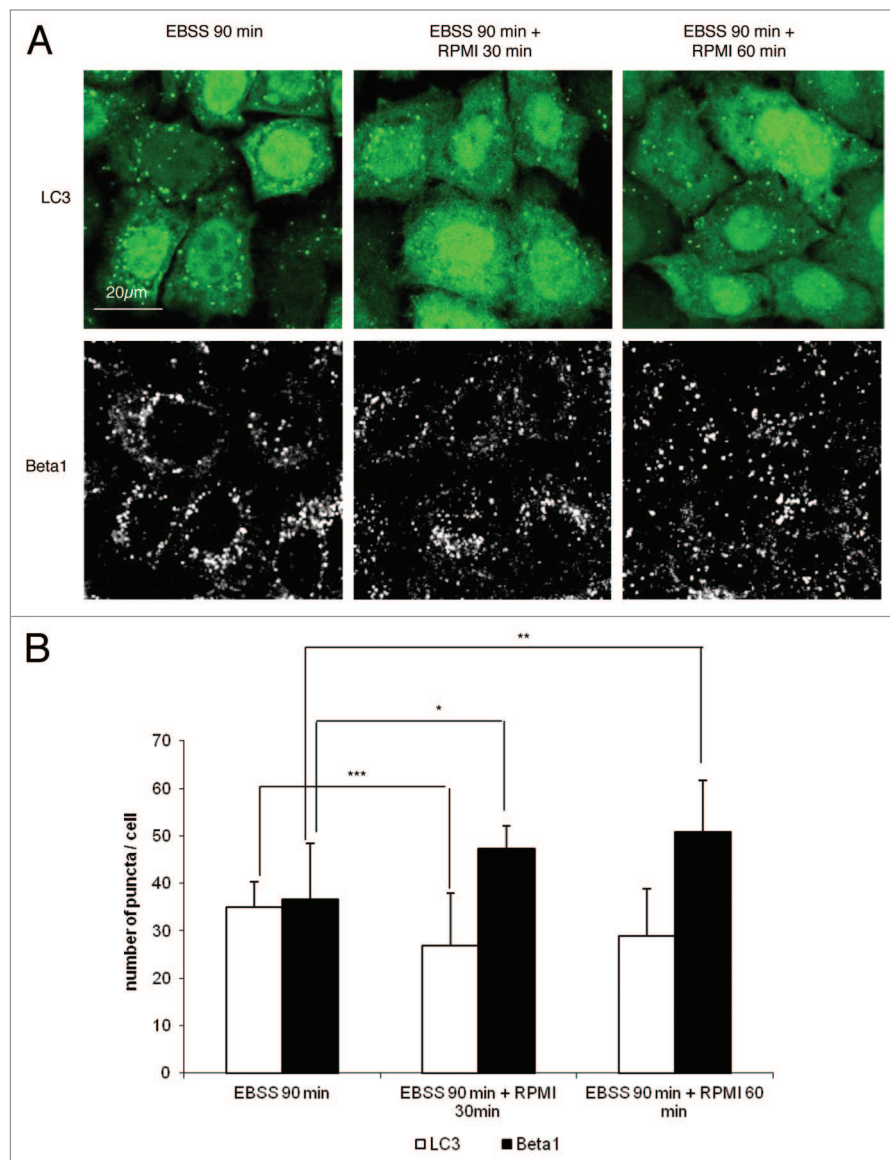


Figure 6. Quantification of autophagosomes and $\beta 1$ integrins after starvation and after replenishing. (A) HeLa-GFP-LC3 cells were first incubated in starvation medium for 4 h. The cells were then stained with anti- $\beta 1$ integrin antibody (P5D2 1:50). After 90 min of endocytosis in starved medium (EBSS), the cells were incubated with complete medium for 30 or 60 min (RPMI). The cells were fixed with 4% paraformaldehyde, and then the autophagosomes and $\beta 1$ integrins were observed by fluorescence microscopy. (B) The graph indicates the number of autophagosomes per cell and the number of $\beta 1$ -stained vesicles per cell. Results are representative of three independent experiments \pm SD * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$

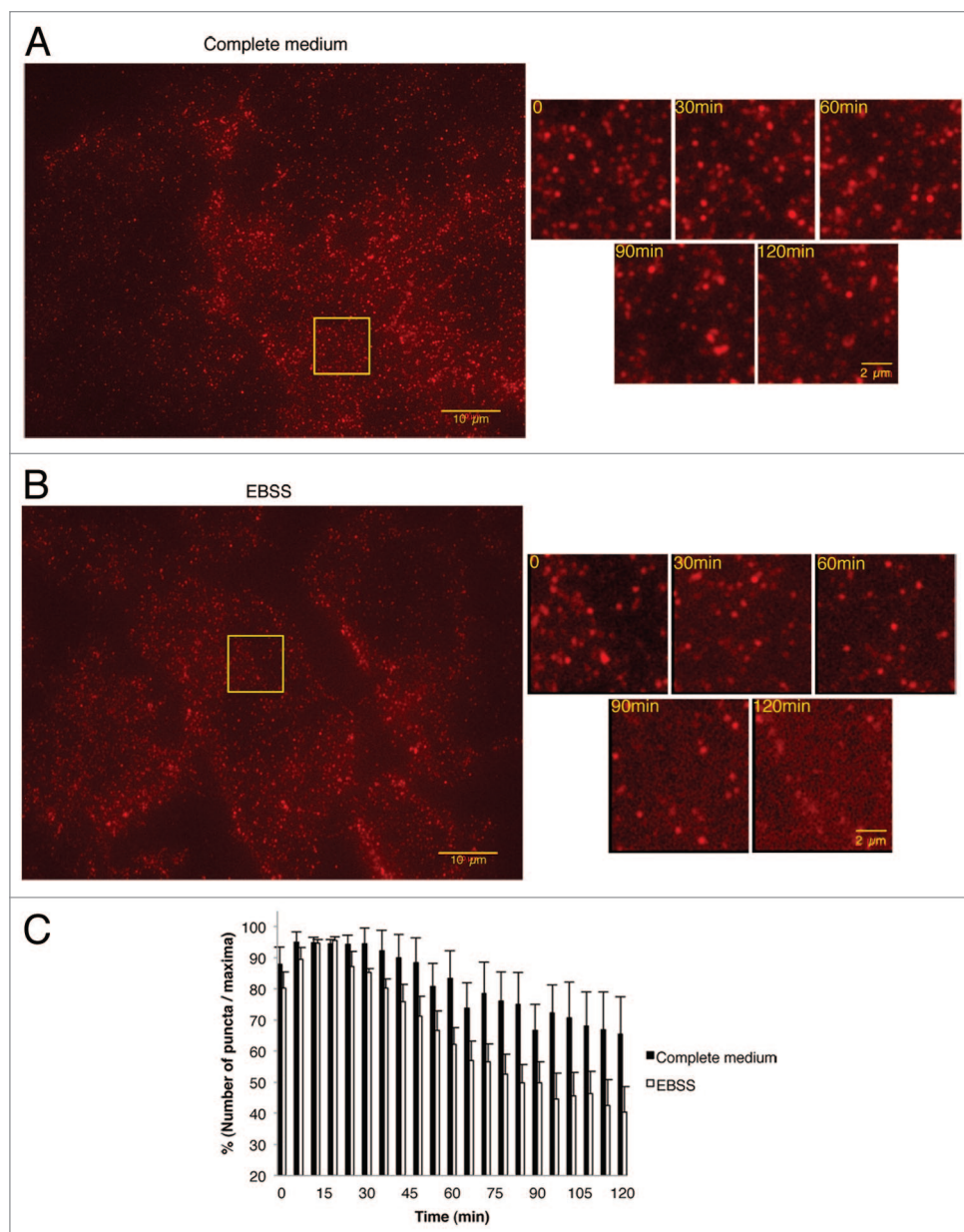


Figure 7. Starvation-induced autophagy inhibited the re-expression of $\beta 1$ integrin on the adhesion sites at the plasma membrane after anti- $\beta 1$ integrin specific antibody-mediated endocytosis. TIRF was used to analyze $\beta 1$ integrin cell surface expression at the adhesion sites of non-confluent HeLa cells. The cells were incubated with anti- $\beta 1$ integrin antibody (P5D2 1:50) and Alexa fluor 555 anti-IgG antibody (1:2000) for 30 min at 4 °C, then washed and incubated in complete medium or in EBSS under the videomicroscope at 37 °C for the times indicated. **(A and B)** Representative TIRF montages showing the turn-over of $\beta 1$ integrins at the cell surface of cells incubated with complete medium **(A)**, see also **Video S3** or EBSS **(B)**, see also **Video S4**. **(C)** Quantification of puncta containing $\beta 1$ integrin as the percentage surface expression of $\beta 1$ integrin after various times of endocytosis. Results are representative of four independent experiments \pm SEM.

Materials and Methods

Reagents

BSA (Cat. No. A1595), crystal violet dye content >90% (Cat. No. C3886), rapamycin from *Streptomyces hygroscopicus* (Cat. No. R0395), E64d (Cat. No. E8640), pepstatin A (Cat. No. P5318), and paraformaldehyde (Cat. No. P58127) were all purchased from Sigma.

Antibodies and RNAi

Anti-LC3B (Sigma, Cat. No. L7543), anti-Atg 7 (kindly provided by Dr William A. Dunn, University of Florida at Gainesville), anti- β -actin (Millipore, Cat. No. MAB1501), anti-P-S6 ribosomal protein (Cell Signaling, Cat. No.2211), anti-mouse IgG-HRP (Bio-Rad, Cat. No. 170-6516), anti-rabbit IgG-HRP (Amersham, Cat. No. NA9340V), and anti-p62 (BD Transduction laboratories, Cat. No. 610833) were

used for immunoblotting. Anti-P-MTOR (Cell Signaling, Cat. No. 2971), and anti-MTOR (Cell Signaling, Cat. No.2972) were used for immunocytochemistry. Cy5 or Rhodamine (TRITC)-conjugated secondary antibodies were from Jackson ImmunoResearch Laboratories. Alexa Fluor 555- and 594-conjugated anti-IgG antibodies (ref: A21424 and A11020) and Lysotracker D99 were from Molecular Probes, Invitrogen Co.

The anti- $\beta 1$ integrin mouse monoclonal antibody P5D2, developed by Dr Wayner, was obtained from the Developmental Studies Hybridoma Bank maintained by the University of Iowa.

The AllStars control scrambled siRNA, and the predesigned siRNA oligos Atg7siRNA were purchased from Eurogentec. The sequence used was as follows Atg7 siRNA sense, 5'-CAGUUUGGCA CAAUCAUA-3'.

Cell culture

Atg3^{+/+}, *atg3^{-/-}*, *atg5^{+/+}*, and *atg5^{-/-}* murine embryonic fibroblast (MEF) cells obtained from Masaaki Komatsu (Tokyo Metropolitan Institute of Medical Science, Japan) and Noboru Mizushima (Tokyo Medical and Dental University, Japan) respectively, were cultured in DMEM containing 10% fetal bovine serum (FBS) and antibiotics (complete medium).

MCF7 shSC20 and MCF7 shAtg7 cells obtained from Saieb Ghavami (Depts. of Physiology and Internal Medicine, University of Manitoba, Canada) were cultured in DMEM containing 10% fetal bovine serum (FBS) and 4 $\mu\text{g}/\text{mL}$ of puromycin, a selective antibiotic (complete medium) in an atmosphere of 10% CO_2 .⁴⁷

The HeLa-GFP-LC3 and HeLa-GFP-CD63 cell lines were obtained from Dr Aviva M Tolkovsky (University of Cambridge, UK), and cultured in RPMI 1640 with 10% fetal bovine serum (FBS), and 500 $\mu\text{g}/\text{mL}$ G418 at 37 °C with 5% CO_2 (complete medium). The starvation medium consisted of EBSS (Earle Balanced Salt Solution). The cells were seeded into 6-well plates (5 \times 10⁵ cells per well); the following day, siRNAs were transfected using Oligofectamine 2000, according to the Manufacturer's instructions (Invitrogen). With the exception of the dose-response experiments, siRNAs were transfected at 200 nM for 24 h. Forty-eight hours post-transfection, the cells were submitted to a wound-healing assay, Transwell migration assay or immunoblot, as detailed below. The AllStars Negative Control siRNA were used as control.

Wound-healing assay

Confluent cell monolayers were wounded by scratching with

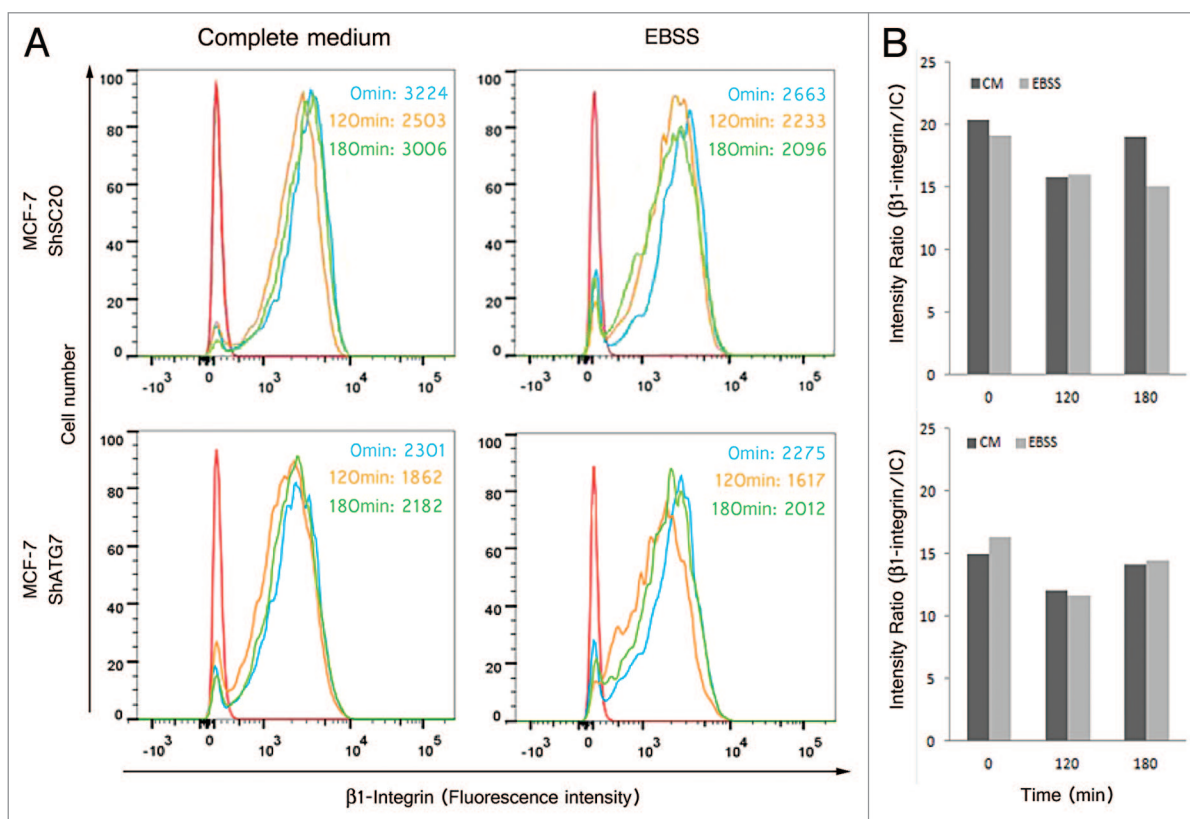


Figure 8. Starvation-induced autophagy inhibited the re-expression of $\beta 1$ integrin on the plasma membrane after anti- $\beta 1$ integrin specific antibody-mediated endocytosis. Flow cytometry was used to analyze $\beta 1$ integrin cell surface expression of MCF-7 adherent cells stably transfected with shRNA-mediated scrambled (MCF7 shSC20) or shRNA-mediated silencing of *ATG7* (MCF7 shATG7). The cells were or not starved in EBSS for 2 h before being incubated with anti- $\beta 1$ integrin antibody (P5D2 1:75) for 30 min at 4 °C. The cells were then washed and incubated in complete medium or in EBSS at 37 °C for the times indicated. For the flow cytometry analysis by indirect immunofluorescence, the cells were fixed and incubated with anti-mouse IgG coupled with biotin and then with streptavidin coupled with allophycocyanin. (A) Representative histograms show surface expression of $\beta 1$ integrin. Red line/curve, isotypic control (IC); blue line/curve, 0 min; yellow line/curve, 120 min; green line/curve, 180 min. The numbers indicate the median fluorescence intensity. (B) Graphs represent the ratio of the median fluorescence intensities of the anti- $\beta 1$ integrin-specific antibody and isotypic control antibody for each time indicated.

p200 pipet tip in Labtek slides. Debris were removed by washing the cells with complete medium. The cells were then incubated at 37 °C for various periods of time. Images were acquired at 0 h, and at the end of the incubation time using a brightfield microscope. Reference points were used to match the image fields. The images acquired were further analyzed by comparing the surface recovery between the reference point at time 0 and the end of incubation in the same field using ImageJ software.

Transwell migration assay

Cell motility was measured using Transwell chambers with a suitable pore size for several cell lines: 8- μ m pore (BD Biosciences). HeLa-GFP-LC3 cells, used after 48 h of transfection, or MEFs were harvested with trypsin/EDTA, resuspended in EBSS, and added to the top of the inserts at 1.25×10^5 cells per Transwell. RPMI or DMEM with 10% serum were added to the lower chamber of the 12-well format Transwells to provide a chemoattractant. After 5 or 6 h at 37 °C, depending on the cell lines, the Transwells were fixed with 4% paraformaldehyde, and stained with crystal violet solution (2.5%). Any cells that had not migrated were removed from the top of the membranes using cotton swabs. The membranes were detached from the Transwells, and then affixed to glass slides using mounting medium (Dako Fisher Scientific). To determine the number of cells that had migrated, ten random images of each Transwell were taken at 20 \times on a light microscope. The number of migrated cells per image was counted using the Particle analysis function in the ImageJ software. The percentage was expressed as a percentage of the number of cells that had crossed the filters after incubating for 24 h, which was taken to be 100%.

Integrin endocytosis assay

The cells underwent preliminary incubation in complete medium or starved medium for 4 h. Cell surface β 1 integrin molecules and lysosomes were then labeled by incubating HeLa-GFP-LC3 cells with the anti- β 1 integrin monoclonal antibody P5D2 and the lysotracker at 0 °C, when endocytosis is inhibited. Endocytosis was resumed by incubating the cells at 37 °C for various periods of time (60, 90, and 120 min). After this period of endocytosis, the cells were fixed with 4% paraformaldehyde and then treated with NH_4Cl (50 mM) for 10 min to quench the aldehyde groups, and blocked in 10% FBS in PBS for 30 min, before being permeabilized with 0.075% saponin in PBS. The cells were then labeled with a Cy5-conjugated anti-mouse antibody (to stain endocytosed β 1 integrin). Confocal fluorescence microscopy was used to check for colocalization of β 1 integrins with GFP-LC3 vesicles and with lysosomes. Confocal images were collected using a 63 \times 1.4 Plan-Apochromat oil immersion objective on an LSM 510 Zeiss-Meta laser confocal microscope. The detector pinhole was set to give 0.6- μ m optical slides. The images were processed using Zeiss LSM 510 and Adobe Photoshop software. Quantification was achieved by calculating Pearson coefficient using the Image J JACoP plugin as previously described.⁴⁸

Time-lapse confocal-fluorescence microscopy

To visualize the connection between the endocytic and autophagic routes, coverslips of stably transfected HeLa-GFP-LC3 were wounded with a p200 pipet tip, and then incubated with an anti- β 1 integrin monoclonal antibody (P5D2 1:100 and Alexa-Fluor

594 anti-IgG antibody) for 4 h at 37 °C, treated or not with rapamycin (200 nM for 4 h). After the incubation, the coverslips were placed in a temperature- and CO_2 -controlled incubator chamber mounted on the microscope stage, and examined using time-lapse fluorescent microscopy. Laser lines at 470 nm (for pEGFP constructs) and 590 nm (Alexa 594-conjugated secondary antibodies) were used; the power of the lasers was kept to a minimum in order to minimize photobleaching and phototoxicity. A total of approximately 200 images were obtained; each had a timelapse of 1.2 s, and the images were taken with the green and red filters sets on the CDD HSm (High Speed) camera laser on the AxioObserver Z1_Colibri ZEISS fluorescence microscope with 63 \times 1.4 Plan-Apochromat oil immersion lens. The videos obtained were analyzed in Zeiss LSM Image Browser 3.5 for double labeling, and deconvoluted with AutoDeblur X Gold-Edition (AutoQuant) algorithm 2D blind deconvolution software.

Visualization of the distribution of β 1 integrin in focal adhesion by TIRF Microscopy

HeLa-GFP-LC3 were seeded in μ -Dish glass bottom (ibidi) at 0.12×10^5 cells/0.22cm², and cultured for 24 h in complete medium. Non-confluent cells were washed, and then incubated with anti- β 1 integrin monoclonal antibody (clone P5D2 at 1:50) and Alexa fluor 555 anti-IgG antibody (1:2000) for 30 min at 4 °C; they were then washed and re-incubated with complete medium or EBSS. Cells were examined with an inverted microscope, AxioObserver Z1_Colibri (Zeiss) equipped with a Peltier-cooled (-40 °C) CoolSnap HQ2 CCD camera (Photometrics), an XL incubator, and the Laser TIRF 3 slider. The penetration depth was 76 nm (72.3 ° angle), making it possible to observe events at or near the plasma membrane. All images were acquired with a Plan-Apochromat 100 \times /1.6 NA oil immersion objective lens using a 561-nm diode laser and a BP 616/57-nm emission filter. For TIRF microscopy-videos, frames were acquired every 3 min for two hours under physiological conditions, i.e., 5% CO_2 and 37 °C. The focus was maintained by the Definite focus device.

Measuring the surface re-expression of β 1 integrin after endocytosis by flow cytometry analysis

The cells were plated in a 10-cm tissue culture dish at density of 5×10^5 cells, and cultured overnight. The cells were or were not starved by being placed in EBSS for 2 h at 37 °C. The cells were incubated for 2 h at 37 °C either in complete medium or in EBSS starvation medium, and then incubated with P5D2 anti- β 1 integrin monoclonal antibody (1:75) for 30 min at 4 °C. The cells were then washed and re-incubated in complete medium (control) or in EBSS for the times indicated at 37 °C. For flow cytometry analysis by indirect immunofluorescence, cells were fixed with 1% paraformaldehyde in PBS for 30 min before being scraped off. The cells were then incubated with anti-mouse IgG coupled with biotin (1:100) for 20 min at 4 °C, and then with streptavidin coupled with allophycocyanin to amplify the fluorescence intensity. The cells were analyzed on an LSRFortessa flow cytometer (BD Biosciences), and the data processed using BD FACSDiva and FlowJo (Tree Star) software.

Statistical analysis

Data are reported as the mean of 3 independent experiments \pm standard deviation (SD). One-tailed *t* tests were used to

determine whether the differences in a given assay were statistically significant. A *P* value of < 0.05 was considered significant. For the **Figure 7**, data reported are the mean of 3 independent experiments ± standard (SEM)

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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Supplemental Materials

Supplemental materials may be found here:
www.landesbioscience.com/journals/cc/article/26298

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