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An Ex Vivo Comparison of Digital Radiography, Cone Beam and Micro Computed Tomography in the Detection of the Number of Canals in the Mesiobuccal Roots of Maxillary Molars

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Abstract

Introduction—The purpose of this study was to compare digital periapical and cone beam computed tomography (CBCT) images to determine the number of canals in the mesiobuccal root (MB) of maxillary molars and to compare these counts to micro CT (μ CT), which was also used to determine canal configuration.

Methods—Digital periapical (RVG 6100), CBCT (9000 3D) and μ CT images (the reference standard) were obtained of 18 hemi-maxillas. With periapical and CBCT images, 2 endodontists independently counted the number of canals in each molar and repeated counts 2 weeks later. Teeth were extracted, scanned with μ CT, and 2 additional endodontists, by consensus, determined the number and configuration of canals. The Friedman test was used to test for differences.

Results—In mesiobuccal roots, 2 canals were present in 100% (13/13) of maxillary first and 57% (8/14) second molars, and 69% (9/13) and 100% (8/8) of these exited as two or more foramina. There was no difference in canal counts for original and repeat reads by the two observers with periapicals (P = 0.06) and with CBCT (P = 0.88) and no difference when CBCT counts were compared with μ CT counts (P = 0.52); however, when periapical counts were compared with μ CT counts there was a significant difference (P = 0.04).

Conclusions—For cadaver maxillary molars, μ CT canal counts were significantly different from digital periapical radiograph counts but not different from Carestream 9000 3D CBCT counts.

Introduction

Knowledge and understanding of root-morphology is imperative for planning and performing endodontic therapy. Traditionally, prior to the initiation of root canal therapy multiple periapical films (PAs) at different angles are taken to identify the number of canals

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in teeth (1, 2). Multiple PAs are required because a PA is a 2-dimensional (2D) image of complex 3-dimensional (3D) anatomy. Superimposition of anatomical structures and image distortions, especially in the maxilla, often obscure canals (3). This makes diagnosis of the initial canal anatomy difficult, especially for the mesiobuccal (MB) root of maxillary molars.

The literature review by Cleghorn et al highlighted the difference between laboratory and clinical studies in identifying multiple canals in the MB roots of maxillary first molars (4). The weighted average of the referenced laboratory studies reported that 60.5% of the MB roots of the maxillary first molars had multiple canals, with an incidence of only 54.7% identified in clinical studies (4). Laboratory studies used various clearing techniques (5–14), tooth sectioning (15, 16), and radiographic methods (17–19). The methodologies of these studies have their strengths and weaknesses, and other than radiologic surveys, no laboratory study was able to reproduce relatively accurate canal anatomy without destroying the tooth.

In 1995, it was demonstrated that micro computed tomography (μ CT) could document the internal and external morphologies of the tooth without its destruction (20). Micro CT was subsequently used to assess root canal system geometry before and after instrumentation (21, 22). With voxel sizes as small as 19 μ m, 3D images were produced and analyzed to determine the number and configuration of canals and foramina (20–25). Some limitations of using μ CT for research are expense of the unit and technician's time, time required for scanning and reconstruction, and the cost of the software for manipulating images and making image measurements (25). In addition, because of size constraints, there is no μ CT scanner that can be used to scan the head of a living human; therefore, in most μ CT-studies of human teeth, only extracted teeth (or jaw segments containing teeth) are scanned. Micro CT can, however, be considered the reference (gold) standard for laboratory studies of canal anatomy (23).

Recently, small field of view cone beam computed tomography (CBCT) has been shown to have a high degree of accuracy in all spatial planes and is therefore, useful in identifying the number of canals (4, 26). CBCT systems have been demonstrated to have low effective radiation doses and produce undistorted 3D images of the teeth and surrounding structures (5). The Carestream Dental 9000 3D (Carestream Dental, Atlanta, GA) is a recently introduced CBCT system, which has a voxel size of 76 μ m. This voxel size is important because histologically, the smallest canal size reported when the canal appeared radiographically obliterated was a diameter of 100 μ m (27). With the 9000 3D, it should be possible to identify most canals with diameters of 100 μ m although to image accurately (and avoid aliasing) all 100- μ m canals, the Nyquiest sampling theorem requires that the voxel size should be 50- μ m or less (28).

To date, CBCT ex vivo studies have been performed on human extracted teeth (15, 26, 29, 30). This eliminates image distortion and superimposition of anatomical structures that are often present with 2D images of in situ teeth; however, extrapolating laboratory findings to the clinic (in which teeth have overlying bone, soft tissue, and other anatomic features) is problematic in studies for which 3D CBCT images and 2D radiographic images are compared for determining the presence and configuration of root canals (31).

The purpose of this study was to use digital periapical and CBCT images to determine the number of canals in human maxillary molars and to compare these counts with counts determined with μ CT.

Material and Methods

A convenience sample of eighteen human hemi-maxillas was obtained from a large collection of hemi-maxillas maintained by the Saint Louis University Medical School Department of Anatomy. The hemi-maxillas were from cadavers that were donated (with prior consent) for use in medical research and teaching. Ages and sexes for the hemi-maxillas were unknown. Under the requirements of the U.S. Department of Health and Human Services (HHS) regulations at 45 CFR part 46, research involving non-living individuals is not considered research involving human subjects and does not require institutional review board approval.

Each hemi-maxilla was stabilized to ensure consistent beam geometry and source to object distance. A Gendex 770 DC dental x-ray generator (KaVo Dental Gendex Imaging, Milanino, Italy) was used to acquire images with a #2-size RVG 6100 sensor (Carestream Dental, Atlanta, GA). Each image contained 2.76 megapixels. The pixel size was 1.08 microns, the grey-level dynamic range was 12 bits, and the spatial resolution was > 20 line pairs/mm. Exposures were made at 70 kVp and 7 mA, with a nominal focal spot size of 0.6 mm, a focal distance of 4 cm, and an exposure time of 0.18 seconds. Three periapical images were taken for each tooth. Teeth were excluded only if root canal therapy had been previously performed. Twenty-seven maxillary first and second molars met the criteria for the study; thirteen first molars and fourteen second molars. A protractor was used to confirm all angulations. The first image was taken perpendicular to the tooth and x-ray detector. The second image was taken with a 20-degree, distal horizontal angulation and the third image with a 20-degree, mesial horizontal angulation. TDO (San Diego, CA) software version (11.117a) was used with the RVG 6100.

The hemi-maxillas were re-positioned with the teeth resting on a bite mount, midline centered in the focal trough, and scanned with a 9000 3D CBCT (Carestream Dental, Atlanta, GA). A voxel size of 76 μ m was used with a bit depth of 15 bits. Settings were 68 kVp, 6.3 mA, and 11 seconds. Volume-renderings and multiplanar volume reconstructions were performed using Carestream imaging software version (2.4.11). Teeth in the CBCT volume were viewed in axial and sagittal planes.

Two endodontists independently viewed the digital periapical images and CBCT volumes to determine the number of canals in each maxillary molar. Observation conditions were performed with dimmed lighting and a black background. Images were viewed with a 33.7 cm \times 27.0 cm monitor (Dell 1704FPV, Dell, Austin, TX) that displayed 1.3 M pixels, with a pixel depth of 24 bits. The luminance of the monitor was 280 cd/m². The ambient light level was <50 lux. After a minimum of two weeks, each observer performed repeat canal counts.

Teeth were extracted, cleaned in 3% NaOCl, and scanned with μ CT (VivaCT 40, Scanco Medical, Brüttisellen, Switzerland): voxel size 20 μ m, 70 kVp, 114 μ A, and 20 minutes. Micro CT was the reference (gold) standard for the study. For each tooth, a μ CT 3D model of the root canal system was constructed with 3D IPO image processing language (version 5.15, Scanco Medical, Brüttisellen, Switzerland). The reconstructed μ CT 3D models of the root canal systems and 2D slices (n = 502/tooth) were viewed independently by two endodontists who by consensus, determined canal numbers and configurations.

As part of the variability/gauge (multivariate chart analysis) platform available in JMP statistical software (JMP (Release 9.0.0, SAS Institute, Inc., Cary, NC), a Bayesian variance components analysis was performed with the dependent variable being number of canals and the independent variables being: (1) modality, CBCT or digital; (2) tooth (maxillary right and left first and second molars) nested within modality; (3) observer (1 or 2) nested within tooth nested within modality; and (4) time 1 or 2 (original or repeat count) nested within

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observer, nested within tooth, nested within observer, nested within modality. A variance components analysis determines the percentage of variation that occurs at various levels [that is, between modalities, among teeth, between observers, and between times (original and repeat determinations)]. Data permutation was used to calculate exact P values for the Friedman test to determine whether or not there were differences in the number of canals among original and repeat canal counts made by both observers with: (1) periapical images (2) CBCT images, (3) periapical images plus counts with μ CT, and (4) CBCT images plus counts with μ CT. Statistical analyses were performed with JMP Statistical Software (Release 9.0.0, SAS Institute, Inc., Cary, NC) and StatXact 9 Statistical Software for Exact Nonparametric Inference (Cytel, Inc., Cambridge, MA). Alpha was set at 0.05.

Results

Twenty-seven teeth from 18 cadavers were examined; 13 first molars and 14 second molars. Figure 1 is an example of one samples' images comparing periapical and CBCT images (axial slice) to μ CT. The observers' canal counts for periapical (digital) and CBCT and the number of canals identified with μ CT in the MB roots of the maxillary first and second molars are summarized in Table 1. One hundred percent (13/13) of maxillary-first-molar MB roots had two canals of which 69% (9/13) exited as two or more foramina. Fifty seven percent (8/14) of maxillary-second-molar MB roots had two canals of which 100% (8/8) exited as two or more foramina The variance components analyses indicated that 1.8% of variation in counts was attributable to differences between readers (inter-rater) and less than 0.1% of variation in counts occurred within readers (intra-rater). The variance components attributable to the inter- and intra-observer agreement were not significant (P > 0.05). A Friedman test of digital radiographic counts by observers 1 and 2 at both time 1 and 2 (original and repeat counts) demonstrated no difference (P = 0.06).

When the observers' digital counts plus μ CT counts were compared, there was a difference (*P* = 0.04). There was no difference among counts by observers 1 and 2 at times 1 and 2 for CBCT (*P* = 0.88), and no difference when the observers' CBCT counts and μ CT counts were combined (*P* = 0.52).

Interestingly, in one sample both observers on their first reads counted 6 canals; for their second reads, both observers counted 5 canals in this tooth. The number of canals counted with μ CT for this tooth was 4. Upon comparison of the μ CT and CBCT images, it was determined that the discrepancy was caused by pulpal calcifications visible with μ CT. With CBCT images, the calcifications appeared to be splits in the canal while the μ CT images indicated the presence of a single canal that contained calcifications.

Discussion

In this study, μ CT images indicated that second MB canals were present in 100% (13/13) of maxillary first molars and 57% (8/14) of maxillary second molars. These percentages are higher than those found in a CBCT study of a Korean tooth sample for which additional canals were found in 63.59% of MB roots of maxillary first molars and 34.39% of maxillary second molars (32) but are in agreement with previous studies that used clearing and SEM techniques and found second MB canals in: 93.5% of maxillary first and 59% of maxillary second molars (7) and 90.5% of maxillary first and 70.3% of maxillary second molars (13). Reasons for the differences in percentages could be (1) the different populations represented in the studies and (2) the ages of the patients studied. Although the ages were unknown for the specimens used in this study, most of the medical school cadavers are older adults for whom the percentages of multiple canals increase with age (17, 18). A third reason for the differences in percentages to the limited number of root canal anatomy

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studies that have used μ CT (23, 24). It is important to know these percentages when treating maxillary molars. Of more importance (in this study), a significant difference in number of canals was detected when 2D counts were compared with reference-standard, μ CT counts, but no difference was detected when CBCT counts were compared with μ CT counts. This is important clinically with regard to the ability to make pre-intervention diagnoses of maxillary molar, root canal anatomies.

The root of the maxillary molar is relatively slender mesiodistally and is broad buccolingually (19). This presents a challenge in using pretreatment radiographs to visualize canal anatomy. Root canals have complex 3D anatomy and representations of this anatomy provided by 2D intraoral radiographs contain little information on the buccolingual dimension (3). Canals that are aligned in a buccolingual plane cannot be easily differentiated from each other. It takes chance (due to the rotation of a tooth or by intentional alignment of the x-ray beam) to make overlapping canals somewhat visible; however, in the maxillary molar MB root, the small width of MB2 and its close proximity to the main canal makes visualization of this canal difficult (17). In addition, superimposition of anatomical structures and image distortion, especially in the maxilla, often obscure canal anatomy (3).

Because CBCT images are created from a volume of data, they are relatively unaffected by skull orientation during image acquisitions (33). CBCT images can provide high-resolution images in multiple planes while eliminating superimposition of surrounding structures (15). Just as a 2D digital image is subdivided into pixels, a 3D CBCT image is composed of voxels (34). Essentially, a voxel is a 3D pixel. With the CBCT images that were used in this study, voxels are isotropic, which means that 3D objects can be measured in three dimensions with relatively good accuracy (33). The accuracy is such that Janner et al suggested that existing CBCT scans can be useful as an adjunct for determination of endodontic working length (35). When using appropriate tomographic techniques, it is possible to look at each root separately (36). Multiplanar reconstructions can be made so that coronal and sagittal images are parallel with the long axis of a root, with the axial images perpendicular to the long axis. These factors make CBCT superior to conventional 2D radiography (36).

It is, however, important to compare 2D radiographic and 3D CBCT images to understand the clinical importance of CBCT in determining root canal anatomy. For such testing, a reference is required to verify the results. Micro CT has become the reference standard for laboratory canal anatomy studies (23). Three-dimensional images can be produced and analyzed to record the numbers and configurations of canals, without destroying the tooth (20, 23, 24 and 25).

There are some weaknesses with this study. First, the sample size is small, which is attributable to the relatively high cost of using μ CT as the reference standard. Second, discrepancies between observer canal counts with CBCT and μ CT images were caused by intra-canal pulpal calcifications that were visible with μ CT but appeared to be splits in the canals (that is, two canals) with CBCT. With additional technical improvements, this weakness may be overcome. Third, the results of this study may be better than what would occur with patients who may move and have more soft and hard tissue than did the hemimaxillas that were used. Finally, only one dental CBCT system was studied. There are numerous manufacturers of dental CBCT systems, and the results of this study may not be representative of results using other systems.

Continued advances in CBCT technology enable clinicians to better understand tooth anatomy prior to endodontic therapy and thus improve treatment outcomes. In this study, it was determined that for cadaver maxillary molars the number of canals determined with μ CT was significantly different from the number of canals determined with digital periapical radiographs but was not significantly different from the numbers of canals determined with Kodak 9000 3D CBCT.

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FIGURE 1. Comparison images and micro CT of a maxillary left first molar

(A) Periapical radiograph with the x-ray beam perpendicular to the x-ray detector. (B) With the x-ray beam at a 20-degree distal angle. (C) CBCT axial slice. (D) Micro CT 3D image.

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TABLE 1

Numbers of canals counted for 27 teeth by observers 1 and 2 for their first and second reads with periapical images (digital) and CBCT images. Micro CT counts are also listed.

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	Observer 1 Digital 1 st Read	Observer 1 Digital 2 nd Read	Observer 1 CBCT 1 st Read	Observer 1 CBCT 2 nd Read	Observer 2 Digital 1 st Read	Observer 2 Digital 2 nd Read	Observer 2 CBCT 1 st Read	Observer 2 CBCT 2 nd Read	Micro CT
Number Of canals									
2			2	2			2	2	2
3	15	13	1	1	6	6	1	2	3
4	12	14	23	22	18	18	22	21	21
5				2			1	2	-
6			1				1		
Totals	27	27	27	27	27	27	27	27	27