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The Genotype and Phenotype of Patients with Gonadotropin Releasing Hormone Receptor Mutations

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Abstract

Human mutations in the gonadotropin releasing hormone receptor (*GNRHR*) gene cause autosomal recessive, normosmic idiopathic hypogonadotropic hypogonadism (IHH). At least 19 different mutations have been identified in this G-protein coupled receptor, which consist mostly of missense mutations. The Gln106Arg and Arg262Gln mutations comprise nearly half of the identified alleles. Most mutations impair ligand binding and all compromise cell signaling events. Some of the mutations also adversely affect activation of gonadotropin subunit or *Gnrhr* gene promoters. Interestingly, a number of the mutant GnRHRs can be rescued in vitro from misfolding and degradation within the cell by the addition of a GnRHR antagonist IN3. Most affected patients have compound heterozygous *GNRHR* mutations that may cause either complete IHH (no evidence of puberty) or incomplete IHH (partial evidence of puberty), although some genotypes are associated with mild disease in some families and severe disease in others. *GNRHR* mutations also appear to cause constitutional delay of puberty, and one genotype (homozygosity for Gln106Arg) may be reversible in patients with IHH. Mutations in the human *GNRHR* have contributed greatly to the understanding of normosmic IHH, as well as the structure and function of the GnRHR.

INTRODUCTION

It has been a decade since mutations in the human gonadotropin releasing hormone receptor gene (*GNRHR*) were first identified. The discovery that the receptor *GNRHR*, rather than the ligand *GNRHI*, was the first gene found to cause autosomal recessive idiopathic hypogonadotropic hypogonadism (IHH) [1, 2] was somewhat surprising. This was particularly true given that the hypogonadal mouse, a naturally occurring mouse with an IHH phenotype, demonstrated a *Gnrh1* gene deletion[3]. In this mouse, gonadal function was restored by transplanting functional gonadotropin releasing hormone (GnRH) neurons or by gene therapy using the wild type *Gnrh1* cDNA [4]. In this review, we will discuss the structure and function of the human GnRHR and describe each of the different identified *GNRHR* mutations in humans, along with their functional analyses. Lastly, we will examine

the genotype/phenotype correlations and the prevalence of *GNRHR* gene mutations in patients with IHH/KS.

THE HUMAN *GNRHR*—STRUCTURE AND FUNCTION

The human *GNRHR* gene spans 18.7 kb of genomic sequence on chromosome 4q13.2 and consists of three exons [5-7]. The GnRHR protein is a G-protein coupled receptor (GPCR) that is expressed on the cell surface of pituitary gonadotropes [8]. The *GNRHR* gene is also expressed in many other tissues including the placenta, brain, ovary, testis, endometrium, myometrium, prostate, kidney, and liver [9]. The encoded 328 amino acid protein (NP 000397) contains the characteristic seven transmembrane domains (TMD), along with an N-terminal extracellular domain (ECD), three extracellular (ECL) and three intracellular (ICL) loops, but notably lacks a large intracellular cytoplasmic tail (Figure 1). The extracellular domains and/or transmembrane domains are involved in the formation of the ligand-binding pocket. Amino acid residues Asp⁹⁸, Asn¹⁰², Lys¹²¹, Asp³⁰², and Asn³⁰⁵ are thought to directly contact GnRH, [10] whereas the cytoplasmic regions interact with G proteins and other intracellular regulatory proteins. Pulsatile GnRH released from hypophyseal-portal capillaries is delivered to the pituitary where it interacts with the *GNRHR* to initiate a cascade of events culminating in the synthesis and secretion of gonadotropins follicle stimulating hormone (FSH) and luteinizing hormone (LH). Gonadotropins then stimulate the testes or ovaries to produce sex steroids and gametes.

Once the decapeptide GnRH binds to the GnRH receptor, cell signaling involves the G proteins, typically G_{αq}, which activates phospholipase Cβ resulting in the production of second messengers inositol trisphosphate (IP₃), diacyl glycerol, and calcium with subsequent secretion of both FSH and LH.[9] However, additional G-proteins—G_{αs} (pituitary) and G_{αi} (cancer cells)—may be involved in GnRH signaling depending upon the cell types [9]. G_{αs} stimulates and G_{αi} inhibits the adenylate cyclase/cyclic adenosine monophosphate (cAMP) pathway. There is also evidence that the pulse frequency of GnRH plays a large role in determining which of the two gonadotropins is released, with faster GnRH pulses preferentially stimulating LH release and slower pulses favoring FSH secretion [11]. Although a second *GNRHR* gene has been identified in many species, in the human ortholog on chromosome 1q21, the open reading frame is disrupted by a frameshift resulting in a truncated protein. However, it is interesting that this gene is transcriptionally active and may interfere with normal processing of the type I receptor in the nucleus, endoplasmic reticulum, or Golgi [12].

THE FIRST IDENTIFICATION OF *GNRHR* MUTATIONS

Mutations in the *GNRHR* gene were identified by two independent groups utilizing different strategies.[1, 2] De Roux et al[1] hypothesized that partial loss of function mutations would be expected in patients with incomplete pubertal development similar to those seen with luteinizing hormone receptor (LHR) and thyroid stimulating hormone receptor (TSHR) mutations. They studied a 22-year-old male with delayed puberty at 18, who had decreased libido, small (8 cc) testes (normal testes size 15-25cc), and a small penis. His testosterone was low at 80 ng/dL (normal 260-690 ng/dL) and his gonadotropins were low. LH pulse frequency was normal, but the amplitude was decreased. His semen analysis revealed a normal sperm concentration of 39 million/cc with low motility (5%). He was found to harbor compound heterozygous *GNRHR* mutations Gln106Arg/Arg262Gln (Figure 1), which were then studied in vitro upon transfection into COS-7 cells. The Gln106Arg mutation in ECL1 markedly impaired GnRH agonist binding to the receptor. Both the Gln106Arg and the Arg262Gln in ICL3 lowered IP₃ production by 50% and the IP₃ efficiency 50-fold in that 50 times the dose of GnRH agonist was needed to effect a 50% rise

in IP₃ production [1]. This male had a sister, who had thelarche at age 14 years and menarche at age 18 (with only one period). Similar to her brother, she exhibited compound heterozygosity for these two mutations [9]. The unaffected parents were heterozygous for either of the two mutations and an unaffected daughter was heterozygous, indicating autosomal recessive inheritance.

Just over a month later, Layman et al [2] identified a family with compound heterozygous *GNRHR* mutations. They reasoned that since *GNRH1* mutations had not been identified and that some IHH patients were resistant to GnRH treatment, the *GNRHR* gene represented a promising candidate gene for mutations in IHH. Forty-six normosmic IHH patients were studied using polymerase chain reaction (PCR) and denaturing gradient gel electrophoresis (DGGE). Two variant fragments were identified in one family with four severely affected IHH patients [2]. Upon DNA sequencing, compound heterozygous *GNRHR* mutations Arg262Gln/Tyr284Cys (Figure 1) were identified in all four affected patients, but not in unaffected sibs (parents were deceased), indicating autosomal recessive inheritance.

The proband was a 30-year-old female without any breast development (Tanner 1). She had two sisters, ages 17 and 21, both with Tanner 1 breasts, and a brother who did not shave and had a serum testosterone of 75ng/dL (he did not permit a genital exam). Neither mutation had any effect upon receptor binding; however, similar to De Roux et al [1], the Arg262Gln impaired signal transduction following transfection using COS-1 cells. The Arg262Gln demonstrated a 25% reduction in receptor expression, a 40% reduction in IP₃ production, and a 10-fold increase in the amount of GnRH agonist needed to effect a 50% maximal increase in IP₃ production. The Tyr284Cys in TMD7 had an even more pronounced detrimental effect upon GnRH signaling with an 80% reduction in receptor expression, a 75% reduction in IP₃ production, and a 20-fold increase in the amount of GnRH agonist to result in a 50% maximal IP₃ response [2].

These two publications set the tone for those which followed, underscoring the phenotypic variation in mutations. In the first family, both affected members displayed a phenotype of incomplete IHH, whereby some evidence of sexual development and reproductive potential was present [1]. This family had the combination of a mutation in the ECL1 (Gln106Arg) that affected binding and signal transduction and a mutation in ICL3 that impaired signal transduction. However, in the second family, there was no evidence of any pubertal development in any of the four affected individuals, as they had complete IHH [2]. Both alleles impaired signal transduction that resulted in a more severe phenotype. Two of the three mutations identified, Gln106Arg and the Arg262Gln, have been determined to represent the most common alleles in all reported cases of human *GNRHR* mutations [13].

ADDITIONAL *GNRHR* MUTATIONS IN HUMANS

Following these two initial reports [1, 2], our review of the literature revealed a total of 19 different *GNRHR* alleles, all confirmed by functional analyses, that have been described in IHH patients (Table 1; Figure 1) [13-35]. Of these confirmed mutant alleles, 17 were missense mutations, one was a nonsense mutation, and one was a splice site mutation (Table 1). In addition, five missense mutations were identified which have not been studied in vitro, and are therefore, considered presumptive mutations (Table 1) [36-38]. Of the confirmed mutations, ten were found in exon 1, two were identified in exon 2, and six were seen in exon 3. The splice mutant was identified at the splice donor site in intron 1, which resulted in exon skipping [27]. Although concentrated in two exons, the mutations seem to be spread throughout most of the different domains of the protein—the ECD, ECL 1 and 2, TMD 2-7, and ICL 3. Nevertheless, two mutations appear to be particularly common, even among different ethnic groups: Gln106Arg represents 13 of 48 (27.1%) mutant alleles and

Arg262Gln constitutes 8/46 (17.4%) mutant alleles (Table 1).[13] It is interesting that only one new causative mutation, Arg139Cys [34], has been identified in the *GNRHR* since the previous study of Bhagavath et al [13] in 2005.

All of the reported *GNRHR* mutations were identified by PCR-based methods and DNA sequencing. However, these techniques do not detect heterozygous intragenic deletions. Deletions (and duplications) would be missed by PCR and DNA sequencing if a deletion occurred outside the boundary defined by the primers since the other (normal) allele would be amplified. A number of techniques have been reported to determine if heterozygous intragenic deletions occur, such as multiplex ligation-dependent amplification (MLPA) [39]. However, in a study of 100 IHH/KS using MLPA, no intragenic deletions were identified in the *GNRHR*, or any of the other autosomal genes studied (*GNRH1*, *GPR54*, *NELF*, or *FGFR1*), suggesting that deletions are not as common as in some other genetic disorders [39].

FUNCTIONAL ANALYSIS OF HUMAN *GNRHR* MUTATIONS

Most *GNRHR* mutations were studied in vitro utilizing transfection of the wild type and mutant separately into COS cells since they do not express the *GNRHR* [1, 2]. Ligand binding studies were performed upon membrane fractions by radioreceptor assays using labeled and unlabeled GnRH agonist [1, 2]. IP₃ radioreceptor studies were also performed on cytosolic components using labeled and unlabeled IP₃ to determine second messenger production and efficiency [1, 2].

More recently, additional studies have been performed on some *GNRHR* mutants to determine more clearly the mechanisms involved in their dysfunction. Cellular localization has been analyzed using immunofluorescence in GH3 cells transfected with the wild type or mutant receptor [29]. The effect of the mutant receptor has also been studied with regard to the ability to activate promoters of the gonadotropin genes in GH3 cells, including the *Cga* (chorionic gonadotropin-alpha), follicle stimulating hormone-beta (*Fshb*), and luteinizing hormone-beta (*Lhb*) promoters using the corresponding promoter sequence cloned upstream to luciferase (Luc) reporter sequence [29]. Cyclic AMP dependent activity has been studied by cloning the cAMP response element (CRE) upstream to Luc, and the MAPK pathway has been studied by determining extracellular signal-regulated kinase (ERK) phosphorylation by western blot analysis [30]. Finally, the effect of the mutant *GNRHR* upon *Gnrhr*/Luc promoter activity was studied to determine the effects of the mutants upon its own expression [29].

Fourteen of 19 (73.6%) of the reported *GNRHR* mutations interfere with ligand binding, while all interfere with affect IP₃ signal transduction (Table 1). If binding is reduced, signal transduction would also be predicted to be impaired. One of the 17 missense mutations was found to markedly reduce cell surface expression, but not binding. For this Arg139Cys mutation, expression was increased by the administration of IN3 (a GnRHR antagonist), which has been reported to rescue degradation when mutant, misfolded GnRHRs have been misrouted to the endoplasmic reticulum rather than the cell surface. Once there was a sufficient increase in mutant receptors, ligand binding assays were found to be normal [34]. Even though 14 of the 19 mutations interfered with binding to GnRH agonist, it is interesting that none of them appear to be residues known to bind to GnRH [9].

In addition to the phospholipase C pathway via G_{αq}, GnRH signaling may occur by the G_{αs} pathway via protein kinase A (PKA)/cAMP pathway and extracellular signal-regulated kinase (ERK) activation [9]. Although both the Gln106Arg and Arg262Gln mutations had similar detrimental effects upon stimulation of the *Fshb* (14 and 15-fold, respectively) and

the *Lhb* (8.8 and 8.1-fold, respectively) promoters, Arg262Gln had a more significant effect upon *Cga* and *Cre* promoter activity, and phosphorylation of ERK (Table 2) [30]. These findings indicate that both mutations may have differential effects upon these pathways, further providing a better mechanistic understanding of the pathogenesis of these mutations. In addition, both Leu266Arg and Cys279 were unable to stimulate gonadotropin subunit or *GNRHR* promoter activity in vitro (Table 2), while Cys200Tyr and Thr32Ile were able to stimulate gonadotropin subunit and *GNRHR* promoter activity, demonstrating the complexity of these mutants upon different signaling pathways [29].

Interestingly, studies utilizing site-directed mutagenesis and in vitro analysis have shown that some *GNRHR* mutations appear to act as dominant negative mutations [40]. Since rescue of the Glu90Lys mutation was accomplished by either deleting Lys191 or adding a carboxy-terminal sequence [25], 13 of the human *GNRHR* mutations were studied further [41, 42]. Most (11 of 13) of the mutations shown in Table 1 can be rescued using the GnRHR antagonist IN3, which the authors suggested corrects improper trafficking of the misfolded, mutant receptors from degradation and allows them to assume their normal localization in the cell membrane (Table 2). These findings do suggest that perhaps several different mechanisms could be involved in the pathophysiology of *GNRHR* mutations. Of note, a *Gnrhr* mutant mouse (created by ENU mutagenesis) has a phenotype consistent with IHH, but the mutant was not able to be rescued by IN3 [43].

Since most human *GNRHR* mutations are missense, we used SIFT (sorting intolerant from tolerant) [44], which is used to compare all of the amino acid residues from different species to assign a probability of whether an amino acid change is likely to be tolerated or not (Table 3). If the $P < 0.05$ for a particular amino acid substitution, then it is predicted to not be tolerated. It is interesting that SIFT analysis predicted that only 9/17 of the reported missense mutations would not be tolerated, and therefore would be predicted to impair protein function. This analysis was based upon the comparisons of 14 available species for the which the *GNRHR* has been cloned. If more distant species are excluded, 12/17 (70.6%) of the demonstrated functional *GNRHR* mutations would have been predicted to be detrimental. Only one missense mutation (Ala184Pro) was found in SNP database, and as expected, it was predicted to be tolerated. SIFT has been successfully used by a number of investigators to identify potential mutations to further study by functional assays [44-46], but its predictive value is somewhat limited in the human *GNRHR* gene.

GENOTYPE/PHENOTYPE CORRELATION IN *GNRHR* MUTATIONS

In our analysis of reported *GNRHR* mutations, we identified 17 different reported genotypes, some of which were reported in two or three different families (Table 4). These genotypes were grouped based upon severity into complete IHH (no evidence of puberty), incomplete IHH (partial evidence of puberty), constitutional delay of puberty, or not reported. As shown in Table 4, 9/17 (52.9%) different genotypes (seen in 11 families) resulted in a phenotype of complete IHH, and 5/17 (29.4%) from 8 different families had incomplete IHH. Two genotypes (Gln106Arg/Arg262Gln and Gln106Arg/Leu266Arg) identified in four unrelated families could cause either complete or incomplete IHH. It is interesting that the one family with compound heterozygous Gln106Arg/Arg262Gln mutations and complete IHH also had a heterozygous FGFR1 mutation (Table 4) [47].

Given the small number of affected individuals with these different genotypes, it is difficult to make precise genotype/phenotype correlations. However, some genotype/phenotype correlations become apparent when examining Table 4. Perhaps the most transparent is the Gln106Arg genotype reflecting mild disease. Of the 11 families with complete IHH, only two (2/11) have a Gln106Arg allele, while five of the seven families with incomplete IHH

have this allele. In the three unrelated probands who had homozygosity for the Gln106Arg allele, some degree of sexual development was present in all, suggesting that this is a mild allele.

Two unrelated probands demonstrating compound heterozygosity for the Ala129Asp/Arg262Gln had complete IHH, lacking any identifiable signs of steroid production. In the family described by Caron et al. [14], two affected males had micropenis and bilateral cryptorchidism, and the female completely lacked breast development. Layman et al [26] identified this same genotype in another unrelated male with complete IHH, but this affected male had prepubertal-sized, bilaterally descended testes with some spermatogenesis response to gonadotropin stimulation. Both unrelated probands with homozygosity for Arg139His also presented with complete IHH (Table 1). The other genotypes have only been reported once, making genotype/phenotype comparisons difficult.

As is common in most genetic diseases, clinical heterogeneity in phenotype was observed within families with *GNRHR* mutations. Some affected patients within the same family may show some signs of pubertal development, while others exhibit a total lack of pubertal development (complete IHH) [13]. Although all four sibs with Arg262Gln/Tyr284Cys compound heterozygous mutations had a complete absence of pubertal development, the response to exogenous GnRH varied among them [26]. This occurred despite the demonstration that both mutations markedly impaired IP3 signal transduction (20-fold decrease for Tyr284Cys and 10-fold decrease for Arg262Gln) [2]. When a second dose of GnRH was given to two of these patients, all FSH and LH levels were higher than the responses after the initial dose, suggesting that some priming and function of the receptor occurs with these mutant *GNRHRs* [26]. Interestingly, the affected male also had a ring chromosome 21 and there was also another sister with Down syndrome, whose pubertal status was not ascertained [2, 19]. This variation in phenotype in different families or even within the same family is likely influenced by other modifier genes, epigenetic events, and environmental factors.

Other investigators have reported successful priming of the GnRHR and even ovulation and pregnancy with exogenous GnRH [17, 24] or spontaneously [24] has been reported in a small number of patients. Although term deliveries have been reported, the risk of spontaneous abortion is also high. One female with compound heterozygosity for Gln106Arg/Arg262Gln had three children with gonadotropin stimulation, but her sister had three spontaneous abortions [17]. Another patient with homozygosity for the Gln106Arg mutation had several miscarriages and no term deliveries [24]. Nevertheless, term pregnancies have been reported in patients with *GNRHR* mutations, suggesting that receptor function is not mandatory for human pregnancy.

Now that the most severe phenotypes have been examined, it is reasonable to consider patients with a less severe phenotype. Lin et al [35] described a homozygous Arg262Gln *GNRHR* mutation in a patient with constitutional delay of puberty (CDP) and his brother, who could either have CDP or IHH (this could be determined when he becomes age 18). It is less clear if *GNRHR* mutations cause adult-onset IHH, but this does appear to be reasonable. At least one IHH patient with homozygosity for Arg106Gln *GNRHR* mutation has been reported to have a spontaneous reversal of his IHH when treatment was discontinued [48]. This phenomenon was also reported in another patient with Gln106Arg homozygosity, who had reversal with a spontaneous pregnancy [24]. These very interesting findings suggest that perhaps IHH patients, particularly with mild mutations, could have their steroid treatment discontinued periodically to determine if pulsatile gonadotropin responses ensue without treatment.

PREVALENCE OF HUMAN *GNRHR* MUTATIONS

GNRHR mutations cause autosomal recessive, normosmic IHH. Compound heterozygous *GNRHR* mutations were first found in a single proband (and affected siblings) from a total of 46 normosmic IHH patients for a prevalence of 2.2%. When only females were considered, then 1/14 (7.1%) were affected [2]. When this study was updated to include a sample of 185 IHH/KS patients by Bhagavath et al [13], similar findings were seen. Findings from this largest study to date indicate that *GNRHR* mutations were found in 6-11% of IHH families demonstrating clear autosomal recessive inheritance [13]. Another potential indicator of an autosomal recessive disease would be to determine the prevalence of *GNRHR* mutations in all unrelated females studied. Of the 34 female IHH patients, two (5.9%) were affected, making the prevalence slightly higher in female patients [13]. If only normosmic females were considered, 2/18 (11.1%) had *GNRHR* mutations. No *GNRHR* mutations were found in any of the presumed autosomal dominant or X-linked recessive families. In another study by Beranova et al [21], 5/108 (4.6%) IHH patients had *GNRHR* mutations, including 5/48 (10.4%) with normosmic IHH, and none of 60 anosmic IHH patients [21].

In Table 5, findings from available studies suggest that the prevalence of *GNRHR* mutations in all IHH/KS patients ranges between 2-5%. If all patients (normosmic, anosmic/hyposmic, and unknown) are included, 1.5% of patients had *GNRHR* mutations. To date, there have been no reports of *GNRHR* mutations in anosmic or hyposmic IHH patients (n=125) [13, 21], indicating that *GNRHR* mutations are extremely rare in patients with disorders of olfaction. Overall, the prevalence of *GNRHR* mutations in normosmic IHH patients is 3.9%, ranging from 0-10.4% (Table 5). Although *GNRHR* mutations are inherited in an autosomal recessive fashion, this was not apparent from their pedigrees since no additional family members were affected. Since untreated IHH affects fertility, families typically do not contain a large number of affected individuals.

Although *GNRHR* mutations were initially thought to be the most common cause of normosmic IHH [1, 2, 13], it appears that the mutation frequency of two autosomal dominantly inherited genes *FGFR1* (10%) [49, 50] and *CHD7* (6%) appear more common and interestingly, cause similar frequencies of both normosmic IHH and Kallmann syndrome [45]. Autosomal recessive gene mutations have been reported in at least seven genes—*GNRHR*, *LEP*, *LEPR*, *PCSK1*, *GPR54*, and *PROKR2*, and *PROK2*, but only *GNRHR* mutations appear to be very common. Mutations in these other six genes have only been described in a few affected individuals [51, 52]. Mutations in the *GNRHR* gene constituted the first known autosomal recessive molecular cause of IHH [1, 2] and still play an important role in normosmic IHH.

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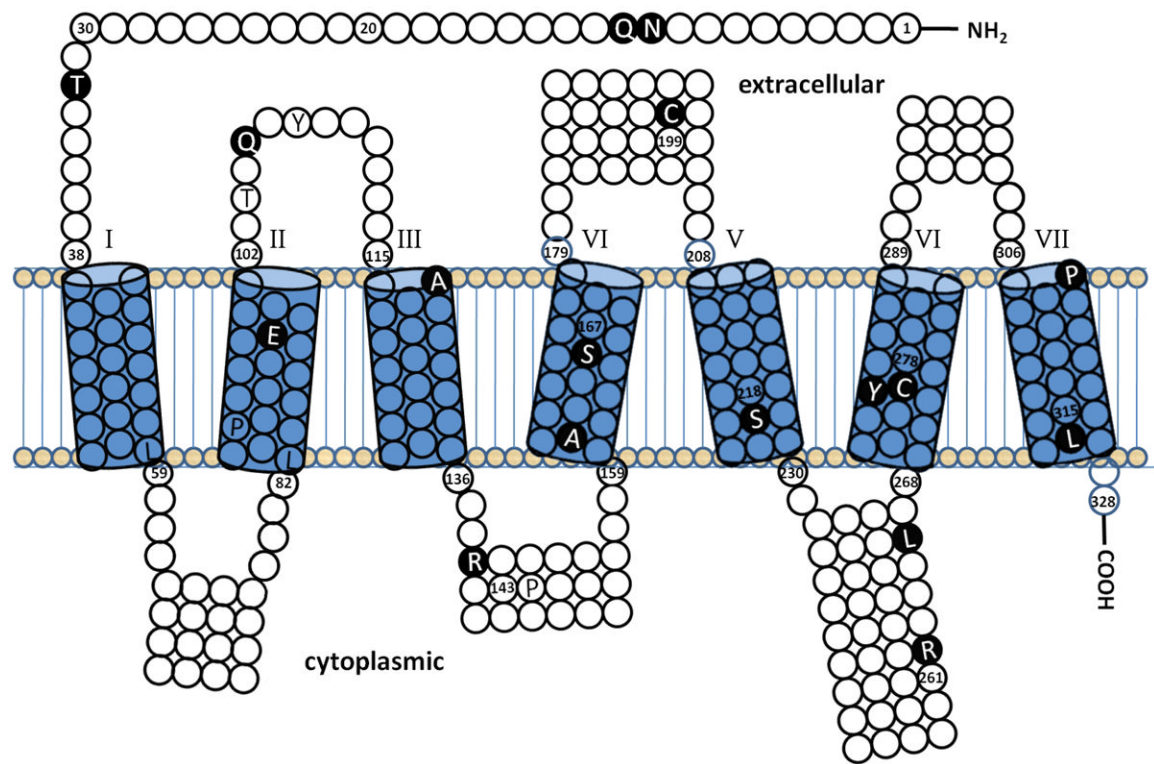


Figure 1.

Shown is a topology diagram of the amino acid sequence of the human GnRHR protein that was generated using the HMMTOP transmembrane topology prediction server [53, 54]. The predicted seven transmembrane domains are indicated as cylinders, numbered 1-7. Also shown are the predicted extracellular loops above and the intracellular loops below the transmembrane domains. All missense mutations confirmed by in vitro analysis and one nonsense mutation (L314X) are depicted in white amino acid abbreviations on black circles. Missense mutations not studied in vitro are depicted in black letters on white or shaded circles. Residue numbers are given at the boundary of transmembrane domains and at other locations near mutated residues.

Table 1

All reported (n=19) different human *GNRHR* mutant alleles to date are shown, including mutation location in the gene and protein, the number of times the allele has been reported, and the effects upon binding and IP₃ signaling.

Missense Mutations									
No.	Author	Exon	Allele	n	Protein	Binding	IP ₃ Signaling	Other	
1	[23]	1	Asn10Lys	1	ECD	↓	↓		
2	[33]	1	Asn10Lys+Gln11Lys	1	ECD	↓	↓		
3	[21, 29]	1	Thr32Ile	1	ECD	↓	↓		
4	[20, 25]	1	Glu90Lys	2	TMD2	↓	↓		
5	[1, 17, 21-24]	1	Gln106Arg	13	ECL1	↓	↓		
6	[14, 26]	1	Ala129Asp	2	TMD3	↓	↓		
7	[23, 31]	1	Arg139His	4	TMD3/ICL2	Absent	↓	↓ receptor #	
8	[34]	1	Arg139Cys	2	TMD3/ICL2	Normal	↓		
9	[16]	1	Ser168Arg	2	TMD4	↓	↓		
10	[32]	1	Ala171Thr	1	TMD4	Absent	↓		
11	[21, 29]	2	Cys200Tyr	1	ECL2	↓	↓		
12	[15]	2	Gln106Arg/Ser217Arg	1	ECL1/TMD5	↓	↓		
13	[1, 2, 14, 17, 21, 26, 35]	3	Arg262Gln	8	ICL3	Normal	↓		
14	[21, 29]	3	Leu266Arg	2	ICL3	↓	↓		
15	[21, 29]	3	Cys279Tyr	2	TMD6	↓	↓		
16	[2]	3	Tyr284Cys	1	TMD7	Normal	↓		
17	[33]	3	Pro320Leu	1	TMD7	Absent	↓		
Other Mutations									
18	[27]	IVS1	IVS1-IG→A	2	Exon2 skip	ND	ND		
19	[18]	3	Leu314X	1	TMD7	↓	↓		
Other Reported Alleles Not Studied In Vitro									
20	[37]	1	Leu83Val	1		ND	ND		
21	[37]	1	Pro96Ser	1		ND	ND		
22	[36]	1	Thr104Ile	1		ND	ND		
23	[36]	1	Tyr108Cys	1		ND	ND		

Missense Mutations								
No.	Author	Exon	Allele	n	Protein	Binding	IP ₃ Signaling	Other
24	[38]	1	Pro146Ser	2		ND	ND	

Missense mutations are ordered by codon number. Five additional alleles (#20-24) have also been reported, but not studied in vitro. Only newly identified alleles were included from Cerrato et al[37] since it was not possible to determine which patients with known causative alleles had been reported previously.

ND= not done; ECD = extracellular domain; ECL = extracellular loop; TMD = transmembrane domain; ICL = intracellular loop.

Table 2

Other in vitro analyses of the mutant *GNRHRs* reported in patients with normosmic IHH.

No.	Allele	Protein	<i>Fshb</i> P	<i>Lhb</i> P	<i>Cga</i> P	<i>Gnrhr</i> P	<i>Cre</i> P	ERK Phos	IN3 Rescue
1	Asn10Lys	ECD							Yes[42]
2	Asn10Lys+Gln11Lys	ECD							
3[29]	Thr32Ile	ECD	↓4	↓2.2	↓3	↓3.3	↓1.5	↓11.8	Yes[41]
4	Glu90Lys	TMD2							Yes[41]
5[30]	Gln106Arg	ECL1	↓14	↓8.8	↓3.8	↓2.2	↓2.7	↓2.7	Yes[42]
6	Ala129Asp	TMD3							Partial[42]
7	Arg139His	TMD3/ICL2							Partial[42]
8	Arg139Cys	TMD3/ICL2							
9	Ser168Arg	TMD4							No[42]
10	Ala171Thr	TMD4							
11[29]	Cys200Tyr	ECL2	None	↓3.4	↓4.5	None	↓3.9	None	Partial[41, 42]
12	Ser217Arg	ECL1/TMD5							No[42]
13[30]	Arg262Gln	ICL3	↓15	↓8.1	↓10.6	↓3.7	↓6.7	↓5.1	Yes[41]
14[29]	Leu266Arg	ICL3	None	None	None	None	None	None	Partial[41, 42]
15[29]	Cys279Tyr	TMD6	None	None	None	None	None	None	Partial[41, 42]
16	Tyr284Cys	TMD7							Yes[42]
17	Pro320Leu	TMD7							

The fold reduction in sensitivity (i.e., the fold increase in the ED50) to the promoters (*Fshb*, *Lhb*, *Cga*, *Cre*) are show, as well as the effects of the mutant receptor upon ERK phosphorylation with GnRH agonist administration and whether or not rescue occurred with the administration of the *GNRHR* antagonist IN3. Numbering of the mutations is the same as in Table 1. Only those studied are shown. References are included in the mutation No. column.

Table 3

SIFT analysis for the *GMRHR* missense mutations using the following 14 species: human, mouse, rat, cow, dog, boar, platypus, monkey, chimpanzee, chicken, rabbit, trout, sheep, and *C. elegans*.

No.	Exon	Mutation	Letter Code Mutation	SIFT 1	SIFT 2&3	SIFT 4	SIFT 5
1	1	Asn10Lys	N10K	I			
2	1	Gln11Lys	Q11K	T			
3	1	Thr32Ile	T32I	I			
4	1	Glu90Lys	E90K	T	T	I	I
5	1	Gln106Arg	Q106R	T			
6	1	Ala129Asp	A129D	I			
7	1	Arg139His	R139H	I			
8	1	Arg139Cys	R139C	I			
9	1	Ser168Arg	S168R	T			
10	1	Ala171Thr	A171T	I			
11	2	Cys200Tyr	C200Y	T	I	I	I
12	2	Ser217Arg	S217R	T	T	T	I
13	3	Arg262Gln	R262Q	I			
14	3	Leu266Arg	L266R	I			
15	3	Cys279Tyr	C279Y	T			
16	3	Tyr284Cys	Y284C	T			
17	3	Pro320Leu	P320L	I			
Mutations Not Studied In Vitro							
18	1	Leu83Val	L83V	I			
19	1	Pro96Ser	P96S	I			
20	1	Thr104Ile	T104I	I			
21	1	Tyr108Cys	Y108C	T			
22	1	Pro146Ser	P146S	T	I	I	I

SIFT 1 includes all 14 orthologs; SIFT 2 is without *C. elegans*; SIFT 3 is without *C. elegans* and trout; SIFT 4 is without *C. elegans*, trout, and chicken; SIFT 5 is without *C. elegans*, trout, chicken, & platypus.

Table 4

Genotype/phenotype correlations are shown for patients with *GNRHR* mutations that have been supported by functional analysis.

No	Author	Genotype	Phenotype	n	Sex	Ethnicity
Severe Phenotype—Complete IHH						
1	[14, 26]	Ala129Asp/Arg262Gln	Complete Complete	2	M,F M	NA Caucasian
2	[23, 31]	Arg139His (HMZ)	Complete Complete	2	F M	Brazilian NA
3	[18]	Leu314X/Gln106Arg	Complete	1	F	NA
4	[27]	IVS1, G-A, -1	Complete	1	F	Indian
5	[2]	Arg262Gln/ Tyr284Cys	Complete	1	M,F	Caucasian
6	[16]	Ser168Arg (HMZ)	Complete	1	M	NA
7	[21]	Thr32Ile/Cys200Tyr	Complete	1	M	NA
8	[32]	Ala171Thr/Gln106Arg	Complete	1	M	Caucasian
9	[20, 25]	Glu90Lys (HMZ)	Complete	1	M	Mexican-mestizo
Intermediate Phenotype within Families						
10	[1, 17, 21]	Gln106Arg/Arg262Gln	Incomplete Complete*	2	M,F F,F	NA NA
11	[21]	Gln106Arg/Leu266Arg	Incomplete Complete	2	F F	NA Caucasian
Milder Phenotype—Incomplete IHH						
12	[21, 22, 24]	Gln106Arg (HMZ)	Incomplete# Incomplete Incomplete\$	3	M F M	NA NA NA

No	Author	Genotype	Phenotype	n	Sex	Ethnicity
13	[15]	Arg262Gln/Gln106+Ser217Arg	Incomplete	1	M,F	NA
14	[23]	Asn10Lys/Gln106Arg	Incomplete	1	M,F	Brazilian
15	[33]	Asn10Lys+Gln11Lys/Pro320Leu	Incomplete	1	F	Caucasian
16	[35]	Arg262Gln (HMZ)	Incomplete or CDP	1	M, M	Asian Indian
Unknown Severity						
17	[21]	Cys279Tyr (HMZ)	Unknown	1	M	NA

They are categorized on the basis of disease severity (Complete IHH; Complete or Incomplete IHH; Incomplete IHH); the number of times the specific genotype has been reported in unrelated families, the sex of the proband (M=male; F=female) within the family, and ethnicity.

NA=not available. CDP=constitutional delay of puberty

* Patient also had a heterozygous FGFR1 mutation. [47]

Patient had a spontaneous pregnancy (and therefore reversal).[24]

§ Patient had spontaneous reversal with normal levels of testosterone and gonadotropins.[22, 48]

Table 5Studies of prevalence of *GNRHR* mutations.

Author	Sample size of IHH/KS	Mutations in IHH/KS	Prevalence in Normosmic IHH	Method of Analysis
Bhagavath et al[13]	185	3	3/85 (3.5%)	DGGE/ sequencing
Beranova et al[21]	108	5	5/48 (10.4%)	TGGE/sequencing
Lanfranco et al[55]	45	0	0/45 (0%)	SSCP/sequencing
Vagenakis et al[38]	26	0	0/26 0 (0%)	DNA sequencing
Trarbach et al[56]	17	0	0/5(0%)	DNA sequencing
Topaloglu et al	22	1	1/22 (4.5%)	DNA sequencing
Total	403	9/403 (1.5%)	9/231 (3.9%)	
Determination of Heterozygous Deletions				
Pedersen-White et al[39]	100	No deletions	0	MLPA

DGGE=denaturing gradient gel electrophoresis, TGGE= temperature gradient gel electrophoresis, SSCP= single strand conformation polymorphism; MLPA=multiplex ligation-dependent probe amplification.

To date, there have been no reported *GNRHR* mutations in 125 anosmic/hyposmic patients. [13, 21]