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Research Article

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## Design and Evaluation of a PEGylated Lipopeptide Equipped with Drug-Interactive Motifs as an Improved Drug Carrier

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**Abstract.** Micelles are attractive delivery systems for hydrophobic drugs due to their small size and the ease of application. However, the limited drug loading capacity and the intrinsic poor stability of drug-loaded formulations represent two major issues for some micellar systems. In this study, we designed and synthesized a micelle-forming PEG-lipopeptide conjugate with two Fmoc groups located at the interfacial region, and two oleoyl chains as the hydrophobic core. The significance of Fmoc groups as a broadly applicable drug-interactive motif that enhances the carrier–drug interaction was examined using eight model drugs of diverse structures. Compared with an analogue without carrying a Fmoc motif, PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> demonstrated a lower value of critical micelle concentration and three-fold increases of loading capacity for paclitaxel (PTX). These micelles showed tubular structures and small particle sizes (~70 nm), which can be lyophilized and readily reconstituted with water without significant changes in particle sizes. Fluorescence quenching study illustrated the Fmoc/PTX  $\pi$ – $\pi$  stacking contributes to the carrier/PTX interaction, and drug-release study demonstrated a much slower kinetics than Taxol, a clinically used PTX formulation. PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> mixed micelles exhibited higher levels of cytotoxicity than Taxol in several cancer cell lines and more potent inhibitory effects on tumor growth than Taxol in a syngeneic murine breast cancer model (4T1.2). We have further shown that seven other drugs can be effectively formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles. Our study suggests that micelle-forming PEG-lipopeptide surfactants with interfacial Fmoc motifs may represent a promising formulation platform for a broad range of drugs with diverse structures.

**KEY WORDS:** drug-interactive motif; micelle; paclitaxel; slow release.

### INTRODUCTION

Drug discovery and development is an extremely time-consuming and costly process, during which only very few candidates survive the screening process and eventually become clinical drugs. Many promising candidates are eliminated due to poor solubility and bioavailability (1,2). Drug formulations have gained increasing attention as a strategy to maximize the success of drug development process and to improve the performance of existing drugs (3).

Micelles are an attractive delivery system due to the ease of application and their small particle sizes, which allow effective passive targeting to tissues with leaky vasculature such as tumors and inflammatory tissues based on the enhanced penetration and retention (EPR) effect (4–6). However, there are several issues with conventional micellar systems such as low drug loading capacity and limited colloidal stability, which limit their successful *in vivo* applications (7). Incorporation of drugs into hydrophobic core of typical micelle formulations is largely based on hydrophobic–hydrophobic interactions. While these micellar formulations are effective in formulating very few drugs that are highly hydrophobic or lipophilic, they have limited effectiveness in formulating many drugs that are only moderately hydrophobic.

Studies from Park's group have shown that inclusion of hydrotropic motifs into the hydrophobic domain of polymeric micelles significantly improves the compatibility of the core-forming blocks with the drugs that are not entirely hydrophobic/lipophilic (8,9). Hydrotropes are small molecular amphiphiles that increase the aqueous solubility of poorly soluble agents. This strategy has led to significant improvement in both drug loading capacity and the colloidal stability of drug-loaded micelles. The study by Yoo *et al.* showed that covalent coupling of a drug molecule (doxorubicin, DOX) into the hydrophobic domain of polymeric micelles resulted in an improved system for

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loading of the same drug, e.g., DOX (10,11). These studies highlight the benefit of introducing additional structural variables to the traditional polymeric micellar systems.

The idea of including an additional drug-interactive domain in lipidic micellar systems has not been studied before. However, the importance of such approach has been suggested by recent studies with several “unconventional” pegylated surfactants with vitamin E, embelin, or farnesylthiosalicylic acid (FTS, a Ras inhibitor), instead of simple lipids as a hydrophobic domain (12–16). Vitamin E, embelin, and FTS all have an interfacial aromatic ring linked to an acyl chain, which may contribute significantly to the improved formulation properties over the surfactants with simple lipid chains. We hypothesized that expansion of the interfacial region to purposely include motifs that have drug interaction potential could result in further improved lipidic micellar systems. We have experimentally demonstrated that such motif can be identified via a screening process and then incorporated into the interfacial region of a pegylated surfactant to add a drug interactive functionality. With JP4-039, a mitochondria-targeted antioxidant featuring a peptide derivative carrying a nitroxide group, we have shown that such approach is both feasible and significant. We have found that 9-fluorenylmethoxycarbonyl (Fmoc) moiety, a functional group that is routinely used for amino acid protection, was the best among several motifs examined (17).

The aim of the present study is to examine the broad applicability of our new micellar system in formulating different drugs of diverse structures. The potential of the new formulation in delivery of paclitaxel to tumor cells was also investigated *in vitro* and *in vivo*.

## MATERIALS AND METHODS

### Materials

Paclitaxel (PTX, 98%) was purchased from AK Scientific, Inc. (CA, USA).  $\alpha$ -Fmoc- $\epsilon$ -Boc-lysine, di-Boc-lysine, *N,N'*-dicyclohexylcarbodiimide (DCC), *N*-hydroxysuccinimide (NHS), trifluoroacetic acid (TFA), and triethylamine (TEA) were obtained from Acros Organic (NJ, USA), and oleic acid (OA) was from Alfa Aesar (MA, USA). Monomethoxy PEG<sub>5000</sub>, 4-dimethylaminopyridine (DMAP), ninhydrin, and other unspecified chemicals were all purchased from Sigma-Aldrich (MO, USA). Dulbecco's phosphate-buffered saline (DPBS), Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS), and 100 $\times$  penicillin–streptomycin solution were purchased from Invitrogen (NY, USA). All solvents used in this study were HPLC grade.

### Cell Culture

PC-3 and DU145 are two androgen-independent human prostate cancer cell lines and were obtained from ATCC (VA, USA). 4T1-2 is a mouse metastatic breast cancer cell line and was kindly provided by Dr. Zhaoyang You at University of Pittsburgh School of Medicine. All cells were cultured at 37°C in DMEM containing 10% FBS and 1% penicillin–streptomycin in a humidified environment with 5% CO<sub>2</sub>.

### Synthesis of PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -oleoyl lysine)<sub>2</sub> (PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>)

The synthetic routes for PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-di-oleoyl lysine (PEG<sub>5000</sub>-OA<sub>2</sub>) were depicted in Scheme 1.

Monomethoxy PEG<sub>5000</sub> (1 eq.) was dissolved in CH<sub>2</sub>Cl<sub>2</sub> and mixed with di-Boc-lysine (1.5 eq.), DCC (1.8 eq.), and DMAP (0.3 eq.). After stirring at room temperature for 24 h, another portion of di-Boc-lysine (1.5 eq.) and DCC (1.8 eq.) was added into reaction mixture and the reaction was allowed for another 24 h. White solid precipitate was then removed by filtration, and the filtrate was added into 10-fold volume of cold ethyl ether to precipitate the PEG derivative, followed by three washes with cold ethanol and ether. The obtained PEG<sub>5000</sub>-di-Boc-lysine ester was dissolved in CH<sub>2</sub>Cl<sub>2</sub>/TFA (1:1, v/v) at the concentration of 0.3 g/mL, and stirred for 2 h at room temperature to remove the Boc moiety. After removal of most of the solvent, the PEG derivative was precipitated in cold ether and washed three times with cold ethanol and ether.

$\alpha$ -Fmoc- $\epsilon$ -Boc-lysine (3 eq.), NHS (3.6 eq.), DCC (4 eq.), and DMAP (0.8 eq.) were dissolved in CH<sub>2</sub>Cl<sub>2</sub> and activated at 37°C for 4 h, followed by mixing with PEG<sub>5000</sub>-di-NH<sub>2</sub>-lysine (1 eq.) and TEA (3 eq.). The reaction was allowed at 37°C overnight until completion as indicated by the negative results in the ninhydrin tests. The white solid precipitate was removed by filtration, and the PEG derivative was precipitated in cold ether and washed by cold ethanol and ether. The PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -Boc lysine)<sub>2</sub> obtained was dissolved in CH<sub>2</sub>Cl<sub>2</sub>/TFA (1:1, v/v) and stirred for 2 h at room temperature to remove the Boc moiety. The resulting PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -NH<sub>2</sub> lysine)<sub>2</sub> was then purified by cold ether and ethanol precipitation.

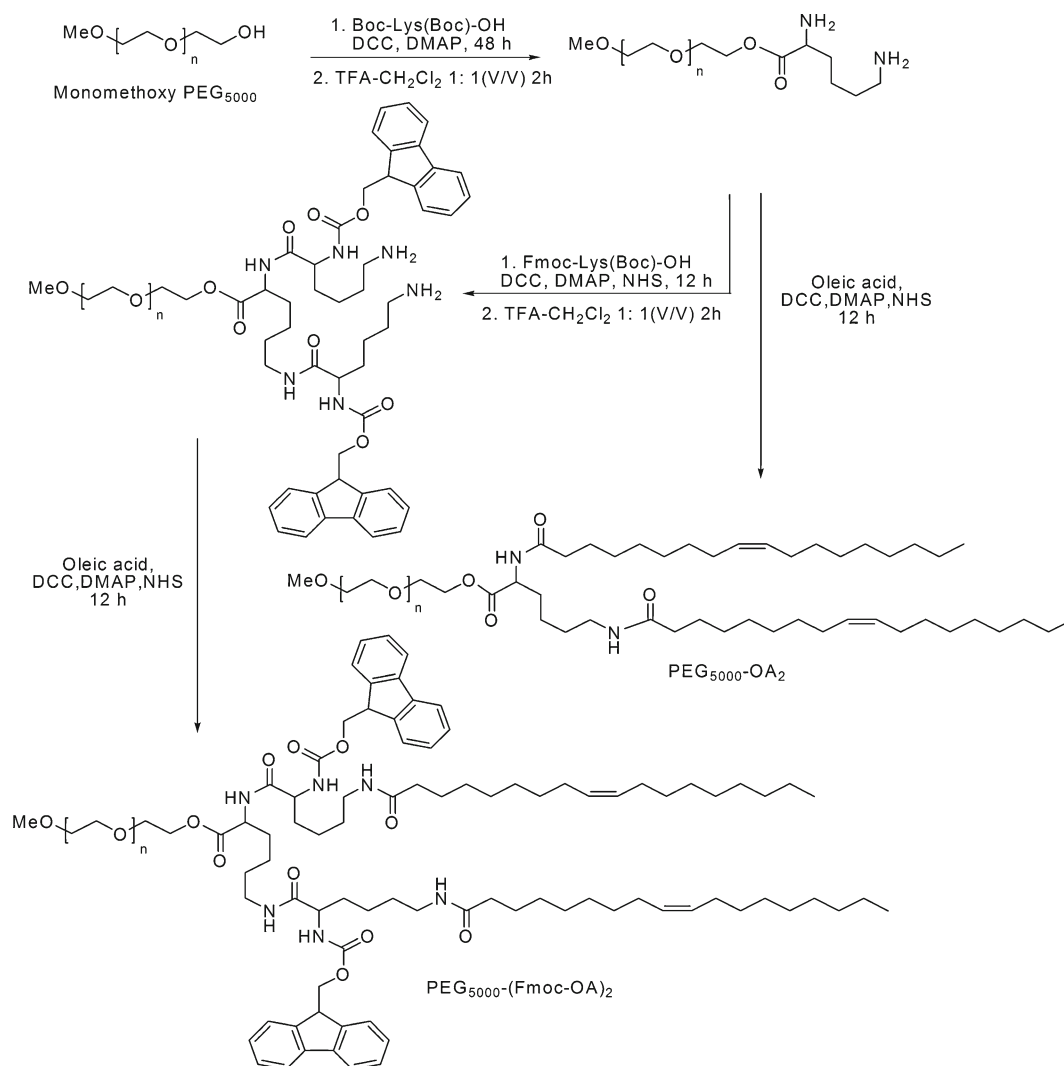
The NH<sub>2</sub>-terminated PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -NH<sub>2</sub> lysine)<sub>2</sub> (1 eq.) was conjugated with oleic acid (OA, 3 eq.) that was pre-activated with NHS (3.6 eq.), DCC (4 eq.), and DMAP (0.8 eq.) for 4 h at 37°C. The conjugating reaction was allowed overnight until negative results were shown in the ninhydrin tests. After filtration and precipitation, the obtained PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -oleoyl lysine)<sub>2</sub> (PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>) was purified via three washes with cold ethanol and ether.

### Synthesis of PEG<sub>5000</sub>-OA<sub>2</sub>

The PEG<sub>5000</sub>-di-NH<sub>2</sub>-lysine was synthesized as described above and the di-NH<sub>2</sub>-terminated PEG was reacted with OA (3 eq.) that was pre-activated with NHS (3.6 eq.), DCC (4 eq.), and DMAP (0.8 eq.) for 4 h at 37°C. The reaction was completed as indicated by the negative results in the ninhydrin tests. After filtration and precipitation, the obtained PEG<sub>5000</sub>-OA<sub>2</sub> was purified by three washes with cold ethanol and ether.

### Preparation and Characterization of Drug-Loaded Micelles

All of the drugs were dissolved in chloroform (10 mg/mL) and were mixed with PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> (100 mg/mL in chloroform) at various carrier/drug molar ratios. The organic



**Scheme 1.** Synthetic route of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub>

solvent was removed by a stream of nitrogen to generate a thin film at the bottom of a glass tube, and the trace amount of solvent was further removed under vacuum for 2 h. DPBS was added to hydrate and suspend the thin film to form drug-loaded micelles as clear solution, followed by filtration through 220 nm PVDF syringe filter to remove any unincorporated drug. The drug-free micelles were prepared via a same procedure without the addition of drug. Drug-free or drug-loaded PEG<sub>5000</sub>-OA<sub>2</sub> micelles were also similarly prepared as described above.

The diameter and size distribution of the micelles were examined via a Malvern Zeta Nanosizer. The morphology of both drug-free and drug-loaded micelles was observed by transmission electron microscopy (TEM) after negative staining. Drug in micelles was extracted by methanol and detected by Waters Alliance 2695–2998 high-performance liquid chromatography (HPLC) system with a Lichrospher® 100 RP-18 column (250×4.6 mm) equipped with a UV detector at 227 nm at room temperature and a mobile phase of 80:20 (v/v) of methanol/water at the flow rate of 0.8 mL/min. The drug

loading capacity and efficiency were calculated according to the formula listed below:

Drug loading capacity%

$$= \frac{\text{weight of drug}}{\text{weight of polymer} + \text{weight of drug}} \times 100\%$$

Drug loading efficiency% =  $\frac{\text{weight of drug loaded into micelles}}{\text{weight of drug used}} \times 100\%$

#### Determination of the Critical Micelle Concentration

The fluorescence probe pyrene was employed to measure the critical micelle concentrations of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub> micelles. Various amounts of the conjugates in chloroform were mixed with pyrene ( $4 \times 10^{-5}$  M in chloroform). The organic solvent was completely removed, and 2 mL of DPBS was added to each tube to form the micelles with the conjugate concentrations ranging from  $1 \times 10^{-4}$  to 0.5 mg/mL and a final

pyrene concentration of  $6 \times 10^{-7}$  M. The fluorescence intensity of each sample was detected at 334/390 nm (excitation/emission) via Synergy H1 Hybrid Multi-Mode Microplate Reader (Winooski, VT), and the critical micelle concentration (CMC) value was determined from the threshold concentration, where the sharp increase in pyrene fluorescence intensity is observed.

### Fluorescence Quenching Study

PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles and cholesterol (Chol)/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> were prepared according to the procedure described above, and the carrier concentration was kept at 1.5 mg/mL in all of the samples. The fluorescence intensity of the samples at the wavelength of 300~460 nm was recorded with an excitation wavelength at 270 nm by using a Synergy H1 Hybrid Multi-Mode Microplate Reader.

### Changes of Particle Sizes Before and After Lyophilization/Reconstitution

One milliliter of PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles (PTX concentration at 1 mg/mL) was prepared according to the procedure described above. The micelle solution was frozen at  $-80^{\circ}\text{C}$  and then lyophilized overnight to obtain white powder. The obtained powder was suspended in 1 mL of distilled water to reconstitute the micelle solution. Particle sizes of the micelles before and after lyophilization/reconstitution were measured by dynamic light scattering method using a Zetasizer (Malvern).

### In Vitro Drug Release

Two milliliters of PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> or PTX/PEG<sub>5000</sub>-OA<sub>2</sub> mixed micelles, or Taxol formulation (6 mg/mL PTX in Cremophor EL/ethanol 1:1, diluted to 1 mg PTX/mL with DPBS) was placed in a dialysis tube (MWCO 12 kDa, Spectrum Laboratories) that was incubated in 200 mL DPBS (pH=7.4) containing 0.5% (w/v) Tween 80 at  $37^{\circ}\text{C}$  with gentle shaking. The concentration of PTX remaining in the dialysis bags at scheduled times was similarly detected by HPLC as described above.

### In Vitro Cytotoxicity

4T1.2 (1000 cells/well), PC-3 (3000 cells/well), or DU145 (2000 cells/well) cells were seeded in 96-well plates and incubated in DMEM containing 10% FBS and 1% streptomycin-penicillin at  $37^{\circ}\text{C}$  for 24 h. PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> mixed micelles or Taxol formulation were added to cells in triplicate at the PTX concentrations from 6.25 to 200 ng/mL and cells were further incubated for 72 h. Then 20  $\mu\text{L}$  of 3-(4, 5-dimethylthiazol-2-yl)-2,5-diphenyltetrazoliumbromide (MTT) in DPBS (5 mg/mL) was added to each well. Four hours later, the medium was removed and 150  $\mu\text{L}$  of DMSO was added to each well to solubilize the formazan crystal. The absorbance was measured at a wavelength of 550 nm and a reference wavelength at 630 nm with a microplate reader. Untreated

cells were included as a control. Cell viability was calculated according to the following formula:

$$\% \text{ cytotoxicity} = [1 - (\text{OD}_{\text{treat}} - \text{OD}_{\text{blank}}) / (\text{OD}_{\text{control}} - \text{OD}_{\text{blank}})] \times 100\%$$

### Animals

Female BALB/c mice (10 to 12 weeks) were purchased from Charles River (Davis, CA) and were housed under pathogen-free conditions according to AAALAC guidelines. All animal-related experiments were performed in full compliance with institutional guidelines and approved by the Animal Use and Care Administrative Advisory Committee at the University of Pittsburgh.

### In Vivo Tumor Inhibition Study

An aggressive syngeneic murine breast cancer model (4T1.2) was employed to evaluate the tumor inhibition effect of PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles. For establishment of the tumor model,  $2 \times 10^5$  of 4T1.2 cells in 100  $\mu\text{L}$  of DPBS were inoculated s.c. at the right flank of female BALB/c mice, and treatments were initiated (day 1) when the tumor volume reached  $\sim 50 \text{ mm}^3$ . Mice were randomly divided into four groups ( $n=4$ ) and received i.v. administration of PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles (10 mg PTX/kg), PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles (20 mg PTX/kg), Taxol (10 mg PTX/kg), and saline, respectively, on days 1, 3, 5, 7, and 9. Tumor sizes were monitored by a digital caliper and calculated based on the formula  $(L \times W^2)/2$ , where  $L$  is the longest and  $W$  is the shortest tumor diameters (millimeters). Data were presented as relative tumor volume (the tumor volume at a given time point divided by the tumor volume prior to first treatment). Mice were sacrificed when tumors reached 2000  $\text{mm}^3$  or developed ulceration. The change of body weights of all mice was monitored during the entire course of treatment to evaluate the potential toxicity of different formulations.

### Statistical Analysis

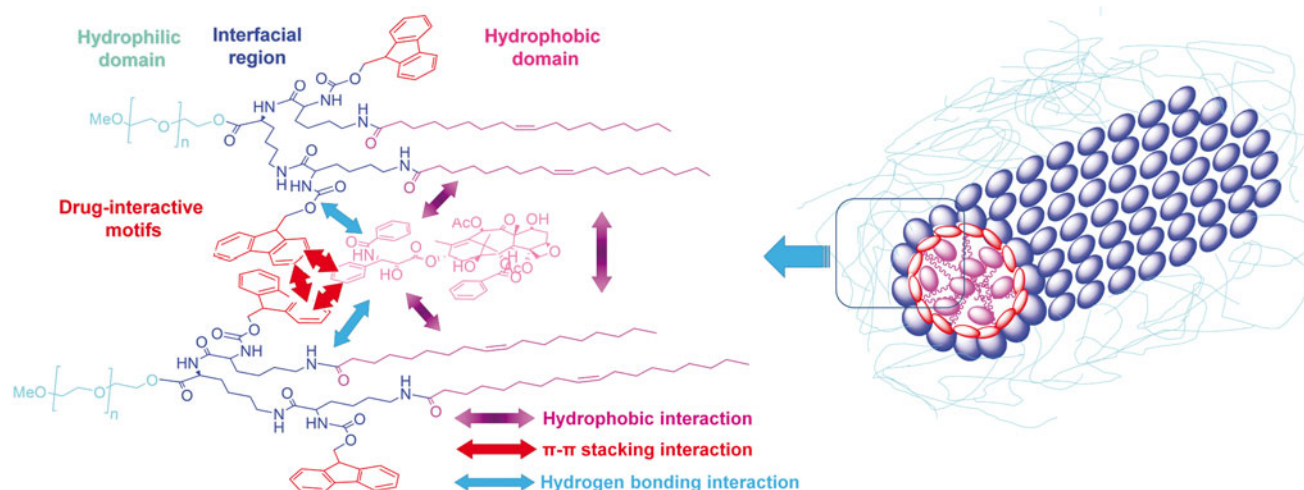
In all statistical analysis, Student's  $t$ -test was performed between two groups, and the significance level was set at a probability of  $p < 0.05$  or  $p < 0.01$ . All results were reported as the means  $\pm$  standard error unless otherwise indicated.

## RESULTS

### Synthesis and Characterization of PEG<sub>5000</sub>-Lipopeptide with Drug-Interactive Motifs

We have previously shown that inclusion of Fmoc motifs into PEG-lipid conjugates at the interfacial region significantly improved the drug-loading capacity and the formulation stability with JP4-039 as a model drug (17). Our data showed that PEG-lipopeptides with two or four Fmoc motifs were more active than the one with one Fmoc motif in formulating JP4-039. This study is focused on the PEG-lipopeptide with two Fmoc motifs due to its relative simplicity. PEG<sub>5000</sub> was chosen to construct the hydrophilic motif as the resulting



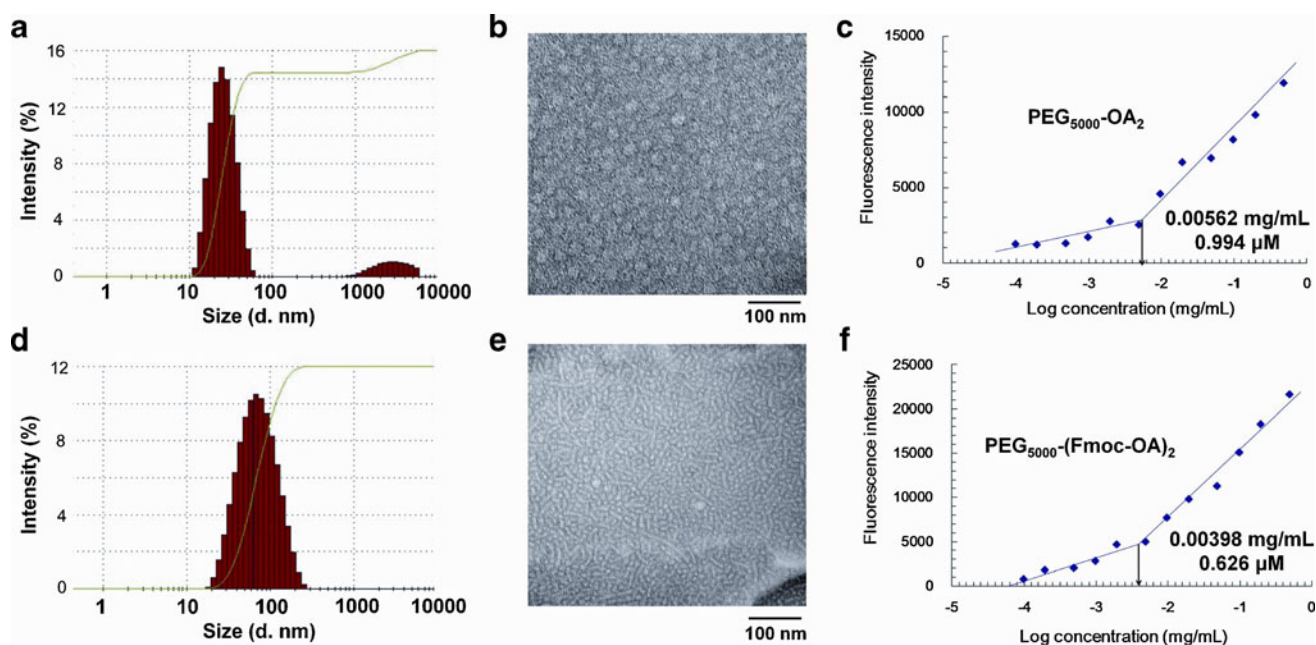


**Fig. 1.** Structure of PEG<sub>5000</sub>-Lys-( $\alpha$ -Fmoc- $\epsilon$ -oleoyl lysine)<sub>2</sub> and the postulated modes of carrier-drug and carrier-carrier interactions

PEG<sub>5000</sub>-lipopeptide performed better than the counterpart with PEG<sub>2000</sub> or PEG<sub>1000</sub> in formulating several compounds in a preliminary study (data not shown).

Figure 1 shows the structure of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>, in which two oleic acids and two Fmoc moieties were conjugated to PEG<sub>5000</sub> using lysine-(lysine)<sub>2</sub> as a bridge. Scheme 1 shows the procedures for the synthesis of both PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub>, a control carrier without Fmoc motifs. <sup>1</sup>H NMR spectrum of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> shows signals at 3.63 ppm attributed to the methylene protons

located at the terminal of PEG backbone, the Fmoc proton signals at 7.9–7.3 ppm, the signals attributed to the double bond at the carbon chain of OA at 5.25 ppm, the signals attributed to the methyl of OA at 0.89 ppm, and the carbon chain signals of OA at 1.25–1.05 ppm (Fig. S1). The <sup>1</sup>H NMR spectrum for PEG<sub>5000</sub>-OA<sub>2</sub> shows similar proton signals except lack of proton signals for Fmoc (Fig. S2). The molecular weights of the PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub> conjugates measured by MALDI-TOF Mass Spectrum are close to the theoretical values (Figs. S3 and S4).



**Fig. 2.** Size distribution of PEG<sub>5000</sub>-OA<sub>2</sub> (a) and PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> (d) measured by DLS, and TEM of PEG<sub>5000</sub>-OA<sub>2</sub> (b) and PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> (e) micelles. The spherical particles with a diameter around 20 nm were observed for PEG<sub>5000</sub>-OA<sub>2</sub> micelles, while filamentous micelles with tubular structure were observed for PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles. CMC measurements of the PEG<sub>5000</sub>-OA<sub>2</sub> (c) and PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> (f) micelles using pyrene as a fluorescence probe. The fluorescence intensity was plotted as a function of logarithmic concentration of micelles

**Table I.** Biophysical Characterization of Drug-Free and PTX-Loaded PEG<sub>5000</sub>-OA<sub>2</sub> and PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> Micelles

Micelles	Molar ratio	Size (nm)	PDI	DLC (%)	DLE (%)	Stability (h)
PEG <sub>5000</sub> -OA <sub>2</sub>	–	26.76±0.44	0.262	–	–	–
PEG <sub>5000</sub> -OA <sub>2</sub> /PTX <sup>a</sup>	2.5:1	23.52±0.21	0.103	5.70	ND	1
	5:1	22.62±0.33	0.102	2.93	ND	1.5
	7.5:1	23.93±0.33	0.098	1.97	ND	3.5
PEG <sub>5000</sub> -(Fmoc-OA) <sub>2</sub>	–	58.72±1.06	0.220	–	–	–
PEG <sub>5000</sub> -(Fmoc-OA) <sub>2</sub> /PTX <sup>a</sup>	0.75:1	66.26±0.46	0.233	15.19	56.29	1.5
	1:1	70.28±1.25	0.256	11.84	88.73	2
	2.5:1	69.42±1.91	0.248	5.10	80.50	3.5
	5:1	73.55±1.26	0.258	2.62	92.95	22
	7.5:1	73.13±1.29	0.245	1.76	97.73	70

PDI polydispersity index, DLC drug loading capacity, DLE drug loading efficiency, ND not determined

<sup>a</sup>PTX concentration in micelles were kept at 1 mg/mL; drug-free micelle concentration was 20 mg/mL

### Biophysical Characterization of Drug-Free and PTX-Loaded PEG-Lipopeptide Micelles

As an initial step to examine the general applicability of our PEG-lipopeptide in formulating different drugs of diverse structures, we examined the efficiency of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> in delivering PTX to tumor cells *in vitro* and *in vivo*. PEG<sub>5000</sub>-OA<sub>2</sub> was used as a control formulation.

Both PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub> readily formed micelles in DPBS. Figure 2 shows the size distribution and TEM images of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub> micelles. The size of PEG<sub>5000</sub>-OA<sub>2</sub> is around 20 nm as determined by dynamic light scattering (DLS) (Fig. 2a). TEM images show spherical particles for PEG<sub>5000</sub>-OA<sub>2</sub> micelles (Fig. 2b) and the sizes of the particles on TEM were consistent with that determined by DLS. PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> formed particles of slightly larger size (~60 nm) as determined by DLS (Fig. 2d). TEM revealed mostly tubular structures (Fig. 2e), suggesting formation of filamentous micelles.

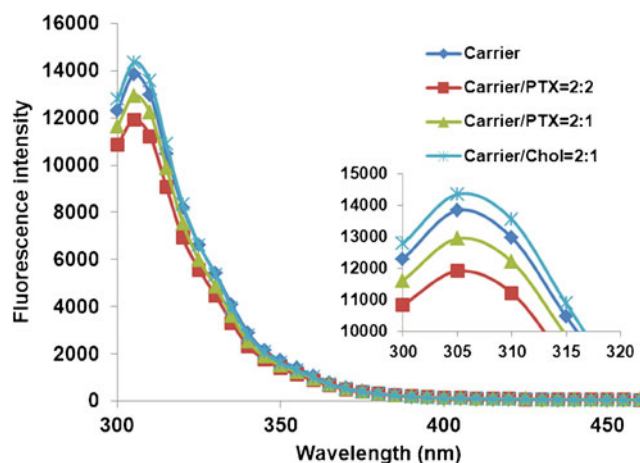
The CMC values of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> and PEG<sub>5000</sub>-OA<sub>2</sub> micelles were measured using pyrene as a fluorescence probe. As shown in Fig. 2c, f, the CMC of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> is 0.626 μM, which is lower than those of PEG<sub>5000</sub>-OA<sub>2</sub> (0.994 μM) and many reported surfactants (18–20).

Table I shows the size, drug loading capacity (DLC), and drug loading efficiency (DLE) for PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX mixed micelles in comparison with PEG<sub>5000</sub>-OA<sub>2</sub> formulation. PTX could be formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles at a carrier/drug molar ratio as low as 0.75/1 although the size of the resulting PTX-loaded micelles stayed stable for only 1.5 h. There was little change in the particle sizes before and after the incorporation of PTX. Under this condition, the DLC and DLE were 15.19% and 56.29%, respectively. An increase in the carrier/drug input ratio was associated with an increase in the DLE and significantly improved colloidal stability of the PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX mixed micelles. The particles stayed stable for more than 20 h at carrier/drug ratios of 5/1 and above.

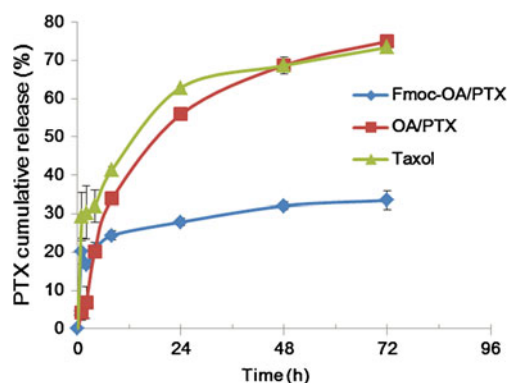
On the contrary, a minimal carrier/drug ratio of 2.5/1 was needed to load PTX into PEG<sub>5000</sub>-OA<sub>2</sub> micelles and the resulting mixed micelles were only stable for 1 h. The PEG<sub>5000</sub>-OA<sub>2</sub>/PTX mixed micelles were also significantly less stable than PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX mixed micelles at other carrier/drug ratios examined.

The above data clearly demonstrated that the inclusion of Fmoc motifs into PEG<sub>5000</sub>-OA<sub>2</sub> micelles significantly improved the PTX loading capacity and the stability of PTX-loaded micelles. To gain insight into the role of Fmoc in the carrier/PTX interaction, we then conducted a fluorescence quenching study with PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>. Figure 3 shows the fluorescence spectrum of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> with a maximum fluorescence at 305 nm upon excitation at a wavelength of 270 nm. This fluorescence spectrum appears to be specific for Fmoc as minimal fluorescence was detected for PEG<sub>5000</sub>-OA<sub>2</sub> (data not shown). Interestingly, the fluorescence intensity was decreased with the addition of PTX, and the extent of fluorescence quenching was correlated to amount of PTX. However, no quenching was observed in the presence of the same amount of cholesterol (Chol), a hydrophobic molecule lacking aromatic rings. It has been reported that intermolecular π–π stacking between aromatic rings can effectively cause fluorescence quenching through energy transfer (21). Our data suggest a role of Fmoc/PTX π–π stacking in the carrier/PTX interaction.

Figure S5a shows the <sup>1</sup>H-NMR spectra of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX in CDCl<sub>3</sub> and in deuterated water, respectively. In



**Fig. 3.** Fluorescence quenching of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>. The concentration of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> was fixed at 1.5 mg/mL and mixed with PTX and Chol at designated molar ratios in PBS. Intensity of fluorescence emitted between 300 and 460 nm was recorded with excitation wavelength at 270 nm



**Fig. 4.** Cumulative PTX release profile from PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles (Fmoc-OA/PTX), PEG<sub>5000</sub>-OA<sub>2</sub> micelles (OA/PTX) and Taxol. PTX concentration was kept at 1 mg/mL in all the formulations, and DPBS (pH 7.4) containing 0.5% (w/v) Tween 80 was utilized as release medium

CDCl<sub>3</sub>, signals from both carrier and PTX were clearly observed. In contrast, all of the proton signals of PTX were suppressed in deuterated water, indicating complete entrapment of PTX inside self-assembled micelles in aqueous solution.

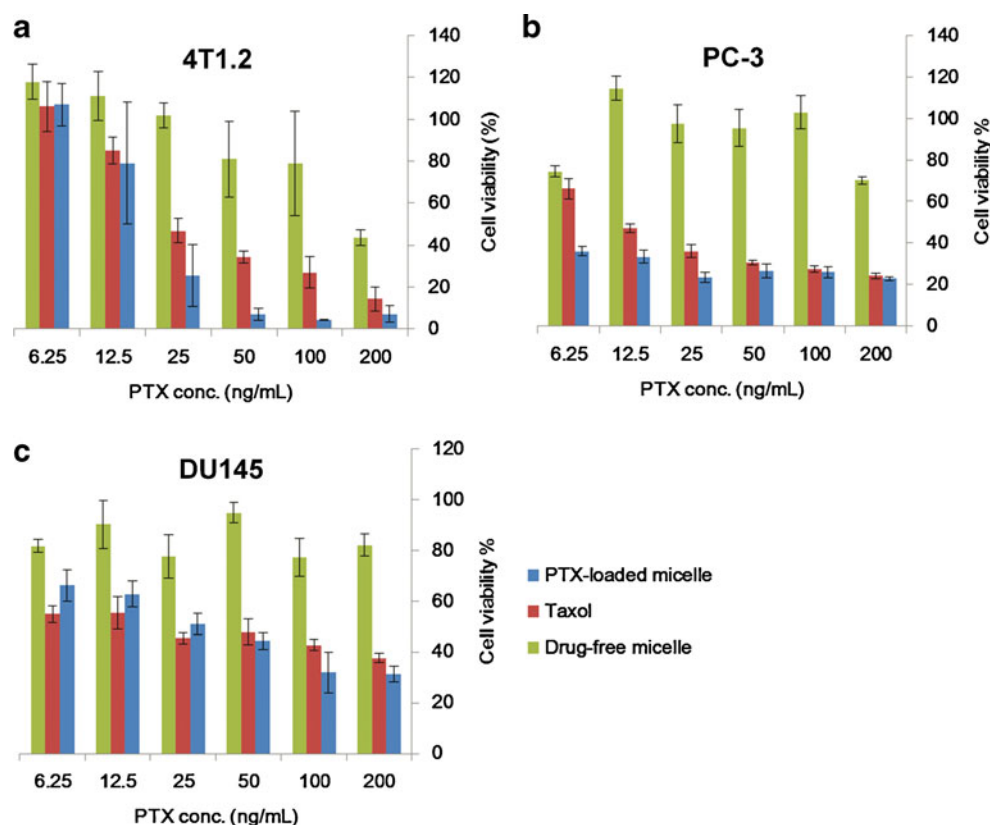
We then examined the effect of freezing and lyophilization on the colloidal stability of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX mixed micelles. As shown in Fig. S6, there were essentially no changes in the size distribution for PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX mixed micelles following lyophilization and reconstitution of the lyophilized power with water.

### Release Kinetics of PTX-Loaded Mixed Micelles

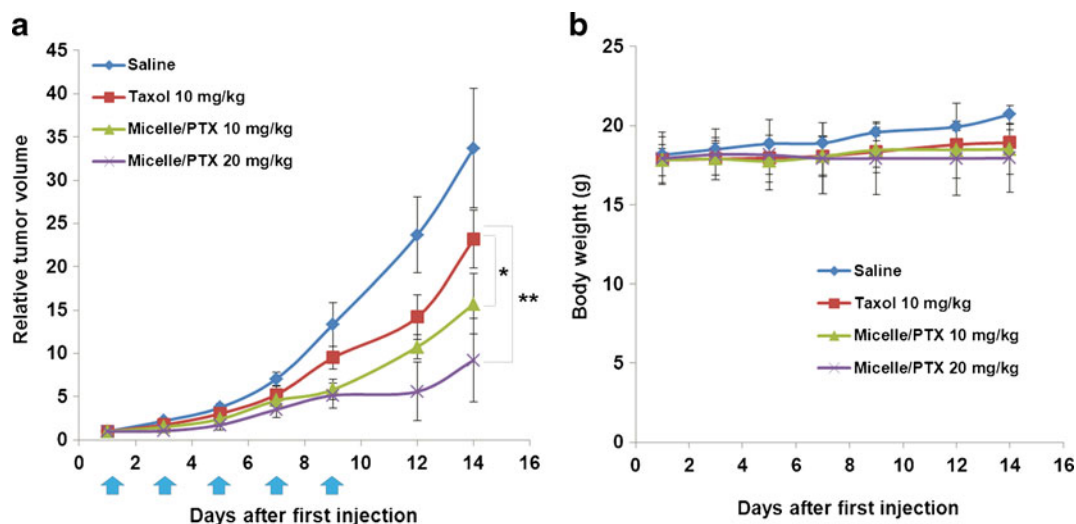
The kinetics of PTX release from PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles was examined via dialysis method and compared to PEG<sub>5000</sub>-OA<sub>2</sub>/PTX micelles and Taxol formulation. As shown in Fig. 4, the PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles showed much enhanced stability. After first 24 h, only 27.88% of formulated PTX was released from PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> mixed micelles, while 55.90% and 62.88% of PTX was released from PEG<sub>5000</sub>-OA<sub>2</sub>/PTX micelles and Taxol formulation, respectively. The  $T_{1/2}$  of PTX release is 19.8 and 14.4 h for PEG<sub>5000</sub>-OA<sub>2</sub>/PTX and Taxol formulation, respectively, while only 33% of PTX was released from PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles even after 72 h.

### In Vitro Cytotoxicity Study

The *in vitro* cytotoxicity of PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles was evaluated with three different tumor cell lines, 4T1.2, PC-3, and DU145, and compared to that of Taxol, a clinical PTX formulation. PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles exhibited higher levels of cytotoxicity than Taxol in all three cell lines tested (Fig. 5a–c). Interestingly, PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles alone showed modest cytotoxicity towards 4T1.2 cells (Fig. 5a) while they showed minimal effect on the growth of prostate cancer cells PC-3 and DU145 (Fig. 5b, c). This might be due to the different proliferation rates of these cell lines. The difference of intracellular esterase activity



**Fig. 5.** Cytotoxicity of PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles, drug-free PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles, and Taxol to 4T1.2 mouse breast cancer cell line (a), human prostate cancer cell lines PC-3 (b), and DU145 (c). Cells were treated for 72 h, and cytotoxicity was determined by MTT assay



**Fig. 6.** **a** Tumor inhibitory activity of PTX-loaded PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles. BALB/c mice were inoculated s.c. with 4T1.2 cells ( $2 \times 10^5$  cells/mouse). Five days later, mice received various treatments on days 1, 3, 5, 7, and 9, and tumor growth was monitored and plotted as relative tumor volume. \* $P < 0.05$  (PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX at 10 mg/kg vs. Taxol at 10 mg/kg). \*\* $P < 0.01$  (PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub>/PTX at 20 mg/kg vs. Taxol at 10 mg/kg).  $N = 4$ . **b** Changes of body weight in mice in different treatment groups

among these cell lines may also contribute to the different levels of cytotoxicity.

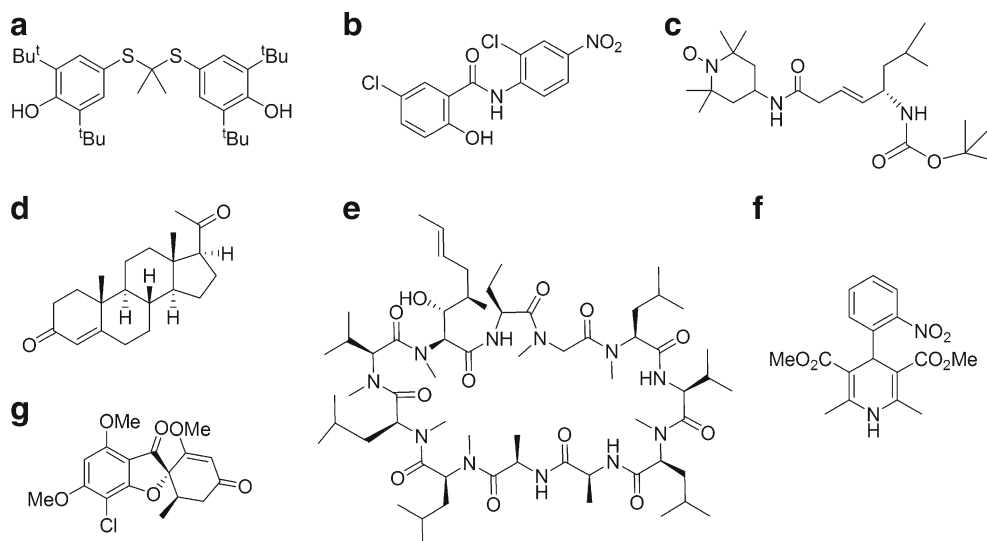
### In Vivo Antitumor Activity

The *in vivo* therapeutic activity of PTX formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles was investigated in a syngeneic murine breast cancer model (4T1.2). As shown in Fig. 6, Taxol exhibited modest effects in inhibiting the tumor growth at a PTX dose of 10 mg/kg. At the same PTX dosage, PTX formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles was more effective than Taxol in inhibiting the tumor growth ( $p < 0.05$ ). The tumor growth inhibitory effect of PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles was further enhanced when the PTX dosage was

increased to 20 mg/kg ( $p < 0.01$ ). No apparent weight changes were noticed in all of the treatment groups.

### Effectiveness of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> Micelles in Formulating Seven Other Drugs of Different Structures

The above study clearly demonstrated that the inclusion of Fmoc motifs into PEG-lipid micelles improved PTX loading capacity and facilitates its delivery to tumor cells *in vitro* and *in vivo*. We then went on to test the effectiveness of our improved system in formulating seven additional model drugs of different structures (Fig. 7) to test the general utility of our formulation. These include probucol (cholesterol-lowering drug), niclosamide (antiparasitic agent), JP4-039 (antioxidant), progesterone (antiparasitic agent), cyclosporin A, nifedipine, and griseofulvin



**Fig. 7.** Chemical structure of seven drug candidates effectively formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles. **a** Probucol, **b** niclosamide, **c** JP4-039, **d** progesterone, **e** cyclosporin A, **f** nifedipine, and **g** griseofulvin



(female hormone), cyclosporin A (immunosuppressant), nifedipine (Ca<sup>2+</sup> channel blocker), and griseofulvin (antifungal agent). The structural features of these compounds were summarized in Table II, and they were loaded into PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles at the concentration of 1 mg drug/mL, respectively, which represents a 71~1.7×10<sup>5</sup>-fold increase in solubility compared with the original aqueous solubility of each compound. The drug candidates were well encapsulated inside the hydrophobic core of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles, respectively, as demonstrated by the suppression of proton signals of each compound in deuterated water (Fig. 7a-f).

## DISCUSSION

We have confirmed and extended our previous work that the inclusion of a drug-interactive motif at the interfacial region of surfactants significantly improves the drug-loading capacity and formulation stability. PEG-lipopeptides were originally developed to formulate JP4-039, a peptide-based antioxidant (17). Data from the present study suggest that our concept is applicable to various types of therapeutic agents of diverse structures.

One of the key findings of our study is the unusual propensity of Fmoc motif in interacting with many types of drugs, ranging from PTX, steroids, to hydrophobic peptide drugs with linear or cyclic configuration (Table II). These agents have one or more aromatic or heterocyclic ring structures or multiple hydrophobic side chain groups if it is a peptide derivative and can form hydrogen bond with other molecules. These features are quite ubiquitous among many drugs and drug candidates, suggesting that this motif may have the utility for a broad spectrum of compounds. These data strongly suggest that α-Fmoc behaves as a “formulation chemophor” or a structural unit capable of interacting with many pharmaceutical agents. The molecular basis for such propensity of interactions is likely due to a combination of the fused aromatic ring structure of fluorenyl group and its carbamate and amide linkages. Fluorenyl group is a compact hydrophobic motif capable of forming hydrophobic π-π interactions with compounds carrying one or more aromatic ring structures. Such interaction is normally stronger than the van der Waals interaction between alkyl chains. The carbamate and other amine linkages in the conjugate are known to facilitate hydrogen bonding interactions, which shall also contribute to both carrier/carrier and carrier/drug interactions (Fig. 1). The importance of Fmoc was supported by the observations that the performance of the PEG-lipopeptides was significantly compromised if it was replaced by other motifs such as Boc (Gao *et al.*, unpublished data).

Similar to a PEG-lipopeptide with four Fmoc motifs (17), PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> formed tubular structures, suggesting the formation of filamentous micelles (Fig. 2e). These structures were well retained following the incorporation of PTX. This is likely due to strong interaction among the Fmoc-containing PEG-lipopeptides. It is known that Fmoc-containing short peptides tend to show strong interaction among themselves to form tubular structures that resulted in formation of hydrogels (22). However, the lipid motif may also contribute to the formation of tubular structures as a PEG<sub>5000</sub>-Fmoc counterpart without OA chains formed spherical particles in the absence or presence of loaded PTX (data not shown). It has been reported that filamentous polymeric micelles exhibit substantially longer half-life in the blood

**Table II.** Effectiveness of PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> Micelles in Formulating Drugs of Diverse Structures

Drug candidate	Biologic activities	Number of aromatic rings	Structural features	Log P	Free drug solubility (μg/mL)	Carrier/drug molar ratio <sup>a</sup>	DLC (%)	Particle size (nm)
Probucol	Cholesterol-lowering drug	2	Dimerized di-tert-butylthiophenol	8.08 <sup>b</sup>	0.006 <sup>b</sup>	2.5	3.15	74.22±2.57
Nicosamide	Antiparasitic agent	2	Salicylanilide	4.56 <sup>b</sup>	0.23 <sup>b</sup>	2.5	2.02	81.94±4.37
JP4-039	Antioxidant	0	Peptide	N/A	N/A	2.5	3.13	55.90±0.75
Progesterone	Female hormone	0	Steroid hormone	3.87 <sup>b</sup>	7 <sup>b</sup>	0.25	16.52	70.57±0.73
Cyclosporin A	Immunosuppressant	0	11 amino acids cyclic peptide	3.0 <sup>b</sup>	6.6 <sup>b</sup>	2.5	7.04	72.79±1.62
Nifedipine	Ca <sup>2+</sup> channel blocker.	2	Nitrophenyl dihydropyridine dicarboxylate	2.5 <sup>b</sup>	5 <sup>b</sup>	0.5	9.83	63.75±1.22
Griseofulvin	Antifungal agent	1	Methoxy benzofuran, cyclohexene-dione	2.0 <sup>b</sup>	14 <sup>b</sup>	2.5	2.17	66.79±0.96

DLC drug loading capacity

<sup>a</sup> Carrier/drug molar ratio to efficiently solubilize drug at 1 mg/mL in DPBS

<sup>b</sup> Log P and solubility of listed drugs refer to references (34-44)

compared to the spherical counterparts (23). More studies are needed to examine the *in vivo* pharmacokinetics profiles of our PEG-lipopeptides as well as the mechanisms involved in various modes of self-assemblies.

In addition to examining the general utility of our system in formulating different types of drugs of diverse structures, we further explored its potential in the delivery of PTX to tumor cells. PTX is a first-line therapeutic agent for various types of cancers; however, its clinical application is limited by the toxicity and poor water solubility (24–27). Taxol is an alcohol/Cremophor formulation that can cause local irritation and severe histamine-mediated hypersensitivity reactions (28–30). PEG-derivatized phospholipid has been shown to be able to form simple micellar formulation with PTX, but has limited loading capacity (31–33). We also noticed a low PTX loading capacity with a similar system based on PEG<sub>5000</sub>-OA<sub>2</sub> conjugate (Table I). Incorporation of Fmoc into this system led to a three-fold increase in PTX loading capacity. In addition, the colloidal stability of PTX/PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> mixed micelles was significantly improved compared to that of PTX-loaded PEG<sub>5000</sub>-OA<sub>2</sub> micelles (Table I). This is corroborated by the observation that PTX formulated in PEG<sub>5000</sub>-(Fmoc-OA)<sub>2</sub> micelles also demonstrated a much slower kinetics of PTX release compared to Taxol formulation and PEG<sub>5000</sub>-OA<sub>2</sub> micelles without Fmoc motifs (Fig. 4). These improvements may be attributed to the enhanced interaction between the carrier and PTX. Several mechanisms are likely to be involved in the interactions between the carrier and PTX including hydrophobic/hydrophobic interaction and hydrogen bonding. The Fmoc/PTX  $\pi$ - $\pi$  stacking shall also contribute significantly to the carrier/PTX interactions as supported by the data from the fluorescence quenching study (Fig. 3). More studies are needed in the future to better understand the mechanism of carrier/PTX interaction.

We have further demonstrated an improved antitumor activity for our micellar PTX compared to Taxol formulation both *in vitro* and *in vivo*. At an increased dosage of PTX (20 mg/kg), which is beyond the maximum tolerated dose of Taxol (14), our micelle formulation led to a further enhancement in tumor inhibitory effect with minimal toxicity (Fig. 6). The improved performance is likely due to an enhanced carrier/drug interaction and an improved stability of the PTX micelle formulation *in vivo*, which presumably lead to an effective delivery of PTX to tumors through the EPR effect.

## CONCLUSIONS

We have shown that incorporation of Fmoc motifs into a PEG-lipopeptide conjugate resulted in an improved formulation that is effective in formulating eight model drugs of diverse structures. We have further shown that incorporation of PTX into our new formulation led to improved antitumor activity over Taxol *in vitro* and *in vivo*. Our study suggests that micelle-forming PEG-lipopeptide surfactants with interfacial Fmoc motifs may represent a promising drug formulation platform for a broad range of drugs with diverse structures.

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