

Autophagy Signaling in Skeletal Muscle of Infarcted Rats

Paulo R. Jannig^{1,2}, Jose B. N. Moreira^{2,4}, Luiz R. G. Bechara², Luiz H. M. Bozi², Aline V. Bacurau², Alex W. A. Monteiro², Paulo M. Dourado³, Ulrik Wisløff⁴, Patricia C. Brum^{1,2}*

1 Experimental Physiopathology - Medical School, University of Sao Paulo, Sao Paulo, Brazil, 2 School of Physical Education and Sport, University of Sao Paulo, Sao Paulo, Brazil, 3 Heart Institute - Medical School, University of Sao Paulo, Sao Paulo, Brazil, 4 K. G. Jensen Center of Exercise in Medicine, Norwegian University of Science and Technology, Trondheim, Norway

Abstract

Background: Heart failure (HF)-induced skeletal muscle atrophy is often associated to exercise intolerance and poor prognosis. Better understanding of the molecular mechanisms underlying HF-induced muscle atrophy may contribute to the development of pharmacological strategies to prevent or treat such condition. It has been shown that autophagylysosome system is an important mechanism for maintenance of muscle mass. However, its role in HF-induced myopathy has not been addressed yet. Therefore, the aim of the present study was to evaluate autophagy signaling in myocardial infarction (MI)-induced muscle atrophy in rats.

Methods/Principal Findings: Wistar rats underwent MI or Sham surgeries, and after 12 weeks were submitted to echocardiography, exercise tolerance and histology evaluations. Cathepsin L activity and expression of autophagy-related genes and proteins were assessed in soleus and plantaris muscles by fluorimetric assay, qRT-PCR and immunoblotting, respectively. MI rats displayed exercise intolerance, left ventricular dysfunction and dilation, thereby suggesting the presence of HF. The key findings of the present study were: a) upregulation of autophagy-related genes (GABARAPL1, ATG7, BNIP3, CTSL1 and LAMP2) was observed only in plantaris while muscle atrophy was observed in both soleus and plantaris muscles, and b) Cathepsin L activity, Bnip3 and Fis1 protein levels, and levels of lipid hydroperoxides were increased specifically in plantaris muscle of MI rats.

Conclusions: Altogether our results provide evidence for autophagy signaling regulation in HF-induced plantaris atrophy but not soleus atrophy. Therefore, autophagy-lysosome system is differentially regulated in atrophic muscles comprising different fiber-types and metabolic characteristics.

Citation: Jannig PR, Moreira JBN, Bechara LRG, Bozi LHM, Bacurau AV, et al. (2014) Autophagy Signaling in Skeletal Muscle of Infarcted Rats. PLoS ONE 9(1): e85820. doi:10.1371/journal.pone.0085820

Editor: Nicole Beard, University of Canberra, Australia

Received May 28, 2013; Accepted December 2, 2013; Published January 10, 2014

Copyright: © 2014 Jannig et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: PRJ held a master degree scholarship from Fundação de Amparo à Pesquisa do Estado de São Paulo, Brazil (FAPESP #2010/14567-4). PCB holds grants from FAPESP (#2010/50048-1) and Conselho Nacional de Pesquisa e Desenvolvimento (CNPq #302201/2011-4). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing Interests: The authors have declared that no competing interests exist.

* E-mail: pcbrum@usp.br

Introduction

Cardiovascular diseases (CVD) are leading causes of death worldwide and pose significant burden to financial and public health systems [1]. Among CVD, coronary artery disease is the most prevalent and has myocardial infarction (MI) as main cause [2,3]. CVD commonly progress to heart failure (HF), which is a complex syndrome with poor prognosis characterized by severe cardiac dysfunction, dyspnea, exercise intolerance and fluid retention, severely affecting quality of life and lifespan [3].

Previous studies identified that exercise capacity correlates poorly with cardiac hemodynamic variables in HF patients, while a much stronger association is found with skeletal muscle parameters, such as peripheral blood flow, muscle metabolism and mass [4–8]. Moreover, Anker et al. [9] showed that muscle wasting is an independent predictor of mortality in HF patients, emphasizing the need for better understanding the mechanisms underlying skeletal myopathy in this syndrome.

Accordingly, it has been shown that skeletal muscle catabolism is favored over anabolism in patients with chronic diseases, which occurs due to changes in inflammatory cytokines levels, redox homeostasis, nutrient availability, calcium handling, physical activity levels and growth factors [10–15]. These alterations contribute to boosted protein breakdown, mainly by two highly conserved proteolytic mechanisms, the ubiquitin-proteasome and the autophagy-lysosome systems [16]. The ubiquitin-proteasome system is responsible for selective removal of short-living cytosolic and nuclear proteins, including myofibrillar proteins [17,18], while the autophagy-lysosome system accounts for the engulfment of cytoplasmic cargos containing long-living proteins, glycogen, protein aggregates, as well as organelles (e.g. mitochondria). Such engulfment is carried by a double-membrane structure called autophagosome, which later has its outer membrane fused with a lysosome, delivering the cargo for degradation by lysosomal hydrolases [19,20].

The contribution of the ubiquitin-proteasome system for muscle atrophy in chronic diseases has already been demonstrated [21–23]. Our group has recently shown that skeletal muscle atrophy in HF patients and experimental models is associated with overactivation of the ubiquitin-proteasome system [22,24]. In contrast,

Table 1. gRT-PCR Primer Sequences.

| Gene name | Gene ID | Forward Sequence | Reverse Sequence |
|---------------|---------|-------------------------------------|------------------------------------|
| MAP1LC3B | 64862 | 5'-ACCCTCCCTGCATGCAGCTGTCC-3' | 5'-ACCAGGGACATGACGACGTACACAACC-3' |
| GABARAPL1 | 689161 | 5'-CAAATGAAGAGCGTCCTCCCCGTTG-3' | 5'-CAAAGTTCCAGAACCTGATGCCGACA-3' |
| ATG7 | 74244 | 5'-GCTCCTCACTTTTTGCCAACA-3' | 5'-GGAGCCACCACATCATTGC-3' |
| ATG12 | 361321 | 5'-CACCACTGCACCTGCCTCATTTTTAACTC-3' | 5'-ATGGCACACATGGCTGAGGACTACTCTG-3' |
| BECN1 | 114558 | 5'-GGTAGCTTTTCTGGACTGTGTGCAGCAG-3' | 5'-GTCTTCAATCTTGCCTTTCTCCACGTCC-3' |
| BNIP3 | 84480 | 5'-CAGAGCGGCGAGGAGAACCTGCAG-3' | 5'-GCTGCTCCCATTCCCATTGCTGAAG-3' |
| CTSL1 | 25697 | 5'-CACTACATCCGAAGGAGTTCATCTT-3' | 5'-ATTCAAGTACCATGGTCTCACTCAGA-3' |
| LAMP2 | 24944 | 5'-TGGCTCAGCTTTCATTGTTTC-3' | 5'-CATATAAGAACTTCCCAGAGGAGCAT-3' |
| Cyclophilin A | 25518 | 5'-TGGCAAGCATGTGGTCTTTGGGAAG-3' | 5'-GGTGATCTTCTTGCTGGTCTTGCCATTC-3' |

doi:10.1371/journal.pone.0085820.t001

the relative contribution of the autophagy-lysosome system in HF-induced skeletal myopathy has not been clarified yet, despite its important role in other atrophying conditions [25,26]. Therefore, the aim of present study was to evaluate autophagy signaling in HF-induced muscle atrophy in rats. Here we report that MI induced atrophy in both plantaris and soleus muscles, while autophagy-related genes were upregulated only in plantaris muscle, as well as increased Cathepsin L activity, Bnip3 and Fis1 protein levels. Collectively, our results provide direct evidence that autophagy signaling is differentially regulated among atrophying muscles with distinct fiber type distribution and metabolic characteristics.

Table 2. Physiological parameters.

| Parameter | Sham | МІ | p value |
|------------------------|----------------|----------------|---------|
| Body weight (g) | 442±15(14) | 426±9 (13) | 0.19 |
| Heart weight (mg) | 1,222±48 (12) | 1,310±50 (11) | 0.11 |
| Heart weight/BW (mg/g) | 2.81±0.06 (12) | 3.10±0.06 (10) | 0.00* |
| MI extension, % | 0.00±0.00 (6) | 27.90±1.40 (6) | 0.00* |
| Lung wet/dry | 4.39±0.07 (11) | 4.64±0.09 (11) | 0.02* |
| LVFS, % | 39.7±1.7 (9) | 24.4±2.4 (13) | 0.00* |
| LVESD, mm | 4.86±0.28 (9) | 6.56±0.41 (13) | 0.00* |
| LVEDD, mm | 8.04±0.33 (9) | 8.61±0.32 (13) | 0.12 |
| IVSS, mm | 1.78±0.10 (9) | 1.69±0.09 (13) | 0.27 |
| IVSD, mm | 1.12±0.07 (9) | 1.02±0.32 (13) | 0.08 |
| LVPWS, mm | 2.39±0.07 (9) | 2.56±0.11 (13) | 0.13 |
| LVPWD, mm | 1.33±0.09 (9) | 1.38±0.06 (13) | 0.32 |
| HR, bpm | 250±11 (9) | 258±10 (13) | 0.31 |

Body weight (BW), heart weight, heart weight corrected by BW, Myocardial extension, lung wet/dry ratio, left ventricular fraction shortening (LVFS), left ventricular end-systolic diameter (LVESD), left ventricular end-diastolic diameter (LVEDD), interventricular septum at systole (IVSS), interventricular septum at diastole (IVSD), left ventricular posterior wall at systole (LVPWS), left ventricular posterior wall at diastole (LVPWD) and heart rate under anesthesia (HR) of Sham and MI groups. Data presented as mean \pm SEM. Statistical significance are presented in p value column,

*indicates $p \le 0.05$. The number of animals used in each analysis is shown within parentheses.

doi:10.1371/journal.pone.0085820.t002

Materials and Methods

Animal Model and Experimental Design

Male Wistar rats weighing 250-300 g (8 weeks-old) were obtained from the Medical School, University of São Paulo. They were kept in an animal facility under controlled temperature (21°C) with 12:12 hours light:dark cycle, housed five per cage and receiving standard laboratory chow (Nuvital Nutrientes, Colombo, PR, Brazil) and water ad libitum. After a week of acclimatization, rats were randomly assigned into MI group and fictitious surgery (Sham) group, and then deeply anesthetized with ketamine (50 mg/kg, ip) and xylazine (10 mg/kg, ip), intubated, and mechanically ventilated with room air (respiratory rate of 60-70 breaths/min and tidal volume of 2.5 mL). Sham and MI surgeries were performed as described previously [24,27]. Twelve weeks after surgeries all animals were submitted to echocardiographic evaluation and a graded treadmill exercise tests, as described below. Forty-eight hours after examinations, the rats were killed by decapitation and tissues were carefully removed and processed according to the desired experiments. Skeletal muscle experiments were performed on soleus and plantaris muscles, due to their distinct structural and metabolic characteristics, and different damage patterns in chronic diseases [28]. All procedures were conducted in accordance with ethical principles in animal research adopted by the Brazilian Society of Laboratory Animal Science (SBCAL), and were approved by the University of Sao Paulo's Ethical Committee (#2008/40).

Echocardiographic Evaluation

Twelve weeks after surgeries, both Sham and MI rats underwent M-Mode echocardiographic examination for evaluation of cardiac dimensions and function. Rats were anesthetized (ketamine 50 mg/kg, ip, and xylazine 10 mg/kg, ip), and transthoracic echocardiography was were performed using an echocardiographer (Acuson Sequoia model 512, Siemens, Mountain View, CA, USA) equipped with a 14-MHz linear transducer. Heart rate was similar between Sham and MI groups, demonstration that the cardio-depressive effects of the anesthetics were of same extend for both groups. Left ventricular fractional shortening (LVFS) was calculated by the formula: LVFS (%) = [(LVEDD - I)]LVESD)/LVEDD] × 100, where LVEDD means Left Ventricular End-Diastolic Diameter and LVESD means Left Ventricular End-Systolic Diameter. Measurements of echocardiographic examination followed the recommendations of the American College of Echocardiography [29]. All evaluations were performed by an experienced observer (PMD) blinded to rat's identity.

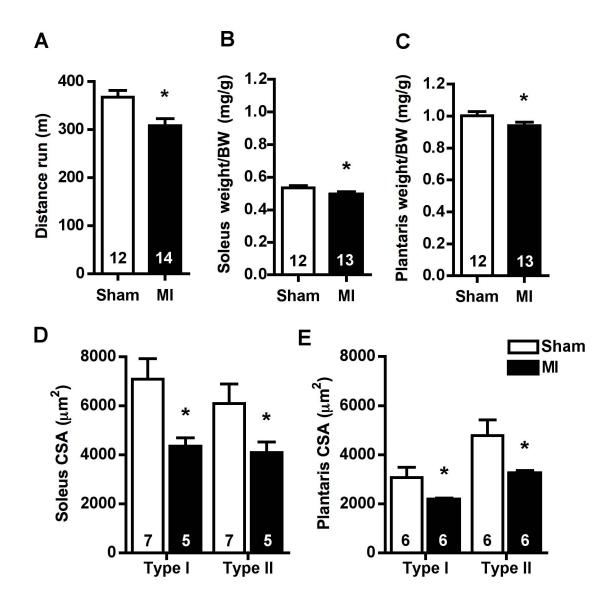


Figure 1. Exercise tolerance and skeletal muscle trophicity. Exercise tolerance measured by distance run (\mathbf{A}), soleus weight corrected to body weight (BW) (\mathbf{B}), plantaris weight corrected to BW (\mathbf{C}), soleus (\mathbf{D}) and plantaris (\mathbf{E}) type I and type II fiber cross-sectional area (CSA) in Sham and MI groups. Data are presented as mean \pm SEM. *indicates p \leq 0.05 vs. Sham. The number of animals in each analysis is shown within the bar. doi:10.1371/journal.pone.0085820.g001

Graded Treadmill Exercise Test

To assess the exercise tolerance, rats were submitted to a graded treadmill exercise test 12 weeks after surgeries. Animals were adapted to treadmill exercise during five days (10 minutes each day) before test. The test started at 6 m/min and speed was increased by 3 m/min every 3 minutes until rats were unable to run due to exhaustion [30]. Total distance run was used as parameter to assess exercise tolerance.

Myocardial Infarcted Area

Cardiac slices were fixed by immersion in 4% buffered formalin and embedded in paraffin for routine histological processing. Sections (4 μ m) were stained with Masson's trichrome for the

quantification of the myocardial infarcted area. This measurement was performed in the left ventricle free wall with a computer-assisted morphometric system (Leica Quantimet 500, Cambridge, UK), as described previously [31]. The myocardial infarcted area was expressed as a percentage of total surface area of the left ventricle.

Skeletal Muscle Fiber Cross-sectional Area

For assessing muscle fiber cross-sectional area (CSA), soleus and plantaris muscles were carefully harvested, mounted in optimal cutting temperature compound (Tissue-Tek®, Sakura Finetek Inc, Torrence, CA, USA), snap-frozen in isopentane and stored in liquid nitrogen. Muscles were serially cut into $10~\mu$ m-thick sections

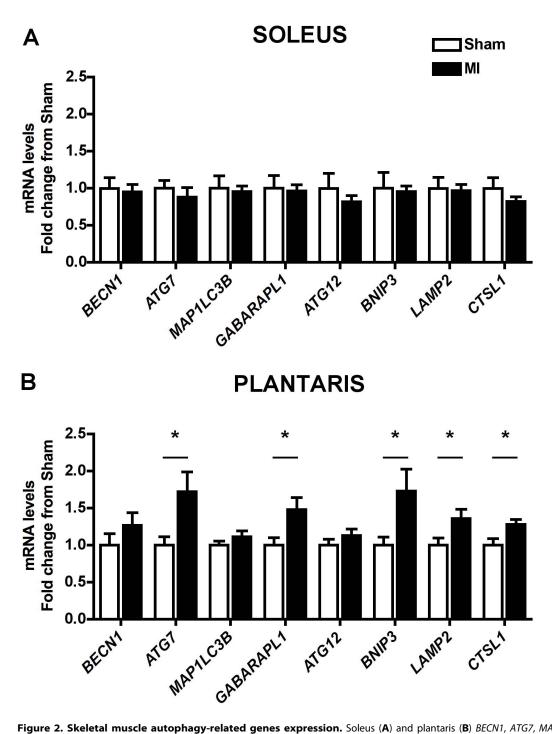


Figure 2. Skeletal muscle autophagy-related genes expression. Soleus (**A**) and plantaris (**B**) *BECN1*, *ATG7*, *MAP1LC3B*, *GABARAPL1*, *ATG12*, *BNIP3*, *LAMP2* and *CTSL1* mRNA levels of in Sham and MI groups. Data presented as mean ± SEM. *indicates p≤0.05 vs. Sham. In soleus muscle were analyzed 11 animals in Sham group and 10 animals in MI group. In plantaris muscle were analyzed 11 animals in each group. doi:10.1371/journal.pone.0085820.g002

using a cryostat (Leica CM1850, Leica Biosystems, Wetzlar, HE, Germany) and incubated for myosin ATPase staining after alkali (pH 10.6) preincubation, as described previously [32]. The myosin ATPase staining was used to identify the muscle fiber type, since at an alkali pH type II fibers react deeply, while type I fibers react lightly. Fiber type distribution and CSA were evaluated at 200x magnification and analyzed by a digitalizing unit connected to a computer (Image-Pro Plus, Media Cybernetics, Silver Spring,

MD, USA). All analyses were conducted by a single observer ([BNM) blinded to rat's identity.

Quantitative Real-time PCR

Approximately 40–50 mg of soleus and plantaris muscles were homogenized to isolate total RNA using TRizol reagent (Invitrogen, Sao Paulo, SP, Brazil) following manufacturer's instruction. RNA purity (260/280 nm ratio) and concentration (ng/ μ L) were determined spectrophotometrically by NanoDrop 2000 (Thermo

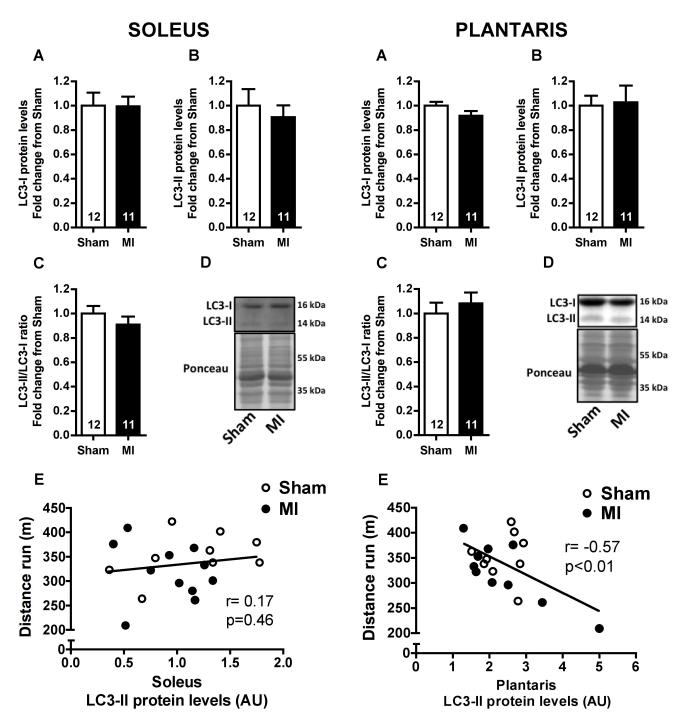


Figure 3. Autophagic marker in soleus muscle. Soleus LC3-I (**A**) and LC3-II (**B**) protein levels, LC3-II/LC3-I ratio (**C**) and representative imunnoblots (**D**) in Sham and MI groups. Correlation between soleus LC3-II protein expression and distance run in a graded treadmill exercise test (**E**, Sham n=9, MI n=11). Data presented as mean \pm SEM. AU, arbitrary unit. The number of animals in each analysis is shown within the bars.

doi:10.1371/journal.pone.0085820.g003

Scientific, Rockford, IL, USA), and RNA integrity was checked electrophoretically by 1% agarose gel stained with Nancy-520 (Sigma-Aldrich, Sao Paulo, SP, Brazil). Messenger RNA (mRNA) levels of the autophagy-related genes: *MAP1LC3B*, *GABARAPL1*, *ATG7*, *ATG12*, *BECN1*, *BNIP3*, *CTSL1* and *LAMP2* were assessed

Figure 4. Autophagic marker in plantaris muscle. Plantaris LC3-I (**A**) and LC3-II (**B**) protein levels, LC3-II/LC3-I ratio (**C**) and representative imunnoblots (**D**) in Sham and MI groups. Correlation between plantaris LC3-II protein expression and distance run in a graded treadmill exercise test (**E**, Sham n=9, MI n=10). Data presented as mean \pm SEM. AU, arbitrary unit. The number of animals in each analysis is shown within the bars.

doi:10.1371/journal.pone.0085820.g004

in soleus and plantaris muscles by quantitative real-time polymerase chain reaction (qRT-PCR). For this purpose, cDNA was synthetized from 2 μg of total RNA using Revertaid TM First Strand cDNA synthesis kit (Fermentas, Glen Burnie, MD, USA). After cDNA synthesis, qRT-PCR for target genes and endogenous reference gene Cyclophilin A were run separately, and amplifications

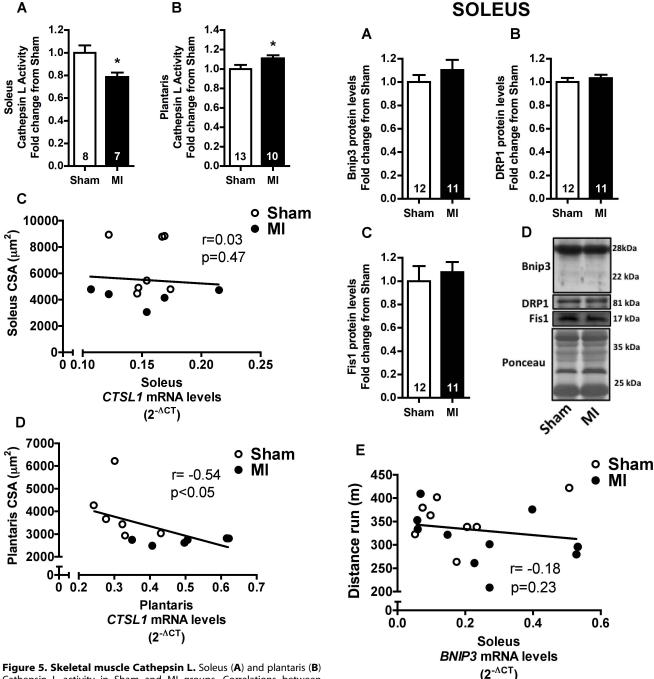


Figure 5. Skeletal muscle Cathepsin L. Soleus (**A**) and plantaris (**B**) Cathepsin L activity in Sham and MI groups. Correlations between CTSL1 mRNA levels and skeletal muscle fiber cross-sectional area (CSA) in soleus (**C**, Sham n = 7, MI n = 5) and plantaris (**D**, Sham n = 6, MI n = 6) muscles. Data presented as mean \pm SEM. *indicates p \leq 0.05 vs. Sham. The number of animals in each analysis is shown within the bars. doi:10.1371/journal.pone.0085820.g005

were performed with an ABI Prism 7500 Sequence Detection System (Applied Biosystems, Foster City, CA, USA) by using Maxima® SYBR Green/ROX qPCR Master Mix (Fermentas, Glen Burnie, MD, USA). Melting point dissociation curves were used to confirm the purity of the amplification products. Results were expressed using the comparative cycle threshold (Ct) method as described by the manufacturer. The Δ Ct values were calculated in every sample for each gene of interest as Ct_{gene of interest} minus Ct_{housekeeping}, using *Cyclophilin A* as housekeeping. The calculation

Figure 6. Mitophagy and mitochondrial fission in soleus muscle. Soleus Bnip3 (**A**), DRP1 (**B**) and Fis1 (**C**) protein levels, and representative immunoblots (**D**) in Sham and MI groups. Correlation between soleus *BNIP3* mRNA levels and distance run in a graded treadmill exercise test (**E**, Sham n=8, MI n=10). Data presented as mean \pm SEM. The number of animals in each analysis is shown within the bars.

doi:10.1371/journal.pone.0085820.g006

of the relative changes in the expression level of one specific gene $(\Delta\Delta Ct)$ was performed by subtraction of the average ΔCt from the Sham group to the ΔCt from each sample, and fold-change determined as $2^{-\Delta\Delta Ct}$. For representative purposes, Sham levels were arbitrarily set to 1. Table 1 shows the primer sequences used.

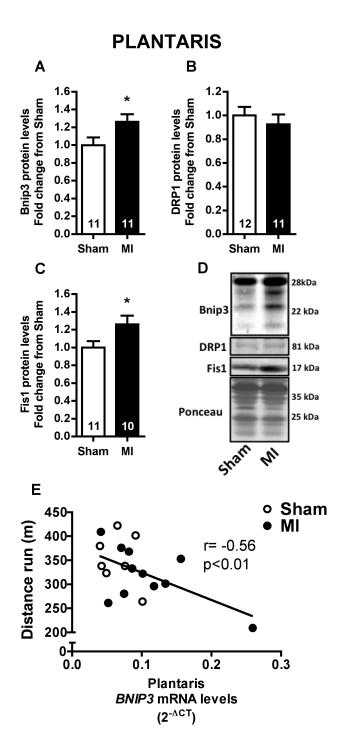


Figure 7. Mitophagy and mitochondrial fission in plantaris muscle. Plantaris Bnip3 (A), DRP1 (B) and Fis1 (C) protein levels, and representative immunoblots (D) in Sham and MI groups. Correlation between plantaris BNIP3 mRNA levels and distance run in a graded treadmill exercise test (E, Sham n=8, MI n=10). Data presented as mean \pm SEM. *indicates p \leq 0.05 vs. Sham. The number of animals in each analysis is shown within the bars. doi:10.1371/journal.pone.0085820.g007

Immunoblotting

Soleus and plantaris muscles were homogenized in phosphate buffer (50 mM $\rm K_2HPO_4$ adjusted to pH 7.4 with 50 mM $\rm KH_2PO_4$ solution) containing protease inhibitor cocktail (1:100, Sigma-Aldrich, Sao Paulo, SP, Brazil), and centrifuged for 15

minutes at 12,000 g and 4°C. Supernatant was used for the assay. Protein concentration was measured by Bradford assay (Bio-Rad Protein Assay, Bio-Rad, Sao Paulo, SP, Brazil). Muscle homogenates were mixed with 0.8% (w:v) SDS, 200 mM mercaptoethanol, 0.02% (w:v) bromophenol blue and 40% (w:v) glycerol and submitted to SDS-PAGE (25-50 µg of soluble proteins per lane). Proteins were electrotransferred to nitrocellulose membranes, followed by incubation with bovine serum albumin (5% BSA, w:v) blocking solution. Primary and secondary antibodies were incubated following manufacturer's instructions. Antibody detection was performed in a digitalizing unit (ChemiDoc, Bio-Rad, Sao Paulo, SP, Brazil) after incubation with Pierce ECL Western Blotting Substrate (Thermo Scientific, Rockford, IL, USA). Different membranes were compared by loading a standard reference sample in all gels and results were corrected to Ponceau red staining (0.5%, w:v) of the membrane [33]. Data are presented as fold change from Sham group (arbitrarily set to 1). LC3 antibody was kindly provided by Dr. Ron Kopito (Stanford University, USA). Bnip3 antibody (1:1000; #3769) was purchased from Cell Signaling (Beverly, MA, USA). DRP1 (1:1000; PA1-46179) and Fis1 (1:1000; PA1-41082) were purchased from Thermo Scientific (Rockford, IL, USA), Complex I (1:1000; ab14713), Complex III (1:1000; ab110252), Complex V (1:1000; ab14748), IDH2 (1:2000; ab131263) and VDAC (1:1000; ab14734) antibodies were purchased from Abcam (Cambridge, MA, USA).

Cathepsin L Activity Assay

Cathepsin L activity was evaluated in 200 μg of soleus or plantaris homogenates using a commercially available kit (Cathepsin L Activity Assay Kit, Abcam, Cambridge, MA, USA) following manufacturer's instructions. Data are presented as fold change from Sham group (arbitrarily set to 1).

Lipid Hydroperoxide Levels

Lipid hydroperoxides were evaluated in soleus and plantaris samples (250 μ g of protein) using the ferrous oxidation-xylenol (FOX) orange technique as described elsewhere [34]. Data are presented as nmol/mg protein.

Statistical Analysis

Shapiro-Wilks test was used to verify normal distribution of the data. Data were compared between groups using non-paired Student's t-test. Pearson's correlation coefficient was used to detect linearity between variables. When linear correlations were performed between gene expression data and other variables, we used $2^{-\Delta Ct}$ values to exclude Sham's correction. All results are presented as mean \pm standard error mean (SEM) and statistical significance was considered achieved when $p \le 0.05$.

Results

Physiological Parameters and Cardiac Function

The physiological parameters are presented in Table 2. Although body and heart weights were similar between groups, heart-to-body weight ratio was increased after MI, indicating cardiac hypertrophy. Infarcted area averaged nearly 28%, which was accompanied by higher lung wet-to-dry weight ratio, which suggests the occurrence of lung edema. Echocardiographic evaluation revealed severe contractile dysfunction, as depicted by reduced LVFS. Moreover, MI animals displayed LV dilation at systole (increased LVESD) and a trend toward interventricular septum thinning in diastole (reduced IVSD). These data confirm

SOLEUS A В 1.2 1.2 Complex III protein levels Complex I protein levels Fold change from Sham Fold change from Sham E 0.8 0.8 0.6 0.6 Complex I 36 kDa 0.4 0.4 Complex III 53 kDa 0.2 0.2 Complex V 53 kDa 0.0 0.0 IDH₂ 50 kDa Sham MI Sham MI VDAC 39 kDa C D 55 kDa 1.2 **Complex V protein levels** Fold change from Sham Fold change from Sham Ponceau 1.0 1.0 **IDH2/VDAC** ratio 0.8 0.8 35 kDa 0.6 0.6 0.4 0.4 0.2 0.2 11 10 0.0 MI Sham MI Sham

Figure 8. Soleus muscle mitochondrial content. Soleus mitochondrial complexes I (A), III (B) and V (C) protein levels, IDH2/VDAC ratio (D) and representative immunoblots (E) in Sham and MI groups. Data presented as mean \pm SEM. The number of animals in each analysis is shown in the bar. doi:10.1371/journal.pone.0085820.g008

that MI group also presented cardiac remodeling. Taken together, our results strongly suggest the presence of HF in the MI rats.

Exercise Tolerance and Skeletal Muscle Trophicity

MI rats presented reduced total distance run in graded treadmill running tests (Figure 1A), suggesting exercise intolerance, which is a hallmark of HF [35]. In order to evaluate skeletal muscle trophicity, we measured muscle weight and skeletal muscle fiber CSA in both soleus and plantaris muscles. Both soleus and plantaris weight to body weight ratios were reduced in MI group (Figure 1B and 1C). Similar results were observed for skeletal muscle fiber CSA in soleus (Figure 1D) and plantaris (Figure 1E), where both slow-twitch type I and fast-twitch type II fibers were atrophied in MI group when compared to Sham.

Autophagy-related Genes Expression

To verify whether skeletal muscle atrophy was accompanied by overexpression of autophagy-related genes, we performed qRT-PCR analysis in both soleus and plantaris muscles. Despite soleus

muscle atrophy, none of the analyzed genes were altered by MI in this muscle (Figure 2A). However, mRNA levels of the autophagy-related genes ATG7, GABARAPL1, BNIP3, LAMP2 and CTSL1were higher in plantaris muscle of MI than Sham rats, while no differences were found in BECN1, MAP1LC3B and ATG12 (Figure 2B).

LC3 Protein Levels

LC3 protein (encoded by *MAP1LC3B* gene) is considered an autophagic marker [36]. In agreement with *MAP1LC3B* mRNA levels, no difference was found for LC3-I and LC3-II protein levels (non-lipidated cytosolic localized and lipidated autophagosome localized forms of LC3, respectively), and for LC3-II/LC3-I ratio either in soleus (Figure 3A–D) or plantaris (Figure 4A–D) muscles from Sham and MI groups. However, LC3-II protein levels in plantaris were significantly correlated to distance run in a graded treadmill exercise test (Figure 4E), while no correlation was found between these variables in soleus muscle (Figure 3E).

PLANTARIS

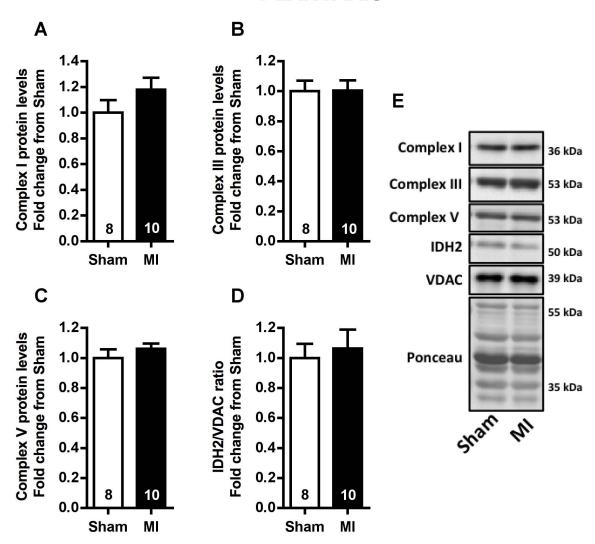


Figure 9. Plantaris muscle mitochondrial content. Plantaris mitochondrial complexes I (**A**), III (**B**) and V (**C**) protein levels, IDH2/VDAC ratio (**D**) and representative immunoblots (**E**) in Sham and MI groups. Data are presented as mean ± SEM. The number of animals in each analysis is shown in the bar. doi:10.1371/journal.pone.0085820.g009

Skeletal Muscle Cathepsin L

Cathepsin L is an important lysosomal protease in skeletal muscles [37]. Cathepsin L activity was reduced in soleus muscle of MI when compared with Sham rats (Figure 5A). Conversely, plantaris muscle cathepsin L activity was significantly increased in MI rats. Interestingly, a significant inverse relationship was observed between CTSL1 mRNA levels and fiber CSA in plantaris muscle (Figure 5D) while no difference was observed for soleus muscle (Figure 5C).

Mitophagy Signaling and Mitochondrial Content

Mitochondrial network fragmentation and degradation has been associated to mitochondrial dysfunction and skeletal muscle atrophy [38,39]. Therefore, we evaluated Bnip3 protein expression, which is involved in mitochondrial autophagy (mitophagy), and DRP1 and Fis1 protein expression, involved in mitochondrial fission, in soleus and plantaris muscles. No changes were observed in Bnip3, DRP1 and Fis1 protein levels in soleus muscle of MI rats

(Figure 6). In contrast, Bnip3 and Fis1 protein levels were significantly higher in MI than Sham group (Figure 7). Interestingly, plantaris *BNIP3* mRNA levels were negatively correlated to distance run in a graded treadmill exercise test (Figure 7E) while no correlation between these variables were observed in soleus muscle (Figure 6E).

To verify whether mitochondrial content would be changed by MI in soleus and plantaris muscles, mitochondrial complexes I, III and V protein expression, and the ratio between IDH2 and VDAC protein levels (index related to mitochondrial matrix density) were evaluated. No difference was observed for mitochondrial complexes and IDH2/VDAC ratio in either soleus or plantaris muscles between Sham and MI rats (Figures 8 and 9, respectively).

Considering that oxidative stress triggers mitophagy and mitochondrial fission, lipid hydroperoxides content was evaluated in soleus and plantaris muscles of MI and Sham rats. Similar levels of lipid hydroperoxides were observed in Soleus muscles of Sham

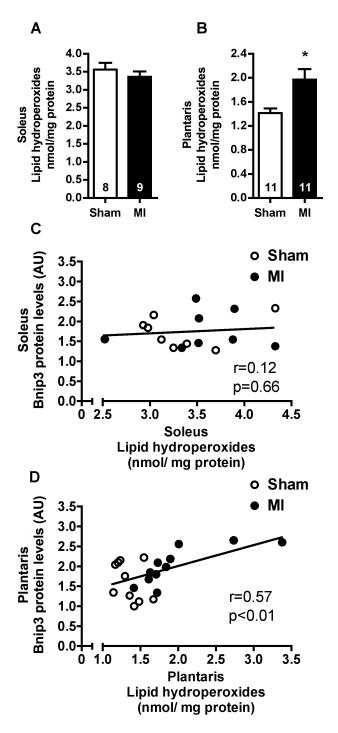


Figure 10. Skeletal muscle oxidative stress. Soleus (**A**) and plantaris (**B**) lipid hydroperoxide levels in Sham and MI groups. Correlation between lipid hydroperoxide levels and Bnip3 protein expression in soleus (**C**, Sham n=8, MI n=8) and plantaris (**D**, Sham n=10, MI n=11) muscles in Sham and MI groups. Data presented as mean \pm SEM. *indicates $p{\le}0.05$ vs. Sham. AU, arbitrary unit. The number of animals in each analysis is shown within the bars. doi:10.1371/journal.pone.0085820.q010

and MI groups (Figure 10A). In contrast, plantaris lipid hydroperoxides were significantly increased in MI rats (Figure 10B). Interestingly, we found a significant positive correlation between lipid hydroperoxides and Bnip3 protein levels

in plantaris muscle (Figure 10D), while no correlation was observed in soleus muscle (Figure 10C).

Discussion

Despite great efforts have been made to counteract the adverse effects of HF, skeletal muscle wasting continues to be an underestimated problem. Better understanding of the molecular mechanisms underlying HF-induced muscle atrophy may contribute to the development of pharmacological strategies to prevent or treat such condition, by improving exercise capacity, quality of life and prognosis of HF patients. Presently, we tested whether autophagy signaling would be differentially regulated in soleus and plantaris muscles of infarcted rats. The key findings of the present study were twofold: a) upregulation of autophagy-related genes was observed only in plantaris while muscle atrophy was observed in both soleus and plantaris muscles of MI rats, and b) Cathepsin L activity, Bnip3 and Fis1protein levels, and lipid hydroperoxides levels were increased specifically in plantaris muscle of MI rats.

Several systemic diseases share a common pattern of skeletal muscle transcriptional reprogram associated with muscle atrophy, setting the existence of atrophy-related genes, or atrogenes, as proposed by Lecker et al. [23]. Among the identified atrogenes, the following autophagy-related genes are included: MAP1LC3B, GABARAPL1, BNIP3 and CTSL1, which, with exception of MAP1LC3B, were found upregulated in plantaris muscle of MI rats (Figure 2). Therefore, this and other studies of our group [22,24] demonstrate that HF-induced muscle atrophy present a similar transcriptional program to other systemic diseases. However, it is also important to highlight that autophagy-related genes are differentially regulated between muscles comprising different fiber-types and metabolic characteristics. In fact, atrophic soleus muscle of MI rats did not differ from Sham's in regard to expression of autophagy-related genes, at least at the presently studied stage of HF-induced skeletal myopathy.

Upregulation of autophagy-related genes was not paralleled by increased LC3 protein expression or LC3-II/LC3-I ratio. However, it is worth mentioning that we found a significant inverse relationship between plantaris muscle LC3-II levels and distance run. The same was not observed in soleus muscle (Figures 3 and 4). LC3-II protein level is considered an autophagic marker in some conditions [36], since LC3-II is covalently bound to autophagosome membrane. However, LC3-II protein lifetime is rather short when autophagic flux is increased leading to its degradation within lysosome, hampering its detection. Presently, autophagic flux seems to be elevated in plantaris muscle of MI rats. This is supported by higher LAMP2 mRNA levels (Figure 2B) and Cathepsin L activity in plantaris muscle (Figure 5B) of MI rats, suggesting increased autophagosome-lysosome fusion and lysosome content degradation. Additionally, CTSL1 mRNA levels displayed a significant inverse relationship with muscle fiber CSA in plantaris but not in soleus muscle (Figures 5C-D).

Glycolytic muscles display higher levels of autophagosomes than oxidative muscles in fasted animals [40], which suggests that an earlier induction of autophagy-related genes takes place in glycolytic muscles. In fact, Ogata et al. [41] observed that the onset of fasting-induced autophagy occurred earlier in plantaris than soleus. Additionally, oxidative muscles display higher anti-oxidant defense than glycolytic muscles, which is consistent with a possible later induction of autophagy in soleus. Therefore, at the present time point, the HF-induced soleus atrophy seems to occur independently of autophagy overactivation.

Regarding the possible mechanisms involved in soleus atrophy, a reduced protein synthesis and overactivated ubiquitin-proteasome proteolysis might play an important role. In fact, we have recently observed a decreased IGF-I/PI3K/Akt signaling in atrophic soleus but not plantaris muscle of HF mice (unpublished data). Indeed, we have also demonstrated that ubiquitin-proteasome system was overactivated in atrophic soleus and plantaris muscles at the same stage of HF-induced skeletal myopathy presently studied [24].

Another interesting finding of the present study was the upregulation of Bnip3 and Fis1 protein levels only in plantaris muscle with no changes observed in the levels of these proteins in the soleus muscle (Figures 6 and 7). Indeed, increased plantaris BNIP3 mRNA levels were correlated with exercise intolerance (Figure 7E). These results are particularly interesting since mitochondrial network fragmentation and degradation are both involved in mitochondrial dysfunction and skeletal muscle atrophy [38,39]. Specifically, upregulation of Fis1 protein triggers mitochondrial fission, an important step preceding mitophagy [42], while Bnip3 is a crucial protein involved in mitophagy process [43]. As we have not observed any difference in either plantaris or soleus mitochondrial content (Figures 8 and 9), our data suggest an increased plantaris mitophagy and mitochondrial fission signaling with no impact in overall mitochondrial content in the present time point.

Oxidative stress triggers general autophagy, mitophagy and mitochondrial fission [44,45]. Corroborating our previous findings [15,22,24], we observed increased levels of plantaris lipid hydroperoxides in MI compared with Sham rats, with no changes in soleus muscle (Figures 10A–B). Interestingly, we have also

References

- WHO (2011) Global Atlas on Cardiovascular Disease Prevention and Control; Mendes S, Puska P, Norrving B, editors. Geneva: World Health Organization.
- Go AS, Mozaffarian D, Roger VL, Benjamin EJ, Berry JD, et al. (2013) Heart disease and stroke statistics-2013 update: a report from the American Heart Association. Circulation 127: e6-e245.
- 3. Hunt SA, Abraham WT, Chin MH, Feldman AM, Francis GS, et al. (2005) ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in the Adult: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Update the 2001 Guidelines for the Evaluation and Management of Heart Failure): developed in collaboration with the American College of Chest Physicians and the International Society for Heart and Lung Transplantation: endorsed by the Heart Rhythm Society. Circulation 112: e154–235
- Franciosa JA, Park M, Levine TB (1981) Lack of correlation between exercise capacity and indexes of resting left ventricular performance in heart failure. Am J Cardiol 47: 33–39.
- Harrington D, Anker SD, Chua TP, Webb-Peploe KM, Ponikowski PP, et al. (1997) Skeletal muscle function and its relation to exercise tolerance in chronic heart failure. J Am Coll Cardiol 30: 1758–1764.
- Minotti JR, Pillay P, Oka R, Wells L, Christoph I, et al. (1993) Skeletal muscle size: relationship to muscle function in heart failure. J Appl Physiol 75: 373–381.
- Jondeau G, Katz SD, Zohman L, Goldberger M, McCarthy M, et al. (1992) Active skeletal muscle mass and cardiopulmonary reserve. Failure to attain peak aerobic capacity during maximal bicycle exercise in patients with severe congestive heart failure. Circulation 86: 1351–1356.
- 8. Middlekauff HR (2010) Making the case for skeletal myopathy as the major limitation of exercise capacity in heart failure. Circ Heart Fail 3: 537–546.
- Anker SD, Ponikowski P, Varney S, Chua TP, Clark AL, et al. (1997) Wasting as independent risk factor for mortality in chronic heart failure. Lancet 349: 1050– 1053
- Bueno CR Jr, Ferreira JC, Pereira MG, Bacurau AV, Brum PC (2010) Aerobic exercise training improves skeletal muscle function and Ca2+ handling-related protein expression in sympathetic hyperactivity-induced heart failure. J Appl Physiol 109: 702–709.
- Musaro A, Fulle S, Fano G (2010) Oxidative stress and muscle homeostasis. Curr Opin Clin Nutr Metab Care 13: 236–242.
- Rommel C, Bodine SC, Clarke BA, Rossman R, Nunez L, et al. (2001) Mediation of IGF-1-induced skeletal myotube hypertrophy by PI(3)K/Akt/mTOR and PI(3)K/Akt/GSK3 pathways. Nat Cell Biol 3: 1009–1013.
- Sandri M (2008) Signaling in muscle atrophy and hypertrophy. Physiology (Bethesda) 23: 160–170.
- Glass DJ (2003) Signalling pathways that mediate skeletal muscle hypertrophy and atrophy. Nat Cell Biol 5: 87–90.

observed a significant correlation between plantaris levels of lipid hydroperoxides and Bnip3 protein, which did not occur in soleus muscle (Figures 10C–D). These results highlight oxidative stress as an important player in autophagy signaling of HF-induced plantaris atrophy.

Altogether, our results provide new insights for the relative contribution of the autophagy-lysosome system to HF-induced muscle atrophy, playing a major role in glycolytic muscles.

Limitations

It is important to note that presented experiments were performed 12 weeks after MI surgery, since our group had previously demonstrated muscle atrophy at this time point [24]. Therefore, our results are restricted to this time point. However, we cannot exclude distinct autophagy signaling regulation could occur in other time points, including a possible upregulation of autophagy-lysosome system in soleus muscle at a later time.

Acknowledgments

We thank Katt C Mattos and Marcele A Coelho for technical assistance.

Author Contributions

Conceived and designed the experiments: PRJ AVNB PCB. Performed the experiments: PRJ JBNM LRGB LHMB AWAM PMD. Analyzed the data: PRJ JBNM LRGB. Contributed reagents/materials/analysis tools: PMD UW PCB. Wrote the paper: PRJ JBNM PCB.

- Bacurau AV, Jardim MA, Ferreira JC, Bechara LR, Bueno CR Jr, et al. (2009) Sympathetic hyperactivity differentially affects skeletal muscle mass in developing heart failure: role of exercise training. J Appl Physiol 106: 1631– 1640.
- Zhao J, Brault JJ, Schild A, Cao P, Sandri M, et al. (2007) FoxO3 coordinately activates protein degradation by the autophagic/lysosomal and proteasomal pathways in atrophying muscle cells. Cell Metab 6: 472–483.
- Cohen S, Brault JJ, Gygi SP, Glass DJ, Valenzuela DM, et al. (2009) During muscle atrophy, thick, but not thin, filament components are degraded by MuRF1-dependent ubiquitylation. J Cell Biol 185: 1083–1095.
- Solomon V, Goldberg AL (1996) Importance of the ATP-ubiquitin-proteasome pathway in the degradation of soluble and myofibrillar proteins in rabbit muscle extracts. J Biol Chem 271: 26690–26697.
- Bechet D, Tassa A, Taillandier D, Combaret L, Attaix D (2005) Lysosomal proteolysis in skeletal muscle. Int J Biochem Cell Biol 37: 2098–2114.
- Mizushima N, Komatsu M (2011) Autophagy: renovation of cells and tissues. Cell 147: 728–741.
- Attaix D, Combaret L, Bechet D, Taillandier D (2008) Role of the ubiquitinproteasome pathway in muscle atrophy in cachexia. Curr Opin Support Palliat Care 2: 262–266.
- Cunha TF, Bacurau AV, Moreira JB, Paixao NA, Campos JC, et al. (2012) Exercise training prevents oxidative stress and ubiquitin-proteasome system overactivity and reverse skeletal muscle atrophy in heart failure. Plos One 7: e41701.
- Lecker SH, Jagoe RT, Gilbert A, Gomes M, Baracos V, et al. (2004) Multiple types of skeletal muscle atrophy involve a common program of changes in gene expression. FASEB J 18: 39–51.
- Moreira JB, Bechara LR, Bozi LH, Jannig PR, Monteiro AW, et al. (2013) Highversus moderate-intensity aerobic exercise training effects on skeletal muscle of infarcted rats. J Appl Physiol 114: 1029–1041.
- Mammucari C, Milan G, Romanello V, Masiero E, Rudolf R, et al. (2007) FoxO3 controls autophagy in skeletal muscle in vivo. Cell Metab 6: 458–471.
- O'Leary MF, Vainshtein A, Iqbal S, Ostojic O, Hood DA (2013) Adaptive plasticity of autophagic proteins to denervation in aging skeletal muscle. Am J Physiol Cell Physiol 304: C422

 –430.
- Johns TN, Olson BJ (1954) Experimental myocardial infarction. I. A method of coronary occlusion in small animals. Ann Surg 140: 675–682.
- Li P, Waters RE, Redfern SI, Zhang M, Mao L, et al. (2007) Oxidative phenotype protects myofibers from pathological insults induced by chronic heart failure in mice. Am J Pathol 170: 599–608.
- Picard MH, Adams D, Bierig SM, Dent JM, Douglas PS, et al. (2011) American Society of Echocardiography recommendations for quality echocardiography laboratory operations. J Am Soc Echocardiogr 24: 1–10.

- Ferreira JC, Rolim NP, Bartholomeu JB, Gobatto CA, Kokubun E, et al. (2007) Maximal lactate steady state in running mice: effect of exercise training. Clin Exp Pharmacol Physiol 34: 760–765.
- Ferreira JC, Bacurau AV, Evangelista FS, Coelho MA, Oliveira EM, et al. (2008) The role of local and systemic renin angiotensin system activation in a genetic model of sympathetic hyperactivity-induced heart failure in mice. Am J Physiol Regul Integr Comp Physiol 294: R26–32.
- Brooke MH, Kaiser KK (1970) Three "myosin adenosine triphosphatase" systems: the nature of their pH lability and sulfhydryl dependence. J Histochem Cytochem 18: 670–672.
- Rómero-Calvo I, Ocon B, Martinez-Moya P, Suarez MD, Zarzuelo A, et al. (2010) Reversible Ponceau staining as a loading control alternative to actin in Western blots. Anal Biochem 401: 318–320.
- Nourooz-Zadeh J, Tajaddini-Sarmadi J, Wolff SP (1994) Measurement of plasma hydroperoxide concentrations by the ferrous oxidation-xylenol orange assay in conjunction with triphenylphosphine. Anal Biochem 220: 403

 –409.
- 35. Krum H, Abraham WT (2009) Heart failure. Lancet 373: 941–955.
- Klionsky DJ, Abdalla FC, Abeliovich H, Abraham RT, Acevedo-Arozena A, et al. (2012) Guidelines for the use and interpretation of assays for monitoring autophagy. Autophagy 8: 445–544.
 Deval C, Mordier S, Obled C, Bechet D, Combaret L, et al. (2001)
- Deval C, Mordier S, Obled C, Bechet D, Combaret L, et al. (2001) Identification of cathepsin L as a differentially expressed message associated with skeletal muscle wasting. Biochem J 360: 143–150.

- Lokireddy S, Wijesoma IW, Teng S, Bonala S, Gluckman PD, et al. (2012) The ubiquitin ligase Mul1 induces mitophagy in skeletal muscle in response to muscle-wasting stimuli. Cell Metab 16: 613–624.
- Romanello V, Guadagnin E, Gomes L, Roder I, Sandri C, et al. (2010) Mitochondrial fission and remodelling contributes to muscle atrophy. EMBO J 29: 1774–1785.
- Mizushima N, Yamamoto A, Matsui M, Yoshimori T, Ohsumi Y (2004) In vivo analysis of autophagy in response to nutrient starvation using transgenic mice expressing a fluorescent autophagosome marker. Mol Biol Cell 15: 1101–1111.
- Ogata T, Oishi Y, Higuchi M, Muraoka I (2010) Fasting-related autophagic response in slow- and fast-twitch skeletal muscle. Biochem Biophys Res Commun 394: 136–140.
- Twig G, Elorza A, Molina AJ, Mohamed H, Wikstrom JD, et al. (2008) Fission and selective fusion govern mitochondrial segregation and elimination by autophagy. EMBO J 27: 433–446.
- Novak I, Kirkin V, McEwan DG, Zhang J, Wild P, et al. (2010) Nix is a selective autophagy receptor for mitochondrial clearance. EMBO Rep 11: 45–51.
- Thomas RL, Kubli DA, Gustafsson AB (2011) Bnip3-mediated defects in oxidative phosphorylation promote mitophagy. Autophagy 7: 775–777.
- 45. Youle RJ, Narendra DP (2011) Mechanisms of mitophagy. Nat Rev Mol Cell Biol 12: 9–14.