Cytoglobin modulates myogenic progenitor cell viability and muscle regeneration

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Mammalian skeletal muscle can remodel, repair, and regenerate itself by mobilizing satellite cells, a resident population of myogenic progenitor cells. Muscle injury and subsequent activation of myogenic progenitor cells is associated with oxidative stress. Cytoglobin is a hemoprotein expressed in response to oxidative stress in a variety of tissues, including striated muscle. In this study, we demonstrate that cytoglobin is up-regulated in activated myogenic progenitor cells, where it localizes to the nucleus and contributes to cell viability. siRNA-mediated depletion of cytoglobin from C2C12 myoblasts increased levels of reactive oxygen species and apoptotic cell death both at baseline and in response to stress stimuli. Conversely, overexpression of cytoglobin reduced reactive oxygen species levels, caspase activity, and cell death. Mice in which cytoglobin was knocked out specifically in skeletal muscle were generated to examine the role of cytoglobin in vivo. Myogenic progenitor cells isolated from these mice were severely deficient in their ability to form myotubes as compared with myogenic progenitor cells from wild-type littermates. Consistent with this finding, the capacity for muscle regeneration was severely impaired in mice deficient for skeletal-muscle cytoglobin. Collectively, these data demonstrate that cytoglobin serves an important role in muscle repair and regeneration.

myogenesis | myocyte differentiation/proliferation | nuclear protein | redox signaling

The regenerative capacity of adult skeletal muscle is not un-
limited. Exhaustion of muscle progenitor cells (MPCs) is thought to be an important factor contributing to the progressive weakness and atrophy of peripheral skeletal muscle that occurs with various skeletal myopathies and during normal aging $(1-9)$. A better understanding of the processes and proteins involved in myogenesis and muscle regeneration may enable the design of innovative therapies to improve the care of victims of severe muscle trauma, patients with skeletal myopathies, and the elderly.

Mammalian skeletal muscle is composed of a heterogeneous set of multinucleate muscle fiber types, each with a distinct set of contractile and metabolic properties. Over the course of a mammal's lifetime, the maintenance, adaptation, and repair of skeletal muscle depend on the continual ability to initiate myogenesis (4, 5, 10–12). Skeletal muscle injury can occur as a consequence of direct myotrauma (e.g., after a burn or intense physical activity) or genetic mutation of key cytoskeleton proteins as in the muscular dystrophies (1, 5, 10, 12–16). In response to damage or to a change in demand, quiescent MPCs residing between the sarcolemma and the basal lamina are activated and begin to proliferate (17–19). Once activated, MPCs, also known as "satellite cells," can either fuse to existing myofibers or form myofibers de novo.

Muscle regeneration is a highly organized process that can be divided broadly into two phases—degenerative and regenerative regardless of the initiating event (e.g., acute trauma or chronic, genetically induced myopathy) (5, 17, 18, 20–22). The degenerative phase, which generally occurs within 48 h of an acute injury, is characterized by cell death (both necrotic and apoptotic) and inflammation. During the regenerative phase (2–14 d postinjury) activated MPCs contribute to the repair of injured muscle fibers, generate new myofibers, and self-renew a population of quiescent MPCs (4, 5, 22). In adult skeletal muscle, quiescent, mitotically inactive MPCs express a set of myogenicspecific transcription factors including forkhead box protein K1 $(Fox k1)$ and paired box transcription factor 3 (*Pax3*) and 7 (*Pax7*) (4, 5, 22). Upon activation, MPCs start to express transcription factors from the myogenic regulatory factor (MRF) family [myogenic differentiation antigen (MyoD), myogenic factor 5 (Myf5), myogenin, and MRF4]. This expression initiates a cascade of molecular events resulting in the activation, proliferation, and eventual differentiation of MPCs into mature, terminally differentiated myotubes (4, 5, 13–15, 22, 23).

Recently, we demonstrated that hypoxia induces the expression of the gene encoding cytoglobin (Cygb) in C2C12 myoblasts, an immortalized cell line derived from MPCs (24, 25). Cygb is a heme-containing protein of the globin family that is structurally similar to myoglobin (Mb) and is conserved across species (mammals, fish, amphibians, reptiles, and birds) (26, 27). In mammals it is expressed in a variety of tissues, including skeletal muscle, although the Cygb transcript level in the adult skeletal muscle is low compared with the levels in heart and brain (24, 26–29). Mechanistic studies defining the function of Cygb are limited. In vitro studies indicate it is able to scavenge free radicals, and overexpression of Cygb in various cell lines preserves

Significance

Mammalian skeletal muscle is a dynamic and plastic tissue, capable of responding to physiological demands and pathophysiological stresses. This response relies on the muscle's ability to activate myogenic progenitor cells (MPCs) resulting in myogenesis. In this study, we demonstrate that cytoglobin, a stress-responsive hemoprotein abundantly expressed in MPCs, is capable of modulating MPCs' viability and proliferative/ differentiative capacity. Collectively, our data demonstrate that cytoglobin serves an important role in muscle regeneration. Thus, an enhanced understanding of cytoglobin's role in myogenesis may enable the development of therapeutic approaches for treating patients with muscle injuries and other neuromuscular disorders.

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cell viability under conditions of oxidative stress (30–34). The objective of the present study was to determine the role of Cygb in skeletal muscle. We present in vitro and in vivo evidence that Cygb protects the viability of activated MPCs and is essential for effective muscle regeneration.

Results

Cygb Is Expressed Within the Nucleus of MPCs and Proliferating Myoblasts. Primary MPCs were isolated from the hindlimb muscles of WT mice. Transcript levels for Cygb were assessed by real-time quantitative RT-PCR (qRT-PCR). Undifferentiated MPCs were markedly enriched in Cygb transcript (8,000-fold) compared with whole hindlimb skeletal muscle (Fig. 1A). In addition, Cygb was more abundant than Mb within undifferentiated MPCs (Fig. 1B). Immunocytochemistry (ICC) demonstrated that Cygb protein is expressed in both the cytosol and the nucleus of primary, undifferentiated MPCs (Fig. 1C). In addition, ICC and Hoechst staining of isolated MPCs showed that Cygb colocalized with MyoD, an MPC-specific transcription factor belonging to the MRF family, suggesting that under these conditions Cygb is a nuclear protein (Fig. 1D). Although Cygb has been considered primarily cytoplasmic, our data are consistent with previous reports demonstrating Cygb protein in the nuclei of both hepatocytes and neurons (35, 36).

Western blot analysis supported the observation that Cygb protein is expressed in the both the cytosol and nuclei of C2C12 myoblasts, an immortalized cell line derived from MPCs (Fig. 1E) (25). Exposure of C2C12 myoblasts to Leptomyocin B, a nonspecific nuclear-export inhibitor, resulted in increased accumulation of Cygb within the nuclei of these cells, suggesting that the Cygb flux between the cytosol and nucleus is dynamic in nature (Fig. $1F$). Finally, to determine whether Cygb levels change during differentiation of myoblasts, we assessed Cygb transcript and protein levels in differentiating C2C12 myoblasts (Fig. 1 G and H). Both Cygb transcript and protein levels were abundant in C2C12 myoblasts; however, over the course of differentiation to myotubes, both transcript and protein levels declined and were reciprocal to the well-described temporal pattern

of Mb expression, which increases during myotube differentiation (37, 38). Taken together, these data indicate that Cygb is present in MPCs and C2C12 myoblasts during their proliferative state but declines as myotubes are established.

Cygb Expression Is Induced in a Murine Model of Muscle Regeneration.

Cardiotoxin (CTX) is a myotoxin derived from the venom of the Taiwanese Cobra (Naja atra) and has been used widely by scientific investigators to induce muscle injury and regeneration in a reproducible manner (39–44). Intramuscular injection of CTX into the hindlimb of WT adult males caused apoptosis, necrosis, and extensive inflammation within the first 48 h postinjury (Fig. 2A and [Fig. S1](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF1) A and B; degenerative phase). Transcript levels of superoxide dismutase-2 (Sod2), catalase, and glutathione peroxidase (Gpx) also peaked during this phase, indicating mobilization of defense mechanisms against oxidative stress (Fig. 2 B and C). Over the course of the following 2 wk (days 2–14), there was clearance of necrotic tissue, formation of new myotubes (myocytes with centrally located nuclei) on day 5, and complete restoration of the muscle architecture by day 14 [\(Fig. S1](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF1)A; regenerative phase).

Within the first 5 d after CTX injury, transcript levels of the MPC markers *Pax 3* and *Pax 7* increased (Fig. 2D). Likewise, there were marked increases in mRNA levels of MyoD and myogenin, which are hallmarks of MPC activation (Fig. 2E). There was a 12-fold increase in Cygb mRNA levels with a temporal expression profile that preceded the expression of most of the myogenic markers (Fig. 2E). Importantly, immunohistochemistry (IHC) demonstrated colocalization of Cygb protein and MyoD protein, which was greatest at day 5, coinciding with the appearance of centrally nucleated myocytes (Fig. 2F and [Fig.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF1) [S1](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF1)C). At this time point, the majority of MyoD-positive cells also were Cygb positive, providing further evidence that Cygb is expressed in activated MPCs.

Muscle Regeneration Is Impaired in Mice with Knockout of Skeletal **Muscle-Specific Cygb.** To investigate the in vivo role of C_ygb during skeletal muscle regeneration, a conditional Cygb-knockout mouse line was engineered using standard Cre/loxP technology [\(Fig. S2\)](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2).

Fig. 1. Cygb is found in both the cytoplasm and nucleus of primary MPCs, and its expression decreases upon differentiation of myoblasts. (A) qRT-PCR was used to compare the Cygb transcript level in undifferentiated MPCs with that in hindlimb skeletal muscle of adult WT mice. (B) Relative transcript levels of Mb and Cygb were compared in undifferentiated WT MPCs. (C) Representative ICC image showing Cygb localized to both the cytosol and nuclei of isolated WT MPCs. (Scale bar: 40 μm.) (D) Cygb and MyoD colocalize to the nuclei of MPCs. The Cygb signal is tagged red, and the MyoD signal is green. Nuclear Hoechst staining is labeled blue. (Scale bar: 40 μ m.) (E) Western blot analysis indicates Cygb protein in both the cytosolic (C) and nuclear (N) enriched fractions from C2C12 myoblasts. Specialty protein 1 (Sp1) and VDAC were used to assess the purity of fractionation; α-tubulin was used as the loading control. (F) Nuclear abundance of Cygb increased after C2C12 myoblasts were treated with Leptomycin B (LMB) to inhibit nuclear export. The Cygb signal is green, and the nuclear DAPI signal is blue. (Scale bar: 20 μm.) (G and H) RT-PCR (G) and Western blot analysis (H) indicated a decrease in Cygb transcript and protein levels during differentiation of C2C12 myoblasts (MyB) to myotubes (MyT). Mb expression is shown to verify myoblast differentiation. 18s-ribosome (18s-Rib) and α -tubulin were used as loading controls. $*P < 0.005$ undifferentiated MPCs vs. whole skeletal muscle; $**P < 0.005$ Cygb expression vs. Mb expression; $n = 3$ in each group.

Fig. 2. Cygb expression increases during muscle regeneration and colocalizes with MyoD-positive cells. (A–C) TUNEL assays (A) and qRT-PCR data (B and C) indicate the induction of apoptosis and oxidative stress following CTX-induced muscle injury in the hindlimb muscles of WT mice. (D and E) qRT-PCR revealed increased Pax3, Pax7, myogenin, MyoD, and Cygb levels after muscle injury. The transcript levels were normalized to 18s-ribosomal RNA. *P < 0.05 postinjury vs. baseline level; n = 3-5 in each group. (F) IHC was undertaken at various time points after CTX injury to assess the number cells coexpressing both Cygb and MyoD. The number of dual-staining cells was quantified. *P < 0.05 postinjury vs. baseline level; $n = 3-5$ sections at each time period.

Homozygous floxed mice (Cygb^{flox/flox}) were crossed with Myo-Cre transgenic mice to generate mice with skeletal muscle-specific Cygb knockout $[Cygb^{flox/flox}$: Myo-Cre (+) or Cygb^{-/-}]. The muscle-specific Myo-Cre driver line expresses Cre-recombinase under the control of the *myogenin* promoter and a Mef2 enhancer, and it is expressed in somites as early as embryonic day 9.5 (45). The presence and correct insertion of the targeting vector were confirmed by both semiquantitative PCR and Southern blot analysis ([Fig. S2](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2) B–[D](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2)). Cygb^{-/-} mice were viable and were normal under baseline conditions. Depletion of Cygb from whole adult skeletal muscle was confirmed by qPCR and Western blot analysis (Fig. $S2 F$ and G). It was not possible to tell whether the Cre/loxP system already had been activated in MPCs in vivo; however, once isolated and placed in culture, depletion of the Cygb transcript in the MPCs was confirmed by qPCR and Western blot analysis (Fig. $3 \text{ } A$ and B).

To assess the effect of Cygb deficiency on the ability of MPCs to proliferate, BrdU staining was undertaken on undifferentiated MPCs isolated from the hindlimb muscles of $Cygb^{-/-}$ and control $[Cygb^{flox/flox}$: Myo-Cre (−) or Cygb^{+/+}] mice. The results revealed a 30% reduction in the number of BrdU-positive Cygb−/[−] MPCs compared with $Cygb^{+/+}$ MPCs, suggesting that the proliferative capacity of Cygb-deficient MPCs is impaired (Fig. 3 C and D). In addition, $Cygb^{-/-}$ MPCs were not able to differentiate fully into myotubes (Fig. $3 E-G$). As MPCs differentiate into mature, elongated myotubes, the cells express desmin; however, the appearance of desmin-expressing nonfused cells indicates incomplete differentiation. ICC showed twice as many desmin-staining nonfused circular cells in undifferentiated Cygb−/[−] MPCs incubated for 5 d in differentiating medium than in control MPCs (Fig. 3 F and G), suggesting a defect in the ability of $Cygb^{-1}$ MPCs to differentiate fully. Supporting the observation made by ICC, qRT-PCR data demonstrated dysregulated transcript levels of various MRF family members in undifferentiated and differentiated Cygb^{-/−} MPCs (Fig. 3 H and J). In particular, the transcript and protein levels of myogenin were decreased markedly in undifferentiated $Cygb^{-/-}$ MPCs as compared with control MPCs (Fig. 3 H and I). In addition, $Cygb^{-/-}$ MPCs incubated for 5 d in differentiating medium showed a significant decrease in the transcript levels of myocyte structural genes (i.e., desmin and titin) as compared with differentiated $Cyg^{+/-}$ MPCs, supporting the observation that $Cygb^{-/-}$ MPCs fail to differentiate fully into myotubes (Fig. 3J). Finally, the transcript levels of the oxidative stress markers catalase and Sod2 were increased in $Cy_0b^{-/-}$ MPCs, suggesting that redox states are altered in these cells (Fig. $3 H$ and J). Collectively, these data suggest that Cygb-deficient MPCs have impaired proliferative and differentiative capacities.

To confirm further the findings from Cygb-deficient MPCs, we used a second model of C2C12 myoblast differentiation. Cygb was knocked down efficiently in C2C12 myoblasts using small, interfering RNA (siRNA) directed against Cygb (siCygb) [\(Fig.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3) [S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3)A), and mRNA expression of several differentiation-specific genes (Pax3, Pax7, MyoD, and myogenin) was followed although the course of C2C12 differentiation. The data indicated severely dysregulated expression of all analyzed genes in $siCygb$ cells, supporting our previous observation that Cygb-deficient MPCs show impaired differentiation (Fig. $S4$ *A–[D](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF4)*). Similarly, mRNA expression of the oxidative stress markers catalase and Sod2 also showed marked up-regulation in siCygb cells throughout the course of differentiation, indicating elevated oxidative stress in these cells as compared with control cells (Fig. $S4 E$ and F). Overexpression of Mb, a globin structurally similar to Cygb, could not reverse the impairment in differentiation in Cygb-deficient MPCs [\(Fig. S5](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF5)). This observation suggests that the impaired

Fig. 3. Differentiation of Cygb-deficient myogenic progenitor cells is impaired. (A and B) qRT-PCR and Western blot data confirmed knockdown of Cyqb in undifferentiated (undiff) MPCs isolated from the hindlimb muscles of Cygb^{-/−} mice. (C and D) BrdU incorporation in undifferentiated MPCs isolated from Cygb^{+/+} and Cygb^{-/−} muscle revealed a decreased proliferative capacity in Cygb−/[−] MPCs. (E) Phase-contrast images comparing differentiation of MPCs isolated from the hindlimb muscles of $Cyqb^{+/+}$ and Cygb−/[−] mice. MPC cultures were incubated in differentiation medium for 5 d. (F and G) Desmin staining of differentiated MPCs revealed a greater number of nonfused myoblasts in differentiated Cygb^{-/-} MPCs. (H and I) qRT-PCR (H) and Western blot analysis (I) comparing expression of myogenin and other MRF family genes, myocyte structural genes, and oxidative stress marker genes in undifferentiated Cygb+/+ and Cygb−/[−] MPCs. (J) qRT-PCR analysis comparing expression of myogenin and other MRF family genes, myocyte structural genes, and oxidative stress marker genes in $Cygb^{+/+}$ and Cygb^{-/−} MPCs after 5 d of differentiation. * $P < 0.05$ Cygb^{-/−} MPCs vs. Cygb^{+/+} MPCs; $n = 3$ in each group. **P < 0.05 Cygb^{-/-} MPCs vs. Cygb^{+/+} MPCs; n = 20-30 in each group. (Scale bar: 200 μm.)

differentiative capacity in these cells is specific to the loss of Cygb and that Mb is unable to rescue the phenotype.

The Cygb^{-/−} mice then were assessed for their ability to repair and regenerate skeletal muscle in vivo using the CTX injury model. The hindlimb muscles from $Cygb^{+/+}$ and $Cygb^{-/-}$ mice were injected with CTX as previously described. Histological and molecular markers of oxidative stress and muscle regeneration were assessed as a function of time postinjury (Fig. 4A and [Fig.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2) [S2](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2) H–[K](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF2)). H&E staining of injured skeletal muscle from both $Cygb^{+/+}$ and $Cygb^{-/-}$ mice revealed extensive necrosis and inflammation during the first 2 d postinjury (Fig. 4A). However, morphometric analysis of the myocyte cross-sectional area (CSA) within the area of injury 14 d postinjury indicated an ∼40% reduction in myocyte size among $Cygb^{-/-}$ mice as compared with injured $Cygb^{+/+}$ mice (Fig. 4B). Analysis of myocyte CSA clustering demonstrated that the majority of $C y g b^{+/-}$ myocytes were 1,000–2,000 μm² in size, whereas the CSA for Cygb^{-/−} myocytes was distributed between 500 and 1,250 μ m² (Fig. 4C). Thus, after CTX injury, $Cygb^{-/-}$ mice demonstrate impaired muscle regeneration that is marked by considerably smaller myocytes (Fig. 4 B and C). Finally, the CTX-injured $Cygb^{-/-}$ mice continued to demonstrate evidence of ongoing myonecrosis and apoptosis up to day 21 postinjury. A time course of TUNEL-positive

cells suggested an increase in the magnitude of cell death and a broadening of the window of time during which cell death was elevated (Fig. 4D).

A time course of changes in gene expression indicated a peak in Pax7 and myogenin mRNA levels at day 5 in Cygb^{+/+} hindlimb muscle (Fig. $4 E$ and F). Activation of these two markers of muscle regeneration was delayed in the $Cygb^{-/-}$ mice and was profoundly blunted, suggesting that Cygb expression is required for the initiation of an appropriate regenerative program. The blunted mRNA-expression profile of myogenin was confirmed by Western blot analysis (Fig. 4G).

The architecture of the Cy_8 ^{+/+} hindlimb muscle was almost completely restored to normal 14 d after CTX-induced injury. In contrast, the $Cygb^{-/-}$ muscle still had evidence of continued muscle degeneration/regeneration and failure to restore the normal muscle architecture even 21 d postinjury, as characterized by a greater number of centrally nucleated myocytes and smaller myocyte size than seen in the Cygb^{+/+} animals (Fig. $5A$ -C). The $\dot{C}ygb^{-/-}$ skeletal muscle at this time point still had elevated expression of oxidative stress markers (i.e., catalase, Sod2, and $p53$) indicative of sustained oxidative stress (Fig. 5D). The expression of Pax3, MyoD, and myogenin also was altered in the $Cygb^{-/-}$ muscle as compared with $Cygb^{+/+}$ muscle, suggesting

Fig. 4. Cell death is enhanced, and regeneration is blunted in CTX-injured mice with knockout of skeletal muscle-specific Cygb. (A) H&E staining demonstrated delayed regeneration in Cygb−/[−] muscle 14 d after CTX injury. Note the persistence of centrally nucleated myocytes (evidence of ongoing muscle regeneration) in the Cygb−/[−] muscle. (Scale bar: 40 μ m.) (B and C) The average myocyte CSA (B) and the distribution of the CSA (C) revealed significantly smaller myocytes within the hindlimbs of Cygb^{-/-} mice than in $\overline{Cy}b^{+/+}$ mice at 14 d postinjury. (D) Time course of TUNEL activity following CTX injury in Cygb^{+/+} and Cygb^{-/−} mice. (E and F) qRT-PCR data analysis was used to quantify Pax7 and myogenin transcript levels after CTX injury in $Cygb^{+/+}$ and Cygb^{-/-} mice. (G) Western blot analysis revealed a decrease in myogenin protein levels in $Cygb^{-/-}$ mice after CTX injury. GAPDH was used as a loading control. ${}^{ \#} \! P \; < \; 0.05 \; \; C y g b^{-/-}$ myocytes vs. $C y g b^{+/-}$ myocytes, n = 200 in each group; * $P < 0.05$ Cygb^{-/-} vs. Cygb^{+/+}, $n = 6$ in each group at each time point; **P < 0.05 Cygb^{-/-} vs. Cygb^{+/+}, $n = 8-10$ in each group at each time point.

sustained differences in the myogenic program 21 d after CTX injury (Fig. 5E). Collectively, the in vivo studies demonstrated that both the timing and quality of muscle repair and regeneration are defective in Cygb-deficient skeletal muscle.

Depletion of Cygb from C2C12 Myoblasts Increases Cellular Reactive Oxygen Species and Promotes Cell Death. In vitro studies were initiated to elucidate the function of Cygb within activated MPCs. siCygb was used to deplete 70% of the Cygb transcript from C2C12 myoblasts [\(Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3)A). Although two different Cygbtargeting siRNA oligonucleotides ($siCygb3$ and $siCygb4$) were identified as being able to knock down Cygb expression within these cells, the majority of the in vitro studies were undertaken using siCygb4. This particular siRNA oligonucleotide was more effective in knocking down Cygb expression and hereafter is referred to simply as "siCygb." Finally, we demonstrate that the scrambled, control siRNA had no significant effects on cell death over a wide range of concentrations (0–80 nM) ([Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3)B).

Knockdown of Cygb resulted in a significant increase in cell death as assessed by both TUNEL staining and FACS analysis of fragmented DNA (Fig. $6A$ and B and [Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3) B and C). Cygb depletion also increased cell death under normoxic conditions in HeLa and COS cells [\(Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3) D and E). Upon exposure to severe hypoxia (0.1% O_2 , 5% CO_2), cell death was greater in siCygb

myoblasts than in control myoblasts (nontransfected C2C12 myoblasts and siRNA myoblasts; Fig. 6B). Similarly, the siCygbtransfected C2C12 myoblasts were more sensitive to menadione, a synthetic vitamin K derivative capable of promoting reactive oxygen species (ROS) generation [\(Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3)F).

The transcript levels of various oxidative stress markers were assessed in siCygb myoblasts under basal conditions Using qRT-PCR. Several genes known to promote stress, including Alox12 and *Nox5*, were up-regulated (Fig. $S3G$). Conversely, the expression of several genes involved in reducing oxidative stress, including Gpr156, Ptgs1, and Prdx6, was decreased ([Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF3)H). These data suggested that Cygb-deficient myoblasts are under more oxidative stress than control cells and thus presumably have altered redox states. We pursued this line of investigation and used H2DCFDA, a fluorescent cell-permeable indicator of ROS, to compare ROS generation in control and siCygb C2C12 myoblasts. Under normoxic conditions there was a small but statistically significant increase in total intracellular ROS levels in siCygb myoblasts as compared with control myoblasts (Fig. 6C). This difference was greatly enhanced under hypoxic conditions. To test whether this increase in cellular ROS influenced cell viability, control and siCygb C2C12 myoblasts were treated with dimethyl thiourea (DMTU), a ROS scavenger. DMTU attenuated the increase in cell death in siCygb myoblasts (Fig. 6D).

Fig. 5. Impaired muscle regeneration in mice with skeletal muscle-specific deletion of Cygb. (A) H&E staining revealed persistent muscle injury 21 d after CTX injury in Cygb−/[−] mice. Arrows indicate centrally nucleated myocytes. (Scale bar: 40 μm.) (B and C) The average myocyte CSA (B) and distribution of the CSA (C) revealed significantly smaller myocytes within the hindlimbs of Cygb−/[−] mice than in Cygb+/+ mice at 21 d postinjury. (D and E) qRT-PCR data supported increased oxidative stress and altered expression of transcription factors responsible for muscle regeneration in Cygb^{−/−} mice 21 d after CTX injury. $^{\#}P$ < 0.05 Cygb^{-/−} myocytes vs. Cygb^{+/+} myocytes, $n = 225$ in each group; *P < 0.05 Cygb^{-/-} vs. Cygb^{+/+}, n = 6 in each group.

TUNEL assays and FACS analysis of DNA fragmentation are reliable indicators of cell death but do not distinguish among mechanisms of cell death. Studies evaluating caspase activation, mitochondrial depolarization, and cytochrome c release into the cytosol were used to assess apoptosis. There was an approximately threefold increase in caspase activity in $\dot{s} \dot{C}$ C2C12 myoblasts as compared with control myoblasts (Fig. 6E). The population of cells with low mitochondrial membrane potential also was increased (Fig. 6F). Western blot analysis of mitochondrial and cytoplasmic cellular fractions showed that more cytochrome c was present in the cytoplasm of $siCygb$ myoblasts than in control myoblasts, suggesting activation of the intrinsic apoptotic death pathway (Fig. 6G). We also found evidence of increased cleavage of both caspase-3 and poly-ADP ribose polymerase, a protein involved in DNA repair, in $siCygb$ myo-blasts [\(Fig. S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF6) A and B). Treating \mathfrak{slC} ygb myoblasts with zVAD, a caspase inhibitor, improved cell survival, further implicating the apoptotic death pathway as the mode of death in $siCygb$ cells (Fig. 6 H and I). These data are supported by the observation that there was an induction of proapoptotic genes (i.e., Nod1, Pak7, Pycard7, and Trp73) and a down-regulation of antiapoptotic genes (Bcl-2, Birc2, and Nol3) in siCygb myoblasts as compared with control siRNA myoblasts [\(Fig. S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF6)C). Collectively, these data indicate that depletion of Cygb from C2C12 myoblasts increases their susceptibility to oxidative stress and to ROS-mediated activation of the intrinsic apoptotic death pathway.

Increased Expression of Cygb Protects C2C12 Myoblasts. Transient transfection with a Cygb-GFP expression plasmid (Cygb-OE1) was used to overexpress Cygb in C2C12 myoblasts ([Fig. S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF6)D). Transfection with GFP alone was used as a control. Transfection with Cygb-OE1 reduced cell death and ROS generation in C2C12 myoblasts exposed to severe hypoxia (Fig. $7 \land$ and B). Cygb overexpression using Cygb-OE1 also protected against menadione-induced cell death [\(Fig. S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=SF6)E). The expression of a mutant Cygb-GFP fusion protein [Mut-Cygb; mutation of two evolutionary conserved histidine residues (His81 and His113) and a conserved cysteine (Cys83) within the heme-binding domain of Cygb] was no longer protective, demonstrating the importance of an intact heme-binding domain to the cellular function of Cygb (Fig. 7 A–C). Of note, the heme-binding domain of Cygb serves as the binding site for various ligands; including oxygen, nitric oxide, and ROS (27, 46).

Cygb-OE1 transfection into C2C12 myoblasts also improved survival after treatment with etoposide, a cancer drug that promotes apoptosis (Fig. 7C). Consistent with this protective effect, Cygb-OE1 reduced caspase activation and loss of mitochondrial membrane potential caused by etoposide (Fig. $7 D$ and E). Similarly, transfection of C2C12 myoblasts with an myc-tagged Cygb expression construct (Cygb-OE2) reduced cell death upon exposure to severe hypoxia and menadione (Fig. $S4$ F and G).

Having established the importance of an intact heme-binding domain for Cygb's cytoprotective properties, we sought to determine the importance of the heme-binding domain in Cygb's ability to translocate into the nucleus. Western blot analysis was undertaken on cytosolic and nuclear fractions of C2C12 myoblasts transfected with either the wild-type Cygb-GFP construct $(Cygb-OE1)$ or the mutated $Cygb-GFP$ construct (Mut $Cygb$) (Fig. 7F). The results demonstrated the complete absence of the mutated protein in the nucleus, suggesting that the heme-binding domain of Cygb is critical to the ability of Cygb to localize to the nucleus of a cell.

Collectively, our gain-of-function in vitro studies further support the role of Cygb in promoting the viability of C2C12 myoblasts under a variety of oxidative-stress conditions. Of equal importance, the mutational studies identified the heme-binding domain as essential for Cygb nuclear localization.

Discussion

This study provides several insights into the role of Cygb during skeletal muscle regeneration. First, we demonstrate that Cygb is localized to the nucleus of MPCs and that its expression is induced transiently during muscle regeneration in vivo. Thus, Cygb is in an appropriate spatial and temporal location to influence MPC biology. Second, we show that Cygb protects myoblasts in culture from ROS-mediated apoptotic cell death and that an intact heme-binding domain is essential for this property. Third, isolated MPCs lacking Cygb have impaired proliferative and dif-

Fig. 6. siRNA depletion of Cygb increases apoptotic activity in C2C12 myoblasts. C2C12 cultures were treated with a control siRNA (siRNA) or with siRNA targeted against Cygb (siCygb). (A) TUNEL activity was used as an indicator of apoptotic cell death under normoxic growth conditions. (B) FACS analysis was used to assess cell death under normoxic conditions as well as upon exposure to severe hypoxia (<0.1% O_2 for 12 h). (C) ROS levels were quantified under normoxic and hypoxic conditions using H2DCFDA and were normalized to cell number. (D) DMTU treatment improved the viability of siCygb-depleted myoblasts. (E and F) Caspase activity (E) and mitochondrial membrane potential (F) in normoxic siCygb myoblasts were compared with control myoblasts. (G) Cytochrome c release into the cytosol of siCygbdepleted cells was compared with controls by Western blot. (H and I) FACS analysis (H) and caspase activity assays (I) were used to assess the ability of ZVAD treatment to improve viability of $siCygb$ -treated cells. $^{t}P < 0.005$ siCygb vs. siRNA or C2C12 cells; $n = 5-7$ sections in each group. * $P < 0.005$ hypoxic vs. normoxic cells within each group, $**P < 0.05$ hypoxic siCygb vs. hypoxic control cells, and ***P < 0.05 normoxic siCygb vs. normoxic control cells; $n = 6$ in each group. $^{#}P < 0.05$ siCygb vs. control cells, $^{#}P < 0.05$ siCygb+DMTU vs. siCygb cells, $^{***}P < 0.05$ siCygb+ZVAD vs. siCygb; n = 6 in each group. C2C12, nontransfected C2C12 myoblasts; siRNA, siRNA-transfected myoblasts, the control for siCygb cells.

ferentiative capacity, resulting in the inability to generate fully mature myotubes. Finally, and most importantly, we show in vivo that muscle repair and regeneration is severely impaired in mice with skeletal muscle-specific deletion of Cygb.

Regulation of the transcriptional machinery governing myogenesis and muscle regeneration has been investigated extensively during the past $25 \text{ y } (5, 10, 22, 47)$. Although the importance of myogenic-specific transcription factors (i.e., Foxk1, Pax3, Pax7, and the MRF family) in regulating MPC proliferation and differentiation is well established, the understanding of the cellular environment required for the proper execution of the regenerative process is limited. Emerging data support the concept that the cellular redox milieu influences the capacity for proliferation and differentiation of diverse pools of tissue-specific progenitor cells, including MPCs (48–50). Our studies demonstrate that Cygb's expression pattern, temporal activation, and cytoprotective properties are consistent with its having a role in regulating the proliferative and differentiative capacities of MPCs.

As a member of the globin superfamily of proteins, Cygb is exquisitely designed to participate in a variety of reactions that influence the redox environment of a cell (27, 51, 52). In vitro

studies indicate that Cygb is able to bind to various ligands (e.g., oxygen, nitric oxide, and other free radicals) and has peroxidase activity, as does its closest relative Mb (27, 46, 53–58). However, these studies suggest that Cygb may be more important in scavenging free radicals (i.e., reactive oxygen and nitrogen species) and in modulating cellular redox signaling than in modulating O_2 metabolism. Our in vitro loss- and gain-of-function studies using C2C12 myoblasts reflect Cygb's ability to influence cellular redox signaling, with depletion of Cygb increasing ROS generation and sensitizing the cells to stress-induced apoptosis. These findings are consistent with similar loss- and gain-offunction studies demonstrating the ability of Cygb, Mb, or their neuron-specific relative neuroglobin to provide cytoprotection under conditions of oxidative stress (29–34, 59–68). Mutation of the heme-binding domain of Cygb disrupted its ability to confer protection in vitro, demonstrating that Cygb function in this context depends on this core protein structure, a feature common to all globin proteins, and not on a domain unique to Cygb. However, unlike the other globin proteins, Cygb can localize to the nucleus, and the nuclear localization of Cygb requires an intact heme-binding domain.

Defining the contribution of Cygb to MPC function and muscle regeneration in vivo is challenging. A number of studies suggest that the redox state of MPCs is a major determinant of the regenerative capacity of injured skeletal muscle (69–74) as well as of the proliferation and differentiation of MPCs in vitro (69, 73, 74). These studies suggest that in an oxidizing milieu MPCs are more responsive to signaling pathways that promote cell differentiation and cell death, whereas in reducing environments MPCs are more responsive to signals that promote cellular proliferation and survival.

It is likely that a primary mechanism through which Cygb affects MPC biology is through its ability to bind and traffic reactive oxygen and nitrogen species, thus influencing the balance of the cellular redox state. However, Cygb localizes to the nuclei of MPCs, and this characteristic also requires an intact hemebinding domain. Cygb is distinctive among the globins in that it is found both in the nucleus and cytoplasm [all other members of the family are localized exclusively in the cytoplasm (35–38)]. In addition, our Leptomyocin B and the mutational studies suggested that Cygb's expression within the cytosol and nucleus is dynamic and can be altered. The distinct nuclear, subcellular localization suggests that Cygb has unique nuclear targets not shared by the other globins. This notion is strengthened by our observation that myoglobin, a closely related globin protein with a structure similar to Cygb, fails to overcome the inability of Cygb-depleted MPCs to differentiate into fully mature myotubes. Our expression-profiling studies identified changes in the transcript levels for oxidative stress- and apoptosis-related genes when Cygb was depleted from C2C12 myoblasts. However, whether nuclear Cygb can influence transcription directly or whether these changes are indirect, secondary to influences on the nuclear redox state, remains to be determined.

It is intriguing that we observed colocalization of Cygb with MyoD in the nucleus of activated MPCs during the regenerative phase of muscle injury. MyoD-dependent transcription drives subsequent expression of myogenin and other members of the MRF family (75). Although *MyoD* was expressed at the appropriate time during regeneration after CTX-induced skeletal muscle injury in $Cygb^{-/-}$ mice, subsequent expression of *myogenin* was largely absent in the regenerating $C y g b^{-/-}$ skeletal muscle.

Skeletal muscle injury resulting from ischemia, hypoxia, or extreme exercise triggers the generation of ROS (13, 74, 76, 77). Likewise, in muscular dystrophies, such as Duchenne muscular dystrophy, instability in the myocyte cytoskeleton structure is associated with oxidative stress-induced damage, leading to a continuous cycle of damage and regeneration that ultimately depletes MPCs (78–80). In mouse models of Duchenne muscular

Fig. 7. Overexpression of Cygb is protective in stressed C2C12 myoblasts. (A) FACS analysis was used to assess cell death in C2C12 myoblasts transfected with no vector or with vectors expressing control GFP, Cygb fused to GFP (Cygb-OE1), or Cygb with a mutant heme-binding domain (mutant Cygb fused to GFP; Mut-Cygb) under normoxia and severe hypoxia $\left($ <0.1% O₂ for 12 h). (*B*) ROS levels also were assessed in these four experimental groups under both normoxic and severe hypoxic conditions. (C–E) Transfected C2C12 myoblasts were treated with etoposide (Etop) and assessed for cell death (C), caspase activity (D), and mitochondrial membrane potential (E) . (F) Western blot analysis revealed the nuclear localization of Cygb-OE1 and the inability of the mutated Mut-Cygb to localize to the nuclei in C2C12 myoblasts. Sp1 was used to assess the purity of fractionation, and α -tubulin was used as the loading control. (G) Schematic model depicting the role of Cygb during MPC activation and muscle regeneration. $*P < 0.005$ hypoxic vs. normoxic cells within each group; **P < 0.05 normoxic or hypoxic Cygb-OE1 vs. normoxic or hypoxic control GFP cells, respectively; $*P < 0.05$ normoxic Mut-Cygb vs. normoxic Cygb-OE1 cells; ^{tt}P < 0.05 hypoxic Mut-Cygb vs. hypoxic Cygb-OE1 cells; $P < 0.05$ C2C12+Etop vs. C2C12 cells; τ ^τ P < 0.05 Cygb-OE1+Etop vs. GFP+Etop; τττP < 0.05 Mut-Cygb+Etop vs. Cygb-OE1+Etop; n = 6 in each group.

dystrophy, chemical scavengers of ROS (e.g., N-acetylcysteine) are able to break the repetitive cycle of degeneration/regeneration and improve muscle function, demonstrating the protective benefit of antioxidant mechanisms (81). Based on our studies, we propose that Cygb plays such a role in MPCs during adult skeletal muscle regeneration. Its protective properties may be linked exclusively to its capacity to maintain an appropriate redox state directly. However, additional mechanisms related to direct or indirect effects on transcription also could play a role by virtue of Cygb's localization within the nuclei of MPCs.

In summary, Cygb is a stress-responsive hemoprotein that promotes the viability of MPCs and thus serves a critical role in myogenesis and skeletal muscle regeneration (Fig. 7G). Future studies will need to focus on the molecular mechanism by which Cygb exerts a positive influence on the viability and the proliferative and differentiative capacities of activated MPCs under oxidative stress. Ultimately, an enhanced understanding of the cellular function of Cygb within activated MPCs and skeletal myoblasts will provide opportunities for the development of therapeutic measures for the treatment of patients with a variety of muscle injuries and disorders, including burn patients and muscular dystrophy patients.

Materials and Methods

Murine Model of CTX-Induced Muscle Injury. Control and experimental C57BL/6 adult mice (2–4 mo of age) were handled in accordance with National Institutes of Health and the University of Texas Southwestern Medical Center's (UTSW) Institutional Guidelines. Induction of CTX-induced muscle injury was undertaken by injecting 100 μL of 10 μM CTX (Sigma) i.m. into the hindlimb (i.e., gastrocnemius/plantaris/soleus) muscles of adult male mice, and the injured skeletal muscles were harvested at various time points (40, $42 - 44$

Generation of a Conditional Cygb-Knockout Mouse Line. Using the Cre/loxP system, the Mammen laboratory engineered a conditional Cygb-knockout mouse model, which was backcrossed into a pure C57BL/6J background strain. Details related to the construction of this unique mouse model are outlined in [SI Materials and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=STXT).

Histological and IHC Studies. Tissues for histological and IHC studies were prepared as previously described (68) and as outlined in *[SI Materials and](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=STXT)* [Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=STXT). TUNEL staining for apoptotic cells was performed on tissue sections as previously described (82).

C2C12 Myoblast Differentiation and Isolation of MPCs. C2C12 myoblasts were plated in equal numbers under normoxic conditions as previously described (24). MPCs were isolated and cultured from the hindlimbs of 8-wk-old male mice as previously described (83). Further details regarding these methods are outlined in [SI Materials and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=STXT).

BrdU Incorporation Assay. In the BrdU incorporation assay MPCs isolated from the hindlimb muscles of Cygb^{+/+} and Cygb^{-/−} mice were pulsed with 10 µM BrdU for 6 h. The assay was undertaken using a standardized protocol and as previously described (41).

Western Blot Analysis, RNA Isolation, and qRT-PCR. Proteins from cell lysates, cellular fractions (i.e., nuclear and cytosolic), or whole-muscle tissue were isolated from control and experimental groups. Western blot analysis was performed as previously described (24, 28, 68). Total RNA, RT-PCR, and qRT-PCR were performed as previously described (24) These experiments are

described in more detail in [SI Materials and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=STXT). The primer sets used in the various qRT-PCR reactions are listed in [Tables S1](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=ST1) and [S2.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1314962111/-/DCSupplemental/pnas.201314962SI.pdf?targetid=nameddest=ST2)

Knockdown and Overexpression of Cygb in Cell Culture. Knockdown of Cygb expression was achieved by using murine-specific siRNA targeting Cygb (siCygb) that was obtained from Dharmacon. Cells initially were seeded at 70% (vol/vol) confluency and were maintained in DMEM containing 20% FBS at 37 °C under normoxic conditions. These cells were transfected with siCygb (80 nM) or a scrambled siRNA oligo (control, 20 nM) using HiPerFect (QIAGEN) and low-serum OptiMEM transfection medium (Invitrogen) for 6 h. Subsequently, the medium was changed back to DMEM, and the cells were cultured for another 24 h before the in vitro experiments were initiated.

The full-length murine Cygb gene was cloned into the pEGFP-N1 plasmid (BD Biosciences Clontech), which was capable of generating a Cygb-GFP fusion protein. Using Lipofectamine (Invitrogen), we achieved Cygb overexpression by transiently transfecting cells with the Cygb-GFP plasmid (24). The control cells were transiently transfected with the empty pEGFP-N1 plasmid vector. Finally, a mutant form of Cygb with an unstable hemebinding domain was generated by introducing base-specific mutations into the Cygb-GFP plasmid using the QuikChange Mutagenesis Kit (Stratagene). Specifically, the two conserved histidines at positions 81 and 113 were changed to glycine, and the conserved cysteine at position 83 was changed to serine in two successive rounds of mutation. Expression of the full-length mutated Cygb protein was undertaken by transiently transfecting cells with the mutant Cygb plasmid (Mut-Cygb).

Induction and Modulation of Oxidative Stress. Cells were placed in an in vitro hypoxic chamber and exposed to very low oxygen tension $(0.1\% \text{ O}_2, 4.99\%$ $CO₂$, and 95% N₂) for 12 h (24). Induction of oxidative stress with generation of ROS was initiated by exposing cells to menadione (40 μ M) or etoposide (50 μM) (Sigma) for 12 h. ROS scavenging or inhibition of caspase-mediated apoptosis was undertaken by exposing cells to DMTU (2 mM) (Sigma) or ZVAD-fmk (100 μM) (Calbiochem), respectively, for 60 min.

Cell-Death Assays: TUNEL and Flow Cytometry. Control or experimental samples (tissues or cells) were assessed for apoptotic cell death using the DeadEnd Fluorometric Kit (Promega). Cell death in cell culture was quantified using FACS analysis as described previously (84). Briefly, the cells were washed twice with PBS and fixed in 80% methanol for 1 h and then were rinsed in PBS, stained with propidium iodide (50 μg/mL) (Calbiochem), sodium citrate (0.1%), and RNase (1 μg/mL) and were analyzed on a FACScan (Becton Dickinson). The population of cells with reduced DNA content (i.e., showing a reduced G1 peak) was identified as undergoing apoptosis.

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Measurement of ROS Levels. Intracellular levels of ROS were estimated by using the fluorescent dye H₂DCFDA (Invitrogen). Control and experimental cells were plated in equal numbers and then were exposed to various forms of oxidative stress. After a given amount of time, the cells were incubated with 10 μ M of H₂DCFDA for 45 min, washed in PBS, and then placed in growth medium for ∼90 min. The fluorescence of the cells in each group was assessed at an excitation of 490 nm and emission of 520 nm. The fluorescent reading for the experimental group was normalized to the fluorescence of untreated cells loaded with the dye.

Detection of Apoptosis. Induction of apoptosis in control and stressed cells was measured in vitro by measuring the mitochondrial transmembrane potential and caspase 3, 4, and 7 activity and assessing cytosolic cytochrome c levels. The mitochondrial transmembrane potential was measured by assessing the degree of retention of the dye 3, 3'-dihexyloxacarbocyanine [DiOC $_6(3)$] (Molecular Probes) (85). Briefly, control and experimental C2C12 myoblasts were incubated at various time points poststress with 50 nM $DiOC₆(3)$ at 37 °C for 30 min. Subsequently, the cells underwent repeated PBS washes and then were resuspended in 500 μL of PBS. The intensity of the cells was measured using FACS analysis, and cells with low fluorescent intensity were identified as having depolarized mitochondrial membranes.

The combined activities of caspase 3, 4, and 7 were assayed in control and experimental cell extracts by measuring the proteolytic cleavage of the fluorogenic substrate Ac-VAD-AFC(Calbiochem) (84). Finally, subcellular fractionation was undertaken on control and experimental cells, and the protein was prepared for Western blot analysis (85). The amount of cytochrome c released from the mitochondria into the cytosol was assessed by Western blot analysis.

Statistical Analysis. Data are reported as the mean \pm SEM. Statistical significance was assessed by performing a two-tailed Student t test or one-way ANOVA between groups.

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