

## Study Profile

# Profile of Participants and Genotype Distributions of 108 Polymorphisms in a Cross-Sectional Study of Associations of Genotypes With Lifestyle and Clinical Factors: A Project in the Japan Multi-Institutional Collaborative Cohort (J-MICC) Study

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## ABSTRACT

**Background:** Most diseases are thought to arise from interactions between environmental factors and the host genotype. To detect gene–environment interactions in the development of lifestyle-related diseases, and especially cancer, the Japan Multi-institutional Collaborative Cohort (J-MICC) Study was launched in 2005.

**Methods:** We initiated a cross-sectional study to examine associations of genotypes with lifestyle and clinical factors, as assessed by questionnaires and medical examinations. The 4519 subjects were selected from among

participants in the J-MICC Study in 10 areas throughout Japan. In total, 108 polymorphisms were chosen and genotyped using the Invader assay.

**Results:** The study group comprised 2124 men and 2395 women with a mean age of  $55.8 \pm 8.9$  years (range, 35–69 years) at baseline. Among the 108 polymorphisms examined, 4 were not polymorphic in our study population. Among the remaining 104 polymorphisms, most variations were common (minor allele frequency  $\geq 0.05$  for 96 polymorphisms). The allele frequencies in this population were comparable with those in the HapMap-JPT data set for 45 Japanese from Tokyo. Only 5 of 88 polymorphisms showed allele-frequency differences greater than 0.1. Of the 108 polymorphisms, 32 showed a highly significant difference in minor allele frequency among the study areas ( $P < 0.001$ ).

**Conclusions:** This comprehensive data collection on lifestyle and clinical factors will be useful for elucidating gene–environment interactions. In addition, it is likely to be an informative reference tool, as free access to genotype data for a large Japanese population is not readily available.

**Key words:** allele frequency; cross-sectional studies; gene–environment interactions; Japan Multi-institutional Collaborative Cohort Study; polymorphism

## INTRODUCTION

Although the etiology of many diseases is not completely understood, most are likely to be caused by interactions between hazardous environmental factors and the host genome. Recent advances in genotyping techniques have allowed many epidemiologic studies to investigate gene–environment interactions in chronic diseases.<sup>1–4</sup> Cohort and case–control studies focusing on such interactions are ongoing worldwide, and these investigations use DNA from established and new cohorts.<sup>5–8</sup> Understanding gene–environment interactions requires long-term cohort studies to clarify the temporality of associations and to avoid information and selection biases that are inevitable in cross-sectional and case–control studies.<sup>9</sup> For most multifactorial diseases, such cohort studies must be conducted on a large scale to ensure significant results.

The Japan Multi-institutional Collaborative Cohort (J-MICC) Study is a new cohort study that was launched in 2005 to examine gene–environment interactions in lifestyle-related diseases, especially cancers. It is supported by a research grant for Scientific Research on Special Priority Areas of Cancer from the Japanese Ministry of Education, Culture, Sports, Science and Technology (MEXT).<sup>10,11</sup> The J-MICC Study group is composed of 10 cohorts surveyed by 10 independent research teams.<sup>12,13</sup>

Although the long-term aim of this study is to elucidate gene–environment interactions in the whole cohort, some of its research objectives will be achieved by cross-sectional studies. In 2009, we started a cross-sectional study to examine correlations between lifestyle and medical factors, as assessed using questionnaires and medical examinations, and the distribution of possible related genotypes. Here we describe the recruitment and profile of the participants, including their genotype analysis, and selected demographic, lifestyle, and medical characteristics.

## METHODS

### Study participants, data collection, and blood sampling

The participants in this study completed questionnaires on lifestyle factors and diseases and donated blood samples at the time of the baseline survey for the J-MICC Study. The details of the J-MICC Study have been described elsewhere.<sup>10</sup> The participants were enrolled in 9 study areas throughout Japan between 2005 and 2008, and in 1 area in 2004, under the supervision of an associate member of the J-MICC Study. The study participants were enrolled from the community by mailing invitation letters or distributing leaflets (3 areas), or by recruiting patients at their first visit to a cancer hospital (1 area) or at health checkups (6 areas). The response rates for the baseline survey were 7.0%, 36.5%, 25.9%, 58.4%, 60.1%, 37.6%, 14.0%, 24.0%, 19.7%, and 65.5% for the Chiba, Shizuoka, Okazaki, Aichi Cancer Center, Takashima, Kyoto, Tokushima, Fukuoka, Saga, and Amami areas, respectively. For cases in which the baseline survey is still ongoing in a cohort, the latest response rate (as of 30 September 2010 or later) was used. Anthropometry, blood pressure, and blood chemistry data obtained from health checkups were available in 8 of the study areas. The subjects for the cross-sectional study comprised 500 to 600 participants enrolled consecutively in each area of the J-MICC Study, except in 2 areas, where fewer participants had been recruited. The recruitment period for the present study, however, was arbitrarily defined by the researchers in each area after the enrollment.

Of the 5108 men and women initially selected, we excluded participants for whom we did not have sufficient DNA ( $n = 442$ ), appropriate informed consent ( $n = 8$ ), questionnaire data ( $n = 9$ ), or local government registration of residence in the study area ( $n = 7$ ), as well as anyone who had declined follow up ( $n = 2$ ) or withdrew from the study ( $n = 1$ ), and the 120 participants who were younger than 35 years or older than 69 years. Thus, our final study group comprised 4519

participants aged 35 to 69 years.

All the participants included in this analysis had provided written informed consent. The ethics committees of Nagoya University School of Medicine (the affiliation of the former principal investigator, Nobuyuki Hamajima) and the other participating institutions approved the protocol for the J-MICC Study.

### Genotyping

We chose 107 single nucleotide polymorphisms (SNPs) and 1 insertion/deletion polymorphism for genotyping, based on their potential relevance to the lifestyle and medical factors described in the next section ("Lifestyle and clinical data"). Researchers from all participating cohorts proposed potentially relevant polymorphisms, and those selected for inclusion in the present study were determined through discussion among the members of the J-MICC Study Group.

In all study areas except Fukuoka, buffy coat fractions were prepared from blood samples and stored at  $-80^{\circ}\text{C}$  at the central J-MICC Study office. DNA was extracted from all buffy coat fractions using a BioRobot M48 Workstation (Qiagen Group, Tokyo, Japan) at the central study office. For the samples from the Fukuoka area, DNA was extracted locally from samples of whole blood, using an automatic nucleic acid isolation system (NA-3000, Kurabo, Co., Ltd, Osaka, Japan). The buffy coat fractions or DNA samples were anonymized in a linkable manner<sup>14</sup> and then sent to the central office.

The selected polymorphisms were genotyped using the multiplex polymerase chain reaction (PCR)-based Invader assay<sup>15</sup> (Third Wave Technologies, Madison, WI, USA) at the Laboratory for Genotyping Development, Center for Genomic Medicine, RIKEN.

### Lifestyle and clinical characteristics

The lifestyle factors considered were smoking and drinking habits, coffee consumption, sleep, and mental stress, while the clinical characteristics were height, weight, blood pressure, blood glucose, glycated hemoglobin (HbA1c), serum triglyceride, total and high-density lipoprotein (HDL) cholesterol, uric acid, aspartate aminotransferase (AST), alanine aminotransferase (ALT), gamma-glutamyltransferase ( $\gamma$ -GT), C-reactive protein (CRP), creatinine, and bone mineral density. Ages at menarche and menopause were also ascertained.

We used a standard questionnaire in all study areas except the Fukuoka area, where some questions are slightly different from those of other areas. Furthermore, a validated food-frequency questionnaire was used for the dietary assessment.<sup>16–19</sup> We were unable to directly control the quality of information from health examinations because most data were obtained at routine health checkups offered by other institutions. However, the J-MICC Study Group is now

collecting information on participation in the Japan Medical Association's quality control program for clinical laboratories and the instruction manuals used for measurement of blood pressure, height, and weight. For the current report, participants whose blood was drawn less than 3 hours after their last meal were excluded from the analysis of serum lipids and blood glucose.

### Statistical analysis

We tabulated selected baseline characteristics by sex and 10-year age group or by sex and study area. In this analysis, body mass index (BMI;  $\text{kg}/\text{m}^2$ ) was calculated on the basis of self-reported height and body weight, as independent measurements were not available in some study areas. In the case of educational attainment, participants from the Fukuoka area were excluded from the analysis because the questionnaire used there had not included this item. Participants who consumed alcohol at least once a week were classified as drinkers. To compare characteristics among participating cohorts, we attempted to adjust for age by using the direct method (for proportions) or the general linear model (for means). The variations among study areas, however, were not significantly altered after adjusting for age. Thus, in this report, we present only crude figures by sex and study area. The difference in the minor allele frequency (MAF) among the cohorts was tested by the chi-square test for contingency tables. The MAF of the *ABCC11* Arg180Gly (T/C) polymorphism by study area is not presented here because the inter-area variation in the distribution of this genotype will be reported in a separate article.

Genotypes with distributions that departed from the Hardy–Weinberg equilibrium were assessed using the exact test<sup>20</sup> with the *genhw* command of Stata version 8.0 (Stata Corp, College Station, TX, USA). Other statistical analyses were performed using Statistical Analysis System version 9.1 (SAS Institute Inc, Cary, NC, USA).<sup>21</sup> To compare the allele frequencies of genotypes in our study with those in another Japanese population, we used data from HapMap, which is an open access database that includes allele frequencies for 45 Japanese in Tokyo (HapMap-JPT, <http://www.ncbi.nlm.nih.gov/snp>). Of the 108 polymorphisms of interest, we made comparisons for 88. The 20 polymorphisms excluded from our analysis showed no minor alleles in our study group ( $n = 4$ ), were not represented ( $n = 15$ ), or had invalid data ( $n = 1$ , 100% heterozygotes) in the HapMap-JPT data set.

## RESULTS

Our analysis included 2124 men (47.0%) and 2395 women (53.0%) with a mean age  $\pm$  standard deviation at baseline of  $55.8 \pm 8.9$  years (range, 35–69 years). There were considerable differences in the age and sex distributions of different study areas (Table 1). In Fukuoka and Saga, the

**Table 1. Sex and age distribution of study participants by study area**

Study area	Men									Women										
	Age (years)								Total		Age (years)								Total	
	35–39		40–49		50–59		60–69				35–39		40–49		50–59		60–69			
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%		
Chiba	4	2.7	22	14.8	56	37.6	67	45.0	149	100.0	30	8.4	138	38.7	118	33.1	71	19.9	357	100.0
Shizuoka	21	5.0	122	29.3	175	42.1	98	23.6	416	100.0	16	10.1	35	22.0	70	44.0	38	23.9	159	100.0
Okazaki	13	4.8	29	10.6	66	24.2	165	60.4	273	100.0	12	4.7	45	17.6	85	33.3	113	44.3	255	100.0
Aichi Cancer Center	12	4.4	32	11.6	115	41.8	116	42.2	275	100.0	33	10.9	88	29.0	102	33.7	80	26.4	303	100.0
Takashima	7	4.2	18	10.7	45	26.8	98	58.3	168	100.0	27	7.2	59	15.8	102	27.3	186	49.7	374	100.0
Kyoto	37	30.3	31	25.4	48	39.3	6	4.9	122	100.0	9	23.7	19	50.0	9	23.7	1	2.6	38	100.0
Tokushima	8	11.0	21	28.8	24	32.9	20	27.4	73	100.0	1	4.5	9	40.9	10	45.5	2	9.1	22	100.0
Fukuoka	0	0.0	0	0.0	60	31.9	128	68.1	188	100.0	0	0.0	0	0.0	96	37.5	160	62.5	256	100.0
Saga	0	0.0	31	12.7	82	33.5	132	53.9	245	100.0	0	0.0	64	19.3	127	38.4	140	42.3	331	100.0
Amami	1	0.5	53	24.7	82	38.1	79	36.7	215	100.0	1	0.3	77	25.7	135	45.0	87	29.0	300	100.0
Total	103	4.8	359	16.9	753	35.5	909	42.8	2124	100.0	129	5.4	534	22.3	854	35.7	878	36.7	2395	100.0

participants originally enrolled in the J-MICC Study were limited to adults aged 50 years or older and 40 years or older, respectively.

Table 2 summarizes selected demographic, lifestyle, and medical characteristics of the participants by sex and age. Within our sample, 29.1% of men and 7.1% of women were current smokers. More than two thirds (71.4%) of men drank alcoholic beverages at least once a week, as did 27.7% of the women. Table 3 presents data on selected lifestyle and medical variables of the participants by sex and study area. Considerable variations were found among the participating cohorts.

The genotype distributions and allele frequencies of the analyzed genetic polymorphisms are summarized in Table 4. The call rate ranged from 99.40% to 99.98%. Of the 108 polymorphisms, the 4 SNPs for which we found no different alleles were *APOA1* Arg184Pro (G/C), *ESR1* IVS1-351A/G (*Xba* I), *LCAT/SLC12A4* Ser232Thr (T/A), and *SCARB1* Val135Ile (G/A). For the remaining 104 polymorphisms, the MAF varied from 0.016 (*PTGS2(COX2)* C-163G) to 0.492 (*CETP* Ile405Val (A/G)), and most of the variations were common (MAF  $\geq$ 0.05 for 96 polymorphisms).

The *P* value for departures from the Hardy–Weinberg equilibrium was less than 0.05 for 19 polymorphisms. However, the only genotypes for which the difference between the observed and expected frequencies exceeded 3% were the *CETP* Ile405Val (A/G) heterozygote and the *SLC30A8* Arg325Trp (C/T) heterozygote. As shown in Table 5, some polymorphisms demonstrated a considerable difference in MAF among the participating cohorts; for 32 of the 108 polymorphisms, including *ABCC11* Arg180Gly (T/C), there was a highly significant difference in MAF among study areas ( $P < 0.001$ ).

The Figure shows a comparison of the allele frequencies in our study population and the HapMap-JPT data set. Among

88 polymorphisms, only 5 (*ABCA1* rs2230808, *COMT* rs4680, *IL-6* rs1800796, *NOS3* rs2070744, and *VDR* rs2228570) showed a difference in allele frequencies of more than 0.1 between the 2 populations.

## DISCUSSION

The present report describes the profiles of participants in a cross-sectional study within the J-MICC Study data set and the allele frequencies of 108 polymorphisms, with potential relevance to lifestyle and clinical factors, in their genomes. The allele frequencies for most polymorphisms in our study population were comparable to those in the HapMap-JPT data set.

It has been suggested that polymorphisms for *APOA1* 184Pro (C), *ESR1* IVS1-351G, *LCAT/SLC12A4* 232Thr (A), and *SCARB1* 135Ile (A) do not exist in the Japanese population (<http://www.ncbi.nlm.nih.gov/snp> and personal communication); however, we included them in the present study to test this notion in a large sample (>4000 people). Our results confirmed that these minor alleles were indeed absent among Japanese.

Of the remaining 104 polymorphisms, 19 showed departures from the Hardy–Weinberg equilibrium with *P* values <0.05. In most cases, however, the absolute differences between the actual and expected frequencies were minimal. Thus, these apparently small *P* values could be accounted for by the large sample size and the multiple tests used in our study, and any errors in genotyping seemed unlikely to have resulted in substantial misclassification.

Although genotype data for only 45 people, at most, are available in the HapMap-JPT data set, the allele frequencies in the HapMap-JPT population and our study population were remarkably similar for most of the polymorphisms examined (Figure). For 45 individuals, the 95% confidence intervals

**Table 2. Selected demographic, lifestyle, and medical characteristics of participants by sex and age**

	Men					Women				
	Age (years)				Total	Age (years)				Total
	35–39	40–49	50–59	60–69		35–39	40–49	50–59	60–69	
<i>n</i>	103	359	753	909	2124	129	534	854	878	2395
Educational attainment (%) <sup>a</sup>										
Elementary/junior high school	1.0	3.1	10.0	20.9	12.6	2.3	2.1	9.8	31.6	14.7
High school	42.7	37.8	41.9	43.7	41.9	41.9	38.4	50.7	46.4	45.6
Vocational school	14.6	9.5	6.8	3.2	6.3	15.5	13.9	12.7	10.6	12.5
Junior college	3.9	4.8	3.9	2.2	3.4	24.8	26.5	16.1	7.4	16.3
University	33.0	39.5	34.8	27.6	32.7	15.5	17.7	10.2	3.8	10.2
Postgraduate school	4.9	5.0	2.2	1.7	2.6	0.0	1.5	0.5	0.0	0.6
Others	0.0	0.3	0.4	0.7	0.5	0.0	0.0	0.0	0.1	0.0
Current smokers (%)	39.8	32.3	34.8	21.9	29.1	11.6	10.3	7.4	4.1	7.1
Ex-smokers (%)	25.2	35.7	41.8	48.6	42.9	5.4	7.9	4.8	2.8	4.8
Current drinkers (%) <sup>b</sup>	60.2	70.8	75.1	69.9	71.4	32.6	34.6	27.5	22.8	27.7
Exercise ≥1/month (%)	75.7	81.6	79.7	86.8	82.9	62.0	70.4	74.9	82.5	76.0
Body mass index ≥25.0 (%)	37.9	32.2	32.6	24.9	29.5	9.5	16.5	20.0	21.8	19.3
History of disease (%)										
Diabetes	1.9	4.5	8.4	13.9	9.7	0.0	0.6	3.4	7.1	3.8
Hypertension	3.9	8.9	23.2	36.2	25.2	0.0	4.3	17.1	30.5	17.9
Coronary heart disease	0.0	1.1	2.1	7.3	4.0	0.8	0.6	2.8	5.3	3.0
Stroke	0.0	1.1	2.7	3.9	2.8	2.3	0.9	1.6	2.9	2.0
Cancer	6.1	2.0	7.7	12.6	8.6	2.8	5.0	9.3	6.4	6.9
Blood pressure and blood chemistry <sup>c</sup>										
Systolic blood pressure (mm Hg)	120.4 ± 14.3	121.1 ± 15.4	129.7 ± 17.9	135.4 ± 19.3	130.1 ± 18.8	109.6 ± 11.4	116.8 ± 18.3	125.0 ± 18.9	133.4 ± 19.0	126.5 ± 19.9
Diastolic blood pressure (mm Hg)	73.6 ± 10.3	77.6 ± 11.7	81.9 ± 12.6	82.1 ± 11.1	80.8 ± 11.9	65.4 ± 7.4	72.0 ± 11.9	76.7 ± 11.6	79.0 ± 10.8	76.4 ± 11.7
Total cholesterol (mg/dl)	191.3 ± 28.9	205.3 ± 30.2	206.6 ± 32.5	205.2 ± 33.1	205.2 ± 32.3	185.6 ± 25.2	202.4 ± 31.0	223.3 ± 34.2	223.1 ± 33.5	217.9 ± 34.6
HDL-cholesterol (mg/dl)	56.2 ± 16.0	57.6 ± 15.4	59.1 ± 15.8	59.7 ± 16.2	58.9 ± 15.9	73.1 ± 15.7	68.7 ± 15.3	68.9 ± 15.0	66.2 ± 16.0	68.0 ± 15.5
Triglyceride (mg/dl)	128.6 ± 74.9	146.5 ± 96.5	135.1 ± 93.0	132.0 ± 92.9	135.9 ± 93.0	64.8 ± 28.4	88.0 ± 61.2	104.9 ± 64.2	113.7 ± 69.2	103.4 ± 65.7
Blood glucose (mg/dl)	98.0 ± 27.2	98.3 ± 15.7	103.2 ± 17.6	103.9 ± 23.3	102.1 ± 20.3	86.8 ± 7.1	92.4 ± 19.7	95.9 ± 16.8	97.1 ± 15.8	95.1 ± 16.9
HbA1c (%)	4.96 ± 0.32	5.12 ± 0.48	5.32 ± 0.86	5.30 ± 0.75	5.27 ± 0.74	4.86 ± 0.27	4.96 ± 0.36	5.17 ± 0.64	5.26 ± 0.57	5.17 ± 0.57

Plus-minus values are means ± SDs.

<sup>a</sup>Participants in Fukuoka area were excluded from the analysis because they were not asked about educational attainment in the questionnaire.

<sup>b</sup>Individuals who drank alcoholic beverages ≥1 day/week.

<sup>c</sup>Not available in some study areas, as shown in Table 3.

were 0.047 to 0.181, 0.208 to 0.406, and 0.393 to 0.607 for MAF values of 0.1, 0.3, and 0.5, respectively, based on a binomial distribution.

A major strength of the current study was that it provided a comprehensive collection of data on lifestyle and clinical factors. Because it is not easy to gain access to data on genotype distributions in a large Japanese population, our data might also be useful as a reference tool. However, because the participants in this study were recruited from various sources throughout Japan, associations of genotypes with lifestyle and clinical factors might vary between populations. There might also have been differences between institutions in terms of the measurement methods used in the clinical examinations, because we could not directly control the quality of the health examinations. These differences must be taken into consideration when analyzing and interpreting the data. In addition, some polymorphisms showed a substantial difference in MAF among the participating cohorts (Table 5). Yamaguchi-Kabata et al suggested that individuals

from the Ryukyu Islands, including the Amami Islands, had genetic characteristics that differed considerably from those of individuals from the main islands of Japan,<sup>22</sup> which was consistent with our present results. Genetic variations among study areas should be taken into account in the data analysis. Furthermore, the generalizability of the study findings should be considered because the response rates were low in some areas. In most cases, however, the underlying biological mechanisms are unlikely to differ between the respondents and members of the general population. The low response rate might have been due to the recruitment methods (mailing invitation letters or distributing leaflets to the general populations of 3 areas) or the strict procedures used to obtain informed consent.

In conclusion, this comprehensive data collection on lifestyle and clinical factors will be useful in elucidating gene–environment interactions and could provide an informative reference tool, particularly because free access to genotype data for a large Japanese population is not readily

**Table 3. Selected lifestyle and medical characteristics of participants by sex and study area**

	n	Study area										
		Total	Chiba	Shizuoka	Okazaki	ACC	Takashima	Kyoto	Tokushima	Fukuoka	Saga	Amami
<b>Men</b>												
Current smokers (%)	2123	29.1	23.5	23.6	25.6	31.0	35.7	41.8	31.5	33.0	34.3	23.3
Ex-smokers (%)	2123	42.9	42.3	48.3	50.2	44.2	33.3	33.6	38.4	39.4	42.9	39.1
Current drinkers (%) <sup>a</sup>	2121	71.4	78.5	73.4	62.6	66.9	73.8	68.0	61.6	70.2	71.4	84.1
Exercise ≥1/month (%)	2109	82.9	87.1	88.7	81.0	83.5	60.1	81.0	94.5	89.9	85.3	75.9
Body mass index ≥25.0 (%)	2114	29.5	29.1	25.2	26.4	22.6	27.0	23.8	41.1	31.4	27.7	52.8
History of hypertension (%)	2052	25.2	28.2	14.7	29.5	24.0	28.7	9.9	21.9	44.4	28.6	32.1
Systolic blood pressure (mm Hg)	1698	130.1 ± 18.8	NA	121.9 ± 14.8	128.7 ± 15.2	NA	133.0 ± 19.5	122.8 ± 16.0	119.8 ± 17.6	144.0 ± 19.6	138.3 ± 19.3	132.0 ± 17.7
Diastolic blood pressure (mm Hg)	1698	80.8 ± 11.9	NA	76.5 ± 10.5	81.4 ± 9.1	NA	81.2 ± 11.2	74.3 ± 11.9	73.7 ± 12.8	88.0 ± 11.1	86.0 ± 12.8	81.9 ± 11.1
Total cholesterol (mg/dl)	1296	205.2 ± 32.3	NA	201.3 ± 29.3	205.9 ± 32.0	NA	208.3 ± 35.6	— <sup>b</sup>	209.0 ± 31.4	209.9 ± 31.5	203.6 ± 33.6	208.0 ± 35.7
HDL-cholesterol (mg/dl)	1378	58.9 ± 15.9	NA	58.3 ± 15.4	64.1 ± 17.5	NA	59.4 ± 17.0	61.4 ± 17.6	52.5 ± 11.6	54.5 ± 16.1	55.3 ± 14.2	57.7 ± 13.4
Triglyceride (mg/dl)	1377	135.9 ± 93.0	NA	122.8 ± 68.6	120.8 ± 86.5	NA	116.9 ± 60.0	127.9 ± 85.7	126.7 ± 64.2	181.5 ± 131.9	164.9 ± 93.6	165.7 ± 130.8
Blood glucose (mg/dl)	1175	102.1 ± 20.3	NA	101.1 ± 14.3	100.0 ± 17.0	NA	97.9 ± 16.3	98.7 ± 25.0	104.2 ± 26.4	NA	NA	110.3 ± 28.8
HbA1c (%)	1354	5.27 ± 0.74	NA	5.27 ± 0.56	5.36 ± 0.64	NA	5.24 ± 0.79	NA	5.17 ± 0.52	5.17 ± 0.82	5.28 ± 1.04	5.31 ± 0.42
<b>Women</b>												
Current smokers (%)	2390	7.1	7.6	5.0	6.3	12.4	5.6	15.8	0.0	9.0	5.4	4.4
Ex-smokers (%)	2390	4.8	6.7	4.4	5.9	8.4	1.3	7.9	4.6	4.7	5.7	1.0
Current drinkers (%) <sup>a</sup>	2383	27.7	36.1	27.2	22.4	31.7	24.6	34.2	22.7	25.0	28.2	23.3
Exercise ≥1/month (%)	2381	76.0	82.8	81.8	83.9	70.9	55.6	44.7	81.8	88.3	83.4	73.1
Body mass index ≥25.0 (%)	2359	19.3	12.8	15.5	17.3	14.0	21.9	15.8	27.3	19.5	16.5	36.2
History of hypertension (%)	2289	17.9	10.4	15.8	19.3	12.9	18.5	7.9	18.2	37.9	17.6	22.0
Systolic blood pressure (mm Hg)	1732	126.5 ± 19.9	NA	115.7 ± 16.8	122.7 ± 15.6	NA	124.6 ± 19.5	120.4 ± 19.5	111.5 ± 11.7	137.5 ± 21.9	129.5 ± 19.5	126.8 ± 19.0
Diastolic blood pressure (mm Hg)	1732	76.4 ± 11.7	NA	70.3 ± 10.5	76.7 ± 9.5	NA	73.6 ± 11.4	71.8 ± 11.1	68.2 ± 10.3	84.0 ± 11.3	77.9 ± 12.2	76.0 ± 10.4
Total cholesterol (mg/dl)	1318	217.9 ± 34.6	NA	206.4 ± 31.9	213.5 ± 34.1	NA	222.6 ± 36.5	NA	210.0 ± 35.7	230.1 ± 31.4	220.3 ± 33.5	218.0 ± 33.7
HDL-cholesterol (mg/dl)	1347	68.0 ± 15.5	NA	72.3 ± 16.1	75.0 ± 16.9	NA	67.0 ± 15.0	69.3 ± 13.7	65.5 ± 12.0	66.1 ± 16.6	64.3 ± 14.1	63.4 ± 12.6
Triglyceride (mg/dl)	1347	103.4 ± 65.7	NA	80.0 ± 40.9	97.3 ± 60.9	NA	96.8 ± 54.9	68.6 ± 27.8	84.3 ± 41.2	128.0 ± 66.0	129.2 ± 83.4	109.4 ± 74.2
Blood glucose (mg/dl)	1072	95.1 ± 16.9	NA	91.9 ± 8.3	94.7 ± 13.7	NA	91.0 ± 10.2	89.6 ± 7.1	101.9 ± 31.9	NA	NA	101.8 ± 24.3
HbA1c (%)	1396	5.17 ± 0.57	NA	5.15 ± 0.35	5.32 ± 0.57	NA	5.11 ± 0.54	NA	— <sup>b</sup>	5.16 ± 0.65	5.10 ± 0.59	— <sup>b</sup>

Abbreviations: ACC, Aichi Cancer Center; HDL, high-density lipoprotein; NA, not available.

Plus-minus values are means ± SDs.

<sup>a</sup>Individuals who drank alcoholic beverages ≥1 day/week.

<sup>b</sup>Data available for fewer than 20 participants.

**Table 4. Genotype distributions and allele frequencies of 108 selected genetic polymorphisms (107 SNPs and 1 insertion/deletion polymorphism)**

Gene	Polymorphism	rs number	Genotype <sup>a</sup>			<i>n</i> <sup>a</sup>				Frequency (proportion)						<i>P</i> for HWE	MAF
										Observed			Expected <sup>b</sup>				
			AA	Aa	aa	AA	Aa	aa	XX	AA	Aa	aa	AA	Aa	aa		
ABCA1	C-565T	rs2422493	CC	CT	TT	1634	2137	746	2	0.362	0.473	0.165	0.358	0.481	0.161	0.29	0.402
ABCA1	G-191C	rs1800976	GG	GC	CC	1628	2144	746	1	0.360	0.475	0.165	0.357	0.481	0.162	0.37	0.402
ABCA1	G-17C	rs2740483	GG	GC	CC	2211	1898	409	1	0.489	0.420	0.091	0.489	0.420	0.090	0.94	0.301
ABCA1	Val825Ile (G/A)	rs2066715	GG	GA	AA	1877	2064	577	1	0.415	0.457	0.128	0.415	0.459	0.127	0.80	0.356
ABCA1	Val771Met (G/A)	rs2066718	GG	GA	AA	3945	550	23	1	0.873	0.122	0.005	0.872	0.123	0.004	0.40	0.066
ABCA1	Arg1587Lys (G/A)	rs2230808	GG	GA	AA	1673	2154	689	3	0.370	0.477	0.153	0.371	0.476	0.153	0.95	0.391
ABCC11	Arg180Gly (T/C)	rs17822931	TT	TC	CC	3368	1051	95	5	0.746	0.233	0.021	0.744	0.237	0.019	0.23	0.137
ACE	Insertion/Deletion (I/D)	rs1799752	I/I	I/D	D/D	1854	2021	634	10	0.411	0.448	0.141	0.404	0.463	0.133	0.029	0.365
ADD1	Trp460Gly (T/G)	rs4961	TT	TG	GG	1399	2163	956	1	0.310	0.479	0.212	0.301	0.495	0.203	0.026	0.451
ADH1B	His47Arg (A/G)	rs1229984	AA	AG	GG	2607	1659	250	3	0.577	0.367	0.055	0.579	0.364	0.057	0.54	0.239
ADH1C	Arg272Gln (C/T)	rs1693482	CC	CT	TT	3882	591	43	3	0.860	0.131	0.010	0.856	0.139	0.006	0.0005	0.075
ADIPOQ	C-11377G	rs266729	CC	CG	GG	2553	1663	301	2	0.565	0.368	0.067	0.561	0.376	0.063	0.18	0.251
ADIPOQ	Gly15Gly (T/G)	rs2241766	TT	TG	GG	2314	1789	415	1	0.512	0.396	0.092	0.504	0.412	0.084	0.011	0.290
ADIPOQ	G276T	rs1501299	GG	GT	TT	2498	1674	346	1	0.553	0.371	0.077	0.545	0.387	0.069	0.006	0.262
ADIPOQ	IVS-3971A/G	rs822396	AA	AG	GG	3984	517	16	2	0.882	0.114	0.004	0.882	0.114	0.004	1.00	0.061
ADIPOR1	G-8503A	rs6666089	GG	GA	AA	4234	272	7	6	0.938	0.060	0.002	0.938	0.061	0.001	0.22	0.032
ADIPOR1	C5843T	rs1342387	CC	CT	TT	1230	2206	1073	10	0.273	0.489	0.238	0.268	0.499	0.233	0.17	0.483
ADIPOR1	C10224G	rs7539542	CC	CG	GG	2788	1505	225	1	0.617	0.333	0.050	0.614	0.339	0.047	0.24	0.216
ADRB2	Gln27Glu (C/G)	rs1042714	CC	CG	GG	3943	551	20	5	0.874	0.122	0.004	0.873	0.122	0.004	0.81	0.065
ADRB3	Trp64Arg (T/C)	rs4994	TT	TC	CC	2932	1397	182	8	0.650	0.310	0.040	0.648	0.314	0.038	0.34	0.195
AGT	Thr174Met (C/T)	rs4762	CC	CT	TT	3615	848	52	4	0.801	0.188	0.012	0.800	0.189	0.011	0.75	0.105
AGT	Thr235Met (C/T)	rs699	CC	CT	TT	2989	1372	157	1	0.662	0.304	0.035	0.662	0.304	0.035	1.00	0.187
AGTR1(ATR1)	A1166C (at 3'UTR)	rs5186	AA	AC	CC	3777	695	45	2	0.836	0.154	0.010	0.834	0.159	0.008	0.048	0.087
ALDH2	Glu487Lys (G/A)	rs671	GG	GA	AA	2544	1649	321	5	0.564	0.365	0.071	0.557	0.379	0.064	0.018	0.254
APOA1	Ala61Thr (C/T)	rs12718465	CC	CT	TT	4036	463	18	2	0.894	0.103	0.004	0.893	0.104	0.003	0.25	0.055
APOA1	Arg184Pro (G/C)	rs5078	GG	GC	CC	4512	0	0	7	1.000	0.000	0.000	1.000	0.000	0.000	1.00	0.000
APOA5	T-1131C	rs662799	TT	TC	CC	1955	2001	556	7	0.433	0.443	0.123	0.429	0.452	0.119	0.21	0.345
APOA5	Gly185Cys (G553T)	rs2075291	GG	GT	TT	3920	559	32	8	0.869	0.124	0.007	0.867	0.129	0.005	0.020	0.069
APOE	T-203G	rs405509	TT	TG	GG	2213	1847	451	8	0.491	0.409	0.100	0.483	0.424	0.093	0.025	0.305
APOE	Arg158Cys (C/T) (at exon2)	rs7412	CC	CT	TT	4140	369	9	1	0.916	0.082	0.002	0.916	0.082	0.002	0.72	0.043
APOE	Cys112Arg (T/C) (at exon4)	rs429358	TT	TC	CC	3669	782	67	1	0.812	0.173	0.015	0.808	0.182	0.010	0.001	0.101
ARNTL(BMAL1)	A/G	rs7950226	AA	AG	GG	1638	2102	773	6	0.363	0.466	0.171	0.355	0.482	0.163	0.028	0.404
ART4(DOK1)	Leu208Leu (G/A)	rs3088189	GG	GA	AA	3595	875	47	2	0.796	0.194	0.010	0.797	0.192	0.012	0.48	0.107
ART4(DOK1)	Asp265Asn (G/A)	rs11276	GG	GA	AA	3597	872	48	2	0.796	0.193	0.011	0.797	0.191	0.011	0.59	0.107
BHMT	Arg239Gln (G742A)	rs3733890	GG	GA	AA	2765	1511	241	2	0.612	0.335	0.053	0.607	0.344	0.049	0.069	0.221
CBS	Tyr233Tyr (C699T)	rs234706	CC	CT	TT	4302	212	2	3	0.953	0.047	0.000	0.953	0.047	0.001	1.00	0.024
CD14	T-260C/T-159C	rs2569190	TT	TC	CC	1304	2256	958	1	0.289	0.499	0.212	0.290	0.497	0.213	0.79	0.462
CDKAL1	G/C	rs7754840	GG	GC	CC	1581	2195	740	3	0.350	0.486	0.164	0.352	0.483	0.166	0.64	0.407
CDKN2A/B	T/C	rs10811661	TT	TC	CC	1379	2205	934	1	0.305	0.488	0.207	0.302	0.495	0.203	0.34	0.451
CETP	A-629C	rs1800775	AA	AC	CC	1384	2242	891	2	0.306	0.496	0.197	0.308	0.494	0.198	0.76	0.445
CETP	Ile405Val (A/G)	rs5882	AA	AG	GG	1236	2116	1166	1	0.274	0.468	0.258	0.258	0.500	0.242	<0.0001	0.492
CETP	TaqIB (C/T)	rs708272	CC	CT	TT	1603	2174	741	1	0.355	0.481	0.164	0.354	0.482	0.164	0.93	0.405

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CETP	G/T	rs3764261	GG	GT	TT	2707	1512	298	2	0.599	0.335	0.066	0.588	0.358	0.054	<0.0001	0.233
CHRNA2	G-42A	rs2072658	GG	GA	AA	2837	1518	161	3	0.628	0.336	0.036	0.634	0.324	0.042	0.015	0.204
CHRNA2	C/T (at 3'UTR)	rs2072660	CC	CT	TT	2601	1641	275	2	0.576	0.363	0.061	0.574	0.367	0.059	0.44	0.243
COMT	Val158Met (G/A)	rs4680	GG	GA	AA	2006	1983	528	2	0.444	0.439	0.117	0.440	0.446	0.113	0.27	0.336
CYP1A1	Ile462Val (A/G)	rs1048943	AA	AG	GG	2630	1620	268	1	0.582	0.359	0.059	0.580	0.363	0.057	0.39	0.239
CYP1A2	A734C	rs762551	AA	AC	CC	1878	2043	592	6	0.416	0.453	0.131	0.413	0.459	0.128	0.33	0.358
CYP11B2	T-344C	rs1799998	TT	TC	CC	2031	1976	507	5	0.450	0.438	0.112	0.447	0.443	0.110	0.42	0.331
CYP17A1	T-34C	rs743572	TT	TC	CC	1281	2257	977	4	0.284	0.500	0.216	0.285	0.498	0.217	0.79	0.466
ESR1	IVS1-351A/G (Xba I)	rs11155816	AA	AG	GG	4515	0	0	4	1.000	0.000	0.000	1.000	0.000	0.000	1.00	0.000
ESR1	IVS1-397T/C (Pvu II)	rs2234693	TT	TC	CC	1508	2172	834	5	0.334	0.481	0.185	0.330	0.489	0.181	0.30	0.425
ESR2	Val328Val (G1082A) (Rsa I)	rs1256049	GG	GA	AA	2320	1823	373	3	0.514	0.404	0.083	0.512	0.407	0.081	0.58	0.284
FTO	T/A	rs9939609	TT	TA	AA	2881	1454	183	1	0.638	0.322	0.041	0.638	0.322	0.041	1.00	0.201
GCK	G-30A	rs1799884	GG	GA	AA	2989	1348	181	1	0.662	0.298	0.040	0.657	0.307	0.036	0.065	0.189
GCKR	A/G	rs780094	AA	AG	GG	1379	2221	917	2	0.305	0.492	0.203	0.304	0.495	0.201	0.67	0.449
GCKR	Leu446Pro (T/C)	rs1260326	TT	TC	CC	1402	2214	902	1	0.310	0.490	0.200	0.308	0.494	0.198	0.61	0.445
GNAS1	T393C	rs7121	TT	TC	CC	1466	2233	817	3	0.325	0.494	0.181	0.327	0.490	0.183	0.52	0.428
IGF2BP2	G/T (at intron)	rs4402960	GG	GT	TT	2215	1866	436	2	0.490	0.413	0.097	0.486	0.422	0.092	0.14	0.303
IL-1B	T-31C	rs1143627	TT	TC	CC	1331	2196	990	2	0.295	0.486	0.219	0.289	0.497	0.214	0.14	0.462
IL-2	T-330G	rs2069762	TT	TG	GG	2033	1986	494	6	0.450	0.440	0.109	0.450	0.442	0.109	0.79	0.329
IL-4	T-33C	rs2070874	TT	TC	CC	1997	1989	531	2	0.442	0.440	0.118	0.439	0.447	0.114	0.30	0.338
IL-6	C-634G	rs1800796	CC	CG	GG	2611	1607	298	3	0.578	0.356	0.066	0.572	0.369	0.059	0.019	0.244
IL-8	T-251A	rs4073	TT	TA	AA	2077	1952	463	27	0.462	0.435	0.103	0.462	0.435	0.103	0.89	0.320
IL-10	T-819C	rs1800871	TT	TC	CC	1942	2009	557	11	0.431	0.446	0.124	0.427	0.453	0.120	0.29	0.346
IL-13	C-1111T	rs1800925	CC	CT	TT	3009	1359	147	4	0.666	0.301	0.033	0.667	0.299	0.034	0.69	0.183
KCNJ11	Glu23Lys (C/T)	rs5219	CC	CT	TT	1822	2081	615	1	0.403	0.461	0.136	0.401	0.464	0.134	0.59	0.366
LCAT/SLC12A4	Ser232Thr (T/A)	rs4986970	TT	TA	AA	4516	0	0	3	1.000	0.000	0.000	1.000	0.000	0.000	1.00	0.000
LIPC	T-514C	rs1800588	TT	TC	CC	1178	2255	1085	1	0.261	0.499	0.240	0.260	0.500	0.240	0.93	0.490
LIPC	Val95Met (G/A)	rs6078	GG	GA	AA	2659	1606	252	2	0.589	0.356	0.056	0.587	0.358	0.055	0.65	0.234
MPO	G-463A	rs2333227	GG	GA	AA	3612	852	52	3	0.800	0.189	0.012	0.800	0.189	0.011	0.81	0.106
MTHFD1	Arg134Lys (C401T)	rs1950902	CC	CT	TT	2773	1517	228	1	0.614	0.336	0.050	0.611	0.341	0.048	0.28	0.218
MTHFD1	Arg653Gln (G1958A)	rs2236225	GG	GA	AA	2340	1790	384	5	0.518	0.397	0.085	0.514	0.406	0.080	0.12	0.283
MTHFR	Ala222Val (C677T)	rs1801133	CC	CT	TT	1763	2060	694	2	0.390	0.456	0.154	0.382	0.472	0.146	0.023	0.382
MTHFR	Glu429Ala (A1298C)	rs1801131	AA	AC	CC	3023	1323	169	4	0.670	0.293	0.037	0.666	0.300	0.034	0.11	0.184
MTR	Asp919Gly (A/G)	rs1805087	AA	AG	GG	2883	1446	185	5	0.639	0.320	0.041	0.638	0.321	0.040	0.82	0.201
MTRR	Ile22Met (A66G)	rs1801394	AA	AG	GG	2155	1925	436	3	0.477	0.426	0.097	0.477	0.428	0.096	0.83	0.310
NOS3	T-786C	rs2070744	TT	TC	CC	3602	863	48	6	0.798	0.191	0.011	0.799	0.190	0.011	0.70	0.106
PPARD	T-842C (at exon3)	rs2267668	TT	TC	CC	2922	1421	172	4	0.647	0.315	0.038	0.647	0.315	0.038	1.00	0.195
PPARD	T-4844C (at exon3)	rs6902123	TT	TC	CC	4343	173	2	1	0.961	0.038	0.000	0.961	0.038	0.000	0.69	0.020
PPARD	Asn163Asn (A65G) (at exon7)	rs2076167	AA	AG	GG	2780	1530	204	5	0.616	0.339	0.045	0.617	0.337	0.046	0.76	0.215
PPARG	Pro12Ala (C/G)	rs1801282	CC	CG	GG	4236	274	5	4	0.938	0.061	0.001	0.938	0.061	0.001	0.80	0.031
PPARG	His477His (C161T)	rs3856806	CC	CT	TT	3231	1198	86	4	0.716	0.265	0.019	0.720	0.257	0.023	0.043	0.152
PPARGC1A	Thr394Thr (C/T)	rs2970847	CC	CT	TT	2755	1539	221	4	0.610	0.341	0.049	0.609	0.343	0.048	0.76	0.219
PPARGC1A	Gly482Ser (G/A)	rs1912678	GG	GA	AA	1317	2247	952	3	0.292	0.498	0.211	0.292	0.497	0.211	0.93	0.460
PRKAA2	IVS4+961T/C	rs1418442	TT	TC	CC	2677	1581	251	10	0.594	0.351	0.056	0.591	0.355	0.053	0.38	0.231
PRKAA2	IVS7+81T/C	rs932447	TT	TC	CC	2679	1585	252	3	0.593	0.351	0.056	0.591	0.356	0.053	0.38	0.231
PRKAA2	A/T (at 3'UTR)	rs1342382	AA	AT	TT	2739	1556	218	6	0.607	0.345	0.048	0.607	0.344	0.049	0.90	0.221
PTGS2(COX2)	G-765C	rs20417	GG	GC	CC	4260	247	6	6	0.944	0.055	0.001	0.943	0.056	0.001	0.27	0.029

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<i>PTGS2(COX2)</i>	C-163G	rs5270	CC	CG	GG	4379	136	3	1	0.969	0.030	0.001	0.969	0.031	0.000	0.10	0.016
<i>PTPN11</i>	G33861A	rs2301756	GG	GA	AA	2926	1418	174	1	0.648	0.314	0.039	0.647	0.314	0.038	0.89	0.195
<i>RETN</i>	C-420G	rs1862513	CC	CG	GG	1956	1977	585	1	0.433	0.438	0.129	0.425	0.454	0.121	0.015	0.348
<i>SCARB1</i>	Val135Ile (G/A)	rs5891	GG	GA	AA	4518	0	0	1	1.000	0.000	0.000	1.000	0.000	0.000	1.00	0.000
<i>SCARB1</i>	Ala350Ala (C1119T)	rs5888	CC	CT	TT	2678	1619	221	1	0.593	0.358	0.049	0.596	0.352	0.052	0.25	0.228
<i>SCARB1</i>	G/A (at intron)	rs3782287	GG	GA	AA	2676	1574	268	1	0.592	0.348	0.059	0.588	0.358	0.055	0.074	0.234
<i>SERPINC1</i>	C/G	rs677	CC	CG	GG	2762	1527	227	3	0.612	0.338	0.050	0.609	0.342	0.048	0.41	0.219
<i>SHMT1</i>	Leu435Phe (C1420T)	rs1979277	CC	CT	TT	3755	722	41	1	0.831	0.160	0.009	0.830	0.162	0.008	0.36	0.089
<i>SLC19A(RFC1)</i>	His27Arg (A80G)	rs1051266	AA	AG	GG	1536	2187	793	3	0.340	0.484	0.176	0.339	0.486	0.175	0.76	0.418
<i>SLC30A8</i>	Arg325Trp (C/T)	rs13266634	CC	CT	TT	1543	1992	976	8	0.342	0.442	0.216	0.317	0.492	0.191	<0.0001	0.437
<i>SRD5A2</i>	Leu89Val (C/G)	rs523349	CC	CG	GG	1334	2286	896	3	0.295	0.506	0.198	0.301	0.495	0.204	0.15	0.452
<i>TAS2R38</i>	Pro49Ala (C/G)	rs713598	CC	CG	GG	1399	2219	898	3	0.310	0.491	0.199	0.309	0.494	0.198	0.74	0.445
<i>TAS2R38</i>	Ala262Val (C/T)	rs1726866	CC	CT	TT	1401	2218	899	1	0.310	0.491	0.199	0.309	0.494	0.198	0.70	0.444
<i>TAS2R38</i>	Val296Ile (C/T)	rs10246939	CC	CT	TT	1401	2218	898	2	0.310	0.491	0.199	0.309	0.494	0.197	0.72	0.444
<i>TCF7L2</i>	C/T (at intron)	rs7903146	CC	CT	TT	4174	333	11	1	0.924	0.074	0.002	0.923	0.075	0.002	0.11	0.039
<i>TNF-A</i>	T-1031C	rs1799964	TT	TC	CC	3147	1244	127	1	0.697	0.275	0.028	0.696	0.277	0.027	0.75	0.166
<i>TNF-A</i>	C-857T	rs1799724	CC	CT	TT	2990	1365	162	2	0.662	0.302	0.036	0.661	0.304	0.035	0.70	0.187
<i>USF1</i>	C7131T	rs3737787	CC	CT	TT	2793	1506	218	2	0.618	0.333	0.048	0.616	0.338	0.046	0.43	0.215
<i>VDR</i>	Met1Thr (Fok I) (C/T)	rs2228570	CC	CT	TT	1768	2105	643	3	0.391	0.466	0.142	0.390	0.469	0.141	0.68	0.375

Abbreviations: HWE, Hardy–Weinberg equilibrium; MAF, minor allele frequency; SNP, single nucleotide polymorphism.

<sup>a</sup>AA, Aa, aa, and XX indicate homozygotes of major alleles, heterozygotes, homozygotes of minor alleles, and samples for which the genotype could not be determined, respectively.

<sup>b</sup>Based on the Hardy–Weinberg equilibrium.

**Table 5. Minor allele frequencies of 107 selected genetic polymorphisms (106 SNPs and 1 insertion/deletion polymorphism) by study area**

Gene	Polymorphism	rs number	Minor allele frequency by study area											<i>P</i> <sup>a</sup>
			Total	Chiba	Shizu-oka	Okazaki	ACC	Taka-shima	Kyoto	Toku-shima	Fukuoka	Saga	Amami	
<i>ABCA1</i>	C-565T	rs2422493	0.402	0.371	0.429	0.406	0.426	0.401	0.394	0.468	0.404	0.405	0.355	0.005
<i>ABCA1</i>	G-191C	rs1800976	0.402	0.370	0.429	0.406	0.425	0.403	0.403	0.468	0.408	0.405	0.356	0.006
<i>ABCA1</i>	G-17C	rs2740483	0.301	0.363	0.296	0.300	0.271	0.294	0.300	0.247	0.313	0.313	0.271	0.0002
<i>ABCA1</i>	Val825Ile (G/A)	rs2066715	0.356	0.354	0.358	0.331	0.354	0.350	0.347	0.353	0.360	0.358	0.389	0.51
<i>ABCA1</i>	Val771Met (G/A)	rs2066718	0.066	0.067	0.060	0.067	0.059	0.061	0.034	0.047	0.073	0.068	0.088	0.041
<i>ABCA1</i>	Arg1587Lys (G/A)	rs2230808	0.391	0.393	0.391	0.384	0.392	0.394	0.347	0.326	0.369	0.388	0.441	0.027
<i>ACE</i>	Insertion/Deletion (I/D)	rs1799752	0.365	0.373	0.369	0.346	0.363	0.365	0.313	0.353	0.357	0.341	0.425	0.003
<i>ADD1</i>	Trp460Gly (T/G)	rs4961	0.451	0.454	0.436	0.424	0.455	0.430	0.463	0.463	0.429	0.464	0.509	0.006
<i>ADH1B</i>	His47Arg (A/G)	rs1229984	0.239	0.220	0.232	0.200	0.247	0.220	0.250	0.184	0.266	0.223	0.318	<0.0001
<i>ADH1C</i>	Arg272Gln (C/T)	rs1693482	0.075	0.053	0.068	0.054	0.178	0.056	0.053	0.058	0.065	0.053	0.072	<0.0001
<i>ADIPOQ</i>	C-11377G	rs266729	0.251	0.245	0.239	0.254	0.238	0.252	0.300	0.279	0.257	0.250	0.255	0.60
<i>ADIPOQ</i>	Gly15Gly (T/G)	rs2241766	0.290	0.285	0.304	0.285	0.309	0.301	0.316	0.295	0.287	0.284	0.251	0.18
<i>ADIPOQ</i>	G276T	rs1501299	0.262	0.290	0.284	0.282	0.147	0.266	0.263	0.289	0.286	0.308	0.236	<0.0001
<i>ADIPOQ</i>	IVS-3971A/G	rs822396	0.061	0.053	0.049	0.069	0.057	0.079	0.050	0.047	0.073	0.057	0.056	0.063
<i>ADIPOR1</i>	G-8503A	rs6666089	0.032	0.029	0.040	0.034	0.028	0.027	0.044	0.026	0.029	0.024	0.040	0.29
<i>ADIPOR1</i>	C5843T	rs1342387	0.483	0.484	0.473	0.476	0.481	0.480	0.478	0.426	0.495	0.483	0.504	0.78
<i>ADIPOR1</i>	C10224G	rs7539542	0.216	0.226	0.230	0.201	0.202	0.223	0.219	0.263	0.233	0.215	0.194	0.21

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ADRB2	Gln27Glu (C/G)	rs1042714	0.065	0.073	0.051	0.061	0.066	0.093	0.081	0.079	0.072	0.063	0.039	0.0001
ADRB3	Trp64Arg (T/C)	rs4994	0.195	0.184	0.173	0.195	0.184	0.195	0.147	0.168	0.193	0.218	0.240	0.001
AGT	Thr174Met (C/T)	rs4762	0.105	0.104	0.106	0.101	0.106	0.092	0.094	0.095	0.123	0.105	0.115	0.68
AGT	Thr235Met (C/T)	rs699	0.187	0.181	0.183	0.208	0.189	0.195	0.219	0.211	0.173	0.178	0.170	0.31
AGTR1(ATR1)	A1166C (at 3'UTR)	rs5186	0.087	0.089	0.093	0.083	0.088	0.076	0.081	0.089	0.080	0.082	0.104	0.61
ALDH2	Glu487Lys (G/A)	rs671	0.254	0.232	0.274	0.316	0.298	0.254	0.226	0.300	0.269	0.267	0.112	<0.0001
APOA1	Ala61Thr (C/T)	rs12718465	0.055	0.051	0.049	0.056	0.061	0.055	0.088	0.016	0.046	0.043	0.079	0.0005
APOA1	Arg184Pro (G/C)	rs5078	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	
APOA5	T-1131C	rs662799	0.345	0.355	0.336	0.322	0.337	0.326	0.338	0.342	0.342	0.337	0.412	0.002
APOA5	Gly185Cys (G553T)	rs2075291	0.069	0.084	0.062	0.057	0.073	0.068	0.063	0.074	0.064	0.079	0.065	0.36
APOE	T-203G	rs405509	0.305	0.289	0.297	0.294	0.302	0.256	0.306	0.295	0.318	0.308	0.383	<0.0001
APOE	Arg158Cys (C/T) (at exon2)	rs7412	0.043	0.045	0.048	0.048	0.035	0.042	0.050	0.042	0.044	0.048	0.030	0.49
APOE	Cys112Arg (T/C) (at exon4)	rs429358	0.101	0.105	0.105	0.101	0.123	0.101	0.078	0.068	0.109	0.102	0.075	0.026
ARNTL(BMAL1)	A/G	rs7950226	0.404	0.424	0.405	0.420	0.395	0.402	0.391	0.347	0.427	0.431	0.344	0.002
ART4(DOK1)	Leu208Leu (G/A)	rs3088189	0.107	0.114	0.114	0.130	0.084	0.113	0.078	0.068	0.105	0.108	0.109	0.022
ART4(DOK1)	Asp265Asn (G/A)	rs11276	0.107	0.114	0.113	0.130	0.084	0.113	0.078	0.068	0.105	0.108	0.109	0.023
BHMT	Arg239Gln (G742A)	rs3733890	0.221	0.235	0.236	0.241	0.229	0.203	0.209	0.226	0.243	0.217	0.164	0.0005
CBS	Tyr233Tyr (C699T)	rs234706	0.024	0.027	0.033	0.026	0.020	0.021	0.028	0.011	0.034	0.017	0.017	0.073
CD14	T-260C/T-159C	rs2569190	0.462	0.460	0.467	0.467	0.439	0.499	0.428	0.395	0.468	0.448	0.471	0.088
CDKAL1	G/C	rs7754840	0.407	0.428	0.390	0.430	0.392	0.411	0.363	0.374	0.424	0.435	0.367	0.009
CDKN2A/B	T/C	rs10811661	0.451	0.465	0.450	0.466	0.446	0.470	0.453	0.411	0.441	0.452	0.419	0.42
CETP	A-629C	rs1800775	0.445	0.445	0.463	0.442	0.436	0.441	0.469	0.405	0.462	0.422	0.458	0.52
CETP	Ile405Val (A/G)	rs5882	0.492	0.537	0.376	0.452	0.523	0.498	0.509	0.458	0.495	0.556	0.506	<0.0001
CETP	TaqIB (C/T)	rs708272	0.405	0.404	0.401	0.419	0.419	0.384	0.375	0.363	0.378	0.443	0.398	0.067
CETP	G/T	rs3764261	0.233	0.183	0.340	0.295	0.203	0.188	0.209	0.158	0.204	0.223	0.240	<0.0001
CHRNA2	G-42A	rs2072658	0.204	0.236	0.214	0.185	0.215	0.222	0.203	0.253	0.202	0.203	0.140	<0.0001
CHRNA2	C/T (at 3'UTR)	rs2072660	0.243	0.258	0.225	0.264	0.224	0.241	0.216	0.237	0.214	0.233	0.292	0.001
COMT	Val158Met (G/A)	rs4680	0.336	0.310	0.328	0.336	0.323	0.359	0.303	0.295	0.336	0.315	0.406	<0.0001
CYP1A1	Ile462Val (A/G)	rs1048943	0.239	0.222	0.235	0.256	0.222	0.244	0.250	0.268	0.222	0.225	0.274	0.069
CYP1A2	A734C	rs762551	0.358	0.336	0.349	0.356	0.344	0.367	0.352	0.384	0.351	0.363	0.391	0.38
CYP11B2	T-344C	rs1799998	0.331	0.334	0.318	0.339	0.289	0.294	0.346	0.284	0.329	0.325	0.434	<0.0001
CYP17A1	T-34C	rs743572	0.466	0.453	0.460	0.449	0.485	0.492	0.500	0.353	0.467	0.452	0.482	0.018
ESR1	IVS1-351A/G (Xba I)	rs11155816	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	
ESR1	IVS1-397T/C (Pvu II)	rs2234693	0.425	0.436	0.422	0.422	0.416	0.452	0.334	0.421	0.430	0.438	0.415	0.062
ESR2	Val328Val (G1082A) (Rsa I)	rs1256049	0.284	0.268	0.281	0.297	0.272	0.308	0.272	0.284	0.314	0.293	0.250	0.054
FTO	T/A	rs9939609	0.201	0.172	0.195	0.220	0.190	0.188	0.169	0.158	0.206	0.186	0.277	<0.0001
GCK	G-30A	rs1799884	0.189	0.193	0.179	0.183	0.186	0.182	0.138	0.147	0.304	0.173	0.159	<0.0001
GCKR	A/G	rs780094	0.449	0.428	0.436	0.440	0.439	0.425	0.350	0.453	0.450	0.445	0.562	<0.0001
GCKR	Leu446Pro (T/C)	rs1260326	0.445	0.430	0.434	0.439	0.438	0.416	0.353	0.421	0.447	0.432	0.559	<0.0001
GNAS1	T393C	rs7121	0.428	0.448	0.427	0.408	0.463	0.422	0.469	0.342	0.454	0.418	0.391	0.002
IGF2BP2	G/T (at intron)	rs4402960	0.303	0.328	0.306	0.292	0.298	0.296	0.309	0.268	0.300	0.304	0.306	0.81
IL-1B	T-31C	rs1143627	0.462	0.444	0.463	0.477	0.439	0.454	0.491	0.484	0.477	0.462	0.475	0.52
IL-2	T-330G	rs2069762	0.329	0.330	0.336	0.316	0.311	0.323	0.309	0.305	0.350	0.321	0.365	0.21
IL-4	T-33C	rs2070874	0.338	0.317	0.337	0.315	0.333	0.291	0.313	0.284	0.336	0.337	0.457	<0.0001
IL-6	C-634G	rs1800796	0.244	0.247	0.206	0.250	0.234	0.226	0.225	0.232	0.223	0.240	0.338	<0.0001
IL-8	T-251A	rs4073	0.320	0.334	0.321	0.318	0.320	0.304	0.331	0.266	0.339	0.329	0.306	0.56
IL-10	T-819C	rs1800871	0.346	0.329	0.346	0.320	0.340	0.313	0.356	0.268	0.354	0.359	0.425	<0.0001

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IL-13	C-1111T	rs1800925	0.183	0.182	0.178	0.197	0.185	0.178	0.213	0.158	0.172	0.190	0.176	0.73
KCNJ11	Glu23Lys (C/T)	rs5219	0.366	0.386	0.364	0.382	0.343	0.374	0.363	0.316	0.361	0.366	0.368	0.52
LCAT/SLC12A4	Ser232Thr (T/A)	rs4986970	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	
LIPC	T-514C	rs1800588	0.490	0.522	0.478	0.496	0.484	0.497	0.522	0.484	0.502	0.503	0.429	0.006
LIPC	Val95Met (G/A)	rs6078	0.234	0.232	0.229	0.221	0.269	0.259	0.247	0.237	0.208	0.253	0.182	<0.0001
MPO	G-463A	rs2333227	0.106	0.107	0.105	0.107	0.102	0.113	0.100	0.100	0.106	0.093	0.119	0.84
MTHFD1	Arg134Lys (C401T)	rs1950902	0.218	0.214	0.216	0.218	0.212	0.229	0.184	0.195	0.217	0.239	0.215	0.66
MTHFD1	Arg653Gln (G1958A)	rs2236225	0.283	0.271	0.273	0.269	0.265	0.280	0.284	0.279	0.278	0.301	0.331	0.036
MTHFR	Ala222Val (C677T)	rs1801133	0.382	0.387	0.402	0.388	0.411	0.393	0.375	0.442	0.410	0.364	0.288	<0.0001
MTHFR	Glu429Ala (A1298C)	rs1801131	0.184	0.195	0.189	0.202	0.193	0.193	0.225	0.191	0.147	0.222	0.105	<0.0001
MTR	Asp919Gly (A/G)	rs1805087	0.201	0.188	0.210	0.186	0.183	0.179	0.184	0.232	0.193	0.176	0.299	<0.0001
MTRR	Ile22Met (A66G)	rs1801394	0.310	0.292	0.314	0.298	0.315	0.296	0.306	0.337	0.318	0.297	0.346	0.24
NOS3	T-786C	rs2070744	0.106	0.111	0.125	0.117	0.112	0.098	0.119	0.122	0.109	0.102	0.068	0.004
PPARD	T-842C (at exon3)	rs2267668	0.195	0.175	0.199	0.201	0.183	0.205	0.213	0.221	0.192	0.190	0.210	0.55
PPARD	T-48444C (at exon3)	rs6902123	0.020	0.015	0.020	0.030	0.025	0.017	0.019	0.016	0.019	0.019	0.012	0.15
PPARD	Asn163Asn (A65G) (at exon7)	rs2076167	0.215	0.190	0.212	0.231	0.206	0.221	0.225	0.234	0.209	0.205	0.236	0.30
PPARG	Pro12Ala (C/G)	rs1801282	0.031	0.031	0.027	0.028	0.037	0.047	0.022	0.011	0.029	0.032	0.025	0.064
PPARG	His477His (C161T)	rs3856806	0.152	0.153	0.159	0.143	0.149	0.167	0.159	0.147	0.177	0.166	0.099	0.0002
PPARGC1A	Thr394Thr (C/T)	rs2970847	0.219	0.229	0.223	0.237	0.219	0.222	0.209	0.237	0.208	0.243	0.168	0.005
PPARGC1A	Gly482Ser (G/A)	rs8192678	0.460	0.472	0.447	0.444	0.431	0.448	0.463	0.442	0.471	0.438	0.538	<0.0001
PRKAA2	IVS4+961T/C	rs1418442	0.231	0.216	0.228	0.232	0.206	0.217	0.184	0.237	0.205	0.237	0.318	<0.0001
PRKAA2	IVS7+81T/C	rs932447	0.231	0.216	0.228	0.232	0.207	0.218	0.184	0.237	0.205	0.239	0.318	<0.0001
PRKAA2	A/T (at 3'UTR)	rs1342382	0.221	0.238	0.220	0.200	0.250	0.225	0.204	0.211	0.233	0.197	0.212	0.072
PTGS2(COX2)	G-765C	rs20417	0.029	0.028	0.033	0.031	0.033	0.027	0.025	0.053	0.026	0.030	0.017	0.22
PTGS2(COX2)	C-163G	rs5270	0.016	0.017	0.023	0.017	0.020	0.015	0.009	0.011	0.009	0.011	0.016	0.32
PTPN11	G33861A	rs2301756	0.195	0.194	0.199	0.172	0.167	0.185	0.184	0.205	0.173	0.159	0.320	<0.0001
RETN	C-420G	rs1862513	0.348	0.351	0.328	0.330	0.343	0.330	0.334	0.316	0.340	0.366	0.411	0.002
SCARB1	Val135Ile (G/A)	rs5891	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	
SCARB1	Ala350Ala (C1119T)	rs5888	0.228	0.240	0.212	0.226	0.228	0.225	0.253	0.205	0.240	0.240	0.213	0.59
SCARB1	G/A (at intron)	rs3782287	0.234	0.225	0.223	0.243	0.227	0.249	0.297	0.189	0.207	0.219	0.263	0.008
SERPINC1	C/G	rs677	0.219	0.220	0.197	0.209	0.238	0.223	0.238	0.211	0.220	0.227	0.217	0.58
SHMT1	Leu435Phe (C1420T)	rs1979277	0.089	0.072	0.089	0.071	0.093	0.092	0.084	0.095	0.084	0.091	0.117	0.026
SLC19A(RFC1)	His27Arg (A80G)	rs1051266	0.418	0.415	0.435	0.412	0.426	0.423	0.397	0.395	0.430	0.454	0.352	0.001
SLC30A8	Arg325Trp (C/T)	rs13266634	0.437	0.439	0.449	0.443	0.438	0.418	0.472	0.453	0.434	0.451	0.411	0.53
SRD5A2	Leu89Val (C/G)	rs523349	0.452	0.437	0.468	0.430	0.458	0.458	0.391	0.399	0.449	0.471	0.464	0.13
TAS2R38	Pro49Ala (C/G)	rs713598	0.445	0.448	0.439	0.419	0.427	0.454	0.434	0.479	0.445	0.435	0.491	0.080
TAS2R38	Ala262Val (C/T)	rs1726866	0.444	0.449	0.438	0.419	0.427	0.454	0.434	0.479	0.444	0.435	0.491	0.078
TAS2R38	Val296Ile (C/T)	rs10246939	0.444	0.448	0.438	0.419	0.427	0.454	0.434	0.479	0.444	0.435	0.491	0.079
TCF7L2	C/T (at intron)	rs7903146	0.039	0.051	0.039	0.042	0.043	0.037	0.034	0.042	0.025	0.034	0.043	0.27
TNF-A	T-1031C	rs1799964	0.166	0.175	0.148	0.165	0.157	0.153	0.153	0.237	0.151	0.180	0.188	0.024
TNF-A	C-857T	rs1799724	0.187	0.172	0.171	0.173	0.166	0.161	0.194	0.184	0.203	0.199	0.255	<0.0001
USF1	C7131T	rs3737787	0.215	0.229	0.223	0.220	0.234	0.217	0.263	0.216	0.196	0.204	0.178	0.020
VDR	Met1Thr (Fok I) (C/T)	rs2228570	0.375	0.344	0.393	0.368	0.380	0.381	0.391	0.437	0.402	0.377	0.343	0.048

Abbreviations: ACC, Aichi Cancer Center; SNP, single nucleotide polymorphism.

<sup>a</sup>P for difference among study areas.

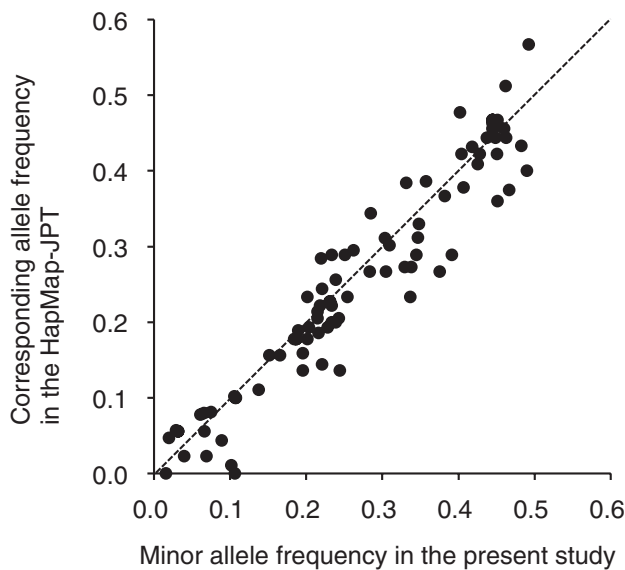


Figure. Scatter plot of allele frequencies for 88 polymorphisms in the data set from the Japan Multi-institutional Collaborative Cohort (J-MICC) Study and the HapMap-JPT data set registered at the US National Library of Medicine (<http://www.ncbi.nlm.nih.gov/snp>). Points on the identity (dotted) line represent allele frequencies that are identical in the 2 populations.

available.

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